May - June 2024

Infinity Foods Catalogue

Organic & natural foods

Infinity Foods WHOLESALE
Organic & Natural Foods

A Workers Co-operative.
Supplying Organic
& Natural Wholefoods,
Since 1971.

....Naturally good!

An unparalleled range of branded goods..

An extensive and varied range of Infinity Foods own brand products.

Local, national and international delivery.

www.infinityfoodswholesale.coop

Tel: 01273 456376

table of contents

Actual

New Products	*1*
Offers	*4*
Changes	*13*
Discontinued Lines	*20*
Cereal Grains	*23*
Flours & Baking Requisites	*25*
Breakfast Cereals & Cereal Flakes	*27*
Beans Peas and Pulses	*31*
Nuts and Seeds	*32*
Dried Fruit	*36*
Herbs and Spices	*38*
Pasta	*42*
Noodles	*45*
Bread, Rice Cakes, Crackers etc	*46*
Biscuits and Cakes	*49*
Oils & Fats	*50*
Nut Butter, Pâté, Spreads & Jam	*52*
Honey, Syrup, Sugar & Sweeteners	*57*
Olives, Pickles and Preserved Vegetables	*60*
Vinegars	*62*
Sauces, Fruit and Vegetable Products	*63*
Convenience Foods	*69*
Baby & Children's Food and Baby Products	*74*
Japanese Products, Miso, Soy Sauce, Tofu	*76*
Sea Vegetables	*77*
Teas - Herb	*78*
Teas - Black, Green & White	*82*
Coffee	*85*
Coffee Subs, Malt Drinks, Carob & Cocoa	*87*
Drinks - Herbal, Tonic, Coconut and Iced Tea	*88*
Drinks - Juices, Cordials & Water	*90*
Drinks - Carbonated	*93*
Drinks - Soya, Nut, Grain, Milk & Desserts	*94*
Savoury Snacks	*96*
Sweet Snacks & Confections	*99*
Condiments, Stocks, Salt & Misc Foods	*110*
Supplementary Foods	*113*
Pet Products	*114*
Kitchen & Household Goods	*114*
Household & Industrial Cleaning Products	*117*
Toiletries & Natural Remedies	*121*
Toothpaste, Brushes & Oral Hygiene	*135*
Aromatherapy, Candles & Incense	*138*
Packaging & Publications	*142*

Alphabetical

Aromatherapy, Candles & Incense	*138*
Baby & Children's Food and Baby Products	*74*
Beans Peas and Pulses	*31*
Biscuits and Cakes	*49*
Bread, Rice Cakes, Crackers etc	*46*
Breakfast Cereals & Cereal Flakes	*27*
Cereal Grains	*23*
Changes	*13*
Coffee	*85*
Coffee Subs, Malt Drinks, Carob & Cocoa	*87*
Condiments, Stocks, Salt & Misc Foods	*110*
Convenience Foods	*69*
Discontinued Lines	*20*
Dried Fruit	*36*
Drinks - Carbonated	*93*
Drinks - Herbal, Tonic, Coconut and Iced Tea	*88*
Drinks - Juices, Cordials & Water	*90*
Drinks - Soya, Nut, Grain, Milk & Desserts	*94*
Flours & Baking Requisites	*25*
Herbs and Spices	*38*
Honey, Syrup, Sugar & Sweeteners	*57*
Household & Industrial Cleaning Products	*117*
Japanese Products, Miso, Soy Sauce, Tofu	*76*
Kitchen & Household Goods	*114*
New Products	*1*
Noodles	*45*
Nut Butter, Pâté, Spreads & Jam	*52*
Nuts and Seeds	*32*
Offers	*4*
Oils & Fats	*50*
Olives, Pickles and Preserved Vegetables	*60*
Packaging & Publications	*142*
Pasta	*42*
Pet Products	*114*
Sauces, Fruit and Vegetable Products	*63*
Savoury Snacks	*96*
Sea Vegetables	*77*
Supplementary Foods	*113*
Sweet Snacks & Confections	*99*
Teas - Black, Green & White	*82*
Teas - Herb	*78*
Toiletries & Natural Remedies	*121*
Toothpaste, Brushes & Oral Hygiene	*135*
Vinegars	*62*

Infinity Foods Special Offers

Faith In Nature
Entire Range

33% off

Zest
Vegan Cook-In Sauces And Pestos

33% off

Green & Black's
Selected Organic Fairtrade Chocolate Bars 90g

20-21% off

Minor Figures
Vegan Oat Drinks 6 x 1 Litre

20% off

Karma Drinks
Fairtrade Sparkling Drinks

20% off

Oatly
Selected Vegan Oat Drinks

20% off

Please note all offers run for two months from the 1st of the month or while stocks last.
For full listing, order codes, prices & sizes please see new products & offers section.

Mr Free'd

Vegan Gluten-Free Tortilla Chips
12 x 135g

20% off

Nakd/Trek

Entire Ranges

20% off

The Offer Also Includes New! Listing Trek Biscoff Power16 x 55g.

Hampstead

Selected Organic Teas

20% off

Cawston Press

Entire Range

20% off

Alara

Selected Breakfast Cereals And Milled Seeds

20% off

Fentimans

Botanically Brewed Drinks

20% off

Infinity Foods Catalogue

May - June 2024

Please note all offers run for two months from the 1st of the month or while stocks last. For full listing, order codes, prices & sizes please see new products & offers section.

Infinity Foods Special Offers

UFC
Coconut Waters

20% off

Montezuma's
Chocolate Bars 12 x 90g

20% off

Dr Bronner's
Organic Vegan Toiletries

20% off

Nairn's
Selected Gluten-Free Oatcakes And Crackers

20% off

Bear
Selected Dried Fruit Snacks And Bars

Also On Offer Is The Rest Of The Bear Rangr At A 15% Discount.

20% off

Glebe Farm
Oat Milk Drinks 6 x 1 Litre

15% off

Please note all offers run for two months from the 1st of the month or while stocks last.
For full listing, order codes, prices & sizes please see new products & offers section.

James White

Selected Organic Fruit And Vegetable Juices

15% off

Coconut Merchant

Organic Coconut Products

15% off

Rude Health

Selected Breakfast Cereals And Alternative Milks

15% off

Biona

Selected Organic Tomato Products

15% off

Included In This Offer Are The Best Selling Chopped Tomatoes, Cherry And Whole Plum Tomatoes All 12 x 400g

Mr Organic

Selected Organic Pestos Flavour Pastes And Dips

15% off

Amaizin

Organic Maize Chips And Dips

15% off

Infinity Foods Catalogue

May - June 2024

Please note all offers run for two months from the 1st of the month or while stocks last. For full listing, order codes, prices & sizes please see new products & offers section.

Infinity Foods

New Products

Cheeky Panda

Natural Colour Bamboo Toilet Rolls 5 x 9

New & on offer

20% off

Also New This Catalogue But Not On Offer Are Flat Box Facial Tissues With Aloe 12 x 160g.

CafeDirect

Organic Fairtrade Espresso Beans And Roast And Ground Coffee

New & on offer

15% off

Rude Health

Maple And Pecan Granola 6 x 400g

New & on offer

15% off

Infinity Foods

Organic Fig And Walnut Granola Muesli

Available In 6 x 500g And 6 X 1 Kg Sizes.

Ombar

Organic Raw Vegan Chocolate Filled Bars 15 x 42g

New & on offer

20% off

Fairfields Farm

Vegan Prawn Cocktail Flavoured Potato Crisps

New & on offer

15% off

Available In 36 x 40g And 10 x 150g Sizes. On Offer With The Rest Of The Fairfields Range.

For the full list of new products please see the new products & offers section.

Infinity Foods

New Products

Clearspring
Organic Pad Thai Sauce 6 x 150ml

Meridian
Protein Smooth Peanut Butter 3 x 700g

New & on offer 20% off

On Offer With Selected Meridian Peanut Butters.

Coconut Merchant
Coconut Products

New & on offer 15% off

Organic Creamed Coconut 12 x 200g. MCT Coconut Oil 1 x 500ml.

Kallo
Organic Gluten-Free Veggie Dips 6 x 135g

Spicy Tomato Veggie Dip. Chunky Tomato, Lentil Veggie Dip. Tomato, Olive Veggie Dip.

Yogi Ayurvedics
Yogi Mug Promotion

Order Six Cases And Receive A Case Of Twelve Mugs. Quote Code 571934

Mr Organic
Organic Pastas

Four Bronze Extruded Pastas In Fully Recyclable Paper Packaging.

For the full list of new products please see the new products & offers section.

Infinity Foods

New Products

Counter Culture
Small Batch Kombucha In Cans

Brewed At A Carbon Neutral Facility In Bristol. 5% Of Sales Go Towards Social Initiatives.

Cawston Press
Sparkling Drink And Fruit Water

New & on offer 20% off

Sparkling Cloudy Lemonade Cans 24 x 330ml. Sunshine Orange Fruit Water 6 x 3 x 200ml.

Trafo
Organic Potato Crisps And Snacks

New & on offer 15% off

Organic Pretzel Sticks 12 x 100g. Organic Cheese And Onion Crisps 15 x 40g. Organic Salted Crisps Fried In Olive Oil, Fried In Coconut Oil Both 12 x 100g.

Uhhamami
Organic Vegan Gluten-Free Broths And Seasonings

Clif
Peanut Butter Banana Bar 12 x 68g

New & on offer 20% off

Ecover
Double Concentrate Laundry Capsules

Lilac And Rose, Almond And Apricot. Available In 8 x 320g, 8 x 600g Sizes.

New & on offer 20% off

For the full list of new products please see the new products & offers section.

amisa

ORGANIC GLUTEN FREE bread collection

15% OFF

SEE PAGE 46

Store cupboard essentials, bringing excitement back into the kitchen for free-from foodies.

GLUTEN FREE

♥ Organic ♥ Vegan ♥ Gluten Free

easy bake 10 minutes

For full range details visit us at **www.amisa.co.uk**

Organic
Pickled Vegetables

SEE PAGE 60

organic • vegan • recycleable glass jars

biona ORGANIC

Organically grown vegetables, perfect for salads and bbq's

always organic | *family-run since 1992* | *500+ products*

Organic Kombuchas

organic • vegan • natural

SEE PAGE 88

15% OFF

biona ORGANIC

A deliciously refreshing kombucha range that addresses the increased interest in functional beverages. Made using only the purest, natural and organic ingredients.

always organic | *family-run since 1992* | *500+ products*

SEE PAGE 64

Organic Condiments

organic • vegan • 100% natural

15% OFF

biona ORGANIC

A delicious range of condiments, suitable for every occasion. Made using organically grown and sustainably sourced ingredients.

always organic | *family-run since 1992* | *500+ products*

Organic Tomato Range

15% OFF

vegan • GMO free • recyclable

SEE PAGE 64

biona ORGANIC

Made using sustainably grown, sun-ripened Mediterranean tomatoes.

always organic | *family-run since 1992* | *500+ products*

High Quality, 100% Natural, Pure Pressed Juices

SEE PAGE 90

15% OFF

organic • vegan • natural

biona ORGANIC

Made using organically grown berries that are pressed immediately after harvest to capture their full flavour.

always organic | *family-run since 1992* | *500+ products*

Organic Rye Breads

organic • GMO free • natural

SEE PAGE 46

15% OFF ON SELECTED LINES

biona ORGANIC

Our organic rye bread is lovingly baked using traditional artisan skills, including freshly grinding grains just before baking to create loaves packed with wholegrain goodness.

always organic | *family-run since 1992* | *500+ products*

FILL UP

ON FLAVOUR

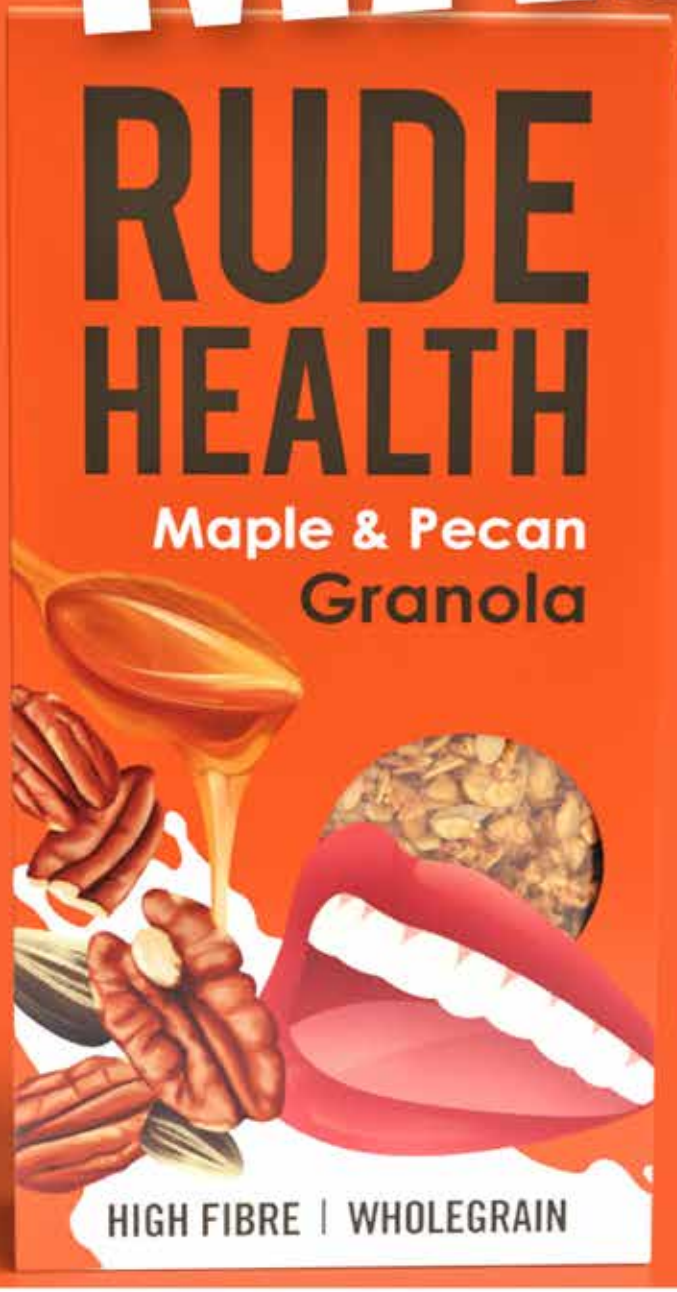
Cereals SEE PAGE 30
Drinks SEE PAGE 93
Snacks SEE PAGE 99

15% OFF
ORGANIC DRINKS CEREALS & SNACKS

NO ARTIFICIAL INGREDIENTS | ORGANIC | Certified B Corporation

SEE PAGE 30

NEW MAPLE, MEET PECAN



15% OFF
ORGANIC DRINKS
CEREALS & SNACKS

HIGH FIBRE | WHOLEGRAIN | Certified B Corporation

10% OFF
SEE PAGE 90
Suma
SPARKLING
COLA KOMBUCHA
250ml
Suma
SPARKLING
ELDERFLOWER & LEMON KOMBUCHA
250ml
Suma
SPARKLING
LYCHEE & LEMONGRASS KOMBUCHA
250ml
MADE IN UK
SOIL ASSOCIATION ORGANIC
Vegan

WELCOME TO THE

CULTURE CLUB

INTRODUCING MORE REFRESHING NEW FLAVOURS

Our organic sparkling kombuchas have been so popular we've added some exciting new flavours. Say hello to our newest addition, Cola Kombucha.

As more people look for alternative and alcohol-free soft drinks that are natural, low calorie and without artificial sweeteners, significant growth is predicted in the kombucha market over the coming years.

Suma kombuchas offer a quality product with on-trend packaging and a selection of flavours to suit all tastes. From traditional bestseller ginger, to fruity strawberry and raspberry, or adventurous peach and turmeric to refreshing cola.

A quality, affordable option, join the kombucha revolution with Suma.

Our range of kombuchas are bursting with a billion cultures.

Craft-brewed and traditionally fermented using natural ingredients.

Organic, 100% vegan and no artificial sweeteners.

/sumawholefoods
www.suma.coop/wholesale

Suma
CO-OPERATIVE SINCE 1977

Bye bye gluten, hello delicious!

SEE PAGE 43

15% OFF

FREEE believe gluten free food should be simple, natural and delicious. So, we've created a range of organic, vegan and gluten free pastas made in Italy with our unique blend of naturally gluten free ingredients.

Stock up now

freee

Stock the UK's no. 1 gluten free flour brand*

SEE PAGE 26

15% OFF

*NIQ, GB Retail Coverage, Gluten Free Flour, 52 w/e 30.12.2023

Here at FREEE, we believe gluten free food should be simple, natural and delicious. That's why we've created a range of naturally gluten free home-baking flours helping your customers achieve great results, bake after bake.

Stock up now

freee

aqua oleum

JULIA LAWLESS

100% pure & natural
A family business since 1978

New!

100% natural & botanical skincare oils

Our therapeutic body oils are exclusively formulated by leading industry expert, Julia Lawless & are 100% derived from active natural ingredients.

Kind to your skin & kind to the planet

Vegan friendly • No parabens • Recycled & recyclable packaging •
Handmade, blended & bottled by us in the UK • Family business

Vegan

www.aqua-oleum.co.uk

New!

aqua oleum

JULIA LAWLESS

SEE PAGE 139-40

100% pure & natural
A family business since 1978

for use in room diffusers & oil burners

100% natural & botanical room fragrances

Our aromatherapy diffusion blends are exclusively formulated by leading industry expert Julia Lawless & are all derived from active natural ingredients.

Vegan friendly • No parabens • Recycled & recyclable packaging •
Handmade, blended & bottled by us in the UK • Family business

Vegan

www.aqua-oleum.co.uk

WHOLE EARTH.

DOWN-TO-EARTH GOODNESS

ADD SOME ORGANIC SPARKLE TO YOUR RANGE

SEE PAGE 94

* 100% natural ingredients
* Sweetened with real fruit juice
* No added refined sugars
* Proud to be a B Corp brand

SOIL ASSOCIATION ORGANIC

Certified B Corporation

WHOLE EARTH™

SEE PAGE 56

THE UK'S NO.1 PEANUT BUTTER

WHOLESOME & DELICIOUS

HIGH IN FIBRE

GLUTEN FREE

NATURAL SOURCE OF PROTEIN

SUITABLE FOR VEGANS

NEW

ELEVATE YOUR SNACK WITH KALLO VEGGIE DIP

SEE PAGE 54

MADE WITH VEGGIES

PLANT BASED

DELICIOUS

ORGANIC

kàllø

better by nature

Certified B Corporation

NEW
ELEVATE YOUR SNACK WITH
KALLO VEGGIE DIP
SEE PAGE 54
Perfectly paired with
KALLO VEGGIE THINS
PLANT BASED
ORGANIC
DELICIOUS
kallø
veggie dips
ORGANIC TOMATO & OLIVES
MADE WITH VEGGIES
Certified B Corporation
kallø
better by nature

Sauces SEE PAGE 67
Pastas SEE PAGE 44

NEW
In stock

A little organic magic for everyone

mr-organic.com

Vegan

Soil Association Organic

Certified B Corporation

15% OFF

Sauces SEE PAGE 67
Dips SEE PAGE 55
Antipasti SEE PAGE 61

MEALTIME Solutions

A little organic magic for everyone

Mr Organic®

* Discount applies to selected lines

mr-organic.com

Featured Recipe:
Jackfruit Coconut Curry

15% OFF

Oils
SEE PAGE 50
SEE PAGE 65

Clearspring

ORGANIC COCONUT SPECIALITIES & JACKFRUIT

- AWARD-WINNING
- VERSATILE
- ORGANIC & PLANT-BASED

great taste PRODUCER

Thai Curry | Soup | Stir Fry

Featured recipe cards available on request
Email: sales@clearspring.co.uk

SOIL ASSOCIATION ORGANIC
Vegan

Clearspring

15% OFF

ORGANIC JAPANESE BROWN RICE CRACKERS

- MADE IN JAPAN
- GLUTEN FREE
- WHOLEGRAIN

great taste 2023

Crackers SEE PAGE 96

NOW TRAYLESS ORGANIC SEAVEG CRISPIES

15% OFF

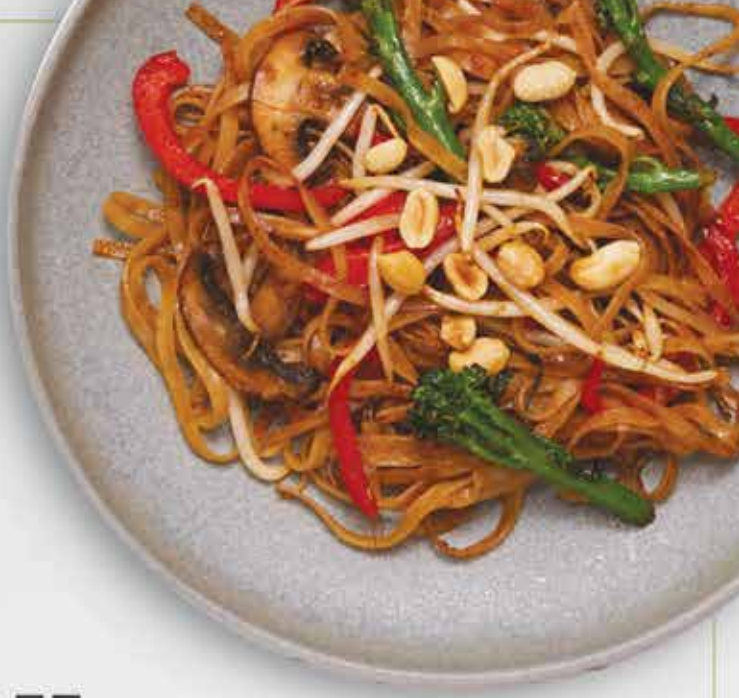
BOOM WINNER 2023 BEST OF ORGANIC SNACKS

- BEST ORGANIC SNACK 2023
- 4.5 MILLION PLASTIC TRAYS SAVED*
- 50% SPACE SAVED WITH NEW TRADE CASE**

Crispies SEE PAGE 77

*Based on annual sales **25% more units with 50% less space needed.

Featured Recipe:
Vegan Pad Thai



NEW

Sauce
SEE PAGE 65
SEE PAGE 45

Clearspring

ORGANIC GLUTEN-FREE PAD THAI SAUCE & NOODLES

- NEW UK'S FIRST ORGANIC + VEGAN PAD THAI SAUCE
- NEW ORGANIC BLACK RICE NOODLES
- NEW ORGANIC 100% BROWN RICE VERMICELLI

Pad Thai | Soup | Salad

Refined Sugar Free

Featured recipe cards available on request
Email: sales@clearspring.co.uk

SOIL ASSOCIATION ORGANIC

Vegan

15% OFF

JAMES WHITE

BOLD BY NATURE

SEE PAGE 91

SOIL ASSOCIATION ORGANIC

Proudly organic

SUFFOLK CRAFTED SINCE 1989

Made in the UK

Natural ingredients

Organics

www.jameswhite.co.uk

Choose from:

Organics 6 x 750ml:
Apple / Carrot / Tomato / Apple & Ginger / Mixed Vegetables / Carrot & Apple / Pear

Organics 24 x 250ml:
Apple / Carrot & Apple / Apple & Ginger / Pear

VEGAN FRIENDLY

10% OFF

Veg It

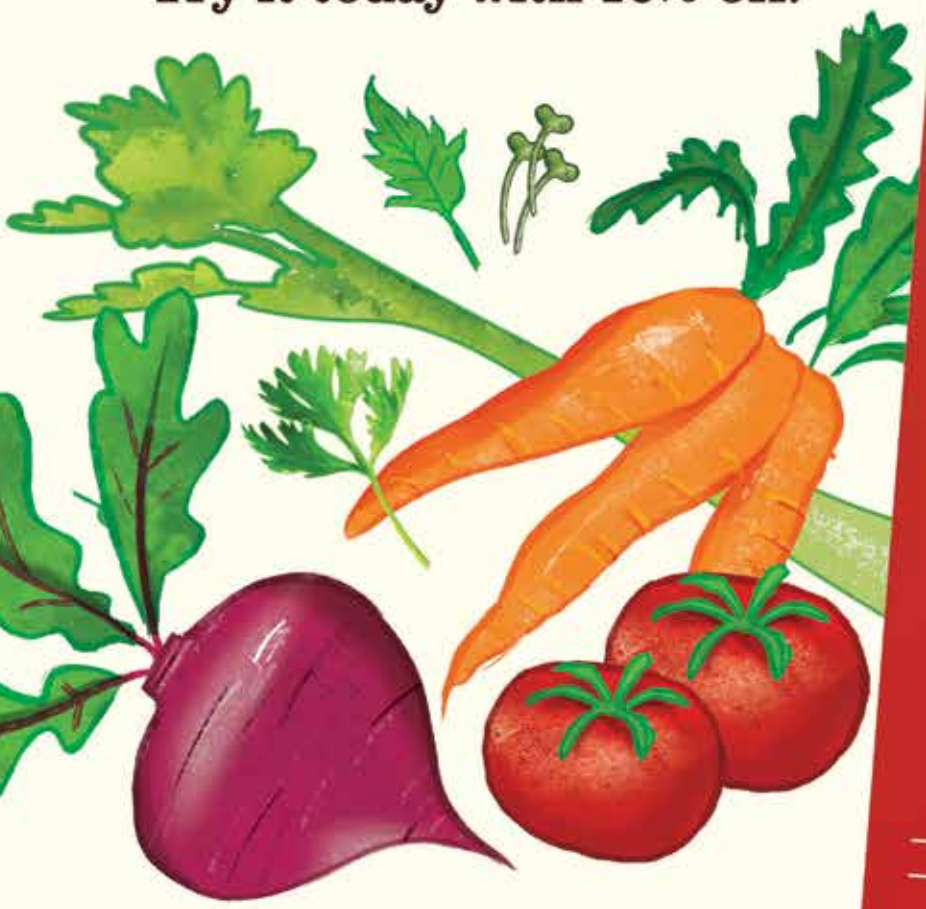
NEW

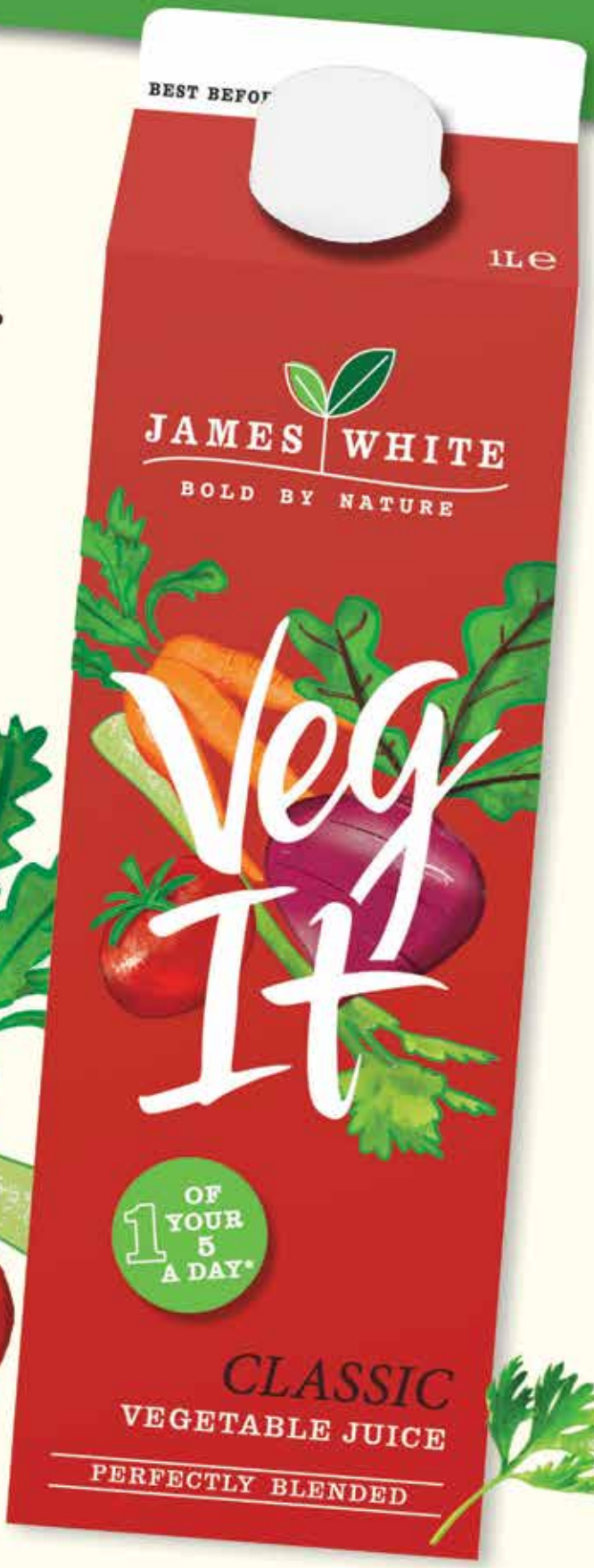
SEE PAGE 91

Our pressed juice makes a delicious, healthy daily drink, or conveniently add it to soups and shakes.

A scrumptious way to one of your five a day with 8 vegetables.

Try it today with 10% off.





www.jameswhite.co.uk

15% OFF

Beet It®

SEE PAGE 91

NITRATES FROM NATURE

Our pressed beetroot juice makes a delicious, healthy daily drink.

Try it today.

Available as:
Beet It: 750ml, 250ml glass and 1ltr tetra
Beet It with Ginger: 750ml glass

SOIL ASSOCIATION ORGANIC

BEET-IT.COM

SEE PAGE 123

Natural Care

BEN&ANNA

NEW Deodorant Cream

A world first in the deodorant aisle!
The most sustainable deodorant cream from Ben & Anna!
PolyPotato packaging - a true natural talent, made from potato starch and is 100% compostable.

NEW Lip Balms

Plastic free sustainable packaging, vegan, and natural.
Available in Strawberry, Pure or Raspberry

Vegan

15% OFF ORGANii Sun

ORGANii
EVERYDAY ORGANICS

SEE PAGE 133

Certified organic, vegan and cruelty free mineral sun protection for the whole family.

Vegan
COSMESI BIO ECO
AIAB

MADE WITH PRESSED FRUIT

'no jiggery pokery'

I'M NEW!

20% OFF

Juices SEE PAGE 91

Cans SEE PAGE 93

MADE WITH PRESSED FRUIT, NEVER FROM CONCENTRATE, NO ADDED SUGAR, NO SWEETENERS, NO SHORTCUTS AND ALL 100% RECYCLABLE

CAWSTON PRESS

NEW

PACKS A PUNCH

SEE PAGE 119

SMALL BUT POWERFUL LAUNDRY CAPSULES

20° FIGHTS STAINS AT 20°C

UPCYCLED ROSE PETAL FRAGRANCE

75% BIO-BASED INGREDIENTS*

*based on ASTM D6866-22 Method B (AMS) TOC

X2 DOUBLE CONCENTRATED FORMULA

ECOVER

@raynersfoods

Rayner's SINCE 1851

www.healthyfoodbrands.co.uk

Aminos SEE PAGE 112
SEE PAGE 63
Honegar SEE PAGE 89

20% off

Unpasteurised **and** unfiltered

Organic* Vinegars with **mother**

Made and bottled in the **UK**

*Not inclusive of Honegar

20% OFF BEAR SINGLE PACKS 18x20g

BEAR®

Cereals SEE PAGE 28
Snacks SEE PAGE 100

the UK's no.1 kids fruit snacking brand*

GRRRab them now!

1 of your 5 a day

100% real fruit **No added sugar**

*Source: Circana, Total Market incl. Ocado, Dried Fruit Snacking Value Sales, Latest 52 w/e 24.02.2024

SEE PAGE 80+3

HAMPSTEAD
ORGANIC

Brewing Good

Introducing our Well Being range

- 100% organic always
- Plastic free • Biodynamic*
- Home compostable
- Sustainably sourced

* Biodynamic only available on selected Hampstead Tea products

Save 20%
Offer applies to the Well Being range

www.hampsteadtea.com

URTEKRAM
NORDIC BEAUTY

Certified organic
•
Vegan
•
Natural ingredients
•
Plant-based packaging made from sugar cane

SEE PAGE 134

ECO CERT ORGANIC COSMETIC
Vegan
Recycled & recyclable plastic

With moisturising, caring ingredients to wrap your hands in a calming, lavender scent.

With aloe vera and natural oils to help pamper and hydrate your skin.

With broccoli seed oil to help keep the hair smooth, adding a natural shine.

Your shower essentials in a soothing lavender scent, now available in 500ml bottles.

SEE PAGE 124

THE SOAP THAT LASTS & LASTS

20% OFF ALL 240ML DR. BRONNER'S LIQUID SOAPS

Fruit & Veggie wash! ¼ tsp. in bowl of water

Dishes! 1-2 Tbsp.in large sink of water

Pets! Wet fur, massage enough for rich lather

DR. BRONNER'S

fair for life

GUARANTEED FAIR TRADE

Vegan

BOOST YOUR SALES WITH OUR FLAVOUR BURST

SEE PAGE 108

Ricola

SWISS MADE

With 13 Swiss Alpine herbs.

SEE PAGE 78

BOS

BOS ROOIBOS TEA

Our magic ingredient, Rooibos, has incredible health benefits and only grows on one place: The Cederberg Mountains of South Africa.

ORGANIC

CAFFEINE FREE

RICH IN ANTIOXIDANTS

HAND HARVESTED ROOIBOS

Rooibos Tea bags

15% OFF

Hot tea flavours include: Original Rooibos, Orange & Ginger, Apple & Mint, Chai and Strawberry & Vanilla.

GO FOR iT ★ GO BOS

bosbrands.com

EVERY DRINK DOES GOOD

SEE PAGE 93-4

20% OFF

KARMA DRINKS™

WE'RE A SMALL COMPANY ON A BIG MISSION: TO MAKE THE WORLD'S MOST ETHICAL SOFT DRINKS. 1% FROM EVERY DRINK SOLD GOES BACK TO OUR COLA NUT GROWERS AND THEIR COMMUNITIES IN SIERRA LEONE, WHERE WE DO GOOD WITH EVERY DROP. WITH YOUR HELP, THE KARMA FOUNDATION FUND EDUCATION, INFRASTRUCTURE, RAINFOREST REHABILITATION AND SO MUCH MORE. CALL IT KARMA.

Certified B Corporation

SOIL ASSOCIATION ORGANIC

FAIRTRADE

MISTER FREE'd

20% OFF

GLUTEN-FREE VEGAN SOURCE OF FIBRE

Certified B Corporation

SEE PAGE 98

GLUTEN-FREE VEGAN TORTILLA CHIPS MADE FROM NATURAL INGREDIENTS

CAFÉ DIRECT

GROWN BY **DEDICATED**
SMALLHOLDER **FAMILIES**

15% OFF

BETTER FOR FARMERS
BETTER FOR YOU

SEE PAGE 85

BETTER FOR EVERYONE

Certified B Corporation

FAIRTRADE

WWW.CAFEDIRECT.CO.UK

SEE PAGE 102

ORGANIC RAW CHOCOLATE

Conscious

HANDMADE IN ENGLAND

20% OFF CONSCIOUS BARS

Includes

DARK SIDE 75% (60G), DARK SIDE 85% (60G),
FOUR NUTS (60G), GOJI & COCONUT (60G),
LOVE POTION NO. 9 (60G), ORANGE & TANGERINE (60G),
PEPPERMINT (60G), SOUR CHERRY (60G),
PURE DARK 100% (60G)

✔ DAIRY FREE ✔ SOYA FREE ✔ GLUTEN FREE
✔ GUILT FREE ✔ REFINED SUGAR FREE

WWW.CONSCIOUSCHOCOLATE.COM

SEE PAGE 99

Trafo

TRANSPARENT FOOD

NEW!

15% OFF

The tastiest organic crisps and premium quality

Our crisps are prepared using traditional methods. We have worked together with local farmers since 1983, sourcing only the highest quality organic potatoes, corn, vegetables and legumes for our wide range of crisps and snacks. In addition, we use delicious authentic flavours from beetroot to sweet chilli, BBQ, rosemary and Arabian spices.

Contemporary design | 100% Organic | Vegetarian & vegan | Low fat | Traditionally produced | Special flavours

THE ULTIMATE ENERGY* BAR™

SEE PAGE 102

20% OFF

Vegan friendly Wheat free* Dairy free*

*Trace disclaimers

CLIF®

*Phosphorus contributes to normal energy-yielding metabolism

KOMBUCHA THAT DOESN'T CONFORM

COUNTER CULTURE

SEE PAGE 89

- VEGAN
- LIVE CULTURES
- CARBON NEUTRAL
- GLUTEN-FREE
- NATURAL INGREDIENTS
- NON-ALCOHOLIC

Certified B Corporation PENDING

1% FOR THE PLANET — MEMBER —

SEE PAGE 96

AMAIZIN ORGANIC

TAKE A DIP WITH US

15% OFF ON CHIPS & DIPS

Join our world of flavour!

Certified B Corporation

DR. KARG'S
CRACKING GOOD BITE

LET'S MAKE THE WORLD A SNACKIER PLACE.

SEE PAGE 48

- Crunchy and Healthy Crispbreads
- Packed with Nutrients
- Low in Calories
- High Protein
- Delicious!

@ardensuk
www.ardens.co.uk
enquiries@arden-foods.co.uk

SEE PAGE 106

Certified B Corporation

Ombar® centres

...JUST GOT A WHOLE LOT MORE *indulgent*

NEW! 42g bars ideal for impulse

NEW

20% OFF

DEEPER FILLED CENTRES

BEST EVER TASTE

CLIPPER®
NATURAL, FAIR & DELICIOUS®

DELICIOUS COLD DRINKS BY CLIPPER TEA

SEE PAGE 89

- Organic and Refreshing
- Iced Fusion drink with up to 45% fruit juice & no added sugar

www.clipper-teas.com

YOGI TEA®
ORGANIC

Limited Edition*

SEE PAGE 81

Our offer for you:
buy any 36 boxes of YOGI TEA® and receive 12 cups for free

Increase your sales with our YOGI TEA® MULTIBUY PROMOTION*

OUR OFFER FOR YOUR CUSTOMERS:

Any 3 YOGI TEA® boxes

=

1 YOGI TEA® Cup

For that special tea moment with your favorite YOGI TEA®

* while stock lasts

yogitea.com facebook.com/yogitea @yogiteaeurope

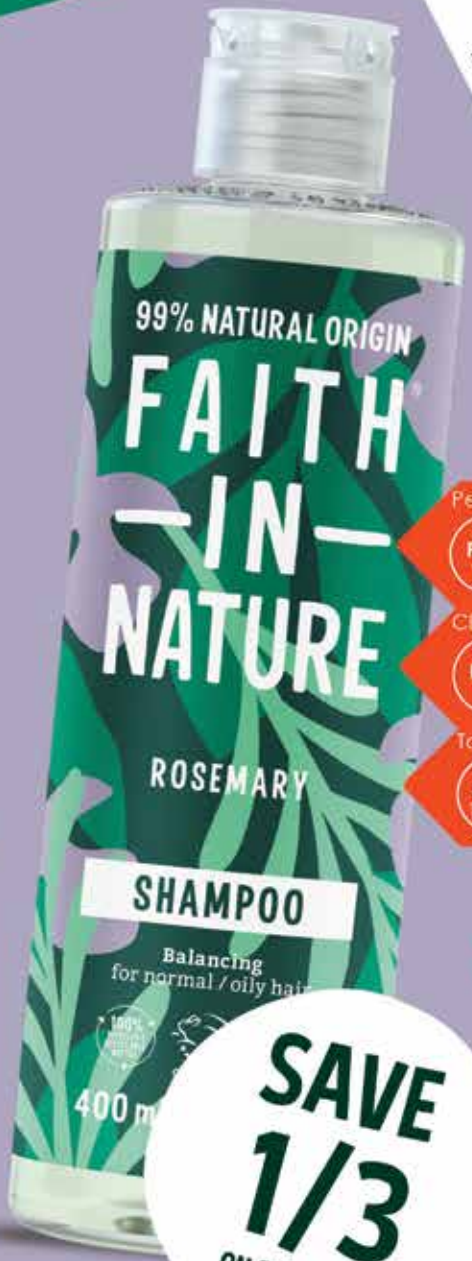
SOIL ASSOCIATION ORGANIC

Certified B Corporation

50 EST. 1974

YEARS OF FAITH IN NATURE®

Certified B Corporation · Nature on the Board · UK Made · Cruelty-Free International · Vegan · World Land Trust™



Pet Care SEE PAGE 114
Cleaning SEE PAGE 120
Toiletries SEE PAGE 125-9

SAVE 1/3 ON EVERYTHING

SEE PAGE 93

ESTD 1905

FENTIMANS

20% OFF

Across 275ml range

Botanically Brewed · Exquisitely Crafted

*Nielsen and CGA 2022 data

15% OFF

NEW

SEE PAGE 97

fairfields farm™

WE HANDCOOK OUR CRISPS
AT OUR INDEPENDENT FAMILY FARM
USING RENEWABLE ENERGY
AND POTATOES WE GROW
ALL VEGAN & ALL GLUTEN-FREE
IN SINGLE & SHARING SIZES

Robert Laura x

great taste® PRODUCER

SEE PAGE 95

TRY THEM ALL! JUST NOT ALL AT ONCE.

20% OFF!

SEE PAGE 92

20% OFF

NOURISH AWARDS® GOLD WINNER

"The UK's first Magnesium based Relaxation Drink"

Our delicious range of sparkling waters are infused with Magnesium (MG), the relaxation mineral, Fruit Extracts and Botanicals. Studies have shown Magnesium can help with supporting mental wellbeing, balancing nerves, and managing stress and anxiety... We could all do with some of this!

0 SUGARS | 0 SWEETENERS | 0 CALORIES

HFSS COMPLIANT

Certified sugar FREE

TRIPLE Mg

hello@ohmgwater.com www.ohmgwater.com ohmgwater

OUR PUREOATY OAT DRINKS MAKE A TOATALLY TASTY FROTHY COFFEE

15% OFF

NEVER FROM CONCENTRATE

GLUTEN FREE

SEE PAGE 94

GLEBE FARM
IT'S HOW WE DO THINGS.

WWW.GLEBEFARMFOODS.CO.UK
OFFICE@GLEBEFARMFOODS.CO.UK

AVAILABLE NOW. STOCK UP ON...

THE PUREST BRITISH OATS

OAT DRINK. GRANOLA. PORRIDGE OATS.

Promo of 15% valid across the full Glebe Farm & PureOaty range as per Infinity Foods promotional dates.

MORE SOAP & LESS PACKAGING

Naked & Natural

SEE PAGE 120+9

SEVEN BARS FOR THE PRICE OF SIX • FREE BAR!

PLANTBASED **CRUELTY**FREE **HYPO**ALLERGENIC **PLASTIC**FREE

Friendly SOAP

Cruelty Free International · Ethical Consumer Best Buy · Vegan · Living Wage Employer · Fair Tax · Recycled & Recyclable Packaging · GoodShipping better world

/FRIENDLYSOAPLTD | FOR POINT OF SALE ASSETS CONTACT **ADVICE@FRIENDLYSOAP.CO.UK**

Sojade

100% PLANT-BASED FRENCH SOYA

NEW

SEE PAGE 96

ORGANIC HIGH PROTEIN DRINK

- HIGH IN PROTEIN 13,5G/250ML
- CONVENIENT 75CL PACK SIZE
- 100% PLANT-BASED
- 100% ORGANIC FRENCH GMO FREE SOYA BEANS

Bio ORGANIC

GMO FREE

Vegan

WWW.SOJADE.CO.UK

pukka

A world of herbal discovery

SEE PAGE 80-1

we give our 1% in four ways:

Scan for our impact report

Pukka is a Health & Wellbeing brand blending knowledge from Ayurveda, Traditional Chinese Medicine & Western Herbal Medicine*

Purposeful Premium Brand Pukka was born out of the desire to support people's health with natural, high quality wellbeing herbs*

Beautiful & Sustainable Packaging Our packaging is inspired by the beauty and symmetry of nature and is fully recyclable.*

Highest Quality Herbs Highest Quality Herbs 100% organic, free from artificial flavouring and additives*

Blended for taste & wellbeing The high quality in our sourcing & high concentration of essential oils guarantee delivery on both taste & efficacy*

For digital support contact trade.support@pukkaherbs.com

*Shelf impact test UK Dec 2021. % of fruit, herbal & green category buyers, UK agree that Pukka...

SOIL ASSOCIATION ORGANIC · 1% FOR THE PLANET · fair for life · Certified B Corporation

RawLiving
Elevate Your Health

Organic Mushroom Extracts

Raw Living's concentrated, hot water and dual extracted powders are fully vegan and certified organic, with no added fillers or other ingredients. The potency of mushroom extracts are measurable firstly by the quality of the mushroom, and secondly by the level of active compounds they contain. Our extracts are independently tested to guarantee minimum levels of 30% Polysaccharides and 15% Beta glucans.

Powerful in action and strong in flavour. A daily recommended dose is just 1g, hence a 50g packet will provide around a 2 month supply, making these incredible foods more accessible than people imagine.

New In!

Mushroom SEE PAGE 114
Nuts/Seeds SEE PAGE 36

Organic Activated Nuts & Seeds

Nuts are designed by nature to stay intact as they pass through the body, in order to retain their integrity so they can plant themselves into soil and grow into a new plant. So if we want to access the nutrition of these powerful little storehouses, we need to give them a helping hand. We do this through a process known as "activation": simply put, we soak them to release the enzyme inhibitors and phytic acid. Then we dehydrate them at low temperatures to preserve the enzymes and nutrients. We offer Almonds, Brazils, Pecans, Walnuts, Mixed Nuts, Pumpkin Seeds and Sunflower Seeds in 200g pouches.

OF&G ORGANIC
GB-ORG-02
Non-UK Agriculture

GOOD SHOPPING GUIDE ETHICAL

SALSA APPROVED

We are a Living Wage Employer

15% OFF

LO BROS

FEEL GOOD KOMBUCHA

EVERY DRINK IS DOIN' GOOD

LOW SUGAR

millions OF LIVE CULTURES

all NATURAL

NET ZERO CERTIFIED BY PLASTIC COLLECTIVE RECYCLED

LoBros SEE PAGE 89

Nutty Bruce SEE PAGE 95

15% OFF

MADE WITH 5% ACTIVATED ALMONDS

NUTTY BRUCE

PLANT-BASED *goodness*

INTRODUCING NUTTY BRUCE ORGANIC PLANT M*LKS

- ORGANIC
- NO NASTIES
- 100* SIMPLE AND NATURAL INGREDIENTS
- ACTIVATED ALMONDS

GOOD. BETTER. BRUCE.

GoodBetterBruce.com

NOTHING BUT PROTEIN PACKED NUTS

• PROTEIN SMOOTH PEANUT BUTTER 700G

20% OFF

SEE PAGE 54-5

NO.1 NATURAL NUT BUTTER BRAND*

• SMOOTH ALMOND BUTTER 100% 170G

• SMOOTH CASHEW BUTTER 170G

15% OFF

• CRUNCHY ALMOND BUTTER 100% 170G

• CRUNCHY CASHEW BUTTER 170G

meridian™

WWW.MERIDIANFOODS.CO.UK @MERIDIAN FOODS

*Source: Nielsen 52 w/e February 2024

A WHOLE RANGE OF GLUTEN FREE BARGAINS

20% Off

SEE PAGE 48-50

Gluten free wholegrain oats

Coeliac UK Approved

A great source of fibre

Discover the ranges at nairns.com

nairn's

SEE PAGE 105

MONTEZUMA'S

EXTRAORDINARY CHOCOLATE

20% OFF

20% off all 90g Bars

Throughout May & June 2024

We pride ourselves on innovation and have an extensive and inclusive range of bars,
All our products are gluten-free, made without vegetable or palm oil.
We're passionate about finding ways to reduce our impact on our beautiful planet.
We're proud that all our packaging is either recyclable, biodegradable or compostable at home.

/montezumaschocs @montezumaschocs montezumaschocolate

georganics

15% OFF

SEE PAGE 108

UK-Made, Globally Loved

Your Toothpaste of Choice*

www.georganics.com

*Not all lines featured are listed by Infinity Foods

15% OFF
ALL CURRY PASTES*

SEE PAGE 66

Geo ORGANICS

• 100% Natural • Authentic taste • Organic • Vegan

*Excludes the Indonesian Rendang Paste

ORGANIC · NATURAL
PLANT BASED MATERIALS
TRUSTED FOR OVER 30 YEARS

Certified period and personal care

10% OFF
TAMPONS & PADS

SEE PAGE 132

natracare

Personal care that gives back

Vegetarian Society Vegan APPROVED

1% FOR THE PLANET

20% OFF

Cereals SEE PAGE 28

Seeds SEE PAGE 33

alara

Who says
delicious, nutritious and sustainable
cereals cannot be also
GLUTEN FREE?

For more information please visit www.alara.co.uk

Suitable for coeliacs | No added sugar, salt or fat
Vegan | Plastic free | Net zero carbon

SIMPLE LIVING eco

SEE PAGE 121

Your Laundry, Reimagined

Dive into the freshness of the tropics with every wash. Introducing CocoWash, the revolutionary laundry sheets made with the essence of coconut and crafted with love in the UK. Experience the ease of eco-friendly cleaning that's as gentle on the planet as it is on your skin.

suitable for vegans

no animal testing

made in the uk

15% off!

Lizi's

vegan friendly

MAKE YOUR NEW YEAR
A WHOLE LOT BETTER

SEE PAGE 30

Invigorate your cereal fixture with the UKs favourite functional granola brand*

GL tested, high in fibre and vegan friendly

100% recyclable packs

Stock up today to make your cereal fixture
a whole lot better

*Source: IRI to MAT to 05/11/2022

lizis.co.uk

FINEST ETHICAL G&B COCOA INGREDIENTS

SEE PAGE 103

GREEN &BLACK'S

ORGANIC

THE NO.1 PREMIUM ORGANIC CHOCOLATE*

15 x 90g Bars are on a 21% discount in May/June

*Nielsen WE 12 August 2017 Value Sales MAT

SEE PAGE 84

Qi Teas

(Chee)

The Natural Energy of Life

Discover the best varieties of organic green tea from Qi.

We're Back Too!

All the goodness, without the bitterness!

zest

33% OFF

SEE PAGE 69

PESTO & PASTA SAUCE RANGE

- ✓ Great tasting range of Pesto and Pasta Sauces
- ✓ Free from artificial anything
- ✓ Entire range suitable for vegetarians
- ✓ Specially developed Vegan Basil Pesto available

We've absolutely nothing to hide in our ingredents

MINOR FIGURES

SEE PAGE 95

Carbon neutral • B Corp • Barista standard

20% OFF

CASE SIZE:
6x1L

MAKE YOUR OAT WORK HARDER:
TRY IT IN TEAS, COFFEES, SMOOTHIES,
CEREALS - WHATEVER YOU FANCY.

20% OFF

Get your paws on this great deal!

NEW

SEE PAGE 115

Switch to bamboo and make a sustainable difference!

FSC® Certified · B Corporation · Cruelty Free International · Vegan

The Cheeky Panda

Every Pawprint Matters

° Terms and conditions apply. 20% discount on selected items while stocks last. Products on offer apply to Natural Coloured Toilet Tissue 9 Packs Only. Offer valid from 15.04.2024 to 20.06.2024.

15% OFF

EVERYTHING ETHICALLY COCONUT

Cream SEE PAGE 65
Creamed Co SEE PAGE 34
Oils SEE PAGE 51
Nectar SEE PAGE 58

£2 FROM EVERY LITRE SOLD GOES STRAIGHT TO FARMERS

We believe business should be a force for good.
From making sure that our farmers are paid fairly,
to giving your customers eco-friendly options.

NO MONKEYS USED IN OUR HARVESTING

The UK's widest range of coconut products

www.coconut-merchant.com

ETHICALLY SOURCED

EVERYTHING · ETHICALLY · COCONUT

COCONUT MERCHANT

UFC SEE PAGE 90

20% OFF

NATURALLY REFRESHING

PROVEN SALES.
PREMIUM QUALITY.

AWARD WINNING

NO ADDED SUGAR

UFC Refresh

www.ufcrefreshcoco.com

ocean's halo

20% OFF
order now!

USDA ORGANIC

1% FOR THE PLANET

SEE PAGE 77-8

Organic Sushi Nori

Organic Broths (Ramen, Pho, Miso)

@oceanshalo

NO DAIRY NO SOYA JUST PLANTS

15% OFF

SEE PAGE 95

www.kokodairyfree.co.uk

koko plant based

Uhh-mami™

Award Winning Taste

SEE PAGE 112

Stocks/ broths

Flavours/ tastes

It's all about flavour

Michelin chef Frank Lantz has created a next generation flavour universe.

Replacing classic stocks/broths and flavours.

Uhhmami is a clean label and tasty product range with award-winning flavours that make it possible to prepare tasty food every day in every kitchen.

Frank Lantz
Director of Taste and former Michelin chef

The world's best new organic product
Biofach 2023

The world's most innovative
Sial 2022 Paris

Sustainability Award
Horecava 2024

Best new free from product
Innovation Awards 2023

Best International Product
Quality Food Awards 2023

Organic Clean & Plantbased

Enjoy the sun with total peace of mind

SEE PAGE 132

All our products are certified Cosmos Organic and Vegan, featuring between 99 and 100% natural ingredients. We exclusively utilize mineral filters prioritizing both your well-being and the planet's health

New product release
TINTED SUNSTICK SPF50+

Try it you will love it!

nākd.

PROTEIN BARS

- PLANT-BASED PROTEIN
- 100% NATURAL INGREDIENTS
- NO ADDED SUGAR

SEE PAGE 105-6

20% OFF

TRY nākd. TODAY

100% NATURAL INGREDIENTS

NO ADDED SUGAR

NON HFSS

NEW
TREK
POWER
15g
PLANT-BASED
PROTEIN
HIGH IN FIBRE
with
Lotus
Biscoff
POWERED BY
Lotus
Biscoff
20%
OFF

SEE PAGE 109

SEE PAGE 109

20% OFF

POWERED BY NATURE

PLANT-BASED PROTEIN

NO ARTIFICIAL INGREDIENTS

TREK

ESSENTIAL

@EssentialTrading

www.essential-trading.coop

SEE PAGE 66

Essential's Organic Italian Tomato products consist of Chopped Tomatoes in 400g tins and Double Concentrated Tomato Puree in 130g aluminium tubes. All packaging is fully recyclable. Our rich organic tomatoes come from the south of Italy and are subject to regular ethical audits to ensure positive working practices.

Infinity Foods

New Infinity Snacks ! Wasabi Peas, BBQ Corn.

New Infinity snacks! BBQ roasted corn, a tasty treat with half of the fat found in your average pack of crisps.
And for those who like a challenge, fiery, crunchy wasabi peas. Peas are high in protein, and these ones will certainly raise the temperature.
Peas are good, peas are good, wasabi peas are good!
Laaaavly...

Infinity
Wasabi Peas Size: 12x125g -
Case price: £15.70 RRP: £1.74
Order Code: 8118
Infinity
BBQ Corn Size: 12x125g -
Case price: £12.40 RRP: £1.38
Order Code: 8103

Infinity Foods
CO-OPERATIVE LTD
WHOLESALE
work together & thrive forever

Infinity Foods

New Improved Recipe

Organic Dark Chocolate Granola Gluten-Free

Get your day started with our fantastic chocolate granola. Now back in stock with a new improved recipe!
Baked gluten-free oat clusters with vegan dark chocolate pieces.
You can be healthy and treat yourself too, right?

Infinity Organic
Gluten-free Dark Chocolate Granola
Size: 6x400g Case Price : £20.25
RRP: £4.50 Infinity Order Code : 4020

Infinity Foods
CO-OPERATIVE LTD
WHOLESALE
work together & thrive forever

Infinity Foods

New Product

Organic Fig & Walnut Granola Muesli

A new addition to the ever popular Infinity cereals range, Organic Fig & Walnut Granola Muesli. Sweet figs, creamy walnuts and crunchy granola with a selection of our favourite nuts, seeds and fruit. Serve with a dollop of Greek yoghurt for a taste of the Mediterranean in your breakfast bowl!

Infinity Organic
Fig & Walnut Granola Muesli
Size: 6x500g - Case: £ 14.75
RRP- £ 3.29 Infinity order code: 4031

Fig & Walnut Granola Muesli
Size: 6x1g - Case: £26.95
RRP- £5.99 Infinity order code: 4032

Infinity Foods
CO-OPERATIVE LTD
WHOLESALE
work together & thrive forever

Infinity Foods

Welcome

to the May - June 2024 Catalogue.

Welcome to the latest edition of our catalogue

It replaces your current copy, so be sure to pop that in the recycling. Inside, you'll find all our latest deals or products. (Speaking of which, turn to the new products and offers for an at-a-glance view of what's new.and on offer)

What's changed since last time?

On the left-hand side of each page, you'll see a shaded column where you can check what's changed since the last catalogue. We do everything we can to stick to the prices you see on the page, but sometimes events outside our control might mean they have to change. If this happens, we'll be sure to flag it clearly on your invoice.

Want to talk organic?

We label lots of our products as 'organic'. This means an official body, recognised by the EU, has certified the product. If you'd like more information about how this works, drop Charles Booth our Soil Association co-ordinator a message at: charles.booth@infinity.coop

Need a digital catalogue?

No problem. Download a copy at infinityfoodswholesale.coop or get an Excel4, PDF or CSV version by emailing info@infinity.coop

Got a question?

Email us at info@infinity.coop or call 01273 456376 between 8:30am and 5pm. Your feedback is always welcome, too.
There's some useful codes and contacts below if you need them.

Please remember the following codes for special requests:

999999
"please phone with out of stocks"
999998
"please replace out of stocks with equivalents"
999997
"please phone with invoice total"
999996
"please phone with estimated delivery time"
999994
"please send all doubles"
999993
"please send catalogue"
999992
"please phone for card payment"
999991
"please email delivery note"

Credit Control:	Simon Page	whcreditcontrol@infinity.coop
New Product Listings:	Dominic Jeffery	dom.jeffery@infinity.coop
Quality Control:		qc@infinity.coop
Soil Association/ Organic Certification:	Charlie Booth	charlie.booth@infinity.coop
Transport:	Michael Secretan	transport@infinity.coop
Website Queries:		support@infinity.coop
Commodities:	Scott Muir	scott.muir@infinity.coop
Customer Services:	Graham Hunt	customercare@infinity.coop

new products

Breakfast Cereals & Cereal Flakes

Infinity - Pre-Packed Organic Breakfast Cereals

*New from Infinity Foods, organic vegan **Fig & Granola Muesli**. Sweet figs, creamy walnuts and crunchy granola are mixed with cashews, seeds, toasted flakes and oats. The result, a bowl of wonderful textures and natural sweetness that works harmoniously with Greek yogurt or your favourite milk. Packaged in a recyclable bag.*

❊	Fig & Walnut Granola Muesli	*organic*	6x500g	14.75	*3.29*	**4031**
❊	Fig & Walnut Granola Muesli	*organic*	6x1kg	26.95	*5.99*	**4032**

Rude Health - Granola

*New and on offer from Rude Health, vegan **Maple & Pecan Granola**. A deliciously indulgent flavour combination made with buttery pecans and rich amber maple syrup. It is a high fibre cereal made with wholegrains that is HFSS compliant. The pricing below represents a discount of 15%.*

❒	Maple & Pecan Granola	6x400g	17.75	*4.22*	**71783**

Nuts and Seeds

Coconut Merchant

*New and on offer from Coconut Merchant is organic vegan gluten-free **Creamed Coconut**. It is made from raw coconut puree sustainably sourced from Sri Lanka without using monkeys. Creamed coconut is packed with fibre and extra virgin coconut oil. It is used to thicken sauces or to add to sweet treats like ice cream and desserts. Packed in a card box. The pricing below represents a discount of 15%.*

❒	Creamed Coconut	*organic*	12x200g	17.80	*1.98*	**90718**

Pasta

Mr Organic - pasta

*New from Mr Organic, a range of organic vegan white wheat pastas. All are made from durum wheat grown in Casona di Puglia which is known as the 'Granary of Italy'. The pasta is bronze extruded to create a rough, porous texture to hold onto sauce. It is made in small batches and dried slowly at low temperatures. The four lines are **White Fusilli** twists, **White Penne Rigate** (tubes with longitudinal ridges), **White Spaghetti** and **White Tagliatelle** ribbons. All are packaged in recyclable paper.*

❊	White Fusilli	*organic*	12x500g	21.50	*2.39*	**131545**
❊	White Penne Rigate	*organic*	12x500g	21.50	*2.39*	**131547**
❊	White Spaghetti	*organic*	12x500g	21.50	*2.39*	**131548**
❊	White Tagliatelle	*organic*	12x500g	21.50	*2.39*	**131549**

Noodles

Clearspring - wheat-free

*New from Clearspring, two organic vegan gluten-free rice noodles. **Black Rice Noodles** contain 80% brown rice flour and 20% black rice flour and have a delicate nutty flavour. Soak in freshly boiled water for 3 minutes, drain and add to stir-fries or soups. **Brown Rice Vermicelli Noodles** contain 100% brown rice flour. Made using wholegrain rice, these noodles have a firm texture and a subtle flavour. They take three minutes to cook and are perfect in soups, stir fries and even vermicelli puddings. Clearspring cut their noodles shorter to make them easier to prepare and enjoy.*

❊	Black Rice Noodles GF	*organic*	10x200g	29.90	*3.99*	**490504**
❊	Brown Rice Vermicelli Noodles GF	*organic*	8x200g	20.35	*3.39*	**490505**

Bread, Rice Cakes, Crackers etc

Karg

*New from Dr Karg are vegan **Pumpkin Seeds Protein Thins Crispbread**. They are made from wheat flour and also contain chopped pumpkin seeds, sesame seeds and linseeds which provide extra protein. The crispbread is naturally high in protein and an option for those who wish to lower their carbohydrate intake.*

❊	Pumpkin Seeds Protein Thins Crispbread	*organic*	14x150g	35.05	*3.34*	**173263**

Oils & Fats

Coconut Merchant

*New and on offer from Coconut Merchant is vegan keto paleo **MCT Coconut Oil**. Containing 97% C8, it is ethically sourced with no odour or taste, so it will not affect the flavour of your food or drink. Add MCT oil to your coffee, smoothies, salads or baking to help sustain energy and focus throughout the day. It is packaged in a glass bottle in a cardboard tube. The pricing below represents a discount of 15%.*

❒	MCT Coconut oil	1x500ml	11.90	*15.87*	**200597**

Hellenic Sun

*New from Hellenic Sun, **Olive Oil Greek Extra Virgin** in a 750ml glass bottle produced in Crete from indigenous Koroneiki olives. The fertile soils, dry climate and sunshine means this high quality oil has low acidity, exceptional flavour and fragrance. The Extra Virgin classification means that the oil has been extracted solely by mechanical means, without applied heat or chemical solvents.*

❊	Olive Oil Greek Extra Virgin	12x750ml	127.60	*14.18*	**210511**

Nut Butter, Pâté, Spreads & Jam

Kallo Foods - gluten-free

*New from Kallo Foods, a range of organic vegan gluten-free **veggie dips** in three flavours. All have a base of sun-ripened tomatoes. The **Chunky Tomato & Lentil** adds beluga lentils, **Spicy Tomato** combines peppers with a hint of chilli, and **Tomato & Olives** is enhanced with a mix of green and black olives. Serve with your flavourite flatbread, crackers or crudités. Packed in glass jars with metal lids.*

❊	Chunky Tomato & Lentil Veggie Dip	*organic*	6x140g	14.40	*3.19*	**290936**
❊	Spicy Tomato Veggie Dip	*organic*	6x135g	14.40	*3.19*	**290938**
❊	Tomato & Olives Veggie Dip	*organic*	6x135g	14.40	*3.19*	**290939**

Meridian

*New and on offer from Meridian is **Protein Smooth Peanut Butter 100%**. Ground in North Wales from a high protein peanut, this palm oil-free nut butter has 30g of protein per 100g which is 4g more than the standard. The pricing below represents a discount of 20%*

❒	Protein Smooth Peanut Butter 100%	3x700g	11.65	*5.17*	**251611**

Honey, Syrup, Sugar & Sweeteners

St Lawrence Gold Canadian Maple Syrup & Honey

*New from St Lawrence Gold, organic **Maple Syrup - dark grade A - bag in box 5l**. This will replace the 4l over the period of this catalogue. With a dark robust taste this fine maple syrup is packed in a recyclable bladder in a card box.*

❊	Maple Syrup - dark grade A - bag in box	*organic*	5l	86.60	17.32	**316521**

Olives, Pickles and Preserved Vegetables

Biona - in jars

*New from Biona are organic vegan **Italian Sliced Green Olives in brine** Sourced from Cerignola, they have a crisp buttery flavour. Sliced for convenience, use in salads, sandwiches or summer pizza in the garden.*

❊	Italian Sliced Green Olives in brine	*organic*	5x280g	13.85	*3.69*	**350609**

Sauces, Fruit and Vegetable Products

Clearspring - gluten-free Thai sauce in glass

*New from Clearspring, organic vegan gluten-free **Pad Thai Sauce** in a glass bottle. Pad Thai is a stir-fried rice noodle dish served as street food in Thailand. This sauce is easy to use and captures the essence of savoury tangy Pad Thai without the fish sauce and refined sugar. Ingredients: date syrup, rice syrup, apple puree, tamarind paste, onion puree, garlic puree, tomato puree and salt.*

❊	Pad Thai Sauce	*organic*	6x150ml	25.15	*5.59*	**390664**

Mr Organic - Italy - Vegan

New from Mr Organic, four vegan organic gluten-free tomato pasta sauces with no added sugar, produced in Italy. The first two are the top selling traditional sauces in a smooth form to please even the fussiest of eaters. ***Basilico Smooth Pasta Sauce*** *with basil, onion, garlic and lemon juice.* ***Bolognese Smooth Pasta Sauce*** *with onion, celery, carrot, basil and lemon juice. New flavours to the range are* ***Aubergine Ragu Pasta Sauce*** *with aubergine, onion, dried tomatoes, garlic basil and lemon juice.* ***Mushroom Ragu Pasta Sauce*** *with mushrooms, onions, garlic dried tomatoes, parsley, vinegar and a touch of chilli. All are packed in glass jars.*

❊	Aubergine Ragu Pasta Sauce	*organic*	6x350g	14.80	*3.29*	**392162**
❊	Basilico Smooth Pasta Sauce	*organic*	6x350g	13.90	*3.09*	**392172**
❊	Bolognese Smooth Pasta Sauce	*organic*	6x350g	13.90	*3.09*	**392173**
❊	Mushroom Ragu Pasta Sauce	*organic*	6x350g	14.80	*3.29*	**392183**

Convenience Foods

Suma - soup in easy-open cans

New from Suma vegan ***Chik'n Soup****, with coconut cream and vegan chicken-style pieces made with soya and wheat protein. Ideal for a quick, filling lunch, made in the UK and packaged in an easy-open tin.*

❊	Chik'n Soup		12x400g	20.25	*2.25*	**445585**

Teas - Black, Green & White

Qi Herbal Health - FairTrade - Green Tea Bags

New from Qi Teas organic Fairtrade vegan gluten-free ***Jasmine Green Tea Bags****, a sweet and aromatic tea authentically prepared in the traditional Chinese way. High in the mountains green tea is layered between jasmine petals for the slow natural absorption of the scent from the petals into the tea leaves. Perfect for an afternoon boost.*

❊	Jasmine Green Tea Bags	*organic*	6x25bgs	17.10	*3.79*	**580404**

Qi Herbal Health - Loose

New from Qi Teas organic Fairtrade vegan gluten-free ***Jasmine Loose Leaf Green Tea****. A refreshing loose leaf green tea infused with the delicate aroma of fresh, morning-picked jasmine petals. Prepared in the traditional way by layering green tea with fresh jasmine petals allowing the sweet scent of the jasmine to be naturally absorbed into the leaves.*

❊	Jasmine Loose Leaf Green Tea	*organic*	6x100g	31.10	*6.92*	**580406**

Coffee

CaféDirect FairTrade R&G

New and on offer is Fairtrade ***CaféDirect R&G Familia Arabica Espresso****. Meaning 'family' in Spanish, this premium espresso roast is grown by family-run farming communities partnered with CaféDirect. It is a smooth caramel, vanilla, dark roast with a citrussy finish. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.*

❒	CaféDirect Familia Arabica Espresso - 5		6x200g	21.05	*4.67*	**600471**

CaféDirect Roast Coffee Beans FairTrade

New and on offer from CaféDirect is ***Fairtrade Whole Bean Familia Arabica Espresso*** *in a* ***200g*** *pack and a* ***1kg*** *pack. Also new and on offer is Fairtrade* ***Wholebean Familia Original Espresso*** *in a* ***1kg*** *pack. The original is slightly stronger, tasting of dark chocolate and spices with a creamy mouthfeel. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.*

❒	Whole Coffee Beans - Familia Arabica Espresso - 5	*organic*	6x200g	21.05	*4.67*	**600473**
❒	Whole Coffee Beans - Familia Arabica Espresso - 5	*organic*	1x1kg	14.95	*19.91*	**600475**
❒	Whole Coffee Beans - Familia Original Espresso - 5	*organic*	1x1kg	13.75	*18.31*	**600477**

Drinks - Herbal, Tonic, Coconut and Iced Tea

Counter Culture Vegan Sparkling Kombucha - tin

New from Counter Culture three vegan gluten-free sparkling Kombuchas in aluminium cans. They are brewed using green tea at a carbon neutral fermentary in Bristol. The artwork on the cans is eye-catching and modern and 51% of shares and 5% of sales go towards social initiatives. ***Against the Current - Rhubarb + Hibiscus Kombucha*** *is a light kombucha with sharp rhubarb balanced with the deep raspberry notes of hibiscus.* ***Al of the Storm - Mango + Ginger + Lime Kombucha*** *- the perfectly balanced triple tipple with sea salt and turmeric.* ***Look Up - Lemongrass + Ginger Kombucha*** *- zesty lemongrass with a kick of ginger, try it served over ice for any social occasion that needs a lift. These sparkling kombuchas are brewed to be lighter in acidity than a typical booch.*

❊	Against the Current - Rhubarb + Hibiscus Kombucha		12x330ml	16.80 V	*2.30*	**640366**
❊	Al of the Storm - Mango + Ginger + Lime Kombucha		12x330ml	16.80 V	*2.30*	**640368**
❊	Look Up - Lemongrass + Ginger Kombucha	*organic*	12x330ml	16.80 V	*2.30*	**640370**

Suma

New and on offer from Suma is organic vegan ***Cola Kombucha****, an exciting fusion of traditional cola flavours with the fizzy, tangy essence of kombucha. Bursting with a billion cultures, Suma's cola kombucha is craft brewed and traditionally fermented with no artificial sweeteners. The pricing below represents a discount of 10%.*

❒	Cola Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641022**

Drinks - Fruit & Vegetable Juices, Cordials & Water

Cawston Press - Tetra

New and on offer from Cawston Press is vegan gluten-free ***Sunshine Orange Fruit Water - multipack****. This is a mix of not-from-concentrate pressed apple juice, orange juice and antioxidant vitamin C; there is a vibrant burst of flavours in every sip. It is school compliant and packed in a tetra pack with a paper straw. The pricing below represents a discount of 20%.*

❒	Sunshine Orange Fruit Water - multipack		6x3x200ml	9.40 V	*2.51*	**661175**

Drinks - Carbonated

Cawston Press - cans

New and on offer from Cawston Press is vegan gluten-free ***Cloudy Lemonade Sparkling*** *in a can. Squeezed lemons, crisp apples and sparkling water combine for this classic summer drink. The pricing below represents a discount of 20% off the new case price of £20.20.*

❒	Cloudy Lemonade Sparkling		24x330ml	16.15 V	*1.08*	**661202**

Drinks - Soya, Nut, Grain, Milk & Desserts

Sojade - plant based drinks & cream

New from Sojade, organic vegan gluten-free ***Soya Protein - unsweetened*** *made only from soya beans from France. There is 40g of protein in each 750ml tetra pack which is 5.2g/100ml (compared to 3.8g/100ml for the standard soya). The consistency is the same as the standard soya milk, it is slightly sweeter and has a less pronounced soya taste due to the production process. Very good in tea.*

❊	Soya Protein - unsweetened	*organic*	8x750ml	11.65	*1.94*	**724612**

Savoury Snacks

Fairfields - potato crisps - Vegan - gluten-free

New and offer are Fairfields vegan gluten-free ***Prawn Cocktail Potato Crisps****, a classic flavour inspired by the 1970s dinner party starter of prawns in a Marie Rose sauce. The pricing below represents a discount of 15%.*

❒	Prawn Cocktail		36x40g	14.25 V	*0.64*	**751007**

Fairfields - potato crisps - Vegan - gluten-free

New and offer are Fairfields vegan gluten-free ***Prawn Cocktail Potato Crisps*** *in a large sharing bag, the pricing below represents a discount of 15%.*

❒	Prawn Cocktail		10x150g	10.40 V	*1.69*	**751019**

Trafo - Snacks

New from Trafo are organic vegan gluten-free ***Corn Peanut Flips****. These have a new case size and barcodes and are replacing the 12x75g Corn Peanuts which have been delisted. There are no ingredient changes. Also new are organic vegan* ***Pretzel Sticks*** *- these wheat flour treats are naturally moreish with crunch and a salty bite, perfect with a pint. The pricing marked ❒ below represents a discount of 15%.*

❊	Corn Peanut Flips	*organic*	8x75g	14.70	*2.45*	**753276**
❒	Pretzel Sticks	*organic*	12x100g	15.00	*1.67*	**753262**

Trafo - Hand Cooked Potato Crisps

New and on offer from Trafo are organic gluten-free ***Cheese & Onion Hand Cooked Crisps****, These are lovely thick cut crisps cooked in sunflower oil. The pricing marked ❒ below represents a discount of 15%.*

❒	Cheese & Onion Hand Cooked Crisps	*organic*	15x40g	13.25 V	*1.41*	**753306**

Trafo - Potato Crisps

New and on offer from Trafo, organic gluten-free vegan potato crisps. ***Salted Crisps - fried in coconut oil.*** *Tasty and satisfying, they are cooked longer than regular crisps at a maximum temperature of 165 deg C which gives them more bite.* ***Salted Crisps - fried in E V olive oil*** *delicious and good for people who cannot eat sunflower or rapeseed oil, they taste like classic Spanish crisps. The pricing below represents a discount of 15%.*

❒	Salted Crisps - fried in coconut oil	*organic*	12x100g	25.10 V	*3.35*	**753300**
❒	Salted Crisps - fried in EV olive oil	*organic*	12x100g	31.35 V	*4.18*	**753301**

Sweet Snacks & Confections

Clif Bars

*New and on offer is the Clif **Peanut Butter Banana Bar**, made with the traditional Elvis flavours, peanut butter, rich dark chocolate, dried bananas and crunchy peanut. This big hunk o' love has 10g of plant-based protein for your active adventures, the pricing below represents a discount of 20%.*

❒	Peanut Butter Banana Bars		12x68g	11.85 V	*1.58*	**762366**

Ombar - raw chocolate bars & buttons

*New and on offer from Ombar a more indulgent 42g version of the "Centres" bars with deeper filling. There is also a new flavour **Almond Butter Filled Chocolate Bar**. This has the classic Ombar chocolate with an almond butter / creamed coconut centre. The new centres are **Coco Raspberry**, **Coco Vanilla**, **Hazelnut Truffle**, and **Pistachio Cream**. The pricing below represents a discount of 20%.*

❒	Almond Butter Filled Chocolate Bar	*organic*	15x42g	16.45 V	*1.75*	**765775**
❒	Coco Raspberry Filled Chocolate Bar	*organic*	15x42g	16.45 V	*1.75*	**765776**
❒	Coco Vanilla Filled Chocolate Bar	*organic*	15x42g	16.45 V	*1.75*	**765778**
❒	Hazelnut Truffle Filled Chocolate Bar	*organic*	15x42g	16.45 V	*1.75*	**765779**
❒	Pistachio Cream Filled Chocolate Bar	*organic*	15x42g	16.45 V	*1.75*	**765781**

Ricola

*New from Ricola, three new gluten-free vegan flavours for the range containing the famous 13 Swiss Alpine herbs. **Eucalyptus Cherry Cough Drops with Stevia** are packaged in bags and contain cherry juice and eucalyptus oil. These cough drops sooth mild sore throats and they are individually wrapped in traditional sweet twists. **Blackberry with Stevia** and **Raspberry Mint with Stevia** are packaged in boxes made from FSC certified card. All are produced allergen free.*

❊	Eucalyptus Cherry Cough Drops with Stevia - bag	12x70g	12.40 V	*1.65*	**767759**
❊	Blackberry with Stevia - box	20x45g	19.90 V	*1.59*	**737763**
❊	Raspberry Mint with Stevia - box	20x45g	19.90 V	*1.59*	**767765**

Trek Bars - vegan - gluten-free

*New and on offer from Trek is the **Biscoff Power** bar, containing 15g of plant protein and the all important biscoff spread. When testing out on my normally circumspect daughter, I was told 'it is like a dream, Dad'. The bar contains soya protein crunchies. The pricing below represents a discount of 20%.*

❒	Biscoff Power	16x55g	19.25 V	*1.96*	**766681**

Condiments, Stocks, Salt & Miscellaneous Foods

Essential Trading

*New from Essential Trading, certified **Atlantic Sea Salt - Fine** in a 5kg bag. This Portuguese vegan approved salt can be used in organic systems and is packaged in a natural polythene LFT bag.*

❊	Atlantic Sea Salt - Portugal - Fine	*organic*	5kg	8.50	1.70	**791718**

Geo Organics Portuguese Sea Salt

*New from Geo Organics certified **Atlantic Sea Salt - Fine 25kg**. Harvested by hand from the Portuguese shores, with no vehicles used in its collection, meaning it has a minimal effect on the environment. It is organically approved. The salt is packed in a natural polythene LFT bag*

❊	Atlantic Sea Salt - Fine	*certified*	25kg	20.95	0.84	**791654**

Uhhmami organic broths and seasoning.

*New from Uhhmami is a range of organic gluten-free vegan broths and flavours that can instantly add new depth, complexity and flavour to your dishes. They have been designed by Frank Lantz, a Michelin starred head chef. The broths are in powder form and come in four classic flavours: **Beef'ish**. **Chicken'ish**, **Ocean'ish** and **Vegetables**. Just add 2 teaspoons per 500ml of liquid. The four seasoning flavours can be used as condiments or ingredients incorporated into a dish. They are: **Bacon'ish**, **Blue Cheese'ish**, **Cheese'ish** and **Truffle'ish**. All are packed in re-sealable recyclable plastic foil pouches.*

❊	Bacon'ish - flavours	*organic*	4x40g	9.60	*3.20*	**791673**
❊	Beef'ish - broth	*organic*	4x40g	9.60	*3.20*	**791674**
❊	Blue Cheese'ish - flavours	*organic*	4x40g	9.60	*3.20*	**791675**
❊	Cheese'ish - flavours	*organic*	4x40g	9.60	*3.20*	**791676**
❊	Chicken'ish - broth	*organic*	4x40g	9.60	*3.20*	**791677**
❊	Ocean'ish - broth	*organic*	4x40g	9.60	*3.20*	**791678**
❊	Truffle'ish - flavours	*organic*	4x40g	9.60	*3.20*	**791679**
❊	Vegetables - broth	*organic*	4x40g	9.60	*3.20*	**791681**

Kitchen & Household Goods

Alter/Native by Suma - soap containers

*New from Alter/Native, a range of soap containers to join the soap tin. **Bamboo Soap Dish - rectangle** is designed to hold the Alter/Native rectangular soaps. It has drainage slots and rests on small silicone feet to let the liquid drain away. The **Bamboo Soap Dish - round** is similar to the rectangular dish but designed for the round Alter/Native soaps. Both soap dishes are made from sustainable bamboo which is neither a food source nor a habitat for pandas, and they both contain no dye or stains. **Soap Bag - organic cotton** is a mesh bag that fits one rectangular soap or haircare bar. It extends the soap life by allowing it to drain and dry easily.*

❊	Bamboo Soap Dish - rectangle		6x1p	17.45 V	*4.65*	**820704**
❊	Bamboo Soap Dish - round		6x1p	12.55 V	*3.35*	**820706**
❊	Soap Bag - organic cotton	*organic*	1x1p	1.20 V	*1.92*	**820708**

Cheeky Panda Bamboo products

*New from Cheeky Panda, **Flat Box Facial Tissues with Aloe - 64s** are soft tissues with soothing aloe lotion in a top opening flat card box. These are perfect for a sore, cold ridden nose. New and on offer are **9 Toilet Rolls - Natural Colour** these 3-ply brown bamboo toilet rolls are unbleached, soft and sustainable with 200 sheets per roll. The pricing marked ❒ below represents a discount of 20%. For both products for every pack sold, a donation is made to the WWF, supporting their vital climate and conservation efforts.*

❊	Flat Box Facial Tissues with Aloe - 64s		12x160g	17.25 V	*2.30*	**820557**
❒	9 Toilet Rolls - Natural Colour		5x9p	18.75 V	*6.00*	**820565**

ecoLiving

*New from ecoLiving a **Bottle Brush - for narrow necks**. A very long (38cm) and narrow bottle brush with an FSC certified beechwood handle and 25mm tampico bristles attached to a twisted wire core. Ideal for cleaning bottles with a very narrow neck such as kefir bottles. Made in Europe.*

❊	Bottle Brush - for narrow necks	1x1p	3.10 V	*5.09*	**912069**

La Droguerie Ecologique - vegan

*New from La Droguerie Ecologique a **Nail Brush - beechwood - vegan**, with agave bristles. This is a double sided brush, soft one side and hard the other. It is made from FSC certified beechwood. Perfect for cleaning dirty nails, it measures 9x3.5cm.*

❊	Nail Brush - beechwood - vegan	1x1p	2.10 V	*3.36*	**820749**

Household & Industrial Cleaning Products

Ecover Laundry

*New and on offer from Ecover, double concentrated laundry capsules in two fragrances. **Double Concentrated Bio Laundry Capsules - lilac & rose** comes in two sizes, 18 and 34 capsules. This formula is designed to help clothes last longer. It fights stains at temperatures as low as 20deg C, protects and revives colour and removes bobbling from cotton fibres after multiple washes. **Double Concentrated Non Bio Laundry Capsules - almond & apricot** also in 18 and 34 capsules have been formulated to be gentle on skin and help clothes last longer. They clean clothes thoroughly and remove tough stains. Both formulas have been dermatologically tested and are packed in card boxes. The pricing below represents a discount of 20%.*

❒	Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	36.60 V	*7.32*	**832001**
❒	Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	64.40 V	*12.88*	**832003**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	36.60 V	*7.32*	**832004**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	64.40 V	*12.88*	**832006**

Simple Living Eco

*New from Simple Living Eco is a range of **ultra-concentrated multi purpose cleaners** with a neutral pH. Containing a blend of sugar surfactants and biobased chelates, with a whole range of plant and flower extracts including witch hazel and aloe vera., each 30ml concentrate can be diluted down with water to provide 500ml of cleaner thus preventing emissions by not shipping water around the country. There are three fragrances: **Citrus Passion** - a lemony scent enriched with citrusy blends - **Sunshine Squeeze** - a zesty blend apparently reminiscent of a sunlit orchard - and **Unscented**. The concentrates are packed in glass bottles in a card box, and are suitable for all surfaces in your kitchen and bathroom. The plant-based ingredients power through grease & grime. Also new is **Laundry Detergent Sheet - Coconut -** 32 sheets - a new fragrance for the range, packed in a card box.*

❊	Laundry Detergent Sheet - Coconut - 32 sheets	10x85g	44.65 V	*8.00*	**833071**
❊	Ultra-conc Multi Cleaner - Citrus Passion	12x30ml	24.30 V	*3.31*	**833076**
❊	Ultra-conc Multi Cleaner - Sunshine Squeeze	12x30ml	24.30 V	*3.31*	**833077**
❊	Ultra-conc Multi Cleaner - Unscented	12x30ml	24.30 V	*3.31*	**833079**

Toiletries & Natural Remedies

Ben & Anna - organic vegan natural soda deodorants

New from Ben & Anna, organic vegan gluten-free creme deodorants packaged in a poly potato sphere. ***Deocreme - Green Balance*** *(without bicarbonate of soda) - this is based on a magnesium complex that gently and effectively prevents odour. The light cream is absorbed leaving a fresh feeling and fragrance. Shea butter and vegetable oils moisturise the skin.* ***Deocreme - Love Me*** *is based on finely ground bicarbonate of soda to reduce bacteria, moisture and odours. It has a light creamy texture that is absorbed without leaving any residue. It has a floral/exotic fragrance. Made from potato starch, paper and natural fibres, the spheres are fully home compostable and will start to decompose after a few weeks.*

❊	Deocreme - Green Balance poly potato sphere	*organic*	1x40g	4.95 V	*8.81*	**859208**
❊	Deocreme - Love Me - poly potato sphere	*organic*	1x40g	4.95 V	*8.81*	**859209**

Ben & Anna - organic vegan bodycare

New from Ben & Anna, a range of organic gluten-free vegan lip balms in card sticks. ***Lip Balm Pure*** *a rich formula of plant oils and waxes including shea butter, coconut oil and bran wax with no additives or fragrances. It gives your lips intense moisture and a smooth feeling all day.* ***Lip Balm Raspberry*** *and* ***Lip Balm Strawberry*** *have the same nourishing base with a fruity fragrance. These lip balms are plastic free with vitamin E and no palm oil.They are packaged in simple card tubes crimped at the end with a cap that slides shut over the balm. Simply squeeze the bottom of the tube to push the balm up. The lip balms are packed very neatly into card shelf hangers with attractive colourful striped designs.*

❊	Lip Balm Pure	*organic*	6x6g	16.50 V	*4.95*	**859211**
❊	Lip Balm Raspberry	*organic*	6x6g	16.50 V	*4.95*	**859212**
❊	Lip Balm Strawberry	*organic*	6x6g	16.50 V	*4.95*	**859213**

Odyskin organic vegan reef-friendly Suncare

New from Odyskin, an organic vegan ***Tinted Sunstick SPF50 in a push up card tube****. Certified COSMOS it is medium tinted so not to leave white marks amd it contains ricinus oil to soften and cocoa oil to hydrate the skin. It provides effective protection against UVA and UVB rays and is recommended for protecting scars and tattoos. The packaging is plastic-free with a card tube in a card carton.*

❊	Tinted Sunstick SPF50 - card tube	*organic*	1x25g	8.20 V	*14.79*	**857549**

Organii - Bodycare - SLS-free

New and on offer are two additions to the Organii organic vegan suncare range. ***SPF30 Sun Lotion*** *offers broad spectum UVA and UVB protection to help prevent sunburn. The natural formula is enriched with aloe vera, green tea leaf extract and coconut oil that will leave your skin soft and supple. Suitable for children and adults. Returning is* ***SPF50 Sun Milk*** *- this fragrance free, mineral sun milk blends quickly into the skin. Enriched with argan, calendula and jojoba, it is suitable for babies, children and adults. The pricing below represents a discount of 15%.*

❒	SPF30 Sun Lotion	*organic*	1x100ml	9.40 V	*16.90*	**857671**
❒	SPF50 Sun Milk	*organic*	1x125ml	13.20 V	*23.67*	**857674**

Aromatherapy, Candles & Incense

Aqua Oleum Organic Essential Oils

New from Aqua Oleum, ***Organic Lavender Oil Merchandiser****. The most popular essential oil in a cost saving card pack and each glass bottle is individually packaged. The familiar relaxing sweet-floral scent is a healing & soothing versatile remedy.*

❊	Organic Lavender Oil Merchandiser	*organic*	18x10ml	72.90 V	*8.10*	**881312**

Aqua Oleum essential oil blends

New from Aqua Oleum, an extension to the essential oil blends. ***Brighten: revive & uplift blend****, including lemon myrtle and grapefruit, is a fresh zesty fragrance to inspire and revitalise.* ***Deep Sleep: restful night blend*** *contains valerian and vetivert and has a calming effect.* ***Defence: prevent & protect blend*** *with fragonia and ravintsara has a fresh herbaceous scent.* ***Mountain Air: fresh & purifying blend*** *includes juniper berry & black spruce and has a woody resinous aroma which is uplifting and refreshing.* ***Sacred Space: meditation aid blend*** *with frankincense & palmarosa. is soft and reminiscent of incense - grounding and harmonising.* ***Serenity: stress-relief blend*** *includes neroli & petigrain; a gentle, floral-citrus fragrance that is elevating and soothing. All the blends are in glass bottles in a card box.*

❊	Brighten: revive & uplift blend	3x10ml	15.00 V	*9.99*	**880622**
❊	Deep Sleep: restful night blend	3x10ml	19.50 V	*12.99*	**880623**
❊	Defence: prevent & protect blend	3x10ml	16.50 V	*10.99*	**880624**
❊	Mountain Air: fresh & purifying blend	3x10ml	16.50 V	*10.99*	**880626**
❊	Sacred Space: meditation aid blend	3x10ml	16.50 V	*10.99*	**880631**
❊	Serenity: stress-relief blend	3x10ml	19.50 V	*12.99*	**880636**

Aqua Oleum Body Oils

New from Aqua Oleum a range of body oils. ***Aches & Pains: muscle ease & remedial body oil*** *- a blend of botanicals including rosemary & black pepper, warming and soothing.* ***After Dark: sensual body oil*** *includes jasmine with sandalwood. An uplifting intoxicating scent that leaves skin silky smooth.* ***Natural Detox: purifying & cleansing body oil*** *- a mix of active botanicals including grapefruit & fennel seed that tone & stimulate.* ***Tranquility: relaxing & calming body oil*** *contains chamomile & petigrain; use as a relaxing massage oil to calm body & mind.* ***Wild Rose: regenerative body oil*** *with amyris & rose. This is regenerative & restorative keeping skin supple and radiant. All are packaged in blue glass bottles in a card box.*

❊	Aches & Pains: muscle ease & remedial body oil	1x100ml	7.50 V	*14.99*	**880637**
❊	After Dark: sensual body oil	1x100ml	7.50 V	*14.99*	**880638**
❊	Natural Detox: purifying & cleansing body oil	1x100ml	7.50 V	*14.99*	**880639**
❊	Tranquility: relaxing & calming body oil	1x100ml	7.50 V	*14.99*	**880646**
❊	Wild Rose: regenerative body oil	1x100ml	7.50 V	*14.99*	**880648**

special offers

Please note that the prices listed below are the offer prices.
All offers run for two months, or while stocks last.
Prices are fixed at the point of ordering so that these prices apply to orders PLACED from 5pm 30th April to 5pm 28th June.
The non-offer prices will be printed in the July 2024 Catalogue.

Flours & Baking Requisites

Doves Farm - non-organic - Freee

15% off list May and June

❒	Wholegrain Buckwheat Flour - gluten-free		5x1kg	15.90	*4.24*	**51044**
❒	Rice Flour (brown & white) - gluten-free		5x1kg	7.80	*2.08*	**51037**
❒	Gram Flour - gluten-free		5x1kg	9.55	*2.55*	**51047**
❒	Gluten-free Plain White Flour		5x1kg	9.55	*2.55*	**51075**
❒	Gluten-free Self-Raising White Flour		5x1kg	9.55	*2.55*	**51077**
❒	Gluten-free Brown Bread Flour		5x1kg	10.05	*2.68*	**51080**
❒	Gluten-free White Bread Flour		5x1kg	9.55	*2.55*	**51082**

Doves Farm - baking requisites

15% off list May and June

❒	Baking Powder - gluten-free		5x130g	5.90	*1.57*	**41203**
❒	Bicarbonate of Soda - gluten-free		5x200g	5.40	*1.44*	**41208**
❒	Corn Starch Flour - gluten-free	*organic*	5x110g	7.00	*1.87*	**41212**

Breakfast Cereals & Cereal Flakes

Alara Breakfast cereals in compostable packaging

20% off list May and June

❒	Apple & Cinnamon Bircher	*organic*	6x650g	14.60	*3.24*	**60105**
❒	Ancient Grains Muesli	*organic*	6x450g	15.30	*3.40*	**60111**
❒	Crispy Fruit Muesli	*organic*	6x550g	14.60	*3.24*	**60112**
❒	Gluten-free Muesli with Goji & Cranberries	*organic*	6x450g	16.75	*3.72*	**60114**
❒	Rich Muesli	*organic*	6x500g	14.25	*3.17*	**60250**
❒	Gluten-free Delight Muesli	*organic*	6x250g	14.60	*3.24*	**60266**
❒	Fruits & Seeds Muesli	*organic*	6x650g	14.60	*3.24*	**60268**
❒	Luxury Gluten-free Porridge - no oats		6x500g	13.15	*2.92*	**70485**
❒	Original Muesli	*organic*	6x650g	14.60	*3.24*	**60269**
❒	Everyday Gluten-free Pure Oatflakes		6x500g	11.75	*2.61*	**70490**

Bear

15% off list May and June

❒	Cocoa Alpha Bites		4x350g	7.35	*2.45*	**70506**
❒	Multigrain Alpha Bites		4x350g	7.35	*2.45*	**70509**

Lizi's - The Good Carb Food Co.

15% off list May and June

❒	High Protein Granola		10x350g	26.40	*3.52*	**71612**
❒	Organic Granola	*organic*	10x350g	27.35	*3.65*	**71604**
❒	Original Granola - non-organic		10x450g	24.65	*3.29*	**71606**
❒	Gluten-free Granola		10x350g	31.95	*4.26*	**71607**
❒	Low Sugar Granola		10x450g	26.40	*3.52*	**71608**

Rude Health - For Kids

15% off list May and June

❒	Honey Spelt Puffs	*organic*	8x175g	16.65	*2.97*	**63734**

Rude Health - muesli

15% off list May and June

❒	Instant Bircher Muesli Apple & Cinnamon		6x375g	12.45	*2.96*	**71730**
❒	Instant Bircher Muesli Soft & Fruity		6x375g	12.45	*2.96*	**71731**
❒	The Ultimate Muesli - vegan	*organic*	6x400g	17.75	*4.23*	**71739**

Rude Health - Granola

15% off list May and June

❒	The Ultimate Granola	*organic*	6x400g	17.75	*4.23*	**71776**
❒	Chocolate Crunch Granola		6x400g	14.25	*3.39*	**71777**
❒	Crunchy Almond Granola		6x400g	14.25	*3.39*	**71778**
❒	Crunchy Berry Granola	*organic*	6x400g	17.75	*4.22*	**71779**
❒	Low Sugar Granola - Almond & Hazelnut		6x400g	14.25	*3.39*	**71782**
❒	Maple & Pecan Granola - New!		6x400g	17.75	*4.22*	**71783**

Rude Health

15% off list May and June

❒	Puffed Oats		8x175g	10.70	*1.91*	**71750**
❒	Honey Puffed Oats - gluten-free		4x240g	10.10	*3.61*	**71752**
❒	Puffed Brown Rice - gluten-free		4x225g	5.70	*2.04*	**71755**
❒	Fruity Date Porridge		6x400g	10.75	*2.54*	**71786**
❒	5 Seed 5 Grain Porridge		6x400g	10.75	*2.54*	**71790**

Nuts and Seeds

Alara Milled Seeds in compostable packaging

20% off list May and June

❒	Milled Linseeds - Raw	*organic*	6x500g	17.80	*3.96*	**90672**

Coconut Merchant

15% off list May and June

❒	Creamed Coconut - New!	*organic*	12x200g	17.80	*1.98*	**90718**

Pasta

Doves Farm - gluten-free

15% off list May and June

❒	Brown Rice Fusilli	*organic*	8x500g	20.65	*3.44*	**130365**
❒	Brown Rice Penne	*organic*	8x500g	20.65	*3.44*	**130370**
❒	Brown Rice Spaghetti	*organic*	12x500g	30.95	*3.44*	**130375**
❒	Buckwheat Penne	*organic*	8x500g	24.65	*4.11*	**130377**
❒	Maize and Rice Fusilli	*organic*	8x500g	16.75	*2.79*	**130380**
❒	Maize and Rice Lasagne	*organic*	6x250g	12.55	*2.79*	**130381**
❒	Maize and Rice Penne	*organic*	8x500g	16.75	*2.79*	**130385**
❒	Maize and Rice Spaghetti	*organic*	12x500g	25.20	*2.80*	**130395**
❒	Multigrain Penne	*organic*	8x500g	20.65	*3.44*	**130397**

Bread, Rice Cakes, Crackers etc

Amisa - gluten-free

15% off list May and June

❒	Classic Baguette French Style	*organic*	8x180g	17.25	*2.88*	**169863**
❒	Seeded Baguette Rustic Style	*organic*	8x160g	16.75	*2.80*	**169868**

Biona - long life pumpernickel style - wheat free

15% off list May and June

❒	Rye Chia & Flax Bread	*organic*	7x500g	12.85	*2.45*	**170112**
❒	Rye Omega Golden Linseed Bread	*organic*	7x500g	12.00	*2.29*	**170165**
❒	Rye & Pumpkin Seed Bread	*organic*	7x500g	12.85	*2.45*	**170167**

Nairn's - gluten-free oat range

20% off list May and June

❒	Wholegrain Crackers - gluten-free		8x160g	11.10	*1.85*	**174752**
❒	Gluten-free Oatcakes		8x213g	12.40	*2.07*	**174756**
❒	Gluten-free Super Seeded Oatcakes		8x180g	12.40	*2.07*	**174759**

Rude Health - thin & round puffed crackers - gluten free

15% off list May and June

❒	Buckwheat Crackers	*organic*	8x100g	11.85	*2.12*	**179189**
❒	Chickpea & Lentil Crackers	*organic*	8x120g	9.50	*1.70*	**176199**
❒	Corn Crackers	*organic*	8x120g	9.50	*1.70*	**176206**
❒	Multigrain Crackers	*organic*	8x100g	11.85	*2.12*	**176207**

Biscuits and Cakes

Nairn's - Gluten-free Oat Biscuit Breaks - Vegan

20% off list May and June

❒	Oats & Chocolate Chip biscuit break		12x160g	18.80	*2.09*	**182397**
❒	Oat & Fruit Biscuit Break		12x160g	18.80	*2.09*	**182398**
❒	Oat & Stem Ginger Biscuit Break		12x160g	18.80	*2.09*	**182396**

Oils & Fats

Clearspring

15% off list May and June

❒	Coconut Oil - virgin - 200g	*organic*	6x220ml	17.55	*3.90*	**200492**
❒	Coconut Oil - virgin - 400g	*organic*	6x440ml	32.85	*7.30*	**200493**

Coconut Merchant

15% off list May and June

❒	Coconut Oil - raw extra virgin - plastic tub	*organic*	20l	140.55	7.03		**200588**
❒	Coconut Oil - raw extra virgin - plastic tub	*organic*	4l	32.70	8.18		**200590**
❒	Coconut Oil - raw extra virgin - glass	*organic*	12x500ml	64.15		*7.13*	**200595**
❒	MCT Coconut oil - New!		1x500ml	11.90		*15.87*	**200597**

Nut Butter, Pâté, Spreads & Jam

Meridian

15% off list May and June

❒	Crunchy Almond Butter 100%		6x170g	12.55	*2.79*	**251502**
❒	Smooth Almond Butter 100%		6x170g	12.55	*2.79*	**251503**
❒	Smooth Cashew Butter		6x170g	14.70	*3.27*	**251515**
❒	Crunchy Cashew Butter		6x170g	14.70	*3.27*	**251516**

Meridian

20% off list May and June

❒	Protein Smooth Peanut Butter 100% - New!		3x700g	11.65	*5.17*	**251611**

Mr Organic Dips & Spreads

15% off list May and June

❒	Black Bean & Red Pepper Antipasti Dip	*organic*	6x230g	13.30	*2.96*	**252501**
❒	Butter Bean & Yellow Pepper Antipasti Dip	*organic*	6x230g	13.30	*2.96*	**252502**
❒	Chickpea & Tomato Antipasti Dip	*organic*	6x230g	13.30	*2.96*	**252503**

Honey, Syrup, Sugar & Sweeteners

Coconut Merchant - jar

15% off list May and June

❒	Coconut Nectar - honey alternative	*organic*	12x300g	35.65	*3.96*	**311590**

Olives, Pickles and Preserved Vegetables

Biona - in jars

15% off list May and June

❒	Gherkins Sliced - sml	*organic*	6x350g	16.00	*3.56*	**350619**
❒	Sauerkraut - lge	*organic*	6x680g	12.95	*2.88*	**350627**
❒	Sauerkraut -Beetroot	*demeter*	6x350g	9.50	*2.12*	**350631**

Mr Organic - Antipasti - Vegan

15% off list May and June

❒	Grilled Artichoke Antipasti	*organic*	5x190g	15.55	*4.15*	**350430**
❒	Grilled Peppers Antipasti	*organic*	5x190g	12.40	*3.31*	**350434**
❒	Sundried Tomatoes & Capers Antipasti	*organic*	5x190g	12.40	*3.31*	**350438**

Organico - Mediterranean Vegetables in jars

20% off list May and June

❒	Capers in brine - large	*organic*	12x250g	24.85	*2.76*	**351695**

Vinegars

Rayners organic raw unfiltered vinegars in glass

20% off list May and June

❒	Apple Cider Vinegar with the mother	*organic*	6x750ml	17.95	*3.99*	**371620**
❒	Apple Cider Vinegar with the mother	*organic*	6x500ml	13.45	*2.99*	**371622**
❒	Coconut Vinegar with the mother	*organic*	6x250ml	16.15	*3.59*	**371625**
❒	Pomegranate Vinegar with the mother	*organic*	6x250ml	17.95	*3.99*	**371628**
❒	Red Wine Vinegar with the mother	*organic*	6x500ml	13.45	*2.99*	**371630**
❒	White Wine Vinegar with the mother	*organic*	6x500ml	13.45	*2.99*	**371632**

Sauces, Fruit and Vegetable Products

Biona - Sauces. Mustards, Pastes, Relish

15% off list May and June

❒	BBQ Sauce	*organic*	6x250ml	12.95	*2.88*	**390094**
❒	Squeezy Original Mayonnaise	*organic*	6x270ml	17.90	*3.98*	**390186**
❒	Egg-free Mayo - Vegan	*organic*	6x230g	13.35	*2.97*	**390161**
❒	Mustard - Dijon	*organic*	6x200g	12.55	*2.79*	**390172**
❒	Squeezy Classic Tomato Ketchup	*organic*	12x560g	32.80	*3.64*	**390138**
❒	Sweet Chilli Sauce	*organic*	6x250ml	12.95	*2.88*	**390176**

Biona - Tomato Products

15% off list May and June

❒	Tomatoes Chopped	*organic*	12x400g	12.90	*1.43*	**390105**
❒	Tomatoes Whole Plum	*organic*	12x400g	12.90	*1.43*	**390110**
❒	Tomatoes - Whole Cherry - canned	*organic*	12x400g	14.45	*1.61*	**390113**
❒	Tomato Purée - jar	*organic*	6x200g	9.15	*2.03*	**390135**

Clearspring - canned

15% off list May and June

❒	Coconut Milk	*organic*	6x400ml	9.50	*2.11*	**390505**
❒	Extra Rich Coconut Cream	*organic*	6x200ml	8.75	*1.94*	**390510**

Clearspring - in glass

15% off list May and June

❒	Jackfruit (young chunks) in salted water - large	*organic*	6x500g	13.35	*2.97*	**390514**

Coconut Merchant - canned

15% off list May and June

❒	Coconut Milk	*organic*	6x400ml	7.05	*1.57*	**390752**
❒	Coconut Milk	*organic*	12x200ml	11.40	*1.27*	**390754**

Coconut Merchant - tetra

15% off list May and June

❒	Coconut Cream Tetra	*organic*	6x330ml	8.90	*1.98*	**390760**

Essential Trading

20% off list May and June

❒	Tom Purée Tube Double Conc. - tube	*organic*	12x130g	11.45	*1.27*	**391230**
❒	Chopped Tomatoes	*organic*	12x400g	9.75	*1.08*	**391235**

Geo Organics - Taste of the East - Indian

15% off list May and June

❒	Balti Curry Paste	*organic*	6x180g	14.70	*3.27*	**391475**
❒	Bhuna Curry Paste	*organic*	6x180g	14.70	*3.27*	**391477**
❒	Korma Curry Paste	*organic*	6x180g	14.70	*3.27*	**391485**
❒	Madras Curry Paste	*organic*	6x180g	14.70	*3.27*	**391487**
❒	Tikka Masala Curry Paste	*organic*	6x180g	14.70	*3.27*	**391490**

Geo Organics - Taste of the East - Thai

15% off list May and June

❒	Green Thai Curry Paste	*organic*	6x180g	14.70	*3.27*	**391492**
❒	Red Thai Curry Paste	*organic*	6x180g	14.70	*3.27*	**391495**
❒	Yellow Thai Curry Paste	*organic*	6x180g	14.70	*3.27*	**391497**

Geo Organics - Taste of the East - Indonesia

15% off list May and June

❒	Satay Paste - Indonesian	*organic*	6x180g	14.70	*3.28*	**391481**

Mr Organic - Italy - Vegan

15% off list May and June

❒	Aubergine Pesto - no added sugar - vegan	*organic*	6x130g	12.55	*2.79*	**392156**
❒	Basil Pesto - no added sugar - Vegan	*organic*	6x130g	12.55	*2.79*	**392133**
❒	Basil & Chilli Pesto - no added sugar - vegan	*organic*	6x130g	12.55	*2.79*	**392165**
❒	Chilli & Garlic Pesto - Vegan	*organic*	6x130g	12.55	*2.79*	**392129**
❒	Grilled Pepper Pesto - no added sugar - vegan	*organic*	6x130g	12.55	*2.79*	**392167**
❒	Sundried Tomato Pesto - no added sugar - vegar	*organic*	6x130g	12.55	*2.79*	**392134**
❒	Tomato Olive Pesto - no added sugar - vegan	*organic*	6x130g	12.55	*2.79*	**392126**
❒	Flavour Paste - Tomato & Garlic	*organic*	6x200g	9.10	*2.02*	**392168**
❒	Flavour Paste - Tomato & Pepper	*organic*	6x200g	9.10	*2.02*	**392169**
❒	Flavour Paste - Tomato & Vegetable	*organic*	6x200g	9.10	*2.02*	**392171**

Zest Foods - vegan sauces

33% off list May and June

❒	Basil & Oregano Pasta Sauce		6x340g	8.60	*1.91*	**395515**
❒	Spinach Mushroom & Ric***a Sauce with lentils		6x340g	13.15	*2.92*	**395517**
❒	Tomato Fiery Chilli Pasta Sauce		6x340g	8.60	*1.91*	**395510**
❒	Tomato & Mas***pone Sauce with coconut		6x340g	13.15	*2.92*	**395516**
❒	Tom, Mushroom, Smoke Garlic Pasta Sauce		6x340g	8.60	*1.91*	**395520**
❒	Tom, Mushroom, Green Pepper Pasta Sauce		6x340g	8.60	*1.91*	**395525**
❒	Sun-dried Tomato Paste		6x170g	9.30	*2.07*	**395530**
❒	Basil Vegan Pesto - lge		6x340g	15.90	*3.53*	**395555**
❒	Basil Vegan Pesto - sml		6x165g	9.30	*2.07*	**395560**
❒	Coriander, Basil & Hazel Pesto-style Sauce		6x165g	9.30	*2.07*	**395552**
❒	Red Vegan Pesto		6x165g	9.30	*2.07*	**395553**

Convenience Foods

Suma - Baked Beans and canned meals

15% off list May and June

❒	Baked Beans	*organic*	12x400g	10.60	*1.18*	**444490**
❒	Baked Beans - Low Sugar	*organic*	12x400g	10.60	*1.18*	**444491**

Suma - Beans & Pulses easy-open cans

15% off list May and June

❒	Catering size Black Beans	*organic*	6x2.6kg	18.15	*4.03*	**444598**
❒	Brown Lentils	*organic*	12x400g	8.80	*0.98*	**445509**
❒	Pinto Beans	*organic*	12x400g	8.80	*0.98*	**444518**

Japanese Products, Miso, Soy Sauce, Tofu

Ocean's Halo

20% off list May and June

❒	Miso Broth - tetra	*organic*	6x946ml	18.15	*4.04*	**481040**
❒	Pho Broth - tetra	*organic*	6x946ml	18.15	*4.04*	**481042**
❒	Ramen Broth - tetra	*organic*	6x946ml	18.15	*4.04*	**481044**

Sea Vegetables

Clearspring

15% off list May and June

❒	Ginger Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45	*1.10*	**531041**
❒	Multipack Ginger Seaveg Crispies	*organic*	6x5x4g	19.05	*4.23*	**531043**
❒	Turmeric Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45	*1.10*	**531045**
❒	Multipack Turmeric Seaveg Crispies	*organic*	6x5x4g	19.05	*4.23*	**531047**
❒	Original Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45	*1.10*	**531050**
❒	Multipack Original Seaveg Crispies	*organic*	6x5x4g	19.05	*4.23*	**531052**
❒	Chilli Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45	*1.10*	**531059**
❒	Multipack Chilli Seaveg Crispies	*organic*	6x5x4g	19.05	*4.23*	**531061**

Ocean's Halo

20% off list May and June

❒	Sushi Nori Sheets	*organic*	12x28g	28.40	*3.16*	**531590**

Teas - Herb

Bos Teas

15% off list May and June

❒	Rooibos Tea Tin	*organic*	12x40bgs	62.25	*6.92*	**575020**
❒	Rooibos Tea	*organic*	12x40bgs	36.85	*4.09*	**575022**
❒	Apple & Mint Rooibos	*organic*	12x20bgs	29.50	*3.28*	**575024**
❒	Chai Rooibos Tea	*organic*	12x20bgs	29.50	*3.28*	**575025**
❒	Orange & Ginger Rooibos Tea	*organic*	12x20bgs	29.50	*3.28*	**575026**
❒	Strawberry & Vanilla Rooibos Tea	*organic*	12x20bgs	29.50	*3.28*	**575027**

Hampstead - string & tag envelope- Infusion

20% off list May and June

❒	Digest Well - was Fennel & Peppermint	*demeter*	4x20bgs	8.35	*2.79*	**560810**
❒	Rooibos	*organic*	4x20bgs	8.35	*2.79*	**560824**
❒	Sleep Well	*organic*	4x20bgs	8.35	*2.79*	**560826**

Yogi Tea - promotional Tea Mug

Yogi Tea Mug promotion*. For every 6 cases of Yogi Tea ordered, quote the code below and receive a free case of 12 promotional Yogi mugs. Give your customers one free mug for every 3 packets of tea bought. The mugs are white ceramic with a pretty henna foliage design.*

❒	Yogi Mug Promo	*organic*	1x12mug		*0.00*	**571934**

Teas - Black, Green & White

Hampstead

20% off list May and June

❒	Focus Well - was Oriental Chai	*organic*	4x20bgs	8.35	*2.79*	**580467**

Coffee

CaféDirect FairTrade R&G

15% off list May and June

❒	CaféDirect Familia Arabica Espresso - 5 - New!		6x200g	21.05	*4.67*	**600471**

CaféDirect Roast Coffee Beans FairTrade

15% off list May and June

❒	Whole Coffee Beans - Familia Arabica Espresso - 5	*organic*	6x200g	21.05	*4.67*	**600473**
❒	Whole Coffee Beans - Familia Arabica Espresso - 5	*organic*	1x1kg	14.95	*19.91*	**600475**
❒	Whole Coffee Beans - Familia Original Espresso - 5	*organic*	1x1kg	13.75	*18.31*	**600477**

Drinks - Herbal, Tonic, Coconut and Iced Tea

Biona - Kombucha - glass

15% off list May and June

❒	Kombucha Ginger & Lime	*organic*	6x330ml	10.45 V	*2.79*	**641012**
❒	Kombucha Original	*organic*	6x330ml	10.45 V	*2.79*	**641014**
❒	Kombucha Cherry & Mint	*organic*	6x330ml	10.45 V	*2.79*	**641016**

Clipper FairTrade -

15% off list May and June

❒	Chamomile Peach & Orange Fusion	*organic*	12x250ml	11.05 V	*1.49*	**641830**
❒	Lemon Ginger & Rooibos Fusion	*organic*	12x250ml	11.05 V	*1.49*	**641832**

Honegar -50% honey & 50% cider vinegar

20% off list May and June

❒	Honegar - small		6x500ml	16.45 V	*4.39*	**641505**
❒	Honegar		6x750ml	24.75 V	*6.61*	**641507**

Lo Bros Vegan Kombucha - glass

15% off list May and June

❒	Cola Kombucha Living Soda		12x330ml	16.00 V	*2.13*	**641514**
❒	Blueberry Lemonade Kombucha		12x330ml	16.00 V	*2.13*	**641521**
❒	Fruit Crush Kombucha Limited Edition		12x330ml	16.00 V	*2.13*	**641522**
❒	Ginger & Lemon Kombucha		12x330ml	16.00 V	*2.13*	**641524**
❒	Raspberry & Blackcurrant Kombucha		12x330ml	16.00 V	*2.13*	**641528**
❒	Raspberry & Lemon Kombucha		12x330ml	16.00 V	*2.13*	**641526**
❒	Original Kombucha		12x330ml	16.00 V	*2.13*	**641527**
❒	Passion Fruit Kombucha		12x330ml	16.00 V	*2.13*	**641628**
❒	Peach & Ginger Fruit Kombucha		12x330ml	16.00 V	*2.13*	**641629**

Suma

10% off list May and June

❒	Cola Kombucha - New!	*organic*	24x250ml	23.55 V	*1.57*	**641022**
❒	Elderflower Lemon Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641033**
❒	Ginger Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641035**
❒	Lychee Lemongrass Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641038**
❒	Peach & Turmeric Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641036**
❒	Strawberry & Raspberry Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641037**

UFC - coconut water - Tetra - Thai

20% off list May and June

❒	Coconut Water		6x1l	9.50 V	*2.53*	**642905**
❒	Coconut Water		12x500ml	13.40 V	*1.79*	**642907**
❒	Watermelon Coconut Water		6x1l	11.60 V	*3.09*	**642914**

Drinks - Fruit & Vegetable Juices, Cordials & Water

Biona Juices & Drinks - glass bottles

15% off list May and June

❒	Acerola Cherry Juice - pure 100%	*organic*	6x330ml	23.85 V	*6.37*	**660675**
❒	Blueberry Juice - 100%	*organic*	6x330ml	27.05 V	*7.22*	**660685**
❒	Cranberry Juice -100% - lge	*organic*	6x750ml	31.80 V	*8.49*	**660714**
❒	Elderberry Juice - 100%	*organic*	6x330ml	16.85 V	*4.49*	**660717**

Cawston Press - Tetra

20% off list May and June

❒	Cloudy Apple		6x1l	10.65 V	*2.84*	**661157**
❒	Apple & Ginger		6x1l	10.65 V	*2.84*	**661159**
❒	Apple & Rhubarb		6x1l	10.65 V	*2.84*	**661160**
❒	Brilliant Beetroot		6x1l	11.60 V	*3.09*	**661162**
❒	Squeezed Orange		6x1l	11.60 V	*3.09*	**661164**
❒	Apple & Mango Fruit Water - multipack		6x3x200ml	9.40 V	*2.51*	**661170**
❒	Apple & Pear Fruit Water - multipack		6x3x200ml	9.40 V	*2.51*	**661172**
❒	Apple & Summer Berries Fruit Water - multipack		6x3x200ml	9.40 V	*2.51*	**661174**
❒	Sunshine Orange Fruit Water - multipack - New!		6x3x200ml	9.40 V	*2.51*	**661175**

James White unfiltered juices - glass

15% off list May and June

❒	Apple Juice	*organic*	6x750ml	11.05 V	*2.95*	**664505**
❒	Apple & Crushed Ginger Juice	*organic*	6x750ml	11.40 V	*3.04*	**664507**
❒	Carrot & Apple Juice	*organic*	6x750ml	11.40 V	*3.04*	**664510**
❒	Pear Juice	*organic*	6x750ml	11.40 V	*3.04*	**664518**
❒	Apple Juice	*organic*	24x250ml	19.45 V	*1.30*	**664520**
❒	Apple & Crushed Ginger Juice	*organic*	24x250ml	19.45 V	*1.30*	**664522**
❒	Carrot & Apple Juice	*organic*	24x250ml	19.45 V	*1.30*	**664523**
❒	Pear Juice	*organic*	24x250ml	19.45 V	*1.30*	**664530**
❒	Carrot Juice	*organic*	6x750ml	11.40 V	*3.04*	**664560**
❒	Tomato Juice	*organic*	6x750ml	11.40 V	*3.04*	**664562**
❒	Mixed Vegetables Juice	*organic*	6x750ml	11.40 V	*3.04*	**664565**

James White - Beet It

15% off list May and June

❒	Beetroot Juice - Beet It - large - glass	*organic*	6x750ml	11.20 V	*2.98*	**664555**
❒	Beetroot Juice - Beet It - small - plastic	*organic*	12x250ml	11.10 V	*1.49*	**664590**
❒	Ginger Beet It - glass	*organic*	6x750ml	11.60 V	*3.09*	**664595**
❒	1l Tetra Beetroot Juice - Beet It	*organic*	8x1l	17.35 V	*3.47*	**664605**

James White - Veg It

10% off list May and June

❒	Veg-It Tetra - blend of 8 vegetables		8x1l	15.75 V	*3.15*	**664608**

OHMG

20% off list May and June

❒	OHMG - Sparkling Magnesium Water		12x330ml	10.95 V	*1.59*	**662480**
❒	OHMG - Raspberry & Lemon Balm		12x330ml	10.95 V	*1.59*	**662482**
❒	OHMG - Peach & Rosemary		12x330ml	10.95 V	*1.59*	**662484**
❒	OHMG - Blackcurrant & Vitamin C		12x330ml	10.95 V	*1.59*	**662486**

Drinks - Carbonated

Cawston Press - cans

20% off list May and June

❒	Cloudy Apple Sparkling		24x330ml	16.15 V	*1.08*	**661200**
❒	Cloudy Lemonade Sparkling - New!		24x330ml	16.15 V	*1.08*	**661202**
❒	Elderflower Lemonade		24x330ml	16.15 V	*1.08*	**661204**
❒	Ginger Beer Sparkling		24x330ml	16.15 V	*1.08*	**661208**
❒	Orange Sparkling		24x330ml	16.15 V	*1.08*	**661210**
❒	Rhubarb Sparkling		24x330ml	16.15 V	*1.08*	**661212**

Fentimans Botanical Brews - glass

20% off list May and June

❒	Cherry Cola		12x275ml	12.25 V	*1.63*	**671795**
❒	Curiosity Cola - sml		12x275ml	12.25 V	*1.63*	**671802**
❒	Dandelion & Burdock		12x275ml	12.25 V	*1.63*	**671803**
❒	Traditional Ginger Beer - sml		12x275ml	12.25 V	*1.63*	**671805**
❒	Raspberry Lemonade		12x275ml	12.25 V	*1.63*	**671801**
❒	Rose Lemonade - sml		12x275ml	12.25 V	*1.63*	**671807**
❒	Victorian Lemonade		12x275ml	12.25 V	*1.63*	**671810**
❒	Mandarin Seville Orange Jigger		12x275ml	12.25 V	*1.63*	**671815**
❒	Lemon Shandy - beer & lemonade		12x275ml	12.25 V	*1.63*	**671817**
❒	Sparkling Elderflower		12x275ml	12.25 V	*1.63*	**671816**

Karma Drinks - FairTrade - cans

20% off list May and June

❒	Karma Cola - can	*organic*	24x250ml	16.15 V	*1.08*	**661290**
❒	Gingerella Ginger Ale - can	*organic*	24x250ml	16.15 V	*1.08*	**661292**
❒	Lemony Lemonade - can	*organic*	24x250ml	16.15 V	*1.08*	**661295**
❒	Razza Raspberry lemonade - can	*organic*	24x250ml	16.15 V	*1.08*	**661296**
❒	Sugar-free Karma Cola - can		24x250ml	16.15 V	*1.08*	**661298**
❒	Orangeade - can	*organic*	24x250ml	16.15 V	*1.08*	**661300**

Karma Drinks - FairTrade - glass

20% off list May and June

❒	Karma Cola - bottle	*organic*	24x300ml	24.00 V	*1.60*	**661306**
❒	Gingerella Ginger Ale - bottle	*organic*	24x330ml	24.00 V	*1.60*	**661311**
❒	Lemony Lemonade - bottle	*organic*	24x300ml	24.00 V	*1.60*	**661316**
❒	Razza Raspberry lemonade - bottle	*organic*	24x300ml	24.00 V	*1.60*	**661314**
❒	Sugar-free Karma Cola - bottle		24x300ml	24.00 V	*1.60*	**661317**
❒	Orangeade - bottle	*organic*	24x330ml	24.00 V	*1.60*	**661318**

Drinks - Soya, Nut, Grain, Milk & Desserts

Glebe Farm - gluten-free

15% off list May and June

❒	Organic Pure Oaty Barista - gluten-free	*organic*	6x1l	9.30	*2.06*	**722219**
❒	Pure Oaty Barista - gluten-free		6x1l	8.45	*1.88*	**722221**
❒	Pure Oaty Creamy Enriched - gluten-free		6x1l	8.45	*1.88*	**722222**

Koko - Vegan milk - tetra

15% off list May and June

❒	Barista Coconut alternative to milk + Calcium		6x1l	8.50	*1.89*	**723203**
❒	Original Coconut alternative to milk + Calcium		6x1l	8.20	*1.82*	**723205**
❒	Unsweetened Coconut alternative to milk + Calcium		6x1l	8.20	*1.82*	**723211**

Minor Figures - Vegan

20% off list May and June

❒	Barista Oat		6x1l	7.70	*1.71*	**723540**
❒	Barista Chai Concentrate	*organic*	6x1l	20.25	*4.50*	**723543**
❒	Barista Oat (Organic)	*organic*	6x1l	8.15	*1.81*	**723546**
❒	Everyday Oat		6x1l	7.70	*1.71*	**723547**

Nutty Bruce - vegan

15% off list May and June

❒	Activated Almond M*lk	*organic*	6x1l	10.45	*2.32*	**723560**
❒	Activated Almond & Coconut M*lk	*organic*	6x1l	10.45	*2.32*	**723564**
❒	Activated Almond & Oat M*lk	*organic*	6x1l	10.45	*2.32*	**723568**

Oatly - Vegan

20% off list May and June

❒	Whole Oat Drink (calcium & vitamins)		6x1l	7.65	*1.70*	**725711**
❒	Semi Oat Drink (calcium & vitamins)		6x1l	7.65	*1.70*	**725707**
❒	No Sugars Oat Drink (calcium & vitamins)		6x1l	7.65	*1.70*	**725709**
❒	Chocolate Oat Drink with calcium & vitamins		6x1l	7.65	*1.70*	**725713**
❒	Oat Drink Vanilla Flavour		6x1l	7.65	*1.70*	**725718**
❒	Oat Drink Chocolate		18x250ml	9.55	*0.72*	**725722**

Rude Health - gluten-free

15% off list May and June

❒	Ultimate Almond - pure almond drink	*organic*	6x1l	14.70	*3.27*	**724587**
❒	Almond Drink - with rice - Large	*organic*	6x1l	10.30	*2.29*	**724590**
❒	Almond No Sugars Drink	*organic*	6x1l	10.30	*2.29*	**724609**
❒	Roasted Almond Oat Drink	*organic*	6x1l	9.50	*2.11*	**724950**
❒	Brown Rice Drink	*organic*	6x1l	9.50	*2.11*	**724592**
❒	Cashew Drink	*organic*	6x1l	13.35	*2.97*	**724591**
❒	Coconut Drink	*organic*	6x1l	11.40	*2.53*	**724593**
❒	Hazelnut Drink	*organic*	6x1l	11.40	*2.53*	**724594**
❒	Oat Drink	*organic*	6x1l	9.50	*2.11*	**724595**
❒	Oat No Sugars Drink	*organic*	6x1l	9.50	*2.11*	**724616**
❒	Soya Drink	*organic*	6x1l	8.80	*1.96*	**724601**
❒	Tiger Nut Drink	*organic*	6x1l	11.40	*2.53*	**724598**

Savoury Snacks

Amaizin Maize Chips & Dips - gluten-free

15% off list May and June

❒	Natural Corn Chips (sml)	*organic*	15x75g	12.95	*1.15*	**750105**
❒	Chilli Corn Chips	*organic*	15x75g	13.85	*1.23*	**750110**
❒	Paprika Corn Chips	*organic*	15x75g	13.85	*1.23*	**750120**
❒	Family Bag Natural Corn Chips	*organic*	10x150g	12.40	*1.65*	**750123**
❒	Extra Large Natural Corn Chips	*organic*	10x250g	17.55	*2.34*	**750124**
❒	Salsa Chip-Dip - Hot	*organic*	6x260g	9.40	*2.09*	**750126**
❒	Salsa Chip-Dip - Sweet	*organic*	6x260g	9.40	*2.09*	**750131**

Amaizin Corn Rolls (rolled corn chips)

15% off list May and June

❒	Tomato Corn Rolls	*organic*	14x100g	16.95	*1.61*	**750135**

Clearspring - Japanese

15% off list May and June

❒	Brown Rice Crackers Black Pepper & Tamari	*organic*	12x40g	17.50	*1.94*	**750299**
❒	Brown Rice Crackers Green Nori & Tamari	*organic*	12x40g	17.50	*1.94*	**750296**
❒	Whole Sesame Brown Rice Crackers	*organic*	12x40g	17.50	*1.94*	**750297**
❒	Black Sesame Brown Rice Crackers	*organic*	12x40g	17.50	*1.94*	**750298**

Fairfields - potato crisps - Vegan - gluten-free

15% off list May and June

❒	Bacon & Tomato	36x40g	14.25 V	*0.64*	**751000**
❒	Cheese & Onion	36x40g	14.25 V	*0.64*	**751002**
❒	Lightly Sea Salted	36x40g	14.25 V	*0.64*	**751004**
❒	Roast Rib of Beef	36x40g	14.25 V	*0.64*	**751006**
❒	Prawn Cocktail - New!	36x40g	14.25 V	*0.64*	**751007**
❒	Sea Salt & Aspall Cyder Vinegar	36x40g	14.25 V	*0.64*	**751008**
❒	Sea Salt & Black Pepper	36x40g	14.25 V	*0.64*	**751010**
❒	Sweet Chilli	36x40g	14.25 V	*0.64*	**751012**

Fairfields - potato crisps - Vegan - gluten-free

15% off list May and June

❒	Adnams Ghost Ship	10x150g	10.40 V	*1.69*	**751014**
❒	Bacon & Tomato	10x150g	10.40 V	*1.69*	**751016**
❒	Cheese & Onion	10x150g	10.40 V	*1.69*	**751018**
❒	Lightly Sea Salted	10x150g	10.40 V	*1.69*	**751020**
❒	Maple Glazed Ham	10x150g	10.40 V	*1.69*	**751021**
❒	Prawn Cocktail - New!	10x150g	10.40 V	*1.69*	**751019**
❒	Roast Rib of Beef	10x150g	10.40 V	*1.69*	**751022**
❒	Sea Salt & Aspall Cyder Vinegar	10x150g	10.40 V	*1.69*	**751024**
❒	Sea Salt & Black Pepper	10x150g	10.40 V	*1.69*	**751026**
❒	Sweet Chilli	10x150g	10.40 V	*1.69*	**751028**

Mister Free'd

20% off list May and June

❒	Tortilla Chips Avocado		12x135g	14.40	*1.60*	**752340**
❒	Tortilla Chips Blue Maize		12x135g	14.40	*1.60*	**752342**
❒	Tortilla Chips Chia Seed		12x135g	14.40	*1.60*	**752343**
❒	Tortilla Chips Kale Spinach		12x135g	14.40	*1.60*	**752347**

Rude Health - Triangles, gluten free, vegan

15% off list May and June

❒	Corn Triangles	*organic*	6x100g	6.60	*1.57*	**752745**
❒	Chickpea Triangles	*organic*	6x80g	6.60	*1.57*	**752747**
❒	High Protein Lentil Triangles		6x70g	6.60	*1.57*	**752748**

Trafo - Snacks

15% off list May and June

❒	Pretzel Sticks - New!	*organic*	12x100g	15.00	*1.67*	**753262**

Trafo - Hand Cooked Potato Crisps

15% off list May and June

❒	Cheese & Onion Hand Cooked Crisps - New!	*organic*	15x40g	13.25 V	*1.41*	**753306**

Trafo - Potato Crisps

15% off list May and June

❒	Salted Crisps - fried in coconut oil - New!	*organic*	12x100g	25.10 V	*3.35*	**753300**
❒	Salted Crisps - fried in EV olive oil - New!	*organic*	12x100g	31.35 V	*4.18*	**753301**

Sweet Snacks & Confections

Bear - Bars

20% off list May and June

❒	Carrot Cake - fruity oaty bar	21x27g	7.85 V	*0.60*	**760178**
❒	Forest Fruit - fruity oaty bar	21x27g	7.85 V	*0.60*	**760179**

Bear - Bites - Multipacks

15% off list May and June

❒	Blackcurrant & Beetroot Bites	4x5x18g	8.55	*2.85*	**760181**
❒	Strawberry & Butternut Squash Bites	4x5x18g	8.55	*2.85*	**760183**

Bear - Paws

20% off list May and June

❒	Raspberry & Blueberry - Paws	18x20g	7.15	*0.53*	**760211**
❒	Strawberry & Apple - Paws	18x20g	7.15	*0.53*	**760212**

Bear - Splits - Multipacks

15% off list May and June

❒	Strawberry & Apple - Splits	8x5x20g	16.65	*2.78*	**760216**
❒	Pineapple & Raspberry - Splits	8x5x20g	16.65	*2.78*	**760223**

Bear - Fruit Treasures - Multipacks - 3+ years

15% off list May and June

❒	Berry - Treasures	4x5x20g	7.90	*2.63*	**760224**
❒	Tropical - Treasures	4x5x20g	7.90	*2.63*	**760231**

Bear - Yoyos

20% off list May and June

❒	Blackcurrant Yoyo Fruit Rolls	18x20g	7.80	*0.58*	**760229**
❒	Mango Yoyo Fruit Rolls	18x20g	7.80	*0.58*	**760226**
❒	Raspberry Yoyo Fruit Rolls	18x20g	7.80	*0.58*	**760230**
❒	Strawberry Yoyo Fruit Rolls	18x20g	7.80	*0.58*	**760235**

Bear - Yoyos - Multipacks

15% off list May and June

❒	Multipack Apple Yoyo Fruit Rolls	6x5x20g	12.50	*2.78*	**760245**
❒	Multipack Blackcurrant Yoyo Fruit Rolls	6x5x20g	12.50	*2.78*	**760246**
❒	Multipack Mango Yoyo Fruit Rolls	6x5x20g	12.50	*2.78*	**760247**
❒	Multipack Raspberry Yoyo Fruit Rolls	6x5x20g	12.50	*2.78*	**760248**
❒	Multipack Strawberry Yoyo Fruit Rolls	6x5x20g	12.50	*2.78*	**760250**
❒	Multipack Blueberry + Banana Smoothie Yoyo	6x5x20g	12.50	*2.78*	**760251**

Bear - Giant Yoyos - Multipacks

15% off list May and June

❒	Apple & Blackcurrant Giant Yoyo	6x5x20g	12.50	*2.78*	**760254**
❒	Strawberry & Mango Giant Yoyo	6x5x20g	12.50	*2.78*	**760256**

Clif Bars

20% off list May and June

❒	Blueberry Almond Crisp Bars	12x68g	11.85 V	*1.58*	**762350**
❒	Chocolate Almond Fudge Bars	12x68g	11.85 V	*1.58*	**762355**
❒	Chocolate Chip Bars	12x68g	11.85 V	*1.58*	**762360**
❒	Crunchy Peanut Butter Bars	12x68g	11.85 V	*1.58*	**762365**
❒	Peanut Butter Banana Bars - New	12x68g	11.85 V	*1.58*	**762366**
❒	White Chocolate Macadamia Bars	12x68g	11.85 V	*1.58*	**762375**

Clif organic nut butter filled bars

20% off list May and June

❒	Chocolate Chip Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V	*2.06*	**762393**
❒	Chocolate Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V	*2.06*	**762396**
❒	Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V	*2.06*	**762398**

Conscious Chocolate - vegan handmade raw chocolate

20% off list May and June

❒	Sour Cherry Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762292**
❒	Darkside - 85% Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762296**
❒	Orange & Tangerine Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762298**
❒	Goji & Coconut Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762300**
❒	Darkside - 75% Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762302**
❒	Love Potion No9 Raw Choc Bar - maca, rose oil	*organic*	10x60g	17.45 V	*2.80*	**762306**
❒	Peppermint Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762308**
❒	Pure Dark 100% Cacao Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762309**
❒	Four Nuts - 60% Raw Choc Bar	*organic*	10x60g	17.45 V	*2.80*	**762310**

Green and Black's

21% off list May and June

❒	85% Dark Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764001**
❒	70% Dark Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764006**
❒	Ginger 60% Dark Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764019**
❒	Hazelnut & Currant Dark Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764026**
❒	Milk Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764028**
❒	Milk Choc with Butterscotch Bar	*organic*	15x90g	18.15 V	*1.94*	**764029**
❒	Smooth Dark Choc Bar - FT	*organic*	15x90g	18.15 V	*1.94*	**764033**
❒	Smooth Mint Dark Choc Bar - FT	*organic*	15x90g	18.15 V	*1.94*	**764034**
❒	White Chocolate Bar	*organic*	15x90g	18.15 V	*1.94*	**764045**

Montezuma's Dark Chocolate

20% off list May and June

❒	Dark Chocolate Bar - Chilli Bonkers	*organic*	12x90g	17.65 V	*2.39*	**766286**
❒	FitzRoy - Very Dark Chocolate	*organic*	12x90g	17.65 V	*2.39*	**766289**
❒	Happy Hippy - Dark Chocolate Orange & Geraniu	*organic*	12x90g	17.65 V	*2.39*	**766301**
❒	Royal Mint - Dark Chocolate	*organic*	12x90g	17.65 V	*2.39*	**766302**

Montezuma's - Milk Chocolate (the dark side)

20% off list May and June

❒	Splotch - Dark Milk Butterscotch	*organic*	12x90g	17.65 V	*2.39*	**766262**
❒	Darkside - Dark/Milk Chocolate	*organic*	12x90g	17.65 V	*2.39*	**766264**

Montezuma's Milk Chocolate

20% off list May and June

❒	Smooth Operator - Milk Chocolate	*organic*	12x90g	17.65 V	*2.39*	**766261**
❒	Hot Pickle - Milk Chocolate Chilli & Lime	*organic*	12x90g	17.65 V	*2.39*	**766266**

Montezuma's White Chocolate

20% off list May and June

❒	Great White Chocolate	*organic*	12x90g	17.65 V	*2.39*	**766267**

Montezuma's Non-Organic Chocolate

20% off list May and June

❒	Absolute Black - 100% Cocoa		12x90g	17.65 V	*2.39*	**766215**
❒	Absolute Black with Almonds - 100%		12x90g	17.65 V	*2.39*	**766217**
❒	Absolute Black with Orange & Cocoa Nibs - 100%		12x90g	17.65 V	*2.39*	**766218**

❒	Black Forest Cherry		12x90g	17.65 V	*2.39*	**766241**
❒	Lordy Lord - Dark with Cocoa Nibs		12x90g	17.65 V	*2.39*	**766244**
❒	Minted - Milk with Crunchy Peppermint		12x90g	17.65 V	*2.39*	**766246**
❒	Sea Dog - Dark with Lime & Sea Salt		12x90g	17.65 V	*2.39*	**766248**
❒	Spice It Up - Dark with Ginger		12x90g	17.65 V	*2.39*	**766249**

Nakd - Chocolish Big Bite Bars

20% off list May and June

❒	Double Chocolish Big Bite		16x50g	14.70 V	*1.47*	**766591**

Nakd - Protein Bars

20% off list May and June

❒	Protein Caramel Bar		16x45g	10.75 V	*1.08*	**766633**
❒	Protein Cocoa Hazelnut Bar		16x45g	10.75 V	*1.08*	**766634**
❒	Protein Peanut Butter Bar		16x45g	10.75 V	*1.08*	**766637**

Nakd - Raw Fruit & Nut Bars - vegan & gluten-free

20% off list May and June

❒	Almond Macaroon Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766641**
❒	Bakewell Tart Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766647**
❒	Banoffee Pie Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766642**
❒	Berry Delight Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766648**
❒	Blueberry Muffin Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766644**
❒	Carrot Cake Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766649**
❒	Cashew Cookie Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766650**
❒	Cocoa Delight Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766651**
❒	Cocoa Orange Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766652**
❒	Lemon Drizzle		18x35g	9.20 V	*0.82*	**766659**
❒	Peanut Delight Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766656**
❒	Salted Caramel Raw Wholefood Bar		18x35g	9.20 V	*0.82*	**766664**

Nakd - Multipack Bars

20% off list May and June

❒	Multipack Apple Danish Raw Wholefood Bar		12x4x30g	21.40 V	*2.85*	**766803**
❒	Multipack Banana Bread Raw Wholefood Bar		12x4x30g	21.40 V	*2.85*	**766806**
❒	Multipack Berry Bliss Raw Wholefood Bar		12x4x30g	21.40 V	*2.85*	**766808**
❒	Multipack Cocoa Orange Raw Wholefood Bar		12x4x35g	21.40 V	*2.85*	**766815**

Ombar - raw chocolate bars & buttons

20% off list May and June

❒	Coconut & Vanilla Centre Chocolate	*organic*	10x35g	9.95 V	*1.60*	**765762**
❒	Hazelnut Truffle Centres Chocolate	*organic*	10x35g	9.95 V	*1.60*	**765759**
❒	Pistachio Centre Chocolate	*organic*	10x35g	9.95 V	*1.60*	**765766**
❒	Raspberry & Coconut Centre Chocolate	*organic*	10x35g	9.95 V	*1.60*	**765763**
❒	Almond Butter Filled Chocolate bar	*organic*	15x42g	16.45 V	*1.75*	**765775**
❒	Coco Raspberry Filled Chocolate bar	*organic*	15x42g	16.45 V	*1.75*	**765776**
❒	Coco Vanilla Filled Chocolate bar	*organic*	15x42g	16.45 V	*1.75*	**765778**
❒	Hazelnut Truffle Filled Chocolate bar	*organic*	15x42g	16.45 V	*1.75*	**765779**
❒	Pistachio Cream Filled Chocolate bar	*organic*	15x42g	16.45 V	*1.75*	**765781**

Trek Bars - vegan - gluten-free

20% off list May and June

❒	Biscoff Power - New!		16x55g	19.25 V	*1.96*	**766681**
❒	Cocoa Chaos		16x55g	10.75 V	*1.10*	**766687**
❒	Choc Orange Power		16x55g	19.25 V	*1.96*	**766686**
❒	Millionaire Shortbread Power		16x55g	19.25 V	*1.96*	**766688**
❒	Peanut Butter Crunch Power		16x55g	19.25 V	*1.96*	**766689**
❒	Peanut Power		16x55g	10.75 V	*1.10*	**766692**

Trek Bars - Multipack - vegan - gluten-free

20% off list May and June

❒	Multipack - Cocoa Chaos		12x3x55g	21.55 V	*2.93*	**766868**
❒	Multipack - Peanut Power		12x3x55g	21.55 V	*2.93*	**766869**

Trek Protein Flapjacks - vegan - gluten-free

20% off list May and June

❒	Cocoa Coconut Protein Flapjack		16x50g	11.15	*1.01*	**766782**
❒	Cocoa Oat Protein Flapjack		16x50g	11.15	*1.01*	**766785**
❒	Original Oat Protein Flapjack		16x50g	11.15	*1.01*	**766795**
❒	Salted Caramel Protein Flapjack		16x50g	11.15	*1.01*	**766796**
❒	Smooth Lemon Protein Bar		16x50g	11.15	*0.99*	**766794**
❒	White Chocolate & Raspberry Protein Bar		16x50g	11.15	*0.99*	**766809**

Condiments, Stocks, Salt & Miscellaneous Foods

Rayners

20% off list May and June

❒	Coconut Aminos	*organic*	6x250ml	22.65	*5.04*	**371624**

Pet Products

Faith in Nature vegan Dog Shampoos

33% off list May and June

❒	Chamomile Dog Shampoo - sensitive		6x400ml	13.55 V	*3.87*	**810600**
❒	Coconut Dog Shampoo - detangling		6x400ml	13.55 V	*3.87*	**810602**
❒	Lavender Dog Shampoo - deep cleaning		6x400ml	13.55 V	*3.87*	**810604**
❒	Coconut Dog Shampoo Bar		6x85g	13.55 V	*3.85*	**810612**

Kitchen & Household Goods

Cheeky Panda Bamboo products

20% off list May and June

❒	9 Toilet Rolls - Natural Colour - New!		5x9p	18.75 V	*6.00*	**820565**

Household & Industrial Cleaning Products

Ecoleaf - Vegan

15% off list May and June

❒	Bathroom Cleaner - green apple		1x5l	8.20 V	*13.11*	**831396**
❒	Fabric Conditioner		1x5l	6.60 V	*10.55*	**831407**
❒	Hard Floor Cleaner - pine		1x5l	10.75 V	*17.19*	**831413**
❒	Laundry Liquid		1x5l	12.70 V	*20.31*	**831415**
❒	Multi Surface Cleaner		1x5l	8.50 V	*13.59*	**831419**
❒	Washing Up Liquid		1x5l	7.05 V	*11.31*	**831427**
❒	Toilet Cleaner-citrus		1x5l	6.90 V	*11.03*	**831435**

Ecover Laundry

20% off list May and June

❒	Double Conc Bio Laundry Capsules lilac & rose - 18		8x320g	36.60 V	*7.32*	**832001**
❒	Double Conc Bio Laundry Capsules lilac & rose - 34		8x600g	64.40 V	*12.88*	**832003**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 18		8x320g	36.60 V	*7.32*	**832004**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 34		8x600g	64.40 V	*12.88*	**832006**

Faith in Nature

33% off list May and June

❒	Concentrated Laundry Liquid - Aloe Vera & Rosemary		5l	12.50 V	2.50	**832472**
❒	Concentrated Washing Up Liquid - Lemon Fragrance		5l	12.50 V	2.50	**832477**

Toiletries & Natural Remedies

Alter/Native - glycerine vegan Shampoo and Conditioner bars - by Suma

20% off list May and June

❒	Coconut & Argan Oil Glycerine Shampoo Bar		6x90g	12.45 V	*3.32*	**859178**
❒	Lavender & Geranium Shampoo Bar		6x95g	9.70 V	*2.59*	**859153**
❒	Patchouli & Sandalwood Glycerine Shampoo Bar		6x90g	12.45 V	*3.32*	**859156**
❒	Rose & Geranium Shampoo Bar		6x95g	9.70 V	*2.59*	**859158**

Alter/Native - glycerine vegan Shampoo and Conditioner bars - by Suma

10% off list May and June

❒	Coconut & Argan Oil Conditioner Bar		6x90g	19.85 V	*5.29*	**859151**
❒	Lavender & Geranium Conditioner Bar		6x90g	19.85 V	*5.30*	**859154**
❒	Patchouli & Sandalwood Conditioner Bar		6x90g	19.85 V	*5.29*	**859157**
❒	Rose & Geranium Conditioner Bar		6x90g	19.85 V	*5.29*	**859159**

Alter/Native - vegan Shampoo and Conditioner Liquid - by Suma

20% off list May and June

❒	Tea Tree & Aloe Vera Shampoo - normal/oily hair		6x400ml	17.95 V	*4.79*	**850172**
❒	Tea Tree & Aloe Vera Conditioner - normal/oily hair		6x400ml	17.95 V	*4.79*	**850180**
❒	Coconut & Argan Oil Shampoo - normal/dry hair		6x400ml	17.95 V	*4.79*	**850188**
❒	Coconut & Argan Oil Conditioner - normal/dry hair		6x400ml	17.95 V	*4.79*	**850194**

Dr Bronner's - Magic Soaps - Liquid - Vegan

20% off list May and June

❒	Almond Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851070**
❒	Baby Mild Unscented Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851020**
❒	Cherry Blossom Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851056**
❒	Citrus-Orange Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851073**
❒	Eucalyptus Liquid Soap (1/4 case)	*organic*	6x236ml	28.00 V	*7.99*	**851078**
❒	Lavender Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851075**
❒	Peppermint Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851080**
❒	Rose Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V	*7.99*	**851085**
❒	Tea Tree Liquid Soap (1/4 case)	*organic*	6x236ml	28.00 V	*7.99*	**851088**

Ecoleaf - Vegan

15% off list May and June

❒	Liquid Hand Soap - Grapefruit Twist	1x5l	11.70 V	*18.71*	**851038**

Faith in Nature - For Men

33% off list May and June

❒	Blue Cedar Soap	6x100g	7.00 V	*2.00*	**852960**
❒	Blue Cedar Shampoo	6x400ml	15.70 V	*4.48*	**852962**
❒	Blue Cedar Body Wash	6x400ml	14.00 V	*4.00*	**852964**

Faith in Nature Conditioner Bars

33% off list May and June

❒	Coconut & Shea Butter Conditioner Bar	6x85g	16.40 V	*4.66*	**852932**
❒	Dragon Fruit Conditioner Bar	6x85g	16.40 V	*4.66*	**852934**
❒	Lavender & Geranium Conditioner Bar	6x85g	16.40 V	*4.66*	**852936**
❒	Shea & Argan Conditioner Bar	6x85g	16.40 V	*4.66*	**852938**

Faith in Nature Shampoo Bars

33% off list May and June

❒	Coconut & Shea Butter Shampoo Bar	6x85g	16.40 V	*4.66*	**852978**
❒	Dragon Fruit Shampoo Bar	6x85g	16.40 V	*4.66*	**852979**
❒	Lavender & Geranium Shampoo Bar	6x85g	16.40 V	*4.66*	**852980**
❒	Shea & Argan Shampoo Bar	6x85g	16.40 V	*4.66*	**852982**

Faith in Nature Soaps

33% off list May and June

❒	Soap Gift Box - Orange, Aloe Vera, Lavender	6x300g	10.05 V	*2.87*	**852983**
❒	Aloe Vera Soap	6x100g	7.00 V	*2.00*	**852985**
❒	Coconut Soap	6x100g	7.00 V	*2.00*	**852988**
❒	Dragon Fruit Soap	6x100g	7.00 V	*2.00*	**852989**
❒	Grapefruit Soap	6x100g	7.00 V	*2.00*	**852995**
❒	Hemp,Lemongrass & Green Tea Soap	6x100g	7.00 V	*2.00*	**853035**
❒	Lavender Soap	6x100g	7.00 V	*2.00*	**853020**
❒	Orange Soap	6x100g	7.00 V	*2.00*	**853010**
❒	Rosemary Soap	6x100g	7.00 V	*2.00*	**853015**
❒	Fragrance Free Soap - with Seaweed	6x100g	7.00 V	*2.00*	**853030**
❒	Tea Tree Soap	6x100g	7.00 V	*2.00*	**852990**
❒	Wild Rose Soap	6x100g	7.00 V	*2.00*	**852992**

Faith in Nature Bulk Soaps

33% off list May and June

❒	Aloe Vera Soap	18x100g	16.00 V	*1.51*	**853105**
❒	Coconut Soap	18x100g	16.00 V	*1.51*	**853109**
❒	Grapefruit Soap	18x100g	16.00 V	*1.51*	**853112**
❒	Hemp,Lemongrass & Green Tea Soap	18x100g	16.00 V	*1.51*	**853140**
❒	Lavender Soap	18x100g	16.00 V	*1.51*	**853125**
❒	Orange Soap	18x100g	16.00 V	*1.51*	**853115**
❒	Rosemary Soap	18x100g	16.00 V	*1.51*	**853120**
❒	Fragrance Free Soap - with Seaweed	18x100g	16.00 V	*1.51*	**853135**
❒	Tea Tree Soap	18x100g	16.00 V	*1.51*	**853110**

Faith in Nature Hand Wash / Liquid Soap

33% off list May and June

❒	Hand Wash - Aloe Vera & Tea Tree	6x400ml	10.80 V	*3.08*	**853198**
❒	Hand Wash - Coconut	6x400ml	10.80 V	*3.08*	**853199**
❒	Hand Wash - Dragon Fruit	6x400ml	10.80 V	*3.08*	**853200**
❒	Hand Wash - Lavender & Geranium	6x400ml	10.80 V	*3.08*	**853201**
❒	Hand Wash - Grapefruit & Orange	6x400ml	10.80 V	*3.08*	**853202**
❒	Hand Wash - Seaweed & Citrus	6x400ml	10.80 V	*3.08*	**853203**
❒	Hand Wash - Wild Rose	6x400ml	10.80 V	*3.08*	**853205**

Faith in Nature Hand & Body Lotion

33% off list May and June

❒	Coconut Hand & Body Lotion	6x400ml	15.75 V	*4.48*	**853206**
❒	Grapefruit & Orange Hand & Body Lotion	6x400ml	15.75 V	*4.48*	**853208**
❒	Lavender & Geranium Hand & Body Lotion	6x400ml	15.75 V	*4.50*	**853209**

Faith in Nature Shampoos

33% off list May and June

❒	Aloe Vera Shampoo	6x400ml	15.70 V	*4.48*	**853520**
❒	Avocado Shampoo	6x400ml	15.70 V	*4.48*	**853518**
❒	Coconut Shampoo	6x400ml	15.70 V	*4.48*	**853502**
❒	Dragon Fruit Shampoo	6x400ml	15.70 V	*4.48*	**853503**
❒	Fragrance Free Shampoo	6x400ml	15.70 V	*4.48*	**853504**
❒	Grapefruit & Orange Shampoo	6x400ml	15.70 V	*4.48*	**853509**
❒	Jojoba Shampoo	6x400ml	15.70 V	*4.48*	**853510**
❒	Lavender & Geranium Shampoo	6x400ml	15.70 V	*4.48*	**853525**
❒	Rosemary Shampoo	6x400ml	15.70 V	*4.48*	**853515**
❒	Seaweed & Citrus Shampoo	6x400ml	15.70 V	*4.48*	**853505**
❒	Shea & Argan Shampoo	6x400ml	15.70 V	*4.48*	**853501**
❒	Tea Tree Shampoo (2% Oil)	6x400ml	15.70 V	*4.48*	**853530**
❒	Wild Rose Shampoo	6x400ml	15.70 V	*4.48*	**853536**

Faith in Nature Hair Treatments

33% off list May and June

❒	Coconut & Shea Hydrating Hair Mask	6x300ml	16.40 V	*4.68*	**854070**
❒	Dragon Fruit Revitalising Hair Mask	6x300ml	16.40 V	*4.68*	**854072**
❒	Shea & Argan Nourishing Hair Mask	6x300ml	16.40 V	*4.68*	**854076**
❒	Rose & Chamomile Restoring Hair Mask	6x300ml	16.40 V	*4.68*	**854078**

Faith in Nature Conditioners

33% off list May and June

❒	Aloe Vera Conditioner	6x400ml	15.70 V	*4.48*	**854020**
❒	Avocado Conditioner	6x400ml	15.70 V	*4.48*	**854022**
❒	Coconut Conditioner	6x400ml	15.70 V	*4.48*	**853987**
❒	Dragon Fruit Conditioner	6x400ml	15.70 V	*4.48*	**853989**
❒	Fragrance Free Conditioner	6x400ml	15.70 V	*4.48*	**853988**
❒	Grapefruit & Orange Conditioner	6x400ml	15.70 V	*4.48*	**853992**
❒	Jojoba Conditioner	6x400ml	15.70 V	*4.48*	**854010**
❒	Lavender & Geranium Conditioner	6x400ml	15.70 V	*4.48*	**854002**
❒	Rosemary Conditioner	6x400ml	15.70 V	*4.48*	**854015**
❒	Seaweed & Citrus Conditioner	6x400ml	15.70 V	*4.48*	**854005**
❒	Shea & Argan Conditioner	6x400ml	15.70 V	*4.48*	**854008**
❒	Tea Tree Conditioner (2% oil)	6x400ml	15.70 V	*4.48*	**854025**
❒	Wild Rose Conditioner	6x400ml	15.70 V	*4.48*	**854028**

Faith in Nature Body Wash

33% off list May and June

❒	Aloe Vera Body Wash	6x400ml	13.95 V	*3.98*	**854030**
❒	Avocado Body Wash	6x400ml	13.95 V	*3.98*	**854031**
❒	Coconut Body Wash	6x400ml	13.95 V	*3.98*	**854033**
❒	Dragon Fruit Body Wash	6x400ml	13.95 V	*3.98*	**854037**
❒	Fragrance Free Body Wash	6x400ml	13.95 V	*3.98*	**854036**
❒	Grapefruit & Orange Body Wash	6x400ml	13.95 V	*3.98*	**854035**
❒	Lavender & Geranium Body Wash	6x400ml	13.95 V	*3.98*	**854040**
❒	Mint Body Wash	6x400ml	13.95 V	*3.98*	**854041**
❒	Seaweed & Citrus Body Wash	6x400ml	13.95 V	*3.98*	**854050**
❒	Tea Tree Body Wash	6x400ml	13.95 V	*3.98*	**854055**
❒	Wild Rose Body Wash	6x400ml	13.95 V	*3.98*	**854059**

Faith in Nature Refill Hand Wash

33% off list May and June

❒	Bulk Hand Wash - Coconut	5l	20.10 V	4.02	**853513**
❒	Bulk Hand Wash - Dragonfruit	5l	20.10 V	4.02	**853514**
❒	Bulk Hand Wash - Grapefruit & Orange	5l	20.10 V	4.02	**853517**
❒	Bulk Hand Wash - Lavender & Geranium	5l	20.10 V	4.02	**853535**
❒	Bulk Hand Wash - Aloe Vera & Tea Tree	5l	20.10 V	4.02	**853537**
❒	Bulk Hand Wash - Wild Rose	5l	20.10 V	4.02	**853564**
❒	Bulk Hand Wash Lavender & Geranium	20l	60.95 V	3.05	**853527**

Faith in Nature Refill Hand & Body Lotion

33% off list May and June

❒	Bulk Coconut Hand & Body Lotion		5l	22.90 V 4.58		**853480**
❒	Bulk Grapefruit & Orange Hand & Body Lotion		5l	22.90 V 4.58		**853484**
❒	Bulk Lavender & Geranium Hand & Body Lotion		5l	22.90 V 4.58		**853486**

Faith in Nature Refill Shampoos

33% off list May and June

❒	Bulk Aloe Vera Shampoo		5l	22.90 V 4.58		**853540**
❒	Bulk Coconut Shampoo		5l	22.90 V 4.58		**853542**
❒	Bulk Dragonfruit Shampoo		5l	22.90 V 4.58		**853544**
❒	Bulk Fragrance Free Shampoo		5l	22.90 V 4.58		**853546**
❒	Bulk Grapefruit & Orange Shampoo		5l	22.90 V 4.58		**853541**
❒	Bulk Jojoba Shampoo		5l	22.90 V 4.58		**853543**
❒	Bulk Lavender & Geranium Shampoo		5l	22.90 V 4.58		**853545**
❒	Bulk Tea Tree Shampoo		5l	22.90 V 4.58		**853549**
❒	Bulk Wild Rose Shampoo		5l	22.90 V 4.58		**853566**
❒	Bulk Coconut Shampoo		20l	69.20 V 3.46		**853578**
❒	Bulk Grapefruit & Orange Shampoo		20l	69.20 V 3.46		**853579**
❒	Bulk Lavender & Geranium Shampoo		20l	69.20 V 3.46		**853580**

Faith in Nature Refill Conditioners

33% off list May and June

❒	Bulk Aloe Vera Conditioner		5l	22.90 V 4.58		**853550**
❒	Bulk Coconut Conditioner		5l	22.90 V 4.58		**853552**
❒	Bulk Dragonfruit Conditioner		5l	22.90 V 4.58		**853551**
❒	Bulk Fragrance Free Conditioner		5l	22.90 V 4.58		**853556**
❒	Bulk Grapefruit & Orange Conditioner		5l	22.90 V 4.58		**853554**
❒	Bulk Jojoba Conditioner		5l	22.90 V 4.58		**853553**
❒	Bulk Lavender & Geranium Conditioner		5l	22.90 V 4.58		**853555**
❒	Bulk Tea Tree Conditioner		5l	22.90 V 4.58		**853559**
❒	Bulk Wild Rose Conditioner		5l	22.90 V 4.58		**853569**
❒	Bulk Coconut Conditioner		20l	69.20 V 3.46		**853581**
❒	Bulk Grapefruit & Orange Conditioner		20l	69.20 V 3.46		**853585**
❒	Bulk Lavender & Geranium Conditioner		20l	69.20 V 3.46		**853582**

Faith in Nature Refill Body Wash

33% off list May and June

❒	Bulk Aloe Vera Body Wash		5l	20.10 V 4.02		**853560**
❒	Bulk Coconut Body Wash		5l	20.10 V 4.02		**853562**
❒	Bulk Dragon Fruit Body Wash		5l	20.10 V 4.02		**853561**
❒	Bulk Fragrance Free Body Wash		5l	20.10 V 4.02		**856564**
❒	Bulk Grapefruit & Orange Body Wash		5l	20.10 V 4.02		**853563**
❒	Bulk Lavender & Geranium Body Wash		5l	20.10 V 4.02		**853565**
❒	Bulk Tea Tree Body Wash		5l	20.10 V 4.02		**853570**
❒	Bulk Wild Rose Body Wash		5l	20.10 V 4.02		**853571**
❒	Bulk Coconut Body Wash		20l	60.95 V 3.05		**853583**
❒	Bulk Grapefruit & Orange Body Wash		20l	60.95 V 3.05		**855579**
❒	Bulk Lavender & Geranium Body Wash		20l	60.95 V 3.05		**853584**
❒	Aluminium Refill Bottle inc pump		12x450ml	16.20 V	*2.33*	**853577**

Natracare

10% off list May and June

❒	Regular Tampons	*organic*	12x20	24.55	*2.87*	**900505**
❒	Regular Applicator Tampons	*organic*	12x16	27.65	*3.23*	**900507**
❒	Super Tampons	*organic*	12x20	25.30	*2.96*	**900510**
❒	Super Applicator Tampons	*organic*	12x16	29.20	*3.41*	**900513**
❒	Super-PLUS Tampons	*organic*	12x20	27.65	*3.23*	**900514**

Natracare

10% off list May and June

❒	Night Time Maxi Pads		12x10	23.05	*2.87*	**900517**
❒	Regular Maxi Pads		12x14	18.70	*2.33*	**900525**
❒	Super Maxi Pads		12x12	18.70	*2.33*	**900530**
❒	Regular Ultra Pads with Wings		12x14	20.30	*2.42*	**900535**
❒	Super Ultra Pads with Wings		12x12	20.30	*2.42*	**900537**
❒	Ultra Pads with Wings - Long		12x10	20.30	*2.42*	**900538**
❒	Ultra Pads Super Plus		12x12	20.30	*2.42*	**900539**
❒	Ultra Extra Pads - Normal		12x12	20.30	*2.42*	**900542**
❒	Ultra Extra Pads - Super		12x10	20.30	*2.42*	**900545**
❒	Ultra Extra Pads - Long		12x8	20.30	*2.42*	**900548**

Organii - Bodycare - SLS-free

15% off list May and June

❒	SPF15 Anti Ageing Facial Sun Cream	*organic*	1x50ml	8.00 V	*14.38*	**857669**
❒	SPF30 Sun Lotion - New!	*organic*	1x100ml	9.40 V	*16.90*	**857671**
❒	SPF50 Sun Milk - New!	*organic*	1x125ml	13.20 V	*23.67*	**857674**

Urtekram - Spa Range

20% off list May and June

❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x250ml	20.30 V	*5.80*	**859134**
❒	Maximum Shine Conditioner - Soothing Lavender	*organic*	6x180ml	19.15 V	*5.47*	**859136**
❒	Body Lotion - Soothing Lavender	*organic*	6x245ml	24.90 V	*7.11*	**859121**
❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x500ml	36.35 V	*10.39*	**859086**
❒	Body Wash - Soothing Lavender	*organic*	6x200ml	22.85 V	*6.54*	**858874**
❒	Body Wash - Soothing Lavender	*organic*	6x500ml	37.75 V	*10.79*	**859096**
❒	Hand Cream - Soothing Lavender	*organic*	6x75ml	16.25 V	*4.65*	**859123**
❒	Handwash - Soothing Lavender	*organic*	6x300ml	19.55 V	*5.59*	**859138**

Toothpaste, Brushes & Oral Hygiene

Georganics

15% off list May and June

❒	Fluoride Toothpaste - Activated Charcoal	10x60ml	29.30 V	*5.02*	**881281**
❒	Activated Charcoal - Coconut Oil Toothpaste	10x60ml	29.30 V	*5.02*	**881260**
❒	Activated Charcoal - Oil Pulling Mouthwash	10x100ml	33.55 V	*5.75*	**881264**
❒	Activated Charcoal - Bicarbonate Tooth Tablets	10x120tabs	42.05 V	*7.21*	**881263**
❒	Charcoal Corn Floss - minty plant wax - 50m	20x50m	41.65 V	*3.57*	**881267**
❒	Refill Charcoal Corn Floss - minty plant wax - 100m	20x2x50m	58.65 V	*5.03*	**881265**
❒	Fluoride Toothpaste - English Peppermint	10x60ml	29.30 V	*5.02*	**881283**
❒	English Peppermint - Coconut Oil Toothpaste	10x60ml	29.30 V	*5.02*	**881282**
❒	English Peppermint - Bicarbonate Toothpowder	10x60ml	29.30 V	*5.02*	**881288**
❒	English Peppermint - Bicarbonate Mouthwash Tablets	10x180tabs	42.05 V	*7.21*	**881291**
❒	English Peppermint - Bicarbonate Tooth Tablets	10x120tabs	42.05 V	*7.21*	**881292**
❒	Peppermint - Oil Pulling Mouthwash	10x100ml	33.55 V	*5.75*	**881240**
❒	Eucalyptus - Bicarbonate Mouthwash Tablets	10x180tabs	37.80 V	*6.48*	**881298**
❒	Fluoride Toothpaste - Sweet Orange	10x60ml	29.30 V	*5.02*	**881285**
❒	Orange - Bicarbonate Mouthwash Tablets	10x180tabs	42.05 V	*7.21*	**881262**
❒	Kids' Orange Corn Floss - plant wax - 50m	20x50m	41.65 V	*3.57*	**881500**
❒	Refill Kids' Orange Corn Floss - plant wax - 100m	20x2x50m	58.65 V	*5.03*	**881502**
❒	Spearmint Corn Floss - minty plant wax - 50m	20x50m	41.65 V	*3.57*	**881504**
❒	Tea Tree - Bicarbonate Tooth Tablets	10x120tabs	42.05 V	*7.21*	**881277**
❒	Natural Beech Toothbrush - Soft	20x1	33.15 V	*2.84*	**861400**
❒	Natural Beech Toothbrush - Medium	20x1	33.15 V	*2.84*	**861404**
❒	Natural Beech Toothbrush - Firm	20x1	33.15 V	*2.84*	**861408**
❒	Kid's Beech Toothbrush - Soft	20x1	33.15 V	*2.84*	**861412**
❒	Bamboo Toothpaste Spatula	50x1	21.25 V	*0.73*	**861414**

changes

Cereal Grains

Bulk Organic Cereal Grains

☆	Amaranth Seed	*organic*	25kg	75.00	3.00		**10475**
☆	Amaranth Seed	*organic*	5kg	16.80	3.36		**10477**
▲	Quinoa Grain	*organic*	25kg	95.00	3.80		**10592**
▲	Quinoa Grain	*organic*	5kg	20.80	4.16		**10593**
▲	Red Quinoa Grain	*organic*	25kg	95.00	3.80		**10684**
▲	Red Quinoa Grain	*organic*	5kg	20.80	4.16		**10686**
▼	Black Quinoa Grain	*organic*	25kg	105.65	4.23		**10687**
▼	Black Quinoa Grain - 2.5kg	*organic*	2.5kg	12.35	4.94		**10691**
▲	Tricolour Quinoa Grain	*organic*	25kg	95.00	3.80		**10692**
▲	Tricolour Quinoa Grain	*organic*	5kg	20.80	4.16		**10693**

Biona

◆	Risotto Rice - Brown	*organic*	6x500g	17.05		*3.79*	**10965**
◆	Sushi Rice - White	*organic*	6x400g	13.45		*2.98*	**10963**
◆	White Pudding Rice	*organic*	6x500g	14.80		*3.29*	**10970**

Infinity - Pre-Packed Organic Cereal Grains

☆	Amaranth Seed	*organic*	6x500g	11.80		*2.62*	**1003**
☆	Brown Basmati Rice	*organic*	6x1kg	19.20		*4.28*	**1013**
☆	White Basmati Rice - Indian	*organic*	6x1kg	23.30		*5.18*	**1167**
☆	Brown Rice Short Grain - Italy	*organic*	6x1kg	17.35		*3.86*	**1010**
☆	Brown Rice Long Grain - Italy	*organic*	6x1kg	17.70		*3.93*	**1025**
☆	Bulghur	*organic*	6x500g	8.50		*1.89*	**1045**
☆	White Couscous - Italy	*organic*	6x450g	8.55		*1.90*	**1057**
☆	Wholemeal Couscous - Italy	*organic*	6x450g	8.10		*1.80*	**1060**
☆	Millet	*organic*	6x500g	8.05		*1.79*	**1075**
☆	Oat Groats	*organic*	6x500g	5.95		*1.32*	**1090**
☆	Popping Corn	*organic*	6x500g	8.40		*1.87*	**1105**
☆	Pearl Barley	*organic*	6x500g	5.95		*1.32*	**1112**
☆	Pot Barley	*organic*	6x500g	5.75		*1.28*	**1115**
▲	Quinoa Grain	*organic*	12x450g	24.60		*2.74*	**1127**
▲	Quinoa Grain	*organic*	6x1kg	25.80		*5.73*	**1128**
▲	Red Quinoa Grain	*organic*	6x450g	13.25		*2.94*	**1155**
▼	Black Quinoa Grain	*organic*	6x450g	14.40		*3.20*	**1157**
▲	Tricolour Quinoa Grain	*organic*	12x450g	24.60		*2.73*	**1159**
▲	Tricolour Quinoa Grain	*organic*	6x1kg	25.80		*5.74*	**1160**

IBIS

◆	Brown Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10816**
◆	Brown Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10818**
◆	Semi Milled Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10819**
◆	Semi Milled Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10820**
◆	White Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10822**
◆	White Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10824**

Flours & Baking Requisites

Bread Matters - Vegan

▲	Original Sourdough Starter	*organic*	12x10g	49.40		*5.50*	**40405**

Doves Farm

◆	Wholemeal Strong Bread Flour	*organic*	5x1.5kg	9.10		*2.43*	**40540**
◆	Strong White Bread Flour	*organic*	5x1.5kg	9.75		*2.60*	**40560**
◆	Fine Plain Wholemeal Flour	*organic*	5x1kg	6.50		*1.73*	**40505**
◆	Self Raising Wholemeal Flour	*organic*	5x1kg	6.55		*1.75*	**40515**
▲	Plain White Flour	*organic*	5x1kg	7.20		*1.92*	**40545**
◆	Self Raising White Flour	*organic*	5x1kg	7.30		*1.95*	**40565**
◆	Malthouse Bread Flour	*organic*	5x1kg	8.45		*2.25*	**40574**
◆	Pasta Flour - type "o"	*organic*	5x1kg	8.70		*2.32*	**51070**
◆	Seedhouse Bread Flour	*organic*	5x1kg	13.85		*3.69*	**51067**

Infinity - Pre-Packed Organic Flours

☆	Wheat Bran	*organic*	6x250g	4.25		*0.95*	**3010**

Suma

▲	Vital Wheat Gluten Flour		6x500g	17.75		*3.94*	**42570**

Breakfast Cereals & Cereal Flakes

Infinity Foods - breakfast cereals

▲	Vitality Muesli	*organic*	25kg	104.25	4.17		**61910**
▲	Vitality Muesli	*organic*	5kg	22.65	4.53		**61915**
▲	Super Muesli	*organic*	25kg	87.50	3.50		**62025**
▲	Super Muesli	*organic*	5kg	19.30	3.86		**62030**
▲	Deluxe Muesli	*organic*	25kg	68.50	2.74		**62032**
▲	Deluxe Muesli	*organic*	5kg	15.50	3.10		**62033**
▲	Puffed Quinoa	*organic*	8kg	78.25	9.78		**62060**
▲	Puffed Quinoa	*organic*	1kg	11.55	11.55		**62062**

Infinity - Pre-Packed Organic Breakfast Cereals

☆	Cranberry & Pecan Muesli	*organic*	6x500g	14.55		*3.23*	**4036**
▲	Fruit and Fibre	*organic*	6x325g	13.00		*2.89*	**4040**
▲	Vitality Muesli	*organic*	12x500g	29.10		*3.23*	**4042**
▲	Vitality Muesli	*organic*	6x1kg	28.55		*6.35*	**4043**
▲	Super Muesli	*organic*	6x500g	13.45		*2.99*	**4045**
▲	Super Muesli	*organic*	6x1kg	24.55		*5.46*	**4050**
▲	Super Muesli	*organic*	6x1.4kg	33.45		*7.43*	**4055**
▲	Deluxe Muesli	*organic*	6x500g	11.20		*2.49*	**4057**
▲	Deluxe Muesli	*organic*	6x1kg	19.95		*4.44*	**4060**
▲	Deluxe Muesli	*organic*	6x1.4kg	27.05		*6.02*	**4062**
☆	Toasted Wheat Flakes	*organic*	6x250g	6.60		*1.47*	**2065**

Whole Earth

▲	Cornflakes	*organic*	12x375g	27.80		*3.09*	**63512**
▲	Cocoa Crunch	*organic*	5x375g	12.75		*3.40*	**63513**
▲	Maple Frosted Flakes	*organic*	10x375g	28.60		*3.81*	**63525**
▲	Red Fruit Crunch - granola	*organic*	5x450g	15.30		*4.10*	**63545**
▲	Muesli	*organic*	12x750g	52.05		*5.78*	**63515**

Beans Peas and Pulses

Bulk Organic Beans Peas and Pulses

▲	Butter Beans	*organic*	25kg	110.00	4.40		**80519**
▲	Butter Beans	*organic*	5kg	23.85	4.77		**80523**
▲	Red Kidney Beans	*organic*	25kg	89.00	3.56		**80580**
▲	Red Kidney Beans	*organic*	5kg	19.65	3.93		**80585**

Infinity Pre-Packed Organic Beans , Peas & Pulses

▲	Butter Beans	*organic*	6x500g	15.75		*3.50*	**5027**
☆	Green Lentils	*organic*	6x500g	9.95		*2.21*	**5035**
☆	Pinto Beans (light speckled kidney)	*organic*	6x500g	12.35		*2.74*	**5075**
☆	French Type Lentils	*organic*	6x500g	13.55		*3.01*	**5085**
▲	Red Kidney Beans	*organic*	6x500g	13.65		*3.05*	**5095**
☆	Red Split Lentils	*organic*	6x1kg	18.25		*4.07*	**5110**

Nuts and Seeds

Bulk Organic Nuts and Seeds

▲	Brazil Nuts	*organic*	20kg	197.00	9.85		**90522**
▲	Brazil Nuts	*organic*	2.5kg	26.50	10.60		**90523**
▲	Brazil Nuts - Broken Pieces	*organic*	20kg	149.15	7.46		**90525**
▲	Brazil Nuts - Broken Pieces	*organic*	2.5kg	20.50	8.20		**90546**
▲	Hi Energy Trail Mix	*organic*	3kg	26.80	8.93		**90569**

Infinity Pre-Packed Organic Nuts & Seeds

☆	Alfalfa Seeds	*organic*	6x125g	9.70		*2.16*	**6005**
☆	Almonds	*organic*	6x125g	9.60		*2.13*	**6015**
☆	Almonds	*organic*	6x250g	16.85		*3.74*	**6020**
☆	Blanched Almonds	*organic*	6x125g	10.55		*2.34*	**6017**
☆	Flaked Almonds	*organic*	6x125g	10.60		*2.36*	**6011**
▲	Brazil Nuts	*organic*	6x125g	10.45		*2.32*	**6031**
▲	Brazil Nuts	*organic*	6x250g	17.85		*3.97*	**6032**
▲	Brazil Nuts	*organic*	6x500g	32.60		*7.24*	**6033**
▲	Brazil Nuts - Broken Pieces	*organic*	6x250g	14.25		*3.17*	**6036**
☆	Cashews Whole	*organic*	6x125g	8.55		*1.90*	**6041**
☆	Cashews Whole	*organic*	6x250g	14.85		*3.30*	**6042**
☆	Cashews Large Pieces	*organic*	6x250g	13.20		*2.93*	**6063**
☆	Cashews & Raisins	*organic*	6x125g	7.35		*1.63*	**6044**
☆	Fruit & Nut Mix	*organic*	6x250g	13.70		*3.04*	**6047**
▲	Hi Energy Trail Mix	*organic*	12x250g	29.80		*3.37*	**6048**
▲	Hi Energy Trail Mix	*organic*	12x125g	17.35		*1.96*	**6049**
☆	Hazelnuts	*organic*	6x125g	11.25		*2.50*	**6045**
☆	Linseed Brown	*organic*	6x250g	5.05		*1.12*	**6070**
☆	Linseed Gold	*organic*	6x250g	6.05		*1.34*	**6077**
☆	Pecans - halves	*organic*	6x125g	16.80		*3.73*	**6092**
☆	Pine Kernels	*organic*	6x125g	20.00		*4.46*	**6095**
☆	Raw Pistachio Kernels	*organic*	6x125g	22.95		*5.11*	**6101**
☆	Poppy Seeds	*organic*	6x125g	6.95		*1.54*	**6098**
☆	Pumpkin Seeds - AA grade	*organic*	6x125g	6.60		*1.47*	**6100**
☆	Three Seed Mix (sunflower, pumpkin, pine)	*organic*	6x250g	10.45		*2.32*	**6113**
☆	Hulled Sesame Seeds - white	*organic*	6x250g	9.20		*2.04*	**6115**
☆	Sesame Seeds - whole - brown	*organic*	6x250g	8.75		*1.94*	**6125**
☆	Sesame Seeds - whole - brown	*organic*	6x400g	12.60		*2.80*	**6127**
☆	Sunflower Seed - kernels	*organic*	6x500g	8.80		*1.96*	**6135**
☆	Tigernuts - Blanched	*organic*	6x125g	8.50		*1.89*	**6141**
☆	Trail Mix	*organic*	6x250g	10.10		*2.25*	**6143**
☆	Walnut Halves - Light	*organic*	6x125g	7.80		*1.73*	**6160**
☆	Walnut Light Pieces	*organic*	6x125g	7.15		*1.59*	**6145**
☆	Walnut Light Pieces	*organic*	6x250g	11.95		*2.66*	**6150**

Bulk Nuts and Seeds

▲	Almonds		22.68kg	145.00	6.39		**91010**
▲	Almonds		3kg	20.95	6.98		**91015**
▼	Ground Almonds		10kg	57.35	5.74		**91040**
▼	Ground Almonds		3kg	19.00	6.33		**91045**

▼	Cashews - large pieces		22.68kg	83.50	3.68		**91070**
▼	Cashews - large pieces		5kg	20.20	4.04		**91075**
▼	Cashews Whole		22.68kg	145.95	6.44		**91080**
▼	Cashews Whole		3kg	21.10	7.03		**91085**
▲	Macadamia Nuts - raw		11.34kg	89.50	7.89		**91147**
▲	Macadamia Nuts - raw		5kg	41.25	8.25		**91146**
▲	Macadamia Nuts - raw		1kg	9.65	9.65		**91148**
▼	Pistachio Kernels - raw		13.6kg	275.50	20.26		**91192**
▼	Pistachio Kernels - raw		5kg	103.10	20.62		**91194**
▼	Pistachio Kernels - raw		0.75kg	17.00	22.66		**91193**
	Infinity Pre-Packed Nuts & Seeds						
▲	Almonds		6x125g	7.65		*1.70*	**6515**
▲	Almonds		6x250g	12.60		*2.80*	**6520**
▲	Almonds		6x500g	22.20		*4.93*	**6525**
▼	Cashews - large pieces		6x250g	8.10		*1.80*	**6620**
▼	Cashews - large pieces		6x500g	14.05		*3.13*	**6625**
▼	Cashews Whole		6x125g	7.30		*1.62*	**6635**
▼	Cashews Whole		6x250g	12.25		*2.72*	**6640**
▼	Cashews Whole		6x500g	22.35		*4.97*	**6643**
☆	Chia Seeds		6x250g	7.60		*1.69*	**6705**
▲	Macadamia Nuts - raw		12x125g	16.40		*1.82*	**6828**
☆	Pecans Halves		6x125g	11.95		*2.66*	**6830**
☆	Pecans Halves		6x250g	21.65		*4.81*	**6835**
▼	Pistachio Kernels - raw		12x125g	34.95		*3.88*	**6875**
▼	Pistachio Kernels - raw		6x250g	33.40		*7.43*	**6877**
☆	Pumpkin Seeds - AA grade		6x250g	9.30		*2.07*	**6885**
☆	Sunflower Seeds		6x250g	4.60		*1.02*	**6915**

Dried Fruit

	Bulk Organic Dried Fruit						
▲	Dates - pitted	*organic*	10kg	42.60	4.26		**100531**
▲	Dates - pitted	*organic*	5kg	23.10	4.62		**100535**
▲	Chopped Dates	*organic*	12.5kg	37.80	3.02		**100537**
▲	Chopped Dates	*organic*	1kg	4.90	4.90		**100528**
▲	Chopped Figs	*organic*	10kg	52.50	5.25		**100549**
▲	Chopped Figs	*organic*	1kg	7.10	7.10		**100530**
	Infinity Pre-Packed Organic Dried Fruit						
☆	Chopped Apricots	*organic*	6x250g	16.40		*3.64*	**7022**
▲	Dates - pitted	*organic*	6x250g	10.40		*2.32*	**7035**
▲	Dates - pitted	*organic*	6x500g	16.80		*3.73*	**7040**
▲	Dates - pitted	*organic*	6x1kg	29.60		*6.59*	**7045**
	Suma - Vegan						
▲	Candied Mixed Peel - contains SO2 - bag		1kg	5.90	5.90		**101250**
	Infinity Pre-Packed Dried Fruit						
☆	Goji Berries		6x125g	10.25		*2.28*	**7665**
▲	Prunes Pitted		6x250g	12.45		*2.77*	**7730**
▲	Prunes Pitted		6x500g	20.85		*4.63*	**7735**
	Tropical Wholefoods						
▲	Sun-dried Pineapple - FT	*organic*	14x100g	44.15		*4.20*	**102003**

Herbs and Spices

	Organic Herb Trading						
▲	Basil	*organic*	1kg	17.25			**993010**
▲	Chilli Flakes	*organic*	1kg	31.00			**993016**
▲	Cumin Seed	*organic*	1kg	23.80			**993030**
▲	Fennel Seed	*organic*	1kg	17.20			**993035**
▲	Mixed Spice Powder	*organic*	1kg	29.65			**993060**
▲	Onion Powder	*organic*	1kg	18.10			**993068**
▲	Peppercorns Black Whole	*organic*	1kg	27.60			**993100**
▼	Peppercorns White Whole	*organic*	1kg	29.00			**993103**
▲	Peppermint	*organic*	1kg	16.70			**993105**
▲	Psyllium Husk	*organic*	1kg	33.25 V			**993102**
	Crane Brand - Spanish Saffron in plastic box						
▲	Saffron		12x1g	29.25		*3.25*	**995845**

Pasta

	Biona - Spelt						
◆	Spelt Fusilli - wholemeal	*organic*	10x500g	21.65		*2.89*	**130352**
◆	Spelt Penne - wholemeal	*organic*	10x500g	21.65		*2.89*	**130357**
◆	White Spelt Spaghetti	*organic*	12x500g	30.50		*3.39*	**140165**
◆	White Spelt Fusilli	*organic*	10x500g	25.40		*3.39*	**140170**
	Explore Cuisine - Vegan - Gluten-free						
◆	Black Bean Spaghetti	*organic*	6x200g	13.90		*3.09*	**130705**
◆	Chickpea Fusilli	*organic*	6x250g	13.90		*3.09*	**130708**
◆	Edamame Bean Spaghetti	*organic*	6x200g	13.90		*3.09*	**130707**
◆	Edamame & Mung Bean Fettuccine	*organic*	6x200g	13.90		*3.09*	**130715**
◆	Green Lentil Penne	*organic*	6x250g	13.90		*3.09*	**130718**
	Profusion - protein rich - gluten-free - dried at 42 degrees C						
◆	Red Lentil Fusilli	*organic*	8x250g	20.35		*3.39*	**132106**
◆	Chickpea Fusilli	*organic*	8x250g	19.75		*3.29*	**132111**
◆	Yellow Lentil Lasagne Sheets	*organic*	12x250g	41.30		*4.59*	**132120**

Noodles

	Clearspring - wheat-free						
◆	100% Buckwheat Soba Noodles	*organic*	6x200g	20.20		*4.49*	**490511**
	Clearspring - Japanese - (none are wheat-free)						
◆	Brown Rice Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490506**
◆	Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490507**
◆	Skinny Soba Somen Noodles	*organic*	12x200g	31.40		*3.49*	**490508**
◆	Wide Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490509**
◆	Soba Noodles	*organic*	12x200g	31.40		*3.49*	**490510**

Bread, Rice Cakes, Crackers etc

	Amaizin - tortilla wraps and shells						
◆	Soft Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	28.60		*2.38*	**169805**
◆	Extra Fibre Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	28.60		*2.38*	**169807**
	Amisa - gluten-free						
◆	Buckwheat Crispbread	*organic*	12x120g	26.00		*2.89*	**169852**
◆	Chestnut Crispbread	*organic*	12x100g	21.50		*2.39*	**169853**
◆	Protein Lentil Crispbread	*organic*	12x100g	19.70		*2.19*	**169860**
◆	Veggie Garden Crispbread	*organic*	12x100g	17.00		*1.89*	**169870**
	Biona - Rye Crispbread						
◆	Rye Knäcke Original Crispbread	*organic*	10x200g	14.90		*1.99*	**170176**
◆	Rye Knäcke Sesame Crispbread	*organic*	10x200g	16.40		*2.19*	**170178**
	Easy Bean - vegan gluten-free Bean & Seed Crackers						
◆	Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00		*3.90*	**170538**
◆	Fava Bean & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170540**
◆	Green Pea & Chia Seed Crackers		8x150g	23.00		*3.90*	**170542**
◆	Red Lentil & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170546**
◆	Yellow Pea & Sunflower Seed Crackers		8x150g	23.00		*3.90*	**170547**
	Easy Bean - gluten-free Chickpea Crispbreads						
◆	Cheddar Crunch Chickpea Crispbread		8x110g	23.00		*3.90*	**170548**
◆	Moroccan Spice Chickpea Crispbread		8x110g	23.00		*3.90*	**170550**
◆	Mung Bean & Chive Chickpea Crispbread		8x110g	23.00		*3.90*	**170552**
◆	Seaweed & Sesame Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170553**
◆	Seeds & Black Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170556**
	IBIS						
◆	Wholegrain Rice Cake	*organic*	12x130g	16.05		*1.78*	**173340**
◆	Wholegrain Rice Cake Kep Salt	*organic*	12x130g	16.05		*1.78*	**173342**
◆	Wholegrain Rice Cake Kep Salt & Kampot Peppe	*organic*	12x130g	16.05		*1.78*	**173344**
	Kallo Foods - gluten-free						
☆	Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.20		*1.13*	**173297**
	Nairn's						
◆	Scottish Oatcakes	*organic*	12x250g	16.00		*1.78*	**174705**
◆	Super Seeded Oatcakes	*organic*	8x200g	12.10		*2.02*	**174712**
◆	Cheese Oatcakes		12x200g	18.15		*2.02*	**174715**

◆	Rough Oatcakes		10x291g	11.60		*1.55*	**174717**
◆	Fine Milled Oatcakes		12x218g	12.80		*1.42*	**174720**
◆	Fruit and Seed Oatcakes		8x225g	12.10		*2.02*	**174723**
	Organico - Italian						
☆	Classic Grissini	*organic*	12x120g	21.10		*2.34*	**175305**
☆	Spelt Grissini	*organic*	12x120g	26.50		*2.94*	**175310**
☆	Omega3 Wholewheat & Flaxseed Grissini	*organic*	12x120g	21.10		*2.34*	**175315**

Biscuits and Cakes

	Doves Farm - Freee - gluten-free - vegan						
◆	Chocolate Chip Cookie	*organic*	12x180g	22.95		*2.55*	**181520**
◆	Double Chocolate Cookie	*organic*	12x180g	22.95		*2.55*	**181522**
◆	Lemon Zest Cookie	*organic*	12x150g	17.80		*1.98*	**181525**
◆	Stem Ginger Cookies	*organic*	12x150g	17.80		*1.98*	**181542**
	Island Bakery						
▲	Apple Crumbles	*organic*	12x125g	28.95		*3.22*	**182940**
▲	Blonde Chocaccinos	*organic*	12x133g	30.35 V		*4.05*	**182944**
▲	Chocolate Gingers	*organic*	12x133g	30.35 V		*4.05*	**182946**
▲	Lime Melts	*organic*	12x133g	30.35 V		*4.05*	**182950**
▲	Lemon Melts	*organic*	12x133g	30.35 V		*4.05*	**182952**
▲	Oat Crumbles	*organic*	12x125g	24.45		*2.72*	**182954**
▲	Orange Melts	*organic*	12x133g	30.35 V		*4.05*	**182956**
▲	Shortbread	*organic*	12x125g	24.45		*2.72*	**182957**
	Sweet FA gluten free vegan cookies from Island Bakery						
▲	Cranberry & Orange Cookies	*organic*	12x125g	26.95		*2.99*	**182480**
▲	Double Choc Chip Cookies	*organic*	12x125g	26.95		*2.99*	**182482**
▲	Oat & Raisin Cookies	*organic*	12x125g	26.95		*2.99*	**182484**
▲	Peanut Butter Cookies	*organic*	12x125g	26.95		*2.99*	**182486**

Oils & Fats

	Biona Oils - not heat extracted						
▲	Sesame Oil	*organic*	6x500ml	34.60		*7.69*	**200404**
▲	Toasted Sesame Oil	*organic*	6x250ml	26.95		*5.99*	**200409**
▲	E.V Olive Oil	*organic*	6x750ml	69.25		*15.39*	**100411**
	Clearspring						
▲	Olive Oil - Extra Virgin - Italy	*organic*	8x250ml	44.90		*7.49*	**200500**
▲	Olive Oil - Extra Virgin - Italy	*organic*	6x500ml	58.45		*12.99*	**200502**
▲	Olive Oil - Extra Virgin - Italy	*organic*	6x1l	103.45		*22.99*	**200503**
	La Bio-Idea						
▲	Olive Oil - Virgin	*organic*	6x1l	96.05		*21.36*	**200510**
	The Lesbian Donkey - from Lesbos - unfiltered olive oil						
▲	Olive Oil - E.V	*organic*	6x500ml	51.95		*11.54*	**200570**
▲	Olive Oil - E.V	*organic*	6x1l	92.70		*20.60*	**200572**
▲	Olive Oil - E.V	*organic*	1x5l	73.00		*97.33*	**200575**
	Mr Organic - in glass						
◆	Olive Oil - Extra Virgin	*organic*	12x1l	187.90		*20.88*	**200954**
◆	Rapeseed Oil - cold pressed - gluten-free	*organic*	6x750ml	26.75		*5.94*	**200955**
◆	Sunflower Oil	*organic*	6x750ml	31.25		*6.94*	**200958**
	Raw Health						
▲	Raw Greek Extra Virgin Olive Oil	*organic*	6x500ml	57.10		*12.69*	**201702**
	Suma - Vegan - RSPO Certified Palm Oil						
▲	Vegetarian Suet		6x250g	16.85		*3.74*	**791582**

Nut Butter, Pâté, Spreads & Jam

	Biona - Nut & Seed Butters						
▲	Tahini White no salt - raw	*organic*	6x170g	17.50		*3.89*	**250233**
	Biona - jars						
▲	Black Olive Pâté	*organic*	6x120g	16.60		*3.69*	**390103**
	Essential - organic spreads						
◆	Dark Chocolate Spread - no palm oil - vegan	*organic*	6x400g	20.20		*4.49*	**250606**
◆	Hazelnut Chocolate Spread - no palm oil - vegan	*organic*	6x400g	22.00		*4.89*	**250608**
	Essential - Vitam-R						
◆	Vitam-R (yeast extract low salt)		6x125g	22.60		*5.02*	**251005**
◆	Vitam-R (yeast extract low salt)		6x250g	38.33		*8.52*	**251010**
	Meridian						
◆	Peanut Butter Crunchy salted - glass		6x280g	14.15		*3.14*	**251550**
◆	Peanut Butter Crunchy 100% - glass		6x280g	14.15		*3.14*	**251570**
◆	Peanut Butter Smooth salted - glass		6x280g	14.15		*3.14*	**251590**
◆	Peanut Butter Smooth 100% - glass		6x280g	14.15		*3.14*	**251610**
◆	Peanut & Coconut Butter Smooth		6x280g	15.95		*3.54*	**251612**
◆	Cocoa & Peanut Butter		6x280g	14.60		*3.24*	**251616**
◆	Richer Roast Crunchy Peanut Butter 100%		6x280g	15.70		*3.48*	**251600**
◆	Richer Roast Smooth Peanut Butter 100%		6x280g	15.70		*3.49*	**251602**
	Vego - organic, vegan, gluten-free, Fair Trade						
▲	Crunchy Hazelnut Chocolate Spread	*organic*	6x350g	23.60		*5.25*	**253391**

Honey, Syrup, Sugar & Sweeteners

	Biona Sweeteners - in squeezy bottles						
▲	Rice Syrup	*organic*	6x350g	19.75		*4.39*	**310410**
	Food Alive - wild harvested 100% stevia						
▲	Stevia Powder - Guayapi (single)		1x50g	5.55		*7.40*	**321440**
	St Lawrence Gold Canadian Maple Syrup & Honey						
▲	Maple Syrup - amber grade A - glass	*organic*	12x330g	69.15		*7.68*	**316515**
▲	Maple Syrup - dark grade A - glass	*organic*	12x330g	69.15		*7.68*	**316516**
▲	Maple Syrup - amber grade A - plastic jug	*organic*	12x500ml	128.55		*14.28*	**316517**
▲	Maple Syrup - amber grade A - plastic jug	*organic*	1x1l	20.70		*27.60*	**316518**
▲	Maple Syrup - dark grade A - plastic jug	*organic*	4l	70.50	17.63		**316519**
▲	Maple Syrup - very dark grade A - plastic pail	*organic*	20l	341.50	17.08		**316520**
▲	Maple Sugar Granulated - glass	*organic*	12x125g	65.60		*7.29*	**316522**
▲	Maple Butter - glass	*organic*	12x150g	73.00		*8.11*	**316524**
	The Raw Chocolate Co.						
▲	Coconut Palm Sugar	*organic*	6x230g	16.75		*3.72*	**321470**

Olives, Pickles and Preserved Vegetables

	Biona - in jars						
▲	Capers in E.V. Olive Oil	*organic*	6x120g	23.35		*5.19*	**350614**
	Mani - Greek Organic products						
◆	Green Olives - vacuum preserved	*organic*	6x205g	17.90		*3.98*	**350370**
◆	Green & Kalamata Olives with Chilli	*organic*	6x205g	17.90		*3.98*	**350374**
◆	Kalamata Olives - vacuum preserved	*organic*	6x205g	17.90		*3.98*	**350375**
◆	Kalamata Olives in e.v. Olive Oil	*organic*	6x280g	24.65		*5.48*	**350380**
◆	Green & Kalamata Pitted Olives	*organic*	6x175g	17.90		*3.98*	**350382**
	Raw Health						
▲	Raw Kalamata Olives (in e.v. olive oil)	*organic*	6x330g	32.80		*7.29*	**351930**
▲	Raw Mix Green & Kalamata Olives	*organic*	6x330g	31.45		*6.99*	**351935**

Vinegars

	Aspall						
◆	Apple Balsamic Vinegar		6x350ml	17.80		*3.96*	**370503**
◆	Balsamic Vinegar	*organic*	6x350ml	17.80		*3.96*	**370504**
◆	Balsamic Vinegar	*organic*	5l	35.80	7.16		**370507**
◆	Cyder Vinegar	*organic*	25l	57.80	2.31		**370511**
◆	Cyder Vinegar	*organic*	5l	15.75	3.15		**370512**
◆	Cyder Vinegar	*organic*	6x500ml	10.25		*2.28*	**370516**
◆	Cyder Vinegar	*organic*	6x350ml	9.00		*2.00*	**370518**
◆	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	16.00 V		*4.27*	**370522**
◆	Raw Unfiltered Cyder Vinegar	*organic*	6x500ml	12.85		*2.86*	**370519**
◆	Raw Unfiltered Cyder Vinegar	*organic*	5l	15.75	3.15		**370520**
◆	Red Wine Vinegar	*organic*	6x350ml	8.85		*1.97*	**370535**
◆	White Wine Vinegar	*organic*	6x350ml	8.85		*1.97*	**370550**
◆	Organic White Wine Vinegar	*organic*	5l	15.95	3.19		**370552**
◆	Red Wine Vinegar		5l	10.50	2.10		**370517**
◆	White Wine Vinegar (not organic)		5l	10.50	2.10		**370523**
	Mr Organic						
◆	Balsamic Modena Glaze	*organic*	6x150ml	20.20		*4.49*	**371346**
◆	Balsamic Modena Vinegar	*organic*	12x500ml	40.40		*4.49*	**371350**

Sauces, Fruit and Vegetable Products

Biona - Sauces. Mustards, Pastes, Relish

▲	Asparagus Cream	*organic*	6x120g	15.70		*3.49*	**390093**
▲	Mayonnaise 40% Olive Oil - jar	*organic*	6x230g	22.45		*4.99*	**390170**
▲	Satay Spicy Peanut Simmer Sauce	*organic*	6x350g	18.95		*4.21*	**390187**
▲	Tikka Masala Simmer Sauce	*organic*	6x350g	17.95		*3.99*	**390190**

Biona - Tomato Products

◆	Passata	*organic*	12x680g	23.30		*2.59*	**390115**
◆	Passata with Basil	*organic*	12x680g	23.30		*2.59*	**390117**
◆	Passata Rustica	*organic*	12x680g	24.20		*2.69*	**390119**
▲	Sun-dried Tomatoes in EV Olive Oil	*organic*	6x170g	25.60		*5.69*	**390128**
◆	Toscana Pasta Sauce (Tuscan)	*organic*	6x350g	13.45		*2.99*	**390139**

Infinity Foods

▲	Sun-dried Tomato Halves	*organic*	10kg	73.40	7.34		**393001**
▲	Sun-dried Tomato Halves	*organic*	1kg	9.20	9.20		**393002**
▲	Sun-dried Tomato Halves	*organic*	6x250g	14.05		*3.12*	**8755**

La Bio Idea

☆	Pesto Siciliano - vegetarian	*organic*	12x130g	25.65		*2.85*	**391660**
☆	Pesto Genovese - vegetarian	*organic*	12x130g	27.45		*3.05*	**391665**

Mr Organic - Italy - Vegan

▲	Tomato Purée - jar	*organic*	6x200g	10.75		*2.39*	**392149**

Convenience Foods

Amaizin - cans

◆	Aduki Beans	*organic*	6x400g	10.00		*2.22*	**440501**
◆	Baked Beans	*organic*	6x400g	10.90		*2.42*	**440503**
◆	Black Beans	*organic*	6x400g	9.15		*2.03*	**440505**
◆	Feijoada Beans - black beans in spiced sauce	*organic*	6x400g	9.95		*2.21*	**440506**
◆	Mixed Beans with corn - small	*organic*	12x200g	13.55		*1.51*	**440508**
◆	Red Kidney Beans in Chilli Sauce	*organic*	6x400g	12.85		*2.86*	**440510**
◆	Taco Bean Mix - in spicy sauce	*organic*	6x400g	9.20		*2.05*	**440511**

Biona - tinned beans & pulses

◆	Baked Beans in tins	*organic*	12x400g	15.20		*1.69*	**390099**
▲	Brown Lentil Curry - BPA-free can	*organic*	6x400g	9.85		*2.19*	**390120**
◆	Chilli Black Beans - BPA-free can	*organic*	6x410g	7.60		*1.69*	**390146**
◆	Chilli Red Kidney Beans in tins	*organic*	6x395g	7.60		*1.69*	**390149**
◆	Refried Pinto Beans in tins	*organic*	12x410g	21.50		*2.39*	**390183**

Biona - beans in jars

▲	Jar Chickpeas	*organic*	6x350g	8.95		*1.99*	**390157**

Free & Easy - canned Organic Soups

◆	Butternut Squash & Ginger Soup	*organic*	6x400g	10.75		*2.39*	**441122**
◆	Pea & Mint Soup	*organic*	6x400g	10.75		*2.39*	**441130**
◆	Sweet Potato & Chia Seed Soup	*organic*	6x400g	10.75		*2.39*	**441132**
◆	Tomato Soup	*organic*	6x400g	10.75		*2.39*	**441135**

Just Wholefoods - vegan - Organic World Mixes

◆	Falafel Mix	*organic*	6x120g	10.00		*2.22*	**442505**

Just Wholefoods - vegan

◆	Brownie Mix - vegan	*organic*	6x318g	20.75		*4.61*	**442488**
◆	Energy Ball Mix - vegan	*organic*	6x140g	14.45		*3.21*	**442490**
◆	Matcha Pancake Mix - vegan	*organic*	6x188g	14.45		*3.21*	**442496**
◆	Pancake Mix - vegan	*organic*	6x185g	14.45		*3.21*	**442500**

Mr Organic - ring-pull cans

◆	Aduki Beans	*organic*	12x400g	13.40		*1.49*	**442748**
◆	Baked Beans	*organic*	12x400g	14.30		*1.59*	**442750**
◆	BBQ Baked Beans	*organic*	12x400g	16.10		*1.79*	**442751**
◆	Beluga Lentils	*organic*	12x400g	13.40		*1.49*	**442753**
◆	Black Beans	*organic*	12x400g	12.50		*1.39*	**442752**
◆	Borlotti Beans	*organic*	12x400g	13.40		*1.49*	**442755**
◆	Brazilian Style Black Beans	*organic*	12x400g	18.80		*2.09*	**442756**
◆	Cannellini Beans	*organic*	12x400g	13.40		*1.49*	**442757**
◆	Chickpeas	*organic*	12x400g	12.50		*1.39*	**442760**
◆	Chilli Mixed Beans	*organic*	12x400g	16.10		*1.79*	**442761**
◆	Butter Beans	*organic*	12x400g	14.30		*1.59*	**442762**
◆	Greek Style Butter Beans	*organic*	12x400g	18.80		*2.09*	**442764**
◆	Haricot Beans	*organic*	12x400g	13.40		*1.49*	**442763**
◆	Italian Style Cannellini Beans	*organic*	12x400g	18.80		*2.09*	**442768**
◆	Lentils - green	*organic*	12x400g	13.40		*1.49*	**442765**
◆	Low Sugar Baked Beans	*organic*	12x400g	16.10		*1.79*	**442766**
◆	Mexican Style Beans & Corn	*organic*	12x400g	18.80		*2.09*	**442769**
◆	Mixed Beans	*organic*	12x400g	14.30		*1.59*	**442767**
◆	Moroccan Style Chickpeas	*organic*	12x400g	18.80		*2.09*	**442772**
◆	Red Kidney Beans	*organic*	12x400g	13.40		*1.49*	**442770**
◆	Black Bean Vegetable Soup	*organic*	12x400g	18.80		*2.09*	**442774**
◆	Spicy Mixed Bean Soup	*organic*	12x400g	18.80		*2.09*	**442771**
◆	Tomato & Basil Soup	*organic*	12x400g	18.80		*2.09*	**442776**
◆	Tomato & Lentil Soup	*organic*	12x400g	18.80		*2.09*	**442773**

Suma - Beans & Pulses easy-open cans

▲	Catering size Chickpeas	*organic*	6x2.6kg	21.35		*4.74*	**445511**

Suma Canned from Fresh - Beans & Pulses easy-open cans

◆	Edamame Fresh	*organic*	12x200g	15.20		*1.69*	**445603**
◆	Flageolet Fresh	*organic*	12x200g	13.40		*1.49*	**445605**

Baby & Children's Food and Baby Products

Beaming Baby

▼	Bamboo Baby Wipes	*organic*	12x80wipes	26.05 V		*3.89*	**471454**

Organix Brands - from 7 months

◆	Banana & Plum Porridge	*organic*	4x200g	10.00		*3.33*	**470710**
◆	Apple Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470820**
◆	Banana Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470822**
◆	Cherry Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470823**
◆	Strawberry Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470824**
◆	Summer Fruits Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470826**
◆	Little Ruskits Baby Biscuits	*organic*	4x54g	7.25		*2.42*	**470833**
◆	Melty Tomato Slices	*organic*	5x20g	3.25		*0.87*	**470857**
◆	Melty Carrot Puffs	*organic*	8x20g	5.05		*0.84*	**470924**
◆	Melty Sweetcorn Rings	*organic*	8x20g	5.05		*0.84*	**470926**
◆	Banana Weaning Wands	*organic*	5x25g	6.15		*1.64*	**470976**
◆	Strawberry Weaning Wands	*organic*	5x25g	6.15		*1.64*	**470978**

Organix - 12 months plus

◆	Raspberry & Apple Soft Oaty Bars - Multipack	*organic*	6x6x23g	16.45		*3.66*	**470856**
◆	Carrot Cake Soft Oaty Bars - Multipack	*organic*	6x6x30g	16.45		*3.66*	**470864**
◆	Choco Orange Soft Oaty Bars - Multipack	*organic*	6x6x23g	15.55		*3.46*	**470865**
◆	Chunky Apple & Date Fruit Bars	*organic*	6x6x17g	15.90		*3.53*	**470881**
◆	Chunky Banana & Date Fruit Bars	*organic*	6x6x17g	15.90		*3.53*	**470882**
◆	Kids Cool Choco Mint Mini Flapjack Bites	*organic*	4x4x23g	12.30		*4.09*	**470866**
◆	Kids Crazy Choco Orange Mini Flapjack Bites	*organic*	4x4x23g	11.25		*3.74*	**470869**
◆	Kids Lemon & Lime Oaty Bars	*organic*	6x6x23g	16.95		*3.76*	**470873**
◆	Kids Marvellous Mandarin & Apple Oaty Bars	*organic*	6x6x23g	16.95		*3.76*	**470874**
◆	Raisins - box	*organic*	4x12x14g	9.70		*3.23*	**470884**
◆	Alphabet Biscuits	*organic*	6x5x25g	13.55		*3.01*	**470906**
◆	Farm Animal Biscuits	*organic*	5x100g	9.65		*2.57*	**470907**
◆	Cocoa & Vanilla Gruffalo Biscuits	*organic*	3x5x20g	6.15		*2.73*	**470889**
◆	Gingerbread Men - lge	*organic*	6x135g	13.60		*3.02*	**470909**
◆	Mini Gingerbread Men	*organic*	8x20g	5.30		*0.88*	**470911**
◆	Carrot Stix	*organic*	6x15g	2.50		*0.55*	**470914**
◆	Cheese & Herb Corn Puffs	*organic*	6x15g	2.50		*0.55*	**470920**
◆	Barbeque Gruffalo Claws	*organic*	3x4x15g	6.30		*2.79*	**470901**
◆	Cheese & Onion Gruffalo Claws	*organic*	3x4x15g	6.30		*2.79*	**470905**
◆	Melty Carrot Puffs multi pack	*organic*	4x4x18g	8.45		*2.81*	**470923**
◆	Mini Cheese Cracker multipack	*organic*	3x4x20g	6.65		*2.95*	**470918**

Japanese Products, Miso, Soy Sauce, Tofu

Clearspring Japanese sauces

◆	Instant Noodle Broth	*organic*	6x250ml	29.20		*6.49*	**480501**

OHSOMISO

☆	Sweet Brown Miso - rice & soy		4x240g	13.00		*4.33*	**481045**
☆	Sweet Brown Miso - rice & chickpea		4x240g	13.00		*4.33*	**481046**

Sea Vegetables

The Cornish Seaweed Company - grinders and shakers

▼	Dulse Flakes - shaker	*organic*	6x20g	15.85	*3.75*	**531096**
▼	Kelp Flakes - shaker	*organic*	6x40g	16.75	*3.96*	**531098**
▼	Mixed Seaweed Flakes - shaker	*organic*	6x40g	16.75	*3.96*	**531100**
▼	Seagreens Flakes - shaker	*organic*	6x10g	15.85	*3.75*	**531104**
▼	Sea Salad Flakes - shaker	*organic*	6x12g	15.85	*3.75*	**531108**
▲	Seaweed Mixed Pepper Grinder	*organic*	4x60g	12.50	*4.43*	**531110**
▲	Seaweed Salt Grinder	*organic*	4x100g	10.40	*3.69*	**531112**

The Cornish Seaweed Company

▲	Cornish Seaweed Salt	*organic*	8x70g	16.85	*2.81*	**531090**

Teas - Herb

11 O'clock Tea

◆	11 O'clock Rooibosch Tea Bags	*organic*	4x40bgs	8.70	*2.90*	**575010**
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x80bgs	16.15	*5.38*	**575015**

Dragonfly - Organic Herb Teas

◆	Pure Peppermint Bags	*organic*	4x20bgs	7.90	*2.63*	**560553**
◆	Golden Balance Turmeric Bags	*organic*	4x20bgs	8.65	*2.88*	**560551**
◆	Happy Times Tulsi Bags	*organic*	4x20bgs	8.65	*2.88*	**560556**
◆	Mint Garden Digestif Bags	*organic*	4x20bgs	8.65	*2.88*	**560554**
◆	Cape Malay Rooibos Chai Bags	*organic*	4x20bgs	7.90	*2.63*	**560555**
◆	Mountain Honeybush Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**560565**
◆	Night Sky Calm Bags	*organic*	4x20bgs	8.65	*2.88*	**560567**
◆	True Clarity Ginger	*organic*	4x20bgs	8.65	*2.88*	**560559**
◆	Cape Rooibos & Honeybush Bags	*organic*	4x20bgs	7.90	*2.63*	**560568**

Dragonfly - Rooibos Teas

◆	Rooibos	*organic*	4x40bgs	9.10	*3.03*	**544008**
◆	Rooibos - Earl Grey	*organic*	4x40bgs	9.10	*3.03*	**544110**
◆	Rooibos - Vanilla	*organic*	4x40bgs	9.10	*3.03*	**544112**

Organic Herb Trading Co. organic loose tea

▲	Hibiscus Flower Pieces - teabag cut	*organic*	1x500g	9.75	*13.00*	**560856**
▼	Rooibos Leaf	*organic*	1x500g	14.30	*19.08*	**560857**

Tick Tock Rooibos

◆	Rooibos Tea Bags	*organic*	4x40bgs	8.05	*2.68*	**561712**
◆	Rooibos Tea Bags	*organic*	4x80bgs	15.75	*5.25*	**561716**
◆	Rooibos Tea Loose	*organic*	6x100g	12.00	*2.67*	**561717**
◆	Green Rooibos Tea Bags	*organic*	4x40bgs	8.55	*2.85*	**561718**
◆	Rooibos Earl Grey Tea Bags		4x40bgs	8.55	*2.85*	**561722**

Teas - Black, Green & White

Dragonfly Tea

◆	Golden Himalaya Darjeeling Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**581015**
◆	Classic Earl Grey Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**581020**
◆	Traditional English Breakfast Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**581025**
◆	Indian Spice Chai Bags	*organic*	4x20bgs	7.90	*2.63*	**580340**
◆	Pure Green Mountain Tea	*organic*	4x20bgs	7.90	*2.63*	**580345**
◆	Moroccan Mint Green Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**580346**
◆	Moonlight Jasmine Green Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**580347**
◆	Swirling Mist White Tea Bags	*organic*	4x20bgs	8.65	*2.88*	**580350**
◆	Digestive Chai Pu'er Tea Bags	*organic*	4x20bgs	8.65	*2.88*	**580354**
◆	Digestive Lemon Pu'er Tea Bags	*organic*	4x20bgs	8.65	*2.88*	**580348**
◆	Good Dragon Pu'er Tea Bags	*organic*	4x20bgs	7.90	*2.63*	**580349**

Organic Herb Trading Co. organic loose tea

▲	Jasmine Green Loose Leaf Tea	*organic*	1x500g	20.60	*27.47*	**580542**

Coffee

CaféDirect FairTrade R&G

◆	CaféDirect Lively Restore Blend - 4		6x227g	23.30	*5.18*	**600504**
◆	CaféDirect Intense Thrive Blend - 5		6x200g	20.80	*4.62*	**600492**
◆	CaféDirect Lively Restore Blend - 4		6x200g	20.80	*4.62*	**600494**
◆	CaféDirect Smooth Empower Blend - 3		6x200g	20.80	*4.62*	**600495**

CaféDirect FairTrade Instant

◆	Instant Machu Picchu Coffee - 4		6x100g	26.65	*5.92*	**600519**
◆	Instant Decaf Machu Picchu Coffee - 4		6x100g	26.65	*5.92*	**600521**
◆	Classic Instant Coffee - single tin - 3		1x500g	21.65	*28.87*	**600525**

Clipper FairTrade

☆	Instant Coffee House Blend- 4 - tin	*organic*	1x500g	26.55	*35.40*	**600572**
☆	Instant Decaf Coffee - 3 - tin	*organic*	1x500g	30.10	*40.13*	**600571**
◆	Instant Decaffeinated Coffee	*organic*	6x100g	36.35	*8.08*	**600575**
◆	Instant Coffee - House Blend	*organic*	6x100g	32.90	*7.31*	**600578**
◆	Instant Coffee - Rich Roast	*organic*	6x100g	32.90	*7.31*	**600579**
☆	House Blend Coffee R&G	*organic*	8x227g	33.10	*5.51*	**600580**

Equal Exchange Original FairTrade R&G Coffee

◆	Dark City Roast Coffee Ground - 4	*organic*	8x200g	36.00	*6.00*	**600610**
◆	Medium R&G Coffee - 3	*organic*	8x200g	36.00	*6.00*	**600605**

Equal Exchange Modern Blends FairTrade R&G Coffee

◆	Italian Coffee R&G - 5	*organic*	8x200g	36.00	*6.00*	**600685**
◆	Women Grew This Coffee R&G - 3	*organic*	8x200g	36.00	*6.00*	**600695**

Equal Exchange FairTrade Coffee Beans

◆	Coffee Beans Roast-Italian - 5	*organic*	8x200g	36.00	*6.00*	**600654**
◆	Coffee Beans - Medium roast - 3	*organic*	8x200g	36.00	*6.00*	**600657**
◆	Coffee Beans - Dark City roast - 4	*organic*	8x200g	36.00	*6.00*	**600660**
◆	Coffee Beans - Women grown - 3	*organic*	8x200g	36.00	*6.00*	**600664**

Grumpy Mule Ground

◆	Colombia Ground Equidad - 4 - FT	*organic*	6x227g	25.10	*5.59*	**600805**
◆	Honduras Ground Community FT - 3	*organic*	6x227g	25.10	*5.58*	**600818**
◆	Peru Ground Femenino - 4 - FT - Bird Friendly	*organic*	6x227g	25.10	*5.59*	**600813**
◆	Sumatra Ground Gayo Highlands - 4 - FT	*organic*	6x227g	25.10	*5.59*	**600807**
◆	Decaffeinated Ground (Swiss water) - 3 - FT	*organic*	6x227g	28.45	*6.32*	**600815**

Grumpy Mule Beans

◆	Beans - Espresso - 5	*organic*	6x227g	26.20	*5.82*	**600830**
◆	Beans - Sumatra - 4	*organic*	6x227g	25.10	*5.59*	**600832**
◆	Beans - Landscape Espresso - 5	*organic*	1x1kg	18.25	*24.37*	**600841**
◆	Beans - Milestone - 3		1x1kg	17.05	*22.76*	**600844**

Percol - Home Compostable & Plastic-free Packaging, Fair Trade

▲	Rich Americano R&G Coffee - 4	*organic*	6x200g	20.95	*4.67*	**601306**

Source - climate change coffee - single origin

◆	Gishwati Rwandan Cloud Forest Coffee R&G - 4	*organic*	6x227g	30.35	*6.74*	**601330**
◆	Kilimanjaro Espresso Cloud Forest Coffee R&G -	*organic*	6x227g	30.35	*6.74*	**601332**
◆	Mexican La Sierra Cloud Forest Coffee R&G - 3	*organic*	6x227g	30.35	*6.74*	**601335**
◆	Rio Coco Nicaragua Cloud Forest Coffee R&G - 3	*organic*	6x227g	30.35	*6.74*	**601347**
◆	Rio Coco Nicaragua Cloud Forest Coffee Bean - :	*organic*	6x227g	30.35	*6.74*	**601348**
◆	Uganda Mount Elgon Cloud Forest R&G - 4	*organic*	6x227g	30.35	*6.74*	**601336**

Coffee Substitutes, Malted Drinks, Carob & Cocoa Products

Infinity Foods - Raw Cacao Nibs

▲	Cacao Nibs - raw	*organic*	15kg	263.55	17.57		**764205**
▲	Cacao Nibs - raw	*organic*	1kg	19.35	19.35		**764210**
▲	Cacao Nibs - raw	*organic*	6x250g	29.90		*6.64*	**8075**
▲	Cacao Nibs - raw	*organic*	12x125g	32.35		*3.59*	**8080**

The Raw Chocolate Co. - Fair Trade - sugar, dairy & gluten-free

▲	Raw Cacao Nibs	*organic*	6x150g	20.95		*4.66*	**766892**
▲	Cacao Powder	*organic*	6x180g	20.95		*4.66*	**766893**
▲	Raw Cacao Butter Buttons	*organic*	6x200g	29.35		*6.52*	**766909**

Sweet Revolution - Barista Blend just add hot milk/mylk - vegan

☆	Chai Latte with reishi - Barista	*organic*	4x100g	27.80		*9.27*	**620020**

Drinks - Herbal, Tonic, Coconut and Iced Tea

Gusto organic Drinks - glass bottle

▲	Gusto - Lemon energy	*organic*	12x250ml	16.30 V		*2.17*	**641607**

Drinks - Fruit & Vegetable Juices, Cordials & Water

Belvoir Cordials

◆	Elderflower Cordial	*organic*	6x500ml	21.65 V	*5.78*	**660560**
◆	Ginger Cordial	*organic*	6x500ml	21.65 V	*5.78*	**660565**
◆	Lemon & Mint Cordial	*organic*	6x500ml	21.65 V	*5.78*	**660566**

BetterYou - aluminium can

◆	Magnesium Water Energy - pomegranate & rhubarb		12x250ml	15.35 V	*2.05*	**672000**
◆	Magnesium Water Focus - blueberry & mint		12x250ml	15.35 V	*2.05*	**672001**
◆	Magnesium Water Hydrate - lime & bergamot		12x250ml	15.35 V	*2.05*	**672002**

Biona Juices & Drinks - glass bottles

◆	Apple Juice - Ige	*organic*	6x750ml	13.45 V	*3.59*	**660693**
◆	Carrot Juice	*organic*	6x750ml	14.55 V	*3.89*	**660694**
◆	Orange Juice	*organic*	6x750ml	22.05 V	*5.89*	**660695**
◆	Red Grape Juice	*organic*	6x750ml	18.30 V	*4.89*	**660696**
◆	Tomato Juice	*organic*	6x750ml	14.55 V	*3.89*	**660697**

James White - Zingers - intense shots

◆	Lime & Chilli Zinger	*organic*	15x70ml	14.90 V	*1.59*	**664620**
◆	Ginger Zinger	*organic*	15x70ml	14.90 V	*1.59*	**664622**
◆	Intense Sour Cherry Zinger		15x70ml	14.90 V	*1.59*	**664624**
◆	Xtra Hot Ginger Zinger	*organic*	15x70ml	14.90 V	*1.59*	**664625**
◆	Golden Turmeric Juice Zinger		15x70ml	14.90 V	*1.59*	**664627**
◆	Big Zinger Ginger	*organic*	6x330ml	16.05 V	*4.28*	**664628**
◆	Big Zinger Turmeric		6x330ml	16.05 V	*4.28*	**664630**

Vitacore - in glass

◆	Blueberry Drink	*organic*	6x500ml	22.30 V	*5.95*	**663511**
◆	Cranberry Drink	*organic*	6x500ml	22.30 V	*5.95*	**663512**
▲	Pomegranate Juice	*organic*	6x500ml	14.80 V	*3.95*	**663513**
◆	Prune Juice	*organic*	6x500ml	22.30 V	*5.95*	**663514**

Drinks - Carbonated

Belvoir - Pressés

◆	Elderflower Pressé	*organic*	6x750ml	14.95 V	*3.99*	**660575**
◆	Elderflower Pressé	*organic*	12x250ml	13.80 V	*1.84*	**660577**
◆	Ginger Beer	*organic*	6x750ml	14.95 V	*3.99*	**660580**
◆	Ginger Beer	*organic*	12x250ml	13.80 V	*1.84*	**660582**
◆	Lemonade	*organic*	12x250ml	13.80 V	*1.84*	**660587**

Luscombe - glass

▲	Damascene Rose Bubbly	*organic*	24x270ml	33.85 V	*2.26*	**661586**
▲	Ginger Beer Cool	*organic*	24x270ml	33.40 V	*2.23*	**661588**
▲	Ginger Beer Hot	*organic*	24x270ml	33.40 V	*2.23*	**661590**
▲	Lemonade Sicilian	*organic*	24x270ml	33.40 V	*2.23*	**661592**
▲	Raspberry Crush	*organic*	24x270ml	37.35 V	*2.49*	**661598**
▲	Rhubarb Crush	*organic*	24x270ml	33.40 V	*2.23*	**661599**
▲	Sicilian Citrus Crush (formerly St Clements)	*organic*	24x270ml	33.40 V	*2.23*	**661600**
▲	Wild Elderflower Bubbly		24x270ml	33.85 V	*2.26*	**661604**

Drinks - Soya, Nut, Grain, Milk & Desserts

Just Wholefoods - Vegan

◆	Custard Powder - all natural		12x100g	16.50	*1.83*	**723005**
◆	VegeSet - alternative to gelatine		10x25g	19.50	*2.60*	**723007**
◆	Lively Lemon Jelly Crystals - with sugar		12x85g	16.50	*1.83*	**723010**
◆	Raw Raspberry Jelly Crystals - with sugar		12x85g	16.50	*1.83*	**723015**
◆	Simply Strawberry Jelly Crystals - with sugar		12x85g	16.50	*1.83*	**723020**
◆	Tropical Twist Jelly Crystals - with sugar		12x85g	16.50	*1.83*	**723025**

Oatly - Vegan

◆	Barista Oat Drink	*organic*	6x1l	10.80	*2.39*	**725708**

Rude Health - gluten-free

◆	Barista Almond Drink		6x1l	11.20	*2.49*	**724606**
◆	Barista Coconut Drink		6x1l	11.20	*2.49*	**724607**
◆	Barista Oat Drink		6x1l	9.00	*2.00*	**724608**
◆	Oat Barista Drink	*organic*	6x1l	11.20	*2.49*	**724584**
◆	Barista Soya Drink	*organic*	6x1l	9.00	*2.00*	**724005**

Sojade - plant based drinks & cream

◆	Soya Natural - unsweetened	*organic*	8x1l	11.65	*1.94*	**724605**
◆	Soya Mild with apple juice	*organic*	8x1l	12.90	*2.15*	**724611**
◆	Soya + Vanilla	*organic*	8x1l	14.30	*2.39*	**724615**
◆	Chocolate Soya Drink	*organic*	8x1l	16.75	*2.80*	**724617**
◆	Sojade Cuisine - Soya Cream	*organic*	24x200ml	18.80	*1.04*	**724620**
◆	Chocolate Soya Dessert - Custard	*organic*	8x530g	10.05	*1.68*	**724622**
◆	Vanilla Soya Dessert - Custard	*organic*	8x530g	10.50	*1.75*	**724624**

Savoury Snacks

Eat Real Organic Chips & Straws - vegan - gluten-free

◆	Organic Hummus Chips Salted	*organic*	10x100g	19.65	*2.70*	**751100**
◆	Organic Lentil Chips Salted	*organic*	10x100g	19.65	*2.70*	**751120**
◆	Organic Veggie Straws	*organic*	10x100g	19.65	*2.70*	**751130**

Eat Real - Hummus Chips - large - vegan - gluten-free

◆	Chilli & Lemon Hummus Chips - large		10x110g	16.05	*2.29*	**751193**
◆	Sea Salt & Balsamic Hummus Chips - large		10x110g	16.05	*2.29*	**751194**
◆	Sour Cream & Chives Hummus Chips - large		10x110g	16.05	*2.29*	**751195**
◆	Tomato & Basil Hummus Chips - large		10x110g	16.05	*2.29*	**751196**
◆	Sea Salt Hummus Chips - large		10x110g	16.05	*2.29*	**751197**

Eat Real - Hummus Chips - small - vegan - gluten-free

◆	Sea Salt Hummus Chips		18x45g	11.85	*0.98*	**751201**
◆	Sour Cream & Chives Hummus Chips		18x45g	11.85	*0.98*	**751202**
◆	Tomato & Basil Hummus Chips		18x45g	11.85	*0.98*	**751203**

Eat Real - Lentil Chips - vegan - gluten-free

◆	Chilli & Lemon Lentil Chips - large		10x95g	16.05	*2.29*	**751217**
◆	Creamy Dill Lentil Chips - large		10x95g	16.05	*2.29*	**751218**
◆	Mango & Mint Lentil Chips - large		10x95g	16.05	*2.29*	**751219**
◆	Sea Salt Lentil Chips - large		10x95g	16.05	*2.29*	**751221**
◆	Chilli & Lemon Lentil Chips		18x40g	11.85	*0.98*	**751224**
◆	Creamy Dill Lentil Chips		18x40g	11.85	*0.98*	**751226**
◆	Sea Salt Lentil Chips		18x40g	11.85	*0.98*	**751231**

Eat Real - Quinoa Chips - large - vegan - gluten-free

◆	Sour Cream & Chives Quinoa Chips		10x90g	16.05	*2.29*	**751251**
◆	Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	16.05	*2.29*	**751254**

Eat Real - Quinoa Chips - small - vegan - gluten-free

◆	Sour Cream & Chives Quinoa Chips - small		18x40g	7.90	*0.66*	**751271**

Eat Real - Veggie Straws - Vegan - gluten-free

◆	Veggie Straws - small		18x45g	11.85 V	*1.18*	**751287**
◆	Veggie Straws - large		10x110g	16.05 V	*2.60*	**751288**
◆	Veggie Straws Sea Salt Black Pepper - large		10x110g	16.05 V	*2.60*	**751289**
◆	Veggie Straws Smoked Paprika & Chilli - large		10x110g	16.05 V	*2.60*	**751291**

Eat Real - Multi Packs - vegan - gluten-free

◆	Chips Multi Pack		8x5pack	18.00	*3.04*	**721291**
▼	Kids Straws Multi Pack		24x20g	11.30	*0.64*	**721292**

Infinity Pre-Packed Savoury Snacks

☆	Japanese Rice Crackers		6x125g	7.45	*1.66*	**8050**
☆	Japanese Rice Crackers		6x250g	12.60	*2.80*	**8055**

Sweet Snacks & Confections

Alter Eco organic Fairtrade Chocolate

◆	Almond Dark Chocolate Bar	*organic*	14x100g	22.40 V	*3.00*	**760158**
◆	70% Ecuador Chocolate Bar	*organic*	14x100g	22.40 V	*3.00*	**760160**
◆	Milk Chocolate Bar	*organic*	14x100g	22.40 V	*2.56*	**760162**
◆	Orange Dark Chocolate Bar	*organic*	14x100g	22.40 V	*2.56*	**760164**
◆	85% Peru Chocolate Bar	*organic*	14x100g	22.40 V	*2.56*	**760166**
◆	Salted Caramel Milk Chocolate Bar	*organic*	14x100g	22.40 V	*2.56*	**760168**

Oatopia vegan flapjacks

◆	Almond Bakewell Oat Bake		16x120g	33.00	*2.75*	**766974**
◆	Original Oat Bake		16x120g	31.20	*2.60*	**766972**
◆	Peanut Butter Oat Bake		16x120g	33.00	*2.75*	**766973**
◆	Salted Caramel Oat Bake		16x120g	33.00	*2.75*	**766976**

Ombar - raw chocolate bars & buttons

◆	Coco Almond Chocolate - large	*organic*	10x70g	20.55 V	*3.29*	**765784**
◆	Coco Mylk Chocolate - large	*organic*	10x70g	20.55 V	*3.29*	**765786**
◆	Dark 72% Chocolate - large	*organic*	10x70g	20.55 V	*3.29*	**765788**
◆	Coconut & Vanilla Centres Chocolate - lge	*organic*	10x70g	20.55 V	*3.29*	**765790**
◆	Hazelnut Truffle Centres Chocolate - lge	*organic*	10x70g	20.55 V	*3.29*	**765791**
◆	Pistachio Centres Chocolate - lge	*organic*	10x70g	20.55 V	*3.29*	**765792**
◆	Raspberry & Coconut Centres Chocolate - lge	*organic*	10x70g	20.55 V	*3.29*	**765794**
◆	Salt & Nibs Chocolate - lge	*organic*	10x70g	20.55 V	*3.29*	**765796**
◆	100% Cacao	*organic*	10x35g	12.40 V	*1.99*	**765761**
◆	Pure 90% Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765764**
◆	Blueberry & Acai Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765765**
◆	Coco Mylk Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765767**
◆	Coconut 60% Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765770**
◆	Dark 72% Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765773**
◆	Strawberry Mylk Chocolate	*organic*	10x35g	12.40 V	*1.99*	**765777**
◆	Buttons Coco Mylk Chocolate 58%	*organic*	15x25g	13.95 V	*1.49*	**765780**

Ombar - Oat M'lk chocolate bars

◆	Oat M'lk Fruit & Nut - chocolate	*organic*	10x70g	17.20 V	*2.75*	**765751**
◆	Oat M'lk Hazelnut - chocolate	*organic*	10x70g	17.20 V	*2.75*	**765752**
◆	Oat M'lk Salted Caramel - chocolate truffle	*organic*	10x70g	17.20 V	*2.75*	**765754**
◆	Oat M'lk Smooth & Creamy - chocolate	*organic*	10x70g	17.20 V	*2.75*	**765756**
◆	Oat M'lk Salted Caramel - filled choc	*organic*	15x42g	16.40 V	*1.75*	**765757**
◆	Oat M'lk Hazelnut Brownie - filled choc	*organic*	15x42g	16.40 V	*1.75*	**765758**

Organic Seed & Bean - Vegan Dark Chocolate

◆	Coconut & Raspberry Sao Tome Dark Bar 66%	*organic*	10x75g	18.80 V	*3.00*	**765874**
◆	Cornish Sea Salt Ecuadorian Dark Bar - 70%	*organic*	10x75g	18.80 V	*3.00*	**765854**
◆	Salted Caramel Dominican Dark Bar - 58%	*organic*	10x75g	18.80 V	*3.00*	**765855**

Organic Seed & Bean - Vegan Fair Trade Milk Choc

◆	Salted Caramel Dairy-free Milk Chocolate	*organic*	10x75g	18.80 V	*3.00*	**765822**
◆	Sea Salt & Orange Dairy-free Milk Chocolate	*organic*	10x75g	18.80 V	*3.00*	**765824**

Organic Seed & Bean - Vegan Fair Trade Dark Choc

◆	Dominican Extra Dark Choc Bar - 72%	*organic*	10x75g	18.80 V	*3.00*	**765830**
◆	Lavender Dark Choc Bar - 72%	*organic*	10x75g	18.80 V	*3.00*	**765831**
◆	Mandarin & Ginger Dark Choc Bar - 72%	*organic*	10x75g	18.80 V	*3.00*	**765832**
◆	Mint Dark Choc Bar - 72%	*organic*	10x75g	18.80 V	*3.00*	**765833**
◆	Coffee Espresso Dark Choc Bar - 58%	*organic*	10x75g	18.80 V	*3.00*	**765835**
◆	Hazelnut Dark Choc Bar - 58%	*organic*	10x75g	18.80 V	*3.00*	**765836**
◆	Lemon & Cardamom Dark Choc Bar - 58%	*organic*	10x75g	18.80 V	*3.00*	**765838**

Organic Seed & Bean - Fair Trade - Milk (37%) & White Chocolate

☆	Smooth Praline Choc Milk Bar	*organic*	10x75g	18.80 V	*3.00*	**765840**
◆	Lime & Sea Salt Milk Choc Bar	*organic*	10x75g	18.80 V	*3.00*	**765841**
◆	Crispy Popped Rice Milk Chocolate Bar	*organic*	10x75g	18.80 V	*3.00*	**765846**
◆	Rich Caramel Milk Chocolate Bar	*organic*	10x75g	18.80 V	*3.00*	**765847**
◆	Rich Milk Chocolate Bar	*organic*	10x75g	18.80 V	*3.00*	**765844**

Organic Seed & Bean mini bars - Vegan Fair Trade Dark Choc

◆	Espresso Dark Choc Bar - 58%	*organic*	30x25g	19.50 V	*1.20*	**765881**
◆	Dominican Extra Dark Choc Bar - 72%	*organic*	30x25g	19.50 V	*1.20*	**765883**
◆	Sweet Orange & Thyme Dark Choc Bar - 58%	*organic*	30x25g	19.50 V	*1.20*	**765884**

Organic Seed & Bean mini bars - Fair Trade - Milk (37%) & White Chocolate

◆	Cornish Sea Salt & Lime Milk Choc Bar - 37%	*organic*	30x25g	19.50 V	*1.20*	**765885**

Peppersmith Dental - vegan - xylitol sweetened

◆	Box Peppermint Dental Chewing Gum - 33 gums		18x50g	36.70 V	*3.26*	**766704**
◆	Box Spearmint Dental Chewing Gum - 33 gums		18x50g	36.70 V	*3.26*	**766726**
◆	Peppermint Dental Chewing Gum Pocket Pack (10 gums		12x15g	10.40 V	*1.39*	**766717**
◆	Spearmint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40 V	*1.39*	**766720**
◆	Peppermint Dental Mints - 100 mints		18x60g	42.00 V	*3.73*	**766703**
◆	Peppermint Dental Mints (25 mints)		12x15g	11.90 V	*1.59*	**766722**
◆	Lemon Dental Mints (25 mints)		12x15g	11.90 V	*1.59*	**766723**
◆	Extra Strong Dental Mints (25 mints)		12x15g	11.90 V	*1.59*	**766724**
◆	Strawberry Pastilles		12x15g	11.90 V	*1.59*	**766706**

The Raw Chocolate Co. - dairy & gluten-free

◆	Raw Chocolate Goji Berries - large	*organic*	6x100g	17.45 V	*4.65*	**766911**
▲	Raw Chocolate Mulberries - Bulk	*organic*	5kg	129.60 V 25.92		**766903**
◆	Raw Chocolate Mulberries - large	*organic*	6x100g	17.45 V	*4.65*	**766912**
▲	Raw Chocolate Almonds - Bulk	*organic*	5kg	144.05 V 28.81		**766906**
◆	Raw Chocolate Almonds - large	*organic*	6x100g	17.45 V	*4.65*	**766913**
◆	Raw Chocolate Bananas - large	*organic*	6x100g	17.45 V	*4.65*	**766864**
◆	Raw Chocolate Ginger - large	*organic*	6x100g	17.45 V	*4.65*	**766914**
◆	Raw Salty Chocolate Hazelnuts - large	*organic*	6x100g	17.45 V	*4.65*	**766916**
▲	Raw Salty Chocolate Hazelnuts - Bulk	*organic*	5kg	144.05 V 28.81		**766919**
◆	Raw Chocolate Raisins - large	*organic*	6x100g	17.45 V	*4.65*	**766917**
▲	Salted Vanoffee Cashews - Bulk	*organic*	5kg	152.85 V 30.57		**766908**
◆	Salted Vanoffee Cashews - large	*organic*	6x100g	17.45 V	*4.65*	**766918**

Supernature - vegan gluten-free chocolate

◆	Almond Clusters		15x34g	18.40 V	*1.96*	**768311**
◆	Chocolate Covered Almonds		15x38g	18.40 V	*1.96*	**768313**
◆	Chocolate Covered Hazelnuts	*organic*	15x40g	18.40 V	*1.96*	**768312**
◆	Hazelnut Butter Cups	*organic*	15x34g	18.40 V	*1.96*	**768315**
◆	Hazelnut Clusters - 2 pack	*organic*	15x34g	18.40 V	*1.96*	**768314**
◆	Peanut Butter Cups - 2pack	*organic*	15x40g	18.40 V	*1.96*	**768316**

Vego - vegan, gluten-free, Fair Trade

▲	150g Whole Hazelnut Chocolate Bar	*organic*	20x150g	55.60 V	*4.45*	**768830**
▲	Mini Whole Hazelnut Chocolate Bar	*organic*	20x65g	28.80 V	*2.30*	**768832**
▲	Nuts & Berries Vego Dark Bar	*organic*	12x85g	29.90 V	*4.00*	**768834**
▲	Vego Crisp - choc & rice crisp Bar	*organic*	20x40g	22.40 V	*1.79*	**768836**

Condiments, Stocks, Salt & Miscellaneous Foods

Clearspring

◆	Gomashio - Black Sesame with Sea Salt	*organic*	6x100g	17.95	*3.99*	**791551**
◆	Gomashio - Whole Sesame with Sea Salt	*organic*	6x100g	17.95	*3.99*	**791552**
◆	Irigoma - Toasted Black Sesame Seeds	*organic*	6x100g	17.95	*3.99*	**791553**
◆	Irigoma - Toasted Whole Sesame Seeds	*organic*	6x100g	17.95	*3.99*	**791554**
◆	Shichimi Togarashi	*organic*	8x50g	29.90	*4.98*	**791555**

Supplementary Foods

The Cornish Seaweed Company

▲	Menstrual Ease	*organic*	1x60cap	6.85 V	*10.96*	**850935**
▲	Sea Moss	*organic*	1x60cap	6.70 V	*10.72*	**850936**
▲	Seaweed & Mushrooms	*organic*	1x60cap	9.90 V	*15.84*	**850937**

Naturya - Blends

◆	Immunity Functional Blend	*organic*	1x250g	7.65	*11.43*	**855404**
◆	Green Super Blend	*organic*	1x250g	10.00	*15.02*	**855408**

Naturya

◆	Acai Powder	*organic*	1x125g	13.30	*19.98*	**855410**
◆	Chia Seeds	*organic*	1x300g	4.00	*6.01*	**855416**
◆	Chlorella Powder	*organic*	1x200g	8.65	*13.00*	**855417**
◆	Cacao Nibs	*organic*	1x300g	5.30	*7.96*	**855418**
◆	Cacao Powder	*organic*	1x250g	4.65	*6.99*	**855419**
◆	Hemp Protein Powder	*organic*	1x300g	6.65	*9.99*	**855420**
◆	Maca Powder	*organic*	1x300g	4.65	*6.99*	**855423**
◆	Spirulina Powder	*organic*	1x200g	6.00	*9.01*	**855425**
◆	Wheatgrass Powder	*organic*	1x200g	5.30	*7.95*	**855427**

Kitchen & Household Goods

Alter/Native by Suma - soap containers

◆	Travel Soap Tin - 29x68x97mm		1x1tin	2.45 V	*3.92*	**859141**

Cheeky Panda Bamboo products

▼	Cleansing Facial Wipes		24x25p	44.20 V	*2.95*	**820555**
▼	Kitchen Rolls - 2 pack		5x2p	17.20 V	*5.50*	**820560**
▼	Multicoloured Paper Straws		48x100p	83.65 V	*2.79*	**820559**
▼	Pocket Tissues		96x10p	57.15 V	*0.95*	**820561**
▼	48 Toilet Rolls		1x5.8kg	25.85 V	*41.36*	**820562**
▼	9 Toilet Rolls		5x9p	25.80 V	*8.26*	**820564**

Household & Industrial Cleaning Products

Bio-D

◆	Dishwasher Tablets - 30 tabs		8x360g	37.80 V	*7.66*	**830502**
◆	Dishwasher Rinse Aid		12x750ml	27.45 V	*3.68*	**830501**
◆	Washing Up Liquid		12x750ml	19.10 V	*2.58*	**830507**
◆	Grapefruit Washing Up Liquid		12x750ml	20.40 V	*2.76*	**830503**

◆	Mandarin Washing Up Liquid	12x750ml	20.40 V		*2.76*	**830511**
◆	Concentrated Floor Cleaner	12x750ml	28.25 V		*3.79*	**830531**
◆	Toilet Cleaner - with nozzle	12x750ml	20.85 V		*2.78*	**830540**
◆	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40 V		*2.85*	**830571**
◆	Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85 V		*3.34*	**830568**
◆	Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50 V		*3.15*	**830542**
◆	Spray - Bathroom Cleaner	12x500ml	24.15 V		*3.24*	**830553**
◆	Multi-Surface Cleaner - concentrated	12x750ml	23.45 V		*3.13*	**830544**
◆	Spray - Glass & Mirror Cleaner	12x500ml	24.50 V		*3.30*	**830557**

Ecoleaf - Vegan

◆	Bathroom Cleaner - trigger spay - green apple	6x500ml	10.70 V		*2.85*	**831394**
◆	Fabric Conditioner	20l	30.95 V	1.55		**831410**
◆	Hard Floor Cleaner - pine	8x750ml	12.95 V		*2.59*	**831411**
◆	Laundry Liquid	20l	51.90 V	2.60		**831417**
◆	Multi Surface Cleaner	6x500ml	10.65 V		*2.84*	**831418**
◆	Washing Powder Concentrated - non bio	10kg	27.55 V	2.76		**831424**
◆	Washing Up Liquid	6x1l	12.60 V		*3.36*	**831425**
◆	Washing Up Liquid - Citrus Grove	20l	29.75 V	1.49		**831430**
◆	Toilet Cleaner-citrus	6x750ml	9.85 V		*2.63*	**831432**

La Droguerie Ecologique - vegan cleaning separates

☆	Nut Shell Sponge Scourers	1x2p	2.05 V		*3.28*	**832760**
☆	Wooden Pots & Pans Scrubbing Brush	15x1p	35.80 V		*3.82*	**832774**

LoofCo

◆	Back Scrubber 30cm loofah with cotton handles	4x34g	12.35 V		*4.94*	**833040**
◆	Bath-Time Heart loofah	8x20g	17.50 V		*3.50*	**833046**
◆	Bath-Time Smile loofah	8x19g	17.50 V		*3.50*	**833041**
◆	Bathroom Cleaning Pad	6x24g	14.80 V		*3.95*	**833042**
◆	Bottle Brush - 26cm	6x36g	13.15 V		*3.51*	**833047**
◆	Water Bottle Brush - 34cm	6x66g	14.80 V		*3.95*	**833043**
◆	Body Loofah	8x20g	16.20 V		*3.24*	**833050**
◆	Cleaning Pad made from loofah	6x20g	10.85 V		*2.89*	**833048**
◆	Cleaning Pad 2 pack made from loofah	6x24g	18.55 V		*4.95*	**833044**
◆	Gardeners Brush coir with wooden handle	4x111g	13.75 V		*5.50*	**833049**
◆	Kitchen Cloth 2 pack cotton	6x61g	14.80 V		*3.95*	**833057**
◆	Root Vegetable Scrubber made from loofah	6x20g	10.80 V		*2.88*	**833051**
◆	Soap Rest made from loofah	8x10g	11.00 V		*2.20*	**833058**
◆	Washing-Up Pad made from loofah	8x20g	14.45 V		*2.89*	**833052**
◆	Mini Washing-Up Pad 2 pack made from loofah	6x11g	10.85 V		*2.89*	**833060**
◆	Washing-Up Brush made from coir fibre	6x40g	10.30 V		*2.75*	**833054**
◆	Coir Washing-Up Brush with wood handle	6x36g	13.15 V		*3.51*	**833055**
◆	Washing-Up Scraper made from coconut husk	6x25g	10.80 V		*2.88*	**833056**
◆	Washing-Up Soap - fragrance free	6x100g	12.15 V		*3.24*	**833061**
◆	Washing-Up Soap - Lime	6x100g	12.15 V		*3.24*	**833062**

Toiletries & Natural Remedies

Alter/Native - vegan Bodywash Liquid - by Suma

◆	Tea Tree & Aloe Vera Bodywash	6x400ml	22.45 V		*5.99*	**850158**
◆	Coconut & Argan Oil Bodywash	6x400ml	22.45 V		*5.99*	**850164**

BetterYou

◆	Magnesium Menopause Body Spray	6x100ml	44.15 V		*13.95*	**858581**
◆	Magnesium Flakes Menopause	6x750g	22.15 V		*7.01*	**858589**

Ecoleaf - Vegan

◆	Liquid Hand Soap - Grapefruit Twist	6x500ml	15.70 V		*4.18*	**851035**

Natracare

◆	Wrapped Normal Panty Liners	10x18	14.60		*2.09*	**900508**
◆	Cotton Panty Liners - Ultra Thin	16x22	27.85		*2.49*	**900511**
◆	Mini Panty Liners	10x30	14.15		*2.09*	**900509**
◆	Curved Panty Liners	16x30	22.60		*2.09*	**900516**
◆	Tanga-style Panty Liners	16x30	22.60		*2.09*	**900518**
◆	Wrapped Long Panty Liners	10x16	14.60		*2.09*	**900515**

Shade sunscreen in a tin

▲	Shade All-Natural Sunscreen - SPF 25 - mini	24x15ml	63.60 V		*4.54*	**858292**
▲	Shade All-Natural Sunscreen - SPF 25	6x100ml	53.00 V		*15.14*	**858295**

Toothpaste, Brushes & Oral Hygiene

Aloe Dent - fluoride-free

◆	Charcoal Toothpaste - fluoride-free	6x100ml	18.40 V		*5.49*	**881446**
◆	Coconut Toothpaste - fluoride-free	6x100ml	18.40 V		*5.49*	**881448**
◆	Sensitive Toothpaste - fluoride-free	6x100ml	18.40 V		*5.49*	**881450**
◆	Triple Action Toothpaste - fluoride-free	6x100ml	18.40 V		*5.49*	**881451**
◆	Whitening Toothpaste - fluoride-free	6x100ml	18.40 V		*5.49*	**881452**
◆	Mouthwash - fluoride-free	6x250ml	16.75 V		*4.99*	**881455**
◆	Children's Toothpaste (strawberry) - fluoride-free	6x50ml	13.35 V		*3.99*	**881457**

Aloe Dent - with fluoride

◆	Fluoride Sensitive Toothpaste	6x100ml	20.10 V		*5.99*	**881465**
◆	Fluoride Whitening Toothpaste	6x100ml	20.10 V		*5.99*	**881467**

Aromatherapy, Candles & Incense

Aqua Oleum essential oil blends

☆	Clear Head: breathe easy blend	3x10ml	15.00 V		*9.99*	**880627**

Waft - vegan plant based pump air fresheners

▲	Waft of Geranium Air Freshener Spray	6x100ml	24.30 V		*6.49*	**891034**
▲	Waft of Lavender Air Freshener Spray	6x100ml	24.30 V		*6.49*	**891036**
▲	Waft of Lemongrass Air Freshener Spray	6x100ml	24.30 V		*6.49*	**891038**
▲	Waft of Orange Air Freshener Spray	6x100ml	24.30 V		*6.49*	**891039**
▲	Waft of Rose Air Freshener Spray	6x100ml	24.30 V		*6.49*	**891042**

discontinued

●	Oatbran - gluten-free	*organic*	2.5kg	Infinity Foods	**41021**
	(see 3028 6x500g for alternative)				
●	Sack Gluten-free White Bread Flour		16kg	Doves Farm	**51083**
	(see 51082 5x1kg for alternative)				
●	Choco Vanilla Puffs	*organic*	7x200g	Rude Health	**63733**
●	Desiccated Coconut	*organic*	12x200g	Biona	**90703**
	(see 6035 Infinity 6x250g for alternative)				
●	French Chestnuts in Box	*organic*	12x200g	Organic Collection	**90837**
●	Wholewheat Fusilli (Spirals)	*organic*	12x500g	Terra E Cielo	**131317**
●	White Spelt Fusilli Tricolore	*organic*	12x250g	Biona	**140179**
●	Spelt Cakes	*organic*	12x120g	Fiorentini	**170395**
●	Chestnut Crispbread	*organic*	6x150g	Le Pain des Fleurs	**173410**
●	Sliced Rye Bread with Sprouted Grains	*organic*	8x380g	Everfresh	**176481**
●	Sprouted Wheat Date Bread	*organic*	8x400g	Everfresh	**176525**
●	Sprouted Wheat Hemp Bread	*organic*	8x400g	Everfresh	**176555**
●	Raisin & Coconut Cookie	*organic*	6x240g	Biona	**180415**
●	Rye Digestive Biscuits - vegan	*organic*	6x150g	Seggiano	**182493**
●	Mixed Fruit and Warm Spice Cake - Sprouted	*organic*	8x300g	Everfresh	**183517**
●	Rich Cacao and Sweet Prune Cake - Sprouted	*organic*	8x300g	Everfresh	**183521**
●	Olive Oil Greek Extra Virgin		12x1l	Hellenic Sun	**210515**
	(see 210511 12x750ml for alternative)				
●	Cocoa Hazel Peanut Butter	*organic*	6x250g	Biona	**250216**
●	Rich Cocoa Smooth Peanut Butter		6x275g	ManiLife	**251458**
●	Jackfruit Yellow Thai Curry	*organic*	6x400g	Biona	**290212**
●	Wild Clover Honey - Clear - glass	*organic*	6x330g	St Lawrence Gold	**316529**
●	Olympian Green Olives	*organic*	8x300g	Gaea	**350152**
●	Black Jumbo Olives		2kg	Sunita	**352005**
	(see 352018 Hellenic Sun for alternative)				
●	Apricot Halves in Rice Syrup	*organic*	6x500g	Biona	**390040**
●	Bolognese Tofu Sauce	*organic*	6x340g	Biona	**390132**
●	Parmigiana Sauce - Dairy Free	*organic*	6x350g	Mr Organic	**392186**
●	Egg-free Mayo	*organic*	6x180g	Mr Organic	**392191**
	(see 390161 Biona for alternative)				
●	Vegan Genovese Pesto	*organic*	12x120g	Organico	**393069**
●	Fresh Minced Basil	*organic*	6x135g	Kitchen Garden	**394050**
●	Fresh Minced Coriander Leaves	*organic*	6x135g	Kitchen Garden	**394060**
●	Green Peppercorns in brine	*organic*	6x135g	Kitchen Garden	**394062**
●	Mint Sauce	*organic*	6x135g	Kitchen Garden	**394067**
●	Flapjack Mix - vegan	*organic*	6x270g	Just WF	**442494**
●	Black Beluga Lentils	*organic*	12x400g	Suma	**444599**
	(see 390124 Biona for alternative)				

●	Four Bean Feast	*organic*	6x130g	Ella's Kitchen	**470984**
●	Chilli Ramen Broth - tetra		12x500g	Shore	**481575**
●	Miso Ramen Broth - tetra		12x500g	Shore	**481576**
	(see 481044 Ocean's Halo for alternative)				
●	Sushi Ginger		10x50g	Clearspring	**510550**
	(see 510547 organic for alternative)				
●	Atlantic Sea Spaghetti	*organic*	8x25g	Clearspring	**531033**
	(see 531085 Cornish Seaweed for alternative)				
●	Turmeric Seaveg Crispies	*organic*	16x4g	Clearspring	**531046**
	(see 531045 20x4g for alternative)				
●	Original Seaveg Crispies	*organic*	16x4g	Clearspring	**531054**
	(see 531050 20x4g for alternative)				
●	Chilli Seaveg Crispies	*organic*	16x4g	Clearspring	**531060**
	(see 531059 20x4g for alternative)				
●	Mint Refresh - peppermint, fennel & rose	*organic*	4x20bgs	Pukka	**561508**
●	Green Chai - spiced green tea bags	*organic*	4x20bgs	Hampstead	**580468**
●	CaféDirect Intense Thrive Blend		6x227g	CaféDirect	**600503**
	(see 600492 6x200g for alternative)				
●	CaféDirect Lively Restore Blend - 4		6x227g	CaféDirect	**600504**
	(see 600494 6x200g for alternative)				
●	Whole Coffee Beans - Mayan Gold	*organic*	6x227g	CaféDirect	**600544**
	(see 600499 6x200g for alternative)				
●	Colombian Excelso R&G Coffee - 3	*organic*	8x200g	Equal Exchange	**600607**
●	Chicory Latte with lions mane - Barista	*organic*	4x50g	Sweet Revolution	**620022**
●	Pure Coco Juice - 500ml	*organic*	12x500ml	Dr Martins	**641462**
●	Orange & Mango Kombucha		12x330ml	Lo Bros	**641529**
●	Winter Chai Kombucha - Limited Edition	*organic*	20x275ml	Mighty Brew	**641647**
●	Apple Mango & Carrot - tetra	*organic*	8x3x200ml	James White	**664567**
●	Grape Apple Apricot & Cucumber - tetra	*organic*	8x3x200ml	James White	**664568**
●	Orange Juice		12x1l	Stute	**676018**
●	Still Mineral Water tetra		24x330ml	Aquapax	**702357**
	(see 702355 12x500ml for alternative)				
●	Coco Milk - coconut milk for drinking	*organic*	12x1l	Dr Martins	**721105**
●	Chips Multi Pack		8x5pack	Eat Real	**721290**
	(see 721291 new style for alternative)				
●	Barista Oat (Light)		6x1l	Minor Figures	**723548**
●	Almond Drink - unsweetened	*organic*	8x1l	Soon	**724647**
●	Oat - Barista		12x1l	Alpro	**726406**
●	Chilli & Lemon Hummus Chips		10x135g	Eat Real	**751185**
	(see 751193 10x110g for alternative)				
●	Sea Salt & Balsamic Hummus Chips		10x135g	Eat Real	**751186**
	(see 751194 10x110g for alternative)				
●	Creamy Dill Hummus Chips - large		10x135g	Eat Real	**751187**
●	Sour Cream & Chives Hummus Chips		10x135g	Eat Real	**751188**
	(see 751195 10x110g for alternative)				
●	Tomato & Basil Hummus Chips		10x135g	Eat Real	**751190**
	(see 751196 10x110g for alternative)				
●	Sea Salt Hummus Chips		10x135g	Eat Real	**751192**
	(see 751197 10x110g for alternative)				
●	Sea Salt Hummus Chips		12x45g	Eat Real	**751212**
	(see 751201 18x45g for alternative)				
●	Sea Salt & Balsamic Hummus Chips		12x45g	Eat Real	**751213**
●	Sour Cream & Chives Hummus Chips		12x45g	Eat Real	**751216**
	(see 751202 18x45g for alternative)				
●	Chilli & Lemon Lentil Chips		10x113g	Eat Real	**751235**
	(see 751217 10x95g for alternative)				
●	Creamy Dill Lentil Chips		10x113g	Eat Real	**751237**
	(see 751218 10x95g for alternative)				
●	Mango & Mint Lentil Chips		10x113g	Eat Real	**751238**
	(see 751219 10x95g for alternative)				
●	Tomato & Basil Lentil Chips - large		10x113g	Eat Real	**751240**
●	Sour Cream & Chives Quinoa Chips		10x80g	Eat Real	**751255**
	(see 751251 10x90g for alternative)				
●	Sweet Chilli Quinoa Chips		10x80g	Eat Real	**751256**
●	Sundried Tomato & Roast Garlic Quinoa Chips - small		12x30g	Eat Real	**751272**
●	Veggie Straws		10x113g	Eat Real	**751285**
	(see 751288 10x110g for alternative)				
●	22g Sriracha Chickpea Puffs		24x22g	Hippeas	**752244**
●	78g Take it Cheesy Chickpea Puffs		10x78g	Hippeas	**752258**
●	78g Smoky Bacon Chickpea Puffs		10x78g	Hippeas	**752259**
●	78g Sriracha Chickpea Puffs		10x78g	Hippeas	**752261**
●	78g Sweet & Smokin' Chickpea Puffs		10x78g	Hippeas	**752268**
●	Corn Peanuts	*organic*	12x75g	Trafo	**753275**
	(see 753276 8x75g for alternative)				
●	Unsalted Crisps	*organic*	12x125g	Trafo	**753315**
●	Multipack Peach + Banana Smoothie Yoyo		6x5x20g	Bear	**760252**
●	Sea Salt & Caramel - Dark Choc 65%	*organic*	14x80g	Chocolate and Love	**762203**
●	Dark 70% Egg		6x90g	Divine	**763429**
●	Smooth Dark with Raspberries Egg		6x90g	Divine	**763433**
●	Dark 70% Mini Eggs		12x152g	Divine	**763436**
●	Cashew Butter + Orange Vanilla Dark Choc Bar	*organic*	12x60g	Hu	**764132**
●	Peanut Giant Bar		20x90g	Ma Baker	**764709**
●	Mango Giant Bar		20x90g	Ma Baker	**764743**
●	Pomegranate Giant Bar		20x90g	Ma Baker	**764744**
●	Cocoa Dusted Peanuts		8x75g	ManiLife	**764760**
●	Goody Gummy Drops - Orangutangies	*organic*	8x125g	Just WF	**765409**
●	Spiced Orange Hazelnut Truffle Bar	*organic*	10x70g	Ombar	**765795**
●	Chocolate Coco Mylk Easter Egg	*organic*	6x200g	Ombar	**765801**
●	Chocolate Oat M'lk Easter Egg	*organic*	6x200g	Ombar	**765802**
●	Coffee Dairy-free Milk Chocolate	*organic*	10x75g	Organic Seed & Bean	**765820**
●	Just Ginger Dark Choc - 58%	*organic*	10x75g	Organic Seed & Bean	**765837**
●	Clucky Chick - Milk Choc with buttons	*organic*	8x100g	Montezuma	**765957**
●	Plucky Chick - Dark Choc with buttons	*organic*	8x100g	Montezuma	**765961**
●	Dark Peanut Butter Mini Eggs - Bag - vegan		7x150g	Montezuma	**765964**
●	Dark Chocolate Eco Egg	*organic*	4x150g	Montezuma	**765970**
●	Milk Chocolate Eco Egg	*organic*	4x150g	Montezuma	**765971**
●	Like No Udder	*organic*	12x90g	Montezuma	**766029**
●	Like No Udder - Sweet Orange	*organic*	12x90g	Montezuma	**766031**
●	Small Easter Egg - Chocolate Orange	*organic*	6x34.5g	Booja Booja	**766164**
●	Small Easter Egg - Hazelnut Crunch	*organic*	6x34.5g	Booja Booja	**766165**
●	Small Easter Egg - Honeycomb Caramel	*organic*	6x34.5g	Booja Booja	**766166**
●	Chocolate Salted Caramel - 10 Truffle Logs	*organic*	8x115g	Booja Booja	**766174**
●	Caramel filled eggs 8 in a box	*organic*	10x8x10g	Coco Caravan	**766526**
●	Dark Ginger Easter Egg + Buttons	*organic*	6x225g	Cocoa Loco	**766531**
●	Rabbit - Marbled Dark/Milk/White Choc	*organic*	6x200g	Cocoa Loco	**766534**
●	Dark Chocolate Easter Mini Eggs (12)	*organic*	6x140g	Cocoa Loco	**766535**
●	Milk Chocolate Easter Mini Eggs (12)	*organic*	6x140g	Cocoa Loco	**766537**
●	Little Choc Chicks - milk & white	*organic*	6x100g	Cocoa Loco	**766539**
●	Raspberry Pink Pigs - white	*organic*	6x100g	Cocoa Loco	**766546**
●	Milk Chocolate Easter Egg + buttons	*organic*	6x225g	Cocoa Loco	**766551**
●	Chocolate Egg & Spoon	*organic*	6x100g	Cocoa Loco	**766552**
●	Milk Chocolate & Orange Easter Mini Eggs (12)	*organic*	6x140g	Cocoa Loco	**766553**
●	Milk Chocolate Rabbit Lolly	*organic*	24x26g	Cocoa Loco	**766572**
●	Coffee & Walnut Raw Wholefood Bar		18x35g	Nakd	**766661**
●	Multipack Almond Macaroon Raw Wholefood Bar		12x4x35g	Nakd	**766791**
●	Pineapple Coconut Ice		6x5x65ml	Smooze	**766822**
●	Pink Guava Coconut Ice		6x5x65ml	Smooze	**766825**
●	Sage & Onion Stuffing	*organic*	4x130g	Steenbergs	**792336**
●	Pure Chocolate Extract		6x100ml	LittlePod	**793690**
●	Thermal Steel Cup Straight Sides - Shadow		1x350ml	One Green Bottle	**820751**
●	1200ml Tough Canteen 28cmx9.2cm		1x1200ml	One Green Bottle	**820756**
●	500ml Tough Canteen 20cmx7.1cm		1x500ml	One Green Bottle	**820760**
●	2 litre Vacuum Flask 27x12.5cm Ø		1x2000ml	One Green Bottle	**820767**
●	Fabric Softener - Zero		6x1.5l	Ecover Zero	**831629**
	(see 831630 6x1.43l for alternative)				
●	Fabric Softener - Gardenia & Vanilla		6x1.5l	Ecover	**832045**
	(see 832054 6x1.43l for alternative)				
●	Fabric Softener - Apple Blossom & Almond		6x1.5l	Ecover	**832089**
	(see 832056 6x1.43l for alternative)				
●	Day Solution SPF15 (day cream)		1x50ml	Green People	**852722**
●	Vita Min Fix - day & night cream	*organic*	1x50ml	Green People	**852735**
●	Neutral/Scent Free Cleanser & Make-Up Remove	*organic*	1x150ml	Green People	**852748**
●	Bath & Shower Gel - Lavender - organic children	*organic*	1x200ml	Green People	**852775**
●	Mint & Prebiotics - Deodorant	*organic*	1x75ml	Green People	**852783**
●	No Scent Children's SPF30 Sun Lotion	*organic*	1x150ml	Green People	**852789**
●	SPF 15 Sun Lotion - tan accelerator		1x200ml	Green People	**852792**
●	SPF 30 Sun Lotion - no scent		1x200ml	Green People	**852793**
●	Quinoa & Avocado Hair Serum		1x100ml	Green People	**852803**
●	Daily Aloe Shampoo		1x200ml	Green People	**852805**
●	Intensive Repair Conditioner		1x200ml	Green People	**852818**
●	Irritated Scalp Shampoo		1x200ml	Green People	**852820**
●	Moisturising Shampoo	*organic*	1x200ml	Green People	**852821**
●	Moisturising Conditioner		1x200ml	Green People	**852822**
●	Royal Cream Regenerating Conditioner		1x260ml	Herbatint	**854580**

Mushroom Superblend Powder	*organic*	1x100g	Naturya	**855409**
Pinkalicious - Shampoo Bar for Normal Hair		6x110g	Ethique	**855939**
Turmeric Active 60 capsules-tube	*organic*	1x65g	Pukka	**857927**
Deodorant - Men's - roll-on	*organic*	6x50ml	Urtekram	**858668**
(see 859097 new style for alternative)				
Hair & Body Wash - Men's	*organic*	6x150ml	Urtekram	**858868**
(see 858882 6x200ml for alternative)				
Hemp Shampoo		6x240ml	Yaoh	**859055**
Hemp Conditioner		6x240ml	Yaoh	**859057**
Body Lotion - Sweet Ginger Flower	*organic*	6x245ml	Urtekram	**859089**
Face & Body Lotion - Men's	*organic*	6x150ml	Urtekram	**859127**
Body Lotion - Nordic Berries	*organic*	6x245ml	Urtekram	**859130**
Echinacea Mint Toothpaste - fluoride free	*organic*	4x75ml	Lavera	**861656**
Activated Charcoal - Bicarbonate Toothpowder		10x60ml	Georganics	**881266**
Cold Pressed Grapeseed Oil	*organic*	6x100ml	Aqua Oleum	**881378**
Fennel Herbal Fresh Toothpaste	*organic*	12x50ml	Green People	**881410**
Citrus Herbal Fresh Toothpaste	*organic*	12x50ml	Green People	**881415**
Mandarin Children's Toothpaste	*organic*	12x50ml	Green People	**881425**
Paper Bags - 110x60x215mm		250	Infinity	**970504**
Turmeric - singles	*organic*	1x500g	Forest WF	**991653**
(see 991650 1kg for alternative)				
Cardamom Pods	*organic*	6x20g	Kitchen Garden	**992220**
(see 9205 Infinity for alternative)				
Crushed Chilli	*organic*	6x26g	Kitchen Garden	**992225**
Cinnamon Quills	*organic*	6x3p	Kitchen Garden	**992235**
(see 9208 Infinity for alternative)				
Cloves Whole	*organic*	6x21g	Kitchen Garden	**992240**
(see 9211 Infinity for alternative)				
Ground Cloves	*organic*	6x30g	Kitchen Garden	**992245**
Mixed Herbs	*organic*	6x10g	Kitchen Garden	**992315**
(see 9229 Infinity for alternative)				
Ground Paprika	*organic*	6x30g	Kitchen Garden	**992340**
(see 9237 Infinity for alternative)				
Nutmeg Whole	*organic*	1kg	Organic Herb Trading	**993069**

■ Cereal Grains

❊ ***Bulk Organic Cereal Grains***

For Infinity Foods Organic Fregola and Orzo please see "Pasta" section

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
☆	Amaranth Seed	*organic*	25kg	75.00	3.00		**10475**									
☆	Amaranth Seed	*organic*	5kg	16.80	3.36		**10477**									
	Arborio Rice - white - Italy	*organic*	20kg	85.00	4.25		**10490**									
	Arborio Rice - white - Italy	*organic*	5kg	23.05	4.61		**10495**									
	Black Rice - Italy	*organic*	20kg	86.00	4.30		**10507**									
	Black Rice - 2.5kg - Italy	*organic*	2.5kg	12.60	5.04		**10508**									
	Brown Basmati Rice	*organic*	25kg	69.00	2.76		**10512**									
	Brown Basmati Rice	*organic*	5kg	15.30	3.06		**10513**									
	White Basmati Rice - Indian	*organic*	25kg	86.00	3.44		**10625**									
	White Basmati Rice - Indian	*organic*	5kg	19.00	3.80		**10627**									
	Brown Jasmine Rice	*organic*	25kg	66.00	2.64		**10675**									
	Brown Jasmine Rice	*organic*	5kg	15.00	3.00		**10680**									
	White Jasmine Rice	*organic*	25kg	74.00	2.96		**10685**									
	White Jasmine Rice	*organic*	5kg	16.60	3.32		**10690**									
	Brown Rice Short Grain - Italy	*organic*	20kg	49.00	2.45		**10505**									
	Brown Rice Short Grain - Italy	*organic*	5kg	14.10	2.82		**10510**									
	Brown Rice Long Grain - Italy	*organic*	20kg	50.00	2.50		**10515**									
	Brown Rice Long Grain - Italy	*organic*	5kg	14.35	2.87		**10520**									
	Buckwheat Groats - gluten-free	*organic*	25kg	75.00	3.00		**10525**									
	Buckwheat Groats	*organic*	5kg	16.80	3.36		**10530**									
	Bulghur	*organic*	25kg	54.00	2.16		**10535**									
	Bulghur	*organic*	5kg	12.60	2.52		**10540**									
	Camargue Red Rice - France	*organic*	25kg	89.00	3.56		**10542**									
	Camargue Red Rice - France	*organic*	5kg	19.60	3.92		**10543**									
	White Couscous - Italy	*organic*	25kg	60.00	2.40		**10541**									
	White Couscous - Italy	*organic*	5kg	13.80	2.76		**10544**									
	Wholemeal Couscous - Italy	*organic*	25kg	56.00	2.24		**10545**									
	Wholemeal Couscous - Italy	*organic*	5kg	13.00	2.60		**10550**									
	Kasha - Roasted Buckwheat - gluten-free	*organic*	25kg	105.62	4.22		**10562**									
	Millet	*organic*	25kg	50.00	2.00		**10555**									
	Millet	*organic*	5kg	11.80	2.36		**10560**									
	Oat Groats	*organic*	25kg	32.50	1.30		**10565**									
	Oat Groats	*organic*	5kg	8.00	1.60		**10570**									
	Popping Corn	*organic*	25kg	53.00	2.12		**10575**									
	Popping Corn	*organic*	5kg	12.40	2.48		**10580**									
	Pearl Barley	*organic*	20kg	26.00	1.30		**10582**									
	Pearl Barley	*organic*	5kg	8.35	1.67		**10583**									
	Pot Barley	*organic*	20kg	24.50	1.23		**10585**									
	Pot Barley	*organic*	5kg	8.00	1.60		**10590**									
	British White Quinoa Grain - gluten-free	*organic*	25kg	118.85	4.75		**10588**									
	British White Quinoa Grain - gluten-free	*organic*	5kg	25.55	5.11		**10589**									
▲	Quinoa Grain	*organic*	25kg	95.00	3.80		**10592**									
▲	Quinoa Grain	*organic*	5kg	20.80	4.16		**10593**									
▲	Red Quinoa Grain	*organic*	25kg	95.00	3.80		**10684**									
▲	Red Quinoa Grain	*organic*	5kg	20.80	4.16		**10686**									
▼	Black Quinoa Grain	*organic*	25kg	105.65	4.23		**10687**									
▼	Black Quinoa Grain - 2.5kg	*organic*	2.5kg	12.35	4.94		**10691**									
▲	Tricolour Quinoa Grain	*organic*	25kg	95.00	3.80		**10692**									
▲	Tricolour Quinoa Grain	*organic*	5kg	20.80	4.16		**10693**									
	Rye Grain	*organic*	25kg	28.20	1.13		**10595**									
	Rye Grain	*organic*	5kg	7.45	1.49		**10600**									
	Spelt Grain	*organic*	25kg	53.00	2.12		**10602**									
	Spelt Grain	*organic*	5kg	12.10	2.42		**10603**									
	Sushi Rice - white - Italy	*organic*	20kg	55.00	2.75		**10608**									
	Sushi Rice - white - Italy	*organic*	5kg	15.60	3.12		**10609**									
	Teff Grain - whole brown - gluten-free	*organic*	25kg	99.00	3.96		**10610**									
	Teff Grain - whole brown	*organic*	5kg	21.60	4.32		**10612**									
	Wheat Grain	*organic*	25kg	37.00	1.48		**10615**									
	Wheat Grain	*organic*	5kg	9.20	1.84		**10620**									
	Wild Rice	*organic*	25kg	490.00	19.60		**10645**									
	Wild Rice - 2.5kg	*organic*	2.5kg	50.80	20.32		**10650**									
	Wild Rice Mix	*organic*	25kg	117.50	4.70		**10657**									
	Wild Rice Mix - 2.5kg	*organic*	2.5kg	13.55	5.42		**10660**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Aconbury Sprouts - Kit***															
	3x500g Organic Spelt Grain **3x1 litre compost - 3 seed trays** **Full instructions**															
	Wheatgrass Growing Kit		1x1p	10.85	V	*17.35*	**10920**									
	❊ ***For Aconbury Sprouts Seeds - please see "Nuts & Seeds" section.***															
	❊ ***Aconbury Sprouts - Grains***															
	Barley Grain - for sprouting	*organic*	1x5kg	9.30		*12.40*	**10875**									
	Wheat Grain - for sprouting	*organic*	1x5kg	9.30		*12.38*	**10885**									
	❊ ***Artisan Grains Freekeh - see "Convenience Foods" section***															
	❊ ***Better Than Rice - see "Convenience Foods"***															
	❊ ***Biona***															
	Fonio - Ancient Grain	*organic*	6x350g	21.10		*4.69*	**10950**									
	Black Venus Rice	*organic*	6x500g	20.20		*4.49*	**10953**									
	Camargue Red Rice	*organic*	6x500g	19.30		*4.29*	**10955**									
	Italian Long Grain White Rice	*organic*	6x1kg	26.50		*5.89*	**10956**									
	Italian Long Grain White Rice	*organic*	6x500g	15.70		*3.49*	**10957**									
◆	Risotto Rice - Brown	*organic*	6x500g	17.05		*3.79*	**10965**									
	Black & White Risotto Mix (Venus & Arborio Rices)	*organic*	6x500g	17.95		*3.99*	**10966**									
◆	Sushi Rice - White	*organic*	6x400g	13.45		*2.98*	**10963**									
	Thai Jasmine Rice - Brown	*organic*	6x500g	17.50		*3.88*	**10967**									
	Thai Jasmine Rice - White	*organic*	6x500g	17.95		*3.98*	**10968**									
◆	White Pudding Rice	*organic*	6x500g	14.80		*3.29*	**10970**									
	Wild Rice Mix	*organic*	6x500g	19.30		*4.29*	**10972**									
	❊ ***Clearspring***															
	Sushi Rice - white	*organic*	12x500g	32.30		*3.59*	**10805**									
	Sushi Rice - brown	*organic*	12x500g	32.30		*3.59*	**10807**									
	❊ ***Infinity - Pre-Packed Organic Cereal Grains***															
	For Infinity Foods Organic Fregola and Orzo please see "Pasta" section															
	As you can see, our packing department is making significant progress in resizing our range from cases of 12 to cases of 6 (as a dear customer said to me the other day "I've only been going on about it for fourteen years!"). There will be further changes during the period of this catalogue															
☆	Amaranth Seed	*organic*	6x500g	11.80		*2.62*	**1003**									
	Arborio Rice - white - Italy	*organic*	6x500g	15.55		*3.46*	**1001**									
	Black Rice - Italy	*organic*	6x500g	15.70		*3.49*	**1002**									
	Brown Basmati Rice	*organic*	12x500g	20.65		*2.29*	**1012**									
☆	Brown Basmati Rice	*organic*	6x1kg	19.20		*4.28*	**1013**									
	White Basmati Rice - Indian	*organic*	12x500g	24.70		*2.74*	**1165**									
☆	White Basmati Rice - Indian	*organic*	6x1kg	23.30		*5.18*	**1167**									
	Brown Jasmine Rice	*organic*	6x500g	10.70		*2.38*	**1190**									
	White Jasmine Rice	*organic*	6x500g	11.65		*2.59*	**1195**									
	Brown Rice Short Grain - Italy	*organic*	12x500g	18.80		*2.09*	**1005**									
☆	Brown Rice Short Grain - Italy	*organic*	6x1kg	17.35		*3.86*	**1010**									
	Brown Rice Short Grain - Italy	*organic*	6x2kg	33.95		*7.56*	**1015**									
	Brown Rice Long Grain - Italy	*organic*	6x500g	9.55		*2.12*	**1020**									
☆	Brown Rice Long Grain - Italy	*organic*	6x1kg	17.70		*3.93*	**1025**									
	Brown Rice Long Grain - Italy	*organic*	6x2kg	34.55		*7.68*	**1030**									
	Buckwheat Groats - certified gluten-free	*organic*	6x500g	11.80		*2.62*	**1035**									
☆	Bulghur	*organic*	6x500g	8.50		*1.89*	**1045**									
	Camargue Red Rice - France	*organic*	6x500g	13.50		*3.00*	**1050**									
☆	White Couscous - Italy	*organic*	6x450g	8.55		*1.90*	**1057**									
☆	Wholemeal Couscous - Italy	*organic*	6x450g	8.10		*1.80*	**1060**									
	Kasha - Roasted Buckwheat - certified gluten-free	*organic*	6x500g	15.45		*3.45*	**1073**									
☆	Millet	*organic*	6x500g	8.05		*1.79*	**1075**									
☆	Oat Groats	*organic*	6x500g	5.95		*1.32*	**1090**									
☆	Popping Corn	*organic*	6x500g	8.40		*1.87*	**1105**									
☆	Pearl Barley	*organic*	6x500g	5.95		*1.32*	**1112**									
☆	Pot Barley	*organic*	6x500g	5.75		*1.28*	**1115**									
	British White Quinoa Grain - gluten-free	*organic*	6x450g	14.90		*3.31*	**1125**									
▲	Quinoa Grain	*organic*	12x450g	24.60		*2.74*	**1127**									
▲	Quinoa Grain	*organic*	6x1kg	25.80		*5.73*	**1128**									
▲	Red Quinoa Grain	*organic*	6x450g	13.25		*2.94*	**1155**									
▼	Black Quinoa Grain	*organic*	6x450g	14.40		*3.20*	**1157**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Tricolour Quinoa Grain	*organic*	6x450g	11.80		*2.73*	**1159**									
▲	Tricolour Quinoa Grain	*organic*	6x1kg	25.80		*5.74*	**1160**									
	Rye Grain	*organic*	6x500g	6.15		*1.37*	**1130**									
	Spelt Grain	*organic*	6x500g	9.15		*2.04*	**1138**									
	Sushi Rice - white - Italy	*organic*	6x500g	11.05		*2.46*	**1136**									
	Teff Grain - whole brown - gluten-free	*organic*	6x500g	14.65		*3.26*	**1139**									
	Wheat Grain	*organic*	6x500g	6.50		*1.44*	**1150**									
	Wild Rice	*organic*	6x250g	32.70		*7.30*	**1180**									
	Wild Rice Mix	*organic*	6x500g	17.40		*3.87*	**1185**									
	⁜ ***IBIS***															
◆	Brown Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10816**									
◆	Brown Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10818**									
◆	Semi Milled Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10819**									
◆	Semi Milled Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10820**									
◆	White Long Grain Rice	*organic*	6x1kg	22.40		*4.98*	**10822**									
◆	White Long Grain Rice	*organic*	6x500g	13.40		*2.98*	**10824**									
	⁜ ***Seggiano***															
	Arborio Risotto Rice	*organic*	6x500g	21.60		*4.80*	**10716**									
	Carnaroli Risotto Rice	*organic*	6x500g	21.60		*4.80*	**10718**									
	Black Nerone Rice	*organic*	6x500g	20.40		*4.53*	**10719**									
	⁜ ***Bulk Cereal Grains***															
	Brown Basmati Rice		25kg	61.00	2.44		**11025**									
	Brown Basmati Rice		5kg	14.05	2.81		**11030**									
	Cous Cous - white		25kg	44.00	1.76		**11070**									
	Cous Cous - white		5kg	10.65	2.13		**11075**									
	British White Quinoa Grain - gluten-free		25kg	72.00	2.88		**11078**									
	British White Quinoa Grain		5kg	15.90	3.18		**11080**									
	⁜ ***Zaytoun - www.zaytoun.org***															
	Giant Cous Cous - Maftoul	*organic*	5kg	38.20	7.64		**11103**									
	Giant Cous Cous - Maftoul	*organic*	6x200g	15.00		*3.34*	**11105**									
	Green Wheat Freekeh - Smoky		5kg	38.25	7.65		**11108**									
	Green Wheat Freekeh - Smoky		6x200g	15.00		*3.34*	**11110**									

■ Flours & Baking Requisites

	⁜ ***Amisa - gluten-free***															
	Chestnut Flour	*organic*	6x350g	26.50		*5.89*	**40202**									
	Chickpea Flour	*organic*	6x400g	15.25		*3.39*	**40203**									
	Polenta Pronta - 2 mins	*organic*	12x375g	20.60		*2.29*	**40205**									
	Red Lentil Flour	*organic*	6x400g	17.95		*3.99*	**40208**									
	⁜ ***Biona***															
	Coconut Flour - raw - gluten-free	*organic*	12x500g	26.90		*2.99*	**40302**									
	Polenta - gluten-free	*organic*	12x500g	23.30		*2.59*	**40305**									
	⁜ ***Bioreal***															
	Active Dry Yeast	*organic*	8x5x9g	23.25		*3.88*	**40400**									
	⁜ ***Bread Matters - Vegan***															
▲	Original Sourdough Starter	*organic*	12x10g	49.40		*5.50*	**40405**									
	⁜ ***Doves Farm***															
	Brown Rice Flour	*organic*	5x290g	9.00		*2.40*	**40536**									
	Chickpea Flour	*organic*	5x260g	10.70		*2.85*	**40537**									
	Coconut Flour	*organic*	4x500g	11.85		*3.95*	**40538**									
◆	Wholemeal Strong Bread Flour	*organic*	5x1.5kg	9.10		*2.43*	**40540**									
◆	Strong White Bread Flour	*organic*	5x1.5kg	9.75		*2.60*	**40560**									
	Einkorn Wholemeal Flour - English	*organic*	5x1kg	13.65		*3.64*	**40563**									
◆	Fine Plain Wholemeal Flour	*organic*	5x1kg	6.50		*1.73*	**40505**									
◆	Self Raising Wholemeal Flour	*organic*	5x1kg	6.55		*1.75*	**40515**									
▲	Plain White Flour	*organic*	5x1kg	7.20		*1.92*	**40545**									
◆	Self Raising White Flour	*organic*	5x1kg	7.30		*1.95*	**40565**									
	Heritage Seeded Bread Flour	*organic*	5x1kg	14.95		*3.99*	**40567**									
◆	Malthouse Bread Flour	*organic*	5x1kg	8.45		*2.25*	**40574**									
	Oat Flour	*organic*	4x450g	13.35		*4.45*	**40576**									
◆	Pasta Flour - type "o"	*organic*	5x1kg	8.70		*2.32*	**51070**									

	Description		size	price	£/unit	RRP	code
	Quinoa Flour	organic	5x310g	15.00		4.00	40578
	Rye Wholemeal Flour	organic	5x1kg	7.25		1.93	51065
◆	Seedhouse Bread Flour	organic	5x1kg	13.85		3.69	51067
	White Rye Flour	organic	5x1kg	8.75		2.33	40550
	Spelt Wholemeal Flour	organic	5x1kg	11.20		2.99	40553
	White Spelt Flour	organic	5x1kg	13.10		3.49	40554
	Teff Wholemeal Flour	organic	5x325g	15.75		4.20	40585
	Khorasan Wholemeal Flour	organic	5x1kg	13.10		3.49	40556
	❊ ***Doves Farm - non-organic - Freee***						
	On offer are Doves gluten-free 1kg flours, the pricing marked ❒ below represents a discount of 15%.						
❒	Wholegrain Buckwheat Flour - gluten-free		5x1kg	15.90		4.24	51044
❒	Rice Flour (brown & white) - gluten-free		5x1kg	7.80		2.08	51037
❒	Gram Flour - gluten-free		5x1kg	9.55		2.55	51047
❒	Gluten-free Plain White Flour		5x1kg	9.55		2.55	51075
	Sack Gluten-free Plain White Flour		16kg	30.30	1.89		51076
	Sack Gluten-free Self-Raising White Flour		16kg	30.30	1.89		51074
❒	Gluten-free Self-Raising White Flour		5x1kg	9.55		2.55	51077
❒	Gluten-free Brown Bread Flour		5x1kg	10.05		2.68	51080
❒	Gluten-free White Bread Flour		5x1kg	9.55		2.55	51082
	❊ ***Doves Farm - baking requisites***						
	On offer are selected gluten-free Doves baking essentials, the pricing marked ❒ below represents a discount of 15%.						
❒	Baking Powder - gluten-free		5x130g	5.90		1.57	41203
❒	Bicarbonate of Soda - gluten-free		5x200g	5.40		1.44	41208
❒	Corn Starch Flour - gluten-free	organic	5x110g	7.00		1.87	41212
	Vitamin C - for bread improvement		5x120g	17.50 V		5.60	41216
	Quick Dried Yeast - packet - gluten-free		8x125g	11.10		1.85	51085
	Xanthan Gum - gluten-free binder		5x100g	13.10 V		4.19	41218
	❊ ***Doves Farm - Food Service Raising Agents***						
	NB The four Doves products below are not for retail sale						
	Baking Powder - gluten-free		3x1kg	18.50	6.17		41305
	Bicarbonate of Soda - gluten-free		3x1kg	9.80 V	3.27		41310
	Corn Starch Flour - gluten-free	organic	3x1kg	19.40	6.47		41312
	Xanthan Gum		3x1kg	48.00 V	16.00		41315
	❊ ***Doves Farm - sacks***						
	Barley Flour Stoneground	organic	25kg	34.70	1.39		40508
	Fine Plain Wholemeal Flour	organic	25kg	27.80	1.11		40510
	Strong Stoneground Wholemeal Flour	organic	25kg	26.50	1.06		40530
	Plain White Flour	organic	25kg	29.20	1.17		40570
	Self Raising White Flour	organic	25kg	32.45	1.30		40572
	Strong White Bread Flour (with Vitamin C)	organic	25kg	30.30	1.21		40555
	Traditional Strong White Bread Flour	organic	25kg	30.30	1.21		40557
	Strong White Bread Flour (with Vitamin C)	organic	16kg	19.40	1.21		40558
	Sack Gluten-free Plain White Flour	organic	16kg	42.50	2.66		40559
	Malthouse Bread Flour	organic	25kg	39.30	1.57		40575
	Rye Flour - whole	organic	25kg	29.50	1.18		41030
	Maize Flour (yellow) - gluten-free	organic	25kg	53.00	2.12		40525
	White Spelt Flour	organic	25kg	62.20	2.49		40526
	Stoneground Wholemeal Spelt Flour	organic	25kg	50.85	2.03		40527
	❊ ***Bulk Flour***						
	Buckwheat Flour - gluten-free	organic	25kg	64.00	2.56		41015
	Chickpea Flour - gluten-free	organic	25kg	68.00	2.72		41016
	Coconut Flour - gluten-free	organic	10kg	19.00	1.90		41018
	Oatbran - gluten-free	organic	20kg	43.00	2.15		41019
	Polenta	organic	25kg	54.00	2.16		41026
	Potato Starch	organic	25kg	57.00	2.28		41027
	Tapioca Flour	organic	25kg	55.00	2.20		41050
	Wheat Bran	organic	15kg	18.00	1.20		40520
	❊ ***Infinity - Pre-Packed Organic Flours***						
☆	Wheat Bran	organic	6x250g	4.25		0.95	3010
	Oat Bran	organic	6x500g	7.70		1.71	3038
	Fine Oatmeal	organic	6x500g	6.95		1.54	3040
	Medium Oatmeal	organic	6x500g	6.95		1.54	3045
	Coarse Oatmeal (Pinhead)	organic	6x500g	6.95		1.54	3050

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	⁜ ***Infinity - Pre-Packed Gluten-free Organic Flours***															
	Guaranteed less than 20 parts per million of gluten. Batch tested. Packed in a gluten-free facility. Coeliac Society approved.															
	Brown Rice Flour	*organic*	6x500g	12.50		*2.78*	**3015**									
	Buckwheat Flour	*organic*	6x500g	14.00		*3.12*	**3020**									
	Chickpea Flour	*organic*	6x500g	15.50		*3.44*	**3022**									
	Coconut Flour	*organic*	6x500g	10.50		*2.33*	**3023**									
	Corn Flour (yellow maize flour)	*organic*	6x500g	11.00		*2.45*	**3025**									
	Oatbran - gluten-free	*organic*	6x500g	9.50		*2.11*	**3028**									
	Polenta	*organic*	6x500g	12.00		*2.67*	**3052**									
	Tapioca Flour	*organic*	6x500g	11.50		*2.57*	**3080**									
	Teff Flour - wholegrain brown	*organic*	6x500g	20.00		*4.44*	**3090**									
	Teff Flour - wholegrain white	*organic*	6x500g	20.00		*4.44*	**3095**									
	⁜ ***Mornflake***															
	Oat Bran	*organic*	25kg	38.60	1.54		**42003**									
	Oat Bran	*organic*	2.5kg	5.35	2.14		**42004**									
	Oatmeal - Fine	*organic*	25kg	32.50	1.30		**42010**									
	Oatmeal - Fine	*organic*	5kg	8.00	1.60		**42005**									
	Oatmeal - Medium	*organic*	25kg	32.50	1.30		**42020**									
	Oatmeal - Medium	*organic*	5kg	8.00	1.60		**42015**									
	Oatmeal - Coarse (Pinhead)	*organic*	25kg	32.50	1.30		**42030**									
	Oatmeal - Coarse (Pinhead)	*organic*	5kg	8.00	1.60		**42025**									
	⁜ ***Organico***															
	Polenta	*organic*	10x500g	25.90		*3.45*	**42255**									
	⁜ ***Shipton Mill - bulk***															
	Brown Rice Flour Fine - gluten-free	*organic*	16kg	36.10	2.26		**42490**									
	White Rice Flour Fine - gluten-free	*organic*	16kg	32.05	2.00		**42495**									
	⁜ ***Shipton Mill - retail***															
	100% Wholewheat Flour	*organic*	5x2.5kg	18.55		*4.95*	**42505**									
	Strong Plain White Flour - Traditional	*organic*	5x2.5kg	18.30		*4.88*	**42510**									
	3 Malts & Sunflower Brown Flour	*organic*	5x2.5kg	21.95		*5.85*	**42511**									
	Cake & Pastry Flour	*organic*	6x1kg	9.30		*2.07*	**42512**									
	Light Rye Flour	*organic*	6x1kg	8.90		*1.98*	**42514**									
	Seeded White Flour	*organic*	6x1kg	12.15		*2.70*	**42516**									
	Spelt Flour White	*organic*	6x1kg	12.95		*2.88*	**42518**									
	Spelt Flour Wholemeal	*organic*	6x1kg	12.20		*2.71*	**42520**									
	Stoneground Wholemeal Flour	*organic*	6x1kg	9.50		*2.11*	**42525**									
	Traditional White Flour	*organic*	6x1kg	9.40		*2.09*	**42535**									
	3 Malts & Sunflower Brown Flour	*organic*	6x1kg	11.25		*2.50*	**42545**									
	Chestnut Flour	*organic*	6x500g	27.00		*6.01*	**42550**									
	⁜ ***S.I.Lesaffre - previously listed as DCL***															
	Active Dried Yeast - tin		1x500g	5.95		*7.93*	**42559**									
	⁜ ***Suma***															
▲	Vital Wheat Gluten Flour		6x500g	17.75		*3.94*	**42570**									
	⁜ ***Tiana - gluten-free - Fair Trade***															
	Cassava Flour - gluten-free	*organic*	1x500g	3.45		*4.59*	**42573**									
	Coconut Flour	*organic*	1x500g	3.45		*4.59*	**42575**									
	■ Breakfast Cereals & Cereal Flakes															
	⁜ ***Bulk Organic Cereal Flakes***															
	Barley Flakes	*organic*	20kg	25.50	1.28		**20505**									
	Barley Flakes	*organic*	5kg	8.25	1.65		**20510**									
	Bran Flakes	*organic*	10kg	45.15	4.52		**62012**									
	Buckwheat Flakes - gluten-free	*organic*	20kg	70.00	3.50		**20509**									
	Chocolate Stars - gluten-free	*organic*	10kg	60.00	6.00		**20500**									
	Cornflakes - gluten-free	*organic*	10kg	67.00	6.70		**20501**									
	Fibre Flakes - gluten-free	*organic*	10kg	60.00	6.00		**20502**									
	Millet Flakes - gluten-free	*organic*	20kg	55.00	2.75		**20512**									
	Millet Flakes	*organic*	5kg	15.55	3.11		**20513**									

	Description		size	price	£/unit	RRP	code
	Gluten-free Jumbo Oatflakes	organic	20kg	43.00	2.15		20575
	Gluten-free Jumbo Oatflakes	organic	5kg	12.55	2.51		20577
	Jumbo Oatflakes	organic	25kg	35.00	1.40		20515
	Jumbo Oatflakes	organic	5kg	8.50	1.70		20520
	Gluten-free Rolled Oatflakes	organic	20kg	43.00	2.15		20585
	Gluten-free Rolled Oatflakes	organic	5kg	12.55	2.51		20587
	Rolled Oatflakes	organic	25kg	35.00	1.40		20525
	Rolled Oatflakes	organic	5kg	8.50	1.70		20530
	Quinoa Flakes - gluten-free	organic	25kg	162.40	6.50		20526
	Quinoa Flakes	organic	5kg	34.30	6.86		20527
	Brown Rice Flakes - gluten-free	organic	20kg	65.00	3.25		20532
	Brown Rice Flakes	organic	5kg	18.05	3.61		20533
	Rye Flakes	organic	20kg	24.50	1.23		20535
	Spelt Flakes	organic	25kg	61.00	2.44		20522
	Toasted Wheat Flakes	organic	12.5kg	38.00	3.04		61005
	Wheat Flakes	organic	20kg	24.00	1.20		20545
	❊ ***Infinity - Pre-Packed Organic Cereal Flakes***						
	Barley Flakes	organic	6x500g	6.65		*1.48*	2005
	Jumbo Oatflakes	organic	12x500g	12.50		*1.39*	2015
	Jumbo Oatflakes	organic	6x1kg	11.95		*2.66*	2020
	Rolled Oatflakes	organic	12x500g	12.50		*1.39*	2030
	Rolled Oatflakes	organic	6x1kg	11.95		*2.66*	2035
	Rye Flakes	organic	6x500g	6.50		*1.44*	2045
	Spelt Flakes	organic	6x500g	10.10		*2.25*	2037
	Wheat Flakes	organic	6x500g	6.40		*1.42*	2055
	❊ ***Infinity - Pre-Packed Organic Gluten-free Cereal Flakes***						
	certified gluten-free, approved by the Coeliac Society						
	Buckwheat Flakes - gluten-free	organic	6x500g	14.55		*3.23*	2010
	Millet Flakes - gluten-free	organic	6x500g	12.30		*2.73*	2013
	Quinoa Flakes - gluten-free	organic	6x500g	23.55		*5.25*	2040
	Brown Rice Flakes - gluten-free	organic	6x500g	13.80		*3.07*	2043
	Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x500g	10.50		*2.33*	2090
	Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x1kg	16.45		*3.66*	2100
	Gluten-free Jumbo Oatflakes	organic	6x500g	10.50		*2.33*	2095
	❊ ***Alara Breakfast cereals in compostable packaging***						
	NB. Alara milled flaxseed mixes can be found in the Nuts & Seeds section.						
	On offer are Alara breakfast cereals, the pricing below represents a discount of 20%.						
❒	Apple & Cinnamon Bircher	organic	6x650g	14.60		*3.24*	60105
❒	Ancient Grains Muesli	organic	6x450g	15.30		*3.40*	60111
❒	Crispy Fruit Muesli	organic	6x550g	14.60		*3.24*	60112
❒	Gluten-free Muesli with Goji & Cranberries	organic	6x450g	16.75		*3.72*	60114
❒	Rich Muesli	organic	6x500g	14.25		*3.17*	60250
❒	Gluten-free Delight Muesli	organic	6x250g	14.60		*3.24*	60266
❒	Fruits & Seeds Muesli	organic	6x650g	14.60		*3.24*	60268
❒	Luxury Gluten-free Porridge - no oats		6x500g	13.15		*2.92*	70485
❒	Original Muesli	organic	6x650g	14.60		*3.24*	60269
❒	Everyday Gluten-free Pure Oatflakes		6x500g	11.75		*2.61*	70490
	❊ ***Amisa - gluten-free***						
	Pure Porridge Oats	organic	4x1kg	16.45		*5.48*	60304
	Pure Porridge Oats	organic	6x325g	12.10		*2.69*	60305
	Apple & Cinnamon Porridge Oats	organic	6x300g	16.60		*3.69*	60310
	Four Grain Porridge	organic	6x300g	15.25		*3.39*	60311
	Fruity Oat Muesli	organic	6x325g	17.50		*3.89*	60312
	❊ ***Amisa - spelt based***						
	Spelt Crunchy	organic	6x375g	19.75		*4.39*	60320
	Crispy Spelt Flakes	organic	6x250g	14.35		*3.19*	60325
	Spelt Honey Puffs	organic	6x200g	14.35		*3.19*	60330
	Spelt Puffs - vegan	organic	6x200g	11.20		*2.49*	60335
	❊ ***Bear***						
	On offer are Bear Alpha Bites, the pricing below represents a discount of 15%.						
❒	Cocoa Alpha Bites		4x350g	7.35		*2.45*	70506
❒	Multigrain Alpha Bites		4x350g	7.35		*2.45*	70509

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Biona***															
	Choco-Coconut Granola	*organic*	6x375g	23.80		*5.29*	**60402**									
	Granola Nutty Clusters Low Sugar	*organic*	6x375g	26.50		*5.89*	**60403**									
	Granola Oaty Clusters Low Sugar	*organic*	6x375g	24.25		*5.39*	**60404**									
	Honey & Hazel Crunch Granola	*organic*	6x375g	25.60		*5.69*	**60405**									
	Wild Berry Crisp Granola - boxed	*organic*	6x375g	30.10		*6.69*	**60412**									
	Pure Oaty Granola - wheat-free	*organic*	6x375g	22.45		*4.99*	**60413**									
	Porridge Oats	*organic*	6x500g	9.85		*2.19*	**60416**									
	❊ ***Community Foods***															
	De Luxe Muesli - 16 natural ingredients		25kg	64.45	2.58		**70515**									
	❊ ***Doves Farm - gluten free - vegan***															
	Ancient Grain Breakfast Flakes	*organic*	5x375g	17.60		*4.69*	**61528**									
	Ancient Grain Cereal Hoops	*organic*	5x300g	16.85		*4.49*	**61530**									
	Ancient Grain Fruit & Fibre Flakes	*organic*	5x375g	18.70		*4.99*	**61532**									
	Wholegrain Cocoa Rice Pops	*organic*	5x300g	13.30		*3.55*	**61534**									
	❊ ***Freee - from Doves Farm - gluten-free - vegan***															
	Chocolate Stars	*organic*	5x300g	12.20		*3.25*	**61509**									
	Cornflakes	*organic*	5x325g	11.85		*3.16*	**61511**									
	Cereal Flakes	*organic*	5x375g	15.00		*4.00*	**61516**									
	Fibre Flakes	*organic*	5x375g	14.45		*3.85*	**61521**									
	Fruit & Fibre Flakes	*organic*	5x375g	18.75		*5.00*	**61523**									
	Supergrain Hoops	*organic*	5x300g	14.45		*3.85*	**61526**									
	❊ ***Infinity Foods - Gluten-free***															
	Gluten-free Muesli - Original	*organic*	25kg	140.00	5.60		**62015**									
	❊ ***Infinity Foods - breakfast cereals***															
	Granola Base - new improved recipe!	*organic*	20kg	80.00	4.00		**61908**									
	Granola Base - new improved recipe!	*organic*	5kg	21.80	4.36		**61909**									
▲	Vitality Muesli	*organic*	25kg	104.25	4.17		**61910**									
▲	Vitality Muesli	*organic*	5kg	22.65	4.53		**61915**									
▲	Super Muesli	*organic*	25kg	87.50	3.50		**62025**									
▲	Super Muesli	*organic*	5kg	19.30	3.86		**62030**									
▲	Deluxe Muesli	*organic*	25kg	68.50	2.74		**62032**									
▲	Deluxe Muesli	*organic*	5kg	15.50	3.10		**62033**									
	Muesli Base	*organic*	20kg	32.40	1.62		**62035**									
	Muesli Base	*organic*	5kg	9.90	1.98		**62040**									
▲	Puffed Quinoa	*organic*	8kg	78.25	9.78		**62060**									
▲	Puffed Quinoa	*organic*	1kg	11.55	11.55		**62062**									
	❊ ***Infinity - Gluten-free - Pre-Packed Organic Breakfast Cereals***															
	Guaranteed less than 20 parts per million of gluten. Batch tested. Packed in a gluten-free facility. Coeliac Society approved.															
	Gluten-free Dark Chocolate Granola	*organic*	6x400g	20.25		*4.50*	**4020**									
	Gluten-free Granola Muesli	*organic*	6x400g	23.00		*5.11*	**4028**									
	Gluten-free Muesli - Original	*organic*	6x500g	19.50		*4.33*	**4030**									
	Gluten-free Muesli - Original	*organic*	6x1kg	38.40		*8.54*	**4035**									
	Oat Muesli - gluten-free	*organic*	6x500g	18.75		*4.17*	**4025**									
	Wild Berry Flakes - gluten-free	*organic*	6x275g	17.00		*3.78*	**4027**									
	❊ ***Infinity - Pre-Packed Organic Breakfast Cereals***															
	*New from Infinity Foods, organic vegan **Fig & Granola Muesli**. Sweet figs, creamy walnuts and crunchy granola are mixed with cashews, seeds, toasted flakes and oats. The result, a bowl of wonderful textures and natural sweetness that works harmoniously with Greek yogurt or your favourite milk. Packaged in a recyclable bag.*															
	Bran Flakes	*organic*	6x500g	17.35		*3.86*	**4033**									
☆	Cranberry & Pecan Muesli	*organic*	6x500g	14.55		*3.23*	**4036**									
	Cranberry & Pecan Muesli	*organic*	6x1kg	28.50		*6.33*	**4039**									
❊	Fig & Walnut Granola Muesli	*organic*	6x500g	14.75		*3.29*	**4031**									
❊	Fig & Walnut Granola Muesli	*organic*	6x1kg	26.95		*5.99*	**4032**									
▲	Fruit and Fibre	*organic*	6x325g	13.00		*2.89*	**4040**									
▲	Vitality Muesli	*organic*	12x500g	29.10		*3.23*	**4042**									
▲	Vitality Muesli	*organic*	6x1kg	28.55		*6.35*	**4043**									
▲	Super Muesli	*organic*	6x500g	13.45		*2.99*	**4045**									
▲	Super Muesli	*organic*	6x1kg	24.55		*5.46*	**4050**									
▲	Super Muesli	*organic*	6x1.4kg	33.45		*7.43*	**4055**									

	Description		size	price	£/unit	RRP	code
▲	Deluxe Muesli	organic	6x500g	11.20		2.49	4057
▲	Deluxe Muesli	organic	6x1kg	19.95		4.44	4060
▲	Deluxe Muesli	organic	6x1.4kg	27.05		6.02	4062
	Muesli Base	organic	6x1kg	13.25		2.94	4070
☆	Toasted Wheat Flakes	organic	6x250g	6.60		1.47	2065
	Quinoa Puffs	organic	6x250g	15.45		3.44	4085
	❊ ***Kallo Foods***						
	Puffed Rice Natural	organic	8x225g	20.95		3.49	62505
	❊ ***Lizi's - The Good Carb Food Co.***						
	On offer are Lizi's granolas, the pricing below represents a discount of 15%.						
❒	High Protein Granola		10x350g	26.40		3.52	71612
❒	Organic Granola	organic	10x350g	27.35		3.65	71604
❒	Original Granola - non-organic		10x450g	24.65		3.29	71606
❒	Gluten-free Granola		10x350g	31.95		4.26	71607
❒	Low Sugar Granola		10x450g	26.40		3.52	71608
	❊ ***Mornflake***						
	NB. Mornflake Oatmeal & Bran can be found in the flour section.						
	❊ ***Nature's Path - Gluten-free (except Millet Rice Flakes)***						
	Blueberry Raspberry Yogurt Nobbly Granola	organic	5x300g	20.35		5.43	63188
	Choco Chimps	organic	4x284g	13.25		4.42	63199
	Maple Sunrise	organic	4x332g	13.85		4.62	63207
	Mesa Sunrise	organic	4x355g	14.35		4.78	63230
	Millet Rice Flakes (not gluten-free)	organic	4x375g	12.45		4.15	63235
	Gorilla Munch	organic	4x300g	13.25		4.42	63241
	❊ ***Pimhill***						
	Porridge Oats - bags	organic	12x850g	25.95		2.88	20655
	Jumbo Oats - bags	organic	12x850g	25.95		2.88	20660
	Muesli	organic	12x850g	42.20		4.69	63472
	Apricot, Fig & Seed Muesli (no wheat or nuts)	organic	12x850g	53.25		5.93	63480
	❊ ***Rude Health - For Kids***						
	For any Rude Health sales support: hello@rudehealth.com						
	On offer are Rude Health organic Honey Spelt Puffs, the pricing below represents a discount of 15%.						
❒	Honey Spelt Puffs	organic	8x175g	16.65		2.97	63734
	❊ ***Rude Health - muesli***						
	On offer is Rude Health muesli, the pricing below represents a discount of 15%.						
❒	Instant Bircher Muesli Apple & Cinnamon		6x375g	12.45		2.96	71730
❒	Instant Bircher Muesli Soft & Fruity		6x375g	12.45		2.96	71731
❒	The Ultimate Muesli - vegan	organic	6x400g	17.75		4.23	71739
	❊ ***Rude Health - Granola***						
	*New and on offer from Rude Health, vegan **Maple & Pecan Granola**. A deliciously indulgent flavour combination made with buttery pecans and rich amber maple syrup. It is a high fibre cereal made with wholegrains that is HFSS compliant. The pricing below represents a discount of 15%.*						
❒	The Ultimate Granola	organic	6x400g	17.75		4.23	71776
❒	Chocolate Crunch Granola		6x400g	14.25		3.39	71777
❒	Crunchy Almond Granola		6x400g	14.25		3.39	71778
❒	Crunchy Berry Granola	organic	6x400g	17.75		4.22	71779
❒	Low Sugar Granola - Almond & Hazelnut		6x400g	14.25		3.39	71782
❒	Maple & Pecan Granola - New!		6x400g	17.75		4.22	71783
	❊ ***Rude Health***						
	On offer are Rude Health oat cereals, the pricing below represents a discount of 15%.						
❒	Puffed Oats		8x175g	10.70		1.91	71750
❒	Honey Puffed Oats - gluten-free		4x240g	10.10		3.61	71752
❒	Puffed Brown Rice - gluten-free		4x225g	5.70		2.04	71755
❒	Fruity Date Porridge		6x400g	10.75		2.54	71786
❒	5 Seed 5 Grain Porridge		6x400g	10.75		2.54	71790

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Sun & Seed - Sprouted & Raw***															
	Sprouted & Raw Rolled Oats	*organic*	12x250g	32.85		*3.65*	**71800**									
	❊ ***Whole Earth***															
▲	Cornflakes	*organic*	12x375g	27.80		*3.09*	**63512**									
▲	Cocoa Crunch	*organic*	5x375g	12.75		*3.40*	**63513**									
▲	Maple Frosted Flakes	*organic*	10x375g	28.60		*3.81*	**63525**									
▲	Red Fruit Crunch - granola	*organic*	5x450g	15.30		*4.10*	**63545**									
▲	Muesli	*organic*	12x750g	52.05		*5.78*	**63515**									

■ Beans Peas and Pulses

	❊ ***Bulk Organic Beans Peas and Pulses***															
	Aduki Beans	*organic*	25kg	85.00	3.40		**80505**									
	Aduki Beans	*organic*	5kg	18.80	3.76		**80510**									
	Beluga Lentils (black)	*organic*	25kg	90.00	3.60		**80615**									
	Beluga Lentils (black)	*organic*	5kg	19.80	3.96		**80617**									
	Black Turtle Beans	*organic*	25kg	64.00	2.56		**80620**									
	Black Turtle Beans	*organic*	5kg	14.60	2.92		**80625**									
	Brown Lentils	*organic*	25kg	70.00	2.80		**80517**									
	Brown Lentils	*organic*	5kg	15.80	3.16		**80518**									
▲	Butter Beans	*organic*	25kg	110.00	4.40		**80519**									
▲	Butter Beans	*organic*	5kg	23.85	4.77		**80523**									
	Cannellini Beans	*organic*	25kg	82.00	3.28		**80521**									
	Cannellini Beans	*organic*	5kg	18.20	3.64		**80522**									
	Chana Dal - split hulled chickpeas	*organic*	25kg	97.00	3.88		**80524**									
	Chana Dal - split hulled chickpeas	*organic*	5kg	21.20	4.24		**80526**									
	Chickpeas - Italy	*organic*	25kg	76.00	3.04		**80520**									
	Chickpeas - Italy	*organic*	5kg	17.00	3.40		**80525**									
	Green Lentils	*organic*	25kg	66.00	2.64		**80630**									
	Green Lentils	*organic*	5kg	15.00	3.00		**80635**									
	Green Split Peas - Italy	*organic*	25kg	51.00	2.04		**80530**									
	Green Split Peas - Italy	*organic*	5kg	12.05	2.41		**80535**									
	Haricot Beans	*organic*	25kg	66.00	2.64		**80540**									
	Haricot Beans	*organic*	5kg	15.00	3.00		**80545**									
	Mung Beans	*organic*	25kg	100.00	4.00		**80550**									
	Mung Beans	*organic*	5kg	21.80	4.36		**80555**									
	Mung Dal - split hulled mung beans	*organic*	25kg	96.00	3.84		**80557**									
	Mung Dal - split hulled mung beans	*organic*	5kg	21.00	4.20		**80558**									
	Pinto Beans (light speckled kidney)	*organic*	25kg	86.00	3.44		**80560**									
	Pinto Beans (light speckled kidney)	*organic*	5kg	19.00	3.80		**80565**									
	French Type Lentils	*organic*	25kg	96.00	3.84		**80570**									
	French Type Lentils	*organic*	5kg	20.70	4.14		**80575**									
▲	Red Kidney Beans	*organic*	25kg	89.00	3.56		**80580**									
▲	Red Kidney Beans	*organic*	5kg	19.65	3.93		**80585**									
	Red Split Lentils	*organic*	25kg	65.00	2.60		**80590**									
	Red Split Lentils	*organic*	5kg	14.80	2.96		**80595**									
	Soya Beans	*organic*	25kg	62.00	2.48		**80600**									
	Yellow Split Peas	*organic*	25kg	53.00	2.12		**80640**									
	Yellow Split Peas	*organic*	5kg	12.40	2.48		**80645**									
	❊ ***Hodmedod's - Great British Peas & Beans***															
	Carlin Peas (aka Black Badger)	*organic*	12x500g	19.45		*2.16*	**80876**									
	Organic Split Fava Beans (broad beans)	*organic*	12x500g	18.55		*2.06*	**80660**									
	Whole Olive Green Lentils		12x500g	29.20		*3.24*	**80893**									
	Whole Fava Beans (broad beans)	*organic*	12x500g	22.10		*2.46*	**80895**									
	❊ ***Infinity Pre-Packed Organic Beans , Peas & Pulses***															
	Our packing department is making significant progress in resizing our range from cases of 12 to cases of 6 in response to popular demand. There will be further changes during the period of this catalogue															
	Aduki Beans	*organic*	6x500g	13.25		*2.94*	**5005**									
	Beluga Lentils	*organic*	6x500g	13.80		*3.07*	**5015**									
	Black Turtle Beans	*organic*	6x500g	10.70		*2.38*	**5020**									
	Brown Lentils	*organic*	6x500g	10.45		*2.32*	**5022**									
▲	Butter Beans	*organic*	6x500g	15.75		*3.50*	**5027**									
	Cannellini Beans	*organic*	6x500g	12.80		*2.84*	**5023**									
	Chana Dal - split hulled chickpeas	*organic*	6x500g	14.65		*3.26*	**5026**									
	Chickpeas - Italy	*organic*	12x500g	22.30		*2.48*	**5025**									
☆	Green Lentils	*organic*	6x500g	9.95		*2.21*	**5035**									

	Description		size	price	£/unit	RRP	code
	Green Split Peas - Italy	organic	6x500g	9.15		2.03	5045
	Haricot Beans	organic	6x500g	10.90		2.42	5055
	Mung Beans	organic	6x500g	14.05		3.13	5065
	Mung Dal - split hulled mung beans	organic	6x500g	14.50		3.22	5068
☆	Pinto Beans (light speckled kidney)	organic	6x500g	12.35		2.74	5075
☆	French Type Lentils	organic	6x500g	13.55		3.01	5085
▲	Red Kidney Beans	organic	6x500g	13.65		3.05	5095
	Red Split Lentils	organic	6x500g	9.85		2.19	5105
☆	Red Split Lentils	organic	6x1kg	18.25		4.07	5110
	Soya Beans	organic	6x500g	10.40		2.32	5115
	Yellow Split Peas	organic	6x500g	9.35		2.08	5130

■ Nuts and Seeds

❊ ***Bulk Organic Nuts and Seeds***

NB Alfalfa must be sprouted before eating

	Alfalfa Seed	organic	25kg	247.85	9.91		90505
	Alfalfa Seed	organic	2kg	21.60	10.80		90510
	Almonds	organic	25kg	239.50	9.58		90516
	Almonds	organic	10kg	96.95	9.70		90515
	Almonds	organic	2.5kg	26.05	10.42		90520
	Blanched Almonds	organic	10kg	109.95	11.00		90517
	Blanched Almonds	organic	2.5kg	29.30	11.72		90518
	Flaked Almonds	organic	10kg	108.95	10.90		90511
	Flaked Almonds	organic	2.5kg	29.05	11.62		90512
	Ground Almonds	organic	10kg	105.95	10.60		90513
	Ground Almonds	organic	2.5kg	28.30	11.32		90514
▲	Brazil Nuts	organic	20kg	197.00	9.85		90522
▲	Brazil Nuts	organic	2.5kg	26.50	10.60		90523
▲	Brazil Nuts - Broken Pieces	organic	20kg	149.15	7.46		90525
▲	Brazil Nuts - Broken Pieces	organic	2.5kg	20.50	8.20		90546
	Cashews Whole	organic	22.68kg	189.55	8.36		90524
	Cashews Whole	organic	2.5kg	22.70	9.08		90526
	Cashews Large Pieces	organic	22.68kg	164.55	7.26		90536
	Cashews Large Pieces	organic	2.5kg	19.95	7.98		90537
	Chia Seeds	organic	25kg	110.75	4.43		90527
	Chia Seeds	organic	2kg	10.65	5.33		90528
	Coconut Desiccated	organic	25kg	75.90	3.04		90529
	Coconut Desiccated	organic	3kg	10.90	3.63		90530
	Coconut Chips	organic	10kg	35.90	3.59		90532
	Coconut Chips	organic	3kg	12.55	4.18		90533
	Toasted Coconut Chips	organic	10kg	40.15	4.02		90531
	Toasted Coconut Chips	organic	3kg	13.85	4.62		90544
	Fruit & Nut Mix	organic	3kg	24.65	8.22		90557
▲	Hi Energy Trail Mix	organic	3kg	26.80	8.93		90569
	Hazelnuts	organic	25kg	298.15	11.93		90551
	Hazelnuts	organic	10kg	119.25	11.93		90535
	Hazelnuts	organic	2.5kg	31.60	12.64		90540
	Roast Whole Hazelnuts	organic	10kg	137.25	V 13.73		90541
	Hulled Hemp Seeds	organic	20kg	182.25	9.11		90502
	Hulled Hemp Seeds	organic	5kg	47.35	9.47		90503
	Hemp Seeds - whole	organic	20kg	107.65	5.38		90542
	Hemp Seeds - whole	organic	5kg	28.70	5.74		90543
	Linseed Brown	organic	25kg	45.50	1.82		90545
	Linseed Brown	organic	5kg	10.90	2.18		90550
	Linseed Gold	organic	25kg	62.50	2.50		90552
	Linseed Gold	organic	5kg	14.30	2.86		90553
	Macadamia Nuts	organic	11.34kg	154.15	13.59		90538
	Macadamia Nuts	organic	0.75kg	11.95	15.93		90539
	Nut Mix	organic	2.5kg	23.90	9.56		90554
	Omega Four Seed Mix	organic	25kg	103.50	4.14		90571
	Omega Four Seed Mix	organic	3kg	14.20	4.73		90556
	Peanuts	organic	25kg	100.35	4.01		90555
	Peanuts	organic	5kg	21.85	4.37		90560
	Blanched Roasted Peanuts	organic	10kg	54.00	5.40		90615
	Pecans - Halves	organic	10kg	193.55	19.36		90561
	Pecans - Halves	organic	2kg	40.50	20.25		90563
	Pecan Pieces	organic	10kg	167.50	16.75		90566
	Pecan Pieces	organic	2kg	35.30	17.65		90567
	Pine Kernels	organic	25kg	589.45	23.58		90562
	Pine Kernels	organic	5kg	119.70	23.94		90568
	Pine Kernels	organic	1kg	25.35	25.35		90565

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Raw Pistachio Kernels	*organic*	10kg	275.50	27.55		**90547**									
	Raw Pistachio Kernels	*organic*	5kg	139.55	27.91		**90548**									
	Raw Pistachio Kernels	*organic*	750g	22.05	0.03		**90549**									
	Poppy Seed	*organic*	25kg	155.00	6.20		**90559**									
	Poppy Seed	*organic*	3kg	20.10	6.70		**90558**									
	Austrian Pumpkin Seeds	*organic*	25kg	239.25	9.57		**90572**									
	Austrian Pumpkin Seeds	*organic*	2kg	20.95	10.48		**90573**									
	Pumpkin Seeds - AA grade	*organic*	25kg	143.35	5.73		**90564**									
	Pumpkin Seeds - AA grade	*organic*	2kg	13.25	6.63		**90570**									
	Three Seed Mix -sunflower, pumpkin, pine	*organic*	3kg	18.05	6.02		**90574**									
	Hulled Sesame Seeds - white	*organic*	25kg	115.25	4.61		**90575**									
	Hulled Sesame Seeds - white	*organic*	5kg	24.55	4.91		**90580**									
	Sesame Seeds - whole - brown	*organic*	25kg	107.55	4.30		**90582**									
	Sesame Seeds - whole - brown	*organic*	5kg	23.30	4.66		**90583**									
	Black Sesame Seeds - whole	*organic*	25kg	105.50	4.22		**90587**									
	Black Sesame Seeds - whole	*organic*	3kg	14.15	4.72		**90588**									
	Sunflower Seed - kernels	*organic*	25kg	54.35	2.17		**90585**									
	Sunflower Seed - kernels	*organic*	5kg	12.65	2.53		**90590**									
	Tigernuts - Blanched	*organic*	10kg	83.00	8.30		**90604**									
	Tigernuts - Blanched	*organic*	1kg	10.10	10.10		**90606**									
	Trail Mix	*organic*	3kg	17.40	5.80		**90607**									
	Walnut Halves - Light	*organic*	10kg	73.25	7.33		**90591**									
	Walnut Halves - Light	*organic*	2.5kg	20.10	8.04		**90594**									
	Walnut Light Pieces	*organic*	10kg	64.50	6.45		**90595**									
	Walnut Light Pieces	*organic*	2.5kg	17.90	7.16		**90600**									
	❊ ***A. Vogel - bioSnacky organic sprouting seeds***															
	For bioSnacky glass sprouting jar see Kitchen and Household Goods section															
	Alfalfa Seeds	*organic*	12x40g	19.70		*2.19*	**90905**									
	Broccoli Seeds	*organic*	12x30g	19.70		*2.19*	**90906**									
	Little Radish Seeds	*organic*	12x40g	19.70		*2.19*	**90907**									
	Mung Beans	*organic*	12x40g	17.40		*1.93*	**90910**									
	Red Clover Seeds	*organic*	12x30g	19.70		*2.19*	**90912**									
	❊ ***A. Vogel - bioSnacky organic sprouting seed mixes***															
	Wellness: mung beans, red clover, lentils, white radish seeds **Fitness: white radish, mung beans, wheat seeds**															
	Wellness Mix	*organic*	12x40g	19.70		*2.19*	**90916**									
	Fitness Mix	*organic*	12x40g	17.40		*1.93*	**90917**									
	❊ ***Aconbury Sprouts - sprouting seeds - retail friendly block bags***															
	Alfalfa	*organic*	8x250g	32.60		*5.43*	**90637**									
	Beetroot	*organic*	8x100g	33.15		*5.53*	**90639**									
	Broccoli	*organic*	8x250g	54.05		*9.01*	**90640**									
	Brown Lentils	*organic*	8x500g	24.30		*4.05*	**90642**									
	Chickpeas	*organic*	8x500g	24.60		*4.10*	**90645**									
	China Rose Radish	*organic*	8x250g	26.35		*4.39*	**90647**									
	Mixed Beans	*organic*	8x500g	26.20		*4.37*	**90652**									
	Mung Beans	*organic*	8x500g	34.45		*5.74*	**90657**									
	Snow Peas	*organic*	8x500g	25.90		*4.32*	**90658**									
	❊ ***Aconbury Sprouts - seed sprouting kit***															
	Kit comprises: sprouting jar with drainage lid & stand, **100g each of alfalfa seeds, broccoli seeds, radish seeds,** **200g sunflower seeds, 300g mixed beans,** **recipes and instructions.**															
	Sprouting Kit in bag	*organic*	1x1p	17.00		*22.67*	**90665**									
	❊ ***Aconbury Sprouts - seeds for sprouting***															
	Black Sunflower Seeds	*organic*	1x2kg	11.20		*14.93*	**90613**									
	❊ ***Alara Milled Seeds in compostable packaging***															
	On offer are Alara organic Milled Linseeds, the pricing below represents a discount of 20% off the new lower case price of 22.30.															
❒	Milled Linseeds - Raw	*organic*	6x500g	17.80		*3.96*	**90672**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Biona***															
	Creamed Coconut	*organic*	12x200g	22.40		*2.49*	**90702**									
	Cracked Linseed Gold - Omega Extra	*organic*	6x500g	24.70		*5.49*	**90705**									
	Linseed Gold	*organic*	6x500g	16.60		*3.69*	**90710**									
	Linseed Brown	*organic*	6x500g	14.80		*3.29*	**90712**									
	Hemp Seeds - whole	*organic*	8x250g	14.90		*2.49*	**90715**									
	❊ ***Coconut Merchant***															
	*New and on offer from Coconut Merchant is organic vegan gluten-free **Creamed Coconut**. It is made from raw coconut puree sustainably sourced from Sri Lanka without using monkeys. Creamed coconut is packed with fibre and extra virgin coconut oil. It is used to thicken sauces or to add to sweet treats like ice cream and desserts. Packed in a card box. The pricing below represents a discount of 15%.*															
❒	Creamed Coconut - New!	*organic*	12x200g	17.80		*1.98*	**90718**									
	❊ ***Crazy Jack on-the-go***															
	Mixed Almonds - on-the-go	*organic*	18x30g	12.80		*0.95*	**90722**									
	❊ ***Infinity Pre-Packed Organic Nuts & Seeds***															
	Omega Four Seed Mix - sunflower, pumpkin, gold linseed, hulled sesame															
	NB Alfalfa must be sprouted before eating															
	Our packing department is making further progress in resizing our range from cases of 12 to cases of 6. There will be more changes during the period of this catalogue															
☆	Alfalfa Seeds	*organic*	6x125g	9.70		*2.16*	**6005**									
	Alfalfa Seeds	*organic*	6x250g	17.90		*3.98*	**6010**									
☆	Almonds	*organic*	6x125g	9.60		*2.13*	**6015**									
☆	Almonds	*organic*	6x250g	16.85		*3.74*	**6020**									
	Almonds	*organic*	6x500g	32.15		*7.15*	**6025**									
	Almonds	*organic*	6x1kg	61.25		*13.62*	**6026**									
☆	Blanched Almonds	*organic*	6x125g	10.55		*2.34*	**6017**									
	Blanched Almonds	*organic*	6x250g	18.80		*4.19*	**6018**									
☆	Flaked Almonds	*organic*	6x125g	10.60		*2.36*	**6011**									
	Flaked Almonds	*organic*	6x250g	19.35		*4.31*	**6012**									
	Ground Almonds	*organic*	6x250g	18.90		*4.21*	**6014**									
	Ground Almonds	*organic*	6x500g	35.10		*7.80*	**6016**									
▲	Brazil Nuts	*organic*	6x125g	10.45		*2.32*	**6031**									
▲	Brazil Nuts	*organic*	6x250g	17.85		*3.97*	**6032**									
▲	Brazil Nuts	*organic*	6x500g	32.60		*7.24*	**6033**									
▲	Brazil Nuts - Broken Pieces	*organic*	6x250g	14.25		*3.17*	**6036**									
☆	Cashews Whole	*organic*	6x125g	8.55		*1.90*	**6041**									
☆	Cashews Whole	*organic*	6x250g	14.85		*3.30*	**6042**									
	Cashews Whole	*organic*	6x500g	28.10		*6.24*	**6043**									
	Cashews Whole	*organic*	6x1kg	53.20		*11.82*	**6051**									
☆	Cashews Large Pieces	*organic*	6x250g	13.20		*2.93*	**6063**									
	Cashews Large Pieces	*organic*	6x500g	24.80		*5.51*	**6064**									
☆	Cashews & Raisins	*organic*	6x125g	7.35		*1.63*	**6044**									
	Chia Seeds	*organic*	6x250g	9.70		*2.16*	**6052**									
	Chia Seeds	*organic*	6x500g	16.30		*3.62*	**6053**									
	Coconut Desiccated	*organic*	6x250g	7.60		*1.69*	**6035**									
	Coconut Desiccated	*organic*	6x500g	12.15		*2.70*	**6040**									
	Coconut Chips	*organic*	6x250g	8.40		*1.87*	**6037**									
	Toasted Coconut Chips	*organic*	6x250g	9.05		*2.01*	**6039**									
☆	Fruit & Nut Mix	*organic*	6x250g	13.70		*3.04*	**6047**									
▲	Hi Energy Trail Mix	*organic*	6x250g	13.40		*3.37*	**6048**									
▲	Hi Energy Trail Mix	*organic*	12x125g	17.35		*1.96*	**6049**									
☆	Hazelnuts	*organic*	6x125g	11.25		*2.50*	**6045**									
	Hazelnuts	*organic*	6x250g	20.15		*4.48*	**6050**									
	Hazelnuts	*organic*	6x500g	38.80		*8.62*	**6055**									
	Hulled Hemp Seeds	*organic*	6x125g	9.85		*2.19*	**6054**									
	Hulled Hemp Seeds	*organic*	6x250g	16.70		*3.72*	**6057**									
	Hemp Seeds - whole	*organic*	6x250g	11.10		*2.47*	**6058**									
	Roast Whole Hazelnuts	*organic*	12x125g	25.20	V	*3.36*	**6056**									
☆	Linseed Brown	*organic*	6x250g	5.05		*1.12*	**6070**									
	Linseed Brown	*organic*	12x450g	14.40		*1.60*	**6075**									
☆	Linseed Gold	*organic*	6x250g	6.05		*1.34*	**6077**									
	Linseed Gold	*organic*	6x450g	9.05		*2.01*	**6078**									
	Linseed Gold	*organic*	6x1kg	18.05		*4.01*	**6079**									
	Macadamia Nuts	*organic*	6x125g	12.50		*2.78*	**6073**									
	Macadamia Nuts	*organic*	6x250g	23.40		*5.20*	**6074**									
	Nut Mix	*organic*	6x250g	17.35		*3.87*	**6080**									
	Nut Mix	*organic*	6x500g	31.70		*7.05*	**6082**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Omega Four Seed Mix	*organic*	12x250g	17.00		*1.91*	**6084**									
	Omega Four Seed Mix	*organic*	6x500g	15.45		*3.43*	**6087**									
	Peanuts	*organic*	6x250g	8.30		*1.85*	**6085**									
	Peanuts	*organic*	6x500g	14.90		*3.31*	**6090**									
☆	Pecans - halves	*organic*	6x125g	16.80		*3.73*	**6092**									
	Pecans - halves	*organic*	6x250g	32.05		*7.12*	**6093**									
	Pecan Pieces	*organic*	6x125g	14.85		*3.30*	**6094**									
	Pecan Pieces	*organic*	6x250g	28.15		*6.26*	**6096**									
☆	Pine Kernels	*organic*	6x125g	20.00		*4.46*	**6095**									
	Pine Kernels	*organic*	6x250g	38.40		*8.53*	**6097**									
☆	Raw Pistachio Kernels	*organic*	6x125g	22.95		*5.11*	**6101**									
	Raw Pistachio Kernels	*organic*	6x250g	44.35		*9.86*	**6102**									
☆	Poppy Seeds	*organic*	6x125g	6.95		*1.54*	**6098**									
	Poppy Seeds	*organic*	6x250g	12.35		*2.75*	**6099**									
	Austrian Pumpkin Seeds	*organic*	6x250g	17.40		*3.87*	**6121**									
	Austrian Pumpkin Seeds	*organic*	6x500g	31.75		*7.06*	**6122**									
☆	Pumpkin Seeds - AA grade	*organic*	6x125g	6.60		*1.47*	**6100**									
	Pumpkin Seeds - AA grade	*organic*	12x250g	21.75		*2.42*	**6105**									
	Pumpkin Seeds - AA grade	*organic*	6x500g	20.20		*4.49*	**6110**									
	Pumpkin Seeds - AA grade	*organic*	6x1kg	38.40		*8.53*	**6112**									
☆	Three Seed Mix (sunflower, pumpkin, pine)	*organic*	6x250g	10.45		*2.32*	**6113**									
☆	Hulled Sesame Seeds - white	*organic*	6x250g	9.20		*2.04*	**6115**									
☆	Sesame Seeds - whole - brown	*organic*	6x250g	8.75		*1.94*	**6125**									
☆	Sesame Seeds - whole - brown	*organic*	6x400g	12.60		*2.80*	**6127**									
	Black Sesame Seeds - whole	*organic*	6x250g	9.35		*2.08*	**6128**									
	Sunflower Seed - kernels	*organic*	12x250g	11.11		*1.23*	**6130**									
☆	Sunflower Seed - kernels	*organic*	6x500g	8.80		*1.96*	**6135**									
	Sunflower Seed - kernels	*organic*	6x1kg	17.05		*3.79*	**6140**									
☆	Tigernuts - Blanched	*organic*	6x125g	8.50		*1.89*	**6141**									
☆	Trail Mix	*organic*	6x250g	10.10		*2.25*	**6143**									
☆	Walnut Halves - Light	*organic*	6x125g	7.80		*1.73*	**6160**									
	Walnut Halves - Light	*organic*	6x250g	13.25		*2.95*	**6165**									
	Walnut Halves - Light	*organic*	6x500g	25.00		*5.56*	**6167**									
☆	Walnut Light Pieces	*organic*	6x125g	7.15		*1.59*	**6145**									
☆	Walnut Light Pieces	*organic*	6x250g	11.95		*2.66*	**6150**									
	Walnut Light Pieces	*organic*	6x500g	22.40		*4.98*	**6155**									
	❊ ***Prewett's***															
	Milled Flaxseed - large	*organic*	6x175g	14.65		*3.26*	**90880**									
	❊ ***Raw Health***															
	Black Chia Seeds - raw	*organic*	6x450g	40.45		*8.99*	**90895**									
	❊ ***Shipton Mill Organic Chestnut Flour - see "Organic Flours" section.***															
	❊ ***Bulk Nuts and Seeds***															
▲	Almonds		22.68kg	145.00	6.39		**91010**									
▲	Almonds		3kg	20.95	6.98		**91015**									
	Flaked Almonds		10kg	67.90	6.79		**91030**									
	Flaked Almonds		3kg	22.15	7.38		**91035**									
▼	Ground Almonds		10kg	57.35	5.74		**91040**									
▼	Ground Almonds		3kg	19.00	6.33		**91045**									
▼	Cashews - large pieces		22.68kg	83.50	3.68		**91070**									
▼	Cashews - large pieces		5kg	20.20	4.04		**91075**									
▼	Cashews Whole		22.68kg	145.95	6.44		**91080**									
▼	Cashews Whole		3kg	21.10	7.03		**91085**									
	Chia Seeds		25kg	88.90	3.56		**91090**									
	Chia Seeds		2kg	8.90	4.45		**91095**									
	Chopped Mixed Nuts - peanut, almond, walnut		12.5kg	86.50	6.92		**91265**									
▲	Macadamia Nuts - raw		11.34kg	89.50	7.89		**91147**									
▲	Macadamia Nuts - raw		5kg	41.25	8.25		**91146**									
▲	Macadamia Nuts - raw		1kg	9.65	9.65		**91148**									
	Peanuts - superior grade		25kg	79.20	3.17		**91150**									
	Pecans Halves		13.6kg	175.50	12.90		**91170**									
	Pecans Halves		2kg	27.60	13.80		**91175**									
	Pistachios - roasted & salted		10kg	118.50	11.85		**91190**									
	Pistachios - roasted & salted		2kg	25.50	12.75		**91195**									
▼	Pistachio Kernels - raw		13.6kg	275.50	20.26		**91192**									
▼	Pistachio Kernels - raw		5kg	103.10	20.62		**91194**									
▼	Pistachio Kernels - raw		0.75kg	17.00	22.66		**91193**									
	Pumpkin Seeds - AA grade		25kg	117.25	4.69		**91200**									
	Pumpkin Seeds - AA grade		5kg	25.25	5.05		**91205**									

	Description		size	price	£/unit	RRP	code
	Sunflower Seeds		25kg	38.05	1.52		91225
	Sunflower Seeds		5kg	9.40	1.88		91230
	Walnut Light Halves		12.5kg	79.95	6.40		91245
	Walnut Light Halves		3kg	21.00	7.00		91250
	❊ ***Hodmedod's - Great British Seeds***						
	Chia Seed		8x300g	20.65		*3.45*	91305
	❊ ***Raw Living - activated nuts & seeds***						
	Activated Almonds	*organic*	6x200g	54.55		*12.99*	91307
	Activated Brazil Nuts	*organic*	6x200g	54.55		*12.99*	91308
	Activated Mixed Nuts	*organic*	6x200g	54.55		*12.99*	91309
	Activated Pecan Nuts	*organic*	6x200g	62.95		*14.99*	91310
	Activated Pumpkin Seeds	*organic*	6x200g	41.90		*9.98*	91311
	Activated Sunflower Seeds	*organic*	6x200g	25.10		*5.98*	91312
	Activated Walnuts	*organic*	6x200g	54.55		*12.99*	91315
	❊ ***Sun & Seed***						
	Sprouted & Raw Buckwheat	*organic*	12x250g	38.70		*4.30*	91320
	Sprouted & Raw Sunflower Seeds	*organic*	12x250g	32.85		*3.65*	91322
	❊ ***Infinity Pre-Packed Nuts & Seeds***						
▲	Almonds		6x125g	7.65		*1.70*	6515
▲	Almonds		6x250g	12.60		*2.80*	6520
▲	Almonds		6x500g	22.20		*4.93*	6525
▼	Cashews - large pieces		6x250g	8.10		*1.80*	6620
▼	Cashews - large pieces		6x500g	14.05		*3.13*	6625
▼	Cashews Whole		6x125g	7.30		*1.62*	6635
▼	Cashews Whole		6x250g	12.25		*2.72*	6640
▼	Cashews Whole		6x500g	22.35		*4.97*	6643
☆	Chia Seeds		6x250g	7.60		*1.69*	6705
	Chia Seeds		6x500g	13.70		*3.04*	6710
▲	Macadamia Nuts - raw		6x125g	7.40		*1.82*	6828
☆	Pecans Halves		6x125g	11.95		*2.66*	6830
☆	Pecans Halves		6x250g	21.65		*4.81*	6835
	Pistachios - roasted & salted		6x125g	11.15		*2.48*	6860
	Pistachios - roasted & salted		6x250g	20.05		*4.46*	6865
▼	Pistachio Kernels - raw		12x125g	34.95		*3.88*	6875
▼	Pistachio Kernels - raw		6x250g	33.40		*7.43*	6877
☆	Pumpkin Seeds - AA grade		6x250g	9.30		*2.07*	6885
	Pumpkin Seeds - AA grade		6x500g	17.10		*3.81*	6890
☆	Sunflower Seeds		6x250g	4.60		*1.02*	6915
	Sunflower Seeds		6x500g	7.60		*1.69*	6920
	❊ ***Zaytoun - Palestinian - fairly traded***						
	Almonds		6x150g	26.45		*5.88*	91577

■ Dried Fruit

	❊ ***Bulk Organic Dried Fruit***						
	Apricots Whole	*organic*	10kg	100.45	10.05		100510
	Apricots Whole	*organic*	5kg	52.05	10.41		100515
	Chopped Apricots	*organic*	10kg	75.20	7.52		100517
	Chopped Apricots	*organic*	1kg	9.30	9.30		100518
	Banana Chips	*organic*	6.8kg	25.10	3.69		100521
	Sour Cherries - pitted	*organic*	8kg	107.30	13.41		100495
	Sour Cherries - pitted	*organic*	1kg	15.20	15.20		100497
	Cranberries with Apple Juice	*organic*	11.34kg	124.85	11.01		100485
	Cranberries with Apple Juice	*organic*	2kg	23.80	11.90		100490
	Currants	*organic*	12.5kg	54.95	4.40		100520
	Currants	*organic*	5kg	23.80	4.76		100525
	Organic Select Dates	*organic*	12.5kg	28.75	2.30		100532
	Organic Select Dates	*organic*	5kg	13.30	2.66		100533
▲	Dates - pitted	*organic*	10kg	42.60	4.26		100531
▲	Dates - pitted	*organic*	5kg	23.10	4.62		100535
▲	Chopped Dates	*organic*	12.5kg	37.80	3.02		100537
▲	Chopped Dates	*organic*	1kg	4.90	4.90		100528
	Figs	*organic*	10kg	98.95	9.90		100539
	Figs	*organic*	5kg	51.30	10.26		100540

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Chopped Figs	organic	10kg	52.50	5.25		100549									
▲	Chopped Figs	organic	1kg	7.10	7.10		100530									
	Ginger Crystallised	organic	5kg	27.25 V	5.45		100552									
	Goji Berries	organic	10kg	126.00	12.60		100543									
	Goji Berries	organic	1kg	14.40	14.40		100545									
	Golden Berries	organic	20kg	295.40	14.77		100541									
	Golden Berries	organic	1kg	16.55	16.55		100542									
	Mango Strips - Burkina Faso	organic	2kg	22.60	11.30		100569									
	Mango Strips (Brooks Variety)	organic	1kg	13.50	13.50		100556									
	Mixed Vine Fruit	organic	5kg	26.80	5.36		100548									
	Mulberries - white	organic	6kg	38.90	6.48		100538									
	Mulberries - white	organic	1kg	8.25	8.25		100544									
	Prunes - Pitted	organic	12.5kg	145.25	11.62		100555									
	Prunes - Pitted	organic	5kg	59.90	11.98		100557									
	Raisins - s/f oil dressed	organic	12.5kg	58.50	4.68		100560									
	Raisins - s/f oil dressed	organic	5kg	25.20	5.04		100565									
	Sultanas - s/f oil dressed	organic	12.5kg	58.50	4.68		100570									
	Sultanas - s/f oil dressed	organic	5kg	25.20	5.04		100575									
	❊ ***Crazy Jack***															
	Cranberries with sugar & veg.oil	organic	7x100g	8.30		*1.58*	100775									
	Apricots - on-the-go	organic	18x40g	14.80		*1.10*	100773									
	Apricots - Ready-to-Eat	organic	8x200g	23.45		*3.91*	100782									
	Mango - Ready-to-Eat	organic	6x100g	11.20		*2.49*	100779									
	Mango - on-the-go	organic	16x30g	11.40		*0.95*	100781									
	Dates - Ready-to-Eat	organic	8x200g	18.05		*3.01*	100784									
	Figs - Ready-to-Eat	organic	8x200g	20.35		*3.39*	100788									
	Prunes - Ready-to-Eat	organic	8x200g	19.90		*3.32*	100790									
	❊ ***Infinity Pre-Packed Organic Dried Fruit***															
	Apricots Whole	organic	6x250g	19.10		*4.24*	7010									
	Apricots Whole	organic	6x500g	34.20		*7.60*	7015									
	Apricots Whole	organic	6x1kg	64.35		*14.30*	7020									
☆	Chopped Apricots	organic	6x250g	16.40		*3.64*	7022									
	Banana Chips	organic	6x125g	5.15 V		*1.38*	7024									
	Sour Cherries - pitted	organic	6x125g	14.10		*3.13*	7016									
	Sour Cherries - pitted	organic	6x250g	24.15		*5.37*	7019									
	Cranberries with Apple Juice	organic	6x125g	12.30		*2.73*	7017									
	Cranberries with Apple Juice	organic	6x250g	20.55		*4.57*	7018									
	Currants	organic	6x250g	10.65		*2.37*	7025									
	Currants	organic	6x500g	17.25		*3.83*	7030									
	Organic Select Dates	organic	6x250g	6.05		*1.35*	7032									
	Organic Select Dates	organic	6x500g	9.65		*2.14*	7033									
▲	Dates - pitted	organic	6x250g	10.40		*2.32*	7035									
▲	Dates - pitted	organic	6x500g	16.80		*3.73*	7040									
▲	Dates - pitted	organic	6x1kg	29.60		*6.59*	7045									
	Figs	organic	6x250g	18.90		*4.20*	7050									
	Figs	organic	6x500g	33.75		*7.50*	7055									
	Figs	organic	6x1kg	63.45		*14.10*	7060									
	Ginger Crystallised	organic	6x125g	6.50 V		*1.73*	7077									
	Goji Berries	organic	6x125g	13.50		*3.00*	7064									
	Goji Berries	organic	6x250g	22.95		*5.10*	7065									
	Golden Berries	organic	6x250g	26.20		*5.83*	7069									
	Mixed Vine Fruit	organic	6x250g	11.55		*2.57*	7062									
	Mixed Vine Fruit	organic	6x500g	19.05		*4.23*	7063									
	Mulberries - white	organic	6x125g	8.90		*1.99*	7072									
	Mulberries - white	organic	6x250g	13.75		*3.06*	7073									
	Pitted Prunes	organic	6x250g	21.45		*4.77*	7080									
	Pitted Prunes	organic	6x500g	38.90		*8.64*	7085									
	Raisins	organic	6x250g	11.05		*2.46*	7095									
	Raisins	organic	6x500g	18.05		*4.01*	7100									
	Raisins	organic	6x1kg	32.10		*7.13*	7105									
	Sultanas	organic	6x250g	11.05		*2.46*	7110									
	Sultanas	organic	6x500g	18.05		*4.01*	7115									
	Sultanas	organic	6x1kg	32.10		*7.13*	7120									
	❊ ***Bulk Dried Fruit***															
	Apricots Whole Yellow - SO2		12.5kg	104.00	8.32		101035									
	Apricots Whole Yellow - SO2		5kg	43.40	8.68		101040									
	Banana Chips		6.8kg	20.99	3.09		101055									
	Cranberries sweetened with sugar		11.34kg	63.65	5.61		101056									
	Cranberries sweetened with sugar		2kg	13.00	6.50		101057									

	Description		size	price	£/unit	RRP	code
	Dates Chopped - some pips		12.5kg	26.00	2.08		101075
	Sayer GAQ Dates		12.5kg	25.60	2.05		101092
	Sayer GAQ Dates		5kg	12.05	2.41		101093
	Ginger crystallised & caster sugar		5kg	23.50 V	4.70		101115
	Goji Berries		10kg	104.80	10.48		101120
	Goji Berries		1kg	11.95	11.95		101125
	Papaya - SO2 - with sugar		5kg	34.95	6.99		101140
	Pineapple - SO2 - with sugar		5kg	26.65	5.33		101170
	Prunes - Pitted		10kg	56.00	5.60		101195
	Prunes - Pitted		5kg	29.80	5.96		101200
	❊ ***Suma - Vegan***						
▲	Candied Mixed Peel - contains SO2 - bag		1kg	5.90	5.90		101250
	Candied Mixed Peel - contains SO2 - tub		6x200g	10.10		*2.25*	101251
	❊ ***Infinity Pre-Packed Dried Fruit***						
	Apricots Whole Yellow - SO2		6x250g	15.45		*3.43*	7530
	Apricots Whole Yellow - SO2		6x500g	29.00		*6.44*	7535
	Sayer GAQ Dates		6x250g	7.15		*1.59*	7612
	Sayer GAQ Dates		6x500g	10.20		*2.27*	7613
	Ginger crystallised & caster sugar		12x125g	11.90 V		*1.59*	7655
☆	Goji Berries		6x125g	10.25		*2.28*	7665
	Goji Berries		6x250g	19.75		*4.39*	7670
▲	Prunes Pitted		6x250g	12.45		*2.77*	7730
▲	Prunes Pitted		6x500g	20.85		*4.63*	7735
	❊ ***Tropical Wholefoods - www.tropicalwholefoods.co.uk***						
	Sun-dried Chewy Banana Chips	*organic*	14x150g	22.90		*2.18*	102001
	Sun-Dried Mango	*organic*	14x100g	32.55		*3.10*	102012
▲	Sun-dried Pineapple - FT	*organic*	14x100g	44.15		*4.20*	102003
	❊ ***Zaytoun***						
	NB. 101095 Medjoul dates 5kg have a shelf life of 2 weeks once opened.						
	Medjoul Dates with Stone - Boxed		6x250g	22.80		*5.07*	102105
	Medjoul Dates - Shelf Ready Boxed		6x500g	43.05		*9.57*	102109
	Medjoul Dates		5kg	50.85	10.17		101095

■ Herbs and Spices

❊ ***Infinity Foods - culinary herbs & spices***					
Allspice (Pimento) Whole	1kg	14.30			995510
Allspice (Pimento) Ground	1kg	15.65			995515
Aniseed Star	500g	16.30			995523
Arrowroot	1kg	4.00			995525
Basil	1kg	6.60			995530
Bay Leaves	1kg	9.55			995535
Caraway Seed	1kg	7.00			995545
Cayenne Pepper	1kg	6.60			995550
Cardamom Pods	500g	25.25			995555
Cardamom Ground	500g	22.00			995560
Celery Seed	1kg	5.15			995565
Celery Salt	1kg	3.80			995570
Chillies Whole	1kg	7.90			995575
Chillies Ground	1kg	6.60			995580
Chinese Five Spice	500g	4.00			995585
Chives	500g	10.20			995590
Cinnamon Quills 3"	500g	19.90			995593
Cinnamon Ground	1kg	7.30			995600
Cloves Whole	500g	11.00			995605
Cloves Ground	500g	10.35			995610
Coriander Seed	1kg	3.75			995615
Coriander Ground	1kg	3.75			995620
Cumin Seed	1kg	14.60			995625
Cumin Ground	1kg	7.90			995630
Curry Medium	1kg	4.30			995635
Curry Hot	1kg	4.30			995645
Dill Seed	1kg	5.25			995650
Dill Weed	500g	9.55			995655
Fennel Seed	1kg	6.50			995660
Fenugreek Seed	1kg	3.95			995675
Fenugreek Ground	1kg	3.95			995680

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Garam Masala		1kg	7.95			995685									
	Garlic Powder		1kg	6.05			995690									
	Garlic Salt		1kg	5.15			995695									
	Ginger Ground		1kg	6.30			995705									
	Herb Provencal		1kg	9.25			995710									
	Juniper Berries		1kg	15.55			996060									
	Lemongrass		1kg	15.35			995717									
	Mace Ground		500g	23.35			995725									
	Marjoram		1kg	7.95			995730									
	Mint		1kg	6.80			995735									
	Mixed Herbs		1kg	8.30			995740									
	Mixed Spice		1kg	7.65			995745									
	Mustard Seed Black		1kg	3.25			995750									
	Mustard Seed Yellow		1kg	3.55			995755									
	Mustard Ground		1kg	6.60			995760									
	Nutmeg Whole		1kg	26.60			995765									
	Nutmeg Ground		1kg	15.90			995770									
	Onion Powder		1kg	5.70			995772									
	Oregano		1kg	9.25			995775									
	Smoked Paprika - sweet & mild		1kg	7.50			995782									
	Paprika Spanish		1kg	5.10			995785									
	Parsley		1kg	13.25			995790									
	Peppercorns Black		1kg	11.90			995795									
	Pepper Black Ground		1kg	11.80			995805									
	Peppercorns White		1kg	18.60			995810									
	Pepper White Ground		1kg	18.60			995815									
	Peppercorns - Black, White, Green & Pink		500g	9.25			995823									
	Pickling Spice		1kg	7.55			995825									
	Poppy Seed - Blue		1kg	6.45			995830									
	Poppy Seed - Blue		3kg	18.60			995835									
	Rosemary		1kg	6.60			995840									
	Sage		1kg	10.60			995855									
	Tarragon		500g	18.20			995870									
	Thyme		1kg	9.40			995875									
	Turmeric - Ground		1kg	4.60			995880									
	❊ ***Infinity Foods - non-culinary herbs***															
	Chamomile Matricaria		500g	13.25			996015									
	Dandelion Leaf		500g	13.25	V		996035									
	Elderflowers		500g	15.80			996040									
	Hibiscus Fine		500g	6.30			996050									
	Kelp Powder		1kg	23.95	V		996062									
	Lavender Flowers		500g	13.30	V		996065									
	Lemon Balm		500g	10.60			996070									
	Lemon Verbena Superior		500g	13.25			996075									
	Liquorice Root Sticks		1kg	17.25	V		996080									
	Lime Flowers		500g	25.25			996085									
	Nettle - Cut		500g	7.40	V		996100									
	Peppermint		1kg	11.95			996110									
	Raspberry Leaf		500g	10.10	V		996115									
	Rosehip Fine Cut		500g	11.65	V		996120									
	Senna Pods		1kg	10.10	V		996122									
	❊ ***Kitchen Garden Organics***															
	Curry Powder - Hot	*organic*	1kg	10.00			996200									
	❊ ***Organic Herb Trading***															
▲	Basil	*organic*	1kg	17.25			993010									
	Caraway Seed	*organic*	1kg	12.60			993012									
▲	Chilli Flakes	*organic*	1kg	31.00			993016									
	Chilli Powder - ground cayenne pepper	*organic*	1kg	28.60			993017									
	Cinnamon Powder	*organic*	1kg	15.90			993020									
	Chinese Five Spice Blend	*organic*	1kg	27.10			993021									
	Coriander Seed	*organic*	1kg	10.60			993026									
	Ground Coriander Seed	*organic*	1kg	11.90			993027									
▲	Cumin Seed	*organic*	1kg	23.80			993030									
	Ground Cumin	*organic*	1kg	24.50			993032									
▲	Fennel Seed	*organic*	1kg	17.20			993035									
	Fenugreek Seed	*organic*	1kg	12.70			993037									
	Garam Masala Powder	*organic*	1kg	29.25			993039									
	Garlic Powder	*organic*	1kg	13.40			993038									
	Ginger Powder	*organic*	1kg	18.45			993040									

	Description		size	price	£/unit	RRP	code
	Harissa Blend	*organic*	1kg	27.10			**993043**
	Herb Provencal	*organic*	1kg	22.65			**993041**
	Juniper Berries	*organic*	1kg	25.20			**993042**
	Mexican Blend	*organic*	1kg	29.80			**993044**
	Mixed Herbs	*organic*	1kg	23.30			**993050**
▲	Mixed Spice Powder	*organic*	1kg	29.65			**993060**
	Mustard Ground Yellow	*organic*	1kg	16.10			**993063**
	Mustard Seed Brown	*organic*	1kg	17.25			**993065**
	Nigella Sativa Seed - Cumin Black	*organic*	1kg	18.10			**993066**
	Nutmeg Ground	*organic*	1kg	43.00			**993067**
▲	Onion Powder	*organic*	1kg	18.10			**993068**
	Oregano	*organic*	1kg	23.00			**993070**
	Paprika	*organic*	1kg	23.90			**993080**
	Smoked Paprika	*organic*	1kg	31.25			**993082**
▲	Peppercorns Black Whole	*organic*	1kg	27.60			**993100**
	Peppercorns Black Ground	*organic*	1kg	23.80			**993101**
▼	Peppercorns White Whole	*organic*	1kg	29.00			**993103**
▲	Peppermint	*organic*	1kg	16.70			**993105**
▲	Psyllium Husk	*organic*	1kg	33.25	V		**993102**
	Ras El Hanout Coarse Blend	*organic*	1kg	30.00			**993106**
	Rosemary cut	*organic*	1kg	16.05			**993110**
	Sage	*organic*	1kg	19.90			**993120**
	Star Anise	*organic*	1kg	41.60			**993122**
	Sumac	*organic*	1kg	18.25			**993125**
	Thyme	*organic*	1kg	19.70			**993130**
	Turmeric	*organic*	1kg	15.80			**993140**
	❊ ***Crane Brand - Spanish Saffron in plastic box***						
▲	Saffron		12x1g	29.25		*3.25*	**995845**
	❊ ***El Avion - tinned Spanish Paprika***						
	Sweet Paprika		10x75g	21.65		*2.89*	**991505**
	Smoked Sweet Paprika		10x75g	24.80		*3.31*	**991507**
	Smoked Hot Paprika		10x75g	24.80		*3.31*	**991510**
	❊ ***Forest Wholefoods - retail pouches***						
	Turmeric - singles	*organic*	1x1kg	10.65		*14.20*	**991650**
	Turmeric - 6p	*organic*	6x250g	26.30		*5.84*	**991655**
	Turmeric - 6p	*organic*	6x125g	21.50		*4.78*	**991657**
	❊ ***Hambleden Rock Salt in grinder - see "Condiments, Salt" section.***						
	❊ ***Hambleden - in jars***						
	Ground Allspice	*organic*	5x50g	14.20		*3.79*	**990203**
	Basil	*organic*	5x13g	10.15		*2.71*	**990205**
	Bay Leaf	*organic*	5x2g	10.15		*2.71*	**990210**
	Caraway Seed	*organic*	5x40g	12.20		*3.25*	**990220**
	Cardamom Pods	*organic*	5x30g	14.20		*3.79*	**990225**
	Cayenne - Ground	*organic*	5x45g	10.15		*2.71*	**990227**
	Ground Chilli	*organic*	5x40g	14.20		*3.79*	**990230**
	Ground Cinnamon	*organic*	5x35g	14.20		*3.79*	**990250**
	Cinnamon Quills	*organic*	5x10g	10.15		*2.71*	**990255**
	Coriander Seed	*organic*	5x25g	10.15		*2.71*	**990275**
	Ground Coriander	*organic*	5x30g	10.15		*2.71*	**990280**
	Cumin Seed	*organic*	5x40g	12.20		*3.25*	**990285**
	Ground Cumin	*organic*	5x45g	12.20		*3.25*	**990290**
	Curry Powder - Mild	*organic*	5x30g	12.20		*3.25*	**990294**
	Fennel Seed	*organic*	5x35g	12.20		*3.25*	**990305**
	Garam Masala	*organic*	5x40g	12.20		*3.25*	**990315**
	Garlic Chips - in grinder	*organic*	5x45g	16.25		*4.33*	**990318**
	Ground Garlic	*organic*	5x40g	10.15		*2.71*	**990320**
	Ground Ginger	*organic*	5x30g	12.20		*3.25*	**990325**
	Herbes de Provence	*organic*	5x15g	10.15		*2.71*	**990330**
	Juniper Berry	*organic*	5x30g	12.20		*3.25*	**990340**
	Lemon Grass	*organic*	5x9g	10.15		*2.71*	**990345**
	Mixed Herbs	*organic*	5x13g	10.15		*2.71*	**990370**
	Mixed Spice	*organic*	5x45g	14.20		*3.79*	**990375**
	Mustard Seed - Brown	*organic*	5x65g	12.20		*3.25*	**990385**
	Mustard Seed - Yellow	*organic*	5x65g	12.20		*3.25*	**990390**
	Nutmeg - Whole	*organic*	5x40g	18.30		*4.88*	**990400**
	Nutmeg - Ground	*organic*	5x50g	18.30		*4.88*	**990402**
	Oregano	*organic*	5x13g	10.15		*2.71*	**990410**

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Ground Paprika	organic	5x40g	14.20		3.79	990415									
Peppercorns Black - in grinder	organic	5x40g	16.25		4.33	990425									
Rosemary	organic	5x22g	10.15		2.71	990445									
Sage	organic	5x12g	10.15		2.71	990450									
Star Anise	organic	5x15g	12.20		3.25	990460									
Thyme	organic	5x17g	10.15		2.71	990470									
Ground Turmeric	organic	5x35g	12.20		3.25	990480									
❊ ***Infinity Foods Herbs & Spices - packets***															
30x6p Retail Display Stand - order 10x6p and quote this code. It is 64cm wide, 57cm high, 23cm deep.						9190									
Ground Allspice	organic	6x20g	7.85		1.75	9200									
Star Anise	organic	6x15g	6.70		1.49	9201									
Basil	organic	6x20g	5.95		1.32	9202									
Bay Leaves	organic	6x10g	5.95		1.32	9203									
Caraway Seed	organic	6x30g	6.70		1.49	9204									
Cardamom Pods	organic	6x10g	6.70		1.49	9205									
Cayenne Pepper	organic	6x35g	7.85		1.75	9206									
Cinnamon Bark	organic	6x15g	7.85		1.75	9208									
Cinnamon Ground	organic	6x30g	6.70		1.49	9209									
Chilli Powder	organic	6x25g	6.70		1.49	9210									
Whole Cloves	organic	6x20g	6.70		1.49	9211									
Coriander Seed	organic	6x40g	5.95		1.32	9212									
Ground Coriander	organic	6x40g	5.95		1.32	9213									
Cumin Seed	organic	6x25g	6.70		1.49	9215									
Ground Cumin	organic	6x25g	6.70		1.49	9216									
Curry Leaves	organic	6x5g	5.95		1.32	9217									
Curry Powder	organic	6x30g	6.70		1.49	9218									
Dill Herb	organic	6x15g	6.70		1.49	9219									
Fennel Seed	organic	6x40g	5.95		1.32	9220									
Fenugreek Seed	organic	6x40g	6.70		1.49	9221									
Garam Masala	organic	6x25g	6.70		1.49	9222									
Garlic Granules	organic	6x25g	6.70		1.49	9223									
Ground Ginger	organic	6x30g	6.70		1.49	9224									
Herbes de Provence	organic	6x20g	5.95		1.32	9225									
Juniper Berries	organic	6x30g	7.85		1.75	9226									
Marjoram	organic	6x10g	5.95		1.32	9227									
Mint (Spearmint)	organic	6x20g	5.95		1.32	9228									
Mixed Herbs	organic	6x20g	5.95		1.32	9229									
Mixed Spice	organic	6x25g	6.70		1.49	9230									
Black Mustard Seed	organic	6x50g	6.70		1.49	9231									
Yellow Mustard Seed	organic	6x50g	6.70		1.49	9232									
Whole Nutmeg	organic	6x20g	7.85		1.75	9233									
Ground Nutmeg	organic	6x20g	7.85		1.75	9234									
Oregano	organic	6x20g	5.95		1.32	9235									
Black Onion Seed (Nigella Seed)	organic	6x25g	6.70		1.49	9236									
Paprika	organic	6x25g	6.70		1.49	9237									
Smoked Paprika	organic	6x25g	6.70		1.49	9249									
Parsley	organic	6x15g	5.95		1.32	9238									
Ground Black Pepper	organic	6x25g	6.70		1.49	9239									
Black Peppercorns	organic	6x25g	6.70		1.49	9240									
White Peppercorns	organic	6x25g	6.70		1.49	9241									
Poppy Seed	organic	6x40g	6.70		1.49	9242									
Rosemary	organic	6x20g	5.95		1.32	9243									
Sage	organic	6x25g	5.95		1.32	9244									
Tarragon	organic	6x10g	7.85		1.75	9245									
Thyme	organic	6x25g	5.95		1.32	9246									
Ground Turmeric	organic	6x30g	5.95		1.32	9247									
❊ ***Kitchen Garden - packets***															
Bay Leaf	organic	6x3g	2.95		0.66	992215									
Ground Cinnamon	organic	6x33g	7.85		1.75	992230									
Coriander Seed	organic	6x25g	4.00		0.89	992250									
Ground Coriander	organic	6x27g	2.95		0.66	992255									
Curry Powder - Hot	organic	6x34g	3.10		0.69	992252									
Dill Tops	organic	6x11g	4.00		0.89	992265									
Garam Masala	organic	6x37g	5.35		1.19	992275									
Ground Ginger - FT	organic	6x26g	6.70		1.49	992285									
Mustard Seed - White	organic	6x37g	4.00		0.89	992330									
Oregano	organic	6x11g	2.95		0.66	992335									
Peppercorns - Black	organic	6x21g	6.25		1.39	992350									
Star Anise	organic	6x10g	6.70		1.49	992370									
Ground Turmeric	organic	6x22g	5.60		1.25	992385									

	Description		size	price	£/unit	RRP	code
	⁜ ***Krokos Kozanis***						
	Greek Red Saffron in filaments	*organic*	12x1g	66.15		*7.35*	**992405**
	⁜ ***Saffron Direct - Bourbon Vanilla Ltd***						
	12 Vanilla Pods in vacuum packed plastic pouch		1x1p	20.00		*26.67*	**992408**
	Madagascan Vanilla Powder in a pouch		6x13g	31.60		*7.02*	**992409**
	⁜ ***Tarantella - Liquid Herbs & Spices***						
	Liquid Basil	*organic*	12x40ml	21.50		*2.39*	**996204**
	Liquid Chilli	*organic*	12x40ml	21.50		*2.39*	**996206**
	Liquid Dill	*organic*	12x40ml	21.50		*2.39*	**996208**
	Liquid Garlic	*organic*	12x40ml	21.50		*2.39*	**998209**
	Liquid Ginger	*organic*	12x40ml	21.50		*2.39*	**998210**
	Liquid Oregano	*organic*	12x40ml	21.50		*2.39*	**998211**
	Liquid Rosemary	*organic*	12x40ml	21.50		*2.39*	**998212**
	Liquid Thyme	*organic*	12x40ml	21.50		*2.39*	**998213**
	Liquid Tarragon	*organic*	12x40ml	21.50		*2.39*	**998214**
	⁜ ***Vaynilla - Bourbon Vanilla Ltd***						
	Two Vanilla Pods in glass tube		10x1p	38.00		*5.07*	**912422**
	⁜ ***Zaytoun Za'atar - thyme based mix - see "Condiments" section***						

■ Pasta

	⁜ ***Amisa - gluten-free***						
	Buckwheat Fusilli - 100%	*organic*	10x500g	35.15		*4.69*	**130203**
	Buckwheat Spaghetti - 100%	*organic*	12x500g	42.20		*4.69*	**130204**
	Fusilli Corn & Rice	*organic*	10x500g	26.15		*3.49*	**130205**
	Spaghetti Corn & Rice	*organic*	12x500g	31.40		*3.49*	**130215**
	⁜ ***Amisa - gluten-free - 100% whole rice***						
	Fusilli Wholegrain Rice	*organic*	10x500g	26.90		*3.59*	**130225**
	Penne Wholegrain Rice	*organic*	10x500g	26.90		*3.59*	**130230**
	⁜ ***Better Than Spaghetti - see "Convenience Foods"***						
	⁜ ***BioFair - gluten-free***						
	Rice Quinoa Fusilli	*organic*	6x250g	17.05		*3.79*	**130450**
	Rice Quinoa Spaghetti	*organic*	12x250g	34.10		*3.79*	**130452**
	⁜ ***Biona - durum wheat - bronze extruded***						
	Dinosaur - wholegrain pasta	*organic*	12x250g	19.70		*2.19*	**130318**
	Fusilli - wholewheat	*organic*	12x500g	21.50		*2.39*	**130320**
	Fusilli - wholewheat - large	*organic*	7x1kg	24.60		*4.69*	**130319**
	Linguine - wholewheat	*organic*	12x500g	21.50		*2.39*	**130321**
	Macaroni - wholewheat	*organic*	12x500g	21.50		*2.39*	**130322**
	Penne - wholewheat	*organic*	12x500g	21.50		*2.39*	**130325**
	Spaghetti - wholewheat	*organic*	12x500g	21.50		*2.39*	**130330**
	White Conchiglie	*organic*	12x500g	22.40		*2.49*	**140105**
	White Farfalle	*organic*	12x500g	22.40		*2.49*	**140110**
	White Fusilli	*organic*	12x500g	22.40		*2.49*	**140115**
	White Fusilli - large	*organic*	7x1kg	24.60		*4.69*	**140116**
	White Fusilli Tricolore	*organic*	12x500g	24.20		*2.69*	**140120**
	White Lasagne	*organic*	12x250g	18.80		*2.09*	**140122**
	White Macaroni	*organic*	12x500g	22.40		*2.49*	**140123**
	White Penne	*organic*	12x500g	22.40		*2.49*	**140125**
	White Rigatoni	*organic*	12x500g	22.40		*2.49*	**140127**
	White Spaghetti	*organic*	12x500g	22.40		*2.49*	**140130**
	⁜ ***Biona - Spelt***						
◆	Spelt Fusilli - wholemeal	*organic*	10x500g	21.65		*2.89*	**130352**
	Spelt Lasagne - wholemeal	*organic*	12x250g	28.70		*3.19*	**130358**
◆	Spelt Penne - wholemeal	*organic*	10x500g	21.65		*2.89*	**130357**
	Spelt Spaghetti - wholemeal	*organic*	12x500g	26.00		*2.89*	**130360**
◆	White Spelt Spaghetti	*organic*	12x500g	30.50		*3.39*	**140165**
◆	White Spelt Fusilli	*organic*	10x500g	25.40		*3.39*	**140170**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	White Spelt Penne	organic	10x500g	25.40		3.39	140175									
	White Spelt Tagliatelle	organic	12x250g	20.60		2.29	140177									
	White Spelt Safari Animals	organic	12x250g	20.60		2.29	140178									
	White Spelt Spinach Tagliatelli	organic	12x250g	22.40		2.49	140180									
	❊ ***Clearspring - gluten-free***															
	Red Lentil & Brown Rice Fusilli	organic	8x250g	22.70		3.79	140300									
	Green Pea & Quinoa Fusilli	organic	8x250g	22.70		3.79	140305									
	Brown Rice with Quinoa & Amaranth Penne	organic	8x250g	22.70		3.79	140310									
	Chickpea Sedanini	organic	8x250g	22.70		3.79	140315									
	Buckwheat Tortiglioni	organic	8x250g	22.70		3.79	140320									
	❊ ***Doves Farm - gluten-free***															
	On offer is Doves organic gluten-free organic pasta, the pricing below represents a discount of 15%.															
❒	Brown Rice Fusilli	organic	8x500g	20.65		3.44	130365									
❒	Brown Rice Penne	organic	8x500g	20.65		3.44	130370									
❒	Brown Rice Spaghetti	organic	12x500g	30.95		3.44	130375									
❒	Buckwheat Penne	organic	8x500g	24.65		4.11	130377									
❒	Maize and Rice Fusilli	organic	8x500g	16.75		2.79	130380									
❒	Maize and Rice Lasagne	organic	6x250g	12.55		2.79	130381									
❒	Maize and Rice Penne	organic	8x500g	16.75		2.79	130385									
❒	Maize and Rice Spaghetti	organic	12x500g	25.20		2.80	130395									
❒	Multigrain Penne	organic	8x500g	20.65		3.44	130397									
	❊ ***Explore Cuisine - Vegan - Gluten-free***															
◆	Black Bean Spaghetti	organic	6x200g	13.90		3.09	130705									
◆	Chickpea Fusilli	organic	6x250g	13.90		3.09	130708									
◆	Edamame Bean Spaghetti	organic	6x200g	13.90		3.09	130707									
◆	Edamame & Mung Bean Fettuccine	organic	6x200g	13.90		3.09	130715									
◆	Green Lentil Penne	organic	6x250g	13.90		3.09	130718									
	❊ ***Infinity Foods - Bulk Speciality Pasta -White Durum Wheat***															
	Caserecce - twists - white	organic	13kg	40.35	3.10		130924									
	Fregola - giant couscous - white	organic	18kg	55.65	3.09		10538									
	Fregola - giant couscous - white	organic	5kg	17.01	3.40		10539									
	Malloreddos - small shell - white	organic	14kg	42.75	3.05		130928									
	Orzo - rice shape from durum wheat - white	organic	25kg	79.00	3.16		10572									
	Orzo - rice shape from durum wheat - white	organic	5kg	17.65	3.53		10573									
	Penne - white	organic	11kg	37.15	3.38		130930									
	❊ ***Infinity Foods - Speciality Pasta - White Durum Wheat***															
	Fregola - giant couscous - white	organic	6x400g	10.20		2.28	1051									
	Orzo - rice shape from durum wheat - white	organic	6x450g	11.35		2.53	1092									
	❊ ***La Bio Idea - Bulk Wholewheat Pasta - Durum Wheat***															
	Wholewheat Fusilli	organic	6kg	20.50	3.42		130980									
	Wholewheat Gomitini	organic	6kg	20.50	3.42		130984									
	Wholewheat Pennette	organic	6kg	20.50	3.42		130986									
	Wholewheat Spaghetti	organic	6kg	20.50	3.42		130988									
	Wholewheat Tagliatelle	organic	6kg	20.50	3.42		130989									
	❊ ***La Bio Idea - Bulk White Pasta - Durum Wheat***															
	White Conchigliette	organic	6kg	20.50	3.42		130991									
	White Fusilli	organic	6kg	20.50	3.42		130990									
	White Gomitini	organic	6kg	20.50	3.42		130992									
	White Lasagne	organic	5kg	18.75	3.75		130994									
	White Pennette	organic	6kg	20.50	3.42		130996									
	White Spaghetti	organic	6kg	20.50	3.42		130998									
	White Tricolore Fusilli	organic	6kg	22.50	3.75		130999									
	White Vermicelli	organic	6kg	14.95	2.49		131000									
	❊ ***La Bio Idea - durum wheat***															
	Wholewheat Lasagne	organic	12x250g	16.65		1.85	131001									
	Wholewheat Macaroni Gomitini	organic	12x500g	22.50		2.50	131005									
	Wholewheat Penne	organic	12x500g	23.85		2.65	131010									
	Wholewheat Spaghetti	organic	12x500g	22.05		2.45	131020									
	Wholewheat Fusilli	organic	12x500g	23.85		2.65	131025									
	White Macaroni Gomitini	organic	12x500g	22.50		2.50	150505									
	White Penne	organic	12x500g	23.85		2.65	150510									

	Description		size	price	£/unit	RRP	code
	White Farfalle (bows)	organic	12x275g	18.45		2.05	150512
	White Spaghetti	organic	12x500g	22.05		2.45	150515
	White Fusilli	organic	12x500g	23.85		2.65	150520
	Lasagne Verde	organic	12x250g	17.10		1.90	131045
	White Lasagne (no pre-cooking)	organic	12x250g	15.75		1.75	131052
	White Tricolore Shells	organic	12x500g	28.80		3.20	150524
	White Tricolore Fusilli	organic	12x500g	29.25		3.25	150525
⁜	***La Bio Idea - gluten-free***						
	Chickpea Penne with Corn	organic	12x250g	31.50		3.50	130970
	Red Lentil Fusilli	organic	12x250g	37.80		4.20	130975
⁜	***La Terra E Il Cielo - Speciality Pasta***						
	Spelt Spaghetti (whole)	organic	20x500g	49.40		3.29	131340
	White Alphabetti (Alphabet)	organic	12x500g	26.95		2.99	131290
	White Conchiglioni (Large shells)	organic	6x500g	17.95		3.99	131303
	White Fusilli	organic	12x500g	22.45		2.49	131304
	White Linguine (Flat Spaghetti)	organic	20x500g	35.85		2.39	131312
	White Pappardelle (Large Nests)	organic	6x500g	15.70		3.49	131327
	White Penne	organic	12x500g	22.45		2.49	131305
	White Spaghetti	organic	20x500g	35.85		2.39	131306
⁜	***Mr Organic - pasta***						
	*New from Mr Organic, a range of organic vegan white wheat pastas. All are made from durum wheat grown in Casona di Puglia which is known as the 'Granary of Italy'. The pasta is bronze extruded to create a rough, porous texture to hold onto sauce. It is made in small batches and dried slowly at low temperatures. The four lines are **White Fusilli** twists, **White Penne Rigate** (tubes with longitudinal ridges), **White Spaghetti** and **White Tagliatelle** ribbons. All are packaged in recyclable paper.*						
⁜	White Fusilli	organic	12x500g	21.50		2.39	131545
⁜	White Penne Rigate	organic	12x500g	21.50		2.39	131547
⁜	White Spaghetti	organic	12x500g	21.50		2.39	131548
⁜	White Tagliatelle	organic	12x500g	21.50		2.39	131549
⁜	***Mr Organic - legume pasta gluten-free***						
	Chickpea Rice	organic	12x250g	33.20		3.69	131540
	Red Lentil Rice	organic	12x250g	33.20		3.69	131542
⁜	***Orgran - gluten-free***						
	Buckwheat Spirals		5x350g	14.95		3.99	140511
	Corn & Veg Penne		5x350g	11.20		2.99	140513
	Garden Veggie Penne		5x350g	11.20		2.99	140515
	Garden Veggie Spirals		5x350g	14.95		3.99	140517
	Quinoa Penne		5x350g	11.20		2.99	140518
	Rice & Corn Macaroni		5x350g	14.95		3.99	140520
	Rice & Veg Spirals		5x350g	14.95		3.99	140522
⁜	***Pasta Natura SRL SOC. Agricola - gluten-free pasta***						
	Corn & Rice Caserecce	organic	5kg	17.95	3.59		140548
	Corn & Rice Conchiglie	organic	4.5kg	16.35	3.63		140550
	Corn & Rice Fusilli	organic	4.5kg	16.20	3.60		140552
	Corn & Rice Penne	organic	5kg	17.85	3.57		140554
⁜	***Profusion - protein rich - gluten-free - dried at 42 degrees C***						
◆	Red Lentil Fusilli	organic	8x250g	20.35		3.39	132106
◆	Chickpea Fusilli	organic	8x250g	19.75		3.29	132111
◆	Yellow Lentil Lasagne Sheets	organic	12x250g	41.30		4.59	132120
	Chickpea Orzo	organic	12x250g	27.80		3.09	132122
	Red Lentil Orzo	organic	12x250g	27.80		3.09	132123
⁜	***Seggiano***						
	White Linguine Pasta	organic	12x250g	26.40		2.93	152540
	White Tagliatelle Pasta	organic	12x375g	37.60		4.18	152545
	White Toscani Pasta	organic	12x375g	37.60		4.18	152550
⁜	***Suma/ Iris Organic Cooperative***						
	Tricolore Fusilli - in paper	organic	12x500g	20.25		2.25	152556
	White Fusilli - in paper	organic	12x500g	17.00		1.89	152557
	White Penne - in paper	organic	12x500g	17.00		1.89	152559
	White Spaghetti - in paper	organic	12x500g	17.00		1.89	152561
	Wholewheat Spaghetti - in paper	organic	12x500g	17.00		1.89	152563

▲ price rise ▼ fall
⁜ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	■ Noodles															
	⁜ ***Better Than Noodles - see "Convenience Foods"***															
	⁜ ***Biona - Vegan***															
	Asia Noodles - wheat	*organic*	8x250g	16.15		*2.69*	**490305**									
	Spelt Noodles	*organic*	8x250g	19.15		*3.19*	**490310**									
	⁜ ***Clearspring - wheat-free***															
	*New from Clearspring, two organic vegan gluten-free rice noodles. **Black Rice Noodles** contain 80% brown rice flour and 20% black rice flour and have a delicate nutty flavour. Soak in freshly boiled water for 3 minutes, drain and add to stir-fries or soups. **Brown Rice Vermicelli Noodles** contain 100% brown rice flour. Made using wholegrain rice, these noodles have a firm texture and a subtle flavour. They take three minutes to cook and are perfect in soups, stir fries and even vermicelli puddings. Clearspring cut their noodles shorter to make them easier to prepare and enjoy.*															
⁜	Black Rice Noodles GF	*organic*	10x200g	29.90		*3.99*	**490504**									
◆	100% Buckwheat Soba Noodles	*organic*	6x200g	20.20		*4.49*	**490511**									
	100% Brown Rice Noodles GF	*organic*	10x200g	29.90		*3.99*	**490512**									
⁜	Brown Rice Vermicelli Noodles GF	*organic*	8x200g	20.35		*3.39*	**490505**									
	100% Wide Brown Rice Noodles GF	*organic*	5x200g	14.95		*3.99*	**490513**									
	⁜ ***Clearspring - Japanese - (none are wheat-free)***															
◆	Brown Rice Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490506**									
◆	Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490507**									
◆	Skinny Soba Somen Noodles	*organic*	12x200g	31.40		*3.49*	**490508**									
◆	Wide Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490509**									
◆	Soba Noodles	*organic*	12x200g	31.40		*3.49*	**490510**									
	⁜ ***Clearspring - Japanese Ramen***															
	Miso Ramen with miso ginger soup	*organic*	5x210g	20.20		*5.39*	**490530**									
	Shoyu Ramen with soya sauce soup	*organic*	5x210g	20.20		*5.39*	**490535**									
	⁜ ***King Soba - Noodles***															
	100% Buckwheat Noodles	*organic*	12x250g	25.10		*2.79*	**490640**									
	Millet & Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490645**									
	100% Brown Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490655**									
	Thai Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490660**									
	⁜ ***King Soba - Speciality Noodles - gluten-free***															
	Black Rice Noodles	*organic*	12x250g	26.70		*2.97*	**490680**									
	Brown Rice Wakame Noodles	*organic*	12x250g	25.10		*2.79*	**490685**									
	Pumpkin/Ginger B Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490690**									
	Sweet Potato Buckwheat Noodles	*organic*	12x250g	25.10		*2.79*	**490695**									
	Pad Thai Noodles	*organic*	12x250g	25.10		*2.79*	**490723**									
	Pho Noodles	*organic*	12x250g	26.05		*2.89*	**490725**									
	Vermicelli Noodles	*organic*	12x250g	25.10		*2.79*	**490732**									
	⁜ ***King Soba - Fair Trade Noodles - gluten-free***															
	Buckwheat Quinoa Noodles	*organic*	12x250g	25.10		*2.79*	**490708**									
	⁜ ***King Soba - Ramen Noodles - gluten-free - with paste or sauce***															
	Brown Rice Ramen Noodle Kit - Shiro Miso & Sea Garden Sala	*organic*	6x190g	15.70		*3.49*	**490758**									
	Buckwheat Ramen Noodle Kit - Ginger Miso & Tofu	*organic*	6x190g	15.70		*3.49*	**490760**									
	Chilli Miso Ramen Noodle Cup	*organic*	6x85g	9.90		*2.20*	**490774**									
	Ginger Miso Ramen Noodle Cup- with tofu	*organic*	6x85g	9.90		*2.20*	**490776**									
	Classic Miso Ramen Noodle Cup	*organic*	6x85g	9.90		*2.20*	**490778**									
	⁜ ***King Soba - Ramen Noodles - gluten-free***															
	Black Rice Ramen Noodles	*organic*	6x280g	17.75		*3.94*	**490740**									
	Brown Rice Ramen Noodles	*organic*	6x280g	15.65		*3.48*	**490742**									
	Buckwheat Ramen Noodles	*organic*	6x280g	15.65		*3.48*	**490745**									
	⁜ ***Yakso***															
	Egg Noodles	*organic*	6x250g	11.80		*2.63*	**490905**									

■ Bread, Rice Cakes, Crackers etc

	Description		size	price	£/unit	RRP	code
	⁜ ***Amaizin - tortilla wraps and shells***						
◆	Soft Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	28.60		*2.38*	**169805**
◆	Extra Fibre Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	28.60		*2.38*	**169807**
	⁜ ***Amisa - gluten-free***						
	On offer are selected Amisa organic gluten-free baguettes, the pricing marked ❒ below represents a discount of 15%.						
	Rice & Corn Crispbread	*organic*	12x120g	18.80		*2.09*	**169851**
◆	Buckwheat Crispbread	*organic*	12x120g	26.00		*2.89*	**169852**
◆	Chestnut Crispbread	*organic*	12x100g	21.50		*2.39*	**169853**
	Chickpea Crispbread	*organic*	12x100g	18.80		*2.09*	**169859**
◆	Protein Lentil Crispbread	*organic*	12x100g	19.70		*2.19*	**169860**
❒	Classic Baguette French Style	*organic*	8x180g	17.25		*2.88*	**169863**
	Olive Ciabatta Bread	*organic*	8x180g	20.90		*3.49*	**169854**
	Sun-Dried Tomato Ciabatta Bread	*organic*	8x180g	22.10		*3.69*	**169864**
❒	Seeded Baguette Rustic Style	*organic*	8x160g	16.75		*2.80*	**169868**
	Focaccia Roll - White (part baked)	*organic*	6x220g	20.20		*4.49*	**169858**
	Quinoa Fibre Plus Crispbread	*organic*	12x100g	17.00		*1.89*	**169865**
◆	Veggie Garden Crispbread	*organic*	12x100g	17.00		*1.89*	**169870**
	⁜ ***Biona - pizza bases***						
	Spelt Pizza Bases - 2 pack	*organic*	10x300g	31.40		*4.19*	**170107**
	Wheat Pizza Bases - 2 pack	*organic*	10x300g	22.40		*2.99*	**170105**
	Mini Wholewheat Pizza Bases - 4 pack	*organic*	10x300g	23.15		*3.09*	**170108**
	⁜ ***Biona - gluten-free***						
	Corn Cakes - No Salt	*organic*	12x110g	13.40		*1.49*	**170135**
	Ricecakes with salt	*organic*	12x100g	13.40		*1.49*	**170140**
	Ricecakes no salt	*organic*	12x100g	13.40		*1.49*	**170145**
	Ricecakes with quinoa	*organic*	12x100g	15.20		*1.69*	**170160**
	⁜ ***Biona - with gluten***						
	Strawberry Yoghurt Coated Ricecakes	*organic*	12x100g	16.40 V		*2.19*	**170152**
	Yoghurt Coated Ricecakes	*organic*	12x100g	16.40 V		*2.19*	**170153**
	Spelt Cakes	*organic*	12x100g	13.40		*1.49*	**170155**
	⁜ ***Biona - long life pumpernickel style - wheat free***						
	On offer are selected Biona organic long life rye breads, the pricing marked ❒ below represents a discount of 15%.						
	Rye Bread	*organic*	7x500g	14.10		*2.69*	**170162**
	Rye Amaranth & Quinoa Bread	*organic*	7x500g	14.65		*2.79*	**170110**
❒	Rye Chia & Flax Bread	*organic*	7x500g	12.85		*2.45*	**170112**
	Rye & Hemp Seed Bread	*organic*	7x500g	15.15		*2.89*	**170113**
❒	Rye Omega Golden Linseed Bread	*organic*	7x500g	12.00		*2.29*	**170165**
❒	Rye & Pumpkin Seed Bread	*organic*	7x500g	12.85		*2.45*	**170167**
	Rye with Sunflower Bread	*organic*	7x500g	14.10		*2.69*	**170168**
	Pumpernickel Bread	*organic*	9x500g	18.15		*2.69*	**170170**
	Vitality Rye Bread - sprouted seeds	*organic*	7x500g	14.65		*2.79*	**170175**
	⁜ ***Biona - Bio-Diet, gluten-free wholegrain***						
	Rice Bread - large	*organic*	6x500g	25.60		*5.69*	**170173**
	Rice & Sunflower Seed Bread	*organic*	6x500g	26.95		*5.99*	**170174**
	Millet Bread	*organic*	6x250g	17.50		*3.89*	**170172**
	⁜ ***Biona - Rye Crispbread***						
◆	Rye Knäcke Original Crispbread	*organic*	10x200g	14.90		*1.99*	**170176**
◆	Rye Knäcke Sesame Crispbread	*organic*	10x200g	16.40		*2.19*	**170178**
	⁜ ***Clearspring - gluten-free breadcrumbs***						
	Brown Rice Breadcrumbs	*organic*	12x250g	43.10		*4.79*	**170402**
	⁜ ***Clearspring Oatcakes - no wheat - no palm oil***						
	Traditional Oatcakes	*organic*	15x200g	37.00		*3.29*	**170405**
	Sundried Tomato & Herb Oatcakes	*organic*	15x200g	42.60		*3.79*	**170407**
	Sea Veg & Black Pepper Oatcakes	*organic*	15x200g	42.60		*3.79*	**170410**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Clearspring Circular Puffed Rice and Corn Cakes - gluten-free***															
	Brown Rice Cakes Buckwheat & Amaranth	*organic*	6x120g	7.60		*1.69*	**170440**									
	Brown Rice Cakes No Added Salt	*organic*	6x120g	7.15		*1.59*	**170442**									
	Brown Rice Cakes Lightly Salted	*organic*	6x120g	7.15		*1.59*	**170444**									
	Brown Rice Cakes 7 Super Seeds	*organic*	6x120g	7.60		*1.69*	**170446**									
	Brown Rice Cakes Quinoa & Chia	*organic*	6x120g	7.60		*1.69*	**170448**									
	❊ ***Clearspring Rounded Rectangular Puffed Rice and Corn Cakes - gluten-free***															
	Rice Cakes No Added Salt	*organic*	12x130g	16.10		*1.79*	**170457**									
	Rice Cakes Salted	*organic*	12x130g	16.10		*1.79*	**170462**									
	Rice Cakes Multigrain Salted	*organic*	12x130g	16.10		*1.79*	**170467**									
	Corn Cakes - salted	*organic*	12x130g	16.40		*1.82*	**170470**									
	❊ ***Clearspring - Rye Crispbread***															
	Rye Crispbread	*organic*	10x200g	11.90		*1.59*	**170530**									
	Rye Sesame Crispbread	*organic*	10x200g	14.15		*1.89*	**170532**									
	❊ ***Easy Bean - vegan gluten-free Bean & Seed Crackers***															
◆	Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00		*3.90*	**170538**									
◆	Fava Bean & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170540**									
◆	Green Pea & Chia Seed Crackers		8x150g	23.00		*3.90*	**170542**									
◆	Red Lentil & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170546**									
◆	Yellow Pea & Sunflower Seed Crackers		8x150g	23.00		*3.90*	**170547**									
	❊ ***Easy Bean - gluten-free Chickpea Crispbreads***															
◆	Cheddar Crunch Chickpea Crispbread		8x110g	23.00		*3.90*	**170548**									
◆	Moroccan Spice Chickpea Crispbread		8x110g	23.00		*3.90*	**170550**									
◆	Mung Bean & Chive Chickpea Crispbread		8x110g	23.00		*3.90*	**170552**									
◆	Seaweed & Sesame Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170553**									
◆	Seeds & Black Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170556**									
	❊ ***Everfresh - Vegan - long-life***															
	Malted Raisin Loaf	*organic*	8x330g	12.36		*2.06*	**176510**									
	Sprouted Rye Bread	*organic*	8x400g	14.60		*2.43*	**176480**									
	Sprouted Spelt Bread	*organic*	8x400g	19.70		*3.28*	**176482**									
	Sprouted Spelt Raisin Bread	*organic*	8x400g	20.95		*3.49*	**176485**									
	Sprouted Wheat Fruit & Almond Bread	*organic*	8x400g	17.20		*2.87*	**176528**									
	Sprouted Wheat Sunseed Bread	*organic*	8x400g	16.50		*2.75*	**176532**									
	Sprouted Wheat Bread	*organic*	8x400g	14.50		*2.42*	**176535**									
	❊ ***Fiorentini***															
	Buckwheat Cakes	*organic*	12x100g	20.80		*2.33*	**170390**									
	❊ ***Florentin organic breads***															
	Pitta Breads - White	*organic*	12x260g	27.70		*3.08*	**170398**									
	Pitta Breads - Wholewheat	*organic*	12x280g	27.70		*3.08*	**170399**									
	Pitta Breads - Spelt	*organic*	12x260g	31.95		*3.55*	**170400**									
	Mini-Naan Garlic & Coriander	*organic*	12x280g	35.05		*3.89*	**170401**									
	❊ ***IBIS***															
◆	Wholegrain Rice Cake	*organic*	12x130g	16.05		*1.78*	**173340**									
◆	Wholegrain Rice Cake Kep Salt	*organic*	12x130g	16.05		*1.78*	**173342**									
◆	Wholegrain Rice Cake Kep Salt & Kampot Pepper	*organic*	12x130g	16.05		*1.78*	**173344**									
	❊ ***Kallo Foods - gluten-free***															
	Ancient Grain Corn Cakes Lightly Salted	*organic*	12x150g	22.10		*2.46*	**173292**									
	Blueberry & Vanilla Rice Cakes		6x131g	13.35		*2.97*	**173293**									
	Corn Cakes Thins Square Lightly Salted	*organic*	12x130g	17.80		*1.98*	**173295**									
	Lentil & Pea Veggie Cakes - Beetroot		6x122g	16.10		*3.58*	**173296**									
☆	Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.20		*1.13*	**173297**									
	Protein Packed Lentil Cakes		6x100g	11.00		*2.44*	**173300**									
	Thick Salted Rice Cakes	*organic*	12x130g	17.95		*1.99*	**173005**									
	Thick No Salt Rice Cakes	*organic*	12x130g	19.05		*2.12*	**173010**									
	Dark Chocolate Rice Cake Thins	*organic*	16x90g	30.90	V	*3.09*	**173085**									
	Milk Chocolate Rice Cake Thins	*organic*	16x90g	31.85	V	*3.19*	**173086**									
	Veggie Thins - Beetroot & Three Seeds		12x100g	28.70		*3.19*	**173088**									
	Veggie Thins - Mixed Seeds		12x100g	28.70		*3.19*	**173089**									
	Veggie Thins - Rosemary Three Salt		12x100g	28.70		*3.19*	**173090**									

	Description		size	price	£/unit	RRP	code
	⁕ ***Karg - www.dr-karg.de***						
	*New from Dr Karg are vegan **Pumpkin Seeds Protein Thins Crispbread**. They are made from wheat flour and also contain chopped pumpkin seeds, sesame seeds and linseeds which provide extra protein. The crispbread is naturally high in protein and an option for those who wish to lower their carbohydrate intake.*						
	Classic Wheat Crispbread	*organic*	8x200g	18.80		*3.13*	**173255**
	Emmental Cheese & Pumpkin Crispbread	*organic*	8x200g	21.70		*3.62*	**173260**
	3 Grain + 3 Seed Crispbread	*organic*	8x200g	20.60		*3.43*	**173262**
⁕	Pumpkin Seeds Protein Thins Crispbread	*organic*	14x150g	35.05		*3.34*	**173263**
	Spelt Seeded Crispbread	*organic*	8x200g	20.70		*3.45*	**173275**
	⁕ ***King Soba - Rice Paper - gluten-free***						
	Brown Rice Paper	*organic*	10x200g	20.25		*2.70*	**173390**
	White Rice Paper	*organic*	10x200g	20.25		*2.70*	**173392**
	⁕ ***Le Pain des Fleurs - Vegan - gluten-free***						
	Buckwheat Crispbread - with salt & sugar	*organic*	6x150g	17.20		*3.82*	**173405**
	No Added Salt or Sugar Buckwheat Crispbread	*organic*	6x150g	17.20		*3.83*	**173407**
	Quinoa Crispbread	*organic*	6x150g	18.85		*4.19*	**173415**
	⁕ ***Nairn's***						
◆	Scottish Oatcakes	*organic*	12x250g	16.00		*1.78*	**174705**
◆	Super Seeded Oatcakes	*organic*	8x200g	12.10		*2.02*	**174712**
◆	Cheese Oatcakes		12x200g	18.15		*2.02*	**174715**
	Mixed Peppercorn & Sea Salt Oatcakes		8x200g	12.10		*2.02*	**174713**
◆	Rough Oatcakes		10x291g	11.60		*1.55*	**174717**
◆	Fine Milled Oatcakes		12x218g	12.80		*1.42*	**174720**
◆	Fruit and Seed Oatcakes		8x225g	12.10		*2.02*	**174723**
	⁕ ***Nairn's - gluten-free oat range***						
	On offer are Nairn's gluten-free oatcakes, the pricing below represents a discount of 20%.						
❒	Wholegrain Crackers - gluten-free		8x160g	11.10		*1.85*	**174752**
❒	Gluten-free Oatcakes		8x213g	12.40		*2.07*	**174756**
❒	Gluten-free Super Seeded Oatcakes		8x180g	12.40		*2.07*	**174759**
	⁕ ***Organico - Italian***						
☆	Classic Grissini	*organic*	12x120g	21.10		*2.34*	**175305**
☆	Spelt Grissini	*organic*	12x120g	26.50		*2.94*	**175310**
☆	Omega3 Wholewheat & Flaxseed Grissini	*organic*	12x120g	21.10		*2.34*	**175315**
☆	Sesame Grissini	*organic*	12x120g	23.85		*2.65*	**175320**
	Croccantini	*organic*	10x150g	18.80		*2.51*	**174905**
	⁕ ***Orgran - gluten-free***						
	All Purpose Crumb		8x300g	20.90		*3.48*	**171995**
	Toasted Corn Crispbread		6x125g	13.45		*2.99*	**172007**
	Toasted Buckwheat Crispibread		6x125g	13.45		*2.98*	**172012**
	Toasted Quinoa Crispibread		6x125g	11.45		*2.54*	**172015**
	⁕ ***Profusion - long life***						
	Rye & Flax Protein Bread	*organic*	9x250g	22.85		*3.39*	**175540**
	Hemp Sorghum Thins	*organic*	12x120g	24.20		*2.69*	**175555**
	⁕ ***Rude Health - thin & round puffed crackers - gluten free***						
	On offer are Rude Health organic crackers, the pricing below represents a discount of 15%.						
❒	Buckwheat Crackers	*organic*	8x100g	11.85		*2.12*	**179189**
❒	Chickpea & Lentil Crackers	*organic*	8x120g	9.50		*1.70*	**176199**
❒	Corn Crackers	*organic*	8x120g	9.50		*1.70*	**176206**
❒	Multigrain Crackers	*organic*	8x100g	11.85		*2.12*	**176207**
	⁕ ***Seggiano - Vegan***						
	Classic Lingue Handmade Flatbreads		12x120g	39.15		*4.35*	**176240**
	Tropea Onion Lingue Handmade Flatbreads		12x120g	44.05		*4.89*	**176241**
	Rosemary Lingue Handmade Flatbreads		12x120g	39.15		*4.35*	**176242**
	⁕ ***Yakso***						
	Rice Paper	*organic*	15x150g	41.25		*3.67*	**176560**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	■ Biscuits and Cakes															
	⁜ ***Biona - cookies***															
	Chocolate Chip & Orange Cookies	*organic*	6x240g	13.90		*3.08*	**180404**									
	Muesli Cookie	*organic*	6x240g	13.90		*3.09*	**180410**									
	Blueberry-filled Cookies	*organic*	12x175g	26.90		*2.99*	**180432**									
	Raspberry-filled Cookies	*organic*	12x175g	26.90		*2.99*	**180434**									
	⁜ ***Biona - syrup waffles***															
	Hazelnut Syrup Waffles	*organic*	12x175g	28.70		*3.19*	**180445**									
	Honey Syrup Waffles	*organic*	12x175g	26.90		*2.99*	**180447**									
	⁜ ***Doves Farm Biscuits***															
	Wholemeal Digestive Biscuits - lge	*organic*	12x400g	24.30		*2.70*	**181516**									
	Wholemeal Digestive Biscuits - sml	*organic*	12x200g	14.65		*1.63*	**181515**									
	Fruity Oat Biscuits	*organic*	12x200g	17.95		*2.01*	**181517**									
	Ginger Oat Biscuits	*organic*	12x200g	21.00		*2.35*	**181519**									
	⁜ ***Doves Farm - Freee - gluten-free - vegan***															
◆	Chocolate Chip Cookie	*organic*	12x180g	22.95		*2.55*	**181520**									
◆	Double Chocolate Cookie	*organic*	12x180g	22.95		*2.55*	**181522**									
◆	Lemon Zest Cookie	*organic*	12x150g	17.80		*1.98*	**181525**									
◆	Stem Ginger Cookies	*organic*	12x150g	17.80		*1.98*	**181542**									
	⁜ ***Doves Farm - Freee - gluten-free - vegan***															
	Apple Oat Bar with Sultanas	*organic*	18x35g	11.50		*0.85*	**181452**									
	Apricot Oat Bar with Chia	*organic*	18x35g	11.50		*0.85*	**181455**									
	Banana Oat Bar with Hemp	*organic*	18x35g	11.50		*0.85*	**181457**									
	Chocolate Chip Oat Bar	*organic*	18x35g	11.50		*0.85*	**181460**									
	⁜ ***Doves Farm - Freee - multipacks - gluten-free - vegan***															
	Multipack Apple Oat Bar with Sultanas	*organic*	7x4x35g	14.65		*2.79*	**181470**									
	Multipack Apricot Oat Bar with Chia	*organic*	7x4x35g	14.65		*2.79*	**181472**									
	Multipack Banana Oat Bar with Hemp	*organic*	7x4x35g	14.65		*2.79*	**181475**									
	Multipack Choc Chip Oat Bar	*organic*	7x4x35g	14.65		*2.79*	**181477**									
	⁜ ***Everfresh - vegan - sprouted - long-life***															
	Banana & Walnut Cake - Sprouted	*organic*	8x350g	23.90		*3.98*	**183503**									
	Carrot Cake with Raisins - Sprouted	*organic*	8x350g	21.60		*3.60*	**183504**									
	Chocolate Cake - Sprouted	*organic*	8x350g	22.20		*3.70*	**183506**									
	Date & Pecan Cake - Sprouted	*organic*	8x350g	25.80		*4.30*	**183508**									
	Fig & Orange Cake - Sprouted	*organic*	8x350g	22.20		*3.70*	**183511**									
	Fruit Cake - Sprouted	*organic*	8x350g	21.60		*3.60*	**183514**									
	Rye Stem Ginger Cake - Sprouted	*organic*	8x350g	25.80		*4.30*	**183518**									
	Stem Ginger Cake - Sprouted	*organic*	8x350g	25.80		*4.30*	**183519**									
	⁜ ***Island Bakery***															
▲	Apple Crumbles	*organic*	12x125g	28.95		*3.22*	**182940**									
▲	Blonde Chocaccinos	*organic*	12x133g	30.35	V	*4.05*	**182944**									
▲	Chocolate Gingers	*organic*	12x133g	30.35	V	*4.05*	**182946**									
▲	Lime Melts	*organic*	12x133g	30.35	V	*4.05*	**182950**									
▲	Lemon Melts	*organic*	12x133g	30.35	V	*4.05*	**182952**									
▲	Oat Crumbles	*organic*	12x125g	24.45		*2.72*	**182954**									
▲	Orange Melts	*organic*	12x133g	30.35	V	*4.05*	**182956**									
▲	Shortbread	*organic*	12x125g	24.45		*2.72*	**182957**									
	⁜ ***Kookie Cat***															
	Chocolate Covered Peanut Butter	*organic*	12x50g	10.70	V	*1.43*	**182970**									
	Double Choc Walnut	*organic*	12x50g	10.70	V	*1.43*	**182972**									
	Lil' Kookie Monster Cookie	*organic*	12x50g	10.70	V	*1.43*	**182976**									
	Salted Caramel Almond	*organic*	12x50g	10.70	V	*1.43*	**182974**									
	Vanilla Choc Chip Cookie	*organic*	12x50g	10.70	V	*1.43*	**182978**									
	⁜ ***Mr Organic - Italian organic vegan biscuits***															
	Digestive Biscuits With Chocolate Chips	*organic*	12x250g	23.30		*2.59*	**182359**									
	Cocoa Biscuits	*organic*	12x250g	21.50		*2.39*	**182360**									
	Orange Biscuits with Cocoa Beans	*organic*	12x250g	25.10		*2.79*	**182364**									

	Description		size	price	£/unit	RRP	code
	⁜ ***Nairn's - Gluten-free Oat Biscuit Breaks - Vegan***						
	On offer are Nairn's gluten free oat biscuits, the pricing below represents a discount of 20%.						
❒	Oats & Chocolate Chip biscuit break		12x160g	18.80		*2.09*	**182397**
❒	Oat & Fruit Biscuit Break		12x160g	18.80		*2.09*	**182398**
❒	Oat & Stem Ginger Biscuit Break		12x160g	18.80		*2.09*	**182396**
	⁜ ***Nairn's Oat Biscuits - wheat-free***						
	Chocolate Orange Oat Biscuits		6x200g	9.00		*2.01*	**182391**
	Coconut & Chia Oat Biscuits		10x200g	15.00		*2.01*	**182393**
	Mixed Berries Oat Biscuits		10x200g	15.00		*2.01*	**182387**
	Stem Ginger Oat Biscuits		10x200g	15.00		*2.01*	**182390**
	Dark Choc Chip Oat Biscuits		8x200g	12.00		*2.01*	**182392**
	⁜ ***Rhythm 108 Share Bag Biscuits - see "Sweet Snacks" section***						
	⁜ ***Sweet FA gluten free vegan cookies from Island Bakery***						
▲	Cranberry & Orange Cookies	*organic*	12x125g	26.95		*2.99*	**182480**
▲	Double Choc Chip Cookies	*organic*	12x125g	26.95		*2.99*	**182482**
▲	Oat & Raisin Cookies	*organic*	12x125g	26.95		*2.99*	**182484**
▲	Peanut Butter Cookies	*organic*	12x125g	26.95		*2.99*	**182486**
	⁜ ***Seggiano***						
	Buckwheat Digestive Biscuits - gluten-free	*organic*	6x150g	19.95		*4.43*	**182490**
	Kamut Digestive Biscuits - vegan	*organic*	6x170g	19.95		*4.43*	**182492**
	Spelt Digestive Biscuits	*organic*	6x150g	19.95		*4.43*	**182494**

■ Oils & Fats

	⁜ ***Abea - Cretan oil***						
	Olive Oil Pomace - tin		1x5l	28.35		*37.80*	**220597**
	Olive Oil Greek - Extra Virgin	*organic*	12x500ml	93.55		*10.39*	**220598**
	Olive Oil Greek - Extra Virgin	*organic*	12x750ml	136.10		*15.12*	**220599**
	Olive Oil Greek - Extra Virgin - tin	*organic*	1x5l	70.20		*93.62*	**220600**
	⁜ ***Biona Oils - not heat extracted***						
	Avocado Oil	*organic*	6x250ml	40.00		*8.89*	**200403**
	875ml Mild Coconut Oil Cuisine - tub	*organic*	6x875ml	40.45		*8.99*	**200406**
	610ml Mild Coconut Oil Cuisine	*organic*	6x610ml	26.95		*5.99*	**200407**
	470ml Mild Coconut Oil Cuisine	*organic*	6x470ml	22.00		*4.89*	**200408**
	Flaxseed Oil (Linseed)	*organic*	6x250ml	25.80	V	*6.89*	**200415**
	Hemp Seed Oil	*organic*	6x250ml	35.50		*7.89*	**200420**
	Pumpkin Seed Oil	*organic*	6x250ml	35.05		*7.79*	**200422**
	Raw Virgin Coconut Oil - 800g - tub	*organic*	6x800g	67.00		*14.89*	**200402**
	Raw Virgin Coconut Oil - 400g	*organic*	6x400g	35.95		*7.99*	**200405**
	Raw Virgin Coconut Oil - 200g	*organic*	6x200g	20.20		*4.49*	**200410**
▲	Sesame Oil	*organic*	6x500ml	34.60		*7.69*	**200404**
	Sunflower Oil - cold pressed	*organic*	12x750ml	53.00		*5.89*	**200411**
▲	Toasted Sesame Oil	*organic*	6x250ml	26.95		*5.99*	**200409**
▲	E.V Olive Oil	*organic*	6x750ml	69.25		*15.39*	**100411**
	Italian E.V. Olive Oil - 500ml	*organic*	6x500ml	49.45		*10.99*	**200425**
	Italian E.V. Olive Oil - 1l	*organic*	6x1l	89.95		*19.99*	**200427**
	Calabrian Mild E.V. Olive Oil	*organic*	6x1l	89.95		*19.99*	**200428**
	⁜ ***Clearspring - www.clearspring.co.uk***						
	On offer is Clearspring organic Coconut Oil, the pricing marked ❒ below represents a discount of 15%.						
	Avocado Oil	*organic*	8x250ml	53.30		*8.90*	**200491**
❒	Coconut Oil - virgin - 200g	*organic*	6x220ml	17.55		*3.90*	**200492**
❒	Coconut Oil - virgin - 400g	*organic*	6x440ml	32.85		*7.30*	**200493**
	Flax Oil (no longer VATable)	*organic*	8x250ml	32.30		*5.38*	**200496**
	Hazelnut Oil	*organic*	8x250ml	95.90		*15.98*	**200501**
	Hemp Oil	*organic*	8x250ml	46.10		*7.69*	**200497**
▲	Olive Oil - Extra Virgin - Italy	*organic*	8x250ml	44.90		*7.49*	**200500**
▲	Olive Oil - Extra Virgin - Italy	*organic*	6x500ml	58.45		*12.99*	**200502**
▲	Olive Oil - Extra Virgin - Italy	*organic*	6x1l	103.45		*22.99*	**200503**
	Pumpkin Seed Oil - Toasted - Styrian	*organic*	8x250ml	86.90		*14.49*	**200512**
	Rapeseed Oil	*organic*	6x500ml	22.00		*4.89*	**200511**
	Rapeseed Oil	*organic*	6x1l	35.95		*7.99*	**200509**

	Description		size	price	£/unit	RRP	code
	Safflower Oil	organic	6x500ml	44.95		9.99	200513
	Tunisian Olive Oil - Extra Virgin	organic	6x500ml	53.95		11.99	200515
	Tunisian Olive Oil - Extra Virgin	organic	6x1l	89.95		19.99	200516
	Sesame Oil	organic	6x500ml	37.75		8.39	200517
	Sesame Oil	organic	6x1l	69.70		15.49	200518
	Sesame Oil - Toasted	organic	6x150ml	20.20		4.49	200521
	Sesame Oil - Toasted	organic	8x250ml	35.90		5.98	200520
	Sesame Oil - Toasted	organic	6x500ml	44.95		9.99	200522
	Soybean Oil	organic	6x500ml	26.95		5.99	200535
	Sunflower Oil	organic	6x500ml	22.45		4.99	200525
	Sunflower Oil	organic	6x1l	37.75		8.39	200527
	Sunflower Oil - clear plastic	organic	1x2l	10.45		13.92	200529
	Sunflower Oil - for Frying	organic	6x500ml	23.80		5.29	200530
	Sunflower Oil - for Frying	organic	6x1l	39.10		8.69	200532
	Sunflower Oil - for Frying - clear plastic	organic	1x2l	11.20		14.96	200534
	Walnut Oil	organic	8x250ml	65.90		10.98	200537
	⁕ ***Cocofina***						
	MCT Coconut Oil	organic	12x250ml	87.50		9.72	200544
	⁕ ***Coconut Merchant***						
	*New and on offer from Coconut Merchant is vegan keto paleo **MCT Coconut Oil**. Containing 97% C8, it is ethically sourced with no odour or taste, so it will not affect the flavour of your food or drink. Add MCT oil to your coffee, smoothies, salads or baking to help sustain energy and focus throughout the day. It is packaged in a glass bottle in a cardboard tube. The pricing below represents a discount of 15% though in the case of the 20l it is off a new higher price of £165.35*						
❒	Coconut Oil - raw extra virgin - plastic tub	organic	20l	140.55	7.03		200588
❒	Coconut Oil - raw extra virgin - plastic tub	organic	4l	32.70	8.18		200590
❒	Coconut Oil - raw extra virgin - glass	organic	12x500ml	64.15		7.13	200595
❒	MCT Coconut oil - New!		1x500ml	11.90		15.87	200597
	⁕ ***Epikouros***						
	Can of Olive Oil - Extra Virgin - Greece	organic	1x5l	64.80		86.40	200620
	⁕ ***Essential Trading - raw - virgin***						
	Coconut Oil - lge	organic	6x690ml	44.95		9.99	200630
	Coconut Oil - sml	organic	6x210ml	16.85		3.74	200632
	⁕ ***Forest Wholefoods - in glass***						
	Cold Pressed E.V. Coconut Oil	organic	12x500ml	74.60		8.31	200640
	⁕ ***Happy Butter***						
	Ghee	organic	6x580g	69.50		15.44	200649
	Ghee	organic	6x300g	40.00		8.91	200650
	Ghee	organic	12x150g	46.20		5.15	200654
	⁕ ***Hellenic Sun***						
	*New from Hellenic Sun, **Olive Oil Greek Extra Virgin** in a 750ml glass bottle produced in Crete from indigenous Koroneiki olives. The fertile soils, dry climate and sunshine means this high quality oil has low acidity, exceptional flavour and fragrance. The Extra Virgin classification means that the oil has been extracted solely by mechanical means, without applied heat or chemical solvents.*						
	Olive Oil Greek Extra Virgin		12x500ml	93.55		10.39	210510
⁕	Olive Oil Greek Extra Virgin		12x750ml	127.60		14.18	210511
	Olive Oil Greek Extra Virgin - tin		1x3l	40.40		53.87	210520
	Olive Oil Greek Extra Virgin - tin		1x5l	66.65		88.87	210525
	⁕ ***Infinity Foods Cacao Butter - see Coffee Substitutes, Malted Drinks, Carob & Cocoa Products***						
	⁕ ***Infinity Foods***						
	Olive Oil - Extra Virgin - Greece - glass bottle	organic	6x500ml	43.50		9.66	201498
	⁕ ***La Bio-Idea***						
▲	Olive Oil - Virgin	organic	6x1l	96.05		21.36	200510
	⁕ ***The Lesbian Donkey - from Lesbos - unfiltered olive oil***						
▲	Olive Oil - E.V	organic	6x500ml	51.95		11.54	200570
▲	Olive Oil - E.V	organic	6x1l	92.70		20.60	200572
▲	Olive Oil - E.V	organic	1x5l	73.00		97.33	200575

	Description		size	price	£/unit	RRP	code
	⁕ ***Mani - Greek***						
	Kalamata Olive Oil - Extra Virgin	*organic*	6x500ml	60.70		*13.49*	**200578**
	Olive Oil - Extra Virgin	*organic*	6x500ml	60.70		*13.49*	**200580**
	Olive Oil - Extra Virgin	*organic*	6x1l	110.20		*24.49*	**200582**
	Olive Oil with Lemon	*organic*	6x250ml	33.20		*7.38*	**200585**
	⁕ ***Mr Organic - in glass***						
◆	Olive Oil - Extra Virgin	*organic*	12x1l	187.90		*20.88*	**200954**
◆	Rapeseed Oil - cold pressed - gluten-free	*organic*	6x750ml	26.75		*5.94*	**200955**
◆	Sunflower Oil	*organic*	6x750ml	31.25		*6.94*	**200958**
	⁕ ***Organic The Best***						
	Egyptian Black Seed Oil	*organic*	1x100ml	6.10		*8.14*	**201220**
	⁕ ***Organico - organic oils***						
	Olive Oil - Extra Virgin Spanish - small	*organic*	6x500ml	53.75		*11.95*	**201230**
	Olive Oil - Extra Virgin Spanish - large	*organic*	6x1l	89.75		*19.95*	**201232**
	Rapeseed Oil	*organic*	6x500ml	17.75		*3.95*	**201236**
	Sesame Oil	*organic*	6x500ml	38.00		*8.45*	**201238**
	Sunflower Oil	*organic*	6x500ml	17.75		*3.95*	**201240**
	⁕ ***Raw Health***						
	Olive:- 6 Awards won so far - including Great Taste - Gold						
▲	Raw Greek Extra Virgin Olive Oil	*organic*	6x500ml	57.10		*12.69*	**201702**
	⁕ ***Suma - Vegan - RSPO Certified Palm Oil***						
▲	Vegetarian Suet		6x250g	16.85		*3.74*	**791582**
	⁕ ***Sun & Seed***						
	Chia Seed Oil - cold pressed	*organic*	6x250ml	39.85		*8.86*	**202032**
	Hemp Seed Oil - cold pressed	*organic*	6x250ml	29.30		*6.51*	**202033**
	Pumpkin Seed Oil - cold pressed	*organic*	6x250ml	24.00		*5.33*	**202036**
	Pumpkin Seed Oil - lightly toasted	*organic*	6x250ml	42.40		*9.42*	**202037**
	Walnut Oil - cold pressed	*organic*	6x250ml	40.95		*9.10*	**202035**
	⁕ ***Truffle Hunter***						
	English Truffle Oil		6x100ml	34.00		*7.56*	**211105**
	Black Truffle Oil		6x100ml	37.60		*8.36*	**211107**
	White Truffle Oil		6x100ml	37.60		*8.36*	**211110**
	⁕ ***Zaytoun - www.zaytoun.org***						
	UK Social Enterprise Award Winner 2015 **For point of sale material and in-store tastings** **please phone 08453 454887**						
	Palestinian Olive Oil - Fair Trade	*organic*	6x250ml	43.45		*9.66*	**202105**
	Palestinian Olive Oil - Fair Trade	*organic*	6x500ml	72.60		*16.14*	**202110**
	Palestinian Olive Oil - Fair Trade	*organic*	6x750ml	104.85		*23.30*	**202113**
	Palestinian Olive Oil - Fair Trade	*organic*	1x5l	97.30		*####*	**202120**

■ Nut Butter, Pâté, Spreads & Jam

	⁕ ***Biona - Chocolate Spreads***						
	Chocolate Spread - vegan	*organic*	6x350g	20.20		*4.49*	**250150**
	Milk Chocolate Hazelnut Spread	*organic*	6x350g	25.15		*5.59*	**250155**
	⁕ ***Biona Coconut Nut Butters - Vegan***						
	Chocolate & Coconut Cocobella	*organic*	6x250g	26.95		*5.98*	**200175**
	Original Coconut Bliss Coconut Butter - small	*organic*	6x250g	22.30		*4.95*	**200397**
	Original Coconut Bliss Coconut Butter - large	*organic*	6x400g	33.70		*7.49*	**200398**
	⁕ ***Biona - Nut & Seed Butters***						
	Smooth Almond Butter - large	*organic*	6x350g	53.95		*11.99*	**250203**
	Smooth Almond Butter - small	*organic*	6x170g	28.30		*6.29*	**250205**
	Crunchy Almond Butter	*organic*	6x170g	28.30		*6.29*	**250206**
	White Almond Butter - unroasted	*organic*	6x170g	31.45		*6.99*	**250207**
	Cashew Butter	*organic*	6x170g	22.45		*4.99*	**250210**
	Hazel Butter	*organic*	6x170g	28.30		*6.29*	**250215**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Mixed Nut Butter	organic	6x170g	20.20		4.49	250217									
	Unsalted Peanut Butter Smooth - tub	organic	6x1kg	51.70		11.49	250218									
	Unsalted Peanut Butter Smooth - lge jar	organic	6x500g	28.75		6.39	250220									
	Unsalted Peanut Butter Smooth - sml jar	organic	6x250g	16.60		3.69	250222									
	Salted Dark Roast Peanut Butter Smooth	organic	6x250g	19.30		4.29	250213									
	Unsalted Peanut Butter Crunchy	organic	6x250g	16.60		3.69	250221									
	Salted Peanut Butter Crunchy - tub	organic	6x1kg	51.70		11.49	250224									
	Salted Peanut Butter Crunchy - lge jar	organic	6x500g	28.75		6.39	250223									
	Salted Peanut Butter Crunchy - sml jar	organic	6x250g	16.60		3.69	250225									
	Salted Super Crunch Peanut Butter	organic	6x250g	19.30		4.29	250214									
	Pumpkin Seed Butter	organic	6x170g	20.20		4.49	250226									
	Sunflower Seed Butter	organic	6x170g	22.00		4.89	250228									
	Black Sesame Tahini - unsalted	organic	6x250g	21.10		4.69	250209									
▲	Tahini White no salt - raw	organic	6x170g	17.50		3.89	250233									
	❊ ***Biona - jars***															
▲	Black Olive Pâté	organic	6x120g	16.60		3.69	390103									
	❊ ***Biona - no added cane or beet sugar***															
	Apricot Spread	organic	6x250g	16.60		3.69	292300									
	Forest Fruit Spread	organic	6x250g	20.65		4.59	292302									
	Strawberry Spread	organic	6x250g	17.05		3.79	292308									
	❊ ***Bionova***															
	Apricot Jam	organic	6x340g	16.60		3.69	290705									
	Bilberry Jam	organic	6x340g	18.70		4.16	290720									
	Raspberry Jam	organic	6x340g	22.05		4.91	290727									
	Strawberry Jam	organic	6x340g	20.00		4.45	290735									
	Orange Marmalade - mild	organic	6x340g	15.75		3.50	290750									
	❊ ***Bonsan organic vegan spreads - glass***															
	Beetroot Horseradish Spread	organic	6x130g	13.45		2.99	290770									
	Cashew Chive - cheese free spread	organic	6x135g	17.05		3.79	290773									
	Lentil Turmeric Spread	organic	6x140g	13.00		2.89	290772									
	Toscana Style - cream cheese alternative	organic	6x135g	13.00		2.89	290775									
	Red Pepper & Cashew Spread	organic	6x130g	13.45		2.99	290774									
	❊ ***Bonsan organic vegan sweet spreads - glass***															
	Plain Choco Spread - no palm oil	organic	6x350g	21.10		4.69	290784									
	Mylk Hazelnut Cocoa Spread - no palm oil	organic	6x350g	25.60		5.69	290786									
	❊ ***Carley's Organic Foods - raw***															
	Raw Almond Butter - Eco Tin	organic	6x1kg	96.75		22.25	250269									
	Raw White Almond Butter - blanched	organic	6x170g	20.20		4.65	250234									
	Large Raw Whole Almond Butter	organic	6x425g	45.00		10.35	250227									
	Small Raw Whole Almond Butter	organic	6x250g	27.60		6.35	250232									
	Raw Apricot Kernel & Brazil Butter	organic	6x170g	23.70		5.46	250236									
	Raw Brazil Nut Butter	organic	6x170g	23.70		5.45	250238									
	Raw Cashew Butter	organic	6x250g	30.25		6.95	250256									
	Raw Hazelnut Butter	organic	6x250g	28.05		6.45	250258									
	Raw Hempseed Butter	organic	6x170g	25.00		5.76	250241									
	Raw Hemp & Linseed Butter	organic	6x170g	16.30		3.75	250239									
	Raw Macadamia Nut Butter	organic	6x170g	35.85		8.24	250244									
	Raw Mixed Seed Butter	organic	6x250g	18.35		4.22	250243									
	Raw Pistachio & Brazil Nut Butter	organic	6x170g	38.95		8.95	250259									
	Raw Pecan Butter	organic	6x170g	27.15		6.25	250245									
	Raw Premium Pumpkinseed Butter	organic	6x250g	28.25		6.50	250247									
	Raw Rainforest Nut Butter	organic	6x170g	25.00		5.75	250248									
	Raw Light Tahini - Eco Tin	organic	6x1kg	59.80		13.75	250270									
	Raw Tahini Light - small	organic	6x250g	18.05		4.15	250253									
	Economy Raw Tahini Light	organic	6x425g	26.75		6.15	250261									
	Economy Raw Tahini Dark	organic	6x425g	22.80		5.24	250265									
	Raw Dark Tahini - Eco Tin	organic	6x1kg	51.95		11.95	250274									
	Raw Tahini Dark	organic	6x250g	15.85		3.64	250254									
	Raw Black Sesame Tahini	organic	6x250g	16.70		3.84	250257									
	Raw Sunflower Seed Butter	organic	6x250g	11.95		2.75	250262									
	Raw Walnut Butter - small	organic	6x170g	19.35		4.46	250255									

	Description		size	price	£/unit	RRP	code
	⁜ ***Carley's Organic Foods***						
	Smooth Roasted Almond Butter - Eco Tin	*organic*	6x1kg	96.75		*22.24*	**250275**
	Roasted Almond Butter	*organic*	6x170g	20.20		*4.64*	**250235**
	Cashew Butter	*organic*	6x170g	19.35		*4.45*	**250237**
	Hazelnut Butter	*organic*	6x170g	19.80		*4.55*	**250240**
	Crunchy Peanut Butter	*organic*	6x250g	14.10		*3.25*	**250278**
	Crunchy Peanut Butter - jumbo	*organic*	6x700g	35.00		*8.06*	**250280**
	Smooth Peanut Butter	*organic*	6x250g	14.10		*3.25*	**250230**
	Smooth Peanut Butter - jumbo	*organic*	6x700g	35.00		*8.06*	**250282**
	Smokey Chilli Peanut Butter	*organic*	6x250g	15.85		*3.65*	**250286**
	Pumpkin Seed Butter	*organic*	6x250g	24.40		*5.62*	**250263**
	Sunflower Seed Butter	*organic*	6x250g	11.95		*2.75*	**250252**
	Dark Tahini Roasted	*organic*	6x250g	15.85		*3.65*	**250267**
	Light Tahini Roasted	*organic*	6x250g	18.05		*4.16*	**250268**
	⁜ ***Clearspring - Bio Kitchen***						
	Crunchy Peanut Butter - salted	*organic*	6x350g	18.40		*4.09*	**250350**
	Smooth Peanut Butter - salted	*organic*	6x350g	18.40		*4.09*	**250355**
	Almond Butter Crunchy	*organic*	6x170g	26.95		*6.00*	**250351**
	Almond Butter Smooth	*organic*	6x170g	26.95		*6.00*	**250353**
	Rich Roast Peanut Butter Crunchy	*organic*	6x170g	12.10		*2.69*	**250356**
	Rich Roast Peanut Butter Smooth	*organic*	6x170g	12.10		*2.69*	**250358**
	Tahini Black Sesame	*organic*	6x170g	15.70		*3.49*	**250360**
	Tahini White Sesame	*organic*	6x280g	19.30		*4.29*	**250362**
	Tahini Whole Sesame	*organic*	6x280g	19.30		*4.29*	**250364**
	⁜ ***Essential - organic spreads***						
◆	Dark Chocolate Spread - no palm oil - vegan	*organic*	6x400g	20.20		*4.49*	**250606**
◆	Hazelnut Chocolate Spread - no palm oil - vegan	*organic*	6x400g	22.00		*4.89*	**250608**
	⁜ ***Essential - Vitam-R***						
◆	Vitam-R (yeast extract low salt)		6x125g	22.60		*5.02*	**251005**
◆	Vitam-R (yeast extract low salt)		6x250g	38.33		*8.52*	**251010**
	Organic Vitam-R (yeast extract low salt)	*organic*	6x150g	55.35		*12.30*	**251015**
	⁜ ***FruTeto Italia - pure fruit plus apple juice concentrate only***						
	Apricot 100% Fruit Spread	*organic*	6x250g	17.70		*3.93*	**290908**
	Blueberry 100% Fruit Spread	*organic*	6x250g	19.80		*4.40*	**290909**
	Cherry 100% Fruit Spread	*organic*	6x250g	17.70		*3.93*	**290911**
	Raspberry 100% Fruit Spread	*organic*	6x250g	21.85		*4.86*	**290926**
	Sicilian Orange & Mango Fruit Spread	*organic*	6x250g	17.70		*3.93*	**290928**
	Strawberry 100% Fruit Spread	*organic*	6x250g	17.70		*3.93*	**290929**
	Summer Berries 100% Fruit Spread	*organic*	6x250g	18.15		*4.03*	**290934**
	⁜ ***Kallo Foods - gluten-free***						
	*New from Kallo Foods, a range of organic vegan gluten-free **veggie dips** in three flavours. All have a base of sun-ripened tomatoes. The **Chunky Tomato & Lentil** adds beluga lentils, **Spicy Tomato** combines peppers with a hint of chilli, and **Tomato & Olives** is enhanced with a mix of green and black olives. Serve with your flavourite flatbread, crackers or crudités. Packed in glass jars with metal lids.*						
⁜	Chunky Tomato & Lentil Veggie Dip	*organic*	6x140g	14.40		*3.19*	**290936**
⁜	Spicy Tomato Veggie Dip	*organic*	6x135g	14.40		*3.19*	**290938**
⁜	Tomato & Olives Veggie Dip	*organic*	6x135g	14.40		*3.19*	**290939**
	⁜ ***Meridian***						
	*New and on offer from Meridian is **Protein Smooth Peanut Butter 100%**. Ground in North Wales from a high protein peanut, this palm oil-free nut butter has 30g of protein per 100g which is 4g more than the standard. The pricing marked ❒ below represents a discount of 20%. Also on off at a different discount are selected Meridian nut butters, the pricing marked ❒ for these below represents a discount of 15%.*						
❒	Crunchy Almond Butter 100%		6x170g	12.55		*2.79*	**251502**
	Bulk Smooth Almond Butter 100% - plastic		6x1kg	77.60		*17.24*	**251504**
❒	Smooth Almond Butter 100%		6x170g	12.55		*2.79*	**251503**
	Almond & Coconut Butter Smooth		6x170g	15.25		*3.39*	**251480**
	Organic Smooth Almond Butter 100%	*organic*	6x470g	66.55		*14.79*	**251509**
	Organic Smooth Almond Butter 100%	*organic*	6x170g	26.50		*5.89*	**251506**
	Organic Almond Butter salted	*organic*	6x170g	26.50		*5.89*	**251507**
	Bulk Smooth Cashew Butter - plastic		6x1kg	94.45		*20.99*	**251512**
❒	Smooth Cashew Butter		6x170g	14.70		*3.27*	**251515**
❒	Crunchy Cashew Butter		6x170g	14.70		*3.27*	**251516**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Organic Smooth Cashew Butter	organic	6x470g	47.20		10.49	251519									
	Organic Smooth Cashew Butter	organic	6x170g	17.95		3.99	251517									
	Hazel Butter Crunchy 100%		6x170g	17.95		3.99	251520									
	Cocoa & Hazelnut Butter		6x170g	18.85		4.19	251522									
	Bulk Peanut Butter Crunchy 100% - plastic	organic	6x1kg	48.35		10.74	251523									
	Organic Crunchy Peanut Butter 100%	organic	6x470g	24.70		5.49	251526									
	Peanut Butter Crunchy 100%	organic	6x280g	15.25		3.39	251525									
	Peanut Butter Crunchy salted	organic	6x280g	15.25		3.39	251527									
	Bulk Peanut Butter Smooth 100% - plastic	organic	6x1kg	48.35		10.74	251529									
	Organic Smooth Peanut Butter 100%	organic	6x470g	24.70		5.49	251528									
	Peanut Butter Smooth 100%	organic	6x280g	15.25		3.39	251530									
	Peanut Butter Smooth Salted	organic	6x280g	15.25		3.39	251532									
	Bulk Peanut Butter Crunchy salted - plastic		6x1kg	38.20		8.49	251545									
◆	Peanut Butter Crunchy salted - glass		6x280g	14.15		3.14	251550									
	Bulk Peanut Butter Crunchy 100% - plastic		6x1kg	38.20		8.49	251565									
◆	Peanut Butter Crunchy 100% - glass		6x280g	14.15		3.14	251570									
	Bulk Peanut Butter Smooth salted - plastic		6x1kg	38.20		8.49	251585									
◆	Peanut Butter Smooth salted - glass		6x280g	14.15		3.14	251590									
	Bulk Peanut Butter Smooth 100% - plastic		6x1kg	38.20		8.49	251605									
◆	Peanut Butter Smooth 100% - glass		6x280g	14.15		3.14	251610									
◆	Peanut & Coconut Butter Smooth		6x280g	15.95		3.54	251612									
◆	Cocoa & Peanut Butter		6x280g	14.60		3.24	251616									
❒	Protein Smooth Peanut Butter 100% - New!		3x700g	11.65		5.17	251611									
◆	Richer Roast Crunchy Peanut Butter 100%		6x280g	15.70		3.48	251600									
◆	Richer Roast Smooth Peanut Butter 100%		6x280g	15.70		3.49	251602									
	Pumpkin Seed Butter 100%	organic	6x170g	20.00		4.44	251615									
	Light Tahini		6x270g	14.60		3.24	251620									
	Organic Light Tahini 100%	organic	6x470g	23.35		5.19	251621									
	Light Tahini	organic	6x270g	15.70		3.49	251623									
	Dark Tahini		6x270g	14.60		3.24	251625									
	Organic Dark Tahini	organic	6x470g	23.35		5.19	251627									
	Dark Tahini	organic	6x270g	15.70		3.49	251628									
	Yeast Extract		6x340g	22.45		4.99	251630									
	Yeast Extract - no added salt		6x340g	22.45		4.99	251632									
	❊ ***Meridian - Fruit Spreads - vegan***															
	Wild Blueberry Spread	organic	6x284g	19.75		4.39	292030									
	❊ ***Mr Organic Dips & Spreads***															
	On offer are Mr Organic dips, the pricing marked ❒ below represents a discount of 15%.															
❒	Black Bean & Red Pepper Antipasti Dip	organic	6x230g	13.30		2.96	252501									
❒	Butter Bean & Yellow Pepper Antipasti Dip	organic	6x230g	13.30		2.96	252502									
❒	Chickpea & Tomato Antipasti Dip	organic	6x230g	13.30		2.96	252503									
	Choc Hazel Spread - Vegan	organic	6x200g	17.95		3.99	252505									
	Dark Choc Hazel Spread - Vegan	organic	6x200g	19.75		4.39	252507									
	❊ ***Natex***															
	Natex Original Savoury Spread - Yeast Extract		8x225g	23.20		3.87	252010									
	Natex Reduced Salt Yeast Extract Savoury Spread		8x225g	25.55		4.26	252020									
	❊ ***Nutcessity - peanut free - gluten free***															
	Caromel Cashew Nut Butter	organic	6x170g	24.45		5.44	252030									
	Chocolate Haz Braz Nut Butter	organic	6x170g	24.45		5.44	252032									
	Coffee & Walnut Nut Butter	organic	6x170g	24.45		5.44	252034									
	Date & Walnut Nut Butter	organic	6x170g	24.45		5.44	252038									
	Gingerbread Almond Nut Butter	organic	6x170g	24.45		5.44	252040									
	Maple Pecan Treenut Butter	organic	6x170g	24.45		5.44	252041									
	Toasted & Textured Almond Butter - salted	organic	6x170g	22.30		4.96	252044									
	Toasted & Textured Cashew Butter - salted	organic	6x170g	22.30		4.96	252046									
	❊ ***Organico - dips & spreads***															
	Spring Artichoke Dip/Spread	organic	6x100g	14.60		3.25	261205									
	Italian Garlic Dip/Spread	organic	6x140g	14.60		3.25	261207									
	Roasted Pepper Dip/Spread	organic	6x140g	14.60		3.25	261212									
	❊ ***Ouse Valley - Jelly***															
	Red Chilli Jelly		6x227g	21.60		4.80	292822									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Ouse Valley - Marmalade***															
	Lemon Marmalade with Lavender		6x227g	18.00		*4.00*	**292831**									
	Orange Marmalade		6x227g	18.00		*4.00*	**292833**									
	Orange Marmalade with Molasses & Rum		6x227g	18.00		*4.00*	**292839**									
	Seville Marmalade		6x227g	18.00		*4.00*	**292837**									
	❊ ***Suma - peanut butters***															
	Peanut Butter Crunchy salted	*organic*	6x340g	18.40		*4.09*	**252805**									
	Peanut Butter Crunchy salted	*organic*	6x700g	36.35		*8.08*	**252807**									
	Peanut Butter Crunchy no salt	*organic*	6x340g	18.40		*4.08*	**252810**									
	Peanut Butter Crunchy no salt	*organic*	6x700g	36.35		*8.08*	**252812**									
	Peanut Butter Smooth salted	*organic*	6x340g	18.40		*4.08*	**252815**									
	Peanut Butter Smooth salted	*organic*	6x700g	36.35		*8.08*	**252825**									
	Peanut Butter Smooth no salt	*organic*	6x340g	18.40		*4.08*	**252827**									
	Peanut Butter Smooth no salt	*organic*	6x700g	36.35		*8.08*	**252830**									
	❊ ***Suma - pâtés & spreads***															
	Edamame Hummus in a jar	*organic*	6x135g	11.65		*2.59*	**261507**									
	❊ ***Suma - fruit spread***															
	Pear & Apple Spread		12x300g	27.00		*3.00*	**292505**									
	❊ ***Sunita - stoneground no-salt***															
	Black Whole Tahini		6x170g	12.65		*2.81*	**253003**									
	Whole Tahini		3kg	24.95	8.32		**253005**									
	Whole Tahini		12x280g	28.00		*3.11*	**253010**									
	Whole Tahini	*organic*	3kg	26.90	8.97		**253017**									
	Tahini Brown ORG	*organic*	6x280g	16.95		*3.77*	**253018**									
	Light Tahini	*organic*	3kg	26.90	8.97		**253020**									
	Tahini Light ORG	*organic*	6x280g	16.95		*3.77*	**253025**									
	Light Tahini		3kg	24.95	8.32		**253030**									
	Light Tahini		12x280g	28.00		*3.11*	**253035**									
	❊ ***Sunwheel - 100% fruit spreads***															
	Pear & Apple Spread		12x300g	24.85		*2.76*	**292550**									
	❊ ***Tartex - in tubes***															
	Classic Pâté	*organic*	12x200g	30.20		*3.36*	**262105**									
	Herb Pâté	*organic*	12x200g	30.20		*3.36*	**262120**									
	Herb & Garlic Pâté	*organic*	12x200g	30.20		*3.36*	**262125**									
	Mushroom Pâté	*organic*	12x200g	30.20		*3.36*	**262130**									
	❊ ***Thursday Cottage - Jams & spreads***															
	Damson Jam	*organic*	6x340g	18.65		*4.14*	**293351**									
	Lemon Curd - contains egg	*organic*	6x310g	18.65		*4.14*	**293353**									
	Marmalade - Orange - medium cut	*organic*	6x340g	17.00		*3.78*	**293355**									
	Marmalade - Orange with Gin	*organic*	6x340g	18.65		*4.14*	**293356**									
	Marmalade - Orange & Mandarin - fine cut	*organic*	6x340g	17.00		*3.78*	**293357**									
	Plum Jam	*organic*	6x340g	18.65		*4.15*	**293359**									
	Raspberry Jam	*organic*	6x340g	19.70		*4.38*	**293362**									
	Strawberry Jam	*organic*	6x340g	18.65		*4.14*	**293365**									
	❊ ***Thursday Cottage - Reduced Sugar Preserves***															
	Reduced Sugar Marmalade - Orange		6x315g	13.60		*3.03*	**293382**									
	Reduced Sugar Jam - Strawberry		6x315g	14.40		*3.20*	**293395**									
	❊ ***Vego - organic, vegan, gluten-free, Fair Trade***															
▲	Crunchy Hazelnut Chocolate Spread	*organic*	6x350g	23.60		*5.25*	**253391**									
	❊ ***Whole Earth***															
	Peanut Butter Crunchy - small	*organic*	6x227g	14.60		*3.24*	**253515**									
	Peanut Butter Crunchy - large	*organic*	6x340g	19.55		*4.34*	**253518**									
	Peanut Butter Crunchy		6x340g	15.95		*3.54*	**253525**									
	Peanut Butter Smooth - small	*organic*	6x227g	14.60		*3.24*	**253535**									
	Peanut Butter Smooth - large	*organic*	6x340g	19.55		*4.34*	**253538**									
	Peanut Butter Smooth		6x340g	15.95		*3.54*	**253540**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
⁜	***Wilkin & Sons of Tiptree - Extra Jam - organic***															
	Apricot Jam - Extra Jam	*organic*	6x340g	23.35		*5.19*	**295005**									
	Blackcurrant Jam - Extra Jam	*organic*	6x340g	23.35		*5.19*	**295010**									
	Orange Marmalade - Extra Jam	*organic*	6x340g	23.35		*5.19*	**295015**									
	Raspberry Jam - Extra Jam	*organic*	6x340g	23.35		*5.19*	**295020**									
	Strawberry Jam - Extra Jam	*organic*	6x340g	23.35		*5.19*	**295025**									
⁜	***Wilkin & Sons of Tiptree - Extra Jam - bulk***															
	Bulk Orange Marmalade Medium Cut		3kg	18.90	18.90		**295040**									
	Bulk Raspberry Seedless Conserve		3kg	23.95	23.95		**295050**									

■ Honey, Syrup, Sugar & Sweeteners

Some Clear Honeys will start to set (crystallize) in the colder weather.
This is a natural process and can be reversed by very gentle warming.

⁜	***Billingtons***															
	Natural Golden Icing Sugar		10x500g	18.15		*2.42*	**320502**									
	Golden Granulated Sugar		10x1kg	28.10		*3.75*	**320505**									
	Golden Granulated Sugar		25kg	65.20	2.61		**320508**									
	Demerara Sugar		10x500g	15.30		*2.04*	**320510**									
	Demerara Sugar		4x3kg	27.90		*9.30*	**320512**									
	Demerara Sugar		25kg	67.55	2.70		**320515**									
	Light Muscovado Sugar		25kg	71.10	2.84		**320523**									
	Light Muscovado Sugar		10x500g	15.55		*2.07*	**320520**									
	Dark Muscovado Sugar		10x500g	15.55		*2.07*	**320525**									
	Molasses Sugar		10x500g	15.80		*2.11*	**320535**									
	Golden Caster Sugar		10x1kg	29.50		*3.93*	**320540**									
	Fine Golden Caster Sugar		25kg	71.30	2.85		**320530**									
⁜	***Billingtons Organic***															
	Organic Granulated	*organic*	10x500g	17.55		*2.34*	**320715**									
	Organic Light Granulated	*organic*	25kg	77.40	3.10		**320720**									
	Organic Golden Caster Sugar	*organic*	10x500g	18.75		*2.50*	**320725**									
	Organic Fine Golden (Caster) Sugar	*organic*	25kg	84.95	3.40		**320727**									
	Organic Golden Icing Sugar	*organic*	25kg	96.75	3.87		**320738**									
⁜	***Biona Sweeteners - in squeezy bottles***															
	Large Agave - Light syrup	*organic*	6x700g	33.25		*7.39*	**310401**									
	Small Agave Nectar - Light syrup	*organic*	6x350g	17.95		*3.99*	**310402**									
	Agave Nectar - Dark syrup	*organic*	6x350g	18.85		*4.19*	**310405**									
	Blackstrap Molasses	*organic*	6x350g	13.45		*2.99*	**310406**									
	Maple Agave Syrup	*organic*	6x350g	25.60		*5.69*	**310412**									
	Coconut Blossom Nectar	*organic*	6x350g	30.10		*6.69*	**310413**									
	Date Syrup	*organic*	6x350g	19.75		*4.39*	**310415**									
▲	Rice Syrup	*organic*	6x350g	19.75		*4.39*	**310410**									
⁜	***Biona - dehydrated nectar - low GI***															
	Coconut Palm Sugar - sml	*organic*	8x250g	17.95		*2.99*	**321255**									
	Coconut Palm Sugar - lge	*organic*	5x500g	20.60		*5.49*	**321260**									
⁜	***Biona FairTrade - boxed***															
	Rapadura Whole Cane Sugar	*organic*	5x500g	18.30		*4.88*	**321310**									
⁜	***Bulk Sweeteners***															
	Bulk Agave Syrup	*organic*	25kg	110.00	4.40		**311510**									
	Corn Syrup	*organic*	25kg	100.00	4.00		**311512**									
	Bulk Malt Extract	*organic*	25kg	96.00	3.84		**311520**									
⁜	***Clearspring Syrups - glass jar***															
	Barley Malt Syrup	*organic*	6x300g	16.60		*3.69*	**311003**									
	Coconut Blossom Syrup	*organic*	6x300g	22.45		*4.99*	**311004**									
	Date Syrup	*organic*	6x300g	17.50		*3.89*	**311005**									
	Oat Syrup	*organic*	6x300g	17.95		*3.99*	**311006**									
	Rice Malt Syrup	*organic*	6x300g	16.60		*3.69*	**311008**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Coconut Merchant - jar***															
	On offer is Coconut Merchant organic Coconut Nectar, the pricing below represents a discount of 15%															
❒	Coconut Nectar - honey alternative	*organic*	12x300g	35.65		*3.96*	**311590**									
	❊ ***Comvita***															
	Manuka Honey UMF 5+		3x250g	34.30		*15.25*	**312005**									
	Manuka Honey UMF 5+		3x500g	55.20		*24.53*	**312010**									
	❊ ***Equal Exchange - Fair Trade***															
	Clear Latin America Honey	*organic*	10x500g	59.00		*7.87*	**313015**									
	Set Latin America Honey	*organic*	10x500g	59.00		*7.87*	**313020**									
	❊ ***Equal Exchange - Fair Trade***															
	Raw Cane Sugar	*organic*	10x500g	17.90		*2.39*	**321405**									
	❊ ***Essential***															
	Honey Clear	*organic*	3.18kg	22.00	6.92		**313105**									
	Honey Set	*organic*	3.18kg	22.00	6.92		**313110**									
	❊ ***Food Alive - wild harvested 100% stevia***															
▲	Stevia Powder - Guayapi (single)		1x50g	5.55		*7.40*	**321440**									
	❊ ***General Food Merchants***															
	Blossom Honey - clear	*organic*	3kg	26.60	8.87		**313307**									
	Pure Honey - clear	*organic*	6x340g	22.45		*4.99*	**313301**									
	Acacia Honey - clear	*organic*	6x340g	26.95		*5.99*	**313302**									
	Honey & Royal Jelly - clear	*organic*	3x230g	13.00		*5.78*	**313311**									
	Forest Honey - clear	*organic*	6x340g	26.95		*5.99*	**313315**									
	Manuka Honey NPA 10+	*organic*	3x230g	53.95		*23.99*	**313318**									
	Vitacomplex - honey, pollen, royal jelly & propolis	*organic*	3x230g	14.15		*6.30*	**313325**									
	Pollen Granules	*organic*	3x110g	14.60		*6.49*	**313330**									
	❊ ***Geo-Organics***															
	Dark Agave Dessert Syrup	*organic*	6x250g	17.30		*3.84*	**314110**									
	Light Agave Sweetening Syrup	*organic*	6x250g	17.30		*3.84*	**314115**									
	❊ ***Green Valleys - raw***															
	Acacia Honey		6x400g	33.30		*7.40*	**314205**									
	Buckwheat Honey		6x400g	33.30		*7.40*	**314207**									
	Forest Honey		6x400g	33.30		*7.40*	**314210**									
	Heather Honey		6x400g	35.60		*7.90*	**314212**									
	Lime (Linden) Honey		6x400g	33.30		*7.40*	**314215**									
	Bee Pollen		6x100g	22.15		*4.90*	**314220**									
	❊ ***Infinity Foods***															
	Coconut Palm Sugar	*organic*	20kg	83.35	4.17		**321415**									
	Coconut Palm Sugar	*organic*	5kg	22.35	4.47		**321417**									
	Coconut Palm Sugar	*organic*	6x500g	16.90		*3.77*	**321418**									
	❊ ***Meridian - jars***															
	Blackstrap Molasses - Fair Trade	*organic*	6x600g	14.80		*3.29*	**315008**									
	Blackstrap Molasses - Fair Trade	*organic*	6x350g	10.70		*2.38*	**315010**									
	Organic Barley Malt Extract	*organic*	6x370g	14.80		*3.29*	**315022**									
	Malt Extract - non org		6x370g	12.55		*2.79*	**315025**									
	❊ ***Pronatec***															
	Sucanat - Soft Whole Cane Sugar	*organic*	25kg	84.70	3.39		**321451**									
	❊ ***Raw Vibrant Living (was Raw Health)***															
	Raw Acacia Honey - squeezy bottle	*organic*	6x350g	30.10		*6.69*	**315605**									
	Raw Forest Honey - squeezy bottle	*organic*	6x350g	32.80		*7.29*	**315610**									
	Raw Pure Blossom Creamy Honey - squeezy bottle	*organic*	6x350g	28.30		*6.29*	**315615**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	⁕ ***Rayner's Essentials***															
	Black Treacle	*organic*	6x340g	15.50		*3.44*	**314510**									
	Black Treacle - tub	*organic*	5kg	22.85	4.57		**314512**									
	Golden Syrup	*organic*	6x340g	22.45		*4.99*	**314516**									
	Golden Syrup - tub	*organic*	5kg	33.30	6.66		**314527**									
	Barley Malt Extract	*organic*	6x340g	19.75		*4.39*	**314505**									
	Barley Malt Extract - tub	*organic*	5kg	26.20	5.24		**314507**									
	⁕ ***Shady Maple Farms***															
	Maple Syrup - glass	*organic*	12x250ml	81.90		*9.10*	**316505**									
	⁕ ***St Lawrence Gold Canadian Maple Syrup & Honey***															
	*New from St Lawrence Gold, organic **Maple Syrup - dark grade A - bag in box 5l**. This will replace the 4l over the period of this catalogue. With a dark robust taste this fine maple syrup is packed in a recyclable bladder in a card box.*															
▲	Maple Syrup - amber grade A - glass	*organic*	12x330g	69.15		*7.68*	**316515**									
▲	Maple Syrup - dark grade A - glass	*organic*	12x330g	69.15		*7.68*	**316516**									
▲	Maple Syrup - amber grade A - plastic jug	*organic*	12x500ml	128.55		*14.28*	**316517**									
▲	Maple Syrup - amber grade A - plastic jug	*organic*	1x1l	20.70		*27.60*	**316518**									
▲	Maple Syrup - dark grade A - plastic jug	*organic*	4l	70.50	17.63		**316519**									
⁕	Maple Syrup - dark grade A - bag in box	*organic*	5l	86.60	17.32		**316521**									
▲	Maple Syrup - very dark grade A - plastic pail	*organic*	20l	341.50	17.08		**316520**									
▲	Maple Sugar Granulated - glass	*organic*	12x125g	65.60		*7.29*	**316522**									
▲	Maple Butter - glass	*organic*	12x150g	73.00		*8.11*	**316524**									
	⁕ ***Syramena - South American Cane Sugar***															
	Extra Light Granulated Sugar	*organic*	25kg	61.50	2.46		**321386**									
	Extra Light Granulated Sugar - Infinity Foods	*organic*	5kg	14.10	2.82		**321399**									
	Extra Light Granulated Sugar - Infinity Foods	*organic*	6x500g	11.35		*2.53*	**321400**									
	⁕ ***Taylor Pass***															
	Wildflower & Manuka Honey		1x250g	6.25		*8.99*	**321475**									
	ManukaMGO 50+ Honey Blend		1x250g	6.25		*8.99*	**321476**									
	Manuka UMF 5+		1x250g	9.05		*12.99*	**321477**									
	Manuka UMF 10+		1x250g	12.60		*17.99*	**321478**									
	Manuka UMF 12+		1x250g	17.50		*24.99*	**321479**									
	Manuka UMF 15+		1x250g	21.00		*29.99*	**321481**									
	⁕ ***The Raw Chocolate Co.***															
▲	Coconut Palm Sugar	*organic*	6x230g	16.75		*3.72*	**321470**									
	⁕ ***Tiana***															
	Crystallised Coconut Nectar	*organic*	1x250g	4.15		*5.55*	**321495**									
	⁕ ***Total Sweet - alternative birch sweetener***															
	Total Sweet granulated sweetener - large		6x1kg	52.00		*11.56*	**320805**									
	Total Sweet granulated sweetener - small		6x225g	14.00		*3.11*	**320810**									
	⁕ ***Vertmont***															
	Maple Syrup - glass	*organic*	6x250ml	23.65		*5.25*	**321105**									
	Single Maple Syrup - plastic jug	*organic*	1x1l	14.95		*19.95*	**321115**									
	⁕ ***Wainwright's (previously Tropical Forest)***															
	Andalucian Wildflower Honey - set - jar		6x380g	28.00		*6.24*	**321600**									
	Salisbury Plain UK Honey - clear - jar		6x380g	32.00		*7.13*	**321612**									
	Ukrainian Sunflower Honey - jar		6x380g	20.00		*4.46*	**321613**									
	Zambian Forest Honey - clear - jar	*organic*	6x380g	20.00		*4.46*	**321614**									
	Zambian Forest Honey - clear - tub	*organic*	1x3.18kg	22.60		*30.15*	**321616**									
	Zambian Forest Honey - set - jar	*organic*	6x380g	20.00		*4.46*	**321618**									
	Zambian Forest Honey - set - tub	*organic*	1x3.18kg	22.60		*30.15*	**321620**									
	⁕ ***Yakso***															
	Agave Syrup - bottle	*organic*	6x240ml	23.25		*5.17*	**313605**									
	Agave Syrup - plastic	*organic*	1x5l	57.95		*77.31*	**313610**									

■ Olives, Pickles and Preserved Vegetables

	Description		size	price	£/unit	RRP	code
	⁕ ***Biona Beans - in jars - see "Convenience Foods" section***						
	⁕ ***Biona - in jars***						
	*New from Biona are organic vegan **Italian Sliced Green Olives in brine** Sourced from Cerignola, they have a crisp buttery flavour. Sliced for convenience, use in salads, sandwiches or summer pizza in the garden. On offer are selected Biona organic gherkins and sauerkraut, the pricing marked ❒ below represents a discount of 15%.*						
	Artichoke Hearts	*organic*	6x200g	21.10	*4.69*		**350602**
	Aubergine Pesto	*organic*	6x140g	14.80	*3.29*		**350603**
	Beetroot - sliced - sml	*organic*	6x340g	9.40	*2.09*		**350610**
▲	Capers in E.V. Olive Oil	*organic*	6x120g	23.35	*5.19*		**350614**
	Capers in wine vinegar	*organic*	6x140g	14.35	*3.19*		**350616**
	Cornichons (baby gherkins)	*organic*	6x330g	20.65	*4.59*		**350615**
❒	Gherkins Sliced - sml	*organic*	6x350g	16.00	*3.56*		**350619**
	Gherkins Sweet Sour - sml	*organic*	6x350g	19.75	*4.39*		**350620**
	Gherkins Sweet Sour - lge	*organic*	6x680g	23.80	*5.29*		**350623**
	Grilled Artichoke Hearts - in oil	*organic*	5x190g	18.70	*4.99*		**350634**
	Grilled Red Pepper - in oil	*organic*	5x190g	14.60	*3.89*		**350635**
	Kimchi	*organic*	6x350g	22.45	*4.99*		**350622**
	Bella Di Cerignola Green Olives in brine	*organic*	5x280g	12.30	*3.28*		**350611**
⁕	Italian Sliced Green Olives in brine	*organic*	5x280g	13.85	*3.69*		**350609**
	Peranzana Black Olives in brine	*organic*	5x280g	12.70	*3.39*		**350617**
	Italian Pitted Black Olives - in brine	*organic*	5x280g	13.85	*3.69*		**350636**
	Italian Pitted Green Olives - in brine	*organic*	5x280g	13.85	*3.69*		**350637**
	Red Cabbage	*demeter*	6x350g	10.10	*2.24*		**350624**
	Sauerkraut - sml	*demeter*	6x360g	10.75	*2.40*		**350625**
❒	Sauerkraut - lge	*organic*	6x680g	12.95	*2.88*		**350627**
❒	Sauerkraut -Beetroot	*demeter*	6x350g	9.50	*2.12*		**350631**
	Golden Turmeric Sauerkraut	*demeter*	6x350g	11.20	*2.50*		**350633**
	Sun Dried Soft Tomatoes - in oil	*organic*	5x190g	14.95	*3.99*		**350638**
	Sweetcorn - jar	*organic*	6x350g	10.30	*2.29*		**350630**
	⁕ ***Bionova***						
	Sauerkraut	*organic*	6x360g	12.25	*2.73*		**351707**
	⁕ ***Carley's Organic Foods - www.carleys.co.uk***						
	Preserved Lemons	*organic*	6x700g	27.15	*6.25*		**351805**
	⁕ ***Carley's Organic Foods - no added salt or sugar***						
	Apple & Sultana Chutney	*organic*	6x300g	13.70	*3.15*		**351810**
	Red Onion Marmalade	*organic*	6x300g	17.15	*3.95*		**351815**
	Spiced Tomato Relish	*organic*	6x300g	12.80	*2.95*		**351820**
	⁕ ***Clearspring - Bio Kitchen - Demeter - in jars***						
	Apple Sauce - 100% apple purée	*demeter*	6x360g	8.50	*1.89*		**350102**
	Baked Beans - unsweetened	*demeter*	6x350g	11.20	*2.49*		**350106**
	Broad Beans	*demeter*	6x350g	12.35	*2.74*		**350120**
	Carrots & Peas	*demeter*	6x350g	11.65	*2.59*		**350130**
	Chickpeas	*demeter*	6x350g	8.95	*1.99*		**350103**
	French Beans	*demeter*	6x340g	8.95	*1.99*		**350105**
	Garden Peas	*demeter*	6x350g	10.75	*2.39*		**350107**
	Gherkins - Sweet & Sour	*demeter*	6x680g	26.95	*5.98*		**350100**
	Gherkin Slices Sweet & Sour	*demeter*	6x350g	19.30	*4.28*		**350111**
	Lentils	*demeter*	6x360g	8.50	*1.89*		**350108**
	Red Cabbage	*demeter*	6x355g	9.85	*2.19*		**350109**
	Sauerkraut	*demeter*	6x360g	8.95	*1.99*		**350110**
	Silverskin Onions - sweet & sour	*demeter*	6x360g	17.50	*3.88*		**350112**
	⁕ ***Clearspring - Bio Kitchen - Organic - in jars***						
	Azuki Beans	*organic*	6x350g	9.90	*2.20*		**350125**
	Bean Sprouts	*organic*	6x330g	12.55	*2.79*		**350128**
	Button Mushrooms	*organic*	6x280g	16.15	*3.58*		**350129**
	Red Kidney Beans	*organic*	6x350g	8.95	*1.99*		**350133**
	Mixed Beans	*organic*	6x350g	8.50	*1.89*		**350135**
	Sweetcorn	*organic*	6x350g	9.85	*2.19*		**350116**

	Description		size	price	£/unit	RRP	code
	⁜ ***Epikouros Organic Olives***						
	Kalamata Pitted Olives in brine - unpasteurised	*organic*	3kg	28.00	9.33		**350330**
	Green 'Konservolea' Pitted Olives - unpasteurised	*organic*	3kg	22.00	7.33		**350336**
	⁜ ***Geo Organics - www.venturefoods.com***						
	Mango Chutney	*organic*	6x370g	19.15		*4.26*	**350205**
	⁜ ***Hellenic Sun***						
	Kalamata Olives in vinegar brine & olive oil	*organic*	6x330g	13.45		*2.99*	**352006**
	Kalamata Olives - Pitted in brine olive oil & red wine vinegar		6x330g	11.20		*2.49*	**352007**
	Green Olives - in brine	*organic*	6x330g	13.45		*2.99*	**352008**
	Jumbo Green Olives - Pitted in brine		6x330g	11.20		*2.49*	**352009**
	Kalamata Olives - Pitted in vinegar brine & olive oil	*organic*	2kg	16.50	8.25		**352012**
	Green Olives - Pitted in brine & olive oil	*organic*	2kg	13.70	6.85		**352014**
	Jumbo Green Olives - in brine & olive oil		2kg	9.00	4.50		**352016**
	Black Olives - in red wine vinegar brine & olive oil		2kg	10.50	5.25		**352018**
	⁜ ***Mani - Greek Organic products***						
◆	Green Olives - vacuum preserved	*organic*	6x205g	17.90		*3.98*	**350370**
◆	Green & Kalamata Olives with Chilli - vacuum preserved	*organic*	6x205g	17.90		*3.98*	**350374**
◆	Kalamata Olives - vacuum preserved	*organic*	6x205g	17.90		*3.98*	**350375**
◆	Kalamata Olives in e.v. Olive Oil	*organic*	6x280g	24.65		*5.48*	**350380**
◆	Green & Kalamata Pitted Olives - vacuum preserved	*organic*	6x175g	17.90		*3.98*	**350382**
	Capers in e.v. Olive Oil	*organic*	6x180g	23.80		*5.29*	**350385**
	Olive Paste	*organic*	6x180g	20.15		*4.48*	**350390**
	Sun Dried Tomatoes in e.v. Olive Oil	*organic*	6x180g	22.40		*4.98*	**350393**
	Sun dried Tomato Paste	*organic*	6x180g	20.15		*4.48*	**350395**
	⁜ ***Morgiel***						
	Beetroot & Horseradish Relish	*organic*	6x300g	14.00		*3.33*	**350400**
	Pickled Baby Beetroots	*organic*	6x300g	14.00		*3.33*	**350402**
	Pickled Gherkins with Red Peppers	*organic*	6x670g	17.60		*4.19*	**350404**
	Plain Sauerkraut	*organic*	6x680g	14.00		*3.33*	**350406**
	Sauerkraut with Carrot	*organic*	6x680g	14.00		*3.33*	**350408**
	Gherkins in Brine	*organic*	6x820g	18.40		*4.38*	**350410**
	⁜ ***Mr Organic - Antipasti - Vegan***						
	On offer are Mr Organic antipasti, the pricing below represents a discount of 15%.						
❒	Grilled Artichoke Antipasti	*organic*	5x190g	15.55		*4.15*	**350430**
❒	Grilled Peppers Antipasti	*organic*	5x190g	12.40		*3.31*	**350434**
❒	Sundried Tomatoes & Capers Antipasti	*organic*	5x190g	12.40		*3.31*	**350438**
	⁜ ***Organico - Mediterranean Vegetables in jars***						
	On offer are Organico organic large capers, the pricing marked ❒ below represents a discount of 20%.						
	Artichoke Hearts in sunflower oil	*organic*	5x190g	18.55		*4.95*	**351680**
	Peppers - grilled - in e.v. olive oil	*organic*	5x190g	14.80		*3.95*	**351675**
❒	Capers in brine - large	*organic*	12x250g	24.85		*2.76*	**351695**
	Capers in brine - small	*organic*	12x100g	17.50		*1.95*	**351696**
	Sundried Tomatoes in Oil	*organic*	5x190g	15.95		*4.26*	**351686**
	⁜ ***Organico - Olives in jars***						
	Kalamata Olives pitted in brine and wine vinegar	*organic*	6x230g	15.50		*3.45*	**351750**
	Green & Greek Olives pitted in brine	*organic*	6x230g	15.50		*3.45*	**351751**
	⁜ ***Ouse Valley***						
	Apricot & Ginger Chutney		6x220g	20.70		*4.60*	**351916**
	Cheeseboard Chutney		6x220g	19.10		*4.25*	**351914**
	Hari's Lime & Green Chilli Pickle		6x190g	22.70		*5.04*	**351904**
	Maharani's Mango Chutney		6x215g	20.25		*4.50*	**351917**
	Piccalilli - Hot!		6x210g	18.45		*4.10*	**351918**
	Spiced Aubergine Pickle		6x190g	20.00		*4.45*	**351915**
	The Ploughman's Pickle		6x215g	20.25		*4.50*	**351919**
	Tomato & Red Pepper Relish		6x200g	18.45		*4.10*	**351920**

	Description		size	price	£/unit	RRP	code
	⁜ ***Parthenon Olives***						
	Kalamata Olives in brine & vinegar - vacuum bag		10x250g	17.15		*2.29*	**352021**
	Mediterranean Mix Olives - vacuum bag		10x250g	17.15		*2.29*	**352022**
	⁜ ***Raw Health***						
▲	Raw Kalamata Olives (in e.v. olive oil)	*organic*	6x330g	32.80		*7.29*	**351930**
▲	Raw Mix Green & Kalamata Olives (in e.v. olive oil)	*organic*	6x330g	31.45		*6.99*	**351935**
	⁜ ***Real Natural - Provinces of India Chutneys***						
	Mango Chutney with Ginger & Roast Cumin		6x320g	20.20		*4.49*	**351950**
	Spicy Tomato Chutney - Caramelised Onion & Cardamom		6x320g	20.20		*4.49*	**351955**
	⁜ ***Suma***						
	Supersweet Sweetcorn - easy open can	*organic*	12x160g	13.05		*1.45*	**352049**
	Supersweet Sweetcorn - easy open can - large	*organic*	12x340g	19.35		*2.15*	**352052**

■ Vinegars

	⁜ ***Aspall***						
◆	Apple Balsamic Vinegar		6x350ml	17.80		*3.96*	**370503**
◆	Balsamic Vinegar	*organic*	6x350ml	17.80		*3.96*	**370504**
◆	Balsamic Vinegar	*organic*	5l	35.80	7.16		**370507**
◆	Cyder Vinegar	*organic*	25l	57.80	2.31		**370511**
◆	Cyder Vinegar	*organic*	5l	15.75	3.15		**370512**
◆	Cyder Vinegar	*organic*	6x500ml	10.25		*2.28*	**370516**
◆	Cyder Vinegar	*organic*	6x350ml	9.00		*2.00*	**370518**
◆	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	16.00 V		*4.27*	**370522**
◆	Raw Unfiltered Cyder Vinegar	*organic*	6x500ml	12.85		*2.86*	**370519**
◆	Raw Unfiltered Cyder Vinegar	*organic*	5l	15.75	3.15		**370520**
◆	Red Wine Vinegar	*organic*	6x350ml	8.85		*1.97*	**370535**
◆	White Wine Vinegar	*organic*	6x350ml	8.85		*1.97*	**370550**
◆	Organic White Wine Vinegar	*organic*	5l	15.95	3.19		**370552**
◆	Red Wine Vinegar		5l	10.50	2.10		**370517**
◆	White Wine Vinegar (not organic)		5l	10.50	2.10		**370523**
	⁜ ***Biona***						
	Balsamic Vinegar	*organic*	6x500ml	22.45		*4.99*	**370603**
	Balsamic Glaze	*organic*	12x150ml	36.80		*4.09*	**370615**
	Cider Vinegar - raw + the mother	*organic*	6x500ml	13.45		*2.99*	**370607**
	Cider Vinegar - raw + the mother	*organic*	6x750ml	16.60		*3.69*	**370610**
	Cider Vinegar - raw + the mother	*organic*	1x5l	11.90		*15.89*	**370612**
	Coconut Vinegar + the mother	*organic*	6x250ml	14.80		*3.29*	**370614**
	⁜ ***Clearspring Organic Brown Rice Vinegar - see Japanese Products section***						
	⁜ ***Clearspring***						
	Vintage Balsamic Vinegar	*organic*	6x250ml	80.95		*17.99*	**370905**
	Balsamic Vinegar - lge	*organic*	6x500ml	40.45		*8.99*	**370910**
	Balsamic Vinegar - sml	*organic*	6x250ml	22.45		*5.00*	**370912**
	Apple Balsamic Vinegar - lge	*organic*	6x500ml	40.45		*8.99*	**370915**
	Apple Balsamic Vinegar - sml	*organic*	6x250ml	22.45		*5.00*	**370917**
	Apple Cider Vinegar + the mother	*organic*	6x500ml	17.95		*3.99*	**370919**
	ACV - Ginger, Turmeric Black Pepper - inc the mother	*organic*	6x500ml	19.30		*4.29*	**370934**
	Red Wine Vinegar	*organic*	6x500ml	17.95		*3.99*	**370920**
	White Wine Vinegar	*organic*	6x500ml	17.95		*3.99*	**370925**
	⁜ ***Eat Wholesome***						
	Raw Apple Cider Vinegar with Ginger & Turmeric	*organic*	12x1l	46.40		*5.16*	**370950**
	Raw Apple Cider Vinegar with Turmeric & Cinnamon	*organic*	12x1l	46.40		*5.16*	**370954**
	⁜ ***Herons Folly Garden - Sussex - glass***						
	Apple Cider Vinegar - with the mother	*organic*	6x770ml	23.65		*5.26*	**371315**
	⁜ ***Mr Organic***						
◆	Balsamic Modena Glaze	*organic*	6x150ml	20.20		*4.49*	**371346**
◆	Balsamic Modena Vinegar	*organic*	12x500ml	40.40		*4.49*	**371350**

	Description		size	price	£/unit	RRP	code
	⁜ ***Organico - oak-aged di Modena***						
	Italian Balsamic Vinegar	*organic*	6x250ml	22.25		*4.94*	**371553**
	Italian Balsamic Glaze	*organic*	6x150ml	22.25		*4.94*	**371557**
	⁜ ***Raw Vibrant Living (was Raw Health)***						
	Raw Apple Cider Vinegar	*organic*	6x500ml	14.80		*3.29*	**371605**
	Raw Apple Cider Vinegar	*organic*	12x1l	43.10		*4.79*	**371608**
	Raw ACV Infusion with Turmeric & Ginger	*organic*	12x500ml	33.20		*3.69*	**371612**
	⁜ ***Rayners organic raw unfiltered vinegars in glass***						
	On offer are Rayners organic vinegars, the pricing below represents a discount of 20%.						
❒	Apple Cider Vinegar with the mother	*organic*	6x750ml	17.95		*3.99*	**371620**
❒	Apple Cider Vinegar with the mother	*organic*	6x500ml	13.45		*2.99*	**371622**
❒	Coconut Vinegar with the mother	*organic*	6x250ml	16.15		*3.59*	**371625**
❒	Pomegranate Vinegar with the mother	*organic*	6x250ml	17.95		*3.99*	**371628**
❒	Red Wine Vinegar with the mother	*organic*	6x500ml	13.45		*2.99*	**371630**
❒	White Wine Vinegar with the mother	*organic*	6x500ml	13.45		*2.99*	**371632**
	⁜ ***Seggiano***						
	Balsamic Modena Vinegar	*organic*	12x250ml	47.35		*5.26*	**371640**
	⁜ ***Sun & Seed***						
	Pomegranate Vinegar	*organic*	6x250ml	19.70		*4.38*	**370705**

■ Sauces, Fruit and Vegetable Products (including Mushrooms)

	⁜ ***Amaizin Mexican***						
	Taco Seasoning - packet	*organic*	12x27g	13.95		*1.55*	**389886**
	Jalapeño Peppers - jar	*organic*	6x150g	11.25		*2.50*	**389890**
	Taco Sauce Hot	*organic*	6x220g	11.25		*2.50*	**389892**
	Taco Sauce Mild	*organic*	6x220g	11.25		*2.50*	**389894**
	⁜ ***BeSaucy vegan mayo***						
	Vegan Basil Mayo		6x180g	14.85		*3.30*	**389843**
	Vegan Black Truffle Mayo		6x180g	16.30		*3.62*	**389845**
	Vegan Dill & Gherkin Mayo		6x180g	14.85		*3.30*	**389846**
	Vegan Garlic Mayo - tub		2.5kg	18.05	7.22		**389847**
	Vegan Garlic Mayo		6x180g	14.85		*3.30*	**389848**
	Vegan Smoked Chipotle Mayo		6x180g	14.85		*3.30*	**389849**
	⁜ ***Biona - Coconut Milk Powder see Soya, Nut and Grain Drinks***						
	⁜ ***Biona - Canned Veg Products***						
	Banana Blossom in Brine	*organic*	6x400g	12.10		*2.69*	**390194**
	Coconut Milk (17% fat) - 4 Pack	*organic*	6x4x400ml	36.80		*8.18*	**390189**
	Coconut Milk (17% fat) - lge	*organic*	6x400ml	10.30		*2.29*	**390195**
	Coconut Milk (17% fat) - small	*organic*	8x200ml	9.50		*1.58*	**390196**
	Light 9% fat Coconut Milk	*organic*	6x400ml	8.95		*1.99*	**390197**
	Condensed Coconut Milk Sweetened	*organic*	8x210g	14.35		*2.39*	**390199**
	Coconut Cream	*organic*	6x400ml	12.10		*2.69*	**390198**
	Coconut Golden Milk	*organic*	6x400ml	12.10		*2.69*	**390201**
	Coconut Whipping Cream	*organic*	6x400ml	13.45		*2.99*	**390200**
	Green Curry Coconut Milk	*organic*	6x400ml	12.55		*2.79*	**390202**
	Jackfruit (young chunks) in salted water	*organic*	3x2.8kg	24.00		*10.67*	**290203**
	Jackfruit (young chunks) in salted water	*organic*	6x400g	13.45		*2.99*	**290205**
	Jackfruit Sweet & Smoky	*organic*	6x400g	17.95		*3.99*	**290210**
	Jackfruit Stew	*organic*	6x400g	16.60		*3.69*	**290211**
	Sweetcorn - canned	*organic*	6x340g	11.20		*2.49*	**390207**
	⁜ ***Biona - Bottled Fruit***						
	Plum Halves in Rice Syrup	*organic*	6x570g	24.25		*5.39*	**390048**
	⁜ ***Biona - Fruit Products***						
	Large Apple Purée - jar	*organic*	6x700g	14.35		*3.19*	**390102**
	Small Apple Purée - jar	*demeter*	6x360g	9.40		*2.09*	**390104**
	Apple & Apricot Purée - jar	*organic*	6x360g	10.75		*2.39*	**390106**
	Apple & Banana Purée - jar	*organic*	6x360g	10.75		*2.39*	**390100**

	Description		size	price	£/unit	RRP	code
	Apple & Mango Purée - jar	organic	6x360g	10.75		2.39	390101
	Apple & Rhubarb Purée - jar	organic	6x360g	10.75		2.39	390114
	Pear Purée - jar	organic	6x360g	10.30		2.29	390116
	Pineapple Pieces - tinned in juice	organic	6x400g	18.85		4.19	389060
	Pineapple Rings - tinned in juice	organic	6x400g	18.85		4.19	389065
	Stem Ginger in Syrup	organic	6x330g	30.10		6.69	389067
	⁜ ***Biona - Sauces. Mustards, Pastes, Relish***						
	On offer are selected Biona organic sauces & mustard, the pricing marked ❒ below represents a discount of 15%.						
▲	Asparagus Cream	organic	6x120g	15.70		3.49	390093
❒	BBQ Sauce	organic	6x250ml	12.95		2.88	390094
	Brown Sauce Original	demeter	6x270g	16.60		3.69	390096
	Harissa Chilli Relish	demeter	6x125g	14.35		3.19	390095
	Horseradish Mustard	demeter	6x125g	13.90		3.09	390097
	Chilli Paste made with Amando Peppers	demeter	6x125g	15.25		3.39	390091
	Garlic Paste	organic	6x130g	14.35		3.19	390088
	Garlic & Ginger Paste	organic	6x130g	14.35		3.19	390089
	Ginger Paste	organic	6x130g	14.35		3.19	390090
	Hot Pepper Sauce (tabasco) - gluten-free	organic	6x140ml	18.85		4.19	390098
	Mayonnaise Sunflower Oil - jar	organic	6x230g	18.85		4.19	390140
▲	Mayonnaise 40% Olive Oil - jar	organic	6x230g	22.45		4.99	390170
❒	Squeezy Original Mayonnaise	organic	6x270ml	17.90		3.98	390186
❒	Egg-free Mayo - Vegan	organic	6x230g	13.35		2.97	390161
❒	Mustard - Dijon	organic	6x200g	12.55		2.79	390172
	Mustard - Wholegrain	organic	6x200g	15.70		3.49	390173
	Squeezy Mustard - German (medium hot)	organic	6x300ml	13.00		2.89	390174
	Green Pesto with pine kernels	organic	6x120g	19.30		4.29	390118
	Red Pesto with SD tomatoes	organic	6x120g	16.15		3.59	390123
▲	Satay Spicy Peanut Simmer Sauce	organic	6x350g	18.95		4.21	390187
▲	Tikka Masala Simmer Sauce	organic	6x350g	17.95		3.99	390190
	Tomato Ketchup with agave syrup	organic	6x340g	15.25		3.39	390137
❒	Squeezy Classic Tomato Ketchup	organic	12x560g	32.80		3.64	390138
	Sriracha Chilli Sauce	organic	6x130ml	14.80		3.29	390184
❒	Sweet Chilli Sauce	organic	6x250ml	12.95		2.88	390176
	Worcester Sauce	organic	6x140ml	19.30		4.29	390175
	Cool Salsa Dip Sauce	organic	6x260g	13.90		3.09	390180
	Hot Salsa Dip Sauce	organic	6x260g	13.90		3.09	390181
	⁜ ***Biona - Tomato Products***						
	On offer are selected Biona organic tomato products, the pricing marked ❒ below represents a discount of 15%.						
◆	Passata	organic	12x680g	23.30		2.59	390115
◆	Passata with Basil	organic	12x680g	23.30		2.59	390117
◆	Passata Rustica	organic	12x680g	24.20		2.69	390119
▲	Sun-dried Tomatoes in EV Olive Oil	organic	6x170g	25.60		5.69	390128
	Arrabbiata Pasta Sauce (hot & spicy)	organic	6x350g	13.45		2.99	390129
	Basilico Tomato & Basil Sauce	organic	6x350g	13.45		2.99	390130
◆	Toscana Pasta Sauce (Tuscan)	organic	6x350g	13.45		2.99	390139
	Tomatoes Chopped Peeled - 4 Pack	organic	6x4x400g	28.30		6.29	390179
❒	Tomatoes Chopped	organic	12x400g	12.90		1.43	390105
	Tomatoes Chopped - bulk	organic	6x2.5kg	31.45		6.99	390112
	Tomatoes Chopped with Basil	organic	12x400g	15.20		1.69	390107
	Tomatoes Chopped with Garlic & Oregano	organic	12x400g	17.00		1.89	390111
❒	Tomatoes Whole Plum	organic	12x400g	12.90		1.43	390110
❒	Tomatoes - Whole Cherry - canned	organic	12x400g	14.45		1.61	390113
❒	Tomato Purée - jar	organic	6x200g	9.15		2.03	390135
	⁜ ***Bonsan - organic vegan Sauces. Mustards, Pastes, Relish***						
	Caesar Dressing	organic	6x310ml	21.10		4.69	350731
	Cocomayo	organic	6x235g	16.60		3.69	350736
	Green Pesto - bright & zesty	organic	6x130g	17.95		3.99	350735
	Hot & Fiery Sauce	organic	6x140ml	18.85		4.19	350739
	Sweet Mustard Dressing	organic	6x310ml	19.75		4.39	350741
	Worcester Sauce	organic	6x140ml	19.30		4.29	350750
	⁜ ***Carley's Organic Foods***						
	Coarse Grain Mustard	organic	6x170g	10.40		2.39	390275
	English Mustard	organic	6x170g	10.40		2.39	390280
	Apple Purée	organic	6x700g	12.80		2.95	390310

▲ price rise ▼ fall
⁜ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code
	⁕ ***Clearspring - BioKitchen Apple Sauce - see "Olives, Pickles & Preserved Vegetables" section***						
	⁕ ***Clearspring - canned***						
	On offer are selected Clearspring organic canned coconut products, the pricing marked ❒ below represents a discount of 15%.						
❒	Coconut Milk	*organic*	6x400ml	9.50		*2.11*	**390505**
	Coconut Milk	*organic*	6x200ml	6.70		*1.49*	**390508**
❒	Extra Rich Coconut Cream	*organic*	6x200ml	8.75		*1.94*	**390510**
	⁕ ***Clearspring - in glass***						
	On offer is Clearspring organic Jackfruit, the pricing below represents a discount of 15%.						
❒	Jackfruit (young chunks) in salted water - large	*organic*	6x500g	13.35		*2.97*	**390514**
	⁕ ***Clearspring - pouches - fruit-on-the-go***						
	On-the-go Apple & Blueberry Purée - single pouch	*organic*	8x120g	7.50		*1.25*	**390581**
	On-the-go Apple & Mango Purée - single pouch	*organic*	8x120g	7.50		*1.25*	**390586**
	On-the-go Pear Purée - single pouch	*organic*	8x120g	7.50		*1.25*	**390591**
	⁕ ***Clearspring - pots - 100% fruit***						
	Apple Purée	*organic*	12x2x100g	17.90		*1.99*	**390605**
	Apple & Apricot Purée	*organic*	12x2x100g	17.90		*1.99*	**390610**
	Apple Banana Strawberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390612**
	Apple & Blueberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390615**
	Apple & Mango Purée	*organic*	12x2x100g	17.90		*1.99*	**390617**
	Apple Mango Coconut Purée	*organic*	12x2x100g	17.90		*1.99*	**390619**
	Apple & Plum Purée	*organic*	12x2x100g	17.90		*1.99*	**390620**
	Apple & Strawberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390625**
	Pear Purée	*organic*	12x2x100g	17.90		*1.99*	**390630**
	Pear Apple Peach Purée	*organic*	12x2x100g	17.90		*1.99*	**390632**
	Pear & Banana Purée	*organic*	12x2x100g	17.90		*1.99*	**390635**
	Prune Purée	*organic*	12x2x100g	17.90		*1.99*	**390640**
	⁕ ***Clearspring - Biodynamic pasta sauces - in glass***						
	Passata - Demeter	*organic*	12x700g	25.10		*2.79*	**390650**
	Passata Rustica- Demeter	*organic*	12x510g	25.10		*2.79*	**390654**
	Arrabbiata Pasta Sauce - Demeter	*organic*	6x300g	12.55		*2.79*	**390656**
	Basilico Pasta Sauce - Demeter	*organic*	6x300g	12.55		*2.79*	**390658**
	Porcini Pasta Sauce - Demeter	*organic*	6x300g	13.45		*2.99*	**390660**
	Puttanesca Pasta Sauce - Demeter	*organic*	6x300g	13.45		*2.99*	**390662**
	⁕ ***Clearspring - gluten-free Thai sauce in glass***						
	*New from Clearspring, organic vegan gluten-free **Pad Thai Sauce** in a glass bottle. Pad Thai is a stir-fried rice noodle dish served as street food in Thailand. This sauce is easy to use and captures the essence of savoury tangy Pad Thai without the fish sauce and refined sugar. Ingredients: date syrup, rice syrup, apple puree, tamarind paste, onion puree, garlic puree, tomato puree and salt.*						
⁕	Pad Thai Sauce	*organic*	6x150ml	25.15		*5.59*	**390664**
	⁕ ***Clearspring - dried mushrooms***						
	Shiitake Mushrooms	*organic*	6x40g	35.95		*7.99*	**510558**
	⁕ ***Coconut Merchant - canned***						
	On offer is Coconut Merchant organic coconut milk, the pricing below represents a discount of 15%.						
❒	Coconut Milk	*organic*	6x400ml	7.05		*1.57*	**390752**
❒	Coconut Milk	*organic*	12x200ml	11.40		*1.27*	**390754**
	⁕ ***Coconut Merchant - tetra***						
	On offer is Coconut Merchant organic Coconut Cream in tetra, the pricing below represents a discount of 15% off a new higher price of £10.45						
❒	Coconut Cream Tetra	*organic*	6x330ml	8.90		*1.98*	**390760**
	⁕ ***Delouis Fils Organic Mustard - Vegan***						
	Dijon Extra Strong Smooth	*organic*	5kg	45.00	9.00		**391002**
	Dijon Extra Strong Smooth	*organic*	6x200g	13.25		*2.94*	**391005**
	Whole Grain Mustard with Cider Vinegar	*organic*	6x200g	13.25		*2.94*	**391010**

	Description		size	price	£/unit	RRP	code
	❊ ***Essential Trading - canned - no added sugar***						
	Jackfruit (young chunks) in salted water	*organic*	6x400g	12.55		*2.79*	**391207**
	Jackfruit (young chunks) in salted water - large	*organic*	3x3kg	25.00		*11.11*	**391208**
	Mango Chunks in juice	*organic*	6x400g	11.50		*2.56*	**391210**
	Pineapple Chunks in juice	*organic*	6x400g	13.45		*2.99*	**391213**
	Tropical Fruits in juice	*organic*	6x400g	11.20		*2.49*	**391215**
	❊ ***Essential Trading***						
	On offer are Essential organic tomato products, the pricing below represents a discount of 20%.						
	Coconut Milk	*organic*	3x3l	30.40		*13.51*	**391220**
❒	Tom Purée Tube Double Conc. - tube	*organic*	12x130g	11.45		*1.27*	**391230**
❒	Chopped Tomatoes	*organic*	12x400g	9.75		*1.08*	**391235**
	❊ ***Foresta Fungus - dried***						
	"Mixed" - slippery jack, oyster, porcini **"Porcini+" - Boletus Edulis, Boletus Badius**						
	Chanterelle Forest Mushrooms		10x25g	32.65		*4.35*	**393750**
	Mixed Forest Mushrooms		10x25g	26.50		*3.53*	**393752**
	Porcini+ Forest Mushrooms		10x25g	30.10		*4.01*	**393755**
	Shiitake Forest Mushrooms		10x25g	26.50		*3.53*	**393757**
	❊ ***Geo Organics - Taste of the East - Indian***						
	On offer are Geo Organics organic vegan curry pastes, the pricing below represents a discount of 15%.						
❒	Balti Curry Paste	*organic*	6x180g	14.70		*3.27*	**391475**
❒	Bhuna Curry Paste	*organic*	6x180g	14.70		*3.27*	**391477**
❒	Korma Curry Paste	*organic*	6x180g	14.70		*3.27*	**391485**
❒	Madras Curry Paste	*organic*	6x180g	14.70		*3.27*	**391487**
❒	Tikka Masala Curry Paste	*organic*	6x180g	14.70		*3.27*	**391490**
	❊ ***Geo Organics - Taste of the East - Thai***						
	On offer are Geo Organics organic vegan Thai curry pastes, the pricing below represents a discount of 15%.						
❒	Green Thai Curry Paste	*organic*	6x180g	14.70		*3.27*	**391492**
❒	Red Thai Curry Paste	*organic*	6x180g	14.70		*3.27*	**391495**
❒	Yellow Thai Curry Paste	*organic*	6x180g	14.70		*3.27*	**391497**
	❊ ***Geo Organics - Taste of the East - Indonesia***						
	On offer is Geo Organics organic vegan Indonesian Satay Paste, the pricing marked ❒ below represents a discount of 15%.						
	Rendang Paste - Indonesian	*organic*	6x180g	17.30		*3.85*	**391480**
❒	Satay Paste - Indonesian	*organic*	6x180g	14.70		*3.28*	**391481**
	❊ ***Geo Organics - condiment sauces***						
	Worcestershire Sauce	*organic*	6x150ml	17.30		*3.85*	**391501**
	❊ ***Geo Organics - Vegan Mayo - soya-free***						
	Vegan Mayo	*organic*	6x240ml	12.85		*2.86*	**391510**
	❊ ***Harry Brand - gluten-free vegan Harissa***						
	Harissa - jar		6x210g	22.15		*4.95*	**391630**
	❊ ***Infinity Foods***						
▲	Sun-dried Tomato Halves	*organic*	10kg	73.40	7.34		**393001**
▲	Sun-dried Tomato Halves	*organic*	1kg	9.20	9.20		**393002**
▲	Sun-dried Tomato Halves	*organic*	6x250g	14.05		*3.12*	**8755**
	❊ ***Kitchen Garden***						
	Chilli Paste - Seriously Hot	*organic*	6x135g	8.95		*1.99*	**394055**
	❊ ***La Bio Idea***						
	Passata	*organic*	12x680g	20.70		*2.30*	**391655**
	Passata Basilico (with Basil)	*organic*	12x680g	21.60		*2.40*	**391657**
☆	Pesto Siciliano - vegetarian	*organic*	12x130g	25.65		*2.85*	**391660**
	Pesto Rosso - vegan	*organic*	12x140g	40.05		*4.45*	**391662**
☆	Pesto Genovese - vegetarian	*organic*	12x130g	27.45		*3.05*	**391665**

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Tomato Ketchup	*organic*	6x480g	16.40		*3.65*	**391670**									
	Tomato Purée - cans	*organic*	6x890g	23.40		*5.20*	**391672**									
	Tomato Purée - jar	*organic*	12x200g	17.00		*1.89*	**391673**									
	Tomatoes - peeled, in glass jars	*organic*	6x660g	23.40		*5.20*	**391675**									
	Tomatoes - peeled in tins	*organic*	12x400g	13.40		*1.49*	**391680**									
	Tomatoes - chopped in tins	*organic*	12x400g	13.40		*1.49*	**391685**									
	⁂ ***Meridian - Free-From "Cooking Sauces"***															
	Tikka Masala Sauce		6x350g	13.00		*2.89*	**392110**									
	Korma Sauce		6x350g	13.00		*2.89*	**392112**									
	⁂ ***Mr Organic - Italy - canned - vegan***															
	Chopped Tomatoes -4 Pack	*organic*	6x4x400g	25.15		*5.59*	**392128**									
	Chopped Tomatoes - BPA-free	*organic*	12x400g	13.40		*1.49*	**392130**									
	Peeled Tomatoes - BPA-free	*organic*	12x400g	13.40		*1.49*	**392132**									
	Cherry Tomatoes - BPA-free	*organic*	12x400g	17.00		*1.89*	**392125**									
	⁂ ***Mr Organic - Italy - Vegan***															

New from Mr Organic, four vegan organic gluten-free tomato pasta sauces with no added sugar, produced in Italy. The first two are the top selling traditional sauces in a smooth form to please even the fussiest of eaters. ***Basilico Smooth Pasta Sauce*** *with basil, onion, garlic and lemon juice.* ***Bolognese Smooth Pasta Sauce*** *with onion, celery, carrot, basil and lemon juice. New flavours to the range are* ***Aubergine Ragu Pasta Sauce*** *with aubergine, onion, dried tomatoes, garlic basil and lemon juice.* ***Mushroom Ragu Pasta Sauce*** *with mushrooms, onions, garlic dried tomatoes, parsley, vinegar and a touch of chilli. All are packed in glass jars. On offer are selected Mr Organic pestos and flavour pastes, the pricing marked ❒ below represents a discount of 15%.*

❒	Aubergine Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392156**									
❒	Basil Pesto - no added sugar - Vegan	*organic*	6x130g	12.55		*2.79*	**392133**									
❒	Basil & Chilli Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392165**									
❒	Chilli & Garlic Pesto - Vegan	*organic*	6x130g	12.55		*2.79*	**392129**									
❒	Grilled Pepper Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392167**									
❒	Sundried Tomato Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392134**									
❒	Tomato Olive Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392126**									
⁂	Aubergine Ragu Pasta Sauce	*organic*	6x350g	14.80		*3.29*	**392162**									
	Basilico Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392135**									
	Bolognese Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392137**									
⁂	Basilico Smooth Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392172**									
⁂	Bolognese Smooth Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392173**									
	Cherry Tomato Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392138**									
	Chilli Arrabbiata Pasta Sauce	*organic*	6x350g	13.90		*3.09*	**392139**									
	Lasagne Sauce - Dairy Free	*organic*	6x350g	14.80		*3.29*	**392182**									
⁂	Mushroom Ragu Pasta Sauce	*organic*	6x350g	14.80		*3.29*	**392183**									
	Roast Garlic Pasta Sauce - no added sugar	*organic*	6x350g	13.90		*3.09*	**392151**									
	Capers & Olives Pasta Sauce - no added sugar	*organic*	6x350g	13.90		*3.09*	**392152**									
	Kids' Veggie Pasta Sauce - carrot sweet potato courgette	*organic*	6x200g	10.75		*2.39*	**392187**									
	Kids' Veggie Pasta Sauce - tomato carrot parsnip	*organic*	6x200g	10.75		*2.39*	**392188**									
	Ketchup	*organic*	6x480g	15.70		*3.49*	**392142**									
	Chilli Ketchup	*organic*	6x480g	17.05		*3.79*	**392146**									
	Ketchup - Naturally sweetened (apple juice)	*organic*	6x480g	17.05		*3.79*	**392148**									
	Passata - lge	*organic*	12x690g	21.50		*2.39*	**392143**									
	Passata - sml	*organic*	6x400g	8.50		*1.89*	**392144**									
	Passata - with mixed herbs	*organic*	6x400g	11.20		*2.49*	**392158**									
	Passata - with chilli & garlic	*organic*	6x400g	11.20		*2.49*	**392159**									
	Passata Rustica	*organic*	12x690g	22.40		*2.49*	**392145**									
	Passata With Fresh Basil	*organic*	12x690g	21.50		*2.39*	**392153**									
▲	Tomato Purée - jar	*organic*	6x200g	10.75		*2.39*	**392149**									
❒	Flavour Paste - Tomato & Garlic	*organic*	6x200g	9.10		*2.02*	**392168**									
❒	Flavour Paste - Tomato & Pepper	*organic*	6x200g	9.10		*2.02*	**392169**									
❒	Flavour Paste - Tomato & Vegetable	*organic*	6x200g	9.10		*2.02*	**392171**									
	Tomato & Olive Bruschetta Topping	*organic*	6x190g	12.10		*2.69*	**392161**									
	Tomato & Onion Bruschetta Topping	*organic*	6x190g	12.10		*2.69*	**392163**									
	⁂ ***Mr Organic - high protein - vegan***															
	Lentil Ragu	*organic*	6x350g	14.80		*3.29*	**392154**									
	Seitan Ragu	*organic*	6x350g	14.80		*3.29*	**392155**									
	Tofu Ragu	*organic*	6x350g	14.80		*3.29*	**392160**									
	⁂ ***Mrs Mack's***															
	Poppy Seed Dressing	*organic*	1x200ml	4.00		*5.35*	**392270**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
⁜ ***Organico Italian Sauces***															
Red Pepper & Balsamic Pasta Sauce (Milanese)	*organic*	6x360g	15.75		*3.50*	**393055**									
Olive Chilli & Garlic Pasta Sauce (Sicilian)	*organic*	6x360g	16.40		*3.65*	**393060**									
Wine & Porcini Pasta Sauce	*organic*	6x360g	15.75		*3.50*	**393065**									
⁜ ***Organico - Pesto - Raw***															
Vegan Green Pesto	*organic*	6x120g	14.60		*3.24*	**393071**									
Vegan Red Pesto	*organic*	6x120g	15.50		*3.44*	**393073**									
⁜ ***Organico Tuscan Sauces***															
Tomato & Basil Pasta Sauce	*organic*	6x300g	17.75		*3.95*	**393075**									
⁜ ***Seggiano - Vegan***															
Cavalo Nero Black Kale Pesto		6x200g	30.40		*6.76*	**392582**									
Raw Basil Pesto Genovese		12x200g	60.80		*6.76*	**392584**									
Tomato Pesto Rosso		12x200g	60.80		*6.76*	**392586**									
Wild Fennel Tomato Pesto		6x220g	24.00		*5.33*	**392588**									
Arrabbiata Pasta Sauce	*organic*	6x350g	15.20		*3.38*	**392598**									
Basilico Pasta Sauce	*organic*	6x350g	15.20		*3.38*	**392600**									
Marinara Pasta Sauce	*organic*	6x350g	15.20		*3.38*	**392602**									
Melanzane Aubergine Pasta Sauce	*organic*	6x350g	15.20		*3.38*	**392603**									
Puttanesca Pasta Sauce	*organic*	6x350g	15.20		*3.38*	**392604**									
Salsa Sicilian Cherry Tomatoes	*organic*	12x330g	24.00		*2.67*	**392606**									
⁜ ***Source Foods***															
Dulse, Sea Spaghetti, Tarragon Mustard		5x170g	11.00		*2.93*	**392630**									
Mexican Chilli Miso Mustard		5x170g	11.00		*2.93*	**392632**									
Miso Mustard		5x170g	11.00		*2.93*	**392634**									
⁜ ***Suma***															
Tomato Purée in Tubes	*organic*	24x200g	34.00		*1.89*	**392740**									
Mayonnaise - egg	*organic*	6x300g	20.70		*4.60*	**392742**									
⁜ ***Sunita***															
Pesto Genovese - vegan	*organic*	6x130g	16.35		*3.64*	**393010**									
Pesto Rosso - vegan	*organic*	6x130g	16.35		*3.64*	**393012**									
⁜ ***The Real Organic Foods Co. - jars - www.realorganic.co.uk***															
Arrabbiata Pasta Sauce	*organic*	6x350g	17.75		*3.94*	**394205**									
Mushroom & Red Wine Pasta Sauce	*organic*	6x350g	17.75		*3.94*	**394207**									
Tomato, Pepper & Herb Pasta Sauce	*organic*	6x350g	17.75		*3.94*	**394210**									
Sicilian Tomato & Olive Pasta Sauce	*organic*	6x350g	17.75		*3.94*	**394215**									
⁜ ***The Real Organic Foods Co. - jars - www.realorganic.co.uk***															
Jalfrezi Cooking Sauce	*organic*	6x350g	20.20		*4.49*	**394230**									
Korma Cooking Sauce	*organic*	6x350g	20.20		*4.49*	**394235**									
Rogan Josh Cooking Sauce	*organic*	6x350g	20.20		*4.49*	**394240**									
Tikka Balti Cooking Sauce	*organic*	6x350g	20.20		*4.49*	**394245**									
⁜ ***The Real Organic Foods Co. - jars - www.realorganic.co.uk***															
Thai Green Curry Sauce	*organic*	6x350g	21.35		*4.77*	**394260**									
Thai Red Curry Sauce	*organic*	6x350g	21.35		*4.77*	**394265**									
Thai Yellow Curry Sauce	*organic*	6x350g	21.35		*4.77*	**394270**									
⁜ ***Tropical Wholefoods - dried***															
Porcini/Ceps Mushrooms		6x30g	22.80		*5.08*	**393810**									
Shiitake Mushrooms		6x50g	17.45		*3.89*	**393815**									
⁜ ***Westcountry Spice organic vegan gluten-free - cooking pastes in a card box***															
Korma Curry Paste	*organic*	6x46g	12.85		*3.29*	**394305**									
Madras Curry Paste	*organic*	6x46g	12.85		*3.29*	**394307**									
Sumatran Satay Paste	*organic*	6x46g	12.85		*3.29*	**394309**									
Tandoori Curry Paste	*organic*	6x46g	12.85		*3.29*	**394306**									
Tikka Curry Paste	*organic*	6x46g	12.85		*3.29*	**394310**									
Thai Green Curry Paste	*organic*	6x46g	12.85		*3.29*	**394312**									
Thai Red Curry Paste	*organic*	6x46g	12.85		*3.29*	**394315**									
Moorish Curry Paste (Moroccan)	*organic*	6x46g	12.85		*3.29*	**394320**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	⁜ ***Westcountry Spice organic vegan gluten-free sauces***															
	Burst Relish - gluten-free	*organic*	6x200g	15.50		*3.99*	**394321**									
	Fischy Sauce - gluten-free	*organic*	6x150ml	15.50		*3.99*	**394322**									
	Hoisin Sauce - gluten-free	*organic*	6x175g	15.50		*3.99*	**394324**									
	Hot Snap Relish - gluten-free	*organic*	6x200g	15.50		*3.99*	**394325**									
	Ketjap Manis Sweet Soy Sauce	*organic*	6x150ml	15.50		*3.99*	**394326**									
	Kimchi Hot Sauce - gluten-free	*organic*	6x156g	15.50		*3.99*	**394328**									
	Smoky BBQ Sauce - gluten-free	*organic*	6x150ml	15.50		*3.99*	**394329**									
	Sriracha Hot Sauce - gluten-free	*organic*	6x150ml	15.50		*3.99*	**394332**									
	Sweet Thai Chilli Dipping Sauce	*organic*	6x175g	15.50		*3.99*	**394334**									
	Tamari Soy Sauce - gluten-free	*organic*	6x150ml	15.50		*3.99*	**394336**									
	Tomato Sauce - gluten-free	*organic*	6x250g	15.50		*3.99*	**394337**									
	Worcester Sauce - gluten-free	*organic*	6x150ml	15.50		*3.99*	**394340**									
	⁜ ***Yakso***															
	Chilli Sauce - sweet dipping	*organic*	6x240ml	14.85		*3.30*	**395305**									
	⁜ ***Zest Foods - vegan sauces***															
	On offer are Zest vegan sauces, the pricing below represents a discount of 33%.															
❒	Basil & Oregano Pasta Sauce		6x340g	8.60		*1.91*	**395515**									
❒	Spinach Mushroom & Ric***a Sauce with lentils		6x340g	13.15		*2.92*	**395517**									
❒	Tomato Fiery Chilli Pasta Sauce		6x340g	8.60		*1.91*	**395510**									
❒	Tomato & Mas***pone Sauce with coconut		6x340g	13.15		*2.92*	**395516**									
❒	Tom, Mushroom, Smoke Garlic Pasta Sauce		6x340g	8.60		*1.91*	**395520**									
❒	Tom, Mushroom, Green Pepper Pasta Sauce		6x340g	8.60		*1.91*	**395525**									
❒	Sun-dried Tomato Paste		6x170g	9.30		*2.07*	**395530**									
❒	Basil Vegan Pesto - lge		6x340g	15.90		*3.53*	**395555**									
❒	Basil Vegan Pesto - sml		6x165g	9.30		*2.07*	**395560**									
❒	Coriander, Basil & Hazel Pesto-style Sauce		6x165g	9.30		*2.07*	**395552**									
❒	Red Vegan Pesto		6x165g	9.30		*2.07*	**395553**									
	■ Convenience Foods															
	⁜ ***Amaizin - cans***															
◆	Aduki Beans	*organic*	6x400g	10.00		*2.22*	**440501**									
◆	Baked Beans	*organic*	6x400g	10.90		*2.42*	**440503**									
◆	Black Beans	*organic*	6x400g	9.15		*2.03*	**440505**									
◆	Feijoada Beans - black beans in spiced sauce	*organic*	6x400g	9.95		*2.21*	**440506**									
◆	Mixed Beans with corn - small	*organic*	12x200g	13.55		*1.51*	**440508**									
◆	Red Kidney Beans in Chilli Sauce	*organic*	6x400g	12.85		*2.86*	**440510**									
◆	Taco Bean Mix - in spicy sauce	*organic*	6x400g	9.20		*2.05*	**440511**									
	⁜ ***Amisa - gluten-free - Vegan***															
	Gluten-free Pancake Mix	*organic*	6x2x180g	18.85		*4.19*	**440637**									
	Gluten-free Falafel Mix	*organic*	6x160g	12.10		*2.69*	**440655**									
	⁜ ***Artisan Grains/Natures Kitchen - Vegan***															
	Beetroot & Chilli Falafel Mix - gluten free		6x150g	8.30		*1.84*	**440766**									
	Pumpkin & Quinoa Falafel Mix - gluten free		6x150g	8.30		*1.84*	**440768**									
	Supergreens Falafel Mix - gluten free		6x150g	8.30		*1.84*	**440770**									
	Veggie Burger Mix - Sweet Chilli - Gluten-free		6x200g	12.65		*2.81*	**440771**									
	Veggie Burger Mix - Moroccan Spiced - Gluten-free		6x200g	12.65		*2.81*	**440772**									
	Cashew & Cranberry Nut Roast - gluten-free		6x200g	14.50		*3.22*	**440773**									
	Country Veg & Cashew Nut Roast		6x200g	14.20		*3.16*	**440775**									
	Mediterranean Sundried Tomato Nut Roast		6x200g	14.20		*3.16*	**440776**									
	Bombay Lentil Loaf - nut-free, gluten-free		6x175g	12.85		*2.86*	**440763**									
	Mexican Bean Bake - nut-free, gluten-free		6x175g	12.85		*2.86*	**440764**									
	Green Wheat Freekeh		1.5kg	9.65	6.43		**440778**									
	Green Wheat Freekeh		6x200g	9.20		*2.05*	**440780**									
	⁜ ***Better Than - konnyaku flour - gluten-free***															
	Noodles	*organic*	6x385g	13.45		*2.99*	**440790**									
	Rice	*organic*	6x385g	13.45		*2.99*	**440792**									
	Spaghetti	*organic*	6x385g	13.45		*2.99*	**440795**									
	Tagliatelle	*organic*	6x385g	13.45		*2.99*	**440796**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Biona - tinned beans & pulses***															
	Aduki Beans in tins	*organic*	6x400g	7.60		*1.69*	**390122**									
◆	Baked Beans in tins	*organic*	12x400g	15.20		*1.69*	**390099**									
	Baked Giant Beans in tins	*organic*	6x230g	10.30		*2.29*	**390143**									
	Black Beans - in tins 4-Pack	*organic*	6x4x400g	24.70		*5.49*	**390234**									
	Black Beans - BPA-free can	*organic*	6x400g	6.25		*1.39*	**390121**									
	Black Beluga Lentils in tins	*organic*	6x400g	6.70		*1.49*	**390124**									
	Black Chickpeas - BPA-free can	*organic*	6x400g	6.25		*1.39*	**390126**									
	Borlotti Beans - BPA-free can	*organic*	6x400g	7.15		*1.59*	**390127**									
▲	Brown Lentil Curry - BPA-free can	*organic*	6x400g	9.85		*2.19*	**390120**									
	Butter Beans in tins	*organic*	6x400g	7.60		*1.69*	**390142**									
	Cannellini Beans - BPA-free can	*organic*	6x400g	6.70		*1.49*	**390136**									
	Chickpeas in tins 4-Pack	*organic*	6x4x400g	24.70		*5.49*	**390236**									
	Chickpeas in tins	*organic*	6x400g	6.70		*1.49*	**390145**									
◆	Chilli Black Beans - BPA-free can	*organic*	6x410g	7.60		*1.69*	**390146**									
	Chilli Con Quinoa - BPA-free can	*organic*	6x400g	14.80		*3.29*	**390144**									
◆	Chilli Red Kidney Beans in tins	*organic*	6x395g	7.60		*1.69*	**390149**									
	Edamame Beans tinned in Brine	*organic*	12x200g	19.70		*2.19*	**390154**									
	Five Bean Salad - in a vinaigrette - BPA-free can	*organic*	6x410g	7.60		*1.69*	**390232**									
	Flageolet Beans in tins	*organic*	6x400g	8.50		*1.89*	**390238**									
	Garden Peas Freshly Canned	*organic*	6x340g	10.30		*2.29*	**390156**									
	Green Lentils in tins	*organic*	6x400g	6.25		*1.39*	**390147**									
	Haricot Beans in tins	*organic*	6x400g	6.25		*1.39*	**390151**									
	Pinto Beans in tins	*organic*	6x400g	7.15		*1.59*	**390148**									
◆	Refried Pinto Beans in tins	*organic*	12x410g	21.50		*2.39*	**390183**									
	French Lentils Vert in tins	*organic*	6x400g	6.70		*1.49*	**390153**									
	Red Kidney Beans in tins	*organic*	6x400g	6.70		*1.49*	**390150**									
	Mixed Beans in tins	*organic*	6x400g	6.70		*1.49*	**390152**									
	❊ ***Biona - beans in jars***															
	Jar Black Beans	*organic*	6x350g	8.95		*1.99*	**350608**									
	Jar Broad Beans	*demeter*	6x350g	11.20		*2.49*	**390155**									
▲	Jar Chickpeas	*organic*	6x350g	8.95		*1.99*	**390157**									
	Jar Flageolet	*organic*	6x350g	11.65		*2.59*	**390160**									
	Jar Haricot Beans	*organic*	6x350g	8.95		*1.99*	**390163**									
	Jar Mixed Beans	*organic*	6x350g	8.95		*1.99*	**390162**									
	Jar Red Kidney Beans	*organic*	6x350g	9.40		*2.09*	**390165**									
	Jar Brown Lentils	*organic*	6x360g	8.95		*1.99*	**390166**									
	❊ ***Biona - Ambient Long Life Soya in jar***															
	Plain Tofu - 250g drained weight	*organic*	6x500g	22.45		*4.99*	**390177**									
	Tempeh - 175g drained weight	*organic*	6x400g	19.75		*4.39*	**390178**									
	❊ ***Biona - Ambient Seitan in jar***															
	Seitan Pieces in ginger & soya Sauce	*organic*	6x350g	24.70		*5.49*	**390185**									
	❊ ***Bonsan Jackfruit***															
	Smoky Shredded Jackfruit	*organic*	12x200g	35.90		*3.99*	**390222**									
	❊ ***Free & Easy Ready Meals - vegan - gluten-free - can***															
	Bean Cassoulet	*organic*	6x400g	14.35		*3.19*	**441075**									
	Chickpea & Bean Tagine	*organic*	6x400g	14.35		*3.19*	**441077**									
	Chickpea & Vegetable Curry	*organic*	6x400g	14.35		*3.19*	**441080**									
	Middle Eastern Chickpea Casserole	*organic*	6x400g	14.35		*3.19*	**441081**									
	Sweet Potato Coconut & Kale Curry	*organic*	6x400g	14.35		*3.19*	**441083**									
	Three Bean Chilli	*organic*	6x400g	14.35		*3.19*	**441082**									
	Vegetable Balti	*organic*	6x400g	14.35		*3.19*	**441085**									
	Vegetable Hot Pot	*organic*	6x400g	14.35		*3.19*	**441087**									
	❊ ***Free & Easy gluten-free, vegan Baking Mixes***															
	Breakfast Pancake Mix		4x230g	10.70		*3.57*	**441090**									
	Middle Eastern Flatbread Mix		4x250g	10.15		*3.38*	**441092**									
	Yorkshire Pudding Mix		4x155g	8.85		*2.95*	**441098**									
	❊ ***Free & Easy Sauce Mixes - vegan***															
	Dairy Free Cheese Flavour Sauce Mix		6x130g	12.80		*2.84*	**441110**									
	Gluten-free Gravy Sauce Mix		6x130g	10.75		*2.39*	**441115**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Free & Easy - canned Organic Soups***															
	Broccoli & Kale Soup	*organic*	6x400g	10.75		*2.39*	**441120**									
◆	Butternut Squash & Ginger Soup	*organic*	6x400g	10.75		*2.39*	**441122**									
	Carrot & Coconut Soup	*organic*	6x400g	10.75		*2.39*	**441125**									
	Lentil & Red Pepper Soup	*organic*	6x400g	10.75		*2.39*	**441127**									
◆	Pea & Mint Soup	*organic*	6x400g	10.75		*2.39*	**441130**									
◆	Sweet Potato & Chia Seed Soup	*organic*	6x400g	10.75		*2.39*	**441132**									
◆	Tomato Soup	*organic*	6x400g	10.75		*2.39*	**441135**									
	❊ ***Free & Easy - canned Low Salt Organic Soups***															
	Broccoli & Kale Soup - low salt	*organic*	6x400g	10.75		*2.39*	**441138**									
	Butternut Squash, Sweet Potato & Turmeric Soup - LS	*organic*	6x400g	10.75		*2.39*	**441140**									
	Carrot & Coriander Soup - low salt	*organic*	6x400g	10.75		*2.39*	**441142**									
	Sweet Potato & Quinoa Soup - low salt	*organic*	6x400g	10.75		*2.39*	**441144**									
	❊ ***Geo - canned legumes***															
	Edamame Beans - in water		6x400g	12.85		*2.86*	**444205**									
	Black Beluga Lentils - in water	*organic*	6x400g	12.85		*2.86*	**444215**									
	❊ ***Geo Organics - cans - Vegan***															
	Bombay Potatoes	*organic*	6x400g	15.05		*3.35*	**444230**									
	Chickpea & Apricot Tagine	*organic*	6x400g	14.20		*3.16*	**444232**									
	Chick Pea & Lentil Dahl	*organic*	6x400g	12.85		*2.86*	**444234**									
	Coconut & Kale Dahl	*organic*	6x400g	13.75		*3.06*	**444236**									
	Moroccan Chickpea Tagine	*organic*	6x400g	14.20		*3.16*	**444240**									
	Tadka Dahl	*organic*	6x400g	12.85		*2.86*	**444241**									
	❊ ***Granose***															
	Sosmix		10kg	69.81	6.98		**441050**									
	❊ ***Hodmedod's - Great British Beans in tins***															
	Carlin Peas	*organic*	12x400g	16.10		*1.79*	**441207**									
	Fava Beans (broad beans)	*organic*	12x400g	16.15		*1.79*	**441215**									
	Vaal Dhal (broad beans in mild sauce)	*organic*	12x400g	17.80		*1.98*	**441210**									
	❊ ***It's Soya Good - TVP***															
	Soya Mince	*organic*	6x200g	16.85		*3.75*	**441905**									
	Soya Chunks	*organic*	6x150g	16.85		*3.75*	**441907**									
	❊ ***Just Wholefoods - vegan - Organic World Mixes***															
◆	Falafel Mix	*organic*	6x120g	10.00		*2.22*	**442505**									
	❊ ***Just Wholefoods - vegan***															
◆	Brownie Mix - vegan	*organic*	6x318g	20.75		*4.61*	**442488**									
◆	Energy Ball Mix - vegan	*organic*	6x140g	14.45		*3.21*	**442490**									
◆	Matcha Pancake Mix - vegan	*organic*	6x188g	14.45		*3.21*	**442496**									
◆	Pancake Mix - vegan	*organic*	6x185g	14.45		*3.21*	**442500**									
	❊ ***La Bio Idea - cans***															
	Beluga Lentils - small	*organic*	12x200g	15.35		*1.71*	**442661**									
	Borlotti Beans	*organic*	6x400g	9.40		*2.09*	**442662**									
	Fagioli Toscani - braised cannellini in tomato sauce	*organic*	6x400g	9.95		*2.21*	**440512**									
	Butter Beans	*organic*	6x400g	10.15		*2.26*	**442665**									
	Cannellini Beans	*organic*	6x400g	9.45		*2.10*	**442667**									
	Chickpeas	*organic*	6x400g	8.35		*1.86*	**442670**									
	Chickpeas - small	*organic*	12x200g	12.40		*1.38*	**442671**									
	Brown Lentils	*organic*	6x400g	8.95		*1.99*	**442672**									
	Green Dupuis Lentils	*organic*	6x400g	10.90		*2.42*	**442673**									
	Mixed Beans	*organic*	6x400g	9.00		*2.00*	**442675**									
	Red Kidney Beans	*organic*	6x400g	9.45		*2.10*	**442677**									
	Red Kidney Beans - small	*organic*	12x200g	12.25		*1.36*	**442678**									
	❊ ***Marigold***															
	Braised Tofu - canned		12x225g	33.75		*3.75*	**410502**									
	Mo-Du Braised Sliced Seitan - canned		12x225g	28.35		*3.15*	**410490**									
	Tempeh Slices - canned		6x280g	16.40		*3.64*	**410492**									
	Tunah - Soya Bean - canned		12x170g	35.90		*3.99*	**410494**									

	Description		size	price	£/unit	RRP	code
	❊ ***Mr Organic - ring-pull cans***						
	"Mixed Beans" - red kidney, cannellini & butter beans, chickpeas						
◆	Aduki Beans	*organic*	12x400g	13.40		*1.49*	**442748**
◆	Baked Beans	*organic*	12x400g	14.30		*1.59*	**442750**
◆	BBQ Baked Beans	*organic*	12x400g	16.10		*1.79*	**442751**
◆	Beluga Lentils	*organic*	12x400g	13.40		*1.49*	**442753**
◆	Black Beans	*organic*	12x400g	12.50		*1.39*	**442752**
◆	Borlotti Beans	*organic*	12x400g	13.40		*1.49*	**442755**
◆	Brazilian Style Black Beans	*organic*	12x400g	18.80		*2.09*	**442756**
◆	Cannellini Beans	*organic*	12x400g	13.40		*1.49*	**442757**
◆	Chickpeas	*organic*	12x400g	12.50		*1.39*	**442760**
◆	Chilli Mixed Beans	*organic*	12x400g	16.10		*1.79*	**442761**
◆	Butter Beans	*organic*	12x400g	14.30		*1.59*	**442762**
◆	Greek Style Butter Beans	*organic*	12x400g	18.80		*2.09*	**442764**
◆	Haricot Beans	*organic*	12x400g	13.40		*1.49*	**442763**
◆	Italian Style Cannellini Beans	*organic*	12x400g	18.80		*2.09*	**442768**
◆	Lentils - green	*organic*	12x400g	13.40		*1.49*	**442765**
◆	Low Sugar Baked Beans	*organic*	12x400g	16.10		*1.79*	**442766**
◆	Mexican Style Beans & Corn	*organic*	12x400g	18.80		*2.09*	**442769**
◆	Mixed Beans	*organic*	12x400g	14.30		*1.59*	**442767**
◆	Moroccan Style Chickpeas	*organic*	12x400g	18.80		*2.09*	**442772**
◆	Red Kidney Beans	*organic*	12x400g	13.40		*1.49*	**442770**
◆	Black Bean Vegetable Soup	*organic*	12x400g	18.80		*2.09*	**442774**
◆	Spicy Mixed Bean Soup	*organic*	12x400g	18.80		*2.09*	**442771**
◆	Tomato & Basil Soup	*organic*	12x400g	18.80		*2.09*	**442776**
◆	Tomato & Lentil Soup	*organic*	12x400g	18.80		*2.09*	**442773**
	❊ ***Mr Organic - Gnocchi & Filled Pasta - vegan***						
	Gnocchi - gluten-free	*organic*	8x350g	20.95		*3.49*	**442800**
	Porcini Tortellini	*organic*	10x250g	30.75		*4.10*	**442804**
	Red Pepper Tortelloni	*organic*	10x250g	30.75		*4.10*	**442802**
	Vegetable Tortellini	*organic*	10x250g	30.75		*4.10*	**442806**
	Vegan Formaggio Ravioli	*organic*	10x250g	30.75		*4.10*	**442808**
	❊ ***Organico***						
	Please note, the labels state that "May contain traces of shellfish, fish & milk".						
	Asparagus Risotto	*organic*	8x250g	27.00		*4.50*	**443712**
	Porcini Risotto	*organic*	8x250g	27.00		*4.50*	**443720**
	❊ ***Orgran - gluten-free & vegan***						
	Buckwheat Pancake Mix		8x375g	29.90		*4.98*	**443750**
	❊ ***Profusion gluten-free, vegan***						
	Protein Chunks - Pea & Fava	*organic*	12x125g	34.10		*3.79*	**443764**
	Protein Mince - Pea & Fava	*organic*	12x125g	34.10		*3.79*	**443766**
	Protein Shreds - Pea & Fava	*organic*	12x150g	34.10		*3.79*	**443767**
	❊ ***RIFCo - Really Interesting Food Company - vegan gluten-free***						
	Balinese Lentil & Red Pepper Soup	*organic*	6x400g	10.75		*2.39*	**443780**
	Mexican Bean Soup	*organic*	6x400g	10.75		*2.39*	**443782**
	Moroccan Chickpea Soup	*organic*	6x400g	10.75		*2.39*	**443784**
	Thai Green Curry	*organic*	6x400g	14.60		*3.24*	**443786**
	Spanish Chickpea Casserole	*organic*	6x400g	14.60		*3.24*	**443788**
	Sri Lankan Lentil & Coconut Soup	*organic*	6x400g	10.75		*2.39*	**443790**
	Thai Temple Curry	*organic*	6x400g	14.60		*3.24*	**443792**
	❊ ***Steenbergs***						
	Cranberry & Apple Stuffing	*organic*	4x130g	8.80		*2.93*	**792330**
	Herby Lemon Stuffing	*organic*	4x130g	6.65		*2.22*	**792332**
	Sage & Onion Stuffing - gluten-free		4x130g	5.85		*1.95*	**792338**
	❊ ***Suma - Baked Beans and canned meals***						
	On offer are selected Suma organic baked beans, the pricing marked ❒ below represents a discount of 15%						
	Aloo Sag - Potatoes & Spinach	*organic*	12x400g	27.80		*3.09*	**444489**
❒	Baked Beans	*organic*	12x400g	10.60		*1.18*	**444490**
❒	Baked Beans - Low Sugar	*organic*	12x400g	10.60		*1.18*	**444491**
	Baked Beans - catering size	*organic*	6x2.65kg	34.00		*7.56*	**444495**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Baked Beans & Lincoln Vegan Sausages		12x400g	23.85		2.65	444492									
	Chickpea & Lentil Daal	organic	12x400g	21.15		2.35	444496									
	Mac 'N' Cheeze		12x400g	24.20		2.69	444493									
	Vegan Meatball Bolognese		12x400g	27.00		3.00	444498									
	Ravioli in a Creamy Mushroom Sauce - vegan	organic	6x400g	13.25		2.94	444497									
	Ravioli with Tomato & Ricotta	organic	6x400g	13.25		2.94	444501									
	Ravioli with Vegetable Sauce - vegan	organic	6x400g	12.80		2.84	444502									
	Vegan Spaghetti Bolognese		12x400g	23.85		2.65	444509									
	Spicy Chorizo Vegan Stew		12x400g	20.00		2.22	444503									
	Vegetable Stew & Dumplings		12x400g	22.40		2.49	444504									
	⁂ ***Suma - Beans & Pulses easy-open cans***															
	On offer are selected Suma organic beans & pulses, the pricing marked ❒ below represents a discount of 15%.															
	Aduki Beans	organic	12x400g	10.35		1.15	445503									
	Black Beans	organic	12x400g	10.35		1.15	444596									
❒	Catering size Black Beans	organic	6x2.6kg	18.15		4.03	444598									
	Black Chickpeas	organic	12x400g	10.35		1.15	444506									
	Borlotti Beans	organic	12x400g	10.35		1.15	445506									
❒	Brown Lentils	organic	12x400g	8.80		0.98	445509									
	Butter Beans	organic	12x400g	10.70		1.19	445507									
	Cannellini Beans	organic	12x400g	10.35		1.15	445508									
	Chickpeas	organic	12x400g	10.35		1.15	445510									
▲	Catering size Chickpeas	organic	6x2.6kg	21.35		4.74	445511									
	Green Lentils	organic	12x400g	10.35		1.15	445512									
	Haricot Beans	organic	12x400g	10.35		1.15	445513									
	Mixed Beans	organic	12x400g	10.35		1.15	445514									
❒	Pinto Beans	organic	12x400g	8.80		0.98	444518									
	Red Kidney Beans	organic	12x400g	10.70		1.19	445505									
	⁂ ***Suma Canned from Fresh - Beans & Pulses easy-open cans***															
	Borlotti Beans Fresh	organic	12x400g	15.75		1.75	445600									
	Cannellini Beans Fresh	organic	12x400g	15.75		1.75	445601									
	Chickpeas Fresh	organic	12x400g	15.75		1.75	445602									
◆	Edamame Fresh	organic	12x200g	15.20		1.69	445603									
◆	Flageolet Fresh	organic	12x200g	13.40		1.49	445605									
	Peas Fresh	organic	12x340g	15.75		1.75	445604									
	⁂ ***Suma - soup in easy-open cans***															
	*New from Suma vegan **Chik'n Soup**, with coconut cream and vegan chicken-style pieces made with soya and wheat protein. Ideal for a quick, filling lunch, made in the UK and packaged in an easy-open tin.*															
⁂	Chik'n Soup		12x400g	20.25		2.25	445585									
	Minestrone Soup	organic	12x400g	20.60		2.29	445586									
	Mushroom Soup	organic	12x400g	21.48		2.39	445587									
	Pea Soup	organic	12x400g	20.60		2.29	445589									
	Pea & Vegan Ham Soup		12x400g	20.25		2.25	445591									
	Rustic Vegetable Soup	organic	12x400g	20.60		2.29	445590									
	Spicy Lentil Soup	organic	12x400g	19.35		2.15	445594									
	Tomato Soup	organic	12x400g	19.35		2.15	445597									
	Tuscan Bean Soup	organic	12x400g	18.80		2.09	445598									
	⁂ ***Sunita***															
	Polenta - ready to eat	organic	6x500g	8.45		1.88	445703									
	⁂ ***Sun & Seed - bread mixes - gluten-free***															
	Focaccia Mix - rosemary & thyme	organic	12x300g	37.50		4.17	445730									
	Focaccia Mix - tomato & oregano	organic	12x300g	37.50		4.17	445732									
	Gluten Free Bread Mix	organic	12x300g	37.50		4.17	445734									
	⁂ ***Yakso***															
	Tempeh	organic	6x175g	17.15		3.82	446030									

■ Baby & Children's Food and Baby Products

	Description		size	price	£/unit	RRP	code
	❊ ***Beaming Baby***						
	Free Helpline 0800 0345672						
	1 - Mini Bamboo Nappies (2-6kg)	*organic*	4x32p	37.45		*12.48*	**471192**
	2 - Midi Bamboo Nappies (5-8kg)	*organic*	4x30p	37.45		*12.48*	**471194**
	3 - Maxi Bamboo Nappies (7-11kg)	*organic*	4x26p	37.45		*12.48*	**471196**
	4 - Maxi Plus Bamboo Nappies (9-15kg)	*organic*	4x24p	37.45		*12.48*	**471198**
	5 - Junior Bamboo Nappies (15-19kg)	*organic*	4x22p	37.45		*12.48*	**471200**
	6 - XL Bamboo Nappies (16+kg)	*organic*	4x20p	37.45		*12.48*	**471202**
	1 - Mini Nappies (2-6kg)		8x22p	35.90		*5.99*	**471205**
	2 - Midi Nappies (5-8kg)		4x38p	37.45		*12.49*	**471207**
	3 - Maxi Nappies (7-11kg)		5x33p	46.80		*12.49*	**471210**
	4 - Maxi Plus Nappies (9-15kg)		5x29p	44.95		*11.99*	**471212**
	5 - Junior Nappies (15+kg)		5x25p	43.05		*11.49*	**471215**
	6 - XL Nappies (16+kg)		5x21p	41.20		*10.99*	**471217**
	Nappy Liners - roll		1x100p	4.25		*6.36*	**471445**
	Fragranced Degradable Nappy Sacks - box		10x60bags	19.45	V	*3.48*	**471450**
	Degradable Nappy Sacks - box - No Fragrance		10x60bags	19.45	V	*3.48*	**471452**
▼	Bamboo Baby Wipes	*organic*	12x80wipes	26.05	V	*3.89*	**471454**
	Baby Wipes - sensitive	*organic*	12x72wipes	33.40	V	*4.99*	**858150**
	Unfragranced Baby Wipes	*organic*	12x72wipes	33.40	V	*4.99*	**858152**
	❊ ***Bio-D***						
	Nappy Fresh - nappy sanitizer		12x500g	23.95	V	*3.21*	**830570**
	❊ ***Earth Conscious - vegan***						
	Natural Baby Balm		6x60g	26.85	V	*7.99*	**851008**
	❊ ***Ella's Kitchen - First Taste range - 4 months plus - pouches***						
	Apples Apples Apples	*organic*	7x70g	7.00		*1.33*	**470870**
	Bananas Bananas Bananas	*organic*	7x70g	7.00		*1.33*	**470872**
	Carrots Carrots Carrots	*organic*	7x70g	7.00		*1.33*	**470871**
	Mangoes Mangoes Mangoes	*organic*	7x70g	7.00		*1.33*	**470875**
	Pears Pears Pears	*organic*	7x70g	7.00		*1.33*	**470877**
	Prunes Prunes Prunes	*organic*	7x70g	7.00		*1.33*	**470878**
	Sweet Potato Sweet Potato	*organic*	7x70g	7.00		*1.33*	**470880**
	❊ ***Ella's Kitchen - baby food - 4 months plus - pouches***						
	Apples & Bananas	*organic*	7x120g	8.30		*1.58*	**470930**
	Baby Rice Apple & Pear	*organic*	7x120g	8.30		*1.58*	**470931**
	Baby Rice Banana & Apricot	*organic*	7x120g	8.30		*1.58*	**470934**
	Banana Apple + Blueberry Baby Rice	*organic*	7x120g	8.30		*1.58*	**470929**
	Broccoli, Pear & Peas	*organic*	7x120g	8.30		*1.58*	**470932**
	Butternut Squash, Carrot, Apples and Prunes	*organic*	7x120g	8.30		*1.58*	**470933**
	Carrot, Apple & Parsnip	*organic*	7x120g	8.30		*1.58*	**470935**
	Mango, Pear & Papaya	*organic*	7x120g	8.30		*1.58*	**470949**
	Peaches and Bananas	*organic*	7x120g	8.30		*1.58*	**470936**
	Red Pepper, Sweet Potato & Apple	*organic*	7x120g	8.30		*1.58*	**470952**
	Strawberries and Apples	*organic*	7x120g	8.30		*1.58*	**470939**
	Sweet Potato, Pumpkin, Apple & Blueberry	*organic*	7x120g	8.30		*1.58*	**470938**
	Sweet Potato, Broccoli & Carrots	*organic*	7x120g	8.30		*1.58*	**470940**
	❊ ***Ella's Kitchen - stages 1+2+3 - 6 months plus***						
	Banana Baby Brekkie	*organic*	6x100g	7.70		*1.71*	**470967**
	Blueberry & Pear Brekkie	*organic*	6x100g	7.70		*1.71*	**470969**
	Mango Baby Brekkie	*organic*	6x100g	7.70		*1.71*	**470968**
	❊ ***Ella's Kitchen - 6 months+ - (min 3 months shelf life)***						
	Strawberry Greek Yoghurt	*organic*	6x90g	5.80		*1.29*	**470964**
	❊ ***Ella's Kitchen - main meal - stage 2 - 7 months plus***						
	Cheese Pie with veggies	*organic*	6x130g	9.70		*2.16*	**470977**
	Vegetable Bake with Lentils	*organic*	6x130g	9.70		*2.16*	**470985**
	❊ ***Ella's Kitchen - Dairy Free desserts - stage 6 - 7 months plus***						
	Dairy Free Rice Pudding Banana + Strawberry - GF	*organic*	6x80g	8.25		*1.83*	**470998**
	Dairy Free Pear & Fig Porridge	*organic*	6x100g	7.70		*1.71*	**470100**
	Dairy Free Banana Yogurt - gluten free	*organic*	6x90g	5.50		*1.22*	**470104**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
⁜	***Ella's Kitchen - desserts - stage 2 - 7 months plus***															
	Rice Pudding - Mango & Apple	*organic*	6x80g	8.25		*1.83*	**470986**									
⁜	***Ella's Kitchen - smoothie fruit - 6 months***															
	The Green One - Smoothie Fruit - singles	*organic*	12x90g	10.45		*1.16*	**470943**									
	The Green One - Smoothie Fruit - multi	*organic*	6x5x90g	25.20		*5.60*	**470944**									
	The Pink One - Smoothie Fruit - multi	*organic*	3x5x90g	12.60		*5.60*	**470953**									
	The Purple One - Smoothie Fruit - singles	*organic*	12x90g	10.45		*1.16*	**470945**									
	The Purple One - Smoothie Fruit - multi	*organic*	6x5x90g	25.20		*5.60*	**470947**									
	The Red One - Smoothie Fruit - singles	*organic*	12x90g	10.45		*1.16*	**470950**									
	The Red One - Smoothie Fruit - multi	*organic*	6x5x90g	25.20		*5.60*	**470955**									
	The White One - Smoothie Fruit - multi	*organic*	3x4x90g	10.80		*4.80*	**470954**									
	The Yellow One - Smoothie Fruit - singles	*organic*	12x90g	10.45		*1.16*	**470960**									
⁜	***Green People Baby Care - see "Toiletries"***															
⁜	***Lansinoh***															
	Organic Nipple Balm - glass jar	*organic*	6x60ml	63.55	V	*16.95*	**855316**									
	Post-Birth Relief Spray	*organic*	6x100ml	56.80	V	*15.15*	**472628**									
	Pre-Birth Preparation Oil	*organic*	6x50ml	49.25	V	*13.13*	**472630**									
⁜	***Natracare***															
	Organic Cotton Baby Wipes	*organic*	16x50p	42.85	V	*4.59*	**472635**									
⁜	***Organix Brands - from 7 months***															
◆	Banana & Plum Porridge	*organic*	4x200g	10.00		*3.33*	**470710**									
◆	Apple Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470820**									
◆	Banana Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470822**									
◆	Cherry Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470823**									
◆	Strawberry Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470824**									
◆	Summer Fruits Rice Cake Clouds	*organic*	6x40g	8.35		*1.86*	**470826**									
◆	Little Ruskits Baby Biscuits	*organic*	4x54g	7.25		*2.42*	**470833**									
◆	Melty Tomato Slices	*organic*	5x20g	3.25		*0.87*	**470857**									
◆	Melty Carrot Puffs	*organic*	8x20g	5.05		*0.84*	**470924**									
◆	Melty Sweetcorn Rings	*organic*	8x20g	5.05		*0.84*	**470926**									
◆	Banana Weaning Wands	*organic*	5x25g	6.15		*1.64*	**470976**									
◆	Strawberry Weaning Wands	*organic*	5x25g	6.15		*1.64*	**470978**									
⁜	***Organix - 12 months plus***															
◆	Raspberry & Apple Soft Oaty Bars - Multipack	*organic*	6x6x23g	16.45		*3.66*	**470856**									
◆	Carrot Cake Soft Oaty Bars - Multipack	*organic*	6x6x30g	16.45		*3.66*	**470864**									
◆	Choco Orange Soft Oaty Bars - Multipack	*organic*	6x6x23g	15.55		*3.46*	**470865**									
◆	Chunky Apple & Date Fruit Bars	*organic*	6x6x17g	15.90		*3.53*	**470881**									
◆	Chunky Banana & Date Fruit Bars	*organic*	6x6x17g	15.90		*3.53*	**470882**									
◆	Kids Cool Choco Mint Mini Flapjack Bites	*organic*	4x4x23g	12.30		*4.09*	**470866**									
◆	Kids Crazy Choco Orange Mini Flapjack Bites	*organic*	4x4x23g	11.25		*3.74*	**470869**									
◆	Kids Lemon & Lime Oaty Bars	*organic*	6x6x23g	16.95		*3.76*	**470873**									
◆	Kids Marvellous Mandarin & Apple Oaty Bars	*organic*	6x6x23g	16.95		*3.76*	**470874**									
◆	Raisins - box	*organic*	4x12x14g	9.70		*3.23*	**470884**									
◆	Alphabet Biscuits	*organic*	6x5x25g	13.55		*3.01*	**470906**									
◆	Farm Animal Biscuits	*organic*	5x100g	9.65		*2.57*	**470907**									
◆	Cocoa & Vanilla Gruffalo Biscuits	*organic*	3x5x20g	6.15		*2.73*	**470889**									
◆	Gingerbread Men - lge	*organic*	6x135g	13.60		*3.02*	**470909**									
◆	Mini Gingerbread Men	*organic*	8x20g	5.30		*0.88*	**470911**									
◆	Carrot Stix	*organic*	6x15g	2.50		*0.55*	**470914**									
◆	Cheese & Herb Corn Puffs	*organic*	6x15g	2.50		*0.55*	**470920**									
◆	Barbeque Gruffalo Claws	*organic*	3x4x15g	6.30		*2.79*	**470901**									
◆	Cheese & Onion Gruffalo Claws	*organic*	3x4x15g	6.30		*2.79*	**470905**									
◆	Melty Carrot Puffs multi pack	*organic*	4x4x18g	8.45		*2.81*	**470923**									
◆	Mini Cheese Cracker multipack	*organic*	3x4x20g	6.65		*2.95*	**470918**									
⁜	***Pip - pure Organic juice for kids - see "Organic Juices & Cordials" section***															
⁜	***Pip Organic Fruity Waters (school compliant) - see "Organic Juices & Cordials" section***															
⁜	***Weleda baby range - please see "Toiletries" section***															

■ Japanese Products, Miso, Soy Sauce, Tofu

Description		size	price	£/unit	RRP	code
⁜ ***Biona***						
Wasabi-style horseradish paste - tubes	*organic*	8x50g	23.30		*3.89*	**510405**
⁜ ***Biona - Ambient Long Life Tofu in jar - see "Convenience Foods"***						
⁜ ***Biona Japanese sauces***						
Shoyu Soya Sauce - glass bottle	*organic*	6x145ml	13.45		*2.99*	**510420**
Shoyu Soya Sauce - glass bottle	*organic*	6x250ml	20.65		*4.59*	**510424**
Tamari Soya Sauce - glass bottle	*organic*	6x145ml	14.35		*3.19*	**510428**
Tamari Soya Sauce - glass bottle	*organic*	6x250ml	21.10		*4.69*	**510430**
⁜ ***Clearspring - sweet grain desserts***						
Brown Rice Amazake	*organic*	6x380g	21.10		*4.69*	**510450**
Millet Amazake	*organic*	6x370g	21.10		*4.69*	**510452**
Oat Amazake	*organic*	6x360g	21.10		*4.69*	**510455**
⁜ ***Clearspring***						
Chilli Umami Paste	*organic*	6x150g	21.10		*4.69*	**510510**
Ginger Umami Paste	*organic*	6x150g	21.10		*4.69*	**510515**
Umeboshi Plums	*organic*	6x200g	44.95		*10.00*	**510518**
Umeboshi Plums	*organic*	1kg	34.50	34.50		**510521**
Organic Umeboshi Paste	*organic*	6x150g	33.25		*7.40*	**510522**
Brown Rice Vinegar	*organic*	6x150ml	12.10		*2.69*	**510525**
Brown Rice Vinegar	*organic*	6x250ml	17.05		*3.79*	**510524**
Brown Rice Vinegar	*organic*	6x500ml	26.95		*5.99*	**510530**
Rice Vinegar	*organic*	6x250ml	16.60		*3.69*	**510526**
Rice Mirin - organic	*organic*	6x250ml	31.45		*6.99*	**510528**
Rice Mirin - organic	*organic*	6x150ml	20.20		*4.49*	**510527**
Rice Mirin - non-organic		6x150ml	19.75		*4.39*	**510535**
Mikawa Mirin - sweet rice	*organic*	6x150ml	22.45		*4.99*	**510536**
Brown Rice Mochi - gluten-free	*organic*	6x250g	28.30		*6.29*	**510531**
Brown Rice Black Soya Bean Mochi - GF	*organic*	6x250g	30.10		*6.69*	**510532**
Ume Su Plum Seasoning - organic	*organic*	6x250ml	19.30		*4.29*	**510548**
Ume Su Plum Seasoning - organic	*organic*	6x150ml	13.45		*2.99*	**510529**
Yuzu Ponzu	*organic*	6x150ml	25.60		*5.69*	**510544**
Pickled Daikon Radish		6x100g	22.45		*4.99*	**510562**
Organic Dried Daikon Radish	*organic*	6x30g	13.45		*2.99*	**510565**
Organic Sushi Ginger	*organic*	10x50g	27.65		*3.69*	**510547**
Kuzu Mountain Starch	*organic*	6x125g	35.95		*7.99*	**510560**
Wasabi Powder - non-organic		6x25g	17.95		*3.99*	**510575**
⁜ ***Clearspring Japanese miso***						
Barley Miso - unpasteurised - jar	*organic*	6x300g	31.45		*6.99*	**480450**
1kg Brown Rice Miso - unpasteurised - tub	*organic*	1x1kg	13.70		*18.25*	**480453**
300g Brown Rice Miso - unpasteurised - jar	*organic*	6x300g	26.05		*5.79*	**480460**
150g Brown Rice Miso - unpasteurised - jar	*organic*	6x150g	17.95		*3.99*	**480461**
Reduced Salt Brown Rice Miso - unpasteurised - jar	*organic*	6x270g	24.25		*5.39*	**480465**
Chickpea Miso - unpasteurised - jar	*organic*	6x150g	17.95		*3.99*	**480467**
1kg White Miso - unpasteurised - tub	*organic*	1x1kg	10.72		*14.28*	**480464**
White Miso - unpasteurised - jar	*organic*	6x270g	19.30		*4.29*	**480468**
Barley Miso - pouch	*organic*	6x300g	27.40		*6.09*	**480451**
Hatcho Miso - pouch - unpasteurised	*organic*	6x300g	25.15		*5.59*	**480457**
Brown Rice Miso - pouch	*organic*	6x300g	26.95		*5.99*	**480463**
Sweet White Miso - pouch	*organic*	6x250g	22.45		*4.99*	**480525**
Red Miso Soup - instant		8x4x10g	23.90		*3.99*	**480532**
White Miso Soup - instant		8x4x10g	23.90		*3.99*	**480552**
Instant Miso Soup with Sea Vegetables	*organic*	8x4x10g	23.95		*3.99*	**480537**
Instant Miso Soup Paste - Ginger & Turmeric	*organic*	8x4x15g	19.70		*3.29*	**480533**
Instant Miso Soup Paste - Hot & Spicy	*organic*	8x4x15g	19.70		*3.29*	**480534**
Instant Miso Soup Paste - Creamy Sesame	*organic*	8x4x15g	19.70		*3.29*	**480535**
Instant Miso Soup Paste with Sea Vegetables	*organic*	8x4x15g	19.70		*3.29*	**480538**
White Instant Miso Soup Paste + sea veg	*organic*	8x4x15g	19.70		*3.29*	**480545**
Umami Instant Stock	*organic*	8x4x28g	23.90		*3.99*	**480539**
1kg Barley Miso - unpasteurised - tub	*organic*	1x1kg	15.70		*20.92*	**480540**

	Description		size	price	£/unit	RRP	code
	❊ ***Clearspring Japanese sauces***						
◆	Instant Noodle Broth	*organic*	6x250ml	29.20		*6.49*	**480501**
	Dispenser - Shoyu Soya Sauce	*organic*	6x150ml	20.65		*4.59*	**480507**
	Shoyu Soya Sauce	*organic*	6x1l	53.95		*11.99*	**480504**
	Shoyu Soya Sauce	*organic*	6x500ml	29.20		*6.49*	**480505**
	Shoyu Soya Sauce	*organic*	6x250ml	18.85		*4.19*	**480506**
	Shoyu Soya Sauce	*organic*	6x150ml	13.45		*2.99*	**480510**
	Shoyu Soya Sauce	*organic*	2.5l	20.20	8.08		**480512**
	Japanese Yaemon Tamari - double strength	*organic*	20l	252.25	12.61		**480514**
	Japanese Yaemon Tamari - double strength	*organic*	6x1l	85.45		*18.99*	**480513**
	Japanese Yaemon Tamari - double strength	*organic*	6x500ml	47.25		*10.50*	**480515**
	Japanese Yaemon Tamari - double strength	*organic*	6x150ml	17.95		*3.99*	**480520**
	Japanese Yaemon Tamari - double strength	*organic*	6x250ml	26.95		*5.99*	**480521**
	Japanese Tamari - double strength	*organic*	2.5l	33.75	13.50		**480522**
	Japanese Tamari - single strength	*organic*	6x250ml	17.95		*3.99*	**480523**
	Japanese Tamari - single strength	*organic*	6x150ml	13.45		*2.99*	**480524**
	Japanese Tamari - single strength	*organic*	2.5l	23.95	9.58		**480526**
	❊ ***Clearspring Sauces - made in Wales***						
	Soya Sauce	*organic*	6x150ml	14.80		*3.29*	**480562**
	Sushi Soy Sauce	*organic*	6x150ml	17.05		*3.79*	**480565**
	Sushi Rice Seasoning	*organic*	6x150ml	26.90		*5.98*	**480567**
	Teriyaki	*organic*	6x150ml	20.20		*4.49*	**480570**
	Teriyaki - gluten-free	*organic*	6x150ml	23.35		*5.19*	**480572**
	❊ ***Clearspring - Ambient Tofu- Tetra Pak***						
	Long Life Tofu - ambient	*organic*	12x300g	20.60		*2.29*	**480590**
	❊ ***King Soba - Mighty Miso***						
	Instant Edamame Miso Soup	*organic*	10x60g	24.65		*3.29*	**480770**
	Instant Pumpkin & Vegetable Miso Soup	*organic*	10x60g	24.65		*3.29*	**480775**
	Instant Tofu & Ginger Miso Soup	*organic*	10x60g	24.65		*3.29*	**480780**
	❊ ***Marigold Liquid Aminos - see Condiments section***						
	❊ ***Ocean's Halo***						
	On offer are Ocean's Halo organic broths, the pricing below represents a discount of 20%.						
❒	Miso Broth - tetra	*organic*	6x946ml	18.15		*4.04*	**481040**
❒	Pho Broth - tetra	*organic*	6x946ml	18.15		*4.04*	**481042**
❒	Ramen Broth - tetra	*organic*	6x946ml	18.15		*4.04*	**481044**
	❊ ***OHSOMISO***						
☆	Sweet Brown Miso - rice & soy		4x240g	13.00		*4.33*	**481045**
☆	Sweet Brown Miso - rice & chickpea		4x240g	13.00		*4.33*	**481046**
	❊ ***Sanchi***						
	Shoyu Soya Sauce		5l	25.75	5.15		**481520**
	Tamari - poly		5l	32.00	6.40		**481530**
	Barley Mugi Miso	*organic*	6x200g	16.15		*3.59*	**481565**
	Genmai Miso (brown rice)	*organic*	6x200g	16.15		*3.59*	**481567**

■ Sea Vegetables

	❊ ***Clearspring***						
	On offer are Clearspring organic trayless seaveg crispies, the pricing marked ❒ below represents a discount of 15%.						
	Atlantic Agar Flakes	*organic*	8x30g	35.90		*5.98*	**531006**
	Japanese Arame		8x30g	31.70		*5.28*	**531009**
	Atlantic Dulse	*organic*	8x25g	28.10		*4.68*	**531016**
	Green Nori Flakes		10x20g	14.95		*1.99*	**531012**
	Japanese Hijiki		5x30g	29.90		*7.98*	**531035**
	Japanese Hokkaido Kombu		5x40g	20.60		*5.49*	**531036**
	Japanese Sea Vegetable Salad		6x25g	22.45		*4.99*	**531018**
	Japanese Wakame		5x30g	21.30		*5.69*	**531019**
	Nori - 10 sheets		6x25g	17.95		*3.99*	**531021**
	Sushi Nori - Toasted - 7 sheets		8x17g	20.30		*3.38*	**531020**
	Nori Spicy Strip Snacks - toasted		12x13.5g	28.70		*3.19*	**531022**

	Description		size	price	£/unit	RRP	code
	Atlantic Sea Salad	*organic*	8x25g	23.90		*3.98*	**531029**
❒	Ginger Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45		*1.10*	**531041**
❒	Multipack Ginger Seaveg Crispies	*organic*	6x5x4g	19.05		*4.23*	**531043**
❒	Turmeric Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45		*1.10*	**531045**
❒	Multipack Turmeric Seaveg Crispies	*organic*	6x5x4g	19.05		*4.23*	**531047**
❒	Original Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45		*1.10*	**531050**
❒	Multipack Original Seaveg Crispies	*organic*	6x5x4g	19.05		*4.23*	**531052**
❒	Chilli Seaveg Crispies - toasted nori snack	*organic*	20x4g	16.45		*1.10*	**531059**
❒	Multipack Chilli Seaveg Crispies	*organic*	6x5x4g	19.05		*4.23*	**531061**
	Atlantic Wakame	*organic*	8x25g	25.10		*4.18*	**531031**
	⁕ ***The Cornish Seaweed Company - grinders and shakers***						
▼	Dulse Flakes - shaker	*organic*	6x20g	15.85		*3.75*	**531096**
▼	Kelp Flakes - shaker	*organic*	6x40g	16.75		*3.96*	**531098**
▼	Mixed Seaweed Flakes - shaker	*organic*	6x40g	16.75		*3.96*	**531100**
▼	Seagreens Flakes - shaker	*organic*	6x10g	15.85		*3.75*	**531104**
▼	Sea Salad Flakes - shaker	*organic*	6x12g	15.85		*3.75*	**531108**
▲	Seaweed Mixed Pepper Grinder	*organic*	4x60g	12.50		*4.43*	**531110**
▲	Seaweed Salt Grinder	*organic*	4x100g	10.40		*3.69*	**531112**
	⁕ ***The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk***						
	Dulse	*organic*	5x20g	16.15		*4.32*	**531065**
	Irish Moss	*organic*	5x20g	16.55		*4.41*	**531071**
	Kelp (was "Kombu")	*organic*	5x30g	16.15		*4.31*	**531075**
	Sea Greens	*organic*	5x15g	15.50		*4.14*	**531077**
	Dulse Flakes	*organic*	5x40g	20.30		*5.41*	**531078**
	Kelp Flakes	*organic*	5x60g	19.70		*5.25*	**531079**
	Mixed Seaweed Flakes	*organic*	5x60g	19.70		*5.25*	**531082**
	Sea Salad Flakes	*organic*	5x30g	20.30		*5.41*	**531080**
	Sea Spaghetti	*organic*	5x40g	16.15		*4.31*	**531085**
▲	Cornish Seaweed Salt	*organic*	8x70g	16.85		*2.81*	**531090**
	⁕ ***Do-It***						
	Arame		1kg	75.50	75.50		**531150**
	⁕ ***Seagreens - Vegan***						
	For Seagreens marketing materials and product information please contact info@seagreens.co.uk or phone 01444 400403						
	Seaweed Food Capsules (single)	*demeter*	1x60p	13.35 V		*21.36*	**531560**
	⁕ ***Ocean's Halo***						
	On offer are Ocean's Halo sushi nori sheets, the pricing below represents a discount of 20%.						
❒	Sushi Nori Sheets	*organic*	12x28g	28.40		*3.16*	**531590**
	■ Teas - Herb						
	⁕ ***11 O'clock Tea***						
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x40bgs	8.70		*2.90*	**575010**
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x80bgs	16.15		*5.38*	**575015**
	⁕ ***Bos Teas***						
	On offer are BOS organic herb teas, the pricing below r epresents a discount of 15%.						
❒	Rooibos Tea Tin	*organic*	12x40bgs	62.25		*6.92*	**575020**
❒	Rooibos Tea	*organic*	12x40bgs	36.85		*4.09*	**575022**
❒	Apple & Mint Rooibos	*organic*	12x20bgs	29.50		*3.28*	**575024**
❒	Chai Rooibos Tea	*organic*	12x20bgs	29.50		*3.28*	**575025**
❒	Orange & Ginger Rooibos Tea	*organic*	12x20bgs	29.50		*3.28*	**575026**
❒	Strawberry & Vanilla Rooibos Tea	*organic*	12x20bgs	29.50		*3.28*	**575027**
	⁕ ***Celestial Seasonings - Organic herb & spice tea bags***						
	Cinnamon & Cardamon Tea Bags	*organic*	6x20bgs	18.20		*4.04*	**500598**
	Ginger & Turmeric Tea Bags	*organic*	6x20bgs	16.80		*3.73*	**500600**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Celestial Seasonings - herb & spice tea bags***															
	Bengal Spice Tea Bags		6x20bgs	16.95		*3.77*	**500605**									
	Lemon Zinger Tea Bags		6x20bgs	15.70		*3.49*	**500607**									
	Sleepytime Extra Wellness Tea Bags		6x20bgs	16.95		*3.77*	**500612**									
	Sleepytime Tea Bags		6x20bgs	15.70		*3.49*	**500615**									
	Tension Tamer Tea Bags		6x20bgs	15.70		*3.49*	**500617**									
	❊ ***Clipper Infusions - tea bags - blends***															
	Infusion Selection Box - bags	*organic*	1x45bgs	9.45		*12.99*	**560359**									
	Cleanse With Benefits - citrus nettle fennel	*organic*	4x20bgs	8.90		*2.97*	**560364**									
	Restoring Roots - Ginger & Turmeric	*organic*	4x20bgs	8.90		*2.97*	**560362**									
☆	Sleep Time - chamomile & lemonbalm etc	*organic*	4x20bgs	8.90		*2.97*	**560371**									
	Sleep Easy Infusion	*organic*	6x20bgs	11.55		*2.57*	**560385**									
	20 bags Chamomile Infusion	*organic*	6x20bgs	11.55		*2.57*	**560405**									
	20 bag Peppermint Infusion	*organic*	6x20bgs	11.55		*2.57*	**560407**									
	Dandelion Infusion	*organic*	6x20bgs	11.55		*2.57*	**560410**									
	Fennel Infusion	*organic*	6x20bgs	11.55		*2.57*	**560411**									
	Groovy Ginger Hemp infusion	*organic*	4x20bgs	10.45		*3.48*	**560409**									
	Karma Mama Hemp infusion	*organic*	4x20bgs	10.45		*3.48*	**560412**									
	Nettle Infusion	*organic*	6x20bgs	11.55		*2.57*	**560413**									
	Lemon & Ginger Infusion	*organic*	6x20bgs	11.55		*2.57*	**560417**									
	Liquorice Infusion	*organic*	6x20bgs	11.55		*2.57*	**560418**									
	❊ ***Clipper Redbush/Rooibos***															
	Redbush Tea Bags - lge	*organic*	6x80bgs	21.05		*4.68*	**560430**									
	❊ ***Dragonfly - Organic Herb Teas***															
◆	Pure Peppermint Bags	*organic*	4x20bgs	7.90		*2.63*	**560553**									
◆	Golden Balance Turmeric Bags	*organic*	4x20bgs	8.65		*2.88*	**560551**									
◆	Happy Times Tulsi Bags	*organic*	4x20bgs	8.65		*2.88*	**560556**									
◆	Mint Garden Digestif Bags	*organic*	4x20bgs	8.65		*2.88*	**560554**									
◆	Cape Malay Rooibos Chai Bags	*organic*	4x20bgs	7.90		*2.63*	**560555**									
◆	Mountain Honeybush Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**560565**									
◆	Night Sky Calm Bags	*organic*	4x20bgs	8.65		*2.88*	**560567**									
◆	True Clarity Ginger	*organic*	4x20bgs	8.65		*2.88*	**560559**									
◆	Cape Rooibos & Honeybush Bags	*organic*	4x20bgs	7.90		*2.63*	**560568**									
	❊ ***Dragonfly - Rooibos Teas***															
◆	Rooibos	*organic*	4x40bgs	9.10		*3.03*	**544008**									
◆	Rooibos - Earl Grey	*organic*	4x40bgs	9.10		*3.03*	**544110**									
◆	Rooibos - Vanilla	*organic*	4x40bgs	9.10		*3.03*	**544112**									
	❊ ***English Tea Shop***															
	Chamomile Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**544130**									
	Lemongrass Citrus & Ginger Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**544132**									
	Perfect Peppermint - FT - Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**544134**									
	Rooibos - FT - Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**544136**									
	❊ ***Essential***															
	Camomile Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571906**									
	Fennel Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571907**									
	Ginger & Lemon Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571908**									
	Hibiscus Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571909**									
	Liquorice Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571911**									
	Peppermint & Spearmint Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571912**									
	Peppermint Tea Sachets	*organic*	4x20bgs	7.35		*2.45*	**571913**									
	❊ ***Forest Wholefoods - retail pouches***															
	Yerba Mate Loose Leaf - contains caffeine	*organic*	6x250g	34.05		*7.57*	**571932**									
	❊ ***Floradix - Herbal Tea Bags***															
	Anise Fennel Caraway Tea	*organic*	12x15bgs	21.10		*2.34*	**572100**									
	Camomile Tea	*organic*	12x15bgs	21.10		*2.34*	**572102**									
	Dandelion Tea	*organic*	12x15bgs	21.10		*2.34*	**572104**									
	Hawthorn Tea	*organic*	12x15bgs	21.10		*2.34*	**572108**									
	Lemon Balm Tea	*organic*	12x15bgs	21.10		*2.34*	**572110**									

	Description		size	price	£/unit	RRP	code
	Mate Tea	organic	12x15bgs	21.10		2.34	572114
	Peppermint Tea	organic	12x15bgs	21.10		2.34	572116
	Sage Tea	organic	12x15bgs	21.10		2.34	572115
	Thyme Tea	organic	12x15bgs	21.10		2.34	572117
	Lemon Verbena Tea (was Vervain)	organic	12x15bgs	21.10		2.34	572118
	⁕ ***Hambleden Tea Bags - www.hambledenherbs.com***						
	Chamomile Tea Bags	organic	6x20bgs	12.90		2.87	560505
	Elderflower Tea Bags	organic	6x20bgs	17.20		3.83	560510
	Hibiscus Tea Bags	organic	6x20bgs	12.90		2.87	560520
	Lemon Verbena Tea Bags	organic	6x20bgs	12.90		2.87	560530
	Limeflower Tea Bags	organic	6x20bgs	17.20		3.83	560535
	Nettle Tea Bags	organic	6x20bgs	12.90		2.87	560538
	Peppermint Tea Bags	organic	6x20bgs	12.90		2.87	560540
	Rosehip Tea Bags	organic	6x20bgs	17.20		3.82	560545
	Turmeric Chai Tea Bags	organic	6x20bgs	17.20		3.85	560548
	⁕ ***Hambleden loose herb infusions***						
	Chamomile - loose	organic	6x40g	17.20		3.83	560705
	Hibiscus - loose	organic	6x50g	17.20		3.83	560710
	Lemon Verbena - loose	organic	6x20g	17.20		3.83	560720
	Peppermint - loose	organic	6x45g	17.20		3.83	560730
	Raspberry Leaf - loose	organic	6x45g	17.20		3.83	560735
	⁕ ***Hampstead - string & tag envelope- Infusion***						
	"Herbal Harmonies Selection Pack" comprises:- **five bags of each of: demeter Peppermint & Spearmint, organic Camomile, organic Rosehip & Hibiscus and organic demeter Lemon & Ginger.**						
	On offer are selected Hampstead organic & Demeter teas, the pricing marked ❒ below represents a discount of 20%.						
	Herbal Harmonies Selection Pack	demeter	4x20bgs	10.45		3.49	560809
	Camomile Mellow	organic	4x20bgs	10.45		3.49	560808
❒	Digest Well - was Fennel & Peppermint	demeter	4x20bgs	8.35		2.79	560810
	Lemon Ginger	demeter	4x20bgs	10.45		3.49	560815
	Peppermint & Spearmint	demeter	4x20bgs	10.45		3.49	560820
	Meditate Lavender & Valerian	demeter	4x20bgs	10.45		3.49	560823
❒	Rooibos	organic	4x20bgs	8.35		2.79	560824
	Rosehip Hibiscus	organic	4x20bgs	10.45		3.49	560825
❒	Sleep Well	organic	4x20bgs	8.35		2.79	560826
	Turmeric & Cinnamon	organic	4x20bgs	10.45		3.49	560828
	⁕ ***Hampstead - loose herb infusions***						
	Camomile Loose Leaf Tea	organic	6x40g	29.20		6.49	560845
	Lemon & Ginger Loose Leaf Tea	organic	6x100g	29.20		6.49	560846
	⁕ ***Organic Herb Trading Co. organic loose tea***						
	Chamomile Flower - EU & NOP	organic	1x500g	11.10		14.84	560851
	Elderberry Rosehip & Hibiscus	organic	1x500g	11.75		15.67	560852
▲	Hibiscus Flower Pieces - teabag cut	organic	1x500g	9.75		13.00	560856
▼	Rooibos Leaf	organic	1x500g	14.30		19.08	560857
	⁕ ***Pukka - Ayurvedics - tea bags***						
	"Herbal Tea Collection" comprises:- **Elderberry & Echinacea, Lemon Ginger & Manuka, Feel New, Three Mint and Night Time.**						
	Blackcurrant Beauty	organic	4x20bgs	14.85		4.96	561487
	Breathe In with Eucalyptus	organic	4x20bgs	14.85		4.96	561488
	Chamomile, Vanilla & Manuka Honey	organic	4x20bgs	14.85		4.96	561490
	Feel New - aniseed, fennel & licorice	organic	4x20bgs	14.85		4.96	561500
	Fresh Start - lemon & fennel	organic	4x20bgs	14.85		4.96	561492
	Herbal Tea collection	organic	4x20bgs	16.45		5.48	561494
	Elderberry & Echinacea	organic	4x20bgs	14.85		4.96	561501
	Joy - lemony herbs with orange Tea	organic	4x20bgs	14.85		4.96	561496
	Lemon, Ginger & Manuka Honey	organic	4x20bgs	14.85		4.96	561504
	Lemongrass & Ginger	organic	4x20bgs	14.85		4.96	561495
	Love - rose, chamomile & lavender Tea	organic	4x20bgs	14.85		4.96	561515
	Licorice & Cinnamon	organic	4x20bgs	14.85		4.96	561517
	Morning Berry - rooibos, ginseng, blackcurrant	organic	4x20bgs	14.85		4.96	561521
	Night Time Berry - berries, echinacea & chamomile	organic	4x20bgs	14.85		4.96	561516
	Peace - chamomile, spearmint, hemp, licorice	organic	4x20bgs	14.85		4.96	561531

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Peppermint & Licorice	*organic*	4x20bgs	14.85		*4.96*	**561506**									
	Radiance - nettle, fennel & aloe vera	*organic*	4x20bgs	14.85		*4.96*	**561518**									
	Relax - chamomile, fennel & marshmallow	*organic*	4x20bgs	14.85		*4.96*	**561510**									
	Turmeric Active Herbal Tea	*organic*	4x20bgs	14.85		*4.96*	**561511**									
	Wild Apple Cinnamon with Ginger	*organic*	4x20bgs	14.85		*4.96*	**561554**									
	Winter Warmer	*organic*	4x20bgs	14.85		*4.96*	**561553**									
	Womankind - rose, vanilla & shatavari	*organic*	4x20bgs	14.85		*4.96*	**561555**									
	Vanilla Spice Chai - cinnamon & sweet vanilla	*organic*	4x20bgs	14.85		*4.96*	**561520**									
	Night Time Tea	*organic*	4x20bgs	14.85		*4.96*	**561530**									
	Three Chamomile Tea	*organic*	4x20bgs	14.85		*4.96*	**561532**									
	Three Fennel Tea	*organic*	4x20bgs	14.85		*4.96*	**561537**									
	Three Ginger Tea	*organic*	4x20bgs	14.85		*4.96*	**561540**									
	Three Mint Tea	*organic*	4x20bgs	14.85		*4.96*	**561545**									
	Tulsi Clarity Tea	*organic*	4x20bgs	14.85		*4.96*	**561551**									
	❊ ***Taka Turmeric Tea Bags***															
	Chamomile Rosehip Turmeric Tea Bags	*organic*	4x15bgs	10.50		*3.50*	**561588**									
	Ginger Lemon Turmeric Tea Bags	*organic*	4x15bgs	10.50		*3.50*	**561590**									
	Hibiscus Cinnamon Turmeric Tea Bags	*organic*	4x15bgs	10.50		*3.50*	**561592**									
	Rooibos Honeybush Turmeric Tea Bags	*organic*	4x15bgs	10.50		*3.50*	**561597**									
	❊ ***Tick Tock Rooibos***															
◆	Rooibos Tea Bags	*organic*	4x40bgs	8.05		*2.68*	**561712**									
◆	Rooibos Tea Bags	*organic*	4x80bgs	15.75		*5.25*	**561716**									
◆	Rooibos Tea Loose	*organic*	6x100g	12.00		*2.67*	**561717**									
◆	Green Rooibos Tea Bags	*organic*	4x40bgs	8.55		*2.85*	**561718**									
◆	Rooibos Earl Grey Tea Bags		4x40bgs	8.55		*2.85*	**561722**									
	❊ ***Yogi Tea - promotional Tea Mug***															
	Buy any 6 cases of Yogi Tea and receive a case of mugs FOC by quoting this code:-															
	***Yogi Tea Mug promotion**. For every 6 cases of Yogi Tea ordered, quote the code below and receive a free case of 12 promotional Yogi mugs. Give your customers one free mug for every 3 packets of tea bought. The mugs are white ceramic with a pretty henna foliage design.*															
❒	Yogi Mug Promo	*organic*	1x12mug			*0.00*	**571934**									
	❊ ***Yogi Tea - Ayurvedic Tea Bags***															
	Yogi tea bags are manila hemp fibre, chlorine free, with no plastic.															
	"The Finest Selection Tea Bags" comprises:-															
	2 bags each of Classic, Licorice, Ginger & Lemon, Turmeric Chai															
	Green Tea Matcha Lemon and Womens Balance.															
	"The Selection Tea Box" comprises:-															
	5 bags each of ginger lemon, sweet chilli, ginger orange,															
	lime mint, classic, choco, women's tea, turmeric chai and rooibos															
	The Finest Selection Tea Bags	*organic*	6x18bgs	12.80		*2.85*	**571719**									
	Alkaline Herbs	*organic*	6x17bgs	12.35		*2.75*	**571702**									
	Ashwaganda Balance	*organic*	6x17bgs	12.35		*2.75*	**571703**									
	Bedtime Tea	*organic*	6x17bgs	12.35		*2.75*	**571705**									
	Bedtime Rooibos Vanilla Tea	*organic*	6x17bgs	12.35		*2.75*	**571951**									
	Breathe Deep Tea	*organic*	6x17bgs	12.35		*2.75*	**571955**									
	Chocolate Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571735**									
	Classic Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571732**									
	Detox Tea	*organic*	6x17bgs	12.35		*2.75*	**571707**									
	Feel Pure (formerly Detox Dandelion)	*organic*	6x17bgs	12.35		*2.75*	**571984**									
	Echinacea Tea	*organic*	6x17bgs	12.35		*2.75*	**571710**									
	Ginger Tea	*organic*	6x17bgs	12.35		*2.75*	**571981**									
	Ginger Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571712**									
	Ginger Orange Vanilla Tea	*organic*	6x17bgs	12.35		*2.75*	**571715**									
	Happy Nature Tea	*organic*	6x17bgs	12.35		*2.75*	**571716**									
	Heartwarming Tea	*organic*	6x17bgs	12.35		*2.75*	**571977**									
	Himalayan Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**572010**									
	Immune Support	*organic*	6x17bgs	12.35		*2.75*	**571979**									
	Inner Harmony	*organic*	6x17bgs	12.35		*2.75*	**571976**									
	Licorice Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571737**									
	Licorice Mint	*organic*	6x17bgs	12.35		*2.75*	**571717**									
	Lime Mint Tea	*organic*	6x17bgs	12.35		*2.75*	**571978**									
	Maca Chai Tea	*organic*	6x17bgs	12.35		*2.75*	**571989**									
	Men's Tea	*organic*	6x17bgs	12.35		*2.75*	**571980**									
	Mental Clarity	*organic*	6x17bgs	12.35		*2.75*	**571999**									
	Relax Tea	*organic*	6x17bgs	12.35		*2.75*	**571960**									
	Rooibos Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**572003**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Rose Tea	organic	6x17bgs	12.35		2.75	571740									
Soul Balm Tea	organic	6x17bgs	12.35		2.75	571742									
Star Salutation	organic	6x17bgs	12.35		2.75	571743									
Stomach-Ease Tea	organic	6x17bgs	12.35		2.75	571720									
Sweet Chai Yogi Tea	organic	6x17bgs	12.35		2.75	571725									
Sweet Chili Mexican Spice Yogi Tea	organic	6x17bgs	12.35		2.75	571727									
Throat Comfort Tea	organic	6x17bgs	12.35		2.75	571722									
Tulsi Relax Tea	organic	6x17bgs	12.35		2.75	571724									
Turmeric Chai Yogi Tea	organic	6x17bgs	12.35		2.75	571728									
Turmeric Orange Tea	organic	6x17bgs	12.35		2.75	571729									
Well Being Tea	organic	6x17bgs	12.35		2.75	571973									
❊ ***Yogi Tea - For The Senses Teas Bags with Essential Oils***															
Good Night Tea	organic	6x17bgs	12.35		2.75	572073									
Natural Energy Tea	organic	6x17bgs	12.35		2.75	572075									
Natural Wellbeing Tea	organic	6x17bgs	12.35		2.75	572077									
Fresh Inspiration	organic	6x17bgs	12.35		2.75	572078									
Pure Happiness Tea	organic	6x17bgs	12.35		2.75	572079									
❊ ***Yogi Tea - Women's Ayurvedic Teas Bags***															
Women's Tea	organic	6x17bgs	12.35		2.75	571995									
Women's Balance Tea	organic	6x17bgs	12.35		2.75	571996									
Women's Energy Tea	organic	6x17bgs	12.35		2.75	571730									
❊ ***Yogi Tea - Loose***															
Loose Classic Chai	organic	8x90g	17.70		2.95	572055									
Loose Choco Chai	organic	8x90g	17.70		2.95	572057									
■ Teas - Black, Green & White															
❊ ***Clearspring - Japanese***															
Kukicha Roasted Twig Tea Bags - boxed	organic	4x20bgs	10.45		3.49	500516									
Kukicha Roasted Twig Tea - loose	organic	6x90g	19.75		4.39	500506									
Sencha Green Tea Bags - boxed	organic	4x20bgs	10.45		3.49	500521									
Sencha Traditional Green Tea - loose	organic	6x90g	33.70		7.49	500536									
Hojicha Roasted Green Tea Bags - boxed	organic	4x20bgs	10.45		3.49	500526									
Hojicha (Bancha) Tea - loose	organic	6x70g	23.80		5.29	500528									
Genmaicha Green Tea bags with Roasted Brown Rice	organic	4x20bgs	10.45		3.49	500541									
Genmaicha Roasted Rice Tea - loose	organic	6x90g	31.45		6.99	500543									
Gyokuro Green Tea loose - tin	organic	6x85g	67.45		14.99	500559									
Matcha Shot - Premium grade Green Tea Powder	organic	6x(8x1)g	28.10		6.25	500546									
Caddy Powder Matcha Green Tea - Ceremonial grade	organic	4x30g	50.95		16.99	500547									
Sachet Powder Matcha Green Tea - Premium grade	organic	10x40g	82.40		10.99	500548									
Sachet Powder Matcha Green Tea - Premium grade	organic	6x100g	107.95		23.99	500549									
Sachet Powder Kuwa Matcha - Mulberry Leaf Tea	organic	10x40g	67.40		8.99	500562									
Okumidori Matcha - Ceremonial Grade	organic	3x30g	67.50		30.00	500564									
Matcha Sencha Green Tea Bags	organic	4x20bgs	11.95		3.99	500551									
Matcha Sencha Green Tea loose - tin	organic	6x85g	58.45		12.99	500561									
Matcha Genmaicha Green Tea Bags	organic	4x20bgs	11.95		3.99	500554									
Matcha Ginger Green Tea Bags	organic	4x20bgs	11.95		3.99	500556									
Matcha Three Mint Green Tea Bags	organic	4x20bgs	11.95		3.99	500558									
Matcha Turmeric Green Tea Bags	organic	4x20bgs	11.95		3.99	500560									
Oolong Semi-Fermented Blue Tea Bags	organic	4x20bgs	11.95		3.99	500557									
❊ ***Clipper FairTrade - Black Tea***															
Assam Tea Bags	organic	6x40bgs	12.50		2.78	580310									
English Breakfast Tea Loose	organic	6x80g	16.60		3.69	580319									
English Breakfast Tea Bags - 80's	organic	4x80bgs	13.45		4.50	580330									
Breakfast Fairtrade 40 Tea Bags	organic	6x40bgs	14.60		3.24	580314									
Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	14.40		3.20	580321									
Decaf Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	17.55		3.90	580308									
Earl Grey Tea Bags - 80's	organic	6x80bgs	20.15		4.48	580318									
Earl Grey Loose Leaf Tea	organic	6x80g	16.60		3.69	580333									
❊ ***Clipper - Fair Trade - string, tag & envelope***															
Earl Grey - food service	organic	250bgs	19.30			580320									

	Description		size	price	£/unit	RRP	code
⁜	***Clipper - Black Tea***						
	Fairtrade Everyday Tea Bags	*organic*	6x40bgs	14.40		*3.20*	**580328**
	Everyday Tea Bags	*organic*	4x80bgs	12.30		*4.10*	**580331**
	Fairtrade Everyday Tea Bags	*organic*	4x80bgs	12.95		*4.32*	**580329**
	Everyday Decaffeinated Tea Bags	*organic*	6x40bgs	17.55		*3.90*	**580332**
	Fairtrade Decaffeinated Tea Bags	*organic*	4x80bgs	20.10		*6.70*	**580334**
⁜	***Clipper - Fair Trade - string, tag & envelope***						
	Fairtrade Everyday Tea Bags - food service		6x100bgs	32.40			**590810**
⁜	***Clipper - Green Teas - Fairtrade***						
	Green Tea - loose - Fair Trade	*organic*	6x80g	16.60		*3.69*	**590651**
	Green Tea & Mint Fairtrade Teabags - 80's	*organic*	4x80bgs	14.05		*4.69*	**590633**
	Green Fairtrade Teabags - 80's	*organic*	4x80bgs	14.45		*4.82*	**590630**
	Green Fairtrade Teabags - 40's	*organic*	6x40bgs	15.25		*3.39*	**590634**
	Pure Green Fairtrade - bags	*organic*	6x20bgs	12.90		*2.87*	**590638**
	Green Tea & Lemon Fairtrade Teabags - 80's	*organic*	4x80bgs	14.45		*4.81*	**590639**
	Green Tea with Lemon Bags	*organic*	6x20bgs	12.90		*2.87*	**590641**
	Green & Lemon Loose Tea	*organic*	6x80g	16.60		*3.69*	**590653**
	Decaffeinated Green Tea Bags	*organic*	6x40bgs	18.30		*4.07*	**590707**
	Super Green Defending	*organic*	4x20bgs	8.90		*2.97*	**590708**
	Super Green Reviving	*organic*	4x20bgs	8.90		*2.97*	**590710**
⁜	***Clipper - White Teas***						
	26 bag White Tea Bags	*organic*	6x26bgs	11.55		*2.57*	**590682**
	White Fairtrade Teabags - 40's	*organic*	6x40bgs	15.55		*3.46*	**590683**
⁜	***Dragonfly Tea***						
◆	Golden Himalaya Darjeeling Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**581015**
◆	Classic Earl Grey Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**581020**
◆	Traditional English Breakfast Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**581025**
◆	Indian Spice Chai Bags	*organic*	4x20bgs	7.90		*2.63*	**580340**
◆	Pure Green Mountain Tea	*organic*	4x20bgs	7.90		*2.63*	**580345**
◆	Moroccan Mint Green Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**580346**
◆	Moonlight Jasmine Green Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**580347**
◆	Swirling Mist White Tea Bags	*organic*	4x20bgs	8.65		*2.88*	**580350**
◆	Digestive Chai Pu'er Tea Bags	*organic*	4x20bgs	8.65		*2.88*	**580354**
◆	Digestive Lemon Pu'er Tea Bags	*organic*	4x20bgs	8.65		*2.88*	**580348**
◆	Good Dragon Pu'er Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**580349**
⁜	***English Tea Shop***						
	Chai Black Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**560760**
	Darjeeling Black Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**560762**
	English Breakfast Tea Bags - FT	*organic*	6x20bgs	11.30		*2.51*	**560764**
	Earl Grey Tea Bags - FT	*organic*	6x20bgs	11.30		*2.51*	**560766**
	Pure Green Tea Bags	*organic*	6x20bgs	11.30		*2.51*	**560770**
⁜	***Hambleden organic tea***						
	Earl Grey Tea - loose	*organic*	6x55g	17.20		*3.84*	**560738**
	Everyday Tea - loose	*organic*	6x70g	17.20		*3.84*	**560740**
	Green Tea - loose	*organic*	6x65g	17.20		*3.84*	**560745**
	Earl Grey Tea Bags	*organic*	6x20bgs	17.20		*3.82*	**560748**
	Everyday Tea Bags	*organic*	6x20bgs	12.90		*2.87*	**560750**
⁜	***Hampstead - Demeter/Organic***						
	Selection Pack - Black = 5 bags of each Assam, Darjeeling, Earl Grey, English Breakfast. **Selection Pack - Green = 5 bags of each Green, Jasmine Green, Lime Green, Mint Green.**						
	On offer is Hampstead organic Focus Well - was Oriental Chai, the pricing marked ❒ below represents a discount of 20%.						
	Black Tea Bags Selection Pack	*organic*	4x20bgs	10.45		*3.48*	**580481**
	Green Tea Bags Selection Pack	*organic*	4x20bgs	10.45		*3.48*	**580482**
	Assam Tea Bags	*organic*	4x20bgs	10.45		*3.48*	**580483**
	Green Tea Loose - Single Estate	*demeter*	6x100g	29.20		*6.49*	**580455**
	Green Tea Bags	*demeter*	4x20bgs	10.45		*3.48*	**580484**
	Matcha Green Tea & Nettle Bags	*organic*	4x20bgs	10.45		*3.48*	**580494**
	Ginger Green Tea Bags	*demeter*	4x20bgs	10.45		*3.48*	**580486**
	Jasmine Green Tea Bags	*organic*	4x20bgs	10.45		*3.48*	**580487**
	Mint Green Tea Bags	*demeter*	4x20bgs	10.45		*3.48*	**580489**

	Description		size	price	£/unit	RRP	code
	Earl Grey Loose	demeter	6x100g	29.20		6.49	580459
	Earl Grey Tea Bags	demeter	4x20bgs	10.45		3.48	580490
	English Breakfast Loose	demeter	6x100g	29.20		6.49	580464
	English Breakfast Tea Bags	organic	4x20bgs	10.45		3.48	580491
	First Flush Loose	demeter	6x100g	40.45		9.00	580465
	Darjeeling Loose	demeter	6x100g	29.20		6.49	580470
	Darjeeling Bags	demeter	4x20bgs	10.45		3.48	580493
	Oolong Loose	demeter	6x50g	29.20		6.49	580475
	Green Tea & Raspberry	organic	4x20bgs	10.45		3.48	580476
	French Vanilla Black Tea Bags	demeter	4x20bgs	10.45		3.48	580478
	Indian Chai - spiced black tea bags	organic	4x20bgs	10.45		3.49	580466
❒	Focus Well - was Oriental Chai	organic	4x20bgs	8.35		2.79	580467
	⁜ ***OMG Teas - Japanese organic Matcha***						
	AAA Grade Matcha - tin	organic	1x30g	17.20		22.95	580270
	AA grade Matcha - tin	organic	1x30g	13.45		17.95	580272
	AA grade Matcha - tin	organic	1x80g	23.95		31.95	580274
	⁜ ***Organic Herb Trading Co. organic loose tea***						
	Assam GBOP Loose Leaf Tea	organic	1x500g	11.55		15.40	580532
	Darjeeling TGBOP Loose Leaf Tea	organic	1x500g	12.95		17.27	580533
	Decaffeinated Black Loose Leaf Tea	organic	1x500g	17.65		23.53	580535
	Earl Grey Loose Leaf Tea	organic	1x500g	14.10		18.80	580534
	English Breakfast Loose Leaf Tea	organic	1x500g	9.50		12.67	580538
▲	Jasmine Green Loose Leaf Tea	organic	1x500g	20.60		27.47	580542
	Sencha Green Chinese Loose Leaf Tea	organic	1x500g	12.40		16.53	580544
	⁜ ***Pukka - Black Tea Bags - Fair Trade***						
	Elegant English Breakfast	organic	4x20bgs	14.85		4.96	581030
	Gorgeous Earl Grey	organic	4x20bgs	14.85		4.96	581032
	⁜ ***Pukka - Chai***						
	Original Chai - cinnamon & cardamom	organic	4x20bgs	14.85		4.96	581050
	⁜ ***Pukka - Green Teas***						
	Supreme Green Matcha Tea Bags - Fair Trade	organic	4x20bgs	14.85		4.96	580620
	Clean Matcha Green Tea Bags	organic	4x20bgs	14.85		4.96	580651
	Ginseng Matcha Green Tea Bags	organic	4x20bgs	14.85		4.96	580654
	Mint Matcha Green Tea Bags	organic	4x20bgs	14.85		4.96	580656
	⁜ ***Qi Herbal Health - FairTrade - Green Tea Bags***						
	*New from Qi Teas organic Fairtrade vegan gluten-free **Jasmine Green Tea Bags**, a sweet and aromatic tea authentically prepared in the traditional Chinese way. High in the mountains green tea is layered between jasmine petals for the slow natural absorption of the scent from the petals into the tea leaves. Perfect for an afternoon boost.*						
	Decaffeinated Green Tea Bags	organic	6x20bgs	17.10		3.79	580396
	Green Tea Bags	organic	6x25bgs	10.30		2.29	580397
	Green Tea Bags Detox	organic	6x25bgs	13.50		3.00	580402
	Green Tea Bags with Ginger	organic	6x25bgs	13.05		2.90	580401
⁜	Jasmine Green Tea Bags	organic	6x25bgs	17.10		3.79	580404
	Green Tea Bags & Matcha	organic	6x20bgs	12.15		2.70	580442
	⁜ ***Qi Herbal Health - Lifestyle Range***						
	China Green Tea Pure & Simple - 80's		5x80bgs	9.70		2.59	591145
	WellBeing Green Tea - 20's		6x20bgs	10.70		2.38	591164
	⁜ ***Qi Herbal Health - FairTrade - White Tea Bags***						
	White Tea Bags	organic	6x25bgs	11.65		2.59	580415
	⁜ ***Qi Herbal Health - Loose***						
	*New from Qi Teas organic Fairtrade vegan gluten-free **Jasmine Loose Leaf Green Tea**. A refreshing loose leaf green tea infused with the delicate aroma of fresh, morning-picked jasmine petals. Prepared in the traditional way by layering green tea with fresh jasmine petals allowing the sweet scent of the jasmine to be naturally absorbed into the leaves.*						
	Green Tea Loose (Chun Mee)	organic	6x100g	14.85		3.30	580395
⁜	Jasmine Loose Leaf Green Tea	organic	6x100g	31.10		6.92	580406
	⁜ ***Taka Turmeric Tea Bags***						
	Masala Chai Turmeric Tea Bags	organic	4x15bgs	10.50		3.50	561598

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	⁜ ***Yogi Green Tea Bags***															
	Green Balance Tea	*organic*	6x17bgs	12.35		*2.75*	**571883**									
	Green Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**580423**									
	Green Energy Tea	*organic*	6x17bgs	12.35		*2.75*	**571885**									
	Green Ginger Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571892**									
	Green Jasmine Tea	*organic*	6x17bgs	12.35		*2.75*	**571890**									
	Green Matcha Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571895**									
	⁜ ***Yogi Black Tea Bags***															
	Black Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**580422**									
	Positive Energy Cranberry Hibiscus Tea	*organic*	6x17bgs	12.35		*2.75*	**580426**									
	⁜ ***Yogi White Tea Bags***															
	White Tea with Aloe Vera	*organic*	6x17bgs	12.35		*2.75*	**571899**									
	■ Coffee															
	⁜ ***Bird & Wild organic Fairtrade Shade Grown Coffee***															
	Espresso Blend beans	*organic*	6x200g	22.00		*4.90*	**600460**									
	Espresso Blend R&G	*organic*	6x200g	22.00		*4.90*	**600462**									
	Seasonal Blend beans	*organic*	6x200g	22.00		*4.90*	**600468**									
	Seasonal Blend R&G	*organic*	6x200g	22.00		*4.90*	**600469**									
	⁜ ***CaféDirect FairTrade R&G***															
	*New and on offer is Fairtrade **CaféDirect R&G Familia Arabica Espresso**. Meaning 'family' in Spanish, this premium espresso roast is grown by family-run farming communities partnered with CaféDirect. It is a smooth caramel, vanilla, dark roast with a citrussy finish. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.*															
	CaféDirect Colombia Reserva - 3		6x200g	22.00		*4.88*	**600481**									
❒	CaféDirect Familia Arabica Espresso - 5 - New!		6x200g	21.05		*4.67*	**600471**									
	CaféDirect Kilimanjaro - 3		6x200g	22.00		*4.88*	**600483**									
	CaféDirect Machu Picchu R&G - 4	*organic*	6x200g	22.00		*4.88*	**600485**									
	CaféDirect Decaf Machu Picchu		6x200g	22.00		*4.88*	**600487**									
	CaféDirect Mayan Gold -5	*organic*	6x200g	22.00		*4.88*	**600489**									
◆	CaféDirect Intense Thrive Blend - 5		6x200g	20.80		*4.62*	**600492**									
◆	CaféDirect Lively Restore Blend - 4		6x200g	20.80		*4.62*	**600494**									
◆	CaféDirect Smooth Empower Blend - 3		6x200g	20.80		*4.62*	**600495**									
	⁜ ***CaféDirect Roast Coffee Beans FairTrade***															
	*New and on offer from CaféDirect is **Fairtrade Whole Bean Familia Arabica Espresso** in a **200g** pack and a **1kg** pack. Also new and on offer is Fairtrade **Wholebean Familia Original Espresso** in a **1kg** pack. The original is slightly stronger, tasting of dark chocolate and spices with a creamy mouthfeel. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.*															
❒	Whole Coffee Beans - Familia Arabica Espresso - 5		6x200g	21.05		*4.67*	**600473**									
❒	Whole Coffee Beans - Familia Arabica Espresso - 5		1x1kg	14.95		*19.91*	**600475**									
❒	Whole Coffee Beans - Familia Original Espresso - 5		1x1kg	13.75		*18.31*	**600477**									
	Whole Coffee Beans - Machu Picchu - 4	*organic*	6x200g	22.00		*4.88*	**600497**									
	Whole Coffee Beans - Machu Picchu - 4	*organic*	1x750g	11.70		*15.60*	**600546**									
	Whole Coffee Beans - Machu Picchu Decaf		6x227g	24.80		*5.50*	**600548**									
	Whole Coffee Beans - Mayan Gold - 5	*organic*	6x200g	22.00		*4.88*	**600499**									
	⁜ ***CaféDirect FairTrade Instant***															
◆	Instant Machu Picchu Coffee - 4		6x100g	26.65		*5.92*	**600519**									
◆	Instant Decaf Machu Picchu Coffee - 4		6x100g	26.65		*5.92*	**600521**									
◆	Classic Instant Coffee - single tin - 3		1x500g	21.65		*28.87*	**600525**									
	⁜ ***Cafe Rebelde Zapatista Coffee***															
	Zapatista Coffee Beans	*organic*	10x500g	92.95		*12.39*	**601100**									
	Zapatista Coffee Ground	*organic*	20x250g	113.85		*7.59*	**601114**									

	Description		size	price	£/unit	RRP	code
	❊ ***Clipper FairTrade***						
	*Clipper have changed the names of three of their coffees. Instant Freeze Dried (600572) is now called **Instant Coffee House Blend - 4**; 600571 now includes the strength in its name, and 600580 was called Papua New Guinea R&G and is now **House Blend Coffee**.*						
☆	Instant Coffee House Blend- 4 - tin	*organic*	1x500g	26.55		*35.40*	**600572**
	Instant Everyday Coffee	*organic*	6x100g	31.35		*6.97*	**600570**
☆	Instant Decaf Coffee - 3 - tin	*organic*	1x500g	30.10		*40.13*	**600571**
◆	Instant Decaffeinated Coffee	*organic*	6x100g	36.35		*8.08*	**600575**
◆	Instant Coffee - House Blend	*organic*	6x100g	32.90		*7.31*	**600578**
	Instant Coffee - Latin American	*organic*	6x100g	33.05		*7.34*	**600576**
	Instant Decaf Coffee - Latin American	*organic*	6x100g	36.35		*8.08*	**500577**
◆	Instant Coffee - Rich Roast	*organic*	6x100g	32.90		*7.31*	**600579**
☆	House Blend Coffee R&G	*organic*	8x227g	33.10		*5.51*	**600580**
	Italian Style Coffee R&G	*organic*	8x227g	33.10		*5.51*	**600587**
	Decaffeinated Coffee R&G	*organic*	8x227g	38.85		*6.48*	**600592**
	❊ ***Equal Exchange Original FairTrade R&G Coffee***						
◆	Dark City Roast Coffee Ground - 4	*organic*	8x200g	36.00		*6.00*	**600610**
	Decaf Dark Roast Ground Coffee - 4	*organic*	8x200g	41.00		*6.83*	**600612**
	Decaf Medium Roast Ground Coffee - 3	*organic*	8x200g	41.00		*6.83*	**600615**
◆	Medium R&G Coffee - 3	*organic*	8x200g	36.00		*6.00*	**600605**
	❊ ***Equal Exchange Single Origin FairTrade R&G Coffee***						
	DR Congo R&G Coffee - 3	*organic*	8x200g	36.00		*6.00*	**600549**
	Ethiopian Yirgacheffe R&G Coffee - 3	*organic*	8x200g	38.50		*6.42*	**600550**
	Guatemalan R&G Coffee - 3	*organic*	8x200g	36.00		*6.00*	**600551**
	❊ ***Equal Exchange Modern Blends FairTrade R&G Coffee***						
◆	Italian Coffee R&G - 5	*organic*	8x200g	36.00		*6.00*	**600685**
◆	Women Grew This Coffee R&G - 3	*organic*	8x200g	36.00		*6.00*	**600695**
	❊ ***Equal Exchange FairTrade Coffee Beans***						
	Coffee Beans Roast-Colombian Excelso - 3	*organic*	8x200g	36.00		*6.00*	**600650**
	Coffee Beans Roast-Ethiopian Yirgacheffe - 3	*organic*	8x200g	38.50		*6.42*	**600652**
◆	Coffee Beans Roast-Italian - 5	*organic*	8x200g	36.00		*6.00*	**600654**
◆	Coffee Beans - Medium roast - 3	*organic*	8x200g	36.00		*6.00*	**600657**
◆	Coffee Beans - Dark City roast - 4	*organic*	8x200g	36.00		*6.00*	**600660**
	Coffee Beans - Decaf Dark Roast - 4	*organic*	8x200g	41.00		*6.84*	**600661**
	Coffee Beans - decaffeinated - 3	*organic*	8x200g	41.00		*6.83*	**600662**
◆	Coffee Beans - Women grown - 3	*organic*	8x200g	36.00		*6.00*	**600664**
	Coffee Beans - medium roast - 3 - single	*organic*	1x1000g	18.30		*24.43*	**600635**
	Coffee Beans - dark roast - 4 - single	*organic*	1x1000g	18.30		*24.43*	**600640**
	Coffee Beans - espresso - 4 - single	*organic*	1x1000g	18.30		*24.43*	**600645**
	Coffee Beans - Italian - 5 - single	*organic*	1x1000g	18.30		*24.43*	**600647**
	Coffee Beans - Women grown - 3	*organic*	1x1000g	18.30		*24.43*	**600648**
	❊ ***Grumpy Mule Ground***						
◆	Colombia Ground Equidad - 4 - FT	*organic*	6x227g	25.10		*5.59*	**600805**
◆	Honduras Ground Community FT - 3	*organic*	6x227g	25.10		*5.58*	**600818**
◆	Peru Ground Femenino - 4 - FT - Bird Friendly	*organic*	6x227g	25.10		*5.59*	**600813**
◆	Sumatra Ground Gayo Highlands - 4 - FT	*organic*	6x227g	25.10		*5.59*	**600807**
◆	Decaffeinated Ground (Swiss water) - 3 - FT	*organic*	6x227g	28.45		*6.32*	**600815**
	❊ ***Grumpy Mule Beans***						
◆	Beans - Espresso - 5	*organic*	6x227g	26.20		*5.82*	**600830**
◆	Beans - Sumatra - 4	*organic*	6x227g	25.10		*5.59*	**600832**
◆	Beans - Landscape Espresso - 5	*organic*	1x1kg	18.25		*24.37*	**600841**
◆	Beans - Milestone - 3		1x1kg	17.05		*22.76*	**600844**
	If You Care Coffee Filters - see "Kitchen & Household Goods"						
	❊ ***Infinity Foods organic coffee***						
	Infinity Blend - wholebean coffee in a box	*organic*	5kg	96.10	19.22		**600770**
	❊ ***Percol - Home Compostable & Plastic-free Packaging, Fair Trade***						
▲	Rich Americano R&G Coffee - 4	*organic*	6x200g	20.95		*4.67*	**601306**

	Description		size	price	£/unit	RRP	code
	⁜ ***Red Roaster Speciality Coffee***						
	Decaffeinated - ziplock cafetière ground	*organic*	6x200g	29.85		*6.63*	**601365**
	Glasshouse - ziplock cafetière ground	*organic*	6x200g	29.30		*6.51*	**601370**
	Glasshouse - box wholebean	*organic*	5kg	98.25	19.65		**601371**
	Glasshouse - bag wholebean	*organic*	1kg	19.90	19.90		**601372**
	Glasshouse - tube wholebean	*organic*	5x200g	24.40		*6.51*	**601374**
	Colombian Single Origin - tube wholebean	*organic*	5x200g	25.30		*6.75*	**601376**
	Colombian - ziplock cafetière ground	*organic*	6x200g	30.45		*6.77*	**601378**
	Colombian Single Origin - box wholebean	*organic*	5kg	102.95	20.59		**601379**
	Colombian Single Origin - bag wholebean	*organic*	1kg	20.85	20.85		**601380**
	⁜ ***Source - climate change coffee - single origin***						
	The first coffee with its own carbon credit number www.sourceclimatechange.com						
◆	Gishwati Rwandan Cloud Forest Coffee R&G - 4	*organic*	6x227g	30.35		*6.74*	**601330**
◆	Kilimanjaro Espresso Cloud Forest Coffee R&G - 5	*organic*	6x227g	30.35		*6.74*	**601332**
◆	Mexican La Sierra Cloud Forest Coffee R&G - 3	*organic*	6x227g	30.35		*6.74*	**601335**
◆	Rio Coco Nicaragua Cloud Forest Coffee R&G - 3	*organic*	6x227g	30.35		*6.74*	**601347**
◆	Rio Coco Nicaragua Cloud Forest Coffee Bean - 3	*organic*	6x227g	30.35		*6.74*	**601348**
◆	Uganda Mount Elgon Cloud Forest R&G - 4	*organic*	6x227g	30.35		*6.74*	**601336**

■ Coffee Substitutes, Malted Drinks, Carob & Cocoa Products

	⁜ ***Barley Cup - instant drinks (not gluten-free)***						
	Organic Barley Cup	*organic*	6x100g	23.60		*5.25*	**612605**
	Barley Cup Original - sml		6x100g	16.85		*3.75*	**612607**
	Barley Cup Original- lge		6x200g	29.65		*6.60*	**612610**
	Barley Cup with Calcium and Vitamins		6x100g	20.20		*4.49*	**612606**
	Barley Cup with Fibre		6x100g	20.20		*4.49*	**612609**
	Barley Cup with Magnesium		6x100g	20.20		*4.49*	**612613**
	Barley Cup Granules		6x200g	33.70		*7.49*	**612612**
	Organic Chicory Cup	*organic*	6x100g	24.70		*5.49*	**612615**
	⁜ ***Clipper - FairTrade***						
	Drinking Chocolate - tub		6x250g	19.45		*4.32*	**611305**
	Instant Hot Chocolate - tub		6x350g	20.95		*4.66*	**611307**
	Instant Hot Chocolate - tub		4x1kg	45.30		*15.08*	**611310**
	⁜ ***Divine - FairTrade***						
	Hot Chocolate - powder		6x400g	19.10		*4.24*	**611502**
	Cocoa Powder		12x125g	26.40		*2.93*	**611505**
	Salted Caramel Hot Chocolate - powder		6x300g	24.00		*5.33*	**763556**
	⁜ ***Equal Exchange - FairTrade***						
	Cocoa Powder (tub)	*organic*	6x250g	24.00		*5.33*	**611510**
	⁜ ***Green & Black - Fair Trade - www.greenandblacks.com***						
	Hot Chocolate - tub	*organic*	6x250g	26.75		*5.95*	**611708**
	Cocoa Powder - FairTrade	*organic*	6x125g	14.55		*3.23*	**611710**
	Cooking Chocolate Bar - 70%	*organic*	15x150g	28.00		*2.49*	**611715**
	⁜ ***Hambleden Herbs***						
	Carob Powder	*organic*	6x150g	20.20		*4.49*	**313375**
	⁜ ***Infinity Foods - Raw Cacao***						
	Cacao Butter - Raw	*organic*	15kg	150.00	10.00		**612011**
	Cacao Butter - Raw	*organic*	5kg	51.85	10.37		**612012**
	Cacao Butter - Raw	*organic*	1kg	11.80	11.80		**612014**
	Cacao Butter - Raw	*organic*	6x250g	21.00		*4.67*	**612016**
	Cacao Powder 10-12% - Raw	*organic*	25kg	175.00	7.00		**612018**
	Cacao Powder 10-12% - Raw	*organic*	1kg	11.00	11.00		**612020**
	⁜ ***Infinity Foods - Raw Cacao Nibs***						
▲	Cacao Nibs - raw	*organic*	15kg	263.55	17.57		**764205**
▲	Cacao Nibs - raw	*organic*	1kg	19.35	19.35		**764210**
▲	Cacao Nibs - raw	*organic*	6x250g	29.90		*6.64*	**8075**
▲	Cacao Nibs - raw	*organic*	12x125g	32.35		*3.59*	**8080**

	Description		size	price	£/unit	RRP	code
	⁜ ***Cocoa Powder***						
	Cocoa Powder - 10-12% fat	*organic*	25kg	143.00	5.72		**612005**
	Cocoa Powder - 10-12% fat	*organic*	1kg	10.50	10.50		**612010**
	⁜ ***Infinity Foods - Bulk Chocolate Couverture***						
	55% Dark Couverture	*organic*	5kg	57.65	11.53		**612030**
	73% Very Dark Couverture	*organic*	5kg	60.50	12.10		**612035**
	Milk Couverture	*organic*	5kg	59.65	11.93		**612040**
	White Couverture	*organic*	5kg	62.15	12.43		**612045**
	55% Dark Couverture	*organic*	2.5kg	29.20	11.68		**612050**
	73% Very Dark Couverture	*organic*	2.5kg	30.65	12.26		**612055**
	Milk Couverture	*organic*	2.5kg	30.45	12.18		**612060**
	White Couverture	*organic*	2.5kg	31.50	12.60		**612065**
	⁜ ***Infinity Foods - Retail Chocolate Couverture***						
	Cooking Chocolate - 73% very dark	*organic*	6x300g	23.90		*5.31*	**9093**
	Cooking Chocolate - milk	*organic*	6x300g	23.50		*5.22*	**9094**
	⁜ ***Prewett's***						
	Instant Chicory	*organic*	6x100g	23.80		*5.29*	**612855**
	⁜ ***The Raw Chocolate Co. - Fair Trade - sugar, dairy & gluten-free***						
▲	Raw Cacao Nibs	*organic*	6x150g	20.95		*4.66*	**766892**
▲	Cacao Powder	*organic*	6x180g	20.95		*4.66*	**766893**
▲	Raw Cacao Butter Buttons	*organic*	6x200g	29.35		*6.52*	**766909**
	⁜ ***Sweet Revolution - Barista Blend just add hot milk/mylk - vegan***						
	Beetroot Latte with ginger - Barista	*organic*	4x100g	27.80		*9.27*	**620018**
	Blue Chai Latte with spirulina - Barista	*organic*	4x100g	27.80		*9.27*	**620019**
☆	Chai Latte with reishi - Barista	*organic*	4x100g	27.80		*9.27*	**620020**
	Cacao Latte with Chaga - Barista	*organic*	4x100g	27.80		*9.27*	**620023**
	Matcha Latte with vanilla - Barista	*organic*	4x70g	27.80		*9.27*	**620024**
	Turmeric Latte with black pepper - Barista	*organic*	4x100g	27.80		*9.27*	**620026**
	⁜ ***Sweet Revolution - instant hot drinks - vegan***						
	Beetroot Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620096**
	Hot Chocolate - Instant	*organic*	5x200g	31.25		*8.33*	**620100**
	Matcha Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620105**
	Reishi Chai Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620110**
	Turmeric Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620115**
	⁜ ***Vivani***						
	Fine Dark Cooking Chocolate	*organic*	10x200g	32.10		*4.28*	**613500**
	⁜ ***Whole Earth***						
	Nocaf	*organic*	9x100g	20.50		*3.04*	**613503**
	Wakecup		9x125g	26.60		*3.94*	**613505**

■ Drinks - Herbal, Tonic, Coconut and Iced Tea

	⁜ ***Belvoir - non alcoholic seasonal punch***						
	Mulled Winter Punch - non-alcoholic		6x750ml	15.75 V		*4.20*	**640105**
	Spiced Ginger Punch - non-alcoholic		6x750ml	15.75 V		*4.20*	**640110**
	⁜ ***Biona - Kombucha - glass***						
	On offer is Biona organic kombucha in glass, the pricing below represents a discount of 15%.						
❒	Kombucha Ginger & Lime	*organic*	6x330ml	10.45 V		*2.79*	**641012**
❒	Kombucha Original	*organic*	6x330ml	10.45 V		*2.79*	**641014**
❒	Kombucha Cherry & Mint	*organic*	6x330ml	10.45 V		*2.79*	**641016**
	⁜ ***Captain Kombucha - PET***						
	Original Kombucha	*organic*	12x400ml	22.30 V		*2.97*	**640800**
	Raspberry Kombucha	*organic*	12x400ml	22.30 V		*2.97*	**640810**
	Ginger Lemon Kombucha	*organic*	12x400ml	22.30 V		*2.97*	**640812**

	Description		size	price	£/unit	RRP	code
	⁕ ***Clipper FairTrade -***						
	On offer are Clipper organic fusion drinks, the pricing below represents a discount of 15%.						
❒	Chamomile Peach & Orange Fusion	*organic*	12x250ml	11.05 V		*1.49*	**641830**
❒	Lemon Ginger & Rooibos Fusion	*organic*	12x250ml	11.05 V		*1.49*	**641832**
	⁕ ***Cocofina organic - tetra***						
	Coconut Water	*organic*	12x1l	29.15 V		*3.89*	**640360**
	⁕ ***Counter Culture Vegan Sparkling Kombucha - tin***						
	New from Counter Culture three vegan gluten-free sparkling Kombuchas in aluminium cans. They are brewed using green tea at a carbon neutral fermentary in Bristol. The artwork on the cans is eye-catching and modern and 51% of shares and 5% of sales go towards social initiatives. ***Against the Current - Rhubarb + Hibiscus Kombucha*** *is a light kombucha with sharp rhubarb balanced with the deep raspberry notes of hibiscus.* ***Al of the Storm - Mango + Ginger + Lime Kombucha*** *- the perfectly balanced triple tipple with sea salt and turmeric.* ***Look Up - Lemongrass + Ginger Kombucha*** *- zesty lemongrass with a kick of ginger, try it served over ice for any social occasion that needs a lift. These sparkling kombuchas are brewed to be lighter in acidity than a typical booch.*						
⁕	Against the Current - Rhubarb + Hibiscus Kombucha		12x330ml	16.80 V		*2.30*	**640366**
⁕	Al of the Storm - Mango + Ginger + Lime Kombucha		12x330ml	16.80 V		*2.30*	**640368**
⁕	Look Up - Lemongrass + Ginger Kombucha	*organic*	12x330ml	16.80 V		*2.30*	**640370**
	⁕ ***Gusto organic Drinks - glass bottle***						
	Gusto Original Organic Energy	*organic*	12x250ml	16.30 V		*2.17*	**641605**
	Gusto - Organic Cherry Cola	*organic*	12x275ml	15.20 V		*2.03*	**641604**
	Gusto - Organic Real Cola - FT	*organic*	12x275ml	15.20 V		*2.03*	**641606**
	Gusto - Fiery Ginger with Jalapeño - FT	*organic*	12x275ml	15.20 V		*2.03*	**641608**
▲	Gusto - Lemon energy	*organic*	12x250ml	16.30 V		*2.17*	**641607**
	Gusto - Sicilian Blood Orange - FT	*organic*	12x275ml	15.20 V		*2.03*	**641609**
	Gusto - Yuzu Lemonade - FT	*organic*	12x275ml	16.50 V		*2.20*	**641611**
	⁕ ***Honegar -50% honey & 50% cider vinegar***						
	On offer is Rayners Honegar, the pricing below represents a discount of 20%.						
❒	Honegar - small		6x500ml	16.45 V		*4.39*	**641505**
❒	Honegar		6x750ml	24.75 V		*6.61*	**641507**
	⁕ ***Lo Bros Vegan Kombucha - glass***						
	On offer is Lo Bros kombucha, the pricing below represents a discount of 15%.						
❒	Cola Kombucha Living Soda		12x330ml	16.00 V		*2.13*	**641514**
❒	Blueberry Lemonade Kombucha		12x330ml	16.00 V		*2.13*	**641521**
❒	Fruit Crush Kombucha Limited Edition		12x330ml	16.00 V		*2.13*	**641522**
❒	Ginger & Lemon Kombucha		12x330ml	16.00 V		*2.13*	**641524**
❒	Raspberry & Blackcurrant Kombucha		12x330ml	16.00 V		*2.13*	**641528**
❒	Raspberry & Lemon Kombucha		12x330ml	16.00 V		*2.13*	**641526**
❒	Original Kombucha		12x330ml	16.00 V		*2.13*	**641527**
❒	Passion Fruit Kombucha		12x330ml	16.00 V		*2.13*	**641628**
❒	Peach & Ginger Fruit Kombucha		12x330ml	16.00 V		*2.13*	**641629**
	⁕ ***Mighty Brew Vegan Kombucha - glass***						
	Elderflower Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641640**
	Jasmine Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641642**
	Lemongrass Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641644**
	Sencha Kombucha	*organic*	20x275ml	33.55 V		*2.69*	**641646**
	Elderflower Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641650**
	Jasmine Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641652**
	Lemongrass Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641654**
	Sencha Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641656**
	⁕ ***Purdey's vegan drinks in glass bottle***						
	Purdey's Refocus - Dark Fruits with Guarana		12x330ml	12.65 V		*1.69*	**641024**
	Purdey's - Rejuvenate - Grape & Apple with Ginseng		12x330ml	12.65 V		*1.69*	**641025**
	Purdey's Replenish - Raspberry & Rose		12x330ml	12.65 V		*1.69*	**641026**

	Description		size	price	£/unit	RRP	code
	⁜ ***Suma***						
	*New and on offer from Suma is organic vegan **Cola Kombucha**, an exciting fusion of traditional cola flavours with the fizzy, tangy essence of kombucha. Bursting with a billion cultures, Suma's cola kombucha is craft brewed and traditionally fermented with no artificial sweeteners. The pricing below represents a discount of 10%.*						
❒	Cola Kombucha - New!	*organic*	24x250ml	23.55 V	*1.57*		**641022**
❒	Elderflower Lemon Kombucha	*organic*	24x250ml	23.55 V	*1.57*		**641033**
❒	Ginger Kombucha	*organic*	24x250ml	23.55 V	*1.57*		**641035**
❒	Lychee Lemongrass Kombucha	*organic*	24x250ml	23.55 V	*1.57*		**641038**
❒	Peach & Turmeric Kombucha	*organic*	24x250ml	23.55 V	*1.57*		**641036**
❒	Strawberry & Raspberry Kombucha	*organic*	24x250ml	23.55 V	*1.57*		**641037**
	⁜ ***UFC - coconut water - Tetra - Thai***						
	On offer is UFC coconut water, the pricing below represents a discount of 20% although in the case of the Watermelon variety it is off a MUCH higher price of £14.50 (RRP 3.87)						
❒	Coconut Water		6x1l	9.50 V	*2.53*		**642905**
❒	Coconut Water		12x500ml	13.40 V	*1.79*		**642907**
❒	Watermelon Coconut Water		6x1l	11.60 V	*3.09*		**642914**

■ Drinks - Fruit & Vegetable Juices, Cordials & Water

	⁜ ***Aquapax***						
	Still natural water, suitable for babies						
	Still Mineral Water - in tetra		12x500ml	7.25 V	*0.99*		**702355**
	Sparkling British Spring Water in a can		24x330ml	13.55 V	*0.93*		**702361**
	⁜ ***Belvoir Cordials - www.belvoircordials.co.uk***						
◆	Elderflower Cordial	*organic*	6x500ml	21.65 V	*5.78*		**660560**
◆	Ginger Cordial	*organic*	6x500ml	21.65 V	*5.78*		**660565**
◆	Lemon & Mint Cordial	*organic*	6x500ml	21.65 V	*5.78*		**660566**
	Mulled Winter Cordial		6x500ml	20.60 V	*5.50*		**660569**
	⁜ ***BetterYou - aluminium can***						
◆	Magnesium Water Energy - pomegranate & rhubarb		12x250ml	15.35 V	*2.05*		**672000**
◆	Magnesium Water Focus - blueberry & mint		12x250ml	15.35 V	*2.05*		**672001**
◆	Magnesium Water Hydrate - lime & bergamot		12x250ml	15.35 V	*2.05*		**672002**
	⁜ ***Big Tom - Spiced Tomato Mix from James White***						
	Big Tom - large bottles		6x750ml	12.10 V	*3.23*		**672005**
	Big Tom - small bottles		24x250ml	20.05 V	*1.34*		**672010**
	⁜ ***Biona Juices & Drinks - glass bottles***						
	On offer are selected Biona organic juices, the pricing marked ❒ below represents a discount of 15%.						
❒	Acerola Cherry Juice - pure 100%	*organic*	6x330ml	23.85 V	*6.37*		**660675**
❒	Blueberry Juice - 100%	*organic*	6x330ml	27.05 V	*7.22*		**660685**
	Tart Cherry Juice - 100% - lge	*organic*	6x1l	28.80 V	*7.68*		**660687**
	Tart Cherry Juice - 100% - sml	*organic*	6x200ml	10.80 V	*2.88*		**660688**
	Cranberry Juice - 100% - sml	*organic*	6x330ml	22.45 V	*5.99*		**660712**
❒	Cranberry Juice -100% - lge	*organic*	6x750ml	31.80 V	*8.49*		**660714**
❒	Elderberry Juice - 100%	*organic*	6x330ml	16.85 V	*4.49*		**660717**
	Ginger Juice - sml	*organic*	6x200ml	20.20 V	*5.39*		**660720**
	Lemon Juice - sml - 100%	*organic*	6x200ml	10.75	*2.39*		**660722**
	Lime Juice - sml - 100%	*organic*	6x200ml	13.45	*2.99*		**660724**
	Pomegranate Juice - 100% - lge	*organic*	6x1l	28.05 V	*7.49*		**660690**
	Pomegranate Juice -100% - sml	*organic*	6x200ml	10.05 V	*2.68*		**660692**
◆	Apple Juice - lge	*organic*	6x750ml	13.45 V	*3.59*		**660693**
	Apple & Mango Juice	*organic*	6x750ml	21.30 V	*5.69*		**660713**
◆	Carrot Juice	*organic*	6x750ml	14.55 V	*3.89*		**660694**
	Cranberry Drink - sweetened	*organic*	6x750ml	23.20 V	*6.19*		**660711**
◆	Orange Juice	*organic*	6x750ml	22.05 V	*5.89*		**660695**
	Peach Apricot and Apple Juice	*organic*	6x1l	21.30 V	*5.68*		**660707**
◆	Red Grape Juice	*organic*	6x750ml	18.30 V	*4.89*		**660696**
◆	Tomato Juice	*organic*	6x750ml	14.55 V	*3.89*		**660697**

	Description		size	price	£/unit	RRP	code
	❊ ***Biona - Tetra***						
	Apple Juice - Tetra	*organic*	6x1l	13.80 V		*3.68*	**660680**
	Beetroot Juice - Tetra	*organic*	12x500ml	20.15 V		*2.69*	**660684**
	Carrot Juice - Tetra	*organic*	12x500ml	18.65 V		*2.49*	**660689**
	Vegetable Juice - Tetra	*organic*	12x500ml	17.90 V		*2.39*	**660686**
	❊ ***Cawston Press - Tetra***						
	*New and on offer from Cawston Press is vegan gluten-free **Sunshine Orange Fruit Water - multipack**. This is a mix of not-from-concentrate pressed apple juice, orange juice and antioxidant vitamin C; there is a vibrant burst of flavours in every sip. It is school compliant and packed in a tetra pack with a paper straw. The pricing below represents a discount of 20%.*						
❒	Cloudy Apple		6x1l	10.65 V		*2.84*	**661157**
❒	Apple & Ginger		6x1l	10.65 V		*2.84*	**661159**
❒	Apple & Rhubarb		6x1l	10.65 V		*2.84*	**661160**
❒	Brilliant Beetroot		6x1l	11.60 V		*3.09*	**661162**
❒	Squeezed Orange		6x1l	11.60 V		*3.09*	**661164**
❒	Apple & Mango Fruit Water - multipack		6x3x200ml	9.40 V		*2.51*	**661170**
❒	Apple & Pear Fruit Water - multipack		6x3x200ml	9.40 V		*2.51*	**661172**
❒	Apple & Summer Berries Fruit Water - multipack		6x3x200ml	9.40 V		*2.51*	**661174**
❒	Sunshine Orange Fruit Water - multipack - New!		6x3x200ml	9.40 V		*2.51*	**661175**
	❊ ***Gusto Organic Drinks please see the Herbal, tonic drink section***						
	❊ ***Herons Folly Garden - Sussex - glass***						
	Apple Juice	*organic*	6x1l	15.80 V		*4.21*	**662205**
	❊ ***James White unfiltered juices - glass***						
	On offer are James White organic unfiltered juices, the pricing below represents a discount of 15%.						
❒	Apple Juice	*organic*	6x750ml	11.05 V		*2.95*	**664505**
❒	Apple & Crushed Ginger Juice	*organic*	6x750ml	11.40 V		*3.04*	**664507**
❒	Carrot & Apple Juice	*organic*	6x750ml	11.40 V		*3.04*	**664510**
❒	Pear Juice	*organic*	6x750ml	11.40 V		*3.04*	**664518**
❒	Apple Juice	*organic*	24x250ml	19.45 V		*1.30*	**664520**
❒	Apple & Crushed Ginger Juice	*organic*	24x250ml	19.45 V		*1.30*	**664522**
❒	Carrot & Apple Juice	*organic*	24x250ml	19.45 V		*1.30*	**664523**
❒	Pear Juice	*organic*	24x250ml	19.45 V		*1.30*	**664530**
❒	Carrot Juice	*organic*	6x750ml	11.40 V		*3.04*	**664560**
❒	Tomato Juice	*organic*	6x750ml	11.40 V		*3.04*	**664562**
❒	Mixed Vegetables Juice	*organic*	6x750ml	11.40 V		*3.04*	**664565**
	❊ ***James White - Beet It***						
	On offer are selected James White organic Beet it juices, the pricing marked ❒ below represents a discount of 15%.						
❒	Beetroot Juice - Beet It - large - glass	*organic*	6x750ml	11.20 V		*2.98*	**664555**
❒	Beetroot Juice - Beet It - small - plastic	*organic*	12x250ml	11.10 V		*1.49*	**664590**
	Beet It - Shot - conc. beetroot juice - plastic	*organic*	15x70ml	19.75		*1.75*	**664592**
❒	Ginger Beet It - glass	*organic*	6x750ml	11.60 V		*3.09*	**664595**
❒	1l Tetra Beetroot Juice - Beet It	*organic*	8x1l	17.35 V		*3.47*	**664605**
	❊ ***James White - Veg It***						
	On offer is James White Veg-It Tetra, the pricing below represents a discount of 10%.						
❒	Veg-It Tetra - blend of 8 vegetables		8x1l	15.75 V		*3.15*	**664608**
	❊ ***James White - Zingers - intense shots***						
◆	Lime & Chilli Zinger	*organic*	15x70ml	14.90 V		*1.59*	**664620**
◆	Ginger Zinger	*organic*	15x70ml	14.90 V		*1.59*	**664622**
◆	Intense Sour Cherry Zinger		15x70ml	14.90 V		*1.59*	**664624**
◆	Xtra Hot Ginger Zinger	*organic*	15x70ml	14.90 V		*1.59*	**664625**
◆	Golden Turmeric Juice Zinger		15x70ml	14.90 V		*1.59*	**664627**
◆	Big Zinger Ginger	*organic*	6x330ml	16.05 V		*4.28*	**664628**
◆	Big Zinger Turmeric		6x330ml	16.05 V		*4.28*	**664630**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Life Water - glass bottles -100% Carbon Neutral***															
	supports www.drop4drop.org.uk projects															
❊	**Point of Sale - please phone 08452025433**															
	Glass Bottles Life Still Water		12x750ml	9.75 V		*1.30*	**702420**									
	Glass Bottles Life Still Water		24x330ml	10.60 V		*0.71*	**702422**									
	Glass Bottles Life Sparkling Water		12x750ml	9.75 V		*1.30*	**702425**									
	Glass Bottles Life Sparkling Water		24x330ml	10.60 V		*0.71*	**702426**									
❊	***Life Water - Aluminium Cans -100% Carbon Neutral***															
	supports www.drop4drop.org.uk projects in the															
	Point of Sale - please phone 08452025433															
	Canned Life Sparkling Water		24x330ml	10.60 V		*0.71*	**702428**									
	Canned Life Still Water		24x330ml	10.60 V		*0.71*	**702430**									
❊	***Luscombe - glass***															
	English Apple Juice	*organic*	24x270ml	39.15 V		*2.61*	**661541**									
	Orange juice	*organic*	24x270ml	39.15 V		*2.61*	**661546**									
❊	***Mr Organic - glass***															
	Lime juice	*organic*	12x250ml	26.90		*2.99*	**662420**									
	Sicillian Lemon juice	*organic*	12x250ml	22.40		*2.49*	**662422**									
❊	***Oakwood Farm - glass***															
	Apple Juice Blend	*organic*	6x1l	15.75 V		*4.20*	**662435**									
	Adam's Pearmain Apple Juice	*organic*	6x1l	15.75 V		*4.20*	**662433**									
	Ashmead's Kernel Apple Juice	*organic*	6x1l	15.75 V		*4.20*	**662437**									
	Bramley/Dessert Apple Juice Blend	*organic*	6x1l	15.75 V		*4.20*	**662467**									
	Fiesta Apple Juice	*organic*	6x1l	15.75 V		*4.20*	**662445**									
	Gala Apple Juice	*organic*	6x1l	15.75 V		*4.20*	**662447**									
	King's Acre Pippin Apple Juice	*organic*	6x1l	15.75 V		*4.20*	**662468**									
	Pear Juice	*organic*	6x1l	15.75 V		*4.20*	**662470**									
❊	***OHMG***															
	On offer is OHMG magnesium water, the pricing below represents a discount of 20%.															
❒	OHMG - Sparkling Magnesium Water		12x330ml	10.95 V		*1.59*	**662480**									
❒	OHMG - Raspberry & Lemon Balm		12x330ml	10.95 V		*1.59*	**662482**									
❒	OHMG - Peach & Rosemary		12x330ml	10.95 V		*1.59*	**662484**									
❒	OHMG - Blackcurrant & Vitamin C		12x330ml	10.95 V		*1.59*	**662486**									
❊	***Pip Organic - fruity water - tetra with straw (can also be sold singly)***															
	School compliant															
	Blackcurrant, Raspberry & Apple Juice with Water	*organic*	6x4x180ml	19.05 V		*5.08*	**472698**									
	Mango, Orange & Apple Fruity Juice with water	*organic*	6x4x180ml	19.05 V		*5.08*	**472699**									
❊	***Pip Organic - pure juice - tetra with straw (can also be sold singly)***															
	Cloudy Apple Juice	*organic*	6x4x180ml	19.05 V		*5.08*	**472705**									
	Smooth Orange Juice	*organic*	6x4x180ml	19.05 V		*5.08*	**472608**									
	Pineapple & Mango Smoothie	*organic*	6x4x180ml	19.05 V		*5.08*	**472710**									
	Strawberry & Blackcurrant Juice	*organic*	6x4x180ml	19.05 V		*5.08*	**472715**									
	Strawberry, Banana & Purple Carrot Smoothie	*organic*	6x4x180ml	19.05 V		*5.08*	**472718**									
❊	***Pip Organic - pure juice - tetra***															
	Valencia Orange Tetra	*organic*	8x1l	23.25 V		*4.65*	**472722**									
❊	***Rocks Squash***															
	Blackcurrant Squash		6x740ml	13.80 V		*3.68*	**662730**									
	Orange Squash		6x740ml	13.80 V		*3.68*	**662734**									
	Summer Fruit Squash		6x740ml	13.80 V		*3.68*	**662735**									
❊	***Stute - Juices - 1 litre Elopak***															
	Apple Juice		12x1l	13.95 V		*1.86*	**676012**									
	Cranberry Juice Drink		12x1l	12.65 V		*1.69*	**676014**									
❊	***Suma***															
	Apple Juice Concentrate	*organic*	6x400ml	21.35 V		*5.69*	**663205**									
	Apple & Blackcurrant Juice Concentrate	*organic*	6x400ml	23.60 V		*6.29*	**663210**									

	Description		size	price	£/unit	RRP	code
	⁜ ***Sunita - glass***						
	Lemon Juice	*organic*	12x250ml	18.65		*2.07*	**796002**
	Lemon Juice	*organic*	6x1l	34.00		*7.56*	**796003**
	Lime Juice	*organic*	12x250ml	18.65		*2.07*	**795995**
	Orange Juice - freshly squeezed	*organic*	6x1l	19.65 V		*5.24*	**796004**
	⁜ ***Sunita - in plastic***						
	Lemon Juice - sml		12x200ml	6.35		*0.71*	**796005**
	Lemon Juice - lge		5l	13.90	2.78		**796010**
	⁜ ***Sussex Orchards - pressed juice in glass***						
	Grown and juiced by a Sussex Charity supporting adults with learning difficulties						
	Apple Juice - sml		12x330ml	9.90 V		*1.32*	**796072**
	⁜ ***Vitacore - in glass***						
◆	Blueberry Drink	*organic*	6x500ml	22.30 V		*5.95*	**663511**
◆	Cranberry Drink	*organic*	6x500ml	22.30 V		*5.95*	**663512**
▲	Pomegranate Juice	*organic*	6x500ml	14.80 V		*3.95*	**663513**
◆	Prune Juice	*organic*	6x500ml	22.30 V		*5.95*	**663514**

■ Drinks - Carbonated

	⁜ ***Belvoir - Pressés - www.belvoircordials.co.uk***						
◆	Elderflower Pressé	*organic*	6x750ml	14.95 V		*3.99*	**660575**
◆	Elderflower Pressé	*organic*	12x250ml	13.80 V		*1.84*	**660577**
◆	Ginger Beer	*organic*	6x750ml	14.95 V		*3.99*	**660580**
◆	Ginger Beer	*organic*	12x250ml	13.80 V		*1.84*	**660582**
◆	Lemonade	*organic*	12x250ml	13.80 V		*1.84*	**660587**
	⁜ ***Cawston Press - cans***						
	*New and on offer from Cawston Press is vegan gluten-free **Cloudy Lemonade Sparkling** in a can. Squeezed lemons, crisp apples and sparkling water combine for this classic summer drink. The pricing below represents a discount of 20% off the new case price of £20.20.*						
❒	Cloudy Apple Sparkling		24x330ml	16.15 V		*1.08*	**661200**
❒	Cloudy Lemonade Sparkling - New!		24x330ml	16.15 V		*1.08*	**661202**
❒	Elderflower Lemonade		24x330ml	16.15 V		*1.08*	**661204**
❒	Ginger Beer Sparkling		24x330ml	16.15 V		*1.08*	**661208**
❒	Orange Sparkling		24x330ml	16.15 V		*1.08*	**661210**
❒	Rhubarb Sparkling		24x330ml	16.15 V		*1.08*	**661212**
	⁜ ***Fentimans Botanical Brews - glass***						
	On offer are Fentimans botanical brews, the pricing below represents a discount of 20%.						
❒	Cherry Cola		12x275ml	12.25 V		*1.63*	**671795**
❒	Curiosity Cola - sml		12x275ml	12.25 V		*1.63*	**671802**
❒	Dandelion & Burdock		12x275ml	12.25 V		*1.63*	**671803**
❒	Traditional Ginger Beer - sml		12x275ml	12.25 V		*1.63*	**671805**
❒	Raspberry Lemonade		12x275ml	12.25 V		*1.63*	**671801**
❒	Rose Lemonade - sml		12x275ml	12.25 V		*1.63*	**671807**
❒	Victorian Lemonade		12x275ml	12.25 V		*1.63*	**671810**
❒	Mandarin Seville Orange Jigger		12x275ml	12.25 V		*1.63*	**671815**
❒	Lemon Shandy - beer & lemonade		12x275ml	12.25 V		*1.63*	**671817**
❒	Sparkling Elderflower		12x275ml	12.25 V		*1.63*	**671816**
	⁜ ***Fentimans Botanical Brews - glass - Large***						
	Rose Lemonade - large		6x750ml	16.60 V		*4.43*	**671825**
	Traditional Ginger Beer - large		6x750ml	16.60 V		*4.43*	**671830**
	⁜ ***Fentimans Botanical Brews - glass - Mixers***						
	Original Tonic Water - Mixer		6x4x200ml	18.25 V		*4.87*	**671917**
	⁜ ***Karma Drinks - FairTrade - cans***						
	On offer are Karma Fairtrade drinks in cans, the pricing below represents a discount of 20%.						
❒	Karma Cola - can	*organic*	24x250ml	16.15 V		*1.08*	**661290**
❒	Gingerella Ginger Ale - can	*organic*	24x250ml	16.15 V		*1.08*	**661292**
❒	Lemony Lemonade - can	*organic*	24x250ml	16.15 V		*1.08*	**661295**

	Description		size	price	£/unit	RRP	code
❒	Razza Raspberry lemonade - can	organic	24x250ml	16.15 V		1.08	661296
❒	Sugar-free Karma Cola - can		24x250ml	16.15 V		1.08	661298
❒	Orangeade - can	organic	24x250ml	16.15 V		1.08	661300
	⁜ ***Karma Drinks - FairTrade - glass***						
	On offer are Karma Fairtrade drinks in glass bottles, the pricing below represents a discount of 20%.						
❒	Karma Cola - bottle	organic	24x300ml	24.00 V		1.60	661306
❒	Gingerella Ginger Ale - bottle	organic	24x330ml	24.00 V		1.60	661311
❒	Lemony Lemonade - bottle	organic	24x300ml	24.00 V		1.60	661316
❒	Razza Raspberry lemonade - bottle	organic	24x300ml	24.00 V		1.60	661314
❒	Sugar-free Karma Cola - bottle		24x300ml	24.00 V		1.60	661317
❒	Orangeade - bottle	organic	24x330ml	24.00 V		1.60	661318
	⁜ ***Luscombe - glass***						
▲	Damascene Rose Bubbly	organic	24x270ml	33.85 V		2.26	661586
▲	Ginger Beer Cool	organic	24x270ml	33.40 V		2.23	661588
▲	Ginger Beer Hot	organic	24x270ml	33.40 V		2.23	661590
▲	Lemonade Sicilian	organic	24x270ml	33.40 V		2.23	661592
▲	Raspberry Crush	organic	24x270ml	37.35 V		2.49	661598
▲	Rhubarb Crush	organic	24x270ml	33.40 V		2.23	661599
▲	Sicilian Citrus Crush (formerly St Clements)	organic	24x270ml	33.40 V		2.23	661600
▲	Wild Elderflower Bubbly		24x270ml	33.85 V		2.26	661604
	⁜ ***Whole Earth Organic Sodas - cans***						
	Apple - cans	organic	24x330ml	18.70 V		1.25	691570
	Cola - cans	organic	24x330ml	18.70 V		1.25	691575
	Elderflower - cans	organic	24x330ml	18.70 V		1.25	691577
	Ginger - cans	organic	24x330ml	18.70 V		1.25	691582
	Lemonade - cans	organic	24x330ml	18.70 V		1.25	691580
	Orange/Lemon - cans	organic	24x330ml	18.70 V		1.25	691585
	Cranberry - cans	organic	24x330ml	18.70 V		1.25	691595

■ Drinks - Soya, Nut, Grain, Milk & Desserts

	⁜ ***Alpro***						
	Almond Drink - Barista		12x1l	25.50		2.83	726398
	Coconut Drink - Barista		12x1l	25.50		2.83	726402
	Soya unsweetened Drink	organic	8x1l	17.05		2.84	726416
	⁜ ***Biona***						
	Coconut Milk Powder	organic	12x150g	35.90		3.99	726500
	⁜ ***Bonsoy - soya alternative to milk***						
	Bonsoy		6x1l	15.95		3.54	726505
	⁜ ***Glebe Farm - gluten-free***						
	On offer is Glebe Farm, the pricing below represents a discount of 15%.						
❒	Organic Pure Oaty Barista - gluten-free	organic	6x1l	9.30		2.06	722219
❒	Pure Oaty Barista - gluten-free		6x1l	8.45		1.88	722221
❒	Pure Oaty Creamy Enriched - gluten-free		6x1l	8.45		1.88	722222
	⁜ ***Good Hemp - Previously Braham & Murray***						
	Creamy Good Hemp alternative to milk		6x1l	10.80		2.40	726608
	⁜ ***Joya - Rice Dream - Hain***						
	Joya Rice Milk - organic	organic	10x1l	15.85		2.15	721003
	Joya Rice Milk + calcium Vits D+B12		8x1l	12.20		2.07	721004
	⁜ ***Just Wholefoods - Vegan***						
◆	Custard Powder - all natural		12x100g	16.50		1.83	723005
◆	VegeSet - alternative to gelatine		10x25g	19.50		2.60	723007
◆	Lively Lemon Jelly Crystals - with sugar		12x85g	16.50		1.83	723010
◆	Raw Raspberry Jelly Crystals - with sugar		12x85g	16.50		1.83	723015
◆	Simply Strawberry Jelly Crystals - with sugar		12x85g	16.50		1.83	723020
◆	Tropical Twist Jelly Crystals - with sugar		12x85g	16.50		1.83	723025

	Description		size	price	£/unit	RRP	code
	⁜ ***Koko - Vegan milk - tetra***						
	On offer are Koko vegan coconut milks, the pricing below represents a discount of 15%.						
❒	Barista Coconut alternative to milk + Calcium		6x1l	8.50		*1.89*	**723203**
❒	Original Coconut alternative to milk + Calcium		6x1l	8.20		*1.82*	**723205**
❒	Unsweetened Coconut alternative to milk + Calcium		6x1l	8.20		*1.82*	**723211**
	⁜ ***Minor Figures - Vegan***						
	The 10l bag in box has no tap. It is for pergal dispensers only.						
	On offer are Selected Minor Figures oat milks, the pricing below represents a discount of 20%.						
❒	Barista Oat		6x1l	7.70		*1.71*	**723540**
❒	Barista Chai Concentrate	*organic*	6x1l	20.25		*4.50*	**723543**
❒	Barista Oat (Organic)	*organic*	6x1l	8.15		*1.81*	**723546**
❒	Everyday Oat		6x1l	7.70		*1.71*	**723547**
	Oat M*lk - bag in box		10l	19.30	1.93		**723541**
	⁜ ***Nutty Bruce - vegan***						
	On offer are Nutty Bruce organic nut milks, the pricing below represents a discount of 15%.						
❒	Activated Almond M*lk	*organic*	6x1l	10.45		*2.32*	**723560**
❒	Activated Almond & Coconut M*lk	*organic*	6x1l	10.45		*2.32*	**723564**
❒	Activated Almond & Oat M*lk	*organic*	6x1l	10.45		*2.32*	**723568**
	⁜ ***Oatly - Vegan***						
	On offer are selected Oatly oat drinks, the pricing marked ❒ below represents a discount of 20%.						
◆	Barista Oat Drink	*organic*	6x1l	10.80		*2.39*	**725708**
	Oat Drink	*organic*	6x1l	9.60		*2.12*	**725710**
❒	Whole Oat Drink (calcium & vitamins)		6x1l	7.65		*1.70*	**725711**
❒	Semi Oat Drink (calcium & vitamins)		6x1l	7.65		*1.70*	**725707**
❒	No Sugars Oat Drink (calcium & vitamins)		6x1l	7.65		*1.70*	**725709**
❒	Chocolate Oat Drink with calcium & vitamins		6x1l	7.65		*1.70*	**725713**
	Foamable Oatly Oat Drink - barista-style		6x1l	10.40		*2.31*	**725714**
	Foamable Oatly Oat Drink - barista-style		10x500ml	10.55		*1.41*	**725717**
❒	Oat Drink Vanilla Flavour		6x1l	7.65		*1.70*	**725718**
❒	Oat Drink Chocolate		18x250ml	9.55		*0.72*	**725722**
	Oatly (dairy-free alt. to) Cream	*organic*	18x250ml	15.85		*1.18*	**725715**
	⁜ ***Plamil - www.plamilfoods.co.uk***						
	Soya Drink	*organic*	8x1l	16.80		*2.80*	**724002**
	⁜ ***Rude Health - gluten-free***						
	On offer are Rude Health organic drinks, the pricing marked ❒ below represents a discount of 15%.						
❒	Ultimate Almond - pure almond drink	*organic*	6x1l	14.70		*3.27*	**724587**
❒	Almond Drink - with rice - Large	*organic*	6x1l	10.30		*2.29*	**724590**
❒	Almond No Sugars Drink	*organic*	6x1l	10.30		*2.29*	**724609**
◆	Barista Almond Drink		6x1l	11.20		*2.49*	**724606**
❒	Roasted Almond Oat Drink	*organic*	6x1l	9.50		*2.11*	**724950**
❒	Brown Rice Drink	*organic*	6x1l	9.50		*2.11*	**724592**
❒	Cashew Drink	*organic*	6x1l	13.35		*2.97*	**724591**
◆	Barista Coconut Drink		6x1l	11.20		*2.49*	**724607**
❒	Coconut Drink	*organic*	6x1l	11.40		*2.53*	**724593**
❒	Hazelnut Drink	*organic*	6x1l	11.40		*2.53*	**724594**
◆	Barista Oat Drink		6x1l	9.00		*2.00*	**724608**
❒	Oat Drink	*organic*	6x1l	9.50		*2.11*	**724595**
◆	Oat Barista Drink	*organic*	6x1l	11.20		*2.49*	**724584**
❒	Oat No Sugars Drink	*organic*	6x1l	9.50		*2.11*	**724616**
◆	Barista Soya Drink	*organic*	6x1l	9.00		*2.00*	**724005**
❒	Soya Drink	*organic*	6x1l	8.80		*1.96*	**724601**
❒	Tiger Nut Drink	*organic*	6x1l	11.40		*2.53*	**724598**

	Description		size	price	£/unit	RRP	code
	❊ ***Sojade - plant based drinks & cream***						
	*New from Sojade, organic vegan gluten-free **Soya Protein - unsweetened** made only from soya beans from France. There is 40g of protein in each 750ml tetra pack which is 5.2g/100ml (compared to 3.8g/100ml for the standard soya). The consistency is the same as the standard soya milk, it is slightly sweeter and has a less pronounced soya taste due to the production process. Very good in tea.*						
◆	Soya Natural - unsweetened	*organic*	8x1l	11.65	*1.94*		**724605**
◆	Soya Mild with apple juice	*organic*	8x1l	12.90	*2.15*		**724611**
❊	Soya Protein - unsweetened	*organic*	8x750ml	11.65	*1.94*		**724612**
◆	Soya + Vanilla	*organic*	8x1l	14.30	*2.39*		**724615**
◆	Chocolate Soya Drink	*organic*	8x1l	16.75	*2.80*		**724617**
◆	Sojade Cuisine - Soya Cream	*organic*	24x200ml	18.80	*1.04*		**724620**
◆	Chocolate Soya Dessert - Custard	*organic*	8x530g	10.05	*1.68*		**724622**
◆	Vanilla Soya Dessert - Custard	*organic*	8x530g	10.50	*1.75*		**724624**
	❊ ***Soon - plant based drinks & cream - previously Sojade***						
	Hemp Drink - unsweetened	*organic*	8x1l	17.30	*2.88*		**724648**
	Oat Drink - unsweetened	*organic*	8x1l	12.05	*2.00*		**724653**
	❊ ***Sproud Pea Milk***						
	Sproud - Unsweetened		6x1l	10.00	*2.22*		**726530**
	Sproud Barista		6x1l	10.00	*2.22*		**726536**
	Sproud Chocolate		6x1l	10.00	*2.22*		**726538**
	Sproud Vanilla		6x1l	10.00	*2.22*		**726539**
	❊ ***Yogi Tea - Chai concentrate no caffeine - tetra***						
	Barista Chai Classic concentrate	*organic*	6x1l	13.85	*3.15*		**726555**

■ Savoury Snacks

	❊ ***Amaizin Maize Chips & Dips - gluten-free***						
	On offer are Amaizin organic chips & dips, the pricing below represents a discount of 15%.						
❒	Natural Corn Chips (sml)	*organic*	15x75g	12.95	*1.15*		**750105**
❒	Chilli Corn Chips	*organic*	15x75g	13.85	*1.23*		**750110**
❒	Paprika Corn Chips	*organic*	15x75g	13.85	*1.23*		**750120**
❒	Family Bag Natural Corn Chips	*organic*	10x150g	12.40	*1.65*		**750123**
❒	Extra Large Natural Corn Chips	*organic*	10x250g	17.55	*2.34*		**750124**
❒	Salsa Chip-Dip - Hot	*organic*	6x260g	9.40	*2.09*		**750126**
❒	Salsa Chip-Dip - Sweet	*organic*	6x260g	9.40	*2.09*		**750131**
	❊ ***Amaizin Corn Rolls (rolled corn chips)***						
	On offer are Amaizin organic Tomato Corn Rolls, the pricing below represents a discount of 15%.						
❒	Tomato Corn Rolls	*organic*	14x100g	16.95	*1.61*		**750135**
	❊ ***Biona***						
	Sesame Pretzels	*demeter*	12x125g	25.10	*2.79*		**750195**
	❊ ***Clearspring - Seaveg Crispies - toasted nori snack see "Sea Vegetables" section***						
	❊ ***Clearspring - gluten-free snacking***						
	Roasted Tamari Almonds	*organic*	15x30g	18.65 V	*1.99*		**750287**
	Tamari Roasted Cashew Nuts	*organic*	15x30g	18.65 V	*1.99*		**750290**
	Tamari Roasted Pumpkin Seeds	*organic*	15x30g	16.75	*1.50*		**750295**
	❊ ***Clearspring - Japanese***						
	On offer are selected Clearspring organic brown rice crackers, the pricing marked ❒ below represents a discount of 15%						
	Rice Crackers - Olive Oil	*organic*	12x50g	20.60	*2.29*		**170520**
	Rice Crackers - Tamari	*organic*	12x50g	20.60	*2.29*		**170525**
❒	Brown Rice Crackers Black Pepper & Tamari	*organic*	12x40g	17.50	*1.94*		**750299**
❒	Brown Rice Crackers Green Nori & Tamari	*organic*	12x40g	17.50	*1.94*		**750296**
❒	Whole Sesame Brown Rice Crackers	*organic*	12x40g	17.50	*1.94*		**750297**
❒	Black Sesame Brown Rice Crackers	*organic*	12x40g	17.50	*1.94*		**750298**

	Description		size	price	£/unit	RRP	code
	⁜ ***Eat Real Organic Chips & Straws - vegan - gluten-free***						
◆	Organic Hummus Chips Salted	*organic*	10x100g	19.65		*2.70*	**751100**
◆	Organic Lentil Chips Salted	*organic*	10x100g	19.65		*2.70*	**751120**
◆	Organic Veggie Straws	*organic*	10x100g	19.65		*2.70*	**751130**
	⁜ ***Eat Real - Hummus Chips - large - vegan - gluten-free***						
◆	Chilli & Lemon Hummus Chips - large		10x110g	16.05		*2.29*	**751193**
◆	Sea Salt & Balsamic Hummus Chips - large		10x110g	16.05		*2.29*	**751194**
◆	Sour Cream & Chives Hummus Chips - large		10x110g	16.05		*2.29*	**751195**
◆	Tomato & Basil Hummus Chips - large		10x110g	16.05		*2.29*	**751196**
◆	Sea Salt Hummus Chips - large		10x110g	16.05		*2.29*	**751197**
	⁜ ***Eat Real - Hummus Chips - small - vegan - gluten-free***						
◆	Sea Salt Hummus Chips		18x45g	11.85		*0.98*	**751201**
◆	Sour Cream & Chives Hummus Chips		18x45g	11.85		*0.98*	**751202**
◆	Tomato & Basil Hummus Chips		18x45g	11.85		*0.98*	**751203**
	⁜ ***Eat Real - Lentil Chips - vegan - gluten-free***						
◆	Chilli & Lemon Lentil Chips - large		10x95g	16.05		*2.29*	**751217**
◆	Creamy Dill Lentil Chips - large		10x95g	16.05		*2.29*	**751218**
◆	Mango & Mint Lentil Chips - large		10x95g	16.05		*2.29*	**751219**
◆	Sea Salt Lentil Chips - large		10x95g	16.05		*2.29*	**751221**
◆	Chilli & Lemon Lentil Chips		18x40g	11.85		*0.98*	**751224**
◆	Creamy Dill Lentil Chips		18x40g	11.85		*0.98*	**751226**
◆	Sea Salt Lentil Chips		18x40g	11.85		*0.98*	**751231**
	⁜ ***Eat Real - Quinoa Chips - large - vegan - gluten-free***						
◆	Sour Cream & Chives Quinoa Chips		10x90g	16.05		*2.29*	**751251**
◆	Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	16.05		*2.29*	**751254**
	⁜ ***Eat Real - Quinoa Chips - small - vegan - gluten-free***						
◆	Sour Cream & Chives Quinoa Chips - small		18x40g	7.90		*0.66*	**751271**
	⁜ ***Eat Real - Veggie Straws - Vegan - gluten-free***						
◆	Veggie Straws - small		18x45g	11.85	V	*1.18*	**751287**
◆	Veggie Straws - large		10x110g	16.05	V	*2.60*	**751288**
◆	Veggie Straws Sea Salt Black Pepper - large		10x110g	16.05	V	*2.60*	**751289**
◆	Veggie Straws Smoked Paprika & Chilli - large		10x110g	16.05	V	*2.60*	**751291**
	⁜ ***Eat Real - Multi Packs - vegan - gluten-free***						
◆	Chips Multi Pack		8x5pack	18.00		*3.04*	**721291**
▼	Kids Straws Multi Pack		24x20g	11.30		*0.64*	**721292**
	⁜ ***Fairfields - potato crisps - Vegan - gluten-free***						
	*New and offer are Fairfields vegan gluten-free **Prawn Cocktail Potato Crisps**, a classic flavour inspired by the 1970s dinner party starter of prawns in a Marie Rose sauce. The pricing below represents a discount of 15%.*						
❒	Bacon & Tomato		36x40g	14.25	V	*0.64*	**751000**
❒	Cheese & Onion		36x40g	14.25	V	*0.64*	**751002**
❒	Lightly Sea Salted		36x40g	14.25	V	*0.64*	**751004**
❒	Roast Rib of Beef		36x40g	14.25	V	*0.64*	**751006**
❒	Prawn Cocktail - New!		36x40g	14.25	V	*0.64*	**751007**
❒	Sea Salt & Aspall Cyder Vinegar		36x40g	14.25	V	*0.64*	**751008**
❒	Sea Salt & Black Pepper		36x40g	14.25	V	*0.64*	**751010**
❒	Sweet Chilli		36x40g	14.25	V	*0.64*	**751012**
	⁜ ***Fairfields - potato crisps - Vegan - gluten-free***						
	*New and offer are Fairfields vegan gluten-free **Prawn Cocktail Potato Crisps** in a large sharing bag, the pricing below represents a discount of 15%.*						
❒	Adnams Ghost Ship		10x150g	10.40	V	*1.69*	**751014**
❒	Bacon & Tomato		10x150g	10.40	V	*1.69*	**751016**
❒	Cheese & Onion		10x150g	10.40	V	*1.69*	**751018**
❒	Lightly Sea Salted		10x150g	10.40	V	*1.69*	**751020**
❒	Maple Glazed Ham		10x150g	10.40	V	*1.69*	**751021**
❒	Prawn Cocktail - New!		10x150g	10.40	V	*1.69*	**751019**
❒	Roast Rib of Beef		10x150g	10.40	V	*1.69*	**751022**
❒	Sea Salt & Aspall Cyder Vinegar		10x150g	10.40	V	*1.69*	**751024**
❒	Sea Salt & Black Pepper		10x150g	10.40	V	*1.69*	**751026**
❒	Sweet Chilli		10x150g	10.40	V	*1.69*	**751028**

	Description		size	price	£/unit	RRP	code
❊	***Fiorentini***						
	Corn Snack - Rosemary	*organic*	16x50g	14.10 V		*1.41*	**752210**
	Rice Snack - Rosemary	*organic*	16x40g	14.10 V		*1.41*	**752225**
	Pop's Black Rice - Crunchy Triangles	*organic*	12x80g	17.50		*1.95*	**752217**
	Pop's Buckwheat Quinoa Amaranth - Crunchy Triangles	*organic*	12x80g	17.50		*1.95*	**752218**
	Pop's Corn Crisps - Crunchy Triangles	*organic*	12x100g	13.15		*1.46*	**752219**
	Pop's Pulses - Crunchy Triangles	*organic*	12x80g	13.15		*1.46*	**752221**
	Pop's Rice Crisps - Crunchy Triangles	*organic*	12x100g	13.95		*1.55*	**752222**
❊	***Hippeas***						
	22g In Herbs We Trust Chickpea Puffs		24x22g	18.95		*1.05*	**752248**
	22g Salt & Vinegar Chickpea Puffs		24x22g	18.95		*1.05*	**752250**
	78g In Herbs We Trust Chickpea Puffs		10x78g	17.25		*2.30*	**752264**
	78g Salt & Vinegar Chickpea Puffs		10x78g	17.25		*2.30*	**752266**
❊	***Hodmedod's - Great British Peas & Beans - Roasted!***						
	Roasted Fava Beans - Lightly Sea Salted		10x300g	22.75		*3.03*	**752305**
	Roasted Fava Beans - Sea Salt & Cider Vinegar		10x300g	22.75		*3.03*	**752310**
	Roasted Fava Beans - Unsalted		10x300g	22.75		*3.03*	**752315**
	Roasted Green Peas - Lightly Sea Salted		10x300g	22.75		*3.03*	**752325**
❊	***Infinity Snacks***						
	BBQ Corn Snacks		5kg	26.00 V	5.20		**752018**
	BBQ Corn Snacks		1kg	7.00 V	7.00		**752019**
	Bombay Mix		15kg	70.95	4.73		**752025**
	Seasalt & Black Pepper Cashews		10kg	115.00 V	11.50		**752032**
	Japanese Rice Crackers		8kg	55.00	6.88		**752035**
	Wasabi Peas		10kg	74.00 V	7.40		**752038**
	Wasabi Peas		1kg	9.20 V	9.20		**752040**
❊	***Marigold***						
	Popcorn Plus		18x20g	11.10 V		*0.99*	**752350**
❊	***Mister Free'd***						
	On offer is Mister Free'd, the pricing below represents a discount of 20%.						
❒	Tortilla Chips Avocado		12x135g	14.40		*1.60*	**752340**
❒	Tortilla Chips Blue Maize		12x135g	14.40		*1.60*	**752342**
❒	Tortilla Chips Chia Seed		12x135g	14.40		*1.60*	**752343**
❒	Tortilla Chips Kale Spinach		12x135g	14.40		*1.60*	**752347**
❊	***Infinity Pre-Packed Savoury Snacks***						
	BBQ Corn Snacks		12x125g	12.40		*1.38*	**8103**
	Bombay Mix		6x125g	6.75		*1.50*	**8106**
	Bombay Mix		6x325g	12.40		*2.76*	**8111**
☆	Japanese Rice Crackers		6x125g	7.45		*1.66*	**8050**
☆	Japanese Rice Crackers		6x250g	12.60		*2.80*	**8055**
	Wasabi Peas		12x125g	15.70		*1.74*	**8118**
❊	***Infinity Foods - Savoury Snack-Packs***						
	Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9102**
	Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9104**
	BBQ Almonds		10x60g	9.05 V		*1.45*	**8180**
	Nut Mix	*organic*	10x65g	8.95		*1.19*	**8207**
	Pistachio Nuts - roasted & salted		10x60g	10.90		*1.45*	**8210**
	Roasted & Salted Almonds		10x60g	9.05 V		*1.45*	**8216**
	Hot Chilli Cashews		10x55g	9.35 V		*1.50*	**8220**
	Seasalt & Black Pepper Cashews		10x55g	9.35 V		*1.50*	**8225**
	Roasted & Salted Cashew Nuts		10x55g	8.75 V		*1.40*	**8227**
❊	***Natco***						
	Pappadums - Black Pepper		10x200g	11.75		*1.57*	**752640**
	Pappadums - Jeera (Cumin)		10x200g	12.10		*1.61*	**752645**
	Pappadums - Garlic		10x200g	11.75		*1.57*	**752650**
	Pappadums - Plain		10x200g	9.76		*1.30*	**752655**

	Description		size	price	£/unit	RRP	code
	⁕ ***Rude Health - Triangles, gluten free, vegan***						
	On offer are Rude Health Triangles, the pricing below represents a discount of 15%.						
❒	Corn Triangles	*organic*	6x100g	6.60		*1.57*	**752745**
❒	Chickpea Triangles	*organic*	6x80g	6.60		*1.57*	**752747**
❒	High Protein Lentil Triangles		6x70g	6.60		*1.57*	**752748**
	⁕ ***Shore Seaweed Chips***						
	Lightly Salted Seaweed Chips		14x25g	11.30		*1.15*	**752770**
	Peking Duck Seaweed Chips		14x25g	11.30		*1.15*	**752772**
	Smoky Barbeque Seaweed Chips		14x25g	11.30		*1.15*	**752773**
	Sweet Sriracha Seaweed Chips		14x25g	11.30		*1.15*	**752774**
	Lightly Salted Seaweed Chips - Share Bag		12x80g	18.55		*2.19*	**752776**
	Peking Duck Seaweed Chips - Share Bag		12x80g	18.55		*2.19*	**752778**
	Smoky Barbeque Seaweed Chips- Share Bag		12x80g	18.55		*2.19*	**752779**
	Sweet Sriracha Seaweed Chips - Share Bag		12x80g	18.55		*2.19*	**752780**
	⁕ ***Trafo - Snacks***						
	*New from Trafo are organic vegan gluten-free **Corn Peanut Flips**. These have a new case size and barcodes and are replacing the 12x75g Corn Peanuts which have been delisted. There are no ingredient changes. Also new are organic vegan **Pretzel Sticks** - these wheat flour treats are naturally moreish with crunch and a salty bite, perfect with a pint. The pricing marked ❒ below represents a discount of 15%.*						
⁕	Corn Peanut Flips	*organic*	8x75g	14.70		*2.45*	**753276**
	Hand Popped Corn - Slightly Salted	*organic*	6x50g	12.10 V		*3.23*	**753261**
❒	Pretzel Sticks - New!	*organic*	12x100g	15.00		*1.67*	**753262**
	Vegetable Crisps (carrot, parsnip, beetroot)	*organic*	12x75g	27.30 V		*3.64*	**753266**
	⁕ ***Trafo - Hand Cooked Potato Crisps***						
	*New and on offer from Trafo are organic gluten-free **Cheese & Onion Hand Cooked Crisps**, These are lovely thick cut crisps cooked in sunflower oil. The pricing marked ❒ below represents a discount of 15%.*						
	Barbecue Hand Cooked Crisps	*organic*	10x125g	21.10 V		*3.38*	**753304**
❒	Cheese & Onion Hand Cooked Crisps - New!	*organic*	15x40g	13.25 V		*1.41*	**753306**
	Rosemary & Himalaya Salt Hand Cooked Crisps	*organic*	15x40g	12.75 V		*1.36*	**753285**
	Sea Salt Hand Cooked Crisps	*organic*	15x40g	12.75 V		*1.36*	**753287**
	Sea Salt & Pepper Hand Cooked Crisps	*organic*	15x40g	12.75 V		*1.36*	**753290**
	Truffle Potato Crisps	*organic*	12x100g	34.45 V		*4.59*	**753292**
	⁕ ***Trafo - Potato Crisps***						
	*New and on offer from Trafo, organic gluten-free vegan potato crisps. **Salted Crisps - fried in coconut oil.** Tasty and satisfying, they are cooked longer than regular crisps at a maximum temperature of 165 deg C which gives them more bite. **Salted Crisps - fried in EV olive oil** delicious and good for people who cannot eat sunflower or rapeseed oil, they taste like classic Spanish crisps. The pricing below represents a discount of 15%.*						
❒	Salted Crisps - fried in coconut oil - New!	*organic*	12x100g	25.10 V		*3.35*	**753300**
❒	Salted Crisps - fried in EV olive oil - New!	*organic*	12x100g	31.35 V		*4.18*	**753301**
	Salted Crisps	*organic*	12x125g	21.60 V		*2.88*	**753305**
	Salted Crisps	*organic*	15x40g	12.75 V		*1.36*	**753310**
	Paprika Crisps	*organic*	12x125g	21.60 V		*2.88*	**753325**
	Paprika Crisps	*organic*	15x40g	12.75 V		*1.36*	**753330**
	Provencale Crisps	*organic*	12x125g	21.60 V		*2.88*	**753331**
	Salt & Vinegar Crisps	*organic*	12x125g	21.60 V		*2.88*	**753333**

■ Sweet Snacks & Confections

	⁕ ***Alter Eco organic Fairtrade Chocolate***						
◆	Almond Dark Chocolate Bar	*organic*	14x100g	22.40 V		*3.00*	**760158**
◆	70% Ecuador Chocolate Bar	*organic*	14x100g	22.40 V		*3.00*	**760160**
◆	Milk Chocolate Bar	*organic*	14x100g	22.40 V		*2.56*	**760162**
◆	Orange Dark Chocolate Bar	*organic*	14x100g	22.40 V		*2.56*	**760164**
◆	85% Peru Chocolate Bar	*organic*	14x100g	22.40 V		*2.56*	**760166**
◆	Salted Caramel Milk Chocolate Bar	*organic*	14x100g	22.40 V		*2.56*	**760168**
	⁕ ***Bear - Bars***						
	On offer are Bear bars, the pricing below represents a discount of 20%.						
❒	Carrot Cake - fruity oaty bar		21x27g	7.85 V		*0.60*	**760178**
❒	Forest Fruit - fruity oaty bar		21x27g	7.85 V		*0.60*	**760179**

	Description		size	price	£/unit	RRP	code
	⁕ ***Bear - Bites - Multipacks***						
	On offer are Bear bites multipacks, the pricing below represents a discount of 15%.						
❒	Blackcurrant & Beetroot Bites		4x5x18g	8.55		*2.85*	**760181**
❒	Strawberry & Butternut Squash Bites		4x5x18g	8.55		*2.85*	**760183**
	⁕ ***Bear - Paws***						
	On offer are Bear Paws, the pricing below represents a discount of 20%.						
❒	Raspberry & Blueberry - Paws		18x20g	7.15		*0.53*	**760211**
❒	Strawberry & Apple - Paws		18x20g	7.15		*0.53*	**760212**
	⁕ ***Bear - Splits - Multipacks***						
	On offer are Bear Splits multipacks, the pricing below represents a discount of 15%,						
❒	Strawberry & Apple - Splits		8x5x20g	16.65		*2.78*	**760216**
❒	Pineapple & Raspberry - Splits		8x5x20g	16.65		*2.78*	**760223**
	⁕ ***Bear - Fruit Treasures - Multipacks - 3+ years***						
	On offer are Bear Fruit Treasures, the pricing below represents a discount of 15%.						
❒	Berry - Treasures		4x5x20g	7.90		*2.63*	**760224**
❒	Tropical - Treasures		4x5x20g	7.90		*2.63*	**760231**
	⁕ ***Bear - Yoyos***						
	On offer are Bear Yoyos, the pricing below represents a discount of 20%.						
❒	Blackcurrant Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760229**
❒	Mango Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760226**
❒	Raspberry Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760230**
❒	Strawberry Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760235**
	⁕ ***Bear - Yoyos - Multipacks***						
	On offer are Bear Yoyo multipacks the pricing below represents a discount of 15%.						
❒	Multipack Apple Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760245**
❒	Multipack Blackcurrant Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760246**
❒	Multipack Mango Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760247**
❒	Multipack Raspberry Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760248**
❒	Multipack Strawberry Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760250**
❒	Multipack Blueberry + Banana Smoothie Yoyo		6x5x20g	12.50		*2.78*	**760251**
	⁕ ***Bear - Giant Yoyos - Multipacks***						
	On offer are Bear Giant Yoyo multipacks, the pricing below represents a discount of 15%.						
❒	Apple & Blackcurrant Giant Yoyo		6x5x20g	12.50		*2.78*	**760254**
❒	Strawberry & Mango Giant Yoyo		6x5x20g	12.50		*2.78*	**760256**
	⁕ ***Biona - coated fruit & nuts & treats***						
	White Chocolate Yoghurt Banana Chips	*organic*	12x70g	20.15	V	*2.69*	**760375**
	White Chocolate Yoghurt Raisins	*organic*	12x60g	17.15	V	*2.29*	**760372**
	Milk Choc covered Almonds	*organic*	12x70g	26.90	V	*3.59*	**760385**
	Milk Choc covered Raisins	*organic*	12x60g	17.15	V	*2.29*	**760386**
	Dark Choc covered Brazils	*organic*	12x80g	29.15	V	*3.89*	**760387**
	⁕ ***Biona - sweeties***						
	"Cola Bottle" Sweeties	*organic*	10x75g	15.55	V	*2.49*	**760450**
	Rainbow Lollipops	*organic*	16x6p	28.90	V	*2.89*	**760452**
	Fizzy Peaches	*organic*	10x75g	15.55	V	*2.49*	**760454**
	Fruit Bears	*organic*	10x75g	15.55	V	*2.49*	**760453**
	Jelly Dinos	*organic*	10x75g	15.55	V	*2.49*	**760451**
	Jelly Pomegranate Hearts	*organic*	10x75g	15.55	V	*2.49*	**760456**
	Licorice Spirals	*organic*	12x75g	18.65	V	*2.49*	**760459**
	Peppermints - rolls	*organic*	32x21g	25.80	V	*1.30*	**760457**
	Sour Snakes	*organic*	10x75g	15.55	V	*2.49*	**760462**
	Tutti Frutti - Wine Gums	*organic*	10x75g	15.55	V	*2.49*	**760465**

Description		size	price	£/unit	RRP	code
⁜ ***Booja Booja organic vegan - Two Truffle Packs***						
Hazelnut Crunch Two Truffle Pack	*organic*	16x2pk	14.85 V		*1.49*	**766144**
Honeycomb Caramel Two Truffle Pack	*organic*	16x2pk	14.85 V		*1.49*	**766138**
Salted Caramel Two Truffle Pack	*organic*	16x2pk	14.85 V		*1.49*	**766140**
Orange Chocolate Two Truffle Pack	*organic*	16x2pk	14.85 V		*1.49*	**766139**
Almond Salted Caramel Two Truffle Pack	*organic*	16x2pk	14.85 V		*1.49*	**766146**
⁜ ***Booja Booja organic vegan chocolate***						
Hazelnut Crunch - 10 Truffle Logs	*organic*	8x115g	49.90 V		*9.99*	**766143**
Salted Caramel Mocha - 10 Truffle Logs	*organic*	8x115g	49.90 V		*9.99*	**766147**
Chocolate Orange - 10 Truffle Logs	*organic*	8x115g	49.90 V		*9.99*	**766154**
Raspberry Scrunch - 10 Truffle Logs	*organic*	8x115g	49.90 V		*9.99*	**766179**
Almond Salted Caramel - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766181**
Around Midnight Espresso - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766183**
Chocolate Orange - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766185**
Chocolate Salted Caramel - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766188**
Deeply Chocolate - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766189**
Fine De Champagne - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766184**
Hazelnut Crunch Chocolate - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766186**
Honeycomb Caramel - 8 Truffles	*organic*	8x92g	32.45 V		*6.49*	**766191**
Fine De Champagne - 12 Truffles	*organic*	6x138g	41.20 V		*10.99*	**766180**
⁜ ***Booja Booja - The Special Edition Gift Collection***						
Award Winning Selection - Almond Salted, Hazelnut, Espresso, Rhubarb Vanilla & Stem Ginger **Signature Selection - Honeycomb Caramel, Chocolate Orange, Chocolate Salted Caramel & Deeply Chocolate Truffle** **No1 - Champagne, Cherry Cognac, Rum Sultana & Espresso Truffles** **No2 - Rhubarb & Vanilla, Hazel, Stem Ginger, Almond & Sea Salt Truffles** **The Gourmet No.1 - Hazelnut Crunch, Honeycomb Caramel, Almond Salted Caramel, Cherry Bakewell, Salted Caramel Mocha, Hazelnut Crunch, Chocolate Orange & Gingered Toffee Apple** **The Gourmet No.2 - Hazelnut Crunch, Champagne, Almond Salted Caramel, Rhubarb & Ginger Gin, Salted Caramel Mocha, Chocolate Orange, Gingered Toffee Apple & Cherry Cognac**						
Award Winning Selection - 16 Truffles	*organic*	5x184g	40.60 V		*12.99*	**766148**
Easter Award Winning Selection - 16 Truffles	*organic*	5x184g	40.60 V		*12.99*	**766149**
Chocolate Salted Caramel - 16 Truffles	*organic*	5x184g	40.60 V		*12.99*	**766141**
Fine De Champagne - 16 Truffles	*organic*	5x184g	40.60 V		*12.99*	**766142**
Signature Selection - 16 Truffles	*organic*	5x184g	40.60 V		*12.99*	**766151**
Hazelnut Crunch Special Edition - 12 Truffles	*organic*	4x138g	39.95 V		*15.99*	**766152**
Truffle Selection No 1 - 12 Truffles	*organic*	4x138g	39.95 V		*15.99*	**766153**
Truffle Selection No 2 - 12 Truffles	*organic*	4x138g	39.95 V		*15.99*	**766155**
The Gourmet Selection - 20 Truffles	*organic*	4x230g	49.95 V		*19.99*	**766195**
The Gourmet No.1 - 25 Truffles	*organic*	4x289g	59.95 V		*23.99*	**766193**
The Gourmet No.2 - 25 Truffles	*organic*	4x289g	59.95 V		*23.99*	**766194**
⁜ ***Booja Booja - The Artist's Collection - 16 truffles***						
The Artist's Collection - Fine De Champagne - 16 truffles	*organic*	3x185g	46.85 V		*24.99*	**766158**
The Artist's Collection - Hazelnut - 16 truffles	*organic*	3x185g	46.85 V		*24.99*	**766159**
⁜ ***Bounce Balls - boxes***						
Plant Protein Maple Pecan Cashew		12x35g	13.75 V		*1.83*	**766297**
Chocolate Brownie Peanut Butter Filled Ball		12x40g	15.40 V		*2.05*	**766306**
Hazelnut Praline Nut Butter Filled Ball		12x40g	15.40 V		*2.05*	**766307**
Millionaire Caramel Filled Ball		12x40g	15.40 V		*2.05*	**766308**
⁜ ***Cachet Chocolate bars (contain milk)***						
Milk Chocolate Bar 40%	*organic*	12x100g	23.65 V		*3.15*	**766321**
Caramel Sea Salt Milk Chocolate Bar 40%	*organic*	12x100g	23.65 V		*3.15*	**766322**
⁜ ***Cachet Chocolate bars dark***						
Cherries & Almonds Choc Bar 57%	*organic*	12x100g	23.65 V		*3.15*	**766330**
Extra Dark Choc Bar 85%	*organic*	12x100g	23.65 V		*3.15*	**766336**
Extra Dark Seasalt Choc Bar 72%	*organic*	12x100g	23.65 V		*3.15*	**766338**
Hazelnuts & Orange Dark Chocolate - 57%	*organic*	12x100g	23.65 V		*3.15*	**766339**
Raspberry Dark Chocolate - 57%	*organic*	12x100g	23.65 V		*3.15*	**766340**
⁜ ***Chicza - Mayan Rainforest Chewing Gum***						
Cinnamon Chewing Gum	*organic*	10x30g	9.95 V		*1.59*	**761902**
Mint Chewing Gum	*organic*	10x30g	9.95 V		*1.59*	**761905**
Spearmint Chewing Gum	*organic*	10x30g	9.95 V		*1.59*	**761910**
Lime Chewing Gum	*organic*	10x30g	9.95 V		*1.59*	**761915**
Mixed Berry Chewing Gum	*organic*	10x30g	9.95 V		*1.59*	**761916**

	Description		size	price	£/unit	RRP	code
❊	***Choc Chick - vegan***						
	Cinnamon Raw Cacao Powder	*organic*	1x250g	9.20		*12.30*	**761850**
❊	***Chocolate and Love - Choc Bars (contain milk) - fairly traded***						
	Creamy Dark Chocolate 55% Cacao Nibs	*organic*	14x80g	31.35 V		*3.58*	**762192**
	Milk Chocolate Caramelised Hazelnuts & Sea Salt 50%	*organic*	14x80g	31.35 V		*3.58*	**762193**
	Sea Salt 55% Choc with Caramel	*organic*	14x80g	29.50 V		*3.37*	**762194**
❊	***Chocolate and Love - Dark Choc Bars - fairly traded - vegan***						
	Coffee - Dark Choc 55%	*organic*	14x80g	29.50 V		*3.37*	**762195**
	Ginger - Extra Dark 100%	*organic*	12x80g	28.45 V		*3.79*	**762197**
	Rich - Dark Choc 71%	*organic*	14x80g	29.50 V		*3.37*	**762196**
	Mint - Dark Choc 67%	*organic*	14x80g	29.50 V		*3.37*	**762198**
	Orange - Dark Choc 65%	*organic*	14x80g	29.50 V		*3.37*	**762200**
	Panama - Dark Choc 80% single origin	*organic*	14x80g	31.35 V		*3.58*	**762202**
	Passion Fruit Filled Bar - Dark Choc 65%	*organic*	12x85g	28.45 V		*3.79*	**762201**
	Pomegranate - Dark Choc 70%	*organic*	14x80g	31.35 V		*3.58*	**762204**
❊	***Clif Bars***						
	*New and on offer is the Clif **Peanut Butter Banana Bar**, made with the traditional Elvis flavours, peanut butter, rich dark chocolate, dried bananas and crunchy peanut. This big hunk o' love has 10g of plant-based protein for your active adventures, the pricing below represents a discount of 20%.*						
❒	Blueberry Almond Crisp Bars		12x68g	11.85 V		*1.58*	**762350**
❒	Chocolate Almond Fudge Bars		12x68g	11.85 V		*1.58*	**762355**
❒	Chocolate Chip Bars		12x68g	11.85 V		*1.58*	**762360**
❒	Crunchy Peanut Butter Bars		12x68g	11.85 V		*1.58*	**762365**
❒	Peanut Butter Banana Bars - New		12x68g	11.85 V		*1.58*	**762366**
❒	White Chocolate Macadamia Bars		12x68g	11.85 V		*1.58*	**762375**
❊	***Clif organic nut butter filled bars***						
	On offer are Clif organic nut butter filled bars, the pricing below represents a discount of 20%.						
❒	Chocolate Chip Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V		*2.06*	**762393**
❒	Chocolate Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V		*2.06*	**762396**
❒	Peanut Butter - Filled Bar	*organic*	12x50g	15.45 V		*2.06*	**762398**
❊	***Cocoa Loco - FairTrade - choc bars***						
	73% Dark Chocolate Bar	*organic*	12x100g	26.05 V		*3.47*	**762170**
	Dark Chocolate & Orange Bar	*organic*	12x100g	26.05 V		*3.47*	**762171**
	Dark Chocolate & Sea Salt Bar	*organic*	12x100g	26.05 V		*3.47*	**762174**
	Milk Chocolate Bar	*organic*	12x100g	26.05 V		*3.47*	**762175**
❊	***Cocoa Loco - FairTrade - choc dipped***						
	73% Dark Chocolate Dipped Mango	*organic*	6x110g	22.35 V		*5.97*	**762205**
	73% Dark Chocolate Covered Ginger	*organic*	6x100g	22.35 V		*5.97*	**762215**
❊	***Conscious Chocolate - vegan handmade raw chocolate***						
	On offer are Conscious Chocolate organic chocolate bars, the pricing below represents a discount of 20%.						
❒	Sour Cherry Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762292**
❒	Darkside - 85% Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762296**
❒	Orange & Tangerine Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762298**
❒	Goji & Coconut Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762300**
❒	Darkside - 75% Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762302**
❒	Love Potion No9 Raw Choc Bar - maca, rose oil	*organic*	10x60g	17.45 V		*2.80*	**762306**
❒	Peppermint Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762308**
❒	Pure Dark 100% Cacao Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762309**
❒	Four Nuts - 60% Raw Choc Bar	*organic*	10x60g	17.45 V		*2.80*	**762310**
❊	***Devon Cottage - Organic Fair Trade Fudge***						
	Chocolate Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761935**
	Boxed Chocolate Crumbly Fudge - 4 pack	*organic*	4x300g	19.95 V		*7.98*	**761937**
	Clotted Cream Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761940**
	Boxed Clotted Cream Crumbly Fudge - 4 pack	*organic*	4x300g	19.95 V		*7.98*	**761942**
	Coffee Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761945**
	Sea Salted Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761957**
	Vanilla Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761960**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Devon Cottage - Organic vegan Fudge***															
	Dairy Free Sea Salted Fudge - Bag	*organic*	6x150g	16.70 V		*4.45*	**761977**									
	Dairy Free Chocolate Fudge - Bag	*organic*	6x150g	16.70 V		*4.45*	**761979**									
❊	***Divine - Chocolate FairTrade***															
	85% Dark Chocolate		15x90g	28.65 V		*3.06*	**763495**									
	70% Dark Chocolate		15x90g	28.65 V		*3.06*	**763503**									
	Dark Smooth Hazelnut Chocolate		15x90g	28.65 V		*3.06*	**763502**									
	Dark Chocolate with Himalayan Salt		15x90g	28.65 V		*3.06*	**763516**									
	Mint Dark Chocolate - 70%		15x90g	28.65 V		*3.06*	**763504**									
	Ginger & Orange Dark Chocolate - 70%		15x90g	28.65 V		*3.06*	**763512**									
	Raspberry Dark Chocolate		15x90g	28.65 V		*3.06*	**763510**									
	Smooth Dark Chocolate with Pretzel & Caramel not vegan		15x90g	28.65 V		*3.06*	**763500**									
	Milk Chocolate - 45% Cocoa		15x90g	28.65 V		*3.06*	**763518**									
	Smooth Milk with Orange Crisp		15x90g	28.65 V		*3.06*	**763576**									
	Salted Caramel Milk Chocolate		15x90g	28.65 V		*3.06*	**763577**									
	Strawberry White Chocolate		15x90g	28.65 V		*3.06*	**763565**									
	Dark Chocolate - chunky		30x35g	24.50 V		*1.31*	**763581**									
	Milk Chocolate - chunky		30x35g	24.50 V		*1.31*	**763521**									
	Milk Chocolate Salted Caramel - chunky		30x35g	24.50 V		*1.31*	**763523**									
	Smooth Dark Chocolate Mint Crisp - chunky		30x35g	24.50 V		*1.31*	**763524**									
	White Chocolate - chunky		30x35g	24.50 V		*1.31*	**763519**									
	Orange Milk Chocolate - chunky		30x35g	24.50 V		*1.31*	**763527**									
❊	***Doves Farm Freee From Flapjacks - see "Biscuits & Cakes" section.***															
❊	***Equal Exchange - Fair Trade chocolate (no milk in recipe)***															
	Almond Dark Chocolate	*organic*	12x100g	20.90 V		*2.79*	**765290**									
	Extreme Dark Chocolate 88%	*organic*	14x80g	24.40 V		*2.79*	**765294**									
	Very Dark Chocolate 71%	*organic*	12x100g	20.90 V		*2.79*	**765302**									
	Lemon, Ginger & Pepper Dark Chocolate 55%	*organic*	12x100g	20.90 V		*2.79*	**765307**									
	Orange Dark Chocolate 65%	*organic*	12x100g	20.90 V		*2.79*	**765310**									
❊	***Equal Exchange - Fair Trade chocolate (contains milk)***															
	Dark Caramel Crunch with Sea Salt Chocolate 55%	*organic*	12x100g	20.90 V		*2.79*	**765320**									
❊	***Free From Fellows - vegan gluten-free mallows***															
	Mini Pink & White Vanilla Vegan Mallows		10x105g	12.95 V		*2.07*	**765329**									
	Strawberry Vegan Mallows		10x105g	12.75 V		*2.04*	**765331**									
	Vanilla Vegan Mallows		10x105g	12.95 V		*2.07*	**765334**									
❊	***Freedom Confectionery***															
	Mini Pink & White Vanilla Bites Mallows		10x100g	12.10 V		*1.94*	**765325**									
	Vegantic Mallows		10x100g	12.10 V		*1.94*	**765328**									
❊	***Frutina, vegan gluten free***															
	Fruit Snack Variety Pack		60x15g	23.90 V		*0.64*	**765350**									
❊	***Green and Black's***															
	On offer are Green & Blacks 90g bars, the pricing below represents a discount of 21%.															
❒	85% Dark Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764001**									
❒	70% Dark Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764006**									
❒	Ginger 60% Dark Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764019**									
❒	Hazelnut & Currant Dark Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764026**									
❒	Milk Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764028**									
❒	Milk Choc with Butterscotch Bar	*organic*	15x90g	18.15 V		*1.94*	**764029**									
❒	Smooth Dark Choc Bar - FT	*organic*	15x90g	18.15 V		*1.94*	**764033**									
❒	Smooth Mint Dark Choc Bar - FT	*organic*	15x90g	18.15 V		*1.94*	**764034**									
❒	White Chocolate Bar	*organic*	15x90g	18.15 V		*1.94*	**764045**									
❊	***Infinity Foods Raw Cacao Nibs - listed in Coffee Subs/Cocoa Products section***															
❊	***H!P Chocolate - vegan***															
	Cookies & No Cream Oat Milk Choc Bar		12x70g	20.95 V		*2.91*	**764115**									
	Crunchy Orange Choc Bar		12x70g	20.95 V		*2.91*	**764116**									
	Original Oat Milk Choc Bar		12x70g	20.95 V		*2.91*	**764117**									
	Salted Caramel Oat Milk Choc Bar		12x70g	20.95 V		*2.91*	**764118**									
	Salty Pretzels Oat Milk Choc Bar		12x70g	20.95 V		*2.91*	**764122**									

Description		size	price	£/unit	RRP	code
Mini Salted Caramel Oat Milk Choc Bar		24x25g	17.60 V		*1.22*	**764125**
Mini Salty Pretzel Oat Milk Choc Bar		24x25g	17.60 V		*1.22*	**764126**
Mini Smooth Creamy Oat Milk Choc Bar		24x25g	17.60 V		*1.22*	**764128**
❊ ***Hu Chocolate bars - organic gluten-free Fair Trade***						
Almond Butter + Crispy Quinoa Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764130**
Cashew Butter + Pure Vanilla Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764131**
Crunchy Mint Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764134**
Hazelnut Butter Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764136**
Salty Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764138**
Simple Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764140**
Vanilla Crunch Dark Choc Bar	*organic*	12x60g	25.25 V		*3.50*	**764141**
❊ ***Infinity Sweet Snacks - vegan***						
Caramelised Cashews		10kg	110.00 V	11.00		**764220**
Cinnamon & Maple Caramelised Almonds		10kg	99.00 V	9.90		**764224**
Cinnamon & Maple Caramelised Cashews		10kg	112.00 V	11.20		**764226**
❊ ***Infinity Foods Retail Packed Chocolate***						
Dark Chocolate (73%) Buttons	*organic*	6x200g	20.00 V		*5.33*	**9005**
Milk Chocolate Buttons	*organic*	6x200g	20.00 V		*5.33*	**9010**
White Chocolate Buttons	*organic*	6x200g	20.00 V		*5.33*	**9015**
Mixed (Dark, Milk & White) Chocolate Buttons	*organic*	6x200g	20.00 V		*5.33*	**9020**
❊ ***Infinity Foods - Sweet Snack-Packs***						
Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9102**
Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9104**
Caramelised Cashews		10x55g	9.60 V		*1.54*	**8200**
Cinnamon & Maple Caramelised Almonds		10x55g	8.90 V		*1.42*	**8202**
Cinnamon & Maple Caramelised Cashews		10x55g	9.70 V		*1.55*	**8204**
Fruit & Nut Mix	*organic*	10x70g	8.30		*1.11*	**9130**
❊ ***Just Wholefoods gluten-free vegan***						
VegeBears - Bulk	*organic*	4kg	46.65 V	11.66		**765394**
VegeBears Slightly Sour	*organic*	10x70g	11.55 V		*1.85*	**765398**
Vegebears	*organic*	10x70g	11.55 V		*1.85*	**765399**
Frooty Fruits	*organic*	10x70g	11.55 V		*1.85*	**765401**
Vegehogs	*organic*	10x70g	11.55 V		*1.85*	**765406**
Goody Gummy Drops - Bears	*organic*	8x125g	14.05 V		*2.99*	**765407**
Goody Gummy Drops - Hedgehogs	*organic*	8x125g	14.05 V		*2.99*	**765408**
Goody Gummy Drops - Turtles	*organic*	8x125g	14.05 V		*2.99*	**765411**
❊ ***Ma Baker - Giant Nut Bars - vegan - oat-based***						
Mixed case contains 5x90g of almond, hazelnut, peanut & walnut.						
Mixed Nut Giant Bar		20x90g	12.05		*0.80*	**764703**
Coconut Giant Bar		20x90g	12.15		*0.81*	**764707**
Pecan Giant Bar		20x90g	12.30		*0.82*	**764710**
Pistachio Giant Bar		20x90g	12.30		*0.82*	**764712**
Rolled Oats & Golden Syrup Giant Bar		20x90g	10.60		*0.71*	**764713**
Walnut Giant Bar		20x90g	11.70		*0.78*	**764720**
❊ ***Ma Baker - Giant Fruit Bars - vegan - oat-based***						
Mixed case contains 5x90g of apple, apricot, banana & cherry.						
Mixed Fruit Giant Bar		20x90g	12.05		*0.80*	**764728**
Apple Giant Bar		20x90g	11.70		*0.78*	**764730**
Apricot Giant Bar		20x90g	11.70		*0.78*	**764732**
Banana Giant Bar		20x90g	11.70		*0.78*	**764735**
Blueberry Giant Bar		20x90g	12.30		*0.82*	**764737**
Cherry Giant Bar		20x90g	11.70		*0.78*	**764740**
Cranberry Giant Bar		20x90g	12.15		*0.81*	**764742**
Raspberry Giant Bar		20x90g	12.50		*0.83*	**767746**
Strawberry Giant Bar		20x90g	12.50		*0.83*	**764748**
❊ ***Montezuma's Mini Bars***						
FitzRoy - Very Dark Chocolate - mini	*organic*	26x25g	16.25 V		*1.00*	**766006**
Royal Mint - Dark Chocolate - mini	*organic*	26x25g	16.25 V		*1.00*	**766011**
Smooth Operator - Milk Chocolate - mini	*organic*	26x25g	16.25 V		*1.00*	**766013**
Splotch - Dark Milk Butterscotch - mini	*organic*	26x25g	16.25 V		*1.00*	**766021**

	Description		size	price	£/unit	RRP	code
	⁜ ***Montezuma's Dark Chocolate***						
	On offer are Montezuma's organic dark chocolate bars, the pricing below represents a discount of 20%.						
❒	Dark Chocolate Bar - Chilli Bonkers	*organic*	12x90g	17.65 V		*2.39*	**766286**
❒	FitzRoy - Very Dark Chocolate	*organic*	12x90g	17.65 V		*2.39*	**766289**
❒	Happy Hippy - Dark Chocolate Orange & Geranium	*organic*	12x90g	17.65 V		*2.39*	**766301**
❒	Royal Mint - Dark Chocolate	*organic*	12x90g	17.65 V		*2.39*	**766302**
	⁜ ***Montezuma's - Milk Chocolate (the dark side)***						
	On offer are Montezuma's organic milk chocolate (the dark side) bars, the pricing below represents a discount of 20%.						
❒	Splotch - Dark Milk Butterscotch	*organic*	12x90g	17.65 V		*2.39*	**766262**
❒	Darkside - Dark/Milk Chocolate	*organic*	12x90g	17.65 V		*2.39*	**766264**
	⁜ ***Montezuma's Milk Chocolate***						
	On offer are Montezuma's organic milk chocolate bars, the pricing below represents a discount of 20%.						
❒	Smooth Operator - Milk Chocolate	*organic*	12x90g	17.65 V		*2.39*	**766261**
❒	Hot Pickle - Milk Chocolate Chilli & Lime	*organic*	12x90g	17.65 V		*2.39*	**766266**
	⁜ ***Montezuma's White Chocolate***						
	On offer is Montezuma's organic white chocolate, the pricing below represents a discount of 20%.						
❒	Great White Chocolate	*organic*	12x90g	17.65 V		*2.39*	**766267**
	⁜ ***Montezuma's Non-Organic Chocolate***						
	On offer are Montezuma's chcocolate bars, the pricing marked ❒ below represents a discount of 20%.						
❒	Absolute Black - 100% Cocoa		12x90g	17.65 V		*2.39*	**766215**
❒	Absolute Black with Almonds - 100%		12x90g	17.65 V		*2.39*	**766217**
❒	Absolute Black with Orange & Cocoa Nibs - 100%		12x90g	17.65 V		*2.39*	**766218**
❒	Black Forest Cherry		12x90g	17.65 V		*2.39*	**766241**
❒	Lordy Lord - Dark with Cocoa Nibs		12x90g	17.65 V		*2.39*	**766244**
❒	Minted - Milk with Crunchy Peppermint		12x90g	17.65 V		*2.39*	**766246**
❒	Sea Dog - Dark with Lime & Sea Salt		12x90g	17.65 V		*2.39*	**766248**
❒	Spice It Up - Dark with Ginger		12x90g	17.65 V		*2.39*	**766249**
	Dark Peanut Butter Truffle Bites		8x120g	17.65 V		*3.58*	**612595**
	⁜ ***Nakd - Chocolish Big Bite Bars***						
	On offer are Nak'd chocolish Big Bite Bars, the pricing below represents a discount of 20%.						
❒	Double Chocolish Big Bite		16x50g	14.70 V		*1.47*	**766591**
	⁜ ***Nakd - Protein Bars***						
	On offer are Nak'd protein bars, the pricing below represents a discount of 20%.						
❒	Protein Caramel Bar		16x45g	10.75 V		*1.08*	**766633**
❒	Protein Cocoa Hazelnut Bar		16x45g	10.75 V		*1.08*	**766634**
❒	Protein Peanut Butter Bar		16x45g	10.75 V		*1.08*	**766637**
	⁜ ***Nakd - Raw Fruit & Nut Bars - vegan & gluten-free***						
	On offer are Nak'd fruit & nut bars, the pricing below represents a discount of 20%.						
❒	Almond Macaroon Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766641**
❒	Bakewell Tart Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766647**
❒	Banoffee Pie Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766642**
❒	Berry Delight Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766648**
❒	Blueberry Muffin Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766644**
❒	Carrot Cake Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766649**
❒	Cashew Cookie Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766650**
❒	Cocoa Delight Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766651**
❒	Cocoa Orange Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766652**
❒	Lemon Drizzle		18x35g	9.20 V		*0.82*	**766659**
❒	Peanut Delight Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766656**
❒	Salted Caramel Raw Wholefood Bar		18x35g	9.20 V		*0.82*	**766664**

	Description		size	price	£/unit	RRP	code
	❊ ***Nakd - Multipack Bars***						
	On offer are Nak'd multipack bars, the pricing below represents a discount of 20%.						
❒	Multipack Apple Danish Raw Wholefood Bar		12x4x30g	21.40 V		*2.85*	**766803**
❒	Multipack Banana Bread Raw Wholefood Bar		12x4x30g	21.40 V		*2.85*	**766806**
❒	Multipack Berry Bliss Raw Wholefood Bar		12x4x30g	21.40 V		*2.85*	**766808**
❒	Multipack Cocoa Orange Raw Wholefood Bar		12x4x35g	21.40 V		*2.85*	**766815**
	❊ ***Oatopia vegan flapjacks***						
◆	Almond Bakewell Oat Bake		16x120g	33.00		*2.75*	**766974**
◆	Original Oat Bake		16x120g	31.20		*2.60*	**766972**
◆	Peanut Butter Oat Bake		16x120g	33.00		*2.75*	**766973**
◆	Salted Caramel Oat Bake		16x120g	33.00		*2.75*	**766976**
	❊ ***Ombar - raw chocolate bars & buttons***						
	*New and on offer from Ombar a more indulgent 42g version of the "Centres" bars with deeper filling. There is also a new flavour **Almond Butter Filled Chocolate**. This has the classic Ombar chocolate with an almond butter / creamed coconut centre. The new centres are **Coco Raspberry**, **Coco Vanilla**, **Hazelnut Truffle**, and **Pistachio Cream**. The pricing marked ❒ below represents a discount of 20% but the four 35g "Centres" bars on offer below will be phased out over the course of the catalogue.*						
◆	Coco Almond Chocolate - large	*organic*	10x70g	20.55 V		*3.29*	**765784**
◆	Coco Mylk Chocolate - large	*organic*	10x70g	20.55 V		*3.29*	**765786**
◆	Dark 72% Chocolate - large	*organic*	10x70g	20.55 V		*3.29*	**765788**
◆	Coconut & Vanilla Centres Chocolate - lge	*organic*	10x70g	20.55 V		*3.29*	**765790**
◆	Hazelnut Truffle Centres Chocolate - lge	*organic*	10x70g	20.55 V		*3.29*	**765791**
◆	Pistachio Centres Chocolate - lge	*organic*	10x70g	20.55 V		*3.29*	**765792**
◆	Raspberry & Coconut Centres Chocolate - lge	*organic*	10x70g	20.55 V		*3.29*	**765794**
◆	Salt & Nibs Chocolate - lge	*organic*	10x70g	20.55 V		*3.29*	**765796**
◆	100% Cacao	*organic*	10x35g	12.40 V		*1.99*	**765761**
❒	Coconut & Vanilla Centre Chocolate	*organic*	10x35g	9.95 V		*1.60*	**765762**
❒	Hazelnut Truffle Centres Chocolate	*organic*	10x35g	9.95 V		*1.60*	**765759**
❒	Pistachio Centre Chocolate	*organic*	10x35g	9.95 V		*1.60*	**765766**
❒	Raspberry & Coconut Centre Chocolate	*organic*	10x35g	9.95 V		*1.60*	**765763**
◆	Pure 90% Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765764**
◆	Blueberry & Acai Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765765**
◆	Coco Mylk Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765767**
◆	Coconut 60% Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765770**
◆	Dark 72% Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765773**
◆	Strawberry Mylk Chocolate	*organic*	10x35g	12.40 V		*1.99*	**765777**
❒	Almond Butter Filled Chocolate bar	*organic*	15x42g	16.45 V		*1.75*	**765775**
❒	Coco Raspberry Filled Chocolate bar	*organic*	15x42g	16.45 V		*1.75*	**765776**
❒	Coco Vanilla Filled Chocolate bar	*organic*	15x42g	16.45 V		*1.75*	**765778**
❒	Hazelnut Truffle Filled Chocolate bar	*organic*	15x42g	16.45 V		*1.75*	**765779**
❒	Pistachio Cream Filled Chocolate bar	*organic*	15x42g	16.45 V		*1.75*	**765781**
◆	Buttons Coco Mylk Chocolate 58%	*organic*	15x25g	13.95 V		*1.49*	**765780**
	❊ ***Ombar - Oat M'lk chocolate bars***						
◆	Oat M'lk Fruit & Nut - chocolate	*organic*	10x70g	17.20 V		*2.75*	**765751**
◆	Oat M'lk Hazelnut - chocolate	*organic*	10x70g	17.20 V		*2.75*	**765752**
◆	Oat M'lk Salted Caramel - chocolate truffle	*organic*	10x70g	17.20 V		*2.75*	**765754**
◆	Oat M'lk Smooth & Creamy - chocolate	*organic*	10x70g	17.20 V		*2.75*	**765756**
◆	Oat M'lk Salted Caramel - filled choc	*organic*	15x42g	16.40 V		*1.75*	**765757**
◆	Oat M'lk Hazelnut Brownie - filled choc	*organic*	15x42g	16.40 V		*1.75*	**765758**
	❊ ***Organica - Dark Choc Bars - vegan - gluten-free***						
	Hazel Nougat Delight	*organic*	24x40g	20.70 V		*1.38*	**766402**
	Golden Coconut Delight	*organic*	24x40g	20.70 V		*1.38*	**766413**
	Creamy Marzipan Dream	*organic*	24x40g	20.70 V		*1.38*	**766415**
	❊ ***Organic Seed & Bean - Vegan Dark Chocolate***						
◆	Coconut & Raspberry Sao Tome Dark Bar 66%	*organic*	10x75g	18.80 V		*3.00*	**765874**
◆	Cornish Sea Salt Ecuadorian Dark Bar - 70%	*organic*	10x75g	18.80 V		*3.00*	**765854**
◆	Salted Caramel Dominican Dark Bar - 58%	*organic*	10x75g	18.80 V		*3.00*	**765855**
	❊ ***Organic Seed & Bean - Vegan Fair Trade Milk Choc***						
◆	Salted Caramel Dairy-free Milk Chocolate	*organic*	10x75g	18.80 V		*3.00*	**765822**
◆	Sea Salt & Orange Dairy-free Milk Chocolate	*organic*	10x75g	18.80 V		*3.00*	**765824**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Organic Seed & Bean - Vegan Fair Trade Dark Choc***															
◆	Dominican Extra Dark Choc Bar - 72%	*organic*	10x75g	18.80 V		*3.00*	**765830**									
◆	Lavender Dark Choc Bar - 72%	*organic*	10x75g	18.80 V		*3.00*	**765831**									
◆	Mandarin & Ginger Dark Choc Bar - 72%	*organic*	10x75g	18.80 V		*3.00*	**765832**									
◆	Mint Dark Choc Bar - 72%	*organic*	10x75g	18.80 V		*3.00*	**765833**									
◆	Coffee Espresso Dark Choc Bar - 58%	*organic*	10x75g	18.80 V		*3.00*	**765835**									
◆	Hazelnut Dark Choc Bar - 58%	*organic*	10x75g	18.80 V		*3.00*	**765836**									
◆	Lemon & Cardamom Dark Choc Bar - 58%	*organic*	10x75g	18.80 V		*3.00*	**765838**									
	❊ ***Organic Seed & Bean - Fair Trade - Milk (37%) & White Chocolate***															
☆	Smooth Praline Choc Milk Bar	*organic*	10x75g	18.80 V		*3.00*	**765840**									
◆	Lime & Sea Salt Milk Choc Bar	*organic*	10x75g	18.80 V		*3.00*	**765841**									
◆	Crispy Popped Rice Milk Chocolate Bar	*organic*	10x75g	18.80 V		*3.00*	**765846**									
◆	Rich Caramel Milk Chocolate Bar	*organic*	10x75g	18.80 V		*3.00*	**765847**									
◆	Rich Milk Chocolate Bar	*organic*	10x75g	18.80 V		*3.00*	**765844**									
	❊ ***Organic Seed & Bean mini bars - Vegan Fair Trade Dark Choc***															
◆	Espresso Dark Choc Bar - 58%	*organic*	30x25g	19.50 V		*1.20*	**765881**									
◆	Dominican Extra Dark Choc Bar - 72%	*organic*	30x25g	19.50 V		*1.20*	**765883**									
◆	Sweet Orange & Thyme Dark Choc Bar - 58%	*organic*	30x25g	19.50 V		*1.20*	**765884**									
	❊ ***Organic Seed & Bean mini bars - Fair Trade - Milk (37%) & White Chocolate***															
◆	Cornish Sea Salt & Lime Milk Choc Bar - 37%	*organic*	30x25g	19.50 V		*1.20*	**765885**									
	❊ ***Panda Liquorice***															
	Liquorice Bar		36x32g	13.90 V		*0.62*	**766510**									
	Liquorice Bar - 4 pack		18x4x32g	25.30 V		*2.25*	**766523**									
	Liquorice Bears - bag		12x125g	12.25 V		*1.63*	**766524**									
	Liquorice Cuts - in bag		12x240g	20.65 V		*2.75*	**766525**									
	Raspberry Liquorice - in bag		12x200g	20.15 V		*2.69*	**766499**									
	Raspberry Liquorice Bar - 4 pack		18x4x32g	25.30 V		*2.25*	**766498**									
	Raspberry Liquorice Bar		36x32g	13.90 V		*0.62*	**766500**									
	Soft Liquorice coated in vegan choc		8x110g	16.00 V		*3.34*	**766506**									
	Liquorice Torpedos - bag		18x100g	19.20 V		*1.71*	**766507**									
	❊ ***Peppersmith Dental - vegan - xylitol sweetened***															
	Please note this range does not require a sell-by date **Phone 0208 788 2080 to request further PoS material**															
◆	Box Peppermint Dental Chewing Gum - 33 gums		18x50g	36.70 V		*3.26*	**766704**									
◆	Box Spearmint Dental Chewing Gum - 33 gums		18x50g	36.70 V		*3.26*	**766726**									
◆	Peppermint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40 V		*1.39*	**766717**									
◆	Spearmint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40 V		*1.39*	**766720**									
◆	Peppermint Dental Mints - 100 mints		18x60g	42.00 V		*3.73*	**766703**									
◆	Peppermint Dental Mints (25 mints)		12x15g	11.90 V		*1.59*	**766722**									
◆	Lemon Dental Mints (25 mints)		12x15g	11.90 V		*1.59*	**766723**									
◆	Extra Strong Dental Mints (25 mints)		12x15g	11.90 V		*1.59*	**766724**									
◆	Strawberry Pastilles		12x15g	11.90 V		*1.59*	**766706**									
	❊ ***Pip Organic - fruit bars***															
	Mango Pipstick	*organic*	24x18g	15.00		*0.83*	**767667**									
	Pineapple & Mango Pipstick	*organic*	24x18g	15.00		*0.83*	**767669**									
	❊ ***Play in Choc - organic, vegan, card toys***															
	Dinosaurs 3d puzzle toy with chocolate	*organic*	18x50g	21.60 V		*1.99*	**767628**									
	Endangered Animals 3d puzzle toy with chocolate	*organic*	18x50g	21.60 V		*1.99*	**767630**									
	Rabbits 3d puzzle toy with chocolate	*organic*	18x50g	21.60 V		*1.99*	**767632**									
	Woodland Animals 3d puzzle toy with chocolate	*organic*	18x50g	21.60 V		*1.99*	**767636**									
	❊ ***The Raw Chocolate Co. - dairy & gluten-free***															
	Caffé Mocha Bar	*organic*	10x70g	20.35 V		*3.26*	**766833**									
	Vanoffee Hazelnut	*organic*	10x60g	20.35 V		*3.26*	**766839**									
	Vanoffee	*organic*	10x60g	20.35 V		*3.26*	**766844**									
	Caramel Buttons	*organic*	6x150g	17.45 V		*4.65*	**766846**									
	M*ilk Chocolate Buttons	*organic*	6x150g	17.45 V		*4.65*	**766847**									
	Peruvian 72% Buttons	*organic*	6x150g	17.45 V		*4.65*	**766848**									
	Vanoffee Buttons	*organic*	6x150g	17.45 V		*4.65*	**766853**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***The Raw Chocolate Co. - dairy & gluten-free***															
◆	Raw Chocolate Goji Berries - large	*organic*	6x100g	17.45 V		*4.65*	**766911**									
	Raw Chocolate Goji Berries - small	*organic*	12x28g	10.40 V		*1.39*	**766886**									
▲	Raw Chocolate Mulberries - Bulk	*organic*	5kg	129.60 V	25.92		**766903**									
◆	Raw Chocolate Mulberries - large	*organic*	6x100g	17.45 V		*4.65*	**766912**									
	Raw Chocolate Mulberries - small	*organic*	12x28g	10.40 V		*1.39*	**766889**									
▲	Raw Chocolate Almonds - Bulk	*organic*	5kg	144.05 V	28.81		**766906**									
◆	Raw Chocolate Almonds - large	*organic*	6x100g	17.45 V		*4.65*	**766913**									
	Raw Chocolate Almonds - small	*organic*	12x25g	10.40 V		*1.39*	**766881**									
◆	Raw Chocolate Bananas - large	*organic*	6x100g	17.45 V		*4.65*	**766864**									
◆	Raw Chocolate Ginger - large	*organic*	6x100g	17.45 V		*4.65*	**766914**									
◆	Raw Salty Chocolate Hazelnuts - large	*organic*	6x100g	17.45 V		*4.65*	**766916**									
▲	Raw Salty Chocolate Hazelnuts - Bulk	*organic*	5kg	144.05 V	28.81		**766919**									
◆	Raw Chocolate Raisins - large	*organic*	6x100g	17.45 V		*4.65*	**766917**									
	Raw Chocolate Raisins - small	*organic*	12x28g	10.40 V		*1.39*	**766894**									
▲	Salted Vanoffee Cashews - Bulk	*organic*	5kg	152.85 V	30.57		**766908**									
◆	Salted Vanoffee Cashews - large	*organic*	6x100g	17.45 V		*4.65*	**766918**									
	❊ ***The Raw Chocolate Co. - Cacao Nibs, Powder & Butter listed in Coffee Subs/Cocoa Products section***															
	❊ ***Rhythm 108 - single-serve biscuits - vegan - gluten-free***															
	Chocolate Peanut Butter Soft Baked Cookie	*organic*	12x50g	14.40		*1.60*	**767532**									
	Hazelnut Chocolate Praline Soft Baked Cookie	*organic*	12x50g	14.40		*1.60*	**767536**									
	❊ ***Rhythm 108 - biscuit sharing - vegan - gluten-free***															
	Hazelnut Chocolate Praline Gift Tube	*organic*	1x195g	6.75		*9.00*	**767543**									
	Almond Biscotti Biscuit Share Bag	*organic*	8x135g	18.40		*3.29*	**767544**									
	Coconut Crunch Biscuit Share Bag	*organic*	8x135g	18.40		*3.29*	**767545**									
	Double Choco Hazelnut Biscuit Share Bag	*organic*	8x135g	18.40		*3.29*	**767546**									
	Hazelnut Chocolate Chip Share Bag	*organic*	8x135g	18.40		*3.29*	**767547**									
	Hazelnut Chocolate Praline Share Bag	*organic*	8x135g	18.40		*3.29*	**767549**									
	Lemon Ginger & Chia Biscuit Share Bag	*organic*	8x135g	18.40		*3.29*	**767548**									
	❊ ***Rhythm 108 - vegan Swiss chocolate bars***															
	Chocolate Orange Swiss Dark Chocolate Bar	*organic*	15x33g	15.80 V		*1.69*	**767563**									
	Hazelnut Praline Dark Chocolate Bar	*organic*	15x33g	15.80 V		*1.69*	**767564**									
	Hazelnut Praline Dark Choc Bar - Multipack	*organic*	12x3x33g	33.65 V		*4.49*	**767561**									
	Creamy Coconut Dark Chocolate Bar	*organic*	15x33g	15.80 V		*1.69*	**767566**									
	Almond & Sea Salt M'lk Chocolate Bar	*organic*	15x33g	15.80 V		*1.69*	**767568**									
	Almond & Sea Salt M'lk Choc Bar - Multipack	*organic*	12x3x33g	33.65 V		*4.49*	**767567**									
	Hazelnut Truffle Filled M*lk Chocolate Tablet	*organic*	9x100g	22.20 V		*3.99*	**767572**									
	Dark Cocoa Orange Filled M*lk Chocolate Tablet	*organic*	9x100g	22.20 V		*3.99*	**767576**									
	Roasted Almond Butter Filled M*lk Chocolate Tablet	*organic*	9x100g	22.20 V		*3.99*	**767578**									
	❊ ***Ricola***															
	New from Ricola, three new gluten-free vegan flavours for the range containing the famous 13 Swiss Alpine herbs. ***Eucalyptus Cherry Cough Drops with Stevia*** *are packaged in bags and contain cherry juice and eucalyptus oil. These cough drops sooth mild sore throats and they are individually wrapped in traditional sweet twists.* ***Blackberry with Stevia*** *and* ***Raspberry Mint with Stevia*** *are packaged in boxes made from FSC certified card. All are produced allergen free.*															
❊	Eucalyptus Cherry Cough Drops with Stevia - bag		12x70g	12.40 V		*1.65*	**767759**									
	Original Swiss Herb Soothe & Clear - bag		12x75g	12.40 V		*1.65*	**767760**									
	Soothe & Clear Honey Lemon Echinacea - bag		12x75g	12.40 V		*1.65*	**767762**									
❊	Blackberry with Stevia - box		20x45g	19.90 V		*1.59*	**737763**									
	Delicious Elderflower with Stevia - box		20x45g	19.90 V		*1.59*	**767764**									
	Luxurious Liquorice with Stevia - box		20x45g	19.90 V		*1.59*	**767766**									
❊	Raspberry Mint with Stevia - box		20x45g	19.90 V		*1.59*	**767765**									
	Refreshing Lemon Mint with Stevia - box		20x45g	19.90 V		*1.59*	**767767**									
	Tasty Cranberry with Stevia - box		20x45g	19.90 V		*1.59*	**767768**									
	The Original with Stevia - box		20x45g	19.90 V		*1.59*	**767770**									
	❊ ***Supernature - vegan gluten-free chocolate***															
◆	Almond Clusters		15x34g	18.40 V		*1.96*	**768311**									
◆	Chocolate Covered Almonds		15x38g	18.40 V		*1.96*	**768313**									
◆	Chocolate Covered Hazelnuts	*organic*	15x40g	18.40 V		*1.96*	**768312**									
◆	Hazelnut Butter Cups	*organic*	15x34g	18.40 V		*1.96*	**768315**									
◆	Hazelnut Clusters - 2 pack	*organic*	15x34g	18.40 V		*1.96*	**768314**									
◆	Peanut Butter Cups - 2pack	*organic*	15x40g	18.40 V		*1.96*	**768316**									

	Description		size	price	£/unit	RRP	code
	❊ ***Sunita***						
	Organic Halva with Coconut Syrup - Vegan	*organic*	12x75g	16.05		*1.78*	**768490**
	Organic Dark Chocolate Halva	*organic*	12x75g	20.35		*2.26*	**768492**
	Organic Plain Halva	*organic*	12x75g	16.05		*1.78*	**768495**
	Organic Honey Halva - Almond	*organic*	12x75g	20.35		*2.26*	**768497**
	Organic Grape Juice & Sultana Halva	*organic*	12x75g	16.05		*1.78*	**768502**
	Halva Grape & Sultana		2.5kg	28.55	11.42		**768525**
	Halva Pistachio		24x75g	32.15		*1.79*	**768545**
	Halva Plain		24x75g	32.15		*1.79*	**768555**
	Sesame Coconut Bar	*organic*	24x30g	9.75 V		*0.65*	**768558**
	Sesame Honey Bar		24x30g	9.75 V		*0.65*	**768560**
	Sesame Honey Bar	*organic*	24x30g	9.75 V		*0.65*	**768565**
	Sesame Honey Bar with Almonds	*organic*	24x30g	9.75 V		*0.65*	**768567**
	❊ ***Trek Bars - vegan - gluten-free***						
	*New and on offer from Trek is the **Biscoff Power** bar, containing 15g of plant protein and the all important biscoff spread. When testing out on my normally circumspect daughter, I was told 'it is like a dream, Dad'. The bar contains soya protein crunchies. The pricing below represents a discount of 20%.*						
❒	Biscoff Power - New!		16x55g	19.25 V		*1.96*	**766681**
❒	Cocoa Chaos		16x55g	10.75 V		*1.10*	**766687**
❒	Choc Orange Power		16x55g	19.25 V		*1.96*	**766686**
❒	Millionaire Shortbread Power		16x55g	19.25 V		*1.96*	**766688**
❒	Peanut Butter Crunch Power		16x55g	19.25 V		*1.96*	**766689**
❒	Peanut Power		16x55g	10.75 V		*1.10*	**766692**
	❊ ***Trek Bars - Multipack - vegan - gluten-free***						
	On offer are Trek multipack bars, the pricing below represents a discount of 20%.						
❒	Multipack - Cocoa Chaos		12x3x55g	21.55 V		*2.93*	**766868**
❒	Multipack - Peanut Power		12x3x55g	21.55 V		*2.93*	**766869**
	❊ ***Trek Protein Flapjacks - vegan - gluten-free***						
	On offer are Trek protein bars, the pricing below represents a discount of 20%.						
❒	Cocoa Coconut Protein Flapjack		16x50g	11.15		*1.01*	**766782**
❒	Cocoa Oat Protein Flapjack		16x50g	11.15		*1.01*	**766785**
❒	Original Oat Protein Flapjack		16x50g	11.15		*1.01*	**766795**
❒	Salted Caramel Protein Flapjack		16x50g	11.15		*1.01*	**766796**
❒	Smooth Lemon Protein Bar		16x50g	11.15		*0.99*	**766794**
❒	White Chocolate & Raspberry Protein Bar		16x50g	11.15		*0.99*	**766809**
	❊ ***Tropical Wholefoods - Fair Trade - www.tropicalwholefoods.com***						
	Apricot & Almond Just 5 Bar	*organic*	18x40g	15.70 V		*1.40*	**768816**
	Banana & Cocoa Just 5 Bar	*organic*	18x40g	15.70 V		*1.40*	**768821**
	Date & Cocoa Just 5 Bar	*organic*	18x40g	15.70 V		*1.40*	**768823**
	Date & Walnut Just 5 Bar	*organic*	18x40g	15.70 V		*1.40*	**768818**
	Mango & Brazil Just 5 Bar	*organic*	18x40g	15.70 V		*1.40*	**768820**
	❊ ***Tropi Snax vegan dried fruit snacks***						
	Mango Fruit Balls		8x50g	11.70		*1.95*	**768846**
	Mango Fruit Roll		30x27g	28.00		*1.25*	**768848**
	Pineapple Passion Fruit Balls		8x50g	11.70		*1.95*	**768849**
	Pineapple Fruit Roll		30x27g	28.00		*1.25*	**768850**
	❊ ***Vego - vegan, gluten-free, Fair Trade***						
▲	150g Whole Hazelnut Chocolate Bar	*organic*	20x150g	55.60 V		*4.45*	**768830**
▲	Mini Whole Hazelnut Chocolate Bar	*organic*	20x65g	28.80 V		*2.30*	**768832**
▲	Nuts & Berries Vego Dark Bar	*organic*	12x85g	29.90 V		*4.00*	**768834**
▲	Vego Crisp - choc & rice crisp Bar	*organic*	20x40g	22.40 V		*1.79*	**768836**
	❊ ***Vivani organic vegan chocolate bars***						
	Dark with Almonds Chocolate	*organic*	10x100g	20.50 V		*3.28*	**768890**
	Dark with Nougat Chocolate	*organic*	10x100g	20.50 V		*3.28*	**768892**
	Dark with Orange Chocolate	*organic*	10x100g	20.50 V		*3.28*	**768894**
	Fine Dark 85% Chocolate	*organic*	10x100g	21.80 V		*3.49*	**768896**
	Fine Dark 92% Chocolate	*organic*	10x80g	21.80 V		*3.49*	**768898**
	Fine Dark 99% Chocolate	*organic*	10x80g	21.80 V		*3.49*	**768990**
	Superior Dark 100% + cocoa nibs Chocolate	*organic*	10x80g	21.80 V		*3.49*	**768992**
	Black Cherry Dark Chocolate	*organic*	18x35g	18.95 V		*1.68*	**768994**

	Description		size	price	£/unit	RRP	code
	⁕ ***Vivani organic chocolate bars - not vegan***						
	Dark with Marzipan & Amaretto Chocolate	*organic*	10x100g	20.50 V		*3.28*	**768996**
	Milk Praliné Chocolate	*organic*	10x100g	20.50 V		*3.28*	**768998**
	Espresso Biscotti Chocolate	*organic*	18x40g	18.95 V		*1.68*	**768999**
	■ Condiments, Stocks, Salt & Miscellaneous Foods						
	⁕ ***A. Vogel - sea salt with dried herbs & vegetables***						
	Herbamare - shaker	*organic*	6x500g	30.60		*6.80*	**791002**
	Herbamare - shaker	*organic*	6x250g	19.90		*4.43*	**791005**
	Herbamare - shaker	*organic*	6x125g	14.20		*3.16*	**791012**
	Herbamare - low salt - shaker	*organic*	6x125g	17.65		*3.93*	**791015**
	Herbamare - spicy - shaker	*organic*	6x125g	14.20		*3.16*	**791017**
	⁕ ***Biona - Coconut Aminos glass***						
	Coconut Aminos - Original	*organic*	6x250ml	17.95		*3.99*	**791565**
	Coconut Aminos - Sweet Chilli	*organic*	6x250ml	17.95		*3.99*	**791568**
	⁕ ***Carley's***						
	Black Sesame Gomasio	*organic*	6x150g	14.55		*3.34*	**791545**
	⁕ ***Clearspring***						
	Traditional Sea Salt	*certified*	6x250g	17.95		*3.99*	**791550**
◆	Gomashio - Black Sesame with Sea Salt	*organic*	6x100g	17.95		*3.99*	**791551**
◆	Gomashio - Whole Sesame with Sea Salt	*organic*	6x100g	17.95		*3.99*	**791552**
◆	Irigoma - Toasted Black Sesame Seeds	*organic*	6x100g	17.95		*3.99*	**791553**
◆	Irigoma - Toasted Whole Sesame Seeds	*organic*	6x100g	17.95		*3.99*	**791554**
◆	Shichimi Togarashi	*organic*	8x50g	29.90		*4.98*	**791555**
	⁕ ***Cocofina organic - glass***						
	Coconut Amino	*organic*	12x250ml	53.90		*5.99*	**370939**
	⁕ ***Cornish Sea Salt***						
	Cornish Sea Salt - Chef's Tub	*certified*	6x500g	31.60		*7.02*	**791715**
	⁕ ***Essential Trading***						
	*New from Essential Trading, certified **Atlantic Sea Salt - Fine** in a 5kg bag. This Portuguese vegan approved salt can be used in organic systems and is packaged in a natural polythene LFT bag.*						
❉	Atlantic Sea Salt - Portugal - Fine	*organic*	5kg	8.50	1.70		**791718**
	⁕ ***Free & Easy gluten-free, vegan egg replacer***						
	Egg Replacer		6x135g	12.80		*2.84*	**791750**
	⁕ ***Geo Organics Portuguese Sea Salt***						
	*New from Geo Organics certified **Atlantic Sea Salt - Fine 25kg**. Harvested by hand from the Portuguese shores, with no vehicles used in its collection, meaning it has a minimal effect on the environment. It is organically approved. The salt is packed in a natural polythene LFT bag*						
❉	Atlantic Sea Salt - Fine	*certified*	25kg	20.95	0.84		**791654**
	Atlantic Sea Salt - boxed	*certified*	6x250g	7.20		*1.60*	**791655**
	Atlantic Sea Salt - in tub dispenser	*certified*	6x500g	15.10		*3.36*	**791660**
	⁕ ***Hambleden Herbs***						
	Rock Salt - in grinder		5x120g	10.55		*2.81*	**791680**
	⁕ ***Kallo***						
	Gravy Granules - Low salt	*organic*	6x160g	16.25		*3.62*	**793003**
	French Onion Stock Cubes	*organic*	15x6x11g	19.00		*1.69*	**793005**
	Garlic & Herb Stock Cubes	*organic*	15x6x11g	19.00		*1.69*	**793010**
	Mushroom Stock Cubes	*organic*	15x6x11g	19.00		*1.69*	**793015**
	Tomato & Herb Stock Cubes	*organic*	15x6x11g	19.00		*1.69*	**793020**
	Vegetable Stock Cubes	*organic*	15x6x11g	19.00		*1.69*	**793065**
	Low Salt Vegetable Stock Cubes	*organic*	15x6x11g	19.40		*1.72*	**793067**
	Yeast Free Vegetable Stock Cubes		15x6x11g	19.00		*1.69*	**793095**

Description		size	price	£/unit	RRP	code
⁜ ***Little Pod***						
Pure Bourbon Vanilla Extract		6x100ml	70.00		*15.56*	**793694**
Natural Vanilla Paste		6x100ml	68.00		*15.11*	**793696**
Madagascan Vanilla Pods	*organic*	6x2p	40.00		*8.89*	**793698**
⁜ ***The Maldon Crystal Salt Company***						
Chilli Sea Salt - carton		12x100g	28.80		*3.20*	**793675**
Garlic Sea Salt - carton		12x100g	29.10		*3.23*	**793676**
Kalahari Desert Salt - coarse - carton		12x250g	22.50		*2.50*	**793677**
Maldon Sea Salt - grinder		6x55g	17.30		*3.84*	**793679**
Maldon Sea Salt - carton		12x250g	29.20		*3.24*	**793680**
Maldon Sea Salt - tub		1x570g	5.50		*7.33*	**793668**
Maldon Sea Salt - tub		1x1.4kg	13.10		*17.47*	**793683**
Smoked Maldon Sea Salt		12x125g	24.60		*2.73*	**793682**
Smoked Maldon Sea Salt - tub		1x500g	8.25		*11.00*	**796683**
⁜ ***Marigold***						
Liquid Aminos		6x250ml	17.95		*3.99*	**480950**
Pomegranate Molasses		6x150ml	18.85		*4.19*	**794500**
Vegetable Bouillon - Organic - vegan	*organic*	6x150g	11.45		*2.54*	**794503**
Vegetable Bouillon - Organic - vegan	*organic*	6x500g	34.85		*7.75*	**794502**
Vegetable Bouillon - Organic - vegan	*organic*	1x2kg	17.60		*23.48*	**794490**
Vegetable Bouillon - Organic - vegan	*organic*	25kg	210.00	8.40		**794506**
Reduced Salt Organic Vegetable Bouillon	*organic*	6x140g	11.65		*2.59*	**794508**
Reduced Salt Organic Vegetable Bouillon	*organic*	6x500g	35.30		*7.84*	**794509**
Reduced Salt Organic Vegetable Bouillon	*organic*	1x2kg	18.00		*24.00*	**794492**
Vegetable Bouillon		6x150g	10.75		*2.39*	**794505**
Vegetable Bouillon		6x500g	32.60		*7.24*	**794510**
Vegetable Bouillon - vegan		1x2kg	16.30		*21.73*	**794517**
Reduced Salt Bouillon Vegan		6x150g	11.00		*2.44*	**794520**
Reduced Salt Bouillon Vegan		6x500g	33.30		*7.40*	**794521**
Reduced Salt Bouillon Vegan		1x2kg	16.85		*22.48*	**794519**
Bouillon Cubes	*organic*	12x8p	13.50		*1.50*	**794523**
Low Salt Bouillon Cubes	*organic*	12x8p	13.50		*1.50*	**794524**
Yeast Free Bouillon Cubes	*organic*	12x8p	13.50		*1.50*	**794527**
Gravy Granules - Instant		6x170g	8.75		*1.94*	**794528**
Gravy Granules - Instant		1x2kg	12.75		*17.01*	**794531**
Gravy Powder	*organic*	6x110g	11.20		*2.49*	**794530**
Organic Nutritional Yeast Flakes	*organic*	6x100g	29.20		*6.49*	**794533**
Nutritional Yeast Flakes - Protein & Fibre Unfortified		6x100g	16.60		*3.69*	**794536**
Super Yeast Flakes with added vitamin D		6x100g	20.20		*4.49*	**794529**
Yeast Flakes with B12 - 100g		6x100g	18.85		*4.19*	**794534**
Yeast Flakes with B12 - 650g		1x650g	14.95		*19.99*	**794537**
Yeast Flakes with B12 - 25kg		25kg	455.00	18.20		**794538**
⁜ ***Brewers Yeast - see "Supplementary Foods" section "Infinity"***						
⁜ ***Nielsen-Massey***						
Vanilla Extract (single)	*organic*	1l	100.65			**795020**
Vanilla Extract (single)	*organic*	1x118ml	15.00		*20.00*	**795025**
Vanilla Extract	*organic*	8x60ml	64.50		*10.75*	**795022**
⁜ ***Notorious Nooch Co. vegan, flavoured nutritional yeast***						
Cheesy Immature Nooch		12x80g	35.00		*4.15*	**795032**
Flame Grilled Chicken Nooch		12x80g	35.00		*4.15*	**795033**
Smoky Bacon Nooch		12x80g	35.00		*4.15*	**795034**
⁜ ***Orgran - gluten-free***						
No-Egg (egg replacer) - GF		8x200g	19.10		*3.18*	**795060**
Vegan Easy Egg		8x250g	28.50		*4.76*	**795065**
⁜ ***Profusion - Pink Himalayan Salts***						
Himalayan Rose Pink Salt - fine		8x500g	23.95		*3.99*	**795150**
Himalayan Rose Pink Salt - coarse		8x500g	23.95		*3.99*	**795155**
Himalayan Rose Pink Salt - rocks (for sole)		6x1kg	28.30		*6.29*	**795160**
Himalayan Rose Pink Salt - fine - shaker		8x140g	16.10		*2.68*	**795165**
Salt Mill - Himalayan Rose Pink Salt		6x200g	29.95		*6.66*	**795172**

	Description		size	price	£/unit	RRP	code
	⁜ ***Rayners***						
	On offer are Rayners organic Coconut Aminos, the pricing below represents a discount of 20%.						
❒	Coconut Aminos	*organic*	6x250ml	22.65		*5.04*	**371624**
	⁜ ***River Cottage/ 9 meals from Anarchy Organic Stock in a glass jar***						
	Garlic & Herb Vegetable Stock	*organic*	6x105g	15.75		*3.50*	**791375**
	Hugh's Classic Vegetable Stock	*organic*	6x105g	15.75		*3.50*	**791378**
	Smoky Spicy Vegetable Stock	*organic*	6x105g	15.75		*3.50*	**791382**
	Ultimate Umami Vegetable Stock	*organic*	6x105g	15.75		*3.50*	**791386**
	⁜ ***Sel de Guerande - Certified (Celtic Sea Salt)***						
	Sel de Guérande - Fine - shaker - large	*certified*	12x250g	31.35		*3.48*	**791405**
	Sel de Guérande - Fine - bag	*certified*	12x1kg	46.20		*5.13*	**791410**
	Sel de Guérande - Coarse - bag	*certified*	12x1kg	31.20		*3.47*	**791415**
	⁜ ***Steenbergs***						
	Almond Extract - Natural		8x60ml	25.70		*4.28*	**795300**
	Lemon Extract	*organic*	8x60ml	20.45		*3.41*	**795302**
	Orange Extract	*organic*	8x60ml	20.45		*3.41*	**795305**
	Orange Flower Water	*organic*	6x100ml	17.60		*3.91*	**795307**
	Peppermint Extract	*organic*	8x60ml	20.45		*3.41*	**795310**
	Rose Flower Water	*organic*	6x100ml	17.60		*3.91*	**795312**
	Tamarind Paste		12x150g	25.90		*2.88*	**795320**
	Vanilla Extract - Fair Trade	*organic*	8x60ml	51.20		*8.53*	**795315**
	⁜ ***Sun & Seed***						
	Nomelette - egg free mix	*organic*	12x250g	37.50		*4.17*	**795340**
	Dukkah - Pumpkin Sprinkle	*organic*	6x120g	18.75		*4.17*	**795342**
	Furikake - Sesame & Seaweed Sprinkle	*organic*	6x100g	18.75		*4.17*	**795344**
	Hempesan - Umami Sprinkle	*organic*	6x110g	18.75		*4.17*	**795346**
	⁜ ***The Salt Company - Red Sea***						
	Certified for use in organic manufacture						
	Seasalt - Fine - Israel	*certified*	25kg	15.55	0.62		**795105**
	Seasalt - Fine - Israel	*certified*	10kg	9.50	0.95		**795110**
	⁜ ***Trapani - unrefined Sicilian sea salt***						
	Fine Sea Salt - bag		12x1kg	26.55		*2.95*	**791640**
	Coarse Sea Salt - bag		12x1kg	26.55		*2.95*	**791642**
	⁜ ***Uhhmami organic broths and seasoning.***						
	*New from Uhhmami is a range of organic gluten-free vegan broths and flavours that can instantly add new depth, complexity and flavour to your dishes. They have been designed by Frank Lantz, a Michelin starred head chef. The broths are in powder form and come in four classic flavours: **Beef'ish**. **Chicken'ish**, **Ocean'ish** and **Vegetables**. Just add 2 teaspoons per 500ml of liquid. The four seasoning flavours can be used as condiments or ingredients incorporated into a dish. They are: **Bacon'ish**, **Blue Cheese'ish**, **Cheese'ish** and **Truffle'ish**. All are packed in re-sealable recyclable plastic foil pouches.*						
⁜	Bacon'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791673**
⁜	Beef'ish - broth	*organic*	4x40g	9.60		*3.20*	**791674**
⁜	Blue Cheese'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791675**
⁜	Cheese'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791676**
⁜	Chicken'ish - broth	*organic*	4x40g	9.60		*3.20*	**791677**
⁜	Ocean'ish - broth	*organic*	4x40g	9.60		*3.20*	**791678**
⁜	Truffle'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791679**
⁜	Vegetables - broth	*organic*	4x40g	9.60		*3.20*	**791681**
	⁜ ***Zaytoun***						
	Palestinian Za'atar - Thyme mix - bag		2x750g	34.75		*23.17*	**795203**
	Palestinian Za'atar - Thyme mix - jar		6x80g	17.70		*3.93*	**795205**

■ Supplementary Foods

	Description		size	price	£/unit	RRP	code
	❊ ***Aduna***						
	Baobab - fruit pulp powder - pouch - single	*organic*	1x275g	8.70		*12.99*	**850902**
	Baobab - fruit pulp powder - sml tub single	*organic*	1x80g	4.00		*5.99*	**850910**
	Moringa Green Superleaf Powder - pouch - single	*organic*	1x275g	9.35		*13.99*	**850912**
	Moringa Green Superleaf Powder - sml tub - single	*organic*	1x100g	4.65		*6.99*	**850917**
	❊ ***Ayurvediq - glass jar***						
	Ashwagandha & Black Pepper - 120 capsules	*organic*	1x1jar	11.15 V		*19.99*	**850940**
	Moringa - 120 capsules	*organic*	1x1jar	10.60 V		*18.99*	**850941**
	Shatavari - 120 capsules	*organic*	1x1jar	11.15 V		*19.99*	**850942**
	Triphala - 120 capsules	*organic*	1x1jar	11.15 V		*19.99*	**850943**
	Turmeric & Black Pepper - 120 capsules	*organic*	1x1jar	10.00 V		*17.95*	**850944**
	❊ ***BetterYou***						
	D3000 Vitamin D Oral Spray		6x15ml	29.90 V		*9.45*	**850881**
	D400 Junior Vitamin D Oral Spray		6x15ml	23.60 V		*7.45*	**850882**
	D3000 Vitamin D + K2 Oral Spray		6x12ml	34.60 V		*10.95*	**850884**
	B12 Boost Oral Spray		6x25ml	39.40 V		*12.45*	**850886**
	Lights Out Nightly Oral Spray		6x50ml	63.20 V		*19.95*	**850888**
	MultiVit Oral Spray		6x25ml	31.50 V		*9.95*	**850890**
	Vegan Health Oral Spray		6x25ml	47.35 V		*14.95*	**850891**
	❊ ***The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk***						
	Clarity & Focus	*organic*	1x60cap	7.50 V		*12.00*	**850930**
	Kelp	*organic*	1x60cap	7.50 V		*12.00*	**850932**
▲	Menstrual Ease	*organic*	1x60cap	6.85 V		*10.96*	**850935**
▲	Sea Moss	*organic*	1x60cap	6.70 V		*10.72*	**850936**
▲	Seaweed & Mushrooms	*organic*	1x60cap	9.90 V		*15.84*	**850937**
	Wild & Beautiful	*organic*	1x60cap	8.70 V		*13.92*	**850939**
	❊ ***Floradix - Liquid Herbal Formulas***						
	YF = yeast-free, GF = gluten-free, VG = vegan						
	Epresat Multivitamin formula		1x250ml	7.95 V		*13.49*	**850984**
	Floradix - liquid iron & vitamins		1x500ml	12.50 V		*21.25*	**850986**
	Floradix - liquid iron & vitamins		1x250ml	7.60 V		*12.90*	**850988**
	Floradix Kids - liquid iron & vitamins YF GF VG		1x250ml	8.20 V		*13.92*	**850989**
	Floravital - liquid iron & vitamins YF GF VG		1x500ml	12.50 V		*21.25*	**850990**
	Floravital - liquid iron & vitamins YF GF VG		1x250ml	7.60 V		*12.90*	**850992**
	Immune Support Liquid Formula YF GF VG		1x250ml	7.90 V		*13.41*	**850994**
	IntestCare - magnesium apple plum YF GF VG		1x250ml	10.10 V		*17.14*	**850996**
	Kindervital for children - fruity GF VG		1x250ml	6.80 V		*11.65*	**850997**
	Kindervital for children - original YF		1x250ml	6.80 V		*11.65*	**850995**
	Magnesium liquid formula YF GF		1x250ml	6.35 V		*10.79*	**850999**
	Neuro Balance liquid formula YF GF VG		1x250ml	8.65 V		*14.68*	**851000**
	Saludynam - calcium magnesium zinc & vit D YF GF		1x250ml	7.95 V		*13.54*	**850998**
	Vitamin B Complex YF GF VG		1x250ml	8.65 V		*14.70*	**850100**
	❊ ***Forest Wholefoods - retail pouches***						
	Acai Powder	*organic*	1x250g	22.65		*30.20*	**851902**
	Ashwagandha Powder	*organic*	1x250g	7.35		*9.80*	**851904**
	Banana Powder	*organic*	1x250g	5.30		*7.07*	**851906**
	Baobab Powder	*organic*	1x250g	6.45		*8.60*	**851908**
	Barleygrass Powder	*organic*	1x250g	6.20		*8.27*	**851911**
	Beetroot Powder	*organic*	1x250g	5.30		*7.07*	**851912**
	Black Maca Powder	*organic*	1x250g	6.20		*8.27*	**851914**
	Blueberry Powder	*organic*	1x250g	22.65		*30.20*	**851916**
	Broccoli Powder	*organic*	1x250g	7.60		*10.13*	**851918**
	Camu Camu Powder	*organic*	1x250g	10.10		*13.47*	**851920**
	Chlorella Powder	*organic*	1x250g	8.55		*11.40*	**851922**
	Hemp Protein Powder 50%	*organic*	1x250g	4.90		*6.53*	**851924**
	Maca Powder	*organic*	1x250g	5.65		*7.53*	**851926**
	Spirulina Powder	*organic*	1x250g	5.95		*7.93*	**851930**
	Wheatgrass Powder	*organic*	1x250g	6.05		*8.07*	**851932**
	❊ ***Infinity Foods***						
	Brewers Yeast Powder		1kg	18.60	18.60		**792203**

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code
	❊ ***Naturya - Blends***						
◆	Immunity Functional Blend - wheatgrass, barleygrass, camu ca	*organic*	1x250g	7.65		*11.43*	**855404**
◆	Green Super Blend	*organic*	1x250g	10.00		*15.02*	**855408**
	❊ ***Naturya***						
◆	Acai Powder	*organic*	1x125g	13.30		*19.98*	**855410**
◆	Chia Seeds	*organic*	1x300g	4.00		*6.01*	**855416**
◆	Chlorella Powder	*organic*	1x200g	8.65		*13.00*	**855417**
◆	Cacao Nibs	*organic*	1x300g	5.30		*7.96*	**855418**
◆	Cacao Powder	*organic*	1x250g	4.65		*6.99*	**855419**
◆	Hemp Protein Powder	*organic*	1x300g	6.65		*9.99*	**855420**
◆	Maca Powder	*organic*	1x300g	4.65		*6.99*	**855423**
◆	Spirulina Powder	*organic*	1x200g	6.00		*9.01*	**855425**
◆	Wheatgrass Powder	*organic*	1x200g	5.30		*7.95*	**855427**
	❊ ***Raw Living - Mushroom Magic***						
	8 Mushroom 8:1 Extract Blend - pouch	*organic*	6x50g	79.75		*18.99*	**857931**
	Chaga Mushroom 10:1 Dual Extract - pouch	*organic*	6x50g	79.75		*18.99*	**857932**
	Cordyceps Mushroom 8:1 Extract - pouch	*organic*	6x50g	79.75		*18.99*	**857933**
	Lion's Mane Mushroom 8:1 Dual Extract - pouch	*organic*	6x50g	79.75		*18.99*	**857934**
	Reishi (Duanwood) Mushroom 13:1 Dual Extract - pouch	*organic*	6x50g	79.75		*18.99*	**857935**
	❊ ***Taka Turmeric Capsules***						
	Turmeric & Black Pepper - 60 capsules	*organic*	1x1jar	6.10	V	*10.99*	**858961**
	Turmeric & Black Pepper - 120 capsules	*organic*	1x1jar	9.45	V	*16.95*	**858962**
	Joint Care - 90 capsules	*organic*	1x1jar	9.45	V	*16.95*	**858963**

■ Pet Products

❊ ***Benevo Pet Food - vegan***						
Adult Original Vegan Dog Food - bag	1x15kg	43.75	V	*70.00*	**810536**
Adult Original Vegan Dog Food - bag	1x2kg	7.49	V	*11.98*	**810537**
Duo Complete - can	12x369g	22.45	V	*2.99*	**810538**
Rumble Strips	14x180g	17.45	V	*1.99*	**810540**
Pawtato Knots - small	12x150g	22.40	V	*2.99*	**810544**
Pawtato Ocean Treats - Small	10x140g	24.90	V	*3.98*	**810549**
Pawtato Ocean Treats - Medium	10x140g	24.90	V	*3.98*	**810550**
Pawtato Sticks - Spinach & Kale	12x120g	16.40	V	*2.19*	**810546**
Pawtato Tubes - Turmeric and Chicory Root	12x90g	16.40	V	*2.19*	**810548**
❊ ***Benevo Bags***						
Unscented Biodegradable Poop Bags	6x8x15bg	22.45	V	*5.99*	**810556**
❊ ***Faith in Nature vegan Dog Shampoos***						
On offer are Faith in Nature vegan dog shampoos, the pricing below represents a discount of 33%.						
❒ Chamomile Dog Shampoo - sensitive	6x400ml	13.55	V	*3.87*	**810600**
❒ Coconut Dog Shampoo - detangling	6x400ml	13.55	V	*3.87*	**810602**
❒ Lavender Dog Shampoo - deep cleaning	6x400ml	13.55	V	*3.87*	**810604**
❒ Coconut Dog Shampoo Bar	6x85g	13.55	V	*3.85*	**810612**

■ Kitchen & Household Goods

❊ ***AH Table***						
Reusable Cotton Milk bag - 38x38cm	*organic*	10x1p	23.85	V	*3.83*	**820698**
Reusable Cotton Tea bag - 5 bags	*organic*	10x5p	20.65	V	*3.31*	**820700**
Stainless Steel Tea Ball Infuser with chain		5x1p	13.90	V	*4.45*	**820702**

	Description		size	price	£/unit	RRP	code
	⁕ ***Alter/Native by Suma - soap containers***						
	New from Alter/Native, a range of soap containers to join the soap tin. ***Bamboo Soap Dish - rectangle*** *is designed to hold the Alter/Native rectangular soaps. It has drainage slots and rests on small silicone feet to let the liquid drain away. The* ***Bamboo Soap Dish - round*** *is similar to the rectangular dish but designed for the round Alter/Native soaps. Both soap dishes are made from sustainable bamboo which is neither a food source nor a habitat for pandas, and they both contain no dye or stains.* ***Soap Bag - organic cotton*** *is a mesh bag that fits one rectangular soap or haircare bar. It extends the soap life by allowing it to drain and dry easily.*						
⁕	Bamboo Soap Dish - rectangle		6x1p	17.45 V		*4.65*	**820704**
⁕	Bamboo Soap Dish - round		6x1p	12.55 V		*3.35*	**820706**
⁕	Soap Bag - organic cotton	*organic*	1x1p	1.20 V		*1.92*	**820708**
◆	Travel Soap Tin - 29x68x97mm		1x1tin	2.45 V		*3.92*	**859141**
	⁕ ***Aries***						
	Mottenbox - clothes moth protection		6x1p	31.45 V		*9.39*	**820710**
	⁕ ***A. Vogel - bioSnacky glass sprouting jar***						
	For bioSnacky sprouting seeds see "Nuts and Seeds" section						
	bioSnacky Glass Germinator		1x1	7.60 V		*12.63*	**820505**
	⁕ ***Being Fare - 3 tier sprout growing kit***						
	The Sprouter - (single kit)		1x1	8.55 V		*15.32*	**820515**
	⁕ ***Bo Weevil organic cotton***						
	Bread/Dry Goods Bag Large - Natural White Cotton Voile	*organic*	1x1	1.60 V		*2.74*	**820530**
	Bread/Dry Goods Bag Medium - Natural White Cotton Voile	*organic*	1x1	1.45 V		*2.49*	**820532**
	Bread/Dry Goods Bag Small - Natural White Cotton Voile	*organic*	1x1	1.20 V		*2.06*	**820533**
	Canvas shopping Bag - Natural White	*organic*	1x1	4.50 V		*7.71*	**820534**
	Granny String Bag Short Handle - Black	*organic*	1x1	4.20 V		*7.20*	**820538**
	Granny String Bag Short Handle - Orange	*organic*	1x1	4.20 V		*7.20*	**820540**
	Granny String Bag Long Handle - Teal	*organic*	1x1	4.25 V		*7.29*	**820544**
	Granny String Bag Long Handle - Orange	*organic*	1x1	4.25 V		*7.29*	**820546**
	Vegetable Mesh Bag - Large	*organic*	1x1	1.75 V		*3.00*	**820550**
	Vegetable Mesh Bag - Medium	*organic*	1x1	1.50 V		*2.57*	**820552**
	⁕ ***Cheeky Panda Bamboo products***						
	New from Cheeky Panda, ***Flat Box Facial Tissues with Aloe - 64s*** *are soft tissues with soothing aloe lotion in a top opening flat card box. These are perfect for a sore, cold ridden nose. New and on offer are* ***9 Toilet Rolls - Natural Colour*** *these 3-ply brown bamboo toilet rolls are unbleached, soft and sustainable with 200 sheets per roll. The pricing marked ❒ below represents a discount of 20%. For both products for every pack sold, a donation is made to the WWF, supporting their vital climate and conservation efforts.*						
▼	Cleansing Facial Wipes		24x25p	44.20 V		*2.95*	**820555**
	Flat Box Facial Tissues - 80s		12x180g	15.00 V		*2.00*	**820558**
⁕	Flat Box Facial Tissues with Aloe - 64s		12x160g	17.25 V		*2.30*	**820557**
▼	Kitchen Rolls - 2 pack		5x2p	17.20 V		*5.50*	**820560**
▼	Multicoloured Paper Straws		48x100p	83.65 V		*2.79*	**820559**
▼	Pocket Tissues		96x10p	57.15 V		*0.95*	**820561**
▼	48 Toilet Rolls		1x5.8kg	25.85 V		*41.36*	**820562**
▼	9 Toilet Rolls		5x9p	25.80 V		*8.26*	**820564**
❒	9 Toilet Rolls - Natural Colour - New!		5x9p	18.75 V		*6.00*	**820565**
	⁕ ***Clearspring***						
	Bamboo Sushi Mat - Japan		10x1	9.90 V		*1.70*	**820523**
	⁕ ***Ecoleaf - by Suma***						
	EcoLeaf Toilet Tissue		10x4roll	21.20 V		*3.39*	**911006**
	EcoLeaf Toilet Tissue		5x9roll	22.95 V		*7.34*	**910995**
	Bulk EcoLeaf Toilet Tissue		5x12roll	28.55 V		*9.14*	**910998**
	Original Ecoleaf Kitchen Towels		12x2roll	20.55 V		*2.74*	**911010**
	Jumbo Ecoleaf Kitchen Towels		12x1roll	24.00 V		*3.20*	**911015**
	⁕ ***EcoLifestyle - food wraps***						
	Vegan Wrap on a roll 33x100cm - Avocado		1x1p	15.60 V		*25.00*	**912057**
	Vegan Wax Refresher Block		1x1p	5.00 V		*8.00*	**912068**

	Description	size	price	£/unit	RRP	code
⁜	***ecoLiving***					
	*New from ecoLiving a **Bottle Brush - for narrow necks**. A very long (38cm) and narrow bottle brush with an FSC certified beechwood handle and 25mm tampico bristles attached to a twisted wire core. Ideal for cleaning bottles with a very narrow neck such as kefir bottles. Made in Europe.*					
❉	Bottle Brush - for narrow necks	1x1p	3.10 V		*5.09*	**912069**
	Compostable Sponge Cloths - Rainbow 4 pack	18x4p	56.10 V		*5.12*	**912080**
	Compostable Sponge Cloths - Wildlife Rescue 2 pack	14x4p	28.90 V		*3.39*	**912082**
	Dust Pan & Brush with magnets - 33x22x7.5cm	6x1p	68.80 V		*18.84*	**912084**
	Reusable Silicone Baking Liner - 30x40cm	12x1p	88.85 V		*12.16*	**912086**
	Reusable Vegan Food Wraps	1x3p	7.75 V		*12.73*	**912087**
	Rubber Gloves - natural latex - small	14x1pair	23.85 V		*2.80*	**912088**
	Rubber Gloves - natural latex - medium	14x1pair	23.85 V		*2.80*	**912090**
	Rubber Gloves - natural latex - large	14x1pair	23.85 V		*2.80*	**912092**
	Rubber Gloves - natural latex - extra large	14x1pair	23.85 V		*2.80*	**912094**
⁜	***Essential Trading***					
	Soft & Strong Toilet Tissue	10x4roll	17.20 V		*2.76*	**910705**
⁜	***If You Care***					
	Aluminium Foil - 100% recycled - 12mx30cm	12x1	37.15 V		*5.46*	**820720**
	Heavy Duty Aluminium Foil - 100% recycled - 7mx40cm	12x1	50.74 V		*7.57*	**820722**
	Parchment Paper - unbleached - 19.8mx33cm	12x1	38.85 V		*5.80*	**820725**
	Baking Sheets - pre-cut	12x24sheets	30.15 V		*4.44*	**820727**
	Large Baking Cups - unbleached	24x60p	31.25 V		*2.30*	**820730**
	Sub/Mini Baguette Sandwich Bags - Paper	12x30p	37.55 V		*5.69*	**820732**
	Sandwich Bags - Paper	12x48p	36.90 V		*5.53*	**820734**
	No2 Unbleached Coffee Filter cone-style - small	12x100p	25.60 V		*3.81*	**820735**
	No4 Unbleached Coffee Filter cone-style - large	12x100p	25.60 V		*3.81*	**820737**
	72 Firelighters - non toxic wood & veg oil	12x72	43.40 V		*6.45*	**820740**
	28 Firelighters - non toxic wood & veg oil	12x28	16.40 V		*2.44*	**820742**
	Sponge Cloths - cellulose & cotton	12x5p	38.55 V		*5.72*	**820743**
⁜	***If You Care - bags made from potato starch - fully biodegradable***					
	Food Waste Bags - 43x39cm	12x30bgs	44.75 V		*6.50*	**820745**
	Tall Kitchen Bags - 61x64.5cm	12x12bgs	43.50 V		*6.39*	**820747**
⁜	***Infinity 50th Commemorative***					
	Infinity 50th Cotton Tea Towel *organic*	1x1p	3.10 V		*4.99*	**90975**
⁜	***La Droguerie Ecologique - vegan***					
	*New from La Droguerie Ecologique a **Nail Brush - beechwood - vegan**, with agave bristles. This is a double sided brush, soft one side and hard the other. It is made from FSC certified beechwood. Perfect for cleaning dirty nails, it measures 9x3.5cm.*					
❉	Nail Brush - beechwood - vegan	1x1p	2.10 V		*3.36*	**820749**
⁜	***One Green Bottle - Stainless steel containers and bamboo cutlery***					
	1000ml Stainless Nude Epic	1x1000ml	15.00 V		*24.00*	**820759**
	1200ml Stainless Evolution Ocean Colour Flask with sports cap	1x1200ml	15.60 V		*25.00*	**820763**
	800ml Stainless Evolution Ocean Colour Flask with sports cap	1x800ml	13.75 V		*22.00*	**820769**
	500ml Stainless Evolution Buff Flask with screw cap	1x500ml	15.55 V		*24.88*	**820771**
	Black Sloop - silicone bottle carrier	1x1p	3.10 V		*4.99*	**820773**
	Steel Cap - no handle	1x1p	3.75 V		*6.00*	**820775**
	Bamboo Spork - set of 10	1x10p	7.50 V		*12.00*	**820776**
	Silicone Straw Set with Cleaning Brush	1x5p	5.60 V		*8.96*	**820781**
⁜	***Soumi Olive Wood***					
	Olive Wood Salad Fork & Spoon Server Set - 23cm	1x1p	6.60 V		*10.56*	**820834**
	Olive Wood Rectangular Soap Dish -12x8cm	1x1p	5.30 V		*8.48*	**820836**
⁜	***Suma Refuse Sacks - min 50% post-consumer***					
	Black Bin Liners - 50% recycled	12x8bgs	16.85 V		*2.25*	**912005**
	Black Bin Liners - 50% recycled	1x200bgs	32.95 V		*52.72*	**912010**
⁜	***Symphony Environmental Co - www.d2w.net***					
	Black Dustbin Liners - 100% degradable plastic	24x10bgs	30.45 V		*2.03*	**912030**

■ Household & Industrial Cleaning Products

❊ ***&Sisters Remüvie - see 'Toiletries' section***

❊ ***Bio-D - www.biodegradable.biz***

Please recycle locally or contact supplier directly.

	Description	size	price	£/unit	RRP	code
	Dishwash Unwrapped Bars	6x90g	14.20 V		*3.80*	**830500**
	Dishwash Wrapped Bars	20x90g	50.90 V		*4.08*	**830508**
◆	Dishwasher Tablets - 30 tabs	8x360g	37.80 V		*7.66*	**830502**
◆	Dishwasher Rinse Aid	12x750ml	27.45 V		*3.68*	**830501**
◆	Washing Up Liquid	12x750ml	19.10 V		*2.58*	**830507**
	Washing Up Liquid	1x5l	7.65 V		*12.27*	**830510**
◆	Grapefruit Washing Up Liquid	12x750ml	20.40 V		*2.76*	**830503**
	Grapefruit Washing Up Liquid	1x5l	9.10 V		*14.60*	**830506**
◆	Mandarin Washing Up Liquid	12x750ml	20.40 V		*2.76*	**830511**
	Mandarin Washing Up Liquid	1x5l	9.10 V		*14.60*	**830512**
	Concentrated Washing Powder	10x1kg	30.95 V		*4.96*	**830555**
	Concentrated Washing Powder	8x2kg	47.55 V		*9.51*	**830550**
	Concentrated Washing Powder	1x12.5kg	37.20 V		*59.61*	**830560**
	Laundry & Stain Remover Unwrapped Bar	6x90g	14.20 V		*3.80*	**830561**
	Laundry & Stain Remover Wrapped Bar	20x90g	50.90 V		*4.08*	**830516**
	Laundry Bleach	12x400g	18.30 V		*2.45*	**830517**
	Laundry Liquid	12x1l	45.20 V		*6.03*	**830520**
	Laundry Liquid	1x5l	16.85 V		*26.98*	**830525**
	Juniper Laundry Liquid	12x1l	48.30 V		*6.49*	**830522**
	Juniper Laundry Liquid	1x5l	17.35 V		*28.70*	**830523**
	Lavender Laundry Liquid	12x1l	48.30 V		*6.49*	**830524**
	Lavender Laundry Liquid	1x5l	17.35 V		*28.70*	**830528**
	Fabric Conditioner - concentrated	12x1l	26.30 V		*3.51*	**830610**
	Fabric Conditioner - concentrated	1x5l	8.80 V		*14.13*	**830615**
	Juniper Fabric Conditioner - concentrated	12x1l	30.15 V		*4.04*	**830620**
	Juniper Fabric Conditioner - concentrated	1x5l	10.05 V		*16.30*	**830625**
	Lavender Fabric Conditioner - concentrated	12x1l	30.15 V		*4.04*	**830630**
	Lavender Fabric Conditioner - concentrated	1x5l	10.05 V		*16.30*	**830635**
◆	Concentrated Floor Cleaner	12x750ml	28.25 V		*3.79*	**830531**
	Concentrated Floor Cleaner	1x5l	11.85 V		*18.97*	**830534**
◆	Toilet Cleaner - with nozzle	12x750ml	20.85 V		*2.78*	**830540**
	Toilet Cleaner	1x5l	8.30 V		*13.28*	**830554**
◆	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40 V		*2.85*	**830571**
	Toilet Cleaner Pine & Cedarwood	1x5l	8.25 V		*13.20*	**830572**
◆	Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85 V		*3.34*	**830568**
	All Purpose Sanitiser - Mandarin	1x5l	7.45 V		*12.03*	**830569**
◆	Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50 V		*3.15*	**830542**
	Refill - All Purpose Sanitiser - ready to use	12x500ml	16.50 V		*2.21*	**830543**
	All Purpose Sanitiser - ready to use	1x5l	6.50 V		*10.50*	**830539**
◆	Spray - Bathroom Cleaner	12x500ml	24.15 V		*3.24*	**830553**
	Bathroom Cleaner	1x5l	7.20 V		*11.63*	**830559**
	Spray - Bathroom Cleaner - Pine & Cedarwood	12x500ml	24.50 V		*3.29*	**830573**
	Spray - Limescale Remover	12x500ml	28.50 V		*3.83*	**830563**
	Limescale Remover	1x5l	13.55 V		*21.88*	**830564**
◆	Multi-Surface Cleaner - concentrated	12x750ml	23.45 V		*3.13*	**830544**
	Multi-Surface Cleaner - concentrated	1x5l	10.15 V		*16.39*	**830556**
◆	Spray - Glass & Mirror Cleaner	12x500ml	24.50 V		*3.30*	**830557**
	Refill - Glass & Mirror Cleaner	12x500ml	19.55 V		*2.63*	**830558**
	Home & Garden Cleaner - disinfects	12x750ml	22.33 V		*2.99*	**830552**
	Home & Garden Cleaner - disinfects	1x5l	8.50 V		*13.64*	**830547**
	Furniture Polish - Tin	6x150g	32.50 V		*8.67*	**830562**

❊ ***Bio-D - refill***

Empty20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.
Carrier customers please contact brand directly or recycle locally.
The 20ltrs are W 230mm xH 325 xD 390mm
The 20ltrs use the same taps as the 15ltr they replaced

	All Purpose Sanitiser - ready to use	20l	25.30 V	1.27		**830591**
	Grapefruit Washing Up Liquid	20l	35.40 V	1.77		**830592**
	Washing Up Liquid	20l	29.10 V	1.46		**830596**
	Laundry Liquid - Fragrance Free	20l	54.00 V	2.70		**830598**
	Lavender Laundry Liquid	20l	58.65 V	2.93		**830599**
	Fabric Conditioner - Fragrance Free - concentrated	20l	32.25 V	1.61		**830601**

	Description	size	price	£/unit	RRP	code
	Lavender Fabric Conditioner - concentrated	20l	36.80 V	1.84		830603
	Multi Surface Cleaner - concentrated	20l	39.15 V	1.96		830604
	Toilet Cleaner	20l	31.90 V	1.60		830606
	Home & Garden Cleaner - disinfects	20l	32.25 V	1.61		830608
	20 litre Drum Tap	1x1	4.05 V			830565
	5 litre Drum Pump	1x1	2.90 V			830566
	20 litre Drum Pump	1x1	5.05 V			830567
	⁕ ***e-cloth***					
	General Purpose Cloth	1x1	2.90 V		*5.91*	832405
	Four General Purpose Cloths	1x1	8.60 V		*17.55*	832410
	Glass & Polishing Cloth	1x1	2.90 V		*5.91*	832415
	Washing-up Pad	1x1	1.70 V		*3.51*	832449
	⁕ ***Ecoegg -***					
	Bamboo Towels - 20 sheets	12x1roll	80.25 V		*11.46*	832456
	Detox Tablets - washing machine cleaner	12x6p	33.50 V		*4.79*	832457
	Dryer Egg - Fragrance Free	6x1p	31.45 V		*8.99*	832459
	Laundry Egg 70 Wash - Fragrance Free	5x1egg	31.25 V		*10.00*	832461
	Laundry Egg Refill 50 Wash - Fragrance Free	10x1p	33.75 V		*5.79*	832462
	Laundry Egg 70 Wash - Fresh Linen	5x1egg	33.55 V		*11.50*	832458
	Laundry Egg Refill 50 Wash - Fresh Linen	10x1p	33.75 V		*5.79*	832460
	Laundry Egg 70 Wash - Spring Blossom	5x1egg	33.55 V		*11.50*	832463
	Laundry Egg Refill 50 Wash - Spring Blossom	10x1p	33.55 V		*5.75*	832464
	⁕ ***Ecoleaf - Vegan***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Suma.					
	Carrier customers please contact brand directly or recycle locally.					
	Please recycle other sizes locally or contact supplier directly.					
	On offer are selected Ecoleaf cleaners, the pricing below represents a discount of 15%. Please note 831936 has a higher case price of £9.65					
◆	Bathroom Cleaner - trigger spay - green apple	6x500ml	10.70 V		*2.85*	831394
❒	Bathroom Cleaner - green apple	1x5l	8.20 V		*13.11*	831396
	Dishwasher Tablets 25	6x25tab	21.35 V		*5.71*	831400
	Dishwasher Tablets 70	5x70tab	44.05 V		*14.17*	831402
	Fabric Conditioner	6x1.5l	18.00 V		*4.80*	831405
❒	Fabric Conditioner	1x5l	6.60 V		*10.55*	831407
◆	Fabric Conditioner	20l	30.95 V	1.55		831410
◆	Hard Floor Cleaner - pine	8x750ml	12.95 V		*2.59*	831411
❒	Hard Floor Cleaner - pine	1x5l	10.75 V		*17.19*	831413
	Laundry Liquid	6x1.5l	29.70 V		*7.92*	831412
❒	Laundry Liquid	1x5l	12.70 V		*20.31*	831415
◆	Laundry Liquid	20l	51.90 V	2.60		831417
◆	Multi Surface Cleaner	6x500ml	10.65 V		*2.84*	831418
❒	Multi Surface Cleaner	1x5l	8.50 V		*13.59*	831419
	Multi Surface Cleaner	20l	30.85 V	1.54		831421
	Rinse Aid	6x500ml	11.25 V		*3.00*	831423
◆	Washing Powder Concentrated - non bio	10kg	27.55 V	2.76		831424
◆	Washing Up Liquid	6x1l	12.60 V		*3.36*	831425
❒	Washing Up Liquid	1x5l	7.05 V		*11.31*	831427
◆	Washing Up Liquid - Citrus Grove	20l	29.75 V	1.49		831430
◆	Toilet Cleaner-citrus	6x750ml	9.85 V		*2.63*	831432
❒	Toilet Cleaner-citrus	1x5l	6.90 V		*11.03*	831435
	Toilet Cleaner-citrus	20l	30.25 V	1.51		831436
	20l Drum Tap	1x1p	4.25 V			831455
	⁕ ***Ecover - Zero range***					
	Please recycle locally as not currently collected by supplier.					
	Ecover Careline - hello@ecover.com					
	All in One Zero Dishwasher Tablets - small	6x25x20g	29.95 V		*7.99*	831609
	Concentrated Laundry Liquid - Zero	6x1.43l	43.25 V		*11.53*	831626
	Concentrated Laundry Liquid - Zero	1x5l	20.00 V		*32.00*	831608
	Delicate Laundry Liquid - Zero	6x1l	18.00 V		*4.80*	831627
	1.43l Fabric Softener - Zero	6x1.43l	19.20 V		*5.12*	831630
	Multi Surface Spray - Zero	6x500ml	11.15 V		*2.97*	831618
	Washing Powder Non Bio - Zero	3x1.875kg	21.85 V		*11.65*	831606
	Zero Washing Up Liquid	8x450ml	10.50 V		*2.10*	831603
	Wash Up Liquid - Zero	1x5l	10.55 V		*16.88*	831622
	Zero Washing Powder - sack	1x7.5kg	24.00 V		*38.41*	831610

	Description	size	price	£/unit	RRP	code
	⁜ ***Ecover Cleaners***					
	Please recycle locally as not currently collected by supplier.					
	All-Purpose Cleaner - Lemongrass & Ginger	6x1l	12.40 V		*3.31*	**831628**
	All-Purpose Cleaner - Lemongrass & Ginger	5l	9.25 V	1.85		**832030**
	Bathroom Cleaner - Mint & Cucumber	6x500ml	10.10 V		*2.69*	**832059**
	Floor Soap	12x1l	26.60 V		*3.55*	**832020**
	Floor Soap	5l	10.70 V	2.14		**832025**
	Limescale Remover Spray - Berries & Basil	6x500ml	14.20 V		*3.79*	**832094**
	Multi Action Spray - Lemongrass & Orange	6x500ml	10.10 V		*2.69*	**832095**
	Oven & Hob Cleaner - Jasmine & Mandarin	6x500ml	14.95 V		*3.99*	**832098**
	Toilet Cleaner Sea Breeze & Sage	6x750ml	9.45 V		*2.52*	**832028**
	Toilet Cleaner Pine & Mint	6x750ml	9.45 V		*2.52*	**832031**
	Toilet Cleaner Pine & Mint	5l	9.30 V	1.86		**832039**
	Window & Glass Cleaner Spray - Green Tea & Grapefruit	6x500ml	14.95 V		*3.99*	**832099**
	⁜ ***Ecover Laundry***					
	Please recycle locally as not currently collected by supplier.					
	New and on offer from Ecover, double concentrated laundry capsules in two fragrances. ***Double Concentrated Bio Laundry Capsules - lilac & rose*** *comes in two sizes, 18 and 34 capsules. This formula is designed to help clothes last longer. It fights stains at temperatures as low as 20deg C, protects and revives colour and removes bobbling from cotton fibres after multiple washes.* ***Double Concentrated Non Bio Laundry Capsules - almond & apricot*** *also in 18 and 34 capsules have been formulated to be gentle on skin and help clothes last longer. They clean clothes thoroughly and remove tough stains. Both formulas have been dermatologically tested and are packed in card boxes. The pricing marked ❒ below represents a discount of 20%.*					
❒	Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	36.60 V		*7.32*	**832001**
❒	Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	64.40 V		*12.88*	**832003**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	36.60 V		*7.32*	**832004**
❒	Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	64.40 V		*12.88*	**832006**
	Bio Conc Laundry Liquid - Honeysuckle & Jasmine	6x1.43l	43.25 V		*11.53*	**832022**
	Bio Concentrated Laundry Liquid	1x5l	20.00 V		*32.00*	**832007**
	Concentrated Laundry Liquid - 28 washes	6x1l	31.35 V		*8.36*	**832023**
	Conc Laundry Liquid - Lavender & Sandalwood Non-Bio	6x1.43l	43.25 V		*11.53*	**832053**
	Concentrated Laundry Liquid - lavender & sandalwood	1x5l	20.00 V		*32.00*	**832014**
	Laundry Liquid - plastic container	1x5l	12.90 V		*20.64*	**832021**
	Biological Washing Powder + bleach & fragrance	6x750g	20.35 V		*5.43*	**832040**
	Lge. Non-Bio W/Pdr + bleach & fragrance	4x3kg	43.45 V		*17.38*	**832049**
	Med. Non-Bio W/Pdr + bleach & fragrance	3x1.87kg	21.05 V		*11.23*	**832050**
	Sml. Non-Bio W/Pdr + bleach & fragrance	6x750g	18.90 V		*5.04*	**832046**
	Delicate	6x750ml	18.90 V		*5.04*	**832042**
	Delicate	5l	14.55 V	2.91		**832032**
	750ml Fabric Softener - Gardenia & Vanilla	6x750ml	9.05 V		*2.41*	**832043**
	1.43l Fabric Softener - Gardenia & Vanilla	6x1.43l	19.20 V		*5.12*	**832054**
	750ml Fabric Softener - Apple Blossom & Almond	6x750ml	9.05 V		*2.41*	**832048**
	1.43l Fabric Softener - Apple Blossom & Almond	6x1.43l	19.20 V		*5.12*	**832056**
	Fabric Softener - Apple Blossom & Almond	1x5l	8.40 V		*13.44*	**832084**
	Laundry Bleach	6x400g	7.85 V		*2.09*	**832085**
	Stain Remover	9x200ml	18.45 V		*3.39*	**832057**
	⁜ ***Ecover Washing up***					
	Please recycle locally as not currently collected by supplier.					
	All in One Dishwasher Tablets - small	6x22x20g	32.05 V		*8.55*	**831986**
	All in One Dishwasher Tablets - large	5x68x20g	61.60 V		*19.73*	**831996**
	Classic Dishwash Tablets - lge	5x70x20g	52.95 V		*16.94*	**832002**
	Classic Dishwash Tablets - sml	6x25x20g	27.25 V		*7.27*	**832005**
	Dishwash Rinse Aid	12x500ml	31.50 V		*4.20*	**832010**
	Wash Up Liquid - Chamomile & Clementine	8x450ml	10.55 V		*2.11*	**832121**
	Wash Up Liquid - Chamomile & Clementine	8x950ml	19.05 V		*3.81*	**832116**
	Wash Up Liquid - Chamomile & Clementine	1x5l	10.55 V		*16.88*	**832110**
	Wash Up Liquid - Lemon & Aloe Vera	8x450ml	10.50 V		*2.10*	**832129**
	Wash Up Liquid - Lemon & Aloe Vera	8x950ml	19.05 V		*3.81*	**832126**
	5l Wash Up Liquid - Lemon & Aloe Vera - plastic container	1x5l	10.55 V		*16.88*	**832124**

	Description		size	price	£/unit	RRP	code
❊	***Ecover Bag-in-Box Refill Station***						
	Ecover Careline - hello@ecover.com						
	All-Purpose Cleaner - Lemongrass & Ginger		15l	25.90 V	1.73		**832160**
	Fabric Softener - Apple Blossom & Almond		15l	22.55 V	1.50		**832166**
	Wash Up Liquid - Lemon & Aloe Vera		15l	27.05 V	1.80		**832170**
	Wash Up Liquid - Chamomile & Clementine		15l	27.05 V	1.80		**832175**
	Bio Concentrated Laundry Liquid		15l	61.15 V	4.08		**832178**
	Non Bio Concentrated Zero Laundry Liquid		15l	61.15 V	4.08		**832183**
	Non Bio Concentrated Laundry Liquid		15l	61.15 V	4.08		**832179**
	Tap Dispenser for 15l bag-in-box - NON TRADE!		1x1	2.70 V			**832185**
	30ml Dosing Pump for 5 litre Tub		1x1	3.80 V			**832188**
	Please note that this tap is not for retail use. Retailers operating a bag-in-box refill station should still contact the Ecover email above to get the superior and free tap/drip tray/stand solution!						
❊	***Faith in Nature***						
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. Carrier customers please contact brand directly or recycle locally.						
	On offer are Faith in Nature washing liquids, the pricing below represents a discount of 33%.						
❒	Concentrated Laundry Liquid - Aloe Vera & Rosemary		5l	12.50 V	2.50		**832472**
❒	Concentrated Washing Up Liquid - Lemon Fragrance		5l	12.50 V	2.50		**832477**
❊	***Friendly Soaps - vegan, palm oil free, plastic free***						
	Kitchen Bar - lemon & lime		6x95g	9.85 V		*2.93*	**832385**
	Laundry Powder - non bio		6x1.75kg	30.00 V		*8.93*	**832389**
❊	***Greenfrog - soapnut based ecological cleaners***						
	Laundry pouches - cotton		1x10p	5.85 V		*9.86*	**832702**
	Soapnuts -bulk		10kg	76.85 V	7.69		**832704**
	Soapnuts - single bag		1x1kg	9.40 V		*15.84*	**832706**
	Soapnuts - single bag		1x500g	5.60 V		*9.44*	**832710**
	Soapnuts - single bag		1x250g	3.20 V		*5.43*	**832715**
❊	***La Corvette Marseille - organic soap***						
	Savon De Marseille Olive Dishwashing Soap	*organic*	20x200g	79.70 V		*6.38*	**832720**
	Savon De Marseille Olive Soap Flakes	*organic*	6x750g	55.90 V		*14.91*	**832722**
❊	***La Droguerie Ecologique - vegan cleaning separates***						
	Bicarbonate of Soda		8x1kg	24.50 V		*4.90*	**832730**
	Bicarbonate of Soda		4x2.5kg	26.40 V		*10.56*	**832726**
	Bicarbonate of Soda		10kg	25.15 V	2.52		**832728**
	Bicarbonate of Soda - food grade		10kg	29.30 V	2.93		**832729**
	Citric Acid		8x1kg	54.25 V		*10.85*	**832734**
	Olive Oil Liquid Soap - Concentrated	*organic*	15l	79.30 V	5.29		**855124**
	Percarbonate of Soda - solid hydrogen peroxide		8x1kg	36.15 V		*7.23*	**832738**
	Soap Flakes		7x1kg	61.75 V		*14.11*	**832742**
	White Alcohol Vinegar - food grade	*organic*	12x1l	22.20		*2.47*	**832746**
	White Alcohol Vinegar - food grade	*organic*	15l	27.05	1.80		**832750**
☆	Nut Shell Sponge Scourers		1x2p	2.05 V		*3.28*	**832760**
	Wooden Dish Brush with agave bristles		10x1p	20.65 V		*3.30*	**832770**
	Wooden Dish Brush replacement head		10x1p	13.20 V		*2.11*	**832772**
☆	Wooden Pots & Pans Scrubbing Brush		15x1p	35.80 V		*3.82*	**832774**
❊	***LoofCo***						
◆	Back Scrubber 30cm loofah with cotton handles		4x34g	12.35 V		*4.94*	**833040**
◆	Bath-Time Heart loofah		8x20g	17.50 V		*3.50*	**833046**
◆	Bath-Time Smile loofah		8x19g	17.50 V		*3.50*	**833041**
◆	Bathroom Cleaning Pad		6x24g	14.80 V		*3.95*	**833042**
◆	Bottle Brush - 26cm		6x36g	13.15 V		*3.51*	**833047**
◆	Water Bottle Brush - 34cm		6x66g	14.80 V		*3.95*	**833043**
◆	Body Loofah		8x20g	16.20 V		*3.24*	**833050**
◆	Cleaning Pad made from loofah		6x20g	10.85 V		*2.89*	**833048**
◆	Cleaning Pad 2 pack made from loofah		6x24g	18.55 V		*4.95*	**833044**
◆	Gardeners Brush coir with wooden handle		4x111g	13.75 V		*5.50*	**833049**
◆	Kitchen Cloth 2 pack cotton		6x61g	14.80 V		*3.95*	**833057**
◆	Root Vegetable Scrubber made from loofah		6x20g	10.80 V		*2.88*	**833051**
◆	Soap Rest made from loofah		8x10g	11.00 V		*2.20*	**833058**

	Description		size	price	£/unit	RRP	code
◆	Washing-Up Pad made from loofah		8x20g	14.45	V	2.89	833052
◆	Mini Washing-Up Pad 2 pack made from loofah		6x11g	10.85	V	2.89	833060
◆	Washing-Up Brush made from coir fibre		6x40g	10.30	V	2.75	833054
◆	Coir Washing-Up Brush with wood handle		6x36g	13.15	V	3.51	833055
◆	Washing-Up Scraper made from coconut husk		6x25g	10.80	V	2.88	833056
◆	Washing-Up Soap - fragrance free		6x100g	12.15	V	3.24	833061
◆	Washing-Up Soap - Lime		6x100g	12.15	V	3.24	833062
⁜	***Simple Living Eco***						
	*New from Simple Living Eco is a range of **ultra-concentrated multi purpose cleaners** with a neutral pH. Containing a blend of sugar surfactants and biobased chelates, with a whole range of plant and flower extracts including witch hazel and aloe vera., each 30ml concentrate can be diluted down with water to provide 500ml of cleaner thus preventing emissions by not shipping water around the country. There are three fragrances: **Citrus Passion** - a lemony scent enriched with citrusy blends - **Sunshine Squeeze** - a zesty blend apparently reminiscent of a sunlit orchard - and **Unscented.** The concentrates are packed in glass bottles in a card box, and are suitable for all surfaces in your kitchen and bathroom. The plant-based ingredients power through grease & grime! Also new is **Laundry Detergent Sheet - Coconut** - 32 sheets - a new fragrance for the range, packed in a card box.*						
⁜	Laundry Detergent Sheet - Coconut - 32 sheets		10x85g	44.65	V	8.00	833071
	Laundry Detergent Sheet - Spring Fresh - 32 sheets		10x85g	44.65	V	8.00	833075
	Laundry Detergent Sheet - No Fragrance - 32 sheets		10x85g	44.65	V	8.00	833078
	Multi Purpose Cleaner Sheet - Lemon Fresh - 30 sheets		8x85g	49.00	V	10.01	833080
⁜	Ultra-conc Multi Cleaner - Citrus Passion		12x30ml	24.30	V	3.31	833076
⁜	Ultra-conc Multi Cleaner - Sunshine Squeeze		12x30ml	24.30	V	3.31	833077
⁜	Ultra-conc Multi Cleaner - Unscented		12x30ml	24.30	V	3.31	833079

■ Toiletries & Natural Remedies

⁜ ***Aqua Oleum Oils - see "Aromatherapy" section***

⁜ ***Beaming Baby baby range - see "Baby Products" section***

⁜ ***&Sisters by Mooncup***

Pads With Wings - Medium	*organic*	12x10	33.90	4.20	858500
Pads With Wings - Heavy	*organic*	12x10	33.90	4.20	858502
Eco-Applicator Tampons - Medium	*organic*	12x14	30.55	3.80	858504
Naked Tampons - Medium	*organic*	24x16	57.90	3.60	858506
Naked Tampons - Heavy	*organic*	24x14	57.90	3.60	858507
Panty Liners - Very Light	*organic*	12x24	38.20	4.75	858508
Remüvie - intimate stain remover		12x350ml	46.70 V	6.95	858515

⁜ ***Absolute Aromas***

Goodnight Epsom Bath Salts - Pouch	1x1kg	5.00 V	9.00	857950
Goodnight Epsom Bath Salts - PET	1x575g	3.35 V	6.00	857952
Mobility Epsom Bath Salts - Pouch	1x1kg	5.00 V	9.00	857954
Mobility Epsom Bath Salts - PET	1x575g	3.35 V	6.00	857956
Relaxation Epsom Bath Salts - Pouch	1x1kg	5.00 V	9.00	857958
Relaxation Epsom Bath Salts - PET	1x575g	3.35 V	6.00	857960

⁜ ***Alter/Native -Boxed soap gift set***

Contains: patchouli & hemp soap, shaving soap, detox soap and ayurvedic soap.

Botanical Soap Collection	1x4p	7.75 V	12.40	859140

⁜ ***Alter/Native -Boxed vegan coconut/olive soap bars - by Suma***

Soap containers now in the Household Goods section.

Coconut Milk & Ylang Ylang - boxed soap	6x95g	11.80 V	3.15	859142
Cinnamon & Orange - boxed soap	6x95g	11.80 V	3.15	859143
Grapefruit & Mandarin - boxed soap	6x95g	11.80 V	3.15	859145
Lemongrass & Chamomile - boxed soap	6x95g	11.80 V	3.15	859144
Patchouli & Hemp - boxed soap	6x95g	11.80 V	3.15	859146
Rose & Geranium - boxed soap	6x95g	11.80 V	3.15	859148
Tea Tree & Eucalyptus - boxed soap	6x95g	11.80 V	3.15	859149

⁜ ***Alter/Native - round glycerine vegan soaps - by Suma***

Grapefruit & Aloe Vera Glycerine Soap	12x90g	16.20 V	2.16	859160
Hemp Oil & Vitamin E Glycerine Soap	12x90g	16.20 V	2.16	859162
Rose & Geranium Glycerine Soap	12x90g	16.20 V	2.16	859164
White Lavender Glycerine Soap	12x90g	16.20 V	2.16	859166

	Description	size	price	£/unit	RRP	code
	❊ ***Alter/Native - rectangular glycerine vegan soap bars - by Suma***					
	Coffee & Cedarwood Glycerine Soap	6x90g	11.80 V		*3.15*	**859168**
	Hemp & Jasmine Musk Glycerine Soap	6x90g	11.80 V		*3.15*	**859170**
	Coconut & Argan Glycerine Soap	6x90g	11.80 V		*3.15*	**859172**
	Lavender & Geranium Glycerine Soap	6x90g	11.80 V		*3.15*	**859174**
	Patchouli & Sandalwood Glycerine Soap	6x90g	11.80 V		*3.15*	**859176**
	Pink Grapefruit & Aloe Glycerine Soap	6x90g	11.80 V		*3.15*	**859179**
	Rose & Geranium Glycerine Soap	6x90g	11.80 V		*3.15*	**859181**
	Tea Tree & Aloe Glycerine Soap	6x90g	11.80 V		*3.15*	**859184**
	❊ ***Alter/Native - Skincare vegan soap bars - by Suma***					
	Ayurvedic Soap Bar	6x95g	12.15 V		*3.24*	**861540**
	Activated Charcoal Detox Soap Bar	6x95g	12.15 V		*3.24*	**861542**
	Coffee & Cedarwood Shaving Soap Bar	6x95g	12.15 V		*3.24*	**861544**
	Facial Cleansing Cocoa Butter Soap Bar	6x95g	12.15 V		*3.24*	**861546**
	❊ ***Alter/Native - glycerine vegan Shampoo and Conditioner bars - by Suma***					
	On offer are selected Alter/Native shampoo & conditioner bars, the pricing below represents a discount of 10% on the conditioner bars and 20% on the shampoo bars.					
❒	Coconut & Argan Oil Glycerine Shampoo Bar	6x90g	12.45 V		*3.32*	**859178**
❒	Coconut & Argan Oil Conditioner Bar	6x90g	19.85 V		*5.29*	**859151**
❒	Lavender & Geranium Shampoo Bar	6x95g	9.70 V		*2.59*	**859153**
❒	Lavender & Geranium Conditioner Bar	6x90g	19.85 V		*5.30*	**859154**
❒	Patchouli & Sandalwood Glycerine Shampoo Bar	6x90g	12.45 V		*3.32*	**859156**
❒	Patchouli & Sandalwood Conditioner Bar	6x90g	19.85 V		*5.29*	**859157**
❒	Rose & Geranium Shampoo Bar	6x95g	9.70 V		*2.59*	**859158**
❒	Rose & Geranium Conditioner Bar	6x90g	19.85 V		*5.29*	**859159**
	❊ ***Alter/Native - vegan Bodywash Liquid - by Suma***					
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma. **Carrier customers please contact brand directly or recycle locally.** **Please recycle 5ltr containers locally.**					
	Tea Tree & Aloe Vera Bodywash	20l	99.00 V	4.95		**850150**
	Tea Tree & Aloe Vera Bodywash	1x5l	27.50 V		*44.00*	**850154**
◆	Tea Tree & Aloe Vera Bodywash	6x400ml	22.45 V		*5.99*	**850158**
	Coconut & Argan Oil Bodywash	20l	99.00 V	4.95		**850160**
	Coconut & Argan Oil Bodywash	1x5l	27.50 V		*44.00*	**850162**
◆	Coconut & Argan Oil Bodywash	6x400ml	22.45 V		*5.99*	**850164**
	❊ ***Alter/Native - vegan Shampoo and Conditioner Liquid - by Suma***					
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma. **Carrier customers please contact brand directly or recycle locally.** **Please recycle 5ltr containers locally.**					
	On offer are selected Alter/Native conditioners, the pricing marked ❒ below represents a discount of 20%.					
	Tea Tree & Aloe Vera Shampoo - normal/oily hair	20l	99.00 V	4.95		**850168**
	Tea Tree & Aloe Vera Shampoo - normal/oily hair	1x5l	27.50 V		*44.00*	**850170**
❒	Tea Tree & Aloe Vera Shampoo - normal/oily hair	6x400ml	17.95 V		*4.79*	**850172**
	Tea Tree & Aloe Vera Conditioner - normal/oily hair	20l	99.00 V	4.95		**850174**
	Tea Tree & Aloe Vera Conditioner - normal/oily hair	1x5l	27.50 V		*44.00*	**850176**
❒	Tea Tree & Aloe Vera Conditioner - normal/oily hair	6x400ml	17.95 V		*4.79*	**850180**
	Coconut & Argan Oil Shampoo - normal/dry hair	20l	99.00 V	4.95		**850185**
	Coconut & Argan Oil Shampoo - normal/dry hair	1x5l	27.50 V		*44.00*	**850186**
❒	Coconut & Argan Oil Shampoo - normal/dry hair	6x400ml	17.95 V		*4.79*	**850188**
	Coconut & Argan Oil Conditioner - normal/dry hair	20l	99.00 V	4.95		**850190**
	Coconut & Argan Oil Conditioner - normal/dry hair	1x5l	27.50 V		*44.00*	**850192**
❒	Coconut & Argan Oil Conditioner - normal/dry hair	6x400ml	17.95 V		*4.79*	**850194**
	❊ ***Anaé Wooden Hair Brushes - FSC Certified***					
	Beech Wood Hair Brush - rounded wooden pins	3x1p	31.55 V		*16.83*	**859347**
	Wood Comb with Fine & Coarse teeth	5x1p	46.60 V		*14.91*	**859348**
	Pear Wood Soft Brush - Agave Bristles	3x1p	33.80 V		*18.03*	**859349**
	❊ ***Anaé organic cotton washable sanitary towels***					
	No VAT should be charged to end user.					
	Heavy Flow Cotton Washable Sanitary Towels - Flower *organic*	5x2 pack	62.60		*17.89*	**859350**
	Medium Flow Cotton Washable Sanitary Towels - Circles *organic*	5x2 pack	60.60		*17.31*	**859354**
	Light Flow Cotton Washable Sanitary Towels - Hibiscus *organic*	5x2 pack	59.25		*16.93*	**859358**

	Description		size	price	£/unit	RRP	code
	⁜ ***Balmonds - bodycare - previously Pure Potions***						
	Buy any case of skin salvation and receive pack of samples FOC by quoting this code:-						
	Skin Salvation Free 5ml Samples - retail only		6p	0.00			**857966**
	Skin Salvation 30ml		6x30ml	26.75 V		*7.99*	**857970**
	Skin Salvation 60ml		6x60ml	46.90 V		*13.99*	**857975**
	Skin Salvation 120ml		6x120ml	67.05 V		*19.99*	**857977**
	Bath & Body Oil - single		1x200ml	7.25 V		*12.99*	**857980**
	Omega Rich Cleansing Oil - single		1x200ml	12.30 V		*22.00*	**857983**
	Intensive Facial Oil - single		1x30ml	12.30 V		*22.00*	**857986**
	Scalp Oil - single		1x50ml	8.35 V		*14.99*	**857990**
	Shampoo & Body Wash single		1x200ml	10.60 V		*18.99*	**857991**
	Rosehip Scar Oil - single		1x50ml	10.60 V		*18.99*	**857992**
	Daily Moisturising Cream - single		1x100ml	8.35 V		*14.99*	**857995**
	Intensive Hand Cream - single		1x50ml	6.15 V		*10.99*	**857997**
	Hand Sanitiser Gel - 70% Alcohol - single		1x100ml	4.45 V		*8.00*	**857999**
	⁜ ***Ben & Anna - organic vegan natural soda deodorants***						
	*New from Ben & Anna, organic vegan gluten-free creme deodorants packaged in a poly potato sphere. **Deocreme - Green Balance** (without bicarbonate of soda) this is based on a magnesium complex that gently and effectively prevents odour. The light cream is absorbed leaving a fresh feeling and fragrance. Shea butter and vegetable oils moisturise the skin. **Deocreme - Love Me** is based on finely ground bicarbonate of soda to reduce bacteria, moisture and odours. It has a light creamy texture that is absorbed without leaving any residue. It has a floral/exotic fragrance. Made from potato starch, paper and natural fibres, the spheres are fully home compostable and will start to decompose after a few weeks.*						
⁜	Deocreme - Green Balance - poly potato sphere	*organic*	1x40g	4.95 V		*8.81*	**859208**
⁜	Deocreme - Love Me - poly potato sphere	*organic*	1x40g	4.95 V		*8.81*	**859209**
	Cocoa Mania Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859191**
	Green Fusion Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859193**
	Mint Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859195**
	Persian Lime Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859197**
	Pink Grapefruit Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859206**
	Urban Black Deodorant - paper tube	*organic*	1x40g	4.15 V		*7.39*	**859207**
	⁜ ***Ben & Anna - organic vegan bodycare***						
	*New from Ben & Anna, a range of organic gluten-free vegan lip balms in card sticks. **Lip Balm Pure** a rich formula of plant oils and waxes including shea butter, coconut oil and bran wax with no additives or fragrances. It gives your lips intense moisture and a smooth feeling all day. **Lip Balm Raspberry** and **Lip Balm Strawberry** have the same nourishing base with a fruity fragrance. These lip balms are plastic free with vitamin E and no palm oil.They are packaged in simple card tubes crimped at the end with a cap that slides shut over the balm. Simply squeeze the bottom of the tube to push the balm up. The lip balms are packed very neatly into card shelf hangers with attractive colourful striped designs.*						
	Almond Oil Daily Hand Cream	*organic*	1x30ml	2.75 V		*4.95*	**859188**
	Avocado Oil Intensive Hand Cream	*organic*	1x30ml	2.75 V		*4.95*	**859189**
⁜	Lip Balm Pure	*organic*	6x6g	22.00 V		*4.95*	**859211**
⁜	Lip Balm Raspberry	*organic*	6x6g	22.00 V		*4.95*	**859212**
⁜	Lip Balm Strawberry	*organic*	6x6g	22.00 V		*4.95*	**859213**
	Lemongrass Shampoo Bar	*organic*	1x60g	3.85 V		*6.90*	**859199**
	Oriental Magic Shower & Shampoo Bar	*organic*	1x60g	3.85 V		*6.90*	**859201**
	Very Berry Conditioner Bar	*organic*	1x60g	3.85 V		*6.90*	**859203**
	Elmwood Shower Shampoo Bar	*organic*	1x60g	3.85 V		*6.90*	**859204**
	Hand Cloud Soap Canister	*organic*	1x235g	7.75 V		*13.94*	**858530**
	Purple Sky Hand Cloud Soap tablets	*organic*	1x55g	5.50 V		*9.90*	**858531**
	Sunrise Hand Cloud Soap tablets	*organic*	1x55g	5.50 V		*9.90*	**858534**
	Shower Flake Canister	*organic*	1x85g	4.95 V		*8.91*	**858536**
	Blue Basil Shower Gel Flakes	*organic*	1x2x20g	3.30 V		*5.94*	**858538**
	Fruit Fusion Shower Gel Flakes	*organic*	1x2x20g	3.30 V		*5.94*	**858540**
	Mint & Lemon Shower Gel Flakes	*organic*	1x2x20g	3.30 V		*5.94*	**858541**
	Sweet Floral Shower Gel Flakes	*organic*	1x2x20g	3.30 V		*5.94*	**858542**
	⁜ ***BetterYou***						
	Magnesium Oil Original Body Spray		6x100ml	44.15 V		*13.95*	**858580**
	Magnesium Sleep Body Spray		6x100ml	44.15 V		*13.95*	**858582**
◆	Magnesium Menopause Body Spray		6x100ml	44.15 V		*13.95*	**858581**
	Magnesium Flakes		6x1kg	34.60 V		*10.95*	**858584**
	Magnesium Flakes Sleep		6x1kg	34.60 V		*10.95*	**858586**
	Magnesium Flakes Muscle		6x1kg	34.60 V		*10.95*	**858587**
◆	Magnesium Flakes Menopause		6x750g	22.15 V		*7.01*	**858589**
	Magnesium Flakes Relax		6x750g	26.70 V		*8.45*	**858588**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Bio-D - Vegan - BUAV approved***															
	Empty 20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.															
	Carrier customers please contact brand directly or recycle locally.															
	Please recycle other sizes locally or contact supplier directly.															
	Cleansing Hand Wash Fragrance Free		6x500ml	15.25 V		*4.52*	**859495**									
	Cleansing Hand Wash Fragrance Free		1x5l	11.10 V		*19.53*	**859493**									
	Cleansing Hand Wash Fragrance Free		20l	43.10 V	2.16		**859501**									
	Cleansing Hand Wash Geranium & Grapefruit		6x500ml	16.20 V		*4.75*	**859496**									
	Cleansing Hand Wash Geranium & Grapefruit		1x5l	13.20 V		*23.23*	**859494**									
	Cleansing Hand Wash Lime & Aloe Vera		6x500ml	16.20 V		*4.75*	**859497**									
	Cleansing Hand Wash Lime & Aloe Vera		20l	51.15 V	2.56		**859504**									
	Cleansing Hand Wash Lime & Aloe Vera		1x5l	13.20 V		*23.23*	**859498**									
	Cleansing Hand Wash Plum & Mulberry		6x500ml	16.20 V		*4.75*	**859512**									
	Cleansing Hand Wash Plum & Mulberry		1x5l	13.20 V		*23.23*	**859513**									
	Lime & Aloe Vera Naked Soap Bar		6x90g	9.85 V		*2.74*	**859506**									
	Lime & Aloe Vera Boxed Soap Bar		20x90g	36.05 V		*3.00*	**859507**									
	Mandarin Naked Soap Bar		6x90g	9.85 V		*2.74*	**859508**									
	Mandarin Boxed Soap Bar		20x90g	36.05 V		*3.00*	**859509**									
	Plum & Mulberry Naked Soap Bar		6x90g	9.85 V		*2.74*	**859511**									
	Plum & Mulberry Boxed Soap Bar		20x90g	36.05 V		*3.00*	**859515**									
	❊ ***Dr Bronner's - Lip Balm - beeswax***															
	Cherry Blossom Lip Balm	*organic*	12x4g	31.45 V		*4.49*	**851239**									
	Lemon Lime Lip Balm	*organic*	12x4g	31.45 V		*4.49*	**851240**									
	Baby Mild Lip Balm	*organic*	12x4g	31.45 V		*4.49*	**851242**									
	Orange Ginger Lip Balm	*organic*	12x4g	31.45 V		*4.49*	**851243**									
	Peppermint Lip Balm	*organic*	12x4g	31.45 V		*4.49*	**851245**									
	❊ ***Dr Bronner's - Magic Soaps - Bars - Vegan***															
	Almond Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851090**									
	Baby-Mild Unscented Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851092**									
	Citrus Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851095**									
	Cherry Blossom Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851093**									
	Lavender Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851100**									
	Rose Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851102**									
	Tea Tree Soap Bar	*organic*	12x140g	45.45 V		*6.49*	**851097**									
	❊ ***Dr Bronner's - Hand Sanitiser***															
	Lavender Hand Hygiene Spray	*organic*	12x60ml	40.20 V		*5.69*	**851096**									
	Peppermint Hand Hygiene Spray	*organic*	12x60ml	40.20 V		*5.69*	**851094**									
	❊ ***Dr Bronner's - Magic Soaps - Liquid - Vegan***															
	On offer are selected Dr Bronner organic Magic Liquid Soaps, the pricing below represents a discount of 20%.															
❒	Almond Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851070**									
	Almond Liquid Soap (1/2 case)	*organic*	6x475ml	54.30 V		*15.49*	**851072**									
	Almond Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851130**									
❒	Baby Mild Unscented Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851020**									
	Baby Mild Liquid Unscented Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851022**									
	Baby Mild Unscented Liquid Soap - single	*organic*	1x945ml	14.60 V		*24.99*	**851023**									
	Baby Mild Unscented Liquid Soap - single	*organic*	3.79l	46.70 V	12.32		**851025**									
❒	Cherry Blossom Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851056**									
	Cherry Blossom Liquid Soap (1/2 case)	*organic*	6x475ml	54.30 V		*15.49*	**851058**									
	Cherry Blossom Liquid Soap - single	*organic*	1x945ml	14.60 V		*24.99*	**851059**									
❒	Citrus-Orange Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851073**									
	Citrus-Orange Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851074**									
	Citrus-Orange Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851131**									
❒	Eucalyptus Liquid Soap (1/4 case)	*organic*	6x236ml	28.00 V		*7.99*	**851078**									
	Eucalyptus Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851079**									
	Eucalyptus Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851132**									
❒	Lavender Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851075**									
	Lavender Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851077**									
	Lavender Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851133**									
❒	Peppermint Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851080**									
	Peppermint Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851082**									
	Peppermint Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851134**									

	Description		size	price	£/unit	RRP	code
❒	Rose Liquid Soap (1/4 case)	*organic*	6x240ml	28.00 V		*7.99*	**851085**
	Rose Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851087**
	Rose Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851135**
❒	Tea Tree Liquid Soap (1/4 case)	*organic*	6x236ml	28.00 V		*7.99*	**851088**
	Tea Tree Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		*15.49*	**851089**
	Tea Tree Liquid Soap - single	*organic*	1x946ml	14.60 V		*24.99*	**851136**
	❊ ***Earth Conscious Baby range - see "Baby" section***						
	❊ ***Earth Conscious - Natural Deodorants***						
	Grapefruit & Lemon Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851001**
	Indian Bay & Orange Strong Deodorant - Tin		6x60g	26.85 V		*7.99*	**851002**
	Jasmine & Rose Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851003**
	Lemon & Rosemary Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851004**
	Lavender & Tea Tree Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851005**
	Peppermint & Spearmint Strong Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851006**
	Pure Unscented Deodorant Tin - vegan		6x60g	26.85 V		*7.99*	**851007**
	Delicate Formula Deodorant Tin - Unscented - vegan		6x60g	33.60 V		*10.00*	**851043**
	Delicate Formula Deodorant Tin - Lavender & Tea Tree - vegan		6x60g	33.60 V		*10.00*	**851045**
	Deodorant Stick Grapefruit & Lemon - vegan		6x60g	26.85 V		*7.99*	**851016**
	Deodorant Stick Indian Bay Strong - vegan		6x60g	26.85 V		*7.99*	**851026**
	Deodorant Stick Jasmine & Rose - vegan		6x60g	26.85 V		*7.99*	**851017**
	Deodorant Stick Lavender & Tea Tree - vegan		6x60g	26.85 V		*7.99*	**851019**
	Deodorant Stick Lemon & Rosemary - vegan		6x60g	26.85 V		*7.99*	**851021**
	Peppermint & Spearmint Strong Deodorant Stick - vegan		6x60g	26.85 V		*7.99*	**851018**
	Deodorant Stick Pure Unscented - vegan		6x60g	26.85 V		*7.99*	**851024**
	❊ ***Earth Conscious - Bare Bar Natural Deodorants Fair Trade***						
	Bare Bar Travel Tin		6x22g	10.00 V		*2.98*	**851047**
	Bare Bar Deodorant - Grapefruit & Lemon - vegan		6x90g	33.60 V		*10.00*	**851029**
	Bare Bar Deodorant - Jasmine & Rose - vegan		6x90g	33.60 V		*10.00*	**851031**
	Bare Bar Deodorant - Lavender & Tea Tree - vegan		6x90g	33.60 V		*10.00*	**851032**
	Bare Bar Deodorant - Lemon & Rosemary - vegan		6x90g	33.60 V		*10.00*	**851033**
	Bare Bar Deodorant - Unscented - vegan		6x90g	33.60 V		*10.00*	**851034**
	❊ ***Earth Friendly Baby range - see "Baby" section***						
	❊ ***Ecoleaf - Vegan***						
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma. **Carrier customers please contact brand directly or recycle locally.** **Please recycle other sizes locally or contact supplier directly.**						
	On offer is Ecoleaf liquid hand soap 5l, the pricing marked ❒ below represents a discount of 15%.						
◆	Liquid Hand Soap - Grapefruit Twist		6x500ml	15.70 V		*4.18*	**851035**
❒	Liquid Hand Soap - Grapefruit Twist		1x5l	11.70 V		*18.71*	**851038**
	Liquid Hand Soap - Grapefruit Twist		20l	42.10 V	2.11		**851040**
	❊ ***Ecover - personal care***						
	Hand Soap - Zero		6x250ml	13.75 V		*3.67*	**855914**
	Hand Wash - Lavender & Aloe Vera		6x250ml	13.75 V		*3.67*	**855915**
	Hand Wash - Lavender & Aloe Vera		6x1l	35.50 V		*9.47*	**855920**
	Hand Wash - Lavender & Aloe Vera		5l	18.65 V	3.73		**855925**
	Hand Wash - Citrus		6x250ml	13.75 V		*3.67*	**855926**
	Hand Wash - Citrus		6x1l	35.50 V		*9.47*	**855928**
	❊ ***Ethique vegan palm oil free haircare***						
	Pink In-Shower Container - single		1x45g	6.70 V		*10.95*	**855931**
	3 Bar Discovery Pack - Balanced Hair		6x45g	31.10 V		*8.49*	**855932**
	3 Bar Discovery Pack - Touchy Scalps		6x45g	31.10 V		*8.49*	**855936**
	Too Delicious - Hydrating Conditioner Bar		6x60g	51.25 V		*13.99*	**855946**
	❊ ***Faith in Nature - For Men***						
	On offer is Faith in Nature for Men, the pricing below represents a discount of 33%.						
❒	Blue Cedar Soap		6x100g	7.00 V		*2.00*	**852960**
❒	Blue Cedar Shampoo		6x400ml	15.70 V		*4.48*	**852962**
❒	Blue Cedar Body Wash		6x400ml	14.00 V		*4.00*	**852964**

	Description	size	price	£/unit	RRP	code
	⁕ ***Faith in Nature Conditioner Bars***					
	On offer are Faith in Nature conditioner bars, the pricing below represents a discount of 33%.					
❒	Coconut & Shea Butter Conditioner Bar	6x85g	16.40 V		*4.66*	**852932**
❒	Dragon Fruit Conditioner Bar	6x85g	16.40 V		*4.66*	**852934**
❒	Lavender & Geranium Conditioner Bar	6x85g	16.40 V		*4.66*	**852936**
❒	Shea & Argan Conditioner Bar	6x85g	16.40 V		*4.66*	**852938**
	⁕ ***Faith in Nature Shampoo Bars***					
	On offer are Faith in Nature shampoo bars, the pricing below represents a discount of 33%.					
❒	Coconut & Shea Butter Shampoo Bar	6x85g	16.40 V		*4.66*	**852978**
❒	Dragon Fruit Shampoo Bar	6x85g	16.40 V		*4.66*	**852979**
❒	Lavender & Geranium Shampoo Bar	6x85g	16.40 V		*4.66*	**852980**
❒	Shea & Argan Shampoo Bar	6x85g	16.40 V		*4.66*	**852982**
	⁕ ***Faith in Nature Soaps - www.faithproducts.com***					
	On offer are Faith in Nature soaps, the pricing below represents a discount of 33%.					
❒	Soap Gift Box - Orange, Aloe Vera, Lavender	6x300g	10.05 V		*2.87*	**852983**
❒	Aloe Vera Soap	6x100g	7.00 V		*2.00*	**852985**
❒	Coconut Soap	6x100g	7.00 V		*2.00*	**852988**
❒	Dragon Fruit Soap	6x100g	7.00 V		*2.00*	**852989**
❒	Grapefruit Soap	6x100g	7.00 V		*2.00*	**852995**
❒	Hemp,Lemongrass & Green Tea Soap	6x100g	7.00 V		*2.00*	**853035**
❒	Lavender Soap	6x100g	7.00 V		*2.00*	**853020**
❒	Orange Soap	6x100g	7.00 V		*2.00*	**853010**
❒	Rosemary Soap	6x100g	7.00 V		*2.00*	**853015**
❒	Fragrance Free Soap - with Seaweed	6x100g	7.00 V		*2.00*	**853030**
❒	Tea Tree Soap	6x100g	7.00 V		*2.00*	**852990**
❒	Wild Rose Soap	6x100g	7.00 V		*2.00*	**852992**
	⁕ ***Faith in Nature Bulk Soaps***					
	On offer are Faith in Nature bulk soaps, the pricing below represents a discount of 33%.					
❒	Aloe Vera Soap	18x100g	16.00 V		*1.51*	**853105**
❒	Coconut Soap	18x100g	16.00 V		*1.51*	**853109**
❒	Grapefruit Soap	18x100g	16.00 V		*1.51*	**853112**
❒	Hemp,Lemongrass & Green Tea Soap	18x100g	16.00 V		*1.51*	**853140**
❒	Lavender Soap	18x100g	16.00 V		*1.51*	**853125**
❒	Orange Soap	18x100g	16.00 V		*1.51*	**853115**
❒	Rosemary Soap	18x100g	16.00 V		*1.51*	**853120**
❒	Fragrance Free Soap - with Seaweed	18x100g	16.00 V		*1.51*	**853135**
❒	Tea Tree Soap	18x100g	16.00 V		*1.51*	**853110**
	⁕ ***Faith in Nature Hand Wash / Liquid Soap***					
	On offer is Faith in Nature hand wash, the pricing below represents a discount of 33%.					
❒	Hand Wash - Aloe Vera & Tea Tree	6x400ml	10.80 V		*3.08*	**853198**
❒	Hand Wash - Coconut	6x400ml	10.80 V		*3.08*	**853199**
❒	Hand Wash - Dragon Fruit	6x400ml	10.80 V		*3.08*	**853200**
❒	Hand Wash - Lavender & Geranium	6x400ml	10.80 V		*3.08*	**853201**
❒	Hand Wash - Grapefruit & Orange	6x400ml	10.80 V		*3.08*	**853202**
❒	Hand Wash - Seaweed & Citrus	6x400ml	10.80 V		*3.08*	**853203**
❒	Hand Wash - Wild Rose	6x400ml	10.80 V		*3.08*	**853205**
	⁕ ***Faith in Nature Hand & Body Lotion***					
	On offer is Faith in Nature hand & body lotion, the pricing below represents a discount of 33%.					
❒	Coconut Hand & Body Lotion	6x400ml	15.75 V		*4.48*	**853206**
❒	Grapefruit & Orange Hand & Body Lotion	6x400ml	15.75 V		*4.48*	**853208**
❒	Lavender & Geranium Hand & Body Lotion	6x400ml	15.75 V		*4.50*	**853209**
	⁕ ***Faith in Nature Dog Shampoo - see Pet Products section***					

	Description	size	price	£/unit	RRP	code
	❊ ***Faith in Nature Shampoos***					
	On offer are Faith in Nature shampoos, the pricing below represents a discount of 33%.					
❒	Aloe Vera Shampoo	6x400ml	15.70 V		*4.48*	**853520**
❒	Avocado Shampoo	6x400ml	15.70 V		*4.48*	**853518**
❒	Coconut Shampoo	6x400ml	15.70 V		*4.48*	**853502**
❒	Dragon Fruit Shampoo	6x400ml	15.70 V		*4.48*	**853503**
❒	Fragrance Free Shampoo	6x400ml	15.70 V		*4.48*	**853504**
❒	Grapefruit & Orange Shampoo	6x400ml	15.70 V		*4.48*	**853509**
❒	Jojoba Shampoo	6x400ml	15.70 V		*4.48*	**853510**
❒	Lavender & Geranium Shampoo	6x400ml	15.70 V		*4.48*	**853525**
❒	Rosemary Shampoo	6x400ml	15.70 V		*4.48*	**853515**
❒	Seaweed & Citrus Shampoo	6x400ml	15.70 V		*4.48*	**853505**
❒	Shea & Argan Shampoo	6x400ml	15.70 V		*4.48*	**853501**
❒	Tea Tree Shampoo (2% Oil)	6x400ml	15.70 V		*4.48*	**853530**
❒	Wild Rose Shampoo	6x400ml	15.70 V		*4.48*	**853536**
	❊ ***Faith in Nature Hair Treatments***					
	On offer are Faith in Nature hair treatments, the pricing below represents a discount of 33%.					
❒	Coconut & Shea Hydrating Hair Mask	6x300ml	16.40 V		*4.68*	**854070**
❒	Dragon Fruit Revitalising Hair Mask	6x300ml	16.40 V		*4.68*	**854072**
❒	Shea & Argan Nourishing Hair Mask	6x300ml	16.40 V		*4.68*	**854076**
❒	Rose & Chamomile Restoring Hair Mask	6x300ml	16.40 V		*4.68*	**854078**
	❊ ***Faith in Nature Conditioners***					
	On offer are Faith in Nature conditioners, the pricing below represents a discount of 33%.					
❒	Aloe Vera Conditioner	6x400ml	15.70 V		*4.48*	**854020**
❒	Avocado Conditioner	6x400ml	15.70 V		*4.48*	**854022**
❒	Coconut Conditioner	6x400ml	15.70 V		*4.48*	**853987**
❒	Dragon Fruit Conditioner	6x400ml	15.70 V		*4.48*	**853989**
❒	Fragrance Free Conditioner	6x400ml	15.70 V		*4.48*	**853988**
❒	Grapefruit & Orange Conditioner	6x400ml	15.70 V		*4.48*	**853992**
❒	Jojoba Conditioner	6x400ml	15.70 V		*4.48*	**854010**
❒	Lavender & Geranium Conditioner	6x400ml	15.70 V		*4.48*	**854002**
❒	Rosemary Conditioner	6x400ml	15.70 V		*4.48*	**854015**
❒	Seaweed & Citrus Conditioner	6x400ml	15.70 V		*4.48*	**854005**
❒	Shea & Argan Conditioner	6x400ml	15.70 V		*4.48*	**854008**
❒	Tea Tree Conditioner (2% oil)	6x400ml	15.70 V		*4.48*	**854025**
❒	Wild Rose Conditioner	6x400ml	15.70 V		*4.48*	**854028**
	❊ ***Faith in Nature Body Wash***					
	On offer is Faith in Nature body wash, the pricing below represents a discount of 33%.					
❒	Aloe Vera Body Wash	6x400ml	13.95 V		*3.98*	**854030**
❒	Avocado Body Wash	6x400ml	13.95 V		*3.98*	**854031**
❒	Coconut Body Wash	6x400ml	13.95 V		*3.98*	**854033**
❒	Dragon Fruit Body Wash	6x400ml	13.95 V		*3.98*	**854037**
❒	Fragrance Free Body Wash	6x400ml	13.95 V		*3.98*	**854036**
❒	Grapefruit & Orange Body Wash	6x400ml	13.95 V		*3.98*	**854035**
❒	Lavender & Geranium Body Wash	6x400ml	13.95 V		*3.98*	**854040**
❒	Mint Body Wash	6x400ml	13.95 V		*3.98*	**854041**
❒	Seaweed & Citrus Body Wash	6x400ml	13.95 V		*3.98*	**854050**
❒	Tea Tree Body Wash	6x400ml	13.95 V		*3.98*	**854055**
❒	Wild Rose Body Wash	6x400ml	13.95 V		*3.98*	**854059**
	❊ ***Faith in Nature Refill Hand Wash***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. **Carrier customers please contact brand directly or recycle locally.**					
	On offer is Faith in Nature refill hand wash, the pricing below represents a discount of 33%.					
❒	Bulk Hand Wash - Coconut	5l	20.10 V	4.02		**853513**
❒	Bulk Hand Wash - Dragonfruit	5l	20.10 V	4.02		**853514**
❒	Bulk Hand Wash - Grapefruit & Orange	5l	20.10 V	4.02		**853517**
❒	Bulk Hand Wash - Lavender & Geranium	5l	20.10 V	4.02		**853535**
❒	Bulk Hand Wash - Aloe Vera & Tea Tree	5l	20.10 V	4.02		**853537**
❒	Bulk Hand Wash - Wild Rose	5l	20.10 V	4.02		**853564**
❒	Bulk Hand Wash Lavender & Geranium	20l	60.95 V	3.05		**853527**

	Description	size	price	£/unit	RRP	code
	❊ ***Faith in Nature Refill Hand & Body Lotion***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. **Carrier customers please contact brand directly or recycle locally.**					
	On offer is Faith in Nature refill hand & body lotion, the pricing below represents a discount of 33%.					
❒	Bulk Coconut Hand & Body Lotion	5l	22.90 V	4.58		**853480**
❒	Bulk Grapefruit & Orange Hand & Body Lotion	5l	22.90 V	4.58		**853484**
❒	Bulk Lavender & Geranium Hand & Body Lotion	5l	22.90 V	4.58		**853486**
	❊ ***Faith in Nature Refill Shampoos***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. **Carrier customers please contact brand directly or recycle locally.**					
	On offer are Faith in Nature refill shampoos, the pricing below represents a discount of 33%.					
❒	Bulk Aloe Vera Shampoo	5l	22.90 V	4.58		**853540**
❒	Bulk Coconut Shampoo	5l	22.90 V	4.58		**853542**
❒	Bulk Dragonfruit Shampoo	5l	22.90 V	4.58		**853544**
❒	Bulk Fragrance Free Shampoo	5l	22.90 V	4.58		**853546**
❒	Bulk Grapefruit & Orange Shampoo	5l	22.90 V	4.58		**853541**
❒	Bulk Jojoba Shampoo	5l	22.90 V	4.58		**853543**
❒	Bulk Lavender & Geranium Shampoo	5l	22.90 V	4.58		**853545**
❒	Bulk Tea Tree Shampoo	5l	22.90 V	4.58		**853549**
❒	Bulk Wild Rose Shampoo	5l	22.90 V	4.58		**853566**
❒	Bulk Coconut Shampoo	20l	69.20 V	3.46		**853578**
❒	Bulk Grapefruit & Orange Shampoo	20l	69.20 V	3.46		**853579**
❒	Bulk Lavender & Geranium Shampoo	20l	69.20 V	3.46		**853580**
	❊ ***Faith in Nature Refill Conditioners***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. **Carrier customers please contact brand directly or recycle locally.**					
	On offer are Faith in Nature refill conditioners, the pricing below represents a discount of 33%.					
❒	Bulk Aloe Vera Conditioner	5l	22.90 V	4.58		**853550**
❒	Bulk Coconut Conditioner	5l	22.90 V	4.58		**853552**
❒	Bulk Dragonfruit Conditioner	5l	22.90 V	4.58		**853551**
❒	Bulk Fragrance Free Conditioner	5l	22.90 V	4.58		**853556**
❒	Bulk Grapefruit & Orange Conditioner	5l	22.90 V	4.58		**853554**
❒	Bulk Jojoba Conditioner	5l	22.90 V	4.58		**853553**
❒	Bulk Lavender & Geranium Conditioner	5l	22.90 V	4.58		**853555**
❒	Bulk Tea Tree Conditioner	5l	22.90 V	4.58		**853559**
❒	Bulk Wild Rose Conditioner	5l	22.90 V	4.58		**853569**
❒	Bulk Coconut Conditioner	20l	69.20 V	3.46		**853581**
❒	Bulk Grapefruit & Orange Conditioner	20l	69.20 V	3.46		**853585**
❒	Bulk Lavender & Geranium Conditioner	20l	69.20 V	3.46		**853582**
	❊ ***Faith in Nature Refill Body Wash***					
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. **Carrier customers please contact brand directly or recycle locally.**					
	On offer are Faith in Nature refill body washes, the pricing below represents a discount of 33%.					
❒	Bulk Aloe Vera Body Wash	5l	20.10 V	4.02		**853560**
❒	Bulk Coconut Body Wash	5l	20.10 V	4.02		**853562**
❒	Bulk Dragon Fruit Body Wash	5l	20.10 V	4.02		**853561**
❒	Bulk Fragrance Free Body Wash	5l	20.10 V	4.02		**856564**
❒	Bulk Grapefruit & Orange Body Wash	5l	20.10 V	4.02		**853563**
❒	Bulk Lavender & Geranium Body Wash	5l	20.10 V	4.02		**853565**
❒	Bulk Tea Tree Body Wash	5l	20.10 V	4.02		**853570**
❒	Bulk Wild Rose Body Wash	5l	20.10 V	4.02		**853571**
❒	Bulk Coconut Body Wash	20l	60.95 V	3.05		**853583**
❒	Bulk Grapefruit & Orange Body Wash	20l	60.95 V	3.05		**855579**
❒	Bulk Lavender & Geranium Body Wash	20l	60.95 V	3.05		**853584**
	❊ ***Faith in Nature Refill Pumps and Bottle***					
	5 litre pump for refilling	1x1	3.75 V			**853575**
	20 litre Pump - 30ml dispense	1x1	4.20 V			**853576**
	Aluminium Refill Bottle inc pump	12x450ml	24.20 V		*3.48*	**853577**

Description		size	price	£/unit	RRP	code
⁜ ***Friendly Soaps - vegan, palm oil free, plastic free***						
Aloe Vera Soap - Fragrance Free		6x95g	9.90 V		*2.95*	**854230**
Cedarwood Soap		6x95g	9.90 V		*2.95*	**854231**
Cinnamon & Cedarwood Soap		6x95g	9.90 V		*2.95*	**854232**
Lavender Soap		6x95g	9.90 V		*2.95*	**854234**
Lemongrass & Hemp Soap		6x95g	9.90 V		*2.95*	**854236**
Orange & Grapefruit Soap		6x95g	9.90 V		*2.95*	**854238**
Peppermint & Poppyseed Soap		6x95g	9.90 V		*2.95*	**854240**
Rose Geranium Soap		6x95g	9.90 V		*2.95*	**854241**
Tea Tree & Turmeric Soap		6x95g	9.90 V		*2.95*	**854242**
Patchouli & Sandalwood Soap		6x95g	9.90 V		*2.95*	**854244**
Shea Butter Facial Cleansing Bar		6x95g	9.90 V		*2.95*	**854250**
Cocoa Butter Facial Cleansing Bar		6x95g	9.90 V		*2.95*	**854252**
Fragrance Free Conditioner Bar		6x95g	18.05 V		*5.40*	**854251**
Fragrance Free Shampoo Bar		6x95g	9.90 V		*2.95*	**854253**
Lavender & Tea Tree Shampoo Bar		6x95g	9.90 V		*2.95*	**854254**
Lavender & Geranium Shampoo Bar		6x95g	9.90 V		*2.95*	**854258**
Peppermint & Eucalyptus Conditioner Bar		6x95g	18.05 V		*5.42*	**854259**
Peppermint & Eucalyptus Shampoo Bar		6x95g	9.90 V		*2.95*	**854260**
Rosemary Soap		6x95g	9.90 V		*2.95*	**854261**
Rosemary & Lime Detox Bar		6x95g	9.90 V		*2.95*	**854262**
Hair, Body & Laundry - Travel Soap		6x95g	9.90 V		*2.95*	**854264**
Fragrance Free Shaving Soap		6x95g	9.90 V		*2.95*	**854265**
Orange & Lavender Shaving Soap		6x95g	9.90 V		*2.95*	**854266**
Ylang Ylang Soap		6x95g	9.90 V		*2.95*	**854271**
Soap Box - liquid wood - 10x6.7x3.7cm		6x32g	21.75 V		*6.50*	**854267**
Soap Rack - Bamboo - 12x9x0.15cm		6x36g	14.20 V		*4.25*	**854269**
Soap Saver - Sisal Hemp Pouch - 10.5x6.7x3.7cm		6x13g	9.90 V		*2.95*	**854272**
Konjac Sponge - 10.5x6.7x3.7cm		6x14g	23.30 V		*6.95*	**854274**
Aloe Vera - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854276**
Cedarwood - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854278**
Cinnamon - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854280**
Lavender - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854282**
Lemongrass & Hemp - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854284**
Orange & Grapefruit - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854286**
Patchouli & Sandalwood - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854288**
Peppermint & Poppy - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854290**
Rose Geranium - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854292**
Rosemary - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854293**
Tea & Turmeric - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854294**
Ylang Ylang - Naked & Natural Soap		6x95g	9.95 V		*2.95*	**854295**
⁜ ***Green People Baby Care***						
Dry Skin Baby Lotion Scent Free	*organic*	1x150ml	7.80 V		*14.00*	**852657**
Baby Salve - Lavender - not vegan	*organic*	1x100ml	8.85 V		*15.90*	**852660**
Calming Nappy Cream	*organic*	1x50ml	7.50 V		*13.50*	**852664**
Baby Wash & Shampoo - Lavender	*organic*	1x150ml	6.10 V		*11.00*	**852665**
Baby Wash & Shampoo - Scent Free	*organic*	1x150ml	6.10 V		*11.00*	**852666**
⁜ ***Green People organic children***						
Shampoo Lavender - organic children	*organic*	1x200ml	7.25 V		*13.00*	**852777**
Conditioner Lavender - organic children	*organic*	1x200ml	7.25 V		*13.00*	**852778**
Hand Sanitiser - organic children	*organic*	1x100ml	6.70 V		*12.00*	**852772**
⁜ ***Green People - Skin Care & Deodorant***						
Foaming Face Wash - Anti Blemish	*organic*	1x100ml	10.30 V		*18.50*	**852697**
Prebiotic Foot Cream - Peppermint & Eucalyptus		1x50ml	8.90 V		*16.00*	**852726**
Rosemary Roll-On Deodorant	*organic*	1x75ml	7.50 V		*13.50*	**852732**
Aloe Vera Roll-On Deodorant	*organic*	1x75ml	7.50 V		*13.50*	**852733**
⁜ ***Green People - Organic Base - No Scent***						
Neutral/Scent Free Eye Cream	*organic*	1x10ml	14.15 V		*25.50*	**852741**
Neutral/Scent Free 24 Hr. Cream	*organic*	1x50ml	14.15 V		*25.44*	**852740**
⁜ ***Green People Sun Care***						
Green People Careline (for sachets and POS) - 01403 740350 - organic@greenpeople.co.uk						
Self Tan Lotion	*organic*	1x150ml	15.00 V		*27.00*	**852751**
Travel Sun Lotion SPF 15		1x100ml	11.40 V		*20.50*	**852797**

Description		size	price	£/unit	RRP	code
❊ ***Green People Hair & Body Care***						
Quinoa & Artichoke Shampoo	*organic*	1x200ml	10.55 V		*19.00*	**852801**
Quinoa & Artichoke Conditioner	*organic*	1x200ml	10.55 V		*18.91*	**852802**
Daily Aloe Conditioner		1x200ml	9.45 V		*17.00*	**852810**
Daily Aloe Shower Gel		1x200ml	9.45 V		*17.00*	**852815**
Intensive Repair Shampoo		1x200ml	10.55 V		*19.00*	**852817**
Moisturising Shower Gel	*organic*	1x200ml	9.70 V		*17.50*	**852823**
Irritated Scalp Conditioner		1x200ml	9.45 V		*17.00*	**852825**
❊ ***Herbatint™***						
Herbatint Point of Sale Shade Chart - foc - please quote code:-						**854570**
Normalising Shampoo		1x260ml	5.40 V		*9.71*	**854575**
Application Kit (brush, measure cup, cape)		1x1p	2.30 V		*4.10*	**854587**
❊ ***Herbatint™ - 'basic natural' permanent hair colour gels***						
1N - Black - Hair Colour		1x1p	6.75 V		*11.65*	**854605**
2N - Brown - Hair Colour		1x1p	6.75 V		*11.65*	**854610**
3N - Dark Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854611**
4N - Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854612**
5N - Light Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854642**
6N - Dark Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854622**
7N - Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854607**
8N - Light Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854640**
9N - Honey Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854637**
10N - Platinum Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854665**
❊ ***Herbatint™ - 'golden' permanent hair colour gels***						
4D - Golden Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854632**
5D - Light Golden Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854652**
6D - Dark Golden Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854625**
7D - Golden Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854630**
8D - Light Golden Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854650**
❊ ***Herbatint™ - 'mahogany' permanent hair colour gels***						
4M - Mahogany Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854660**
5M - Light Mahogany Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854655**
7M - Mahogany Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854657**
❊ ***Herbatint™ - 'copperish gold' permanent hair colour gels***						
9DR - CopperIsh Gold - Hair Colour		1x1p	6.75 V		*11.65*	**854613**
10DR - Light CopperIsh Gold - Hair Colour		1x1p	6.75 V		*11.65*	**854614**
❊ ***Herbatint™ - 'copper' permanent hair colour gels***						
4R - Copper Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854617**
5R - Light Copper Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854647**
7R - Copper Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854615**
8R - Light Copper Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854645**
❊ ***Herbatint™ - 'ash' permanent hair colour gels***						
4C - Ash Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854648**
5C - Light Ash Chestnut - Hair Colour		1x1p	6.75 V		*11.65*	**854651**
6C - Dark Ash Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854653**
7C - Ash Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854649**
8C - Light Ash Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854656**
10C - Swedish Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854658**
❊ ***Herbatint™ - Flash Fashion permanent hair colour gels***						
FF1 - Henna Red - Hair Colour		1x1p	6.75 V		*11.65*	**854635**
FF2 - Crimson Red - Hair Colour		1x1p	6.75 V		*11.65*	**854620**
FF3 - Plum - Hair Colour		1x1p	6.75 V		*11.65*	**854667**
FF4 - Violet - Hair Colour		1x1p	6.75 V		*11.65*	**854672**
FF5 - Sand Blonde - Hair Colour		1x1p	6.75 V		*11.65*	**854670**
FF6 - Orange - Hair Colour		1x1p	6.75 V		*11.65*	**854662**
❊ ***Herbatint™ - organic vegan semi permanent hair powders***						
Moon Light Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854674**
Hot Chocolate Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854676**
Warm Chestnut Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854678**
Pure Caramel Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854680**

Description		size	price	£/unit	RRP	code
Henna Love Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854682**
Cherry Red Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854684**
Honey Blonde Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854686**
Neutral Cassia Power - Hair Colour	*organic*	1x1p	6.70 V		*11.57*	**854688**
⁜ ***Herbatint™ - vegan Temporary Hair Touch-Up Sticks***						
Temporary Hair Touch-Up - Black	*organic*	6x10ml	33.48 V		*9.99*	**854690**
Temporary Hair Touch-Up - Blonde	*organic*	6x10ml	33.48 V		*9.99*	**854692**
Temporary Hair Touch-Up - Dark Chestnut	*organic*	6x10ml	33.48 V		*9.99*	**854694**
Temporary Hair Touch-Up - Light Chestnut	*organic*	6x10ml	33.48 V		*9.99*	**854696**
⁜ ***Higher Nature - grapefruit seed extract***						
Citricidal liquid		1x25ml	5.55 V		*9.95*	**855015**
Citricidal liquid		1x45ml	8.35 V		*14.95*	**855020**
Citricidal liquid		1x100ml	16.70 V		*29.95*	**855022**
⁜ ***Hydrophil***						
Konjac Sponge		1x1p	4.15 V		*6.67*	**855033**
Soap Pouch - Sisal		10x1	25.20 V		*4.05*	**855035**
Travel Soap Box - Stainless Steel		6x1	15.30 V		*4.10*	**855036**
Cotton Swabs		10x100p	15.85 V		*2.54*	**855038**
⁜ ***incognito - www.lessmosquito.com***						
2015 Winner Queen's Award for Enterprise - Sustainable Development **see the Candles & Incense section for the rest of this anti-insect range**						
incognito - anti-mosquito spray		6x100ml	43.65 V		*12.34*	**855040**
incognito - Mini - anti-mosquito spray		6x50ml	26.85 V		*7.67*	**822042**
Roll On Natural Insect Repellent		1x50ml	7.75 V		*13.21*	**855045**
Incognito Insect Repellent Lotion		1x100ml	8.40 V		*14.38*	**855048**
Suncream Insect Repellent SPF30		1x100ml	14.00 V		*23.97*	**855050**
After-Sun Moisturiser		1x200ml	8.95 V		*15.33*	**855080**
Hair & Body Wash		1x200ml	5.60 V		*9.61*	**855085**
incognito Crystal Deodorant - Java Citronella		1x60g	3.35 V		*5.84*	**855090**
Zap-Ease - insect bite relief gadget		6x1p	33.60 V		*9.59*	**855092**
⁜ ***incognito - soaps***						
Luxury Soap - citronella		6x100g	20.15 V		*5.76*	**855095**
Loofah Soap		1x55g	4.50 V		*7.71*	**855110**
⁜ ***La Droguerie Ecologique organic vegan palm oil free toiletries***						
10 washable cotton coloured facial pads in a drawstring bag		1xbag	8.25 V		*14.14*	**855118**
⁜ ***Lavera - Basis Sensitive Vegan Body Care - NaTrue Certified***						
Basis Sensitive Roll-on Deodorant		4x50ml	21.65 V		*9.75*	**855460**
Basis Sensitive Deodorant Spray		4x75ml	26.10 V		*11.75*	**855462**
Hand Cream		4x75ml	13.00 V		*5.85*	**855464**
Rich Body Lotion		4x250ml	25.20 V		*11.35*	**855468**
⁜ ***Lavera - Basis Sensitive Facial Care - NaTrue certified***						
Q10 Moisturising Face Cream - anti ageing	*organic*	4x50ml	42.55 V		*19.15*	**855499**
⁜ ***Lavera - Men's Care Range***						
Gentle Shaving Foam		4x150ml	20.75 V		*9.35*	**855345**
Aftershave Balm - tube		4x50ml	20.75 V		*9.35*	**855351**
Men's Moisturising Cream		4x30ml	28.75 V		*12.95*	**855363**
Men's 3 in 1 Shower Gel		4x200ml	16.75 V		*7.53*	**855367**
Men's Deodorant Roll On 24hr		4x50ml	21.65 V		*9.75*	**855359**
⁜ ***Mooncup Ltd - www.mooncup.co.uk***						
"Best Buy" - Ethical Consumer Magazine **For any queries - advice@mooncup.co.uk** **Advice Centre - phone 01273 673845** **No VAT should be charged to end user.**						
Mooncup size A - larger		1x1p	14.75		*22.40*	**900490**
Mooncup size B - smaller		1x1p	14.75		*22.40*	**900492**
⁜ ***Natracare Baby - see "Baby" Section***						

	Description		size	price	£/unit	RRP	code
	⁜ ***Natracare - www.natracare.com***						
	Certified Organic Vegan 100% Cotton Tampons						
	No VAT should be charged to end user.						
	On offer are selected Natracare tampons, the pricing marked ❒ below represents a discount of 10%.						
❒	Regular Tampons	*organic*	12x20	24.55		*2.87*	**900505**
	Regular Tampons	*organic*	20x10	29.85		*2.09*	**900506**
❒	Regular Applicator Tampons	*organic*	12x16	27.65		*3.23*	**900507**
❒	Super Tampons	*organic*	12x20	25.30		*2.96*	**900510**
	Super Tampons	*organic*	20x10	31.25		*2.19*	**900512**
❒	Super Applicator Tampons	*organic*	12x16	29.20		*3.41*	**900513**
❒	Super-PLUS Tampons	*organic*	12x20	27.65		*3.23*	**900514**
	⁜ ***Natracare - www.natracare.com***						
	Natural Pads & Panty Liners - Vegan						
	No VAT should be charged to end user.						
	On offer are Natracare pads, the pricing marked ❒ below represents a discount of 10%.						
◆	Wrapped Normal Panty Liners		10x18	14.60		*2.09*	**900508**
◆	Cotton Panty Liners - Ultra Thin		16x22	27.85		*2.49*	**900511**
◆	Mini Panty Liners		10x30	14.15		*2.09*	**900509**
◆	Curved Panty Liners		16x30	22.60		*2.09*	**900516**
◆	Tanga-style Panty Liners		16x30	22.60		*2.09*	**900518**
◆	Wrapped Long Panty Liners		10x16	14.60		*2.09*	**900515**
❒	Night Time Maxi Pads		12x10	23.05		*2.87*	**900517**
❒	Regular Maxi Pads		12x14	18.70		*2.33*	**900525**
❒	Super Maxi Pads		12x12	18.70		*2.33*	**900530**
❒	Regular Ultra Pads with Wings		12x14	20.30		*2.42*	**900535**
❒	Super Ultra Pads with Wings		12x12	20.30		*2.42*	**900537**
❒	Ultra Pads with Wings - Long		12x10	20.30		*2.42*	**900538**
❒	Ultra Pads Super Plus		12x12	20.30		*2.42*	**900539**
❒	Ultra Extra Pads - Normal		12x12	20.30		*2.42*	**900542**
❒	Ultra Extra Pads - Super		12x10	20.30		*2.42*	**900545**
❒	Ultra Extra Pads - Long		12x8	20.30		*2.42*	**900548**
	⁜ ***Natracare - wipes - Vegan***						
	Intimate Wipes Sachet	*organic*	24x12p	34.70	V	*2.59*	**900540**
	Safe To Flush Moist Tissues		16x30p	21.35	V	*2.29*	**900541**
	⁜ ***Natracare - incontinence - Vegan***						
	No VAT should be charged to end user, only between businesses.						
	Dry & Light Slim Incontinence Pads		6x20	17.60		*4.19*	**900570**
	Dry & Light Plus Incontinence Pads		6x16	20.10		*4.79*	**900572**
	⁜ ***Natracare - maternity - Vegan***						
	No VAT should be charged to end user.						
	Maternity Pads		10x10	21.60		*3.09*	**900580**
	Nursing Pads		12x26	22.95		*2.73*	**900582**
	⁜ ***Natracare - Make-Up Removal - Vegan***						
	Cleansing Make-Up Removal Wipes	*organic*	14x20	37.45	V	*4.59*	**855960**
	⁜ ***Nitty Gritty***						
	NitFree Comb - single		1x1p	9.60	V	*15.36*	**855385**
	Aromatherapy Head Lice Kit (comb & solution)		1x1p	8.30	V	*13.28*	**855390**
	Head Lice - Defence Spray		1x250ml	8.40	V	*13.44*	**855395**
	⁜ ***Odyskin organic vegan reef-friendly Suncare***						
	*New from Odyskin, an organic vegan **Tinted Sunstick SPF50 in a push up card tube**. Certified COSMOS it is medium tinted so not to leave white marks amd it contains ricinus oil to soften and cocoa oil to hydrate the skin. It provides effective protection against UVA and UVB rays and is recommended for protecting scars and tattoos. The packaging is plastic-free with a card tube in a card carton.*						
	Sunscreen SPF 30 - metal tube	*organic*	1x75ml	12.15	V	*21.90*	**857544**
	Sunscreen SPF 50 - metal tube	*organic*	1x75ml	12.70	V	*22.90*	**857546**
⁜	Tinted Sunstick SPF50 - card tube	*organic*	1x25g	8.20	V	*14.79*	**857549**
	Tube Squeezing Key	*organic*	1x1p	2.70	V	*4.90*	**857547**
	After Sun Milk - glass jar	*organic*	1x100ml	8.25	V	*14.90*	**857548**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	⁜ ***Oliva***															
	Olive Oil Soap		6x125g	6.50 V		*1.95*	**857605**									
	Bulk Olive Oil Soap		6x600g	14.15 V		*4.23*	**857607**									
	Olive Oil Soap with Aloe Vera		12x100g	13.05 V		*1.96*	**857608**									
	Olive Oil Soap with Tea Tree		12x100g	13.05 V		*1.96*	**857609**									
	⁜ ***Organii - Bodycare - SLS-free***															
	*New and on offer are two additions to the Organii organic vegan suncare range. **SPF30 Sun Lotion** offers broad spectum UVA and UVB protection to help prevent sunburn. The natural formula is enriched with aloe vera, green tea leaf extract and coconut oil that will leave your skin soft and supple. Suitable for children and adults. Returning is **SPF50 Sun Milk** - this fragrance free, mineral sun milk blends quickly into the skin. Enriched with argan, calendula and jojoba, it is suitable for babies, children and adults. The pricing below represents a discount of 15%.*															
❒	SPF15 Anti Ageing Facial Sun Cream	*organic*	1x50ml	8.00 V		*14.38*	**857669**									
❒	SPF30 Sun Lotion - New!	*organic*	1x100ml	9.40 V		*16.90*	**857671**									
❒	SPF50 Sun Milk - New!	*organic*	1x125ml	13.20 V		*23.67*	**857674**									
	⁜ ***Patch***															
	Patch plasters - 25 in a tub		3x1p	13.00 V		*6.93*	**857680**									
	Patch large plasters - 10 in a box		5x1p	24.85 V		*7.95*	**857682**									
	⁜ ***Pure Potions is now Balmonds under B***															
	⁜ ***Rio Rosa Mosqueta - Vegan***															
	Rosa Mosqueta Oil - sml		1x20ml	7.75 V		*13.97*	**858240**									
	Rosa Mosqueta Oil - lge		1x50ml	14.99 V		*26.93*	**858242**									
	Day & Night Cream - Rosa Mosqueta		1x50ml	10.45 V		*18.76*	**858245**									
	Antioxidant Facial Oil - Rosa Mosqueta		1x30ml	15.95 V		*28.57*	**858271**									
	⁜ ***Shade sunscreen in a tin***															
▲	Shade All-Natural Sunscreen - SPF 25 - mini		24x15ml	63.60 V		*4.54*	**858292**									
▲	Shade All-Natural Sunscreen - SPF 25		6x100ml	53.00 V		*15.14*	**858295**									
	Shade Empty Bucket - Silver		1p	2.65 V			**858298**									
	⁜ ***Simply Gentle Cotton Wool***															
	Cotton Wool Balls	*organic*	24x100pcs	34.30 V		*2.39*	**973050**									
	Cotton Wool Buds	*organic*	24x200pcs	34.30 V		*2.39*	**973055**									
	Cotton Wool Pads	*organic*	24x100pcs	34.30 V		*2.39*	**973060**									
	Cotton Wool Pleats	*organic*	24x100gm	34.30 V		*2.39*	**973065**									
	⁜ ***Urtekram - deodorants***															
	Crystal Deodorant - Aloe Vera - roll-on	*organic*	6x50ml	21.50 V		*6.14*	**858660**									
	Crystal Deodorant - Rose - roll-on	*organic*	6x50ml	21.50 V		*6.14*	**858665**									
	Crystal Deo - Sensitive Skin - Fragrance Free - roll-on	*organic*	6x50ml	20.65 V		*5.90*	**858663**									
	Deodorant - Coconut - roll-on	*organic*	6x50ml	21.50 V		*6.14*	**858667**									
	Cream Deo - Men's - roll-on	*organic*	6x50ml	27.95 V		*7.99*	**859097**									
	⁜ ***Urtekram - hair care***															
	Conditioner - Aloe Vera - regenerating	*organic*	6x180ml	21.85 V		*6.25*	**858706**									
	Conditioner - Camomile - blond hair	*organic*	6x180ml	21.85 V		*6.25*	**858709**									
	Conditioner - Coconut - normal hair	*organic*	6x180ml	21.85 V		*6.25*	**858711**									
	Conditioner - Nettle - anti dandruff	*organic*	6x250ml	21.85 V		*6.25*	**858714**									
	Conditioner - Nordic Berries - repairing	*organic*	6x180ml	21.85 V		*6.25*	**858858**									
	Conditioner - Rose - pure indulgement	*organic*	6x180ml	21.85 V		*6.25*	**858859**									
	Spray Conditioner - Rosemary - fine hair	*organic*	6x250ml	21.85 V		*6.25*	**858716**									
	Spray Conditioner - Tea Tree - irritated scalp	*organic*	6x250ml	21.85 V		*6.25*	**858719**									
	Shampoo - Aloe Vera - normal hair	*organic*	6x250ml	25.35 V		*7.23*	**858725**									
	Shampoo - Camomile - blond hair	*organic*	6x250ml	25.35 V		*7.25*	**858735**									
	Shampoo - Coconut - normal hair	*organic*	6x250ml	25.35 V		*7.25*	**858737**									
	Shampoo - Hemp - strengthening	*organic*	6x250ml	25.35 V		*7.25*	**858738**									
	Shampoo - Lavender - shine	*organic*	6x250ml	25.35 V		*7.25*	**858739**									
	Shampoo - Nettle - anti dandruff	*organic*	6x250ml	25.35 V		*7.25*	**858745**									
	Shampoo - Nordic Berries	*organic*	6x250ml	25.35 V		*7.25*	**858862**									
	Shampoo - Rasul - volume	*organic*	6x250ml	25.35 V		*7.25*	**858750**									
	Shampoo - Rose - dry hair	*organic*	6x250ml	25.35 V		*7.25*	**858752**									
	Shampoo - Rose - normal hair	*organic*	6x250ml	25.35 V		*7.25*	**858755**									
	Shampoo - Rosemary - fine hair	*organic*	6x250ml	25.35 V		*7.25*	**858760**									
	Shampoo - Tea Tree - irritated scalp	*organic*	6x250ml	25.35 V		*7.25*	**858762**									

	Description		size	price	£/unit	RRP	code
❊	***Urtekram - soaps and shower gels***						
	Shower Gel - Aloe Vera	*organic*	6x500ml	36.75 V		*10.52*	**858863**
	Shower Gel - Coconut	*organic*	6x245ml	23.25 V		*6.64*	**858864**
	Shower Gel - Rose	*organic*	6x500ml	36.75 V		*10.52*	**858881**
	Hair & Body Wash - Men's	*organic*	6x200ml	28.85 V		*8.25*	**858882**
	Liquid Hand Soap - Coconut	*organic*	6x300ml	25.20 V		*7.21*	**858869**
	Liquid Hand Soap - Rose	*organic*	6x380ml	25.20 V		*7.21*	**858872**
❊	***Urtekram - skincare***						
	Aloe Vera Gel	*organic*	6x100ml	27.10 V		*7.74*	**858877**
	Body Lotion - Coconut	*organic*	6x245ml	31.30 V		*8.94*	**859125**
	Face Cream - Men's	*organic*	6x75ml	31.45 V		*8.99*	**859129**
	Face Wash - Men's	*organic*	6x150ml	31.45 V		*8.99*	**859133**
	Body Lotion - Rose	*organic*	6x245ml	31.30 V		*8.94*	**859131**
	Hand Cream - Aloe Vera	*organic*	6x75ml	19.60 V		*5.61*	**859105**
	Hand Cream - Rose	*organic*	6x75ml	19.60 V		*5.61*	**859110**
	Foot Cream - Aloe Vera	*organic*	6x75ml	19.20 V		*5.49*	**859115**
❊	***Urtekram - Spa Range***						
	On offer are Urtekram organic Soothing Lavender lines, the pricing marked ❒ below represents a discount of 20%.						
	Anti Dandruff Shampoo - Sweet Ginger Flower	*organic*	6x250ml	25.35 V		*7.24*	**859087**
	Anti Dandruff Conditioner - Sweet Ginger Flower	*organic*	6x180ml	23.95 V		*6.84*	**859088**
	Body Wash - Sweet Ginger Flower	*organic*	6x200ml	28.70 V		*8.21*	**859091**
	Ultimate Repair Shampoo - Spicy Orange Blossom	*organic*	6x250ml	25.35 V		*7.24*	**859090**
	Ultimate Repair Conditioner - Spicy Orange Blossom	*organic*	6x180ml	23.95 V		*6.84*	**859092**
	Hand Wash - Spicy Orange Blossom	*organic*	6x300ml	24.45 V		*6.99*	**859094**
	Hand Wash - Wild Lemongrass	*organic*	6x300ml	24.45 V		*6.99*	**859102**
	Shampoo - Wild Lemongrass	*organic*	6x500ml	45.45 V		*12.99*	**859135**
	Body Wash - Wild Lemongrass	*organic*	6x500ml	47.20 V		*13.49*	**859137**
	Sensitive Scalp Shampoo Fragrance Free	*organic*	6x250ml	25.35 V		*7.25*	**858751**
	Sensitive Scalp Shampoo Fragrance Free	*organic*	6x500ml	45.45 V		*12.99*	**859139**
	Sensitive Scalp Conditioner Fragrance Free	*organic*	6x180ml	23.95 V		*6.85*	**858852**
	Sensitive Skin Body Lotion Fragrance Free	*organic*	6x245ml	31.15 V		*8.90*	**859120**
	Sensitive Skin Body Wash Fragrance Free	*organic*	6x200ml	28.70 V		*8.21*	**858876**
	Sensitive Skin Body Wash Fragrance Free	*organic*	6x500ml	47.20 V		*13.49*	**859147**
	Sensitive Skin Hand Cream - Fragrance Free	*organic*	6x75ml	20.30 V		*5.81*	**859124**
	Sensitive Skin Hand Wash - Fragrance Free	*organic*	6x300ml	24.45 V		*6.99*	**858879**
❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x250ml	20.30 V		*5.80*	**859134**
❒	Maximum Shine Conditioner - Soothing Lavender	*organic*	6x180ml	19.15 V		*5.47*	**859136**
❒	Body Lotion - Soothing Lavender	*organic*	6x245ml	24.90 V		*7.11*	**859121**
❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x500ml	36.35 V		*10.39*	**859086**
❒	Body Wash - Soothing Lavender	*organic*	6x200ml	22.85 V		*6.54*	**858874**
❒	Body Wash - Soothing Lavender	*organic*	6x500ml	37.75 V		*10.79*	**859096**
❒	Hand Cream - Soothing Lavender	*organic*	6x75ml	16.25 V		*4.65*	**859123**
❒	Handwash - Soothing Lavender	*organic*	6x300ml	19.55 V		*5.59*	**859138**
❊	***Weleda - Almond facial skin care***						
	For sensitive skin...						
	Almond Soothing Cleansing Lotion - Vegan		6x75ml	45.30 V		*12.94*	**859205**
	Almond Soothing Facial Cream	*organic*	6x30ml	66.35 V		*18.95*	**859210**
	Almond Soothing Facial Lotion		6x30ml	67.35 V		*19.24*	**859215**
	Almond Soothing Facial Oil (single) - Vegan	*organic*	1x50ml	13.40 V		*22.95*	**859220**
❊	***Weleda - Pomegranate - regenerating***						
	Pomegranate Firming Eye Cream - fragrance-free -single		1x10ml	18.20 V		*31.24*	**859472**
	Pomegranate Regenerating Hand Cream		6x50ml	50.75 V		*14.50*	**859480**
	Pomegranate Regenerating Body Oil - single		1x100ml	16.90 V		*28.95*	**859485**
❊	***Weleda - Wild Rose facial and body skin care - normal to dry skin***						
	From the onset of fine lines...						
	Wild Rose Smoothing Day Cream		6x30ml	73.30 V		*20.95*	**859230**
	Wild Rose Smoothing Night Cream		6x30ml	76.80 V		*21.95*	**859235**
	Wild Rose Smoothing Eye Cream (single)		1x10ml	12.20 V		*20.95*	**859240**
	Wild Rose Body Oil (single)		1x100ml	17.45 V		*29.95*	**859242**
	Wild Rose Deodorant Spray		6x100ml	55.80 V		*15.95*	**859243**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Weleda - Body Lotions***															
	Citrus Refreshing Body Lotion (single) - normal skin		1x200ml	7.55 V		*12.92*	**859247**									
❊	***Weleda - facial cleansing range -Vegan***															
	For use with all Weleda skin care...															
	Refining Toner (single)		1x100ml	7.55 V		*12.96*	**859245**									
	Gentle Cleansing Milk (single)		1x100ml	7.55 V		*12.96*	**859250**									
	One Step Cleanser & Toner (single)		1x100ml	10.05 V		*17.27*	**859255**									
❊	***Weleda - bath & shower range - Vegan***															
	Lavender Relaxing Bath Milk (single)		1x200ml	9.85 V		*16.87*	**859260**									
	Pearl Scrub	*organic*	6x150ml	41.80 V		*11.95*	**859264**									
	Refresh Citrus Body Wash	*organic*	6x200ml	28.85 V		*8.23*	**859266**									
	Vitality Sea Buckthorn Creamy Body Wash	*organic*	6x200ml	28.85 V		*8.23*	**859276**									
❊	***Weleda - body care range***															
	Sea Buckthorn Hand Cream		6x50ml	47.25 V		*13.51*	**859285**									
	Skin Food - large		6x75ml	52.30 V		*14.96*	**859290**									
	Skin Food - small		6x30ml	31.30 V		*8.95*	**859295**									
	Citrus Deodorant - Spray - Vegan		6x100ml	41.85 V		*11.95*	**859305**									
	Sage Deodorant - Spray - Vegan		6x100ml	41.85 V		*11.95*	**859310**									
❊	***Weleda - shaving***															
	Shaving Cream		6x75ml	34.85 V		*9.95*	**859405**									
	After Shave Balm (single)		1x100ml	7.55 V		*12.95*	**859410**									
❊	***Weleda - baby range***															
	Calendula Face Cream		6x50ml	36.75 V		*10.51*	**859315**									
	Calendula Cream Bath		6x200ml	51.65 V		*14.77*	**859320**									
	Calendula Lotion		6x200ml	40.25 V		*11.50*	**859325**									
	Calendula Nappy Change Cream		6x75ml	27.10 V		*7.73*	**859330**									
	Calendula Oil - Vegan		6x200ml	40.25 V		*11.50*	**859335**									
	Calendula Shampoo & Bodywash - Vegan		6x200ml	28.85 V		*8.25*	**859340**									
	Calendula Weather Protection Cream		6x30ml	34.10 V		*9.76*	**859345**									
❊	***Yaoh - Organic Hemp Seed Oil Bodycare - www.yaoh.co.uk***															
	Hemp Shower Gel		6x240ml	26.60 V		*7.95*	**859060**									
	Hemp Moisturiser - Original		6x56g	26.80 V		*7.99*	**859065**									
	Hemp Moisturiser - Mandarin & Grapefruit		6x56g	26.80 V		*7.99*	**859056**									
	Hemp Moisturiser - Tea Tree		6x56g	26.80 V		*7.99*	**859058**									
	Hemp Healing Salve		6x56g	26.80 V		*7.99*	**859067**									
	Hemp Sunblock 25		6x200ml	50.20 V		*15.00*	**859071**									
	Hemp Lip Balm - Blueberry		36x4g	70.55 V		*3.50*	**859076**									
	Hemp Lip Balm - Coconut		36x4g	70.55 V		*3.50*	**859077**									
	Hemp Lip Balm - Mango		36x4g	70.55 V		*3.50*	**859080**									
	Hemp Lip Balm - Natural		36x4g	70.55 V		*3.50*	**859081**									
	Hemp Lip Balm - Spearmint		36x4g	70.55 V		*3.50*	**859082**									
	Hemp Lip Balm - Strawberry & Cream		36x4g	70.55 V		*3.50*	**859083**									
	Hemp Lip Balm - Watermelon		36x4g	70.55 V		*3.50*	**859084**									
	Lip Balm Mix (of up to 9 flavours)		36x4g	70.55 V		*3.50*	**859085**									
❊	***Zaytoun Fair trade bodycare***															
	Dead Sea Salt - pouch		6x750g	23.20 V		*6.19*	**859521**									
	Honey Olive Oil Soap Bar		12x100g	31.65 V		*4.22*	**859522**									
	Lemon Olive Oil Soap Bar		12x100g	31.65 V		*4.22*	**859523**									
	Pure Olive Oil Soap Bar		12x100g	31.65 V		*4.22*	**859525**									
	Rose Olive Oil Soap Bar		12x100g	31.65 V		*4.22*	**859527**									
	Sage Olive Oil Soap Bar		12x100g	31.65 V		*4.22*	**859528**									

■ Toothpaste, Brushes & Oral Hygiene

❊	***Aloe Dent - fluoride-free***															
◆	Charcoal Toothpaste - fluoride-free		6x100ml	18.40 V		*5.49*	**881446**									
◆	Coconut Toothpaste - fluoride-free		6x100ml	18.40 V		*5.49*	**881448**									
◆	Sensitive Toothpaste - fluoride-free		6x100ml	18.40 V		*5.49*	**881450**									
◆	Triple Action Toothpaste - fluoride-free		6x100ml	18.40 V		*5.49*	**881451**									
◆	Whitening Toothpaste - fluoride-free		6x100ml	18.40 V		*5.49*	**881452**									
◆	Mouthwash - fluoride-free		6x250ml	16.75 V		*4.99*	**881455**									
◆	Children's Toothpaste (strawberry) - fluoride-free		6x50ml	13.35 V		*3.99*	**881457**									

	Description		size	price	£/unit	RRP	code
	❊ ***Aloe Dent - with fluoride***						
◆	Fluoride Sensitive Toothpaste		6x100ml	20.10 V		*5.99*	**881465**
◆	Fluoride Whitening Toothpaste		6x100ml	20.10 V		*5.99*	**881467**
	❊ ***Ben & Anna - organic, vegan, dental care***						
	Black Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881471**
	Cinnamon Orange Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881472**
	Coco Mania Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881473**
	Spearmint Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881474**
	White Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881475**
	Wildberry Toothpaste Fluoride - tube	*organic*	1x75ml	3.30 V		*5.65*	**881476**
	Black Natural Toothpaste - with activated charcoal	*organic*	1x100ml	4.95 V		*8.51*	**881480**
	Orange with Fluoride Toothpaste	*organic*	1x100ml	4.95 V		*8.51*	**881482**
	Sensitive Natural Toothpaste	*organic*	1x100ml	4.95 V		*8.51*	**881484**
	White with Fluoride Toothpaste	*organic*	1x100ml	4.95 V		*8.51*	**881488**
	White Natural Toothpaste	*organic*	1x100ml	4.95 V		*8.51*	**881490**
	❊ ***Dr Bronner - 70% Organic ingredients, fluoride-free, low foaming***						
	Peppermint Toothpaste	*organic*	12x105ml	62.65 V		*8.95*	**881235**
	Spearmint Toothpaste	*organic*	12x105ml	62.65 V		*8.95*	**881236**
	❊ ***Ecoliving***						
	Eco Floss biodegradable dental floss card dispenser		6x50m	14.30 V		*3.92*	**881245**
	Eco Floss refill biodegradable dental floss		16x2x50m	47.55 V		*4.88*	**881246**
	❊ ***Food Alive - Bio-White tooth powders***						
	Lemon Bio-White Tooth Powder - plastic		12x35g	29.60 V		*3.95*	**881250**
	Peppermint Bio-White Tooth Powder - plastic		12x35g	29.60 V		*3.95*	**881252**
	Lemon Bio-White Tooth Powder - glass		12x35g	45.00 V		*5.99*	**881254**
	Peppermint Bio-White Tooth Powder - glass		12x35g	45.00 V		*5.99*	**881256**
	Lemon Bio-White Tooth Powder - refill		10x35g	24.65 V		*3.95*	**881258**
	Peppermint Bio-White Tooth Powder refill		10x35g	24.65 V		*3.95*	**881259**
	❊ ***Georganics***						
	On offer is Georganics, the pricing below represents a discount of 15%.						
❒	Fluoride Toothpaste - Activated Charcoal		10x60ml	29.30 V		*5.02*	**881281**
❒	Activated Charcoal - Coconut Oil Toothpaste		10x60ml	29.30 V		*5.02*	**881260**
❒	Activated Charcoal - Oil Pulling Mouthwash		10x100ml	33.55 V		*5.75*	**881264**
❒	Activated Charcoal - Bicarbonate Tooth Tablets		10x120tabs	42.05 V		*7.21*	**881263**
❒	Charcoal Corn Floss - minty plant wax - 50m		20x50m	41.65 V		*3.57*	**881267**
❒	Refill Charcoal Corn Floss - minty plant wax - 100m		20x2x50m	58.65 V		*5.03*	**881265**
❒	Fluoride Toothpaste - English Peppermint		10x60ml	29.30 V		*5.02*	**881283**
❒	English Peppermint - Coconut Oil Toothpaste		10x60ml	29.30 V		*5.02*	**881282**
❒	English Peppermint - Bicarbonate Toothpowder		10x60ml	29.30 V		*5.02*	**881288**
❒	English Peppermint - Bicarbonate Mouthwash Tablets		10x180tabs	42.05 V		*7.21*	**881291**
❒	English Peppermint - Bicarbonate Tooth Tablets		10x120tabs	42.05 V		*7.21*	**881292**
❒	Peppermint - Oil Pulling Mouthwash		10x100ml	33.55 V		*5.75*	**881240**
❒	Eucalyptus - Bicarbonate Mouthwash Tablets		10x180tabs	37.80 V		*6.48*	**881298**
❒	Fluoride Toothpaste - Sweet Orange		10x60ml	29.30 V		*5.02*	**881285**
❒	Orange - Bicarbonate Mouthwash Tablets		10x180tabs	42.05 V		*7.21*	**881262**
❒	Kids' Orange Corn Floss - plant wax - 50m		20x50m	41.65 V		*3.57*	**881500**
❒	Refill Kids' Orange Corn Floss - plant wax - 100m		20x2x50m	58.65 V		*5.03*	**881502**
❒	Spearmint Corn Floss - minty plant wax - 50m		20x50m	41.65 V		*3.57*	**881504**
❒	Tea Tree - Bicarbonate Tooth Tablets		10x120tabs	42.05 V		*7.21*	**881277**
❒	Natural Beech Toothbrush - Soft		20x1	33.15 V		*2.84*	**861400**
❒	Natural Beech Toothbrush - Medium		20x1	33.15 V		*2.84*	**861404**
❒	Natural Beech Toothbrush - Firm		20x1	33.15 V		*2.84*	**861408**
❒	Kid's Beech Toothbrush - Soft		20x1	33.15 V		*2.84*	**861412**
❒	Bamboo Toothpaste Spatula		50x1	21.25 V		*0.73*	**861414**
	❊ ***Green People Organic Children***						
	Spearmint & Aloe Vera Childrens Toothpaste	*organic*	12x50ml	43.30 V		*6.50*	**881430**
	Mandarin & Aloe Vera Fluoride Childrens Toothpaste	*organic*	12x50ml	46.70 V		*7.00*	**881432**
	❊ ***Green People - Ecocert Certified Natural***						
	Fresh Mint & Aloe Vera Fluoride Toothpaste	*organic*	6x75ml	26.70 V		*8.00*	**881412**
	Peppermint & Aloe Vera Toothpaste	*organic*	12x50ml	43.30 V		*6.50*	**881420**
	Minty Cool Toothpaste	*organic*	12x50ml	43.30 V		*6.50*	**881427**

Description		size	price	£/unit	RRP	code
⁜ ***Hydrophil***						
Light Blue Bamboo Toothbrush - Medium		12x1	30.60 V		*4.10*	**859550**
Dark Blue Bamboo Toothbrush - Soft		12x1	30.60 V		*4.10*	**859554**
Red Bamboo Toothbrush - Medium		12x1	30.60 V		*4.10*	**859558**
Green Bamboo Toothbrush - Medium		12x1	30.60 V		*4.10*	**859562**
Natural Bamboo Toothbrush - Medium		12x1	30.60 V		*4.10*	**859564**
Violet Bamboo Toothbrush - Extra Soft		12x1	30.60 V		*4.10*	**859565**
Kids Blue Bamboo Toothbrush - Soft		12x1	30.60 V		*4.10*	**859566**
Kids Red Bamboo Toothbrush - Soft		12x1	30.60 V		*4.10*	**859568**
Toothbrush Case - Bamboo		12x1	69.00 V		*9.22*	**859572**
Blue Toothbrush Holder - Ceramic		12x1	61.35 V		*8.18*	**859576**
Interdental brush 0.4 mm ISO 0		10x6p	25.00 V		*4.00*	**859580**
Interdental brush 0.45 mm ISO 1		10x6p	25.00 V		*4.00*	**859581**
Interdental brush 0.5 mm ISO 2		10x6p	25.00 V		*4.00*	**859582**
Interdental brush 0.6 mm ISO 3		10x6p	25.00 V		*4.00*	**859583**
Bamboo Dental Floss Picks		10x1	25.00 V		*4.00*	**859585**
⁜ ***Jack N'Jill - natural toothpaste for kids***						
Banana Toothpaste		6x50g	17.10 V		*4.56*	**861550**
Blackcurrant Toothpaste		6x50g	17.10 V		*4.56*	**861555**
Blueberry Toothpaste		6x50g	17.10 V		*4.56*	**861560**
Flavour Free Toothpaste		6x50g	17.10 V		*4.56*	**861562**
Raspberry Toothpaste		6x50g	17.10 V		*4.56*	**861565**
Strawberry Toothpaste		6x50g	17.10 V		*4.56*	**861570**
⁜ ***Jack N'Jill - biodegradable toothbrushes for kids***						
Bio Toothbrush - Bunny		8x1	16.60 V		*3.35*	**861580**
Bio Toothbrush - Dino		8x1	16.60 V		*3.35*	**861581**
Bio Toothbrush - Elephant		8x1	16.60 V		*3.35*	**861582**
Bio Toothbrush - Koala		8x1	16.60 V		*3.35*	**861583**
Bio Toothbrush - Monkey		8x1	16.60 V		*3.35*	**861584**
Bio Toothbrush - Unicorn		8x1	16.60 V		*3.35*	**861586**
⁜ ***Kingfisher - 100% recyclable***						
Aloe Tea Tree - Fennel - Fluoride Free		12x100ml	25.15 V		*3.35*	**861480**
Aloe Tea Tree - Mint - Fluoride Free		12x100ml	25.15 V		*3.35*	**861486**
Charcoal Whitening - Fluoride Free		12x100ml	25.15 V		*3.35*	**861484**
Children's Strawberry Toothpaste - Fluoride Free		12x100ml	25.15 V		*3.35*	**861488**
Children's Strawberry Toothpaste with Fluoride		12x100ml	25.15 V		*3.35*	**864189**
Fluoride Free Baking Soda Mint		12x100ml	25.15 V		*3.35*	**861490**
Mint with fluoride		12x100ml	25.15 V		*3.35*	**861506**
Fennel with fluoride		12x100ml	25.15 V		*3.35*	**861517**
Fluoride Free Fennel		12x100ml	25.15 V		*3.35*	**861528**
Fluoride Free Mint		12x100ml	25.15 V		*3.35*	**861529**
⁜ ***Lavera Toothpaste - vegan - BDIH certified***						
Mint Toothpaste - with fluoride	*organic*	4x75ml	12.75 V		*5.75*	**861658**
⁜ ***Organii - Vegan***						
Aloe Mouthwash Citrus	*organic*	6x500ml	23.15 V		*6.95*	**861725**
Aloe Mouthwash Eucalyptus	*organic*	6x500ml	23.15 V		*6.95*	**861727**
⁜ ***Peppersmith Dental Gums, Mints and Pastilles - see "Sweet Snacks" section***						
⁜ ***Sarakan***						
Natural Toothpaste		6x50ml	12.80 V		*3.41*	**861705**
Mouthfresh Rinse		6x300ml	17.75 V		*4.73*	**861710**
⁜ ***Truthpaste Natural Toothpaste***						
Strong Mint Probiotic Mouthwash - fluoride free		6x300ml	48.45 V		*13.00*	**861731**
Fluoride Strong Mint Probiotic Mouthwash		6x300ml	48.45 V		*13.00*	**861733**
Charcoal Orange & Fennel Truthpaste		6x100ml	33.60 V		*10.00*	**861730**
Charcoal Peppermint & Spearmint Truthpaste		6x100ml	33.60 V		*10.00*	**861732**
Fennel Truthpaste		6x100ml	33.60 V		*10.00*	**861734**
Kids Mild Mint Toothpaste		6x100ml	33.60 V		*10.00*	**861736**
Kids Sweet Orange Toothpaste		6x100ml	33.60 V		*10.00*	**861738**
Peppermint & Wintergreen Truthpaste		6x100ml	33.60 V		*10.00*	**861739**

Description		size	price	£/unit	RRP	code
❊ ***Urtekram - www.urtekram.dk***						
Bio9 Fresh Mint - Whitening Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**865096**
Bio9 Strong Mint - Sensitive Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862098**
Aloe Vera Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862103**
Children's Tutti Frutti Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862107**
Eucalyptus Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862110**
Mint with Green Tea Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862120**
Tea Tree Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862130**
❊ ***Urtekram - with Fluoride***						
Mint & Fluoride Toothpaste	*organic*	6x75ml	13.95 V		*3.99*	**862135**
❊ ***Yaweco - toothbrush - replaceable heads***						
Each case of Toothbrushes contains 2 pink, 2 blue, 2 green The Refills are all white						
Soft Toothbrush		6x1p	13.10 V		*3.93*	**862551**
Medium Toothbrush		6x1p	13.10 V		*3.93*	**862554**
Soft Refill Heads - nylon		6x4p	26.50 V		*7.95*	**862557**
Medium Refill Heads - nylon		6x4p	26.50 V		*7.95*	**862569**

■ Aromatherapy, Candles & Incense

❊ ***Absolute Aromas***						
Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.						
Bergamot	*organic*	1x10ml	6.10 V		*10.93*	**878010**
Cedarwood	*organic*	1x10ml	3.05 V		*5.46*	**878015**
Chamomile Roman	*organic*	1x2ml	9.40 V		*16.84*	**878020**
Clary Sage	*organic*	1x5ml	5.55 V		*9.94*	**878025**
Globulus Eucalyptus	*organic*	1x10ml	2.75 V		*4.93*	**878030**
Radiata Eucalyptus	*organic*	1x10ml	3.85 V		*6.90*	**878035**
Geranium	*organic*	1x10ml	6.60 V		*11.82*	**878040**
Grapefruit	*organic*	1x10ml	4.85 V		*8.69*	**878045**
Juniperberry	*organic*	1x5ml	4.80 V		*8.60*	**878050**
Lavender (High Altitude)	*organic*	1x10ml	5.80 V		*10.40*	**878055**
Lavender (High Altitude) Display Pack	*organic*	12x10ml	69.95 V		*10.44*	**878060**
Lemon	*organic*	1x10ml	3.30 V		*5.91*	**878065**
Lemongrass	*organic*	1x10ml	3.30 V		*5.91*	**878070**
Mandarin	*organic*	1x10ml	4.40 V		*7.88*	**878075**
Orange	*organic*	1x10ml	2.60 V		*4.66*	**878080**
Patchouli	*organic*	1x10ml	4.40 V		*7.88*	**878085**
Peppermint	*organic*	1x10ml	3.85 V		*6.90*	**878090**
Rosemary	*organic*	1x10ml	3.30 V		*5.91*	**878095**
Rose Otto (3% Dilution)	*organic*	1x10ml	8.30 V		*14.87*	**878097**
Tea Tree	*organic*	1x10ml	3.30 V		*5.93*	**878105**
Tea Tree Display Pack	*organic*	12x10ml	39.70 V		*5.93*	**878110**
Complete Ylang Ylang	*organic*	1x10ml	5.25 V		*9.40*	**878115**
❊ ***Absolute Aromas - Carrier Oils***						
Almond Sweet	*organic*	1x100ml	5.50 V		*9.85*	**878150**
Apricot Kernel	*organic*	1x100ml	5.40 V		*9.72*	**878152**
Jojoba	*organic*	1x100ml	10.30 V		*18.45*	**878155**
Sesame	*organic*	1x100ml	3.50 V		*6.29*	**878160**
Sunflower	*organic*	1x100ml	2.85 V		*5.10*	**878165**

	Description		size	price	£/unit	RRP	code
❊	***Aqua Oleum Organic Essential Oils***						
	Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.						
	*New from Aqua Oleum, **Organic Lavender Oil Merchandiser**. The most popular essential oil in a cost saving card pack and each glass bottle is individually packaged. The familiar relaxing sweet-floral scent is a healing & soothing versatile remedy.*						
	Organic Bergamot Oil	*organic*	3x10ml	19.50 V		*12.99*	**881301**
	Organic Citronella Oil	*organic*	3x10ml	9.00 V		*5.99*	**881302**
	Organic Clary Sage Oil	*organic*	3x10ml	19.50 V		*12.99*	**881303**
	Organic Clove Bud Oil	*organic*	3x10ml	15.00 V		*9.99*	**881304**
	Organic Eucalyptus Oil	*organic*	3x10ml	7.50 V		*4.99*	**881305**
	Organic Frankincense Oil	*organic*	3x10ml	28.50 V		*18.99*	**881306**
	Organic Geranium Oil	*organic*	3x10ml	19.50 V		*12.99*	**881307**
	Organic Ginger Oil	*organic*	3x10ml	19.50 V		*12.99*	**881308**
	Organic Grapefruit Oil	*organic*	3x10ml	19.50 V		*12.99*	**881309**
	Organic Juniper Needle Oil	*organic*	3x10ml	15.00 V		*9.99*	**881311**
	Organic Lavender Oil	*organic*	3x10ml	13.50 V		*8.99*	**881310**
❊	Organic Lavender Oil Merchandiser	*organic*	18x10ml	72.90 V		*8.10*	**881312**
	Organic Lemon Oil	*organic*	3x10ml	10.50 V		*6.99*	**881315**
	Organic Lemongrass Oil	*organic*	3x10ml	9.00 V		*5.99*	**881316**
	Organic Orange Oil	*organic*	3x10ml	7.50 V		*4.99*	**881317**
	Organic Patchouli Oil	*organic*	3x10ml	15.00 V		*9.99*	**881318**
	Organic Peppermint Oil	*organic*	3x10ml	10.50 V		*6.99*	**881319**
	Organic Rosemary Oil	*organic*	3x10ml	10.50 V		*6.99*	**881320**
	Organic Tea Tree Oil	*organic*	3x10ml	9.00 V		*5.99*	**881322**
	Organic White Thyme Oil	*organic*	3x10ml	22.50 V		*14.99*	**881323**
	Organic Ylang Ylang Oil	*organic*	3x10ml	19.50 V		*12.99*	**881325**
❊	***Aqua Oleum Organic Carrier Oils***						
	Cold Pressed Apricot Kernel Oil	*organic*	6x100ml	30.00 V		*9.99*	**881372**
	Cold Pressed Sweet Almond Oil	*organic*	6x100ml	36.00 V		*11.99*	**881374**
	Cold Pressed Wheatgerm Oil	*organic*	6x100ml	51.00 V		*16.99*	**881380**
❊	***Aqua Oleum Essential Oils***						
	Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.						
	Basil Sweet		3x10ml	9.00 V		*5.99*	**880505**
	Benzoin		3x10ml	9.00 V		*5.99*	**880507**
	Bergamot		3x10ml	10.50 V		*6.99*	**880510**
	Black Pepper		3x10ml	10.50 V		*6.99*	**880515**
	Camphor		3x10ml	6.00 V		*3.99*	**880523**
	Cedarwood		3x10ml	7.50 V		*4.99*	**880525**
	Chamomile Blue (5% Dilution)		3x10ml	9.00 V		*5.99*	**880520**
	Chamomile Roman		3x10ml	39.00 V		*25.99*	**880527**
	Citronella		3x10ml	6.00 V		*3.99*	**880530**
	Clary Sage		3x10ml	13.50 V		*8.99*	**880535**
	Clove Bud		3x10ml	7.50 V		*4.99*	**880537**
	Cypress		3x10ml	7.50 V		*4.99*	**880540**
	Eucalyptus Globulus		3x10ml	6.00 V		*3.99*	**880545**
	Fennel Sweet		3x10ml	7.50 V		*4.99*	**880555**
	Frankincense		3x10ml	21.00 V		*13.99*	**880560**
	Geranium		3x10ml	12.00 V		*7.99*	**880550**
	Ginger		3x10ml	9.00 V		*6.00*	**880561**
	Grapefruit		3x10ml	7.50 V		*4.99*	**880562**
	Jasmine (5% Dilution)		3x10ml	15.00 V		*9.99*	**880565**
	Juniper Needle		3x10ml	9.00 V		*5.99*	**880570**
	Lavender Oil		3x10ml	9.00 V		*5.99*	**880575**
	100ml Lavender Oil		1x100ml	22.50 V		*45.00*	**880577**
	Lavender Oil Merchandiser		18x10ml	48.60 V		*5.40*	**880578**
	Lemon		3x10ml	6.00 V		*3.99*	**880580**
	Mandarin		3x10ml	7.50 V		*4.99*	**880583**
	Marjoram Spanish		3x10ml	10.50 V		*6.99*	**880585**
	Myrrh		3x10ml	34.50 V		*22.99*	**880587**
	Neroli (5% Dilution)		3x10ml	18.00 V		*11.99*	**880590**
	Orange		3x10ml	6.00 V		*3.99*	**880595**
	Palmarosa		3x10ml	9.00 V		*5.99*	**880597**
	Patchouli		3x10ml	9.00 V		*5.99*	**880600**
	Peppermint		3x10ml	9.00 V		*5.99*	**880605**

	Description	size	price	£/unit	RRP	code
	Petitgrain	3x10ml	9.00 V		*5.99*	**880608**
	Pine Needle	3x10ml	7.50 V		*4.99*	**880610**
	Rose Maroc (5% Dilution)	3x10ml	12.00 V		*7.99*	**880615**
	Rosemary	3x10ml	7.50 V		*4.99*	**880620**
	Sandalwood (5% Dilution)	3x10ml	10.50 V		*6.99*	**880625**
	Spanish Sage	3x10ml	10.50 V		*6.99*	**880628**
	Tea Tree	3x10ml	7.50 V		*4.99*	**880630**
	100ml Tea Tree	1x100ml	18.75 V		*37.50*	**880632**
	Tea Tree Oil Merchandiser - 10ml	18x10ml	40.50 V		*4.49*	**880633**
	Thyme White	3x10ml	7.50 V		*4.99*	**880635**
	Ylang Ylang 1	3x10ml	18.00 V		*11.99*	**880640**
❊	***Aqua Oleum essential oil blends***					
	New from Aqua Oleum, an extension to the essential oil blends. ***Brighten: revive & uplift blend****, including lemon myrtle and grapefruit, is a fresh zesty fragrance to inspire and revitalise.* ***Deep Sleep: restful night blend*** *contains valerian and vetivert and has a calming effect.* ***Defence: prevent & protect blend*** *with fragonia and ravintsara has a fresh herbaceous scent.* ***Mountain Air: fresh & purifying blend*** *includes juniper berry & black spruce and has a woody resinous aroma which is uplifting and refreshing.* ***Sacred Space: meditation aid blend*** *with frankincense & palmarosa. is soft and reminiscent of incense - grounding and harmonising.* ***Serenity: stress-relief blend*** *includes neroli & petigrain; a gentle, floral-citrus fragrance that is elevating and soothing. All the blends are in glass bottles in a card box.*					
❊	Brighten: revive & uplift blend	3x10ml	15.00 V		*9.99*	**880622**
☆	Clear Head: breathe easy blend	3x10ml	15.00 V		*9.99*	**880627**
❊	Deep Sleep: restful night blend	3x10ml	19.50 V		*12.99*	**880623**
❊	Defence: prevent & protect blend	3x10ml	16.50 V		*10.99*	**880624**
❊	Mountain Air: fresh & purifying blend	3x10ml	16.50 V		*10.99*	**880626**
❊	Sacred Space: meditation aid blend	3x10ml	16.50 V		*10.99*	**880631**
❊	Serenity: stress-relief blend	3x10ml	19.50 V		*12.99*	**880636**
❊	***Aqua Oleum Body Oils***					
	New from Aqua Oleum a range of body oils. ***Aches & Pains: muscle ease & remedial body oil*** *- a blend of botanicals including rosemary & black pepper, warming and soothing.* ***After Dark: sensual body oil*** *includes jasmine with sandalwood. An uplifting intoxicating scent that leaves skin silky smooth.* ***Natural Detox: purifying & cleansing body oil*** *- a mix of active botanicals including grapefruit & fennel seed that tone & stimulate.* ***Tranquility: relaxing & calming body oil*** *contains chamomile & petigrain; use as a relaxing massage oil to calm body & mind.* ***Wild Rose: regenerative body oil*** *with amyris & rose. This is regenerative & restorative keeping skin supple and radiant. All are packaged in blue glass bottles in a card box.*					
❊	Aches & Pains: muscle ease & remedial body oil	1x100ml	7.50 V		*14.99*	**880637**
❊	After Dark: sensual body oil	1x100ml	7.50 V		*14.99*	**880638**
❊	Natural Detox: purifying & cleansing body oil	1x100ml	7.50 V		*14.99*	**880639**
❊	Tranquility: relaxing & calming body oil	1x100ml	7.50 V		*14.99*	**880646**
❊	Wild Rose: regenerative body oil	1x100ml	7.50 V		*14.99*	**880648**
❊	***Aqua Oleum Carrier Oils***					
	Cold Pressed Apricot Kernel Oil	6x100ml	21.00 V		*6.99*	**880641**
	Cold Pressed Jojoba Oil	6x100ml	45.00 V		*14.99*	**880643**
	Cold Pressed Peach Kernel Oil	6x100ml	30.00 V		*9.99*	**880644**
	Cold Pressed Sweet Almond Oil	6x100ml	18.00 V		*5.99*	**880645**
	Cold Pressed Wheatgerm Oil	6x100ml	21.00 V		*6.99*	**880650**
❊	***Aqua Oleum Flower Waters***					
	Lavender Water	6x100ml	30.00 V		*9.99*	**880950**
	Rose Water - Maroc	6x100ml	39.00 V		*12.99*	**880965**
	Witch Hazel Water	6x100ml	30.00 V		*9.99*	**880970**
❊	***Greater Goods - The Mother's Fragrances vegan jos sticks***					
	The empty display stand holds 9 fragrances, 18 packets per fragrance. **The empty display stand is 40cm wide x 18cm deep x 47cm high.**					
	FSC Wooden Empty Incense Display Stand	1p	12.00 V	12.00		**880988**
	Cinnamon and Spice Incense Sticks	6x12stick	6.90 V		*2.00*	**880990**
	Frankincense Incense Sticks	6x12stick	6.90 V		*2.00*	**880992**
	Jasmine Incense Sticks	6x12stick	6.90 V		*2.00*	**880994**
	Lotus Incense Sticks	6x12stick	6.90 V		*2.00*	**880996**
	Musk Incense Sticks	6x12stick	6.90 V		*2.00*	**880998**
	Opium Incense Sticks	6x12stick	6.90 V		*2.00*	**881001**
	Orange Blossom Incense Sticks	6x12stick	6.90 V		*2.00*	**881002**
	Patchouli Incense Sticks	6x12stick	6.90 V		*2.00*	**881004**
	Sandalwood Incense Sticks	6x12stick	6.90 V		*2.00*	**881007**
	Vanilla Incense Sticks	6x12stick	6.90 V		*1.86*	**881006**

Description	size	price	£/unit	RRP	code
⁜ ***Greater Goods - The Mother's India Fair Trade vegan jos sticks***					
The Full display stand holds 6 fragrances, 10 packets per fragrance. The display stand is 34cm wide x 17cm deep x 44cm high.					
FSC Teak Wood Gondola Incense Holder	1x1p	2.85 V		*4.96*	**881213**
FSC Wooden Full 60 packet Incense Display Stand	1x1p	129.00 V			**881214**
Amrita Incense Sticks	5x20stick	9.60 V		*3.34*	**881216**
Ganesh Incense Sticks	5x20stick	9.60 V		*3.34*	**881218**
Oudh Incense Sticks	5x20stick	9.60 V		*3.34*	**881219**
Om Incense Sticks	5x20stick	9.60 V		*3.34*	**881220**
Prem Incense Sticks	5x20stick	9.60 V		*3.34*	**881222**
Shanti Incense Sticks	5x20stick	9.60 V		*3.34*	**881224**
Yoga Incense Sticks	5x20stick	10.85 V		*3.50*	**881226**
⁜ ***Hambleden Incense***					
Frankincense & Myrrh	6x2x20g	23.70 V		*6.83*	**890905**
⁜ ***Heaven Scent - vegan***					
The pillar candles contain sustainable RSPO palm oil.					
Lavender Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890915**
Orange & Clove Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890922**
Patchouli Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890925**
Rosemary & Thyme Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890927**
Himalayan Cedarwood & Haiti Amyris Candles	12x2"x2"	17.60 V		*2.50*	**890930**
Tea Tree & Geranium Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890932**
Ylang Ylang Essential Oil Candles	12x2"x2"	17.60 V		*2.50*	**890935**
⁜ ***Heaven Scent - vegan***					
The pillar candles contain sustainable RSPO palm oil.					
Lavender Essential Oil Candles	6x3"x3"	20.15 V		*5.75*	**891110**
Orange & Clove Essential Oil Candles	6x3"x3"	20.15 V		*5.75*	**891115**
Patchouli Essential Oil Candles	6x3"x3"	20.15 V		*5.75*	**891120**
Himalayan Cedarwood & Haiti Amyris Candles	6x3"x3"	20.15 V		*5.75*	**891125**
Ylang Ylang Essential Oil Candles	6x3"x3"	20.15 V		*5.75*	**891130**
⁜ ***Heaven Scent - Dinner candles - vegan***					
Dinner Candle - unscented	1x6x25cm	5.80 V		*9.95*	**891203**
⁜ ***Heaven Scent - vegan - Essential Oil 9cl Glass Pot Votive Candles - 25-30 hour***					
Cedarwood & Amyris Votive 9cl Candle	6x1p	16.60 V		*4.75*	**891305**
Lavender Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891310**
Lemongrass Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891312**
Orange & Clove Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891315**
Ylang Ylang Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891325**
⁜ ***Heaven Scent - vegan - Fragrance Oil 9cl Glass Pot Votive Candles - 25-30 hour***					
Gold, Frankincense & Myrrh Votive 9cl Candle	6x1p	16.60 V		*4.75*	**891355**
Inspiration Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891356**
Love & Peace Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891358**
Meditation Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891359**
Vanilla Votive 9cl Candle	6x1p	15.75 V		*4.50*	**891370**
⁜ ***Heaven Scent - vegan - Essential Oil 20cl Glass Pot - 40-50 hour***					
Citronella 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890953**
Cedarwood & Amyris 20cl Aromapot Candle - single	1x1p	6.10 V		*10.50*	**890954**
Juniper & Pine 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890955**
Lavender 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890957**
Lemongrass 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890958**
Mandarin 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890960**
Orange & Clove 20cl Aromapot Candle - single	1x1p	5.80 V		*9.95*	**890965**
Patchouli 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890968**
Rosemary & Thyme 20cl Aromapot Candle - single	1x1p	5.80 V		*9.95*	**890971**
Tea Tree & Geranium 20cl Aromapot Candle - single	1x1p	5.80 V		*9.95*	**890977**
Ylang Ylang 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890980**
⁜ ***Heaven Scent - vegan - Fragrance Oil 20cl Glass Pot - 40-50 hour***					
Atlantic Fresh 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890982**
Bluebell 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890984**
Buttercup Meadows 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890986**
Fireside Embers 20cl Aromapot Candle - single	1x1p	5.65 V		*9.70*	**890988**

	Description		size	price	£/unit	RRP	code
⁜	***Heaven Scent - Reed Diffusers - 50ml bottle + 10 reeds***						
	Citrus Lemongrass Tonic - Reed Diffusers		6x50ml	31.15 V		*8.90*	**891434**
	Lavender - Reed Diffusers		6x50ml	31.15 V		*8.90*	**891436**
	Orange Clove Cinnamon - Reed Diffusers		6x50ml	33.25 V		*9.50*	**891438**
	Spare Reeds		10x10 reeds	4.15 V		*0.70*	**891439**
⁜	***Heaven Scent - Reed Diffuser Refill - 100ml bottle***						
	Citrus Lemongrass Tonic - refill		6x100ml	26.65 V		*7.60*	**891440**
	Lavender - refill		6x100ml	26.65 V		*7.60*	**891442**
	Orange Clove Cinnamon - refill		6x100ml	26.65 V		*7.60*	**891446**
⁜	***Heaven Scent - vegan - Tealights - 4 hour***						
	Tealights 24p - unscented		1x24p	3.30 V		*5.65*	**891405**
⁜	***incognito***						
	Citronella Incense Sticks		1x10p	4.45 V		*7.62*	**890990**
	Java Citronella Essential Oil	*organic*	1x10ml	5.60 V		*9.56*	**890995**
	see the Toiletries & Natural Remedies section for the rest of this anti-insect range						
⁜	***Nutley Hall Beeswax Candles***						
	Birthday Candles 60mm x 8mm		1x12	3.35 V		*5.35*	**891005**
	Chunky Candles 140mm x 30mm		1xpair	7.50 V		*12.05*	**891007**
	Normal Candles 160mm x 20mm		1xpair	4.35 V		*7.00*	**891015**
	Stubby Candles 55mm x 30mm		1xsingle	2.50 V		*4.00*	**891020**
	Big Candles 250mm x 20mm		1xpair	6.85 V		*11.00*	**891025**
⁜	***Waft - vegan plant based pump air fresheners***						
▲	Waft of Geranium Air Freshener Spray		6x100ml	24.30 V		*6.49*	**891034**
▲	Waft of Lavender Air Freshener Spray		6x100ml	24.30 V		*6.49*	**891036**
▲	Waft of Lemongrass Air Freshener Spray		6x100ml	24.30 V		*6.49*	**891038**
▲	Waft of Orange Air Freshener Spray		6x100ml	24.30 V		*6.49*	**891039**
▲	Waft of Rose Air Freshener Spray		6x100ml	24.30 V		*6.49*	**891042**

■ Packaging & Publications

⁜	***Liz Cook Charts - all Charts in cardboard tubes***						
	Essential Oils For Home Use Chart		1x1	3.85 V		*6.16*	**950602**
	Natural Cleaning Solutions Chart		1x1	3.85 V		*6.16*	**950606**
	Natural First Aid Chart		1x1	3.85 V		*6.16*	**950607**
	Nutritional Chart		1x1	3.85 V		*6.16*	**950610**
	Woman's Healing Herb Chart		1x1	3.85 V		*6.16*	**950615**
	Rainbow Food Activity Chart		1x1	3.85 V		*6.16*	**950620**
	Yoga Chart		1x1	3.85 V		*6.16*	**950625**
	Seasonal Fruit & Veg Chart		1x1	3.85 V		*6.16*	**950630**
	Children's Colouring Plate		1x1	3.85 V		*6.16*	**950632**
⁜	***Lunar Organics***						
	2024 calendar in a cardboard tube with explanatory booklet						
	Single - In Tune with the Moon - lunar gardening calendar		1x1p	7.35 V		*11.83*	**950590**
⁜	***Brown Paper Bags - Polyethylene lined heat sealable***						
	The measurements describe bag width x depth x height						
	Brown Lined Heat Sealable Paper Bags - 90x60x252mm		750	85.00 V	0.11		**970455**
	Brown Lined Heat Sealable Paper Bags - 90x65x230mm		700	78.70 V	0.11		**970495**
⁜	***Brown Paper Bags - unlined***						
	The measurements describe bag width x depth x height						
	Paper Bags - 90x50x190mm		250	19.90 V	0.08		**970501**
	Paper Bags - 150x215x310mm		250	14.50 V	0.06		**970505**
	Paper Bags - 175x290x345mm		250	20.00 V	0.08		**970510**
⁜	***Polyprop Bags***						
	Bags 76x125x229mm (polyprop)		1000	28.10 V	0.03		**971015**
	Bags 90x150x280mm (polyprop)		1000	61.00 V	0.06		**971020**
	Bags 150x200x305mm (polyprop)		1000	64.00 V	0.06		**971023**

brand index

& 0-9

&Sisters by Mooncup
Household & Industrial Cleaning Products 117
Toiletries & Natural Remedies 121
11 O'clock Tea
Teas - Herb 78

A

A. Vogel
Nuts and Seeds 33
Condiments, Stocks, Salt & Misc Foods 110
Kitchen & Household Goods 115
Abea
Oils & Fats 50
Absolute Aromas
Aromatherapy, Candles & Incense 138
Toiletries & Natural Remedies 121
Aconbury Sprouts
Cereal Grains 24
Nuts and Seeds 33
Aduna
Supplementary Foods 113
AH Table
Kitchen & Household Goods 114
Alara
Breakfast Cereals & Cereal Flakes 28
Nuts and Seeds 33
Aloe Dent
Toothpaste, Brushes & Oral Hygiene 135
Toothpaste, Brushes & Oral Hygiene 136
Alpro
Drinks - Soya, Nut, Grain, Milk & Desserts 94
Alter Eco
Sweet Snacks & Confections 99
Alter/Native
Kitchen & Household Goods 115
Toiletries & Natural Remedies 121
Toiletries & Natural Remedies 122
Amaizin
Bread, Rice Cakes, Crackers etc 46
Convenience Foods 69
Sauces, Fruit and Vegetable Products 63
Savoury Snacks 96
Amisa
Bread, Rice Cakes, Crackers etc 46
Breakfast Cereals & Cereal Flakes 28
Convenience Foods 69
Flours & Baking Requisites 25
Pasta 42
Anaé
Toiletries & Natural Remedies 122
Aqua Oleum
Aromatherapy, Candles & Incense 139
Aromatherapy, Candles & Incense 140
Toiletries & Natural Remedies 121
Aquapax
Drinks - Juices, Cordials & Water 90
Aries
Kitchen & Household Goods 115
Artisan Grains
Cereal Grains 24
Convenience Foods 69
Aspall
Vinegars 62
Ayurvediq
Supplementary Foods 113

B

Balmonds
Toiletries & Natural Remedies 123
Barley Cup
Coffee Subs, Malt Drinks, Carob & Cocoa 87
Beaming Baby
Baby & Children's Food and Baby Products 74
Toiletries & Natural Remedies 121
Bear
Breakfast Cereals & Cereal Flakes 28
Sweet Snacks & Confections 99
Sweet Snacks & Confections 100
Being Fare
Kitchen & Household Goods 115
Belvoir
Drinks - Carbonated 93
Drinks - Herbal, Tonic, Coconut and Iced Tea 88
Drinks - Juices, Cordials & Water 90
Ben & Anna
Toiletries & Natural Remedies 123
Toothpaste, Brushes & Oral Hygiene 136
Benevo
Pet Products 114
BeSaucy
Sauces, Fruit and Vegetable Products 63
Better Than
Cereal Grains 24
Convenience Foods 69
Noodles 45
Pasta 42
BetterYou
Drinks - Juices, Cordials & Water 90
Supplementary Foods 113
Toiletries & Natural Remedies 123
Big Tom
Drinks - Juices, Cordials & Water 90
Billingtons
Honey, Syrup, Sugar & Sweeteners 57
Bio-D
Baby & Children's Food and Baby Products 74
Household & Industrial Cleaning Products 117
Toiletries & Natural Remedies 124
BioFair
Pasta 42
Biona
Biscuits and Cakes 49
Bread, Rice Cakes, Crackers etc 46
Breakfast Cereals & Cereal Flakes 29
Cereal Grains 24
Condiments, Stocks, Salt & Misc Foods 110
Convenience Foods 70
Drinks - Herbal, Tonic, Coconut and Iced Tea 88
Drinks - Juices, Cordials & Water 90
Drinks - Juices, Cordials & Water 91
Drinks - Soya, Nut, Grain, Milk & Desserts 94
Flours & Baking Requisites 25
Honey, Syrup, Sugar & Sweeteners 57
Japanese Products, Miso, Soy Sauce, Tofu 76
Noodles 45
Nut Butter, Pâté, Spreads & Jam 52
Nut Butter, Pâté, Spreads & Jam 53
Nuts and Seeds 34
Oils & Fats 50
Olives, Pickles and Preserved Vegetables 60
Pasta 42
Sauces, Fruit and Vegetable Products 63
Sauces, Fruit and Vegetable Products 64
Savoury Snacks 96
Sweet Snacks & Confections 100
Vinegars 62
Bionova
Nut Butter, Pâté, Spreads & Jam 53
Olives, Pickles and Preserved Vegetables 60
Bioreal
Flours & Baking Requisites 25
Bird & Wild
Coffee 85
Bo Weevil
Kitchen & Household Goods 115
Bonsan
Convenience Foods 70
Nut Butter, Pâté, Spreads & Jam 53
Sauces, Fruit and Vegetable Products 64
Bonsoy
Drinks - Soya, Nut, Grain, Milk & Desserts 94
Booja Booja
Sweet Snacks & Confections 101
Bos Teas
Teas - Herb 78
Bounce Balls
Sweet Snacks & Confections 101
Bread Matters
Flours & Baking Requisites 25

C

Cachet
Sweet Snacks & Confections 101
Cafe Rebelde
Coffee 85
CaféDirect
Coffee 85
Captain Kombucha
Drinks - Herbal, Tonic, Coconut and Iced Tea 88
Carley's
Condiments, Stocks, Salt & Misc Foods 110
Nut Butter, Pâté, Spreads & Jam 53
Nut Butter, Pâté, Spreads & Jam 54
Olives, Pickles and Preserved Vegetables 60
Sauces, Fruit and Vegetable Products 64
Cawston Press
Drinks - Carbonated 93
Drinks - Juices, Cordials & Water 91
Celestial Seasonings
Teas - Herb 78
Teas - Herb 79
Cheeky Panda
Kitchen & Household Goods 115
Chicza
Sweet Snacks & Confections 101
Choc Chick
Sweet Snacks & Confections 102
Chocolate and Love
Sweet Snacks & Confections 102
Clearspring
Bread, Rice Cakes, Crackers etc 46
Bread, Rice Cakes, Crackers etc 47
Cereal Grains 24
Condiments, Stocks, Salt & Misc Foods 110
Honey, Syrup, Sugar & Sweeteners 57
Japanese Products, Miso, Soy Sauce, Tofu 76
Japanese Products, Miso, Soy Sauce, Tofu 77
Kitchen & Household Goods 115
Noodles 45
Nut Butter, Pâté, Spreads & Jam 54
Oils & Fats 50
Olives, Pickles and Preserved Vegetables 60
Pasta 43
Sauces, Fruit and Vegetable Products 65
Savoury Snacks 96
Sea Vegetables 77
Teas - Black, Green & White 82
Vinegars 62
Clif Bars
Sweet Snacks & Confections 102
Clipper
Coffee 86
Coffee Subs, Malt Drinks, Carob & Cocoa 87
Drinks - Herbal, Tonic, Coconut and Iced Tea 89
Teas - Black, Green & White 82
Teas - Black, Green & White 83
Teas - Herb 79
Cocoa Loco
Sweet Snacks & Confections 102
Cocofina
Condiments, Stocks, Salt & Misc Foods 110
Drinks - Herbal, Tonic, Coconut and Iced Tea 89
Oils & Fats 51
Coconut Merchant
Honey, Syrup, Sugar & Sweeteners 58
Nuts and Seeds 34
Oils & Fats 51
Sauces, Fruit and Vegetable Products 65
Community Foods
Breakfast Cereals & Cereal Flakes 29
Comvita
Honey, Syrup, Sugar & Sweeteners 58
Conscious Chocolate
Sweet Snacks & Confections 102
Cornish Sea Salt
Condiments, Stocks, Salt & Misc Foods 110
Cornish Seaweed Company
Sea Vegetables 78
Supplementary Foods 113
Counter Culture
Drinks - Herbal, Tonic, Coconut and Iced Tea 89
Crane Brand
Herbs and Spices 40
Crazy Jack
Dried Fruit 37
Nuts and Seeds 34

D

Delouis Fils
Sauces, Fruit and Vegetable Products 65
Devon Cottage
Sweet Snacks & Confections 102
Sweet Snacks & Confections 103
Divine
Coffee Subs, Malt Drinks, Carob & Cocoa 87
Sweet Snacks & Confections 103
Do-It
Sea Vegetables 78
Doves Farm
Biscuits and Cakes 49
Breakfast Cereals & Cereal Flakes 29
Flours & Baking Requisites 25
Flours & Baking Requisites 26
Pasta 43
Sweet Snacks & Confections 103

brand index

Dr Bronner's
- Toiletries & Natural Remedies 124
- Toothpaste, Brushes & Oral Hygiene 136

Dragonfly
- Teas - Black, Green & White 83
- Teas - Herb 79

E

e-cloth
- Household & Industrial Cleaning Products 118

Earth Conscious
- Baby & Children's Food and Baby Products 74
- Toiletries & Natural Remedies 125

Earth Friendly
- Toiletries & Natural Remedies 125

Easy Bean
- Bread, Rice Cakes, Crackers etc 47

Eat Real
- Savoury Snacks 97

Eat Wholesome
- Vinegars 62

Ecoegg
- Household & Industrial Cleaning Products 118

Ecoleaf
- Household & Industrial Cleaning Products 118
- Kitchen & Household Goods 115
- Toiletries & Natural Remedies 125

EcoLifestyle
- Kitchen & Household Goods 115

ecoLiving
- Kitchen & Household Goods 116
- Toothpaste, Brushes & Oral Hygiene 136

Ecover
- Household & Industrial Cleaning Products 118
- Household & Industrial Cleaning Products 119
- Household & Industrial Cleaning Products 120
- Toiletries & Natural Remedies 125

El Avion
- Herbs and Spices 40

Ella's Kitchen
- Baby & Children's Food and Baby Products 74
- Baby & Children's Food and Baby Products 75

English Tea Shop
- Teas - Black, Green & White 83
- Teas - Herb 79

Epikouros
- Oils & Fats 51
- Olives, Pickles and Preserved Vegetables 61

Equal Exchange
- Coffee 86
- Coffee Subs, Malt Drinks, Carob & Cocoa 87
- Honey, Syrup, Sugar & Sweeteners 58
- Sweet Snacks & Confections 103

Essential Trading
- Condiments, Stocks, Salt & Misc Foods 110
- Honey, Syrup, Sugar & Sweeteners 58
- Kitchen & Household Goods 116
- Nut Butter, Pâté, Spreads & Jam 54
- Oils & Fats 51
- Sauces, Fruit and Vegetable Products 66
- Teas - Herb 79

Ethique
- Toiletries & Natural Remedies 125

Everfresh
- Biscuits and Cakes 49
- Bread, Rice Cakes, Crackers etc 47

Explore Cuisine
- Pasta 43

F

Fairfields
- Savoury Snacks 97

Faith in Nature
- Household & Industrial Cleaning Products 120
- Pet Products 114
- Toiletries & Natural Remedies 125
- Toiletries & Natural Remedies 126
- Toiletries & Natural Remedies 127
- Toiletries & Natural Remedies 128

Fentimans
- Drinks - Carbonated 93

Fiorentini
- Bread, Rice Cakes, Crackers etc 47
- Savoury Snacks 98

Floradix
- Supplementary Foods 113
- Teas - Herb 79

Florentin
- Bread, Rice Cakes, Crackers etc 47

Food Alive
- Honey, Syrup, Sugar & Sweeteners 58
- Toothpaste, Brushes & Oral Hygiene 136

Forest Wholefoods
- Herbs and Spices 40
- Oils & Fats 51
- Supplementary Foods 113
- Teas - Herb 79

Foresta Fungus
- Sauces, Fruit and Vegetable Products 66

Free & Easy
- Condiments, Stocks, Salt & Misc Foods 110
- Convenience Foods 70
- Convenience Foods 71

Free From Fellows
- Sweet Snacks & Confections 103

Freedom Confectionery
- Sweet Snacks & Confections 103

Freee
- Breakfast Cereals & Cereal Flakes 29

Friendly Soaps
- Household & Industrial Cleaning Products 120
- Toiletries & Natural Remedies 129

FruTeto Italia
- Nut Butter, Pâté, Spreads & Jam 54

Frutina
- Sweet Snacks & Confections 103

G

General Food Merchants
- Honey, Syrup, Sugar & Sweeteners 58

Geo
- Convenience Foods 71

Geo Organics
- Condiments, Stocks, Salt & Misc Foods 110
- Convenience Foods 71
- Honey, Syrup, Sugar & Sweeteners 58
- Olives, Pickles and Preserved Vegetables 61
- Sauces, Fruit and Vegetable Products 66

Georganics
- Toothpaste, Brushes & Oral Hygiene 136

Glebe Farm
- Drinks - Soya, Nut, Grain, Milk & Desserts 94

Good Hemp
- Drinks - Soya, Nut, Grain, Milk & Desserts 94

Granose
- Convenience Foods 71

Greater Goods
- Aromatherapy, Candles & Incense 140
- Aromatherapy, Candles & Incense 141

Green and Black's
- Coffee Subs, Malt Drinks, Carob & Cocoa 87
- Sweet Snacks & Confections 103

Green People
- Baby & Children's Food and Baby Products 75
- Toiletries & Natural Remedies 129
- Toiletries & Natural Remedies 130
- Toothpaste, Brushes & Oral Hygiene 136

Green Valleys
- Honey, Syrup, Sugar & Sweeteners 58

Greenfrog
- Household & Industrial Cleaning Products 120

Grumpy Mule
- Coffee 86

Gusto
- Drinks - Herbal, Tonic, Coconut and Iced Tea 89
- Drinks - Juices, Cordials & Water 91

H

H!P Chocolate
- Sweet Snacks & Confections 103

Hambleden
- Aromatherapy, Candles & Incense 141
- Coffee Subs, Malt Drinks, Carob & Cocoa 87
- Condiments, Stocks, Salt & Misc Foods 110
- Herbs and Spices 40
- Teas - Black, Green & White 83
- Teas - Herb 80

Hampstead
- Teas - Black, Green & White 83
- Teas - Herb 80

Happy Butter
- Oils & Fats 51

Harry Brand
- Sauces, Fruit and Vegetable Products 66

Heaven Scent
- Aromatherapy, Candles & Incense 141
- Aromatherapy, Candles & Incense 142

Hellenic Sun
- Oils & Fats 51
- Olives, Pickles and Preserved Vegetables 61

Herbatint™
- Toiletries & Natural Remedies 130
- Toiletries & Natural Remedies 131

Herons Folly Garden
- Drinks - Juices, Cordials & Water 91
- Vinegars 62

Higher Nature
- Toiletries & Natural Remedies 131

Hippeas
- Savoury Snacks 98

Hodmedod's
- Beans Peas and Pulses 31
- Convenience Foods 71
- Nuts and Seeds 36
- Savoury Snacks 98

Honegar
- Drinks - Herbal, Tonic, Coconut and Iced Tea 89

Hu Chocolate
- Sweet Snacks & Confections 104

Hydrophil
- Toiletries & Natural Remedies 131
- Toothpaste, Brushes & Oral Hygiene 137

IJ

IBIS
- Bread, Rice Cakes, Crackers etc 47
- Cereal Grains 25

If You Care
- Kitchen & Household Goods 116

incognito
- Aromatherapy, Candles & Incense 142
- Toiletries & Natural Remedies 131

Infinity Foods
- Beans Peas and Pulses 31
- Breakfast Cereals & Cereal Flakes 28
- Breakfast Cereals & Cereal Flakes 29
- Cereal Grains 24
- Coffee 86
- Coffee Subs, Malt Drinks, Carob & Cocoa 87
- Coffee Subs, Malt Drinks, Carob & Cocoa 88
- Dried Fruit 37
- Dried Fruit 38
- Flours & Baking Requisites 26
- Flours & Baking Requisites 27
- Herbs and Spices 38
- Herbs and Spices 39
- Herbs and Spices 41
- Honey, Syrup, Sugar & Sweeteners 58
- Kitchen & Household Goods 116
- Nuts and Seeds 34
- Nuts and Seeds 36
- Oils & Fats 51
- Pasta 43
- Sauces, Fruit and Vegetable Products 66
- Savoury Snacks 98
- Supplementary Foods 113
- Sweet Snacks & Confections 103
- Sweet Snacks & Confections 104

Island Bakery
- Biscuits and Cakes 49

It's Soya Good
- Convenience Foods 71

Jack N'Jill
- Toothpaste, Brushes & Oral Hygiene 137

James White
- Drinks - Juices, Cordials & Water 91

Joya
- Drinks - Soya, Nut, Grain, Milk & Desserts 94

Just Wholefoods
- Convenience Foods 71
- Drinks - Soya, Nut, Grain, Milk & Desserts 94
- Sweet Snacks & Confections 104

K

Kallo Foods
- Bread, Rice Cakes, Crackers etc 47
- Breakfast Cereals & Cereal Flakes 30
- Condiments, Stocks, Salt & Misc Foods 110
- Nut Butter, Pâté, Spreads & Jam 54

Karg
- Bread, Rice Cakes, Crackers etc 48

brand index

Karma Drinks
Drinks - Carbonated 93
Drinks - Carbonated 94
King Soba
Bread, Rice Cakes, Crackers etc 48
Japanese Products, Miso, Soy Sauce, Tofu 77
Noodles 45
Kingfisher
Toothpaste, Brushes & Oral Hygiene 137
Kitchen Garden
Herbs and Spices 39
Herbs and Spices 41
Sauces, Fruit and Vegetable Products 66
Koko
Drinks - Soya, Nut, Grain, Milk & Desserts 95
Kookie Cat
Biscuits and Cakes 49
Krokos Kozanis
Herbs and Spices 42

L

La Bio Idea
Convenience Foods 71
Oils & Fats 51
Pasta 43
Pasta 44
Sauces, Fruit and Vegetable Products 66
La Corvette Marseille
Household & Industrial Cleaning Products 120
La Droguerie Ecologique
Household & Industrial Cleaning Products 120
Kitchen & Household Goods 116
Toiletries & Natural Remedies 131
La Terra E Il Cielo
Pasta 44
Lansinoh
Baby & Children's Food and Baby Products 75
Lavera
Toiletries & Natural Remedies 131
Toothpaste, Brushes & Oral Hygiene 137
Le Pain des Fleurs
Bread, Rice Cakes, Crackers etc 48
Lesbian Donkey
Oils & Fats 51
Life Water
Drinks - Juices, Cordials & Water 92
Little Pod
Condiments, Stocks, Salt & Misc Foods 111
Liz Cook Charts
Packaging & Publications 142
Lizi's
Breakfast Cereals & Cereal Flakes 30
Lo Bros
Drinks - Herbal, Tonic, Coconut and Iced Tea 89
LoofCo
Household & Industrial Cleaning Products 120
Lunar Organics
Packaging & Publications 142
Luscombe
Drinks - Carbonated 94
Drinks - Juices, Cordials & Water 92

M

Ma Baker
Sweet Snacks & Confections 104
Maldon Crystal Salt Company
Condiments, Stocks, Salt & Misc Foods 111
Mani
Oils & Fats 52
Olives, Pickles and Preserved Vegetables 61
Marigold
Condiments, Stocks, Salt & Misc Foods 111
Convenience Foods 71
Japanese Products, Miso, Soy Sauce, Tofu 77
Savoury Snacks 98
Meridian
Honey, Syrup, Sugar & Sweeteners 58
Nut Butter, Pâté, Spreads & Jam 54
Nut Butter, Pâté, Spreads & Jam 55
Sauces, Fruit and Vegetable Products 67
Mighty Brew
Drinks - Herbal, Tonic, Coconut and Iced Tea 89
Minor Figures
Drinks - Soya, Nut, Grain, Milk & Desserts 95
Mister Free'd
Savoury Snacks 98
Montezuma's
Sweet Snacks & Confections 104
Sweet Snacks & Confections 105
Mooncup Ltd
Toiletries & Natural Remedies 131
Morgiel
Olives, Pickles and Preserved Vegetables 61
Mornflake
Breakfast Cereals & Cereal Flakes 30
Flours & Baking Requisites 27
Mr Organic
Biscuits and Cakes 49
Convenience Foods 72
Drinks - Juices, Cordials & Water 92
Nut Butter, Pâté, Spreads & Jam 55
Oils & Fats 52
Olives, Pickles and Preserved Vegetables 61
Pasta 44
Sauces, Fruit and Vegetable Products 67
Vinegars 62
Mrs Mack's
Sauces, Fruit and Vegetable Products 67

N

Nairn's
Biscuits and Cakes 50
Bread, Rice Cakes, Crackers etc 48
Nakd
Sweet Snacks & Confections 105
Sweet Snacks & Confections 106
Natco
Savoury Snacks 98
Natex
Nut Butter, Pâté, Spreads & Jam 55
Natracare
Baby & Children's Food and Baby Products 75
Toiletries & Natural Remedies 131
Toiletries & Natural Remedies 132
Nature's Path
Breakfast Cereals & Cereal Flakes 30
Naturya
Supplementary Foods 114
Nielsen-Massey
Condiments, Stocks, Salt & Misc Foods 111
Nitty Gritty
Toiletries & Natural Remedies 132
Notorious Nooch
Condiments, Stocks, Salt & Misc Foods 111
Nutcessity
Nut Butter, Pâté, Spreads & Jam 55
Nutley Hall
Aromatherapy, Candles & Incense 142
Nutty Bruce
Drinks - Soya, Nut, Grain, Milk & Desserts 95

O

Oakwood Farm
Drinks - Juices, Cordials & Water 92
Oatly
Drinks - Soya, Nut, Grain, Milk & Desserts 95
Oatopia
Sweet Snacks & Confections 106
Ocean's Halo
Japanese Products, Miso, Soy Sauce, Tofu 77
Sea Vegetables 78
Odyskin
Toiletries & Natural Remedies 132
OHMG
Drinks - Juices, Cordials & Water 92
OHSOMISO
Japanese Products, Miso, Soy Sauce, Tofu 77
Oliva
Toiletries & Natural Remedies 133
Ombar
Sweet Snacks & Confections 106
OMG Teas
Teas - Black, Green & White 84
One Green Bottle
Kitchen & Household Goods 116
Organic Herb Trading
Herbs and Spices 39
Teas - Black, Green & White 84
Teas - Herb 80
Organic Seed & Bean
Sweet Snacks & Confections 106
Sweet Snacks & Confections 107
Organic The Best
Oils & Fats 52
Organica
Sweet Snacks & Confections 106
Organico
Bread, Rice Cakes, Crackers etc 48
Convenience Foods 72
Flours & Baking Requisites 27
Nut Butter, Pâté, Spreads & Jam 55
Oils & Fats 52
Olives, Pickles and Preserved Vegetables 61
Sauces, Fruit and Vegetable Products 68
Vinegars 63
Organii
Toiletries & Natural Remedies 133
Toothpaste, Brushes & Oral Hygiene 137
Organix
Baby & Children's Food and Baby Products 75
Orgran
Bread, Rice Cakes, Crackers etc 48
Condiments, Stocks, Salt & Misc Foods 111
Convenience Foods 72
Pasta 44
Ouse Valley
Nut Butter, Pâté, Spreads & Jam 55
Nut Butter, Pâté, Spreads & Jam 56
Olives, Pickles and Preserved Vegetables 61

P

Panda
Sweet Snacks & Confections 107
Parthenon Olives
Olives, Pickles and Preserved Vegetables 62
Pasta Natura
Pasta 44
Patch
Toiletries & Natural Remedies 133
Peppersmith
Sweet Snacks & Confections 107
Toothpaste, Brushes & Oral Hygiene 137
Percol
Coffee 86
Pimhill
Breakfast Cereals & Cereal Flakes 30
Pip
Baby & Children's Food and Baby Products 75
Drinks - Juices, Cordials & Water 92
Sweet Snacks & Confections 107
Plamil
Drinks - Soya, Nut, Grain, Milk & Desserts 95
Play in Choc
Sweet Snacks & Confections 107
Prewett's
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Nuts and Seeds 35
Profusion
Bread, Rice Cakes, Crackers etc 48
Condiments, Stocks, Salt & Misc Foods 111
Convenience Foods 72
Pasta 44
Pronatec
Honey, Syrup, Sugar & Sweeteners 58
Pukka
Teas - Black, Green & White 84
Teas - Herb 80
Purdey's
Drinks - Herbal, Tonic, Coconut and Iced Tea 89

QR

Qi Herbal Health
Teas - Black, Green & White 84
Raw Chocolate Co.
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Honey, Syrup, Sugar & Sweeteners 59
Sweet Snacks & Confections 107
Sweet Snacks & Confections 108
Raw Health
Nuts and Seeds 35
Oils & Fats 52
Olives, Pickles and Preserved Vegetables 62
Raw Living
Nuts and Seeds 36
Supplementary Foods 114
Raw Vibrant Living
Honey, Syrup, Sugar & Sweeteners 58
Vinegars 63
Rayner's
Condiments, Stocks, Salt & Misc Foods 112
Honey, Syrup, Sugar & Sweeteners 59
Vinegars 63

brand index

Real Natural
Olives, Pickles and Preserved Vegetables 62
Real Organic Foods Co.
Sauces, Fruit and Vegetable Products 68
Red Roaster
Coffee 87
Rhythm 108
Biscuits and Cakes 50
Sweet Snacks & Confections 108
Ricola
Sweet Snacks & Confections 108
RIFCo
Convenience Foods 72
Rio Rosa Mosqueta
Toiletries & Natural Remedies 133
River Cottage
Condiments, Stocks, Salt & Misc Foods 112
Rocks
Drinks - Juices, Cordials & Water 92
Rude Health
Bread, Rice Cakes, Crackers etc 48
Breakfast Cereals & Cereal Flakes 30
Drinks - Soya, Nut, Grain, Milk & Desserts 95
Savoury Snacks 99

S

S.I.Lesaffre
Flours & Baking Requisites 27
Saffron Direct
Herbs and Spices 42
Salt Company
Condiments, Stocks, Salt & Misc Foods 112
Sanchi
Japanese Products, Miso, Soy Sauce, Tofu 77
Sarakan
Toothpaste, Brushes & Oral Hygiene 137
Seagreens
Sea Vegetables 78
Seggiano
Biscuits and Cakes 50
Bread, Rice Cakes, Crackers etc 48
Cereal Grains 25
Pasta 44
Sauces, Fruit and Vegetable Products 68
Vinegars 63
Sel de Guerande
Condiments, Stocks, Salt & Misc Foods 112
Shade
Toiletries & Natural Remedies 133
Shady Maple Farms
Honey, Syrup, Sugar & Sweeteners 59
Shipton Mill
Flours & Baking Requisites 27
Nuts and Seeds 35
Shore
Savoury Snacks 99
Simple Living Eco
Household & Industrial Cleaning Products 121
Simply Gentle
Toiletries & Natural Remedies 133
Sojade
Drinks - Soya, Nut, Grain, Milk & Desserts 96
Soon
Drinks - Soya, Nut, Grain, Milk & Desserts 96
Soumi Olive Wood
Kitchen & Household Goods 116
Source
Coffee 87
Source Foods
Sauces, Fruit and Vegetable Products 68
Sproud
Drinks - Soya, Nut, Grain, Milk & Desserts 96
St Lawrence Gold
Honey, Syrup, Sugar & Sweeteners 59
Steenbergs
Condiments, Stocks, Salt & Misc Foods 112
Convenience Foods 72
Stute
Drinks - Juices, Cordials & Water 92
Suma
Convenience Foods 72
Convenience Foods 73
Dried Fruit 38
Drinks - Herbal, Tonic, Coconut and Iced Tea 90
Drinks - Juices, Cordials & Water 92
Flours & Baking Requisites 27
Kitchen & Household Goods 116
Suma - continued
Nut Butter, Pâté, Spreads & Jam 56
Oils & Fats 52
Olives, Pickles and Preserved Vegetables 62
Pasta 44
Sauces, Fruit and Vegetable Products 68
Sun & Seed
Breakfast Cereals & Cereal Flakes 31
Condiments, Stocks, Salt & Misc Foods 112
Convenience Foods 73
Nuts and Seeds 36
Oils & Fats 52
Vinegars 63
Sunita
Convenience Foods 73
Drinks - Juices, Cordials & Water 93
Nut Butter, Pâté, Spreads & Jam 56
Sauces, Fruit and Vegetable Products 68
Sweet Snacks & Confections 109
Sunwheel
Nut Butter, Pâté, Spreads & Jam 56
Supernature
Sweet Snacks & Confections 108
Sussex Orchards
Drinks - Juices, Cordials & Water 93
Sweet FA
Biscuits and Cakes 50
Sweet Revolution
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Symphony Environmental Co
Kitchen & Household Goods 116
Syramena
Honey, Syrup, Sugar & Sweeteners 59

T

Taka Turmeric
Supplementary Foods 114
Teas - Black, Green & White 84
Teas - Herb 81
Tarantella
Herbs and Spices 42
Tartex
Nut Butter, Pâté, Spreads & Jam 56
Taylor Pass
Honey, Syrup, Sugar & Sweeteners 59
The Cornish Seaweed Company
Sea Vegetables 78
Supplementary Foods 113
The Lesbian Donkey
Oils & Fats 51
The Maldon Crystal Salt Company
Condiments, Stocks, Salt & Misc Foods 111
The Raw Chocolate Co.
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Honey, Syrup, Sugar & Sweeteners 59
Sweet Snacks & Confections 107
Sweet Snacks & Confections 108
The Real Organic Foods Co.
Sauces, Fruit and Vegetable Products 68
The Salt Company
Condiments, Stocks, Salt & Misc Foods 112
Thursday Cottage
Nut Butter, Pâté, Spreads & Jam 56
Tiana
Flours & Baking Requisites 27
Honey, Syrup, Sugar & Sweeteners 59
Tick Tock
Teas - Herb 81
Total Sweet
Honey, Syrup, Sugar & Sweeteners 59
Trafo
Savoury Snacks 99
Trapani
Condiments, Stocks, Salt & Misc Foods 112
Trek
Sweet Snacks & Confections 109
Tropi Snax
Sweet Snacks & Confections 109
Tropical Wholefoods
Dried Fruit 38
Sauces, Fruit and Vegetable Products 68
Sweet Snacks & Confections 109
Truffle Hunter
Oils & Fats 52
Truthpaste
Toothpaste, Brushes & Oral Hygiene 137

UV

UFC
Drinks - Herbal, Tonic, Coconut and Iced Tea 90
Uhhamami
Condiments, Stocks, Salt & Misc Foods 112
Urtekram
Toiletries & Natural Remedies 133
Toiletries & Natural Remedies 134
Toothpaste, Brushes & Oral Hygiene 138
Vaynilla
Herbs and Spices 42
Vego
Nut Butter, Pâté, Spreads & Jam 56
Sweet Snacks & Confections 109
Vertmont
Honey, Syrup, Sugar & Sweeteners 59
Vitacore
Drinks - Juices, Cordials & Water 93
Vivani
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Sweet Snacks & Confections 109
Sweet Snacks & Confections 110

W

Waft
Aromatherapy, Candles & Incense 142
Wainwright's
Honey, Syrup, Sugar & Sweeteners 59
Weleda
Baby & Children's Food and Baby Products 75
Toiletries & Natural Remedies 134
Toiletries & Natural Remedies 135
Westcountry Spice
Sauces, Fruit and Vegetable Products 68
Sauces, Fruit and Vegetable Products 69
Whole Earth
Breakfast Cereals & Cereal Flakes 31
Coffee Subs, Malt Drinks, Carob & Cocoa 88
Drinks - Carbonated 94
Nut Butter, Pâté, Spreads & Jam 56
Wilkin & Sons of Tiptree
Nut Butter, Pâté, Spreads & Jam 57

XYZ

Yakso
Bread, Rice Cakes, Crackers etc 48
Convenience Foods 73
Honey, Syrup, Sugar & Sweeteners 59
Noodles 45
Sauces, Fruit and Vegetable Products 69
Yaoh
Toiletries & Natural Remedies 135
Yaweco
Toothpaste, Brushes & Oral Hygiene 138
Yogi Tea
Drinks - Soya, Nut, Grain, Milk & Desserts 96
Teas - Black, Green & White 85
Teas - Herb 81
Teas - Herb 82
Zaytoun
Cereal Grains 25
Condiments, Stocks, Salt & Misc Foods 112
Dried Fruit 38
Herbs and Spices 42
Nuts and Seeds 36
Oils & Fats 52
Toiletries & Natural Remedies 135
Zest Foods
Sauces, Fruit and Vegetable Products 69

Notes

Notes

Notes

Notes

Terms and Conditions

Application and entire agreement

1. These Terms and Conditions will apply to the purchase of the goods detailed in our quotation (Goods) by the buyer (you) from Infinity Foods Wholesale Ltd a company registered in England and Wales under number IP22397R whose registered office is at 46 Dolphin Road, Shoreham-by-sea, West Sussex, BN43 6PB (we or us).
2. These Terms and Conditions will be deemed to have been accepted by you when you accept them or the quotation or from the date of any delivery of the Goods (whichever happens earlier) and will constitute the entire agreement between us and you.
3. These Terms and Conditions and the quotation (together, the Contract) apply to the purchase and sale of any Goods between us and you, to the exclusion of any other terms that you try to impose or incorporate, or which are implied by trade, custom, practice or course of dealing.

Interpretation

4. A "business day" means any day other than a Saturday, Sunday or bank holiday.
5. The headings in these Terms and Conditions are for convenience only and will not affect their interpretation.
6. Words imparting the singular number include the plural and vice-versa.

Goods

7. The description of the Goods is set out in our sales documentation, unless expressly changed in our quotation. In accepting the quotation you acknowledge that you have not relied upon any statement, promise or other representations about the Goods by us. Descriptions of the Goods set out in our sales documentation are intended as a guide only.
8. We can make any changes to the specification of the Goods which are required to conform to any applicable safety or other statutory or regulatory requirements.

Price

9. The price (Price) of the Goods is set out in our quotation current at the date of your order or such other price as we may agree in writing.
10. If the cost of the Goods to us increases due to any factor beyond our control including, but not limited to, material costs, labour costs, alteration of exchange rates or duties, or changes to delivery rates, we can increase the Price prior to delivery.
11. Any increase in the Price under the clause above will only take place after we have told you about it.
12. You may be entitled to discounts. Any and all discounts will be at our discretion.
13. The Price is inclusive of fees for packaging and transportation / delivery unless otherwise specified
14. The Price is exclusive of any applicable VAT and other taxes or levies which are imposed or charged by any competent authority.

Cancellation and alteration

15. Details of the Goods as described in the clause above (Goods) and set out in our sales documentation are subject to alteration without notice and are not a contractual offer to sell the Goods which is capable of acceptance.
16. The quotation (including any non-standard price negotiated in accordance with the clause on Price (above) is only valid at the time it is given unless different terms have been agreed with us.
17. Either of us can cancel the order for any reason prior to your acceptance (or rejection) of the quotation.

Payment

18. We will invoice you for the Price either:
a. on or at any time after delivery of the Goods; or
b. where the Goods are to be collected by you or where you wrongfully do not take delivery of the Goods, at any time after we have notified you that the Goods are ready for collection or we have tried to deliver them
19. You must pay the Price upon agreement of order. This may be prior to receipt of goods. If credit terms have been agreed between us then payment must be made within these agreed terms.
20. You must make a payment even if a delivery has not taken place i.e when an attempt to deliver has been made.
21. If you do not pay within the period set out above, we reserve our right to suspend any further deliveries to you, and without limiting any of our other rights or remedies for statutory interest, charge you interest at the rate of 5% per annum above the base rate of the Bank of England from time to time on the amount outstanding until you pay in full.
22. Time for payment will be of the essence of the Contract between us and you.
23. All payments must be made in British Pounds unless otherwise agreed in writing between us.
24. Both parties must pay all amounts due under these Terms and Conditions in full without any deduction or withholding except as required by law and neither party is entitled to assert any credit, set-off or counterclaim against the other in order to justify withholding payment of any such amount in whole or in part.

Delivery

25. We will arrange for the delivery of the Goods to the address specified in the quotation, or your order or to another location we agree in writing.
26. If you do not specify a delivery address or if we both agree, you must collect the Goods from our premises.
27. Subject to the specific terms of any special delivery service, delivery can take place at any time of the day and must be accepted at any time between 8 am to 8 pm.
28. If you do not take delivery of the Goods we may, at our discretion and without prejudice to any other rights:
a. store or arrange for the storage of the Goods and will charge you for all associated costs and expenses including, but not limited to, transportation, storage and insurance; and / or
b. make arrangements for the redelivery of the Goods and will charge you for the costs of such redelivery; and/or
c. after 10 business days, resell or otherwise dispose of part or all of the Goods and charge you for any shortfall below the price of the Goods.
29. If redelivery is not possible as set out above, you must collect the Goods from our premises and will be notified of this. We can charge you for all associated costs including, but not limited to, storage and insurance.
30. Any dates quoted for delivery are approximate only, and the time of delivery is not of the essence. We will not be liable for any delay in delivery of the Goods that is caused by a circumstance beyond our control or your failure to provide us with adequate delivery instructions or any other instructions that are relevant to the supply of the Goods.
31. We can deliver the Goods by installments, which will be invoiced and paid for separately. Each installment is a separate contract. Any delay in delivery or defect in an installment will not entitle you to cancel any other installment.

Inspection and acceptance of Goods

32. You must inspect the Goods on delivery or collection.
33. If you identify any damages or shortages, you must inform us in writing within 7 days of delivery, providing details.
34. Other than by agreement, we will only accept returned Goods if we are satisfied that those Goods are defective and if required, have carried out an inspection.
35. Subject to your compliance with this clause and/or our agreement, you may return the Goods and we will, as appropriate, repair, or replace, or refund the Goods or part of them.
36. We will be under no liability or further obligation in relation to the Goods if:
a. if you fail to provide notice as set above; and/or
b. you make any further use of such Goods after giving notice under the clause above relating to damages and shortages; and/or
c. the defect arises because you did not follow our oral or written instructions about the storage, commissioning, installation, use and maintenance of the Goods; and/or
d. The defect arises from natural deterioration of the Goods; and/ or
e. The defect arises from misuse or alteration of the Goods, negligence, wilful damage or any other act by you, your employees or agents or any other third party
37. You bear the risk and cost of returning the Goods.
38. Acceptance of the Goods will be deemed to be upon inspection of them by you and in any event immediately after delivery.

Risk and title

39. The risk in the Goods will pass to you on completion of delivery.
40. Title to the Goods will not pass to you until we have received payment in full (in cash or cleared funds) for: (a) the Goods and/or (b) any other goods or services that we have supplied to you in respect of which payment has become due.
41. Until title to the Goods has passed to you, you must (a) hold the Goods on a fiduciary basis as our bailee; and/or (b) store the goods separately and not remove, deface or obscure any identifying mark or packaging on or relating to the Goods; and/or (c) keep the Goods in satisfactory condition and keep them insured against all risks for their full price from the date of delivery.
42. As long as the Goods have not been resold, or irreversibly incorporated into another product, and without limiting any other right or remedy we may have, we can at any time ask you to deliver up the Goods and, if you fail to do so promptly, enter any of your premises or of any third party where the Goods are stored in order to recover them.

Termination

43. We can terminate the sale of Goods under the Contract where:
a. you commit a material breach of your obligations under these Terms and Conditions;
b. you are or become or, in our reasonable opinion, are about to become the subject of a bankruptcy order or take advantage of any other statutory provision for the relief of insolvent debtors;
c. you enter into a voluntary arrangement under Part 1 of the Insolvency Act 1986, or any other scheme or arrangement is made with your creditors; or
d. you convene any meeting of your creditors, enter into voluntary or compulsory liquidation, have a receiver, manager, administrator or administrative receiver appointed in respect of your assets or undertakings or any part thereof, any documents are filed with the court for the appointment of an administrator, notice of intention to appoint an administrator is given by you or any of your directors or by a qualifying floating charge holder (as defined in para. 14 of Schedule B1 of the Insolvency Act 1986), a resolution is passed or petition presented to any court for the winding up of your affairs or for the granting of an administration order, or any proceedings are commenced relating to your insolvency or possible insolvency.

Limitation of liability

44. Our liability under the Contract, and in breach of statutory duty, and in tort, misrepresentation or otherwise will be limited to this clause.
45. Subject to the clauses above on Inspection and Acceptance and Risk and Title, all warranties, conditions or other terms implied by statute or common law (save for those implied by Section 12 of the Sale of Goods Act 1979) are excluded to the fullest extent permitted by law.
46. If we do not deliver the Goods, our liability is limited, subject to the clause below, to the costs and expenses incurred by you in obtaining replacement goods of similar description and quality in the cheapest market available, less the price of the Goods.
47. Our total liability will not, in any circumstances, exceed the total amount of the Price payable by you.
48. We will not be liable (whether caused by our employees, agents or otherwise) in connection with the Goods, for:
a. any indirect, special or consequential loss, damage, costs, or expenses; and/or
b. any loss of profits; loss of anticipated profits; loss of business; loss of data; loss of reputation or goodwill; business interruption; or, other third party claims; and/or
c. any failure to perform any of our obligations if such delay or failure is due to any cause beyond our reasonable control; and/or
d. any losses caused directly or indirectly by any failure or breach by you in relation to your obligations; and/or
e. any loss relating to the choice of the Goods and how they will meet your purpose or the use by you of the Goods supplied.
49. The exclusions of liability contained within this clause will not exclude or limit our liability for death or personal injury caused by our negligence; or for any matter for which it would be illegal for us to exclude or limit our liability; and for fraud or fraudulent misrepresentation.

Communications

50. All notices under these Terms and Conditions must be in writing and signed by, or on behalf of, the party giving notice (or a duly authorised officer of that party).
51. Notices will be deemed to have been duly given:
a. when delivered, if delivered by courier or other messenger (including registered mail) during the normal business hours of the recipient;
b. when sent, if transmitted by fax or email and a successful transmission report or return receipt is generated;
c. on the fifth business day following mailing, if mailed by national ordinary mail; or
d. on the tenth business day following mailing, if mailed by airmail.
52. All notices under these Terms and Conditions must be addressed to the most recent address, email address or fax number notified to the other party.

Circumstances beyond the control of either party

53. Neither party shall be liable for any failure or delay in performing their obligations where such failure or delay results from any cause that is beyond the reasonable control of that party. Such causes include, but are not limited to: power failure, internet service provider failure, industrial action, civil unrest, fire, flood, storms, earthquakes, acts of terrorism, acts of war, governmental action or any other event that is beyond the control of the party in question.

No Waiver

54. No waiver by us of any breach of these Terms and Conditions by you shall be considered as a waiver of any subsequent breach of the same or any other provision.

Severance

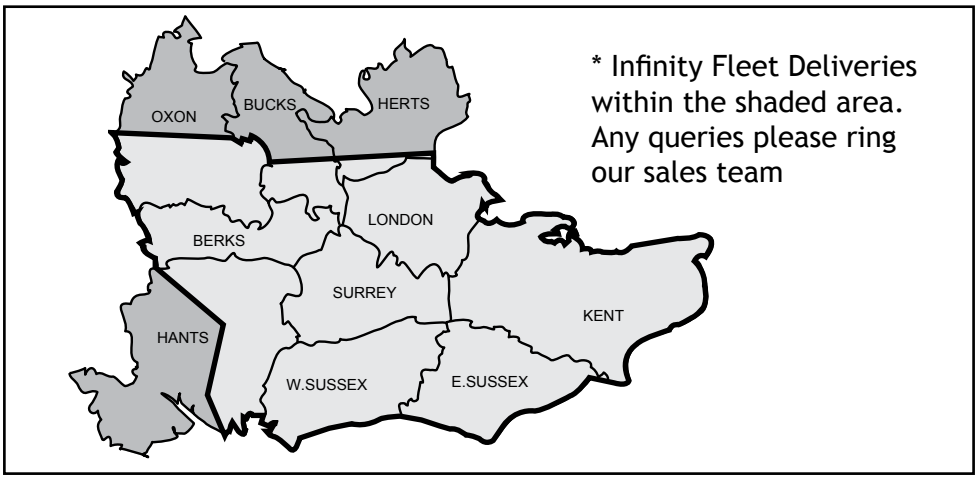
55. If one or more of these Terms and Conditions is found to be unlawful, invalid or otherwise unenforceable, that / those provisions shall be deemed severed from the remainder of these Terms and Conditions (which will remain valid and enforceable).

Law and jurisdiction

56. These Terms and Conditions are governed by and interpreted according to English law. All disputes arising under these Terms and Conditions are subject to the exclusive jurisdiction of the English courts.

Infinityfoods
trading information

Infinity Fleet Deliveries



* Infinity Fleet Deliveries within the shaded area. Any queries please ring our sales team

Delivery Days & Minimum Orders

Delivery Day	*Area within fleet delivery map*	*minimum order*	*order deadline*
Monday	North East & South East London	£250	5pm previous Thursday
	Oxford County Peripherals	£250	5pm previous Thursday
Tuesday	Brighton postal area	£200	5pm previous Friday
	(incorporating Brighton City Limits)	£150	5pm previous Friday
	West Sussex	£250	5pm previous Friday
	Oxford and the Thames Valley	£250	5pm previous Friday
Wednesday	Central & West London	£250	5pm previous Monday
	Kent	£250	5pm previous Monday
Thursday	East of the A23	£250	5pm previous Tuesday
	The Chilterns	£250	5pm previous Tuesday
	Dorset & New Forest	£250	5pm previous Tuesday
Friday	West of the A23	£250	5pm previous Wedneday
	West Surrey & East Berkshire	£250	5pm previous Wednesday
	South Wiltshire & South Somerset	£250	5pm previous Tuesday

Opening Hours

Phones staffed 8.30am to 5pm. Open for collection of goods 9am t o 1pm and 2pm to 4pm.

Orders

Our sales team can process your order by Telephone on : 01273 456376, by Fax on : 01273 463790 or by post to 46 Dolphin Road, Shoreham-By-Sea, W.Sussex, BN43 6PB. For e-mail orders please call the sales team. For deliveries we need TWO days notice in advance, for collections a minimum of 24 hours. NOTE: We cannot process same day orders for collection.

Minimum Orders

Please see the box above for the minimum orders for delivery. Minimum orders for collection are £100. An extra 2% discount is made for trade collections over and above this. All minimum order values are exclusive of VAT.

Payment

Strictly payment on delivery / collection by cash or cheque. Debit card payments are accepted over the telephone. Represented or returned cheques will incur a charge of £10. For BACS payments please call for details. All goods remain the property of Infinity Foods until paid for. Customers applying for credit will be asked to provide two trade references, please contact Simon Page for details.

Discounts

Applicable to shops only and where a COD payment is made.
Invoice nett total: over £200 - 1%, over £300 - 2%, over £400 - 3%,over £500 - 4%, over £800 - 5%, over £1500 - 6%, over £2000 - 7%.

Queries

Whilst we make every effort to ensure accuracy and quality, the occasional mistake will inevitably occur. Please check your order on arrival. You will be asked to sign for it and no claims can then be made except for quality. If you have any quality problems please call us before returning the goods.
Goods marked V carry VAT at the standard rate.

Infinityfoods
national delivery

Pallet rates for delivery areas not covered by the Infinity fleet.
Orders are normally dispatched the day FOLLOWING receipt of order.

MINIMUM ORDER FOR FREE DELIVERY	POSTCODES
AREA: 1 NEXT DAY £400	AL,B,BA,BB,BD,BL,BN,BR,BS,CB,CH,CR,CV,CW,DA,DE,DN,DY,EN,GL,GU, HA,HD,HP,HX,IG,KT,L,LE,LN,LS,LU,M,MK,NG,NN,OL,OX,PE,PR,RG,RH, RM,S,SG,SK,SL,SM,SN,ST,TF,TW,UB,WA,WD,WF,WN,WR,WS,WV.
AREA: 2 NEXT DAY £450	BH,CF,CM,CO,CT,DH,DL,DT,FY,HG,HR,HU,IP,ME,NE,NP,NR, PO-MAINLAND,SP,SO,SR,SS,TA,TN,TS,YO, E,N,NW,SE,SW.
AREA: 3 NEXT DAY £500	CA,EX,LA,LL,PL,TQ,W.
AREA: 4 NEXT DAY £600	DG,EH,FK,G,KA1-26,29-30,KY,LD,,ML,PA1-19,SA,SY,TD,TR1-20, TR26-27,TR93,EC,WC,ISLE OF WIGHT,PO30-41
AREA: 5 £700 2-3 DAYS ONLY	AB,DD,IV1-39,IV52-54,IV63,KW1-14,PH1-41,PA21-38, PA40,AB10-25,DD,PH1-18
AREA: 6 £750 2-3 DAYS ONLY	NORTHERN IRELAND BT,BT1-23,36-39 ONLY DUBLIN CITY
AREA: 7 £800 2-5 DAYS ONLY	REPUBLIC OF IRELAND (ECONOMY ONLY 2-5 WORKING DAYS)

International deliveries by arrangement.

National delivery discount structure

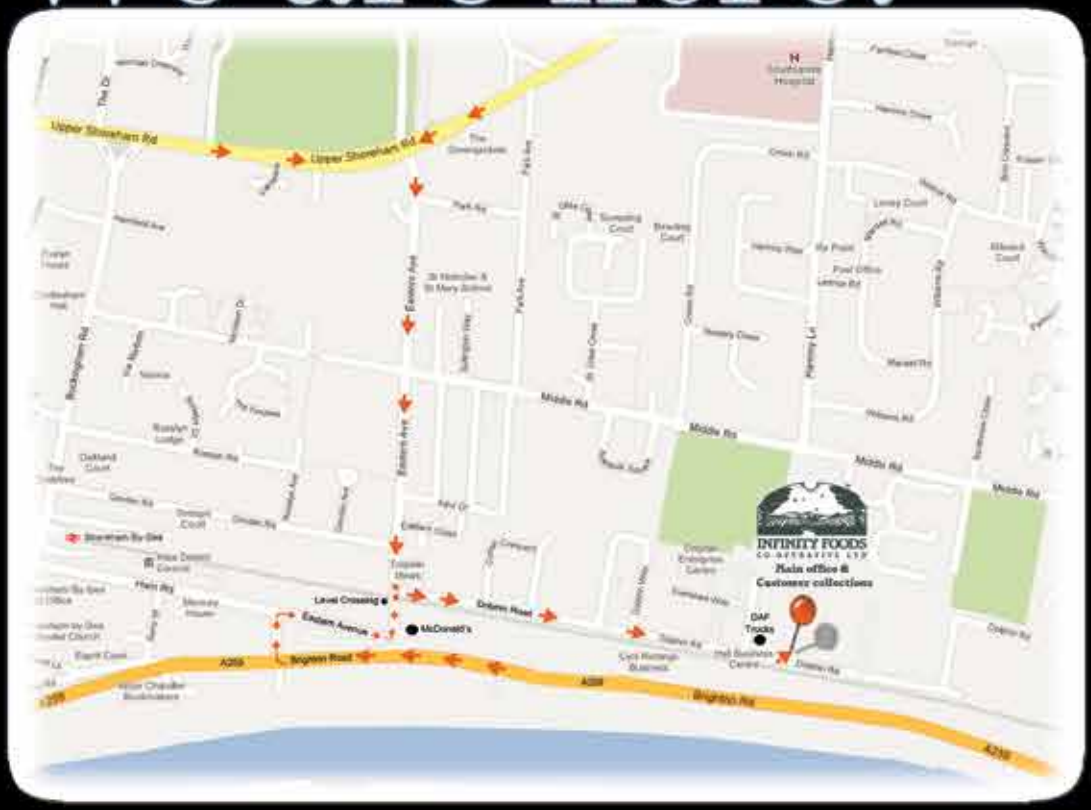
Areas 1, 2 & 3
2% over £500, 3% over £600, 4% over £700. 5% over £800, 6% over £1500, 7% over £2000
Areas 4-7 by arrangement.

Carrier information

Customers wishing to return goods must obtain agreement from us first. Should you be unsatisfied with the condition of your order upon delivery you MUST sign the CARRIERS delivery note as appropriate e.g. 'Received damaged'. If returning goods please contact the office on 01273 456376.

Infinity foods Co-operative Limited, 46 Dolphin Road, Shoreham-By-Sea, West Sussex BN43 6PB.
Tel: 01273 456376 Fax: 01273 463790. Vat Registration Number 315 6637 56.
Infinity Foods Co-Operative Limited is registered under the Co-Operative and
Community Benefit Societies Act 2014
Register number 22397R
The Registered Office is 25 North Road, Brighton BN1 1YA

We are here!



Opening hours : Monday - Friday, 8.30am - 5pm
Note* Customer collections from 46 Dolphin Road, 9am - 4pm
*Note for customers collecting from Infinity that fluorescent jackets must be worn, many thanks.

Infinity Foods
orderline

www.infinityfoodswholesale.coop

Phone: 01273 456376

Email: orders@infinity.coop*
*Note this email is for placing orders ONLY.

Infinity Foods Co-operative Limited
46 Dolphin Road, Shoreham-by-Sea, West Sussex, BN43 6PB.

FSC www.fsc.org MIX Paper from responsible sources FSC® C005739

CERTIFICATION INTERNATIONAL
ISO 9001 / ISO 14001 / OHSAS 18001
Cert No: CU8102

facebook.com/infinityfoodswholesale

https://twitter.com/infinityfoodsw