May - June 2025

Infinity Foods Catalogue

Organic & natural foods

Infinity Foods WHOLESALE
Organic & Natural Foods

A Workers Co-operative.
Supplying Organic
& Natural Wholefoods.
Since 1971.

....Naturally good!

An unparalleled range of branded goods..

An extensive and varied range of Infinity Foods own brand products.

Local, national and international delivery.

www.infinityfoods.coop
01273 456376

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Infinity Foods Special Offers

Fentimans
Botanically Brewed Drinks
12 x 275ml

25% off

Trek/Nak'd
Selected Protein Bars

20-40% off

Nak'd Protein & High Fibre Bars On 40% Discount. Trek Protein Bars On 20% Discount.

Nairns
Biscuit Breaks & Selected Gluten-Free Oatcakes

20% off

Belvoir
Entire Range

20% off

Mr Freed
Vegan Tortilla Chips

20% off

Also On Offer Are The Newly Listed Chilli Lime Fiery Hot Variety.

Dillon
Organic Vegan Keto Breads

20% off

Also On Offer Is The Dillon Chicory Fibre Syrup

Please note all offers run for two months from the 1st of the month or while stocks last. For full listing, order codes, prices & stock please see new products & offers section.

Cawston Press
Entire Range

20% off

OHMG
Magnesium Infused Sparkling Waters 12 x 250ml

20% off

Bear
Fruit Snacks

20% off

New & On Offer Are The New Bear - Splits 18 x 20g

Ecover
Selected Cleaning Products

20% off

Faith In Nature
5 Litre, 20 Litre Refil Sizes

20% off

Minor Figures
'Barista' Range Oat Drinks 6 x 1 Litre

20% off

Also On Offer At A 15% Discount Is The Minor Figures Bag In Box Oat Milk 10 Litre.

Infinity Foods Catalogue

May - June 2025

Please note all offers run for two months from the 1st of the month or while stocks last.
For full listing, order codes, prices & sizes please see new products & offers section.

Infinity Foods Special Offers

Eat Real
Selected Snacks

15-33% off

Also On Offers Varying From 15-33% Are The Seven New Lines.

Kallo
Gluten-Free 'Veggie Cakes'
6 x 122g

15% off

Pukka Ayurvedics
Organic Ayurvedic Teas
4 x 20 Bag

15% off

Meridian
Selected Nut Butters

15% off

Ma Baker
'Giant' Flapjacks 20 x 90g

15% off

Karma Drinks
Entire Range

15% off

Please note all offers run for two months from the 1st of the month or while stocks last.
For full listing, order codes, prices & stock please see new products & offers section.

Mr Organic

Selected Pasta And Cook-In Sauces

15% off

Montezuma's

Chocolate Bars 12 x 90g

15% off

Rhythm 108

Organic Vegan Chocolate Bars & Biscuits

15% off

Also Included In This Offer Are The New Rhythm 108 Spreads

Grumpy Mule

Roast & Ground Coffee & Beans

15% off

The Offer Excludes 10x 500g Sizes.

Hip Pop

Kombucha, Living Sodas In Cans 12 x 330ml

15% off

The Offer Includes New Berries & Cherries Living Soda.

Shore

Seaweed Chips

15% off

Infinity Foods Catalogue

May - June 2025

Please note all offers run for two months from the 1st of the month or while stocks last.
For full listing, order codes, prices & sizes please see new products & offers section.

Infinity Foods

New Products

Kallo

Organic Gluten-Free Golden Cornflakes 6 x 375g

These Directly Replace The Best Selling Whole Earth Cornflakes.

Belvoir

Sparkling Drinks In Cans 12 x 330ml

New & on offer 15% off

Also New & On Offer Are The Belvoir Non-Alcoholic Mocktails.

Vivani

Organic 'Impulse' Size Chocolate Bars 18 x 35g, 18 x 40g

New & on offer 15% off

On Offer With The Rest Of The Vivani 'Impulse' Range.

Epikouros

Organic Greek Olives

A Range Of Six Organic Greek Olives. In Extra Virgin Olive Oil With Herbs.

Drink Mama

Organic Vegan Low Sugar Drinks In Cans 12 x 330ml

Fairfields

Vegan Gluten-Free Chorizo & Red Wine Crisps 10 x 150g

For the full list of new products please see the new products & offers section.

Infinity Foods

New Products

Equinox

Craft Brewed Organic Kombuchas In Cans 24 x 250ml

New & on offer 15% off

Oatopia

Oatbakes 15 x 60g

New & on offer 15% off

Modern New Packaging For This Delicious, Palm-Oil Free Range Of Locally Made Bakes.

James White

Prune Juice 8 x 1 Litre

New & on offer 10% off

Also On Offer Is The James White Veg It Juice 8 x 1 Litre

Farrington's

Vegan British Rapeseed Oil & Blackberry Vinaigrette 6 x 250ml

Mr Organic

Organic Cold Pressed Italian Extra Virgin Olive Oil 6 x 750ml

Yogi Ayurvedics

Yogi Mug Offer

Buy Any 6 Cases And Receive A Case Of 12 Mugs. Please Quote Code : 571945 When Ordering

For the full list of new products please see the new products & offers section.

Infinity Foods

New Products

Raw Halo

Organic Vegan Raw Chocolate Bars & Buttons

Bio & Me

Vegan 'Gut Healthy' Breakfast Cereals

New & on offer 15% off

On Offer With The Rest Of The Bio & Me Range.

Pip & Nut

Vegan Nut Butters

Clipper

Organic Coffee Alternatives

Nocaf 9 x 100g, Wake Up 9 x 125g. These Directly Replace The Best Selling Whole Earth Lines.

Superbon

Spanish, Handcooked Potato Chips 12 x 125g

A Range Of Delicious, Artisan, Strikingly-Packed Madrid-Made Handcooked Chips

Pimhill Farm

Organic British Jumbo, Rolled Oats 5kg

Hand Packed Shropshire Grown Porridge And Jumbo Oats In Recycled Paper Packaging.

For the full list of new products please see the new products & offers section.

ORGANIC CONDIMENTS

15% OFF

SEE PAGE 66

A delicious range of condiments, suitable for every occasion. Made using organically grown and sustainably sourced ingredients.

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

ORGANIC
TOMATO RANGE

15% OFF

SEE PAGE 67

Made using sustainably grown, sun-ripened Mediterranean tomatoes.

ORGANIC PLANT-BASED

Biona ORGANIC

ORGANIC BREADS

15% OFF

SEE PAGE 44

Our organic Biona breads are lovingly baked using traditional artisan skills, including freshly grinding grains just before baking to create loaves packed with wholegrain goodness.

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

ORGANIC KOMBUCHAS

A deliciously refreshing kombucha range that addresses the increased interest in gut friendly beverages.

15% OFF

SEE PAGE 90

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

ORGANIC
COCONUT RANGE

a selection of coconut products from our best selling - coconut range

15% OFF

Milk/Cream SEE PAGE 66
Oils SEE PAGE 53

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

PRO FUSION
DRIVEN BY NATURE

POWER YOUR DAY WITH PROTEIN-PACKED NUT SNACKS

Discover our organic protein nut crunch mixes, available in two delicious flavours. Packed with protein and high in fibre, they combine soybeans, cashews, and almonds for a nutritious and satisfying snack.

- ORGANIC
- HIGH IN FIBRE
- SOURCE OF PROTEIN

NEW

www.profusionorganic.co.uk

EXCITING NEW ADDITIONS TO THE BIONA RANGE!

NEW

Oven-roasted almonds, sweet strawberries & tangy cherries wrapped in rich, velvety Fair Trade dark chocolate. Organic, pesticide-free and packaged in paper for an elegant treat.

Profusion SEE PAGE 101
Biona SEE PAGE 103

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

ORGANIC
PICKLED VEGETABLES

organically grown vegetables, perfect for salads and bbq's

SEE PAGE 62

15% OFF

ORGANIC PLANT-BASED NATURAL

Biona ORGANIC

SEE PAGE 78

NEW

ORGANIC JAPANESE MISO INSTANT SOUP

- Now Organic
- Fresh New Look
- Improved Recipe

Low Calorie | High Protein | No MSG

EST Clearspring ORGANIC 1993

ORGANIC

SESAME CONDIMENTS

15% OFF

- Made in Small Batches
- Lightly Toasted
- Amazingly Versatile

Condiments SEE PAGE 113
Noodles SEE PAGE 47
Sauces SEE PAGE 68

ORGANIC GLUTEN-FREE

PAD THAI SAUCE & NOODLES

15% OFF

- UK's First Organic + Vegan Pad Thai Sauce
- Easy to Use
- Amazingly Versatile

Refined Sugar Free

EST Clearspring ORGANIC 1993

say kallø to cornflakes so good, you'll ghost your toast

SEE PAGE 32

naturally different

say kallø

to 15% off our taste sensations

SEE PAGE 50

High source of plant protein | Gluten Free | High source of fibre

Certified B Corporation

naturally different

SOIL ASSOCIATION ORGANIC

100% FRUIT

NEW

SEE PAGE 103

1 OF YOUR 5 A DAY

THE UK's No.1 KIDS FRUIT SNACKING BRAND

20% OFF

*Source:Circana, Total Market incl. Ocado, Dried Fruit Snacking Value Sales, Latest 52w/e 22.02.2025

20% OFF

BEAR® the UK's no.1 kids fruit snacking brand*

100% real fruit | No added sugar | 1 of your 5 a day

GRRRab them now!

*Source: Circana, Total Market incl. Ocado, Dried Fruit Snacking Value Sales, Latest 52 w/e 05.10.2024

SEE PAGE 103

20% OFF

BEAR® the UK's no.1 kids fruit snacking brand*

100% real fruit | No added sugar | 1 of your 5 a day

NEW! to Infinity Foods shoppers

Grrrab them NOW!

*Source: Circana, Total Market incl. Ocado, Dried Fruit Snacking Value Sales, Latest 52 w/e 05.10.2024

Mr Organic

SEE PAGE 55

NEW In stock

(Try our new 750ml cold-pressed Olive Oil!)

mr-organic.com

Certified B Corporation

Soil Association Organic

Vegan

Mr Organic

15% OFF*

Be the PASTA MASTER!

A little organic magic for everyone

Sauces SEE PAGE 70
Pesto SEE PAGE 69
Pasta SEE PAGE 74

Certified B Corporation

SOIL ASSOCIATION ORGANIC

vegan

mr-organic.com

* Discount applies to selected lines

SEE PAGE 92

Suma

CO-OPERATIVE SINCE 1977

10% OFF Full range

WE ARE SUMA
FOOD DONE FAIRLY

Craft-brewed in Yorkshire

Organic, traditionally fermented kombucha **with natural ingredients**, and brought to you **by an ethical equal-pay worker co-op.**

SOIL ASSOCIATION ORGANIC

www.suma.coop
/sumawholefoods

coop

Suma

CO-OPERATIVE SINCE 1977

NEW

SEE PAGE 114

WE ARE SUMA
FOOD DONE FAIRLY

Bye eggs, hi aquafaba.

An easy, vegan alternative to eggs, our new aquafaba **is made with organic chickpea broth** and a dash of salt. Brought to you by an **ethical equal-pay worker co-op**.

Vegetarian Society vegan APPROVED

coop

www. suma.coop
/sumawholefoods

91%
OF PEOPLE ENJOYED*

WE ARE GREAT TASTE AWARD WINNING

great taste 2021 | great taste 2022 | great taste 2023

The whole range on offer, 15% OFF in May-June

SEE PAGE 110

100% PLASTIC-FREE PACKAGING

RHYTHM 108
HAZELNUT CHOCOLATE PRALINE
Vegan | Organic | Gluten-free | Palm oil-free

MADE IN SWITZERLAND BY CHOCOLATIERS

TRADITIONAL ARTISAN TREATS
Made For Today

Crafted by master chocolatiers using traditional methods, made with modern ethical values.

VEGAN | ORGANIC | GLUTEN-FREE | PALM OIL-FREE

*Gems at Work, 446 respondents, 09.2024

RHYTHM 108

CONSCIOUSLY CRAFTED
DELICIOUSLY SWISS

JUST LAUNCHED

PURE SWISS INDULGENCE

NOW SPREADABLE

Made by master chocolatiers, using traditional techniques and modern sustainable values.

MADE IN SWITZERLAND BY CHOCOLATIERS

SEE PAGE 58

15% OFF

Authentic taste and extraordinary aroma!

Green olives come from from central Greece, Kalamata olives from Peloponnese in south Greece!

Combined with extra virgin olive oil and herbs, Kalamata olives and Green olives create a delicious combination!

Perfect addition for salads and medditerenean meals!

Packed in modified atmosphere!

SEE PAGE 63

epikouros
ORGANIC PRODUCTS

DELICIOUS RAW OLIVES!

...marinated with extra virgin olive oil and herbs!

Kalamata olives		Green olives		Mixed olives	
Art. no. 350310	Art. no. 350315	Art. no. 350300	Art. no. 350305	Art. no. 350320	Art. no. 350325

Epikouros works 100% exclusively with organic agriculture.

Belvoir Farm

SEE PAGE 92-5

Naturally Delicious Drinks

DELICIOUS & LIGHT

Natural sparkling drinks, made with real fruit juice, low in sugar and low in calories

20% OFF ALL BELVOIR FARM DRINKS!

ocean's HALO

15% off

ORGANIC SEAWEED & BROTHS

New to Infinity Foods!

SEE PAGE 79-80

vegan

USDA ORGANIC

1% FOR THE PLANET — MEMBER —

Perfect for soups & noodles

#1 Sushi Nori in the US

ORGRAN

Free to feel good

ENDORSED BY COELIAC AUSTRALIA & NZ
GLUTEN FREE

GLUTEN FREE DAIRY FREE EGG FREE VEGAN

SEE PAGE 46

GLUTEN, DAIRY, EGG, NUT, SOY AND WHEAT FREE PASTA

15% OFF

www.healthyfoodbrands.co.uk

VIVANI

FINEST ORGANIC CHOCOLATE

GREAT ON-THE-GO IMPULSE BUY

NEW

15 % OFF
all impulse bars

SEE PAGE 112

INNER FOIL NO PLASTIC

VIVANI.DE/EN

IMAGINE IF ALL GRANOLA TASTED THIS GOOD

SEE PAGE 31

and had no added sugar with up to 15 plant-based foods

WE'RE NEW!

15% OFF!

Bio&Me | TASTY. GUT. SCIENCE.

great taste PRODUCER

Certified B Corporation

*contains oat grain fibre that contributes to an increase in faecal bulk.

RawLiving
Elevate Your Health

New In!

Mountain Shilajit Resin

Known in Ayurveda as The Great Destroyer or The Destroyer of All Weakness

Traditionally used in India and Tibet for centuries, this mineral pitch is a dark sticky paste with an earthy taste. Extracted from crevices between the rocks of the Altai mountains, Shilajit is essentially pure decomposed high-altitude plants, and as such is exceptionally high in a wide range of minerals, vitamins and micro-nutrients. It is extremely complex, containing many naturally occuring compounds, and is particularly recognised for its high Fulvic Acid and Humic Acid content. Our high grade Shilajit is fairly traded with local villagers who have been working with Shilajit for countless generations. It is naturally purified and laboratory tested. Packed in the UK in Miron glass jars.

SEE PAGE 117

Organic Mushroom Extracts

Raw Living's concentrated, hot water and dual extracted Mushroom powders are fully vegan and certified organic, with no added fillers or other ingredients.

Organic Activated Mixed Nuts & Seeds

Nuts SEE PAGE 38

Try the whole range of our Activated Nuts and Seeds, including Walnuts, Pecans, Brazil Nuts, Almonds, Sunflower Seeds & Pumpkin Seeds, and get you and your customers Activated!

Living Wage
GOOD SHOPPING GUIDE ETHICAL
VEGAN APPROVED
OF&G ORGANIC

rawliving.co.uk

FRUIT. TICK.
NUTS. TICK.
PROTEIN. TICK.

40% OFF

100% NATURAL INGREDIENTS

NO ADDED SUGAR

PLANT-BASED PROTEIN

Nak'd SEE PAGE 108

Trek SEE PAGE 112

NEW PACKS
SAME GREAT SALES

20% OFF

EQUINOX

ORGANIC KOMBUCHA

CRAFT-BREWED ORGANIC KOMBUCHA IN AMBIENT CANS

Certified B Corporation

SOIL ASSOCIATION ORGANIC

great taste PRODUCER

NEW TO INFINITY FOODS

15% OFF

SEE PAGE 90

NATURALLY NUTRITIOUS, SIMPLY DELICIOUS

15% OFF

SEE PAGE 57

- CRUNCHY PEANUT BUTTER 100% 470G
- SMOOTH PEANUT BUTTER 100% 470G
- SMOOTH ALMOND BUTTER 100% 470G

- SMOOTH PEANUT BUTTER 100% 280G
- CRUNCHY PEANUT BUTTER 100% 280G
- ORGANIC SMOOTH PEANUT BUTTER 100% 280G
- ORGANIC CRUNCHY PEANUT BUTTER 100% 280G

meridian

WWW.MERIDIANFOODS.CO.UK @MERIDIAN FOODS

SEE PAGE 121-2, 128

REFILL FOR OUR FUTURE

#REFILLUTION

20% OFF

15% OFF SELECTED ORGANIC DRINKS AND CEREALS

Cereal SEE PAGE 33
Drinks SEE PAGE 98

NATURAL INGREDIENTS, BOLD TASTE

GLUTEN FREE | ORGANIC | NO ADDED SUGAR

Fast acting oral sprays

SEE PAGE 115

20% OFF

Oral sprays that deliver fast effective nutrient absorption.

Our innovative vitamin oral sprays are an effective method of delivering essential nutrients right where you need them.

A **better way** to a **BetterYou**

Certified B Corporation

betteryou.com

T&Cs apply: 20% off the BetterYou B-complete, Boost B12, Iron 10 & Multivitamin oral sprays only. Offer valid from 1st May - 30th June 2025. Offer can be removed at any time.

Shade™

Four natural ingredients

Sunscreen, made simple.

★★★★★

The one and only!

I've used Shade sunscreen for the last 5 years or so and I won't use any other. I've used it in Florida Spain and now Greece and it's properly protected me (quite fair skin and burn easily) and my 2 kids no trouble; and I'm also not poisoning the ocean...

Irmgard P. Verified buyer

★★★★★

I felt "in the shade"

Lee A. Verified buyer

★★★★★

Safe sunscreen that works

Valda R. Verified buyer

SEE PAGE 135

- Toxin-free
- UVA & UVB protection
- Suitable for all skin types
- Two handy tin sizes

For more information visit **shadecream.com**

SEE PAGE 89

The CHICORY Co.
Premium Chicory Roasts & Blends

PURVEYORS OF MINDFUL BEVERAGES - *'That taste just like coffee!'*

2 NEW

ORGANIC BLENDS FOR 2025

Helping to make a coffee habit support some wellness goals

NEW 50% Barley & Rye
(with hint of fig)

NEW 40% Coffee
'better than half caff'

Chicory is naturally high in inulin - a plant based prebiotic

100% Natural

FREE from sweetners

Vegan

Stock the UK's no.1 gluten free flour brand*

SEE PAGE 28

*NielsenIQ, Total Coverage GB, Gluten Free Flour, 52 w/e 23/02/2025

Here at FREEE, we believe gluten free food should be simple, natural and delicious. That's why we've created a range of naturally gluten free home-baking flours, helping your customers achieve great results, bake after bake.

Stock up now

freee

SEE PAGE 100

fairfields farm™

HOMEGROWN & HANDCOOKED

SAVOUR THE TASTE OF SUMMER WITH OUR LIMITED EDITION CHORIZO & RED WINE FLAVOUR CRISPS HANDCOOKED TO A PERFECT CRUNCH AT OUR FARM USING POTATOES WE GROW OURSELVES

GLUTEN FREE

VEGAN FRIENDLY

AVAILABLE FROM MAY 2025

*We reduce our carbon footprint through regenerative farming practices & high quality offsets.

NEW to Infinity

Gusto ORGANIC

SEE PAGE 91

great taste 2023

DITCH THAT CHEMICAL COLA!

FAIRTRADE • VEGAN CERTIFIED • LOW CALORIE
FREE FROM ARTIFICIAL SWEETENERS

@gustoorganic
@gustoorganic
www.drinkgusto.com

Vegan · Soil Association Organic · great taste · Fairtrade

SAME GREAT TASTE NEW KICK-ASS LOOK

NOW FAIRTRADE WITH RECYCLABLE PACKAGING

15%OFF

SEE PAGE 87-8

Certified B Corporation

OF&G ORGANIC

FAIRTRADE

PART OF THE CAFÉDIRECT FAMILY

WE HAVE FAITH IN REFILLS

SEE PAGE 130-1

Bulk is beautiful. Our 5-litre refills contain 12.5 times the amount of our 400ml bottles. That's a lot more product and a lot less plastic. Choose from our wide range of vegan, cruelty-free and at least 99% cruelty-free and at least 99% natural origin products for hair, skin and home – all made in the UK with 100% natural origin aroma. Refill means less landfill, after all.

20% OFF

Certified B Corporation · Nature on the Board · UK Made · Cruelty-Free International · Vegan · Carbon Balanced · World Land Trust

farrington's mellow yellow

NEW • NEW • NEW • NEW • NEW • NEW

Blackberry Vinaigrette

- British grown
- Sustainably produced
- Additive-free
- Vegan & Vegetarian Friendly*
- Delicious and homemade
- Excellent value for money

SEE PAGE 54

www.farrington-oils.co.uk

*Honey & Mustard Dressing is not suitable for vegans

FUEL YOUR FULL ON

15% OFF*

SEE PAGE 107

- ✓ EUROPE'S #1 FLAPJACK
- ✓ VEGETARIAN FRIENDLY
- ✓ QUALITY INGREDIENTS
- ✓ GIANT RANGE OF FLAVOURS

*VALID MAY & JUNE 2025 ONLY.

TOOTHPASTE NEXT GENERATION

georganics

Activated Charcoal

Fresh Mint

Launch Offer 25%

SEE PAGE 138

Strawberry

NATURAL TOOTHPASTE WITH

... HYDROXYAPATITE
for teeth remineralisation

... FLUORIDE AND XYLITOL
to prevent cavities and tooth decay

... ERYTHTRITOL
to fight plaque

... PEPPERMINT OIL
for fresh breath

All of that packaged in a sustainable recycled and recyclable aluminium tube

SUPERBON

AMAZING CRISPS, THE FINEST INGREDIENTS AND NOW IN THE UK

SEE PAGE 102

SUPERBON CHIPS DE MADRID

125G BAGS PACKED 14 PER CASE, 9 AMAZING FLAVOURS

Superbon crisps are the creation of Philippe Emanuelli, a visionary chef at Ar Men Du restaurant. Philippe's passion for quality ingredients and quality food can be experienced in each and every bite of Superbon Crisps. Superbon have now been in the UK since 2021 and in a short period of time, the flavour choice has increased from 4 to 9. The range is gluten free, vegan. The bag design certainly stands out on-shelf, it's a fantastic hand cooked crisp and a sure-fire seller.

HAMPSTEAD

SEE PAGE 85

20% OFF LOOSE TEA

Microplastic-free tea, fresh from biodynamic tea gardens.

100% organic leaves.

ASK ABOUT OUR FDSU

STEVE@HAMPSTEADTEA.COM

www.hampsteadtea.com

MINOR FIGURES

Plant-based • B Corp • Barista standard

SEE PAGE 97

CREATED TO LIFT YOUR COFFEE AND YOUR MIND, BARISTA OAT CAN BE FOUND IN KITCHENS AND ON THE BAR AT THE BEST COFFEE SHOPS AROUND THE WORLD.

TRY IT ORIGINAL, ORGANIC, OR GO LOW-WASTE WITH THE BAG IN BOX. BARISTA CHAI CONCENTRATE IS SWEET, SPICY, 100% ORGANIC, AND PAIRS PERFECTLY WITH BARISTA OAT.

MISTER FREE'd

Certified B Corporation

GLUTEN-FREE VEGAN TORTILLA CHIPS MADE FROM NATURAL INGREDIENTS

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CONVENIENT AND DELICIOUS NO COMPROMISES

20% OFF

GLUTEN-FREE VEGAN SOURCE OF FIBRE

ORGANIC PORRIDGE OATS & JUMBO OATS.

Hand packed in recyclable packaging.

SEE PAGE 32

AVAILABLE IN 5kg & 850g BAGS

www.pimhill.com

15% off
all Pukka

three mints to soothe your digestion

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fieldmint:
for incredible freshness

peppermint:
cools and soothes

spearmint:
refreshing and uplifting

1% FOR THE PLANET

SOIL ASSOCIATION ORGANIC

fair for life

The Friendly Soap Lifestyle Range

SEE PAGE 123-131

Natural, cruelty free soap bars designed to compliment eco lifestyles. From cleaning mucky mechanic's hands to freshening up a pongy pooch, these bars get the job done.

PLANTBASED CRUELTYFREE HYPOALLERGENIC PLASTICFREE

Cruelty Free International · Vegan · Friendly SOAP · Living Wage · Fair Tax

10% OFF Organics

SOIL ASSOCIATION ORGANIC

SEE PAGE 93

Our organic pressed juices have an emphasis on fine natural flavours, making them perfect for any occaision.

Enjoy now with 10% off our extensive Organics range, available as 750ml and 250ml.

Vegan friendly

Made in the UK

Natural ingredients

JAMES WHITE

BOLD BY NATURE

10% OFF

Prune

SEE PAGE 93

Our Classic Prune juice can be added to smoothies or enjoyed on it's own, making it perfect for any occaision.

Try today with 10% off, now availble as a recyclable, convenient carton.

Vegan friendly **V**

All prune juice **100%**

JAMES WHITE

BOLD BY NATURE

SEE PAGE 107-8

MONTEZUMA'S

EXTRAORDINARY CHOCOLATE

15% OFF

15% off all 90g Bars

Throughout May & June 2025

We pride ourselves on innovation and have an extensive and inclusive range including bars, and buttons. All our products are gluten-free, made without vegetable or palm oil. We're passionate about finding ways to reduce our impact on our beautiful planet. We're proud that all our packaging is either recyclable, biodegradable or compostable at home.

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OATOPIA
OAT BAKES

15% OFF

NEW LOOK & LOGO
SAME TASTE & TEXTURE
PALM-OIL FREE

SEE PAGE 108

FULL OF FIBRE & ENERGY-BOOSTING WHOLEGRAIN OATS

PALM OIL FREE PLANT BASED RECIPES

SAME SOFT TEXTURE & IRRESISTABLE FLAVOURS

BRAND NEW PACKAGING DESIGN

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A WHOLE RANGE OF GLUTEN FREE BARGAINS

SEE PAGE 51-2

20% Off

Gluten free wholegrain oats

Coeliac UK Approved

A great source of fibre

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100% PLANT-BASED FRENCH SOYA

NEW

ORGANIC PLANT-BASED COOKING CREAM 50CL

SEE PAGE 98

- IDEAL FOR COOKING DELICIOUS SWEET OR SALTY RECIPES, CAN BE USED HOT OR COLD
- RICH IN OMEGA-3
- SUGAR FREE
- CARAGEENAN FREE
- 100% ORGANIC FRENCH GMO FREE SOYA BEANS

BIO ORGANIC

GMO FREE

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MADE WITH PRESSED FRUIT

'no jiggery pokery'

I'M NEW!

20% OFF

CAWSTON PRESS SUNSHINE ORANGE PRESSED FRUIT

CAWSTON PRESS APPLE & SUMMER BERRIES PRESSED FRUIT

CAWSTON PRESS ORIGINAL RECIPES APPLE & Ginger NOT FROM CONCENTRATE PICKED & PRESSED OUR DELICIOUSLY CLOUDY JUICE IS MADE BY BLENDING THE BEST-TASTING APPLES WITH GLORIOUS GINGER WITH ROOT GINGER

CAWSTON PRESS Elderflower LEMONADE DELICATE ELDERFLOWER WITH PRESSED LEMONS & APPLES WONDERFULLY LIGHT NO SUGAR ADDED • 73 CALORIES PER CAN

CAWSTON PRESS CLOUDY APPLE THE BEST PICKS BLENDED WITH SPARKLING WATER REFRESHINGLY CRISP NO SUGAR ADDED • 86 CALORIES PER CAN

CAWSTON PRESS APPLE & MANGO PRESSED FRUIT

CAWSTON PRESS LEMONADE

SEE PAGE 93-95

MADE WITH PRESSED FRUIT, NEVER FROM CONCENTRATE, NO ADDED SUGAR, NO SWEETENERS, NO SHORTCUTS AND ALL 100% RECYCLABLE

CAWSTON PRESS

Dillon organic

20% off

Breads SEE PAGE 49
Syrup SEE PAGE 51

KETO BREAD

Finally!

- Low Carb
- High Fibre
- Gluten Free

Chicory Fibre Syrup

- 90% less sugar than sugar
- Prebiotic & High Fibre
- Sweeten your foods

2023 NOURISH AWARDS® Keto GOLD WINNER

2023 NOURISH AWARDS® BEST ORGANIC

FREE FROM FOOD AWARDS GOLD 2023

natural & organic AWARDS europe 2022 FINALIST Best New Special Diet Product

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15% off months of May - June

Certified B Corporation

Tea for every mood and moment. Ranging from the traditional to the more exotic, our deliciously varied range of organic teas and tisanes are bursting with flavours for you to explore.

SEE PAGE 81-85

There's a blend **for you**, whatever your mood.

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SEE PAGE 94

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"The UK's first Magnesium based

Relaxation Drink"

Our delicious range of sparkling waters are infused with Magnesium (MG), the relaxation mineral, Fruit Extracts and Botanicals. Studies have shown Magnesium can help with supporting mental wellbeing, balancing nerves, and managing stress and anxiety... We could all do with some of this!

0 SUGARS | 0 SWEETENERS | 0 CALORIES

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15% OFF

SHØRE

THE SCOTTISH SEAWEED CO.

EST. WICK

UNDER 120 CALORIES PER SERVE

100% PLANT BASED

HIGH IN IODINE

SOURCE OF FIBRE

NO ADDED MSG

SEE PAGE 101-2

great taste 2021

Great BRITISH FOOD AWARDS 2021 WINNER

World FOOD Innovation Awards 2021 WINNER

GOLD

great taste 2020

NEW FLAVOUR!

Eat real.

NEW LOOK

Discover our NEW range of *deliciously different* flavours.

33% OFF SHARING BAGS

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15% OFF IMPUSE BAGS

SEE PAGE 99-100

If it's good food that's on your menu, then our snacks are for you. Made from pulses, grains and greens, our imaginative recipes delight tastebuds with simple, nutritious ingredients.

UK's #1 Healthier sharing snack brand

Love food? *Eat Real.*

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15% OFF!

THE ALT-ALT M*LK

NEW DESIGN!

SEE PAGE 98

NO ALLERGENS

HIGH IN PROTEIN

100% PLANT-BASED

LOW CLIMATE IMPACT

LOW OR NO SUGAR

CRAFTED FOR COFFEE

Peppersmith®

FOR HEALTHY TEETH

Guilt FREE

20% OFF

SEE PAGE 110

100% XYLITOL

OUR BESTSELLER

PROPER BRITISH MINT

ASPARTAME Free

GLUTEN Free

Natural FLAVOURS

Vegan FRIENDLY

SUGAR Free

Recyclable PACKAGING

LUSCOMBE

REFRESHINGLY DISTINCTIVE

MADE IN DEVON ALWAYS

SEE PAGE 96

Our **bold new branding** is more than just a look—it's a window into what matters most: **inside the bottle**. Each sip delivers an uncompromising commitment to quality, taste, and craftsmanship. With every bottle, we blend generations of expertise with nature's best, capturing bold, distinctive flavours that elevate every occasion.

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DRINK MAMAS

Designed for you
with Nature's finest ingredients.

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ORGANIC · VEGAN · NO ARTIFICIAL · 100% NATURAL · LOW SUGAR · NO BULLSHIT

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YOGI TEA®
ORGANIC

Limited Edition*

SEE PAGE 82

Our offer for you:
buy any 36 boxes of YOGI TEA® and receive 12 cups for free

Increase your sales with our YOGI TEA® MULTIBUY PROMOTION*

*while stocks last

OUR OFFER FOR YOUR CUSTOMERS:

Any 3 YOGI TEA® boxes

=

1 YOGI TEA® Cup

For that special tea moment with your favorite YOGI TEA®

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Certified B Corporation

STOCK UP YOUR FRIDGES WITH HIP POP®

REAL FRUIT • NO SWEETENERS X LIVE CULTURES • GUT FRIENDLY

SEE PAGE 91

20% OFF

CODE	PRODUCT NAME
641616	Hip Pop Kombucha - Apple & Elderflower
641619	Hip Pop Kombucha - Ginger & Yuzu
641620	Hip Pop Kombucha - Strawberry& Pineapple
641617	Hip Pop Kombucha - Blueberry & Ginger
641621	Hip Pop CBD Kombucha - Cherry & Blackberry 15mg
641623	Hip Pop CBD Kombucha - Passionfruit & Guava 15mg
641624	Hip Pop Naturally Refreshing - Pink Grapefruit
641625	Hip Pop Naturally Refreshing - Tropical Peach
641627	Hip Pop Naturally Refreshing - Ginger & Turmeric
641634	Hip Pop Naturally Refreshing - Berries & Cherries

Have you tried our plain mayo yet??

Damn tasty mayonnaise... plain and simple

20% OFF

Vegan

SEE PAGE 66

Cover all bases with

BeSaucy.

RAW HALO®

SEE PAGE 110

We're New!

GLOWING WITH GOOD VIBES

ORGANIC CHOCOLATE | VEGAN | DAIRY FREE | GLUTEN FREE

EST^D 1905

FENTIMANS

SEE PAGE 96

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Across Softs Range

Botanically Brewed · Exquisitely Crafted

Other products include: Raspberry Lemonade, Cherry Cola, Dandelion & Burdock, Victorian Lemonade, Gently Sparkling Elderflower, Mandarin & Seville Orange Jigger,

*Nielsen and CGA 2022 data

CLIPPER®

WAKE UP NATURALLY

Natural coffee alternatives, your new morning ritual

Recyclable lid

SEE PAGE 88

STOCK UP NOW

Caffeine free option available!

Certified B Corporation

Natural Care

BEN&ANNA

SEE PAGE 126

The Original Sustainable Brand

Ben & Anna, always:

- 100% Natural
- Vegan
- Cruelty Free
- Sustainable

Ben & Anna: A natural deodorant range that actually works!

20% off

Vegan • Eco-friendly • No animal testing

20% OFF Sun Range

ORGANII
EVERYDAY ORGANICS

Certified organic, vegan and cruelty free mineral sun protection for the whole family

SEE PAGE 135

Protecting Gums
With aloe vera, myrrh and magnolia bark extract to help maintain oral health.

100% Natural
Ingredients from natural origin, with small abrasive grains of chalk.

Toothpaste SEE PAGE 139
Toiletries SEE PAGE 136

15% OFF

URTEKRAM NORDIC BEAUTY

Certified organic
•
Vegan
•
Natural ingredients
•
Save 15% on toothpastes and 500ml shampoo & body wash

ECOCERT ORGANIC COSMETIC · Vegan · Recycled & recyclable plastic

15% OFF

LO BROS

FEEL GOOD KOMBUCHA

EVERY DRINK IS DOIN' GOOD

LOW SUGAR

millions OF LIVE CULTURES

all NATURAL

NET ZERO CERTIFIED BY PLASTIC COLLECTIVE PLASTIC RECYCLED

LoBros SEE PAGE 91
Nutty Bruce SEE PAGE 97

15% OFF

MADE WITH 5% ACTIVATED ALMONDS

NUTTY BRUCE

PLANT-BASED *goodness*

INTRODUCING NUTTY BRUCE ORGANIC PLANT M*LKS

- ✓ ORGANIC
- ✓ NO NASTIES
- ✓ 100% SIMPLE AND NATURAL INGREDIENTS
- ✓ ACTIVATED ALMONDS

GOODBETTERBRUCE.COM

GOOD. BETTER. BRUCE.

RAW
VIBRANT LIVING

APPLE CIDER VINEGAR

Our apple cider vinegar is made using organic apple juice, unpasteurised & unfiltered, our vinegar contains 'the mother'; drink neat as a shot, drizzle over salads or combine with water for a refreshing tonic drink..

15% OFF

SEE PAGE 65

PLANT BASED

UNFILTERED

UNPASTEURISED

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THE NO.1 NATURAL NUT BUTTER*

You're looking at the fastest growing nut butter brand. No biggie.**

Our Crunchy Peanut Butter jars are the fastest selling in convenience shops.***

Peanut butter. Almond butter. Tubs. Jars. We do 'em all.

*Nielsen EPOS & Panel | Total Nut Butter | 52we 28.12.24 vs LY. ** Nielsen EPOS, Total Nut Butter, 4we rolling & 8we 22.02.25 vs LY.
***Dunnhumby | Tesco Express | Nut Butter | 12we 19.01.25.

KARMA DRINKS™

GOOD KARMA, TASTES GREAT

Drinking Karma gives back to our growers and the land our ingredients are grown.

SEE PAGE 96

FAIRTRADE

SOIL ASSOCIATION ORGANIC

100% NATURAL

Certified B Corporation

15% OFF

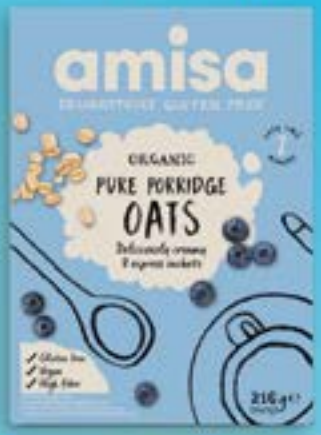
Full range of bottles & cans

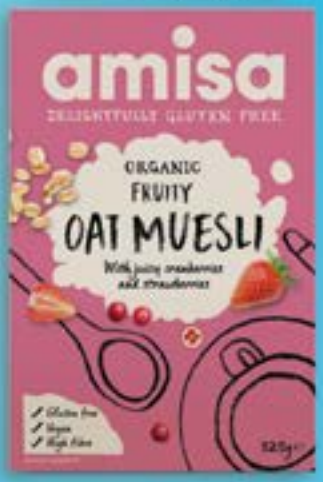
wake up to PURE GOODNESS

Amisa Organic, Gluten-Free Breakfast Cereals are the perfect nutritious start to the day.

Breads SEE PAGE 48

Oats SEE PAGE 30





20% OFF

♥ Organic ♥ GMO Free ♥ Natural

amisa
DELIGHTFULLY GLUTEN FREE

Infinity Foods Welcome to the May - June 2025 Catalogue.

Welcome to the latest edition of our catalogue

It replaces your current copy, so be sure to pop that in the recycling.
Inside, you'll find all our latest deals or products. (Speaking of which, turn to the new products and offers for an at-a-glance view of what's new.and on offer)

What's changed since last time?

On the left-hand side of each page, you'll see a shaded column where you can check what's changed since the last catalogue. We do everything we can to stick to the prices you see on the page, but sometimes events outside our control might mean they have to change. If this happens, we'll be sure to flag it clearly on your invoice.

Want to talk organic?

We label lots of our products as 'organic'. This means an official body, recognised by the EU, has certified the product. If you'd like more information about how this works, drop Charles Booth our
Soil Association co-ordinator a message at: charles.booth@infinity.coop

Need a digital catalogue?

No problem. Download a copy at infinityfoodswholesale.coop or get an Excel4, PDF or CSV version by emailing info@infinity.coop

Got a question?

Email us at info@infinity.coop or call 01273 456376 between 8:30am and 5pm.
Your feedback is always welcome, too.
There's some useful codes and contacts below if you need them.

Please remember the following codes for special requests:

999999
"please phone with out of stocks"
999998
"please replace out of stocks with equivalents"
999997
"please phone with invoice total"
999996
"please phone with estimated delivery time"
999994
"please send all doubles"
999993
"please send catalogue"
999992
"please phone for card payment"
999991
"please email delivery note"

Credit Control:	Simon Page	whcreditcontrol@infinity.coop
New Product Listings:	Dominic Jeffery	dom.jeffery@infinity.coop
Quality Control:		qc@infinity.coop
Soil Association/ Organic Certification:	Charlie Booth	charlie.booth@infinity.coop
Transport:	Michael Secretan	transport@infinity.coop
Website Queries:		support@infinity.coop
Commodities:	Scott Muir	scott.muir@infinity.coop
Customer Services:	Graham Hunt	customercare@infinity.coop

new products

Breakfast Cereals & Cereal Flakes

Bio & Me

New and on offer from Bio & Me are three vegan breakfast cereals. ***Cocoa & Hazelnut Protein Boosted Granola*** *- this has all the joy of a chocolate cereal with no added sugar, paired with ten different wholegrains.* ***Multigrain Original Puffs*** *- a light and crispy blend of puffed wholegrain oats, spelt, rice, millet, buckwheat and more. High in gut-friendly fibre, these lightly toasted puffs bring natural goodness to every bite.* ***Multigrain Berry Puffs*** *- a light crispy blend of eight ingredients including wholegrain oats, spelt, rice, millet, blackberries, raspberries and strawberries. The pricing below represents a discount of 15%.*

❒	Cocoa & Hazelnut Protein Boosted Granola		5x360g	13.05	*3.48*	**705523**
❒	Multigrain Berry Puffs		5x200g	10.95	*2.92*	**705527**
❒	Multigrain Original Puffs		5x200g	10.95	*2.92*	**705531**

Kallo Foods

New from Kallo Foods, organic vegan gluten-free ***Cornflakes****. These directly replace the Whole Earth cornflakes. They are made with lightly toasted corn.*

❊	Cornflakes	*organic*	12x375g	27.80	*3.09*	**62503**

Pimhill

New from Pimhill, organic vegan oats in a 5kg paper bag with a handle. ***Porridge Oats****, the oat grain is cut in half before being rolled. This versatile oat makes a smooth, quick cooking porridge.* ***Jumbo Oats*** *are made from rolling the whole oat. They make a thicker more textured porridge and are best for making granolas and chewy flapjacks. Pimhill Farm was one of the first organic farms in the country and has been growing organic cereals in Shropshire since 1949.*

❊	Porridge Oats - bag with handle	*organic*	5kg	11.40	2.28		**20654**
❊	Jumbo Oats - bag with handle	*organic*	5kg	11.40	2.28		**20658**

Pasta

Biona - durum wheat - bronze extruded

New from Biona, organic vegan ***Matcha Tagliatelle Nests****. These combine premium organic durum wheat with antioxidant-rich matcha for a vibrant twist on traditional pasta. Perfect for health-conscious and gourmet consumers alike.*

❊	Matcha Tagliatelle Nests	*organic*	10x250g	18.65	*2.49*	**130332**

Bread, Rice Cakes, Crackers etc

Amisa - gluten-free

Returning and on offer with a new case size are the Amisa organic gluten-free vegan ***Seeded Breakfast Rolls****. A tasty mix of sunflower seeds, linseeds and sesame seeds give added crunch and nutrition. Crisp up in the oven for 10 minutes and enjoy with fresh fruit and jam. The pricing marked ❒ below represents a discount of 20%.*

❒	Seeded Breakfast Rolls - Brown	*organic*	9x180g	18.85	*2.79*	**169867**

Kallo Foods - gluten-free

The Kallo ***Chocolate Rice Cake Thins*** *have changed in size and case size and have new barcodes. The recipe has not changed so they are just as delicious as before. These new style rice cakes will replace the current ones over the period of this catalogue.*

❊	Dark Chocolate Rice Cake Thins	*organic*	22x75g	53.00 V	*3.85*	**173087**
❊	Milk Chocolate Rice Cake Thins	*organic*	22x75g	51.40 V	*3.74*	**173091**

Oils & Fats

Farrington's Mellow Yellow Rapeseed Oil

New from Farrington's, ***Blackberry Vinaigrette****. This delicious vinaigrette is made with sustainably grown cold pressed rapeseed oil, Dijon mustard and blackberries. It is packed full of flavour with no additives and is packaged in a glass bottle with a metal screw top. Farrington's is a LEAF Marque and carbon neutral producer.*

❊	Mellow Yellow Blackberry Vinaigrette		6x250ml	15.40	*3.42*	**200639**

Mr Organic - in glass

New from Mr Organic, vegan gluten-free ***Extra Virgin Olive Oil*** *in a glass bottle. This high quality Italian olive oil is cold pressed and a has a peppery taste. It can be used as a finishing oil to drizzle over salads or for cooking.*

❊	Olive Oil - Extra Virgin - cold pressed	*organic*	6x750ml	67.25	*14.94*	**200952**

Nut Butter, Pâté, Spreads & Jam

Pip & Nut

New and on offer from Pip & Nut - the prices below representing a discount of 15% - a range of vegan nut butters in glass jars and 1kg plastic tubs. ***Smooth Almond Butter*** *is a blend of freshly roasted almonds with a sprinkle of sea salt. Argentinian High-Oleic peanuts are roasted and blended with a touch of salt into* ***Crunchy Peanut Butter*** *and* ***Smooth Peanut Butter****. Mexican Agave, coconut oil, peanut oil and Cornish sea salt are blended with roasted peanuts to make* ***Sweet Salty Peanut Butter Smooth*** *and* ***Sweet Salty Crunchy***

❒	Smooth Almond Butter		3x1kg	34.10	*15.16*	**251640**
❒	Smooth Almond Butter		6x170g	14.45	*3.21*	**251642**
❒	Crunchy Peanut Butter		3x1kg	15.60	*6.93*	**251644**
❒	Crunchy Peanut Butter		6x300g	13.75	*3.06*	**251646**
❒	Smooth Peanut Butter		3x1kg	15.60	*6.93*	**251648**
❒	Smooth Peanut Butter		6x300g	13.75	*3.06*	**251650**
❒	Sweet Salty Crunchy Peanut Butter		6x300g	13.75	*3.06*	**251652**
❒	Sweet Salty Smooth Peanut Butter		3x1kg	15.60	*6.93*	**251654**
❒	Sweet Salty Smooth Peanut Butter		6x300g	13.75	*3.06*	**251656**

Rhythm 108 - vegan - gluten-free

New and on offer from Rhythm 108, three organic vegan gluten-free sweet nut spreads in glass jars. ***Chocolate Hazelnut Spread*** *has the signature Swiss Rhythm 108 taste with cocoa, sourced from partner cooperatives, and toasted hazelnuts.* ***Golden Blonde Spread*** *is a very moreish spread with creamy caramel, a hint of sea salt and a strong toasted hazelnut taste.* ***Pistachio Spread*** *is a velvety blend of rich roasted pistachios and almonds. As you would expect from Rhythm 108 products, they all taste amazing and can be used as spreads or in desserts. The pricing below represents a discount of 15%.*

❒	Chocolate Hazelnut Spread	*organic*	6x250g	22.40	*4.98*	**261221**
❒	Golden Blonde Spread	*organic*	6x250g	22.40	*4.98*	**261222**
❒	Pistachio Spread	*organic*	6x250g	26.15	*5.81*	**261223**

Olives, Pickles and Preserved Vegetables

Epikouros Organic Olives

New from Epikouros, a range of organic Greek olives in glass jars. They are all freshly jarred in a modified vacuum so there is no need for the olives to be pasteurised or immersed in brine. The ingredients are olives, sea salt, wine vinegar, extra virgin olive oil and herbs. ***Green Olives****,* ***Kalamata Olives*** *and* ***Mixed Olives*** *are listed and they are available as whole or pitted.*

❊	Green Olives	*organic*	6x200g	16.00	*3.56*	**350300**
❊	Green Olives Pitted	*organic*	6x170g	16.95	*3.77*	**350305**
❊	Kalamata Olives	*organic*	6x200g	17.60	*3.91*	**350310**
❊	Kalamata Olives Pitted	*organic*	6x170g	18.55	*4.12*	**350315**
❊	Mixed Olives	*organic*	6x200g	16.95	*3.77*	**350320**
❊	Mixed Olives Pitted	*organic*	6x170g	17.90	*3.98*	**350325**

Sauces, Fruit and Vegetable Products

Mr Organic - Italy - vegan

New and on offer are Mr Organic vegan pestos in a new larger 190g jar. They are the same recipe with new barcodes and will replace the existing 130g size as they run out. The pricing below represents a discount of 15%

❒	Aubergine Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392196**
❒	Basil Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392198**
❒	Basil & Chilli Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392199**
❒	Chilli & Garlic Pesto	*organic*	6x190g	14.85	*3.30*	**392200**
❒	Grilled Pepper Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392201**
❒	Sundried Tomato Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392202**
❒	Tomato Olive Pesto - no added sugar	*organic*	6x190g	14.85	*3.30*	**392203**

Japanese Products, Miso, Soy Sauce, Tofu

The last two Clearspring red and white non organic miso soups are switching to organic with new packaging and fuller-bodied flavours. Satisfying ***Hearty Red Miso Soup*** *is made with three types of miso by a 5th generation Japanese producer. It also contains green onions and wakame.* ***Mellow White Miso Soup*** *has a delicate sweetness with a rich umami and green onions. Both soups contain just 23 calories. Simply add hot water and enjoy.*

Clearspring Japanese miso

❊	Hearty Red Miso Soup - instant	*organic*	8x4x10g	25.70	*4.29*	**480531**
❊	Mellow White Miso Soup - instant	*organic*	8x4x8g	25.70	*4.29*	**480553**

Ocean's Halo

*New and on offer from Ocean's Halo, vegan organic gluten-free **No Chicken Broth** in a tetra pack. This is a chicken flavoured broth that is delicious on its own and good for everyday cooking with all the flavour of chicken broth. The pricing marked ❒ below represents a discount of 15%.*

❒	No Chicken Broth - tetra	*organic*	6x946ml	19.25	*4.28*	**481041**

Sea Vegetables

Ocean's Halo

*New and on offer from Ocean's Halo, some new organic vegan gluten-free lines for the range. **Sushi Nori Sheets - Wasabi Style** is returning - bring sushi night home with these full size wasabi flavoured sheets for making sushi rolls and hand rolls with a fiery heat. **Trayless Sea Salt Seaweed Snack** - nori strips toasted in sunflower oil and sea salt which are moreish and melt-in-the-mouth. **Trayless Wasabi Seaweed Snack** - toasted nori with wasabi flavouring. The pricing below represents a discount of 15%.*

❒	Sushi Nori Sheets - Wasabi Style	*organic*	12x28g	30.20	*3.36*	**531592**
❒	Trayless Sea Salt Seaweed Snack	*organic*	20x4g	12.45	*0.83*	**531593**
❒	Trayless Wasabi Seaweed Snack	*organic*	20x4g	12.45	*0.83*	**231594**

Coffee Subs, Malt Drinks, Carob & Cocoa Products

Clipper

*New from Clipper two organic coffee alternatives that replace the Whole Earth ones. **Nocaf** is a naturally caffeine-free alternative to coffee, ideal for those all important pauses in your day. Made with barley, chicory, rye and figs. **Wakecup** is the natural way to start your day. It is made with barley chicory, rye, figs and Amazonian guarana for a bracing pick-me-up. Packaged in glass jars.*

❊	Nocaf	*organic*	9x100g	28.85	*4.27*	**611314**
❊	Wakecup	*organic*	9x125g	22.25	*3.30*	**611315**

Forest Wholefoods - retail pouches

*New from Forest Wholefoods organic vegan **Cacao Powder** ground down from roasted cacao nibs. The beans are fermented and roasted in a careful process that breaks down the phylates in the beans and gives a roasted flavour. The cacao powder is not alkalised (dutched) and is packed with over 300 chemically distinct compounds including flavonoid antioxidants. It is a source of magnesium and selenium.*

❊	Cacoa Powder	*organic*	1x250g	32.95	*43.93*	**611514**

The Chicory Company - previously Prewett's

*New from The Chicory Company, two organic vegan chicory-based hot drinks. **Instant Roasted Chicory Barley Drink** - a blend of chicory root, malted barley, rye and extract of roasted fig, which combine perfectly to create a delicious, relaxing hot drink. **Instant Roasted Chicory Coffee Drink** - this is a 60/40 blend of soluble chicory to instant coffee for those who are not quite ready to kick the caffeine. All the chicory drinks are high in inulin. The coffees are packaged in glass jars with plastic screw tops.*

❊	Instant Roasted Chicory Barley Drink	*organic*	6x100g	21.25	*4.72*	**612856**
❊	Instant Roasted Chicory Coffee Drink	*organic*	6x100g	28.80	*6.40*	**612857**

Drinks - Herbal, Tonic, Coconut and Iced Tea

Equinox Kombucha - can

*New and on offer from Equinox, a range of organic vegan gluten-free sparkling kombuchas in aluminium cans. There are six flavours based on a traditional Chun-Mee green tea craft brew ferment that ensures living kombucha culture in every can. **Blood Orange** has a sweet floral flavour. **Cola & Lime** - a light cola with a zesty twist of lime. **Fiery Ginger** - made with ginger root and ginger extract for a satisfying kick. **Pineapple & Mango** - bursting with sweet tropical fruit. **Raspberry & Elderflower** has classic raspberry with a floral twist. The pricing below represents a discount of 15%.*

❒	Blood Orange Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640375**
❒	Cola & Lime Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640376**
❒	Fiery Ginger Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640378**
❒	Pineapple & Mango Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640379**
❒	Raspberry & Elderflower Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640380**
❒	Sicillian Lemon Kombucha - can	*organic*	12x250ml	12.35 V	*1.65*	**640382**

Gusto organic Drinks - glass bottle

*New from Gusto, vegan Fairtrade gluten-free **Low-Calorie Cola**. This is a delicious sparkling full flavoured cola that is low in calories and free of artificial sweeteners. It contains Fairtrade agave to sweeten, a blend of spices, essential oils,vanilla and African cola nut. Gusto have replaced the phosphoric acid in big brand cola with Sicilian lemon juice. The cola is packaged in a glass bottle.*

❊	Gusto - Low-Calorie Cola - FT		12x275ml	15.50 V	*2.07*	**641603**

Hip Pop

*New and on offer from Hip Pop, **Berries & Cherries Living Soda**. A lightly sparkling, naturally brewed soft drink with real juicy berries and cherries. Low in sugar, each can is packed with your daily dose (a tablespoon) of apple cider vinegar which is a great prebiotic and helps support gut health. The pricing below represents a discount of 20%.*

❒	Berries & Cherries Living Soda		12x330ml	9.95 V	*1.33*	**641634**

Drinks - Fruit & Vegetable Juices, Cordials & Water

Belvoir Mocktails

*New and on offer from Belvoir, a range of non alcoholic mocktails in glass bottles. **Lime & Yuzu Mojito** is a fresh tasting minty drink. **Passion Fruit Martini** is made with fruit juice and Madagascan vanilla, and is a delicious alternative to a classic cocktail. **Peach Bellini** is a sparkling peach & grape alternative. **Rhubarb & Ginger G&T** is a sparkling rhubarb, ginger juniper drink with a hint of quinine. The pricing below represents a discount of 20%.*

❒	Non-Alcoholic Lime & Yuzu Mojito		6x750ml	12.05 V	*3.22*	**702365**
❒	Non-Alcoholic Passion Fruit Martini		6x750ml	12.05 V	*3.22*	**702366**
❒	Non-Alcoholic Peach Bellini		6x750ml	12.05 V	*3.22*	**702367**
❒	Non-Alcoholic Rhubarb & Ginger G&T		6x750ml	12.05 V	*3.22*	**702378**

James White unfiltered juices - glass

*Returning on offer for summer is James White organic **Pear & Raspberry Juice** with the sweetness of pear smoothing the tart raspberry. The pricing below represents a 10% discount and the off offer price will be £19.85*

❒	Pear & Raspberry Juice	*organic*	6x750ml	17.85 V	*4.77*	**664519**

James White - Veg It

*New and on offer from James White, is vegan **Prune Juice in a tetra**. This award winning juice is traditionally made by using slowly dried plums from varieties that are smaller and denser than the juicier eating ones. Next, they have the juice extracted after rehydrating to release a rich and full bodied drink that is virtually fat free. The pricing below represents a discount of 10%*

❒	Prune Juice		8x1l	20.20 V	*4.04*	**664607**

Luscombe - glass

*New from Luscombe, a re-brand and a smaller case size for the **Orange Juice**. The organic ingredients have not changed.*

❊	Orange Juice	*organic*	12x270ml	20.95 V	*2.79*	**661547**

Drinks - Carbonated

Belvoir - cans

*New and on offer from Belvoir Farm, three delicious vegan gluten-free light drinks in aluminium cans made with carbonated spring water, low in sugar and low in calories. **Sparkling Mango & Peach** is made with real fresh juices and safflower. **Raspberry Lemonade** is made with pressed raspberry and lemon juices for a refreshing, fruity twist on traditional lemonade. **Sparkling Elderflower** is based on a traditional family recipe blending hand picked elderflowers with lemon juice and pure spring water. The pricing below represents a discount of 20%.*

❒	Sparkling Mango & Peach - can		12x330ml	6.90 V	*0.92*	**660588**
❒	Raspberry Lemonade - can		12x330ml	6.90 V	*0.92*	**660589**
❒	Sparkling Elderflower - can		12x330ml	6.90 V	*0.92*	**660590**

Drink Mamas - cans

*New from Drink Mamas, a range of smartly packaged organic vegan low sugar drinks in cans. They are all gluten-free apart from the cola which contains barley malt. **Cola Mama - no caffeine** is a smooth lightly sparkling naturally spiced drink with a rich nostalgic flavour. **Ginger Mama with Lemon** has spicy ginger roots blended with Sicilian lemons. **Lemon Mama** is made with Sicilian lemons for a real dolce vita feeling. **Mango Mama with Orange** has a naturally sweet tropical taste. **Passion Mama** - a lovely summer drink. **Orange Mama** - a crisp zesty drink. **Pineapple Mama with Coconut water** - this is the only non carbonated drink in the range and is made from coconut water with pineapple juice for the classic pina colada flavour.*

❊	Cola Mama - no caffeine - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661240**
❊	Ginger Mama with Lemon - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661242**
❊	Lemon Mama - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661243**
❊	Mango Mama with Orange - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661244**
❊	Passion Mama - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661245**
❊	Orange Mama - sparkling	*organic*	12x330ml	11.20 V	*1.49*	**661246**
❊	Pineapple Mama with Coconut water	*organic*	12x330ml	11.20 V	*1.49*	**661247**

Luscombe - glass

New from Luscombe a re-brand and a smaller case size. The organic ingredients have not changed.

❊	Damascene Rose Bubbly	*organic*	12x270ml	18.10 V	*2.41*	**661561**
❊	Ginger Beer Cool	*organic*	12x270ml	17.85 V	*2.38*	**661562**
❊	Ginger Beer Hot	*organic*	12x270ml	17.85 V	*2.38*	**661563**
❊	Lemonade Sicilian	*organic*	12x270ml	17.85 V	*2.38*	**661566**
❊	Raspberry Crush	*organic*	12x270ml	19.95 V	*2.66*	**661569**
❊	Rhubarb Crush	*organic*	12x270ml	19.95 V	*2.66*	**661574**
❊	Sicilian Citrus Crush (formerly St Clements)	*organic*	12x270ml	18.60 V	*2.48*	**661576**

Drinks - Soya, Nut, Grain, Milk & Desserts

Sojade - plant based drinks & cream

New from Sojade, an organic vegan large size of the popular Sojade Cuisine - Soya Cream. This is a perfect dairy alternative for use in recipes in place of single cream. It can be poured over puddings or whisked into sauces. It is rich in taste and silky in texture with no added sugar. It is packaged in a tetra pack.

❊	Sojade Cuisine - Soya Cream	*organic*	8x500ml	13.15	*2.19*	**724618**

Savoury Snacks

Eat Real - hummus chips - large - vegan - gluten-free

*New and on offer from Eat Real, new flavours of vegan gluten-free hummus chips for spring. Tangy **Caramelised Onion & Balsamic Vinegar**, spicy **Chilli Lime & Sea Salt** and creamy **Italian Cheese & Black Pepper**. The pricing below represents a discount of 33%.*

❒	Caramelised Onion, Balsamic Vinegar Hummus Chips - la		10x110g	10.75	*1.54*	**751191**
❒	Chilli Lime & Sea Salt Hummus Chips - large		10x110g	10.75	*1.54*	**751198**
❒	Italian Cheese & Black Pepper Hummus Chips - large		10x110g	10.75	*1.54*	**751199**

Eat Real - hummus chips - small - vegan - gluten-free

*New from Eat Real, new flavours of vegan gluten-free hummus chips.Tangy **Caramelised Onion & Balsamic Vinegar** and creamy **Italian Cheese & Black Pepper**.The pricing below represents a discount of 15%.*

❒	Caramelised Onion, Balsamic Vinegar Hummus Chips		18x45g	10.05	*0.83*	**751204**
❒	Italian Cheese & Black Pepper Hummus Chips		18x45g	10.05	*0.83*	**751206**

Eat Real - lentil chips - vegan - gluten-free

*New from Eat Real, new flavours of vegan gluten-free Lentil chips. Smokey **Chargrilled Red Pepper** and creamy **Greek Cheese Tomato & Herb**. The pricing below represents a discount of 33%.*

❒	Chargrilled Red Pepper Lentil Chips - large		10x95g	10.75	*1.54*	**751215**
❒	Greek Cheese Tomato & Herb Lentil Chips - large		10x95g	10.75	*1.54*	**751233**

Fairfields - potato crisps - vegan - gluten-free

*New from Fairfields Farm, vegan gluten-free **Chorizo & Red Wine** flavour potato crisps. Savour the taste of summer with these perfectly handcooked crisps. Seasoned with a fusion of chorizo and red wine flavours, these bold crisps are made for sun-soaked gatherings, BBQs and unforgettable summer moments.*

❊	Chorizo & Red Wine		10x150g	12.25 V	*1.99*	**751023**

Profusion

*New from Profusion, two organic vegan high fibre protein nut crunches. **Roasted & Salted Protein Nut Crunch** is a powerhouse blend of soya beans, cashews and almonds, packed with protein and nutrients. **Roasted Tamari Protein Nut Crunch** combines soya beans, cashew kernels and almonds with a rich tamari seasoning, for a high protein snack with a bold umami flavour.*

❊	Roasted & Salted Protein Nut Crunch	*organic*	10x45g	18.70 V	*2.99*	**752656**
❊	Roasted Tamari Protein Nut Crunch	*organic*	10x45g	18.70 V	*2.99*	**752657**

Superbon Chips de Madrid - potato crisps

*New from Superbon Chips De Madrid, a range of vegan gluten-free Spanish potato crisps or 'chips' in bright attractive packs. **Cretan Herb & Salt** a mix of thyme, rosemary, saffron, pepper, ginger, coriander fennel, dill, mint, and oregano. **Jalapeno** with the fresh taste of sun-ripened pepper, followed by a smoky undertone that rounds out the heat. **Pimento Chilli Pepper** with a fiery pinch of cayenne and paprika. **Salt** made with potato, salt and sunflower oil, nothing else required. **Salt & Pepper** delicious crunchy crisps. **Salt & Vinegar** the UK classic from Spain. **Seaweed** has a blast of fresh seaweed and salt when you open the bag, delicious. **Truffle** made with dried truffle - an indulgent taste. **Yellow Paprika** a sweet tasting crisp made with Florina yellow peppers.*

❊	Chips de Madrid - Cretan Herb & Salt		14x125g	25.65 V	*3.15*	**752784**
❊	Chips de Madrid - Jalapeno		14x125g	25.65 V	*3.15*	**752785**
❊	Chips de Madrid - Pimento Chilli Pepper		14x125g	25.65 V	*3.15*	**752786**
❊	Chips de Madrid - Salt		14x125g	25.65 V	*3.15*	**752788**
❊	Chips de Madrid - Salt & Pepper		14x125g	25.65 V	*3.15*	**752789**
❊	Chips de Madrid - Salt & Vinegar		14x125g	25.65 V	*3.15*	**752790**
❊	Chips de Madrid - Seaweed		14x125g	25.65 V	*3.15*	**752791**
❊	Chips de Madrid - Truffle		14x125g	29.30 V	*3.59*	**752792**
❊	Chips de Madrid - Yellow Paprika		14x125g	25.65 V	*3.15*	**752793**

Sweet Snacks & Confections

Bear - Splits

*New and on offer from Bear, vegan gluten-free fruit Splits. There are two fruity flavoured strips in each pack that can be split or enjoyed together. Each pack includes a collectable Bear card featuring one of 20 superheroes or villains. There are two varieties: **Strawberry & Apple - Splits** and **Pineapple & Raspberry - Splits**. Both are HFSS compliant, perfect for a meal deal or packed lunch. The pricing below represents a discount of 20%.*

❒	Strawberry & Apple - Splits		18x20g	9.00	*0.67*	**760206**
❒	Pineapple & Raspberry - Splits		18x20g	9.00	*0.67*	**760207**

Biona - coated fruit & nuts & treats

*New from Biona, a selection of organic vegan chocolate covered treats. **Dark Chocolate Roasted Almonds** made with Fairtrade certified cocoa, the almonds are oven roasted, sprinkled with salt and coated in velvety dark chocolate. **Dark Chocolate Cherries** which are a delightful blend of rich chocolate and fruity sweetness. **Dark Chocolate Strawberries** which are made from freeze dried strawberries to preserve natural flavour, nutrients and colour coated in dark chocolate. They are all packaged in paper, meeting the growing consumer demand for more sustainable packaging solutions.*

❊	Dark Chocolate Roasted Almonds	*organic*	10x30g	14.30 V	*2.29*	**760389**
❊	Dark Chocolate Cherries	*organic*	10x45g	21.80 V	*3.49*	**760390**
❊	Dark Chocolate Strawberries	*organic*	10x45g	21.80 V	*3.49*	**760391**

Raw Halo Chocolate - dairy & gluten-free

*New from Raw Halo, a range of organic vegan gluten-free raw chocolate bars and buttons. The base chocolate is made from UTZ certified single origin cacao, sweetened with coconut sugar. There are two resealeable share bags of chocolate buttons. **Dark & Salted Giant Buttons** have a smooth salted almond truffle centre. **Mylk & Hazelnut Giant Buttons** are a creamy mylk chocolate filled with a smooth hazelnut truffle centre. The large 70g bars come in seven flavours: **Dark 76%**, **Dark 85%**, **Dark & Pink Himalayan Salt**, **Dark & Salted Caramel**, **Mylk & Pink Himalayan Salt**, **Mylk & Salted Caramel** and **Mylk & Vanilla**. The 35g sizes also include **Dark & Mint** and **Dark & Orange** but do not come in 85% or Dark & Pink Himalayan Salt flavours.*

❊	Dark & Salted Giant Buttons	*organic*	8x90g	21.30 V	*4.26*	**767644**
❊	Mylk & Hazelnut Giant Buttons	*organic*	8x90g	21.30 V	*4.26*	**767645**
❊	Dark 76%	*organic*	10x70g	22.45 V	*3.59*	**767648**
❊	Dark 85%	*organic*	10x70g	22.45 V	*3.59*	**767649**
❊	Dark & Pink Himalayan Salt	*organic*	10x70g	22.45 V	*3.59*	**767651**
❊	Dark & Salted Caramel	*organic*	10x70g	22.45 V	*3.59*	**767653**
❊	Mylk & Pink Himalayan Salt	*organic*	10x70g	22.45 V	*3.59*	**767654**
❊	Mylk & Salted Caramel	*organic*	10x70g	22.45 V	*3.59*	**767655**
❊	Mylk & Vanilla	*organic*	10x70g	22.45 V	*3.59*	**767657**
❊	Dark 76%	*organic*	10x35g	13.70 V	*2.19*	**767659**
❊	Dark & Mint	*organic*	10x35g	13.70 V	*2.19*	**767661**
❊	Dark & Orange	*organic*	10x35g	13.70 V	*2.19*	**767663**
❊	Dark & Salted Caramel	*organic*	10x35g	13.70 V	*2.19*	**767665**
❊	Mylk & Pink Himalayan Salt	*organic*	10x35g	13.70 V	*2.19*	**767670**
❊	Mylk & Salted Caramel	*organic*	10x35g	13.70 V	*2.19*	**767672**
❊	Mylk & Vanilla	*organic*	10x35g	13.70 V	*2.19*	**767673**

Vivani organic vegan chocolate bars

*New and on offer from Vivani, two organic vegan dark chocolate 'impulse' sized bars. **Crunchy Coconut** is a dark chocolate bar made with coconut paste and filled with roasted coconut flakes. **White Nougat Crisp** is made from the finest nougat with crunchy hazelnut brittle and is wrapped in a smooth white hazelnut chocolate. Both bars have home compostable cellulose liner and a paper wrap.The pricing below represents a discount of 15%.*

❒	Crunchy Coconut Dark Chocolate	*organic*	18x35g	17.10 V	*1.52*	**768897**
❒	White Nougat Crisp Chocolate	*organic*	18x35g	17.10 V	*1.52*	**768899**

Vivani organic chocolate bars - not vegan

*New and on offer from Vivani, three organic milk chocolate 'impulse' sized bars. **Creamy Caramel** is fine milk chocolate with a creamy caramel core. A pinch of salt completes the taste. **Lemon Cheesecake** is a milk chocolate bar filled with fruity lemon yogurt cream like a delicious cheesecake. **Pistacchio Dubai Style** - this milk chocolate bar is filled with pistachio cream with delicate crispy pieces of biscuit & wafer. The pricing below represents a discount of 15%.*

❒	Creamy Caramel Milk Chocolate	*organic*	18x40g	17.10 V	*1.52*	**768991**
❒	Lemon Cheesecake Milk Chocolate	*organic*	18x40g	17.10 V	*1.52*	**768993**
❒	Pistacchio Dubai Style Milk Chocolate	*organic*	18x40g	21.90 V	*1.95*	**768887**

Supplementary Foods

BetterYou

New and on offer from BetterYou, two daily dose vitamin sprays. ***B-complete Oral Spray*** *is a great tasting, expertly formulated blend of all 8 B vitamins including B12 to support metabolism. Four squirts of the oral spray delivers a B-complex of vitamins directly into the blood stream, bypassing primary processing by the gut; it has a peach plum flavour.* ***Iron 10mg Oral Spray*** *is a fast effective way to take this high dosage iron supplement, specially formulated to be gentle on the digestive system with a great tasting, pomegranate flavour. Use 4 sprays daily to get 10mg of iron.The pricing below represents a discount of 20%.*

❒	B-complete Oral Spray		6x25ml	30.20 v	9.54	850889
❒	Iron 10mg Oral Spray		6x25ml	37.85 v	11.96	850892

Raw Living

New from Raw Living is ***Shilajit Resin****. This high grade resin is a dark, sticky paste, with an earthy taste, usually enjoyed as a tea. Sourced from the Altai mountains in Siberia, Shilajit is gaining in popularity as it is so rich in minerals, containing 77% fulvic acid and 6.9% humic acid. It is naturally purified and lab tested and is packaged in a miron glass tub for ultimate protection.*

❊	Shilajit Resin	*organic*	1x40g	23.00	39.99	857938

Kitchen & Household Goods

Alter/Native by Suma - soap containers

New from Alter/Native ***Bambuu Soap Dish & Soap Bag - rectangle*** *which is handmade with sustainable Moso bamboo which is neither a food source or habitat for pandas. These soap dishes contain no dyes or stains and are therefore safe and non toxic. Each dish has four silicone non slip pads on the base to aid drainage. They come in a handy organic cotton drawstring mesh bag to store soaps when not in use. Every purchase supports @BambuuBrush's mission to educate and raise awareness of plastic pollution.*

❊	Bambuu Soap Dish & Soap Bag - rectangle		1x1p	3.50 V	5.60	820705

Household & Industrial Cleaning Products

Ecover Laundry

New and on offer from Ecover is ***Concentrated Colour Laundry liquid - Apple Blossom & Freesia****. This non biological laundry liquid is formulated to fight stains, revive colours and remove bobbles from cotton fibres. There is also a dye inhibitor to prevent colours running. The pricing below represents a discount of 20%.*

❒	Conc Colour Laundry Liquid - Apple Blossom & Freesia N		6x1.43l	34.60 V	9.23	832055

Toiletries & Natural Remedies

Lavera - Men's Care Range

New from Lavera a re-branded Men's range that will feed through over the period of this catalogue.

❊	Gentle Shaving Foam		4x150ml	22.10 V	9.95	855346
❊	Aftershave Balm - tube		4x100ml	26.55 V	11.95	855347
❊	Men's Deodorant Roll On 24hr		4x50ml	22.10 V	9.95	855348
❊	Men's Moisturising Cream		4x50ml	30.95 V	13.95	855349
❊	Men's 3 in 1 Shower Gel		4x200ml	15.45 V	6.95	855353

Urtekram - skincare

New from Urtekram organic vegan ***Wild Lemongrass Hand Cream****. This is a rich nourishing hand cream that is easily absorbed by the skin. It is naturally scented with wild lemongrass and citrus and also contains aloe vera and shea butter to ensure your skin stays moisturised. Packaged in a recyclable tube.*

❊	Hand Cream - Wild Lemongrass	*organic*	6x75ml	20.25 V	5.79	859111

Toothpaste, Brushes & Oral Hygiene

Georganics Dental Care

New and on offer from from Georganics, vegan gluten-free fluoride toothpaste with hydroxyapatite in an aluminium tube. Hydroxyapatite is a form of calcium that makes up 70-80% of the mass of dentin and enamel. It helps remineralise teeth and prevent cavities. The toothpaste also contains erythritol and calcium carbonate with fluoride to support optimal oral health.There are three flavours: ***Activated Charcoal****,* ***Fresh Mint*** *and* ***Strawberry Geokids*** *for children aged three and above. Each tube has a recyclable plastic screw top and a recycled card box. Also new is a* ***Beechwood Tonguebrush****. Carved from FSC certified beechwood with a laser etched leaf design, this BPA-free brush is designed to clean the surface of the tongue, reducing bacteria and preventing bad breath. It has BPA free recyclable bristles and the snap off handle is compostable. Packed in a card box. The pricing below represents a discount of 25%*

❒	Fluoride Toothpaste - Activated Charcoal - tube		1x75ml	1.70 V	2.91	881923
❒	Fluoride Toothpaste - Fresh Mint - tube		1x75ml	1.70 V	2.91	881293
❒	Geokids Fluoride Toothpaste - Strawberry - tube		1x75ml	1.70 V	2.91	881300
❊	Beechwood Tonguebrush		1x1	2.45 V	4.20	881313

special offers

Please note that the prices listed below are the offer prices.
All offers run for two months, or while stocks last.
Prices are fixed at the point of ordering so that these prices apply to orders PLACED from 5pm 30th April to 5pm 30th June.
The non-offer prices will be printed in the July 2025 Catalogue.

Flours & Baking Requisites

Doves Farm - baking requisites

15% off list May and June

❒	Baking Powder - gluten-free		5x130g	5.90	1.57	41203
❒	Bicarbonate of Soda - gluten-free		5x200g	5.40	1.44	41208
❒	Corn Starch Flour - gluten-free	*organic*	5x110g	7.00	1.87	41212

Freee - from Doves Farm - non-organic

15% off list May and June

❒	Wholegrain Buckwheat Flour - gluten-free		5x1kg	15.90	4.24	51044
❒	Rice Flour (brown & white) - gluten-free		5x1kg	7.80	2.08	51037
❒	Gram Flour - gluten-free		5x1kg	9.55	2.55	51047
❒	Gluten-free Plain White Flour		5x1kg	9.55	2.55	51075
❒	Gluten-free Self-Raising White Flour		5x1kg	9.55	2.55	51077
❒	Gluten-free Brown Bread Flour		5x1kg	10.05	2.68	51080
❒	Gluten-free White Bread Flour		5x1kg	9.55	2.55	51082

Breakfast Cereals & Cereal Flakes

Amisa - gluten-free

20% off list May and June

❒	Pure Porridge Oats	*organic*	4x1kg	13.15	4.38	60304
❒	Pure Porridge Oats	*organic*	6x325g	9.65	2.14	60305
❒	Apple & Cinnamon Porridge Oats	*organic*	6x300g	13.25	2.94	60310
❒	Four Grain Porridge	*organic*	6x300g	12.20	2.71	60311
❒	Fruity Oat Muesli	*organic*	6x325g	14.35	3.19	60312

Bear

15% off list May and June

❒	Cocoa Alpha Bites		4x350g	7.35	2.45	70506
❒	Multigrain Alpha Bites		4x350g	7.35	2.45	70509

Bio & Me

15% off list May and June

❒	Berry Burst Gluten-free Granola		5x350g	13.50	3.60	705520
❒	Cashew & Almond Gluten-free Granola		5x350g	13.50	3.60	705522
❒	Cocoa & Hazelnut Protein Boosted Granola - New!		5x360g	13.05	3.48	705523
❒	Low Sugar Naturally Granola		5x360g	13.05	3.48	705524
❒	Super Seedy & Nutty Granola		5x360g	13.05	3.48	705526
❒	Toffee Ginger Granola		5x360g	13.05	3.48	705528
❒	Apple & Cinnamon Porridge		5x400g	9.50	2.53	705529
❒	Super Seedy & Nutty Porridge		5x400g	9.50	2.53	705530
❒	Multigrain Berry Puffs - New!		5x200g	10.95	2.92	705527
❒	Multigrain Original Puffs - New!		5x200g	10.95	2.92	705531

Rude Health - muesli

15% off list May and June

❒	The Ultimate Muesli - vegan	*organic*	6x400g	17.75	4.23	71739

Rude Health - Granola

15% off list May and June

❒	The Ultimate Granola	*organic*	6x400g	17.75	4.23	71776
❒	Roasted Almond Granola		6x400g	14.25	3.39	71778
❒	Wild Berry Granola	*organic*	6x400g	17.75	4.23	71779
❒	Maple & Pecan Granola		6x400g	17.75	4.23	71783

Rude Health

15% off list May and June

❒ Puffed Brown Rice - gluten-free		4x225g	5.70	*2.04*	**71755**

Pasta

Mr Organic - pasta

15% off list May and June

❒ White Fusilli	*organic*	12x500g	18.25	*2.03*	**131545**
❒ White Penne Rigate	*organic*	12x500g	18.25	*2.03*	**131547**
❒ White Spaghetti	*organic*	12x500g	18.25	*2.03*	**131548**
❒ White Tagliatelle	*organic*	12x500g	18.25	*2.03*	**131549**

Orgran - gluten-free

15% off list May and June

❒ Buckwheat Spirals		5x350g	12.70	*3.39*	**140511**
❒ Garden Veggie Spirals		5x350g	12.70	*3.39*	**140517**
❒ Rice & Corn Macaroni		5x350g	12.70	*3.39*	**140520**
❒ Rice & Veg Spirals		5x350g	12.70	*3.39*	**140522**

Suma

15% off list May and June

❒ Casarecce Oat Pasta - Box	*organic*	12x340g	22.85	*2.54*	**152567**

Noodles

Clearspring - wheat-free

15% off list May and June

❒ Black Rice Noodles GF	*organic*	10x200g	25.40	*3.39*	**490504**
❒ 100% Brown Rice Noodles GF	*organic*	10x200g	25.40	*3.39*	**490512**
❒ Brown Rice Vermicelli Noodles GF	*organic*	8x180g	20.35	*3.39*	**490505**
❒ 100% Wide Brown Rice Noodles GF	*organic*	5x200g	12.70	*3.39*	**490513**

Bread, Rice Cakes, Crackers etc

Amisa - gluten-free

20% off list May and June

❒ Classic Baguette French Style	*organic*	9x180g	18.30	*2.71*	**169863**
❒ Seeded Breakfast Rolls - Brown - New!	*organic*	9x180g	18.85	*2.79*	**169867**
❒ Sun-Dried Tomato Ciabatta Bread	*organic*	9x180g	19.90	*2.95*	**169864**
❒ Seeded Baguette Rustic Style	*organic*	9x160g	18.30	*2.71*	**169868**

Biona - long life pumpernickel style - wheat free

15% off list May and June

❒ Rye Chia & Flax Bread	*organic*	7x500g	12.85	*2.45*	**170112**
❒ Rye Omega Golden Linseed Bread	*organic*	7x500g	12.00	*2.29*	**170165**
❒ Rye & Pumpkin Seed Bread	*organic*	7x500g	12.85	*2.45*	**170167**
❒ Power Protein Rye Bread - with sourdough	*organic*	8x375g	20.35	*3.40*	**170169**

Biona - Rye Crispbread

15% off list May and June

❒ Rye Knäcke Original Crispbread	*organic*	10x200g	12.65	*1.69*	**170176**
❒ Rye Knäcke Sesame Crispbread	*organic*	10x200g	13.95	*1.86*	**170178**

Dillon

20% off list May and June

❒ Keto Bread Beetroot Flax	*organic*	6x250g	17.95	*3.99*	**170533**
❒ Keto Bread Chia Flax	*organic*	6x250g	17.95	*3.99*	**170534**
❒ Keto Bread Original Flax	*organic*	6x250g	17.95	*3.99*	**170535**
❒ Olive Gluten Free Bread	*organic*	4x275g	11.95	*3.98*	**170536**
❒ Seeded Gluten Free Bread	*organic*	4x275g	11.95	*3.98*	**170537**

Kallo Foods - gluten-free

15% off list May and June

❒ Lentil & Pea Veggie Cakes - Beetroot		6x122g	14.20	*3.16*	**173296**
❒ Lentil & Pea Veggie Cakes - Onion & Chutney		6x122g	14.20	*3.16*	**173001**
❒ Lentil & Pea Veggie Cakes - Sea Salt & Cider Vinegar		6x122g	14.20	*3.16*	**173002**
❒ Lentil & Pea Veggie Cakes - Spinach & Pesto		6x122g	14.20	*3.16*	**173003**

Nairn's - gluten-free oat range

20% off list May and June

❒ Wholegrain Scalloped Crackers - gluten-free		8x160g	11.10	*1.85*	**174753**
❒ Gluten-free Oatcakes		8x213g	12.40	*2.07*	**174756**
❒ Gluten-free Super Seeded Oatcakes		8x180g	12.40	*2.07*	**174759**

Biscuits and Cakes

Nairn's - gluten-free oat biscuit breaks - vegan

20% off list May and June

❒ Oats & Chocolate Chip biscuit break		12x160g	19.95	*2.22*	**182397**
❒ Oat & Fruit Biscuit Break		12x160g	19.95	*2.22*	**182398**
❒ Oat & Stem Ginger Biscuit Break		12x160g	19.95	*2.22*	**182396**

Oils & Fats

Biona Oils - not heat extracted

15% off list May and June

❒ 875ml Mild Coconut Oil Cuisine - tub	*organic*	6x875ml	34.35	*7.64*	**200406**
❒ 610ml Mild Coconut Oil Cuisine	*organic*	6x610ml	26.70	*5.93*	**200407**
❒ 470ml Mild Coconut Oil Cuisine	*organic*	6x470ml	22.50	*5.00*	**200408**
❒ Raw Virgin Coconut Oil - 400g	*organic*	6x400g	31.70	*7.04*	**200405**

Infinity Foods

20% off list - best before 10/7/25 - while stocks last

❒ Olive Oil - Extra Virgin - Greece - glass bottle	*organic*	6x1l	68.55	*15.23*	**201500**

Nut Butter, Pâté, Spreads & Jam

Meridian

15% off list May and June

❒ Smooth Almond Butter 100%		6x470g	32.50	*7.21*	**251511**
❒ Peanut Butter Crunchy 100%	*organic*	6x280g	12.95	*2.88*	**251525**
❒ Peanut Butter Smooth 100%	*organic*	6x280g	12.95	*2.88*	**251530**
❒ Peanut Butter Crunchy 100% - glass		6x470g	17.95	*3.98*	**251566**
❒ Peanut Butter Crunchy 100% - glass		6x280g	12.00	*2.66*	**251570**
❒ Peanut Butter Smooth 100% - glass		6x470g	17.95	*3.98*	**251606**
❒ Peanut Butter Smooth 100% - glass		6x280g	12.00	*2.66*	**251610**

Pip & Nut

15% off list May and June

❒ Smooth Almond Butter		3x1kg	34.10	*15.16*	**251640**
❒ Smooth Almond Butter		6x170g	14.45	*3.21*	**251642**
❒ Crunchy Peanut Butter		3x1kg	15.60	*6.93*	**251644**
❒ Crunchy Peanut Butter		6x300g	13.75	*3.06*	**251646**
❒ Smooth Peanut Butter		3x1kg	15.60	*6.93*	**251648**
❒ Smooth Peanut Butter		6x300g	13.75	*3.06*	**251650**
❒ Sweet Salty Crunchy Peanut Butter		6x300g	13.75	*3.06*	**251652**
❒ Sweet Salty Smooth Peanut Butter		3x1kg	15.60	*6.93*	**251654**
❒ Sweet Salty Smooth Peanut Butter		6x300g	13.75	*3.06*	**251656**

Rhythm 108 - vegan - gluten-free

15% off list May and June

❒ Chocolate Hazelnut Spread - New!	*organic*	6x250g	22.40	*4.98*	**261221**
❒ Golden Blonde Spread - New!	*organic*	6x250g	22.40	*4.98*	**261222**
❒ Pistachio Spread - New!	*organic*	6x250g	26.15	*5.81*	**261223**

Honey, Syrup, Sugar & Sweeteners

Dillon

20% off list May and June

❒	Chicory Fibre Syrup		6x230g	28.75		*6.39*	**312020**

Olives, Pickles and Preserved Vegetables

Biona - in jars

15% off list May and June

❒	Beetroot - sliced	*organic*	6x340g	8.00		*1.78*	**350610**
❒	Cornichons (baby gherkins)	*organic*	6x330g	17.55		*3.90*	**350615**
❒	Kimchi	*organic*	6x350g	19.05		*4.23*	**350622**
❒	Sauerkraut - small	*organic*	6x360g	9.15		*2.04*	**350625**
❒	Sauerkraut - large	*organic*	6x680g	12.95		*2.88*	**350627**
❒	Sauerkraut -Beetroot	*organic*	6x350g	9.50		*2.12*	**350631**
❒	Golden Turmeric Sauerkraut	*organic*	6x350g	9.50		*2.12*	**350633**

Vinegars

Raw Vibrant Living (was Raw Health)

15% off list May and June

❒	Raw Apple Cider Vinegar	*organic*	6x500ml	12.55		*2.79*	**371605**
❒	Raw Apple Cider Vinegar	*organic*	12x1l	36.60		*4.07*	**371608**
❒	Raw ACV Infusion with Turmeric & Ginger	*organic*	12x500ml	28.20		*3.13*	**371612**

Sauces, Fruit and Vegetable Products

BeSaucy vegan mayo

20% off list May and June

❒	Vegan Mayo		4.5kg	20.55	4.57		**389838**
❒	Vegan Mayo		6x180g	11.05		*2.46*	**389839**

Biona - Canned Veg Products

15% off list May and June

❒	Coconut Milk (17% fat) - large	*organic*	6x400ml	9.15		*2.03*	**390195**
❒	Coconut Cream	*organic*	6x400ml	10.25		*2.28*	**390198**
❒	Green Curry Coconut Milk	*organic*	6x400ml	11.40		*2.53*	**390202**

Biona - Sauces. Mustards, Pastes, Relish

15% off list May and June

❒	BBQ Sauce	*organic*	6x250ml	13.35		*2.97*	**390094**
❒	Squeezy Original Mayonnaise	*organic*	6x270ml	17.90		*3.98*	**390186**
❒	Egg-free Mayo - Vegan	*organic*	6x230g	13.35		*2.97*	**390161**
❒	Mustard - Dijon	*organic*	6x200g	12.55		*2.79*	**390172**
❒	Squeezy Classic Tomato Ketchup	*organic*	12x560g	32.80		*3.64*	**390138**
❒	Squeezy No Added Sugar Tomato Ketchup	*organic*	9x470g	21.15		*3.13*	**390188**
❒	Sweet Chilli Sauce	*organic*	6x250ml	13.35		*2.97*	**390176**

Biona - Tomato Products

15% off list May and June

❒	Tomatoes Chopped	*organic*	12x400g	11.40		*1.27*	**390105**
❒	Tomatoes Whole Plum	*organic*	12x400g	11.40		*1.27*	**390110**
❒	Tomatoes - Whole Cherry - canned	*organic*	12x400g	14.45		*1.61*	**390113**
❒	Tomato Purée - jar	*organic*	6x200g	9.50		*2.11*	**390135**

Clearspring - gluten-free Thai sauce in glass

15% off list May and June

❒	Pad Thai Sauce	*organic*	6x150ml	21.35		*4.74*	**390664**

Mr Organic - Italy - vegan

15% off list May and June

❒	Aubergine Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392156**
❒	Basil & Chilli Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392165**
❒	Sundried Tomato Pesto - N A S - vegan	*organic*	6x130g	12.55		*2.79*	**392134**
❒	Aubergine Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392196**
❒	Basil Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392198**
❒	Basil & Chilli Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392199**
❒	Chilli & Garlic Pesto - New!	*organic*	6x190g	14.85		*3.30*	**392200**
❒	Grilled Pepper Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392201**
❒	Sundried Tomato Pesto - N A S - New!	*organic*	6x190g	14.85		*3.30*	**392202**
❒	Tomato Olive Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392203**
❒	Aubergine Ragu Pasta Sauce	*organic*	6x350g	12.55		*2.79*	**392162**
❒	Basilico Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392135**
❒	Bolognese Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392137**
❒	Basilico Smooth Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392172**
❒	Bolognese Smooth Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392173**
❒	Cherry Tomato Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392138**
❒	Chilli Arrabbiata Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392139**
❒	Mushroom Ragu Pasta Sauce	*organic*	6x350g	12.55		*2.79*	**392183**
❒	Roast Garlic Pasta Sauce - no added sugar	*organic*	6x350g	11.80		*2.62*	**392151**
❒	Capers & Olives Pasta Sauce - N A S	*organic*	6x350g	11.80		*2.62*	**392152**

Mr Organic - high protein - vegan

15% off list May and June

❒	Lentil Ragu	*organic*	6x350g	12.55		*2.79*	**392154**
❒	Seitan Ragu	*organic*	6x350g	12.55		*2.79*	**392155**
❒	Tofu Ragu	*organic*	6x350g	12.55		*2.79*	**392160**

Convenience Foods

Mr Organic - gnocchi & filled pasta - vegan

15% off list May and June

❒	Gnocchi - gluten-free	*organic*	8x350g	19.10		*3.18*	**442800**
❒	Porcini Tortellini	*organic*	10x250g	26.10		*3.48*	**442804**
❒	Red Pepper Tortelloni	*organic*	10x250g	26.10		*3.48*	**442802**
❒	Vegetable Tortellini	*organic*	10x250g	26.10		*3.48*	**442806**
❒	Vegan Formaggio Ravioli	*organic*	10x250g	26.10		*3.48*	**442808**

Japanese Products, Miso, Soy Sauce, Tofu

Ocean's Halo

15% off list May and June

❒	No Chicken Broth - tetra - New!	*organic*	6x946ml	19.25		*4.28*	**481041**

Sea Vegetables

Ocean's Halo

15% off list May and June

❒	Sushi Nori Sheets	*organic*	12x28g	30.20		*3.36*	**531590**
❒	Sushi Nori Sheets - Wasabi Style - New!	*organic*	12x28g	30.20		*3.36*	**531592**
❒	Trayless Sea Salt Seaweed Snack - New!	*organic*	20x4g	12.45		*0.83*	**531593**
❒	Trayless Wasabi Seaweed Snack - New!	*organic*	20x4g	12.45		*0.83*	**231594**

Teas - Herb

English Tea Shop

15% off list May and June

❒	Chamomile Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544130**
❒	Lemongrass Citrus & Ginger Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544132**
❒	Perfect Peppermint - FT - Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544134**
❒	Rooibos - FT - Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544136**

Pukka - Ayurvedics - tea bags

15% off list May and June

❒ Breathe In with Eucalyptus	*organic*	4x20bgs	12.55	*4.19*	**561488**
❒ Chamomile, Vanilla & Manuka Honey	*organic*	4x20bgs	12.55	*4.19*	**561490**
❒ Feel New - aniseed, fennel & licorice	*organic*	4x20bgs	12.55	*4.19*	**561500**
❒ Herbal Tea collection	*organic*	4x20bgs	13.90	*4.63*	**561494**
❒ Elderberry & Echinacea	*organic*	4x20bgs	12.55	*4.19*	**561501**
❒ Joy - lemony herbs with orange Tea	*organic*	4x20bgs	12.55	*4.19*	**561496**
❒ Lemon, Ginger & A Touch of Manuka Honey	*organic*	4x20bgs	12.55	*4.19*	**561504**
❒ Lemongrass & Ginger	*organic*	4x20bgs	12.55	*4.19*	**561495**
❒ Love - rose, chamomile & lavender Tea	*organic*	4x20bgs	12.55	*4.19*	**561515**
❒ Licorice & Cinnamon	*organic*	4x20bgs	12.55	*4.19*	**561517**
❒ Morning Berry - rooibos, ginseng, blackcurrant	*organic*	4x20bgs	12.55	*4.19*	**561521**
❒ Night Time Berry	*organic*	4x20bgs	12.55	*4.19*	**561516**
❒ Peace - chamomile, spearmint, hemp, licorice	*organic*	4x20bgs	12.55	*4.19*	**561531**
❒ Peppermint & Licorice	*organic*	4x20bgs	12.55	*4.19*	**561506**
❒ Radiance - nettle, fennel & aloe vera	*organic*	4x20bgs	12.55	*4.19*	**561518**
❒ Relax - chamomile, fennel & marshmallow	*organic*	4x20bgs	12.55	*4.19*	**561510**
❒ Turmeric Ginger & Orange Tea	*organic*	4x20bgs	12.55	*4.19*	**561511**
❒ Wild Apple Cinnamon with Ginger	*organic*	4x20bgs	12.55	*4.19*	**561554**
❒ Winter Warmer	*organic*	4x20bgs	12.55	*4.19*	**561553**
❒ Womankind - rose, vanilla & shatavari	*organic*	4x20bgs	12.55	*4.19*	**561555**
❒ Vanilla Spice Chai - cinnamon & sweet vanilla	*organic*	4x20bgs	12.55	*4.19*	**561520**
❒ Night Time Tea	*organic*	4x20bgs	12.55	*4.19*	**561530**
❒ Three Chamomile Tea	*organic*	4x20bgs	12.55	*4.19*	**561532**
❒ Three Fennel Tea	*organic*	4x20bgs	12.55	*4.19*	**561537**
❒ Three Ginger Tea	*organic*	4x20bgs	12.55	*4.19*	**561540**
❒ Three Mint Tea	*organic*	4x20bgs	12.55	*4.19*	**561545**
❒ Tulsi Clarity Tea	*organic*	4x20bgs	12.55	*4.19*	**561551**

Teas - Black, Green & White

English Tea Shop

15% off list May and June

❒ Chai Black Tea Bags	*organic*	6x20bgs	10.10	*2.24*	**560760**
❒ Darjeeling Black Tea Bags	*organic*	6x20bgs	10.10	*2.24*	**560762**
❒ English Breakfast Tea Bags - FT	*organic*	6x20bgs	10.10	*2.24*	**560764**
❒ Earl Grey Tea Bags - FT	*organic*	6x20bgs	10.10	*2.24*	**560766**
❒ Pure Green Tea Bags	*organic*	6x20bgs	10.10	*2.24*	**560770**

Hampstead - Demeter/Organic

20% off list May and June

❒ Assam Loose	*organic*	6x100g	23.35	*5.19*	**580479**
❒ Green Tea Loose - Single Estate	*demeter*	6x100g	23.35	*5.19*	**580455**
❒ Earl Grey Loose	*demeter*	6x100g	23.35	*5.19*	**580459**
❒ English Breakfast Loose	*demeter*	6x100g	23.35	*5.19*	**580464**
❒ First Flush Loose	*demeter*	6x100g	32.35	*7.20*	**580465**
❒ Darjeeling Loose	*demeter*	6x100g	23.35	*5.19*	**580470**
❒ Oolong Loose	*demeter*	6x50g	23.35	*5.19*	**580475**

Pukka - black tea - FairTrade

15% off list May and June

❒ Elegant English Breakfast	*organic*	4x20bgs	12.60	*4.21*	**581030**
❒ Gorgeous Earl Grey	*organic*	4x20bgs	12.60	*4.21*	**581032**

Pukka - chai

15% off list May and June

❒ Original Chai - cinnamon & cardamom	*organic*	4x20bgs	12.60	*4.21*	**581050**

Pukka - green tea

15% off list May and June

❒ Supreme Green Matcha Tea Bags - FT	*organic*	4x20bgs	12.60	*4.21*	**580620**
❒ Clean Matcha Green Tea Bags	*organic*	4x20bgs	12.60	*4.21*	**580651**
❒ Ginseng Matcha Green Tea Bags	*organic*	4x20bgs	12.60	*4.21*	**580654**
❒ Mint Matcha Green Tea Bags	*organic*	4x20bgs	12.60	*4.21*	**580656**

Coffee

Grumpy Mule Ground - FairTrade

15% off list May and June

❒ Colombia Ground - 4	*organic*	6x200g	24.35	*5.42*	**600845**
❒ High & Mighty Ground Espresso Blend - 5		6x200g	24.35	*5.41*	**600851**
❒ Honduras Ground - 4	*organic*	6x200g	24.35	*5.41*	**600846**
❒ Kick Ass House Blend Ground - 4		6x200g	24.35	*5.42*	**600852**
❒ Peru Ground - Chiclayo - 3	*organic*	6x200g	24.35	*5.42*	**600847**
❒ Sumatra Ground Gayo Highlands - 4	*organic*	6x200g	24.35	*5.42*	**600848**
❒ Easy Does It - Decaf - 3	*organic*	6x200g	25.50	*5.67*	**600849**
❒ Top Notch - 3	*organic*	6x200g	24.35	*5.41*	**600850**

Grumpy Mule Beans - FairTrade

15% off list May and June

❒ Beans - Colombia - 4	*organic*	6x200g	24.35	*5.42*	**600856**
❒ Beans - Easy Does It Decaf - 3	*organic*	6x200g	25.50	*5.67*	**600857**
❒ Beans - Top Notch - 3	*organic*	6x200g	24.35	*5.42*	**600858**
❒ Beans - High & Mighty Espresso Blend - 5		6x200g	24.35	*5.42*	**600859**
❒ Beans - Kick Ass House Blend - 4		6x200g	24.35	*5.42*	**600860**
❒ Beans - Peru Chiclayo - 3 - Bird Friendly	*organic*	6x200g	24.35	*5.42*	**600861**
❒ Beans - Sumatra - 4	*organic*	6x200g	24.35	*5.42*	**600833**

Drinks - Herbal, Tonic, Coconut and Iced Tea

Biona - Kombucha - glass

15% off list May and June

❒ Kombucha Ginger & Lime	*organic*	6x330ml	10.45 V	*2.79*	**641012**
❒ Kombucha Original	*organic*	6x330ml	10.45 V	*2.79*	**641014**
❒ Kombucha Cherry & Mint	*organic*	6x330ml	10.45 V	*2.79*	**641016**

Equinox Kombucha - can

15% off list May and June

❒ Blood Orange Kombucha - can - New!	*organic*	12x250ml	12.35 V	*1.65*	**640375**
❒ Cola & Lime Kombucha - can - New!	*organic*	12x250ml	12.35 V	*1.65*	**640376**
❒ Fiery Ginger Kombucha - can - New!	*organic*	12x250ml	12.35 V	*1.65*	**640378**
❒ Pineapple & Mango Kombucha - can - New!	*organic*	12x250ml	12.35 V	*1.65*	**640379**
❒ Raspberry & Elderflower Kombucha - New!	*organic*	12x250ml	12.35 V	*1.65*	**640380**
❒ Sicillian Lemon Kombucha - can - New!	*organic*	12x250ml	12.35 V	*1.65*	**640382**

Hip Pop

20% off list May and June

❒ Apple & Elderflower Kombucha		12x330ml	9.95 V	*1.33*	**641616**
❒ Blueberry & Ginger Kombucha		12x330ml	9.95 V	*1.33*	**641617**
❒ Ginger & Yuzu Kombucha		12x330ml	9.95 V	*1.33*	**641619**
❒ Strawberry & Pineapple Kombucha		12x330ml	9.95 V	*1.33*	**641620**
❒ Cherry & Blackberry CBD Kombucha		12x330ml	12.80 V	*1.71*	**641621**
❒ Passion Fruit & Guava CBD Kombucha		12x330ml	12.80 V	*1.71*	**641623**
❒ Berries & Cherries Living Soda - New!		12x330ml	9.95 V	*1.33*	**641634**
❒ Ginger & Turmeric Living Soda		12x330ml	9.95 V	*1.33*	**641627**
❒ Pink Grapefruit Living Soda		12x330ml	9.95 V	*1.33*	**641624**
❒ Tropical Peach Living Soda		12x330ml	9.95 V	*1.33*	**641625**

Lo Bros Vegan Kombucha - glass

15% off list May and June

❒ Cola Kombucha Living Soda		12x330ml	16.00 V	*2.13*	**641514**
❒ Blueberry Lemonade Kombucha		12x330ml	16.00 V	*2.13*	**641521**
❒ Fruit Crush Kombucha Limited Edition		12x330ml	16.00 V	*2.13*	**641522**
❒ Ginger & Lemon Kombucha		12x330ml	16.00 V	*2.13*	**641524**
❒ Raspberry & Blackcurrant Kombucha		12x330ml	16.00 V	*2.13*	**641528**
❒ Raspberry & Lemon Kombucha		12x330ml	16.00 V	*2.13*	**641526**
❒ Passion Fruit Kombucha		12x330ml	16.00 V	*2.13*	**641628**

Suma

10% off list May and June

❒	Cola Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641022**
❒	Elderflower Lemon Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641033**
❒	Ginger Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641035**
❒	Lychee Lemongrass Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641038**
❒	Peach & Turmeric Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641036**
❒	Strawberry & Raspberry Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641037**
❒	Winter Berries Kombucha	*organic*	24x250ml	23.55 V	*1.57*	**641039**

Drinks - Fruit & Vegetable Juices, Cordials & Water

Belvoir Mocktails

20% off list May and June

❒	Non-Alcoholic Lime & Yuzu Mojito - New!	6x750ml	12.05 V	*3.22*	**702365**
❒	Non-Alcoholic Passion Fruit Martini - New!	6x750ml	12.05 V	*3.22*	**702366**
❒	Non-Alcoholic Peach Bellini - New!	6x750ml	12.05 V	*3.22*	**702367**
❒	Non-Alcoholic Rhubarb & Ginger G&T - New!	6x750ml	12.05 V	*3.22*	**702378**

Belvoir Cordials

20% off list May and June

❒	Elderflower Cordial	*organic*	6x500ml	18.10 V	*4.83*	**660560**
❒	Ginger Cordial	*organic*	6x500ml	18.10 V	*4.83*	**660565**

Cawston Press - Tetra

20% off list May and June

❒	Cloudy Apple	6x1l	12.15 V	*3.24*	**661157**
❒	Apple & Ginger	6x1l	12.15 V	*3.24*	**661159**
❒	Apple & Rhubarb	6x1l	12.15 V	*3.24*	**661160**
❒	Brilliant Beetroot	6x1l	12.15 V	*3.24*	**661162**
❒	Squeezed Orange	6x1l	15.95 V	*4.25*	**661164**
❒	Apple & Mango Fruit Water - multipack	6x3x200ml	10.65 V	*2.84*	**661170**
❒	Apple & Pear Fruit Water - multipack	6x3x200ml	10.65 V	*2.84*	**661172**
❒	Apple & Summer Berries Fruit Water - multipack	6x3x200ml	10.65 V	*2.84*	**661174**
❒	Sunshine Orange Fruit Water - multipack	6x3x200ml	10.65 V	*2.84*	**661175**

James White unfiltered juices - glass

10% off list May and June

❒	Apple Juice	*organic*	6x750ml	14.15 V	*3.77*	**664505**
❒	Apple & Crushed Ginger Juice	*organic*	6x750ml	14.15 V	*3.77*	**664507**
❒	Carrot & Apple Juice	*organic*	6x750ml	14.15 V	*3.77*	**664510**
❒	Pear Juice	*organic*	6x750ml	14.15 V	*3.77*	**664518**
❒	Pear & Raspberry Juice - returning	*organic*	6x750ml	17.85 V	*4.77*	**664519**
❒	Apple Juice	*organic*	24x250ml	23.85 V	*1.59*	**664520**
❒	Apple & Crushed Ginger Juice	*organic*	24x250ml	23.85 V	*1.59*	**664522**
❒	Carrot & Apple Juice	*organic*	24x250ml	23.85 V	*1.59*	**664523**
❒	Pear Juice	*organic*	24x250ml	23.85 V	*1.59*	**664530**
❒	Carrot Juice	*organic*	6x750ml	14.15 V	*3.77*	**664560**
❒	Tomato Juice	*organic*	6x750ml	14.15 V	*3.77*	**664562**
❒	Mixed Vegetables Juice	*organic*	6x750ml	14.15 V	*3.77*	**664565**

James White - Veg It

10% off list May and June

❒	Prune Juice - New!	8x1l	20.20 V	*4.04*	**664607**
❒	Veg-It Tetra - blend of 8 vegetables	8x1l	15.85 V	*3.17*	**664608**

OHMG

20% off list May and June

❒	OHMG - Sparkling Magnesium Water	12x330ml	10.95 V	*1.59*	**662480**
❒	OHMG - Raspberry & Lemon Balm	12x330ml	10.95 V	*1.59*	**662482**
❒	OHMG - Peach & Rosemary	12x330ml	10.95 V	*1.59*	**662484**
❒	OHMG - Pineapple & Grapefruit	12x330ml	10.95 V	*1.59*	**662485**
❒	OHMG - Blackcurrant & Vitamin C	12x330ml	10.95 V	*1.59*	**662486**

Drinks - Carbonated

Belvoir - Pressés

20% off list May and June

❒	Elderflower Pressé	*organic*	6x750ml	12.90 V	*3.44*	**660575**
❒	Elderflower Pressé	*organic*	12x250ml	11.85 V	*1.58*	**660577**
❒	Ginger Beer	*organic*	6x750ml	12.90 V	*3.44*	**660580**
❒	Ginger Beer	*organic*	12x250ml	11.85 V	*1.58*	**660582**
❒	Lemonade	*organic*	12x250ml	11.85 V	*1.58*	**660587**

Belvoir - cans

20% off list May and June

❒	Sparkling Mango & Peach - can - New!	12x330ml	6.90 V	*0.92*	**660588**
❒	Raspberry Lemonade - can - New!	12x330ml	6.90 V	*0.92*	**660589**
❒	Sparkling Elderflower - can - New!	12x330ml	6.90 V	*0.92*	**660590**

Cawston Press - cans

20% off list May and June

❒	Cloudy Apple Sparkling	24x330ml	17.50 V	*1.17*	**661200**
❒	Cloudy Lemonade Sparkling	24x330ml	17.50 V	*1.17*	**661202**
❒	Elderflower Lemonade	24x330ml	17.50 V	*1.17*	**661204**
❒	Ginger Beer Sparkling	24x330ml	17.50 V	*1.17*	**661208**
❒	Orange Sparkling	24x330ml	17.50 V	*1.17*	**661210**
❒	Rhubarb Sparkling	24x330ml	17.50 V	*1.17*	**661212**

Fentimans Botanical Brews - glass

25% off list May and June

❒	Cherry Cola	12x275ml	11.60 V	*1.55*	**671795**
❒	Curiosity Cola	12x275ml	11.60 V	*1.55*	**671802**
❒	Dandelion & Burdock	12x275ml	11.60 V	*1.55*	**671803**
❒	Traditional Ginger Beer - small	12x275ml	11.60 V	*1.55*	**671805**
❒	Raspberry Lemonade	12x275ml	11.60 V	*1.55*	**671801**
❒	Rose Lemonade - small	12x275ml	11.60 V	*1.55*	**671807**
❒	Victorian Lemonade	12x275ml	11.60 V	*1.55*	**671810**
❒	Mandarin Seville Orange Jigger	12x275ml	11.60 V	*1.55*	**671815**
❒	Sparkling Elderflower	12x275ml	11.60 V	*1.55*	**671816**

Karma Drinks - FairTrade - cans

15% off list May and June

❒	Karma Cola - can	*organic*	24x250ml	17.65 V	*1.18*	**661290**
❒	Gingerella Ginger Ale - can	*organic*	24x250ml	17.65 V	*1.18*	**661292**
❒	Lemony Lemonade - can	*organic*	24x250ml	17.65 V	*1.18*	**661295**
❒	Razza Raspberry lemonade - can	*organic*	24x250ml	17.65 V	*1.18*	**661296**
❒	Sugar-free Karma Cola - can		24x250ml	17.65 V	*1.18*	**661298**
❒	Orangeade - can	*organic*	24x250ml	17.65 V	*1.18*	**661300**

Karma Drinks - FairTrade - glass

15% off list May and June

❒	Karma Cola - bottle	*organic*	24x300ml	26.25 V	*1.75*	**661306**
❒	Gingerella Ginger Ale - bottle	*organic*	24x330ml	26.25 V	*1.75*	**661311**
❒	Lemony Lemonade - bottle	*organic*	24x300ml	26.25 V	*1.75*	**661316**
❒	Razza Raspberry lemonade - bottle	*organic*	24x300ml	26.25 V	*1.75*	**661314**
❒	Sugar-free Karma Cola - bottle		24x300ml	26.25 V	*1.75*	**661317**
❒	Orangeade - bottle	*organic*	24x330ml	26.25 V	*1.75*	**661318**

Drinks - Soya, Nut, Grain, Milk & Desserts

Minor Figures - vegan

20% off list May and June

❒	Barista Oat		6x1l	7.70	*1.71*	**723540**
❒	Barista Chai Concentrate	*organic*	6x1l	20.25	*4.50*	**723543**
❒	Barista Oat (Organic)	*organic*	6x1l	8.15	*1.81*	**723546**

Minor Figures - vegan

15% off list May and June

❒	Oat M*lk - bag in box	10l	16.40	1.64	**723541**

Nutty Bruce - vegan

15% off list May and June

❒ Activated Almond M*lk	*organic*	6x1l	10.45	*2.32*	**723560**
❒ Activated Almond & Coconut M*lk	*organic*	6x1l	10.45	*2.32*	**723564**
❒ Activated Almond & Oat M*lk	*organic*	6x1l	10.45	*2.32*	**723568**

Rude Health - gluten-free

15% off list May and June

❒ Ultimate Almond - pure almond drink	*organic*	6x1l	14.70	*3.27*	**724587**
❒ Almond Drink - with rice - Large	*organic*	6x1l	10.30	*2.29*	**724590**
❒ Cashew Drink	*organic*	6x1l	13.35	*2.97*	**724591**
❒ Coconut Drink	*organic*	6x1l	11.40	*2.53*	**724593**
❒ Hazelnut Drink	*organic*	6x1l	11.40	*2.53*	**724594**
❒ Oat Drink	*organic*	6x1l	9.50	*2.11*	**724595**
❒ Soya Drink	*organic*	6x1l	8.80	*1.96*	**724601**

Sproud pea milk

15% off list May and June

❒ Sproud - Unsweetened	6x1l	8.50	*1.89*	**726530**
❒ Sproud Barista	6x1l	8.50	*1.89*	**726536**
❒ Sproud Barista Zero	6x1l	8.50	*1.89*	**726537**
❒ Sproud Chocolate	6x1l	8.50	*1.89*	**726538**
❒ Sproud Vanilla	6x1l	8.50	*1.89*	**726539**

Savoury Snacks

Eat Real - hummus chips - large - vegan - gluten-free

33% off list May and June

❒ Caramelised Onion, Balsamic Vinegar Hummus Chips - la	10x110g	10.75	*1.54*	**751191**
❒ Chilli & Lemon Hummus Chips - large	10x110g	10.75	*1.54*	**751193**
❒ Chilli Lime & Sea Salt Hummus Chips - large	10x110g	10.75	*1.54*	**751198**
❒ Italian Cheese & Black Pepper Hummus Chips - New!	10x110g	10.75	*1.54*	**751199**
❒ Sea Salt & Balsamic Hummus Chips - large	10x110g	10.75	*1.54*	**751194**
❒ Sour Cream & Chives Hummus Chips - large	10x110g	10.75	*1.54*	**751195**
❒ Tomato & Basil Hummus Chips - large	10x110g	10.75	*1.54*	**751196**
❒ Sea Salt Hummus Chips - large	10x110g	10.75	*1.54*	**751197**

Eat Real - hummus chips - small - vegan - gluten-free

15% off list May and June

❒ Caramelised Onion, Balsamic Vinegar Hummus Chips	18x45g	10.05	*0.83*	**751204**
❒ Italian Cheese & Black Pepper Hummus Chips - New!	18x45g	10.05	*0.83*	**751206**
❒ Sea Salt Hummus Chips	18x45g	10.05	*0.83*	**751201**
❒ Sour Cream & Chives Hummus Chips	18x45g	10.05	*0.83*	**751202**
❒ Tomato & Basil Hummus Chips	18x45g	10.05	*0.83*	**751203**

Eat Real - lentil chips - vegan - gluten-free

33% off list May and June

❒ Chargrilled Red Pepper Lentil Chips - large - New!	10x95g	10.75	*1.54*	**751215**
❒ Chilli & Lemon Lentil Chips - large	10x95g	10.75	*1.54*	**751217**
❒ Creamy Dill Lentil Chips - large	10x95g	10.75	*1.54*	**751218**
❒ Greek Cheese Tomato & Herb Lentil Chips - New!	10x95g	10.75	*1.54*	**751233**
❒ Mango & Mint Lentil Chips - large	10x95g	10.75	*1.54*	**751219**
❒ Sea Salt Lentil Chips - large	10x95g	10.75	*1.54*	**751221**

Eat Real - lentil chips - vegan - gluten-free

15% off list May and June

❒ Chilli & Lemon Lentil Chips	18x40g	10.05	*0.83*	**751224**
❒ Creamy Dill Lentil Chips	18x40g	10.05	*0.83*	**751226**
❒ Sea Salt Lentil Chips	18x40g	10.05	*0.83*	**751231**

Eat Real - quinoa chips - large - vegan - gluten-free

33% off list May and June

❒ Sour Cream & Chives Quinoa Chips	10x90g	10.75	*1.54*	**751251**
❒ Sundried Tomato & Roast Garlic Quinoa Chips	10x90g	10.75	*1.54*	**751254**

Eat Real - quinoa chips - small - vegan - gluten-free

15% off list May and June

❒ Sour Cream & Chives Quinoa Chips - small	18x40g	10.05	*0.83*	**751271**

Eat Real - veggie straws - vegan - gluten-free

15% off list May and June

❒ Veggie Straws - small	18x45g	10.05	*0.83*	**751287**

Eat Real - veggie straws - vegan - gluten-free

33% off list May and June

❒ Veggie Straws - large	10x110g	10.75	*1.45*	**751288**
❒ Veggie Straws Sea Salt Black Pepper - large	10x110g	10.75	*1.45*	**751289**
❒ Veggie Straws Smoked Paprika & Chilli - large	10x110g	10.75	*1.45*	**751291**

Eat Real - multipacks - vegan - gluten-free

15% off list May and June

❒ Chips Multi Pack	8x5pack	15.30	*2.58*	**721291**
❒ Kids Straws Multi Pack	24x20g	9.90 V	*0.67*	**721292**

Mister Free'd

20% off list May and June

❒ Tortilla Chips Avocado Guacamole	12x135g	14.40	*1.60*	**752340**
❒ Tortilla Chips Blue Maize	12x135g	14.40	*1.60*	**752342**
❒ Tortilla Chips Chia Seed	12x135g	14.40	*1.60*	**752343**
❒ Tortilla Chips Chilli Lime Fiery Hot	12x135g	14.40	*1.60*	**752345**
❒ Tortilla Chips Kale Spinach	12x135g	14.40	*1.60*	**752347**

Shore Seaweed Chips

15% off list May and June

❒ Lightly Salted Seaweed Chips	14x25g	9.60	*0.98*	**752770**
❒ Peking Duck Seaweed Chips	14x25g	9.60	*0.98*	**752772**
❒ Salt & Balsamic Seaweed Chips	14x25g	9.60	*0.98*	**752771**
❒ Smoky Barbeque Seaweed Chips	14x25g	9.60	*0.98*	**752773**
❒ Sweet Sriracha Seaweed Chips	14x25g	9.60	*0.98*	**752774**
❒ Lightly Salted Seaweed Chips - Share Bag	12x80g	15.75	*1.86*	**752776**
❒ Peking Duck Seaweed Chips - Share Bag	12x80g	15.75	*1.86*	**752778**
❒ Salt & Balsamic Seaweed Chips - Share Bag	12x80g	15.75	*1.86*	**752777**
❒ Smoky Barbeque Seaweed Chips- Share Bag	12x80g	15.75	*1.86*	**752779**
❒ Sweet Sriracha Seaweed Chips - Share Bag	12x80g	15.75	*1.86*	**752780**

Sweet Snacks & Confections

Bear - Paws

20% off list May and June

❒ Raspberry & Blueberry - Paws	18x20g	7.15	*0.53*	**760211**
❒ Strawberry & Apple - Paws	18x20g	7.15	*0.53*	**760212**

Bear - Splits

20% off list May and June

❒ Strawberry & Apple - Splits - New!	18x20g	9.00	*0.67*	**760206**
❒ Pineapple & Raspberry - Splits - New!	18x20g	9.00	*0.67*	**760207**

Bear - Splits - Multipacks

15% off list May and June

❒ Strawberry & Apple - Splits	8x5x20g	16.65	*2.78*	**760216**
❒ Pineapple & Raspberry - Splits	8x5x20g	16.65	*2.78*	**760223**

Bear - Fruit Treasures - Multipacks - 3+ years

15% off list May and June

❒ Berry - Treasures	4x5x20g	7.90	*2.63*	**760224**
❒ Tropical - Treasures	4x5x20g	7.90	*2.63*	**760231**

Bear - Yoyos

20% off list May and June

❒	Blackcurrant Yoyo Fruit Rolls		18x20g	7.80	*0.58* **760229**
❒	Mango Yoyo Fruit Rolls		18x20g	7.80	*0.58* **760226**
❒	Raspberry Yoyo Fruit Rolls		18x20g	7.80	*0.58* **760230**
❒	Strawberry Yoyo Fruit Rolls		18x20g	7.80	*0.58* **760235**

Bear - Yoyos - Multipacks

15% off list May and June

❒	Multipack Apple Yoyo Fruit Rolls		6x5x20g	12.50	*2.78* **760245**
❒	Multipack Blackcurrant Yoyo Fruit Rolls		6x5x20g	12.50	*2.78* **760246**
❒	Multipack Mango Yoyo Fruit Rolls		6x5x20g	12.50	*2.78* **760247**
❒	Multipack Raspberry Yoyo Fruit Rolls		6x5x20g	12.50	*2.78* **760248**
❒	Multipack Strawberry Yoyo Fruit Rolls		6x5x20g	12.50	*2.78* **760250**

Bear - Giant Yoyos - Multipacks

15% off list May and June

❒	Apple & Blackcurrant Giant Yoyo		6x5x20g	12.50	*2.78* **760254**
❒	Strawberry & Mango Giant Yoyo		6x5x20g	12.50	*2.78* **760256**

Ma Baker - Giant Nut Bars - vegan - oat-based

15% off list May and June

❒	Mixed Nut Giant Bar		20x90g	11.40	*0.76* **764703**
❒	Coconut Giant Bar		20x90g	11.40	*0.76* **764707**
❒	Pecan Giant Bar		20x90g	11.40	*0.76* **764710**
❒	Pistachio Giant Bar		20x90g	11.40	*0.76* **764712**
❒	Rolled Oats & Golden Syrup Giant Bar		20x90g	11.40	*0.76* **764713**
❒	Walnut Giant Bar		20x90g	11.40	*0.76* **764720**

Ma Baker - Giant Fruit Bars - vegan - oat-based

15% off list May and June

❒	Mixed Fruit Giant Bar		20x90g	11.40	*0.76* **764728**
❒	Apple Giant Bar		20x90g	11.40	*0.76* **764730**
❒	Apricot Giant Bar		20x90g	11.40	*0.76* **764732**
❒	Banana Giant Bar		20x90g	11.40	*0.76* **764735**
❒	Blueberry Giant Bar		20x90g	11.40	*0.76* **764737**
❒	Cherry Giant Bar		20x90g	11.40	*0.76* **764740**
❒	Cranberry Giant Bar		20x90g	11.40	*0.76* **764742**
❒	Raspberry Giant Bar		20x90g	11.40	*0.76* **767746**
❒	Strawberry Giant Bar		20x90g	11.40	*0.76* **764748**

Montezuma's Dark Chocolate

15% off list May and June

❒	Dark Chocolate Bar - Chilli Bonkers	*organic*	12x90g	19.85 V	*2.68* **766286**
❒	FitzRoy - Very Dark Chocolate	*organic*	12x90g	19.85 V	*2.68* **766289**
❒	Happy Hippy - Dark Choc Orange & Geranium	*organic*	12x90g	19.85 V	*2.68* **766301**
❒	Royal Mint - Dark Chocolate	*organic*	12x90g	19.85 V	*2.68* **766302**

Montezuma's - Milk Chocolate (the dark side)

15% off list May and June

❒	Splotch - Dark Milk Butterscotch	*organic*	12x90g	19.85 V	*2.68* **766262**
❒	Darkside - Dark/Milk Chocolate	*organic*	12x90g	19.85 V	*2.68* **766264**

Montezuma's Milk Chocolate

15% off list May and June

❒	Smooth Operator - Milk Chocolate	*organic*	12x90g	19.85 V	*2.68* **766261**
❒	Hot Pickle - Milk Chocolate Chilli & Lime	*organic*	12x90g	19.85 V	*2.68* **766266**

Montezuma's White Chocolate

15% off list May and June

❒	Great White Chocolate	*organic*	12x90g	19.85 V	*2.68* **766267**

Montezuma's Non-Organic Chocolate

15% off list May and June

❒	Black Forest Cherry		12x90g	19.85 V	*2.68* **766241**
❒	Lordy Lord - Dark with Cocoa Nibs		12x90g	19.85 V	*2.68* **766244**
❒	Minted - Milk with Crunchy Peppermint		12x90g	19.85 V	*2.68* **766246**
❒	Sea Dog - Dark with Lime & Sea Salt		12x90g	19.85 V	*2.68* **766248**
❒	Spice It Up - Dark with Ginger		12x90g	19.85 V	*2.68* **766249**

Nakd - Protein Bars and Fibre Bars

40% off list May and June

❒	Fruit & Fibre - Apple & Cinnamon		16x44g	8.05 V	*0.81* **766629**
❒	Fruit & Fibre - Strawberry & Raspberry		16x44g	8.05 V	*0.81* **766631**
❒	Protein Caramel Bar		16x45g	8.05 V	*0.81* **766633**
❒	Protein Cocoa Hazelnut Bar		16x45g	8.05 V	*0.81* **766634**
❒	Protein Peanut Butter Bar		16x45g	8.05 V	*0.81* **766637**

Oatopia vegan flapjacks

15% off list May and June

❒	Almond Bakewell Oat Bake		15x60g	12.70	*1.13* **766977**
❒	Original Oat Bake		15x60g	12.70	*1.13* **766978**
❒	Peanut Butter Oat Bake		15x60g	12.70	*1.13* **766979**
❒	Salted Caramel Oat Bake		15x60g	12.70	*1.13* **766981**

Peppersmith Dental - vegan - xylitol sweetened

20% off list May and June

❒	Peppermint Dental Mints (25 mints)		12x15g	9.50 V	*1.27* **766722**

Rhythm 108 - single-serve biscuits - vegan - gluten-free

15% off list May and June

❒	Chocolate Peanut Butter Soft Baked Cookie	*organic*	12x50g	12.20	*1.36* **767532**
❒	Hazelnut Chocolate Praline Soft Baked Cookie	*organic*	12x50g	12.20	*1.36* **767536**

Rhythm 108 - biscuit sharing - vegan - gluten-free

15% off list May and June

❒	Hazelnut Chocolate Praline Gift Tube	*organic*	1x195g	5.70	*7.60* **767543**
❒	Almond Biscotti Biscuit Share Bag	*organic*	8x135g	17.00	*3.04* **767544**
❒	Chocolate & Salted Caramel Biscuit Share Bag	*organic*	8x135g	18.00	*3.21* **767541**
❒	Coconut Crunch Biscuit Share Bag	*organic*	8x135g	17.00	*3.04* **767545**
❒	Double Choco Hazelnut Biscuit Share Bag	*organic*	8x135g	17.00	*3.04* **767546**
❒	Hazelnut Chocolate Chip Share Bag	*organic*	8x135g	17.00	*3.04* **767547**
❒	Hazelnut Chocolate Praline Share Bag	*organic*	8x135g	18.00	*3.21* **767549**
❒	Lemon Ginger & Chia Biscuit Share Bag	*organic*	8x135g	17.00	*3.04* **767548**

Rhythm 108 - vegan Swiss chocolate

15% off list May and June

❒	Dark Chocolate Truffles Bag	*organic*	10x144g	47.80 v	*7.64* **767562**
❒	Chocolate Orange Swiss Dark Chocolate Bar	*organic*	15x33g	15.15 V	*1.62* **767563**
❒	Hazelnut Praline Dark Chocolate Bar	*organic*	15x33g	15.15 V	*1.62* **767564**
❒	Creamy Coconut Dark Chocolate Bar	*organic*	15x33g	15.15 V	*1.62* **767566**
❒	Almond & Sea Salt M'lk Chocolate Bar	*organic*	15x33g	15.15 V	*1.62* **767568**
❒	Hazelnut Truffle Filled M*lk Chocolate Tablet	*organic*	9x100g	20.20 V	*3.63* **767572**
❒	Dark Cocoa Orange Filled M*lk Choc Tablet	*organic*	9x100g	20.20 V	*3.63* **767576**
❒	Almond Butter Filled M*lk Choc Tablet	*organic*	9x100g	20.20 V	*3.63* **767578**

Trek Bars - vegan - gluten-free

20% off list May and June

❒	Biscoff Power		16x55g	19.25 V	*1.96* **766681**
❒	Choc Orange Power		16x55g	19.25 v	*1.96* **766686**
❒	Millionaire Shortbread Power		16x55g	19.25 v	*1.96* **766688**
❒	Peanut Butter Crunch Power		16x55g	19.25 v	*1.96* **766689**

Trek Protein Flapjacks - vegan

20% off list May and June

❒ Biscoff Protein Flapjack		16x50g	11.15 v	*1.15*	**766781**
❒ Cocoa Coconut Protein Flapjack		16x50g	11.15 v	*1.15*	**766782**
❒ Cocoa Oat Protein Flapjack		16x50g	11.15 v	*1.15*	**766785**
❒ Original Oat Protein Flapjack		16x50g	11.15 v	*1.15*	**766795**
❒ Salted Caramel Protein Flapjack		16x50g	11.15 v	*1.15*	**766796**
❒ Smooth Lemon Protein Bar		16x50g	11.15 v	*1.15*	**766794**
❒ White Chocolate & Raspberry Protein Bar		16x50g	11.15 v	*1.15*	**766809**

Vivani organic vegan chocolate bars

15% off list May and June

❒ Black Cherry Dark Chocolate	*organic*	18x35g	17.10 V	*1.52*	**768994**
❒ Crunchy Coconut Dark Chocolate - New!	*organic*	18x35g	17.10 V	*1.52*	**768897**
❒ White Nougat Crisp Chocolate - New!	*organic*	18x35g	17.10 V	*1.52*	**768899**

Vivani organic chocolate bars - not vegan

15% off list May and June

❒ Créme Brulée Chocolate	*organic*	18x40g	17.10 V	*1.52*	**769000**
❒ Creamy Caramel Milk Chocolate - New!	*organic*	18x40g	17.10 V	*1.52*	**768991**
❒ Espresso Biscotti Chocolate	*organic*	18x40g	17.10 V	*1.52*	**768999**
❒ Lemon Cheesecake Milk Chocolate - New!	*organic*	18x40g	17.10 V	*1.52*	**768993**
❒ Pistacchio Dubai Style Milk Chocolate - New!	*organic*	18x40g	21.90 V	*1.95*	**768887**
❒ Wafer Praliné Chocolate	*organic*	18x40g	17.10 V	*1.52*	**769001**

Condiments, Stocks, Salt & Miscellaneous Foods

Clearspring

15% off list May and June

❒ Furikake Sprinkle	*organic*	8x50g	25.45	*4.25*	**791549**
❒ Gomashio - Black Sesame with Sea Salt	*organic*	6x100g	15.25	*3.39*	**791551**
❒ Gomashio - Whole Sesame with Sea Salt	*organic*	6x100g	15.25	*3.39*	**791552**
❒ Irigoma - Toasted Whole Sesame Seeds	*organic*	6x100g	15.25	*3.39*	**791554**
❒ Shichimi Togarashi	*organic*	8x50g	25.45	*4.24*	**791555**

Supplementary Foods

BetterYou

20% off list May and June

❒ B-complete Oral Spray - New!	6x25ml	30.20 v	*9.54*	**850889**
❒ B12 Boost Oral Spray	6x25ml	31.55 v	*9.97*	**850886**
❒ Iron 10mg Oral Spray - New!	6x25ml	37.85 v	*11.96*	**850892**
❒ MultiVit Oral Spray	6x25ml	25.20 v	*7.96*	**850890**

Household & Industrial Cleaning Products

Ecoleaf - Vegan

15% off list May and June

❒ Bathroom Cleaner - green apple	1x5l	8.20 V	*13.11*	**831396**
❒ Bathroom Cleaner - lavender	1x5l	8.45 V	*13.51*	**831398**
❒ Fabric Conditioner - Jasmine	1x5l	7.25 V	*11.59*	**831408**
❒ Hard Floor Cleaner - Rose & Oud	1x5l	10.75 V	*17.19*	**831404**
❒ Laundry Liquid - Jasmine	1x5l	12.70 V	*20.31*	**831426**
❒ Multi Surface Cleaner - antibac - citrus & petitgrain	1x5l	8.45 V	*13.51*	**831431**
❒ Washing Up Liquid - Citrus Fruit	1x5l	7.60 V	*12.19*	**831427**
❒ Toilet Cleaner - Fresh Green	1x5l	6.90 V	*11.03*	**831435**

Ecover - Zero range

20% off list May and June

❒ Concentrated Laundry Liquid - Zero	1x5l	16.00 V	*25.60*	**831608**

Ecover Cleaners

20% off list May and June

❒ All-Purpose Cleaner - Lemongrass & Ginger	5l	6.30 V 1.26	**832030**
❒ Toilet Cleaner Pine & Mint	5l	7.45 V 1.49	**832039**

Ecover Laundry

20% off list May and June

❒ Bio Concentrated Laundry Liquid	1x5l	16.00 V	*25.60*	**832007**
❒ Conc Colour Laundry Liquid - Apple Blossom & Freesia N	6x1.43l	34.60 V	*9.23*	**832055**
❒ Concentrated Laundry Liquid - lavender & sandalwood	1x5l	16.00 V	*25.60*	**832014**
❒ Fabric Softener - Apple Blossom & Almond	1x5l	6.70 V	*10.72*	**832084**

Ecover Bag-in-Box Refill Station

20% off list May and June

❒ Fabric Softener - Apple Blossom & Almond	15l	18.05 V 1.20	**832166**
❒ Non Bio Concentrated Laundry Liquid	15l	48.95 V 3.26	**832179**

Toiletries & Natural Remedies

Alter/Native - glycerine vegan shampoo and conditioner bars - by Suma

20% off list May and June

❒ Lavender & Geranium Shampoo Bar	6x95g	9.70 V	*2.59*	**859153**
❒ Rose & Geranium Shampoo Bar	6x95g	9.70 V	*2.59*	**859158**

Alter/Native - vegan shampoo and conditioner liquid - by Suma

20% off list May and June

❒ Tea Tree & Aloe Vera Shampoo - normal/oily hair	6x400ml	17.95 V	*4.79*	**850172**
❒ Tea Tree & Aloe Vera Conditioner - normal/oily hair	6x400ml	17.95 V	*4.79*	**850180**
❒ Coconut & Argan Oil Shampoo - normal/dry hair	6x400ml	17.95 V	*4.79*	**850188**
❒ Coconut & Argan Oil Conditioner - normal/dry hair	6x400ml	17.95 V	*4.79*	**850194**

Ben & Anna - organic vegan natural soda deodorants

20% off list May and June

❒ Deocreme - Green Balance	*organic*	1x40g	3.95 V	*7.03*	**859208**
❒ Deocreme - Love Me - poly potato sphere	*organic*	1x40g	3.95 V	*7.03*	**859209**
❒ Cocoa Mania Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859191**
❒ Green Fusion Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859193**
❒ Mint Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859195**
❒ Persian Lime Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859197**
❒ Pink Grapefruit Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859206**
❒ Urban Black Deodorant - paper tube	*organic*	1x40g	3.30 V	*5.88*	**859207**

Ecoleaf - vegan

15% off list May and June

❒ Liquid Hand Soap - Grapefruit & Mandarin	1x5l	11.70 V	*18.71*	**851038**

Ecover - personal care

20% off list May and June

❒ Hand Wash - Lavender & Aloe Vera	5l	14.90 V 2.98	**855925**

Faith in Nature refill hand wash

20% off list May and June

❒ Bulk Hand Wash - Coconut	5l	24.00 V 4.80	**853513**
❒ Bulk Hand Wash - Dragonfruit	5l	24.00 V 4.80	**853514**
❒ Bulk Hand Wash - Grapefruit & Orange	5l	24.00 V 4.80	**853517**
❒ Bulk Hand Wash - Lavender & Geranium	5l	24.00 V 4.80	**853535**
❒ Bulk Hand Wash - Wild Rose	5l	24.00 V 4.80	**853564**
❒ Bulk Hand Wash Lavender & Geranium	20l	80.80 V 4.04	**853527**

Faith in Nature refill hand & body lotion

20% off list May and June

❒ Bulk Coconut Hand & Body Lotion	5l	31.20 V 6.24	**853480**
❒ Bulk Grapefruit & Orange Hand & Body Lotion	5l	31.20 V 6.24	**853484**
❒ Bulk Lavender & Geranium Hand & Body Lotion	5l	31.20 V 6.24	**853486**

Faith in Nature refill shampoos

20% off list May and June

❒ Bulk Aloe Vera Shampoo	5l	28.70 V 5.74	**853540**
❒ Bulk Coconut Shampoo	5l	28.70 V 5.74	**853542**
❒ Bulk Dragonfruit Shampoo	5l	28.70 V 5.74	**853544**
❒ Bulk Fragrance Free Shampoo	5l	28.70 V 5.74	**853546**

❒	Bulk Grapefruit & Orange Shampoo		5l	28.70 V 5.74	853541
❒	Bulk Jojoba Shampoo		5l	28.70 V 5.74	853543
❒	Bulk Lavender & Geranium Shampoo		5l	28.70 V 5.74	853545
❒	Bulk Wild Rose Shampoo		5l	28.70 V 5.74	853566
❒	Bulk Coconut Shampoo		20l	98.30 V 4.92	853578
❒	Bulk Grapefruit & Orange Shampoo		20l	98.30 V 4.92	853579
❒	Bulk Lavender & Geranium Shampoo		20l	98.30 V 4.92	853580

Faith in Nature refill conditioners

20% off list May and June

❒	Bulk Aloe Vera Conditioner		5l	28.70 V 5.74	853550
❒	Bulk Coconut Conditioner		5l	28.70 V 5.74	853552
❒	Bulk Dragonfruit Conditioner		5l	28.70 V 5.74	853551
❒	Bulk Fragrance Free Conditioner		5l	28.70 V 5.74	853556
❒	Bulk Grapefruit & Orange Conditioner		5l	28.70 V 5.74	853554
❒	Bulk Jojoba Conditioner		5l	28.70 V 5.74	853553
❒	Bulk Lavender & Geranium Conditioner		5l	28.70 V 5.74	853555
❒	Bulk Wild Rose Conditioner		5l	28.70 V 5.74	853569
❒	Bulk Coconut Conditioner		20l	98.30 V 4.92	853581
❒	Bulk Grapefruit & Orange Conditioner		20l	98.30 V 4.92	853585
❒	Bulk Lavender & Geranium Conditioner		20l	98.30 V 4.92	853582

Faith in Nature refill body wash

20% off list May and June

❒	Bulk Aloe Vera Body Wash		5l	24.00 V 4.80	853560
❒	Bulk Coconut Body Wash		5l	24.00 V 4.80	853562
❒	Bulk Dragon Fruit Body Wash		5l	24.00 V 4.80	853561
❒	Bulk Fragrance Free Body Wash		5l	24.00 V 4.80	856564
❒	Bulk Grapefruit & Orange Body Wash		5l	24.00 V 4.80	853563
❒	Bulk Lavender & Geranium Body Wash		5l	24.00 V 4.80	853565
❒	Bulk Wild Rose Body Wash		5l	24.00 V 4.80	853571
❒	Bulk Coconut Body Wash		20l	80.80 V 4.04	853583
❒	Bulk Grapefruit & Orange Body Wash		20l	80.80 V 4.04	855579
❒	Bulk Lavender & Geranium Body Wash		20l	80.80 V 4.04	853584

Organii - bodycare - SLS-free

20% off list May and June

❒	SPF15 Anti Ageing Facial Sun Cream	*organic*	1x50ml	7.50 V	*13.48*	857669
❒	SPF30 Sun Lotion	*organic*	1x100ml	8.85 V	*15.91*	857671
❒	SPF50 Sun Milk	*organic*	1x125ml	12.40 V	*22.23*	857674

Urtekram - Spa Range

15% off list May and June

❒	Shampoo - Wild Lemongrass	*organic*	6x500ml	38.65 V	*11.04*	859135
❒	Body Wash - Wild Lemongrass	*organic*	6x500ml	40.10 V	*11.46*	859137
❒	Sensitive Scalp Shampoo Fragrance Free	*organic*	6x500ml	38.65 V	*11.04*	859139
❒	Sensitive Skin Body Wash Fragrance Free	*organic*	6x500ml	40.10 V	*11.46*	859147
❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x500ml	38.65 V	*11.04*	859086
❒	Body Wash - Soothing Lavender	*organic*	6x500ml	40.10 V	*11.46*	859096

Toothpaste, Brushes & Oral Hygiene

Georganics Dental Care

25% off list May and June

❒	Fluoride Toothpaste - Activated Charcoal - tube - New!	1x75ml	1.70 V	*2.91*	881923
❒	Fluoride Toothpaste - Fresh Mint - tube - New!	1x75ml	1.70 V	*2.91*	881293
❒	Geokids Fluoride Toothpaste - Strawberry - tube - New!	1x75ml	1.70 V	*2.91*	881300

Urtekram

15% off list May and June

❒	Bio9 Fresh Mint - Whitening Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	865096
❒	Bio9 Strong Mint - Sensitive Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	862098
❒	Aloe Vera Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	862103
❒	Children's Tutti Frutti Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	862107
❒	Tea Tree Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	862130

Urtekram - with Fluoride

15% off list May and June

❒	Mint & Fluoride Toothpaste	*organic*	6x75ml	11.85 V	*3.39*	862135

changes

Cereal Grains

Bulk Organic Cereal Grains

▲	Brown Jasmine Rice	*organic*	25kg	64.00	2.56	10675
▲	Brown Jasmine Rice	*organic*	5kg	14.60	2.92	10680
▼	White Couscous - Italy	*organic*	25kg	57.00	2.28	10541
▼	White Couscous - Italy	*organic*	5kg	13.20	2.64	10544
▼	Millet	*organic*	25kg	47.00	1.88	10555
▼	Millet	*organic*	5kg	11.20	2.24	10560
▼	Popping Corn	*organic*	25kg	50.00	2.00	10575
▼	Popping Corn	*organic*	5kg	11.80	2.36	10580
▲	Quinoa Grain	*organic*	25kg	108.00	4.32	10592
▲	Quinoa Grain	*organic*	5kg	23.40	4.68	10593
▲	Black Quinoa Grain	*organic*	25kg	115.00	4.60	10687
▲	Black Quinoa Grain - 2.5kg	*organic*	2.5kg	13.30	5.32	10691
▲	Tricolour Quinoa Grain	*organic*	25kg	110.00	4.40	10692
▲	Tricolour Quinoa Grain	*organic*	5kg	23.80	4.76	10693
▼	Spelt Grain	*organic*	25kg	47.00	1.88	10602
▼	Spelt Grain	*organic*	5kg	11.20	2.24	10603
▲	Wheat Grain	*organic*	25kg	40.00	1.60	10615
▲	Wheat Grain	*organic*	5kg	9.80	1.96	10620

Biona

▲	Wild Rice Mix	*organic*	6x500g	19.75	*4.39*	10972

Infinity - Pre-Packed Organic Cereal Grains

▲	Brown Jasmine Rice	*organic*	6x500g	10.50	*2.34*	1190
▲	White Couscous - Italy	*organic*	6x450g	9.00	*2.00*	1057
▲	Millet	*organic*	6x500g	8.45	*1.88*	1075
▲	Popping Corn	*organic*	6x500g	8.80	*1.96*	1105
▲	Quinoa Grain	*organic*	6x450g	14.70	*3.27*	1127
▲	Quinoa Grain	*organic*	6x1kg	28.95	*6.43*	1128
▲	Black Quinoa Grain	*organic*	6x450g	15.45	*3.43*	1157
▲	Tricolour Quinoa Grain	*organic*	6x450g	14.90	*3.31*	1159
▲	Tricolour Quinoa Grain	*organic*	6x1kg	29.40	*6.54*	1160
▼	Spelt Grain	*organic*	6x500g	8.45	*1.88*	1138
▲	Wheat Grain	*organic*	6x500g	7.80	*1.73*	1150

Flours & Baking Requisites

Doves Farm

◆	Wholemeal Strong Bread Flour	*organic*	5x1.5kg	9.10	*2.43*	40540
◆	Strong White Bread Flour	*organic*	5x1.5kg	9.75	*2.60*	40560
◆	Fine Plain Wholemeal Flour	*organic*	5x1kg	6.50	*1.73*	40505
◆	Self Raising Wholemeal Flour	*organic*	5x1kg	6.55	*1.75*	40515
◆	Plain White Flour	*organic*	5x1kg	7.20	*1.92*	40545
◆	Self Raising White Flour	*organic*	5x1kg	7.30	*1.95*	40565
◆	Malthouse Bread Flour	*organic*	5x1kg	8.45	*2.25*	40574
◆	Pasta & Pizza Flour	*organic*	5x1kg	8.70	*2.32*	51070
◆	Seedhouse Bread Flour	*organic*	5x1kg	13.85	*3.69*	51067

Breakfast Cereals & Cereal Flakes

Community Foods

▲	De Luxe Muesli - 16 natural ingredients		25kg	73.90	2.96	70515

Infinity Foods - Gluten-free

▲	Gluten-free Muesli - Original	*organic*	25kg	146.00	5.84	62015

Kallo Foods

▲	Puffed Rice Natural	*organic*	8x225g	22.40	*3.73*	62505

Beans Peas and Pulses

Bulk Organic Beans Peas and Pulses

▼	Aduki Beans	*organic*	25kg	77.00	3.08		**80505**
▼	Aduki Beans	*organic*	5kg	17.20	3.44		**80510**
▼	Beluga Lentils (black)	*organic*	25kg	105.00	4.20		**80615**
▼	Beluga Lentils (black)	*organic*	5kg	22.80	4.56		**80617**
▲	Butter Beans	*organic*	25kg	130.00	5.20		**80519**
▲	Butter Beans	*organic*	5kg	27.80	5.56		**80523**
▲	Chana Dal - split hulled chickpeas	*organic*	25kg	108.00	4.32		**80524**
▲	Chana Dal - split hulled chickpeas	*organic*	5kg	23.40	4.68		**80526**
▼	Pinto Beans	*organic*	25kg	70.00	2.80		**80560**
▼	Pinto Beans	*organic*	5kg	15.80	3.16		**80565**
▼	French Type Lentils	*organic*	25kg	100.00	4.00		**80570**
▼	French Type Lentils	*organic*	5kg	21.80	4.36		**80575**

Infinity Pre-Packed Organic Beans Peas & Pulses

▼	Aduki Beans	*organic*	6x500g	12.25		*2.72*	**5005**
▼	Beluga Lentils	*organic*	6x500g	15.60		*3.47*	**5015**
▲	Butter Beans	*organic*	6x500g	18.40		*4.09*	**5027**
▲	Chana Dal - split hulled chickpeas	*organic*	6x500g	16.00		*3.56*	**5026**
▼	Pinto Beans	*organic*	6x500g	11.20		*2.49*	**5075**
▼	French Type Lentils	*organic*	6x500g	14.80		*3.29*	**5085**

Nuts and Seeds

Bulk Organic Nuts and Seeds

▲	Brazil Nuts	*organic*	20kg	425.00	21.25		**90522**
▲	Brazil Nuts	*organic*	2.5kg	54.90	21.96		**90523**
▲	Brazil Nuts - Broken Pieces	*organic*	20kg	279.15	13.96		**90525**
▲	Brazil Nuts - Broken Pieces	*organic*	2.5kg	36.70	14.68		**90546**
▲	Coconut Desiccated	*organic*	25kg	149.60	5.98		**90529**
▲	Coconut Desiccated	*organic*	3kg	19.70	6.57		**90530**
☆	Pecans - Halves	*organic*	13.6kg	236.10	17.36		**90561**
▲	Tigernuts - Blanched	*organic*	10kg	85.00	8.50		**90604**
▲	Tigernuts - Blanched	*organic*	1kg	10.30	10.30		**90606**

Biona

▼	Creamed Coconut	*organic*	12x200g	26.90		*2.98*	**90702**

Infinity Pre-Packed Organic Nuts & Seeds

▲	Brazil Nuts	*organic*	6x125g	19.00		*4.22*	**6031**
▲	Brazil Nuts	*organic*	6x250g	34.95		*7.77*	**6032**
▲	Brazil Nuts	*organic*	6x500g	66.80		*14.84*	**6033**
▲	Brazil Nuts - Broken Pieces	*organic*	6x250g	36.00		*8.00*	**6036**
▲	Coconut Desiccated	*organic*	6x250g	12.05		*2.68*	**6035**
▲	Coconut Desiccated	*organic*	6x500g	21.00		*4.67*	**6040**
▲	Tigernuts - Blanched	*organic*	6x125g	9.45		*2.10*	**6141**

Bulk Nuts and Seeds

▲	Pistachios - roasted & salted		10kg	128.50	12.85		**91190**
▲	Pistachios - roasted & salted		2kg	27.50	13.75		**91195**
▲	Pistachio Kernels - raw		13.6kg	360.50	26.51		**91192**
▲	Pistachio Kernels - raw		5kg	134.35	26.87		**91194**
▲	Pistachio Kernels - raw		0.75kg	21.65	28.87		**91193**
▲	Sunflower Seeds		25kg	45.05	1.80		**91225**
▲	Sunflower Seeds		5kg	10.80	2.16		**91230**

Infinity Pre-Packed Nuts & Seeds

▲	Pistachios - roasted & salted		6x125g	12.70		*2.82*	**6860**
▲	Pistachios - roasted & salted		6x250g	22.35		*4.97*	**6865**
▲	Pistachio Kernels - raw		6x125g	22.95		*5.10*	**6875**
▲	Pistachio Kernels - raw		6x250g	42.85		*9.53*	**6877**
▲	Sunflower Seeds		6x250g	5.75		*1.28*	**6915**
▲	Sunflower Seeds		6x500g	8.45		*1.88*	**6920**

Dried Fruit

Bulk Organic Dried Fruit

☆	Mulberries - white	*organic*	10kg	73.20	7.32		**100538**

Bulk Dried Fruit

☆	Dates Chopped - some pips		10kg	20.80	2.08		**101075**
▼	Sayer GAQ Dates		10kg	17.60	1.76		**101092**
▼	Sayer GAQ Dates		5kg	10.60	2.12		**101093**
▼	Papaya - SO2 - with sugar		5kg	32.00	6.40		**101140**
▲	Pineapple - SO2 - with sugar		5kg	34.60	6.92		**101170**

Infinity Pre-Packed Dried Fruit

▼	Sayer GAQ Dates		6x250g	6.70		*1.49*	**7612**
▼	Sayer GAQ Dates		6x500g	9.35		*2.08*	**7613**

Tropical Wholefoods

▲	Sun-dried Chewy Banana Chips	*organic*	14x150g	37.80		*3.60*	**102001**
▲	Sun-Dried Mango	*organic*	14x100g	38.25		*3.64*	**102012**
▲	Sun-dried Pineapple - FT	*organic*	14x100g	49.65		*4.73*	**102003**

Herbs and Spices

Organic Herb Trading

▼	Chilli Powder - ground cayenne pepper	*organic*	1kg	29.25			**993017**
▲	Ground Coriander Seed	*organic*	1kg	17.25			**993027**
▲	Mixed Herbs	*organic*	1kg	28.65			**993050**
▼	Oregano	*organic*	1kg	14.70			**993070**
▼	Rosemary cut	*organic*	1kg	13.80			**993110**

Hambleden - in jars

▲	Ground Allspice	*organic*	5x50g	14.95		*3.99*	**990203**
▲	Basil	*organic*	5x13g	10.65		*2.84*	**990205**
▲	Bay Leaf	*organic*	5x2g	10.65		*2.84*	**990210**
▲	Caraway Seed	*organic*	5x40g	12.80		*3.41*	**990220**
▲	Cardamom Pods	*organic*	5x30g	14.95		*3.99*	**990225**
▲	Cayenne - Ground	*organic*	5x45g	10.65		*2.84*	**990227**
▲	Ground Chilli	*organic*	5x40g	14.95		*3.99*	**990230**
▲	Ground Cinnamon	*organic*	5x35g	14.95		*3.99*	**990250**
▲	Cinnamon Quills	*organic*	5x10g	10.65		*2.84*	**990255**
▲	Coriander Seed	*organic*	5x25g	10.65		*2.84*	**990275**
▲	Ground Coriander	*organic*	5x30g	10.65		*2.84*	**990280**
▲	Cumin Seed	*organic*	5x40g	12.80		*3.41*	**990285**
▲	Ground Cumin	*organic*	5x45g	12.80		*3.41*	**990290**
▲	Curry Powder - Mild	*organic*	5x30g	12.80		*3.41*	**990294**
▲	Fennel Seed	*organic*	5x35g	12.80		*3.41*	**990305**
▲	Garam Masala	*organic*	5x40g	12.80		*3.41*	**990315**
▲	Garlic Chips - in grinder	*organic*	5x45g	17.10		*4.56*	**990318**
▲	Ground Garlic	*organic*	5x40g	10.65		*2.84*	**990320**
▲	Ground Ginger	*organic*	5x30g	12.80		*3.41*	**990325**
▲	Herbes de Provence	*organic*	5x15g	10.65		*2.84*	**990330**
▲	Juniper Berry	*organic*	5x30g	12.80		*3.41*	**990340**
▲	Lemon Grass	*organic*	5x9g	10.65		*2.84*	**990345**
▲	Mixed Herbs	*organic*	5x13g	10.65		*2.84*	**990370**
▲	Mixed Spice	*organic*	5x45g	14.95		*3.99*	**990375**
▲	Mustard Seed - Brown	*organic*	5x65g	12.80		*3.41*	**990385**
▲	Mustard Seed - Yellow	*organic*	5x65g	12.80		*3.41*	**990390**
▲	Nutmeg - Whole	*organic*	5x40g	19.20		*5.12*	**990400**
▲	Nutmeg - Ground	*organic*	5x50g	19.20		*5.12*	**990402**
▲	Oregano	*organic*	5x13g	10.65		*2.84*	**990410**
▲	Ground Paprika	*organic*	5x40g	14.95		*3.99*	**990415**
▲	Peppercorns Black - in grinder	*organic*	5x40g	17.10		*4.56*	**990425**
▲	Rosemary	*organic*	5x22g	10.65		*2.84*	**990445**
▲	Sage	*organic*	5x12g	10.65		*2.84*	**990450**
▲	Star Anise	*organic*	5x15g	12.80		*3.41*	**990460**
▲	Thyme	*organic*	5x17g	10.65		*2.84*	**990470**
▲	Ground Turmeric	*organic*	5x35g	12.80		*3.41*	**990480**

Infinity Foods Herbs & Spices - packets

▲	Ground Allspice	*organic*	6x20g	8.10	*1.80*	**9200**
▲	Star Anise	*organic*	6x15g	7.00	*1.56*	**9201**
▲	Basil	*organic*	6x20g	6.10	*1.36*	**9202**
▲	Bay Leaves	*organic*	6x4g	6.10	*1.36*	**9203**
▲	Caraway Seed	*organic*	6x30g	7.00	*1.56*	**9204**
▲	Cardamom Pods	*organic*	6x10g	7.00	*1.56*	**9205**
▲	Cayenne Pepper	*organic*	6x35g	8.10	*1.80*	**9206**
▲	Cinnamon Sticks	*organic*	6x15g	8.10	*1.80*	**9208**
▲	Cinnamon Ground	*organic*	6x30g	7.00	*1.56*	**9209**
▼	Crushed Chillis	*organic*	6x25g	7.00	*1.56*	**9214**
▲	Chilli Powder	*organic*	6x25g	7.00	*1.56*	**9210**
▲	Whole Cloves	*organic*	6x20g	7.00	*1.56*	**9211**
▲	Coriander Seed	*organic*	6x40g	6.10	*1.36*	**9212**
▲	Ground Coriander	*organic*	6x40g	6.10	*1.36*	**9213**
▲	Cumin Seed	*organic*	6x25g	7.00	*1.56*	**9215**
▲	Ground Cumin	*organic*	6x25g	7.00	*1.56*	**9216**
▲	Curry Leaves	*organic*	6x5g	6.10	*1.36*	**9217**
▲	Curry Powder	*organic*	6x30g	7.00	*1.56*	**9218**
▲	Dill Herb	*organic*	6x15g	7.00	*1.56*	**9219**
▲	Fennel Seed	*organic*	6x40g	6.10	*1.36*	**9220**
▲	Fenugreek Seed	*organic*	6x40g	7.00	*1.56*	**9221**
▲	Garam Masala	*organic*	6x25g	7.00	*1.56*	**9222**
▲	Garlic Granules	*organic*	6x25g	7.00	*1.56*	**9223**
▲	Ground Ginger	*organic*	6x30g	7.00	*1.56*	**9224**
▲	Herbes de Provence	*organic*	6x20g	6.10	*1.36*	**9225**
▲	Juniper Berries	*organic*	6x30g	8.10	*1.80*	**9226**
▲	Marjoram	*organic*	6x10g	6.10	*1.36*	**9227**
▲	Mint (Spearmint)	*organic*	6x20g	6.10	*1.36*	**9228**
▲	Mixed Herbs	*organic*	6x20g	6.10	*1.36*	**9229**
▲	Mixed Spice	*organic*	6x25g	7.00	*1.56*	**9230**
▲	Black Mustard Seed	*organic*	6x50g	7.00	*1.56*	**9231**
▲	Yellow Mustard Seed	*organic*	6x50g	7.00	*1.56*	**9232**
▲	Whole Nutmeg	*organic*	6x20g	8.10	*1.80*	**9233**
▲	Ground Nutmeg	*organic*	6x20g	8.10	*1.80*	**9234**
▲	Oregano	*organic*	6x20g	6.10	*1.36*	**9235**
▲	Black Onion Seed (Nigella Seed)	*organic*	6x25g	7.00	*1.56*	**9236**
▲	Paprika	*organic*	6x25g	7.00	*1.56*	**9237**
▲	Smoked Paprika	*organic*	6x25g	7.00	*1.56*	**9249**
▲	Parsley	*organic*	6x15g	6.10	*1.36*	**9238**
▲	Ground Black Pepper	*organic*	6x25g	7.00	*1.56*	**9239**
▲	Black Peppercorns	*organic*	6x25g	7.00	*1.56*	**9240**
▲	White Peppercorns	*organic*	6x25g	7.00	*1.56*	**9241**
▲	Poppy Seed	*organic*	6x40g	7.00	*1.56*	**9242**
▲	Rosemary	*organic*	6x20g	6.10	*1.36*	**9243**
▲	Sage	*organic*	6x25g	6.10	*1.36*	**9244**
▲	Tarragon	*organic*	6x10g	8.10	*1.80*	**9245**
▲	Thyme	*organic*	6x25g	6.10	*1.36*	**9246**
▲	Ground Turmeric	*organic*	6x30g	6.10	*1.36*	**9247**

Pasta

Biona - spelt

◆	Spelt Fusilli - wholemeal	*organic*	10x500g	21.65	*2.89*	**130352**
◆	Spelt Lasagne - wholemeal	*organic*	12x250g	28.70	*3.19*	**130358**
◆	Spelt Penne - wholemeal	*organic*	10x500g	21.65	*2.89*	**130357**
◆	Spelt Spaghetti - wholemeal	*organic*	12x500g	26.00	*2.89*	**130360**
◆	White Spelt Spaghetti	*organic*	12x500g	30.50	*3.39*	**140165**
◆	White Spelt Fusilli	*organic*	10x500g	25.40	*3.39*	**140170**
◆	White Spelt Penne	*organic*	10x500g	25.40	*3.39*	**140175**

Explore Cuisine - vegan - gluten-free

◆	Black Bean Spaghetti	*organic*	6x200g	13.90	*3.09*	**130705**
◆	Edamame Bean Spaghetti	*organic*	6x200g	13.90	*3.09*	**130707**
◆	Edamame & Mung Bean Fettuccine	*organic*	6x200g	13.90	*3.09*	**130715**
◆	Green Lentil Penne	*organic*	6x250g	13.90	*3.09*	**130718**

Infinity Foods - bulk speciality pasta -white durum wheat

▼	Orzo - rice shape from durum wheat - white	*organic*	25kg	70.00	2.80		**10572**
▼	Orzo - rice shape from durum wheat - white	*organic*	5kg	15.80	3.16		**10573**

Infinity Foods - speciality pasta - white durum wheat

▼	Orzo - rice shape from durum wheat - white	*organic*	6x450g	10.35		*2.30*	**1092**

La Bio Idea - gluten-free

☆	Red Lentil Fusilli	*organic*	10x250g	29.55		*3.94*	**130975**

La Terra E Il Cielo - speciality pasta

◆	White Fusilli	*organic*	12x500g	17.00		*1.89*	**131304**
◆	White Linguine (Flat Spaghetti)	*organic*	12x500g	17.00		*1.89*	**131312**
◆	White Penne	*organic*	12x500g	17.00		*1.89*	**131305**
◆	White Spaghetti	*organic*	12x500g	17.00		*1.89*	**131306**
▲	White Tagiatelle	*organic*	12x250g	24.70		*2.74*	**131307**

Profusion - protein rich - gluten-free - dried at 42 degrees C

◆	Red Lentil Fusilli	*organic*	8x250g	20.35		*3.39*	**132106**
◆	Chickpea Fusilli	*organic*	8x250g	19.75		*3.29*	**132111**
◆	Yellow Lentil Lasagne Sheets	*organic*	12x250g	41.30		*4.59*	**132120**
▼	Chickpea Orzo	*organic*	10x250g	23.15		*3.08*	**132122**
◆	Red Lentil Orzo	*organic*	12x250g	27.80		*3.09*	**132123**

Bread, Rice Cakes, Crackers etc

Amisa - gluten-free

◆	Buckwheat Crispbread	*organic*	12x120g	26.00		*2.89*	**169852**
◆	Chestnut Crispbread	*organic*	12x100g	21.50		*2.39*	**169853**
▲	Chickpea Crispbread	*organic*	12x100g	19.70		*2.19*	**169859**
▲	Protein Lentil Crispbread	*organic*	12x100g	20.60		*2.29*	**169860**
◆	Veggie Garden Crispbread	*organic*	12x100g	17.00		*1.89*	**169870**

Clearspring - Rice Crackers

◆	Brown Rice Crackers Black Pepper & Tamari	*organic*	12x40g	20.60		*2.29*	**750299**
◆	Brown Rice Crackers Green Nori & Tamari	*organic*	12x40g	20.60		*2.29*	**750296**
◆	Whole Sesame Brown Rice Crackers	*organic*	12x40g	20.60		*2.29*	**750297**
◆	Black Sesame Brown Rice Crackers	*organic*	12x40g	20.60		*2.29*	**750298**

Everfresh - vegan - long-life

▲	Malted Raisin Loaf	*organic*	8x330g	13.70		*2.28*	**176510**
▲	Sprouted Rye Bread	*organic*	8x400g	16.20		*2.70*	**176480**
▲	Sprouted Spelt Bread	*organic*	8x400g	21.85		*3.64*	**176482**
▲	Sprouted Wheat Bread	*organic*	8x400g	16.05		*2.68*	**176535**

Kallo Foods - gluten-free

▲	Ancient Grain Corn Cakes Lightly Salted	*organic*	12x150g	23.18		*2.58*	**173292**
▲	Blueberry & Vanilla Rice Cakes		6x131g	13.90		*3.09*	**173293**
▲	Corn Cakes Thins Square Lightly Salted	*organic*	12x130g	21.15		*2.35*	**173295**
▲	Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.60		*1.18*	**173297**
▲	Protein Packed Lentil Cakes		6x100g	11.45		*2.54*	**173300**
▲	Thick Salted Rice Cakes	*organic*	12x130g	20.00		*2.22*	**173005**
▲	Thick No Salt Rice Cakes	*organic*	12x130g	20.00		*2.22*	**173010**
▲	Veggie Thins - Beetroot & Three Seeds		12x100g	28.85		*3.21*	**173088**
▲	Veggie Thins - Mixed Seeds		12x100g	28.85		*3.21*	**173089**
▲	Veggie Thins - Rosemary Three Salt		12x100g	28.85		*3.21*	**173090**

Biscuits and Cakes

Biona - cookies

▲	Blueberry-filled Cookies	*organic*	12x175g	29.60		*3.29*	**180432**
▲	Raspberry-filled Cookies	*organic*	12x175g	29.60		*3.29*	**180434**

Biona - syrup waffles

▲	Hazelnut Syrup Waffles	*organic*	12x175g	33.20		*3.69*	**180445**
▲	Honey Syrup Waffles	*organic*	12x175g	29.60		*3.29*	**180447**

Clearspring Oat biscuits

◆	Matcha Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180480**
◆	Miso Maple Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180481**
◆	Sweet Date Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180482**

Everfresh - vegan - sprouted - long-life

▲	Banana & Walnut Cake - Sprouted	*organic*	8x350g	26.45	*4.41*	**183503**
▲	Carrot Cake with Raisins - Sprouted	*organic*	8x350g	23.85	*3.98*	**183504**
▲	Chocolate Cake - Sprouted	*organic*	8x350g	24.60	*4.10*	**183506**
▲	Date & Pecan Cake - Sprouted	*organic*	8x350g	28.55	*4.76*	**183508**
▲	Fig & Orange Cake - Sprouted	*organic*	8x350g	24.60	*4.10*	**183511**
▲	Fruit Cake - Sprouted	*organic*	8x350g	23.90	*3.98*	**183514**
▲	Rye Stem Ginger Cake - Sprouted	*organic*	8x350g	28.55	*4.76*	**183518**
▲	Stem Ginger Cake - Sprouted	*organic*	8x350g	28.55	*4.76*	**183519**

Island Bakery

▲	Apple Crumbles	*organic*	12x125g	35.35	*3.93*	**182940**
▲	Chocolate Gingers	*organic*	12x133g	37.05 V	*4.94*	**182946**
▲	Lime Melts	*organic*	12x133g	37.05 V	*4.94*	**182950**
▲	Lemon Melts	*organic*	12x133g	37.05 V	*4.94*	**182952**
▲	Oat Crumbles	*organic*	12x125g	29.80	*3.31*	**182954**
▲	Orange Melts	*organic*	12x133g	37.05 V	*4.94*	**182956**
▲	Shortbread	*organic*	12x125g	29.80	*3.31*	**182957**

Nairn's Oat Biscuits - wheat-free

◆	Coconut & Chia Oat Biscuits		10x200g	15.00	*2.01*	**182393**
◆	Mixed Berries Oat Biscuits		10x200g	15.00	*2.01*	**182387**
◆	Stem Ginger Oat Biscuits		10x200g	15.00	*2.01*	**182390**

Sweet FA gluten free vegan cookies from Island Bakery

▲	Cranberry & Orange Cookies	*organic*	12x125g	32.90	*3.66*	**182480**
▲	Double Choc Chip Cookies	*organic*	12x125g	32.90	*3.66*	**182482**
▲	Oat & Raisin Cookies	*organic*	12x125g	32.90	*3.66*	**182484**
▲	Peanut Butter Cookies	*organic*	12x125g	32.90	*3.66*	**182486**

Oils & Fats

Biona Oils - not heat extracted

▲	Avocado Oil	*organic*	6x250ml	40.45	*8.99*	**200403**
▲	Sesame Oil	*organic*	6x500ml	35.95	*7.99*	**200404**

Farrington's Mellow Yellow Rapeseed Oil

◆	Mellow Yellow Cold Pressed Rapeseed Oil		6x500ml	19.65	*4.37*	**200633**
◆	Mellow Yellow Balsamic Vinegar Dressing		6x250ml	15.40	*3.42*	**200634**
◆	Mellow Yellow Chilli Oil		6x250ml	14.70	*3.27*	**200635**
◆	Mellow Yellow Ultimate Chilli Dressing		6x250ml	15.40	*3.42*	**200636**
◆	Mellow Yellow Classic Vinaigrette		6x250ml	15.40	*3.42*	**200637**
◆	Mellow Yellow Honey & Mustard Dressing		6x250ml	15.40	*3.42*	**200638**

Mani - Greek

◆	Olive Oil - Extra Virgin	*organic*	3l	38.60	12.87		**200583**

Mr Organic - in glass

☆	Olive Oil - Extra Virgin - cold pressed	*organic*	12x1l	187.90		*20.88*	**200954**

Organic The Best

☆	Black Seed Oil	*organic*	1x100ml	6.10		*8.14*	**201220**

Realfoods by Organico - organic oils

▲	Rapeseed Oil	*organic*	6x500ml	22.25		*4.95*	**201236**
▲	Sunflower Oil	*organic*	6x500ml	22.25		*4.95*	**201240**

Sun & Seed

▲	Pumpkin Seed Oil - cold pressed	*organic*	6x250ml	35.90		*7.98*	**202036**
▼	Pumpkin Seed Oil - lightly toasted	*organic*	6x250ml	41.00		*9.11*	**202037**

Nut Butter, Pâté, Spreads & Jam

Essential - organic spreads

▲	Dark Chocolate Spread - no palm oil - vegan	*organic*	6x400g	24.30		*5.40*	**250606**
▲	Hazelnut Choc Spread - no palm oil - vegan	*organic*	6x400g	23.30		*5.18*	**250608**

Essential - Vitam-R

◆	Vitam-R (yeast extract low salt)		6x125g	22.60		*5.02*	**251005**
▼	Vitam-R (yeast extract low salt)		6x250g	38.30		*8.51*	**251010**

Meridian

◆	Crunchy Almond Butter 100%		6x170g	14.80		*3.29*	**251502**
◆	Smooth Almond Butter 100%		6x170g	14.80		*3.29*	**251503**
◆	Organic Smooth Almond Butter 100%	*organic*	6x170g	26.50		*5.89*	**251506**
◆	Smooth Cashew Butter		6x170g	17.30		*3.84*	**251515**
◆	Crunchy Cashew Butter		6x170g	17.30		*3.84*	**251516**
◆	Organic Smooth Cashew Butter	*organic*	6x470g	47.20		*10.49*	**251519**
◆	Protein Smooth Peanut Butter 100%		3x700g	16.40		*7.30*	**251611**

Tartex - in tubes

▲	Classic Pâté	*organic*	12x200g	34.90		*3.88*	**262105**
▲	Herb Pâté	*organic*	12x200g	34.90		*3.88*	**262120**
▲	Herb & Garlic Pâté	*organic*	12x200g	34.90		*3.88*	**262125**
▲	Mushroom Pâté	*organic*	12x200g	34.90		*3.88*	**262130**

Whole Earth

▲	Peanut Butter Crunchy - small	*organic*	6x227g	17.15		*3.81*	**253515**
▲	Peanut Butter Crunchy - large	*organic*	6x340g	23.60		*5.24*	**253518**
▲	Peanut Butter Crunchy		6x340g	17.85		*3.97*	**253525**
▲	Peanut Butter Smooth - small	*organic*	6x227g	17.15		*3.81*	**253535**
▲	Peanut Butter Smooth - large	*organic*	6x340g	23.60		*5.24*	**253538**
▲	Peanut Butter Smooth		6x340g	17.85		*3.97*	**253540**

Honey, Syrup, Sugar & Sweeteners

Rayner's Essentials

▲	Black Treacle	*organic*	6x340g	16.15		*3.59*	**314510**
▲	Black Treacle - tub	*organic*	5kg	23.60	4.72		**314512**
▲	Golden Syrup	*organic*	6x340g	23.60		*5.24*	**314516**
▲	Golden Syrup - tub	*organic*	5kg	34.10	6.82		**314527**
▲	Barley Malt Extract	*organic*	6x340g	20.45		*4.54*	**314505**
▲	Barley Malt Extract - tub	*organic*	5kg	26.95	5.39		**314507**

St Lawrence Gold Canadian Maple Syrup & Honey

◆	Maple Syrup - amber grade A - glass	*organic*	12x330g	69.15		*7.68*	**316515**
◆	Maple Syrup - dark grade A - glass	*organic*	12x330g	69.15		*7.68*	**316516**
◆	Maple Syrup - amber grade A - plastic jug	*organic*	12x500ml	128.55		*14.28*	**316517**
◆	Maple Syrup - amber grade A - plastic jug	*organic*	1x1l	20.70		*27.60*	**316518**
◆	Maple Syrup - dark grade A - bag in box	*organic*	5l	86.60	17.32		**316521**
◆	Maple Syrup - very dark grade A - plastic pail	*organic*	20l	341.50	17.08		**316520**
◆	Maple Sugar Granulated - glass	*organic*	12x125g	65.60		*7.29*	**316522**
◆	Maple Butter - glass	*organic*	12x150g	73.00		*8.11*	**316524**

Olives, Pickles and Preserved Vegetables

Mani - Greek Organic products

◆	Garlic with Herbs in e.v. olive oil	*organic*	6x190g	20.20		*4.49*	**350368**
◆	Mediterranean Mix in e.v. olive Oil	*organic*	6x190g	20.20		*4.49*	**350381**

Morgiel

◆	Beetroot & Horseradish Relish	*organic*	6x300g	14.00		*3.33*	**350400**
◆	Pickled Baby Beetroots	*organic*	6x300g	14.00		*3.33*	**350402**
◆	Pickled Gherkins with Red Peppers	*organic*	6x670g	17.60		*4.19*	**350404**
◆	Plain Sauerkraut	*organic*	6x680g	14.00		*3.33*	**350406**
◆	Sauerkraut with Carrot	*organic*	6x680g	14.00		*3.33*	**350408**
◆	Gherkins in Brine	*organic*	6x820g	18.40		*4.38*	**350410**

Vinegars

Aspall

▼	Apple Balsamic Vinegar		6x350ml	13.55		*3.01*	**370503**
▲	Balsamic Vinegar	*organic*	6x350ml	19.15		*4.26*	**370504**
◆	Balsamic Vinegar	*organic*	5l	35.80	7.16		**370507**
▲	Cyder Vinegar	*organic*	20l	47.80	2.39		**370511**
▲	Cyder Vinegar	*organic*	5l	16.25	3.25		**370512**
▲	Cyder Vinegar	*organic*	6x500ml	11.55		*2.57*	**370516**
▲	Cyder Vinegar	*organic*	6x350ml	9.95		*2.21*	**370518**
▲	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	17.55 v		*4.68*	**370522**

▲	Raw Unfiltered Cyder Vinegar	organic	6x500ml	14.75		3.28	370519
▲	Raw Unfiltered Cyder Vinegar	organic	5l	16.25	3.25		370520
▲	Red Wine Vinegar	organic	6x350ml	9.80		2.18	370535
▲	White Wine Vinegar	organic	6x350ml	9.80		2.18	370550
◆	Organic White Wine Vinegar	organic	5l	15.95	3.19		370552
◆	Red Wine Vinegar		5l	10.50	2.10		370517
◆	White Wine Vinegar (not organic)		5l	10.50	2.10		370523

Rayners organic raw unfiltered vinegars in glass

▲	Apple Cider Vinegar with the mother	organic	6x750ml	23.60		5.25	371620
▲	Apple Cider Vinegar with the mother	organic	6x500ml	17.30		3.85	371622
▲	Coconut Vinegar with the mother	organic	6x250ml	21.35		4.75	371625
▲	Pomegranate Vinegar with the mother	organic	6x250ml	23.60		5.25	371628
▲	Red Wine Vinegar with the mother	organic	6x500ml	17.30		3.85	371630
▲	White Wine Vinegar with the mother	organic	6x500ml	17.30		3.85	371632

Realfoods by Organico - oak-aged di Modena

▲	Italian Balsamic Vinegar	organic	6x250ml	22.25		4.94	371553

Sauces, Fruit and Vegetable Products

Biona - Tomato Products

◆	Passata	organic	12x680g	20.60		2.29	390115
◆	Passata with Basil	organic	12x680g	20.60		2.29	390117
◆	Passata Rustica	organic	12x680g	23.30		2.59	390119
◆	Arrabbiata Pasta Sauce (hot & spicy)	organic	6x350g	13.45		2.99	390129
◆	Basilico Tomato & Basil Sauce	organic	6x350g	13.45		2.99	390130
◆	Toscana Pasta Sauce (Tuscan)	organic	6x350g	13.45		2.99	390139

Clearspring - pouches

◆	Apple & Blueberry Purée - single pouch	organic	18x100g	18.75		1.39	390582
◆	Apple & Mango Purée - single pouch	organic	18x100g	18.75		1.39	390583
◆	Banana, Blueberry & Strawberry Purée	organic	18x100g	18.75		1.39	390584
◆	Banana, Strawberry & Mango Purée	organic	18x100g	18.75		1.39	390587
◆	Pear Purée - single pouch	organic	18x100g	18.75		1.39	390588

Essential Trading

◆	Tom Purée Tube Double Conc. - tube	organic	12x130g	13.95		1.55	391230
▼	Chopped Tomatoes	organic	12x400g	9.70		1.08	391235

Realfoods by Organico - pesto - raw

▲	Vegan Green Pesto	organic	6x120g	15.50		3.44	393071

Realfoods by Organico Tuscan sauces

▼	Tomato & Basil Pasta Sauce	organic	6x300g	15.75		3.50	393075

Suma

◆	Mayonnaise - egg	organic	6x300g	20.70		4.60	392742

Convenience Foods

Amaizin - cans

◆	Aduki Beans	organic	6x400g	8.20		1.82	440501
◆	Baked Beans	organic	6x400g	9.85		2.19	440503
◆	Black Beans	organic	6x400g	7.45		1.66	440505
◆	Feijoada Beans - black beans in spiced sauce	organic	6x400g	9.40		2.09	440506
◆	Mixed Beans with corn - small	organic	12x200g	12.10		1.34	440508
◆	Red Kidney Beans in Chilli Sauce	organic	6x400g	11.05		2.46	440510
◆	Taco Bean Mix - in spicy sauce	organic	6x400g	8.75		1.95	440511

Biona - tinned beans & pulses

◆	Baked Beans in tins	organic	12x400g	15.20		1.69	390099
◆	Brown Lentil Curry - BPA-free can	organic	6x400g	9.85		2.19	390120
◆	Chilli Black Beans - BPA-free can	organic	6x410g	7.60		1.69	390146
▲	Chilli Con Quinoa - BPA-free can	organic	6x400g	15.25		3.39	390144
◆	Chilli Red Kidney Beans in tins	organic	6x395g	7.60		1.69	390149
▲	Five Bean Salad - in a vinaigrette	organic	6x410g	8.05		1.79	390232

Free & Easy ready meals - vegan - gluten-free - can

▲	Bean Cassoulet	organic	6x400g	14.80		3.29	441075
▲	Chickpea & Bean Tagine	organic	6x400g	14.80		3.29	441077
▲	Chickpea & Vegetable Curry	organic	6x400g	14.80		3.29	441080
▲	Middle Eastern Chickpea Casserole	organic	6x400g	14.80		3.29	441081
▲	Sweet Potato Coconut & Kale Curry	organic	6x400g	14.80		3.29	441083
▲	Three Bean Chilli	organic	6x400g	14.80		3.29	441082
▲	Vegetable Balti	organic	6x400g	14.80		3.29	441085
▲	Vegetable Hot Pot	organic	6x400g	14.80		3.29	441087

Free & Easy gluten-free, vegan baking mixes

▼	Breakfast Pancake Mix		4x230g	10.35		3.45	441090
▲	Middle Eastern Flatbread Mix		4x250g	10.35		3.45	441092

Free & Easy sauce mixes - vegan

▲	Dairy Free Cheese Flavour Sauce Mix		6x130g	13.25		2.94	441110
▲	Gluten-free Gravy Sauce Mix		6x130g	11.20		2.49	441115

Free & Easy - canned organic soups

▲	Broccoli & Kale Soup	organic	6x400g	11.20		2.49	441120
▲	Butternut Squash & Ginger Soup	organic	6x400g	11.20		2.49	441122
▲	Carrot & Coconut Soup	organic	6x400g	11.20		2.49	441125
▲	Lentil & Red Pepper Soup	organic	6x400g	11.20		2.49	441127
▲	Pea & Mint Soup	organic	6x400g	11.20		2.49	441130
▲	Sweet Potato & Chia Seed Soup	organic	6x400g	11.20		2.49	441132
▲	Tomato Soup	organic	6x400g	11.20		2.49	441135

Free & Easy - canned low salt organic soups

▲	Broccoli & Kale Soup - low salt	organic	6x400g	11.20		2.49	441138
▲	Butternut Squash, Sweet Potato, Turmeric Soup	organic	6x400g	11.20		2.49	441140
▲	Carrot & Coriander Soup - low salt	organic	6x400g	11.20		2.49	441142
▲	Sweet Potato & Quinoa Soup - low salt	organic	6x400g	11.20		2.49	441144

La Bio Idea - cans

◆	Beluga Lentils - small	organic	12x200g	13.55		1.51	442661
◆	Borlotti Beans	organic	6x400g	7.65		1.70	442662
◆	Fagioli Toscani	organic	6x400g	9.40		2.09	440512
◆	Butter Beans	organic	6x400g	8.05		1.79	442665
◆	Cannellini Beans	organic	6x400g	7.65		1.70	442667
◆	Chickpeas	organic	6x400g	7.15		1.59	442670
◆	Chickpeas - small	organic	12x200g	11.10		1.23	442671
◆	Brown Lentils	organic	6x400g	7.65		1.70	442672
◆	Green Dupuis Lentils	organic	6x400g	93.00		20.67	442673
◆	Mixed Beans	organic	6x400g	7.65		1.70	442675
◆	Red Kidney Beans	organic	6x400g	7.60		1.69	442677
◆	Red Kidney Beans - small	organic	12x200g	10.95		1.22	442678

Mr Organic - ring-pull cans

◆	Aduki Beans	organic	12x400g	13.40		1.49	442748
◆	Baked Beans	organic	12x400g	14.30		1.59	442750
◆	Beluga Lentils	organic	12x400g	13.40		1.49	442753
◆	Black Beans	organic	12x400g	12.50		1.39	442752
◆	Borlotti Beans	organic	12x400g	13.40		1.49	442755
◆	Cannellini Beans	organic	12x400g	13.40		1.49	442757
◆	Chickpeas	organic	12x400g	12.50		1.39	442760
▲	Chilli Mixed Beans	organic	12x400g	17.90		1.99	442761
▲	Butter Beans	organic	12x400g	16.10		1.79	442762
◆	Haricot Beans	organic	12x400g	13.40		1.49	442763
◆	Lentils - green	organic	12x400g	13.40		1.49	442765
◆	Low Sugar Baked Beans	organic	12x400g	16.10		1.79	442766
▲	Mixed Beans	organic	12x400g	16.10		1.79	442767
▲	Red Kidney Beans	organic	12x400g	15.20		1.69	442770
☆	Tomato & Basil Soup	organic	6x400g	10.30		2.29	442776

Mr Organic - glass jar

◆	Butter Beans - jar	organic	6x350g	10.35		2.30	442791
◆	Cannellini Beans - jar	organic	6x350g	10.35		2.30	442792
◆	Chickpeas - jar	organic	6x350g	10.35		2.30	442793
◆	Lentils - jar	organic	6x350g	10.35		2.30	442794

RIFCo - Really Interesting Food Company - vegan gluten-free

▲	Balinese Lentil & Red Pepper Soup	*organic*	6x400g	11.20	*2.49* **443780**
▲	Mexican Bean Soup	*organic*	6x400g	11.20	*2.49* **443782**
▲	Moroccan Chickpea Soup	*organic*	6x400g	11.20	*2.49* **443784**
▲	Thai Green Curry	*organic*	6x400g	15.70	*3.49* **443786**
▲	Spanish Chickpea Casserole	*organic*	6x400g	15.70	*3.49* **443788**
▲	Sri Lankan Lentil & Coconut Soup	*organic*	6x400g	11.20	*2.49* **443790**
▲	Thai Temple Curry	*organic*	6x400g	15.70	*3.49* **443792**

Suma - beans & pulses easy-open cans

▲	Aduki Beans	*organic*	12x400g	11.60	*1.29* **445503**
▲	Black Beans	*organic*	12x400g	11.60	*1.29* **444596**
▲	Black Chickpeas	*organic*	12x400g	11.60	*1.29* **444506**
▲	Borlotti Beans	*organic*	12x400g	11.60	*1.29* **445506**
▲	Brown Lentils	*organic*	12x400g	11.60	*1.29* **445509**
▲	Butter Beans	*organic*	12x400g	12.10	*1.34* **445507**
▲	Cannellini Beans	*organic*	12x400g	11.60	*1.29* **445508**
▲	Chickpeas	*organic*	12x400g	11.60	*1.29* **445510**
▲	Green Lentils	*organic*	12x400g	11.60	*1.29* **445512**
▲	Haricot Beans	*organic*	12x400g	11.60	*1.29* **445513**
▲	Mixed Beans	*organic*	12x400g	11.60	*1.29* **445514**
▲	Pinto Beans	*organic*	12x400g	12.10	*1.34* **444518**
▲	Red Kidney Beans	*organic*	12x400g	12.10	*1.34* **445505**

Baby & Children's Food and Baby Products

Cheeky Panda Bamboo products

◆	Bamboo Baby Wipes		12x60p	22.40 V	*2.99* **830981**

Ella's Kitchen - 6 months+ - (min 3 months shelf life)

▲	Strawberry Greek Yoghurt	*organic*	6x90g	6.35	*1.41* **470964**

Ella's Kitchen - main meal - stage 2 - 7 months plus

▲	Cheese Pie with veggies	*organic*	6x130g	10.30	*2.29* **470977**
▲	Vegetable Bake with Lentils	*organic*	6x130g	10.30	*2.29* **470985**

Ella's Kitchen - smoothie fruit - 6 months

▲	The Green One - Smoothie Fruit - singles	*organic*	12x90g	11.60	*1.29* **470943**
▲	The Green One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85	*6.41* **470944**
▲	The Pink One - Smoothie Fruit - multi	*organic*	3x5x90g	14.05	*6.24* **470953**
▲	The Purple One - Smoothie Fruit - singles	*organic*	12x90g	11.60	*1.29* **470945**
▲	The Purple One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85	*6.41* **470947**
▲	The Red One - Smoothie Fruit - singles	*organic*	12x90g	11.60	*1.29* **470950**
▲	The Red One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85	*6.41* **470955**
▲	The White One - Smoothie Fruit - multi	*organic*	3x4x90g	12.10	*5.38* **470954**
▲	The Yellow One - Smoothie Fruit - singles	*organic*	12x90g	11.60	*1.29* **470960**

Organix Brands - Baby

◆	Banana & Plum Porridge	*organic*	4x200g	11.15	*3.72* **470710**
◆	Apple Rice Cake Clouds	*organic*	6x40g	8.90	*1.98* **470820**
◆	Banana Rice Cake Clouds	*organic*	6x40g	8.90	*1.98* **470822**
◆	Strawberry Rice Cake Clouds	*organic*	6x40g	8.90	*1.98* **470824**
◆	Summer Fruits Rice Cake Clouds	*organic*	6x40g	8.90	*1.98* **470826**
◆	Little Ruskits Baby Biscuits	*organic*	4x54g	7.25	*2.42* **470833**
◆	Melty Tomato Slices	*organic*	5x20g	3.25	*0.87* **470857**
◆	Melty Carrot Puffs	*organic*	8x20g	5.05	*0.84* **470924**
◆	Melty Sweetcorn Rings	*organic*	8x20g	5.05	*0.84* **470926**
◆	Banana Weaning Wands	*organic*	5x25g	6.00	*1.60* **470976**
◆	Strawberry Weaning Wands	*organic*	5x25g	6.00	*1.60* **470978**

Organix - Toddler & Kids

◆	Chunky Apple & Date Fruit Bars	*organic*	6x6x17g	17.00	*3.78* **470881**
◆	Chunky Banana & Date Fruit Bars	*organic*	6x6x17g	17.00	*3.78* **470882**
☆	Kids Crazy Choco Orange Mini Flapjack Bites	*organic*	4x4x23g	10.35 V	*4.13* **470869**
☆	Kids Lemon & Lime Oaty Bars	*organic*	6x6x23g	15.70 V	*4.18* **470873**
☆	Kids Marvellous Mandarin & Apple Oaty Bars	*organic*	6x6x23g	15.70 V	*4.18* **470874**
☆	Mini Oaty Bites - raspberry & orange with apple	*organic*	5x100g	11.30 V	*3.61* **470859**
◆	Oaty Split Stix - apple blackcurrant bars	*organic*	6x5x23g	14.00 V	*3.72* **470860**
◆	Oaty Split Stix - choco banana bars	*organic*	6x5x23g	14.00 V	*3.72* **470904**
◆	Wavy Apple Snackers - Kids	*organic*	5x15g	4.25	*1.13* **470879**
◆	Raisins - box	*organic*	4x12x14g	10.35	*3.45* **470884**
◆	Banana Bread Biscuits	*organic*	6x6x135g	13.60	*3.02* **470862**
◆	Farm Animal Biscuits	*organic*	5x100g	9.65	*2.57* **470907**
◆	Cocoa & Vanilla Gruffalo Biscuits	*organic*	3x5x20g	6.30	*2.80* **470889**
◆	Gingerbread Men - large	*organic*	6x135g	13.60	*3.02* **470909**
◆	Jammie Monsters - strawberry & apple biscuits	*organic*	4x4x64g	10.55	*3.52* **470863**
◆	Barbeque Gruffalo Claws	*organic*	3x4x15g	6.85	*3.04* **470901**
◆	Cheese & Onion Gruffalo Claws	*organic*	3x4x15g	6.85	*3.04* **470905**
◆	Cheese & Herbs Puffs - multipack	*organic*	3x4x15g	6.85	*3.04* **470890**
◆	Melty Carrot Puffs multi pack	*organic*	4x4x18g	9.00	*2.99* **470923**
◆	Mini Cheese Cracker multipack	*organic*	3x4x20g	6.65	*2.95* **470918**

Japanese Products, Miso, Soy Sauce, Tofu

Ocean's Halo

◆	Miso Broth - tetra	*organic*	6x946ml	19.25	*4.28* **481040**
◆	Pho Broth - tetra	*organic*	6x946ml	19.25	*4.28* **481042**
◆	Ramen Broth - tetra	*organic*	6x946ml	19.25	*4.28* **481044**

Sea Vegetables

Clearspring

◆	Ginger Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35	*1.29* **531041**
◆	Multipack Ginger Seaveg Crispies	*organic*	6x5x4g	22.45	*4.99* **531043**
◆	Turmeric Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35	*1.29* **531045**
◆	Multipack Turmeric Seaveg Crispies	*organic*	6x5x4g	22.45	*4.99* **531047**
◆	Original Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35	*1.29* **531050**
◆	Multipack Original Seaveg Crispies	*organic*	6x5x4g	22.45	*4.99* **531052**
◆	Chilli Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35	*1.29* **531059**
◆	Multipack Chilli Seaveg Crispies	*organic*	6x5x4g	22.45	*4.99* **531061**

Teas - Herb

11 O'clock Tea

◆	11 O'clock Rooibosch Tea Bags	*organic*	4x40bgs	8.70	*2.90* **575010**
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x80bgs	16.15	*5.38* **575015**

Clipper Infusions - tea bags - blends

▲	Sleep Easy Infusion	*organic*	6x20bgs	12.40	*2.76* **560385**
▲	20 bags Chamomile Infusion	*organic*	6x20bgs	12.40	*2.76* **560405**
▲	20 bag Peppermint Infusion	*organic*	6x20bgs	12.40	*2.76* **560407**
▲	Blackcurrant & Blueberry Infusion	*organic*	6x20bgs	12.40	*2.76* **560408**
▲	Dandelion Infusion	*organic*	6x20bgs	12.40	*2.76* **560410**
▲	Fennel Infusion	*organic*	6x20bgs	12.40	*2.76* **560411**
▲	Nettle Infusion	*organic*	6x20bgs	12.40	*2.76* **560413**
▲	Lemon & Ginger Infusion	*organic*	6x20bgs	12.40	*2.76* **560417**
▲	Liquorice Infusion	*organic*	6x20bgs	12.40	*2.76* **560418**

Clipper Infusions - envelope-string-tag

▲	Cleanse With Benefits - citrus nettle fennel	*organic*	4x20bgs	9.30	*3.10* **560364**
▲	Ginger & Turmeric (was Restoring Roots)	*organic*	4x20bgs	9.30	*3.10* **560362**
▲	Groovy Ginger Hemp infusion	*organic*	4x20bgs	11.20	*3.73* **560409**
▲	Sleep Time - chamomile & lemonbalm etc	*organic*	4x20bgs	9.30	*3.10* **560371**
▲	Blackcurrant & Blueberry Infusion	*organic*	4x20bgs	9.30	*3.10* **560421**
▲	Chamomile & Peach Infusion	*organic*	4x20bgs	9.30	*3.10* **560422**
▲	Orange & Turmeric Infusion	*organic*	4x20bgs	9.30	*3.10* **560426**
▲	Peppermint & Spearmint Infusion	*organic*	4x20bgs	9.30	*3.10* **560428**

Clipper Redbush/Rooibos

▲	Redbush Tea Bags	*organic*	6x80bgs	22.55	*5.01* **560430**

Dragonfly - Organic Herb Teas

◆	Golden Balance Turmeric Bags	*organic*	4x20bgs	8.65	*2.88* **560551**
◆	Happy Times Tulsi Bags	*organic*	4x20bgs	8.65	*2.88* **560556**
◆	Lively Lemon & Ginger Bags	*organic*	4x20bgs	8.65	*2.88* **560561**
◆	Mint Garden Digestif Bags	*organic*	4x20bgs	8.65	*2.88* **560554**
◆	Cape Malay Rooibos Chai Bags	*organic*	4x20bgs	7.90	*2.63* **560555**

◆ Mountain Honeybush Tea Bags	organic	4x20bgs	7.90	2.63	560565
◆ Night Sky Calm Bags	organic	4x20bgs	8.65	2.88	560567
◆ Sleepy Mint & Honeybush Bags	organic	4x20bgs	8.65	2.88	560563
◆ Sweet Rosehip & Raspberry Bags	organic	4x20bgs	8.65	2.88	560564
◆ Three Mint Medley Bags	organic	4x20bgs	8.65	2.88	560566

Dragonfly - Rooibos Teas

◆ Rooibos	organic	4x40bgs	9.10	3.03	544008
◆ Rooibos - Earl Grey	organic	4x40bgs	9.10	3.03	544110
◆ Rooibos - Vanilla	organic	4x40bgs	9.10	3.03	544112

Essential

▲ Camomile Tea Sachets	organic	4x20bgs	9.00	3.00	571906
▲ Fennel Tea Sachets	organic	4x20bgs	9.00	3.00	571907
▲ Ginger & Lemon Tea Sachets	organic	4x20bgs	9.00	3.00	571908
▲ Hibiscus Tea Sachets	organic	4x20bgs	9.00	3.00	571909
▲ Liquorice Tea Sachets	organic	4x20bgs	9.00	3.00	571911
▲ Peppermint & Spearmint Tea Sachets	organic	4x20bgs	9.00	3.00	571912
▲ Peppermint Tea Sachets	organic	4x20bgs	9.00	3.00	571913

Hambleden Tea Bags

▲ Chamomile Tea Bags	organic	6x20bgs	13.55	3.01	560505
▲ Elderflower Tea Bags	organic	6x20bgs	18.10	4.03	560510
▲ Hibiscus Tea Bags	organic	6x20bgs	13.55	3.01	560520
▲ Lemon Verbena Tea Bags	organic	6x20bgs	13.55	3.01	560530
▲ Limeflower Tea Bags	organic	6x20bgs	18.10	4.03	560535
▲ Nettle Tea Bags	organic	6x20bgs	13.55	3.01	560538
▲ Peppermint Tea Bags	organic	6x20bgs	13.55	3.01	560540
▲ Rosehip Tea Bags	organic	6x20bgs	18.10	4.02	560545
▲ Turmeric Chai Tea Bags	organic	6x20bgs	18.10	4.05	560548

Hambleden loose herb infusions

▲ Chamomile - loose	organic	6x40g	18.10	4.03	560705
▲ Hibiscus - loose	organic	6x50g	18.10	4.03	560710
▲ Lemon Verbena - loose	organic	6x20g	18.10	4.03	560720
▲ Peppermint - loose	organic	6x45g	18.10	4.03	560730
▲ Raspberry Leaf - loose	organic	6x45g	18.10	4.03	560735

Hampstead - string & tag envelope- Infusion

◆ Herbal Harmonies Selection Pack	demeter	4x20bgs	11.95	3.99	560809
◆ Camomile Mellow	organic	4x20bgs	11.35	3.79	560808
◆ Digest Well - was Fennel & Peppermint	demeter	4x20bgs	11.35	3.79	560810
◆ Lemon Ginger	demeter	4x20bgs	11.35	3.79	560815
◆ Peppermint & Spearmint	demeter	4x20bgs	11.35	3.79	560820
◆ Meditate Lavender & Valerian	demeter	4x20bgs	11.35	3.79	560823
◆ Rooibos	organic	4x20bgs	11.35	3.79	560824
◆ Rosehip Hibiscus	organic	4x20bgs	11.35	3.79	560825
◆ Sleep Well	organic	4x20bgs	11.35	3.79	560826
◆ Turmeric & Cinnamon	organic	4x20bgs	11.35	3.79	560828

Tick Tock Rooibos

◆ Rooibos Tea Bags	organic	4x40bgs	8.05	2.68	561712
◆ Rooibos Tea Bags	organic	4x80bgs	15.75	5.25	561716
◆ Rooibos Tea Loose	organic	6x100g	12.00	2.67	561717
◆ Green Rooibos Tea Bags	organic	4x40bgs	8.55	2.85	561718
◆ Rooibos Earl Grey Tea Bags		4x40bgs	8.55	2.85	561722

Teas - Black, Green & White

Clipper FairTrade - black tea

▲ Assam Tea Bags	organic	6x40bgs	13.40	2.98	580310
▲ English Breakfast Tea Bags - 80's	organic	4x80bgs	14.40	4.81	580330
▲ Breakfast Fairtrade 40 Tea Bags	organic	6x40bgs	15.65	3.48	580314
▲ Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	15.40	3.42	580321
▲ Decaf Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	18.80	4.18	580308
▲ Earl Grey Tea Bags - 80's	organic	6x80bgs	21.60	4.80	580318

Clipper - Fair Trade - string, tag & envelope

▲ Earl Grey - food service	organic	250bgs	20.65		580320

Clipper - black tea

▲ Fairtrade Everyday Tea Bags	organic	6x40bgs	15.45	3.43	580328
▲ Everyday Tea Bags	organic	4x80bgs	13.15	4.38	580331
▲ Fairtrade Everyday Tea Bags	organic	4x80bgs	13.90	4.63	580329
▲ Everyday Decaffeinated Tea Bags	organic	6x40bgs	18.80	4.18	580332
▲ Fairtrade Decaffeinated Tea Bags	organic	4x80bgs	21.50	7.17	580334

Clipper - Fair Trade - string, tag & envelope

▲ Fairtrade Everyday Tea Bags - food service		6x100bgs	34.70		590810

Clipper - green tea - Fairtrade

▲ Green Fairtrade Teabags - 80's	organic	4x80bgs	15.45	5.16	590630
▲ Green Fairtrade Teabags - 40's	organic	6x40bgs	16.30	3.63	590634
▲ Pure Green Fairtrade - bags	organic	6x20bgs	13.85	3.08	590638
▲ Green Tea & Lemon Fairtrade Teabags - 80's	organic	4x80bgs	15.45	5.14	590639
▲ Green Tea with Lemon Bags	organic	6x20bgs	13.85	3.08	590641
▲ Decaffeinated Green Tea Bags	organic	6x40bgs	19.60	4.36	590707

Clipper - white tea

▲ 26 bag White Tea Bags	organic	6x26bgs	12.35	2.74	590682
▲ White Fairtrade Teabags - 40's	organic	6x40bgs	16.65	3.70	590683

Dragonfly Tea

◆ Classic Earl Grey Tea Bags	organic	4x20bgs	7.90	2.63	581020
◆ Golden Breakfast Tea Bags		4x40bgs	8.85	2.95	581022
◆ Traditional English Breakfast Tea Bags	organic	4x20bgs	7.90	2.63	581025
◆ Pure Green Mountain Tea	organic	4x20bgs	7.90	2.63	580345
◆ Moroccan Mint Green Tea Bags	organic	4x20bgs	7.90	2.63	580346
◆ Moonlight Jasmine Green Tea Bags	organic	4x20bgs	7.90	2.63	580347
◆ Swirling Mist White Tea Bags	organic	4x20bgs	8.65	2.88	580350
◆ Digestive Chai Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580354
◆ Digestive Lemon Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580348
◆ Digestive Pu'er Tea Bags - was Good Dragon	organic	4x20bgs	7.90	2.63	580349

Hambleden organic tea

▲ Earl Grey Tea - loose	organic	6x55g	18.10	4.04	560738
▲ Everyday Tea - loose	organic	6x70g	18.10	4.04	560740
▲ Green Tea - loose	organic	6x65g	18.10	4.04	560745
▲ Earl Grey Tea Bags	organic	6x20bgs	18.10	4.02	560748
▲ Everyday Tea Bags	organic	6x20bgs	13.55	3.01	560750

Hampstead - Demeter/Organic

◆ Black Tea Bags Selection Pack	organic	4x20bgs	11.95	3.98	580481
◆ Green Tea Bags Selection Pack	organic	4x20bgs	11.95	3.98	580482
◆ Assam Tea Bags	organic	4x20bgs	11.35	3.78	580483
◆ Green Tea Bags	demeter	4x20bgs	11.35	3.78	580484
◆ Matcha Green Tea & Nettle Bags	organic	4x20bgs	11.35	3.78	580494
◆ Ginger Green Tea Bags	demeter	4x20bgs	11.35	3.78	580486
◆ Jasmine Green Tea Bags	organic	4x20bgs	11.35	3.78	580487
◆ Mint Green Tea Bags	demeter	4x20bgs	11.35	3.78	580489
◆ Earl Grey Tea Bags	demeter	4x20bgs	11.65	3.88	580490
◆ English Breakfast Tea Bags	organic	4x20bgs	11.65	3.88	580491
◆ Darjeeling Bags	demeter	4x20bgs	11.35	3.78	580493
◆ Green Tea & Raspberry	organic	4x20bgs	11.35	3.78	580476
◆ French Vanilla Black Tea Bags	demeter	4x20bgs	11.35	3.78	580478
◆ Indian Chai - spiced black tea bags	organic	4x20bgs	11.35	3.79	580466
◆ Focus Well - was Oriental Chai	organic	4x20bgs	11.35	3.79	580467

Organic Herb Trading Co. organic loose tea

▼ Assam GBOP Loose Leaf Tea	organic	1x500g	8.60	11.47	580532
▼ English Breakfast Loose Leaf Tea	organic	1x500g	10.30	13.73	580538
▼ Sencha Green Chinese Loose Leaf Tea	organic	1x500g	11.65	15.53	580544

Qi Herbal Health - FairTrade - green tea bags

◆ Decaffeinated Green Tea Bags	organic	6x20bgs	17.95	3.99	580396
◆ Green Tea Bags	organic	6x25bgs	11.20	2.49	580397
◆ Green Tea Bags Detox	organic	6x25bgs	14.85	3.29	580402
◆ Green Tea Bags with Ginger	organic	6x25bgs	13.50	2.99	580401
◆ Jasmine Green Tea Bags	organic	6x25bgs	17.95	3.99	580404
◆ Green Tea Bags & Matcha	organic	6x20bgs	13.50	2.99	580442

Qi Herbal Health - Lifestyle Range

◆	China Green Tea Pure & Simple - 80's		5x80bgs	10.85	2.89 591145
◆	Green Tea Clarity		6x20bgs	16.60	3.69 591148
◆	WellBeing Green Tea - 20's		6x20bgs	11.65	2.59 591164

Qi Herbal Health - FairTrade - white tea bags

◆	White Tea Bags	organic	6x25bgs	12.55	2.79 580415

Qi Herbal Health - loose

◆	Green Tea Loose (Chun Mee)	organic	6x100g	15.75	3.49 580395
◆	Jasmine Loose Leaf Green Tea	organic	6x100g	31.10	6.92 580406

Coffee

CaféDirect FairTrade R&G

◆	CaféDirect Colombia Reserva - 3		6x200g	25.15	5.58 600481
▲	CaféDirect Familia Arabica Espresso - 5		6x200g	28.40	6.30 600471
◆	CaféDirect Mayan Gold -5	organic	6x200g	25.15	5.58 600489

CaféDirect roast coffee beans FairTrade

◆	Whole Coffee Beans - Machu Picchu - 4	organic	6x200g	25.15	5.58 600497
◆	Whole Coffee Beans - Mayan Gold - 5	organic	6x200g	25.15	5.58 600499

Cafe Rebelde Zapatista coffee

▲	Zapatista Coffee Beans	organic	10x500g	110.45	14.78 601100
▲	Zapatista Coffee Ground	organic	20x250g	116.45	7.76 601114

Equal Exchange Original FairTrade R&G Coffee

▲	Dark City Roast Coffee Ground - 4	organic	8x200g	39.00	6.50 600610
▲	Medium R&G Coffee - 3	organic	8x200g	38.65	6.44 600605
▲	Italian Coffee R&G - 5	organic	8x200g	39.00	6.50 600685
▲	Women Grew This Coffee R&G - 3	organic	8x200g	39.00	6.50 600695

Equal Exchange FairTrade Coffee Beans

▲	Coffee Beans Roast-Italian - 5	organic	8x200g	39.00	6.50 600654
▲	Coffee Beans - Medium roast - 3	organic	8x200g	39.00	6.50 600657
▲	Coffee Beans - Dark City roast - 4	organic	8x200g	39.00	6.50 600660
▲	Coffee Beans - Women grown - 3	organic	8x200g	39.00	6.50 600664

Red Roaster Speciality Coffee

☆	Glasshouse - bag wholebean	organic	6x200g	29.30	6.51 601374

Source - climate change coffee - single origin - Roast & Ground

◆	Decaf Mexican Cloud Forest	organic	6x227g	38.00	8.44 601331
◆	Gishwati Rwandan Cloud Forest Coffee - 4	organic	6x227g	33.75	7.50 601330
◆	Kilimanjaro Espresso Cloud Forest Coffee - 5	organic	6x227g	33.75	7.50 601332
◆	Mexican La Sierra Cloud Forest Coffee - 3	organic	6x227g	33.75	7.50 601335
◆	Uganda Mount Elgon Cloud Forest - 4	organic	6x227g	33.75	7.50 601336

Coffee Subs, Malt Drinks, Carob & Cocoa Products

Clipper - FairTrade

▲	Drinking Chocolate - tub		6x250g	20.85	4.63 611305
▲	Instant Hot Chocolate - tub		6x350g	22.45	4.99 611307
▲	Instant Hot Chocolate - tub		4x1kg	48.50	16.15 611310

Hambleden Herbs

▲	Carob Powder	organic	6x150g	20.35	4.52 313375

The Chicory Company - previously Prewett's

☆	Instant Chicory Drink	organic	6x100g	23.80	5.29 612855

Drinks - Herbal, Tonic, Coconut and Iced Tea

Bonsoy Sparkling Coconut Water

☆	Sparkling Coconut Water		12x250ml	13.50 V	1.80 641017

Gusto organic Drinks - glass bottle

◆	Gusto Original Organic Energy	organic	12x250ml	16.45 V	2.19 641605
◆	Gusto - Organic Cherry Cola	organic	12x275ml	15.50 V	2.07 641604
◆	Gusto - Organic Real Cola - FT	organic	12x275ml	15.50 V	2.07 641606
◆	Gusto - Fiery Ginger with Jalapeño - FT	organic	12x275ml	15.50 V	2.07 641608
◆	Gusto - Sicilian Blood Orange - FT	organic	12x275ml	15.50 V	2.07 641609
◆	Gusto - Yuzu Lemonade - FT	organic	12x275ml	16.45 V	2.19 641611

Honegar -50% honey & 50% cider vinegar

▲	Honegar - small		6x500ml	21.55 V	5.75 641505
▲	Honegar		6x750ml	31.85 V	8.50 641507

Lazy Moon Kombucha - glass

◆	Ginger & Turmeric Kombucha	organic	12x330ml	24.75 V	3.30 641489
◆	Passion Fruit Kombucha	organic	12x330ml	24.75 V	3.30 641491
◆	Raspberry Kombucha	organic	12x330ml	24.75 V	3.30 641493

Drinks - Fruit & Vegetable Juices, Cordials & Water

Big Tom - Spiced Tomato Mix from James White

▲	Big Tom - large bottles		6x750ml	13.70 V	3.65 672005
▲	Big Tom - small bottles		24x250ml	22.60 V	1.51 672010

Biona Juices & Drinks - glass bottles

◆	Apple Juice - large	organic	6x750ml	13.45 V	3.59 660693
◆	Beetroot Juice - 100%	organic	6x750ml	14.20 V	3.79 660716
◆	Carrot Juice	organic	6x750ml	14.55 V	3.89 660694
◆	Orange Juice	organic	6x750ml	22.05 V	5.89 660695
◆	Red Grape Juice	organic	6x750ml	18.30 V	4.89 660696
◆	Tomato Juice	organic	6x750ml	14.55 V	3.89 660697

James White - Beet It

▲	Beetroot Juice - Beet It - large - glass	organic	6x750ml	15.10 V	4.02 664555
▲	Beetroot Juice - Beet It - small - glass	organic	24x250ml	29.70 V	1.99 664590
▲	Beet It - Shot - conc. beetroot juice - plastic	organic	15x70ml	21.05	1.87 664592
▲	Beet It & Ginger - Shot - conc. beetroot juice	organic	15x70ml	21.05	1.87 664593
▲	Beet It & Turmeric - Shot - conc. beetroot juice	organic	15x70ml	21.05	1.87 664594
▲	Ginger Beet It - glass	organic	6x750ml	15.50 V	4.13 664595
▲	1l Tetra Beetroot Juice - Beet It	organic	8x1l	21.10 V	4.22 664605

James White - Zingers - intense shots

▲	Lime & Chilli Zinger	organic	15x70ml	16.40 V	1.75 664620
▲	Ginger Zinger	organic	15x70ml	16.40 V	1.75 664622
▲	Intense Sour Cherry Zinger		15x70ml	16.40 V	1.75 664624
▲	Xtra Hot Ginger Zinger	organic	15x70ml	16.40 V	1.75 664625
▲	Golden Turmeric Juice Zinger		15x70ml	16.40 V	1.75 664627
▲	Big Zinger Ginger	organic	6x330ml	17.65 V	4.71 664628
▲	Big Zinger Turmeric		6x330ml	17.65 V	4.71 664630

Pip Organic - fruity water - tetra with straw (can also be sold singly)

◆	Blackcurrant, Raspberry & Apple Juice Water	organic	3x4x180ml	19.05 V	5.08 472698
◆	Mango, Orange & Apple Fruity Juice Water	organic	3x4x180ml	19.05 V	5.08 472699

Pip Organic - pure juice - tetra with straw (can also be sold singly)

◆	Cloudy Apple Juice	organic	3x4x180ml	19.05 V	5.08 472705
▲	Smooth Orange Juice	organic	3x4x180ml	20.20 V	5.39 472608
▲	Pineapple & Mango Smoothie	organic	3x4x180ml	20.20 V	5.39 472710
▲	Strawberry & Blackcurrant Juice	organic	3x4x180ml	20.20 V	5.39 472715
▲	Strawberry, Banana & Purple Carrot Smoothie	organic	3x4x180ml	20.20 V	5.39 472718

Rocks Squash

▲	Blackcurrant Squash		6x740ml	15.30 V	4.08 662730
▲	Lemon Squash		6x740ml	15.30 V	4.08 662731
▲	Orange Squash		6x740ml	15.30 V	4.08 662734
▲	Summer Fruit Squash		6x740ml	15.30 V	4.08 662735

Drinks - Carbonated

Pip Organic

◆	Apple Fizz	organic	24x250ml	23.00 V	1.53 661619
◆	Cherry Fizz	organic	24x250ml	23.00 V	1.53 661620

Whole Earth Organic Sodas - cans

▲	Apple - cans	organic	24x330ml	23.00 V	1.53 691570
▲	Cola - cans	organic	24x330ml	23.00 V	1.53 691575
▲	Elderflower - cans	organic	24x330ml	23.00 V	1.53 691577
▲	Ginger - cans	organic	24x330ml	23.00 V	1.53 691582
▲	Lemonade - cans	organic	24x330ml	23.00 V	1.53 691580
▲	Orange/Lemon - cans	organic	24x330ml	23.00 V	1.53 691585
▲	Cranberry - cans	organic	24x330ml	23.00 V	1.53 691595

Drinks - Soya, Nut, Grain, Milk & Desserts

Joya - Rice Dream - Hain

▲	Joya Rice Milk - organic	*organic*	10x1l	17.00	*2.30*	**721003**
▲	Joya Rice Milk + calcium Vits D+B12		8x1l	13.00	*2.20*	**721004**

Koko - vegan milk - tetra

◆	Barista Coconut alternative to milk + Calcium		6x1l	10.00	*2.22*	**723203**
◆	Original Coconut alternative to milk + Calcium		6x1l	9.65	*2.14*	**723205**
◆	Unsweetened Coconut alternative to milk + Calcium		6x1l	9.65	*2.14*	**723211**

Rude Health - gluten-free

◆	Barista Almond Drink		6x1l	11.20	*2.49*	**724606**
◆	Barista Coconut Drink		6x1l	11.20	*2.49*	**724607**
◆	Barista Oat Drink		6x1l	9.00	*2.00*	**724608**
◆	Oat Barista Drink	*organic*	6x1l	11.20	*2.49*	**724584**
◆	Barista Soya Drink	*organic*	6x1l	9.00	*2.00*	**724005**

Savoury Snacks

Clearspring - gluten-free snacking

◆	Roasted Tamari Almonds	*organic*	15x30g	18.65 V	*1.99*	**750287**
◆	Tamari Roasted Cashew Nuts	*organic*	15x30g	18.65 V	*1.99*	**750290**
◆	Tamari Roasted Pumpkin Seeds	*organic*	15x30g	16.75	*1.50*	**750295**

DJ&A

◆	Broccoli Florets		12x25g	25.90	*3.09*	**751070**
◆	Crispy Beetroot Slices		10x35g	21.60	*3.09*	**751072**
◆	Crispy Garlic Cloves		12x45g	25.90	*3.09*	**751073**
◆	Mixed Mushroom Crisps		12x30g	25.90	*3.09*	**751074**
◆	Pickle-Licious - Pickle Flavoured Cucumber Crisps		9x50g	22.40	*3.56*	**751071**
◆	Shitake Mushroom Crisps		12x30g	25.90	*3.09*	**751075**
◆	Shitake Mushroom Crisps Gravy Flavour		12x35g	25.90	*3.09*	**751076**
◆	Shitake Mushroom Crisps Smoked Chilli & Garlic		12x30g	25.90	*3.09*	**751077**
◆	Sugar Snap Pea Crisps		10x30g	21.60	*3.09*	**751078**
◆	Yellow Sweet Potato Crisps		10x55g	21.60	*3.09*	**751079**

Natco

▲	Pappadums - Black Pepper		10x200g	12.80	*1.71*	**752640**
▼	Pappadums - Jeera (Cumin)		10x200g	12.50	*1.67*	**752645**
▼	Pappadums - Garlic		10x200g	11.80	*1.57*	**752650**

Sweet Snacks & Confections

Alter Eco organic FairTrade chocolate

▲	Almond Dark Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760158**
▲	70% Ecuador Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760160**
▲	Milk Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760162**
▲	Orange Dark Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760164**
▲	85% Peru Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760166**
▲	Salted Caramel Milk Chocolate Bar	*organic*	14x100g	34.00 V	*3.89*	**760168**

Biona - coated fruit & nuts & treats

▲	Dark Chocolate covered Brazils	*organic*	12x80g	36.65 V	*4.89*	**760387**

Clif Bars

◆	Blueberry Almond Crisp Bars		12x68g	16.25 V	*2.17*	**762350**
◆	Chocolate Almond Fudge Bars		12x68g	16.25 V	*2.17*	**762355**
◆	Chocolate Chip Bars		12x68g	16.25 V	*2.17*	**762360**
◆	Crunchy Peanut Butter Bars		12x68g	16.25 V	*2.17*	**762365**
◆	Peanut Butter Banana Bars		12x68g	16.25 V	*2.17*	**762366**
◆	White Chocolate Macadamia Bars		12x68g	16.25 V	*2.17*	**762375**

Clif organic nut butter filled bars

◆	Chocolate Chip Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V	*2.61*	**762393**
◆	Chocolate Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V	*2.61*	**762396**
◆	Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V	*2.61*	**762398**

Divine - chocolate FairTrade

▲	Dark Chocolate - chunky		30x35g	26.70 V	*1.42*	**763581**
▲	Milk Chocolate - chunky		30x35g	26.70 V	*1.42*	**763521**
▲	Milk Chocolate Salted Caramel - chunky		30x35g	26.70 V	*1.42*	**763523**
▲	White Chocolate - chunky		30x35g	26.70 V	*1.42*	**763519**
▲	Orange Milk Chocolate - chunky		30x35g	26.70 V	*1.42*	**763527**

Jealous Sweets

◆	Fizzy Lips - share bag		10x125g	17.30 V	*2.77*	**764250**
◆	Grizzly Bears - share bag		10x125g	17.30 V	*2.77*	**764251**
◆	Tangy Worms - share bag		10x125g	17.30 V	*2.77*	**764252**
◆	Tropical Wonder - share bag		10x125g	17.30 V	*2.77*	**764253**
◆	Grizzly Bears - impulse bag		10x40g	8.60 V	*1.38*	**764256**
◆	Love Bears (sugar free) - impulse bag		10x40g	8.60 V	*1.38*	**764257**
◆	Tangy Worms - impulse bag		10x40g	8.60 V	*1.38*	**764258**
◆	Grizzly Bears - shot bag		20x24g	11.45 V	*0.92*	**764260**
◆	Love Bears (sugar free) - shot bag		20x24g	11.45 V	*0.92*	**764261**
◆	Tangy Worms - shot bag		20x24g	11.45 V	*0.92*	**764262**

Pip Organic - fruit bars

◆	Mango Pipstick	*organic*	24x18g	15.00	*0.83*	**767667**
◆	Pineapple & Mango Pipstick	*organic*	24x18g	15.00	*0.83*	**767669**

Wild Thingz vegan sweets from Just Wholefoods

◆	Wild Thingz - Fruity Flyers share bag	*organic*	10x130g	21.80 V	*3.49*	**769100**
◆	Wild Thingz - Gummy Grubs share bag	*organic*	10x130g	21.80 V	*3.49*	**769102**
◆	Wild Thingz - Zesty Pests share bag	*organic*	10x130g	21.80 V	*3.49*	**769103**
◆	Wild Thingz - Fruity Flyers treat bag	*organic*	34x25g	26.50 V	*1.25*	**769104**
◆	Wild Thingz - Gummy Grubs treat bag	*organic*	34x25g	26.50 V	*1.25*	**769106**
◆	Wild Thingz - Zesty Pests treat bag	*organic*	34x25g	26.50 V	*1.25*	**769107**

Condiments, Stocks, Salt & Miscellaneous Foods

Essential Trading

▼	Atlantic Sea Salt - Portugal - Fine	*organic*	5kg	8.00	1.60		**791718**

Free & Easy gluten-free, vegan egg replacer

▲	Egg Replacer		6x135g	13.25	*2.94*	**791750**

Hambleden Herbs

▲	Rock Salt - in grinder		5x120g	11.10	*2.96*	**791680**

Kallo

▲	Garlic & Herb Stock Cubes	*organic*	15x6x11g	21.45	*1.91*	**793010**
▲	Mushroom Stock Cubes	*organic*	15x6x11g	21.45	*1.91*	**793015**
▲	Vegetable Stock Cubes	*organic*	15x6x11g	21.45	*1.91*	**793065**
▲	Low Salt Vegetable Stock Cubes	*organic*	15x6x11g	21.85	*1.94*	**793067**
▲	Yeast Free Vegetable Stock Cubes		15x6x11g	21.45	*1.91*	**793095**

Little Pod

▼	Pure Bourbon Vanilla Extract		6x100ml	69.30	*15.40*	**793694**

The Maldon Crystal Salt Company

▲	Maldon Sea Salt - carton		12x250g	33.60	*3.73*	**793680**
▲	Maldon Sea Salt - tub		1x570g	6.30	*8.40*	**793668**
▲	Maldon Sea Salt - tub		1x1.4kg	15.05	*20.07*	**793683**
▲	Smoked Maldon Sea Salt		12x125g	28.30	*3.14*	**793682**
▲	Smoked Maldon Sea Salt - tub		1x500g	9.50	*12.67*	**796683**

Nielsen-Massey

☆	Vanilla Extract	*organic*	1x60ml	8.05	*10.75*	**795022**

Rayners

▲	Coconut Aminos	*organic*	6x250ml	29.20	*6.50*	**371624**

Trapani - unrefined Sicilian sea salt

▲	Fine Sea Salt - bag		12x1kg	35.55	*3.95*	**791640**
▲	Coarse Sea Salt - bag		12x1kg	35.55	*3.95*	**791642**

Supplementary Foods

Ayurvediq - glass jar

◆	Brahmi - 60 capsules	*organic*	1x1jar	10.05 v	*17.97*	**850948**
◆	Cayenne Pepper - 60 capsules	*organic*	1x1jar	8.90 v	*15.92*	**850949**
▼	Neem Leaf - 60 capsules	*organic*	1x1jar	9.45 v	*16.90*	**850951**
◆	Tulsi - 60 capsules	*organic*	1x1jar	8.90 v	*15.92*	**850952**

BetterYou - Magnesium Max Powders

◆	Magnesium Max Original Powder	6x120g	47.40 v	*14.96*	**850893**
☆	Magnesium Max Sleep - Passionflower, Cocoa	6x160g	47.40 v	*14.96*	**850894**

Microbz

▲	Breathe - Lungs and Respiration	1x475ml	13.89 v	*24.95*	**855440**
▲	Detox - Liver and Gall Bladder	1x475ml	13.89 v	*24.95*	**855442**
▲	Immunity - Support Resilience	1x475ml	13.89 v	*24.95*	**855444**
▲	Kids - Digestive Health	1x475ml	13.89 v	*24.95*	**855445**
▲	Simple - Only Beneficial Microbes	1x1l	17.35 v	*29.50*	**855446**
▲	Sustain - Digestive health	1x475ml	13.89 v	*24.95*	**855447**
▲	Women - Hormone health	1x475ml	13.89 v	*24.95*	**855448**

Raw Living

◆	8 Mushroom 8:1 Extract Blend - pouch	*organic*	1x50g	13.30	*18.99*	**857931**

Pet Products

Faith in Nature vegan Dog Shampoos

◆	Chamomile Dog Shampoo - sensitive	6x400ml	27.95 V	*7.99*	**810600**
◆	Coconut Dog Shampoo - detangling	6x400ml	27.95 V	*7.97*	**810602**
◆	Lavender Dog Shampoo - deep cleaning	6x400ml	27.95 V	*7.97*	**810604**

Kitchen & Household Goods

Alter/Native by Suma - soap containers

▲	Soap Bag - organic cotton	*organic*	1x1p	1.50 V	*2.40*	**820708**
▼	Travel Soap Tin - Single Size		1x1tin	2.95 V	*4.72*	**859141**
▼	Travel Soap Tin - Round		1x1tin	2.95 V	*4.72*	**859163**

Being Fare - 3 tier sprout growing kit

▲	The Sprouter - (single kit)	1x1	9.80 V	*17.57*	**820515**

Cheeky Panda Bamboo products

◆	Flat Box Facial Tissues with Aloe - 64s	12x160g	17.25 V	*2.30*	**820557**
◆	Handy Wipes	12x12p	12.35 V	*1.65*	**820568**
◆	9 Toilet Rolls WWF Silky Soft - 3 ply - 190 sheets	5x9p	20.30 V	*6.50*	**820566**

Ecoleaf - by Suma

▼	EcoLeaf Toilet Tissue	12x4roll	24.25 V	*3.23*	**911006**
▼	Bulk EcoLeaf Toilet Tissue	6x12roll	32.40 V	*8.64*	**910998**

ecoLiving

☆	Dust Pan & Brush with magnets - 33x22x7.5cm	1x1p	11.45 V	*18.84*	**912084**
☆	Reusable Silicone Baking Liner - 30x40cm	1x1p	7.40 V	*12.16*	**912086**

If You Care

☆	Aluminium Foil - 100% recycled - 10mx30cm	12x1	37.15 V	*5.46*	**820720**

Suma Refuse Sacks - min 50% post-consumer

◆	Black Bin Liners - 50% recycled	12x8bgs	16.85 V	*2.25*	**912005**
◆	Black Bin Liners - 50% recycled	1x200bgs	32.95 V	*52.72*	**912010**

Household & Industrial Cleaning Products

Bio-D

◆	Dishwasher Tablets - 30 tabs	8x360g	37.80 V	*7.66*	**830502**
◆	Dishwasher Rinse Aid	12x750ml	27.45 V	*3.68*	**830501**
◆	Washing Up Liquid	12x750ml	19.10 V	*2.58*	**830507**
◆	Grapefruit Washing Up Liquid	12x750ml	20.40 V	*2.76*	**830503**
◆	Mandarin Washing Up Liquid	12x750ml	20.40 V	*2.76*	**830511**
◆	Rhubarb Washing Up Liquid	12x750ml	20.45 V	*2.76*	**830513**
▲	Cotton Fresh Laundry Liquid - concentrated	12x1l	44.70 V	*6.15*	**830526**
◆	Concentrated Floor Cleaner	12x750ml	28.25 V	*3.79*	**830531**
◆	Toilet Cleaner - with nozzle	12x750ml	20.80 V	*2.77*	**830540**
◆	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40 V	*2.85*	**830571**
◆	Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85 V	*3.34*	**830568**
◆	Spray - All Purpose Sanitiser - Rhubarb	12x500ml	24.70 V	*3.32*	**830574**
◆	Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50 V	*3.15*	**830542**
◆	Spray - Bathroom Cleaner	12x500ml	24.15 V	*3.24*	**830553**
◆	Spray - Limescale Remover	12x500ml	28.50 V	*3.83*	**830563**
◆	Multi-Surface Cleaner - concentrated	12x750ml	23.45 V	*3.13*	**830544**
◆	Spray - Glass & Mirror Cleaner	12x500ml	24.50 V	*3.30*	**830557**

Ecoleaf - Vegan

◆	Fabric Conditioner - Jasmine	20l	30.95 V 1.55		**831414**
◆	Laundry Liquid - Jasmine	20l	51.90 V 2.60		**831428**
◆	Washing Powder Concentrated - non bio	10kg	27.55 V 2.76		**831424**
◆	Washing Up Liquid - Citrus Fruit	6x1l	12.95 V	*3.45*	**831425**
◆	Toilet Cleaner - Fresh Green	6x750ml	9.85 V	*2.63*	**831432**

Ecover - Zero range

▲	All in One Zero Dishwasher Tablets - small	12x24p	59.25 V	*7.90*	**831604**

Ecover Washing up

▲	All in One Dishwasher Tablets - small	12x24p	59.25 V	*7.90*	**831981**
▲	All in One Dishwasher Tablets - large	4x72p	52.65 V	*21.07*	**831982**
▲	Power All in One Dishwasher Tablets - small	12x24p	67.15 V	*8.95*	**831983**
▲	Power All in One Dishwasher Tablets - large	4x72p	57.90 V	*23.18*	**831984**

LoofCo

▲	Bath-Time Heart loofah	8x20g	18.75 V	*3.75*	**833046**
▲	Bath-Time Smile loofah	8x19g	18.75 V	*3.75*	**833041**
▲	Bottle Brush - 26cm	6x36g	14.05 V	*3.75*	**833047**
▲	Water Bottle Brush - 34cm	6x66g	15.95 V	*4.25*	**833043**
▲	Body Loofah	8x20g	17.50 V	*3.50*	**833050**
▲	Soap Rest made from loofah	8x10g	11.45 V	*2.29*	**833058**
▲	Washing-Up Brush made from coir fibre	6x40g	10.85 V	*2.89*	**833054**
▲	Coir Washing-Up Brush with wood handle	6x36g	14.05 V	*3.75*	**833055**
▲	Washing-Up Scraper made from coconut husk	6x25g	12.00 V	*3.20*	**833056**

Miniml - household cleaning

◆	Anti-Bac Surface Cleaner French Lavender	6x750ml	12.25 V	*3.50*	**850105**
◆	Anti-Bac Surface Cleaner French Lavender	5l	9.00 V 1.80		**850106**
◆	Multi-Surface Cleaner - Blood Orange	6x750ml	12.25 V	*3.50*	**850108**
◆	Multi-Surface Cleaner - Blood Orange	5l	9.00 V 1.80		**850109**
◆	Dishwasher Rinse Aid - Unscented	6x750ml	12.25 V	*3.50*	**850111**
◆	Dishwasher Rinse Aid - Unscented	5l	11.60 V 2.32		**850112**
◆	Toilet Cleaner Spearmint & Peppermint	6x1l	12.25 V	*3.50*	**850113**
◆	Toilet Cleaner Spearmint & Peppermint	5l	9.00 V 1.80		**850114**
◆	Washing Up Liquid - Rhubarb & Lemon	6x500ml	12.25 V	*3.50*	**850115**
◆	Washing Up Liquid - Rhubarb & Lemon - refill pouch	6x1l	13.95 V	*3.99*	**850116**
◆	Washing Up Liquid - Rhubarb & Lemon	5l	8.35 V 1.67		**850117**
◆	Washing Up Liquid - Apple Orchard	6x500ml	12.25 V	*3.50*	**850118**
◆	Washing Up Liquid - Apple Orchard	5l	8.35 V 1.67		**850119**
◆	White Vinegar Spray - unscented	6x750ml	10.50	*2.50*	**850120**
◆	White Vinegar - unscented	5l	5.75 1.15		**850121**

Miniml - laundry

◆	Fabric Conditioner - Fresh Linen	6x1l	20.80 V	*5.94*	**850126**
◆	Fabric Conditioner - Fresh Linen	5l	8.40 V 1.68		**850127**
◆	Laundry Liquid Non-Bio Fresh Linen	6x1l	22.70 V	*6.49*	**850128**
◆	Laundry Liquid Non-Bio Fresh Linen - refill pouch	6x1l	19.75 V	*5.64*	**850129**
◆	Laundry Liquid Non-Bio Fresh Linen	5l	12.50 V 2.50		**850130**

Toiletries & Natural Remedies

Alter/Native -Boxed vegan coconut/olive soap bars - by Suma

◆	Coconut Milk & Ylang Ylang - boxed soap	6x95g	11.80 V	*3.15*	**859142**
◆	Cinnamon & Orange - boxed soap	6x95g	11.80 V	*3.15*	**859143**
◆	Grapefruit & Mandarin - boxed soap	6x95g	11.80 V	*3.15*	**859145**
◆	Lemongrass & Chamomile - boxed soap	6x95g	11.80 V	*3.15*	**859144**
◆	Patchouli & Hemp - boxed soap	6x95g	11.80 V	*3.15*	**859146**
◆	Rose & Geranium - boxed soap	6x95g	11.80 V	*3.15*	**859148**
◆	Tea Tree & Eucalyptus - boxed soap	6x95g	11.80 V	*3.15*	**859149**

Alter/Native - vegan bodywash liquid - by Suma

◆ Tea Tree & Aloe Vera Bodywash		1x5l	27.50 V	44.00	850154
◆ Coconut & Argan Oil Bodywash		1x5l	27.50 V	44.00	850162

Alter/Native - vegan shampoo and conditioner liquid - by Suma

◆ Coconut & Argan Oil Conditioner - normal/dry hair		20l	99.00 V	4.95	850190

Ben & Anna - vegan bodycare

◆ Bathsalts - Cornflour		1x300g	4.40 V	7.92	859586
◆ Bathsalts - Lavender		1x300g	4.40 V	7.92	859587
◆ Bathsalts - Rose		1x300g	4.40 V	7.92	859589
◆ Shower Gel - Berry Infusion - alu bottle		1x250ml	3.85 V	6.94	859590
◆ Shower Gel - Blue Lagoon - alu bottle		1x250ml	3.85 V	6.94	859591
◆ Shower Gel - Magnolia Breeze - alu bottle		1x250ml	3.85 V	6.94	859592

BetterYou

▲ Magnesium Oil Original Body Spray		6x100ml	47.40 v	14.98	858580
▲ Magnesium Sleep Body Spray		6x100ml	47.40 v	14.98	858582
▲ Magnesium Menopause Body Spray		6x100ml	47.40 v	14.98	858581

Dr Bronner's - lip balm - beeswax

▲ Cherry Blossom Lip Balm	organic	12x4g	32.50 V	4.64	851239
▲ Lemon Lime Lip Balm	organic	12x4g	32.50 V	4.64	851240
▲ Baby Mild Lip Balm	organic	12x4g	32.50 V	4.64	851242
▲ Orange Ginger Lip Balm	organic	12x4g	32.50 V	4.64	851243
▲ Peppermint Lip Balm	organic	12x4g	32.50 V	4.64	851245

Dr Bronner's - hand sanitiser

▲ Lavender Hand Hygiene Spray	organic	12x60ml	45.85 V	6.49	851096
▲ Peppermint Hand Hygiene Spray	organic	12x60ml	45.85 V	6.49	851094

Dr Bronner's - Magic Soaps - liquid - vegan

◆ Almond Liquid Soap (1/2 case)	organic	6x475ml	54.30 V	15.49	851072
◆ Baby Mild Liquid Unscented Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851022
◆ Cherry Blossom Liquid Soap (1/2 case)	organic	6x475ml	54.30 V	15.49	851058
◆ Citrus-Orange Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851074
◆ Eucalyptus Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851079
◆ Lavender Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851077
◆ Peppermint Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851082
◆ Rose Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851087
◆ Tea Tree Liquid Soap (1/2 case)	organic	6x473ml	54.30 V	15.49	851089

Ecoleaf - vegan

◆ Liquid Hand Soap - Grapefruit & Mandarin		6x500ml	16.25 V	4.33	851035

Faith in Nature - for men

◆ Blue Cedar Body Wash		6x400ml	22.55 V	6.44	852964

Faith in Nature hand wash / liquid soap

◆ Hand Wash - Coconut		6x400ml	17.10 V	4.88	853199
◆ Hand Wash - Dragon Fruit		6x400ml	17.10 V	4.88	853200
◆ Hand Wash - Lavender & Geranium		6x400ml	17.10 V	4.88	853201
◆ Hand Wash - Grapefruit & Orange		6x400ml	17.10 V	4.88	853202
◆ Hand Wash - Seaweed & Citrus		6x400ml	17.10 V	4.88	853203
◆ Hand Wash - Wild Rose		6x400ml	17.10 V	4.88	853205

Faith in Nature hand & body lotion

◆ Coconut Hand & Body Lotion		6x400ml	28.05 V	7.99	853206
◆ Grapefruit & Orange Hand & Body Lotion		6x400ml	28.05 V	7.99	853208
◆ Lavender & Geranium Hand & Body Lotion		6x400ml	28.05 V	7.99	853209

Faith in Nature shampoos

◆ Aloe Vera Shampoo		6x400ml	27.85 V	7.95	853520
◆ Coconut Shampoo		6x400ml	27.85 V	7.95	853502
◆ Dragon Fruit Shampoo		6x400ml	27.85 V	7.95	853503
◆ Fragrance Free Shampoo		6x400ml	27.85 V	7.95	853504
◆ Grapefruit & Orange Shampoo		6x400ml	27.85 V	7.95	853509
◆ Jojoba Shampoo		6x400ml	27.85 V	7.95	853510
◆ Lavender & Geranium Shampoo		6x400ml	27.85 V	7.95	853525
◆ Rosemary Shampoo		6x400ml	27.85 V	7.95	853515
◆ Seaweed & Citrus Shampoo		6x400ml	27.85 V	7.95	853505
◆ Shea & Argan Shampoo		6x400ml	27.85 V	7.95	853501
◆ Wild Rose Shampoo		6x400ml	27.85 V	7.95	853536

Faith in Nature conditioners

◆ Aloe Vera Conditioner		6x400ml	27.85 V	7.95	854020
◆ Coconut Conditioner		6x400ml	27.85 V	7.95	853987
◆ Dragon Fruit Conditioner		6x400ml	27.85 V	7.95	853989
◆ Fragrance Free Conditioner		6x400ml	27.85 V	7.95	853988
◆ Grapefruit & Orange Conditioner		6x400ml	27.85 V	7.95	853992
◆ Jojoba Conditioner		6x400ml	27.85 V	7.95	854010
◆ Lavender & Geranium Conditioner		6x400ml	27.85 V	7.95	854002
◆ Rosemary Conditioner		6x400ml	27.85 V	7.95	854015
◆ Seaweed & Citrus Conditioner		6x400ml	27.85 V	7.95	854005
◆ Shea & Argan Conditioner		6x400ml	27.85 V	7.95	854008
◆ Tea Tree Conditioner (2% oil)		6x400ml	27.85 V	7.95	854025
◆ Wild Rose Conditioner		6x400ml	27.85 V	7.95	854028

Faith in Nature body wash

◆ Aloe Vera Body Wash		6x400ml	22.55 V	6.43	854030
◆ Coconut Body Wash		6x400ml	22.55 V	6.43	854033
◆ Dragon Fruit Body Wash		6x400ml	22.55 V	6.43	854037
◆ Fragrance Free Body Wash		6x400ml	22.55 V	6.43	854036
◆ Grapefruit & Orange Body Wash		6x400ml	22.55 V	6.43	854035
◆ Lavender & Geranium Body Wash		6x400ml	22.55 V	6.43	854040
◆ Mint Body Wash		6x400ml	22.55 V	6.43	854041
◆ Seaweed & Citrus Body Wash		6x400ml	22.55 V	6.43	854050
◆ Wild Rose Body Wash		6x400ml	22.55 V	6.43	854059

Miniml - Personal Care

◆ Bodywash & Bubble Bath - Pink Grapefruit & Aloe		6x500ml	17.30 V	4.94	855620
◆ Bodywash & Bubble Bath - Pink Grapefruit & Aloe		5l	22.10 V	4.42	855621
◆ Anti-Bac Hand Soap - Sweet Clementine		6x500ml	15.60 V	4.46	855622
◆ Anti-Bac Hand Soap - Sweet Clementine		5l	15.70 V	3.14	855623
◆ Hand Soap - Cucumber & Aloe		6x500ml	15.60 V	4.46	855624
◆ Hand Soap - Cucumber & Aloe		5l	15.70 V	3.14	855626
◆ Balancing Shampoo - Pink Grapefruit & Aloe		6x500ml	17.30 V	4.94	855627
◆ Balancing Shampoo - Pink Grapefruit & Aloe		5l	22.10 V	4.42	855630
◆ Balancing Conditioner - Pink Grapefruit & Aloe		6x500ml	17.30 V	4.94	855631
◆ Balancing Conditioner - Pink Grapefruit & Aloe		5l	22.10 V	4.42	855632

Natracare

◆ Wrapped Normal Panty Liners		10x18	14.60	2.09	900508
◆ Cotton Panty Liners - Ultra Thin		16x22	27.85	2.49	900511
◆ Mini Panty Liners		10x30	14.15	2.09	900509
◆ Curved Panty Liners		16x30	22.60	2.09	900516
◆ Tanga-style Panty Liners		16x30	22.60	2.09	900518
◆ Wrapped Long Panty Liners		10x16	14.60	2.09	900515

Natracare - incontinence - vegan

◆ Dry & Light Slim Incontinence Pads		6x20	17.60	4.19	900570
◆ Dry & Light Plus Incontinence Pads		6x16	20.10	4.79	900572

Urtekram - deodorants

◆ Crystal Deo - Sensitive Skin - Fragrance Free - r	organic	6x50ml	20.65 V	5.90	858663
◆ Cream Deo - Men's - roll-on	organic	6x50ml	27.95 V	7.99	859097

Urtekram - soaps and shower gels

◆ Hair & Body Wash - Men's	organic	6x200ml	28.85 V	8.25	858882

Urtekram - skincare

◆ Face Cream - Men's	organic	6x75ml	31.45 V	8.99	859129
◆ Face Wash - Men's	organic	6x150ml	31.45 V	8.99	859133

Urtekram - Spa Range

◆ Sensitive Scalp Shampoo Fragrance Free	organic	6x250ml	25.35 V	7.25	858751
◆ Sensitive Scalp Conditioner Fragrance Free	organic	6x180ml	23.95 V	6.85	858852
◆ Sensitive Skin Body Lotion Fragrance Free	organic	6x245ml	31.15 V	8.90	859120
◆ Sensitive Skin Body Wash Fragrance Free	organic	6x200ml	28.70 V	8.21	858876
◆ Sensitive Skin Hand Cream - Fragrance Free	organic	6x75ml	20.30 V	5.81	859124
◆ Sensitive Skin Hand Wash - Fragrance Free	organic	6x300ml	24.45 V	6.99	858879

Toothpaste, Brushes & Oral Hygiene

Dr Bronner - 70% Organic ingredients, fluoride-free, low foaming

▲	Peppermint Toothpaste	*organic*	12x105ml	64.80 V	*9.26*	**881235**
▲	Spearmint Toothpaste	*organic*	12x105ml	64.80 V	*9.26*	**881236**

Georganics Dental Care

☆	Fluoride Toothpaste - Activated Charcoal - jar	1x60ml	3.45 V	*5.91*	**881281**
☆	Activated Charcoal - Coconut Oil Toothpaste - jar	1x60ml	3.45 V	*5.91*	**881260**
☆	Activated Charcoal - Oil Pulling Mouthwash - jar	1x100ml	3.95 V	*6.77*	**881264**
☆	Fluoride Toothpaste - English Peppermint - jar	1x60ml	3.45 V	*5.91*	**881283**
☆	English Peppermint - Coconut Oil Toothpaste - jar	1x60ml	3.45 V	*5.91*	**881282**
☆	English Peppermint - Bicarbonate Toothpowder - jar	1x60ml	3.45 V	*5.91*	**881288**
☆	English Peppermint - Bicarbonate Mouthwash Tablets	1x180tabs	4.95 V	*8.49*	**881291**
☆	English Peppermint - Bicarbonate Tooth Tablets - jar	1x120tabs	4.95 V	*8.49*	**881292**
☆	Eucalyptus - Bicarbonate Mouthwash Tablets - jar	1x180tabs	4.45 V	*7.63*	**881298**
☆	Fluoride Toothpaste - Sweet Orange - jar	1x60ml	3.45 V	*5.91*	**881285**
☆	GeoKids Fluoride Toothpaste - Strawberry - jar	1x60ml	3.45 V	*5.91*	**881287**
☆	Kids' Orange Corn Floss - plant wax - 50m	1x50m	2.45 V	*4.20*	**881500**
☆	Refill Kids' Orange Corn Floss - plant wax - 100m	1x2x50m	3.45 V	*5.91*	**881502**
☆	Spearmint Corn Floss - minty plant wax - 50m	1x50m	2.45 V	*4.20*	**881504**
☆	Natural Beech Toothbrush - Soft	1x1	1.95 V	*3.34*	**861400**
☆	Natural Beech Toothbrush - Medium	1x1	1.95 V	*3.34*	**861404**
☆	Natural Beech Toothbrush - Firm	1x1	1.95 V	*3.34*	**861408**
☆	Kid's Beech Toothbrush - Soft	1x1	1.95 V	*3.34*	**861412**
☆	Bamboo Toothpaste Spatula	1x1	0.50 V	*0.86*	**861414**

Aromatherapy, Candles & Incense

Aqua Oleum Organic Essential Oils

▲	Organic Bergamot Oil	*organic*	3x10ml	21.00 V	*13.99*	**881301**
▲	Organic Clary Sage Oil	*organic*	3x10ml	21.00 V	*13.99*	**881303**
▲	Organic Geranium Oil	*organic*	3x10ml	21.00 V	*13.99*	**881307**
▲	Organic Grapefruit Oil	*organic*	3x10ml	21.00 V	*13.99*	**881309**
▲	Organic Patchouli Oil	*organic*	3x10ml	21.00 V	*13.99*	**881318**
▼	Organic White Thyme Oil	*organic*	3x10ml	21.00 V	*13.99*	**881323**
▲	Organic Ylang Ylang Oil	*organic*	3x10ml	21.00 V	*13.99*	**881325**

Aqua Oleum Organic Carrier Oils

▲	Cold Pressed Apricot Kernel Oil	*organic*	6x100ml	33.00 V	*10.99*	**881372**
▲	Cold Pressed Wheatgerm Oil	*organic*	6x100ml	57.00 V	*18.99*	**881380**

Aqua Oleum Essential Oils

▲	Basil Sweet	3x10ml	10.50 V	*6.99*	**880505**
▲	Benzoin	3x10ml	12.00 V	*7.99*	**880507**
▲	Black Pepper	3x10ml	12.00 V	*7.99*	**880515**
▲	Citronella	3x10ml	7.50 V	*4.99*	**880530**
▲	Clary Sage	3x10ml	15.00 V	*9.99*	**880535**
▲	Cypress	3x10ml	9.00 V	*5.99*	**880540**
▲	Fennel Sweet	3x10ml	9.00 V	*5.99*	**880555**
▲	Ginger	3x10ml	10.50 V	*6.99*	**880561**
▲	Grapefruit	3x10ml	9.00 V	*5.99*	**880562**
▲	Jasmine (5% Dilution)	3x10ml	16.50 V	*10.99*	**880565**
▲	Juniper Needle	3x10ml	12.00 V	*7.99*	**880570**
▲	Lemon	3x10ml	7.50 V	*4.99*	**880580**
▲	Mandarin	3x10ml	9.00 V	*5.99*	**880583**
▲	Patchouli	3x10ml	13.50 V	*8.99*	**880600**
▲	Petitgrain	3x10ml	10.50 V	*6.99*	**880608**
▲	Sandalwood (5% Dilution)	3x10ml	12.00 V	*7.99*	**880625**
▲	Spanish Sage	3x10ml	12.00 V	*7.99*	**880628**
▲	Thyme White	3x10ml	9.00 V	*5.99*	**880635**
▲	Ylang Ylang 1	3x10ml	19.50 V	*12.99*	**880640**

discontinued

●	Wasabi Peas		6x125g	Infinity Foods	**8118**
●	Brown Long Grain Rice	*organic*	6x1kg	IBIS	**10816**
●	Brown Long Grain Rice	*organic*	6x500g	IBIS	**10818**
●	White Long Grain Rice	*organic*	6x1kg	IBIS	**10822**
●	Cornflakes	*organic*	12x375g	Whole Earth	**63512**
	(see 62503 Kallo for substitute)				
●	Original Granola - non-organic		10x450g	Lizi's	**71606**
	(see 71611 10x40g for substitute)				
●	Low Sugar Granola		10x450g	Lizi's	**71608**
	(see 71613 10x40g for substitute)				
●	Alfalfa Seed	*organic*	25kg	Infinity Bulk	**90505**
●	Alfalfa Seed	*organic*	2kg	Infinity Foods	**90510**
●	Spaghetti Corn & Rice	*organic*	12x500g	Amisa	**130215**
●	Dinosaur - wholegrain pasta	*organic*	12x250g	Biona	**130318**
●	White Spelt Safari Animals	*organic*	12x250g	Biona	**140178**
●	Chickpea Sedanini	*organic*	8x250g	Clearspring	**140315**
●	Pitta Breads - White	*organic*	18x260g	Florentin Breads	**170398**
●	Pitta Breads - Wholewheat	*organic*	18x280g	Florentin Breads	**170399**
●	Pitta Breads - Spelt	*organic*	18x260g	Florentin Breads	**170400**
●	Chia Seed Oil - cold pressed	*organic*	6x250ml	Sun & Seed	**202032**
●	Economy Raw Tahini Light	*organic*	6x425g	Carley's	**250261**
	(see 250281 6x500g for substitute)				
●	Economy Raw Tahini Dark	*organic*	6x425g	Carley's	**250265**
	(see 250283 6x500g for substitute)				
●	Bulk Peanut Butter Crunchy salted - plastic		6x1kg	Meridian	**251545**
●	Peanut Butter Smooth salted - glass		6x280g	Meridian	**251590**
●	Organic Light Tahini 100%	*organic*	6x470g	Meridian	**251621**
	(see 251623 6x270g for substitute)				
●	Spicy Tomato Veggie Dip	*organic*	6x135g	Kallo	**290938**
●	Tomato & Olives Veggie Dip	*organic*	6x135g	Kallo	**290939**
●	Coconut Palm Sugar	*organic*	6x230g	Raw Chocolate Co	**321470**
	(see 321418 Infinity for substitute)				
●	Raw Mix Green & Kalamata Olives	*organic*	6x330g	Raw Health	**351935**
●	Vintage Balsamic Vinegar	*organic*	6x250ml	Clearspring	**370905**
●	Refried Pinto Beans in tins	*organic*	12x410g	Biona	**390183**
●	Apple Mango Coconut Purée	*organic*	12x2x100g	Clearspring	**390619**
●	Pear Apple Peach Purée	*organic*	12x2x100g	Clearspring	**390632**
●	Tomato Olive Pesto - no added sugar - vegan	*organic*	6x130g	Mr Organic	**392126**
	(see 392203 new size for substitute)				
●	Chilli & Garlic Pesto - Vegan	*organic*	6x130g	Mr Organic	**392129**
	(see 392200 new size for substitute)				
●	Basil Pesto - no added sugar - Vegan	*organic*	6x130g	Mr Organic	**392133**
	(see 392198 new size for substitute)				
●	Grilled Pepper Pesto - no added sugar - vegan	*organic*	6x130g	Mr Organic	**392167**
	(see 392201 new size for substitute)				
●	Vegetable Bolognese Pasta Sauce	*organic*	6x360g	Realfoods by Organico	**393052**
●	Moroccan Style Chickpeas	*organic*	12x400g	Mr Organic	**442772**
●	Carrot Stix	*organic*	6x15g	Organix	**470914**
●	Cheese & Herb Corn Puffs	*organic*	6x15g	Organix	**470920**
●	Sweet Brown Miso - rice & chickpea		4x240g	OHSOMISO	**481046**
●	Buckwheat Quinoa Noodles	*organic*	12x250g	King Soba	**490708**
●	Okumidori Matcha - Ceremonial Grade	*organic*	3x30g	Clearspring	**500564**
●	Tension Tamer Tea Bags		6x20bgs	Celestial Seasonings	**500617**
●	Seaweed Mixed Pepper Grinder	*organic*	4x60g	Cornish Seaweed	**531110**
●	Seaweed Salt Grinder	*organic*	4x100g	Cornish Seaweed	**531112**
●	Camomile Loose Leaf Tea	*organic*	6x40g	Hampstead	**560845**
●	Indian Spice Chai Bags	*organic*	4x20bgs	Dragonfly Tea	**580340**

Green Tea & Mint Fairtrade Teabags - 80's	*organic*	4x80bgs	Clipper	590633
Super Green Defending	*organic*	4x20bgs	Clipper	590708
Super Green Reviving	*organic*	4x20bgs	Clipper	590710
CaféDirect Kilimanjaro - 3		6x200g	CaféDirect	600483
Instant Everyday Coffee	*organic*	6x100g	Clipper	600570
Decaf Mexican Cloud Forest - Bean	*organic*	6x227g	Source	601333
Cocoa Powder		12x125g	Divine	611505
(see 611710 Green & Black's for substitute)				
Nocaf	*organic*	9x100g	Whole Earth	613503
(see 611314 Clipper for substitute)				
Blood Orange & Grapefruit CBD Kombucha		12x330ml	Hip Pop	641622
Cola Gut Lovin Soda		12x330ml	Hip Pop	641626
Lemonade Gut Lovin Soda		12x330ml	Hip Pop	641632
Orange Gut Lovin Soda		12x330ml	Hip Pop	641633
Damascene Rose Bubbly	*organic*	24x270ml	Luscombe	661586
(see 661561 12x270ml for substitute)				
Apple Juice		12x1l	Stute	676012
Cranberry Juice Drink		12x1l	Stute	676014
BBQ Corn Snacks		5kg	Infinity Foods	752018
BBQ Corn Snacks		1kg	Infinity Foods	752019
Wasabi Peas		1kg	Infinity Foods	752040
Orange & Tangerine Raw Chocolate Bar	*organic*	10x60g	Conscious	762298
Goji & Coconut Raw Chocolate Bar	*organic*	10x60g	Conscious	762300
Strawberry White Chocolate		15x90g	Divine	763565
Smooth Mint Dark Chocolate Bar - FT	*organic*	15x90g	Green & Black	764034
Coconut & Raspberry Sao Tome Dark Bar 66%	*organic*	10x75g	Seed & Bean	765874
Beehive Dark Chocolate Egg with growing kit.		4x150g	Montezuma's	765956
Dark Peanut Butter Mini Eggs - Bag - vegan		7x120g	Montezuma's	765964
Dark Chocolate Eco Egg	*organic*	4x150g	Montezuma's	765970
Milk Chocolate Eco Egg	*organic*	4x150g	Montezuma's	765971
Absolute Black 100% Cocoa Chocolate Eco Egg		4x150g	Montezuma	765972
Hazelnut Crunch - 10 Truffle Logs	*organic*	8x115g	Booja Booja	766143
Salted Caramel Mocha - 10 Truffle Logs	*organic*	8x115g	Booja Booja	766147
Easter Award Winning Selection - 16 Truffles	*organic*	5x184g	Booja Booja	766149
Chocolate Orange - 10 Truffle Logs	*organic*	8x115g	Booja Booja	766154
Large Easter Egg - Chocolate Salted Caramel	*organic*	4x138g	Booja Booja	766161
Small Easter Egg - Hazelnut Crunch	*organic*	6x34.5g	Booja Booja	766165
Small Easter Egg - Honeycomb Caramel	*organic*	6x34.5g	Booja Booja	766166
Large Easter Egg - Fine De Champagne	*organic*	4x138g	Booja Booja	766170
Large Easter Egg - Hazelnut Crunch	*organic*	4x138g	Booja Booja	766171
Chocolate Salted Caramel - 10 Truffle Logs	*organic*	8x115g	Booja Booja	766174
Winter Selection - 16 Truffles	*organic*	5x184g	Booja Booja	766178
Raspberry Scrunch - 10 Truffle Logs	*organic*	8x115g	Booja Booja	766179
Caramel filled eggs 8 in a box	*organic*	10x8x10g	Coco Caravan	766526
Dark Ginger Easter Egg + buttons	*organic*	6x225g	Cocoa Loco	766531
Rabbit - Marbled Dark/Milk/White Choc	*organic*	6x200g	Cocoa Loco	766534
Dark Chocolate Easter Mini Eggs	*organic*	6x140g	Cocoa Loco	766535
Milk Chocolate Easter Mini Eggs	*organic*	6x140g	Cocoa Loco	766537
Little Choc Chicks - milk & white	*organic*	6x100g	Cocoa Loco	766539
Raspberry Pink Pigs - white	*organic*	6x100g	Cocoa Loco	766546
Milk Chocolate Easter Egg + buttons	*organic*	6x225g	Cocoa Loco	766551
Chocolate Egg & Spoon	*organic*	6x100g	Cocoa Loco	766552
Milk Chocolate & Orange Easter Mini Eggs	*organic*	6x140g	Cocoa Loco	766553
Milk Chocolate Rabbit Lolly	*organic*	24x26g	Cocoa Loco	766572
Caffé Mocha Bar	*organic*	10x70g	Raw Chocolate Co	766833
Vanoffee Hazelnut	*organic*	10x60g	Raw Chocolate Co	766839
Vanoffee	*organic*	10x60g	Raw Chocolate Co	766844
Caramel Buttons	*organic*	6x150g	Raw Chocolate Co	766846
M*ilk Chocolate Buttons	*organic*	6x150g	Raw Chocolate Co	766847
Peruvian 72% Buttons	*organic*	6x150g	Raw Chocolate Co	766848
Vanoffee Buttons	*organic*	6x150g	Raw Chocolate Co	766853
Raw Chocolate Bananas - large	*organic*	6x100g	Raw Chocolate Co	766864
Raw Cacao Nibs	*organic*	6x150g	Raw Chocolate Co	766892
(see 8080 Infinity 6x125g for substitute)				
Cacao Powder	*organic*	6x180g	Raw Chocolate Co	766893
Raw Chocolate Almonds - Bulk	*organic*	5kg	Raw Chocolate Co	766906
Salted Vanoffee Cashews - Bulk	*organic*	5kg	Raw Chocolate Co	766908
Raw Cacao Butter Buttons	*organic*	6x200g	Raw Chocolate Co	766909
Hazelnut Praline Dark Choc Bar - Multipack	*organic*	12x3x33g	Rhythm 108	767561
Rabbits 3d puzzle toy with chocolate	*organic*	18x50g	Playin choc	767632
Mango Fruit Balls		8x50g	Tropicks	768846
Mango Fruit Roll		30x27g	Tropicks	768848
Pineapple Passion Fruit Balls		8x50g	Tropicks	768849
Irigoma - Toasted Black Sesame Seeds	*organic*	6x100g	Clearspring	791553
Nomelette - egg free mix	*organic*	12x250g	Sun & Seed	795340
Hempesan - Umami Sprinkle	*organic*	6x110g	Sun & Seed	795346
Coconut Dog Shampoo Bar		6x85g	Faith in Nature	810612
Granny String Bag Long Handle - Teal	*organic*	1x1	Bo Weevil	820544
9 Toilet Rolls - Silky Soft - 3 ply - 200 sheets		5x9p	Cheeky Panda	820564
Bamboo Soap Dish - rectangle		6x1p	Alter-Native by Suma	820704
(see 820705 new style for substitute)				
1200ml Stainless Evolution Ocean Colour Flask		1x1200ml	One Green Bottle	820763
Multi Surface Cleaner		1x5l	Ecoleaf	831419
(see 831431 Citrus & Petitgrain for substitute)				
All in One Zero Dishwash Tabs		6x25x20g	Ecover Zero	831609
(see 831604 new style for substitute)				
All in One Dishwash Tabs		6x22x20g	Ecover	831986
(see 831981 new style for substitute)				
All in One Dishwash Tabs		5x68x20g	Ecover	831996
(see 831982 new style for substitute)				
Laundry Egg Refill 50 Wash - Fragrance Free		10x1p	Ecoegg	832462
Soapnuts - single bag		1x1kg	Greenfrog	832706
Kindervital for children - original YF		1x250ml	Floradix	850995
Blue Cedar Shampoo		6x400ml	Faith in Nature	852962
Hand Wash - Aloe Vera & Tea Tree		6x400ml	Faith in Nature	853198
Avocado Shampoo		6x400ml	Faith in Nature	853518
Bulk Hand Wash - Aloe Vera & Tea Tree		5l	Faith in Nature	853537
Bulk Tea Tree Conditioner		5l	Faith in Nature	853559
Bulk Tea Tree Body Wash		5l	Faith in Nature	853570
Avocado Conditioner		6x400ml	Faith in Nature	854022
Avocado Body Wash		6x400ml	Faith in Nature	854031
Tea Tree Body Wash		6x400ml	Faith in Nature	854055
Aftershave Balm - tube		4x50ml	Lavera	855351
(see 855347 new style for substitute)				
Men's Deodorant Roll On 24hr		4x50ml	Lavera	855359
(see 855348 new style for substitute)				
Too Delicious - Hydrating Conditioner Bar		6x60g	Ethique	855946
Patch plasters - 25 in a tub		3x1p	ecoLiving	857680
Immune & Energy E/D 60 vegicaps	*organic*	1x1jar	Royal Green	858014
Mini Caps Multis Bio 90 vegicaps	*organic*	1x1jar	Royal Green	858019
Shampoo - Lavender - shine	*organic*	6x250ml	Urtekram	858739
Facial Cleansing Cocoa Butter Soap Bar		6x95g	Alter-Native by Suma	861546
Peppermint Bio-White Tooth Powder - plastic		12x35g	Food Alive	881252
Coriander Seed	*organic*	6x25g	Kitchen Garden	992250
(see 9212 Infinity for substitute)				
Mustard Seed - White	*organic*	6x37g	Kitchen Garden	992330
Liquid Chilli	*organic*	12x40ml	Tarantella	996206

■ Cereal Grains

❊ ***Bulk Organic Cereal Grains***

For Infinity Foods Organic Fregola and Orzo please see "Pasta" section

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Amaranth Seed	*organic*	25kg	75.00	3.00		**10475**									
	Amaranth Seed	*organic*	5kg	16.80	3.36		**10477**									
	Arborio Rice - white - Italy	*organic*	20kg	85.00	4.25		**10490**									
	Arborio Rice - white - Italy	*organic*	5kg	23.05	4.61		**10495**									
	Black Rice - Italy	*organic*	20kg	86.00	4.30		**10507**									
	Black Rice - 2.5kg - Italy	*organic*	2.5kg	12.60	5.04		**10508**									
	Brown Basmati Rice	*organic*	25kg	69.00	2.76		**10512**									
	Brown Basmati Rice	*organic*	5kg	15.30	3.06		**10513**									
	White Basmati Rice - Indian	*organic*	25kg	86.00	3.44		**10625**									
	White Basmati Rice - Indian	*organic*	5kg	19.00	3.80		**10627**									
▲	Brown Jasmine Rice	*organic*	25kg	64.00	2.56		**10675**									
▲	Brown Jasmine Rice	*organic*	5kg	14.60	2.92		**10680**									
	White Jasmine Rice	*organic*	25kg	70.00	2.80		**10685**									
	White Jasmine Rice	*organic*	5kg	15.80	3.16		**10690**									
	Brown Rice Short Grain - Italy	*organic*	20kg	49.00	2.45		**10505**									
	Brown Rice Short Grain - Italy	*organic*	5kg	14.10	2.82		**10510**									
	Brown Rice Long Grain - Italy	*organic*	20kg	50.00	2.50		**10515**									
	Brown Rice Long Grain - Italy	*organic*	5kg	14.35	2.87		**10520**									
	Buckwheat Groats - gluten-free	*organic*	25kg	55.00	2.20		**10525**									
	Buckwheat Groats	*organic*	5kg	11.00	2.20		**10530**									
	Bulghur	*organic*	25kg	54.00	2.16		**10535**									
	Bulghur	*organic*	5kg	12.60	2.52		**10540**									
	Camargue Red Rice - France	*organic*	25kg	89.00	3.56		**10542**									
	Camargue Red Rice - France	*organic*	5kg	19.60	3.92		**10543**									
▼	White Couscous - Italy	*organic*	25kg	57.00	2.28		**10541**									
▼	White Couscous - Italy	*organic*	5kg	13.20	2.64		**10544**									
	Wholemeal Couscous - Italy	*organic*	25kg	56.00	2.24		**10545**									
	Wholemeal Couscous - Italy	*organic*	5kg	13.00	2.60		**10550**									
	Kasha - Roasted Buckwheat - gluten-free	*organic*	25kg	105.62	4.22		**10562**									
▼	Millet	*organic*	25kg	47.00	1.88		**10555**									
▼	Millet	*organic*	5kg	11.20	2.24		**10560**									
	Oat Groats	*organic*	25kg	32.50	1.30		**10565**									
	Oat Groats	*organic*	5kg	8.00	1.60		**10570**									
▼	Popping Corn	*organic*	25kg	50.00	2.00		**10575**									
▼	Popping Corn	*organic*	5kg	11.80	2.36		**10580**									
	Pearl Barley	*organic*	20kg	26.00	1.30		**10582**									
	Pearl Barley	*organic*	5kg	8.35	1.67		**10583**									
	Pot Barley	*organic*	20kg	24.50	1.23		**10585**									
	Pot Barley	*organic*	5kg	8.00	1.60		**10590**									
	British White Quinoa Grain - gluten-free	*organic*	25kg	118.85	4.75		**10588**									
	British White Quinoa Grain - gluten-free	*organic*	5kg	25.55	5.11		**10589**									
▲	Quinoa Grain	*organic*	25kg	108.00	4.32		**10592**									
▲	Quinoa Grain	*organic*	5kg	23.40	4.68		**10593**									
	Red Quinoa Grain	*organic*	25kg	110.00	4.40		**10684**									
	Red Quinoa Grain	*organic*	5kg	23.80	4.76		**10686**									
▲	Black Quinoa Grain	*organic*	25kg	115.00	4.60		**10687**									
▲	Black Quinoa Grain - 2.5kg	*organic*	2.5kg	13.30	5.32		**10691**									
▲	Tricolour Quinoa Grain	*organic*	25kg	110.00	4.40		**10692**									
▲	Tricolour Quinoa Grain	*organic*	5kg	23.80	4.76		**10693**									
	Rye Grain	*organic*	25kg	28.20	1.13		**10595**									
	Rye Grain	*organic*	5kg	7.45	1.49		**10600**									
▼	Spelt Grain	*organic*	25kg	47.00	1.88		**10602**									
▼	Spelt Grain	*organic*	5kg	11.20	2.24		**10603**									
	Sushi Rice - white - Italy	*organic*	20kg	55.00	2.75		**10608**									
	Sushi Rice - white - Italy	*organic*	5kg	15.60	3.12		**10609**									
	Teff Grain - whole brown - gluten-free	*organic*	25kg	99.00	3.96		**10610**									
	Teff Grain - whole brown	*organic*	5kg	21.60	4.32		**10612**									
▲	Wheat Grain	*organic*	25kg	40.00	1.60		**10615**									
▲	Wheat Grain	*organic*	5kg	9.80	1.96		**10620**									
	Wild Rice	*organic*	25kg	490.00	19.60		**10645**									
	Wild Rice - 2.5kg	*organic*	2.5kg	50.80	20.32		**10650**									
	Wild Rice Mix	*organic*	25kg	117.50	4.70		**10657**									
	Wild Rice Mix - 2.5kg	*organic*	2.5kg	13.55	5.42		**10660**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Aconbury Sprouts - Kit***															
	3x500g Organic Spelt Grain **3x1 litre compost - 3 seed trays** **Full instructions**															
	Wheatgrass Growing Kit		1x1p	10.85	V	*17.35*	**10920**									
	❊ ***For Aconbury Sprouts Seeds - please see "Nuts & Seeds" section.***															
	❊ ***Aconbury Sprouts - Grains***															
	Barley Grain - for sprouting	*organic*	1x5kg	9.30		*12.40*	**10875**									
	Wheat Grain - for sprouting	*organic*	1x5kg	9.30		*12.38*	**10885**									
	❊ ***Better Than Rice - see "Convenience Foods"***															
	❊ ***Biona***															
	Fonio - Ancient Grain	*organic*	6x350g	21.10		*4.69*	**10950**									
	Black Pearl Rice - formerly black venus	*organic*	6x500g	20.20		*4.49*	**10953**									
	Camargue Red Rice	*organic*	6x500g	19.30		*4.29*	**10955**									
	Italian Long Grain White Rice	*organic*	6x1kg	26.50		*5.89*	**10956**									
	Italian Long Grain White Rice	*organic*	6x500g	15.70		*3.49*	**10957**									
	Risotto Rice - Brown	*organic*	6x500g	17.05		*3.79*	**10965**									
	Black & White Risotto Mix (Venus & Arborio Rices)	*organic*	6x500g	17.95		*3.99*	**10966**									
	Sushi Rice - White	*organic*	6x400g	13.45		*2.98*	**10963**									
	Thai Jasmine Rice - Brown	*organic*	6x500g	17.50		*3.88*	**10967**									
	Thai Jasmine Rice - White	*organic*	6x500g	17.95		*3.98*	**10968**									
	White Pudding Rice	*organic*	6x500g	14.80		*3.29*	**10970**									
▲	Wild Rice Mix	*organic*	6x500g	19.75		*4.39*	**10972**									
	❊ ***Clearspring***															
	Sushi Rice - white	*organic*	12x500g	32.30		*3.59*	**10805**									
	Sushi Rice - brown	*organic*	12x500g	32.30		*3.59*	**10807**									
	❊ ***Infinity - Pre-Packed Organic Cereal Grains***															
	For Infinity Foods Organic Fregola and Orzo please see "Pasta" section															
	Amaranth Seed	*organic*	6x500g	11.80		*2.62*	**1003**									
	Arborio Rice - white - Italy	*organic*	6x500g	15.55		*3.46*	**1001**									
	Black Rice - Italy	*organic*	6x500g	15.70		*3.49*	**1002**									
	Brown Basmati Rice	*organic*	6x500g	10.30		*2.29*	**1012**									
	Brown Basmati Rice	*organic*	6x1kg	19.20		*4.28*	**1013**									
	White Basmati Rice - Indian	*organic*	6x500g	12.35		*2.74*	**1165**									
	White Basmati Rice - Indian	*organic*	6x1kg	23.30		*5.18*	**1167**									
▲	Brown Jasmine Rice	*organic*	6x500g	10.50		*2.34*	**1190**									
	White Jasmine Rice	*organic*	6x500g	11.20		*2.49*	**1195**									
	Brown Rice Short Grain - Italy	*organic*	6x500g	9.40		*2.09*	**1005**									
	Brown Rice Short Grain - Italy	*organic*	6x1kg	17.35		*3.86*	**1010**									
	Brown Rice Short Grain - Italy	*organic*	6x2kg	33.95		*7.56*	**1015**									
	Brown Rice Long Grain - Italy	*organic*	6x500g	9.55		*2.12*	**1020**									
	Brown Rice Long Grain - Italy	*organic*	6x1kg	17.70		*3.93*	**1025**									
	Brown Rice Long Grain - Italy	*organic*	6x2kg	34.55		*7.68*	**1030**									
	Buckwheat Groats - certified gluten-free	*organic*	6x500g	9.40		*2.09*	**1035**									
	Bulghur	*organic*	6x500g	8.50		*1.89*	**1045**									
	Camargue Red Rice - France	*organic*	6x500g	13.50		*3.00*	**1050**									
▲	White Couscous - Italy	*organic*	6x450g	9.00		*2.00*	**1057**									
	Wholemeal Couscous - Italy	*organic*	6x450g	8.10		*1.80*	**1060**									
	Kasha - Roasted Buckwheat - certified gluten-free	*organic*	6x500g	15.45		*3.45*	**1073**									
▲	Millet	*organic*	6x500g	8.45		*1.88*	**1075**									
	Oat Groats	*organic*	6x500g	5.95		*1.32*	**1090**									
▲	Popping Corn	*organic*	6x500g	8.80		*1.96*	**1105**									
	Pearl Barley	*organic*	6x500g	5.95		*1.32*	**1112**									
	Pot Barley	*organic*	6x500g	5.75		*1.28*	**1115**									
	British White Quinoa Grain - gluten-free	*organic*	6x450g	14.90		*3.31*	**1125**									
▲	Quinoa Grain	*organic*	6x450g	14.70		*3.27*	**1127**									
▲	Quinoa Grain	*organic*	6x1kg	28.95		*6.43*	**1128**									
	Red Quinoa Grain	*organic*	6x450g	14.90		*3.31*	**1155**									
▲	Black Quinoa Grain	*organic*	6x450g	15.45		*3.43*	**1157**									
▲	Tricolour Quinoa Grain	*organic*	6x450g	14.90		*3.31*	**1159**									
▲	Tricolour Quinoa Grain	*organic*	6x1kg	29.40		*6.54*	**1160**									
	Rye Grain	*organic*	6x500g	6.15		*1.37*	**1130**									
▼	Spelt Grain	*organic*	6x500g	8.45		*1.88*	**1138**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Sushi Rice - white - Italy	organic	6x500g	11.05		2.46	1136									
	Teff Grain - whole brown - gluten-free	organic	6x500g	14.65		3.26	1139									
▲	Wheat Grain	organic	6x500g	7.80		1.73	1150									
	Wild Rice	organic	6x250g	32.70		7.30	1180									
	Wild Rice Mix	organic	6x500g	17.40		3.87	1185									
	❊ ***Seggiano***															
	Arborio Risotto Rice	organic	6x500g	21.60		4.80	10716									
	Carnaroli Risotto Rice	organic	6x500g	21.60		4.80	10718									
	Black Nerone Rice	organic	6x500g	20.40		4.53	10719									
	❊ ***Bulk Cereal Grains***															
	Brown Basmati Rice		25kg	61.00	2.44		11025									
	Brown Basmati Rice		5kg	14.05	2.81		11030									
	Cous Cous - white		25kg	44.00	1.76		11070									
	Cous Cous - white		5kg	10.65	2.13		11075									
	British White Quinoa Grain - gluten-free		25kg	72.00	2.88		11078									
	British White Quinoa Grain		5kg	15.90	3.18		11080									
	❊ ***Zaytoun - www.zaytoun.org***															
	Giant Cous Cous - Maftoul		5kg	38.20	7.64		11103									
	Giant Cous Cous - Maftoul		6x200g	15.00		3.34	11105									
	Green Wheat Freekeh - Smoky		5kg	38.25	7.65		11108									
	Green Wheat Freekeh - Smoky		6x200g	15.00		3.34	11110									

■ Flours & Baking Requisites

❊ ***Alara***

NB. Alara milled flaxseed mixes can be found in the Nuts & Seeds section.

	Oat Bran	organic	6x650g	14.40		3.20	40195									
	Wheat Bran	organic	6x650g	11.90		2.64	40198									
	❊ ***Amisa - gluten-free***															
	Chestnut Flour	organic	6x350g	26.50		5.89	40202									
	Chickpea Flour	organic	6x400g	15.25		3.39	40203									
	Polenta Pronta - 2 mins	organic	12x375g	20.60		2.29	40205									
	❊ ***Biona***															
	Coconut Flour - raw - gluten-free	organic	12x500g	26.90		2.99	40302									
	Polenta - gluten-free	organic	12x500g	23.30		2.59	40305									
	❊ ***Bioreal***															
	Active Dry Yeast	organic	8x5x9g	23.25		3.88	40400									
	❊ ***Bread Matters - Vegan***															
	Original Sourdough Starter	organic	12x10g	49.40		5.50	40405									
	❊ ***Doves Farm***															
	Brown Rice Flour	organic	5x290g	9.00		2.40	40536									
	Chickpea Flour	organic	5x260g	10.70		2.85	40537									
	Coconut Flour	organic	4x500g	11.85		3.95	40538									
◆	Wholemeal Strong Bread Flour	organic	5x1.5kg	9.10		2.43	40540									
◆	Strong White Bread Flour	organic	5x1.5kg	9.75		2.60	40560									
	Einkorn Wholemeal Flour - English	organic	5x1kg	13.65		3.64	40563									
◆	Fine Plain Wholemeal Flour	organic	5x1kg	6.50		1.73	40505									
◆	Self Raising Wholemeal Flour	organic	5x1kg	6.55		1.75	40515									
◆	Plain White Flour	organic	5x1kg	7.20		1.92	40545									
◆	Self Raising White Flour	organic	5x1kg	7.30		1.95	40565									
	Heritage Seeded Bread Flour	organic	5x1kg	14.95		3.99	40567									
◆	Malthouse Bread Flour	organic	5x1kg	8.45		2.25	40574									
	Oat Flour	organic	4x450g	13.35		4.45	40576									
◆	Pasta & Pizza Flour	organic	5x1kg	8.70		2.32	51070									
	Rye Wholemeal Flour	organic	5x1kg	7.25		1.93	51065									
◆	Seedhouse Bread Flour	organic	5x1kg	13.85		3.69	51067									
	White Rye Flour	organic	5x1kg	8.75		2.33	40550									
	Spelt Wholemeal Flour	organic	5x1kg	11.20		2.99	40553									
	White Spelt Flour	organic	5x1kg	13.10		3.49	40554									
	Khorasan Wholemeal Flour	organic	5x1kg	13.10		3.49	40556									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Doves Farm - baking requisites***															
	On offer are selected Doves baking requisites, the pricing marked ❒ below represents a discount of 15%.															
❒	Baking Powder - gluten-free		5x130g	5.90		*1.57*	**41203**									
❒	Bicarbonate of Soda - gluten-free		5x200g	5.40		*1.44*	**41208**									
❒	Corn Starch Flour - gluten-free	*organic*	5x110g	7.00		*1.87*	**41212**									
	Vitamin C - for bread improvement		5x120g	17.50 V		*5.60*	**41216**									
	Quick Dried Yeast - packet - gluten-free		8x125g	11.10		*1.85*	**51085**									
	Xanthan Gum - gluten-free binder		5x100g	13.10 V		*4.19*	**41218**									
	❊ ***Doves Farm - food service baking requisites***															
	NB The four Doves products below are not for retail sale															
	Baking Powder - gluten-free		3x1kg	18.50	6.17		**41305**									
	Bicarbonate of Soda - gluten-free		3x1kg	9.80 V	3.27		**41310**									
	Corn Starch Flour - gluten-free	*organic*	3x1kg	19.40	6.47		**41312**									
	Xanthan Gum		3x1kg	48.00 V	16.00		**41315**									
	❊ ***Doves Farm - sacks***															
	Barley Flour Stoneground	*organic*	25kg	34.70	1.39		**40508**									
	Fine Plain Wholemeal Flour	*organic*	25kg	27.80	1.11		**40510**									
	Strong Stoneground Wholemeal Flour	*organic*	25kg	26.50	1.06		**40530**									
	Plain White Flour	*organic*	25kg	29.20	1.17		**40570**									
	Self Raising White Flour	*organic*	25kg	32.45	1.30		**40572**									
	Strong White Bread Flour (with Vitamin C)	*organic*	25kg	30.30	1.21		**40555**									
	Traditional Strong White Bread Flour	*organic*	25kg	30.30	1.21		**40557**									
	Strong White Bread Flour (with Vitamin C)	*organic*	16kg	19.40	1.21		**40558**									
	Sack Gluten-free Plain White Flour	*organic*	16kg	42.50	2.66		**40559**									
	Malthouse Bread Flour	*organic*	25kg	39.30	1.57		**40575**									
	Rye Flour - whole	*organic*	25kg	29.50	1.18		**41030**									
	Maize Flour (yellow) - gluten-free	*organic*	25kg	53.00	2.12		**40525**									
	White Spelt Flour	*organic*	25kg	62.20	2.49		**40526**									
	Stoneground Wholemeal Spelt Flour	*organic*	25kg	50.85	2.03		**40527**									
	❊ ***Freee - from Doves Farm - non-organic***															
	On offer are selected Doves Farm gluten-free flours, the pricing marked ❒ below represents a discount of 15%.															
❒	Wholegrain Buckwheat Flour - gluten-free		5x1kg	15.90		*4.24*	**51044**									
❒	Rice Flour (brown & white) - gluten-free		5x1kg	7.80		*2.08*	**51037**									
❒	Gram Flour - gluten-free		5x1kg	9.55		*2.55*	**51047**									
❒	Gluten-free Plain White Flour		5x1kg	9.55		*2.55*	**51075**									
	Sack Gluten-free Plain White Flour		16kg	30.30	1.89		**51076**									
	Sack Gluten-free Self-Raising White Flour		16kg	30.30	1.89		**51074**									
❒	Gluten-free Self-Raising White Flour		5x1kg	9.55		*2.55*	**51077**									
❒	Gluten-free Brown Bread Flour		5x1kg	10.05		*2.68*	**51080**									
❒	Gluten-free White Bread Flour		5x1kg	9.55		*2.55*	**51082**									
	❊ ***Bulk Flour***															
	Buckwheat Flour - gluten-free	*organic*	25kg	64.00	2.56		**41015**									
	Chickpea Flour - gluten-free	*organic*	25kg	68.00	2.72		**41016**									
	Coconut Flour - gluten-free	*organic*	10kg	19.00	1.90		**41018**									
	Oatbran - gluten-free	*organic*	20kg	43.00	2.15		**41019**									
	Polenta	*organic*	25kg	54.00	2.16		**41026**									
	Potato Starch	*organic*	25kg	57.00	2.28		**41027**									
	Tapioca Flour	*organic*	25kg	55.00	2.20		**41050**									
	Wheat Bran	*organic*	15kg	18.00	1.20		**40520**									
	❊ ***Infinity - Pre-Packed Organic Flours***															
	Wheat Bran	*organic*	6x250g	4.25		*0.95*	**3010**									
	Oat Bran	*organic*	6x500g	7.70		*1.71*	**3038**									
	Fine Oatmeal	*organic*	6x500g	6.95		*1.54*	**3040**									
	Medium Oatmeal	*organic*	6x500g	6.95		*1.54*	**3045**									
	Coarse Oatmeal (Pinhead)	*organic*	6x500g	6.95		*1.54*	**3050**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Infinity - Pre-Packed Gluten-free Organic Flours***															
Guaranteed less than 20 parts per million of gluten. Batch tested. Packed in a gluten-free facility. Coeliac Society approved.															
Brown Rice Flour	*organic*	6x500g	12.50		*2.78*	**3015**									
Buckwheat Flour	*organic*	6x500g	15.00		*3.34*	**3020**									
Chickpea Flour	*organic*	6x500g	16.00		*3.56*	**3022**									
Coconut Flour	*organic*	6x500g	11.50		*2.56*	**3023**									
Corn Flour (yellow maize flour)	*organic*	6x500g	11.00		*2.45*	**3025**									
Oatbran - gluten-free	*organic*	6x500g	9.50		*2.11*	**3028**									
Polenta	*organic*	6x500g	12.00		*2.67*	**3052**									
Tapioca Flour	*organic*	6x500g	11.50		*2.57*	**3080**									
Teff Flour - wholegrain brown	*organic*	6x500g	20.00		*4.44*	**3090**									
Teff Flour - wholegrain white	*organic*	6x500g	20.00		*4.44*	**3095**									
❊ ***Mornflake***															
Oat Bran	*organic*	25kg	38.60	1.54		**42003**									
Oat Bran	*organic*	2.5kg	5.35	2.14		**42004**									
Oatmeal - Fine	*organic*	25kg	32.50	1.30		**42010**									
Oatmeal - Fine	*organic*	5kg	8.00	1.60		**42005**									
Oatmeal - Medium	*organic*	25kg	32.50	1.30		**42020**									
Oatmeal - Medium	*organic*	5kg	8.00	1.60		**42015**									
Oatmeal - Coarse (Pinhead)	*organic*	25kg	32.50	1.30		**42030**									
Oatmeal - Coarse (Pinhead)	*organic*	5kg	8.00	1.60		**42025**									
❊ ***Realfoods by Organico***															
Polenta	*organic*	10x500g	37.10		*4.95*	**42255**									
❊ ***Shipton Mill - bulk***															
Brown Rice Flour Fine - gluten-free	*organic*	16kg	36.10	2.26		**42490**									
White Rice Flour Fine - gluten-free	*organic*	16kg	32.05	2.00		**42495**									
❊ ***Shipton Mill - retail***															
100% Wholewheat Flour	*organic*	5x2.5kg	18.55		*4.95*	**42505**									
Strong Plain White Flour - Traditional	*organic*	5x2.5kg	18.30		*4.88*	**42510**									
Cake & Pastry Flour	*organic*	6x1kg	9.30		*2.07*	**42512**									
Light Rye Flour	*organic*	6x1kg	8.90		*1.98*	**42514**									
Spelt Flour White	*organic*	6x1kg	12.95		*2.88*	**42518**									
Spelt Flour Wholemeal	*organic*	6x1kg	12.20		*2.71*	**42520**									
Stoneground Wholemeal Flour	*organic*	6x1kg	9.50		*2.11*	**42525**									
Traditional White Flour	*organic*	6x1kg	9.40		*2.09*	**42535**									
3 Malts & Sunflower Brown Flour	*organic*	6x1kg	11.25		*2.50*	**42545**									
Chestnut Flour	*organic*	6x500g	27.00		*6.01*	**42550**									
❊ ***S.I.Lesaffre - previously listed as DCL***															
Active Dried Yeast - tin		1x500g	5.95		*7.93*	**42559**									
❊ ***Suma***															
Vital Wheat Gluten Flour		6x500g	17.75		*3.94*	**42570**									
❊ ***Tiana - gluten-free - Fair Trade***															
Cassava Flour - gluten-free	*organic*	1x500g	3.45		*4.59*	**42573**									
Coconut Flour	*organic*	1x500g	3.45		*4.59*	**42575**									

■ Breakfast Cereals & Cereal Flakes

❊ ***Bulk Organic Cereal Flakes***															
Barley Flakes	*organic*	20kg	25.50	1.28		**20505**									
Barley Flakes	*organic*	5kg	8.25	1.65		**20510**									
Bran Flakes	*organic*	10kg	45.15	4.52		**62012**									
Buckwheat Flakes - gluten-free	*organic*	25kg	87.50	3.50		**20509**									
Chocolate Stars - gluten-free	*organic*	10kg	60.00	6.00		**20500**									
Cornflakes - gluten-free	*organic*	10kg	67.00	6.70		**20501**									
Fibre Flakes - gluten-free	*organic*	10kg	60.00	6.00		**20502**									
Millet Flakes - gluten-free	*organic*	20kg	55.00	2.75		**20512**									
Millet Flakes	*organic*	5kg	15.55	3.11		**20513**									
Gluten-free Jumbo Oatflakes	*organic*	20kg	38.70	1.94		**20575**									
Gluten-free Jumbo Oatflakes	*organic*	5kg	11.50	2.30		**20577**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Jumbo Oatflakes	organic	25kg	35.00	1.40		20515									
Jumbo Oatflakes	organic	5kg	8.50	1.70		20520									
Gluten-free Rolled Oatflakes	organic	20kg	38.70	1.94		20585									
Gluten-free Rolled Oatflakes	organic	5kg	11.50	2.30		20587									
Rolled Oatflakes	organic	25kg	35.00	1.40		20525									
Rolled Oatflakes	organic	5kg	8.50	1.70		20530									
Quinoa Flakes - gluten-free	organic	25kg	162.40	6.50		20526									
Quinoa Flakes	organic	5kg	34.30	6.86		20527									
Brown Rice Flakes - gluten-free	organic	20kg	65.00	3.25		20532									
Brown Rice Flakes	organic	5kg	18.05	3.61		20533									
Rye Flakes	organic	20kg	24.50	1.23		20535									
Spelt Flakes	organic	25kg	61.00	2.44		20522									
Toasted Wheat Flakes	organic	12.5kg	33.00	2.64		61005									
Wheat Flakes	organic	20kg	24.00	1.20		20545									
❊ ***Infinity - Pre-Packed Organic Cereal Flakes***															
Barley Flakes	organic	6x500g	6.65		*1.48*	2005									
Jumbo Oatflakes	organic	6x500g	6.25		*1.39*	2015									
Jumbo Oatflakes	organic	6x1kg	11.95		*2.66*	2020									
Rolled Oatflakes	organic	6x500g	6.25		*1.39*	2030									
Rolled Oatflakes	organic	6x1kg	11.95		*2.66*	2035									
Rye Flakes	organic	6x500g	6.50		*1.44*	2045									
Spelt Flakes	organic	6x500g	10.10		*2.25*	2037									
Wheat Flakes	organic	6x500g	6.40		*1.42*	2055									
❊ ***Infinity - Pre-Packed Organic Gluten-free Cereal Flakes***															
certified gluten-free, approved by the Coeliac Society															
Buckwheat Flakes - gluten-free	organic	6x500g	14.55		*3.23*	2010									
Millet Flakes - gluten-free	organic	6x500g	12.30		*2.73*	2013									
Quinoa Flakes - gluten-free	organic	6x500g	23.55		*5.25*	2040									
Brown Rice Flakes - gluten-free	organic	6x500g	13.80		*3.07*	2043									
Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x500g	9.85		*2.19*	2090									
Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x1kg	15.70		*3.49*	2100									
Gluten-free Jumbo Oatflakes	organic	6x500g	9.85		*2.19*	2095									
❊ ***Alara Breakfast cereals in compostable packaging***															
NB. Alara milled flaxseed mixes can be found in the Nuts & Seeds section.															
NB. Alara brans can be found in the flours section.															
Apple & Cinnamon Bircher	organic	6x650g	18.25		*4.06*	60105									
Ancient Grains Muesli	organic	6x450g	19.15		*4.26*	60111									
Crispy Fruit Muesli	organic	6x550g	18.25		*4.06*	60112									
Gluten-free Muesli with Goji & Cranberries	organic	6x450g	20.95		*4.66*	60114									
Rich Muesli	organic	6x500g	17.80		*3.96*	60250									
Gluten-free Delight Muesli	organic	6x250g	18.25		*4.06*	60266									
Fruits & Seeds Muesli	organic	6x650g	18.25		*4.06*	60268									
Luxury Gluten-free Porridge - no oats		6x500g	16.45		*3.66*	70485									
Original Muesli	organic	6x650g	18.25		*4.06*	60269									
Everyday Gluten-free Pure Oatflakes		6x500g	14.70		*3.27*	70490									
❊ ***Amisa - gluten-free***															
On offer are Amisa organic gluten-free oat cereals, the pricing below represents a discount of 20%.															
❒ Pure Porridge Oats	organic	4x1kg	13.15		*4.38*	60304									
❒ Pure Porridge Oats	organic	6x325g	9.65		*2.14*	60305									
❒ Apple & Cinnamon Porridge Oats	organic	6x300g	13.25		*2.94*	60310									
❒ Four Grain Porridge	organic	6x300g	12.20		*2.71*	60311									
❒ Fruity Oat Muesli	organic	6x325g	14.35		*3.19*	60312									
❊ ***Amisa - spelt based***															
Spelt Crunchy	organic	6x375g	19.75		*4.39*	60320									
Crispy Spelt Flakes	organic	6x250g	14.35		*3.19*	60325									
Spelt Honey Puffs	organic	6x200g	14.35		*3.19*	60330									
Spelt Puffs - vegan	organic	6x200g	11.20		*2.49*	60335									
❊ ***Bear***															
On offer are Bear Alpha Bites, the pricing below represents a discount of 15%.															
❒ Cocoa Alpha Bites		4x350g	7.35		*2.45*	70506									
❒ Multigrain Alpha Bites		4x350g	7.35		*2.45*	70509									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Bio & Me***															
	New and on offer from Bio & Me are three vegan breakfast cereals. ***Cocoa & Hazelnut Protein Boosted Granola*** *- this has all the joy of a chocolate cereal with no added sugar, paired with ten different wholegrains.* ***Multigrain Original Puffs*** *- a light and crispy blend of puffed wholegrain oats, spelt, rice, millet, buckwheat and more. High in gut-friendly fibre, these lightly toasted puffs bring natural goodness to every bite.* ***Multigrain Berry Puffs*** *- a light crispy blend of eight ingredients including wholegrain oats, spelt, rice, millet, blackberries, raspberries and strawberries. The pricing below represents a discount of 15%.*															
❒	Berry Burst Gluten-free Granola		5x350g	13.50		*3.60*	**705520**									
❒	Cashew & Almond Gluten-free Granola		5x350g	13.50		*3.60*	**705522**									
❒	Cocoa & Hazelnut Protein Boosted Granola - New!		5x360g	13.05		*3.48*	**705523**									
❒	Low Sugar Naturally Granola		5x360g	13.05		*3.48*	**705524**									
❒	Super Seedy & Nutty Granola		5x360g	13.05		*3.48*	**705526**									
❒	Toffee Ginger Granola		5x360g	13.05		*3.48*	**705528**									
❒	Apple & Cinnamon Porridge		5x400g	9.50		*2.53*	**705529**									
❒	Super Seedy & Nutty Porridge		5x400g	9.50		*2.53*	**705530**									
❒	Multigrain Berry Puffs - New!		5x200g	10.95		*2.92*	**705527**									
❒	Multigrain Original Puffs - New!		5x200g	10.95		*2.92*	**705531**									
	❊ ***Biona***															
	Choco-Coconut Granola	*organic*	6x375g	21.10		*4.69*	**60402**									
	Granola Nutty Clusters Low Sugar	*organic*	6x375g	23.80		*5.29*	**60403**									
	Honey & Hazel Crunch Granola	*organic*	6x375g	22.45		*4.99*	**60405**									
	Wild Berry Crisp Granola - boxed	*organic*	6x375g	25.60		*5.69*	**60412**									
	Pure Oaty Granola - wheat-free	*organic*	6x375g	18.40		*4.09*	**60413**									
	Porridge Oats	*organic*	6x500g	9.85		*2.19*	**60416**									
	❊ ***Community Foods***															
▲	De Luxe Muesli - 16 natural ingredients		25kg	73.90	2.96		**70515**									
	❊ ***Doves Farm - gluten free - vegan***															
	Ancient Grain Breakfast Flakes	*organic*	5x375g	17.60		*4.69*	**61528**									
	Ancient Grain Cereal Hoops	*organic*	5x300g	16.85		*4.49*	**61530**									
	Ancient Grain Fruit & Fibre Flakes	*organic*	5x375g	18.70		*4.99*	**61532**									
	Wholegrain Cocoa Rice Pops	*organic*	5x300g	13.30		*3.55*	**61534**									
	❊ ***Freee - from Doves Farm - gluten-free - vegan***															
	Chocolate Stars	*organic*	5x300g	12.20		*3.25*	**61509**									
	Cinnamon Hoops	*organic*	5x300g	12.20		*3.25*	**61512**									
	Cornflakes	*organic*	5x325g	11.85		*3.16*	**61511**									
	Cereal Flakes	*organic*	5x375g	15.00		*4.00*	**61516**									
	Fibre Flakes	*organic*	5x375g	14.45		*3.85*	**61521**									
	Fruit & Fibre Flakes	*organic*	5x375g	18.75		*5.00*	**61523**									
	Supergrain Hoops	*organic*	5x300g	14.45		*3.85*	**61526**									
	❊ ***IBIS***															
	Wholegrain Rice Pops	*organic*	6x275g	13.45		*2.99*	**61620**									
	❊ ***Infinity Foods - Gluten-free***															
▲	Gluten-free Muesli - Original	*organic*	25kg	146.00	5.84		**62015**									
	❊ ***Infinity Foods - breakfast cereals***															
	Granola Base	*organic*	20kg	80.00	4.00		**61908**									
	Granola Base	*organic*	5kg	21.80	4.36		**61909**									
	Vitality Muesli	*organic*	25kg	107.00	4.28		**61910**									
	Vitality Muesli	*organic*	5kg	23.20	4.64		**61915**									
	Super Muesli	*organic*	25kg	92.85	3.71		**62025**									
	Super Muesli	*organic*	5kg	20.35	4.07		**62030**									
	Deluxe Muesli	*organic*	25kg	71.40	2.86		**62032**									
	Deluxe Muesli	*organic*	5kg	16.10	3.22		**62033**									
	Muesli Base	*organic*	20kg	32.40	1.62		**62035**									
	Muesli Base	*organic*	5kg	9.90	1.98		**62040**									
	Puffed Quinoa	*organic*	9kg	88.25	9.81		**62060**									
	Puffed Quinoa	*organic*	1kg	11.60	11.60		**62062**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Infinity - Gluten-free - Pre-Packed Organic Breakfast Cereals***															
	Guaranteed less than 20 parts per million of gluten. Batch tested. Packed in a gluten-free facility. Coeliac Society approved.															
	Gluten-free Dark Chocolate Granola	*organic*	6x400g	20.25		*4.50*	**4020**									
	Gluten-free Granola Muesli	*organic*	6x400g	23.00		*5.11*	**4028**									
	Gluten-free Muesli - Original	*organic*	6x500g	19.50		*4.33*	**4030**									
	Gluten-free Muesli - Original	*organic*	6x1kg	38.40		*8.54*	**4035**									
	Oat Muesli - gluten-free	*organic*	6x500g	18.75		*4.17*	**4025**									
	Wild Berry Flakes - gluten-free	*organic*	6x275g	17.00		*3.78*	**4027**									
❊	***Infinity - Pre-Packed Organic Breakfast Cereals***															
	Bran Flakes	*organic*	6x500g	17.35		*3.86*	**4033**									
	Cranberry & Pecan Muesli	*organic*	6x500g	14.55		*3.23*	**4036**									
	Cranberry & Pecan Muesli	*organic*	6x1kg	28.50		*6.33*	**4039**									
	Fig & Walnut Granola Muesli	*organic*	6x500g	15.50		*3.45*	**4031**									
	Fig & Walnut Granola Muesli	*organic*	6x1kg	28.40		*6.31*	**4032**									
	Fruit and Fibre	*organic*	6x325g	14.05		*3.13*	**4040**									
	Vitality Muesli	*organic*	6x500g	15.90		*3.53*	**4042**									
	Vitality Muesli	*organic*	6x1kg	29.25		*6.51*	**4043**									
	Super Muesli	*organic*	6x500g	14.20		*3.16*	**4045**									
	Super Muesli	*organic*	6x1kg	25.85		*5.75*	**4050**									
	Super Muesli	*organic*	6x1.4kg	35.25		*7.83*	**4055**									
	Deluxe Muesli	*organic*	6x500g	11.65		*2.59*	**4057**									
	Deluxe Muesli	*organic*	6x1kg	20.75		*4.62*	**4060**									
	Deluxe Muesli	*organic*	6x1.4kg	28.10		*6.25*	**4062**									
	Muesli Base	*organic*	6x1kg	13.25		*2.94*	**4070**									
	Toasted Wheat Flakes	*organic*	6x250g	6.80		*1.51*	**2065**									
	Quinoa Puffs	*organic*	6x250g	17.80		*3.96*	**4085**									
❊	***Kallo Foods***															
	*New from Kallo Foods, organic vegan gluten-free **Cornflakes**. These directly replace the Whole Earth cornflakes. They are made with lightly toasted corn.*															
❊	Cornflakes	*organic*	12x375g	27.80		*3.09*	**62503**									
▲	Puffed Rice Natural	*organic*	8x225g	22.40		*3.73*	**62505**									
	Three Nut Crunch Granola	*organic*	5x360g	15.55		*4.15*	**62508**									
	Superfruits Crunch Granola	*organic*	5x360g	15.55		*4.15*	**62509**									
❊	***Lizi's - The Good Carb Food Co.***															
	High Protein Granola		10x350g	31.05		*4.14*	**71612**									
	Organic Granola	*organic*	10x350g	32.20		*4.29*	**71604**									
	Original Granola - non-organic		10x400g	29.00		*3.87*	**71611**									
	Gluten-free Granola		10x350g	37.50		*5.00*	**71607**									
	Low Sugar Granola		10x400g	30.20		*4.03*	**71613**									
❊	***Mornflake***															
	NB. Mornflake Oatmeal & Bran can be found in the flour section.															
❊	***Nature's Path - Gluten-free (except Millet Rice Flakes)***															
	Blueberry Raspberry Yogurt Nobbly Granola	*organic*	5x300g	20.35		*5.43*	**63188**									
	Choco Chimps	*organic*	4x284g	13.25		*4.42*	**63199**									
	Maple Sunrise	*organic*	4x332g	13.85		*4.62*	**63207**									
	Mesa Sunrise	*organic*	4x355g	14.35		*4.78*	**63230**									
	Millet Rice Flakes (not gluten-free)	*organic*	4x375g	12.45		*4.15*	**63235**									
	Gorilla Munch	*organic*	4x300g	13.25		*4.42*	**63241**									
❊	***Pimhill***															
	*New from Pimhill, organic vegan oats in a 5kg paper bag with a handle. **Porridge Oats**, the oat grain is cut in half before being rolled. This versatile oat makes a smooth, quick cooking porridge. **Jumbo Oats** are made from rolling the whole oat. They make a thicker more textured porridge and are best for making granolas and chewy flapjacks. Pimhill Farm was one of the first organic farms in the country and has been growing organic cereals in Shropshire since 1949.*															
❊	Porridge Oats - bag with handle	*organic*	5kg	11.40	2.28		**20654**									
	Porridge Oats - bags	*organic*	12x850g	25.95		*2.88*	**20655**									
❊	Jumbo Oats - bag with handle	*organic*	5kg	11.40	2.28		**20658**									
	Jumbo Oats - bags	*organic*	12x850g	25.95		*2.88*	**20660**									
	Muesli	*organic*	12x850g	42.20		*4.69*	**63472**									
	Apricot, Fig & Seed Muesli (no wheat or nuts)	*organic*	12x850g	53.25		*5.93*	**63480**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Rude Health - For Kids***															
	For any Rude Health sales support: hello@rudehealth.com															
	Honey Spelt Puffs	*organic*	8x175g	19.60		*3.50*	**63734**									
	❊ ***Rude Health - muesli***															
	On offer is Rude Health organic Ultimate Muesli, the pricing below represents a discount of 15%.															
	Instant Bircher Muesli Soft & Fruity		6x375g	14.65		*3.48*	**71731**									
❒	The Ultimate Muesli - vegan	*organic*	6x400g	17.75		*4.23*	**71739**									
	❊ ***Rude Health - Granola***															
	On offer are selected Rude Health granolas, the pricing marked ❒ below represents a discount of 15%.															
❒	The Ultimate Granola	*organic*	6x400g	17.75		*4.23*	**71776**									
	Chocolate Crunch Granola		6x400g	16.80		*3.99*	**71777**									
❒	Roasted Almond Granola		6x400g	14.25		*3.39*	**71778**									
❒	Wild Berry Granola	*organic*	6x400g	17.75		*4.23*	**71779**									
	Low Sugar Granola - Almond & Hazelnut		6x400g	16.80		*3.99*	**71782**									
❒	Maple & Pecan Granola		6x400g	17.75		*4.23*	**71783**									
	❊ ***Rude Health***															
	On offer is Rude Health Puffed Brown Rice, the pricing marked ❒ below represents a discount of 15%.															
	Puffed Oats		8x175g	12.60		*2.25*	**71750**									
	Honey Puffed Oats - gluten-free		4x240g	11.90		*4.25*	**71752**									
❒	Puffed Brown Rice - gluten-free		4x225g	5.70		*2.04*	**71755**									
	Fruity Date Porridge		6x400g	12.65		*2.99*	**71786**									
	5 Seed 5 Grain Porridge		6x400g	12.65		*2.99*	**71790**									
	❊ ***Whole Earth***															
	Cocoa Crunch	*organic*	5x375g	12.75		*3.40*	**63513**									
	Red Fruit Crunch - granola	*organic*	5x450g	15.30		*4.10*	**63545**									

■ Beans Peas and Pulses

	❊ ***Bulk Organic Beans Peas and Pulses***															
▼	Aduki Beans	*organic*	25kg	77.00	3.08		**80505**									
▼	Aduki Beans	*organic*	5kg	17.20	3.44		**80510**									
▼	Beluga Lentils (black)	*organic*	25kg	105.00	4.20		**80615**									
▼	Beluga Lentils (black)	*organic*	5kg	22.80	4.56		**80617**									
	Black Turtle Beans	*organic*	25kg	60.00	2.40		**80620**									
	Black Turtle Beans	*organic*	5kg	13.80	2.76		**80625**									
	Brown Lentils	*organic*	25kg	65.00	2.60		**80517**									
	Brown Lentils	*organic*	5kg	14.80	2.96		**80518**									
▲	Butter Beans	*organic*	25kg	130.00	5.20		**80519**									
▲	Butter Beans	*organic*	5kg	27.80	5.56		**80523**									
	Cannellini Beans	*organic*	25kg	82.00	3.28		**80521**									
	Cannellini Beans	*organic*	5kg	18.20	3.64		**80522**									
▲	Chana Dal - split hulled chickpeas	*organic*	25kg	108.00	4.32		**80524**									
▲	Chana Dal - split hulled chickpeas	*organic*	5kg	23.40	4.68		**80526**									
	Chickpeas - Italy	*organic*	25kg	76.00	3.04		**80520**									
	Chickpeas - Italy	*organic*	5kg	17.00	3.40		**80525**									
	Green Lentils	*organic*	25kg	66.00	2.64		**80630**									
	Green Lentils	*organic*	5kg	15.00	3.00		**80635**									
	Green Split Peas - Italy	*organic*	25kg	51.00	2.04		**80530**									
	Green Split Peas - Italy	*organic*	5kg	12.05	2.41		**80535**									
	Haricot Beans	*organic*	25kg	66.00	2.64		**80540**									
	Haricot Beans	*organic*	5kg	15.00	3.00		**80545**									
	Mung Beans	*organic*	25kg	95.00	3.80		**80550**									
	Mung Beans	*organic*	5kg	20.80	4.16		**80555**									
	Mung Dal - split hulled mung beans	*organic*	25kg	93.00	3.72		**80557**									
	Mung Dal - split hulled mung beans	*organic*	5kg	20.40	4.08		**80558**									
▼	Pinto Beans	*organic*	25kg	70.00	2.80		**80560**									
▼	Pinto Beans	*organic*	5kg	15.80	3.16		**80565**									
▼	French Type Lentils	*organic*	25kg	100.00	4.00		**80570**									
▼	French Type Lentils	*organic*	5kg	21.80	4.36		**80575**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Red Kidney Beans	organic	25kg	89.00	3.56		80580									
	Red Kidney Beans	organic	5kg	19.65	3.93		80585									
	Red Split Lentils	organic	25kg	65.00	2.60		80590									
	Red Split Lentils	organic	5kg	14.80	2.96		80595									
	Soya Beans	organic	25kg	58.00	2.32		80600									
	Yellow Split Peas	organic	25kg	53.00	2.12		80640									
	Yellow Split Peas	organic	5kg	12.40	2.48		80645									
	❊ ***Hodmedod's - Great British Peas & Beans***															
	Carlin Peas (aka Black Badger)	organic	12x500g	19.45		2.16	80876									
	Organic Split Fava Beans (broad beans)	organic	12x500g	18.55		2.06	80660									
	Whole Olive Green Lentils		12x500g	29.20		3.24	80893									
	Whole Fava Beans (broad beans)	organic	12x500g	22.10		2.46	80895									
	❊ ***Infinity Pre-Packed Organic Beans Peas & Pulses***															
▼	Aduki Beans	organic	6x500g	12.25		2.72	5005									
▼	Beluga Lentils	organic	6x500g	15.60		3.47	5015									
	Black Turtle Beans	organic	6x500g	10.20		2.27	5020									
	Brown Lentils	organic	6x500g	10.30		2.29	5022									
▲	Butter Beans	organic	6x500g	18.40		4.09	5027									
	Cannellini Beans	organic	6x500g	12.80		2.84	5023									
▲	Chana Dal - split hulled chickpeas	organic	6x500g	16.00		3.56	5026									
	Chickpeas - Italy	organic	6x500g	11.15		2.48	5025									
	Green Lentils	organic	6x500g	9.95		2.21	5035									
	Green Split Peas - Italy	organic	6x500g	9.15		2.03	5045									
	Haricot Beans	organic	6x500g	10.90		2.42	5055									
	Mung Beans	organic	6x500g	13.85		3.09	5065									
	Mung Dal - split hulled mung beans	organic	6x500g	14.20		3.16	5068									
▼	Pinto Beans	organic	6x500g	11.20		2.49	5075									
▼	French Type Lentils	organic	6x500g	14.80		3.29	5085									
	Red Kidney Beans	organic	6x500g	13.65		3.05	5095									
	Red Split Lentils	organic	6x500g	9.85		2.19	5105									
	Red Split Lentils	organic	6x1kg	18.25		4.07	5110									
	Soya Beans	organic	6x500g	10.00		2.23	5115									
	Yellow Split Peas	organic	6x500g	9.35		2.08	5130									

■ Nuts and Seeds

	❊ ***Bulk Organic Nuts and Seeds***															
	Almonds	organic	25kg	239.50	9.58		90516									
	Almonds	organic	10kg	96.95	9.70		90515									
	Almonds	organic	2.5kg	26.05	10.42		90520									
	Blanched Almonds	organic	10kg	109.95	11.00		90517									
	Blanched Almonds	organic	2.5kg	29.30	11.72		90518									
	Flaked Almonds	organic	10kg	108.95	10.90		90511									
	Flaked Almonds	organic	2.5kg	29.05	11.62		90512									
	Ground Almonds	organic	10kg	105.95	10.60		90513									
	Ground Almonds	organic	2.5kg	28.30	11.32		90514									
▲	Brazil Nuts	organic	20kg	425.00	21.25		90522									
▲	Brazil Nuts	organic	2.5kg	54.90	21.96		90523									
▲	Brazil Nuts - Broken Pieces	organic	20kg	279.15	13.96		90525									
▲	Brazil Nuts - Broken Pieces	organic	2.5kg	36.70	14.68		90546									
	Cashews Whole	organic	22.68kg	249.55	11.00		90524									
	Cashews Whole	organic	2.5kg	29.30	11.72		90526									
	Cashews Large Pieces	organic	22.68kg	189.85	8.37		90536									
	Cashews Large Pieces	organic	2.5kg	22.70	9.08		90537									
	Chia Seeds	organic	25kg	102.75	4.11		90527									
	Chia Seeds	organic	2kg	10.00	5.00		90528									
▲	Coconut Desiccated	organic	25kg	149.60	5.98		90529									
▲	Coconut Desiccated	organic	3kg	19.70	6.57		90530									
	Coconut Chips	organic	10kg	62.90	6.29		90532									
	Coconut Chips	organic	3kg	20.65	6.88		90533									
	Toasted Coconut Chips	organic	10kg	67.15	6.72		90531									
	Toasted Coconut Chips	organic	3kg	21.95	7.32		90544									
	Fruit & Nut Mix	organic	3kg	26.40	8.80		90557									
	Hi Energy Trail Mix	organic	3kg	28.05	9.35		90569									
	Hazelnuts	organic	25kg	347.15	11.37		90551									
	Hazelnuts	organic	10kg	139.25	11.53		90535									
	Hazelnuts	organic	2.5kg	36.60	12.08		90540									
	Roast Whole Hazelnuts	organic	10kg	164.25 V	13.73		90541									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Hulled Hemp Seeds	organic	20kg	182.25	9.11		90502									
	Hulled Hemp Seeds	organic	5kg	47.35	9.47		90503									
	Hemp Seeds - whole	organic	20kg	107.65	5.38		90542									
	Hemp Seeds - whole	organic	5kg	28.70	5.74		90543									
	Linseed Brown	organic	25kg	48.50	1.94		90545									
	Linseed Brown	organic	5kg	11.50	2.30		90550									
	Linseed Gold	organic	25kg	56.50	2.26		90552									
	Linseed Gold	organic	5kg	13.10	2.62		90553									
	Macadamia Nuts	organic	11.34kg	215.15	18.97		90538									
	Macadamia Nuts	organic	0.75kg	16.00	21.33		90539									
	Nut Mix	organic	25kg	254.25	10.17		90534									
	Nut Mix	organic	2.5kg	27.20	10.88		90554									
	Omega Four Seed Mix	organic	25kg	96.00	3.84		90571									
	Omega Four Seed Mix	organic	3kg	13.30	4.43		90556									
	Peanuts	organic	25kg	100.35	4.01		90555									
	Peanuts	organic	5kg	21.85	4.37		90560									
	Blanched Roasted Peanuts	organic	10kg	54.00	5.40		90615									
☆	Pecans - Halves	organic	13.6kg	236.10	17.36		90561									
	Pecans - Halves	organic	2kg	36.50	18.25		90563									
	Pecan Pieces	organic	10kg	159.50	15.95		90566									
	Pecan Pieces	organic	2kg	33.70	16.85		90567									
	Pine Kernels	organic	25kg	539.45	21.58		90562									
	Pine Kernels	organic	5kg	109.70	21.94		90568									
	Pine Kernels	organic	1kg	23.35	23.35		90565									
	Raw Pistachio Kernels	organic	10kg	317.50	31.75		90547									
	Raw Pistachio Kernels	organic	5kg	160.55	32.11		90548									
	Raw Pistachio Kernels	organic	0.75kg	25.60	34.13		90549									
	Poppy Seed	organic	25kg	155.00	6.20		90559									
	Poppy Seed	organic	3kg	20.10	6.70		90558									
	Austrian Pumpkin Seeds	organic	25kg	239.25	9.57		90572									
	Austrian Pumpkin Seeds	organic	2kg	20.95	10.48		90573									
	Pumpkin Seeds - AA grade	organic	25kg	128.35	5.13		90564									
	Pumpkin Seeds - AA grade	organic	2kg	12.05	6.03		90570									
	Three Seed Mix -sunflower, pumpkin, pine	organic	3kg	17.60	5.87		90574									
	Hulled Sesame Seeds - white	organic	25kg	110.25	4.41		90575									
	Hulled Sesame Seeds - white	organic	5kg	23.55	4.71		90580									
	Sesame Seeds - whole - brown	organic	25kg	89.55	3.58		90582									
	Sesame Seeds - whole - brown	organic	5kg	19.70	3.94		90583									
	Black Sesame Seeds - whole	organic	25kg	89.55	3.58		90587									
	Black Sesame Seeds - whole	organic	3kg	12.55	4.18		90588									
	Sunflower Seed - kernels	organic	25kg	60.35	2.41		90585									
	Sunflower Seed - kernels	organic	5kg	13.85	2.77		90590									
▲	Tigernuts - Blanched	organic	10kg	85.00	8.50		90604									
▲	Tigernuts - Blanched	organic	1kg	10.30	10.30		90606									
	Trail Mix	organic	3kg	19.95	6.65		90607									
	Walnut Halves - Light	organic	10kg	87.25	8.73		90591									
	Walnut Halves - Light	organic	2.5kg	23.60	9.44		90594									
	Walnut Light Pieces	organic	10kg	72.50	7.25		90595									
	Walnut Light Pieces	organic	2.5kg	19.90	7.96		90600									
❊	***A. Vogel - bioSnacky organic sprouting seeds***															
	For bioSnacky glass sprouting jar see Kitchen and Household Goods section															
	Alfalfa Seeds	organic	12x40g	19.70		*2.19*	90905									
	Broccoli Seeds	organic	12x30g	19.70		*2.19*	90906									
	Little Radish Seeds	organic	12x40g	19.70		*2.19*	90907									
	Mung Beans	organic	12x40g	17.40		*1.93*	90910									
	Red Clover Seeds	organic	12x30g	19.70		*2.19*	90912									
❊	***A. Vogel - bioSnacky organic sprouting seed mixes***															
	Wellness: mung beans, red clover, lentils, white radish seeds															
	Fitness: white radish, mung beans, wheat seeds															
	Wellness Mix	organic	12x40g	19.70		*2.19*	90916									
	Fitness Mix	organic	12x40g	17.40		*1.93*	90917									
❊	***Aconbury Sprouts - sprouting seeds - retail friendly block bags***															
	Alfalfa	organic	8x250g	32.60		*5.43*	90637									
	Beetroot	organic	8x100g	33.15		*5.53*	90639									
	Broccoli	organic	8x250g	54.05		*9.01*	90640									
	Brown Lentils	organic	8x500g	24.30		*4.05*	90642									
	Chickpeas	organic	8x500g	24.60		*4.10*	90645									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	China Rose Radish	*organic*	8x250g	26.35		*4.39*	**90647**									
	Mixed Beans	*organic*	8x500g	26.20		*4.37*	**90652**									
	Mung Beans	*organic*	8x500g	34.45		*5.74*	**90657**									
	Snow Peas	*organic*	8x500g	25.90		*4.32*	**90658**									
	❊ ***Aconbury Sprouts - seed sprouting kit***															
	Kit comprises: sprouting jar with drainage lid & stand, 100g each of alfalfa seeds, broccoli seeds, radish seeds, 200g sunflower seeds, 300g mixed beans, recipes and instructions.															
	Sprouting Kit in bag	*organic*	1x1p	17.00		*22.67*	**90665**									
	❊ ***Aconbury Sprouts - seeds for sprouting***															
	Black Sunflower Seeds	*organic*	1x2kg	11.20		*14.93*	**90613**									
	❊ ***Alara Milled Seeds in compostable packaging***															
	Milled Linseeds - Raw	*organic*	6x500g	22.30		*4.96*	**90672**									
	❊ ***Biona***															
▼	Creamed Coconut	*organic*	12x200g	26.90		*2.98*	**90702**									
	Cracked Linseed Gold - Omega Extra	*organic*	6x500g	24.70		*5.49*	**90705**									
	Linseed Gold	*organic*	6x500g	16.60		*3.69*	**90710**									
	Linseed Brown	*organic*	6x500g	14.80		*3.29*	**90712**									
	Hemp Seeds - whole	*organic*	8x250g	14.90		*2.49*	**90715**									
	❊ ***Coconut Merchant***															
	Creamed Coconut	*organic*	12x200g	27.00		*3.00*	**90718**									
	❊ ***Crazy Jack on-the-go***															
	Mixed Almonds - on-the-go	*organic*	18x30g	12.80		*0.95*	**90722**									
	❊ ***Infinity Pre-Packed Organic Nuts & Seeds***															
	Omega Four Seed Mix - sunflower, pumpkin, gold linseed, hulled sesame															
	NB Alfalfa must be sprouted before eating															
	Alfalfa Seeds	*organic*	6x125g	9.70		*2.16*	**6005**									
	Alfalfa Seeds	*organic*	6x250g	17.90		*3.98*	**6010**									
	Almonds	*organic*	6x125g	9.60		*2.13*	**6015**									
	Almonds	*organic*	6x250g	16.85		*3.74*	**6020**									
	Almonds	*organic*	6x500g	32.15		*7.15*	**6025**									
	Almonds	*organic*	6x1kg	61.25		*13.62*	**6026**									
	Blanched Almonds	*organic*	6x125g	10.55		*2.34*	**6017**									
	Blanched Almonds	*organic*	6x250g	18.80		*4.19*	**6018**									
	Flaked Almonds	*organic*	6x125g	10.60		*2.36*	**6011**									
	Flaked Almonds	*organic*	6x250g	19.35		*4.31*	**6012**									
	Ground Almonds	*organic*	6x250g	18.90		*4.21*	**6014**									
	Ground Almonds	*organic*	6x500g	35.10		*7.80*	**6016**									
▲	Brazil Nuts	*organic*	6x125g	19.00		*4.22*	**6031**									
▲	Brazil Nuts	*organic*	6x250g	34.95		*7.77*	**6032**									
▲	Brazil Nuts	*organic*	6x500g	66.80		*14.84*	**6033**									
▲	Brazil Nuts - Broken Pieces	*organic*	6x250g	36.00		*8.00*	**6036**									
	Cashews Whole	*organic*	6x125g	11.30		*2.51*	**6041**									
	Cashews Whole	*organic*	6x250g	19.55		*4.35*	**6042**									
	Cashews Whole	*organic*	6x500g	36.05		*8.01*	**6043**									
	Cashews Whole	*organic*	6x1kg	69.05		*15.34*	**6051**									
	Cashews Large Pieces	*organic*	6x250g	15.65		*3.48*	**6063**									
	Cashews Large Pieces	*organic*	6x500g	28.20		*6.27*	**6064**									
	Cashews & Raisins	*organic*	6x125g	9.20		*2.04*	**6044**									
	Chia Seeds	*organic*	6x250g	9.25		*2.06*	**6052**									
	Chia Seeds	*organic*	6x500g	15.40		*3.42*	**6053**									
▲	Coconut Desiccated	*organic*	6x250g	12.05		*2.68*	**6035**									
▲	Coconut Desiccated	*organic*	6x500g	21.00		*4.67*	**6040**									
	Coconut Chips	*organic*	6x250g	12.50		*2.78*	**6037**									
	Toasted Coconut Chips	*organic*	6x250g	13.15		*2.92*	**6039**									
	Fruit & Nut Mix	*organic*	6x250g	15.35		*3.41*	**6047**									
	Hi Energy Trail Mix	*organic*	6x250g	17.10		*3.87*	**6048**									
	Hi Energy Trail Mix	*organic*	6x125g	10.10		*2.27*	**6049**									
	Hazelnuts	*organic*	6x125g	13.50		*3.00*	**6045**									
	Hazelnuts	*organic*	6x250g	23.95		*5.32*	**6050**									
	Hazelnuts	*organic*	6x500g	44.85		*9.97*	**6055**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Hulled Hemp Seeds	organic	6x125g	9.85		2.19	6054									
	Hulled Hemp Seeds	organic	6x250g	16.70		3.72	6057									
	Hemp Seeds - whole	organic	6x250g	11.10		2.47	6058									
	Roast Whole Hazelnuts	organic	6x125g	12.60 V		3.36	6056									
	Linseed Brown	organic	6x250g	6.00		1.33	6070									
	Linseed Brown	organic	6x450g	8.30		1.84	6075									
	Linseed Gold	organic	6x250g	5.85		1.30	6077									
	Linseed Gold	organic	6x450g	8.85		1.97	6078									
	Linseed Gold	organic	6x1kg	16.65		3.70	6079									
	Macadamia Nuts	organic	6x125g	17.30		3.84	6073									
	Macadamia Nuts	organic	6x250g	31.55		7.01	6074									
	Nut Mix	organic	6x250g	18.35		4.09	6080									
	Nut Mix	organic	6x500g	33.60		7.48	6082									
	Omega Four Seed Mix	organic	6x250g	8.40		1.89	6084									
	Omega Four Seed Mix	organic	6x500g	14.50		3.22	6087									
	Peanuts	organic	6x250g	8.30		1.85	6085									
	Peanuts	organic	6x500g	14.90		3.31	6090									
	Pecans - halves	organic	6x125g	16.10		3.58	6092									
	Pecans - halves	organic	6x250g	29.10		6.47	6093									
	Pecan Pieces	organic	6x125g	14.60		3.24	6094									
	Pecan Pieces	organic	6x250g	27.00		6.00	6096									
	Pine Kernels	organic	6x125g	19.25		4.29	6095									
	Pine Kernels	organic	6x250g	35.45		7.88	6097									
	Raw Pistachio Kernels	organic	6x125g	26.90		5.99	6101									
	Raw Pistachio Kernels	organic	6x250g	50.70		11.27	6102									
	Poppy Seeds	organic	6x125g	6.95		1.54	6098									
	Poppy Seeds	organic	6x250g	12.35		2.75	6099									
	Austrian Pumpkin Seeds	organic	6x250g	17.40		3.87	6121									
	Austrian Pumpkin Seeds	organic	6x500g	31.75		7.06	6122									
	Pumpkin Seeds - AA grade	organic	6x125g	6.40		1.42	6100									
	Pumpkin Seeds - AA grade	organic	6x250g	10.75		2.39	6105									
	Pumpkin Seeds - AA grade	organic	6x500g	18.45		4.10	6110									
	Pumpkin Seeds - AA grade	organic	6x1kg	34.85		7.74	6112									
	Three Seed Mix (sunflower, pumpkin, pine)	organic	6x250g	11.00		2.44	6113									
	Hulled Sesame Seeds - white	organic	6x250g	9.70		2.16	6115									
	Sesame Seeds - whole - brown	organic	6x250g	8.45		1.88	6125									
	Sesame Seeds - whole - brown	organic	6x400g	11.65		2.59	6127									
	Black Sesame Seeds - whole	organic	6x250g	8.45		1.88	6128									
	Sunflower Seed - kernels	organic	6x250g	6.70		1.49	6130									
	Sunflower Seed - kernels	organic	6x500g	10.30		2.29	6135									
	Sunflower Seed - kernels	organic	6x1kg	18.55		4.13	6140									
▲	Tigernuts - Blanched	organic	6x125g	9.45		2.10	6141									
	Trail Mix	organic	6x250g	13.05		2.90	6143									
	Walnut Halves - Light	organic	6x125g	9.60		2.13	6160									
	Walnut Halves - Light	organic	6x250g	16.15		3.59	6165									
	Walnut Halves - Light	organic	6x500g	29.25		6.50	6167									
	Walnut Light Pieces	organic	6x125g	8.50		1.89	6145									
	Walnut Light Pieces	organic	6x250g	13.95		3.10	6150									
	Walnut Light Pieces	organic	6x500g	24.80		5.51	6155									
	❊ ***Prewett's***															
	Milled Flaxseed - large	organic	6x175g	14.65		3.26	90880									
	❊ ***Raw Health***															
	Black Chia Seeds - raw	organic	6x450g	40.45		8.99	90895									
	❊ ***Realfoods by Organico***															
	French Chestnuts in a Box	organic	12x200g	53.55		5.95	90837									
	❊ ***Shipton Mill Organic Chestnut Flour - see "Organic Flours" section.***															
	❊ ***Bulk Nuts and Seeds***															
	Almonds		22.68kg	175.00	7.72		91010									
	Almonds		3kg	24.95	8.32		91015									
	Flaked Almonds		10kg	88.90	8.89		91030									
	Flaked Almonds		3kg	28.45	9.48		91035									
	Ground Almonds		10kg	77.35	7.74		91040									
	Ground Almonds		3kg	25.00	8.33		91045									
	Cashews - large pieces		22.68kg	130.50	5.75		91070									
	Cashews - large pieces		5kg	30.55	6.11		91075									
	Cashews Whole		22.68kg	200.95	8.86		91080									
	Cashews Whole		3kg	28.38	9.46		91085									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Chia Seeds		25kg	88.90	3.56		**91090**									
	Chia Seeds		2kg	8.90	4.45		**91095**									
	Macadamia Nuts - raw		11.34kg	138.50	12.21		**91147**									
	Macadamia Nuts - raw		5kg	62.85	12.57		**91146**									
	Macadamia Nuts - raw		1kg	14.00	14.00		**91148**									
	Pecans Halves		13.6kg	190.50	14.01		**91170**									
	Pecans Halves		2kg	29.80	14.90		**91175**									
▲	Pistachios - roasted & salted		10kg	128.50	12.85		**91190**									
▲	Pistachios - roasted & salted		2kg	27.50	13.75		**91195**									
▲	Pistachio Kernels - raw		13.6kg	360.50	26.51		**91192**									
▲	Pistachio Kernels - raw		5kg	134.35	26.87		**91194**									
▲	Pistachio Kernels - raw		0.75kg	21.65	28.87		**91193**									
	Pumpkin Seeds - AA grade		25kg	120.25	4.81		**91200**									
	Pumpkin Seeds - AA grade		5kg	25.85	5.17		**91205**									
▲	Sunflower Seeds		25kg	45.05	1.80		**91225**									
▲	Sunflower Seeds		5kg	10.80	2.16		**91230**									
	Walnut Light Halves		12.5kg	79.95	6.40		**91245**									
	Walnut Light Halves		3kg	21.00	7.00		**91250**									
	❊ ***Hodmedod's - Great British Seeds***															
	Chia Seed		8x300g	20.65		*3.45*	**91305**									
	❊ ***Raw Living - activated nuts & seeds***															
	Activated Almonds	*organic*	6x200g	54.55		*12.99*	**91307**									
	Activated Brazil Nuts	*organic*	6x200g	54.55		*12.99*	**91308**									
	Activated Mixed Nuts	*organic*	6x200g	54.55		*12.99*	**91309**									
	Activated Pecan Nuts	*organic*	6x200g	62.95		*14.99*	**91310**									
	Activated Pumpkin Seeds	*organic*	6x200g	41.90		*9.98*	**91311**									
	Activated Sunflower Seeds	*organic*	6x200g	25.10		*5.98*	**91312**									
	Activated Walnuts	*organic*	6x200g	54.55		*12.99*	**91315**									
	❊ ***Infinity Pre-Packed Nuts & Seeds***															
	Almonds		6x125g	8.85		*1.97*	**6515**									
	Almonds		6x250g	14.65		*3.26*	**6520**									
	Almonds		6x500g	26.25		*5.83*	**6525**									
	Cashews - large pieces		6x250g	11.70		*2.60*	**6620**									
	Cashews - large pieces		6x500g	20.30		*4.52*	**6625**									
	Cashews Whole		6x125g	9.70		*2.16*	**6635**									
	Cashews Whole		6x250g	16.35		*3.63*	**6640**									
	Cashews Whole		6x500g	29.65		*6.60*	**6643**									
	Chia Seeds		6x250g	8.40		*1.87*	**6705**									
	Chia Seeds		6x500g	13.75		*3.06*	**6710**									
	Macadamia Nuts - raw		6x125g	12.25		*2.72*	**6828**									
	Pecans Halves		6x125g	13.60		*3.02*	**6830**									
	Pecans Halves		6x250g	24.10		*5.36*	**6835**									
▲	Pistachios - roasted & salted		6x125g	12.70		*2.82*	**6860**									
▲	Pistachios - roasted & salted		6x250g	22.35		*4.97*	**6865**									
▲	Pistachio Kernels - raw		6x125g	22.95		*5.10*	**6875**									
▲	Pistachio Kernels - raw		6x250g	42.85		*9.53*	**6877**									
	Pumpkin Seeds - AA grade		6x250g	10.30		*2.29*	**6885**									
	Pumpkin Seeds - AA grade		6x500g	17.50		*3.89*	**6890**									
▲	Sunflower Seeds		6x250g	5.75		*1.28*	**6915**									
▲	Sunflower Seeds		6x500g	8.45		*1.88*	**6920**									
	❊ ***Zaytoun - Palestinian - fairly traded***															
	Almonds		6x150g	26.45		*5.88*	**91577**									

■ Dried Fruit

	❊ ***Bulk Organic Dried Fruit***															
	Apricots Whole	*organic*	12.5kg	180.45	8.44		**100510**									
	Apricots Whole	*organic*	5kg	74.00	8.80		**100515**									
	Chopped Apricots	*organic*	10kg	105.20	6.52		**100517**									
	Chopped Apricots	*organic*	1kg	12.30	12.30		**100518**									
	Banana Chips	*organic*	6.8kg	28.10	4.13		**100521**									
	Sour Cherries - pitted	*organic*	8kg	107.30	13.41		**100495**									
	Sour Cherries - pitted	*organic*	1kg	15.20	15.20		**100497**									
	Cranberries with Apple Juice	*organic*	11.34kg	124.85	11.01		**100485**									
	Cranberries with Apple Juice	*organic*	2kg	23.80	11.90		**100490**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Currants	organic	12.5kg	76.95	6.16		100520									
	Currants	organic	5kg	32.60	6.52		100525									
	Organic Select Dates	organic	10kg	23.00	2.30		100532									
	Organic Select Dates	organic	5kg	13.30	2.66		100533									
	Dates - pitted	organic	10kg	42.60	4.26		100531									
	Dates - pitted	organic	5kg	23.10	4.62		100535									
	Chopped Dates	organic	10kg	31.80	3.18		100537									
	Chopped Dates	organic	1kg	5.00	5.00		100528									
	Figs	organic	10kg	89.95	9.00		100539									
	Figs	organic	5kg	46.80	9.36		100540									
	Chopped Figs	organic	10kg	68.50	6.85		100549									
	Chopped Figs	organic	1kg	8.65	8.65		100530									
	Ginger Crystallised	organic	5kg	31.25 V	6.25		100552									
	Goji Berries	organic	10kg	118.00	11.80		100543									
	Goji Berries	organic	1kg	13.60	13.60		100545									
	Golden Berries	organic	25kg	320.40	12.82		100541									
	Golden Berries	organic	1kg	14.60	14.60		100542									
	Mango Strips - Burkina Faso	organic	2kg	22.60	11.30		100569									
	Mango Strips (Brooks Variety)	organic	1kg	13.50	13.50		100556									
	Mixed Vine Fruit	organic	5kg	30.45	6.09		100548									
☆	Mulberries - white	organic	10kg	73.20	7.32		100538									
	Mulberries - white	organic	1kg	9.10	9.10		100544									
	Prunes - Pitted	organic	12.5kg	145.25	11.62		100555									
	Prunes - Pitted	organic	5kg	59.90	11.98		100557									
	Raisins - s/f oil dressed	organic	12.5kg	62.50	5.00		100560									
	Raisins - s/f oil dressed	organic	5kg	26.80	5.36		100565									
	Sultanas - s/f oil dressed	organic	12.5kg	62.50	5.00		100570									
	Sultanas - s/f oil dressed	organic	5kg	26.80	5.36		100575									
	❊ ***Crazy Jack***															
	Cranberries with sugar & veg.oil	organic	7x100g	8.30		1.58	100775									
	Apricots - on-the-go	organic	18x40g	12.40		0.92	100773									
	Apricots - Ready-to-Eat	organic	12x200g	27.00		2.99	100782									
	Mango - Ready-to-Eat	organic	6x100g	11.20		2.49	100779									
	Mango - on-the-go	organic	16x30g	11.40		0.95	100781									
	Dates - Ready-to-Eat	organic	12x200g	21.60		2.40	100784									
	Figs - Ready-to-Eat	organic	12x200g	39.60		4.40	100788									
	Prunes - Ready-to-Eat	organic	12x200g	19.90		2.21	100790									
	❊ ***Infinity Pre-Packed Organic Dried Fruit***															
	Apricots Whole	organic	6x350g	34.40		7.64	7010									
	Apricots Whole	organic	6x500g	29.40		10.53	7015									
	Apricots Whole	organic	6x1kg	90.70		20.16	7020									
	Chopped Apricots	organic	6x250g	19.85		4.41	7022									
	Banana Chips	organic	6x125g	7.15 V		1.91	7024									
	Sour Cherries - pitted	organic	6x125g	14.10		3.13	7016									
	Sour Cherries - pitted	organic	6x250g	24.15		5.37	7019									
	Cranberries with Apple Juice	organic	6x125g	12.30		2.73	7017									
	Cranberries with Apple Juice	organic	6x250g	20.55		4.57	7018									
	Currants	organic	6x250g	13.30		2.96	7025									
	Currants	organic	6x500g	22.55		5.01	7030									
	Organic Select Dates	organic	6x250g	6.05		1.35	7032									
	Organic Select Dates	organic	6x500g	9.65		2.14	7033									
	Dates - pitted	organic	6x250g	10.40		2.32	7035									
	Dates - pitted	organic	6x500g	16.80		3.73	7040									
	Dates - pitted	organic	6x1kg	29.60		6.59	7045									
	Figs	organic	6x350g	22.95		5.10	7050									
	Figs	organic	6x500g	31.05		6.90	7055									
	Figs	organic	6x1kg	58.05		12.90	7060									
	Ginger Crystallised	organic	6x125g	8.75 V		2.33	7077									
	Goji Berries	organic	6x125g	12.90		2.87	7064									
	Goji Berries	organic	6x250g	21.75		4.83	7065									
	Golden Berries	organic	6x250g	26.20		5.83	7069									
	Mixed Vine Fruit	organic	6x250g	13.20		2.93	7062									
	Mixed Vine Fruit	organic	6x500g	22.35		4.97	7063									
	Mulberries - white	organic	6x125g	9.55		2.13	7072									
	Mulberries - white	organic	6x250g	15.05		3.34	7073									
	Pitted Prunes	organic	6x250g	21.45		4.77	7080									
	Pitted Prunes	organic	6x500g	38.90		8.64	7085									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Raisins	organic	6x250g	11.55		2.57	7095									
	Raisins	organic	6x500g	19.05		4.23	7100									
	Raisins	organic	6x1kg	34.05		7.57	7105									
	Sultanas	organic	6x250g	11.55		2.57	7110									
	Sultanas	organic	6x500g	19.05		4.23	7115									
	Sultanas	organic	6x1kg	34.05		7.57	7120									
	❊ ***Bulk Dried Fruit***															
	Apricots Whole Yellow - SO2		12.5kg	140.00	6.72		101035									
	Apricots Whole Yellow - SO2		5kg	57.81	7.08		101040									
	Banana Chips		6.8kg	21.99	3.23		101055									
	Cranberries sweetened with sugar		11.34kg	63.65	5.61		101056									
	Cranberries sweetened with sugar		2kg	13.00	6.50		101057									
☆	Dates Chopped - some pips		10kg	20.80	2.08		101075									
▼	Sayer GAQ Dates		10kg	17.60	1.76		101092									
▼	Sayer GAQ Dates		5kg	10.60	2.12		101093									
	Ginger crystallised & caster sugar		5kg	23.50 V	4.70		101115									
	Goji Berries		10kg	96.80	9.68		101120									
	Goji Berries		1kg	11.45	11.45		101125									
▼	Papaya - SO2 - with sugar		5kg	32.00	6.40		101140									
▲	Pineapple - SO2 - with sugar		5kg	34.60	6.92		101170									
	Prunes - Pitted		10kg	40.00	4.00		101195									
	Prunes - Pitted		5kg	21.80	4.36		101200									
	❊ ***Suma - Vegan***															
	Candied Mixed Peel - contains SO2 - bag		1kg	5.90	5.90		101250									
	Candied Mixed Peel - contains SO2 - tub		6x200g	10.30		2.29	101251									
	❊ ***Infinity Pre-Packed Dried Fruit***															
	Apricots Whole Yellow - SO2		6x250g	14.15		3.14	7530									
	Apricots Whole Yellow - SO2		6x500g	24.25		5.39	7535									
▼	Sayer GAQ Dates		6x250g	6.70		1.49	7612									
▼	Sayer GAQ Dates		6x500g	9.35		2.08	7613									
	Ginger crystallised & caster sugar		6x125g	5.95 V		1.59	7655									
	Goji Berries		6x125g	11.35		2.52	7665									
	Goji Berries		6x250g	18.60		4.13	7670									
	Prunes Pitted		6x250g	10.05		2.23	7730									
	Prunes Pitted		6x500g	16.05		3.57	7735									
	❊ ***Tropical Wholefoods - www.tropicalwholefoods.co.uk***															
▲	Sun-dried Chewy Banana Chips	organic	14x150g	37.80		3.60	102001									
▲	Sun-Dried Mango	organic	14x100g	38.25		3.64	102012									
▲	Sun-dried Pineapple - FT	organic	14x100g	49.65		4.73	102003									
	❊ ***Zaytoun***															
	NB. 101095 Medjoul dates 5kg have a shelf life of 2 weeks once opened.															
	Medjoul Dates with Stone - Boxed		6x250g	22.80		5.07	102105									
	Medjoul Dates - Shelf Ready Boxed		6x500g	43.05		9.57	102109									
	Medjoul Dates		5kg	50.85	10.17		101095									

■ Herbs and Spices

	❊ ***Infinity Foods - culinary herbs & spices***															
	Allspice (Pimento) Whole		1kg	15.30			995510									
	Allspice (Pimento) Ground		1kg	16.30			995515									
	Aniseed Star		500g	16.30			995523									
	Arrowroot		1kg	4.60			995525									
	Basil		1kg	6.60			995530									
	Bay Leaves		1kg	10.60			995535									
	Caraway Seed		1kg	7.25			995545									
	Cayenne Pepper		1kg	7.30			995550									
	Cardamom Pods		500g	28.65			995555									
	Cardamom Ground		500g	24.65			995560									
	Celery Seed		1kg	5.15			995565									
	Celery Salt		1kg	3.80			995570									
	Chillies Whole		1kg	8.65			995575									
	Chillies Ground		1kg	7.00			995580									
	Chinese Five Spice		500g	4.00			995585									
	Chives		500g	11.95			995590									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Cinnamon Quills 3"	500g	22.60			995593									
Cinnamon Ground	1kg	7.80			995600									
Cloves Whole	500g	11.90			995605									
Cloves Ground	500g	10.35			995610									
Coriander Seed	1kg	3.85			995615									
Coriander Ground	1kg	3.90			995620									
Cumin Seed	1kg	13.30			995625									
Cumin Ground	1kg	10.60			995630									
Curry Medium	1kg	5.30			995635									
Curry Hot	1kg	5.30			995645									
Dill Seed	1kg	6.20			995650									
Dill Weed	500g	10.60			995655									
Fennel Seed	1kg	7.90			995660									
Fenugreek Seed	1kg	3.95			995675									
Fenugreek Ground	1kg	3.95			995680									
Garam Masala	1kg	10.60			995685									
Garlic Powder	1kg	6.60			995690									
Garlic Salt	1kg	5.65			995695									
Ginger Ground	1kg	7.90			995705									
Herb Provencal	1kg	11.90			995710									
Juniper Berries	1kg	17.25			996060									
Lemongrass	1kg	15.35			995717									
Mace Ground	500g	23.35			995725									
Marjoram	1kg	7.95			995730									
Mint	1kg	6.80			995735									
Mixed Herbs	1kg	8.30			995740									
Mixed Spice	1kg	7.65			995745									
Mustard Seed Black	1kg	3.65			995750									
Mustard Seed Yellow	1kg	3.90			995755									
Mustard Ground	1kg	6.60			995760									
Nutmeg Whole	1kg	26.60			995765									
Nutmeg Ground	1kg	18.60			995770									
Onion Powder	1kg	6.20			995772									
Oregano	1kg	10.60			995775									
Smoked Paprika - sweet & mild	1kg	7.50			995782									
Paprika Spanish	1kg	5.10			995785									
Parsley	1kg	13.25			995790									
Peppercorns Black	1kg	13.30			995795									
Pepper Black Ground	1kg	12.30			995805									
Peppercorns White	1kg	19.90			995810									
Pepper White Ground	1kg	18.60			995815									
Peppercorns - Black, White, Green & Pink	500g	10.60			995823									
Pickling Spice	1kg	7.55			995825									
Poppy Seed - Blue	1kg	6.45			995830									
Poppy Seed - Blue	3kg	18.60			995835									
Rosemary	1kg	6.60			995840									
Sage	1kg	10.60			995855									
Tarragon	500g	18.20			995870									
Thyme	1kg	9.40			995875									
Turmeric - Ground	1kg	5.25			995880									
❊ ***Infinity Foods - non-culinary herbs***														
Chamomile Matricaria	500g	14.60			996015									
Dandelion Leaf	500g	14.00	V		996035									
Elderflowers	500g	17.25			996040									
Hibiscus Fine	500g	7.90			996050									
Kelp Powder	1kg	23.95	V		996062									
Lavender Flowers	500g	13.30	V		996065									
Lemon Balm	500g	10.60			996070									
Lemon Verbena Superior	500g	13.25			996075									
Liquorice Root Sticks	1kg	17.25	V		996080									
Lime Flowers	500g	25.25			996085									
Nettle - Cut	500g	7.40	V		996100									
Peppermint	1kg	11.95			996110									
Raspberry Leaf	500g	10.10	V		996115									
Rosehip Fine Cut	500g	11.65	V		996120									
Senna Pods	1kg	10.10	V		996122									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Organic Herb Trading***															
	Basil	*organic*	1kg	11.90			**993010**									
	Caraway Seed	*organic*	1kg	12.60			**993012**									
	Chilli Flakes	*organic*	1kg	34.60			**993016**									
▼	Chilli Powder - ground cayenne pepper	*organic*	1kg	29.25			**993017**									
	Cinnamon Powder	*organic*	1kg	20.45			**993020**									
	Chinese Five Spice Blend	*organic*	1kg	33.80			**993021**									
	Coriander Seed	*organic*	1kg	10.60			**993026**									
▲	Ground Coriander Seed	*organic*	1kg	17.25			**993027**									
	Cumin Seed	*organic*	1kg	30.45			**993030**									
	Ground Cumin	*organic*	1kg	24.50			**993032**									
	Fennel Seed	*organic*	1kg	19.20			**993035**									
	Fenugreek Seed	*organic*	1kg	12.70			**993037**									
	Garam Masala Powder	*organic*	1kg	33.25			**993039**									
	Garlic Powder	*organic*	1kg	19.30			**993038**									
	Ginger Powder	*organic*	1kg	18.00			**993040**									
	Harissa Blend	*organic*	1kg	33.10			**993043**									
	Herb Provencal	*organic*	1kg	22.65			**993041**									
	Italian Mixed Herbs	*organic*	1kg	23.30			**993036**									
	Mexican Blend	*organic*	1kg	29.80			**993044**									
▲	Mixed Herbs	*organic*	1kg	28.65			**993050**									
	Mixed Spice Powder	*organic*	1kg	34.45			**993060**									
	Mustard Ground Yellow	*organic*	1kg	16.80			**993063**									
	Mustard Seed Brown	*organic*	1kg	17.25			**993065**									
	Nigella Sativa Seed - Cumin Black	*organic*	1kg	18.10			**993066**									
	Nutmeg Ground	*organic*	1kg	35.30			**993067**									
	Onion Powder	*organic*	1kg	22.45			**993068**									
▼	Oregano	*organic*	1kg	14.70			**993070**									
	Paprika	*organic*	1kg	23.90			**993080**									
	Smoked Paprika	*organic*	1kg	31.25			**993082**									
	Peppercorns Black Whole	*organic*	1kg	26.30			**993100**									
	Peppercorns Black Ground	*organic*	1kg	33.30			**993101**									
	Peppercorns White Whole	*organic*	1kg	31.90			**993103**									
	Peppermint	*organic*	1kg	16.70			**993105**									
	Psyllium Husk	*organic*	1kg	33.25	V		**993102**									
	Psyllium Powder	*organic*	1kg	33.25	V		**993104**									
	Ras El Hanout Coarse Blend	*organic*	1kg	30.00			**993106**									
▼	Rosemary cut	*organic*	1kg	13.80			**993110**									
	Sage	*organic*	1kg	19.90			**993120**									
	Star Anise	*organic*	1kg	30.00			**993122**									
	Sumac	*organic*	1kg	19.90			**993125**									
	Thyme	*organic*	1kg	19.70			**993130**									
	Turmeric	*organic*	1kg	13.85			**993140**									
	❊ ***Crane Brand - Spanish Saffron in plastic box***															
	Saffron		12x1g	29.25		*3.25*	**995845**									
	❊ ***El Avion - tinned Spanish Paprika***															
	Sweet Paprika		10x75g	21.65		*2.89*	**991505**									
	Smoked Sweet Paprika		10x75g	24.80		*3.31*	**991507**									
	Smoked Hot Paprika		10x75g	24.80		*3.31*	**991510**									
	❊ ***Forest Wholefoods - retail pouches***															
	Turmeric - singles	*organic*	1x1kg	10.65		*14.20*	**991650**									
	Turmeric - 6p	*organic*	6x250g	26.30		*5.84*	**991655**									
	Turmeric - 6p	*organic*	6x125g	21.50		*4.78*	**991657**									
	❊ ***Hambleden Rock Salt in grinder - see "Condiments, Salt" section.***															
	❊ ***Hambleden - in jars***															
▲	Ground Allspice	*organic*	5x50g	14.95		*3.99*	**990203**									
▲	Basil	*organic*	5x13g	10.65		*2.84*	**990205**									
▲	Bay Leaf	*organic*	5x2g	10.65		*2.84*	**990210**									
▲	Caraway Seed	*organic*	5x40g	12.80		*3.41*	**990220**									
▲	Cardamom Pods	*organic*	5x30g	14.95		*3.99*	**990225**									
▲	Cayenne - Ground	*organic*	5x45g	10.65		*2.84*	**990227**									
▲	Ground Chilli	*organic*	5x40g	14.95		*3.99*	**990230**									
▲	Ground Cinnamon	*organic*	5x35g	14.95		*3.99*	**990250**									
▲	Cinnamon Quills	*organic*	5x10g	10.65		*2.84*	**990255**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Coriander Seed	organic	5x25g	10.65		2.84	990275									
▲	Ground Coriander	organic	5x30g	10.65		2.84	990280									
▲	Cumin Seed	organic	5x40g	12.80		3.41	990285									
▲	Ground Cumin	organic	5x45g	12.80		3.41	990290									
▲	Curry Powder - Mild	organic	5x30g	12.80		3.41	990294									
▲	Fennel Seed	organic	5x35g	12.80		3.41	990305									
▲	Garam Masala	organic	5x40g	12.80		3.41	990315									
▲	Garlic Chips - in grinder	organic	5x45g	17.10		4.56	990318									
▲	Ground Garlic	organic	5x40g	10.65		2.84	990320									
▲	Ground Ginger	organic	5x30g	12.80		3.41	990325									
▲	Herbes de Provence	organic	5x15g	10.65		2.84	990330									
▲	Juniper Berry	organic	5x30g	12.80		3.41	990340									
▲	Lemon Grass	organic	5x9g	10.65		2.84	990345									
▲	Mixed Herbs	organic	5x13g	10.65		2.84	990370									
▲	Mixed Spice	organic	5x45g	14.95		3.99	990375									
▲	Mustard Seed - Brown	organic	5x65g	12.80		3.41	990385									
▲	Mustard Seed - Yellow	organic	5x65g	12.80		3.41	990390									
▲	Nutmeg - Whole	organic	5x40g	19.20		5.12	990400									
▲	Nutmeg - Ground	organic	5x50g	19.20		5.12	990402									
▲	Oregano	organic	5x13g	10.65		2.84	990410									
▲	Ground Paprika	organic	5x40g	14.95		3.99	990415									
▲	Peppercorns Black - in grinder	organic	5x40g	17.10		4.56	990425									
▲	Rosemary	organic	5x22g	10.65		2.84	990445									
▲	Sage	organic	5x12g	10.65		2.84	990450									
▲	Star Anise	organic	5x15g	12.80		3.41	990460									
▲	Thyme	organic	5x17g	10.65		2.84	990470									
▲	Ground Turmeric	organic	5x35g	12.80		3.41	990480									
	❊ ***Infinity Foods Herbs & Spices - packets***															
▲	Ground Allspice	organic	6x20g	8.10		1.80	9200									
▲	Star Anise	organic	6x15g	7.00		1.56	9201									
▲	Basil	organic	6x20g	6.10		1.36	9202									
▲	Bay Leaves	organic	6x4g	6.10		1.36	9203									
▲	Caraway Seed	organic	6x30g	7.00		1.56	9204									
▲	Cardamom Pods	organic	6x10g	7.00		1.56	9205									
▲	Cayenne Pepper	organic	6x35g	8.10		1.80	9206									
▲	Cinnamon Sticks	organic	6x15g	8.10		1.80	9208									
▲	Cinnamon Ground	organic	6x30g	7.00		1.56	9209									
▼	Crushed Chillis	organic	6x25g	7.00		1.56	9214									
▲	Chilli Powder	organic	6x25g	7.00		1.56	9210									
▲	Whole Cloves	organic	6x20g	7.00		1.56	9211									
▲	Coriander Seed	organic	6x40g	6.10		1.36	9212									
▲	Ground Coriander	organic	6x40g	6.10		1.36	9213									
▲	Cumin Seed	organic	6x25g	7.00		1.56	9215									
▲	Ground Cumin	organic	6x25g	7.00		1.56	9216									
▲	Curry Leaves	organic	6x5g	6.10		1.36	9217									
▲	Curry Powder	organic	6x30g	7.00		1.56	9218									
▲	Dill Herb	organic	6x15g	7.00		1.56	9219									
▲	Fennel Seed	organic	6x40g	6.10		1.36	9220									
▲	Fenugreek Seed	organic	6x40g	7.00		1.56	9221									
▲	Garam Masala	organic	6x25g	7.00		1.56	9222									
▲	Garlic Granules	organic	6x25g	7.00		1.56	9223									
▲	Ground Ginger	organic	6x30g	7.00		1.56	9224									
▲	Herbes de Provence	organic	6x20g	6.10		1.36	9225									
▲	Juniper Berries	organic	6x30g	8.10		1.80	9226									
▲	Marjoram	organic	6x10g	6.10		1.36	9227									
▲	Mint (Spearmint)	organic	6x20g	6.10		1.36	9228									
▲	Mixed Herbs	organic	6x20g	6.10		1.36	9229									
▲	Mixed Spice	organic	6x25g	7.00		1.56	9230									
▲	Black Mustard Seed	organic	6x50g	7.00		1.56	9231									
▲	Yellow Mustard Seed	organic	6x50g	7.00		1.56	9232									
▲	Whole Nutmeg	organic	6x20g	8.10		1.80	9233									
▲	Ground Nutmeg	organic	6x20g	8.10		1.80	9234									
▲	Oregano	organic	6x20g	6.10		1.36	9235									
▲	Black Onion Seed (Nigella Seed)	organic	6x25g	7.00		1.56	9236									
▲	Paprika	organic	6x25g	7.00		1.56	9237									
▲	Smoked Paprika	organic	6x25g	7.00		1.56	9249									
▲	Parsley	organic	6x15g	6.10		1.36	9238									
▲	Ground Black Pepper	organic	6x25g	7.00		1.56	9239									
▲	Black Peppercorns	organic	6x25g	7.00		1.56	9240									
▲	White Peppercorns	organic	6x25g	7.00		1.56	9241									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Poppy Seed	organic	6x40g	7.00		1.56	9242									
▲	Rosemary	organic	6x20g	6.10		1.36	9243									
▲	Sage	organic	6x25g	6.10		1.36	9244									
▲	Tarragon	organic	6x10g	8.10		1.80	9245									
▲	Thyme	organic	6x25g	6.10		1.36	9246									
▲	Ground Turmeric	organic	6x30g	6.10		1.36	9247									
	❊ ***Krokos Kozanis***															
	Greek Red Saffron in filaments	organic	12x1g	66.15		7.35	992405									
	❊ ***Saffron Direct - Bourbon Vanilla Ltd***															
	12 Vanilla Pods in vacuum packed plastic pouch		1x1p	20.00		26.67	992408									
	Madagascan Vanilla Powder in a pouch		6x13g	31.60		7.02	992409									
	❊ ***Tarantella - Liquid Herbs & Spices***															
	Liquid Basil	organic	12x40ml	21.50		2.39	996204									
	Liquid Garlic	organic	12x40ml	21.50		2.39	998209									
	Liquid Oregano	organic	12x40ml	21.50		2.39	998211									
	Liquid Tarragon	organic	12x40ml	21.50		2.39	998214									
	❊ ***Vaynilla - Bourbon Vanilla Ltd***															
	Two Vanilla Pods in glass tube		10x1p	38.00		5.07	912422									
	❊ ***Zaytoun Za'atar - thyme based mix - see "Condiments" section***															

■ Pasta

	❊ ***Amisa - gluten-free***															
	Buckwheat Fusilli - 100%	organic	10x500g	35.15		4.69	130203									
	Buckwheat Spaghetti - 100%	organic	12x500g	42.20		4.69	130204									
	Fusilli Corn & Rice	organic	10x500g	26.15		3.49	130205									
	❊ ***Amisa - gluten-free - 100% whole rice***															
	Fusilli Wholegrain Rice	organic	10x500g	26.90		3.59	130225									
	❊ ***Better Than Spaghetti - see "Convenience Foods"***															
	❊ ***BioFair - gluten-free***															
	Rice Quinoa Fusilli	organic	6x250g	17.05		3.79	130450									
	Rice Quinoa Spaghetti	organic	12x250g	34.10		3.79	130452									
	❊ ***Biona - durum wheat - bronze extruded***															

*New from Biona, organic vegan **Matcha Tagliatelle Nests**. These combine premium organic durum wheat with antioxidant-rich matcha for a vibrant twist on traditional pasta. Perfect for health-conscious and gourmet consumers alike.*

	Fusilli - wholewheat	organic	12x500g	21.50		2.39	130320									
	Fusilli - wholewheat - large	organic	7x1kg	24.60		4.69	130319									
	Macaroni - wholewheat	organic	12x500g	21.50		2.39	130322									
	Penne - wholewheat	organic	12x500g	21.50		2.39	130325									
	Spaghetti - wholewheat	organic	12x500g	21.50		2.39	130330									
❊	Matcha Tagliatelle Nests	organic	10x250g	18.65		2.49	130332									
	White Conchiglie	organic	12x500g	22.40		2.49	140105									
	White Farfalle	organic	12x500g	22.40		2.49	140110									
	White Fusilli	organic	12x500g	22.40		2.49	140115									
	White Fusilli - large	organic	7x1kg	24.60		4.69	140116									
	White Fusilli Tricolore	organic	12x500g	24.20		2.69	140120									
	White Lasagne	organic	12x250g	18.80		2.09	140122									
	White Macaroni	organic	12x500g	22.40		2.49	140123									
	White Penne	organic	12x500g	22.40		2.49	140125									
	White Rigatoni	organic	12x500g	22.40		2.49	140127									
	White Spaghetti	organic	12x500g	22.40		2.49	140130									
	❊ ***Biona - spelt***															
◆	Spelt Fusilli - wholemeal	organic	10x500g	21.65		2.89	130352									
◆	Spelt Lasagne - wholemeal	organic	12x250g	28.70		3.19	130358									
◆	Spelt Penne - wholemeal	organic	10x500g	21.65		2.89	130357									
◆	Spelt Spaghetti - wholemeal	organic	12x500g	26.00		2.89	130360									
◆	White Spelt Spaghetti	organic	12x500g	30.50		3.39	140165									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆	White Spelt Fusilli	organic	10x500g	25.40		3.39	140170									
◆	White Spelt Penne	organic	10x500g	25.40		3.39	140175									
	White Spelt Tagliatelle	organic	10x250g	17.20		2.29	140177									
	White Spelt Spinach Tagliatelli	organic	10x250g	18.70		2.49	140180									
	❊ ***Clearspring - gluten-free***															
	Red Lentil & Brown Rice Fusilli	organic	8x250g	22.70		3.79	140300									
	Green Pea & Quinoa Fusilli	organic	8x250g	22.70		3.79	140305									
	Brown Rice with Quinoa & Amaranth Penne	organic	8x250g	22.70		3.79	140310									
	Buckwheat Tortiglioni	organic	8x250g	22.70		3.79	140320									
	❊ ***Cornwall Pasta Co. - everyday range***															
	Lumaconi - Snail shape	organic	8x500g	21.30		3.55	140330									
	Macaroni	organic	8x500g	21.30		3.55	140332									
	Radiatori	organic	8x500g	21.30		3.55	140334									
	Wholegrain Radiatori	organic	12x350g	36.00		4.00	140336									
	❊ ***Cornwall Pasta Co. - Seasonal range***															
	Basil Campanelle - Liliflower shape	organic	12x350g	36.00		4.00	140338									
	Beetroot Lumaconi	organic	12x350g	48.00		5.33	140339									
	Chilli Pepper Lumaconi	organic	12x350g	36.00		4.00	140340									
	Wild Garlic Campanelle	organic	12x350g	36.00		4.00	140342									
	❊ ***Freee - from Doves Farm - gluten-free***															
	Brown Rice Fusilli	organic	8x500g	24.30		4.05	130365									
	Brown Rice Penne	organic	8x500g	24.30		4.05	130370									
	Brown Rice Spaghetti	organic	12x500g	36.45		4.05	130375									
	Buckwheat Penne	organic	8x500g	29.00		4.83	130377									
	Maize and Rice Fusilli	organic	8x500g	19.75		3.29	130380									
	Maize and Rice Lasagne	organic	6x250g	14.80		3.29	130381									
	Maize and Rice Penne	organic	8x500g	19.75		3.29	130385									
	Maize and Rice Spaghetti	organic	12x500g	29.65		3.29	130395									
	Multigrain Penne	organic	8x500g	24.30		4.05	130397									
	❊ ***Explore Cuisine - vegan - gluten-free***															
◆	Black Bean Spaghetti	organic	6x200g	13.90		3.09	130705									
◆	Chickpea Fusilli	organic	6x250g	13.90		3.09	130708									
◆	Edamame Bean Spaghetti	organic	6x200g	13.90		3.09	130707									
◆	Edamame & Mung Bean Fettuccine	organic	6x200g	13.90		3.09	130715									
◆	Green Lentil Penne	organic	6x250g	13.90		3.09	130718									
	❊ ***Infinity Foods - bulk speciality pasta -white durum wheat***															
	Caserecce - twists - white	organic	13kg	40.35	3.10		130924									
	Fregola - giant couscous - white	organic	18kg	55.65	3.09		10538									
	Fregola - giant couscous - white	organic	5kg	17.01	3.40		10539									
	Malloreddos - small shell - white	organic	14kg	42.75	3.05		130928									
▼	Orzo - rice shape from durum wheat - white	organic	25kg	70.00	2.80		10572									
▼	Orzo - rice shape from durum wheat - white	organic	5kg	15.80	3.16		10573									
	Penne - white	organic	11kg	37.15	3.38		130930									
	❊ ***Infinity Foods - speciality pasta - white durum wheat***															
	Fregola - giant couscous - white	organic	6x400g	10.20		2.28	1051									
▼	Orzo - rice shape from durum wheat - white	organic	6x450g	10.35		2.30	1092									
	❊ ***La Bio Idea - bulk wholewheat pasta - durum wheat***															
	Wholewheat Fusilli	organic	6kg	20.50	3.42		130980									
	Wholewheat Gomitini	organic	6kg	20.50	3.42		130984									
	Wholewheat Pennette	organic	6kg	20.50	3.42		130986									
	Wholewheat Spaghetti	organic	6kg	20.50	3.42		130988									
	Wholewheat Tagliatelle	organic	6kg	20.50	3.42		130989									
	❊ ***La Bio Idea - bulk white pasta - durum wheat***															
	White Conchigliette	organic	6kg	20.50	3.42		130991									
	White Fusilli	organic	6kg	20.50	3.42		130990									
	White Gomitini	organic	6kg	20.50	3.42		130992									
	White Lasagne	organic	5kg	18.75	3.75		130994									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	White Pennette	organic	6kg	20.50	3.42		130996									
	White Spaghetti	organic	6kg	20.50	3.42		130998									
	White Tricolore Fusilli	organic	6kg	22.50	3.75		130999									
	White Vermicelli	organic	6kg	14.95	2.49		131000									
	❊ ***La Bio Idea - durum wheat***															
	Wholewheat Lasagne	organic	12x250g	15.15		1.68	131001									
	Wholewheat Macaroni Gomitini	organic	12x500g	19.50		2.17	131005									
	Wholewheat Penne	organic	6x500g	9.75		2.17	131010									
	Wholewheat Spaghetti	organic	12x500g	19.50		2.17	131020									
	Wholewheat Fusilli	organic	6x500g	9.75		2.17	131025									
	White Macaroni Gomitini	organic	12x500g	19.50		2.17	150505									
	White Penne	organic	6x500g	9.75		2.17	150510									
	White Farfalle (bows)	organic	6x275g	8.00		1.78	150512									
	White Spaghetti	organic	12x500g	19.50		2.17	150515									
	White Fusilli	organic	12x500g	19.50		2.17	150520									
	Lasagne Verde	organic	12x250g	15.20		1.69	131045									
	White Lasagne (no pre-cooking)	organic	12x250g	15.20		1.69	131052									
	White Tricolore Shells	organic	6x500g	12.40		2.76	150524									
	White Tricolore Fusilli	organic	12x500g	24.80		2.76	150525									
	❊ ***La Bio Idea - gluten-free***															
	Chickpea Penne with Corn	organic	10x250g	24.70		3.29	130970									
☆	Red Lentil Fusilli	organic	10x250g	29.55		3.94	130975									
	❊ ***La Terra E Il Cielo - speciality pasta***															
◆	White Fusilli	organic	12x500g	17.00		1.89	131304									
◆	White Linguine (Flat Spaghetti)	organic	12x500g	17.00		1.89	131312									
◆	White Penne	organic	12x500g	17.00		1.89	131305									
◆	White Spaghetti	organic	12x500g	17.00		1.89	131306									
▲	White Tagiatelle	organic	12x250g	24.70		2.74	131307									
	❊ ***Mr Organic - pasta***															
	On offer is Mr Organic pasta, the pricing below represents a discount of 15%.															
❒	White Fusilli	organic	12x500g	18.25		2.03	131545									
❒	White Penne Rigate	organic	12x500g	18.25		2.03	131547									
❒	White Spaghetti	organic	12x500g	18.25		2.03	131548									
❒	White Tagliatelle	organic	12x500g	18.25		2.03	131549									
	❊ ***Mr Organic - legume pasta gluten-free***															
	Chickpea Rice	organic	12x250g	33.20		3.69	131540									
	Red Lentil Rice	organic	12x250g	33.20		3.69	131542									
	❊ ***Orgran - gluten-free***															
	On offer is Orgran gluten-free pasta, the pricing below represents a discount of 15%.															
❒	Buckwheat Spirals		5x350g	12.70		3.39	140511									
❒	Garden Veggie Spirals		5x350g	12.70		3.39	140517									
❒	Rice & Corn Macaroni		5x350g	12.70		3.39	140520									
❒	Rice & Veg Spirals		5x350g	12.70		3.39	140522									
	❊ ***Pasta Natura - gluten-free pasta***															
	Corn & Rice Caserecce	organic	5kg	17.95	3.59		140548									
	Corn & Rice Conchiglie	organic	4.5kg	16.35	3.63		140550									
	Corn & Rice Fusilli	organic	4.5kg	16.20	3.60		140552									
	Corn & Rice Penne	organic	5kg	17.85	3.57		140554									
	❊ ***Profusion - protein rich - gluten-free - dried at 42 degrees C***															
◆	Red Lentil Fusilli	organic	8x250g	20.35		3.39	132106									
◆	Chickpea Fusilli	organic	8x250g	19.75		3.29	132111									
◆	Yellow Lentil Lasagne Sheets	organic	12x250g	41.30		4.59	132120									
▼	Chickpea Orzo	organic	10x250g	23.15		3.08	132122									
◆	Red Lentil Orzo	organic	12x250g	27.80		3.09	132123									
	❊ ***Seggiano***															
	White Linguine Pasta	organic	12x250g	26.40		2.93	152540									
	White Tagliatelle Pasta	organic	12x375g	37.60		4.18	152545									
	White Toscani Pasta	organic	12x375g	37.60		4.18	152550									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Suma***															
	On offer is Suma organic Casarecce Oat Pasta in a box, the pricing marked ❒ below represents a discount of 15%.															
	Tricolore Fusilli - in paper	*organic*	12x500g	20.25		*2.25*	**152556**									
	White Fusilli - in paper	*organic*	12x500g	17.00		*1.89*	**152557**									
	White Penne - in paper	*organic*	12x500g	17.00		*1.89*	**152559**									
	White Spaghetti - in paper	*organic*	12x500g	17.00		*1.89*	**152561**									
	Wholewheat Fusilli - in paper	*organic*	12x500g	17.00		*1.89*	**152565**									
	Wholewheat Penne - in paper	*organic*	12x500g	17.00		*1.89*	**152566**									
	Wholewheat Spaghetti - in paper	*organic*	12x500g	17.00		*1.89*	**152563**									
❒	Casarecce Oat Pasta - Box	*organic*	12x340g	22.85		*2.54*	**152567**									
	Linguine Oat Pasta - Box	*organic*	12x340g	28.40		*3.16*	**152568**									
	Rigatoni Oat Pasta - Box	*organic*	12x340g	26.90		*2.99*	**152569**									

■ Noodles

	❊ ***Better Than Noodles - see "Convenience Foods"***															
	❊ ***Biona - vegan***															
	Asia Noodles - wheat	*organic*	8x250g	16.15		*2.69*	**490305**									
	Spelt Noodles	*organic*	8x250g	19.15		*3.19*	**490310**									
	❊ ***Clearspring - wheat-free***															
	On offer are selected Clearspring organic brown rice noodles, the pricing marked ❒ below represents a discount of 15%.															
	100% Brown Rice Noodles GF	*organic*	10kg	114.10	11.41		**490503**									
❒	Black Rice Noodles GF	*organic*	10x200g	25.40		*3.39*	**490504**									
	100% Buckwheat Soba Noodles	*organic*	6x200g	20.20		*4.49*	**490511**									
❒	100% Brown Rice Noodles GF	*organic*	10x200g	25.40		*3.39*	**490512**									
❒	Brown Rice Vermicelli Noodles GF	*organic*	8x180g	20.35		*3.39*	**490505**									
❒	100% Wide Brown Rice Noodles GF	*organic*	5x200g	12.70		*3.39*	**490513**									
	❊ ***Clearspring - Japanese - (none are wheat-free)***															
	Brown Rice Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490506**									
	Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490507**									
	Skinny Soba Somen Noodles	*organic*	12x200g	31.40		*3.49*	**490508**									
	Wide Udon Noodles	*organic*	12x200g	31.40		*3.49*	**490509**									
	Soba Noodles	*organic*	12x200g	31.40		*3.49*	**490510**									
	❊ ***Clearspring - Japanese ramen***															
	Miso Ramen with miso ginger soup	*organic*	5x210g	20.20		*5.39*	**490530**									
	Shoyu Ramen with soya sauce soup	*organic*	5x210g	20.20		*5.39*	**490535**									
	❊ ***King Soba - noodles***															
	100% Buckwheat Noodles	*organic*	12x250g	25.10		*2.79*	**490640**									
	Millet & Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490645**									
	100% Brown Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490655**									
	Thai Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490660**									
	❊ ***King Soba - speciality noodles - gluten-free***															
	Black Rice Noodles	*organic*	12x250g	26.70		*2.97*	**490680**									
	Brown Rice Wakame Noodles	*organic*	12x250g	25.10		*2.79*	**490685**									
	Pumpkin/Ginger B Rice Noodles	*organic*	12x250g	25.10		*2.79*	**490690**									
	Sweet Potato Buckwheat Noodles	*organic*	12x250g	25.10		*2.79*	**490695**									
	Pad Thai Noodles	*organic*	12x250g	25.10		*2.79*	**490723**									
	Pho Noodles	*organic*	12x250g	26.05		*2.89*	**490725**									
	Vermicelli Noodles	*organic*	12x250g	25.10		*2.79*	**490732**									
	❊ ***King Soba - ramen noodles - gluten-free - with paste or sauce***															
	Brown Rice Ramen Noodle Kit - Shiro Miso & Sea Garde	*organic*	6x190g	15.70		*3.49*	**490758**									
	Buckwheat Ramen Noodle Kit - Ginger Miso & Tofu	*organic*	6x190g	15.70		*3.49*	**490760**									
	Chilli Miso Ramen Noodle Cup	*organic*	6x85g	9.90		*2.20*	**490774**									
	Ginger Miso Ramen Noodle Cup- with tofu	*organic*	6x85g	9.90		*2.20*	**490776**									
	Classic Miso Ramen Noodle Cup	*organic*	6x85g	9.90		*2.20*	**490778**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***King Soba - ramen noodles - gluten-free***															
	Black Rice Ramen Noodles	*organic*	6x280g	17.75		*3.94*	**490740**									
	Brown Rice Ramen Noodles	*organic*	6x280g	15.65		*3.48*	**490742**									
	Buckwheat Ramen Noodles	*organic*	6x280g	15.65		*3.48*	**490745**									
	❊ ***Yakso***															
	Egg Noodles	*organic*	6x250g	11.80		*2.63*	**490905**									

■ Bread, Rice Cakes, Crackers etc

	❊ ***Amaizin - tortilla wraps and shells***															
	Taco Shells (12 corn shells) - gluten-free	*organic*	6x150g	15.50		*3.67*	**169803**									
	Soft Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	30.70		*2.56*	**169805**									
	Extra Fibre Tortilla Wraps (6 wheat wraps)	*organic*	16x240g	30.70		*2.56*	**169807**									
	❊ ***Amisa - gluten-free***															
	*Returning and on offer with a new case size are the Amisa organic gluten-free vegan **Seeded Breakfast Rolls**. A tasty mix of sunflower seeds, linseeds and sesame seeds give added crunch and nutrition. Crisp up in the oven for 10 minutes and enjoy with fresh fruit and jam. The pricing marked ❒ below represents a discount of 20%.*															
	Rice & Corn Crispbread	*organic*	12x120g	18.80		*2.09*	**169851**									
◆	Buckwheat Crispbread	*organic*	12x120g	26.00		*2.89*	**169852**									
◆	Chestnut Crispbread	*organic*	12x100g	21.50		*2.39*	**169853**									
▲	Chickpea Crispbread	*organic*	12x100g	19.70		*2.19*	**169859**									
▲	Protein Lentil Crispbread	*organic*	12x100g	20.60		*2.29*	**169860**									
❒	Classic Baguette French Style	*organic*	9x180g	18.30		*2.71*	**169863**									
	Italian Style Ciabatta Rolls	*organic*	9x180g	23.55		*3.49*	**169866**									
	Olive Ciabatta Bread	*organic*	9x180g	24.90		*3.69*	**169854**									
❒	Seeded Breakfast Rolls - Brown - New!	*organic*	9x180g	18.85		*2.79*	**169867**									
❒	Sun-Dried Tomato Ciabatta Bread	*organic*	9x180g	19.90		*2.95*	**169864**									
❒	Seeded Baguette Rustic Style	*organic*	9x160g	18.30		*2.71*	**169868**									
	Focaccia Roll - White (part baked)	*organic*	6x220g	20.20		*4.49*	**169858**									
	Quinoa Fibre Plus Crispbread	*organic*	12x100g	17.00		*1.89*	**169865**									
◆	Veggie Garden Crispbread	*organic*	12x100g	17.00		*1.89*	**169870**									
	❊ ***Biona - pizza bases***															
	Spelt Pizza Bases - 2 pack	*organic*	10x300g	31.40		*4.19*	**170107**									
	Wheat Pizza Bases - 2 pack	*organic*	10x300g	22.40		*2.99*	**170105**									
	❊ ***Biona - gluten-free***															
	Buckwheat Cakes with salt	*organic*	12x100g	20.60		*2.29*	**170134**									
	Corn Cakes - No Salt	*organic*	12x110g	13.40		*1.49*	**170135**									
	Ricecakes with salt	*organic*	12x100g	14.30		*1.59*	**170140**									
	Ricecakes no salt	*organic*	12x100g	14.30		*1.59*	**170145**									
	Ricecakes with quinoa	*organic*	12x100g	15.20		*1.69*	**170160**									
	❊ ***Biona - with gluten***															
	Strawberry Yoghurt Coated Ricecakes	*organic*	12x100g	16.40 V		*2.19*	**170152**									
	Yoghurt Coated Ricecakes	*organic*	12x100g	16.40 V		*2.19*	**170153**									
	Spelt Cakes	*organic*	12x100g	13.40		*1.49*	**170155**									
	❊ ***Biona - long life pumpernickel style - wheat free***															
	On offer are selected Biona long life breads, the pricing marked ❒ below represents a discount of 15%.															
	Rye Bread	*organic*	7x500g	14.10		*2.69*	**170162**									
	Rye Amaranth & Quinoa Bread	*organic*	7x500g	14.65		*2.79*	**170110**									
❒	Rye Chia & Flax Bread	*organic*	7x500g	12.85		*2.45*	**170112**									
	Rye & Hemp Seed Bread	*organic*	7x500g	15.15		*2.89*	**170113**									
❒	Rye Omega Golden Linseed Bread	*organic*	7x500g	12.00		*2.29*	**170165**									
❒	Rye & Pumpkin Seed Bread	*organic*	7x500g	12.85		*2.45*	**170167**									
	Rye with Sunflower Bread	*organic*	7x500g	14.10		*2.69*	**170168**									
❒	Power Protein Rye Bread - made with sourdough	*organic*	8x375g	20.35		*3.40*	**170169**									
	Pumpernickel Bread	*organic*	9x500g	18.15		*2.69*	**170170**									
	Super Seed Bread	*organic*	9x300g	25.55		*3.79*	**170177**									
	Vitality Rye Bread - sprouted seeds	*organic*	7x500g	14.65		*2.79*	**170175**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Biona - Bio-Diet, gluten-free wholegrain***															
	Rice Bread - large	*organic*	6x500g	25.60		*5.69*	**170173**									
	Rice & Sunflower Seed Bread	*organic*	6x500g	26.95		*5.99*	**170174**									
	Millet Bread	*organic*	6x250g	17.95		*3.99*	**170172**									
	❊ ***Biona***															
	Multiseed Bread Roll Selection	*organic*	6x300g	17.75		*3.94*	**170179**									
	Oat Topped Wholemeal Sourdough Rolls	*organic*	6x300g	17.05		*3.79*	**170181**									
	Rustic Seeded Sourdough Baguettes	*organic*	6x300g	17.05		*3.79*	**170184**									
	❊ ***Biona - Rye Crispbread***															
	On offer are Biona Rye Knäcke crispbreads, the pricing marked ❒ below represents a discount of 15%.															
❒	Rye Knäcke Original Crispbread	*organic*	10x200g	12.65		*1.69*	**170176**									
❒	Rye Knäcke Sesame Crispbread	*organic*	10x200g	13.95		*1.86*	**170178**									
	❊ ***Clearspring - gluten-free breadcrumbs***															
	Brown Rice Breadcrumbs	*organic*	12x250g	43.10		*4.79*	**170402**									
	❊ ***Clearspring - Rice Crackers***															
	Rice Crackers - Olive Oil	*organic*	12x50g	20.60		*2.29*	**170520**									
	Rice Crackers - Tamari	*organic*	12x50g	20.60		*2.29*	**170525**									
◆	Brown Rice Crackers Black Pepper & Tamari	*organic*	12x40g	20.60		*2.29*	**750299**									
◆	Brown Rice Crackers Green Nori & Tamari	*organic*	12x40g	20.60		*2.29*	**750296**									
◆	Whole Sesame Brown Rice Crackers	*organic*	12x40g	20.60		*2.29*	**750297**									
◆	Black Sesame Brown Rice Crackers	*organic*	12x40g	20.60		*2.29*	**750298**									
	❊ ***Clearspring Oatcakes - no wheat - no palm oil***															
	Traditional Oatcakes	*organic*	15x200g	37.00		*3.29*	**170405**									
	Sundried Tomato & Herb Oatcakes	*organic*	15x200g	42.60		*3.79*	**170407**									
	Sea Veg & Black Pepper Oatcakes	*organic*	15x200g	42.60		*3.79*	**170410**									
	❊ ***Clearspring Rounded Rectangular Puffed Rice and Corn Cakes - gluten-free***															
	Rice Cakes No Added Salt	*organic*	12x130g	16.10		*1.79*	**170457**									
	Rice Cakes Salted	*organic*	12x130g	16.10		*1.79*	**170462**									
	Rice Cakes Multigrain Salted	*organic*	12x130g	16.10		*1.79*	**170467**									
	Corn Cakes - salted	*organic*	12x130g	16.40		*1.82*	**170470**									
	❊ ***Clearspring - Rye Crispbread***															
	Rye Crispbread	*organic*	10x200g	11.90		*1.59*	**170530**									
	Rye Sesame Crispbread	*organic*	10x200g	14.15		*1.89*	**170532**									
	❊ ***Dillon***															
	On offer are Dillon organic breads, the pricing below represents a discount of 20%.															
❒	Keto Bread Beetroot Flax	*organic*	6x250g	17.95		*3.99*	**170533**									
❒	Keto Bread Chia Flax	*organic*	6x250g	17.95		*3.99*	**170534**									
❒	Keto Bread Original Flax	*organic*	6x250g	17.95		*3.99*	**170535**									
❒	Olive Gluten Free Bread	*organic*	4x275g	11.95		*3.98*	**170536**									
❒	Seeded Gluten Free Bread	*organic*	4x275g	11.95		*3.98*	**170537**									
	❊ ***Easy Bean - vegan gluten-free Bean & Seed Crackers***															
	Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00		*3.90*	**170538**									
	Fava Bean & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170540**									
	Green Pea & Chia Seed Crackers		8x150g	23.00		*3.90*	**170542**									
	Red Lentil & Poppy Seed Crackers		8x150g	23.00		*3.90*	**170546**									
	Yellow Pea & Sunflower Seed Crackers		8x150g	23.00		*3.90*	**170547**									
	❊ ***Easy Bean - gluten-free Chickpea Crispbreads***															
	Moroccan Spice Chickpea Crispbread		8x110g	23.00		*3.90*	**170550**									
	Mung Bean & Chive Chickpea Crispbread		8x110g	23.00		*3.90*	**170552**									
	Seaweed & Sesame Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170553**									
	Seeds & Black Pepper Chickpea Crispbread		8x110g	23.00		*3.90*	**170556**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Everfresh - vegan - long-life***															
▲	Malted Raisin Loaf	*organic*	8x330g	13.70		*2.28*	**176510**									
▲	Sprouted Rye Bread	*organic*	8x400g	16.20		*2.70*	**176480**									
▲	Sprouted Spelt Bread	*organic*	8x400g	21.85		*3.64*	**176482**									
	Sprouted Spelt Raisin Bread	*organic*	8x400g	21.80		*3.63*	**176485**									
	Sprouted Wheat Fruit & Almond Bread	*organic*	8x400g	17.80		*2.97*	**176528**									
▲	Sprouted Wheat Bread	*organic*	8x400g	16.05		*2.68*	**176535**									
	❊ ***Fiorentini***															
	Buckwheat Cakes	*organic*	12x100g	20.80		*2.33*	**170390**									
	❊ ***IBIS***															
	Wholegrain Rice Cake	*organic*	12x130g	16.05		*1.78*	**173340**									
	Wholegrain Rice Cake Kep Salt	*organic*	12x130g	16.05		*1.78*	**173342**									
	Wholegrain Rice Cake Kep Salt & Kampot Pepper	*organic*	12x130g	16.05		*1.78*	**173344**									
	❊ ***Island Bakery***															
	Cheese Biscuits - Traditional Farmhouse Cheddar		12x100g	31.05		*3.45*	**173350**									
	Cheese Biscuits - Harissa with Chilli & Cumin		12x100g	35.00		*3.89*	**173351**									
	Cheese Biscuits - Onion & Thyme		12x100g	35.00		*3.89*	**173352**									
	❊ ***Kallo Foods - gluten-free***															
	*The Kallo **Chocolate Rice Cake Thins** have changed in size and case size and have new barcodes. The recipe has not changed so they are just as delicious as before. These new style rice cakes will replace the current ones over the period of this catalogue. On offer are selected Kallo Veggie Cakes, the pricing marked ❒ below represents a discount of 15% on an off offer price of £16.75.*															
▲	Ancient Grain Corn Cakes Lightly Salted	*organic*	12x150g	23.18		*2.58*	**173292**									
▲	Blueberry & Vanilla Rice Cakes		6x131g	13.90		*3.09*	**173293**									
▲	Corn Cakes Thins Square Lightly Salted	*organic*	12x130g	21.15		*2.35*	**173295**									
❒	Lentil & Pea Veggie Cakes - Beetroot		6x122g	14.20		*3.16*	**173296**									
▲	Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.60		*1.18*	**173297**									
❒	Lentil & Pea Veggie Cakes - Caramelised Onion & Chutney		6x122g	14.20		*3.16*	**173001**									
❒	Lentil & Pea Veggie Cakes - Sea Salt & Cider Vinegar		6x122g	14.20		*3.16*	**173002**									
❒	Lentil & Pea Veggie Cakes - Spinach & Pesto		6x122g	14.20		*3.16*	**173003**									
▲	Protein Packed Lentil Cakes		6x100g	11.45		*2.54*	**173300**									
▲	Thick Salted Rice Cakes	*organic*	12x130g	20.00		*2.22*	**173005**									
▲	Thick No Salt Rice Cakes	*organic*	12x130g	20.00		*2.22*	**173010**									
	Dark Chocolate Rice Cake Thins	*organic*	16x90g	44.90	V	*4.49*	**173085**									
	Milk Chocolate Rice Cake Thins	*organic*	16x90g	46.25	V	*4.63*	**173086**									
❊	Dark Chocolate Rice Cake Thins	*organic*	22x75g	53.00	V	*3.85*	**173087**									
❊	Milk Chocolate Rice Cake Thins	*organic*	22x75g	51.40	V	*3.74*	**173091**									
▲	Veggie Thins - Beetroot & Three Seeds		12x100g	28.85		*3.21*	**173088**									
▲	Veggie Thins - Mixed Seeds		12x100g	28.85		*3.21*	**173089**									
▲	Veggie Thins - Rosemary Three Salt		12x100g	28.85		*3.21*	**173090**									
	❊ ***Karg - www.dr-karg.de***															
	Classic Wheat Crispbread	*organic*	8x200g	18.80		*3.13*	**173255**									
	Emmental Cheese & Pumpkin Crispbread	*organic*	8x200g	21.70		*3.62*	**173260**									
	3 Grain + 3 Seed Crispbread	*organic*	8x200g	20.60		*3.43*	**173262**									
	Pumpkin Seeds Protein Thins Crispbread	*organic*	14x150g	35.05		*3.34*	**173263**									
	Spelt Seeded Crispbread	*organic*	8x200g	20.70		*3.45*	**173275**									
	❊ ***King Soba - gluten-free***															
	Buckwheat Crackers with Chaga Mushroom	*organic*	12x120g	25.10		*2.79*	**173383**									
	Corn,Rice & Lentil Crackers	*organic*	12x120g	25.10		*2.79*	**173384**									
	Multigrain Crackers with Buckwheat, Quinoa and Amaranth	*organic*	12x120g	25.10		*2.79*	**173386**									
	Sorghum, Rice & Buckwheat Crackers	*organic*	12x120g	25.10		*2.79*	**173388**									
	❊ ***King Soba - Rice Paper - gluten-free***															
	Brown Rice Paper	*organic*	10x200g	20.25		*2.70*	**173390**									
	Brown Rice Paper with Turmeric	*organic*	10x200g	24.65		*3.29*	**173391**									
	White Rice Paper	*organic*	10x200g	20.25		*2.70*	**173392**									
	❊ ***Mr Organic - breads***															
	Grissini Classic	*organic*	10x150g	24.65		*3.29*	**173420**									
	Grissini with Olives	*organic*	10x130g	24.65		*3.29*	**173422**									
	Linguette Flatbread Classic	*organic*	10x150g	24.65		*3.29*	**173423**									
	Linguette Flatbread with Rosemary	*organic*	10x150g	24.65		*3.29*	**173424**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Nairn's***															
	Scottish Oatcakes	*organic*	12x250g	17.00		*1.89*	**174705**									
	Super Seeded Oatcakes	*organic*	8x200g	12.85		*2.14*	**174712**									
	Cheese Oatcakes		12x200g	19.25		*2.14*	**174715**									
	Rough Oatcakes		10x291g	11.60		*1.55*	**174717**									
	Fine Milled Oatcakes		12x218g	12.80		*1.42*	**174720**									
	Fruit and Seed Oatcakes		8x225g	12.85		*2.14*	**174723**									
	❊ ***Nairn's - gluten-free oat range***															
	On offer are Nairn's gluten-free oat cakes and crackers, the pricing below represents a discount of 20%.															
❒	Wholegrain Scalloped Crackers - gluten-free		8x160g	11.10		*1.85*	**174753**									
❒	Gluten-free Oatcakes		8x213g	12.40		*2.07*	**174756**									
❒	Gluten-free Super Seeded Oatcakes		8x180g	12.40		*2.07*	**174759**									
	❊ ***Orgran - gluten-free***															
	All Purpose Crumb		8x300g	20.90		*3.48*	**171995**									
	Toasted Corn Crispbread		6x125g	13.45		*2.99*	**172007**									
	Toasted Buckwheat Crispibread		6x125g	13.45		*2.98*	**172012**									
	❊ ***Profusion - long life***															
	Rye & Flax Protein Bread	*organic*	9x250g	22.85		*3.39*	**175540**									
	Hemp Sorghum Thins	*organic*	12x120g	24.20		*2.69*	**175555**									
	❊ ***Profusion - gluten-free***															
	Cracker Bites - chickpea	*organic*	8x150g	19.75		*3.29*	**175886**									
	Cracker Bites - red lentil	*organic*	8x150g	19.75		*3.29*	**175558**									
	Protein Cakes - chickpea	*organic*	12x100g	22.40		*2.49*	**175560**									
	Protein Cakes - red lentil	*organic*	12x100g	22.40		*2.49*	**175562**									
	❊ ***Realfoods by Organico - Italian***															
	Classic Grissini	*organic*	12x120g	25.65		*2.85*	**175305**									
	Spelt Grissini	*organic*	12x120g	28.35		*3.15*	**175310**									
	Omega3 Wholewheat & Flaxseed Grissini	*organic*	12x120g	25.65		*2.85*	**175315**									
	Sesame Grissini	*organic*	12x120g	25.65		*2.85*	**175320**									
	Croccantini	*organic*	10x150g	21.35		*2.85*	**174905**									
	❊ ***Rude Health - thin & round puffed crackers - gluten free***															
	Buckwheat Crackers	*organic*	8x100g	13.95		*2.49*	**179189**									
	Chickpea & Lentil Crackers	*organic*	8x120g	11.20		*2.00*	**176199**									
	Corn Crackers	*organic*	8x120g	11.20		*2.00*	**176206**									
	Multigrain Crackers	*organic*	8x100g	13.95		*2.49*	**176207**									
	❊ ***Seggiano - vegan***															
	Classic Lingue Handmade Flatbreads		12x120g	39.15		*4.35*	**176240**									
	Tropea Onion Lingue Handmade Flatbreads		12x120g	44.05		*4.89*	**176241**									
	Rosemary Lingue Handmade Flatbreads		12x120g	39.15		*4.35*	**176242**									
	❊ ***Yakso***															
	Rice Paper	*organic*	15x150g	41.25		*3.67*	**176560**									

■ Biscuits and Cakes

	❊ ***Biona - cookies***															
	Chocolate Chip & Orange Cookies	*organic*	6x240g	13.90		*3.08*	**180404**									
	Muesli Cookie	*organic*	6x240g	13.90		*3.09*	**180410**									
▲	Blueberry-filled Cookies	*organic*	12x175g	29.60		*3.29*	**180432**									
▲	Raspberry-filled Cookies	*organic*	12x175g	29.60		*3.29*	**180434**									
	❊ ***Biona - syrup waffles***															
▲	Hazelnut Syrup Waffles	*organic*	12x175g	33.20		*3.69*	**180445**									
▲	Honey Syrup Waffles	*organic*	12x175g	29.60		*3.29*	**180447**									
	❊ ***Clearspring Oat biscuits***															
◆	Matcha Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180480**									
◆	Miso Maple Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180481**									
◆	Sweet Date Oat Biscuits	*organic*	12x40g	13.40		*1.49*	**180482**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Doves Farm Biscuits***															
	Wholemeal Digestive Biscuits - large	*organic*	12x400g	24.30		*2.70*	**181516**									
	Wholemeal Digestive Biscuits - small	*organic*	12x200g	14.65		*1.63*	**181515**									
	Fruity Oat Biscuits	*organic*	12x200g	17.95		*2.01*	**181517**									
	Ginger Oat Biscuits	*organic*	12x200g	21.00		*2.35*	**181519**									
	❊ ***Everfresh - vegan - sprouted - long-life***															
▲	Banana & Walnut Cake - Sprouted	*organic*	8x350g	26.45		*4.41*	**183503**									
▲	Carrot Cake with Raisins - Sprouted	*organic*	8x350g	23.85		*3.98*	**183504**									
▲	Chocolate Cake - Sprouted	*organic*	8x350g	24.60		*4.10*	**183506**									
▲	Date & Pecan Cake - Sprouted	*organic*	8x350g	28.55		*4.76*	**183508**									
▲	Fig & Orange Cake - Sprouted	*organic*	8x350g	24.60		*4.10*	**183511**									
▲	Fruit Cake - Sprouted	*organic*	8x350g	23.90		*3.98*	**183514**									
▲	Rye Stem Ginger Cake - Sprouted	*organic*	8x350g	28.55		*4.76*	**183518**									
▲	Stem Ginger Cake - Sprouted	*organic*	8x350g	28.55		*4.76*	**183519**									
	❊ ***Freee - from Doves Farm - gluten-free - vegan***															
	Chocolate Chip Cookie	*organic*	12x180g	22.95		*2.55*	**181520**									
	Double Chocolate Cookie	*organic*	12x180g	22.95		*2.55*	**181522**									
	Lemon Zest Cookie	*organic*	12x150g	17.80		*1.98*	**181525**									
	Stem Ginger Cookies	*organic*	12x150g	17.80		*1.98*	**181542**									
	❊ ***Freee - from Doves Farm - gluten-free - vegan***															
	Apple Oat Bar with Sultanas	*organic*	18x35g	11.50		*0.85*	**181452**									
	Apricot Oat Bar with Chia	*organic*	18x35g	11.50		*0.85*	**181455**									
	Banana & Chocolate Oat Bars	*organic*	18x35g	11.50		*0.85*	**181453**									
	Chocolate Chip Oat Bar	*organic*	18x35g	11.50		*0.85*	**181460**									
	Cranberry Oat Bars	*organic*	18x35g	11.50		*0.85*	**181461**									
	❊ ***Freee - from Doves Farm - multipacks - gluten-free - vegan***															
	Multipack Apple Oat Bar with Sultanas	*organic*	7x4x35g	14.65		*2.79*	**181470**									
	Multipack Apricot Oat Bar with Chia	*organic*	7x4x35g	14.65		*2.79*	**181472**									
	Multipack Banana & Chocolate Oat Bars	*organic*	7x4x35g	14.65		*2.79*	**181473**									
	Multipack Chocolate Chip Oat Bar	*organic*	7x4x35g	14.65		*2.79*	**181477**									
	Multipack Cranberry Oat Bars	*organic*	7x4x35g	14.65		*2.79*	**181478**									
	❊ ***Island Bakery***															
▲	Apple Crumbles	*organic*	12x125g	35.35		*3.93*	**182940**									
▲	Chocolate Gingers	*organic*	12x133g	37.05	V	*4.94*	**182946**									
▲	Lime Melts	*organic*	12x133g	37.05	V	*4.94*	**182950**									
▲	Lemon Melts	*organic*	12x133g	37.05	V	*4.94*	**182952**									
▲	Oat Crumbles	*organic*	12x125g	29.80		*3.31*	**182954**									
▲	Orange Melts	*organic*	12x133g	37.05	V	*4.94*	**182956**									
▲	Shortbread	*organic*	12x125g	29.80		*3.31*	**182957**									
	❊ ***Kookie Cat***															
	Chocolate Covered Peanut Butter	*organic*	12x50g	11.65	V	*1.55*	**182970**									
	Double Choc Walnut	*organic*	12x50g	11.15	V	*1.49*	**182972**									
	Lil' Kookie Monster Cookie	*organic*	12x50g	10.70	V	*1.43*	**182976**									
	Salted Caramel Almond	*organic*	12x50g	10.70	V	*1.43*	**182974**									
	Vanilla Choc Chip Cookie	*organic*	12x50g	11.15	V	*1.49*	**182978**									
	❊ ***Mr Organic - Italian organic vegan biscuits***															
	Digestive Biscuits With Chocolate Chips	*organic*	12x250g	23.30		*2.59*	**182359**									
	Cocoa Biscuits	*organic*	12x250g	21.50		*2.39*	**182360**									
	Orange Biscuits with Cocoa Beans	*organic*	12x250g	25.10		*2.79*	**182364**									
	❊ ***Nairn's - gluten-free oat biscuit breaks - vegan***															
	On offer are Nairn's gluten-free oat biscuits, the pricing below represents a discount of 20%.															
❒	Oats & Chocolate Chip biscuit break		12x160g	19.95		*2.22*	**182397**									
❒	Oat & Fruit Biscuit Break		12x160g	19.95		*2.22*	**182398**									
❒	Oat & Stem Ginger Biscuit Break		12x160g	19.95		*2.22*	**182396**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Nairn's Oat Biscuits - wheat-free***															
	Chocolate Orange Oat Biscuits		6x200g	9.00		*2.01*	**182391**									
◆	Coconut & Chia Oat Biscuits		10x200g	15.00		*2.01*	**182393**									
◆	Mixed Berries Oat Biscuits		10x200g	15.00		*2.01*	**182387**									
◆	Stem Ginger Oat Biscuits		10x200g	15.00		*2.01*	**182390**									
	Dark Chocolate Chip Oat Biscuits		8x200g	12.00		*2.01*	**182392**									
	❊ ***Rhythm 108 Share Bag Biscuits - see "Sweet Snacks" section***															
	❊ ***Sweet FA gluten free vegan cookies from Island Bakery***															
▲	Cranberry & Orange Cookies	*organic*	12x125g	32.90		*3.66*	**182480**									
▲	Double Choc Chip Cookies	*organic*	12x125g	32.90		*3.66*	**182482**									
▲	Oat & Raisin Cookies	*organic*	12x125g	32.90		*3.66*	**182484**									
▲	Peanut Butter Cookies	*organic*	12x125g	32.90		*3.66*	**182486**									
	❊ ***Seggiano***															
	Buckwheat Digestive Biscuits - gluten-free	*organic*	6x150g	19.95		*4.43*	**182490**									
	Kamut Digestive Biscuits - vegan	*organic*	6x170g	19.95		*4.43*	**182492**									
	Spelt Digestive Biscuits	*organic*	6x150g	19.95		*4.43*	**182494**									

■ Oils & Fats

	❊ ***Abea - Cretan oil***															
	Olive Oil Pomace - tin		1x5l	35.10		*46.80*	**220597**									
	Olive Oil Greek - Extra Virgin	*organic*	12x500ml	93.55		*10.39*	**220598**									
	Olive Oil Greek - Extra Virgin	*organic*	12x750ml	136.10		*15.12*	**220599**									
	Olive Oil Greek - Extra Virgin - tin	*organic*	1x5l	70.20		*93.62*	**220600**									
	❊ ***Biona Oils - not heat extracted***															
	On offer are selected Biona organic coconut products, the pricing marked ❒ below represents a discount of 15%.															
▲	Avocado Oil	*organic*	6x250ml	40.45		*8.99*	**200403**									
❒	875ml Mild Coconut Oil Cuisine - tub	*organic*	6x875ml	34.35		*7.64*	**200406**									
❒	610ml Mild Coconut Oil Cuisine	*organic*	6x610ml	26.70		*5.93*	**200407**									
❒	470ml Mild Coconut Oil Cuisine	*organic*	6x470ml	22.50		*5.00*	**200408**									
	Flaxseed Oil (Linseed)	*organic*	6x250ml	25.80	V	*6.89*	**200415**									
	Hemp Seed Oil	*organic*	6x250ml	35.50		*7.89*	**200420**									
	Pumpkin Seed Oil	*organic*	6x250ml	35.05		*7.79*	**200422**									
	Raw Virgin Coconut Oil - 800g - tub	*organic*	6x800g	67.45		*14.99*	**200402**									
❒	Raw Virgin Coconut Oil - 400g	*organic*	6x400g	31.70		*7.04*	**200405**									
	Raw Virgin Coconut Oil - 200g	*organic*	6x200g	21.10		*4.69*	**200410**									
▲	Sesame Oil	*organic*	6x500ml	35.95		*7.99*	**200404**									
	Sunflower Oil - cold pressed	*organic*	12x750ml	53.90		*5.99*	**200411**									
	Sunflower Frying Oil	*organic*	12x750ml	56.60		*6.29*	**200413**									
	Toasted Sesame Oil	*organic*	6x250ml	26.95		*5.99*	**200409**									
	E.V Olive Oil	*organic*	6x750ml	69.25		*15.39*	**100411**									
	Italian E.V. Olive Oil - 500ml	*organic*	6x500ml	49.45		*10.99*	**200425**									
	Italian E.V. Olive Oil - 1l	*organic*	6x1l	89.95		*19.99*	**200427**									
	❊ ***Clearspring - www.clearspring.co.uk***															
	Avocado Oil	*organic*	8x250ml	45.50		*7.59*	**200491**									
	Coconut Oil - virgin - 200g	*organic*	6x220ml	20.65		*4.59*	**200492**									
	Coconut Oil - virgin - 400g	*organic*	6x440ml	38.65		*8.59*	**200493**									
	Flax Oil (no longer VATable)	*organic*	8x250ml	32.30		*5.38*	**200496**									
	Hazelnut Oil	*organic*	8x250ml	95.90		*15.98*	**200501**									
	Hemp Oil	*organic*	8x250ml	41.40		*6.90*	**200497**									
	Olive Oil - Extra Virgin - Italy	*organic*	8x250ml	44.90		*7.49*	**200500**									
	Olive Oil - Extra Virgin - Italy	*organic*	6x500ml	58.45		*12.99*	**200502**									
	Olive Oil - Extra Virgin - Italy	*organic*	6x1l	103.45		*22.99*	**200503**									
	Pumpkin Seed Oil - Toasted - Styrian	*organic*	8x250ml	86.90		*14.49*	**200512**									
	Rapeseed Oil	*organic*	6x500ml	22.00		*4.89*	**200511**									
	Rapeseed Oil	*organic*	6x1l	35.95		*7.99*	**200509**									
	Safflower Oil	*organic*	6x500ml	44.95		*9.99*	**200513**									
	Tunisian Olive Oil - Extra Virgin	*organic*	6x500ml	44.95		*9.99*	**200515**									
	Tunisian Olive Oil - Extra Virgin	*organic*	6x1l	76.45		*16.99*	**200516**									
	Sesame Oil	*organic*	6x500ml	37.75		*8.39*	**200517**									
	Sesame Oil	*organic*	6x1l	69.70		*15.49*	**200518**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Sesame Oil - Toasted	organic	6x150ml	20.20		4.49	200521									
Sesame Oil - Toasted	organic	8x250ml	35.90		5.98	200520									
Sesame Oil - Toasted	organic	6x500ml	44.95		9.99	200522									
Soybean Oil	organic	6x500ml	26.95		5.99	200535									
Sunflower Oil	organic	6x500ml	20.20		4.49	200525									
Sunflower Oil	organic	6x1l	33.70		7.49	200527									
Sunflower Oil - clear plastic	organic	1x2l	9.35		12.46	200529									
Sunflower Oil - for Frying	organic	6x500ml	21.55		4.79	200530									
Sunflower Oil - for Frying	organic	6x1l	35.05		7.79	200532									
Sunflower Oil - for Frying - clear plastic	organic	1x2l	10.10		13.49	200534									
Walnut Oil	organic	8x250ml	65.90		10.98	200537									
❊ ***Cocofina***															
MCT Coconut Oil	organic	12x250ml	87.50		9.72	200544									
❊ ***Coconut Merchant***															
Coconut Oil - raw extra virgin - plastic tub	organic	20l	218.85	10.94		200588									
Coconut Oil - raw extra virgin - plastic tub	organic	4l	45.70	11.43		200590									
Coconut Oil - raw extra virgin - glass	organic	12x500ml	75.50		8.39	200595									
MCT Coconut Oil		1x500ml	18.90		25.20	200597									
❊ ***Epikouros***															
Can of Olive Oil - Extra Virgin - Greece	organic	1x5l	64.80		86.40	200620									
❊ ***Essential Trading - raw - virgin***															
Coconut Oil - large	organic	6x690ml	44.95		9.99	200630									
Coconut Oil - small	organic	6x210ml	16.85		3.74	200632									
❊ ***Farrington's Mellow Yellow Rapeseed Oil***															
*New from Farrington's, **Blackberry Vinaigrette**. This delicious vinaigrette is made with sustainably grown cold pressed rapeseed oil, Dijon mustard and blackberries. It is packed full of flavour with no additives and is packaged in a glass bottle with a metal screw top. Farrington's is a LEAF Marque and carbon neutral producer.*															
◆ Mellow Yellow Cold Pressed Rapeseed Oil		6x500ml	19.65		4.37	200633									
❊ Mellow Yellow Blackberry Vinaigrette		6x250ml	15.40		3.42	200639									
◆ Mellow Yellow Balsamic Vinegar Dressing		6x250ml	15.40		3.42	200634									
◆ Mellow Yellow Chilli Oil		6x250ml	14.70		3.27	200635									
◆ Mellow Yellow Ultimate Chilli Dressing		6x250ml	15.40		3.42	200636									
◆ Mellow Yellow Classic Vinaigrette		6x250ml	15.40		3.42	200637									
◆ Mellow Yellow Honey & Mustard Dressing		6x250ml	15.40		3.42	200638									
❊ ***Forest Wholefoods - in glass***															
Cold Pressed E.V. Coconut Oil	organic	12x500ml	74.60		8.31	200640									
❊ ***Happy Butter***															
Ghee	organic	6x580g	85.50		19.00	200649									
Ghee	organic	6x300g	49.35		11.00	200650									
Ghee	organic	12x150g	58.30		6.50	200654									
❊ ***Hellenic Sun***															
Olive Oil Greek Extra Virgin		12x500ml	93.55		10.39	210510									
Olive Oil Greek Extra Virgin		12x750ml	127.60		14.18	210511									
Olive Oil Greek Extra Virgin - tin		1x3l	40.40		53.87	210520									
Olive Oil Greek Extra Virgin - tin		1x5l	66.65		88.87	210525									
❊ ***Infinity Foods Cacao Butter - see Coffee Substitutes, Malted Drinks, Carob & Cocoa Products***															
❊ ***Infinity Foods***															
On offer is Infinity Foods organic Extra Virgin Olive Oil 1l, the pricing marked ❒ below represents a discount of 20%. Please note Best Before Date is - 10/7/25 while stocks last!															
Olive Oil - Extra Virgin - Greece - glass bottle	organic	6x500ml	43.50		9.66	201498									
❒ Olive Oil - Extra Virgin - Greece - glass bottle	organic	6x1l	68.55		15.23	201500									
❊ ***The Lesbian Donkey - from Lesbos - unfiltered olive oil***															
Olive Oil - E.V	organic	6x500ml	51.95		11.54	200570									
Olive Oil - E.V	organic	6x1l	92.70		20.60	200572									
Olive Oil - E.V	organic	1x5l	73.00		97.33	200575									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code
	❊ ***Mani - Greek***						
	Kalamata Olive Oil - Extra Virgin	*organic*	6x500ml	51.70		*11.49*	**200578**
	Olive Oil - Extra Virgin	*organic*	6x500ml	51.70		*11.49*	**200580**
	Olive Oil - Extra Virgin	*organic*	6x1l	89.90		*19.98*	**200582**
◆	Olive Oil - Extra Virgin	*organic*	3l	38.60	12.87		**200583**
	❊ ***Mr Organic - in glass***						
	*New from Mr Organic, vegan gluten-free **Extra Virgin Olive Oil** in a glass bottle. This high quality Italian olive oil is cold pressed and a has a peppery taste. It can be used as a finishing oil to drizzle over salads or for cooking.*						
☆	Olive Oil - Extra Virgin - cold pressed	*organic*	12x1l	187.90		*20.88*	**200954**
❊	Olive Oil - Extra Virgin - cold pressed	*organic*	6x750ml	67.25		*14.94*	**200952**
	Rapeseed Oil - cold pressed - gluten-free	*organic*	6x750ml	26.75		*5.94*	**200955**
	Sunflower Oil	*organic*	6x750ml	31.25		*6.94*	**200958**
	❊ ***Organic The Best***						
☆	Black Seed Oil	*organic*	1x100ml	6.10		*8.14*	**201220**
	❊ ***Raw Vibrant Living***						
	Olive:- 6 Awards won so far - including Great Taste - Gold						
	Raw Greek Extra Virgin Olive Oil	*organic*	6x500ml	53.95		*11.99*	**201702**
	❊ ***Realfoods by Organico - organic oils***						
	Olive Oil - Extra Virgin Spanish - small	*organic*	6x500ml	53.75		*11.95*	**201230**
	Olive Oil - Extra Virgin Spanish - large	*organic*	6x1l	89.75		*19.95*	**201232**
▲	Rapeseed Oil	*organic*	6x500ml	22.25		*4.95*	**201236**
▲	Sunflower Oil	*organic*	6x500ml	22.25		*4.95*	**201240**
	❊ ***Suma - Vegan - RSPO certified palm oil***						
	Vegetarian Suet		6x250g	16.85		*3.74*	**791582**
	❊ ***Sun & Seed***						
	Hemp Seed Oil - cold pressed	*organic*	6x250ml	29.30		*6.51*	**202033**
▲	Pumpkin Seed Oil - cold pressed	*organic*	6x250ml	35.90		*7.98*	**202036**
▼	Pumpkin Seed Oil - lightly toasted	*organic*	6x250ml	41.00		*9.11*	**202037**
	❊ ***Truffle Hunter***						
	English Truffle Oil		6x100ml	34.00		*7.56*	**211105**
	Black Truffle Oil		6x100ml	37.60		*8.36*	**211107**
	White Truffle Oil		6x100ml	37.60		*8.36*	**211110**
	❊ ***Zaytoun - www.zaytoun.org***						
	UK Social Enterprise Award Winner 2015 **For point of sale material and in-store tastings** **please phone 08453 454887**						
	Palestinian Olive Oil - Fair Trade	*organic*	6x250ml	43.45		*9.66*	**202105**
	Palestinian Olive Oil - Fair Trade	*organic*	6x500ml	72.60		*16.14*	**202110**
	Palestinian Olive Oil - Fair Trade	*organic*	6x750ml	104.85		*23.30*	**202113**
	Palestinian Olive Oil - Fair Trade	*organic*	1x5l	97.30		*####*	**202120**

■ Nut Butter, Pâté, Spreads & Jam

	❊ ***Biona - Chocolate Spreads***						
	Chocolate Spread - vegan	*organic*	6x350g	23.80		*5.29*	**250150**
	Milk Chocolate Hazelnut Spread	*organic*	6x350g	27.85		*6.19*	**250155**
	❊ ***Biona Coconut Nut Butters - vegan***						
	Original Coconut Bliss Coconut Butter - small	*organic*	6x250g	22.30		*4.95*	**200397**
	Original Coconut Bliss Coconut Butter - large	*organic*	6x400g	33.70		*7.49*	**200398**
	❊ ***Biona - Nut & Seed Butters***						
	Smooth Almond Butter - large	*organic*	6x350g	53.95		*11.99*	**250203**
	Smooth Almond Butter - small	*organic*	6x170g	28.30		*6.29*	**250205**
	Crunchy Almond Butter	*organic*	6x170g	28.30		*6.29*	**250206**
	White Almond Butter - unroasted	*organic*	6x170g	31.45		*6.99*	**250207**

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Cashew Butter	organic	6x170g	22.45		4.99	250210									
Hazel Butter	organic	6x170g	28.30		6.29	250215									
Mixed Nut Butter	organic	6x170g	20.20		4.49	250217									
Unsalted Peanut Butter Smooth - tub	organic	6x1kg	51.70		11.49	250218									
Unsalted Peanut Butter Smooth - large jar	organic	6x500g	28.75		6.39	250220									
Unsalted Peanut Butter Smooth - small jar	organic	6x250g	16.60		3.69	250222									
Salted Dark Roast Peanut Butter Smooth	organic	6x250g	19.30		4.29	250213									
Unsalted Peanut Butter Crunchy	organic	6x250g	16.60		3.69	250221									
Salted Peanut Butter Crunchy - tub	organic	6x1kg	51.70		11.49	250224									
Salted Peanut Butter Crunchy - large jar	organic	6x500g	28.75		6.39	250223									
Salted Peanut Butter Crunchy - small jar	organic	6x250g	16.60		3.69	250225									
Salted Super Crunch Peanut Butter	organic	6x250g	19.30		4.29	250214									
Pumpkin Seed Butter	organic	6x170g	21.10		4.69	250226									
Sunflower Seed Butter	organic	6x170g	22.00		4.89	250228									
Black Sesame Tahini - unsalted	organic	6x250g	21.10		4.69	250209									
Tahini White no salt - raw	organic	6x170g	17.50		3.89	250233									
❊ ***Biona - jars***															
Black Olive Pâté	organic	6x120g	16.60		3.69	390103									
❊ ***Biona - no added cane or beet sugar***															
Apricot Spread	organic	6x250g	16.60		3.69	292300									
Forest Fruit Spread	organic	6x250g	20.65		4.59	292302									
Orange Fruit Spread	organic	6x250g	14.35		3.19	292304									
Strawberry Spread	organic	6x250g	17.05		3.79	292308									
❊ ***Bionova***															
Apricot Jam	organic	6x340g	16.60		3.69	290705									
Bilberry Jam	organic	6x340g	18.70		4.16	290720									
Raspberry Jam	organic	6x340g	22.05		4.91	290727									
Strawberry Jam	organic	6x340g	20.00		4.45	290735									
Orange Marmalade - mild	organic	6x340g	15.75		3.50	290750									
❊ ***Bonsan organic vegan spreads - glass***															
Beetroot Horseradish Spread	organic	6x130g	13.45		2.99	290770									
Cashew Chive - cheese free spread	organic	6x135g	17.05		3.79	290773									
Toscana Style - cream cheese alternative	organic	6x135g	13.00		2.89	290775									
Red Pepper & Cashew Spread	organic	6x130g	13.45		2.99	290774									
❊ ***Bonsan organic vegan sweet spreads - glass***															
Mylk Hazelnut Cocoa Spread - no palm oil	organic	6x350g	26.95		5.99	290786									
❊ ***Carley's Organic Foods - raw***															
Raw White Almond Butter - blanched	organic	6x170g	20.20		4.65	250234									
Large Raw Whole Almond Butter	organic	6x500g	51.95		11.95	250279									
Small Raw Whole Almond Butter	organic	6x250g	27.60		6.35	250232									
Raw Apricot Kernel & Brazil Butter	organic	6x170g	23.70		5.46	250236									
Raw Brazil Nut Butter	organic	6x170g	23.70		5.45	250238									
Raw Cashew Butter	organic	6x250g	30.25		6.95	250256									
Raw Hazelnut Butter	organic	6x250g	31.95		7.35	250258									
Raw Hempseed Butter	organic	6x170g	25.00		5.76	250241									
Raw Hemp & Linseed Butter	organic	6x170g	16.30		3.75	250239									
Raw Macadamia Nut Butter	organic	6x170g	35.85		8.24	250244									
Raw Mixed Seed Butter	organic	6x250g	18.35		4.22	250243									
Raw Pistachio & Brazil Nut Butter	organic	6x170g	38.95		8.95	250259									
Raw Pecan Butter	organic	6x170g	30.20		6.95	250245									
Raw Premium Pumpkinseed Butter	organic	6x250g	28.25		6.50	250247									
Raw Rainforest Nut Butter	organic	6x170g	25.00		5.75	250248									
Raw Tahini Light - small	organic	6x250g	18.05		4.15	250253									
Raw Light Tahini	organic	6x500g	31.30		7.20	250281									
Raw Dark Tahini	organic	6x500g	26.75		6.15	250283									
Raw Tahini Dark	organic	6x250g	15.85		3.64	250254									
Raw Black Sesame Tahini	organic	6x250g	16.70		3.84	250257									
Raw Sunflower Seed Butter	organic	6x250g	11.95		2.75	250262									
Raw Walnut Butter - small	organic	6x170g	19.35		4.46	250255									
❊ ***Carley's Organic Foods***															
Roasted Almond Butter	organic	6x170g	20.20		4.64	250235									
Crunchy Whole Almond Roasted Nut Butter	organic	6x500g	52.00		11.95	250284									
Cashew Butter	organic	6x170g	19.35		4.45	250237									
Hazelnut Butter	organic	6x170g	22.40		5.15	250240									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Crunchy Peanut Butter	organic	6x250g	14.10		3.25	250278									
	Crunchy Peanut Butter - jumbo	organic	6x700g	35.00		8.06	250280									
	Smooth Peanut Butter	organic	6x250g	14.10		3.25	250230									
	Smooth Peanut Butter - jumbo	organic	6x700g	35.00		8.06	250282									
	Smokey Chilli Peanut Butter	organic	6x250g	15.85		3.65	250286									
	Pumpkin Seed Butter	organic	6x250g	24.40		5.62	250263									
	Sunflower Seed Butter	organic	6x250g	11.95		2.75	250252									
	Dark Tahini Roasted	organic	6x250g	15.85		3.65	250267									
	Light Tahini Roasted	organic	6x250g	18.05		4.16	250268									
	❊ ***Clearspring - Bio Kitchen***															
	Crunchy Peanut Butter - salted	organic	6x350g	18.40		4.09	250350									
	Smooth Peanut Butter - salted	organic	6x350g	18.40		4.09	250355									
	Almond Butter Crunchy	organic	6x170g	26.95		6.00	250351									
	Almond Butter Smooth	organic	6x170g	26.95		6.00	250353									
	Rich Roast Peanut Butter Crunchy	organic	6x170g	12.10		2.69	250356									
	Rich Roast Peanut Butter Smooth	organic	6x170g	12.10		2.69	250358									
	Tahini Black Sesame	organic	6x170g	15.70		3.49	250360									
	Tahini White Sesame	organic	6x280g	19.30		4.29	250362									
	Tahini Whole Sesame	organic	6x280g	19.30		4.29	250364									
	❊ ***Essential - organic spreads***															
▲	Dark Chocolate Spread - no palm oil - vegan	organic	6x400g	24.30		5.40	250606									
▲	Hazelnut Chocolate Spread - no palm oil - vegan	organic	6x400g	23.30		5.18	250608									
	❊ ***Essential - Vitam-R***															
◆	Vitam-R (yeast extract low salt)		6x125g	22.60		5.02	251005									
▼	Vitam-R (yeast extract low salt)		6x250g	38.30		8.51	251010									
	Organic Vitam-R (yeast extract low salt)	organic	6x150g	52.55		11.68	251015									
	❊ ***FruTeto Italia***															
	Apricot 100% Fruit Spread	organic	6x250g	18.30		4.07	290908									
	Blueberry 100% Fruit Spread	organic	6x250g	20.80		4.62	290909									
	Cherry 100% Fruit Spread	organic	6x250g	19.95		4.43	290911									
	Raspberry 100% Fruit Spread	organic	6x250g	20.80		4.62	290926									
	Sicilian Orange+ with ginger & turmeric	organic	6x250g	18.30		4.07	290931									
	Strawberry 100% Fruit Spread	organic	6x250g	18.70		4.16	290929									
	Super Berries+ with açai & pomegranate	organic	6x250g	19.95		4.43	290933									
	❊ ***Hellenic Sun***															
	Kalamata Olive Pâté	organic	6x200g	13.45		2.99	290941									
	❊ ***Meridian***															
	On offer are selected Meridian nut butters, the pricing marked ❒ below represents a discount of 15%.															
◆	Crunchy Almond Butter 100%		6x170g	14.80		3.29	251502									
	Bulk Smooth Almond Butter 100% - plastic		6x1kg	77.60		17.24	251504									
❒	Smooth Almond Butter 100%		6x470g	32.50		7.21	251511									
◆	Smooth Almond Butter 100%		6x170g	14.80		3.29	251503									
	Almond & Coconut Butter Smooth		6x170g	15.25		3.39	251480									
	Organic Smooth Almond Butter 100%	organic	6x470g	66.55		14.79	251509									
◆	Organic Smooth Almond Butter 100%	organic	6x170g	26.50		5.89	251506									
	Organic Almond Butter salted	organic	6x170g	26.50		5.89	251507									
	Bulk Smooth Cashew Butter - plastic		6x1kg	94.45		20.99	251512									
◆	Smooth Cashew Butter		6x170g	17.30		3.84	251515									
◆	Crunchy Cashew Butter		6x170g	17.30		3.84	251516									
◆	Organic Smooth Cashew Butter	organic	6x470g	47.20		10.49	251519									
	Organic Smooth Cashew Butter	organic	6x170g	14.35		3.19	251517									
	Hazel Butter Crunchy 100%		6x170g	22.40		4.98	251520									
	Bulk Peanut Butter Crunchy 100% - plastic	organic	6x1kg	48.35		10.74	251523									
❒	Peanut Butter Crunchy 100%	organic	6x280g	12.95		2.88	251525									
	Bulk Peanut Butter Smooth 100% - plastic	organic	6x1kg	48.35		10.74	251529									
❒	Peanut Butter Smooth 100%	organic	6x280g	12.95		2.88	251530									
	Peanut Butter Smooth Salted	organic	6x280g	15.25		3.39	251532									
	Bulk Peanut Butter Crunchy 100% - plastic		6x1kg	38.20		8.49	251565									
❒	Peanut Butter Crunchy 100% - glass		6x470g	17.95		3.98	251566									
❒	Peanut Butter Crunchy 100% - glass		6x280g	12.00		2.66	251570									
	Bulk Peanut Butter Smooth 100% - plastic		6x1kg	38.20		8.49	251605									
❒	Peanut Butter Smooth 100% - glass		6x470g	17.95		3.98	251606									
❒	Peanut Butter Smooth 100% - glass		6x280g	12.00		2.66	251610									
◆	Protein Smooth Peanut Butter 100%		3x700g	16.40		7.30	251611									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Richer Roast Crunchy Peanut Butter 100%		6x280g	15.70		3.48	251600									
Richer Roast Smooth Peanut Butter 100%		6x280g	15.70		3.49	251602									
Light Tahini		6x270g	17.90		3.98	251620									
Light Tahini	organic	6x270g	20.20		4.49	251623									
Dark Tahini		6x270g	14.60		3.24	251625									
Organic Dark Tahini	organic	6x470g	23.35		5.19	251627									
Dark Tahini	organic	6x270g	15.70		3.49	251628									
Yeast Extract		6x340g	22.45		4.99	251630									
Yeast Extract - no added salt		6x340g	26.90		5.98	251632									
❊ ***Mr Organic Dips & Spreads***															
Black Bean & Red Pepper Antipasti Dip	organic	6x230g	15.70		3.49	252501									
Butter Bean & Yellow Pepper Antipasti Dip	organic	6x230g	15.70		3.49	252502									
Chickpea & Tomato Antipasti Dip	organic	6x230g	15.70		3.49	252503									
Chocolate Hazel Spread - Vegan	organic	6x200g	19.75		4.39	252505									
Dark Chocolate Hazel Spread - Vegan	organic	6x200g	22.00		4.89	252507									
❊ ***Natex***															
Natex Original Savoury Spread - Yeast Extract		8x225g	23.20		3.87	252010									
Natex Reduced Salt Yeast Extract Savoury Spread		8x225g	25.55		4.26	252020									
❊ ***Ouse Valley - Jam***															
Stem Ginger Jam		6x227g	20.00		4.44	292846									
❊ ***Ouse Valley - Jelly***															
Red Chilli Jelly		6x227g	21.60		4.80	292822									
❊ ***Ouse Valley - Marmalade***															
Lemon Marmalade with Lavender		6x227g	18.00		4.00	292831									
Orange Marmalade		6x227g	18.00		4.00	292833									
Orange Marmalade with Molasses & Rum		6x227g	18.00		4.00	292839									
Seville Marmalade		6x227g	18.00		4.00	292837									
❊ ***Pip & Nut***															
*New and on offer from Pip & Nut - the prices below representing a discount of 15% - a range of vegan nut butters in glass jars and 1kg plastic tubs. **Smooth Almond Butter** is a blend of freshly roasted almonds with a sprinkle of sea salt. Argentinian High-Oleic peanuts are roasted and blended with a touch of salt into **Crunchy Peanut Butter** and **Smooth Peanut Butter**. Mexican Agave, coconut oil, peanut oil and Cornish sea salt are blended with roasted peanuts to make **Sweet Salty Peanut Butter Smooth** and **Sweet Salty Crunchy Peanut Butter**.*														
❒ Smooth Almond Butter		3x1kg	34.10		15.16	251640									
❒ Smooth Almond Butter		6x170g	14.45		3.21	251642									
❒ Crunchy Peanut Butter		3x1kg	15.60		6.93	251644									
❒ Crunchy Peanut Butter		6x300g	13.75		3.06	251646									
❒ Smooth Peanut Butter		3x1kg	15.60		6.93	251648									
❒ Smooth Peanut Butter		6x300g	13.75		3.06	251650									
❒ Sweet Salty Crunchy Peanut Butter		6x300g	13.75		3.06	251652									
❒ Sweet Salty Smooth Peanut Butter		3x1kg	15.60		6.93	251654									
❒ Sweet Salty Smooth Peanut Butter		6x300g	13.75		3.06	251656									
❊ ***Realfoods by Organico - dips & spreads***															
Spring Artichoke Dip/Spread	organic	6x100g	14.60		3.25	261205									
Italian Garlic Dip/Spread	organic	6x140g	14.60		3.25	261207									
Roasted Pepper Dip/Spread	organic	6x140g	14.60		3.25	261212									
❊ ***Rhythm 108 - vegan - gluten-free***															
*New and on offer from Rhythm 108, three organic vegan gluten-free sweet nut spreads in glass jars. **Chocolate Hazelnut Spread** has the signature Swiss Rhythm 108 taste with cocoa, sourced from partner cooperatives, and toasted hazelnuts. **Golden Blonde Spread** is a very moreish spread with creamy caramel, a hint of sea salt and a strong toasted hazelnut taste. **Pistachio Spread** is a velvety blend of rich roasted pistachios and almonds. As you would expect from Rhythm 108 products, they all taste amazing and can be used as spreads or in desserts. The pricing below represents a discount of 15%.*														
❒ Chocolate Hazelnut Spread - New!	organic	6x250g	22.40		4.98	261221									
❒ Golden Blonde Spread - New!	organic	6x250g	22.40		4.98	261222									
❒ Pistachio Spread - New!	organic	6x250g	26.15		5.81	261223									
❊ ***Suma - peanut butters***															
Peanut Butter Crunchy salted	organic	6x340g	18.40		4.09	252805									
Peanut Butter Crunchy salted	organic	6x700g	36.35		8.08	252807									
Peanut Butter Crunchy no salt	organic	6x340g	18.40		4.08	252810									
Peanut Butter Crunchy no salt	organic	6x700g	36.35		8.08	252812									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Peanut Butter Smooth salted	organic	6x340g	18.40		4.08	252815									
	Peanut Butter Smooth salted	organic	6x700g	36.35		8.08	252825									
	Peanut Butter Smooth no salt	organic	6x340g	18.40		4.08	252827									
	Peanut Butter Smooth no salt	organic	6x700g	36.35		8.08	252830									
	❊ ***Suma - pâtés & spreads***															
	Edamame Hummus in a jar	organic	6x135g	11.65		2.59	261507									
	❊ ***Suma - fruit spread***															
	Pear & Apple Spread		12x300g	27.00		3.00	292505									
	❊ ***Sunita - stoneground no-salt***															
	Black Whole Tahini		6x170g	12.65		2.81	253003									
	Whole Tahini		3kg	24.95	8.32		253005									
	Whole Tahini		12x280g	28.00		3.11	253010									
	Whole Tahini	organic	3kg	26.90	8.97		253017									
	Tahini Brown ORG	organic	6x280g	16.95		3.77	253018									
	Light Tahini	organic	3kg	26.90	8.97		253020									
	Tahini Light ORG	organic	6x280g	16.95		3.77	253025									
	Light Tahini		3kg	24.95	8.32		253030									
	Light Tahini		12x280g	28.00		3.11	253035									
	❊ ***Tartex - in tubes***															
▲	Classic Pâté	organic	12x200g	34.90		3.88	262105									
▲	Herb Pâté	organic	12x200g	34.90		3.88	262120									
▲	Herb & Garlic Pâté	organic	12x200g	34.90		3.88	262125									
▲	Mushroom Pâté	organic	12x200g	34.90		3.88	262130									
	❊ ***Thursday Cottage - jams & spreads***															
	Damson Jam	organic	6x340g	20.50		4.56	293351									
	Lemon Curd - contains egg	organic	6x310g	20.50		4.56	293353									
	Marmalade - Orange - medium cut	organic	6x340g	18.80		4.18	293355									
	Marmalade - Orange & Mandarin - fine cut	organic	6x340g	18.80		4.18	293357									
	Plum Jam	organic	6x340g	20.50		4.56	293359									
	Raspberry Jam	organic	6x340g	20.50		4.56	293362									
	Strawberry Jam	organic	6x340g	20.50		4.56	293365									
	❊ ***Thursday Cottage - reduced sugar preserves***															
	Reduced Sugar Marmalade - Orange		6x315g	13.60		3.03	293382									
	Reduced Sugar Jam - Strawberry		6x315g	15.85		3.52	293395									
	❊ ***Vego - organic, vegan, gluten-free, Fair Trade***															
	Crunchy Hazelnut Chocolate Spread	organic	6x350g	23.60		5.25	253391									
	❊ ***Whole Earth***															
▲	Peanut Butter Crunchy - small	organic	6x227g	17.15		3.81	253515									
▲	Peanut Butter Crunchy - large	organic	6x340g	23.60		5.24	253518									
▲	Peanut Butter Crunchy		6x340g	17.85		3.97	253525									
▲	Peanut Butter Smooth - small	organic	6x227g	17.15		3.81	253535									
▲	Peanut Butter Smooth - large	organic	6x340g	23.60		5.24	253538									
▲	Peanut Butter Smooth		6x340g	17.85		3.97	253540									
	❊ ***Wilkin & Sons of Tiptree - organic***															
	Apricot Conserve	organic	6x340g	23.35		5.19	295005									
	Blackcurrant Conserve	organic	6x340g	23.35		5.19	295010									
	Orange Marmalade	organic	6x340g	23.35		5.19	295015									
	Raspberry Conserve	organic	6x340g	23.35		5.19	295020									
	Strawberry Conserve	organic	6x340g	23.35		5.19	295025									
	❊ ***Wilkin & Sons of Tiptree - bulk***															
	Bulk Orange Marmalade Medium Cut		3kg	18.90	18.90		295040									
	Bulk Raspberry Seedless Conserve		3kg	23.95	23.95		295050									

■ Honey, Syrup, Sugar & Sweeteners

Some Clear Honeys will start to set (crystallize) in the colder weather.
This is a natural process and can be reversed by very gentle warming.

Description		size	price	£/unit	RRP	code
❊ ***Billingtons***						
Natural Golden Icing Sugar		10x500g	16.05		2.14	320502
Golden Granulated Sugar		10x1kg	22.65		3.02	320505
Golden Granulated Sugar		25kg	53.30	2.13		320508
Demerara Sugar		10x500g	12.00		1.60	320510
Demerara Sugar		4x3kg	24.00		8.00	320512
Demerara Sugar		25kg	61.65	2.47		320515
Light Muscovado Sugar		25kg	46.65	1.87		320523
Light Muscovado Sugar		10x500g	12.00		1.60	320520
Dark Muscovado Sugar		10x500g	14.30		1.91	320525
Molasses Sugar		10x500g	13.85		1.85	320535
Golden Caster Sugar		10x1kg	23.20		3.09	320540
Fine Golden Caster Sugar		25kg	51.15	2.05		320530
❊ ***Billingtons Organic***						
Organic Granulated	organic	10x500g	12.80		1.71	320715
Organic Light Granulated	organic	25kg	51.65	2.07		320720
Organic Golden Caster Sugar	organic	10x500g	17.95		2.39	320725
Organic Fine Golden (Caster) Sugar	organic	25kg	86.25	3.45		320727
Organic Icing Sugar - white	organic	25kg	89.50	3.58		320738
❊ ***Biona Sweeteners - in squeezy bottles***						
Large Agave - Light syrup	organic	6x700g	33.25		7.39	310401
Small Agave Nectar - Light syrup	organic	6x350g	17.95		3.99	310402
Agave Nectar - Dark syrup	organic	6x350g	18.85		4.19	310405
Blackstrap Molasses	organic	6x350g	13.45		2.99	310406
Maple Agave Syrup	organic	6x350g	25.60		5.69	310412
Coconut Blossom Nectar	organic	6x350g	30.10		6.69	310413
Date Syrup	organic	6x350g	19.75		4.39	310415
Rice Syrup	organic	6x350g	19.75		4.39	310410
❊ ***Biona - dehydrated nectar - low GI***						
Coconut Palm Sugar - small	organic	8x250g	17.95		2.99	321255
Coconut Palm Sugar - large	organic	5x500g	20.60		5.49	321260
❊ ***Biona FairTrade - boxed***						
Rapadura Whole Cane Sugar	organic	5x500g	18.30		4.88	321310
❊ ***Bulk Sweeteners***						
Bulk Agave Syrup	organic	25kg	110.00	4.40		311510
Corn Syrup	organic	25kg	100.00	4.00		311512
Bulk Malt Extract	organic	25kg	96.00	3.84		311520
❊ ***Clearspring Syrups - glass jar***						
Barley Malt Syrup	organic	6x300g	16.60		3.69	311003
Coconut Blossom Syrup	organic	6x300g	22.45		4.99	311004
Date Syrup	organic	6x300g	17.50		3.89	311005
Oat Syrup	organic	6x300g	17.95		3.99	311006
Rice Malt Syrup	organic	6x300g	16.60		3.69	311008
❊ ***Coconut Merchant - jar***						
Coconut Nectar - honey alternative	organic	12x300g	41.90		4.66	311590
❊ ***Comvita***						
Manuka Honey UMF 5+		3x250g	34.30		15.25	312005
❊ ***Dillon***						
On offer is Dillon Chicory Fibre Syrup, the pricing below represents a discount of 20%.						
❒ Chicory Fibre Syrup		6x230g	28.75		6.39	312020

1	2	3	4	5	6	7	8	9

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Equal Exchange - Fair Trade***															
	Clear Latin America Honey	*organic*	10x500g	59.00		*7.87*	**313015**									
	Set Latin America Honey	*organic*	10x500g	59.00		*7.87*	**313020**									
	❊ ***Equal Exchange - Fair Trade***															
	Raw Cane Sugar	*organic*	10x500g	27.50		*3.67*	**321405**									
	❊ ***Essential***															
	Honey Clear	*organic*	3.18kg	22.00	6.92		**313105**									
	Honey Set	*organic*	3.18kg	22.00	6.92		**313110**									
	❊ ***Food Alive - wild harvested 100% stevia***															
	Stevia Powder - Guayapi (single)		1x50g	6.60		*8.80*	**321440**									
	❊ ***Forest Wholefoods - jar***															
	Raw Acacia Honey	*organic*	6x500g	38.20		*8.49*	**321441**									
	Raw Lavender Honey	*organic*	6x500g	38.20		*8.49*	**321442**									
	Raw Wildflower Honey	*organic*	6x500g	38.20		*8.49*	**321443**									
	❊ ***General Food Merchants***															
	Blossom Honey - clear	*organic*	3kg	26.60	8.87		**313307**									
	Pure Honey - clear	*organic*	6x340g	22.45		*4.99*	**313301**									
	Acacia Honey - clear	*organic*	6x340g	26.95		*5.99*	**313302**									
	Honey & Royal Jelly - clear	*organic*	3x230g	13.00		*5.78*	**313311**									
	Forest Honey - clear	*organic*	6x340g	26.95		*5.99*	**313315**									
	Manuka Honey NPA 10+	*organic*	3x230g	53.95		*23.99*	**313318**									
	Vitacomplex - honey, pollen, royal jelly & propolis	*organic*	3x230g	14.15		*6.30*	**313325**									
	Pollen Granules	*organic*	3x110g	14.60		*6.49*	**313330**									
	❊ ***Green Valleys - raw***															
	Acacia Honey		6x400g	33.30		*7.40*	**314205**									
	Buckwheat Honey		6x400g	33.30		*7.40*	**314207**									
	Forest Honey		6x400g	33.30		*7.40*	**314210**									
	Heather Honey		6x400g	35.60		*7.90*	**314212**									
	Lime (Linden) Honey		6x400g	33.30		*7.40*	**314215**									
	Bee Pollen		6x100g	22.15		*4.90*	**314220**									
	❊ ***Infinity Foods***															
	Coconut Palm Sugar	*organic*	20kg	83.35	4.17		**321415**									
	Coconut Palm Sugar	*organic*	5kg	22.35	4.47		**321417**									
	Coconut Palm Sugar	*organic*	6x500g	16.90		*3.77*	**321418**									
	❊ ***Meridian - jars***															
	Blackstrap Molasses - Fair Trade	*organic*	6x600g	17.00		*3.78*	**315008**									
	Blackstrap Molasses - Fair Trade	*organic*	6x350g	11.60		*2.58*	**315010**									
	Malt Extract - non org		6x370g	16.60		*3.69*	**315025**									
	❊ ***Odysea***															
	Pomegranate Molasses		6x250ml	20.95		*4.66*	**315060**									
	❊ ***Pronatec***															
	Sucanat - Soft Whole Cane Sugar	*organic*	25kg	84.70	3.39		**321451**									
	❊ ***Raw Vibrant Living (was Raw Health)***															
	Raw Acacia Honey - squeezy bottle	*organic*	6x350g	30.10		*6.69*	**315605**									
	Raw Forest Honey - squeezy bottle	*organic*	6x350g	32.80		*7.29*	**315610**									
	Raw Pure Blossom Creamy Honey - squeezy bottle	*organic*	6x350g	28.30		*6.29*	**315615**									
	❊ ***Rayner's Essentials***															
▲	Black Treacle	*organic*	6x340g	16.15		*3.59*	**314510**									
▲	Black Treacle - tub	*organic*	5kg	23.60	4.72		**314512**									
▲	Golden Syrup	*organic*	6x340g	23.60		*5.24*	**314516**									
▲	Golden Syrup - tub	*organic*	5kg	34.10	6.82		**314527**									
▲	Barley Malt Extract	*organic*	6x340g	20.45		*4.54*	**314505**									
▲	Barley Malt Extract - tub	*organic*	5kg	26.95	5.39		**314507**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code
	❊ ***Seggiano***						
	Acacia Raw Honey		6x500g	63.60		*14.13*	**314530**
	Chestnut Raw Honey		6x500g	52.80		*11.73*	**314532**
	Orange Blossom Honey		6x500g	50.40		*11.20*	**314534**
	❊ ***Shady Maple Farms***						
	Maple Syrup - glass	*organic*	12x250ml	81.90		*9.10*	**316505**
	❊ ***St Lawrence Gold Canadian Maple Syrup & Honey***						
◆	Maple Syrup - amber grade A - glass	*organic*	12x330g	69.15		*7.68*	**316515**
◆	Maple Syrup - dark grade A - glass	*organic*	12x330g	69.15		*7.68*	**316516**
◆	Maple Syrup - amber grade A - plastic jug	*organic*	12x500ml	128.55		*14.28*	**316517**
◆	Maple Syrup - amber grade A - plastic jug	*organic*	1x1l	20.70		*27.60*	**316518**
◆	Maple Syrup - dark grade A - bag in box	*organic*	5l	86.60	17.32		**316521**
◆	Maple Syrup - very dark grade A - plastic pail	*organic*	20l	341.50	17.08		**316520**
◆	Maple Sugar Granulated - glass	*organic*	12x125g	65.60		*7.29*	**316522**
◆	Maple Butter - glass	*organic*	12x150g	73.00		*8.11*	**316524**
	❊ ***Syramena - South American Cane Sugar***						
	Extra Light Granulated Sugar	*organic*	25kg	55.50	2.22		**321386**
	Extra Light Granulated Sugar - Infinity Foods	*organic*	5kg	12.90	2.58		**321399**
	Extra Light Granulated Sugar - Infinity Foods	*organic*	6x500g	10.65		*2.37*	**321400**
	❊ ***Taylor Pass***						
	Wildflower & Manuka Honey		1x250g	6.25		*8.99*	**321475**
	ManukaMGO 50+ Honey Blend		1x250g	6.25		*8.99*	**321476**
	Manuka UMF 5+		1x250g	9.05		*12.99*	**321477**
	Manuka UMF 10+		1x250g	12.60		*17.99*	**321478**
	Manuka UMF 12+		1x250g	17.50		*24.99*	**321479**
	Manuka UMF 15+		1x250g	21.00		*29.99*	**321481**
	❊ ***Tiana***						
	Crystallised Coconut Nectar	*organic*	1x250g	4.15		*5.55*	**321495**
	❊ ***Total Sweet - alternative birch sweetener***						
	Total Sweet granulated sweetener - large		6x1kg	52.00		*11.56*	**320805**
	Total Sweet granulated sweetener - small		6x225g	14.00		*3.11*	**320810**
	❊ ***Vertmont***						
	Maple Syrup - glass	*organic*	6x250ml	23.65		*5.25*	**321105**
	Single Maple Syrup - plastic jug	*organic*	1x1l	14.95		*19.95*	**321115**
	❊ ***Wainwright's (previously Tropical Forest)***						
	Ukrainian Sunflower Honey - jar		6x380g	20.00		*4.46*	**321613**
	Zambian Forest Honey - clear - jar	*organic*	6x380g	20.00		*4.46*	**321614**
	Zambian Forest Honey - clear - tub	*organic*	1x3.18kg	22.60		*30.15*	**321616**
	Zambian Forest Honey - set - jar	*organic*	6x380g	20.00		*4.46*	**321618**
	Zambian Forest Honey - set - tub	*organic*	1x3.18kg	22.60		*30.15*	**321620**
	❊ ***Yakso***						
	Agave Syrup - bottle	*organic*	6x240ml	23.25		*5.17*	**313605**
	Agave Syrup - plastic	*organic*	1x5l	57.95		*77.31*	**313610**

■ Olives, Pickles and Preserved Vegetables

❊ ***Biona Beans - in jars - see "Convenience Foods" section***

❊ ***Biona - in jars***

On offer are selected Biona organic preserved vegetables, the pricing marked ❒ below represents a discount of 15%.

	Artichoke Hearts	*organic*	6x200g	21.10		*4.69*	**350602**
	Aubergine Pesto	*organic*	6x140g	14.80		*3.29*	**350603**
❒	Beetroot - sliced	*organic*	6x340g	8.00		*1.78*	**350610**
	Capers in E.V. Olive Oil	*organic*	6x120g	23.35		*5.19*	**350614**
	Capers in wine vinegar	*organic*	6x140g	14.35		*3.19*	**350616**
❒	Cornichons (baby gherkins)	*organic*	6x330g	17.55		*3.90*	**350615**
	Gherkins Sliced	*organic*	6x350g	18.85		*4.19*	**350619**

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Gherkins Sweet Sour - small	organic	6x350g	19.75		4.39	350620									
	Gherkins Sweet Sour - large	organic	6x680g	23.80		5.29	350623									
	Grilled Artichoke Hearts - in oil	organic	5x190g	18.70		4.99	350634									
	Grilled Red Pepper - in oil	organic	5x190g	14.60		3.89	350635									
❒	Kimchi	organic	6x350g	19.05		4.23	350622									
	Bella Di Cerignola Green Olives in brine	organic	5x280g	12.30		3.28	350611									
	Italian Sliced Green Olives in brine	organic	5x280g	13.85		3.69	350609									
	Peranzana Black Olives in brine	organic	5x280g	12.70		3.39	350617									
	Italian Pitted Black Olives - in brine	organic	5x280g	13.85		3.69	350636									
	Italian Pitted Green Olives - in brine	organic	5x280g	13.85		3.69	350637									
	Red Cabbage	demeter	6x350g	10.10		2.24	350624									
❒	Sauerkraut - small	organic	6x360g	9.15		2.04	350625									
❒	Sauerkraut - large	organic	6x680g	12.95		2.88	350627									
❒	Sauerkraut -Beetroot	organic	6x350g	9.50		2.12	350631									
❒	Golden Turmeric Sauerkraut	organic	6x350g	9.50		2.12	350633									
	Sun Dried Soft Tomatoes - in oil	organic	5x190g	14.95		3.99	350638									
	Sweetcorn - jar	organic	6x350g	10.30		2.29	350630									
	❊ ***Carley's Organic Foods - www.carleys.co.uk***															
	Preserved Lemons	organic	6x700g	27.15		6.25	351805									
	❊ ***Carley's Organic Foods - no added salt or sugar***															
	Apple & Sultana Chutney	organic	6x300g	13.70		3.15	351810									
	Red Onion Marmalade	organic	6x300g	17.15		3.95	351815									
	Spiced Tomato Relish	organic	6x300g	12.80		2.95	351820									
	❊ ***Clearspring - Bio Kitchen - Demeter - in jars***															
	Apple Sauce - 100% apple purée	demeter	6x360g	8.50		1.89	350102									
	Baked Beans - unsweetened	demeter	6x350g	11.20		2.49	350106									
	Broad Beans	demeter	6x350g	12.35		2.74	350120									
	Carrots & Peas	demeter	6x350g	11.65		2.59	350130									
	Chickpeas	demeter	6x350g	8.95		1.99	350103									
	French Beans	demeter	6x340g	8.95		1.99	350105									
	Garden Peas	demeter	6x350g	10.75		2.39	350107									
	Gherkins - Sweet & Sour	demeter	6x680g	26.95		5.98	350100									
	Gherkin Slices Sweet & Sour	demeter	6x350g	19.30		4.28	350111									
	Lentils	demeter	6x360g	8.50		1.89	350108									
	Red Cabbage	demeter	6x355g	9.85		2.19	350109									
	Sauerkraut	demeter	6x360g	8.95		1.99	350110									
	Silverskin Onions - sweet & sour	demeter	6x340g	17.50		3.88	350112									
	❊ ***Clearspring - Bio Kitchen - Organic - in jars***															
	Azuki Beans	organic	6x350g	9.90		2.20	350125									
	Bean Sprouts	organic	6x330g	12.55		2.79	350128									
	Button Mushrooms	organic	6x280g	16.15		3.58	350129									
	Red Kidney Beans	organic	6x350g	8.95		1.99	350133									
	Mixed Beans	organic	6x350g	8.50		1.89	350135									
	Sweetcorn	organic	6x350g	9.85		2.19	350116									
	❊ ***Epikouros Organic Olives***															
	New from Epikouros, a range of organic Greek olives in glass jars. They are all freshly jarred in a modified vacuum so there is no need for the olives to be pasteurised or immersed in brine. The ingredients are olives, sea salt, wine vinegar, extra virgin olive oil and herbs. ***Green Olives***, ***Kalamata Olives*** *and* ***Mixed Olives*** *are listed and they are available as whole or pitted.*															
❊	Green Olives	organic	6x200g	16.00		3.56	350300									
❊	Green Olives Pitted	organic	6x170g	16.95		3.77	350305									
❊	Kalamata Olives	organic	6x200g	17.60		3.91	350310									
❊	Kalamata Olives Pitted	organic	6x170g	18.55		4.12	350315									
❊	Mixed Olives	organic	6x200g	16.95		3.77	350320									
❊	Mixed Olives Pitted	organic	6x170g	17.90		3.98	350325									
	Kalamata Pitted Olives in brine - unpasteurised	organic	3kg	28.00	9.33		350330									
	Green 'Konservolea' Pitted Olives - unpasteurised	organic	3kg	22.00	7.33		350336									
	❊ ***Geo Organics - www.venturefoods.com***															
	Mango Chutney	organic	6x370g	19.15		4.26	350205									
	❊ ***Hellenic Sun***															
	Kalamata Olives in vinegar brine & olive oil	organic	6x330g	13.45		2.99	352006									
	Kalamata Olives - pitted in brine olive oil & red wine vinegar		6x330g	11.20		2.49	352007									
	Green Olives - in brine	organic	6x330g	13.45		2.99	352008									
	Jumbo Green Olives - pitted in brine		6x330g	11.20		2.49	352009									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Olive Medley Black Pepper & Cumin - pitted in brine		6x330g	13.45		2.99	352023									
	Smoked Kalamata Olives - pitted in brine		6x330g	17.95		3.99	352024									
	Turmeric Olives with Lemon Verbena - pitted in brine		6x330g	13.45		2.99	352026									
	Kalamata Olives - pitted in vinegar brine & olive oil	organic	2kg	16.50	8.25		352012									
	Green Olives - pitted in brine & olive oil	organic	2kg	13.70	6.85		352014									
	Jumbo Green Olives - in brine & olive oil		2kg	9.00	4.50		352016									
	Black Olives - in red wine vinegar brine & olive oil		2kg	10.50	5.25		352018									
	❊ ***Lion's Den***															
	Chipotle Shiitake Relish		6x220g	21.00		4.67	350340									
	Shiitake Relish		6x220g	21.00		4.67	350342									
	❊ ***Mani - Greek Organic products***															
◆	Garlic with Herbs in e.v. olive oil	organic	6x190g	20.20		4.49	350368									
	Green Olives - vacuum preserved	organic	6x205g	17.90		3.98	350370									
	Green Olives with Pink Peppercorns - vacuum preserved	organic	6x205g	17.90		3.98	350371									
	Green & Kalamata Olives with Chilli - vacuum preserved	organic	6x205g	17.90		3.98	350374									
	Kalamata Olives - vacuum preserved	organic	6x205g	17.90		3.98	350375									
	Kalamata Olives in e.v. Olive oil	organic	6x280g	22.40		4.98	350380									
	Green & Kalamata Pitted Olives - vacuum preservec	organic	6x175g	17.90		3.98	350382									
◆	Mediterranean Mix in e.v. olive Oil	organic	6x190g	20.20		4.49	350381									
	Mixed Olives with Mediterranean Herbs - vacuum preserved	organic	6x175g	17.90		3.98	350387									
	Mixed Olives with Rosemary - vacuum preserved	organic	6x175g	17.90		3.98	350388									
	Capers in e.v. Olive Oil	organic	6x180g	22.40		4.98	350385									
	Olive Paste	organic	6x180g	20.15		4.48	350390									
	Sun Dried Tomatoes in e.v. Olive Oil	organic	6x180g	22.40		4.98	350393									
	Sun dried Tomato Paste	organic	6x180g	20.15		4.48	350395									
	❊ ***Morgiel***															
◆	Beetroot & Horseradish Relish	organic	6x300g	14.00		3.33	350400									
◆	Pickled Baby Beetroots	organic	6x300g	14.00		3.33	350402									
◆	Pickled Gherkins with Red Peppers	organic	6x670g	17.60		4.19	350404									
◆	Plain Sauerkraut	organic	6x680g	14.00		3.33	350406									
◆	Sauerkraut with Carrot	organic	6x680g	14.00		3.33	350408									
◆	Gherkins in Brine	organic	6x820g	18.40		4.38	350410									
	❊ ***Mr Organic - antipasti - vegan***															
	Grilled Artichoke Antipasti	organic	5x190g	18.35		4.89	350430									
	Grilled Peppers Antipasti	organic	5x190g	14.60		3.89	350434									
	Sundried Tomatoes & Capers Antipasti	organic	5x190g	14.60		3.89	350438									
	❊ ***Ouse Valley***															
	Apricot & Ginger Chutney		6x220g	20.70		4.60	351916									
	Cheeseboard Chutney		6x220g	19.10		4.25	351914									
	Hari's Lime & Green Chilli Pickle		6x190g	22.70		5.04	351904									
	Maharani's Mango Chutney		6x215g	20.25		4.50	351917									
	Piccalilli - Hot!		6x210g	18.45		4.10	351918									
	Spiced Aubergine Pickle		6x190g	20.00		4.45	351915									
	The Ploughman's Pickle		6x215g	20.25		4.50	351919									
	Tomato & Red Pepper Relish		6x200g	18.45		4.10	351920									
	❊ ***Parthenon Olives***															
	Kalamata Olives in brine & vinegar - vacuum bag		10x250g	17.15		2.29	352021									
	Mediterranean Mix Olives - vacuum bag		10x250g	17.15		2.29	352022									
	❊ ***Realfoods by Organico - Mediterranean vegetables in jars***															
	Artichoke Hearts in sunflower oil	organic	5x190g	18.55		4.95	351680									
	Peppers - grilled - in e.v. olive oil	organic	5x190g	14.80		3.95	351675									
	Capers in brine - large	organic	12x250g	35.55		3.95	351695									
	Capers in brine - small	organic	12x100g	22.05		2.45	351696									
	Sundried Tomatoes in Oil	organic	5x190g	15.95		4.26	351686									
	❊ ***Realfoods by Organico - olives in jars***															
	Kalamata Olives pitted in brine and wine vinegar	organic	6x230g	15.50		3.45	351750									
	Green & Greek Olives pitted in brine	organic	6x230g	15.50		3.45	351751									
	❊ ***Real Natural - Provinces of India chutneys***															
	Mango Chutney with Ginger & Roast Cumin		6x320g	22.45		5.00	351950									
	Spicy Tomato Chutney - Caramelised Onion & Cardamom		6x320g	22.45		5.00	351955									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Suma***															
	Supersweet Sweetcorn - easy open can	*organic*	12x160g	13.05		*1.45*	**352049**									
	Supersweet Sweetcorn - easy open can - large	*organic*	12x340g	19.35		*2.15*	**352052**									

■ Vinegars

	❊ ***Aspall***															
▼	Apple Balsamic Vinegar		6x350ml	13.55		*3.01*	**370503**									
▲	Balsamic Vinegar	*organic*	6x350ml	19.15		*4.26*	**370504**									
◆	Balsamic Vinegar	*organic*	5l	35.80	7.16		**370507**									
▲	Cyder Vinegar	*organic*	20l	47.80	2.39		**370511**									
▲	Cyder Vinegar	*organic*	5l	16.25	3.25		**370512**									
▲	Cyder Vinegar	*organic*	6x500ml	11.55		*2.57*	**370516**									
▲	Cyder Vinegar	*organic*	6x350ml	9.95		*2.21*	**370518**									
▲	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	17.55 V		*4.68*	**370522**									
▲	Raw Unfiltered Cyder Vinegar	*organic*	6x500ml	14.75		*3.28*	**370519**									
▲	Raw Unfiltered Cyder Vinegar	*organic*	5l	16.25	3.25		**370520**									
▲	Red Wine Vinegar	*organic*	6x350ml	9.80		*2.18*	**370535**									
▲	White Wine Vinegar	*organic*	6x350ml	9.80		*2.18*	**370550**									
◆	Organic White Wine Vinegar	*organic*	5l	15.95	3.19		**370552**									
◆	Red Wine Vinegar		5l	10.50	2.10		**370517**									
◆	White Wine Vinegar (not organic)		5l	10.50	2.10		**370523**									
	❊ ***Biona***															
	Balsamic Vinegar	*organic*	6x500ml	22.45		*4.99*	**370603**									
	Balsamic Glaze	*organic*	12x150ml	36.80		*4.09*	**370615**									
	Cider Vinegar - raw + the mother	*organic*	6x500ml	14.35		*3.19*	**370607**									
	Cider Vinegar - raw + the mother	*organic*	6x750ml	17.95		*3.99*	**370610**									
	Cider Vinegar - raw + the mother	*organic*	1x5l	11.90		*15.89*	**370612**									
	Coconut Vinegar + the mother	*organic*	6x250ml	14.80		*3.29*	**370614**									
	❊ ***Clearspring Organic Brown Rice Vinegar - see Japanese Products section***															
	❊ ***Clearspring***															
	Balsamic Vinegar - large	*organic*	6x500ml	49.45		*10.99*	**370910**									
	Balsamic Vinegar - small	*organic*	6x250ml	26.95		*6.00*	**370912**									
	Apple Balsamic Vinegar - large	*organic*	6x500ml	49.45		*10.99*	**370915**									
	Apple Balsamic Vinegar - small	*organic*	6x250ml	26.95		*6.00*	**370917**									
	Apple Cider Vinegar + the mother	*organic*	6x500ml	22.45		*5.00*	**370919**									
	ACV - Ginger, Turmeric Black Pepper + the mother	*organic*	6x500ml	23.80		*5.30*	**370934**									
	Red Wine Vinegar	*organic*	6x500ml	22.45		*5.00*	**370920**									
	White Wine Vinegar	*organic*	6x500ml	22.45		*5.00*	**370925**									
	❊ ***Herons Folly Garden - Sussex - glass***															
	Apple Cider Vinegar - with the mother	*organic*	6x770ml	23.65		*5.26*	**371315**									
	❊ ***Mr Organic***															
	Balsamic Modena Glaze	*organic*	6x150ml	20.20		*4.49*	**371346**									
	Balsamic Modena Vinegar	*organic*	12x500ml	40.40		*4.49*	**371350**									
	❊ ***Raw Vibrant Living (was Raw Health)***															
	On offer are Raw Vibrant Living organic vinegars, the pricing below represents a discount of 15%.															
❒	Raw Apple Cider Vinegar	*organic*	6x500ml	12.55		*2.79*	**371605**									
❒	Raw Apple Cider Vinegar	*organic*	12x1l	36.60		*4.07*	**371608**									
❒	Raw ACV Infusion with Turmeric & Ginger	*organic*	12x500ml	28.20		*3.13*	**371612**									
	❊ ***Rayners organic raw unfiltered vinegars in glass***															
▲	Apple Cider Vinegar with the mother	*organic*	6x750ml	23.60		*5.25*	**371620**									
▲	Apple Cider Vinegar with the mother	*organic*	6x500ml	17.30		*3.85*	**371622**									
▲	Coconut Vinegar with the mother	*organic*	6x250ml	21.35		*4.75*	**371625**									
▲	Pomegranate Vinegar with the mother	*organic*	6x250ml	23.60		*5.25*	**371628**									
▲	Red Wine Vinegar with the mother	*organic*	6x500ml	17.30		*3.85*	**371630**									
▲	White Wine Vinegar with the mother	*organic*	6x500ml	17.30		*3.85*	**371632**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Realfoods by Organico - oak-aged di Modena***															
▲	Italian Balsamic Vinegar	*organic*	6x250ml	22.25		*4.94*	**371553**									
	Italian Balsamic Glaze	*organic*	6x250ml	31.25		*6.94*	**371554**									
	❊ ***Seggiano***															
	Balsamic Modena Vinegar	*organic*	12x250ml	47.35		*5.26*	**371640**									

■ Sauces, Fruit and Vegetable Products (including Mushrooms)

	❊ ***Amaizin Mexican***															
	Taco Seasoning - packet	*organic*	12x27g	14.15		*1.57*	**389886**									
	Jalapeño Peppers - jar	*organic*	6x170g	12.85		*2.86*	**389890**									
	Taco Sauce Hot	*organic*	6x220g	12.60		*2.80*	**389892**									
	Taco Sauce Mild	*organic*	6x220g	12.60		*2.80*	**389894**									
	❊ ***BeSaucy vegan mayo***															
	On offer is BeSaucy vegan plain mayo, the pricing marked ❒ below represents a discount of 20%.															
❒	Vegan Mayo		4.5kg	20.55	4.57		**389838**									
❒	Vegan Mayo		6x180g	11.05		*2.46*	**389839**									
	Vegan Basil Mayo		6x180g	14.85		*3.30*	**389843**									
	Vegan Black Truffle Mayo		6x180g	16.30		*3.62*	**389845**									
	Vegan Dill & Gherkin Mayo		6x180g	14.85		*3.30*	**389846**									
	Vegan Garlic Mayo - tub		2.5kg	16.40	6.56		**389847**									
	Vegan Garlic Mayo		6x180g	14.85		*3.30*	**389848**									
	Vegan Smoked Chipotle Mayo		6x180g	14.85		*3.30*	**389849**									
	❊ ***Biona - Coconut Milk Powder see Soya, Nut and Grain Drinks***															
	❊ ***Biona - Canned Veg Products***															
	On offer are selected Biona coconut milks, the pricing marked ❒ below represents a discount of 15%.															
	Banana Blossom in Brine	*organic*	6x400g	12.10		*2.69*	**390194**									
	Coconut Milk (17% fat) - 4 Pack	*organic*	6x4x400ml	38.65		*8.59*	**390189**									
❒	Coconut Milk (17% fat) - large	*organic*	6x400ml	9.15		*2.03*	**390195**									
	Coconut Milk (17% fat) - small	*organic*	8x200ml	10.10		*1.68*	**390196**									
	Light 9% fat Coconut Milk	*organic*	6x400ml	9.40		*2.09*	**390197**									
	Condensed Coconut Milk Sweetened	*organic*	8x210g	14.35		*2.39*	**390199**									
❒	Coconut Cream	*organic*	6x400ml	10.25		*2.28*	**390198**									
	Coconut Golden Milk	*organic*	6x400ml	12.10		*2.69*	**390201**									
	Coconut Whipping Cream	*organic*	6x400ml	14.35		*3.19*	**390200**									
❒	Green Curry Coconut Milk	*organic*	6x400ml	11.40		*2.53*	**390202**									
	Jackfruit (young chunks) in salted water	*organic*	3x2.8kg	24.00		*10.67*	**290203**									
	Jackfruit (young chunks) in salted water	*organic*	6x400g	13.45		*2.99*	**290205**									
	Jackfruit Stew	*organic*	6x400g	16.60		*3.69*	**290211**									
	Sweetcorn - canned	*organic*	6x340g	11.20		*2.49*	**390207**									
	❊ ***Biona - Fruit Products***															
	Large Apple Purée - jar	*organic*	6x700g	15.70		*3.49*	**390102**									
	Small Apple Purée - jar	*demeter*	6x360g	9.85		*2.19*	**390104**									
	Apple & Apricot Purée - jar	*organic*	6x360g	11.20		*2.49*	**390106**									
	Apple & Banana Purée - jar	*organic*	6x360g	11.20		*2.49*	**390100**									
	Apple & Mango Purée - jar	*organic*	6x360g	11.20		*2.49*	**390101**									
	Apple & Rhubarb Purée - jar	*organic*	6x360g	11.20		*2.49*	**390114**									
	Pear Purée - jar	*organic*	6x360g	10.75		*2.39*	**390116**									
	Pineapple Pieces - tinned in juice	*organic*	6x400g	19.75		*4.39*	**389060**									
	Pineapple Rings - tinned in juice	*organic*	6x400g	19.75		*4.39*	**389065**									
	Stem Ginger in Syrup	*organic*	6x330g	30.10		*6.69*	**389067**									
	❊ ***Biona - Sauces. Mustards, Pastes, Relish***															
	On offer are selected Biona sauces, the pricing marked ❒ below represents a discount of 15%.															
	Asparagus Cream	*organic*	6x120g	15.70		*3.49*	**390093**									
❒	BBQ Sauce	*organic*	6x250ml	13.35		*2.97*	**390094**									
	Harissa Chilli Relish	*demeter*	6x125g	16.60		*3.69*	**390095**									
	Horseradish Mustard	*demeter*	6x125g	15.70		*3.49*	**390097**									
	Chilli Paste made with Amando Peppers	*demeter*	6x125g	17.95		*3.99*	**390091**									
	Garlic Paste	*organic*	6x130g	14.35		*3.19*	**390088**									
	Garlic & Ginger Paste	*organic*	6x130g	14.35		*3.19*	**390089**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Ginger Paste	organic	6x130g	14.35		3.19	390090									
	Ginger Turmeric Paste	organic	6x130g	14.35		3.19	390087									
	Hot Pepper Sauce (tabasco) - gluten-free	organic	6x140ml	18.85		4.19	390098									
	Mayonnaise Sunflower Oil - jar	organic	6x230g	18.85		4.19	390140									
	Mayonnaise 40% Olive Oil - jar	organic	6x230g	22.45		4.99	390170									
❒	Squeezy Original Mayonnaise	organic	6x270ml	17.90		3.98	390186									
❒	Egg-free Mayo - Vegan	organic	6x230g	13.35		2.97	390161									
❒	Mustard - Dijon	organic	6x200g	12.55		2.79	390172									
	Mustard - Wholegrain	organic	6x200g	15.70		3.49	390173									
	Squeezy Mustard - German (medium hot)	organic	6x300ml	13.00		2.89	390174									
	Green Pesto with pine kernels	organic	6x120g	19.30		4.29	390118									
	Red Pesto with SD tomatoes	organic	6x120g	16.15		3.59	390123									
	Satay Spicy Peanut Simmer Sauce	organic	6x350g	18.95		4.21	390187									
	Thai Red Curry Paste	organic	6x125g	15.25		3.39	390204									
	Tikka Masala Simmer Sauce	organic	6x350g	17.95		3.99	390190									
	Tomato Ketchup with agave syrup	organic	6x340g	15.70		3.49	390137									
❒	Squeezy Classic Tomato Ketchup	organic	12x560g	32.80		3.64	390138									
❒	Squeezy No Added Sugar Tomato Ketchup	organic	9x470g	21.15		3.13	390188									
	Sriracha Chilli Sauce	organic	6x130ml	14.80		3.29	390184									
❒	Sweet Chilli Sauce	organic	6x250ml	13.35		2.97	390176									
	Worcester Sauce	organic	6x140ml	19.30		4.29	390175									
	Cool Salsa Dip Sauce	organic	6x260g	13.90		3.09	390180									
	Hot Salsa Dip Sauce	organic	6x260g	13.90		3.09	390181									
	❊ ***Biona - Tomato Products***															
	On offer are selected Biona organic tomato products, the pricing marked ❒ below represents a discount of 15%.															
◆	Passata	organic	12x680g	20.60		2.29	390115									
◆	Passata with Basil	organic	12x680g	20.60		2.29	390117									
◆	Passata Rustica	organic	12x680g	23.30		2.59	390119									
	Sun-dried Tomatoes in EV Olive Oil	organic	6x170g	25.60		5.69	390128									
◆	Arrabbiata Pasta Sauce (hot & spicy)	organic	6x350g	13.45		2.99	390129									
◆	Basilico Tomato & Basil Sauce	organic	6x350g	13.45		2.99	390130									
◆	Toscana Pasta Sauce (Tuscan)	organic	6x350g	13.45		2.99	390139									
	Tomatoes Chopped Peeled - 4 Pack	organic	6x4x400g	24.25		5.39	390179									
❒	Tomatoes Chopped	organic	12x400g	11.40		1.27	390105									
	Tomatoes Chopped - bulk	organic	6x2.5kg	30.10		6.69	390112									
	Tomatoes Chopped with Basil	organic	12x400g	14.30		1.59	390107									
	Tomatoes Chopped with Garlic & Oregano	organic	12x400g	17.00		1.89	390111									
❒	Tomatoes Whole Plum	organic	12x400g	11.40		1.27	390110									
❒	Tomatoes - Whole Cherry - canned	organic	12x400g	14.45		1.61	390113									
❒	Tomato Purée - jar	organic	6x200g	9.50		2.11	390135									
	❊ ***Bonsan - organic vegan Sauces. Mustards, Pastes, Relish***															
	Caesar Dressing	organic	6x310ml	21.10		4.69	350731									
	Green Pesto - bright & zesty	organic	6x130g	17.95		3.99	350735									
	Hot & Fiery Sauce	organic	6x140ml	18.85		4.19	350739									
	Sweet Mustard Dressing	organic	6x310ml	19.75		4.39	350741									
	Worcester Sauce	organic	6x140ml	19.30		4.29	350750									
	❊ ***Carley's Organic Foods***															
	Coarse Grain Mustard	organic	6x170g	10.40		2.39	390275									
	English Mustard	organic	6x170g	10.40		2.39	390280									
	Apple Purée	organic	6x700g	12.80		2.95	390310									
	❊ ***Clearspring - BioKitchen Apple Sauce - see "Olives, Pickles & Preserved Vegetables" section***															
	❊ ***Clearspring - canned***															
	Coconut Milk	organic	6x400ml	11.20		2.49	390505									
	Coconut Milk	organic	6x200ml	6.70		1.49	390508									
	Extra Rich Coconut Cream	organic	6x200ml	10.30		2.29	390510									
	❊ ***Clearspring - in glass***															
	Jackfruit (young chunks) in salted water - large	organic	6x500g	15.70		3.49	390514									
	❊ ***Clearspring - pouches***															
◆	Apple & Blueberry Purée - single pouch	organic	18x100g	18.75		1.39	390582									
◆	Apple & Mango Purée - single pouch	organic	18x100g	18.75		1.39	390583									
◆	Banana, Blueberry & Strawberry Purée - single pouch	organic	18x100g	18.75		1.39	390584									
◆	Banana, Strawberry & Mango Purée - single pouch	organic	18x100g	18.75		1.39	390587									
◆	Pear Purée - single pouch	organic	18x100g	18.75		1.39	390588									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Clearspring - pots - 100% fruit***															
	Apple Purée	*organic*	12x2x100g	17.90		*1.99*	**390605**									
	Apple & Apricot Purée	*organic*	12x2x100g	17.90		*1.99*	**390610**									
	Apple Banana Strawberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390612**									
	Apple & Blueberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390615**									
	Apple & Mango Purée	*organic*	12x2x100g	17.90		*1.99*	**390617**									
	Apple & Plum Purée	*organic*	12x2x100g	17.90		*1.99*	**390620**									
	Apple & Strawberry Purée	*organic*	12x2x100g	17.90		*1.99*	**390625**									
	Pear Purée	*organic*	12x2x100g	17.90		*1.99*	**390630**									
	Pear & Banana Purée	*organic*	12x2x100g	17.90		*1.99*	**390635**									
	Prune Purée	*organic*	12x2x100g	17.90		*1.99*	**390640**									
	❊ ***Clearspring - Biodynamic pasta sauces - in glass***															
	Passata - Demeter	*organic*	12x700g	25.10		*2.79*	**390650**									
	Passata Rustica- Demeter	*organic*	12x510g	25.10		*2.79*	**390654**									
	Arrabbiata Pasta Sauce - Demeter	*organic*	6x300g	12.55		*2.79*	**390656**									
	Basilico Pasta Sauce - Demeter	*organic*	6x300g	12.55		*2.79*	**390658**									
	Porcini Pasta Sauce - Demeter	*organic*	6x300g	13.45		*2.99*	**390660**									
	Puttanesca Pasta Sauce - Demeter	*organic*	6x300g	13.45		*2.99*	**390662**									
	❊ ***Clearspring - gluten-free Thai sauce in glass***															
	On offer is Clearspring organic Pad Thai Sauce, the pricing below represents a discount of 15%.															
❒	Pad Thai Sauce	*organic*	6x150ml	21.35		*4.74*	**390664**									
	❊ ***Clearspring - dried mushrooms***															
	Shiitake Mushrooms	*organic*	6x40g	35.95		*7.99*	**510558**									
	❊ ***Coconut Merchant***															
	Coconut Milk - bag	*organic*	1x5l	18.60		*24.90*	**390749**									
	Coconut Milk	*organic*	6x400ml	8.35		*1.86*	**390752**									
	Coconut Milk	*organic*	12x200ml	13.35		*1.48*	**390754**									
	❊ ***Delouis Fils organic mustard - vegan***															
	Dijon Extra Strong Smooth	*organic*	5kg	45.00	9.00		**391002**									
	Dijon Extra Strong Smooth	*organic*	6x200g	13.25		*2.94*	**391005**									
	Whole Grain Mustard with Cider Vinegar	*organic*	6x200g	13.25		*2.94*	**391010**									
	❊ ***Essential Trading - canned - no added sugar***															
	Jackfruit (young chunks) in salted water	*organic*	6x400g	12.55		*2.79*	**391207**									
	Jackfruit (young chunks) in salted water - large	*organic*	3x3kg	25.00		*11.11*	**391208**									
	Mango Chunks in juice	*organic*	6x400g	11.50		*2.56*	**391210**									
	Pineapple Chunks in juice	*organic*	6x400g	17.30		*3.84*	**391213**									
	Tropical Fruits in juice	*organic*	6x400g	11.20		*2.49*	**391215**									
	❊ ***Essential Trading***															
	Coconut Milk	*organic*	3x3l	30.40		*13.51*	**391220**									
◆	Tom Purée Tube Double Conc. - tube	*organic*	12x130g	13.95		*1.55*	**391230**									
▼	Chopped Tomatoes	*organic*	12x400g	9.70		*1.08*	**391235**									
	❊ ***Foresta Food - dried***															
	"Mixed" - slippery jack, oyster, porcini **"Porcini+" - Boletus Edulis, Boletus Badius**															
	Chanterelle Forest Mushrooms		10x25g	32.65		*4.35*	**393750**									
	Mixed Forest Mushrooms		10x25g	26.50		*3.53*	**393752**									
	Porcini+ Forest Mushrooms		10x25g	30.10		*4.01*	**393755**									
	Shiitake Forest Mushrooms		10x25g	26.50		*3.53*	**393757**									
	❊ ***Geo Organics - Taste of the East - Indian***															
	Balti Curry Paste	*organic*	6x180g	17.30		*3.85*	**391475**									
	Bhuna Curry Paste	*organic*	6x180g	17.30		*3.85*	**391477**									
	Korma Curry Paste	*organic*	6x180g	17.30		*3.85*	**391485**									
	Madras Curry Paste	*organic*	6x180g	17.30		*3.85*	**391487**									
	Tikka Masala Curry Paste	*organic*	6x180g	17.30		*3.85*	**391490**									
	❊ ***Geo Organics - Taste of the East - Thai***															
	Green Thai Curry Paste	*organic*	6x180g	17.30		*3.85*	**391492**									
	Red Thai Curry Paste	*organic*	6x180g	17.30		*3.85*	**391495**									
	Yellow Thai Curry Paste	*organic*	6x180g	17.30		*3.85*	**391497**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Geo Organics - Taste of the East - Indonesia***															
	Rendang Paste - Indonesian	*organic*	6x180g	17.30		*3.85*	**391480**									
	Satay Paste - Indonesian	*organic*	6x180g	17.30		*3.85*	**391481**									
	❊ ***Geo Organics - condiment sauces***															
	Worcestershire Sauce	*organic*	6x150ml	17.30		*3.85*	**391501**									
	❊ ***Geo Organics - vegan mayo - soya-free***															
	Vegan Mayo	*organic*	6x240ml	12.85		*2.86*	**391510**									
	❊ ***Harry Brand - gluten-free vegan harissa***															
	Harissa - jar		6x210g	23.85		*5.30*	**391630**									
	❊ ***Infinity Foods***															
	Sun-dried Tomato Halves	*organic*	10kg	68.40	6.84		**393001**									
	Sun-dried Tomato Halves	*organic*	1kg	8.64	8.64		**393002**									
	Sun-dried Tomato Halves	*organic*	6x250g	13.25		*2.94*	**8755**									
	❊ ***La Bio Idea***															
	Passata	*organic*	12x680g	20.05		*2.23*	**391655**									
	Passata Basilico (with Basil)	*organic*	12x680g	21.20		*2.36*	**391657**									
	Pesto Siciliano - vegetarian	*organic*	12x130g	30.40		*3.38*	**391660**									
	Pesto Rosso - vegan	*organic*	12x140g	30.40		*3.38*	**391662**									
	Pesto Genovese - vegetarian	*organic*	12x130g	30.40		*3.38*	**391665**									
	Tomato Ketchup	*organic*	6x480g	16.90		*3.76*	**391670**									
	Tomato Purée - cans	*organic*	6x890g	24.40		*5.42*	**391672**									
	Tomato Purée - jar	*organic*	12x200g	16.75		*1.86*	**391673**									
	Tomatoes - peeled, in glass jars	*organic*	6x660g	26.45		*5.88*	**391675**									
	Tomatoes - peeled in tins	*organic*	12x400g	13.60		*1.51*	**391680**									
	Tomatoes - chopped in tins	*organic*	12x400g	13.50		*1.50*	**391685**									
	❊ ***Mr Organic - Italy - canned - vegan***															
	Chopped Tomatoes -4 Pack	*organic*	6x4x400g	25.15		*5.59*	**392128**									
	Chopped Tomatoes - BPA-free	*organic*	12x400g	13.40		*1.49*	**392130**									
	Peeled Tomatoes - BPA-free	*organic*	12x400g	13.40		*1.49*	**392132**									
	Cherry Tomatoes - BPA-free	*organic*	12x400g	17.00		*1.89*	**392125**									
	❊ ***Mr Organic - Italy - vegan***															
	New and on offer are Mr Organic vegan pestos in a new larger 190g jar. They are the same recipe with new barcodes and will replace the existing 130g size as they run out. The pricing marked ❒ below represents a discount of 15% on the pestos and selected sauces.															
❒	Aubergine Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392156**									
❒	Basil & Chilli Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392165**									
❒	Sundried Tomato Pesto - no added sugar - vegan	*organic*	6x130g	12.55		*2.79*	**392134**									
❒	Aubergine Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392196**									
❒	Basil Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392198**									
❒	Basil & Chilli Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392199**									
❒	Chilli & Garlic Pesto - New!	*organic*	6x190g	14.85		*3.30*	**392200**									
❒	Grilled Pepper Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392201**									
❒	Sundried Tomato Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392202**									
❒	Tomato Olive Pesto - no added sugar - New!	*organic*	6x190g	14.85		*3.30*	**392203**									
❒	Aubergine Ragu Pasta Sauce	*organic*	6x350g	12.55		*2.79*	**392162**									
❒	Basilico Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392135**									
❒	Bolognese Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392137**									
❒	Basilico Smooth Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392172**									
❒	Bolognese Smooth Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392173**									
❒	Cherry Tomato Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392138**									
❒	Chilli Arrabbiata Pasta Sauce	*organic*	6x350g	11.80		*2.62*	**392139**									
❒	Mushroom Ragu Pasta Sauce	*organic*	6x350g	12.55		*2.79*	**392183**									
❒	Roast Garlic Pasta Sauce - no added sugar	*organic*	6x350g	11.80		*2.62*	**392151**									
❒	Capers & Olives Pasta Sauce - no added sugar	*organic*	6x350g	11.80		*2.62*	**392152**									
	Kids' Veggie Pasta Sauce - carrot sweet potato courgette	*organic*	6x200g	10.75		*2.39*	**392187**									
	Kids' Veggie Pasta Sauce - tomato carrot parsnip	*organic*	6x200g	10.75		*2.39*	**392188**									
	Ketchup	*organic*	6x480g	15.70		*3.49*	**392142**									
	Ketchup - Naturally sweetened (apple juice)	*organic*	6x480g	17.05		*3.79*	**392148**									
	Passata - large	*organic*	12x690g	21.50		*2.39*	**392143**									
	Passata - small	*organic*	6x400g	8.50		*1.89*	**392144**									
	Passata - with mixed herbs	*organic*	6x400g	11.20		*2.49*	**392158**									
	Passata - with chilli & garlic	*organic*	6x400g	11.20		*2.49*	**392159**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Passata Rustica	organic	12x690g	22.40		2.49	392145									
	Passata With Fresh Basil	organic	12x690g	21.50		2.39	392153									
	Tomato Purée - jar	organic	6x200g	10.75		2.39	392149									
	Flavour Paste - Tomato & Garlic	organic	6x200g	10.75		2.39	392168									
	Flavour Paste - Tomato & Pepper	organic	6x200g	10.75		2.39	392169									
	Flavour Paste - Tomato & Vegetable	organic	6x200g	10.75		2.39	392171									
	Tomato & Olive Bruschetta Topping	organic	6x190g	12.10		2.69	392161									
	❊ ***Mr Organic - high protein - vegan***															
	On offer are Mr Organic ragus, the pricing below represents a discount of 15%.															
❒	Lentil Ragu	organic	6x350g	12.55		2.79	392154									
❒	Seitan Ragu	organic	6x350g	12.55		2.79	392155									
❒	Tofu Ragu	organic	6x350g	12.55		2.79	392160									
	❊ ***Mrs Mack's***															
	Poppy Seed Dressing	organic	1x200ml	4.50		6.02	392270									
	❊ ***Realfoods by Organico - pesto - raw***															
▲	Vegan Green Pesto	organic	6x120g	15.50		3.44	393071									
	Vegan Red Pesto	organic	6x120g	15.50		3.44	393073									
	❊ ***Realfoods by Organico Tuscan sauces***															
▼	Tomato & Basil Pasta Sauce	organic	6x300g	15.75		3.50	393075									
	❊ ***Seggiano - Vegan***															
	Cavalo Nero Black Kale Pesto		6x200g	30.40		6.76	392582									
	Raw Basil Pesto Genovese		12x200g	60.80		6.76	392584									
	Tomato Pesto Rosso		12x200g	60.80		6.76	392586									
	Wild Fennel Tomato Pesto		6x220g	24.00		5.33	392588									
	Arrabbiata Pasta Sauce	organic	6x350g	15.20		3.38	392598									
	Basilico Pasta Sauce	organic	6x350g	15.20		3.38	392600									
	Marinara Pasta Sauce	organic	6x350g	15.20		3.38	392602									
	Melanzane Aubergine Pasta Sauce	organic	6x350g	15.20		3.38	392603									
	Puttanesca Pasta Sauce	organic	6x350g	15.20		3.38	392604									
	Salsa Sicilian Cherry Tomatoes	organic	12x330g	25.60		2.84	392606									
	❊ ***Source Foods***															
	Dulse, Sea Spaghetti, Tarragon Mustard		5x170g	11.00		2.93	392630									
	Mexican Chilli Miso Mustard		5x170g	11.00		2.93	392632									
	Miso Mustard		5x170g	11.00		2.93	392634									
	❊ ***Suma***															
	Tomato Purée in Tubes	organic	24x200g	34.00		1.89	392740									
◆	Mayonnaise - egg	organic	6x300g	20.70		4.60	392742									
	❊ ***Sunita***															
	Pesto Genovese - vegan	organic	6x130g	16.35		3.64	393010									
	Pesto Rosso - vegan	organic	6x130g	16.35		3.64	393012									
	❊ ***Tarantella***															
	Chopped Tomatoes	organic	6x400g	5.15		1.15	393021									
	Peeled Plum Tomatoes	organic	6x400g	5.15		1.15	393022									
	Tomato Passata	organic	6x690g	11.65		2.59	393023									
	Tomato Purée Double Conc - tin	organic	12x3x70g	16.10		1.79	393024									
	❊ ***The Real Organic Foods Co - Italian - jars***															
	Arrabbiata Pasta Sauce	organic	6x350g	17.75		3.94	394205									
	Mushroom & Red Wine Pasta Sauce	organic	6x350g	17.75		3.94	394207									
	Tomato, Pepper & Herb Pasta Sauce	organic	6x350g	17.75		3.94	394210									
	Sicilian Tomato & Olive Pasta Sauce	organic	6x350g	17.75		3.94	394215									
	❊ ***The Real Organic Foods Co - Indian - jars***															
	Jalfrezi Cooking Sauce	organic	6x350g	21.55		4.79	394230									
	Korma Cooking Sauce	organic	6x350g	21.55		4.79	394235									
	Rogan Josh Cooking Sauce	organic	6x350g	21.55		4.79	394240									
	Tikka Balti Cooking Sauce	organic	6x350g	21.55		4.79	394245									

▲ price rise ▼ fall
❊ new product ❒ on offer
☆ size or other change
◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***The Real Organic Foods Co - Thai - jars***															
Thai Green Curry Sauce	*organic*	6x350g	22.45		*5.02*	**394260**									
Thai Red Curry Sauce	*organic*	6x350g	22.45		*5.02*	**394265**									
Thai Yellow Curry Sauce	*organic*	6x350g	22.45		*5.02*	**394270**									
❊ ***Tropical Wholefoods - dried***															
Porcini/Ceps Mushrooms		6x30g	21.95		*4.89*	**393810**									
Shiitake Mushrooms		6x50g	16.80		*3.74*	**393815**									
❊ ***Westcountry Spice organic vegan gluten-free - cooking pastes in a card box***															
Korma Curry Paste	*organic*	6x46g	11.80		*3.03*	**394305**									
Madras Curry Paste	*organic*	6x46g	11.80		*3.03*	**394307**									
Thai Green Curry Paste	*organic*	6x46g	11.80		*3.03*	**394312**									
Thai Red Curry Paste	*organic*	6x46g	11.80		*3.03*	**394315**									
❊ ***Westcountry Spice organic vegan gluten-free sauces***															
Fischy Sauce - gluten-free	*organic*	6x150ml	14.25		*3.67*	**394322**									
Hoisin Sauce - gluten-free	*organic*	6x175g	14.25		*3.67*	**394324**									
Hot Snap Relish - gluten-free	*organic*	6x200g	14.25		*3.67*	**394325**									
Ketjap Manis Sweet Soy Sauce	*organic*	6x150ml	14.25		*3.67*	**394326**									
Kimchi Hot Sauce - gluten-free	*organic*	6x156g	14.25		*3.67*	**394328**									
Smoky BBQ Sauce - gluten-free	*organic*	6x150ml	14.25		*3.67*	**394329**									
Sriracha Hot Sauce - gluten-free	*organic*	6x150ml	14.25		*3.67*	**394332**									
Sweet Thai Chilli Dipping Sauce	*organic*	6x175g	14.25		*3.67*	**394334**									
Tamari Soy Sauce - gluten-free	*organic*	6x150ml	14.25		*3.67*	**394336**									
Tomato Sauce - gluten-free	*organic*	6x250g	14.25		*3.67*	**394337**									
Worcester Sauce - gluten-free	*organic*	6x150ml	14.25		*3.67*	**394340**									
❊ ***Yakso***															
Chilli Sauce - sweet dipping	*organic*	6x240ml	14.85		*3.30*	**395305**									
❊ ***Zest Foods - vegan sauces***															
Basil & Oregano Pasta Sauce		6x340g	12.80		*2.84*	**395515**									
Tomato Fiery Chilli Pasta Sauce		6x340g	12.80		*2.84*	**395510**									
Tomato & Mas***pone Sauce with coconut		6x340g	19.65		*4.37*	**395516**									
Tom, Mushroom, Smoke Garlic Pasta Sauce		6x340g	12.80		*2.84*	**395520**									
Tom, Mushroom, Green Pepper Pasta Sauce		6x340g	12.80		*2.84*	**395525**									
Sun-dried Tomato Paste		6x170g	13.90		*3.09*	**395530**									
Basil Vegan Pesto - large		6x340g	23.75		*5.28*	**395555**									
Basil Vegan Pesto - small		6x165g	13.90		*3.09*	**395560**									
Coriander, Basil & Hazel Pesto-style Sauce		6x165g	13.90		*3.09*	**395552**									
Red Vegan Pesto		6x165g	13.90		*3.09*	**395553**									

■ Convenience Foods

❊ ***Amaizin - cans***															
◆ Aduki Beans	*organic*	6x400g	8.20		*1.82*	**440501**									
◆ Baked Beans	*organic*	6x400g	9.85		*2.19*	**440503**									
◆ Black Beans	*organic*	6x400g	7.45		*1.66*	**440505**									
◆ Feijoada Beans - black beans in spiced sauce	*organic*	6x400g	9.40		*2.09*	**440506**									
◆ Mixed Beans with corn - small	*organic*	12x200g	12.10		*1.34*	**440508**									
◆ Red Kidney Beans in Chilli Sauce	*organic*	6x400g	11.05		*2.46*	**440510**									
◆ Taco Bean Mix - in spicy sauce	*organic*	6x400g	8.75		*1.95*	**440511**									
❊ ***Amisa - gluten-free - vegan***															
Gluten-free Falafel Mix	*organic*	6x160g	12.10		*2.69*	**440655**									
❊ ***Better Than - konnyaku flour - gluten-free***															
Noodles	*organic*	6x385g	13.45		*2.99*	**440790**									
Rice	*organic*	6x385g	13.45		*2.99*	**440792**									
Spaghetti	*organic*	6x385g	13.45		*2.99*	**440795**									
Tagliatelle	*organic*	6x385g	13.45		*2.99*	**440796**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Biona - tinned beans & pulses***															
	Aduki Beans in tins	*organic*	6x400g	7.60		*1.69*	**390122**									
◆	Baked Beans in tins	*organic*	12x400g	15.20		*1.69*	**390099**									
	Baked Giant Beans in tins	*organic*	6x230g	10.30		*2.29*	**390143**									
	Black Beans - in tins 4-Pack	*organic*	6x4x400g	24.70		*5.49*	**390234**									
	Black Beans - BPA-free can	*organic*	6x400g	6.25		*1.39*	**390121**									
	Black Beluga Lentils in tins	*organic*	6x400g	8.05		*1.79*	**390124**									
	Black Chickpeas - BPA-free can	*organic*	6x400g	6.25		*1.39*	**390126**									
	Borlotti Beans - BPA-free can	*organic*	6x400g	7.15		*1.59*	**390127**									
◆	Brown Lentil Curry - BPA-free can	*organic*	6x400g	9.85		*2.19*	**390120**									
	Butter Beans in tins	*organic*	6x400g	7.60		*1.69*	**390142**									
	Cannellini Beans - BPA-free can	*organic*	6x400g	6.70		*1.49*	**390136**									
	Chickpeas in tins 4-Pack	*organic*	6x4x400g	24.70		*5.49*	**390236**									
	Chickpeas in tins	*organic*	6x400g	6.70		*1.49*	**390145**									
◆	Chilli Black Beans - BPA-free can	*organic*	6x410g	7.60		*1.69*	**390146**									
▲	Chilli Con Quinoa - BPA-free can	*organic*	6x400g	15.25		*3.39*	**390144**									
◆	Chilli Red Kidney Beans in tins	*organic*	6x395g	7.60		*1.69*	**390149**									
	Edamame Beans tinned in Brine	*organic*	12x200g	19.70		*2.19*	**390154**									
▲	Five Bean Salad - in a vinaigrette - BPA-free can	*organic*	6x410g	8.05		*1.79*	**390232**									
	Flageolet Beans in tins	*organic*	6x400g	8.50		*1.89*	**390238**									
	Garden Peas Freshly Canned	*organic*	6x340g	10.30		*2.29*	**390156**									
	Green Lentils in tins	*organic*	6x400g	6.25		*1.39*	**390147**									
	Haricot Beans in tins	*organic*	6x400g	6.25		*1.39*	**390151**									
	Pinto Beans in tins	*organic*	6x400g	7.15		*1.59*	**390148**									
	French Lentils Vert in tins	*organic*	6x400g	6.70		*1.49*	**390153**									
	Red Kidney Beans in tins	*organic*	6x400g	7.60		*1.69*	**390150**									
	Mixed Beans in tins	*organic*	6x400g	6.70		*1.49*	**390152**									
	❊ ***Biona - beans in jars***															
	Jar Black Beans	*organic*	6x350g	8.95		*1.99*	**350608**									
	Jar Broad Beans	*demeter*	6x350g	11.20		*2.49*	**390155**									
	Jar Chickpeas	*organic*	6x350g	8.95		*1.99*	**390157**									
	Jar Flageolet	*organic*	6x350g	11.65		*2.59*	**390160**									
	Jar Haricot Beans	*organic*	6x350g	8.95		*1.99*	**390163**									
	Jar Mixed Beans	*organic*	6x350g	8.95		*1.99*	**390162**									
	Jar Red Kidney Beans	*organic*	6x350g	9.40		*2.09*	**390165**									
	Jar Brown Lentils	*organic*	6x360g	8.95		*1.99*	**390166**									
	❊ ***Biona - ambient long life soya in jar***															
	Plain Tofu - 250g drained weight	*organic*	6x500g	22.45		*4.99*	**390177**									
	Tempeh - 175g drained weight	*organic*	6x400g	19.75		*4.39*	**390178**									
	❊ ***Biona - ambient seitan in jar***															
	Seitan Pieces in ginger & soya sauce	*organic*	6x350g	24.70		*5.49*	**390185**									
	❊ ***Biona - quick cook meals***															
	Golden Rice & Lentils Mix	*organic*	7x250g	18.30		*3.49*	**390250**									
	Porcini Mushroom Risotto Mix	*organic*	8x210g	23.90		*3.99*	**390251**									
	Pumpkin Risotto Mix	*organic*	8x210g	22.10		*3.69*	**390252**									
	Red Lentil Spiced Dhal Mix	*organic*	7x250g	18.30		*3.49*	**390253**									
	❊ ***Free & Easy ready meals - vegan - gluten-free - can***															
▲	Bean Cassoulet	*organic*	6x400g	14.80		*3.29*	**441075**									
▲	Chickpea & Bean Tagine	*organic*	6x400g	14.80		*3.29*	**441077**									
▲	Chickpea & Vegetable Curry	*organic*	6x400g	14.80		*3.29*	**441080**									
▲	Middle Eastern Chickpea Casserole	*organic*	6x400g	14.80		*3.29*	**441081**									
▲	Sweet Potato Coconut & Kale Curry	*organic*	6x400g	14.80		*3.29*	**441083**									
▲	Three Bean Chilli	*organic*	6x400g	14.80		*3.29*	**441082**									
▲	Vegetable Balti	*organic*	6x400g	14.80		*3.29*	**441085**									
▲	Vegetable Hot Pot	*organic*	6x400g	14.80		*3.29*	**441087**									
	❊ ***Free & Easy gluten-free, vegan baking mixes***															
▼	Breakfast Pancake Mix		4x230g	10.35		*3.45*	**441090**									
▲	Middle Eastern Flatbread Mix		4x250g	10.35		*3.45*	**441092**									
	Yorkshire Pudding Mix		4x155g	8.85		*2.95*	**441098**									
	❊ ***Free & Easy sauce mixes - vegan***															
▲	Dairy Free Cheese Flavour Sauce Mix		6x130g	13.25		*2.94*	**441110**									
▲	Gluten-free Gravy Sauce Mix		6x130g	11.20		*2.49*	**441115**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Free & Easy - canned organic soups***															
▲	Broccoli & Kale Soup	*organic*	6x400g	11.20		*2.49*	**441120**									
▲	Butternut Squash & Ginger Soup	*organic*	6x400g	11.20		*2.49*	**441122**									
▲	Carrot & Coconut Soup	*organic*	6x400g	11.20		*2.49*	**441125**									
▲	Lentil & Red Pepper Soup	*organic*	6x400g	11.20		*2.49*	**441127**									
▲	Pea & Mint Soup	*organic*	6x400g	11.20		*2.49*	**441130**									
▲	Sweet Potato & Chia Seed Soup	*organic*	6x400g	11.20		*2.49*	**441132**									
▲	Tomato Soup	*organic*	6x400g	11.20		*2.49*	**441135**									
	❊ ***Free & Easy - canned low salt organic soups***															
▲	Broccoli & Kale Soup - low salt	*organic*	6x400g	11.20		*2.49*	**441138**									
▲	Butternut Squash, Sweet Potato & Turmeric Soup - LS	*organic*	6x400g	11.20		*2.49*	**441140**									
▲	Carrot & Coriander Soup - low salt	*organic*	6x400g	11.20		*2.49*	**441142**									
▲	Sweet Potato & Quinoa Soup - low salt	*organic*	6x400g	11.20		*2.49*	**441144**									
	❊ ***Geo - canned legumes***															
	Edamame Beans - in water		6x400g	12.85		*2.86*	**444205**									
	Black Beluga Lentils - in water	*organic*	6x400g	12.85		*2.86*	**444215**									
	❊ ***Geo Organics - cans - vegan***															
	Bombay Potatoes	*organic*	6x400g	15.05		*3.35*	**444230**									
	Chickpea & Apricot Tagine	*organic*	6x400g	14.20		*3.16*	**444232**									
	Chick Pea & Lentil Dahl	*organic*	6x400g	12.85		*2.86*	**444234**									
	Coconut & Kale Dahl	*organic*	6x400g	13.75		*3.06*	**444236**									
	Moroccan Chickpea Tagine	*organic*	6x400g	14.20		*3.16*	**444240**									
	Tadka Dahl	*organic*	6x400g	12.85		*2.86*	**444241**									
	❊ ***Granose***															
	Sosmix		10kg	69.81	6.98		**441050**									
	❊ ***Hodmedod's - Great British beans in tins***															
	Carlin Peas	*organic*	12x400g	16.10		*1.79*	**441207**									
	Fava Beans (broad beans)	*organic*	12x400g	16.15		*1.79*	**441215**									
	Vaal Dhal (broad beans in mild sauce)	*organic*	12x400g	17.80		*1.98*	**441210**									
	❊ ***It's Soya Good - TVP***															
	Soya Mince	*organic*	6x200g	16.85		*3.75*	**441905**									
	Soya Chunks	*organic*	6x150g	16.85		*3.75*	**441907**									
	❊ ***La Bio Idea - cans***															
◆	Beluga Lentils - small	*organic*	12x200g	13.55		*1.51*	**442661**									
◆	Borlotti Beans	*organic*	6x400g	7.65		*1.70*	**442662**									
◆	Fagioli Toscani - braised cannellini in tomato sauce	*organic*	6x400g	9.40		*2.09*	**440512**									
◆	Butter Beans	*organic*	6x400g	8.05		*1.79*	**442665**									
◆	Cannellini Beans	*organic*	6x400g	7.65		*1.70*	**442667**									
◆	Chickpeas	*organic*	6x400g	7.15		*1.59*	**442670**									
◆	Chickpeas - small	*organic*	12x200g	11.10		*1.23*	**442671**									
◆	Brown Lentils	*organic*	6x400g	7.65		*1.70*	**442672**									
◆	Green Dupuis Lentils	*organic*	6x400g	93.00		*20.67*	**442673**									
◆	Mixed Beans	*organic*	6x400g	7.65		*1.70*	**442675**									
◆	Red Kidney Beans	*organic*	6x400g	7.60		*1.69*	**442677**									
◆	Red Kidney Beans - small	*organic*	12x200g	10.95		*1.22*	**442678**									
	❊ ***Marigold***															
	Braised Tofu - canned		12x225g	33.75		*3.75*	**410502**									
	Mo-Du Braised Sliced Seitan - canned		12x225g	28.35		*3.15*	**410490**									
	Tempeh Slices - canned		6x280g	16.40		*3.64*	**410492**									
	Tunah - Soya Bean - canned		12x170g	35.90		*3.99*	**410494**									
	❊ ***Mr Organic - ring-pull cans***															
	"Mixed Beans" - red kidney, cannellini & butter beans, chickpeas															
◆	Aduki Beans	*organic*	12x400g	13.40		*1.49*	**442748**									
◆	Baked Beans	*organic*	12x400g	14.30		*1.59*	**442750**									
◆	Beluga Lentils	*organic*	12x400g	13.40		*1.49*	**442753**									
◆	Black Beans	*organic*	12x400g	12.50		*1.39*	**442752**									
◆	Borlotti Beans	*organic*	12x400g	13.40		*1.49*	**442755**									
◆	Cannellini Beans	*organic*	12x400g	13.40		*1.49*	**442757**									
◆	Chickpeas	*organic*	12x400g	12.50		*1.39*	**442760**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Chilli Mixed Beans	organic	12x400g	17.90		1.99	442761									
▲	Butter Beans	organic	12x400g	16.10		1.79	442762									
◆	Haricot Beans	organic	12x400g	13.40		1.49	442763									
◆	Lentils - green	organic	12x400g	13.40		1.49	442765									
◆	Low Sugar Baked Beans	organic	12x400g	16.10		1.79	442766									
▲	Mixed Beans	organic	12x400g	16.10		1.79	442767									
▲	Red Kidney Beans	organic	12x400g	15.20		1.69	442770									
	Black Bean Vegetable Soup	organic	6x400g	10.30		2.29	442774									
	Creamy Red Pepper Soup	organic	12x400g	20.60		2.29	442777									
	Garden Pea & Vegetable Soup	organic	6x400g	10.30		2.29	442779									
	Leek & Potato Soup	organic	6x400g	10.30		2.29	442789									
	Pumpkin, Carrot & Chilli Soup	organic	6x400g	10.30		2.29	442781									
	Spicy Mixed Bean Soup	organic	12x400g	20.60		2.29	442771									
☆	Tomato & Basil Soup	organic	6x400g	10.30		2.29	442776									
	Tomato & Lentil Soup	organic	6x400g	10.30		2.29	442773									
	❊ ***Mr Organic - glass jar***															
◆	Butter Beans - jar	organic	6x350g	10.35		2.30	442791									
◆	Cannellini Beans - jar	organic	6x350g	10.35		2.30	442792									
◆	Chickpeas - jar	organic	6x350g	10.35		2.30	442793									
◆	Lentils - jar	organic	6x350g	10.35		2.30	442794									
	❊ ***Mr Organic - gnocchi & filled pasta - vegan***															
	On offer is Mr Organic gnocchi and filled pasta, the pricing below represents a discount of 15%.															
❒	Gnocchi - gluten-free	organic	8x350g	19.10		3.18	442800									
❒	Porcini Tortellini	organic	10x250g	26.10		3.48	442804									
❒	Red Pepper Tortelloni	organic	10x250g	26.10		3.48	442802									
❒	Vegetable Tortellini	organic	10x250g	26.10		3.48	442806									
❒	Vegan Formaggio Ravioli	organic	10x250g	26.10		3.48	442808									
	❊ ***Orgran - gluten-free & vegan***															
	Buckwheat Pancake Mix		8x375g	29.90		4.98	443750									
	❊ ***Profusion gluten-free, vegan***															
	Protein Chunks - Pea & Fava	organic	12x125g	31.40		3.49	443764									
	Protein Mince - Pea & Fava	organic	12x125g	31.40		3.49	443766									
	Protein Shreds - Pea & Fava	organic	12x150g	34.10		3.79	443767									
	❊ ***Realfoods by Organico***															
	Please note, the labels state that "May contain traces of shellfish, fish & milk".															
	Asparagus Risotto	organic	8x250g	29.70		4.95	443712									
	Porcini Risotto	organic	8x250g	29.70		4.95	443720									
	❊ ***RIFCo - Really Interesting Food Company - vegan gluten-free***															
▲	Balinese Lentil & Red Pepper Soup	organic	6x400g	11.20		2.49	443780									
▲	Mexican Bean Soup	organic	6x400g	11.20		2.49	443782									
▲	Moroccan Chickpea Soup	organic	6x400g	11.20		2.49	443784									
▲	Thai Green Curry	organic	6x400g	15.70		3.49	443786									
▲	Spanish Chickpea Casserole	organic	6x400g	15.70		3.49	443788									
▲	Sri Lankan Lentil & Coconut Soup	organic	6x400g	11.20		2.49	443790									
▲	Thai Temple Curry	organic	6x400g	15.70		3.49	443792									
	❊ ***Steenbergs***															
	Sage & Onion Stuffing - gluten-free		4x130g	6.10		2.03	792338									
	❊ ***Suma - baked beans and canned meals***															
	Aloo Sag - Potatoes & Spinach	organic	12x400g	27.80		3.09	444489									
	Baked Beans	organic	12x400g	13.00		1.44	444490									
	Baked Beans - Low Sugar	organic	12x400g	13.00		1.44	444491									
	Baked Beans - catering size	organic	6x2.65kg	35.05		7.79	444495									
	Baked Beans & Lincoln Vegan Sausages		12x400g	25.10		2.79	444492									
	Chickpea & Lentil Daal	organic	12x400g	21.15		2.35	444496									
	Mac 'N' Cheeze		12x400g	24.20		2.69	444493									
	Vegan Meatball Bolognese		12x400g	27.00		3.00	444498									
	Ravioli in a Creamy Mushroom Sauce - vegan	organic	6x400g	13.25		2.94	444497									
	Ravioli with Tomato & Ricotta	organic	6x400g	13.25		2.94	444501									
	Ravioli with Vegetable Sauce - vegan	organic	6x400g	12.80		2.84	444502									
	Vegan Spaghetti Bolognese		12x400g	23.85		2.65	444509									
	Spicy Chorizo Vegan Stew		12x400g	20.00		2.22	444503									
	Vegetable Stew & Dumplings		12x400g	22.40		2.49	444504									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Suma - beans & pulses easy-open cans***															
▲	Aduki Beans	*organic*	12x400g	11.60		*1.29*	**445503**									
▲	Black Beans	*organic*	12x400g	11.60		*1.29*	**444596**									
	Catering size Black Beans	*organic*	6x2.6kg	22.45		*4.99*	**444598**									
▲	Black Chickpeas	*organic*	12x400g	11.60		*1.29*	**444506**									
▲	Borlotti Beans	*organic*	12x400g	11.60		*1.29*	**445506**									
▲	Brown Lentils	*organic*	12x400g	11.60		*1.29*	**445509**									
▲	Butter Beans	*organic*	12x400g	12.10		*1.34*	**445507**									
▲	Cannellini Beans	*organic*	12x400g	11.60		*1.29*	**445508**									
▲	Chickpeas	*organic*	12x400g	11.60		*1.29*	**445510**									
	Catering size Chickpeas	*organic*	6x2.6kg	22.45		*4.99*	**445511**									
▲	Green Lentils	*organic*	12x400g	11.60		*1.29*	**445512**									
▲	Haricot Beans	*organic*	12x400g	11.60		*1.29*	**445513**									
▲	Mixed Beans	*organic*	12x400g	11.60		*1.29*	**445514**									
▲	Pinto Beans	*organic*	12x400g	12.10		*1.34*	**444518**									
▲	Red Kidney Beans	*organic*	12x400g	12.10		*1.34*	**445505**									
	❊ ***Suma Canned from Fresh - beans & pulses easy-open cans***															
	Borlotti Beans Fresh	*organic*	12x400g	15.75		*1.75*	**445600**									
	Cannellini Beans Fresh	*organic*	12x400g	15.75		*1.75*	**445601**									
	Chickpeas Fresh	*organic*	12x400g	15.75		*1.75*	**445602**									
	Edamame Fresh	*organic*	12x200g	15.20		*1.69*	**445603**									
	Flageolet Fresh	*organic*	12x200g	13.40		*1.49*	**445605**									
	Peas Fresh	*organic*	12x340g	15.75		*1.75*	**445604**									
	❊ ***Suma - soup in easy-open cans***															
	Chik'n Soup		12x400g	20.25		*2.25*	**445585**									
	Minestrone Soup	*organic*	12x400g	20.60		*2.29*	**445586**									
	Mushroom Soup	*organic*	12x400g	21.45		*2.38*	**445587**									
	Pea Soup	*organic*	12x400g	20.60		*2.29*	**445589**									
	Pea & Vegan Ham Soup		12x400g	20.25		*2.25*	**445591**									
	Rustic Vegetable Soup	*organic*	12x400g	20.60		*2.29*	**445590**									
	Spicy Lentil Soup	*organic*	12x400g	19.35		*2.15*	**445594**									
	Tomato Soup	*organic*	12x400g	19.35		*2.15*	**445597**									
	Tuscan Bean Soup	*organic*	12x400g	18.80		*2.09*	**445598**									
	❊ ***Sunita***															
	Polenta - ready to eat	*organic*	6x500g	8.45		*1.88*	**445703**									
	❊ ***Yakso***															
	Tempeh	*organic*	6x175g	17.15		*3.82*	**446030**									

■ Baby & Children's Food and Baby Products

❊ ***Beaming Baby***

Free Helpline 0800 0345672

	1 - Mini Bamboo Nappies (2-6kg)	*organic*	4x32p	37.45		*12.48*	**471192**									
	2 - Midi Bamboo Nappies (5-8kg)	*organic*	4x30p	37.45		*12.48*	**471194**									
	3 - Maxi Bamboo Nappies (7-11kg)	*organic*	4x26p	37.45		*12.48*	**471196**									
	4 - Maxi Plus Bamboo Nappies (9-15kg)	*organic*	4x24p	37.45		*12.48*	**471198**									
	5 - Junior Bamboo Nappies (15-19kg)	*organic*	4x22p	37.45		*12.48*	**471200**									
	6 - XL Bamboo Nappies (16+kg)	*organic*	4x20p	37.45		*12.48*	**471202**									
	6 - XL Nappies (16+kg)		5x21p	41.20		*10.99*	**471217**									
	Nappy Liners - roll		1x100p	4.25		*6.36*	**471445**									
	Fragranced Degradable Nappy Sacks - box		10x60bags	19.45	V	*3.48*	**471450**									
	Degradable Nappy Sacks - box - No Fragrance		10x60bags	19.45	V	*3.48*	**471452**									
	Bamboo Baby Wipes	*organic*	2x80wipes	26.05	V	*3.89*	**471454**									
	Unfragranced Baby Wipes	*organic*	2x72wipes	33.40	V	*4.99*	**858152**									
	❊ ***Bio-D***															
	Nappy Fresh - nappy sanitizer		12x500g	23.95	V	*3.21*	**830570**									
	❊ ***Cheeky Panda Bamboo products***															
◆	Bamboo Baby Wipes		12x60p	22.40	V	*2.99*	**830981**									
	❊ ***Earth Conscious - vegan***															
	Natural Baby Balm		6x60g	26.85	V	*7.99*	**851008**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Ella's Kitchen - First Taste range - 4 months plus - pouches***															
	Apples Apples Apples	*organic*	7x70g	7.00		*1.33*	**470870**									
	Bananas Bananas Bananas	*organic*	7x70g	7.00		*1.33*	**470872**									
	Carrots Carrots Carrots	*organic*	7x70g	7.00		*1.33*	**470871**									
	Mangoes Mangoes Mangoes	*organic*	7x70g	7.00		*1.33*	**470875**									
	Pears Pears Pears	*organic*	7x70g	7.00		*1.33*	**470877**									
	Prunes Prunes Prunes	*organic*	7x70g	7.00		*1.33*	**470878**									
	Sweet Potato Sweet Potato	*organic*	7x70g	7.00		*1.33*	**470880**									
	❊ ***Ella's Kitchen - baby food - 4 months plus - pouches***															
	Apples & Bananas	*organic*	7x120g	8.30		*1.58*	**470930**									
	Baby Rice Apple & Pear	*organic*	7x120g	8.30		*1.58*	**470931**									
	Baby Rice Banana & Apricot	*organic*	7x120g	8.30		*1.58*	**470934**									
	Banana Apple + Blueberry Baby Rice	*organic*	7x120g	8.30		*1.58*	**470929**									
	Broccoli, Pear & Peas	*organic*	7x120g	8.30		*1.58*	**470932**									
	Butternut Squash, Carrot, Apples and Prunes	*organic*	7x120g	8.30		*1.58*	**470933**									
	Carrot, Apple & Parsnip	*organic*	7x120g	8.30		*1.58*	**470935**									
	Mango, Pear & Papaya	*organic*	7x120g	8.30		*1.58*	**470949**									
	Peaches and Bananas	*organic*	7x120g	8.30		*1.58*	**470936**									
	Red Pepper, Sweet Potato & Apple	*organic*	7x120g	8.30		*1.58*	**470952**									
	Strawberries and Apples	*organic*	7x120g	8.30		*1.58*	**470939**									
	Sweet Potato, Pumpkin, Apple & Blueberry	*organic*	7x120g	8.30		*1.58*	**470938**									
	Sweet Potato, Broccoli & Carrots	*organic*	7x120g	8.30		*1.58*	**470940**									
	❊ ***Ella's Kitchen - stages 1+2+3 - 6 months plus***															
	Banana Baby Brekkie	*organic*	6x100g	7.70		*1.71*	**470967**									
	Blueberry & Pear Brekkie	*organic*	6x100g	7.70		*1.71*	**470969**									
	Mango Baby Brekkie	*organic*	6x100g	7.70		*1.71*	**470968**									
	❊ ***Ella's Kitchen - 6 months+ - (min 3 months shelf life)***															
▲	Strawberry Greek Yoghurt	*organic*	6x90g	6.35		*1.41*	**470964**									
	❊ ***Ella's Kitchen - main meal - stage 2 - 7 months plus***															
▲	Cheese Pie with veggies	*organic*	6x130g	10.30		*2.29*	**470977**									
▲	Vegetable Bake with Lentils	*organic*	6x130g	10.30		*2.29*	**470985**									
	❊ ***Ella's Kitchen - Dairy Free desserts - stage 6 - 7 months plus***															
	Dairy Free Rice Pudding Banana + Strawberry - GF	*organic*	6x80g	8.25		*1.83*	**470998**									
	Dairy Free Pear & Fig Porridge	*organic*	6x100g	7.70		*1.71*	**470100**									
	Dairy Free Banana Yogurt - gluten free	*organic*	6x90g	5.50		*1.22*	**470104**									
	❊ ***Ella's Kitchen - desserts - stage 2 - 7 months plus***															
	Rice Pudding - Mango & Apple	*organic*	6x80g	8.25		*1.83*	**470986**									
	❊ ***Ella's Kitchen - smoothie fruit - 6 months***															
▲	The Green One - Smoothie Fruit - singles	*organic*	12x90g	11.60		*1.29*	**470943**									
▲	The Green One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85		*6.41*	**470944**									
▲	The Pink One - Smoothie Fruit - multi	*organic*	3x5x90g	14.05		*6.24*	**470953**									
▲	The Purple One - Smoothie Fruit - singles	*organic*	12x90g	11.60		*1.29*	**470945**									
▲	The Purple One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85		*6.41*	**470947**									
▲	The Red One - Smoothie Fruit - singles	*organic*	12x90g	11.60		*1.29*	**470950**									
▲	The Red One - Smoothie Fruit - multi	*organic*	6x5x90g	28.85		*6.41*	**470955**									
▲	The White One - Smoothie Fruit - multi	*organic*	3x4x90g	12.10		*5.38*	**470954**									
▲	The Yellow One - Smoothie Fruit - singles	*organic*	12x90g	11.60		*1.29*	**470960**									
	❊ ***Natracare***															
	Organic Cotton Baby Wipes	*organic*	16x50p	42.85	V	*4.59*	**472635**									
	❊ ***Organix Brands - Baby***															
◆	Banana & Plum Porridge	*organic*	4x200g	11.15		*3.72*	**470710**									
◆	Apple Rice Cake Clouds	*organic*	6x40g	8.90		*1.98*	**470820**									
◆	Banana Rice Cake Clouds	*organic*	6x40g	8.90		*1.98*	**470822**									
◆	Strawberry Rice Cake Clouds	*organic*	6x40g	8.90		*1.98*	**470824**									
◆	Summer Fruits Rice Cake Clouds	*organic*	6x40g	8.90		*1.98*	**470826**									
◆	Little Ruskits Baby Biscuits	*organic*	4x54g	7.25		*2.42*	**470833**									
◆	Melty Tomato Slices	*organic*	5x20g	3.25		*0.87*	**470857**									
◆	Melty Carrot Puffs	*organic*	8x20g	5.05		*0.84*	**470924**									
◆	Melty Sweetcorn Rings	*organic*	8x20g	5.05		*0.84*	**470926**									
◆	Banana Weaning Wands	*organic*	5x25g	6.00		*1.60*	**470976**									
◆	Strawberry Weaning Wands	*organic*	5x25g	6.00		*1.60*	**470978**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Organix - Toddler & Kids***															
◆	Chunky Apple & Date Fruit Bars	*organic*	6x6x17g	17.00		*3.78*	**470881**									
◆	Chunky Banana & Date Fruit Bars	*organic*	6x6x17g	17.00		*3.78*	**470882**									
☆	Kids Crazy Choco Orange Mini Flapjack Bites	*organic*	4x4x23g	10.35 V		*4.13*	**470869**									
☆	Kids Lemon & Lime Oaty Bars	*organic*	6x6x23g	15.70 V		*4.18*	**470873**									
☆	Kids Marvellous Mandarin & Apple Oaty Bars	*organic*	6x6x23g	15.70 V		*4.18*	**470874**									
☆	Mini Oaty Bites - raspberry & orange with apple	*organic*	5x100g	11.30 V		*3.61*	**470859**									
◆	Oaty Split Stix - apple blackcurrant bars	*organic*	6x5x23g	14.00 V		*3.72*	**470860**									
◆	Oaty Split Stix - choco banana bars	*organic*	6x5x23g	14.00 V		*3.72*	**470904**									
◆	Wavy Apple Snackers - Kids	*organic*	5x15g	4.25		*1.13*	**470879**									
◆	Raisins - box	*organic*	4x12x14g	10.35		*3.45*	**470884**									
◆	Banana Bread Biscuits	*organic*	6x6x135g	13.60		*3.02*	**470862**									
◆	Farm Animal Biscuits	*organic*	5x100g	9.65		*2.57*	**470907**									
◆	Cocoa & Vanilla Gruffalo Biscuits	*organic*	3x5x20g	6.30		*2.80*	**470889**									
◆	Gingerbread Men - large	*organic*	6x135g	13.60		*3.02*	**470909**									
◆	Jammie Monsters - strawberry & apple biscuits	*organic*	4x4x64g	10.55		*3.52*	**470863**									
◆	Barbeque Gruffalo Claws	*organic*	3x4x15g	6.85		*3.04*	**470901**									
◆	Cheese & Onion Gruffalo Claws	*organic*	3x4x15g	6.85		*3.04*	**470905**									
◆	Cheese & Herbs Puffs - multipack	*organic*	3x4x15g	6.85		*3.04*	**470890**									
◆	Melty Carrot Puffs multi pack	*organic*	4x4x18g	9.00		*2.99*	**470923**									
◆	Mini Cheese Cracker multipack	*organic*	3x4x20g	6.65		*2.95*	**470918**									
	❊ ***Pip - pure Organic juice for kids - see "Organic Juices & Cordials" section***															
	❊ ***Pip Organic Fruity Waters (school compliant) - see "Organic Juices & Cordials" section***															
	❊ ***Weleda baby range - please see "Toiletries" section***															

■ Japanese Products, Miso, Soy Sauce, Tofu

	❊ ***Biona***															
	Wasabi-style horseradish paste - tubes	*organic*	8x50g	23.30		*3.89*	**510405**									
	❊ ***Biona - Ambient Long Life Tofu in jar - see "Convenience Foods"***															
	❊ ***Biona Japanese sauces***															
	Shoyu Soya Sauce - glass bottle	*organic*	6x145ml	13.45		*2.99*	**510420**									
	Shoyu Soya Sauce - glass bottle	*organic*	6x250ml	20.65		*4.59*	**510424**									
	Tamari Soya Sauce - glass bottle	*organic*	6x145ml	14.80		*3.29*	**510428**									
	Tamari Soya Sauce - glass bottle	*organic*	6x250ml	21.55		*4.79*	**510430**									
	❊ ***Clearspring - sweet grain desserts***															
	Brown Rice Amazake	*organic*	6x380g	21.10		*4.69*	**510450**									
	Millet Amazake	*organic*	6x370g	21.10		*4.69*	**510452**									
	Oat Amazake	*organic*	6x360g	21.10		*4.69*	**510455**									
	❊ ***Clearspring***															
	Chilli Umami Paste	*organic*	6x150g	21.10		*4.69*	**510510**									
	Ginger Umami Paste	*organic*	6x150g	21.10		*4.69*	**510515**									
	Umeboshi Plums	*organic*	6x200g	44.95		*10.00*	**510518**									
	Umeboshi Plums	*organic*	1kg	34.50	34.50		**510521**									
	Organic Umeboshi Paste	*organic*	6x150g	33.25		*7.40*	**510522**									
	Brown Rice Vinegar	*organic*	6x150ml	12.10		*2.69*	**510525**									
	Brown Rice Vinegar	*organic*	6x250ml	17.05		*3.79*	**510524**									
	Brown Rice Vinegar	*organic*	6x500ml	26.95		*5.99*	**510530**									
	Rice Vinegar	*organic*	6x250ml	16.60		*3.69*	**510526**									
	Rice Mirin - organic	*organic*	6x250ml	31.45		*6.99*	**510528**									
	Rice Mirin - organic	*organic*	6x150ml	20.20		*4.49*	**510527**									
	Mikawa Mirin - sweet rice	*organic*	6x150ml	22.45		*4.99*	**510536**									
	Brown Rice Mochi - gluten-free	*organic*	6x250g	28.30		*6.29*	**510531**									
	Brown Rice Black Soya Bean Mochi - GF	*organic*	6x250g	30.10		*6.69*	**510532**									
	Ume Su Plum Seasoning - organic	*organic*	6x250ml	19.30		*4.29*	**510548**									
	Ume Su Plum Seasoning - organic	*organic*	6x150ml	13.45		*2.99*	**510529**									
	Yuzu Ponzu	*organic*	6x150ml	25.60		*5.69*	**510544**									
	Pickled Daikon Radish		6x100g	22.45		*4.99*	**510562**									
	Organic Dried Daikon Radish	*organic*	6x30g	13.45		*2.99*	**510565**									
	Organic Sushi Ginger	*organic*	10x50g	27.65		*3.69*	**510547**									
	Kuzu Mountain Starch	*organic*	6x125g	35.95		*7.99*	**510560**									
	Wasabi Powder - non-organic		6x25g	17.95		*3.99*	**510575**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Clearspring Japanese miso***															
	*The last two Clearspring red and white non organic miso soups are switching to organic with new packaging and fuller-bodied flavours. Satisfying **Hearty Red Miso Soup** is made with three types of miso by a 5th generation Japanese producer. It also contains green onions and wakame. **Mellow White Miso Soup** has a delicate sweetness with a rich umami and green onions. Both soups contain just 23 calories. Simply add hot water and enjoy.*															
	Barley Miso - unpasteurised - jar	*organic*	6x300g	31.45		*6.99*	**480450**									
	1kg Brown Rice Miso - unpasteurised - tub	*organic*	1x1kg	13.70		*18.25*	**480453**									
	300g Brown Rice Miso - unpasteurised - jar	*organic*	6x300g	26.05		*5.79*	**480460**									
	150g Brown Rice Miso - unpasteurised - jar	*organic*	6x150g	17.95		*3.99*	**480461**									
	Reduced Salt Brown Rice Miso - unpasteurised - jar	*organic*	6x270g	24.25		*5.39*	**480465**									
	Chickpea Miso - unpasteurised - jar	*organic*	6x150g	17.95		*3.99*	**480467**									
	1kg White Miso - unpasteurised - tub	*organic*	1x1kg	10.72		*14.28*	**480464**									
	White Miso - unpasteurised - jar	*organic*	6x270g	19.30		*4.29*	**480468**									
	Barley Miso - pouch	*organic*	6x300g	27.40		*6.09*	**480451**									
	Hatcho Miso - pouch - unpasteurised	*organic*	6x300g	25.15		*5.59*	**480457**									
	Brown Rice Miso - pouch	*organic*	6x300g	26.95		*5.99*	**480463**									
	Sweet White Miso - pouch	*organic*	6x250g	22.45		*4.99*	**480525**									
	Red Miso Soup - instant		8x4x10g	23.90		*3.99*	**480532**									
❊	Hearty Red Miso Soup - instant	*organic*	8x4x10g	25.70		*4.29*	**480531**									
	White Miso Soup - instant		8x4x10g	23.90		*3.99*	**480552**									
❊	Mellow White Miso Soup - instant	*organic*	8x4x8g	25.70		*4.29*	**480553**									
	Instant Miso Soup with Sea Vegetables	*organic*	8x4x10g	23.95		*3.99*	**480537**									
	Instant Miso Soup Paste - Ginger & Turmeric	*organic*	8x4x15g	19.70		*3.29*	**480533**									
	Instant Miso Soup Paste - Hot & Spicy	*organic*	8x4x15g	19.70		*3.29*	**480534**									
	Instant Miso Soup Paste - Creamy Sesame	*organic*	8x4x15g	19.70		*3.29*	**480535**									
	Instant Miso Soup Paste with Sea Vegetables	*organic*	8x4x15g	19.70		*3.29*	**480538**									
	White Instant Miso Soup Paste + sea veg	*organic*	8x4x15g	19.70		*3.29*	**480545**									
	Umami Instant Stock	*organic*	8x4x28g	23.90		*3.99*	**480539**									
	1kg Barley Miso - unpasteurised - tub	*organic*	1x1kg	15.70		*20.92*	**480540**									
❊	***Clearspring Japanese sauces***															
	Instant Noodle Broth	*organic*	6x250ml	29.20		*6.49*	**480501**									
	Dispenser - Shoyu Soya Sauce	*organic*	6x150ml	20.65		*4.59*	**480507**									
	Shoyu Soya Sauce	*organic*	6x1l	53.95		*11.99*	**480504**									
	Shoyu Soya Sauce	*organic*	6x500ml	29.20		*6.49*	**480505**									
	Shoyu Soya Sauce	*organic*	6x250ml	18.85		*4.19*	**480506**									
	Shoyu Soya Sauce	*organic*	6x150ml	13.45		*2.99*	**480510**									
	Shoyu Soya Sauce	*organic*	2.5l	20.20	8.08		**480512**									
	Japanese Yaemon Tamari - double strength	*organic*	20l	252.25	12.61		**480514**									
	Japanese Yaemon Tamari - double strength	*organic*	6x1l	85.45		*18.99*	**480513**									
	Japanese Yaemon Tamari - double strength	*organic*	6x500ml	47.25		*10.50*	**480515**									
	Japanese Yaemon Tamari - double strength	*organic*	6x150ml	17.95		*3.99*	**480520**									
	Japanese Yaemon Tamari - double strength	*organic*	6x250ml	26.95		*5.99*	**480521**									
	Japanese Tamari - double strength	*organic*	2.5l	33.75	13.50		**480522**									
	Japanese Tamari - single strength	*organic*	6x250ml	17.95		*3.99*	**480523**									
	Japanese Tamari - single strength	*organic*	6x150ml	13.45		*2.99*	**480524**									
	Japanese Tamari - single strength	*organic*	2.5l	23.95	9.58		**480526**									
❊	***Clearspring Sauces - made in Wales***															
	Soya Sauce	*organic*	6x150ml	14.80		*3.29*	**480562**									
	Sushi Soy Sauce	*organic*	6x150ml	17.05		*3.79*	**480565**									
	Sushi Rice Seasoning	*organic*	6x150ml	26.90		*5.98*	**480567**									
	Teriyaki	*organic*	6x150ml	20.20		*4.49*	**480570**									
	Teriyaki - gluten-free	*organic*	6x150ml	23.35		*5.19*	**480572**									
❊	***Clearspring - Ambient Tofu- Tetra Pak***															
	Long Life Tofu - ambient	*organic*	12x300g	20.60		*2.29*	**480590**									
❊	***King Soba - Mighty Miso***															
	Instant Edamame Miso Soup	*organic*	10x60g	24.65		*3.29*	**480770**									
	Instant Pumpkin & Vegetable Miso Soup	*organic*	10x60g	24.65		*3.29*	**480775**									
	Instant Tofu & Ginger Miso Soup	*organic*	10x60g	24.65		*3.29*	**480780**									
❊	***Marigold Liquid Aminos - see Condiments section***															

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Ocean's Halo***															
	*New and on offer from Ocean's Halo, vegan organic gluten-free **No Chicken Broth** in a tetra pack. This is a chicken flavoured broth that is delicious on its own and good for everyday cooking with all the flavour of chicken broth. The pricing marked ❒ below represents a discount of 15%.*															
◆	Miso Broth - tetra	*organic*	6x946ml	19.25		*4.28*	**481040**									
❒	No Chicken Broth - tetra - New!	*organic*	6x946ml	19.25		*4.28*	**481041**									
◆	Pho Broth - tetra	*organic*	6x946ml	19.25		*4.28*	**481042**									
◆	Ramen Broth - tetra	*organic*	6x946ml	19.25		*4.28*	**481044**									
	❊ ***OHSOMISO***															
	Sweet Brown Miso - rice & soy		4x240g	13.00		*4.33*	**481045**									
	❊ ***Sanchi***															
	Shoyu Soya Sauce		5l	25.75	5.15		**481520**									
	Tamari - poly		5l	32.00	6.40		**481530**									
	Barley Mugi Miso	*organic*	6x200g	16.15		*3.59*	**481565**									
	Genmai Miso (brown rice)	*organic*	6x200g	16.15		*3.59*	**481567**									

■ Sea Vegetables

	❊ ***Clearspring***															
	Atlantic Agar Flakes	*organic*	8x30g	35.90		*5.98*	**531006**									
	Japanese Arame		8x30g	35.90		*5.98*	**531009**									
	Atlantic Dulse	*organic*	8x25g	28.10		*4.68*	**531016**									
	Green Nori Flakes		10x20g	14.95		*1.99*	**531012**									
	Japanese Hijiki		5x30g	29.90		*7.98*	**531035**									
	Japanese Hokkaido Kombu		5x40g	20.60		*5.49*	**531036**									
	Japanese Sea Vegetable Salad		6x25g	22.45		*4.99*	**531018**									
	Japanese Wakame		5x30g	21.30		*5.69*	**531019**									
	Nori - 10 sheets		6x25g	17.95		*3.99*	**531021**									
	Sushi Nori - Toasted - 7 sheets		8x17g	20.30		*3.38*	**531020**									
	Nori Spicy Strip Snacks - toasted		12x13.5g	28.70		*3.19*	**531022**									
	Atlantic Sea Salad	*organic*	8x25g	23.90		*3.98*	**531029**									
◆	Ginger Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35		*1.29*	**531041**									
◆	Multipack Ginger Seaveg Crispies	*organic*	6x5x4g	22.45		*4.99*	**531043**									
◆	Turmeric Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35		*1.29*	**531045**									
◆	Multipack Turmeric Seaveg Crispies	*organic*	6x5x4g	22.45		*4.99*	**531047**									
◆	Original Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35		*1.29*	**531050**									
◆	Multipack Original Seaveg Crispies	*organic*	6x5x4g	22.45		*4.99*	**531052**									
◆	Chilli Seaveg Crispies - toasted nori snack	*organic*	20x4g	19.35		*1.29*	**531059**									
◆	Multipack Chilli Seaveg Crispies	*organic*	6x5x4g	22.45		*4.99*	**531061**									
	Atlantic Wakame	*organic*	8x25g	25.10		*4.18*	**531031**									
	❊ ***The Cornish Seaweed Company - grinders and shakers***															
	Dulse Flakes - shaker	*organic*	6x20g	20.05		*4.75*	**531096**									
	Kelp Flakes - shaker	*organic*	6x40g	21.00		*4.95*	**531098**									
	Mixed Seaweed Flakes - shaker	*organic*	6x40g	21.00		*4.95*	**531100**									
	Seagreens Flakes - shaker	*organic*	6x10g	20.05		*4.75*	**531104**									
	Sea Salad Flakes - shaker	*organic*	6x12g	20.05		*4.75*	**531108**									
	❊ ***The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk***															
	Dulse	*organic*	5x20g	19.25		*5.15*	**531065**									
	Irish Moss	*organic*	5x15g	18.35		*4.89*	**531071**									
	Kelp (was "Kombu")	*organic*	5x30g	19.25		*5.13*	**531075**									
	Sea Greens	*organic*	5x15g	18.55		*4.96*	**531077**									
	Dulse Flakes	*organic*	5x40g	25.15		*6.71*	**531078**									
	Kelp Flakes	*organic*	5x60g	23.25		*6.20*	**531079**									
	Mixed Seaweed Flakes	*organic*	5x60g	23.25		*6.20*	**531082**									
	Sea Salad Flakes	*organic*	5x30g	24.30		*6.48*	**531080**									
	Sea Spaghetti	*organic*	5x40g	19.25		*5.13*	**531085**									
	Cornish Seaweed Salt	*organic*	8x70g	21.65		*3.61*	**531090**									
	❊ ***Do-It***															
	Arame		1kg	75.50	75.50		**531150**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Seagreens - Vegan***															
	For Seagreens marketing materials and product information please contact info@seagreens.co.uk or phone 01444 400403															
	Seaweed Food Capsules (single)	*demeter*	1x60p	13.35	V	*21.36*	**531560**									
	❊ ***Ocean's Halo***															
	New and on offer from Ocean's Halo, some new organic vegan gluten-free lines for the range. ***Sushi Nori Sheets - Wasabi Style*** *is returning - bring sushi night home with these full size wasabi flavoured sheets for making sushi rolls and hand rolls with a fiery heat.* ***Trayless Sea Salt Seaweed Snack*** *- nori strips toasted in sunflower oil and sea salt which are moreish and melt-in-the-mouth.* ***Trayless Wasabi Seaweed Snack*** *- toasted nori with wasabi flavouring. The pricing below represents a discount of 15%.*															
❒	Sushi Nori Sheets	*organic*	12x28g	30.20		*3.36*	**531590**									
❒	Sushi Nori Sheets - Wasabi Style - New!	*organic*	12x28g	30.20		*3.36*	**531592**									
❒	Trayless Sea Salt Seaweed Snack - New!	*organic*	20x4g	12.45		*0.83*	**531593**									
❒	Trayless Wasabi Seaweed Snack - New!	*organic*	20x4g	12.45		*0.83*	**231594**									

■ Teas - Herb

	❊ ***11 O'clock Tea***															
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x40bgs	8.70		*2.90*	**575010**									
◆	11 O'clock Rooibosch Tea Bags	*organic*	4x80bgs	16.15		*5.38*	**575015**									
	❊ ***Bos Teas***															
	Rooibos Tea Tin	*organic*	12x40bgs	73.25		*8.14*	**575020**									
	Orange & Ginger Rooibos Tea	*organic*	12x20bgs	34.70		*3.86*	**575026**									
	❊ ***Celestial Seasonings - herb & spice tea bags***															
	Bengal Spice Tea Bags		6x20bgs	16.95		*3.77*	**500605**									
	Lemon Zinger Tea Bags		6x20bgs	15.70		*3.49*	**500607**									
	Mandarin Orange Spice		6x20bgs	15.70		*3.49*	**500610**									
	Sleepytime Extra Wellness Tea Bags		6x20bgs	16.95		*3.77*	**500612**									
	Sleepytime Tea Bags		6x20bgs	15.70		*3.49*	**500615**									
	❊ ***Clipper Infusions - tea bags - blends***															
▲	Sleep Easy Infusion	*organic*	6x20bgs	12.40		*2.76*	**560385**									
▲	20 bags Chamomile Infusion	*organic*	6x20bgs	12.40		*2.76*	**560405**									
▲	20 bag Peppermint Infusion	*organic*	6x20bgs	12.40		*2.76*	**560407**									
▲	Blackcurrant & Blueberry Infusion	*organic*	6x20bgs	12.40		*2.76*	**560408**									
▲	Dandelion Infusion	*organic*	6x20bgs	12.40		*2.76*	**560410**									
▲	Fennel Infusion	*organic*	6x20bgs	12.40		*2.76*	**560411**									
▲	Nettle Infusion	*organic*	6x20bgs	12.40		*2.76*	**560413**									
▲	Lemon & Ginger Infusion	*organic*	6x20bgs	12.40		*2.76*	**560417**									
▲	Liquorice Infusion	*organic*	6x20bgs	12.40		*2.76*	**560418**									
	❊ ***Clipper Infusions - envelope-string-tag***															
▲	Cleanse With Benefits - citrus nettle fennel	*organic*	4x20bgs	9.30		*3.10*	**560364**									
▲	Ginger & Turmeric (was Restoring Roots)	*organic*	4x20bgs	9.30		*3.10*	**560362**									
▲	Groovy Ginger Hemp infusion	*organic*	4x20bgs	11.20		*3.73*	**560409**									
▲	Sleep Time - chamomile & lemonbalm etc	*organic*	4x20bgs	9.30		*3.10*	**560371**									
▲	Blackcurrant & Blueberry Infusion	*organic*	4x20bgs	9.30		*3.10*	**560421**									
▲	Chamomile & Peach Infusion	*organic*	4x20bgs	9.30		*3.10*	**560422**									
▲	Orange & Turmeric Infusion	*organic*	4x20bgs	9.30		*3.10*	**560426**									
▲	Peppermint & Spearmint Infusion	*organic*	4x20bgs	9.30		*3.10*	**560428**									
	❊ ***Clipper Redbush/Rooibos***															
▲	Redbush Tea Bags	*organic*	6x80bgs	22.55		*5.01*	**560430**									
	❊ ***Dragonfly - Organic Herb Teas***															
◆	Golden Balance Turmeric Bags	*organic*	4x20bgs	8.65		*2.88*	**560551**									
◆	Happy Times Tulsi Bags	*organic*	4x20bgs	8.65		*2.88*	**560556**									
◆	Lively Lemon & Ginger Bags	*organic*	4x20bgs	8.65		*2.88*	**560561**									
◆	Mint Garden Digestif Bags	*organic*	4x20bgs	8.65		*2.88*	**560554**									
◆	Cape Malay Rooibos Chai Bags	*organic*	4x20bgs	7.90		*2.63*	**560555**									
◆	Mountain Honeybush Tea Bags	*organic*	4x20bgs	7.90		*2.63*	**560565**									
◆	Night Sky Calm Bags	*organic*	4x20bgs	8.65		*2.88*	**560567**									
◆	Sleepy Mint & Honeybush Bags	*organic*	4x20bgs	8.65		*2.88*	**560563**									
◆	Sweet Rosehip & Raspberry Bags	*organic*	4x20bgs	8.65		*2.88*	**560564**									
◆	Three Mint Medley Bags	*organic*	4x20bgs	8.65		*2.88*	**560566**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Dragonfly - Rooibos Teas***															
◆	Rooibos	*organic*	4x40bgs	9.10		*3.03*	**544008**									
◆	Rooibos - Earl Grey	*organic*	4x40bgs	9.10		*3.03*	**544110**									
◆	Rooibos - Vanilla	*organic*	4x40bgs	9.10		*3.03*	**544112**									
	❊ ***English Tea Shop***															
	On offer are The English Tea Shop organic herbal teas, the pricing below represents a discount of 15%.															
❒	Chamomile Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544130**									
❒	Lemongrass Citrus & Ginger Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544132**									
❒	Perfect Peppermint - FT - Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544134**									
❒	Rooibos - FT - Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**544136**									
	❊ ***Essential***															
▲	Camomile Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571906**									
▲	Fennel Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571907**									
▲	Ginger & Lemon Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571908**									
▲	Hibiscus Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571909**									
▲	Liquorice Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571911**									
▲	Peppermint & Spearmint Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571912**									
▲	Peppermint Tea Sachets	*organic*	4x20bgs	9.00		*3.00*	**571913**									
	❊ ***Forest Wholefoods - retail pouches***															
	Yerba Mate Loose Leaf - contains caffeine	*organic*	6x250g	34.05		*7.57*	**571932**									
	❊ ***Floradix - Herbal Tea Bags***															
	Anise Fennel Caraway Tea	*organic*	12x15bgs	22.00		*2.44*	**572100**									
	Camomile Tea	*organic*	12x15bgs	22.00		*2.44*	**572102**									
	Dandelion Tea	*organic*	12x15bgs	22.00		*2.44*	**572104**									
	Hawthorn Tea	*organic*	12x15bgs	22.00		*2.44*	**572108**									
	Lemon Balm Tea	*organic*	12x15bgs	22.00		*2.44*	**572110**									
	Mate Tea	*organic*	12x15bgs	22.00		*2.44*	**572114**									
	Peppermint Tea	*organic*	12x15bgs	22.00		*2.44*	**572116**									
	Sage Tea	*organic*	12x15bgs	22.00		*2.44*	**572115**									
	Thyme Tea	*organic*	12x15bgs	22.00		*2.44*	**572117**									
	Lemon Verbena Tea (was Vervain)	*organic*	12x15bgs	22.00		*2.44*	**572118**									
	❊ ***Hambleden Tea Bags - www.hambledenherbs.com***															
▲	Chamomile Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560505**									
▲	Elderflower Tea Bags	*organic*	6x20bgs	18.10		*4.03*	**560510**									
▲	Hibiscus Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560520**									
▲	Lemon Verbena Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560530**									
▲	Limeflower Tea Bags	*organic*	6x20bgs	18.10		*4.03*	**560535**									
▲	Nettle Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560538**									
▲	Peppermint Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560540**									
▲	Rosehip Tea Bags	*organic*	6x20bgs	18.10		*4.02*	**560545**									
▲	Turmeric Chai Tea Bags	*organic*	6x20bgs	18.10		*4.05*	**560548**									
	❊ ***Hambleden loose herb infusions***															
▲	Chamomile - loose	*organic*	6x40g	18.10		*4.03*	**560705**									
▲	Hibiscus - loose	*organic*	6x50g	18.10		*4.03*	**560710**									
▲	Lemon Verbena - loose	*organic*	6x20g	18.10		*4.03*	**560720**									
▲	Peppermint - loose	*organic*	6x45g	18.10		*4.03*	**560730**									
▲	Raspberry Leaf - loose	*organic*	6x45g	18.10		*4.03*	**560735**									
	❊ ***Hampstead - string & tag envelope- Infusion***															
	"Herbal Harmonies Selection Pack" comprises:- five bags of each of: demeter Peppermint & Spearmint, organic Camomile, organic Rosehip & Hibiscus and organic demeter Lemon & Ginger.															
◆	Herbal Harmonies Selection Pack	*demeter*	4x20bgs	11.95		*3.99*	**560809**									
◆	Camomile Mellow	*organic*	4x20bgs	11.35		*3.79*	**560808**									
◆	Digest Well - was Fennel & Peppermint	*demeter*	4x20bgs	11.35		*3.79*	**560810**									
◆	Lemon Ginger	*demeter*	4x20bgs	11.35		*3.79*	**560815**									
◆	Peppermint & Spearmint	*demeter*	4x20bgs	11.35		*3.79*	**560820**									
◆	Meditate Lavender & Valerian	*demeter*	4x20bgs	11.35		*3.79*	**560823**									
◆	Rooibos	*organic*	4x20bgs	11.35		*3.79*	**560824**									
◆	Rosehip Hibiscus	*organic*	4x20bgs	11.35		*3.79*	**560825**									
◆	Sleep Well	*organic*	4x20bgs	11.35		*3.79*	**560826**									
◆	Turmeric & Cinnamon	*organic*	4x20bgs	11.35		*3.79*	**560828**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Hampstead - loose herb infusions***															
	Lemon & Ginger Loose Leaf Tea	*organic*	6x100g	29.20		*6.49*	**560846**									
	❊ ***Organic Herb Trading Co. organic loose tea***															
	Chamomile Flower - EU & NOP	*organic*	1x500g	22.35		*29.88*	**560851**									
	Elderberry Rosehip & Hibiscus	*organic*	1x500g	16.60		*22.13*	**560852**									
	Hibiscus Flower Pieces - teabag cut	*organic*	1x500g	9.80		*13.07*	**560856**									
	Rooibos Leaf	*organic*	1x500g	11.65		*15.54*	**560857**									
	❊ ***Pukka - Ayurvedics - tea bags***															
	"Herbal Tea Collection" comprises:-															
	Elderberry & Echinacea, Lemon Ginger & Manuka, Feel New, Three Mint and Night Time.															
	On offer are Pukka organic teas, the pricing below represents a discount of 15%.															
❒	Breathe In with Eucalyptus	*organic*	4x20bgs	12.55		*4.19*	**561488**									
❒	Chamomile, Vanilla & Manuka Honey	*organic*	4x20bgs	12.55		*4.19*	**561490**									
❒	Feel New - aniseed, fennel & licorice	*organic*	4x20bgs	12.55		*4.19*	**561500**									
❒	Herbal Tea collection	*organic*	4x20bgs	13.90		*4.63*	**561494**									
❒	Elderberry & Echinacea	*organic*	4x20bgs	12.55		*4.19*	**561501**									
❒	Joy - lemony herbs with orange Tea	*organic*	4x20bgs	12.55		*4.19*	**561496**									
❒	Lemon, Ginger & A Touch of Manuka Honey	*organic*	4x20bgs	12.55		*4.19*	**561504**									
❒	Lemongrass & Ginger	*organic*	4x20bgs	12.55		*4.19*	**561495**									
❒	Love - rose, chamomile & lavender Tea	*organic*	4x20bgs	12.55		*4.19*	**561515**									
❒	Licorice & Cinnamon	*organic*	4x20bgs	12.55		*4.19*	**561517**									
❒	Morning Berry - rooibos, ginseng, blackcurrant	*organic*	4x20bgs	12.55		*4.19*	**561521**									
❒	Night Time Berry - berries, echinacea & chamomile	*organic*	4x20bgs	12.55		*4.19*	**561516**									
❒	Peace - chamomile, spearmint, hemp, licorice	*organic*	4x20bgs	12.55		*4.19*	**561531**									
❒	Peppermint & Licorice	*organic*	4x20bgs	12.55		*4.19*	**561506**									
❒	Radiance - nettle, fennel & aloe vera	*organic*	4x20bgs	12.55		*4.19*	**561518**									
❒	Relax - chamomile, fennel & marshmallow	*organic*	4x20bgs	12.55		*4.19*	**561510**									
❒	Turmeric Ginger & Orange Tea - was Turmeric Active	*organic*	4x20bgs	12.55		*4.19*	**561511**									
❒	Wild Apple Cinnamon with Ginger	*organic*	4x20bgs	12.55		*4.19*	**561554**									
❒	Winter Warmer	*organic*	4x20bgs	12.55		*4.19*	**561553**									
❒	Womankind - rose, vanilla & shatavari	*organic*	4x20bgs	12.55		*4.19*	**561555**									
❒	Vanilla Spice Chai - cinnamon & sweet vanilla	*organic*	4x20bgs	12.55		*4.19*	**561520**									
❒	Night Time Tea	*organic*	4x20bgs	12.55		*4.19*	**561530**									
❒	Three Chamomile Tea	*organic*	4x20bgs	12.55		*4.19*	**561532**									
❒	Three Fennel Tea	*organic*	4x20bgs	12.55		*4.19*	**561537**									
❒	Three Ginger Tea	*organic*	4x20bgs	12.55		*4.19*	**561540**									
❒	Three Mint Tea	*organic*	4x20bgs	12.55		*4.19*	**561545**									
❒	Tulsi Clarity Tea	*organic*	4x20bgs	12.55		*4.19*	**561551**									
	❊ ***Taka Turmeric Tea Bags***															
	Chamomile Rosehip Turmeric Tea Bags	*organic*	4x15bgs	11.90		*3.97*	**561588**									
	Ginger Lemon Turmeric Tea Bags	*organic*	4x15bgs	11.90		*3.97*	**561590**									
	Hibiscus Cinnamon Turmeric Tea Bags	*organic*	4x15bgs	11.90		*3.97*	**561592**									
	Rooibos Honeybush Turmeric Tea Bags	*organic*	4x15bgs	11.90		*3.97*	**561597**									
	❊ ***Tick Tock Rooibos***															
◆	Rooibos Tea Bags	*organic*	4x40bgs	8.05		*2.68*	**561712**									
◆	Rooibos Tea Bags	*organic*	4x80bgs	15.75		*5.25*	**561716**									
◆	Rooibos Tea Loose	*organic*	6x100g	12.00		*2.67*	**561717**									
◆	Green Rooibos Tea Bags	*organic*	4x40bgs	8.55		*2.85*	**561718**									
◆	Rooibos Earl Grey Tea Bags		4x40bgs	8.55		*2.85*	**561722**									
	❊ ***Yogi Tea - Promotional Cup***															
	Buy any 36 packs of Yogi Tea and receive 12 cups for free															
	*On offer from Yogi Teas. **Promotional Cups - retailers only**. Buy any 6 cases of tea and receive 12 cups for free. Consumers will receive a free cup when they buy 3 packs of Yogi Tea. The cup itself is white with a pretty blue yogi design.*															
❊	Promotional Cups - retailers only		12x1cup			*0.00*	**571945**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Yogi Tea - Ayurvedic Tea Bags***															
Yogi tea bags are manila hemp fibre, chlorine free, with no plastic. **"The Finest Selection Tea Bags" comprises:-** **2 bags each of Classic, Licorice, Ginger & Lemon, Turmeric Chai** **Green Tea Matcha Lemon and Womens Balance.** **"The Selection Tea Box" comprises:-** **5 bags each of ginger lemon, sweet chilli, ginger orange,** **lime mint, classic, choco, women's tea, turmeric chai and rooibos**															
The Finest Selection Tea Bags	*organic*	6x18bgs	12.80		*2.85*	**571719**									
Alkaline Herbs	*organic*	6x17bgs	12.35		*2.75*	**571702**									
Ashwaganda Balance	*organic*	6x17bgs	12.35		*2.75*	**571703**									
Bedtime Tea	*organic*	6x17bgs	12.35		*2.75*	**571705**									
Bedtime Rooibos Vanilla Tea	*organic*	6x17bgs	12.35		*2.75*	**571951**									
Berry Vanilla Tea	*organic*	6x17bgs	12.35		*2.75*	**571954**									
Breathe Deep Tea	*organic*	6x17bgs	12.35		*2.75*	**571955**									
Chocolate Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571735**									
Classic Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571732**									
Detox Tea	*organic*	6x17bgs	12.35		*2.75*	**571707**									
Feel Pure (formerly Detox Dandelion)	*organic*	6x17bgs	12.35		*2.75*	**571984**									
Echinacea Tea	*organic*	6x17bgs	12.35		*2.75*	**571710**									
Happy Nature Tea	*organic*	6x17bgs	12.35		*2.75*	**571716**									
Ginger Tea	*organic*	6x17bgs	12.35		*2.75*	**571981**									
Ginger Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571712**									
Ginger Orange Vanilla Tea	*organic*	6x17bgs	12.35		*2.75*	**571715**									
Heartwarming Tea	*organic*	6x17bgs	12.35		*2.75*	**571977**									
Himalayan Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**572010**									
Immune Support	*organic*	6x17bgs	12.35		*2.75*	**571979**									
Inner Harmony	*organic*	6x17bgs	12.35		*2.75*	**571976**									
Licorice Blend Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571737**									
Licorice Mint	*organic*	6x17bgs	12.35		*2.75*	**571717**									
Lime Mint Tea	*organic*	6x17bgs	12.35		*2.75*	**571978**									
Maca Chai Tea	*organic*	6x17bgs	12.35		*2.75*	**571989**									
Men's Tea	*organic*	6x17bgs	12.35		*2.75*	**571980**									
Mental Clarity	*organic*	6x17bgs	12.35		*2.75*	**571999**									
Relax Tea	*organic*	6x17bgs	12.35		*2.75*	**571960**									
Rooibos Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**572003**									
Rose Tea	*organic*	6x17bgs	12.35		*2.75*	**571740**									
Soul Balm Tea	*organic*	6x17bgs	12.35		*2.75*	**571742**									
Stomach-Ease Tea	*organic*	6x17bgs	12.35		*2.75*	**571720**									
Star Salutation Tea	*organic*	6x17bgs	12.35		*2.75*	**571743**									
Sweet Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571725**									
Sweet Chili Mexican Spice Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571727**									
Throat Comfort Tea	*organic*	6x17bgs	12.35		*2.75*	**571722**									
Tulsi Relax Tea	*organic*	6x17bgs	12.35		*2.75*	**571724**									
Turmeric Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**571728**									
Turmeric Orange Tea	*organic*	6x17bgs	12.35		*2.75*	**571729**									
Well Being Tea	*organic*	6x17bgs	12.35		*2.75*	**571973**									
❊ ***Yogi Tea - For the Senses - tea with essential oils***															
Good Night Tea	*organic*	6x17bgs	12.35		*2.75*	**572073**									
Natural Energy Tea	*organic*	6x17bgs	12.35		*2.75*	**572075**									
Natural Wellbeing Tea	*organic*	6x17bgs	12.35		*2.75*	**572077**									
Pure Happiness Tea	*organic*	6x17bgs	12.35		*2.75*	**572079**									
❊ ***Yogi Tea - women's ayurvedic tea***															
Women's Tea	*organic*	6x17bgs	12.35		*2.75*	**571995**									
Women's Balance Tea	*organic*	6x17bgs	12.35		*2.75*	**571996**									
Women's Energy Tea	*organic*	6x17bgs	12.35		*2.75*	**571730**									
❊ ***Yogi Tea - loose***															
Loose Classic Chai	*organic*	8x90g	17.70		*2.95*	**572055**									
Loose Choco Chai	*organic*	8x90g	17.70		*2.95*	**572057**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9

■ Teas - Black, Green & White

❊ Clearspring - Japanese

	Kukicha Roasted Twig Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500516	
	Kukicha Roasted Twig Tea - loose	organic	6x90g	19.75	4.39	500506	
	Sencha Green Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500521	
	Sencha Traditional Green Tea - loose	organic	6x90g	33.70	7.49	500536	
	Hojicha Roasted Green Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500526	
	Genmaicha Green Tea bags with Roasted Brown Rice	organic	4x20bgs	10.45	3.49	500541	
	Genmaicha Roasted Rice Tea - loose	organic	6x90g	31.45	6.99	500543	
	Gyokuro Green Tea loose - tin	organic	6x85g	67.45	14.99	500559	
	Matcha Shot - Premium grade Green Tea Powder	organic	6x(8x1)g	28.10	6.25	500546	
	Caddy Powder Matcha Green Tea - Ceremonial grade	organic	4x30g	50.95	16.99	500547	
	Sachet Powder Matcha Green Tea - Premium grade	organic	10x40g	82.40	10.99	500548	
	Sachet Powder Matcha Green Tea - Premium grade	organic	6x100g	107.95	23.99	500549	
	Sachet Powder Kuwa Matcha - Mulberry Leaf Tea	organic	10x40g	67.40	8.99	500562	
	Matcha Sencha Green Tea Bags	organic	4x20bgs	11.95	3.99	500551	
	Matcha Sencha Green Tea loose - tin	organic	6x85g	58.45	12.99	500561	
	Matcha Genmaicha Green Tea Bags	organic	4x20bgs	11.95	3.99	500554	
	Matcha Ginger Green Tea Bags	organic	4x20bgs	11.95	3.99	500556	
	Matcha Three Mint Green Tea Bags	organic	4x20bgs	11.95	3.99	500558	
	Matcha Turmeric Green Tea Bags	organic	4x20bgs	11.95	3.99	500560	
	Oolong Semi-Fermented Blue Tea Bags	organic	4x20bgs	11.95	3.99	500557	

❊ Clipper FairTrade - black tea

▲	Assam Tea Bags	organic	6x40bgs	13.40	2.98	580310	
▲	English Breakfast Tea Bags - 80's	organic	4x80bgs	14.40	4.81	580330	
▲	Breakfast Fairtrade 40 Tea Bags	organic	6x40bgs	15.65	3.48	580314	
▲	Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	15.40	3.42	580321	
▲	Decaf Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	18.80	4.18	580308	
▲	Earl Grey Tea Bags - 80's	organic	6x80bgs	21.60	4.80	580318	

❊ Clipper - Fair Trade - string, tag & envelope

▲	Earl Grey - food service	organic	250bgs	20.65		580320	

❊ Clipper - black tea

▲	Fairtrade Everyday Tea Bags	organic	6x40bgs	15.45	3.43	580328	
▲	Everyday Tea Bags	organic	4x80bgs	13.15	4.38	580331	
▲	Fairtrade Everyday Tea Bags	organic	4x80bgs	13.90	4.63	580329	
▲	Everyday Decaffeinated Tea Bags	organic	6x40bgs	18.80	4.18	580332	
▲	Fairtrade Decaffeinated Tea Bags	organic	4x80bgs	21.50	7.17	580334	

❊ Clipper - Fair Trade - string, tag & envelope

▲	Fairtrade Everyday Tea Bags - food service		6x100bgs	34.70		590810	

❊ Clipper - green tea - Fairtrade

▲	Green Fairtrade Teabags - 80's	organic	4x80bgs	15.45	5.16	590630	
▲	Green Fairtrade Teabags - 40's	organic	6x40bgs	16.30	3.63	590634	
▲	Pure Green Fairtrade - bags	organic	6x20bgs	13.85	3.08	590638	
▲	Green Tea & Lemon Fairtrade Teabags - 80's	organic	4x80bgs	15.45	5.14	590639	
▲	Green Tea with Lemon Bags	organic	6x20bgs	13.85	3.08	590641	
▲	Decaffeinated Green Tea Bags	organic	6x40bgs	19.60	4.36	590707	

❊ Clipper - white tea

▲	26 bag White Tea Bags	organic	6x26bgs	12.35	2.74	590682	
▲	White Fairtrade Teabags - 40's	organic	6x40bgs	16.65	3.70	590683	

❊ Dragonfly Tea

◆	Classic Earl Grey Tea Bags	organic	4x20bgs	7.90	2.63	581020	
◆	Golden Breakfast Tea Bags		4x40bgs	8.85	2.95	581022	
◆	Traditional English Breakfast Tea Bags	organic	4x20bgs	7.90	2.63	581025	
◆	Pure Green Mountain Tea	organic	4x20bgs	7.90	2.63	580345	
◆	Moroccan Mint Green Tea Bags	organic	4x20bgs	7.90	2.63	580346	
◆	Moonlight Jasmine Green Tea Bags	organic	4x20bgs	7.90	2.63	580347	
◆	Swirling Mist White Tea Bags	organic	4x20bgs	8.65	2.88	580350	
◆	Digestive Chai Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580354	
◆	Digestive Lemon Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580348	
◆	Digestive Pu'er Tea Bags - was Good Dragon	organic	4x20bgs	7.90	2.63	580349	

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***English Tea Shop***															
	On offer are selected English Tea Shop organic teas, the pricing marked ❒ below represents a discount of 15%.															
	Luxury Tea Collection - White Tin - 36 bags	*organic*	6x74g	40.80		*9.07*	**560773**									
❒	Chai Black Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**560760**									
❒	Darjeeling Black Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**560762**									
❒	English Breakfast Tea Bags - FT	*organic*	6x20bgs	10.10		*2.24*	**560764**									
❒	Earl Grey Tea Bags - FT	*organic*	6x20bgs	10.10		*2.24*	**560766**									
❒	Pure Green Tea Bags	*organic*	6x20bgs	10.10		*2.24*	**560770**									
	❊ ***Hambleden organic tea***															
▲	Earl Grey Tea - loose	*organic*	6x55g	18.10		*4.04*	**560738**									
▲	Everyday Tea - loose	*organic*	6x70g	18.10		*4.04*	**560740**									
▲	Green Tea - loose	*organic*	6x65g	18.10		*4.04*	**560745**									
▲	Earl Grey Tea Bags	*organic*	6x20bgs	18.10		*4.02*	**560748**									
▲	Everyday Tea Bags	*organic*	6x20bgs	13.55		*3.01*	**560750**									
	❊ ***Hampstead - Demeter/Organic***															
	Selection Pack - Black = 5 bags of each Assam, Darjeeling, Earl Grey, English Breakfast.															
	Selection Pack - Green = 5 bags of each Green, Jasmine Green, Lime Green, Mint Green.															
	On offer are selected Hampstead organic loose teas, the pricing below represents a discount of 20%															
◆	Black Tea Bags Selection Pack	*organic*	4x20bgs	11.95		*3.98*	**580481**									
◆	Green Tea Bags Selection Pack	*organic*	4x20bgs	11.95		*3.98*	**580482**									
❒	Assam Loose	*organic*	6x100g	23.35		*5.19*	**580479**									
◆	Assam Tea Bags	*organic*	4x20bgs	11.35		*3.78*	**580483**									
❒	Green Tea Loose - Single Estate	*demeter*	6x100g	23.35		*5.19*	**580455**									
◆	Green Tea Bags	*demeter*	4x20bgs	11.35		*3.78*	**580484**									
◆	Matcha Green Tea & Nettle Bags	*organic*	4x20bgs	11.35		*3.78*	**580494**									
◆	Ginger Green Tea Bags	*demeter*	4x20bgs	11.35		*3.78*	**580486**									
◆	Jasmine Green Tea Bags	*organic*	4x20bgs	11.35		*3.78*	**580487**									
◆	Mint Green Tea Bags	*demeter*	4x20bgs	11.35		*3.78*	**580489**									
❒	Earl Grey Loose	*demeter*	6x100g	23.35		*5.19*	**580459**									
◆	Earl Grey Tea Bags	*demeter*	4x20bgs	11.65		*3.88*	**580490**									
❒	English Breakfast Loose	*demeter*	6x100g	23.35		*5.19*	**580464**									
◆	English Breakfast Tea Bags	*organic*	4x20bgs	11.65		*3.88*	**580491**									
❒	First Flush Loose	*demeter*	6x100g	32.35		*7.20*	**580465**									
❒	Darjeeling Loose	*demeter*	6x100g	23.35		*5.19*	**580470**									
◆	Darjeeling Bags	*demeter*	4x20bgs	11.35		*3.78*	**580493**									
❒	Oolong Loose	*demeter*	6x50g	23.35		*5.19*	**580475**									
◆	Green Tea & Raspberry	*organic*	4x20bgs	11.35		*3.78*	**580476**									
◆	French Vanilla Black Tea Bags	*demeter*	4x20bgs	11.35		*3.78*	**580478**									
◆	Indian Chai - spiced black tea bags	*organic*	4x20bgs	11.35		*3.79*	**580466**									
◆	Focus Well - was Oriental Chai	*organic*	4x20bgs	11.35		*3.79*	**580467**									
	❊ ***OMG Teas - Japanese organic matcha***															
	AAA Grade Matcha - tin	*organic*	1x30g	17.20		*22.95*	**580270**									
	AA grade Matcha - tin	*organic*	1x30g	13.45		*17.95*	**580272**									
	AA grade Matcha - tin	*organic*	1x80g	23.95		*31.95*	**580274**									
	❊ ***Organic Herb Trading Co. organic loose tea***															
▼	Assam GBOP Loose Leaf Tea	*organic*	1x500g	8.60		*11.47*	**580532**									
	Darjeeling TGBOP Loose Leaf Tea	*organic*	1x500g	12.95		*17.27*	**580533**									
	Decaffeinated Black Loose Leaf Tea	*organic*	1x500g	15.65		*20.87*	**580535**									
	Earl Grey Loose Leaf Tea	*organic*	1x500g	15.10		*20.13*	**580534**									
▼	English Breakfast Loose Leaf Tea	*organic*	1x500g	10.30		*13.73*	**580538**									
	Jasmine Green Loose Leaf Tea	*organic*	1x500g	20.60		*27.47*	**580542**									
▼	Sencha Green Chinese Loose Leaf Tea	*organic*	1x500g	11.65		*15.53*	**580544**									
	❊ ***Pukka - black tea - FairTrade***															
	On offer are Pukka organic black teas, the pricing below represents a discount of 15%.															
❒	Elegant English Breakfast	*organic*	4x20bgs	12.60		*4.21*	**581030**									
❒	Gorgeous Earl Grey	*organic*	4x20bgs	12.60		*4.21*	**581032**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Pukka - chai***															
	On offer is Pukka Organic Chai, the pricing below represents a discount of 15%.															
❒	Original Chai - cinnamon & cardamom	*organic*	4x20bgs	12.60		*4.21*	**581050**									
	❊ ***Pukka - green tea***															
	On offer is Pukka organic green matcha tea, the pricing below represents a discount of 15%.															
❒	Supreme Green Matcha Tea Bags - Fair Trade	*organic*	4x20bgs	12.60		*4.21*	**580620**									
❒	Clean Matcha Green Tea Bags	*organic*	4x20bgs	12.60		*4.21*	**580651**									
❒	Ginseng Matcha Green Tea Bags	*organic*	4x20bgs	12.60		*4.21*	**580654**									
❒	Mint Matcha Green Tea Bags	*organic*	4x20bgs	12.60		*4.21*	**580656**									
	❊ ***Qi Herbal Health - FairTrade - green tea bags***															
◆	Decaffeinated Green Tea Bags	*organic*	6x20bgs	17.95		*3.99*	**580396**									
◆	Green Tea Bags	*organic*	6x25bgs	11.20		*2.49*	**580397**									
◆	Green Tea Bags Detox	*organic*	6x25bgs	14.85		*3.29*	**580402**									
◆	Green Tea Bags with Ginger	*organic*	6x25bgs	13.50		*2.99*	**580401**									
◆	Jasmine Green Tea Bags	*organic*	6x25bgs	17.95		*3.99*	**580404**									
◆	Green Tea Bags & Matcha	*organic*	6x20bgs	13.50		*2.99*	**580442**									
	❊ ***Qi Herbal Health - Lifestyle Range***															
◆	China Green Tea Pure & Simple - 80's		5x80bgs	10.85		*2.89*	**591145**									
◆	Green Tea Clarity		6x20bgs	16.60		*3.69*	**591148**									
◆	WellBeing Green Tea - 20's		6x20bgs	11.65		*2.59*	**591164**									
	❊ ***Qi Herbal Health - FairTrade - white tea bags***															
◆	White Tea Bags	*organic*	6x25bgs	12.55		*2.79*	**580415**									
	❊ ***Qi Herbal Health - loose***															
◆	Green Tea Loose (Chun Mee)	*organic*	6x100g	15.75		*3.49*	**580395**									
◆	Jasmine Loose Leaf Green Tea	*organic*	6x100g	31.10		*6.92*	**580406**									
	❊ ***Taka Turmeric tea bags***															
	Masala Chai Turmeric Tea Bags	*organic*	4x15bgs	11.90		*3.97*	**561598**									
	❊ ***Yogi green tea bags***															
	Green Balance Tea	*organic*	6x17bgs	12.35		*2.75*	**571883**									
	Green Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**580423**									
	Green Energy Tea	*organic*	6x17bgs	12.35		*2.75*	**571885**									
	Green Ginger Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571892**									
	Green Jasmine Tea	*organic*	6x17bgs	12.35		*2.75*	**571890**									
	Green Matcha Lemon Tea	*organic*	6x17bgs	12.35		*2.75*	**571895**									
	Morning Energy Tea	*organic*	6x17bgs	12.35		*2.75*	**571896**									
	❊ ***Yogi black tea bags***															
	Black Chai Yogi Tea	*organic*	6x17bgs	12.35		*2.75*	**580422**									
	Positive Energy Cranberry Hibiscus Tea	*organic*	6x17bgs	12.35		*2.75*	**580426**									
	❊ ***Yogi white tea bags***															
	White Tea with Aloe Vera	*organic*	6x17bgs	12.35		*2.75*	**571899**									

■ Coffee

	❊ ***Bird & Wild organic Fairtrade shade grown coffee***															
	Dark Roast beans	*organic*	6x200g	24.00		*5.34*	**600460**									
	Dark Roast R&G	*organic*	6x200g	24.00		*5.34*	**600462**									
	Light Roast beans	*organic*	6x200g	24.00		*5.34*	**600464**									
	Light Roast R&G	*organic*	6x200g	24.00		*5.34*	**600465**									
	Medium Roast beans	*organic*	6x200g	24.00		*5.34*	**600468**									
	Medium Roast R&G	*organic*	6x200g	24.00		*5.34*	**600469**									
	❊ ***CaféDirect FairTrade R&G***															
◆	CaféDirect Colombia Reserva - 3		6x200g	25.15		*5.58*	**600481**									
▲	CaféDirect Familia Arabica Espresso - 5		6x200g	28.40		*6.30*	**600471**									
	CaféDirect Machu Picchu R&G - 4	*organic*	6x200g	25.15		*5.58*	**600485**									
	CaféDirect Decaf Machu Picchu		6x200g	25.15		*5.58*	**600487**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆	CaféDirect Mayan Gold -5	organic	6x200g	25.15		5.58	600489									
	CaféDirect Intense Thrive Blend - 5		6x200g	23.80		5.29	600492									
	CaféDirect Lively Restore Blend - 4		6x200g	23.80		5.29	600494									
	CaféDirect Smooth Empower Blend - 3		6x200g	23.80		5.29	600495									
	❊ ***CaféDirect roast coffee beans FairTrade***															
	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	6x200g	28.40		6.30	600473									
	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	1x1kg	18.45		24.57	600475									
	Whole Coffee Beans - Familia Original Espresso - 5	organic	1x1kg	16.95		22.57	600477									
◆	Whole Coffee Beans - Machu Picchu - 4	organic	6x200g	25.15		5.58	600497									
	Whole Coffee Beans - Machu Picchu - 4	organic	1x750g	12.80		17.07	600546									
◆	Whole Coffee Beans - Mayan Gold - 5	organic	6x200g	25.15		5.58	600499									
	❊ ***CaféDirect FairTrade instant***															
	Instant Machu Picchu Coffee - 4		6x100g	32.65		7.26	600519									
	Instant Decaf Machu Picchu Coffee - 4		6x100g	32.65		7.26	600521									
	Classic Instant Coffee - single tin - 3		1x500g	25.55		34.11	600525									
	❊ ***Cafe Rebelde Zapatista coffee***															
▲	Zapatista Coffee Beans	organic	10x500g	110.45		14.78	601100									
▲	Zapatista Coffee Ground	organic	20x250g	116.45		7.76	601114									
	❊ ***Clipper FairTrade***															
	Instant Coffee House Blend- 4 - tin	organic	1x500g	29.80		39.73	600572									
	Instant Decaf Coffee - 3 - tin	organic	1x500g	33.75		45.00	600571									
	Instant Decaffeinated Coffee	organic	6x100g	40.75		9.06	600575									
	Instant Coffee - House Blend	organic	6x100g	36.90		8.20	600578									
	Instant Coffee - Latin American	organic	6x100g	37.05		8.23	600576									
	Instant Decaf Coffee - Latin American	organic	6x100g	40.75		9.06	500577									
	Instant Coffee - Rich Roast	organic	6x100g	36.85		8.19	600579									
	House Blend Coffee R&G	organic	8x227g	37.05		6.17	600580									
	Italian Style Coffee R&G	organic	8x227g	37.05		6.17	600587									
	Decaffeinated Coffee R&G	organic	8x227g	43.50		7.25	600592									
	❊ ***Equal Exchange Original FairTrade R&G Coffee***															
▲	Dark City Roast Coffee Ground - 4	organic	8x200g	39.00		6.50	600610									
	Decaf Medium Roast Ground Coffee - 3	organic	8x200g	45.00		7.50	600615									
	Love Buzz Dark Ground Coffee	organic	6x284g	43.65		9.70	600616									
	Mind Body Soul Medium Ground Coffee	organic	6x340g	47.70		10.60	600618									
▲	Medium R&G Coffee - 3	organic	8x200g	38.65		6.44	600605									
▲	Italian Coffee R&G - 5	organic	8x200g	39.00		6.50	600685									
▲	Women Grew This Coffee R&G - 3	organic	8x200g	39.00		6.50	600695									
	❊ ***Equal Exchange Single Origin FairTrade R&G Coffee***															
	Colombian Excelso R&G Coffee - 3	organic	8x200g	42.00		7.00	600607									
	Ethiopian Yirgacheffe R&G Coffee - 3	organic	8x200g	42.00		7.00	600550									
	❊ ***Equal Exchange FairTrade Coffee Beans***															
▲	Coffee Beans Roast-Italian - 5	organic	8x200g	39.00		6.50	600654									
▲	Coffee Beans - Medium roast - 3	organic	8x200g	39.00		6.50	600657									
▲	Coffee Beans - Dark City roast - 4	organic	8x200g	39.00		6.50	600660									
	Coffee Beans - decaffeinated - 3	organic	8x200g	45.00		7.50	600662									
▲	Coffee Beans - Women grown - 3	organic	8x200g	39.00		6.50	600664									
	Coffee Beans - medium roast - 3 - single	organic	1x1000g	18.83		25.13	600635									
	Coffee Beans - dark roast - 4 - single	organic	1x1000g	18.83		25.13	600640									
	Coffee Beans - espresso - 4 - single	organic	1x1000g	18.83		25.13	600645									
	Coffee Beans - Italian - 5 - single	organic	1x1000g	18.83		25.13	600647									
	Coffee Beans - Women grown - 3	organic	1x1000g	18.83		25.13	600648									
	❊ ***Grumpy Mule Ground - FairTrade***															
	On offer are Grumpy Mule ground coffees, the pricing below represents a discount of 15%.															
❒	Colombia Ground - 4	organic	6x200g	24.35		5.42	600845									
❒	High & Mighty Ground Espresso Blend - 5		6x200g	24.35		5.41	600851									
❒	Honduras Ground - 4	organic	6x200g	24.35		5.41	600846									
❒	Kick Ass House Blend Ground - 4		6x200g	24.35		5.42	600852									
❒	Peru Ground - Chiclayo - 3	organic	6x200g	24.35		5.42	600847									
❒	Sumatra Ground Gayo Highlands - 4	organic	6x200g	24.35		5.42	600848									
❒	Easy Does It - Decaf - 3	organic	6x200g	25.50		5.67	600849									
❒	Top Notch - 3	organic	6x200g	24.35		5.41	600850									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code
	❊ ***Grumpy Mule Beans - FairTrade***						
	On offer are Grumpy Mule coffee beans, the pricing marked ❒ below represents a discount of 15%.						
	Beans - Columbia - 4	*organic*	10x500g	114.00		*15.22*	**600853**
	Beans - Top Notch - 3	*organic*	10x500g	114.00		*15.22*	**600854**
	Beans - Sumatra Gayo Highlands - 4	*organic*	10x500g	114.00		*15.22*	**600855**
❒	Beans - Colombia - 4	*organic*	6x200g	24.35		*5.42*	**600856**
❒	Beans - Easy Does It Decaf - 3	*organic*	6x200g	25.50		*5.67*	**600857**
❒	Beans - Top Notch - 3	*organic*	6x200g	24.35		*5.42*	**600858**
❒	Beans - High & Mighty Espresso Blend - 5		6x200g	24.35		*5.42*	**600859**
❒	Beans - Kick Ass House Blend - 4		6x200g	24.35		*5.42*	**600860**
❒	Beans - Peru Chiclayo - 3 - Bird Friendly	*organic*	6x200g	24.35		*5.42*	**600861**
❒	Beans - Sumatra - 4	*organic*	6x200g	24.35		*5.42*	**600833**
	If You Care Coffee Filters - see "Kitchen & Household Goods"						
	❊ ***Infinity Foods organic coffee***						
	Infinity Blend - wholebean coffee in a box	*organic*	5kg	96.10	19.22		**600770**
	Infinity Blend - wholebean coffee in a bag	*organic*	1kg	20.10	20.10		**600772**
	❊ ***Percol - Home Compostable & Plastic-free Packaging, Fair Trade***						
	Rich Americano R&G Coffee - 4	*organic*	6x200g	20.95		*4.67*	**601306**
	❊ ***Red Roaster Speciality Coffee***						
	Decaffeinated - ziplock cafetière ground	*organic*	6x200g	29.85		*6.63*	**601365**
	Glasshouse - ziplock cafetière ground	*organic*	6x200g	29.30		*6.51*	**601370**
	Glasshouse - bag wholebean	*organic*	1kg	19.90	19.90		**601372**
☆	Glasshouse - bag wholebean	*organic*	6x200g	29.30		*6.51*	**601374**
	Colombian Single Origin - bag wholebean	*organic*	6x200g	30.35		*6.75*	**601376**
	Colombian - ziplock cafetière ground	*organic*	6x200g	30.45		*6.77*	**601378**
	Colombian Single Origin - bag wholebean	*organic*	1kg	20.85	20.85		**601380**
	❊ ***Source - climate change coffee - single origin***						
	The first coffee with its own carbon credit number						
	www.sourceclimatechange.com						
◆	Decaf Mexican Cloud Forest - R&G	*organic*	6x227g	38.00		*8.44*	**601331**
◆	Gishwati Rwandan Cloud Forest Coffee R&G - 4	*organic*	6x227g	33.75		*7.50*	**601330**
◆	Kilimanjaro Espresso Cloud Forest Coffee R&G - 5	*organic*	6x227g	33.75		*7.50*	**601332**
◆	Mexican La Sierra Cloud Forest Coffee R&G - 3	*organic*	6x227g	33.75		*7.50*	**601335**
◆	Uganda Mount Elgon Cloud Forest R&G - 4	*organic*	6x227g	33.75		*7.50*	**601336**

■ Coffee Substitutes, Malted Drinks, Carob & Cocoa Products

	❊ ***Barley Cup - instant drinks (not gluten-free)***						
	Organic Barley Cup	*organic*	6x100g	23.60		*5.25*	**612605**
	Barley Cup Original - small		6x100g	16.85		*3.75*	**612607**
	Barley Cup Original - large		6x200g	29.65		*6.60*	**612610**
	Barley Cup with Calcium and Vitamins		6x100g	20.20		*4.49*	**612606**
	Barley Cup with Fibre		6x100g	20.20		*4.49*	**612609**
	Barley Cup with Magnesium		6x100g	20.20		*4.49*	**612613**
	Barley Cup Granules		6x200g	33.70		*7.49*	**612612**
	Organic Chicory Cup	*organic*	6x100g	24.70		*5.49*	**612615**
	❊ ***Clipper - FairTrade***						
▲	Drinking Chocolate - tub		6x250g	20.85		*4.63*	**611305**
▲	Instant Hot Chocolate - tub		6x350g	22.45		*4.99*	**611307**
▲	Instant Hot Chocolate - tub		4x1kg	48.50		*16.15*	**611310**
	❊ ***Clipper***						
	New from Clipper two organic coffee alternatives that replace the Whole Earth ones. ***Nocaf*** *is a naturally caffeine-free alternative to coffee, ideal for those all important pauses in your day. Made with barley, chicory, rye and figs.* ***Wakecup*** *is the natural way to start your day. It is made with barley chicory, rye, figs and Amazonian guarana for a bracing pick-me-up. Packaged in glass jars.*						
❊	Nocaf	*organic*	9x100g	28.85		*4.27*	**611314**
❊	Wakecup	*organic*	9x125g	22.25		*3.30*	**611315**
	❊ ***Equal Exchange - FairTrade***						
	Cocoa Powder (tub)	*organic*	6x250g	36.85		*8.19*	**611510**

▲ price rise ▼ fall
❊ new product ❒ on offer
☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Forest Wholefoods - retail pouches***															
	*New from Forest Wholefoods organic vegan **Cacao Powder** ground down from roasted cacao nibs. The beans are fermented and roasted in a careful process that breaks down the phylates in the beans and gives a roasted flavour. The cacao powder is not alkalised (dutched) and is packed with over 300 chemically distinct compounds including flavonoid antioxidants. It is a source of magnesium and selenium.*															
❊	Cacoa Powder	*organic*	1x250g	32.95		*43.93*	**611514**									
	❊ ***Four Sigmatic***															
	Cacao Mix with Reishi	*organic*	1x10x6g	8.70		*11.60*	**611548**									
	Think Elixir with Lion's Mane & Rhodiola	*organic*	1x20x3g	17.40		*23.20*	**611550**									
	Shield Coffee with Chaga & Cordyceps	*organic*	1x10x2.5g	8.00		*10.67*	**611552**									
	Achieve Coffee with Lion's Mane & Chaga	*organic*	1x10x2.5g	8.00		*10.67*	**611554**									
	❊ ***Green & Black - Fair Trade - www.greenandblacks.com***															
	Hot Chocolate - tub	*organic*	6x250g	29.20		*6.50*	**611708**									
	Cocoa Powder - FairTrade	*organic*	6x125g	16.50		*3.67*	**611710**									
	Cooking Chocolate Bar - 70%	*organic*	15x150g	39.90		*3.55*	**611715**									
	❊ ***Hambleden Herbs***															
▲	Carob Powder	*organic*	6x150g	20.35		*4.52*	**313375**									
	❊ ***Infinity Foods - Raw Cacao***															
	Cacao Butter - Raw	*organic*	15kg	440.00	29.33		**612011**									
	Cacao Butter - Raw	*organic*	5kg	148.50	29.70		**612012**									
	Cacao Butter - Raw	*organic*	1kg	31.20	31.20		**612014**									
	Cacao Butter - Raw	*organic*	6x250g	48.00		*10.67*	**612016**									
	Cacao Powder 10-12% - Raw	*organic*	25kg	390.00	15.60		**612018**									
	Cacao Powder 10-12% - Raw	*organic*	1kg	17.45	17.45		**612020**									
	❊ ***Infinity Foods - Raw Cacao Nibs***															
	Cacao Nibs - raw	*organic*	15kg	302.55	16.84		**764205**									
	Cacao Nibs - raw	*organic*	1kg	21.95	18.60		**764210**									
	Cacao Nibs - raw	*organic*	6x250g	33.80		*7.51*	**8075**									
	Cacao Nibs - raw	*organic*	6x125g	18.65		*4.14*	**8080**									
	❊ ***Cocoa Powder***															
	Cocoa Powder - 10-12% fat	*organic*	25kg	240.00	9.60		**612005**									
	Cocoa Powder - 10-12% fat	*organic*	1kg	11.50	11.50		**612010**									
	❊ ***Infinity Foods - Bulk Chocolate Couverture***															
	55% Dark Couverture	*organic*	5kg	131.85	26.37		**612030**									
	73% Very Dark Couverture	*organic*	5kg	145.25	29.05		**612035**									
	Milk Couverture	*organic*	5kg	131.85	26.37		**612040**									
	White Couverture	*organic*	5kg	136.35	27.27		**612045**									
	55% Dark Couverture	*organic*	2.5kg	67.00	26.80		**612050**									
	73% Very Dark Couverture	*organic*	2.5kg	73.75	29.50		**612055**									
	Milk Couverture	*organic*	2.5kg	67.00	26.80		**612060**									
	White Couverture	*organic*	2.5kg	69.45	27.78		**612065**									
	❊ ***Infinity Foods - Retail Chocolate Couverture***															
	Cooking Chocolate - 73% very dark	*organic*	6x300g	58.00		*12.89*	**9093**									
	Cooking Chocolate - milk	*organic*	6x300g	53.10		*11.80*	**9094**									
	❊ ***The Chicory Company - previously Prewett's***															
	*New from The Chicory Company, two organic vegan chicory-based hot drinks. **Instant Roasted Chicory Barley Drink** - a blend of chicory root, malted barley, rye and extract of roasted fig, which combine perfectly to create a delicious, relaxing hot drink. **Instant Roasted Chicory Coffee Drink** - this is a 60/40 blend of soluble chicory to instant coffee for those who are not quite ready to kick the caffeine. All the chicory drinks are high in inulin. The coffees are packaged in glass jars with plastic screw tops.*															
☆	Instant Chicory Drink	*organic*	6x100g	23.80		*5.29*	**612855**									
❊	Instant Roasted Chicory Barley Drink	*organic*	6x100g	21.25		*4.72*	**612856**									
❊	Instant Roasted Chicory Coffee Drink	*organic*	6x100g	28.80		*6.40*	**612857**									
	❊ ***Sweet Revolution - Barista Blend just add hot milk/mylk - vegan***															
	Beetroot Latte with ginger - Barista	*organic*	4x100g	27.80		*9.27*	**620018**									
	Blue Chai Latte with spirulina - Barista	*organic*	4x100g	27.80		*9.27*	**620019**									
	Chai Latte with reishi - Barista	*organic*	4x100g	27.80		*9.27*	**620020**									
	Cacao Latte with Chaga - Barista	*organic*	4x100g	27.80		*9.27*	**620023**									
	Matcha Latte with vanilla - Barista	*organic*	4x100g	34.65		*11.55*	**620024**									
	Turmeric Latte with black pepper - Barista	*organic*	4x100g	27.80		*9.27*	**620026**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Sweet Revolution - instant hot drinks - vegan***															
Beetroot Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620096**									
Hot Chocolate - Instant	*organic*	5x200g	31.25		*8.33*	**620100**									
Matcha Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620105**									
Reishi Chai Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620110**									
Turmeric Latte - Instant	*organic*	5x200g	31.25		*8.33*	**620115**									
❊ ***Vivani***															
Fine Cocoa Powder	*demeter*	8x100g	20.90		*3.48*	**613498**									
Fine Drinking Chocolate	*demeter*	8x300g	35.90		*5.98*	**613499**									
Fine Dark Cooking Chocolate	*organic*	10x200g	44.90		*5.99*	**613500**									
❊ ***Whole Earth***															
Wakecup		9x125g	27.90		*4.13*	**613505**									

■ Drinks - Herbal, Tonic, Coconut and Iced Tea

You may notice especially in the Drinks chapters in this catalogue that there have been a number of price rises attributed to the "Glass Tax". This new tax is more accurately a new packaging tax under the Extended Producer Responsibility (EPR) scheme and aims to shift the cost of packaging waste collection and sorting from local authorities to the businesses responsible for the packaging. Businesses will be charged a fee per tonne of packaging which means that heavier materials like glass will incur higher costs.

❊ ***Agua de Madre Sparkling vegan water Kefir***															
Blood Orange Bitters Water Kefir		24x330ml	44.80		*2.49*	**639085**									
Lemon & Ginger Water Kefir		24x330ml	44.80		*2.49*	**639087**									
Passion Fruit & Raspberry Water Kefir		24x330ml	44.80		*2.49*	**639089**									
Pink Grapefruit & Lime Water Kefir		24x330ml	44.80		*2.49*	**639090**									
Pomegranate & Hibiscus Water Kefir		24x330ml	44.80		*2.49*	**639092**									
❊ ***Biona - Kombucha - glass***															

On offer is Biona organic kombucha, the pricing below represents a discount of 15%.

❒ Kombucha Ginger & Lime	*organic*	6x330ml	10.45 V		*2.79*	**641012**									
❒ Kombucha Original	*organic*	6x330ml	10.45 V		*2.79*	**641014**									
❒ Kombucha Cherry & Mint	*organic*	6x330ml	10.45 V		*2.79*	**641016**									
❊ ***Bonsoy Sparkling Coconut Water***															
☆ Sparkling Coconut Water		12x250ml	13.50 V		*1.80*	**641017**									
Sparkling Coconut Water - Passionfruit		12x250ml	13.50 V		*1.80*	**641018**									
Sparkling Coconut Water - Watermelon		12x250ml	13.50 V		*1.80*	**641019**									
❊ ***Cocofina organic - tetra***															
Coconut Water	*organic*	12x1l	29.15 V		*3.89*	**640360**									
❊ ***Counter Culture Vegan Sparkling Kombucha - tin***															
Against the Current - Rhubarb + Hibiscus Kombucha		12x330ml	16.15 V		*2.19*	**640366**									
Al of the Storm - Mango + Ginger + Lime Kombucha		12x330ml	16.15 V		*2.19*	**640368**									
Chip In - Blueberry + Blackberry Kombucha		12x330ml	16.15 V		*2.19*	**640369**									
Fruit Machine Learning - Raspberry + Elderflower Kombucha	*organic*	12x330ml	16.15 V		*2.19*	**640371**									
Look Up - Lemongrass + Ginger Kombucha	*organic*	12x330ml	16.15 V		*2.19*	**640370**									
❊ ***Equinox Kombucha - can***															

New and on offer from Equinox, a range of organic vegan gluten-free sparkling kombuchas in aluminium cans. There are six flavours based on a traditional Chun-Mee green tea craft brew ferment that ensures living kombucha culture in every can. ***Blood Orange*** *has a sweet floral flavour.* ***Cola & Lime*** *- a light cola with a zesty twist of lime.* ***Fiery Ginger*** *- made with ginger root and ginger extract for a satisfying kick.* ***Pineapple & Mango*** *- bursting with sweet tropical fruit.* ***Raspberry & Elderflower*** *has classic raspberry with a floral twist. The pricing below represents a discount of 15%.*

❒ Blood Orange Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640375**									
❒ Cola & Lime Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640376**									
❒ Fiery Ginger Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640378**									
❒ Pineapple & Mango Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640379**									
❒ Raspberry & Elderflower Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640380**									
❒ Sicillian Lemon Kombucha - can - New!	*organic*	12x250ml	12.35 V		*1.65*	**640382**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Gusto organic Drinks - glass bottle***															
	*New from Gusto, vegan Fairtrade gluten-free **Low-Calorie Cola**. This is a delicious sparkling full flavoured cola that is low in calories and free of artificial sweeteners. It contains Fairtrade agave to sweeten, a blend of spices, essential oils,vanilla and African cola nut. Gusto have replaced the phosphoric acid in big brand cola with Sicilian lemon juice. The cola is packaged in a glass bottle.*															
◆	Gusto Original Organic Energy	*organic*	12x250ml	16.45 V		*2.19*	**641605**									
◆	Gusto - Organic Cherry Cola	*organic*	12x275ml	15.50 V		*2.07*	**641604**									
❊	Gusto - Low-Calorie Cola - FT		12x275ml	15.50 V		*2.07*	**641603**									
◆	Gusto - Organic Real Cola - FT	*organic*	12x275ml	15.50 V		*2.07*	**641606**									
◆	Gusto - Fiery Ginger with Jalapeño - FT	*organic*	12x275ml	15.50 V		*2.07*	**641608**									
◆	Gusto - Sicilian Blood Orange - FT	*organic*	12x275ml	15.50 V		*2.07*	**641609**									
◆	Gusto - Yuzu Lemonade - FT	*organic*	12x275ml	16.45 V		*2.19*	**641611**									
	❊ ***Hip Pop***															
	*New and on offer from Hip Pop, **Berries & Cherries Living Soda**. A lightly sparkling, naturally brewed soft drink with real juicy berries and cherries. Low in sugar, each can is packed with your daily dose (a tablespoon) of apple cider vinegar which is a great prebiotic and helps support gut health. The pricing marked ❒ below represents a discount of 20%.*															
❒	Apple & Elderflower Kombucha		12x330ml	9.95 V		*1.33*	**641616**									
❒	Blueberry & Ginger Kombucha		12x330ml	9.95 V		*1.33*	**641617**									
❒	Ginger & Yuzu Kombucha		12x330ml	9.95 V		*1.33*	**641619**									
❒	Strawberry & Pineapple Kombucha		12x330ml	9.95 V		*1.33*	**641620**									
❒	Cherry & Blackberry CBD Kombucha		12x330ml	12.80 V		*1.71*	**641621**									
❒	Passion Fruit & Guava CBD Kombucha		12x330ml	12.80 V		*1.71*	**641623**									
❒	Berries & Cherries Living Soda - New!		12x330ml	9.95 V		*1.33*	**641634**									
❒	Ginger & Turmeric Living Soda		12x330ml	9.95 V		*1.33*	**641627**									
❒	Pink Grapefruit Living Soda		12x330ml	9.95 V		*1.33*	**641624**									
❒	Tropical Peach Living Soda		12x330ml	9.95 V		*1.33*	**641625**									
	❊ ***Honegar -50% honey & 50% cider vinegar***															
▲	Honegar - small		6x500ml	21.55 V		*5.75*	**641505**									
▲	Honegar		6x750ml	31.85 V		*8.50*	**641507**									
	❊ ***Lazy Moon Kombucha - glass***															
◆	Ginger & Turmeric Kombucha	*organic*	12x330ml	24.75 V		*3.30*	**641489**									
◆	Passion Fruit Kombucha	*organic*	12x330ml	24.75 V		*3.30*	**641491**									
◆	Raspberry Kombucha	*organic*	12x330ml	24.75 V		*3.30*	**641493**									
	❊ ***Lo Bros Vegan Kombucha - glass***															
	On offer is Lo Bros Kombucha, the pricing below represents a discount of 15%.															
❒	Cola Kombucha Living Soda		12x330ml	16.00 V		*2.13*	**641514**									
❒	Blueberry Lemonade Kombucha		12x330ml	16.00 V		*2.13*	**641521**									
❒	Fruit Crush Kombucha Limited Edition		12x330ml	16.00 V		*2.13*	**641522**									
❒	Ginger & Lemon Kombucha		12x330ml	16.00 V		*2.13*	**641524**									
❒	Raspberry & Blackcurrant Kombucha		12x330ml	16.00 V		*2.13*	**641528**									
❒	Raspberry & Lemon Kombucha		12x330ml	16.00 V		*2.13*	**641526**									
❒	Passion Fruit Kombucha		12x330ml	16.00 V		*2.13*	**641628**									
	❊ ***Mighty Brew Vegan Kombucha - glass***															
	Elderflower Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641640**									
	Jasmine Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641642**									
	Lemongrass Kombucha	*organic*	20x275ml	33.55 V		*2.72*	**641644**									
	Sencha Kombucha	*organic*	20x275ml	33.55 V		*2.69*	**641646**									
	Elderflower Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641650**									
	Jasmine Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641652**									
	Lemongrass Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641654**									
	Sencha Kombucha - large	*organic*	6x750ml	21.30 V		*5.69*	**641656**									
	❊ ***Purdey's vegan drinks in glass bottle***															
	Purdey's Refocus - Dark Fruits with Guarana		12x330ml	14.65 V		*1.95*	**641024**									
	Purdey's - Rejuvenate - Grape & Apple with Ginseng		12x330ml	14.65 V		*1.95*	**641025**									
	Purdey's Replenish - Raspberry & Rose		12x330ml	14.65 V		*1.95*	**641026**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Suma***															
	On offer is Suma organic Kombucha, the pricing below represents a discount of 10%.															
❒	Cola Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641022**									
❒	Elderflower Lemon Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641033**									
❒	Ginger Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641035**									
❒	Lychee Lemongrass Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641038**									
❒	Peach & Turmeric Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641036**									
❒	Strawberry & Raspberry Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641037**									
❒	Winter Berries Kombucha	*organic*	24x250ml	23.55 V		*1.57*	**641039**									
	❊ ***UFC - coconut water - Tetra - Thai***															
	Coconut Water		6x1l	11.90 V		*3.17*	**642905**									
	Watermelon Coconut Water		6x1l	14.50 V		*3.87*	**642914**									

■ Drinks - Fruit & Vegetable Juices, Cordials & Water

	❊ ***Aquapax***															
	Still natural water, suitable for babies															
	Still Mineral Water - in tetra		12x500ml	7.25 V		*0.99*	**702355**									
	Sparkling British Spring Water in a can		24x330ml	13.55 V		*0.93*	**702361**									
	❊ ***Belvoir Mocktails***															
	New and on offer from Belvoir, a range of non alcoholic mocktails in glass bottles. ***Lime & Yuzu Mojito*** *is a fresh tasting minty drink.* ***Passion Fruit Martini*** *is made with fruit juice and Madagascan vanilla, and is a delicious alternative to a classic cocktail.* ***Peach Bellini*** *is a sparkling peach & grape alternative.* ***Rhubarb & Ginger G&T*** *is a sparkling rhubarb, ginger juniper drink with a hint of quinine. The pricing below represents a discount of 20%.*															
❒	Non-Alcoholic Lime & Yuzu Mojito - New!		6x750ml	12.05 V		*3.22*	**702365**									
❒	Non-Alcoholic Passion Fruit Martini - New!		6x750ml	12.05 V		*3.22*	**702366**									
❒	Non-Alcoholic Peach Bellini - New!		6x750ml	12.05 V		*3.22*	**702367**									
❒	Non-Alcoholic Rhubarb & Ginger G&T - New!		6x750ml	12.05 V		*3.22*	**702378**									
	❊ ***Belvoir Cordials - www.belvoircordials.co.uk***															
	On offer are the Belvoir cordials, the pricing below represents a 20% discount on the new case price of £22.65 which is due to the new "glass tax".															
❒	Elderflower Cordial	*organic*	6x500ml	18.10 V		*4.83*	**660560**									
❒	Ginger Cordial	*organic*	6x500ml	18.10 V		*4.83*	**660565**									
	❊ ***BetterYou - aluminium can***															
	Magnesium Water Energy - pomegranate & rhubarb		12x250ml	15.35 V		*2.05*	**672000**									
	Magnesium Water Focus - blueberry & mint		12x250ml	15.35 V		*2.05*	**672001**									
	Magnesium Water Hydrate - lime & bergamot		12x250ml	15.35 V		*2.05*	**672002**									
	❊ ***Big Tom - Spiced Tomato Mix from James White***															
▲	Big Tom - large bottles		6x750ml	13.70 V		*3.65*	**672005**									
▲	Big Tom - small bottles		24x250ml	22.60 V		*1.51*	**672010**									
	❊ ***Biona Juices & Drinks - glass bottles***															
	Acerola Cherry Juice - pure 100%	*organic*	6x330ml	28.05 V		*7.49*	**660675**									
	Blackcurrant Pure Juice - 100%	*organic*	6x330ml	17.55 V		*4.69*	**660677**									
	Blueberry Juice - 100%	*organic*	6x330ml	31.80 V		*8.49*	**660685**									
	Tart Cherry Juice - 100% - large	*organic*	6x1l	28.80 V		*7.68*	**660687**									
	Tart Cherry Juice - 100% - small	*organic*	6x200ml	10.80 V		*2.88*	**660688**									
	Cranberry Juice - 100% - small	*organic*	6x330ml	23.55 V		*6.29*	**660712**									
	Cranberry Juice -100% - large	*organic*	6x750ml	41.20 V		*11.00*	**660714**									
	Elderberry Juice - 100%	*organic*	6x330ml	19.80 V		*5.28*	**660717**									
	Ginger Juice	*organic*	6x200ml	20.20 V		*5.39*	**660720**									
	Lemon Juice -100%	*organic*	6x200ml	10.75		*2.39*	**660722**									
	Lime Juice -100%	*organic*	6x200ml	13.45		*2.99*	**660724**									
	Pomegranate Juice - 100% - large	*organic*	6x1l	28.05 V		*7.49*	**660690**									
	Pomegranate Juice -100% - small	*organic*	6x200ml	10.05 V		*2.68*	**660692**									
◆	Apple Juice - large	*organic*	6x750ml	13.45 V		*3.59*	**660693**									
	Apple & Mango Juice	*organic*	6x750ml	22.45 V		*5.99*	**660713**									
◆	Beetroot Juice - 100%	*organic*	6x750ml	14.20 V		*3.79*	**660716**									
◆	Carrot Juice	*organic*	6x750ml	14.55 V		*3.89*	**660694**									
	Cranberry Drink - sweetened	*organic*	6x750ml	23.20 V		*6.19*	**660711**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆	Orange Juice	organic	6x750ml	22.05	V	5.89	660695									
	Peach Apricot and Apple Juice	organic	6x1l	21.30	V	5.68	660707									
◆	Red Grape Juice	organic	6x750ml	18.30	V	4.89	660696									
◆	Tomato Juice	organic	6x750ml	14.55	V	3.89	660697									
	❊ ***Biona - Tetra***															
	Apple Juice - Tetra	organic	6x1l	13.80	V	3.68	660680									
	Beetroot Juice - Tetra	organic	12x500ml	20.15	V	2.69	660684									
	Carrot Juice - Tetra	organic	12x500ml	18.65	V	2.49	660689									
	Vegetable Juice - Tetra	organic	12x500ml	17.90	V	2.39	660686									
	❊ ***Cawston Press - Tetra***															
	On offer are Cawston Press tetras, the pricing below represents a discount of 20%.															
❒	Cloudy Apple		6x1l	12.15	V	3.24	661157									
❒	Apple & Ginger		6x1l	12.15	V	3.24	661159									
❒	Apple & Rhubarb		6x1l	12.15	V	3.24	661160									
❒	Brilliant Beetroot		6x1l	12.15	V	3.24	661162									
❒	Squeezed Orange		6x1l	15.95	V	4.25	661164									
❒	Apple & Mango Fruit Water - multipack		6x3x200ml	10.65	V	2.84	661170									
❒	Apple & Pear Fruit Water - multipack		6x3x200ml	10.65	V	2.84	661172									
❒	Apple & Summer Berries Fruit Water - multipack		6x3x200ml	10.65	V	2.84	661174									
❒	Sunshine Orange Fruit Water - multipack		6x3x200ml	10.65	V	2.84	661175									
	❊ ***Gusto Organic Drinks please see the Herbal, tonic drink section***															
	❊ ***Herons Folly Garden - Sussex - glass***															
	Apple Juice	organic	6x1l	18.55	V	4.95	662205									
	❊ ***James White unfiltered juices - glass***															
	*Returning on offer for summer is James White organic **Pear & Raspberry Juice** with the sweetness of pear smoothing the tart raspberry. Also on offer are James White organic unfiltered juices, the pricing below represents a 10% discount on the new off offer case prices of £15.75 for the 750ml and £26.55 for the 250ml, this is due to the new "glass tax". The new line has a more expensive off offer price of £19.85*															
❒	Apple Juice	organic	6x750ml	14.15	V	3.77	664505									
❒	Apple & Crushed Ginger Juice	organic	6x750ml	14.15	V	3.77	664507									
❒	Carrot & Apple Juice	organic	6x750ml	14.15	V	3.77	664510									
❒	Pear Juice	organic	6x750ml	14.15	V	3.77	664518									
❒	Pear & Raspberry Juice - returning	organic	6x750ml	17.85	V	4.77	664519									
❒	Apple Juice	organic	24x250ml	23.85	V	1.59	664520									
❒	Apple & Crushed Ginger Juice	organic	24x250ml	23.85	V	1.59	664522									
❒	Carrot & Apple Juice	organic	24x250ml	23.85	V	1.59	664523									
❒	Pear Juice	organic	24x250ml	23.85	V	1.59	664530									
❒	Carrot Juice	organic	6x750ml	14.15	V	3.77	664560									
❒	Tomato Juice	organic	6x750ml	14.15	V	3.77	664562									
❒	Mixed Vegetables Juice	organic	6x750ml	14.15	V	3.77	664565									
	❊ ***James White - Beet It***															
▲	Beetroot Juice - Beet It - large - glass	organic	6x750ml	15.10	V	4.02	664555									
▲	Beetroot Juice - Beet It - small - glass	organic	24x250ml	29.70	V	1.99	664590									
▲	Beet It - Shot - conc. beetroot juice - plastic	organic	15x70ml	21.05		1.87	664592									
▲	Beet It & Ginger - Shot - conc. beetroot juice - plastic	organic	15x70ml	21.05		1.87	664593									
▲	Beet It & Turmeric - Shot - conc. beetroot juice - plastic	organic	15x70ml	21.05		1.87	664594									
▲	Ginger Beet It - glass	organic	6x750ml	15.50	V	4.13	664595									
▲	1l Tetra Beetroot Juice - Beet It	organic	8x1l	21.10	V	4.22	664605									
	❊ ***James White - Veg It***															
	*New and on offer from James White, is vegan **Prune Juice in a tetra**. This award winning juice is traditionally made by using slowly dried plums from varieties that are smaller and denser than the juicier eating ones. Next, they have the juice extracted after rehydrating to release a rich and full bodied drink that is virtually fat free. The pricing below represents a discount of 10%. Also on offer is James White Veg-It Tetra, the pricing represents a 10% discount on the new case price of £17.60.*															
❒	Prune Juice - New!		8x1l	20.20	V	4.04	664607									
❒	Veg-It Tetra - blend of 8 vegetables		8x1l	15.85	V	3.17	664608									
	❊ ***James White - Zingers - intense shots***															
▲	Lime & Chilli Zinger	organic	15x70ml	16.40	V	1.75	664620									
▲	Ginger Zinger	organic	15x70ml	16.40	V	1.75	664622									
▲	Intense Sour Cherry Zinger		15x70ml	16.40	V	1.75	664624									
▲	Xtra Hot Ginger Zinger	organic	15x70ml	16.40	V	1.75	664625									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▲	Golden Turmeric Juice Zinger		15x70ml	16.40	V	1.75	664627									
▲	Big Zinger Ginger	organic	6x330ml	17.65	V	4.71	664628									
▲	Big Zinger Turmeric		6x330ml	17.65	V	4.71	664630									
	❊ ***Life Water - glass bottles -100% Carbon Neutral***															
	supports www.drop4drop.org.uk projects in the Developing World															
	Point of Sale - please phone 08452025433															
	Glass Bottles Life Still Water		12x750ml	9.75	V	1.30	702420									
	Glass Bottles Life Still Water		24x330ml	10.60	V	0.71	702422									
	Glass Bottles Life Sparkling Water		12x750ml	9.75	V	1.30	702425									
	Glass Bottles Life Sparkling Water		24x330ml	10.60	V	0.71	702426									
	❊ ***Life Water - Aluminium Cans -100% Carbon Neutral***															
	supports www.drop4drop.org.uk projects in the Third World															
	Point of Sale - please phone 08452025433															
	Canned Life Sparkling Water		24x330ml	10.60	V	0.71	702428									
	Canned Life Still Water		24x330ml	10.60	V	0.71	702430									
	❊ ***Luscombe - glass***															
	*New from Luscombe, a re-brand and a smaller case size for the **Orange Juice**. The organic ingredients have not changed.*															
	English Apple Juice	organic	24x270ml	39.15	V	2.61	661541									
	Orange Juice	organic	24x270ml	39.15	V	2.61	661546									
❊	Orange Juice	organic	12x270ml	20.95	V	2.79	661547									
	❊ ***Mr Organic - glass***															
	Lime juice	organic	12x250ml	26.90		2.99	662420									
	Sicillian Lemon juice	organic	12x250ml	22.40		2.49	662422									
	❊ ***Oakwood Farm - glass***															
	Apple Juice Blend	organic	6x1l	16.30	V	4.35	662435									
	Adam's Pearmain Apple Juice	organic	6x1l	16.30	V	4.35	662433									
	Ashmead's Kernel Apple Juice	organic	6x1l	16.30	V	4.35	662437									
	Bramley/Dessert Apple Juice Blend	organic	6x1l	16.30	V	4.35	662467									
	Fiesta Apple Juice	organic	6x1l	16.30	V	4.35	662445									
	Goldrush Apple Juice	organic	6x1l	16.30	V	4.35	662446									
	King's Acre Pippin Apple Juice	organic	6x1l	16.30	V	4.35	662468									
	Rubin Apple Juice	organic	6x1l	16.30	V	4.35	662444									
	Pear Juice	organic	6x1l	16.30	V	4.35	662470									
	❊ ***OHMG***															
	On offer is OHMG magnesium water, the pricing below represents a discount of 20%.															
❒	OHMG - Sparkling Magnesium Water		12x330ml	10.95	V	1.59	662480									
❒	OHMG - Raspberry & Lemon Balm		12x330ml	10.95	V	1.59	662482									
❒	OHMG - Peach & Rosemary		12x330ml	10.95	V	1.59	662484									
❒	OHMG - Pineapple & Grapefruit		12x330ml	10.95	V	1.59	662485									
❒	OHMG - Blackcurrant & Vitamin C		12x330ml	10.95	V	1.59	662486									
	❊ ***Pip Organic - fruity water - tetra with straw (can also be sold singly)***															
	School compliant															
◆	Blackcurrant, Raspberry & Apple Juice with Water	organic	6x4x180ml	19.05	V	5.08	472698									
◆	Mango, Orange & Apple Fruity Juice with Water	organic	6x4x180ml	19.05	V	5.08	472699									
	❊ ***Pip Organic - pure juice - tetra with straw (can also be sold singly)***															
◆	Cloudy Apple Juice	organic	6x4x180ml	19.05	V	5.08	472705									
▲	Smooth Orange Juice	organic	6x4x180ml	20.20	V	5.39	472608									
▲	Pineapple & Mango Smoothie	organic	6x4x180ml	20.20	V	5.39	472710									
▲	Strawberry & Blackcurrant Juice	organic	6x4x180ml	20.20	V	5.39	472715									
▲	Strawberry, Banana & Purple Carrot Smoothie	organic	6x4x180ml	20.20	V	5.39	472718									
	❊ ***Pip Organic - pure juice - tetra***															
	Valencia Orange Tetra	organic	8x1l	23.25	V	4.65	472722									
	❊ ***Rocks Squash***															
▲	Blackcurrant Squash		6x740ml	15.30	V	4.08	662730									
▲	Lemon Squash		6x740ml	15.30	V	4.08	662731									
▲	Orange Squash		6x740ml	15.30	V	4.08	662734									
▲	Summer Fruit Squash		6x740ml	15.30	V	4.08	662735									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Suma***															
Apple Juice Concentrate	*organic*	6x400ml	21.35 V		*5.69*	**663205**									
Apple & Blackcurrant Juice Concentrate	*organic*	6x400ml	23.60 V		*6.29*	**663210**									
❊ ***Sunita - glass***															
Lemon Juice	*organic*	12x250ml	18.65		*2.07*	**796002**									
Lemon Juice	*organic*	6x1l	34.00		*7.56*	**796003**									
Lime Juice	*organic*	12x250ml	18.65		*2.07*	**795995**									
Orange Juice - freshly squeezed	*organic*	6x1l	19.65 V		*5.24*	**796004**									
❊ ***Sunita - in plastic***															
Lemon Juice - small		12x200ml	6.35		*0.71*	**796005**									
Lemon Juice - large		5l	13.90	2.78		**796010**									
❊ ***Vitacore - in glass***															
Blueberry Drink	*organic*	6x500ml	22.30 V		*5.95*	**663511**									
Cranberry Drink	*organic*	6x500ml	22.30 V		*5.95*	**663512**									
Pomegranate Juice	*organic*	6x500ml	14.80 V		*3.95*	**663513**									
Prune Juice	*organic*	6x500ml	22.30 V		*5.95*	**663514**									

■ Drinks - Carbonated

❊ ***Belvoir - Pressés - www.belvoircordials.co.uk***

On offer are Belvoir organic pressés, the pricing below represents a discount of 20%. Please note the 250ml and 750ml will have new off offer case prices of £14.80 and £16.10 respectively. This is due to the new "glass tax".

❒ Elderflower Pressé	*organic*	6x750ml	12.90 V		*3.44*	**660575**									
❒ Elderflower Pressé	*organic*	12x250ml	11.85 V		*1.58*	**660577**									
❒ Ginger Beer	*organic*	6x750ml	12.90 V		*3.44*	**660580**									
❒ Ginger Beer	*organic*	12x250ml	11.85 V		*1.58*	**660582**									
❒ Lemonade	*organic*	12x250ml	11.85 V		*1.58*	**660587**									

❊ ***Belvoir - cans***

*New and on offer from Belvoir Farm, three delicious vegan gluten-free light drinks in aluminium cans made with carbonated spring water, low in sugar and low in calories. **Sparkling Mango & Peach** is made with real fresh juices and safflower. **Raspberry Lemonade** is made with pressed raspberry and lemon juices for a refreshing, fruity twist on traditional lemonade. **Sparkling Elderflower** is based on a traditional family recipe blending hand picked elderflowers with lemon juice and pure spring water. The pricing below represents a discount of 20%.*

❒ Sparkling Mango & Peach - can - New!		12x330ml	6.90 V		*0.92*	**660588**									
❒ Raspberry Lemonade - can - New!		12x330ml	6.90 V		*0.92*	**660589**									
❒ Sparkling Elderflower - can - New!		12x330ml	6.90 V		*0.92*	**660590**									

❊ ***Cawston Press - cans***

On offer are Cawston Press sparkling cans, the pricing below represents a discount of 20%.

❒ Cloudy Apple Sparkling		24x330ml	17.50 V		*1.17*	**661200**									
❒ Cloudy Lemonade Sparkling		24x330ml	17.50 V		*1.17*	**661202**									
❒ Elderflower Lemonade		24x330ml	17.50 V		*1.17*	**661204**									
❒ Ginger Beer Sparkling		24x330ml	17.50 V		*1.17*	**661208**									
❒ Orange Sparkling		24x330ml	17.50 V		*1.17*	**661210**									
❒ Rhubarb Sparkling		24x330ml	17.50 V		*1.17*	**661212**									

❊ ***Drink Mamas - cans***

*New from Drink Mamas, a range of smartly packaged organic vegan low sugar drinks in cans. They are all gluten-free apart from the cola which contains barley malt. **Cola Mama - no caffeine** is a smooth lightly sparkling naturally spiced drink with a rich nostalgic flavour. **Ginger Mama with Lemon** has spicy ginger roots blended with Sicilian lemons. **Lemon Mama** is made with Sicilian lemons for a real dolce vita feeling. **Mango Mama with Orange** has a naturally sweet tropical taste. **Passion Mama** - a lovely summer drink. **Orange Mama** - a crisp zesty drink. **Pineapple Mama with Coconut water** - this is the only non carbonated drink in the range and is made from coconut water with pineapple juice for the classic pina colada flavour.*

❊ Cola Mama - no caffeine - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661240**									
❊ Ginger Mama with Lemon - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661242**									
❊ Lemon Mama - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661243**									
❊ Mango Mama with Orange - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661244**									
❊ Passion Mama - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661245**									
❊ Orange Mama - sparkling	*organic*	12x330ml	11.20 V		*1.49*	**661246**									
❊ Pineapple Mama with Coconut water	*organic*	12x330ml	11.20 V		*1.49*	**661247**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Fentimans Botanical Brews - glass***															
	On offer are Fentimans Botanical Brews, the pricing below represents a discount of 25% off the new off offer case price of £15.50. This is due to the new "glass tax".															
❒	Cherry Cola		12x275ml	11.60 V		*1.55*	**671795**									
❒	Curiosity Cola		12x275ml	11.60 V		*1.55*	**671802**									
❒	Dandelion & Burdock		12x275ml	11.60 V		*1.55*	**671803**									
❒	Traditional Ginger Beer - small		12x275ml	11.60 V		*1.55*	**671805**									
❒	Raspberry Lemonade		12x275ml	11.60 V		*1.55*	**671801**									
❒	Rose Lemonade - small		12x275ml	11.60 V		*1.55*	**671807**									
❒	Victorian Lemonade		12x275ml	11.60 V		*1.55*	**671810**									
❒	Mandarin Seville Orange Jigger		12x275ml	11.60 V		*1.55*	**671815**									
❒	Sparkling Elderflower		12x275ml	11.60 V		*1.55*	**671816**									
	❊ ***Fentimans Botanical Brews - glass - mixers***															
	Original Tonic Water - Mixer		6x4x200ml	18.25 V		*4.87*	**671917**									
	❊ ***Karma Drinks - FairTrade - cans***															
	On offer are Karma drinks cans, the pricing below represents a discount of 15% on the new off offer case price of £20.80.															
❒	Karma Cola - can	*organic*	24x250ml	17.65 V		*1.18*	**661290**									
❒	Gingerella Ginger Ale - can	*organic*	24x250ml	17.65 V		*1.18*	**661292**									
❒	Lemony Lemonade - can	*organic*	24x250ml	17.65 V		*1.18*	**661295**									
❒	Razza Raspberry lemonade - can	*organic*	24x250ml	17.65 V		*1.18*	**661296**									
❒	Sugar-free Karma Cola - can		24x250ml	17.65 V		*1.18*	**661298**									
❒	Orangeade - can	*organic*	24x250ml	17.65 V		*1.18*	**661300**									
	❊ ***Karma Drinks - FairTrade - glass***															
	On offer are Karma drinks in bottles, the pricing below represents a discount of 15% on the new off offer case price of £30.90.															
❒	Karma Cola - bottle	*organic*	24x300ml	26.25 V		*1.75*	**661306**									
❒	Gingerella Ginger Ale - bottle	*organic*	24x330ml	26.25 V		*1.75*	**661311**									
❒	Lemony Lemonade - bottle	*organic*	24x300ml	26.25 V		*1.75*	**661316**									
❒	Razza Raspberry lemonade - bottle	*organic*	24x300ml	26.25 V		*1.75*	**661314**									
❒	Sugar-free Karma Cola - bottle		24x300ml	26.25 V		*1.75*	**661317**									
❒	Orangeade - bottle	*organic*	24x330ml	26.25 V		*1.75*	**661318**									
	❊ ***Luscombe - glass***															
	New from Luscombe a re-brand and a smaller case size. The organic ingredients have not changed.															
❊	Damascene Rose Bubbly	*organic*	12x270ml	18.10 V		*2.41*	**661561**									
	Ginger Beer Cool	*organic*	24x270ml	33.40 V		*2.23*	**661588**									
❊	Ginger Beer Cool	*organic*	12x270ml	17.85 V		*2.38*	**661562**									
	Ginger Beer Hot	*organic*	24x270ml	33.40 V		*2.23*	**661590**									
❊	Ginger Beer Hot	*organic*	12x270ml	17.85 V		*2.38*	**661563**									
	Lemonade Sicilian	*organic*	24x270ml	33.40 V		*2.23*	**661592**									
❊	Lemonade Sicilian	*organic*	12x270ml	17.85 V		*2.38*	**661566**									
	Raspberry Crush	*organic*	24x270ml	37.35 V		*2.49*	**661598**									
❊	Raspberry Crush	*organic*	12x270ml	19.95 V		*2.66*	**661569**									
	Rhubarb Crush	*organic*	24x270ml	33.40 V		*2.23*	**661599**									
❊	Rhubarb Crush	*organic*	12x270ml	19.95 V		*2.66*	**661574**									
	Sicilian Citrus Crush (formerly St Clements)	*organic*	24x270ml	34.75 V		*2.32*	**661600**									
❊	Sicilian Citrus Crush (formerly St Clements)	*organic*	12x270ml	18.60 V		*2.48*	**661576**									
	❊ ***Pip Organic***															
◆	Apple Fizz	*organic*	24x250ml	23.00 V		*1.53*	**661619**									
◆	Cherry Fizz	*organic*	24x250ml	23.00 V		*1.53*	**661620**									
	❊ ***Whole Earth Organic Sodas - cans***															
▲	Apple - cans	*organic*	24x330ml	23.00 V		*1.53*	**691570**									
▲	Cola - cans	*organic*	24x330ml	23.00 V		*1.53*	**691575**									
▲	Elderflower - cans	*organic*	24x330ml	23.00 V		*1.53*	**691577**									
▲	Ginger - cans	*organic*	24x330ml	23.00 V		*1.53*	**691582**									
▲	Lemonade - cans	*organic*	24x330ml	23.00 V		*1.53*	**691580**									
▲	Orange/Lemon - cans	*organic*	24x330ml	23.00 V		*1.53*	**691585**									
▲	Cranberry - cans	*organic*	24x330ml	23.00 V		*1.53*	**691595**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9

■ Drinks - Soya, Nut, Grain, Milk & Desserts

	❊ ***Alpro***																
	Soya unsweetened Drink	*organic*	8x1l	17.05		*2.84*	**726416**										
	❊ ***Biona***																
	Coconut Milk Powder	*organic*	12x150g	35.90		*3.99*	**726500**										
	❊ ***Bonsoy - soya alternative to milk***																
	Bonsoy		6x1l	15.95		*3.54*	**726505**										
	❊ ***Glebe Farm - gluten-free***																
	Organic Pure Oaty Barista - gluten-free	*organic*	6x1l	10.90		*2.41*	**722219**										
	Pure Oaty Barista - gluten-free		6x1l	9.95		*2.21*	**722221**										
	Pure Oaty Creamy Enriched - gluten-free		6x1l	9.95		*2.21*	**722222**										
	Pure Oaty Tea-rrific - gluten-free		6x1l	9.45		*2.10*	**722223**										
	❊ ***Joya - Rice Dream - Hain***																
▲	Joya Rice Milk - organic	*organic*	10x1l	17.00		*2.30*	**721003**										
▲	Joya Rice Milk + calcium Vits D+B12		8x1l	13.00		*2.20*	**721004**										
	❊ ***Just Wholefoods - vegan***																
	Custard Powder - all natural		12x100g	16.50		*1.83*	**723005**										
	VegeSet - alternative to gelatine		10x25g	19.50		*2.60*	**723007**										
	Lively Lemon Jelly Crystals - with sugar		12x85g	16.50		*1.83*	**723010**										
	Raw Raspberry Jelly Crystals - with sugar		12x85g	16.50		*1.83*	**723015**										
	Simply Strawberry Jelly Crystals - with sugar		12x85g	16.50		*1.83*	**723020**										
	Tropical Twist Jelly Crystals - with sugar		12x85g	16.50		*1.83*	**723025**										
	❊ ***Koko - vegan milk - tetra***																
◆	Barista Coconut alternative to milk + Calcium		6x1l	10.00		*2.22*	**723203**										
◆	Original Coconut alternative to milk + Calcium		6x1l	9.65		*2.14*	**723205**										
◆	Unsweetened Coconut alternative to milk + Calcium		6x1l	9.65		*2.14*	**723211**										
	❊ ***Minor Figures - vegan***																
	The 10l bag in box has no tap. It is for pergal dispensers only.																
	On offer are selected Minor Figures oat drinks, the pricing marked ❒ below represents a discount of 20% on the barista drinks and 15% on the bag in box.																
❒	Barista Oat		6x1l	7.70		*1.71*	**723540**										
❒	Barista Chai Concentrate	*organic*	6x1l	20.25		*4.50*	**723543**										
❒	Barista Oat (Organic)	*organic*	6x1l	8.15		*1.81*	**723546**										
	Everyday Oat		6x1l	9.65		*2.14*	**723547**										
❒	Oat M*lk - bag in box		10l	16.40	1.64		**723541**										
	❊ ***Nutty Bruce - vegan***																
	On offer is Nutty Bruce, the pricing below represents a discount of 15%.																
❒	Activated Almond M*lk	*organic*	6x1l	10.45		*2.32*	**723560**										
❒	Activated Almond & Coconut M*lk	*organic*	6x1l	10.45		*2.32*	**723564**										
❒	Activated Almond & Oat M*lk	*organic*	6x1l	10.45		*2.32*	**723568**										
	❊ ***Oatly - vegan***																
	Barista Oat Drink	*organic*	6x1l	10.60		*2.34*	**725708**										
	Oat Drink	*organic*	6x1l	9.20		*2.03*	**725710**										
	Whole Oat Drink (calcium & vitamins)		6x1l	9.60		*2.13*	**725711**										
	Semi Oat Drink (calcium & vitamins)		6x1l	9.60		*2.13*	**725707**										
	No Sugars Oat Drink (calcium & vitamins)		6x1l	9.60		*2.13*	**725709**										
	Chocolate Oat Drink with calcium & vitamins		6x1l	9.20		*2.04*	**725713**										
	Barista Oat Drink - large		6x1.5l	13.45		*2.99*	**725706**										
	Barista Oat Drink		6x1l	10.00		*2.22*	**725714**										
	Barista Oat Drink		10x500ml	10.15		*1.35*	**725717**										
	Barista Edition Lighter Taste Oat Drink		6x1l	10.00		*2.22*	**725719**										
	Oat Drink Vanilla Flavour		6x1l	9.20		*2.04*	**725718**										
	Oat Drink Chocolate		18x250ml	11.45		*0.86*	**725722**										
	Oatly (dairy-free alt. to) Cream	*organic*	18x250ml	15.20		*1.13*	**725715**										

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Plamil - www.plamilfoods.co.uk***															
	Soya Drink	*organic*	8x1l	16.80		*2.80*	**724002**									
	❊ ***Rude Health - gluten-free***															
	On offer are selected Rude Health organic drinks, the pricing marked ❒ below represents a discount of 15%.															
❒	Ultimate Almond - pure almond drink	*organic*	6x1l	14.70		*3.27*	**724587**									
❒	Almond Drink - with rice - Large	*organic*	6x1l	10.30		*2.29*	**724590**									
	Almond No Sugars Drink	*organic*	6x1l	12.10		*2.69*	**724609**									
◆	Barista Almond Drink		6x1l	11.20		*2.49*	**724606**									
	Roasted Almond Oat Drink	*organic*	6x1l	11.20		*2.49*	**724950**									
	Brown Rice Drink	*organic*	6x1l	11.20		*2.49*	**724592**									
❒	Cashew Drink	*organic*	6x1l	13.35		*2.97*	**724591**									
◆	Barista Coconut Drink		6x1l	11.20		*2.49*	**724607**									
❒	Coconut Drink	*organic*	6x1l	11.40		*2.53*	**724593**									
❒	Hazelnut Drink	*organic*	6x1l	11.40		*2.53*	**724594**									
◆	Barista Oat Drink		6x1l	9.00		*2.00*	**724608**									
❒	Oat Drink	*organic*	6x1l	9.50		*2.11*	**724595**									
◆	Oat Barista Drink	*organic*	6x1l	11.20		*2.49*	**724584**									
	Oat No Sugars Drink	*organic*	6x1l	11.20		*2.49*	**724616**									
◆	Barista Soya Drink	*organic*	6x1l	9.00		*2.00*	**724005**									
❒	Soya Drink	*organic*	6x1l	8.80		*1.96*	**724601**									
	Tiger Nut Drink	*organic*	6x1l	13.45		*2.99*	**724598**									
	❊ ***Sojade - plant based drinks & cream***															
	New from Sojade, an organic vegan large size of the popular Sojade Cuisine - Soya Cream. This is a perfect dairy alternative for use in recipes in place of single cream. It can be poured over puddings or whisked into sauces. It is rich in taste and silky in texture with no added sugar. It is packaged in a tetra pack.															
	Soya Natural - unsweetened	*organic*	8x1l	11.65		*1.94*	**724605**									
	Soya Sweetened with wheat syrup - gluten free	*organic*	8x1l	12.90		*2.15*	**724611**									
	Soya Protein - unsweetened	*organic*	8x750ml	11.65		*1.94*	**724612**									
	Soya + Vanilla	*organic*	8x1l	14.30		*2.39*	**724615**									
	Chocolate Soya Drink	*organic*	8x1l	17.10		*2.85*	**724617**									
❊	Sojade Cuisine - Soya Cream	*organic*	8x500ml	13.15		*2.19*	**724618**									
	Sojade Cuisine - Soya Cream	*organic*	24x200ml	19.15		*1.06*	**724620**									
	Chocolate Soya Dessert - Custard	*organic*	8x530g	10.25		*1.71*	**724622**									
	Vanilla Soya Dessert - Custard	*organic*	8x530g	10.50		*1.75*	**724624**									
	❊ ***Soon - plant based drinks & cream - previously Sojade***															
	Hemp Drink - unsweetened	*organic*	8x1l	17.30		*2.88*	**724648**									
	Oat Drink - unsweetened	*organic*	8x1l	12.05		*2.00*	**724653**									
	❊ ***Sproud pea milk***															
	On offer is Sproud pea milk, the pricing below represents a discount of 15%.															
❒	Sproud - Unsweetened		6x1l	8.50		*1.89*	**726530**									
❒	Sproud Barista		6x1l	8.50		*1.89*	**726536**									
❒	Sproud Barista Zero		6x1l	8.50		*1.89*	**726537**									
❒	Sproud Chocolate		6x1l	8.50		*1.89*	**726538**									
❒	Sproud Vanilla		6x1l	8.50		*1.89*	**726539**									
	❊ ***Yogi Tea - chai concentrate no caffeine - tetra***															
	Barista Chai Classic concentrate	*organic*	6x1l	15.20		*3.46*	**726555**									

■ Savoury Snacks

	❊ ***Amaizin maize chips & dips - gluten-free***															
	Natural Corn Chips (small)	*organic*	15x75g	14.40		*1.28*	**750105**									
	Chilli Corn Chips	*organic*	15x75g	15.15		*1.35*	**750110**									
	Paprika Corn Chips	*organic*	15x75g	15.15		*1.35*	**750120**									
	Family Bag Natural Corn Chips	*organic*	10x150g	13.80		*1.84*	**750123**									
	Extra Large Natural Corn Chips	*organic*	10x250g	19.25		*2.57*	**750124**									
	Salsa Chip-Dip - Hot	*organic*	6x260g	11.35		*2.53*	**750126**									
	Salsa Chip-Dip - Sweet	*organic*	6x260g	11.35		*2.53*	**750131**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Amaizin corn rolls (rolled corn chips)***															
	Tomato Corn Rolls	*organic*	14x100g	18.45		*1.75*	**750135**									
	Tortilla Rolls - Jalapeño	*organic*	14x100g	18.45		*1.75*	**750136**									
	❊ ***Biona***															
	Sesame Pretzels	*demeter*	12x125g	26.00		*2.89*	**750195**									
	❊ ***Clearspring - Seaveg Crispies - toasted nori snack see "Sea Vegetables" section***															
	❊ ***Clearspring - Rice Crackers "Breads & Crackers" section***															
	❊ ***Clearspring - gluten-free snacking***															
◆	Roasted Tamari Almonds	*organic*	15x30g	18.65 V		*1.99*	**750287**									
◆	Tamari Roasted Cashew Nuts	*organic*	15x30g	18.65 V		*1.99*	**750290**									
◆	Tamari Roasted Pumpkin Seeds	*organic*	15x30g	16.75		*1.50*	**750295**									
	❊ ***DJ&A***															
◆	Broccoli Florets		12x25g	25.90		*3.09*	**751070**									
◆	Crispy Beetroot Slices		10x35g	21.60		*3.09*	**751072**									
◆	Crispy Garlic Cloves		12x45g	25.90		*3.09*	**751073**									
◆	Mixed Mushroom Crisps		12x30g	25.90		*3.09*	**751074**									
◆	Pickle-Licious - Pickle Flavoured Cucumber Crisps		9x50g	22.40		*3.56*	**751071**									
◆	Shitake Mushroom Crisps		12x30g	25.90		*3.09*	**751075**									
◆	Shitake Mushroom Crisps Gravy Flavour		12x35g	25.90		*3.09*	**751076**									
◆	Shitake Mushroom Crisps Smoked Chilli & Garlic		12x30g	25.90		*3.09*	**751077**									
◆	Sugar Snap Pea Crisps		10x30g	21.60		*3.09*	**751078**									
◆	Yellow Sweet Potato Crisps		10x55g	21.60		*3.09*	**751079**									
	❊ ***Eat Real - hummus chips - large - vegan - gluten-free***															
	*New and on offer from Eat Real, new flavours of vegan gluten-free hummus chips for spring. Tangy **Caramelised Onion & Balsamic Vinegar**, spicy **Chilli Lime & Sea Salt** and creamy **Italian Cheese & Black Pepper**. The pricing below represents a discount of 33%.*															
❒	Caramelised Onion & Balsamic Vinegar Hummus Chips - large - New!		10x110g	10.75		*1.54*	**751191**									
❒	Chilli & Lemon Hummus Chips - large		10x110g	10.75		*1.54*	**751193**									
❒	Chilli Lime & Sea Salt Hummus Chips - large - New!		10x110g	10.75		*1.54*	**751198**									
❒	Italian Cheese & Black Pepper Hummus Chips - large - New!		10x110g	10.75		*1.54*	**751199**									
❒	Sea Salt & Balsamic Hummus Chips - large		10x110g	10.75		*1.54*	**751194**									
❒	Sour Cream & Chives Hummus Chips - large		10x110g	10.75		*1.54*	**751195**									
❒	Tomato & Basil Hummus Chips - large		10x110g	10.75		*1.54*	**751196**									
❒	Sea Salt Hummus Chips - large		10x110g	10.75		*1.54*	**751197**									
❒	❊ ***Eat Real - hummus chips - small - vegan - gluten-free***															
	*New from Eat Real, new flavours of vegan gluten-free hummus chips.Tangy **Caramelised Onion & Balsamic Vinegar** and creamy **Italian Cheese & Black Pepper**.The pricing below represents a discount of 15%.*															
❒	Caramelised Onion & Balsamic Vinegar Hummus Chips - New!		18x45g	10.05		*0.83*	**751204**									
❒	Italian Cheese & Black Pepper Hummus Chips - New!		18x45g	10.05		*0.83*	**751206**									
❒	Sea Salt Hummus Chips		18x45g	10.05		*0.83*	**751201**									
❒	Sour Cream & Chives Hummus Chips		18x45g	10.05		*0.83*	**751202**									
❒	Tomato & Basil Hummus Chips		18x45g	10.05		*0.83*	**751203**									
	❊ ***Eat Real - lentil chips - vegan - gluten-free***															
	*New from Eat Real, new flavours of vegan gluten-free Lentil chips. Smokey **Chargrilled Red Pepper** and creamy **Greek Cheese Tomato & Herb**. The 10x95g sizes represent a discount of 33% and the18x40g lines represent a discount of 15%.*															
❒	Chargrilled Red Pepper Lentil Chips - large - New!		10x95g	10.75		*1.54*	**751215**									
❒	Chilli & Lemon Lentil Chips - large		10x95g	10.75		*1.54*	**751217**									
❒	Creamy Dill Lentil Chips - large		10x95g	10.75		*1.54*	**751218**									
❒	Greek Cheese Tomato & Herb Lentil Chips - large - New!		10x95g	10.75		*1.54*	**751233**									
❒	Mango & Mint Lentil Chips - large		10x95g	10.75		*1.54*	**751219**									
❒	Sea Salt Lentil Chips - large		10x95g	10.75		*1.54*	**751221**									
❒	Chilli & Lemon Lentil Chips		18x40g	10.05		*0.83*	**751224**									
❒	Creamy Dill Lentil Chips		18x40g	10.05		*0.83*	**751226**									
❒	Sea Salt Lentil Chips		18x40g	10.05		*0.83*	**751231**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Eat Real - quinoa chips - large - vegan - gluten-free***															
	On offer are Eat Real quinoa chips large, the pricing below represents a discount of 33%.															
❒	Sour Cream & Chives Quinoa Chips		10x90g	10.75		*1.54*	**751251**									
❒	Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	10.75		*1.54*	**751254**									
	❊ ***Eat Real - quinoa chips - small - vegan - gluten-free***															
	On offer are Eat Real quinoa chips small, the pricing below represents a discount of 15%.															
❒	Sour Cream & Chives Quinoa Chips - small		18x40g	10.05		*0.83*	**751271**									
	❊ ***Eat Real - veggie straws - vegan - gluten-free***															
	On offer are Eat Real veggie straws, the pricing below represents a discount of 15% on the 45g small size and 33% on the 110g large size.															
❒	Veggie Straws - small		18x45g	10.05		*0.83*	**751287**									
❒	Veggie Straws - large		10x110g	10.75		*1.45*	**751288**									
❒	Veggie Straws Sea Salt Black Pepper - large		10x110g	10.75		*1.45*	**751289**									
❒	Veggie Straws Smoked Paprika & Chilli - large		10x110g	10.75		*1.45*	**751291**									
	❊ ***Eat Real - multipacks - vegan - gluten-free***															
	On offer are Eat Real multipacks, the pricing below represents a discount of 15%.															
❒	Chips Multi Pack		8x5pack	15.30		*2.58*	**721291**									
❒	Kids Straws Multi Pack		24x20g	9.90	V	*0.67*	**721292**									
	❊ ***Fairfields - potato crisps - vegan - gluten-free***															
	Bacon & Tomato		36x40g	16.80	V	*0.76*	**751000**									
	Cheese & Onion		36x40g	16.80	V	*0.76*	**751002**									
	Lightly Sea Salted		36x40g	16.80	V	*0.76*	**751004**									
	Roast Rib of Beef		36x40g	16.80	V	*0.76*	**751006**									
	Prawn Cocktail		36x40g	16.80	V	*0.76*	**751007**									
	Sea Salt & Aspall Cyder Vinegar		36x40g	16.80	V	*0.76*	**751008**									
	Sea Salt & Black Pepper		36x40g	16.80	V	*0.76*	**751010**									
	Sweet Chilli		36x40g	16.80	V	*0.76*	**751012**									
	❊ ***Fairfields - potato crisps - vegan - gluten-free***															
	*New from Fairfields Farm, vegan gluten-free **Chorizo & Red Wine** flavour potato crisps. Savour the taste of summer with these perfectly handcooked crisps. Seasoned with a fusion of chorizo and red wine flavours, these bold crisps are made for sun-soaked gatherings, BBQs and unforgettable summer moments.*															
	Bacon & Tomato		10x150g	12.25	V	*1.99*	**751016**									
	Cheese & Onion		10x150g	12.25	V	*1.99*	**751018**									
❊	Chorizo & Red Wine		10x150g	12.25	V	*1.99*	**751023**									
	Lightly Sea Salted		10x150g	12.25	V	*1.99*	**751020**									
	Prawn Cocktail		10x150g	12.25	V	*1.99*	**751019**									
	Roast Rib of Beef		10x150g	12.25	V	*1.99*	**751022**									
	Sea Salt & Aspall Cyder Vinegar		10x150g	12.25	V	*1.99*	**751024**									
	Sea Salt & Black Pepper		10x150g	12.25	V	*1.99*	**751026**									
	Sweet Chilli		10x150g	12.25	V	*1.99*	**751028**									
	❊ ***Fiorentini***															
	Corn Snack - Rosemary	*organic*	16x50g	14.10	V	*1.41*	**752210**									
	Rice Snack - Rosemary	*organic*	16x40g	14.10	V	*1.41*	**752225**									
	Pop's Black Rice - Crunchy Triangles	*organic*	12x80g	17.50		*1.95*	**752217**									
	Pop's Buckwheat Quinoa Amaranth - Crunchy Triangles	*organic*	12x80g	17.50		*1.95*	**752218**									
	Pop's Corn Crisps - Crunchy Triangles	*organic*	12x100g	13.15		*1.46*	**752219**									
	Pop's Pulses - Crunchy Triangles	*organic*	12x80g	13.15		*1.46*	**752221**									
	Pop's Rice Crisps - Crunchy Triangles	*organic*	12x100g	13.95		*1.55*	**752222**									
	❊ ***Hodmedod's - Great British peas & beans - roasted***															
	Roasted Fava Beans - Lightly Sea Salted		10x300g	22.75		*3.03*	**752305**									
	Roasted Fava Beans - Sea Salt & Cider Vinegar		10x300g	22.75		*3.03*	**752310**									
	Roasted Fava Beans - Unsalted		10x300g	22.75		*3.03*	**752315**									
	Roasted Green Peas - Lightly Sea Salted		10x300g	22.75		*3.03*	**752325**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Infinity Snacks***															
	Bombay Mix		15kg	72.95	4.86		752025									
	Lemon Pistachios - roasted & salted		12.5kg	170.00	13.60		752027									
	Seasalt & Black Pepper Cashews		12.5kg	150.00 V	12.00		752032									
	Japanese Rice Crackers		8kg	58.00 V	7.25		752035									
	Wasabi Peas		10kg	74.00	7.40		752038									
	❊ ***Infinity Pre-Packed Savoury Snacks***															
	BBQ Corn Snacks		6x125g	6.20		*1.38*	8103									
	Bombay Mix		6x125g	6.85		*1.52*	8106									
	Bombay Mix		6x325g	12.65		*2.81*	8111									
	Japanese Rice Crackers		6x125g	8.60 V		*2.29*	8050									
	Japanese Rice Crackers		6x250g	14.05 V		*3.75*	8055									
	Lemon Pistachios - roasted & salted		6x125g	13.40		*2.98*	8060									
	❊ ***Infinity Foods - Savoury Snack-Packs***															
	Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9102**									
	Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9104**									
	BBQ Almonds		6x60g	5.95 V		*1.59*	8180									
	BBQ Corn Snacks		6x45g	4.20		*0.93*	8181									
	Lemon Pistachios - roasted & salted		6x60g	6.50		*1.45*	8183									
	Nut Mix	*organic*	6x65g	7.25		*1.61*	8207									
	Pistachio Nuts - roasted & salted		6x60g	6.50		*1.45*	8210									
	Roasted & Salted Almonds		6x60g	5.50 V		*1.47*	8216									
	Hot Chilli Cashews		6x55g	6.10 V		*1.63*	8220									
	Seasalt & Black Pepper Cashews		6x55g	7.15 V		*1.91*	8225									
	Roasted & Salted Cashew Nuts		6x55g	5.70 V		*1.52*	8227									
	Wasabi Peas		6x55g	5.00		*1.11*	8229									
	❊ ***Marigold***															
	Popcorn Plus		18x20g	11.10 V		*0.99*	752350									
	❊ ***Mister Free'd***															
	On offer is Mister Free'd, the pricing below represents a discount of 20%.															
❒	Tortilla Chips Avocado Guacamole		12x135g	14.40		*1.60*	752340									
❒	Tortilla Chips Blue Maize		12x135g	14.40		*1.60*	752342									
❒	Tortilla Chips Chia Seed		12x135g	14.40		*1.60*	752343									
❒	Tortilla Chips Chilli Lime Fiery Hot		12x135g	14.40		*1.60*	752345									
❒	Tortilla Chips Kale Spinach		12x135g	14.40		*1.60*	752347									
	❊ ***Natco***															
▲	Pappadums - Black Pepper		10x200g	12.80		*1.71*	752640									
▼	Pappadums - Jeera (Cumin)		10x200g	12.50		*1.67*	752645									
▼	Pappadums - Garlic		10x200g	11.80		*1.57*	752650									
	Pappadums - Plain		10x200g	11.30		*1.51*	752655									
	❊ ***Profusion***															
	New from Profusion, two organic vegan high fibre protein nut crunches. ***Roasted & Salted Protein Nut Crunch*** *is a powerhouse blend of soya beans, cashews and almonds, packed with protein and nutrients.* ***Roasted Tamari Protein Nut Crunch*** *combines soya beans, cashew kernels and almonds with a rich tamari seasoning, for a high protein snack with a bold umami flavour.*															
❊	Roasted & Salted Protein Nut Crunch	*organic*	10x45g	18.70 V		*2.99*	752656									
❊	Roasted Tamari Protein Nut Crunch	*organic*	10x45g	18.70 V		*2.99*	752657									
	❊ ***Rude Health - Triangles, gluten free, vegan***															
	Corn Triangles	*organic*	6x100g	7.75		*1.85*	752745									
	Chickpea Triangles	*organic*	6x80g	7.75		*1.85*	752747									
	High Protein Lentil Triangles		6x70g	7.75		*1.85*	752748									
	❊ ***Shore Seaweed Chips***															
	On offer are Shore seaweed crisps, the pricing below represents a discount of 15%.															
❒	Lightly Salted Seaweed Chips		14x25g	9.60		*0.98*	752770									
❒	Peking Duck Seaweed Chips		14x25g	9.60		*0.98*	752772									
❒	Salt & Balsamic Seaweed Chips		14x25g	9.60		*0.98*	752771									
❒	Smoky Barbeque Seaweed Chips		14x25g	9.60		*0.98*	752773									
❒	Sweet Sriracha Seaweed Chips		14x25g	9.60		*0.98*	752774									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❒	Lightly Salted Seaweed Chips - Share Bag		12x80g	15.75		1.86	752776									
❒	Peking Duck Seaweed Chips - Share Bag		12x80g	15.75		1.86	752778									
❒	Salt & Balsamic Seaweed Chips - Share Bag		12x80g	15.75		1.86	752777									
❒	Smoky Barbeque Seaweed Chips- Share Bag		12x80g	15.75		1.86	752779									
❒	Sweet Sriracha Seaweed Chips - Share Bag		12x80g	15.75		1.86	752780									
	❊ ***Superbon Chips de Madrid - potato crisps***															
	New from Superbon Chips De Madrid, a range of vegan gluten-free Spanish potato crisps or 'chips' in bright attractive packs. ***Cretan Herb & Salt*** *a mix of thyme, rosemary, saffron, pepper, ginger, coriander fennel, dill, mint, and oregano.* ***Jalapeno*** *with the fresh taste of sun-ripened pepper, followed by a smoky undertone that rounds out the heat.* ***Pimento Chilli Pepper*** *with a fiery pinch of cayenne and paprika.* ***Salt*** *made with potato, salt and sunflower oil, nothing else required.* ***Salt & Pepper*** *delicious crunchy crisps.* ***Salt & Vinegar*** *the UK classic from Spain.* ***Seaweed*** *has a blast of fresh seaweed and salt when you open the bag, delicious.* ***Truffle*** *made with dried truffle - an indulgent taste.* ***Yellow Paprika*** *a sweet tasting crisp made with Florina yellow peppers.*														
❊	Chips de Madrid - Cretan Herb & Salt		14x125g	25.65 V		3.15	752784									
❊	Chips de Madrid - Jalapeno		14x125g	25.65 V		3.15	752785									
❊	Chips de Madrid - Pimento Chilli Pepper		14x125g	25.65 V		3.15	752786									
❊	Chips de Madrid - Salt		14x125g	25.65 V		3.15	752788									
❊	Chips de Madrid - Salt & Pepper		14x125g	25.65 V		3.15	752789									
❊	Chips de Madrid - Salt & Vinegar		14x125g	25.65 V		3.15	752790									
❊	Chips de Madrid - Seaweed		14x125g	25.65 V		3.15	752791									
❊	Chips de Madrid - Truffle		14x125g	29.30 V		3.59	752792									
❊	Chips de Madrid - Yellow Paprika		14x125g	25.65 V		3.15	752793									
	❊ ***Trafo - Snacks***															
	Corn Peanut Flips	*organic*	8x75g	14.70		2.45	753276									
	Sea Salted Popped Corn	*organic*	12x50g	24.20 V		3.23	753263									
	Sweet Popped Corn	*organic*	12x50g	24.20 V		3.23	753264									
	Pretzel Sticks	*organic*	12x100g	17.60		1.96	753262									
	Vegetable Crisps (carrot, parsnip, beetroot)	*organic*	12x75g	27.30 V		3.64	753266									
	❊ ***Trafo - Hand Cooked Potato Crisps***															
	Cheese & Onion Hand Cooked Crisps	*organic*	15x40g	15.60 V		1.66	753306									
	Rosemary & Himalaya Salt Hand Cooked Crisps	*organic*	15x40g	15.60 V		1.66	753285									
	Sea Salt Hand Cooked Crisps	*organic*	15x40g	15.60 V		1.66	753287									
	Sea Salt & Pepper Hand Cooked Crisps	*organic*	15x40g	15.60 V		1.66	753290									
	Truffle Potato Crisps	*organic*	12x100g	34.45 V		4.59	753292									
	❊ ***Trafo - Potato Crisps***															
	Salted Crisps - fried in coconut oil	*organic*	12x100g	29.50 V		3.93	753300									
	Salted Crisps - fried in EV olive oil	*organic*	12x100g	36.90 V		4.92	753301									
	Salted Crisps	*organic*	12x125g	25.05 V		3.34	753305									
	Salted Crisps	*organic*	15x40g	15.60 V		1.66	753310									
	Paprika Crisps	*organic*	12x125g	25.05 V		3.34	753325									
	Paprika Crisps	*organic*	15x40g	15.60 V		1.66	753330									
	Provencale Crisps	*organic*	12x125g	25.05 V		3.34	753331									
	Salt & Vinegar Crisps	*organic*	12x125g	25.05 V		3.34	753333									
	❊ ***Two Farmers - potato crisps***															
	Hop Cheese & Onion Crisps		12x150g	24.20 V		3.25	753516									
	Lightly Salted Crisps		12x150g	24.20 V		3.25	753518									
	Salt & Cider Vinegar Crisps		12x150g	24.20 V		3.25	753519									
	Woodland Mushroom & Wild Garlic Crisps		12x150g	24.20 V		3.25	753521									
	❊ ***Two Farmers - potato crisps***															
	Hop Cheese & Onion Crisps		24x40g	17.05 V		1.15	753523									
	Lightly Salted Crisps		24x40g	17.05 V		1.15	753524									
	Salt & Cider Vinegar Crisps		24x40g	17.05 V		1.15	753525									
	Woodland Mushroom & Wild Garlic Crisps		24x40g	17.05 V		1.15	753526									

■ Sweet Snacks & Confections

	❊ ***Alter Eco organic FairTrade chocolate***															
▲	Almond Dark Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760158									
▲	70% Ecuador Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760160									
▲	Milk Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760162									
▲	Orange Dark Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760164									
▲	85% Peru Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760166									
▲	Salted Caramel Milk Chocolate Bar	*organic*	14x100g	34.00 V		3.89	760168									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Bear - Paws***															
	On offer are Bear paws, the pricing below represents a discount of 20%.															
❒	Raspberry & Blueberry - Paws		18x20g	7.15		*0.53*	**760211**									
❒	Strawberry & Apple - Paws		18x20g	7.15		*0.53*	**760212**									
	❊ ***Bear - Splits***															
	New and on offer from Bear, vegan gluten-free fruit Splits. There are two fruity flavoured strips in each pack that can be split or enjoyed together. Each pack includes a collectable Bear card featuring one of 20 superheroes or villains. There are two varieties: ***Strawberry & Apple - Splits*** *and* ***Pineapple & Raspberry - Splits****. Both are HFSS compliant, perfect for a meal deal or packed lunch. The pricing below represents a discount of 20%.*															
❒	Strawberry & Apple - Splits - New!		18x20g	9.00		*0.67*	**760206**									
❒	Pineapple & Raspberry - Splits - New!		18x20g	9.00		*0.67*	**760207**									
	❊ ***Bear - Splits - Multipacks***															
	On offer are Bear Split Multipacks, the pricing below represents a discount of 15%.															
❒	Strawberry & Apple - Splits		8x5x20g	16.65		*2.78*	**760216**									
❒	Pineapple & Raspberry - Splits		8x5x20g	16.65		*2.78*	**760223**									
	❊ ***Bear - Fruit Treasures - Multipacks - 3+ years***															
	On offer are Bear Fruit Treasures multipacks, the pricing below represents a discount of 15%.															
❒	Berry - Treasures		4x5x20g	7.90		*2.63*	**760224**									
❒	Tropical - Treasures		4x5x20g	7.90		*2.63*	**760231**									
	❊ ***Bear - Yoyos***															
	On offer are Bear Yoyos, the pricing below represents a discount of 20%.															
❒	Blackcurrant Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760229**									
❒	Mango Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760226**									
❒	Raspberry Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760230**									
❒	Strawberry Yoyo Fruit Rolls		18x20g	7.80		*0.58*	**760235**									
	❊ ***Bear - Yoyos - Multipacks***															
	On offer are Bear Yoyo multipacks, the pricing below represents a discount of 15%.															
❒	Multipack Apple Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760245**									
❒	Multipack Blackcurrant Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760246**									
❒	Multipack Mango Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760247**									
❒	Multipack Raspberry Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760248**									
❒	Multipack Strawberry Yoyo Fruit Rolls		6x5x20g	12.50		*2.78*	**760250**									
	❊ ***Bear - Giant Yoyos - Multipacks***															
	On offer are Bear Giant Yoyo multipacks, the pricing below represents a discount of 15%.															
❒	Apple & Blackcurrant Giant Yoyo		6x5x20g	12.50		*2.78*	**760254**									
❒	Strawberry & Mango Giant Yoyo		6x5x20g	12.50		*2.78*	**760256**									
	❊ ***Biona - coated fruit & nuts & treats***															
	New from Biona, a selection of organic vegan chocolate covered treats. ***Dark Chocolate Roasted Almonds*** *made with Fairtrade certified cocoa, the almonds are oven roasted, sprinkled with salt and coated in velvety dark chocolate.* ***Dark Chocolate Cherries*** *which are a delightful blend of rich chocolate and fruity sweetness.* ***Dark Chocolate Strawberries*** *which are made from freeze dried strawberries to preserve natural flavour, nutrients and colour coated in dark chocolate. They are all packaged in paper, meeting the growing consumer demand for more sustainable packaging solutions.*															
	Milk Chocolate covered Almonds	*organic*	12x70g	32.15 V		*4.29*	**760385**									
	Milk Chocolate covered Raisins	*organic*	12x60g	24.65 V		*3.29*	**760386**									
❊	Dark Chocolate Roasted Almonds	*organic*	10x30g	14.30 V		*2.29*	**760389**									
▲	Dark Chocolate covered Brazils	*organic*	12x80g	36.65 V		*4.89*	**760387**									
❊	Dark Chocolate Cherries	*organic*	10x45g	21.80 V		*3.49*	**760390**									
❊	Dark Chocolate Strawberries	*organic*	10x45g	21.80 V		*3.49*	**760391**									
	❊ ***Biona - sweeties***															
	"Cola Bottle" Sweeties	*organic*	10x75g	15.55 V		*2.49*	**760450**									
	Rainbow Lollipops	*organic*	16x6p	28.90 V		*2.89*	**760452**									
	Fizzy Peaches	*organic*	10x75g	15.55 V		*2.49*	**760454**									
	Fruit Bears	*organic*	10x75g	15.55 V		*2.49*	**760453**									
	Fruit Burst	*organic*	10x75g	15.55 V		*2.49*	**760458**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Jelly Dinos	organic	10x75g	15.55	V	2.49	760451									
Jelly Pomegranate Hearts	organic	10x75g	15.55	V	2.49	760456									
Licorice Spirals	organic	12x75g	18.65	V	2.49	760459									
Sour Snakes	organic	10x75g	15.55	V	2.49	760462									
Tutti Frutti - Wine Gums	organic	10x75g	15.55	V	2.49	760465									
❊ ***Booja Booja organic vegan - Chocolate Wonders***															
Cookie Dough - Chocolate Wonders	organic	8x65g	14.95	V	2.99	766125									
Hazelnut - Chocolate Wonders	organic	8x65g	14.95	V	2.99	766126									
Raspberry Scrunch - Chocolate Wonders	organic	8x65g	14.95	V	2.99	766127									
Salted Caramel - Chocolate Wonders	organic	8x65g	14.95	V	2.99	766128									
❊ ***Booja Booja organic vegan - Two Truffle Packs***															
Hazelnut Crunch Two Truffle Pack	organic	16x2pk	16.95	V	1.69	766144									
Honeycomb Caramel Two Truffle Pack	organic	16x2pk	16.95	V	1.69	766138									
Salted Caramel Two Truffle Pack	organic	16x2pk	16.95	V	1.69	766140									
Orange Chocolate Two Truffle Pack	organic	16x2pk	16.95	V	1.69	766139									
Almond Salted Caramel Two Truffle Pack	organic	16x2pk	16.95	V	1.69	766146									
❊ ***Booja Booja organic vegan chocolate***															
Almond Salted Caramel - 8 Truffles	organic	8x92g	36.25	V	7.25	766181									
Around Midnight Espresso - 8 Truffles	organic	8x92g	36.25	V	7.25	766183									
Chocolate Orange - 8 Truffles	organic	8x92g	36.25	V	7.25	766185									
Chocolate Salted Caramel - 8 Truffles	organic	8x92g	36.25	V	7.25	766188									
Deeply Chocolate - 8 Truffles	organic	8x92g	36.25	V	7.25	766189									
Fine De Champagne - 8 Truffles	organic	8x92g	36.25	V	7.25	766184									
Hazelnut Crunch Chocolate - 8 Truffles	organic	8x92g	36.25	V	7.25	766186									
Honeycomb Caramel - 8 Truffles	organic	8x92g	36.25	V	7.25	766191									
❊ ***Booja Booja - The Special Edition Gift Collection***															
Award Winning Selection - Almond Salted, Hazelnut, Espresso, Rhubarb Vanilla & Stem Ginger															
Signature Selection - Honeycomb Caramel, Chocolate Orange, Chocolate Salted Caramel & Deeply Chocolate Truffle															
Winter Selection - Hazelnut Crunch, Cherry Bakewell, Honeycomb Caramel, Salted Caramel, Salted Caramel Mocha & Yuletide Spice															
The Gourmet No.1 - Hazelnut Crunch, Honeycomb Caramel, Almond Salted Caramel, Cherry Bakewell, Salted Caramel Mocha,															
The Gourmet No.2 - Hazelnut Crunch, Champagne, Almond Salted Caramel, Rhubarb & Ginger Gin, Salted Caramel Mocha,															
Chocolate Orange, Gingered Toffee Apple & Cherry Cognac															
A Grand Adventure - Hazelnut Crunch, Rhubarb & Vanilla Fool, Raspberry Scrunch, Gingered Toffee Apple,															
Almond Salted Caramel, Choc Orange, Salted Caramel Mocha															
A Magnificent Adventure - Hazelnut Crunch, Deeply Chocolate, Raspberry Scrunch, Chocolate Salted Caramel, Rhubarb & Vanilla Fool,															
Salted Caramel Mocha, Almond Salted Caramel, Chocolate Orange , Gingered Toffee Apple															
Award Winning Selection - 16 Truffles	organic	5x184g	46.85	V	14.99	766148									
Chocolate Salted Caramel - 16 Truffles	organic	5x184g	46.85	V	14.99	766141									
Fine De Champagne - 16 Truffles	organic	5x184g	46.85	V	14.99	766142									
Signature Selection - 16 Truffles	organic	5x184g	46.85	V	14.99	766151									
The Gourmet No.1 - 25 Truffles	organic	4x289g	69.95	V	27.99	766193									
The Gourmet No.2 - 25 Truffles	organic	4x289g	69.95	V	27.99	766194									
A Grand Adventure - 21 Truffles	organic	3x243g	65.60	V	34.99	766196									
A Magnificent Adventure - 29 Truffles	organic	3x335g	93.70	V	49.99	766197									
❊ ***Booja Booja - The Artist's Collection - 16 truffles***															
The Artist's Collection - Fine De Champagne - 16 truffles	organic	3x185g	54.35	V	28.99	766158									
The Artist's Collection - Hazelnut - 16 truffles	organic	3x185g	54.35	V	28.99	766159									
❊ ***Bounce Balls - boxes***															
Plant Protein Maple Pecan Cashew		12x35g	13.75	V	1.83	766297									
Chocolate Brownie Peanut Butter Filled Ball		12x40g	15.40	V	2.05	766306									
Hazelnut Praline Nut Butter Filled Ball		12x40g	15.40	V	2.05	766307									
Millionaire Caramel Filled Ball		12x40g	15.40	V	2.05	766308									
❊ ***Chicza - Mayan Rainforest Chewing Gum***															
Cinnamon Chewing Gum	organic	10x30g	9.95	V	1.59	761902									
Mint Chewing Gum	organic	10x30g	9.95	V	1.59	761905									
Spearmint Chewing Gum	organic	10x30g	9.95	V	1.59	761910									
Lime Chewing Gum	organic	10x30g	9.95	V	1.59	761915									
Mixed Berry Chewing Gum	organic	10x30g	9.95	V	1.59	761916									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Chocolate and Love - Chocolate Bars (contain milk) - fairly traded***															
	Creamy Dark Chocolate 55% Cacao Nibs	*organic*	14x80g	40.85 V		*4.67*	**762192**									
	Milk Chocolate Caramelised Hazelnuts & Sea Salt 50%	*organic*	14x80g	40.85 V		*4.67*	**762193**									
	Sea Salt 55% Chocolate with Caramel	*organic*	14x80g	38.60 V		*4.41*	**762194**									
	❊ ***Chocolate and Love - Dark Chocolate Bars - fairly traded - vegan***															
	Coffee - Dark Chocolate 55%	*organic*	14x80g	38.60 V		*4.41*	**762195**									
	Ginger - Extra Dark 100%	*organic*	12x80g	41.70 V		*5.56*	**762197**									
	Rich - Dark Chocolate 71%	*organic*	14x80g	38.60 V		*4.41*	**762196**									
	Mint - Dark Chocolate 67%	*organic*	14x80g	38.60 V		*4.41*	**762198**									
	Orange - Dark Chocolate 65%	*organic*	14x80g	38.60 V		*4.41*	**762200**									
	Panama - Dark Choc 80% single origin	*organic*	14x80g	43.60 V		*4.98*	**762202**									
	Passion Fruit Filled Bar - Dark Choc 65%	*organic*	12x85g	37.40 V		*4.99*	**762201**									
	Pomegranate - Dark Chocolate 70%	*organic*	14x80g	43.60 V		*4.98*	**762204**									
	❊ ***Clif Bars***															
◆	Blueberry Almond Crisp Bars		12x68g	16.25 V		*2.17*	**762350**									
◆	Chocolate Almond Fudge Bars		12x68g	16.25 V		*2.17*	**762355**									
◆	Chocolate Chip Bars		12x68g	16.25 V		*2.17*	**762360**									
◆	Crunchy Peanut Butter Bars		12x68g	16.25 V		*2.17*	**762365**									
◆	Peanut Butter Banana Bars		12x68g	16.25 V		*2.17*	**762366**									
◆	White Chocolate Macadamia Bars		12x68g	16.25 V		*2.17*	**762375**									
	❊ ***Clif organic nut butter filled bars***															
◆	Chocolate Chip Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V		*2.61*	**762393**									
◆	Chocolate Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V		*2.61*	**762396**									
◆	Peanut Butter - Filled Bar	*organic*	12x50g	19.60 V		*2.61*	**762398**									
	❊ ***Cocoa Loco - FairTrade - chocolate bars***															
	73% Dark Chocolate Bar	*organic*	12x100g	34.85 V		*4.65*	**762170**									
	Dark Chocolate & Orange Bar	*organic*	12x100g	34.85 V		*4.65*	**762171**									
	Dark Chocolate & Sea Salt Bar	*organic*	12x100g	34.85 V		*4.65*	**762174**									
	Milk Chocolate Bar	*organic*	12x100g	34.85 V		*4.65*	**762175**									
	❊ ***Cocoa Loco - FairTrade - chocolate dipped***															
	73% Dark Chocolate Dipped Mango	*organic*	6x110g	26.20 V		*7.00*	**762205**									
	73% Dark Chocolate Covered Ginger	*organic*	6x100g	26.20 V		*7.00*	**762215**									
	❊ ***Conscious Chocolate - vegan handmade raw chocolate***															
	Sour Cherry Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762292**									
	Darkside - 85% Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762296**									
	Darkside - 75% Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762302**									
	Love Potion No9 Raw Choc Bar - maca, rose oil	*organic*	10x60g	22.90 V		*3.67*	**762306**									
	Peppermint Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762308**									
	Pure Dark 100% Cacao Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762309**									
	Four Nuts - 60% Raw Chocolate Bar	*organic*	10x60g	22.90 V		*3.67*	**762310**									
	❊ ***Devon Cottage - organic FairTrade fudge***															
	Chocolate Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761935**									
	Boxed Chocolate Crumbly Fudge - 4 pack	*organic*	4x300g	19.95 V		*7.98*	**761937**									
	Clotted Cream Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761940**									
	Boxed Clotted Cream Crumbly Fudge - 4 pack	*organic*	4x300g	19.95 V		*7.98*	**761942**									
	Coffee Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761945**									
	Sea Salted Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761957**									
	Vanilla Crumbly Fudge	*organic*	6x150g	16.70 V		*4.45*	**761960**									
	❊ ***Devon Cottage - organic vegan fudge***															
	Dairy Free Sea Salted Fudge - Bag	*organic*	6x150g	16.70 V		*4.45*	**761977**									
	Dairy Free Chocolate Fudge - Bag	*organic*	6x150g	16.70 V		*4.45*	**761979**									
	❊ ***Divine - chocolate FairTrade***															
	85% Dark Chocolate		15x90g	35.80 V		*3.82*	**763495**									
	70% Dark Chocolate		15x90g	35.80 V		*3.82*	**763503**									
	Dark Smooth Hazelnut Chocolate		15x90g	35.80 V		*3.82*	**763502**									
	Dark Chocolate with Himalayan Salt		15x90g	35.80 V		*3.82*	**763516**									
	Mint Dark Chocolate - 70%		15x90g	35.80 V		*3.82*	**763504**									
	Ginger & Orange Dark Chocolate - 70%		15x90g	35.80 V		*3.82*	**763512**									
	Raspberry Dark Chocolate		15x90g	35.80 V		*3.82*	**763510**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Milk Chocolate - 45% Cocoa		15x90g	35.80 V		3.82	763518									
	Salted Caramel Milk Chocolate		15x90g	35.80 V		3.82	763577									
▲	Dark Chocolate - chunky		30x35g	26.70 V		1.42	763581									
▲	Milk Chocolate - chunky		30x35g	26.70 V		1.42	763521									
▲	Milk Chocolate Salted Caramel - chunky		30x35g	26.70 V		1.42	763523									
▲	White Chocolate - chunky		30x35g	26.70 V		1.42	763519									
▲	Orange Milk Chocolate - chunky		30x35g	26.70 V		1.42	763527									
	❊ ***Doves Farm Freee From Flapjacks - see "Biscuits & Cakes" section.***															
	❊ ***Equal Exchange - FairTrade chocolate (no milk in recipe)***															
	Almond Dark Chocolate	*organic*	12x100g	31.00 V		4.13	765290									
	Extreme Dark Chocolate 88%	*organic*	14x80g	36.00 V		4.11	765294									
	Very Dark Chocolate 71%	*organic*	12x100g	31.00 V		4.13	765302									
	Lemon, Ginger & Pepper Dark Chocolate 55%	*organic*	12x100g	31.00 V		4.13	765307									
	Orange Dark Chocolate 65%	*organic*	12x100g	31.00 V		4.13	765310									
	❊ ***Equal Exchange - FairTrade chocolate (contains milk)***															
	Dark Caramel Crunch with Sea Salt Chocolate 55%	*organic*	12x100g	31.00 V		4.13	765320									
	❊ ***Free From Fellows - vegan gluten-free mallows***															
	Mini Pink & White Vanilla Vegan Mallows		10x105g	12.95 V		2.07	765329									
	Strawberry Vegan Mallows		10x105g	12.75 V		2.04	765331									
	Vanilla Vegan Mallows		10x105g	12.95 V		2.07	765334									
	❊ ***Frutina, vegan gluten free***															
	Fruit Snack Variety Pack		60x15g	23.90 V		0.64	765350									
	❊ ***Green and Black's***															
	85% Dark Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764001									
	70% Dark Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764006									
	Ginger 60% Dark Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764019									
	Hazelnut & Currant Dark Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764026									
	Milk Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764028									
	Milk Chocolate with Butterscotch Bar	*organic*	15x90g	30.40 V		3.24	764029									
	White Chocolate Bar	*organic*	15x90g	30.40 V		3.24	764045									
	❊ ***Infinity Foods Raw Cacao Nibs - listed in Coffee Subs/Cocoa Products section***															
	❊ ***Hu Chocolate bars - organic gluten-free FairTrade***															
	Almond Butter + Crispy Quinoa Dark Choc Bar	*organic*	12x60g	25.25 V		3.50	764130									
	Cashew Butter + Pure Vanilla Dark Choc Bar	*organic*	12x60g	25.25 V		3.50	764131									
	Crunchy Mint Dark Chocolate Bar	*organic*	12x60g	25.25 V		3.50	764134									
	Hazelnut Butter Dark Chocolate Bar	*organic*	12x60g	25.25 V		3.50	764136									
	Salty Dark Chocolate Bar	*organic*	12x60g	25.25 V		3.50	764138									
	Simple Dark Chocolate Bar	*organic*	12x60g	25.25 V		3.50	764140									
	Vanilla Crunch Dark Chocolate Bar	*organic*	12x60g	25.25 V		3.50	764141									
	❊ ***Infinity sweet snacks - vegan***															
	Caramelised Cashews		12.5kg	155.00 V	12.40		764220									
	Cinnamon & Maple Caramelised Almonds		12.5kg	160.00 V	12.80		764224									
	Cinnamon & Maple Caramelised Cashews		12.5kg	165.00 V	13.20		764226									
	❊ ***Infinity Foods retail packed chocolate***															
	Dark Chocolate (73%) Buttons	*organic*	6x200g	42.95 V		11.45	9005									
	Milk Chocolate Buttons	*organic*	6x200g	39.65 V		10.57	9010									
	White Chocolate Buttons	*organic*	6x200g	40.80 V		10.88	9015									
	Mixed (Dark, Milk & White) Chocolate Buttons	*organic*	6x200g	40.85 V		10.89	9020									
	❊ ***Infinity Foods - sweet snackpacks***															
	Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9102**									
	Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code						**9104**									
	Caramelised Cashews		6x55g	6.80 V		1.82	8200									
	Cinnamon & Maple Caramelised Almonds		6x55g	6.95 V		1.86	8202									
	Cinnamon & Maple Caramelised Cashews		6x55g	7.10 V		1.89	8204									
	Fruit & Nut Mix	*organic*	6x70g	8.70		1.93	9130									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Jealous Sweets***															
◆	Fizzy Lips - share bag		10x125g	17.30	V	2.77	764250									
◆	Grizzly Bears - share bag		10x125g	17.30	V	2.77	764251									
◆	Tangy Worms - share bag		10x125g	17.30	V	2.77	764252									
◆	Tropical Wonder - share bag		10x125g	17.30	V	2.77	764253									
◆	Grizzly Bears - impulse bag		10x40g	8.60	V	1.38	764256									
◆	Love Bears (sugar free) - impulse bag		10x40g	8.60	V	1.38	764257									
◆	Tangy Worms - impulse bag		10x40g	8.60	V	1.38	764258									
◆	Grizzly Bears - shot bag		20x24g	11.45	V	0.92	764260									
◆	Love Bears (sugar free) - shot bag		20x24g	11.45	V	0.92	764261									
◆	Tangy Worms - shot bag		20x24g	11.45	V	0.92	764262									
	❊ ***Just Wholefoods gluten-free vegan***															
	Vegebears	*organic*	10x70g	14.50	V	2.32	765399									
	Frooty Fruits	*organic*	10x70g	14.50	V	2.32	765401									
	Vegehogs	*organic*	10x70g	14.50	V	2.32	765406									
	❊ ***Ma Baker - Giant Nut Bars - vegan - oat-based***															
	Mixed case contains 5x90g of coconut, hazelnut, pistachio & walnut.															
	On offer are Ma Baker Giant Nut Bars, the pricing below represents a discount of 15%.															
❒	Mixed Nut Giant Bar		20x90g	11.40		0.76	764703									
❒	Coconut Giant Bar		20x90g	11.40		0.76	764707									
❒	Pecan Giant Bar		20x90g	11.40		0.76	764710									
❒	Pistachio Giant Bar		20x90g	11.40		0.76	764712									
❒	Rolled Oats & Golden Syrup Giant Bar		20x90g	11.40		0.76	764713									
❒	Walnut Giant Bar		20x90g	11.40		0.76	764720									
	❊ ***Ma Baker - Giant Fruit Bars - vegan - oat-based***															
	Mixed case contains 5x90g of apple, apricot, banana & cherry.															
	On offer are Ma Baker Giant Fruit Bars, the pricing below represents a discount of 15%.															
❒	Mixed Fruit Giant Bar		20x90g	11.40		0.76	764728									
❒	Apple Giant Bar		20x90g	11.40		0.76	764730									
❒	Apricot Giant Bar		20x90g	11.40		0.76	764732									
❒	Banana Giant Bar		20x90g	11.40		0.76	764735									
❒	Blueberry Giant Bar		20x90g	11.40		0.76	764737									
❒	Cherry Giant Bar		20x90g	11.40		0.76	764740									
❒	Cranberry Giant Bar		20x90g	11.40		0.76	764742									
❒	Raspberry Giant Bar		20x90g	11.40		0.76	767746									
❒	Strawberry Giant Bar		20x90g	11.40		0.76	764748									
	❊ ***Montezuma's Mini Bars***															
	FitzRoy - Very Dark Chocolate - mini	*organic*	26x25g	16.25	V	1.00	766006									
	Royal Mint - Dark Chocolate - mini	*organic*	26x25g	16.25	V	1.00	766011									
	Smooth Operator - Milk Chocolate - mini	*organic*	26x25g	16.25	V	1.00	766013									
	Splotch - Dark Milk Butterscotch - mini	*organic*	26x25g	16.25	V	1.00	766021									
	❊ ***Montezuma's Dark Chocolate***															
	On offer are Montezuma organic dark chocolate bars, the pricing below represents a discount of 15%.															
❒	Dark Chocolate Bar - Chilli Bonkers	*organic*	12x90g	19.85	V	2.68	766286									
❒	FitzRoy - Very Dark Chocolate	*organic*	12x90g	19.85	V	2.68	766289									
❒	Happy Hippy - Dark Chocolate Orange & Geranium	*organic*	12x90g	19.85	V	2.68	766301									
❒	Royal Mint - Dark Chocolate	*organic*	12x90g	19.85	V	2.68	766302									
	❊ ***Montezuma's - Milk Chocolate (the dark side)***															
	On offer are Montezuma's organic Dark Side chocolate bars, the pricing below repreaents a discount of 15%.															
❒	Splotch - Dark Milk Butterscotch	*organic*	12x90g	19.85	V	2.68	766262									
❒	Darkside - Dark/Milk Chocolate	*organic*	12x90g	19.85	V	2.68	766264									
	❊ ***Montezuma's Milk Chocolate***															
	On offer are Montezuma's organic milk chocolate bars, the pricing below represents a discount of 15%.															
❒	Smooth Operator - Milk Chocolate	*organic*	12x90g	19.85	V	2.68	766261									
❒	Hot Pickle - Milk Chocolate Chilli & Lime	*organic*	12x90g	19.85	V	2.68	766266									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Montezuma's White Chocolate***															
	On offer is the Montezuma's organic Great White chocolate bar, the pricing below represents a discount of 15%.															
❒	Great White Chocolate	*organic*	12x90g	19.85 V		*2.68*	**766267**									
	❊ ***Montezuma's Non-Organic Chocolate***															
	On offer are selected Montezuma's non organic chocolate bars, the pricing marked ❒ below represents a discount of 15%.															
	Absolute Black - 100% Cocoa		12x90g	23.30 V		*3.15*	**766215**									
	Absolute Black with Almonds - 100%		12x90g	23.30 V		*3.15*	**766217**									
	Absolute Black with Orange & Cocoa Nibs - 100%		12x90g	23.30 V		*3.15*	**766218**									
❒	Black Forest Cherry		12x90g	19.85 V		*2.68*	**766241**									
❒	Lordy Lord - Dark with Cocoa Nibs		12x90g	19.85 V		*2.68*	**766244**									
❒	Minted - Milk with Crunchy Peppermint		12x90g	19.85 V		*2.68*	**766246**									
❒	Sea Dog - Dark with Lime & Sea Salt		12x90g	19.85 V		*2.68*	**766248**									
❒	Spice It Up - Dark with Ginger		12x90g	19.85 V		*2.68*	**766249**									
	Dark Peanut Butter Truffle Bites		8x120g	22.60 V		*4.58*	**612595**									
	❊ ***Nakd - Protein Bars and Fibre Bars***															
	On offer are Nakd Protein and Fruit & Fibre bars, the pricing below represents a discount of 40%.															
❒	Fruit & Fibre - Apple & Cinnamon		16x44g	8.05 V		*0.81*	**766629**									
❒	Fruit & Fibre - Strawberry & Raspberry		16x44g	8.05 V		*0.81*	**766631**									
❒	Protein Caramel Bar		16x45g	8.05 V		*0.81*	**766633**									
❒	Protein Cocoa Hazelnut Bar		16x45g	8.05 V		*0.81*	**766634**									
❒	Protein Peanut Butter Bar		16x45g	8.05 V		*0.81*	**766637**									
	❊ ***Nakd - Raw Fruit & Nut Bars - vegan & gluten-free***															
	Bakewell Tart Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766647**									
	Berry Delight Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766648**									
	Blueberry Muffin Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766644**									
	Cashew Cookie Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766650**									
	Cocoa Delight Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766651**									
	Cocoa Orange Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766652**									
	Lemon Drizzle		18x35g	11.50 V		*1.02*	**766659**									
	Peanut Delight Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766656**									
	Salted Caramel Raw Wholefood Bar		18x35g	11.50 V		*1.02*	**766664**									
	❊ ***Nakd - Multipack Bars***															
	Multipack Cocoa Orange Raw Wholefood Bar		12x4x35g	26.80 V		*3.57*	**766815**									
	❊ ***Nourish - vegan - gluten-free***															
	The Nutty One		14x50g	21.25		*2.02*	**766817**									
	The Orange One		14x50g	21.25		*2.02*	**766818**									
	The Berry One		14x50g	21.25		*2.02*	**766819**									
	❊ ***Oatopia vegan flapjacks***															
	On offer is Oatopia, the pricing below represents a discount of 15%.															
❒	Almond Bakewell Oat Bake		15x60g	12.70		*1.13*	**766977**									
❒	Original Oat Bake		15x60g	12.70		*1.13*	**766978**									
❒	Peanut Butter Oat Bake		15x60g	12.70		*1.13*	**766979**									
❒	Salted Caramel Oat Bake		15x60g	12.70		*1.13*	**766981**									
	❊ ***Ombar - raw chocolate bars & buttons***															
	Coco Almond Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765784**									
	Coco Mylk Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765786**									
	Dark 72% Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765788**									
	100% Cacao - large	*organic*	10x70g	22.15 V		*3.54*	**765787**									
	Dark 90% Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765789**									
	Coconut & Vanilla Centres Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765790**									
	Hazelnut Truffle Centres Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765791**									
	Pistachio Centres Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765792**									
	Raspberry & Coconut Centres Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765794**									
	Salt & Nibs Chocolate - large	*organic*	10x70g	22.15 V		*3.54*	**765796**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
100% Cacao	organic	10x35g	13.75	V	2.21	765761									
Pure 90% Chocolate	organic	10x35g	13.75	V	2.21	765764									
Coco Mylk Chocolate	organic	10x35g	13.75	V	2.21	765767									
Coconut 60% Chocolate	organic	10x35g	13.75	V	2.21	765770									
Dark 72% Chocolate	organic	10x35g	13.75	V	2.21	765773									
Almond Butter Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765775									
Coco Raspberry Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765776									
Coco Vanilla Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765778									
Hazelnut Truffle Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765779									
Pistachio Cream Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765781									
❊ ***Ombar - Oat M'lk chocolate bars***															
Oat M'lk Fruit & Nut - chocolate	organic	10x70g	18.50	V	2.96	765751									
Oat M'lk Hazelnut - chocolate	organic	10x70g	18.50	V	2.96	765752									
Oat M'lk Salted Caramel - chocolate truffle	organic	10x70g	18.50	V	2.96	765754									
Oat M'lk Smooth & Creamy - chocolate	organic	10x70g	18.50	V	2.96	765756									
Oat M'lk Salted Caramel - filled chocolate	organic	15x42g	17.50	V	1.87	765757									
Oat M'lk Hazelnut Brownie - filled chocolate	organic	15x42g	17.50	V	1.87	765758									
❊ ***Organica - dark chocolate bars - vegan - gluten-free***															
Hazel Nougat Delight	organic	24x40g	20.70	V	1.38	766402									
Golden Coconut Delight	organic	24x40g	20.70	V	1.38	766413									
❊ ***Organic Seed & Bean - vegan dark chocolate***															
Cornish Sea Salt Ecuadorian Dark Bar - 70%	organic	10x75g	23.05	V	3.68	765854									
Salted Caramel Dominican Dark Bar - 58%	organic	10x75g	23.05	V	3.68	765855									
❊ ***Organic Seed & Bean - vegan FairTrade dark chocolate***															
Dominican Extra Dark Chocolate Bar - 72%	organic	10x75g	23.05	V	3.68	765830									
Lavender Dark Chocolate Bar - 72%	organic	10x75g	23.05	V	3.68	765831									
Mandarin & Ginger Dark Chocolate Bar - 72%	organic	10x75g	23.05	V	3.68	765832									
Mint Dark Chocolate Bar - 72%	organic	10x75g	23.05	V	3.68	765833									
Coffee Espresso Dark Chocolate Bar - 58%	organic	10x75g	23.05	V	3.68	765835									
Hazelnut Dark Chocolate Bar - 58%	organic	10x75g	23.05	V	3.68	765836									
Lemon & Cardamom Dark Chocolate Bar - 58%	organic	10x75g	23.05	V	3.68	765838									
❊ ***Organic Seed & Bean - FairTrade - milk (37%) & white chocolate***															
Smooth Praline Chocolate Milk Bar	organic	10x75g	23.05	V	3.68	765840									
Lime & Sea Salt Milk Chocolate Bar	organic	10x75g	23.05	V	3.68	765841									
Rich Caramel Milk Chocolate Bar	organic	10x75g	23.05	V	3.68	765847									
Rich Milk Chocolate Bar	organic	10x75g	23.05	V	3.68	765844									
❊ ***Organic Seed & Bean mini bars - vegan FairTrade dark chocolate***															
Espresso Dark Chocolate Bar - 58%	organic	30x25g	23.65	V	1.46	765881									
Dominican Extra Dark Chocolate Bar - 72%	organic	30x25g	23.65	V	1.46	765883									
Sweet Orange & Thyme Dark Choc Bar - 58%	organic	30x25g	23.65	V	1.46	765884									
❊ ***Organic Seed & Bean mini bars - FairTrade - milk (37%) & white chocolate***															
Cornish Sea Salt & Lime Milk Choc Bar - 37%	organic	30x25g	23.65	V	1.46	765885									
❊ ***Panda Liquorice***															
Liquorice Bar		36x32g	13.90	V	0.62	766510									
Liquorice Bar - 4 pack		18x4x32g	25.30	V	2.25	766523									
Liquorice Cuts - in bag		12x240g	20.65	V	2.75	766525									
Raspberry Liquorice - in bag		12x200g	20.15	V	2.69	766499									
Raspberry Liquorice Bar - 4 pack		18x4x32g	25.30	V	2.25	766498									
Raspberry Liquorice Bar		36x32g	13.90	V	0.62	766500									
Liquorice Torpedos - bag		18x100g	19.20	V	1.71	766507									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Peppersmith Dental - vegan - xylitol sweetened***															
	Please note this range does not require a sell-by date															
	Phone 0208 788 2080 to request further PoS material															
	On offer are Peppersmith 12x15g Peppermint Dental Mints, the pricing marked ❒ below represents a discount of 20%.															
	Pouch Peppermint Dental Chewing Gum - 33 gums		18x50g	36.70	V	*3.26*	**766704**									
	Pouch Spearmint Dental Chewing Gum - 33 gums		18x50g	36.70	V	*3.26*	**766726**									
	Peppermint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40	V	*1.39*	**766717**									
	Spearmint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40	V	*1.39*	**766720**									
	Pouch Peppermint Dental Mints - 100 mints		18x60g	42.00	V	*3.73*	**766703**									
❒	Peppermint Dental Mints (25 mints)		12x15g	9.50	V	*1.27*	**766722**									
	Lemon Dental Mints (25 mints)		12x15g	11.90	V	*1.59*	**766723**									
	Extra Strong Dental Mints (25 mints)		12x15g	11.90	V	*1.59*	**766724**									
	Strawberry Pastilles		12x15g	11.90	V	*1.59*	**766706**									
	❊ ***Pip Organic - fruit bars***															
◆	Mango Pipstick	*organic*	24x18g	15.00		*0.83*	**767667**									
◆	Pineapple & Mango Pipstick	*organic*	24x18g	15.00		*0.83*	**767669**									
	❊ ***Play in Choc - organic, vegan, card toys***															
	Dinosaurs 3d puzzle toy with chocolate	*organic*	18x50g	24.00	V	*2.20*	**767628**									
	Endangered Animals 3d puzzle toy with chocolate	*organic*	18x50g	24.00	V	*2.20*	**767630**									
	Woodland Animals 3d puzzle toy with chocolate	*organic*	18x50g	24.00	V	*2.20*	**767636**									
	❊ ***Raw Halo Chocolate - dairy & gluten-free***															
	New from Raw Halo, a range of organic vegan gluten-free raw chocolate bars and buttons. The base chocolate is made from UTZ certified single origin cacao, sweetened with coconut sugar. There are two resealeable share bags of chocolate buttons. ***Dark & Salted Giant Buttons*** *have a smooth salted almond truffle centre.* ***Mylk & Hazelnut Giant Buttons*** *are a creamy mylk chocolate filled with a smooth hazelnut truffle centre. The large 70g bars come in seven flavours:* ***Dark 76%, Dark 85%, Dark & Pink Himalayan Salt, Dark & Salted Caramel, Mylk & Pink Himalayan Salt, Mylk & Salted Caramel*** *and* ***Mylk & Vanilla****. The 35g sizes also include* ***Dark & Mint*** *and* ***Dark & Orange*** *but do not come in 85% or Dark & Pink Himalayan Salt flavours.*															
❊	Dark & Salted Giant Buttons	*organic*	8x90g	21.30	V	*4.26*	**767644**									
❊	Mylk & Hazelnut Giant Buttons	*organic*	8x90g	21.30	V	*4.26*	**767645**									
❊	Dark 76%	*organic*	10x70g	22.45	V	*3.59*	**767648**									
❊	Dark 85%	*organic*	10x70g	22.45	V	*3.59*	**767649**									
❊	Dark & Pink Himalayan Salt	*organic*	10x70g	22.45	V	*3.59*	**767651**									
❊	Dark & Salted Caramel	*organic*	10x70g	22.45	V	*3.59*	**767653**									
❊	Mylk & Pink Himalayan Salt	*organic*	10x70g	22.45	V	*3.59*	**767654**									
❊	Mylk & Salted Caramel	*organic*	10x70g	22.45	V	*3.59*	**767655**									
❊	Mylk & Vanilla	*organic*	10x70g	22.45	V	*3.59*	**767657**									
❊	Dark 76%	*organic*	10x35g	13.70	V	*2.19*	**767659**									
❊	Dark & Mint	*organic*	10x35g	13.70	V	*2.19*	**767661**									
❊	Dark & Orange	*organic*	10x35g	13.70	V	*2.19*	**767663**									
❊	Dark & Salted Caramel	*organic*	10x35g	13.70	V	*2.19*	**767665**									
❊	Mylk & Pink Himalayan Salt	*organic*	10x35g	13.70	V	*2.19*	**767670**									
❊	Mylk & Salted Caramel	*organic*	10x35g	13.70	V	*2.19*	**767672**									
❊	Mylk & Vanilla	*organic*	10x35g	13.70	V	*2.19*	**767673**									
	❊ ***The Raw Chocolate Co. - dairy & gluten-free***															
	Raw Chocolate Goji Berries - large	*organic*	6x100g	18.30	V	*4.88*	**766911**									
	Raw Chocolate Mulberries - Bulk	*organic*	5kg	113.10	V	22.62	**766903**									
	Raw Chocolate Mulberries - large	*organic*	6x100g	18.30	V	*4.88*	**766912**									
	Raw Chocolate Almonds - large	*organic*	6x100g	18.30	V	*4.88*	**766913**									
	Raw Chocolate Ginger - large	*organic*	6x100g	18.30	V	*4.88*	**766914**									
	Raw Salty Chocolate Hazelnuts - large	*organic*	6x100g	18.30	V	*4.88*	**766916**									
	Raw Salty Chocolate Hazelnuts - Bulk	*organic*	5kg	125.65	V	25.13	**766919**									
	Raw Chocolate Raisins - large	*organic*	6x100g	18.30	V	*4.88*	**766917**									
	Salted Vanoffee Cashews - large	*organic*	6x100g	18.30	V	*4.88*	**766918**									
	❊ ***Rhythm 108 - single-serve biscuits - vegan - gluten-free***															
	On offer are Rhythm108 organic vegan single serve biscuits, the pricing below represents a discount of 15%.															
❒	Chocolate Peanut Butter Soft Baked Cookie	*organic*	12x50g	12.20		*1.36*	**767532**									
❒	Hazelnut Chocolate Praline Soft Baked Cookie	*organic*	12x50g	12.20		*1.36*	**767536**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Rhythm 108 - biscuit sharing - vegan - gluten-free***															
	On offer are Rhythm108 organic biscuit sharing sizes, the pricing below represents a discount of 15%.															
❒	Hazelnut Chocolate Praline Gift Tube	*organic*	1x195g	5.70		*7.60*	**767543**									
❒	Almond Biscotti Biscuit Share Bag	*organic*	8x135g	17.00		*3.04*	**767544**									
❒	Chocolate & Salted Caramel Biscuit Share Bag	*organic*	8x135g	18.00		*3.21*	**767541**									
❒	Coconut Crunch Biscuit Share Bag	*organic*	8x135g	17.00		*3.04*	**767545**									
❒	Double Choco Hazelnut Biscuit Share Bag	*organic*	8x135g	17.00		*3.04*	**767546**									
❒	Hazelnut Chocolate Chip Share Bag	*organic*	8x135g	17.00		*3.04*	**767547**									
❒	Hazelnut Chocolate Praline Share Bag	*organic*	8x135g	18.00		*3.21*	**767549**									
❒	Lemon Ginger & Chia Biscuit Share Bag	*organic*	8x135g	17.00		*3.04*	**767548**									
	❊ ***Rhythm 108 - vegan Swiss chocolate***															
	On offer are Rhythm108 organic chocolates, the pricing below represents a discount of 15%.															
❒	Dark Chocolate Truffles Bag	*organic*	10x144g	47.80 V		*7.64*	**767562**									
❒	Chocolate Orange Swiss Dark Chocolate Bar	*organic*	15x33g	15.15 V		*1.62*	**767563**									
❒	Hazelnut Praline Dark Chocolate Bar	*organic*	15x33g	15.15 V		*1.62*	**767564**									
❒	Creamy Coconut Dark Chocolate Bar	*organic*	15x33g	15.15 V		*1.62*	**767566**									
❒	Almond & Sea Salt M'lk Chocolate Bar	*organic*	15x33g	15.15 V		*1.62*	**767568**									
❒	Hazelnut Truffle Filled M*lk Chocolate Tablet	*organic*	9x100g	20.20 V		*3.63*	**767572**									
❒	Dark Cocoa Orange Filled M*lk Chocolate Tablet	*organic*	9x100g	20.20 V		*3.63*	**767576**									
❒	Roasted Almond Butter Filled M*lk Chocolate Tablet	*organic*	9x100g	20.20 V		*3.63*	**767578**									
	❊ ***Ricola***															
	Eucalyptus Cherry Cough Drops with Stevia - bag		12x70g	12.40 V		*1.65*	**767759**									
	Original Swiss Herb Soothe & Clear - bag		12x75g	12.40 V		*1.65*	**767760**									
	Cough Drops Honey Lemon Echinacea - bag		12x75g	12.40 V		*1.65*	**767762**									
	Blackcurrant with Stevia - box		20x45g	19.90 V		*1.59*	**737763**									
	Delicious Elderflower with Stevia - box		20x45g	19.90 V		*1.59*	**767764**									
	Luxurious Liquorice with Stevia - box		20x45g	19.90 V		*1.59*	**767766**									
	Raspberry Mint with Stevia - box		20x45g	19.90 V		*1.59*	**767765**									
	Refreshing Lemon Mint with Stevia - box		20x45g	19.90 V		*1.59*	**767767**									
	Tasty Cranberry with Stevia - box		20x45g	19.90 V		*1.59*	**767768**									
	The Original with Stevia - box		20x45g	19.90 V		*1.59*	**767770**									
	❊ ***Supernature - vegan gluten-free chocolate***															
	Almond Clusters		15x34g	18.40 V		*1.96*	**768311**									
	Chocolate Covered Almonds		15x38g	18.40 V		*1.96*	**768313**									
	Chocolate Covered Hazelnuts	*organic*	15x40g	18.40 V		*1.96*	**768312**									
	Hazelnut Butter Cups	*organic*	15x34g	18.40 V		*1.96*	**768315**									
	Hazelnut Clusters - 2 pack	*organic*	15x34g	18.40 V		*1.96*	**768314**									
	Peanut Butter Cups - 2pack	*organic*	15x40g	18.40 V		*1.96*	**768316**									
	❊ ***Sunita***															
	Organic Halva with Coconut Syrup - Vegan	*organic*	12x75g	16.05		*1.78*	**768490**									
	Organic Dark Chocolate Halva	*organic*	12x75g	20.35		*2.26*	**768492**									
	Organic Plain Halva	*organic*	12x75g	16.05		*1.78*	**768495**									
	Organic Honey Halva - Almond	*organic*	12x75g	20.35		*2.26*	**768497**									
	Organic Grape Juice & Sultana Halva	*organic*	12x75g	16.05		*1.78*	**768502**									
	Halva Grape & Sultana		2.5kg	28.55	11.42		**768525**									
	Halva Pistachio		24x75g	32.15		*1.79*	**768545**									
	Halva Plain		24x75g	32.15		*1.79*	**768555**									
	❊ ***Trek Bars - vegan - gluten-free***															
	On offer are Trek Power bars, the pricing below represents a discount of 20%.															
❒	Biscoff Power		16x55g	19.25 V		*1.96*	**766681**									
❒	Choc Orange Power		16x55g	19.25 V		*1.96*	**766686**									
❒	Millionaire Shortbread Power		16x55g	19.25 V		*1.96*	**766688**									
❒	Peanut Butter Crunch Power		16x55g	19.25 V		*1.96*	**766689**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Trek Protein Flapjacks - vegan***															
	On offer are Trek protein flapjacks, the pricing below represents a discount of 20%.															
❒	Biscoff Protein Flapjack		16x50g	11.15 V		*1.15*	**766781**									
❒	Cocoa Coconut Protein Flapjack		16x50g	11.15 V		*1.15*	**766782**									
❒	Cocoa Oat Protein Flapjack		16x50g	11.15 V		*1.15*	**766785**									
❒	Original Oat Protein Flapjack		16x50g	11.15 V		*1.15*	**766795**									
❒	Salted Caramel Protein Flapjack		16x50g	11.15 V		*1.15*	**766796**									
❒	Smooth Lemon Protein Bar		16x50g	11.15 V		*1.15*	**766794**									
❒	White Chocolate & Raspberry Protein Bar		16x50g	11.15 V		*1.15*	**766809**									
	❊ ***Tropical Wholefoods - Fair Trade - www.tropicalwholefoods.com***															
	Apricot & Almond Just 5 Bar	*organic*	18x40g	15.50		*1.15*	**768816**									
	Date & Cocoa Just 5 Bar	*organic*	18x40g	15.50		*1.15*	**768823**									
	Date & Walnut Just 5 Bar	*organic*	18x40g	15.50		*1.15*	**768818**									
	Mango & Brazil Just 5 Bar	*organic*	18x40g	15.50		*1.15*	**768820**									
	Pineapple & Cashew Just 5 Bar	*organic*	18x40g	15.50		*1.15*	**768824**									
	❊ ***Tropi Snax vegan dried fruit snacks***															
	Pineapple Fruit Roll		30x27g	28.00		*1.25*	**768850**									
	❊ ***Vego - vegan, gluten-free, Fair Trade***															
	150g Whole Hazelnut Chocolate Bar	*organic*	20x150g	57.55 V		*4.60*	**768830**									
	Mini Whole Hazelnut Chocolate Bar	*organic*	20x65g	31.30 V		*2.50*	**768832**									
	Nuts & Berries Vego Dark Bar	*organic*	12x85g	34.00 V		*4.55*	**768834**									
	Vego Crisp - Chocolate & Rice Crisp Bar	*organic*	20x40g	25.00 V		*2.00*	**768836**									
	❊ ***Vivani organic vegan chocolate bars***															
	New and on offer from Vivani, two organic vegan dark chocolate 'impulse' sized bars. ***Crunchy Coconut*** *is a dark chocolate bar made with coconut paste and filled with roasted coconut flakes.* ***White Nougat Crisp*** *is made from the finest nougat with crunchy hazelnut brittle and is wrapped in a smooth white hazelnut chocolate. Both bars have home compostable cellulose liner and a paper wrap.The pricing marked ❒ below represents a discount of 15%.*															
	Dark with Almonds Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768890**									
	Dark with Whole Hazelnuts Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768891**									
	Dark with Nougat Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768892**									
	Dark with Orange Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768894**									
	Fine Dark 71% Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768895**									
	Fine Dark 85% Chocolate	*organic*	10x100g	24.90 V		*3.98*	**768896**									
	Fine Dark 92% Chocolate	*organic*	10x80g	24.90 V		*3.98*	**768898**									
	Fine Dark 99% Chocolate	*organic*	10x80g	26.80 V		*4.29*	**768990**									
	Fine Dark Mallorca Fleur de Sel 75% Chocolate	*organic*	10x80g	24.90 V		*3.98*	**768893**									
	Superior Dark 100% + cocoa nibs Chocolate	*organic*	10x80g	26.80 V		*4.29*	**768992**									
❒	Black Cherry Dark Chocolate	*organic*	18x35g	17.10 V		*1.52*	**768994**									
❒	Crunchy Coconut Dark Chocolate - New!	*organic*	18x35g	17.10 V		*1.52*	**768897**									
❒	White Nougat Crisp Chocolate - New!	*organic*	18x35g	17.10 V		*1.52*	**768899**									
	❊ ***Vivani organic chocolate bars - not vegan***															
	New and on offer from Vivani, three organic milk chocolate 'impulse' sized bars. ***Creamy Caramel*** *is fine milk chocolate with a creamy caramel core. A pinch of salt completes the taste.* ***Lemon Cheesecake*** *is a milk chocolate bar filled with fruity lemon yogurt cream like a delicious cheesecake.* ***Pistacchio Dubai Style*** *- this milk chocolate bar is filled with pistachio cream with delicate crispy pieces of biscuit & wafer. The pricing marked ❒ below represents a discount of 15%.*															
	Dark with Marzipan & Amaretto Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768996**									
	Fine Milk Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768997**									
	Milk Whole Hazelnuts Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768995**									
	Milk Praliné Chocolate	*organic*	10x100g	23.65 V		*3.78*	**768998**									
❒	Créme Brulée Chocolate	*organic*	18x40g	17.10 V		*1.52*	**769000**									
❒	Creamy Caramel Milk Chocolate - New!	*organic*	18x40g	17.10 V		*1.52*	**768991**									
❒	Espresso Biscotti Chocolate	*organic*	18x40g	17.10 V		*1.52*	**768999**									
❒	Lemon Cheesecake Milk Chocolate - New!	*organic*	18x40g	17.10 V		*1.52*	**768993**									
❒	Pistacchio Dubai Style Milk Chocolate - New!	*organic*	18x40g	21.90 V		*1.95*	**768887**									
❒	Wafer Praliné Chocolate	*organic*	18x40g	17.10 V		*1.52*	**769001**									
	❊ ***Wild Thingz vegan sweets from Just Wholefoods***															
◆	Wild Thingz - Fruity Flyers share bag	*organic*	10x130g	21.80 V		*3.49*	**769100**									
◆	Wild Thingz - Gummy Grubs share bag	*organic*	10x130g	21.80 V		*3.49*	**769102**									
◆	Wild Thingz - Zesty Pests share bag	*organic*	10x130g	21.80 V		*3.49*	**769103**									
◆	Wild Thingz - Fruity Flyers treat bag	*organic*	34x25g	26.50 V		*1.25*	**769104**									
◆	Wild Thingz - Gummy Grubs treat bag	*organic*	34x25g	26.50 V		*1.25*	**769106**									
◆	Wild Thingz - Zesty Pests treat bag	*organic*	34x25g	26.50 V		*1.25*	**769107**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9

■ Condiments, Stocks, Salt & Miscellaneous Foods

	❊ ***A. Vogel - sea salt with dried herbs & vegetables***						
	Herbamare - shaker	*organic*	6x500g	34.95		*7.77*	**791002**
	Herbamare - shaker	*organic*	6x250g	22.10		*4.92*	**791005**
	Herbamare - shaker	*organic*	6x125g	14.20		*3.16*	**791012**
	Herbamare - low salt - shaker	*organic*	6x125g	17.65		*3.93*	**791015**
	Herbamare - spicy - shaker	*organic*	6x125g	14.20		*3.16*	**791017**
	❊ ***Biona - Coconut Aminos glass***						
	Coconut Aminos - Original	*organic*	6x250ml	17.95		*3.99*	**791565**
	❊ ***Carley's***						
	Black Sesame Gomasio	*organic*	6x150g	14.55		*3.34*	**791545**
	❊ ***Clearspring***						
	On offer are selected Clearspring organic condiments, the pricing marked ❒ below represents a discount of 15%.						
	Traditional Sea Salt	*certified*	6x250g	17.95		*3.99*	**791550**
❒	Furikake Sprinkle	*organic*	8x50g	25.45		*4.25*	**791549**
❒	Gomashio - Black Sesame with Sea Salt	*organic*	6x100g	15.25		*3.39*	**791551**
❒	Gomashio - Whole Sesame with Sea Salt	*organic*	6x100g	15.25		*3.39*	**791552**
❒	Irigoma - Toasted Whole Sesame Seeds	*organic*	6x100g	15.25		*3.39*	**791554**
❒	Shichimi Togarashi	*organic*	8x50g	25.45		*4.24*	**791555**
	❊ ***Cocofina organic - glass***						
	Coconut Amino	*organic*	12x250ml	53.90		*5.99*	**370939**
	❊ ***Cornish Sea Salt***						
	Cornish Sea Salt - Chef's Tub	*certified*	6x500g	32.55		*7.23*	**791715**
	❊ ***Essential Trading***						
▼	Atlantic Sea Salt - Portugal - Fine	*organic*	5kg	8.00	1.60		**791718**
	❊ ***Free & Easy gluten-free, vegan egg replacer***						
▲	Egg Replacer		6x135g	13.25		*2.94*	**791750**
	❊ ***Geo Organics Portuguese Sea Salt***						
	Atlantic Sea Salt - Fine	*certified*	25kg	20.95	0.84		**791654**
	Atlantic Sea Salt - boxed	*certified*	6x250g	7.20		*1.60*	**791655**
	Atlantic Sea Salt - in tub dispenser	*certified*	6x500g	15.10		*3.36*	**791660**
	❊ ***Hambleden Herbs***						
▲	Rock Salt - in grinder		5x120g	11.10		*2.96*	**791680**
	❊ ***Kallo***						
▲	Garlic & Herb Stock Cubes	*organic*	15x6x11g	21.45		*1.91*	**793010**
▲	Mushroom Stock Cubes	*organic*	15x6x11g	21.45		*1.91*	**793015**
▲	Vegetable Stock Cubes	*organic*	15x6x11g	21.45		*1.91*	**793065**
▲	Low Salt Vegetable Stock Cubes	*organic*	15x6x11g	21.85		*1.94*	**793067**
▲	Yeast Free Vegetable Stock Cubes		15x6x11g	21.45		*1.91*	**793095**
	❊ ***Little Pod***						
▼	Pure Bourbon Vanilla Extract		6x100ml	69.30		*15.40*	**793694**
	Natural Vanilla Paste		6x100ml	68.00		*15.11*	**793696**
	Madagascan Vanilla Pods	*organic*	6x2p	26.65		*5.92*	**793698**
	❊ ***The Maldon Crystal Salt Company***						
	Chilli Sea Salt - carton		12x100g	28.80		*3.20*	**793675**
	Garlic Sea Salt - carton		12x100g	29.10		*3.23*	**793676**
	Kalahari Desert Salt - coarse - carton		12x250g	22.50		*2.50*	**793677**
	Maldon Sea Salt - grinder		6x55g	17.30		*3.84*	**793679**
▲	Maldon Sea Salt - carton		12x250g	33.60		*3.73*	**793680**
▲	Maldon Sea Salt - tub		1x570g	6.30		*8.40*	**793668**
▲	Maldon Sea Salt - tub		1x1.4kg	15.05		*20.07*	**793683**
▲	Smoked Maldon Sea Salt		12x125g	28.30		*3.14*	**793682**
▲	Smoked Maldon Sea Salt - tub		1x500g	9.50		*12.67*	**796683**

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Marigold***															
	Liquid Aminos		6x250ml	17.95		*3.99*	**480950**									
	Vegetable Bouillon - Organic - vegan	*organic*	6x150g	11.45		*2.54*	**794503**									
	Vegetable Bouillon - Organic - vegan	*organic*	6x500g	34.85		*7.75*	**794502**									
	Vegetable Bouillon - Organic - vegan	*organic*	1x2kg	17.60		*23.48*	**794490**									
	Vegetable Bouillon - Organic - vegan	*organic*	12.5kg	110.00	8.80		**794491**									
	Reduced Salt Organic Vegetable Bouillon	*organic*	6x140g	11.65		*2.59*	**794508**									
	Reduced Salt Organic Vegetable Bouillon	*organic*	6x500g	35.30		*7.84*	**794509**									
	Reduced Salt Organic Vegetable Bouillon	*organic*	1x2kg	20.60		*27.47*	**794492**									
	Reduced Salt Organic Vegetable Bouillon	*organic*	12.5kg	125.00	10.00		**794493**									
	Vegetable Bouillon		6x150g	10.75		*2.39*	**794505**									
	Vegetable Bouillon		6x500g	32.60		*7.24*	**794510**									
	Vegetable Bouillon - vegan		1x2kg	16.30		*21.73*	**794517**									
	Reduced Salt Bouillon Vegan		6x150g	11.00		*2.44*	**794520**									
	Reduced Salt Bouillon Vegan		6x500g	33.30		*7.40*	**794521**									
	Reduced Salt Bouillon Vegan		1x2kg	16.85		*22.48*	**794519**									
	Yeast Free Bouillon Cubes	*organic*	12x8p	13.50		*1.50*	**794527**									
	Instant Gravy - powder		6x170g	10.55		*2.34*	**794528**									
	Instant Gravy - powder		1x2kg	14.60		*19.48*	**794531**									
	Instant Gravy - powder	*organic*	6x110g	11.90		*2.64*	**794530**									
	Engevita Organic Nutritional Yeast Flakes	*organic*	6x100g	29.20		*6.49*	**794533**									
	Engevita Yeast Flakes - Protein & Fibre Unfortified		6x100g	16.60		*3.69*	**794536**									
	Engevita Yeast Flakes with Vitamin D, Super B12		6x100g	20.20		*4.49*	**794529**									
	Engevita Yeast Flakes with B12 - 100g		6x100g	18.85		*4.19*	**794534**									
	Engevita Yeast Flakes with B12 - 650g		1x650g	14.95		*19.99*	**794537**									
	Engevita Yeast Flakes with B12		25kg	455.00	18.20		**794538**									
❊	***Brewers Yeast - see "Supplementary Foods" section "Infinity"***															
❊	***Nielsen-Massey***															
	Please note Neilsen-Massey organic Vanilla extract is now sold as singles.															
	Vanilla Extract (single)	*organic*	1l	89.95			**795020**									
☆	Vanilla Extract	*organic*	1x60ml	8.05		*10.75*	**795022**									
❊	***Orgran - gluten-free***															
	No-Egg (egg replacer) - GF		8x200g	19.10		*3.18*	**795060**									
	Vegan Easy Egg		8x250g	28.50		*4.76*	**795065**									
❊	***Profusion - Pink Himalayan Salts***															
	Himalayan Rose Pink Salt - fine		8x500g	23.95		*3.99*	**795150**									
	Himalayan Rose Pink Salt - coarse		8x500g	23.95		*3.99*	**795155**									
	Himalayan Rose Pink Salt - rocks (for sole)		6x1kg	28.30		*6.29*	**795160**									
	Himalayan Rose Pink Salt - fine - shaker		8x140g	16.10		*2.68*	**795165**									
	Salt Mill - Himalayan Rose Pink Salt		6x200g	29.95		*6.66*	**795172**									
❊	***Rayners***															
▲	Coconut Aminos	*organic*	6x250ml	29.20		*6.50*	**371624**									
❊	***Sel de Guerande - Certified (Celtic Sea Salt)***															
	Sel de Guérande - Fine - shaker - large	*certified*	12x250g	32.60		*3.62*	**791405**									
	Sel de Guérande - Fine - bag	*certified*	12x1kg	47.80		*5.31*	**791410**									
	Sel de Guérande - Coarse - bag	*certified*	12x1kg	32.60		*3.62*	**791415**									
❊	***Steenbergs***															
	Almond Extract - Natural		8x60ml	25.70		*4.28*	**795300**									
	Lemon Extract	*organic*	8x60ml	20.45		*3.41*	**795302**									
	Orange Extract	*organic*	8x60ml	20.45		*3.41*	**795305**									
	Orange Flower Water	*organic*	6x100ml	17.60		*3.91*	**795307**									
	Peppermint Extract	*organic*	8x60ml	20.45		*3.41*	**795310**									
	Rose Flower Water	*organic*	6x100ml	17.60		*3.91*	**795312**									
	Tamarind Paste		12x150g	25.90		*2.88*	**795320**									
	Vanilla Extract - Fair Trade	*organic*	8x60ml	51.20		*8.53*	**795315**									
❊	***Suma***															
	Aquafaba - jar	*organic*	6x750ml	31.40		*6.98*	**795338**									
	Aquafaba - jar	*organic*	6x250ml	12.45		*2.77*	**795339**									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Sun & Seed***															
	Dukkah - Pumpkin Sprinkle	*organic*	6x120g	18.75		*4.17*	**795342**									
	❊ ***Trapani - unrefined Sicilian sea salt***															
▲	Fine Sea Salt - bag		12x1kg	35.55		*3.95*	**791640**									
▲	Coarse Sea Salt - bag		12x1kg	35.55		*3.95*	**791642**									
	❊ ***Uhhmami organic broths and seasoning.***															
	Blue Cheese'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791675**									
	Cheese'ish - flavours	*organic*	4x40g	9.60		*3.20*	**791676**									
	❊ ***Zaytoun***															
	Palestinian Za'atar - Thyme mix - jar		6x80g	17.70		*3.93*	**795205**									

■ Supplementary Foods

	❊ ***Aduna***															
	Baobab - fruit pulp powder - pouch - single	*organic*	1x275g	8.70		*12.99*	**850902**									
	Baobab - fruit pulp powder - tub - single	*organic*	1x80g	4.00		*5.99*	**850910**									
	Moringa Green Superleaf Powder - pouch - single	*organic*	1x275g	10.00		*14.96*	**850912**									
	Moringa Green Superleaf Powder - tub - single	*organic*	1x100g	5.35		*8.05*	**850917**									
	❊ ***Ayurvediq - glass jar***															
	Ashwagandha & Black Pepper - 120 capsules	*organic*	1x1jar	11.70	V	*20.97*	**850940**									
	Boswellia Serata & Turmeric - 60 capsules	*organic*	1x1jar	10.05	V	*17.97*	**850945**									
◆	Brahmi - 60 capsules	*organic*	1x1jar	10.05	V	*17.97*	**850948**									
◆	Cayenne Pepper - 60 capsules	*organic*	1x1jar	8.90	V	*15.92*	**850949**									
	Fenugreek - 120 capsules	*organic*	1x1jar	11.15	V	*19.97*	**850946**									
	Moringa - 120 capsules	*organic*	1x1jar	11.15	V	*19.97*	**850941**									
▼	Neem Leaf - 60 capsules	*organic*	1x1jar	9.45	V	*16.90*	**850951**									
	Shatavari - 120 capsules	*organic*	1x1jar	11.15	V	*19.99*	**850942**									
	Shilajit & Ashwagandha - 60 capsules	*organic*	1x1jar	13.40	V	*23.99*	**850947**									
	Triphala - 120 capsules	*organic*	1x1jar	11.15	V	*19.99*	**850943**									
◆	Tulsi - 60 capsules	*organic*	1x1jar	8.90	V	*15.92*	**850952**									
	Turmeric & Black Pepper - 120 capsules	*organic*	1x1jar	10.00	V	*17.95*	**850944**									
	❊ ***BetterYou***															

*New and on offer from BetterYou, two daily dose vitamin sprays. **B-complete Oral Spray** is a great tasting, expertly formulated blend of all 8 B vitamins including B12 to support metabolism. Four squirts of the oral spray delivers a B-complex of vitamins directly into the blood stream, bypassing primary processing by the gut; it has a peach plum flavour. **Iron 10mg Oral Spray** is a fast effective way to take this high dosage iron supplement, specially formulated to be gentle on the digestive system with a great tasting, pomegranate flavour. Use 4 sprays daily to get 10mg of iron.The pricing marked ❒ below represents a discount of 20%.*

	D3000 Vitamin D Oral Spray		6x15ml	29.90	V	*9.45*	**850881**									
	D400 Infant Vitamin D Oral Spray		6x15ml	23.60	V	*7.45*	**850887**									
	D400 Junior Vitamin D Oral Spray		6x15ml	23.60	V	*7.45*	**850882**									
	D1000 Vitamin D Oral Spray		6x15ml	25.20	V	*7.95*	**850883**									
	D3000 Vitamin D + K2 Oral Spray		6x12ml	34.60	V	*10.95*	**850884**									
	D4000 Vitamin D Oral Spray		6x15ml	31.50	V	*9.95*	**850885**									
❒	B-complete Oral Spray - New!		6x25ml	30.20	V	*9.54*	**850889**									
❒	B12 Boost Oral Spray		6x25ml	31.55	V	*9.97*	**850886**									
❒	Iron 10mg Oral Spray - New!		6x25ml	37.85	V	*11.96*	**850892**									
❒	MultiVit Oral Spray		6x25ml	25.20	V	*7.96*	**850890**									
	Vegan Health Oral Spray		6x25ml	47.35	V	*14.95*	**850891**									
◆	Magnesium Max Original Powder		6x120g	47.40	V	*14.96*	**850893**									
☆	Magnesium Max Sleep - Passionflower, Cocoa - Powder		6x160g	47.40	V	*14.96*	**850894**									
	❊ ***The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk***															
	Clarity & Focus	*organic*	1x60cap	7.50	V	*12.00*	**850930**									
	Kelp	*organic*	1x60cap	7.50	V	*12.00*	**850932**									
	Menstrual Ease	*organic*	1x60cap	6.85	V	*10.96*	**850935**									
	Sea Moss	*organic*	1x60cap	6.70	V	*10.72*	**850936**									
	Seaweed & Mushrooms	*organic*	1x60cap	8.70	V	*13.92*	**850937**									
	Wild & Beautiful	*organic*	1x60cap	8.70	V	*13.92*	**850939**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Floradix - Liquid Herbal Formulas***															
	YF = yeast-free, GF = gluten-free, VG = vegan															
	Epresat Multivitamin formula		1x250ml	8.25 V		*14.00*	**850984**									
	Floradix - liquid iron & vitamins		1x500ml	13.05 V		*22.18*	**850986**									
	Floradix - liquid iron & vitamins		1x250ml	7.90 V		*13.41*	**850988**									
	Floradix Kids - liquid iron & vitamins YF GF VG		1x250ml	8.55 V		*14.51*	**850989**									
	Floravital - liquid iron & vitamins YF GF VG		1x500ml	13.05 V		*22.18*	**850990**									
	Floravital - liquid iron & vitamins YF GF VG		1x250ml	7.90 V		*13.41*	**850992**									
	Immune Support Liquid Formula YF GF VG		1x250ml	8.25 V		*14.00*	**850994**									
	IntestCare - magnesium apple plum YF GF VG		1x250ml	10.50 V		*17.82*	**850996**									
	Kindervital for children - fruity GF VG		1x250ml	7.10 V		*12.16*	**850997**									
	Magnesium liquid formula YF GF		1x250ml	6.60 V		*11.22*	**850999**									
	Neuro Balance liquid formula YF GF VG		1x250ml	8.95 V		*15.19*	**851000**									
	Saludynam - calcium magnesium zinc & vit D YF GF		1x250ml	8.25 V		*14.05*	**850998**									
	Vitamin B Complex YF GF VG		1x250ml	9.00 V		*15.30*	**850100**									
	❊ ***Forest Wholefoods - retail pouches***															
	Ashwagandha Powder	*organic*	1x250g	7.35		*9.80*	**851904**									
	Banana Powder	*organic*	1x250g	5.30		*7.07*	**851906**									
	Baobab Powder	*organic*	1x250g	6.45		*8.60*	**851908**									
	Barleygrass Powder	*organic*	1x250g	6.20		*8.27*	**851911**									
	Beetroot Powder	*organic*	1x250g	5.30		*7.07*	**851912**									
	Black Maca Powder	*organic*	1x250g	6.20		*8.27*	**851914**									
	Blueberry Powder	*organic*	1x250g	22.65		*30.20*	**851916**									
	Camu Camu Powder	*organic*	1x250g	10.10		*13.47*	**851920**									
	Chlorella Powder	*organic*	1x250g	8.55		*11.40*	**851922**									
	Hemp Protein Powder 50%	*organic*	1x250g	4.90		*6.53*	**851924**									
	Lion's Mane Mushroom Powder	*organic*	1x125g	7.95		*10.60*	**851925**									
	Reishi Mushroom Powder	*organic*	1x125g	7.45		*9.93*	**851927**									
	7 Blend Mushroom Powder	*organic*	1x125g	6.65		*8.87*	**851929**									
	Shiitake Mushroom Powder	*organic*	1x125g	6.95		*9.27*	**851931**									
	Maca Powder	*organic*	1x250g	5.65		*7.53*	**851926**									
	Spirulina Powder	*organic*	1x250g	5.95		*7.93*	**851930**									
	Wheatgrass Powder	*organic*	1x250g	6.05		*8.07*	**851932**									
	❊ ***Infinity Foods***															
	Brewers Yeast Powder		1kg	18.60	18.60		**792203**									
	❊ ***Microbz***															
▲	Breathe - Lungs and Respiration		1x475ml	13.89 V		*24.95*	**855440**									
▲	Detox - Liver and Gall Bladder		1x475ml	13.89 V		*24.95*	**855442**									
▲	Immunity - Support Resilience		1x475ml	13.89 V		*24.95*	**855444**									
▲	Kids - Digestive Health		1x475ml	13.89 V		*24.95*	**855445**									
▲	Simple - Only Beneficial Microbes		1x1l	17.35 V		*29.50*	**855446**									
▲	Sustain - Digestive health		1x475ml	13.89 V		*24.95*	**855447**									
▲	Women - Hormone health		1x475ml	13.89 V		*24.95*	**855448**									
	❊ ***Naturya - Blends***															
	Green Super Blend	*organic*	1x250g	10.00		*15.02*	**855408**									
	❊ ***Naturya***															
	Acai Powder	*organic*	1x125g	13.30		*19.98*	**855410**									
	Chia Seeds	*organic*	1x300g	4.00		*6.01*	**855416**									
	Chlorella Powder	*organic*	1x200g	8.65		*13.00*	**855417**									
	Cacao Nibs	*organic*	1x125g	4.40		*6.49*	**855421**									
	Cacao Powder	*organic*	1x250g	6.00		*8.00*	**855419**									
	Hemp Protein Powder	*organic*	1x300g	6.65		*9.99*	**855420**									
	Maca Powder	*organic*	1x300g	4.65		*6.99*	**855423**									
	Spirulina Powder	*organic*	1x200g	6.00		*9.01*	**855425**									
	Wheatgrass Powder	*organic*	1x200g	5.30		*7.95*	**855427**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Raw Living***															
	*New from Raw Living is **Shilajit Resin**. This high grade resin is a dark, sticky paste, with an earthy taste, usually enjoyed as a tea. Sourced from the Altai mountains in Siberia, Shilajit is gaining in popularity as it is so rich in minerals, containing 77% fulvic acid and 6.9% humic acid. It is naturally purified and lab tested and is packaged in a miron glass tub for ultimate protection.*															
◆	8 Mushroom 8:1 Extract Blend - pouch	*organic*	1x50g	13.30		*18.99*	**857931**									
	Chaga Mushroom 10:1 Dual Extract - pouch	*organic*	1x50g	13.30		*18.99*	**857932**									
	Cordyceps Mushroom 8:1 Extract - pouch	*organic*	1x50g	13.30		*18.99*	**857933**									
	Lion's Mane Mushroom 8:1 Dual Extract - pouch	*organic*	1x50g	13.30		*18.99*	**857934**									
	Reishi (Duanwood) Mushroom 13:1 Dual Extract - pouch	*organic*	1x50g	13.30		*18.99*	**857935**									
❊	Shilajit Resin	*organic*	1x40g	23.00		*39.99*	**857938**									
	❊ ***Royal Green***															
	Ashwagandha Bio 60 vegicaps	*organic*	1x1jar	14.60	V	*26.15*	**858007**									
	Astaxanthin Bio 60 vegicaps	*organic*	1x1jar	24.35	V	*43.61*	**858009**									
	Bone Food Complex 60 vegicaps	*organic*	1x1jar	17.30	V	*30.99*	**858011**									
	Camu Camu Vit C 60 vegicaps	*organic*	1x1jar	13.50	V	*24.18*	**858013**									
	Maca 60 vegicaps	*organic*	1x1jar	12.45	V	*22.30*	**858016**									
	Magnesium 60 vegicaps	*organic*	1x1jar	16.20	V	*29.01*	**858018**									
	Vitamin D3 Bio 60 vegicaps	*organic*	1x1jar	15.70	V	*28.12*	**858021**									
	❊ ***Taka Turmeric Capsules***															
	Turmeric & Black Pepper - 60 capsules	*organic*	1x1jar	6.10	V	*10.99*	**858961**									
	Turmeric & Black Pepper - 120 capsules	*organic*	1x1jar	9.45	V	*16.95*	**858962**									
	Joint Care - 90 capsules	*organic*	1x1jar	9.45	V	*16.95*	**858963**									

■ Pet Products

	❊ ***Benevo Pet Food - vegan***															
	Adult Original Vegan Dog Food - bag		1x15kg	40.60	V	*64.96*	**810536**									
	Adult Original Vegan Dog Food - bag		1x2kg	8.10	V	*12.96*	**810537**									
	Duo Complete - can		12x369g	22.40	V	*2.99*	**810538**									
	Rumble Strips		14x180g	21.75	V	*2.49*	**810540**									
	Pawtato Knots - small		12x150g	22.40	V	*2.99*	**810544**									
	Pawtato Ocean Treats - Small		10x140g	21.80	V	*3.49*	**810549**									
	Pawtato Ocean Treats - Medium		10x140g	21.80	V	*3.49*	**810550**									
	Pawtato Sticks - Spinach & Kale		12x120g	18.65	V	*2.49*	**810546**									
	Pawtato Tubes - Turmeric and Chicory Root		12x90g	18.65	V	*2.49*	**810548**									
	❊ ***Benevo Bags***															
	Unscented Biodegradable Poop Bags		6x8x15bg	22.45	V	*5.99*	**810556**									
	❊ ***Faith in Nature vegan Dog Shampoos***															
◆	Chamomile Dog Shampoo - sensitive		6x400ml	27.95	V	*7.99*	**810600**									
◆	Coconut Dog Shampoo - detangling		6x400ml	27.95	V	*7.97*	**810602**									
◆	Lavender Dog Shampoo - deep cleaning		6x400ml	27.95	V	*7.97*	**810604**									

■ Kitchen & Household Goods

	❊ ***AH Table***															
	Reusable Cotton Milk bag - 38x38cm	*organic*	10x1p	26.50	V	*4.25*	**820698**									
	Reusable Cotton Tea bag - 5 bags	*organic*	10x5p	20.65	V	*3.31*	**820700**									
	Stainless Steel Tea Ball Infuser with chain		5x1p	15.45	V	*4.95*	**820702**									
	❊ ***Alter/Native by Suma - soap containers***															
	*New from Alter/Native **Bambuu Soap Dish & Soap Bag - rectangle** which is handmade with sustainable Moso bamboo which is neither a food source or habitat for pandas. These soap dishes contain no dyes or stains and are therefore safe and non toxic. Each dish has four silicone non slip pads on the base to aid drainage. They come in a handy organic cotton drawstring mesh bag to store soaps when not in use. Every purchase supports @BambuuBrush's mission to educate and raise awareness of plastic pollution.*															
❊	Bambuu Soap Dish & Soap Bag - rectangle		1x1p	3.50	V	*5.60*	**820705**									
	Bambuu Soap Dish - round		6x1p	12.55	V	*3.35*	**820706**									
▲	Soap Bag - organic cotton	*organic*	1x1p	1.50	V	*2.40*	**820708**									
▼	Travel Soap Tin - Single Size		1x1tin	2.95	V	*4.72*	**859141**									
	Travel Soap Tin - Double Size		1x1tin	4.25	V	*6.80*	**859161**									
▼	Travel Soap Tin - Round		1x1tin	2.95	V	*4.72*	**859163**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***A. Vogel - bioSnacky glass sprouting jar***															
	For bioSnacky sprouting seeds see "Nuts and Seeds" section															
	bioSnacky Glass Germinator		1x1	7.60	V	*12.63*	**820505**									
	❊ ***Being Fare - 3 tier sprout growing kit***															
▲	The Sprouter - (single kit)		1x1	9.80	V	*17.57*	**820515**									
	❊ ***Bo Weevil organic cotton***															
	Bread/Dry Goods Bag Medium - Natural White Cotton Voile	*organic*	1x1	1.45	V	*2.49*	**820532**									
	Bread/Dry Goods Bag Small - Natural White Cotton Voile	*organic*	1x1	1.20	V	*2.06*	**820533**									
	Canvas shopping Bag - Natural White	*organic*	1x1	4.50	V	*7.71*	**820534**									
	Granny String Bag Short Handle - Black	*organic*	1x1	4.20	V	*7.20*	**820538**									
	Granny String Bag Short Handle - Orange	*organic*	1x1	4.20	V	*7.20*	**820540**									
	Granny String Bag Long Handle - Orange	*organic*	1x1	4.25	V	*7.29*	**820546**									
	Vegetable Mesh Bag - Large	*organic*	1x1	1.75	V	*3.00*	**820550**									
	Vegetable Mesh Bag - Medium	*organic*	1x1	1.50	V	*2.57*	**820552**									
	❊ ***Cheeky Panda Bamboo products***															
	Baby Wipes are in the Baby section															
	Cleansing Facial Wipes		24x25p	44.20	V	*2.95*	**820555**									
	Flat Box Facial Tissues - 80s		12x180g	13.80	V	*1.84*	**820558**									
◆	Flat Box Facial Tissues with Aloe - 64s		12x160g	17.25	V	*2.30*	**820557**									
◆	Handy Wipes		12x12p	12.35	V	*1.65*	**820568**									
	Kitchen Rolls - 2 pack		5x2p	17.20	V	*5.50*	**820560**									
	Multicoloured Paper Straws		1x100p	1.75	V	*2.80*	**820559**									
	Pocket Tissues - 4 pack		1x4x10p	2.35	V	*3.76*	**820563**									
	48 Toilet Rolls - Silky Soft - 3 ply - 200 sheets		1x5.8kg	25.85	V	*41.36*	**820562**									
◆	9 Toilet Rolls WWF Silky Soft - 3 ply - 190 sheets		5x9p	20.30	V	*6.50*	**820566**									
	9 Toilet Rolls - Natural Colour - 3 ply - 200 sheets		5x9p	23.45	V	*7.50*	**820565**									
	9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets		5x9p	22.65	V	*7.25*	**820567**									
	❊ ***Clearspring***															
	Bamboo Sushi Mat - Japan		10x1	9.90	V	*1.70*	**820523**									
	❊ ***Ecoleaf - by Suma***															
▼	EcoLeaf Toilet Tissue		12x4roll	24.25	V	*3.23*	**911006**									
	EcoLeaf Toilet Tissue		5x9roll	22.95	V	*7.34*	**910995**									
▼	Bulk EcoLeaf Toilet Tissue		6x12roll	32.40	V	*8.64*	**910998**									
	EcoLeaf Kitchen Towels		10x2roll	23.95	V	*3.83*	**911011**									
	Jumbo Ecoleaf Kitchen Towels		12x1roll	24.00	V	*3.20*	**911015**									
	❊ ***EcoLifestyle - food wraps***															
	Vegan Wrap on a roll 33x100cm - Avocado		1x1p	15.60	V	*25.00*	**912057**									
	Vegan Wax Refresher Block		1x1p	5.00	V	*8.00*	**912068**									
	❊ ***ecoLiving***															
	Bottle Brush - for narrow necks		1x1p	3.10	V	*5.09*	**912069**									
	Compostable Sponge Cloths - Rainbow 4 pack		18x4p	56.10	V	*5.12*	**912080**									
	Compostable Sponge Cloths - Wildlife Rescue 2 pack		14x4p	28.90	V	*3.39*	**912082**									
☆	Dust Pan & Brush with magnets - 33x22x7.5cm		1x1p	11.45	V	*18.84*	**912084**									
☆	Reusable Silicone Baking Liner - 30x40cm		1x1p	7.40	V	*12.16*	**912086**									
	Reusable Vegan Food Wraps		1x3p	7.75	V	*12.73*	**912087**									
	Rubber Gloves - natural latex - small		14x1pair	23.85	V	*2.80*	**912088**									
	Rubber Gloves - natural latex - medium		14x1pair	23.85	V	*2.80*	**912090**									
	Rubber Gloves - natural latex - large		14x1pair	23.85	V	*2.80*	**912092**									
	Rubber Gloves - natural latex - extra large		14x1pair	23.85	V	*2.80*	**912094**									
	❊ ***Essential Trading***															
	Soft & Strong Toilet Tissue		10x4roll	17.20	V	*2.76*	**910705**									
	❊ ***If You Care***															
☆	Aluminium Foil - 100% recycled - 10mx30cm		12x1	37.15	V	*5.46*	**820720**									
	Heavy Duty Aluminium Foil - 100% recycled - 7mx40cm		12x1	50.74	V	*7.57*	**820722**									
	Parchment Paper - unbleached - 19.8mx33cm		12x1	38.85	V	*5.80*	**820725**									
	Baking Sheets - pre-cut		12x24sheets	30.15	V	*4.44*	**820727**									
	Large Baking Cups - unbleached		24x60p	31.25	V	*2.30*	**820730**									
	Sub/Mini Baguette Sandwich Bags - Paper		12x30p	37.55	V	*5.69*	**820732**									
	Sandwich Bags - Paper		12x48p	36.90	V	*5.53*	**820734**									

▲ price rise ▼ fall ☆ size or other change

❊ new product ❒ on offer ◆ offer ended

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	No2 Unbleached Coffee Filter cone-style - small	12x100p	25.60	V	3.81	820735									
	No4 Unbleached Coffee Filter cone-style - large	12x100p	25.60	V	3.81	820737									
	72 Firelighters - non toxic wood & veg oil	12x72	43.40	V	6.45	820740									
	28 Firelighters - non toxic wood & veg oil	12x28	16.40	V	2.44	820742									
	Sponge Cloths - cellulose & cotton	12x5p	38.55	V	5.72	820743									
	❊ ***If You Care - bags made from potato starch - fully biodegradable***														
	Food Waste Bags - 43x39cm	12x30bgs	44.75	V	6.50	820745									
	Tall Kitchen Bags - 61x64.5cm	12x12bgs	43.50	V	6.39	820747									
	❊ ***La Droguerie Ecologique - vegan***														
	Nail Brush - Agave Wood - vegan	1x1p	2.10	V	3.36	820749									
	❊ ***One Green Bottle - Stainless steel containers and bamboo cutlery***														
	Black Sloop - silicone bottle carrier	1x1p	3.10	V	4.99	820773									
	Steel Cap - no handle	1x1p	3.75	V	6.00	820775									
	❊ ***Soumi Olive Wood***														
	Olive Wood Salad Fork & Spoon Server Set - 23cm	1x1p	6.60	V	10.56	820834									
	Olive Wood Spatula 25cm	1x1p	3.65	V	5.84	820835									
	Olive Wood Spoon 20cm	1x1p	3.30	V	5.28	820837									
	Olive Wood Spoon 30cm	1x1p	4.85	V	7.76	820838									
	Olive Wood Toasting Tong 30cm	1x1p	4.45	V	7.12	820839									
	Olive Wood Rectangular Soap Dish -12x8cm	1x1p	5.30	V	8.48	820836									
	❊ ***Suma Refuse Sacks - min 50% post-consumer***														
◆	Black Bin Liners - 50% recycled	12x8bgs	16.85	V	2.25	912005									
◆	Black Bin Liners - 50% recycled	1x200bgs	32.95	V	52.72	912010									
	❊ ***Symphony Environmental Co - www.d2w.net***														
	Black Dustbin Liners - 100% degradable plastic	24x10bgs	30.45	V	2.03	912030									

■ Household & Industrial Cleaning Products

❊ ***&Sisters Remüvie - see 'Toiletries' section***

❊ ***Bio-D - www.biodegradable.biz***

Please recycle locally or contact supplier directly.

	Dishwash Unwrapped Bars	6x90g	14.20	V	3.80	830500									
	Dishwash Wrapped Bars	20x90g	50.90	V	4.08	830508									
◆	Dishwasher Tablets - 30 tabs	8x360g	37.80	V	7.66	830502									
◆	Dishwasher Rinse Aid	12x750ml	27.45	V	3.68	830501									
◆	Washing Up Liquid	12x750ml	19.10	V	2.58	830507									
	Washing Up Liquid	1x5l	7.65	V	12.27	830510									
◆	Grapefruit Washing Up Liquid	12x750ml	20.40	V	2.76	830503									
	Grapefruit Washing Up Liquid	1x5l	9.10	V	14.60	830506									
◆	Mandarin Washing Up Liquid	12x750ml	20.40	V	2.76	830511									
	Mandarin Washing Up Liquid	1x5l	9.10	V	14.60	830512									
◆	Rhubarb Washing Up Liquid	12x750ml	20.45	V	2.76	830513									
	Rhubarb Washing Up Liquid	1x5l	9.15	V	14.68	830518									
	Concentrated Washing Powder	10x1kg	30.95	V	4.96	830555									
	Concentrated Washing Powder	8x2kg	47.55	V	9.51	830550									
	Concentrated Washing Powder	1x12.5kg	37.20	V	59.61	830560									
	Laundry & Stain Remover Unwrapped Bar	6x90g	14.20	V	3.80	830561									
	Laundry & Stain Remover Wrapped Bar	20x90g	50.90	V	4.08	830516									
	Laundry Bleach	12x400g	18.30	V	2.45	830517									
	Laundry Liquid - Fragrance Free	12x1l	45.20	V	6.03	830520									
	Laundry Liquid - Fragrance Free	1x5l	16.85	V	26.98	830525									
▲	Cotton Fresh Laundry Liquid - concentrated	12x1l	44.70	V	6.15	830526									
	Cotton Fresh Laundry Liquid - concentrated	1x5l	14.15	V	23.23	830527									
	Juniper Laundry Liquid	12x1l	48.30	V	6.49	830522									
	Juniper Laundry Liquid	1x5l	17.35	V	28.70	830523									
	Lavender Laundry Liquid	12x1l	48.30	V	6.49	830524									
	Lavender Laundry Liquid	1x5l	17.35	V	28.70	830528									
	Cotton Fresh Fabric Conditioner - concentrated	12x1l	33.80	V	4.65	830529									
	Cotton Fresh Fabric Conditioner - concentrated	1x5l	8.45	V	13.57	830521									
	Fabric Conditioner - Fragrance Free - concentrated	12x1l	26.30	V	3.51	830610									
	Fabric Conditioner - Fragrance Free - concentrated	1x5l	8.80	V	14.13	830615									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Juniper Fabric Conditioner - concentrated	12x1l	30.15 V		4.04	830620									
	Juniper Fabric Conditioner - concentrated	1x5l	10.05 V		16.30	830625									
	Lavender Fabric Conditioner - concentrated	12x1l	30.15 V		4.04	830630									
	Lavender Fabric Conditioner - concentrated	1x5l	10.05 V		16.30	830635									
◆	Concentrated Floor Cleaner	12x750ml	28.25 V		3.79	830531									
	Concentrated Floor Cleaner	1x5l	11.85 V		18.97	830534									
◆	Toilet Cleaner - with nozzle	12x750ml	20.80 V		2.77	830540									
	Toilet Cleaner	1x5l	8.30 V		13.28	830554									
◆	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40 V		2.85	830571									
	Toilet Cleaner Pine & Cedarwood	1x5l	8.25 V		13.20	830572									
◆	Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85 V		3.34	830568									
	All Purpose Sanitiser - Mandarin	1x5l	7.45 V		12.03	830569									
◆	Spray - All Purpose Sanitiser - Rhubarb	12x500ml	24.70 V		3.32	830574									
	All Purpose Sanitiser - Rhubarb	1x5l	7.35 V		11.87	830576									
◆	Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50 V		3.15	830542									
◆	Spray - Bathroom Cleaner	12x500ml	24.15 V		3.24	830553									
	Bathroom Cleaner	1x5l	7.20 V		11.63	830559									
	Spray - Bathroom Cleaner - Pine & Cedarwood	12x500ml	24.50 V		3.29	830573									
◆	Spray - Limescale Remover	12x500ml	28.50 V		3.83	830563									
	Limescale Remover	1x5l	13.55 V		21.88	830564									
◆	Multi-Surface Cleaner - concentrated	12x750ml	23.45 V		3.13	830544									
	Multi-Surface Cleaner - concentrated	1x5l	10.15 V		16.39	830556									
◆	Spray - Glass & Mirror Cleaner	12x500ml	24.50 V		3.30	830557									
	Refill - Glass & Mirror Cleaner	12x500ml	19.55 V		2.63	830558									
	Home & Garden Cleaner - disinfects	12x750ml	22.33 V		2.99	830552									
	Home & Garden Cleaner - disinfects	1x5l	8.50 V		13.64	830547									
	Furniture Polish - Tin	6x150g	32.50 V		8.67	830562									
	❊ ***Bio-D - refill***														
	Empty20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.														
	Carrier customers please contact brand directly or recycle locally.														
	The 20ltrs are W 230mm xH 325 xD 390mm														
	The 20ltrs use the same taps as the 15ltr they replaced														
	All Purpose Sanitiser - ready to use	20l	25.30 V	1.27		830591									
	Grapefruit Washing Up Liquid	20l	35.40 V	1.77		830592									
	Washing Up Liquid	20l	29.10 V	1.46		830596									
	Laundry Liquid - Fragrance Free	20l	54.00 V	2.70		830598									
	Lavender Laundry Liquid	20l	58.65 V	2.93		830599									
	Fabric Conditioner - Fragrance Free - concentrated	20l	32.25 V	1.61		830601									
	Lavender Fabric Conditioner - concentrated	20l	36.80 V	1.84		830603									
	Multi Surface Cleaner - concentrated	20l	39.15 V	1.96		830604									
	Toilet Cleaner	20l	31.90 V	1.60		830606									
	Home & Garden Cleaner - disinfects	20l	32.25 V	1.61		830608									
	20 litre Drum Tap	1x1	4.05 V			830565									
	5 litre Drum Pump	1x1	2.90 V			830566									
	20 litre Drum Pump	1x1	5.05 V			830567									
	❊ ***e-cloth***														
	General Purpose Cloth	1x1	2.90 V		5.91	832405									
	Four General Purpose Cloths	1x1	8.60 V		17.55	832410									
	Glass & Polishing Cloth	1x1	2.90 V		5.91	832415									
	Washing-up Pad	1x1	1.70 V		3.51	832449									
	❊ ***Ecoegg -***														
	Bamboo Towels - 20 sheets	12x1roll	80.25 V		11.46	832456									
	Detox Tablets - washing machine cleaner	12x6p	33.50 V		4.79	832457									
	Dryer Egg - Fragrance Free	6x1p	31.45 V		8.99	832459									
	Laundry Egg 70 Wash - Fragrance Free	5x1egg	31.25 V		10.00	832461									
	Laundry Egg 70 Wash - Fresh Linen	5x1egg	33.55 V		11.50	832458									
	Laundry Egg Refill 50 Wash - Fresh Linen	10x1p	33.75 V		5.79	832460									
	Laundry Egg 70 Wash - Spring Blossom	5x1egg	33.55 V		11.50	832463									
	Laundry Egg Refill 50 Wash - Spring Blossom	10x1p	33.55 V		5.75	832464									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9

❊ Ecoleaf - Vegan

Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Suma.
Carrier customers please contact brand directly or recycle locally.
Please recycle other sizes locally or contact supplier directly.

On offer are selected Ecoleaf cleaners, the pricing marked ❒ below represents a discount of 15%.

	Description	size	price	£/unit	RRP	code
❒	Bathroom Cleaner - green apple	1x5l	8.20 V		13.11	831396
	Bathroom Cleaner - trigger spray - lavender	12x750ml	27.80 V		3.70	831397
❒	Bathroom Cleaner - lavender	1x5l	8.45 V		13.51	831398
	Dishwasher Tablets 25	6x25tab	21.35 V		5.71	831400
	Dishwasher Tablets 70	5x70tab	44.05 V		14.17	831402
	Fabric Conditioner - Jasmine	6x1.5l	19.45 V		5.19	831406
❒	Fabric Conditioner - Jasmine	1x5l	7.25 V		11.59	831408
◆	Fabric Conditioner - Jasmine	20l	30.95 V	1.55		831414
❒	Hard Floor Cleaner - Rose & Oud	1x5l	10.75 V		17.19	831404
	Hard Floor Cleaner - Rose & Oud	12x750ml	27.80 V		3.70	831403
	Laundry Liquid - Jasmine	6x1.5l	29.70 V		7.92	831416
❒	Laundry Liquid - Jasmine	1x5l	12.70 V		20.31	831426
◆	Laundry Liquid - Jasmine	20l	51.90 V	2.60		831428
	Multi Surface Cleaner - antibac - citrus & petitgrain	12x750ml	27.80 V		3.70	831434
	Multi Surface Cleaner	20l	30.85 V	1.54		831421
	Multi Surface Cleaner - antibac - citrus & petitgrain	20l	30.85 V	1.54		831429
❒	Multi Surface Cleaner - antibac - citrus & petitgrain	1x5l	8.45 V		13.51	831431
◆	Washing Powder Concentrated - non bio	10kg	27.55 V	2.76		831424
◆	Washing Up Liquid - Citrus Fruit	6x1l	12.95 V		3.45	831425
❒	Washing Up Liquid - Citrus Fruit	1x5l	7.60 V		12.19	831427
	Washing Up Liquid - Citrus Fruit	20l	29.75 V	1.49		831430
◆	Toilet Cleaner - Fresh Green	6x750ml	9.85 V		2.63	831432
❒	Toilet Cleaner - Fresh Green	1x5l	6.90 V		11.03	831435
	Toilet Cleaner - Fresh Green	20l	30.25 V	1.51		831436
	20l Drum Tap	1x1p	4.25 V			831455

❊ Ecover - Zero range

Please recycle locally as not currently collected by supplier.
Ecover Careline - hello@ecover.com

On offer is Ecover Zero concentrated laundry liquid 5l, the pricing below represents a discount of 20%.

	Description	size	price	£/unit	RRP	code
▲	All in One Zero Dishwasher Tablets - small	12x24p	59.25 V		7.90	831604
	Concentrated Laundry Liquid - Zero	6x1.43l	43.25 V		11.53	831626
❒	Concentrated Laundry Liquid - Zero	1x5l	16.00 V		25.60	831608
	Delicate Laundry Liquid - Zero	6x1l	18.00 V		4.80	831627
	1.43l Fabric Softener - Zero	6x1.43l	19.20 V		5.12	831630
	Multi Surface Spray - Zero	6x500ml	11.15 V		2.97	831618
	Washing Powder Non Bio - Zero	3x1.875kg	21.85 V		11.65	831606
	Zero Washing Up Liquid	8x450ml	10.50 V		2.10	831603
	Wash Up Liquid - Zero	1x5l	10.55 V		16.88	831622
	Zero Washing Powder - sack	1x7.5kg	24.00 V		38.41	831610

❊ Ecover Cleaners

Please recycle locally as not currently collected by supplier.

On offer are selected Ecover cleaners, the pricing marked ❒ below represents a discount of 20%.

	Description	size	price	£/unit	RRP	code
	All-Purpose Cleaner - Lemongrass & Ginger	6x1l	12.40 V		3.31	831628
❒	All-Purpose Cleaner - Lemongrass & Ginger	5l	6.30 V	1.26		832030
	Bathroom Cleaner - Mint & Cucumber	6x500ml	10.10 V		2.69	832059
	Floor Soap	6x1l	13.30 V		3.55	832020
	Floor Soap	5l	10.70 V	2.14		832025
	Limescale Remover Spray - Berries & Basil	6x500ml	14.20 V		3.79	832094
	Multi Action Spray - Lemongrass & Orange	6x500ml	10.10 V		2.69	832095
	Oven & Hob Cleaner - Jasmine & Mandarin	6x500ml	14.95 V		3.99	832098
	Toilet Cleaner Sea Breeze & Sage	6x750ml	9.45 V		2.52	832028
	Toilet Cleaner Pine & Mint	6x750ml	9.45 V		2.52	832031
❒	Toilet Cleaner Pine & Mint	5l	7.45 V	1.49		832039
	Window & Glass Cleaner Spray - Green Tea & Grapefruit	6x500ml	14.95 V		3.99	832099

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9

❊ Ecover Laundry

Please recycle locally as not currently collected by supplier.

*New and on offer from Ecover is **Concentrated Colour Laundry liquid - Apple Blossom & Freesia**. This non biological laundry liquid is formulated to fight stains, revive colours and remove bobbles from cotton fibres. There is also a dye inhibitor to prevent colours running. The pricing marked ❒ below represents a discount of 20%.*

	Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	45.80 V		*9.16*	**832001**
	Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	80.50 V		*16.10*	**832003**
	Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	45.80 V		*9.16*	**832004**
	Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	80.50 V		*16.10*	**832006**
	Bio Conc Laundry Liquid - Honeysuckle & Jasmine	6x1.43l	43.25 V		*11.53*	**832022**
❒	Bio Concentrated Laundry Liquid	1x5l	16.00 V		*25.60*	**832007**
❒	Conc Colour Laundry Liquid - Apple Blossom & Freesia Non-Bio - New	6x1.43l	34.60 V		*9.23*	**832055**
	Concentrated Laundry Liquid - 28 washes	6x1l	31.35 V		*8.36*	**832023**
	Conc Laundry Liquid - Lavender & Sandalwood Non-Bio	6x1.43l	43.25 V		*11.53*	**832053**
❒	Concentrated Laundry Liquid - lavender & sandalwood	1x5l	16.00 V		*25.60*	**832014**
	Laundry Liquid - plastic container	1x5l	12.90 V		*20.64*	**832021**
	Biological Washing Powder + bleach & fragrance	6x750g	20.35 V		*5.43*	**832040**
	Large Non-Bio W/Pdr + bleach & fragrance	4x3kg	43.45 V		*17.38*	**832049**
	Medium Non-Bio W/Pdr + bleach & fragrance	3x1.87kg	21.05 V		*11.23*	**832050**
	Small Non-Bio W/Pdr + bleach & fragrance	6x750g	18.90 V		*5.04*	**832046**
	Delicate	6x750ml	18.90 V		*5.04*	**832042**
	Delicate	5l	14.55 V	2.91		**832032**
	750ml Fabric Softener - Gardenia & Vanilla	6x750ml	9.05 V		*2.41*	**832043**
	1.43l Fabric Softener - Gardenia & Vanilla	6x1.43l	19.20 V		*5.12*	**832054**
	750ml Fabric Softener - Apple Blossom & Almond	6x750ml	9.05 V		*2.41*	**832048**
	1.43l Fabric Softener - Apple Blossom & Almond	6x1.43l	19.20 V		*5.12*	**832056**
❒	Fabric Softener - Apple Blossom & Almond	1x5l	6.70 V		*10.72*	**832084**
	Laundry Bleach	6x400g	7.85 V		*2.09*	**832085**
	Stain Remover	9x200ml	18.45 V		*3.39*	**832057**

❊ Ecover Washing up

Please recycle locally as not currently collected by supplier.

▲	All in One Dishwasher Tablets - small	12x24p	59.25 V		*7.90*	**831981**
▲	All in One Dishwasher Tablets - large	4x72p	52.65 V		*21.07*	**831982**
▲	Power All in One Dishwasher Tablets - small	12x24p	67.15 V		*8.95*	**831983**
▲	Power All in One Dishwasher Tablets - large	4x72p	57.90 V		*23.18*	**831984**
	Classic Dishwash Tablets - large	5x70x20g	52.95 V		*16.94*	**832002**
	Classic Dishwash Tablets - small	6x25x20g	27.25 V		*7.27*	**832005**
	Dishwash Rinse Aid	8x450ml	18.90 V		*3.78*	**832010**
	Wash Up Liquid - Chamomile & Clementine	8x450ml	10.55 V		*2.11*	**832121**
	Wash Up Liquid - Chamomile & Clementine	8x950ml	19.05 V		*3.81*	**832116**
	Wash Up Liquid - Chamomile & Clementine	1x5l	10.55 V		*16.88*	**832110**
	Wash Up Liquid - Lemon & Aloe Vera	8x450ml	10.50 V		*2.10*	**832129**
	Wash Up Liquid - Lemon & Aloe Vera	8x950ml	19.05 V		*3.81*	**832126**
	5l Wash Up Liquid - Lemon & Aloe Vera - plastic container	1x5l	10.55 V		*16.88*	**832124**

❊ Ecover Bag-in-Box Refill Station

Ecover Careline - hello@ecover.com

On offer are selected Ecover 15l refills, the pricing marked ❒ below represents a discount of 20%.

	All-Purpose Cleaner - Lemongrass & Ginger	15l	25.90 V	1.73		**832160**
❒	Fabric Softener - Apple Blossom & Almond	15l	18.05 V	1.20		**832166**
	Wash Up Liquid - Lemon & Aloe Vera	15l	27.05 V	1.80		**832170**
	Wash Up Liquid - Chamomile & Clementine	15l	27.05 V	1.80		**832175**
	Bio Concentrated Laundry Liquid	15l	61.15 V	4.08		**832178**
	Non Bio Concentrated Zero Laundry Liquid	15l	61.15 V	4.08		**832183**
❒	Non Bio Concentrated Laundry Liquid	15l	48.95 V	3.26		**832179**
	Tap Dispenser for 15l bag-in-box - NON TRADE!	1x1	2.70 V			**832185**
	30ml Dosing Pump for 5 litre Tub	1x1	3.80 V			**832188**

Please note that this tap is not for retail use. Retailers operating a bag-in-box refill station should still contact the Ecover email above to get the superior and free tap/drip tray/stand solution!

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Faith in Nature***															
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.															
	Carrier customers please contact brand directly or recycle locally.															
	Concentrated Laundry Liquid - Aloe Vera & Rosemary		5l	18.70 V	3.74		**832472**									
	Concentrated Washing Up Liquid - Lemon Fragrance		5l	18.70 V	3.74		**832477**									
	❊ ***Friendly Soaps - vegan, palm oil free, plastic free***															
	Kitchen Bar - lemon & lime		6x95g	9.95 V		*2.96*	**832385**									
	Laundry Powder - non bio		6x1.75kg	30.00 V		*8.93*	**832389**									
	❊ ***Greenfrog - soapnut based ecological cleaners***															
	Laundry pouches - cotton		1x10p	5.85 V		*9.86*	**832702**									
	❊ ***La Corvette Marseille - organic soap***															
	Savon De Marseille Olive Dishwashing Soap	*organic*	20x200g	79.70 V		*6.38*	**832720**									
	Savon De Marseille Olive Soap Flakes	*organic*	6x750g	55.90 V		*14.91*	**832722**									
	❊ ***La Droguerie Ecologique - vegan cleaning separates***															
	Bicarbonate of Soda		8x1kg	24.50 V		*4.90*	**832730**									
	Bicarbonate of Soda		4x2.5kg	26.40 V		*10.56*	**832726**									
	Bicarbonate of Soda		10kg	25.15 V	2.52		**832728**									
	Bicarbonate of Soda - food grade		10kg	29.30 V	2.93		**832729**									
	Citric Acid		8x1kg	54.25 V		*10.85*	**832734**									
	Copper Scourer for pots & pans		1x1p	2.00 V		*3.20*	**832735**									
	Dishwashing Powder	*Ecocert*	8x1kg	61.10 V		*12.22*	**832736**									
	Olive Oil Liquid Soap - Concentrated	*organic*	15l	79.30 V	5.29		**855124**									
	Percarbonate of Soda - solid hydrogen peroxide		8x1kg	36.15 V		*7.23*	**832738**									
	Soap Flakes		7x1kg	61.75 V		*14.11*	**832742**									
	White Alcohol Vinegar - food grade	*organic*	12x1l	23.80		*2.64*	**832746**									
	White Alcohol Vinegar - food grade	*organic*	15l	29.25	1.95		**832750**									
	Nut Shell Sponge Scourers		1x2p	2.05 V		*3.28*	**832760**									
	Wooden Dish Brush with agave bristles		10x1p	20.65 V		*3.30*	**832770**									
	Wooden Dish Brush replacement head		10x1p	13.20 V		*2.11*	**832772**									
	Wooden Pots & Pans Scrubbing Brush		15x1p	35.80 V		*3.82*	**832774**									
	❊ ***LoofCo***															
	Back Scrubber 30cm loofah with cotton handles		4x34g	12.35 V		*4.94*	**833040**									
▲	Bath-Time Heart loofah		8x20g	18.75 V		*3.75*	**833046**									
▲	Bath-Time Smile loofah		8x19g	18.75 V		*3.75*	**833041**									
	Bathroom Cleaning Pad		6x24g	14.80 V		*3.95*	**833042**									
▲	Bottle Brush - 26cm		6x36g	14.05 V		*3.75*	**833047**									
▲	Water Bottle Brush - 34cm		6x66g	15.95 V		*4.25*	**833043**									
▲	Body Loofah		8x20g	17.50 V		*3.50*	**833050**									
	Cleansing Mitt made from cotton		8x1p	18.75 V		*3.75*	**833063**									
	Cleaning Pad made from loofah		6x20g	10.85 V		*2.89*	**833048**									
	Cleaning Pad 2 pack made from loofah		6x24g	18.55 V		*4.95*	**833044**									
	Gardeners Brush coir with wooden handle		4x111g	13.75 V		*5.50*	**833049**									
	Kitchen Cloth 2 pack cotton		6x61g	14.80 V		*3.95*	**833057**									
	Root Vegetable Scrubber made from loofah		6x20g	10.80 V		*2.88*	**833051**									
▲	Soap Rest made from loofah		8x10g	11.45 V		*2.29*	**833058**									
	Washing-Up Pad made from loofah		8x20g	14.45 V		*2.89*	**833052**									
	Washing-Up Slim Pad 4pk made from loofah		5x4p	15.45 V		*4.94*	**833064**									
	Mini Washing-Up Pad 2 pack made from loofah		6x11g	10.85 V		*2.89*	**833060**									
▲	Washing-Up Brush made from coir fibre		6x40g	10.85 V		*2.89*	**833054**									
▲	Coir Washing-Up Brush with wood handle		6x36g	14.05 V		*3.75*	**833055**									
▲	Washing-Up Scraper made from coconut husk		6x25g	12.00 V		*3.20*	**833056**									
	Washing-Up Soap - fragrance free		6x100g	12.15 V		*3.24*	**833061**									
	Washing-Up Soap - Lime		6x100g	12.15 V		*3.24*	**833062**									
	❊ ***Miniml - household cleaning***															
◆	Anti-Bac Surface Cleaner French Lavender		6x750ml	12.25 V		*3.50*	**850105**									
◆	Anti-Bac Surface Cleaner French Lavender		5l	9.00 V	1.80		**850106**									
◆	Multi-Surface Cleaner - Blood Orange		6x750ml	12.25 V		*3.50*	**850108**									
◆	Multi-Surface Cleaner - Blood Orange		5l	9.00 V	1.80		**850109**									
◆	Dishwasher Rinse Aid - Unscented		6x750ml	12.25 V		*3.50*	**850111**									
◆	Dishwasher Rinse Aid - Unscented		5l	11.60 V	2.32		**850112**									
◆	Toilet Cleaner Spearmint & Peppermint		6x1l	12.25 V		*3.50*	**850113**									
◆	Toilet Cleaner Spearmint & Peppermint		5l	9.00 V	1.80		**850114**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆	Washing Up Liquid - Rhubarb & Lemon	6x500ml	12.25 V		3.50	850115									
◆	Washing Up Liquid - Rhubarb & Lemon - refill pouch	6x1l	13.95 V		3.99	850116									
◆	Washing Up Liquid - Rhubarb & Lemon	5l	8.35 V	1.67		850117									
◆	Washing Up Liquid - Apple Orchard	6x500ml	12.25 V		3.50	850118									
◆	Washing Up Liquid - Apple Orchard	5l	8.35 V	1.67		850119									
◆	White Vinegar Spray - unscented	6x750ml	10.50		2.50	850120									
◆	White Vinegar - unscented	5l	5.75	1.15		850121									
	❊ ***Miniml - laundry***														
◆	Fabric Conditioner - Fresh Linen	6x1l	20.80 V		5.94	850126									
◆	Fabric Conditioner - Fresh Linen	5l	8.40 V	1.68		850127									
◆	Laundry Liquid Non-Bio Fresh Linen	6x1l	22.70 V		6.49	850128									
◆	Laundry Liquid Non-Bio Fresh Linen - refill pouch	6x1l	19.75 V		5.64	850129									
◆	Laundry Liquid Non-Bio Fresh Linen	5l	12.50 V	2.50		850130									
	❊ ***Simple Living Eco - cleaning sheets***														
	Laundry Detergent Sheet - Coconut - 32 sheets	10x85g	47.70 V		8.54	833071									
	Laundry Detergent Sheet - Spring Fresh - 32 sheets	10x85g	47.70 V		8.54	833075									
	Laundry Detergent Sheet - No Fragrance - 32 sheets	10x85g	47.70 V		8.54	833078									
	Multi Purpose Cleaner Sheet - Lemon Fresh - 30 sheets	8x85g	49.00 V		10.01	833080									
	Ultra-conc Multi Cleaner - Citrus Passion	12x30ml	24.30 V		3.31	833076									
	Ultra-conc Multi Cleaner - Sunshine Squeeze	12x30ml	24.30 V		3.31	833077									
	Ultra-conc Multi Cleaner - Unscented	12x30ml	24.30 V		3.31	833079									

■ Toiletries & Natural Remedies

❊ ***Aqua Oleum Oils - see "Aromatherapy" section***

❊ ***Beaming Baby baby range - see "Baby Products" section***

❊ ***&Sisters by Mooncup***

	Naked Tampons - Medium *organic*	24x16	57.90		3.60	858506									
	Naked Tampons - Heavy *organic*	24x14	57.90		3.60	858507									
	Remüvie - intimate stain remover	12x350ml	46.70 V		6.95	858515									
	❊ ***Absolute Aromas***														
	Goodnight Epsom Bath Salts - Pouch	1x1kg	5.00 V		9.00	857950									
	Goodnight Epsom Bath Salts - PET	1x575g	3.35 V		6.00	857952									
	Mobility Epsom Bath Salts - Pouch	1x1kg	5.00 V		9.00	857954									
	Mobility Epsom Bath Salts - PET	1x575g	3.35 V		6.00	857956									
	Relaxation Epsom Bath Salts - Pouch	1x1kg	5.00 V		9.00	857958									
	Relaxation Epsom Bath Salts - PET	1x575g	3.35 V		6.00	857960									
	❊ ***Alter/Native -Boxed vegan coconut/olive soap bars - by Suma***														
	Soap containers now in the Household Goods section.														
◆	Coconut Milk & Ylang Ylang - boxed soap	6x95g	11.80 V		3.15	859142									
◆	Cinnamon & Orange - boxed soap	6x95g	11.80 V		3.15	859143									
◆	Grapefruit & Mandarin - boxed soap	6x95g	11.80 V		3.15	859145									
◆	Lemongrass & Chamomile - boxed soap	6x95g	11.80 V		3.15	859144									
◆	Patchouli & Hemp - boxed soap	6x95g	11.80 V		3.15	859146									
◆	Rose & Geranium - boxed soap	6x95g	11.80 V		3.15	859148									
◆	Tea Tree & Eucalyptus - boxed soap	6x95g	11.80 V		3.15	859149									
	❊ ***Alter/Native - round glycerine vegan soaps - by Suma***														
	Grapefruit & Aloe Vera Glycerine Soap	12x90g	16.20 V		2.16	859160									
	Hemp Oil & Vitamin E Glycerine Soap	12x90g	16.20 V		2.16	859162									
	Rose & Geranium Glycerine Soap	12x90g	16.20 V		2.16	859164									
	White Lavender Glycerine Soap	12x90g	16.20 V		2.16	859166									
	❊ ***Alter/Native - rectangular glycerine vegan soap bars - by Suma***														
	Coffee & Cedarwood Glycerine Soap	6x90g	11.80 V		3.15	859168									
	Hemp & Jasmine Musk Glycerine Soap	6x90g	11.80 V		3.15	859170									
	Coconut & Argan Glycerine Soap	6x90g	11.80 V		3.15	859172									
	Lavender & Geranium Glycerine Soap	6x90g	11.80 V		3.15	859174									
	Patchouli & Sandalwood Glycerine Soap	6x90g	11.80 V		3.15	859176									
	Pink Grapefruit & Aloe Glycerine Soap	6x90g	11.80 V		3.15	859179									
	Rose & Geranium Glycerine Soap	6x90g	11.80 V		3.15	859181									
	Tea Tree & Aloe Glycerine Soap	6x90g	11.80 V		3.15	859184									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Alter/Native - Skincare vegan soap bars - by Suma***														
	Ayurvedic Soap Bar	6x95g	12.15 V		*3.24*	**861540**									
	Activated Charcoal Detox Soap Bar	6x95g	12.15 V		*3.24*	**861542**									
	Coffee & Cedarwood Shaving Soap Bar	6x95g	12.15 V		*3.24*	**861544**									
	❊ ***Alter/Native - glycerine vegan shampoo and conditioner bars - by Suma***														
	On offer are selected Alter/Native shampoo bars, the pricing marked ❒ below represents a discount of 20%.														
	Coconut & Argan Oil Glycerine Shampoo Bar	6x90g	15.60 V		*4.16*	**859178**									
❒	Lavender & Geranium Shampoo Bar	6x95g	9.70 V		*2.59*	**859153**									
	Lavender & Geranium Conditioner Bar	6x90g	25.50 V		*6.81*	**859154**									
	Patchouli & Sandalwood Glycerine Shampoo Bar	6x90g	15.60 V		*4.16*	**859156**									
	Patchouli & Sandalwood Conditioner Bar	6x90g	25.50 V		*6.80*	**859157**									
❒	Rose & Geranium Shampoo Bar	6x95g	9.70 V		*2.59*	**859158**									
	Rose & Geranium Conditioner Bar	6x90g	25.50 V		*6.80*	**859159**									
	❊ ***Alter/Native - vegan bodywash liquid - by Suma***														
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma.														
	Carrier customers please contact brand directly or recycle locally.														
	Please recycle 5ltr containers locally.														
	Tea Tree & Aloe Vera Bodywash	20l	99.00 V	4.95		**850150**									
◆	Tea Tree & Aloe Vera Bodywash	1x5l	27.50 V		*44.00*	**850154**									
	Tea Tree & Aloe Vera Bodywash	6x400ml	22.45 V		*5.99*	**850158**									
	Coconut & Argan Oil Bodywash	20l	99.00 V	4.95		**850160**									
◆	Coconut & Argan Oil Bodywash	1x5l	27.50 V		*44.00*	**850162**									
	Coconut & Argan Oil Bodywash	6x400ml	22.45 V		*5.99*	**850164**									
	❊ ***Alter/Native - vegan shampoo and conditioner liquid - by Suma***														
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma.														
	Carrier customers please contact brand directly or recycle locally.														
	Please recycle 5ltr containers locally.														
	On offer are Alter/Native 400ml shampoo & conditioners, the pricing marked ❒ below represents a discount of 20%.														
	Tea Tree & Aloe Vera Shampoo - normal/oily hair	20l	99.00 V	4.95		**850168**									
	Tea Tree & Aloe Vera Shampoo - normal/oily hair	1x5l	27.50 V		*44.00*	**850170**									
❒	Tea Tree & Aloe Vera Shampoo - normal/oily hair	6x400ml	17.95 V		*4.79*	**850172**									
	Tea Tree & Aloe Vera Conditioner - normal/oily hair	20l	99.00 V	4.95		**850174**									
	Tea Tree & Aloe Vera Conditioner - normal/oily hair	1x5l	27.50 V		*44.00*	**850176**									
❒	Tea Tree & Aloe Vera Conditioner - normal/oily hair	6x400ml	17.95 V		*4.79*	**850180**									
	Coconut & Argan Oil Shampoo - normal/dry hair	20l	99.00 V	4.95		**850185**									
	Coconut & Argan Oil Shampoo - normal/dry hair	1x5l	27.50 V		*44.00*	**850186**									
❒	Coconut & Argan Oil Shampoo - normal/dry hair	6x400ml	17.95 V		*4.79*	**850188**									
◆	Coconut & Argan Oil Conditioner - normal/dry hair	20l	99.00 V	4.95		**850190**									
	Coconut & Argan Oil Conditioner - normal/dry hair	1x5l	27.50 V		*44.00*	**850192**									
❒	Coconut & Argan Oil Conditioner - normal/dry hair	6x400ml	17.95 V		*4.79*	**850194**									
	❊ ***Anaé Wooden Hair Brushes - FSC Certified***														
	Beech Wood Hair Brush - rounded wooden pins	3x1p	31.55 V		*16.83*	**859347**									
	Wood Comb with Fine & Coarse teeth	5x1p	46.60 V		*14.91*	**859348**									
	Pear Wood Soft Brush - Agave Bristles	3x1p	33.80 V		*18.03*	**859349**									
	❊ ***Anaé organic cotton washable sanitary towels***														
	No VAT should be charged to end user.														
	Heavy Flow Cotton Washable Sanitary Towels - Flower *organic*	5x2 pack	62.60		*17.89*	**859350**									
	Medium Flow Cotton Washable Sanitary Towels - Circles *organic*	5x2 pack	60.60		*17.31*	**859354**									
	Light Flow Cotton Washable Sanitary Towels - Hibiscus *organic*	5x2 pack	59.25		*16.93*	**859358**									
	❊ ***Balmonds - bodycare - previously Pure Potions***														
	Buy any case of skin salvation and receive pack of samples FOC by quoting this code:-														
	Skin Salvation Free 5ml Samples - retail only	6p		0.00		**857966**									
	Skin Salvation 30ml	6x30ml	30.05 V		*8.97*	**857970**									
	Skin Salvation 50ml	6x50ml	50.35 V		*15.00*	**857971**									
	Skin Salvation 120ml	6x120ml	73.80 V		*22.00*	**857977**									
	Bath & Body Oil - single	1x200ml	8.40 V		*15.00*	**857980**									
	Omega Rich Cleansing Oil - single	1x125ml	8.95 V		*16.00*	**857988**									
	Gentle Facial Wash	1x125ml	8.95 V		*16.00*	**857989**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Intensive Facial Oil - single		1x30ml	13.95 V		25.00	857986									
	Scalp Oil - single		1x50ml	8.95 V		16.00	857990									
	Shampoo & Body Wash single		1x200ml	12.30 V		22.00	857991									
	Rosehip Scar Oil - single		1x50ml	11.15 V		20.00	857992									
	Super 7 Serum		1x30ml	11.15 V		20.00	857993									
	Daily Moisturising Cream - single		1x100ml	8.95 V		16.00	857995									
	Intensive Hand Cream - single		1x50ml	6.70 V		12.00	857997									
	❊ ***Ben & Anna - organic vegan natural soda deodorants***															
	On offer are Ben & Anna organic deodorants, the pricing below represents a discount of 20%.															
❒	Deocreme - Green Balance - poly potato sphere	*organic*	1x40g	3.95 V		7.03	859208									
❒	Deocreme - Love Me - poly potato sphere	*organic*	1x40g	3.95 V		7.03	859209									
❒	Cocoa Mania Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859191									
❒	Green Fusion Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859193									
❒	Mint Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859195									
❒	Persian Lime Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859197									
❒	Pink Grapefruit Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859206									
❒	Urban Black Deodorant - paper tube	*organic*	1x40g	3.30 V		5.88	859207									
	❊ ***Ben & Anna - vegan bodycare***															
	Almond Oil Daily Hand Cream	*organic*	1x30ml	2.75 V		4.95	859188									
	Avocado Oil Intensive Hand Cream	*organic*	1x30ml	2.75 V		4.95	859189									
◆	Bathsalts - Cornflour		1x300g	4.40 V		7.92	859586									
◆	Bathsalts - Lavender		1x300g	4.40 V		7.92	859587									
◆	Bathsalts - Rose		1x300g	4.40 V		7.92	859589									
	Lip Balm Pure	*organic*	8x6g	22.00 V		4.95	859211									
	Lip Balm Raspberry	*organic*	8x6g	22.00 V		4.95	859212									
	Lip Balm Strawberry	*organic*	8x6g	22.00 V		4.95	859213									
	Lemongrass Shampoo Bar	*organic*	1x60g	3.85 V		6.90	859199									
	Oriental Magic Shower & Shampoo Bar	*organic*	1x60g	3.85 V		6.90	859201									
	Very Berry Conditioner Bar	*organic*	1x60g	3.85 V		6.90	859203									
	Elmwood Shower Shampoo Bar	*organic*	1x60g	3.85 V		6.90	859204									
	Sunrise Hand Cloud Soap tablets	*organic*	1x55g	5.50 V		9.90	858534									
	Shower Flake Canister	*organic*	1x85g	4.95 V		8.91	858536									
◆	Shower Gel - Berry Infusion - alu bottle		1x250ml	3.85 V		6.94	859590									
◆	Shower Gel - Blue Lagoon - alu bottle		1x250ml	3.85 V		6.94	859591									
◆	Shower Gel - Magnolia Breeze - alu bottle		1x250ml	3.85 V		6.94	859592									
	Blue Basil Shower Gel Flakes	*organic*	1x2x20g	3.30 V		5.94	858538									
	Sweet Floral Shower Gel Flakes	*organic*	1x2x20g	3.30 V		5.94	858542									
	❊ ***BetterYou***															
▲	Magnesium Oil Original Body Spray		6x100ml	47.40 V		14.98	858580									
▲	Magnesium Sleep Body Spray		6x100ml	47.40 V		14.98	858582									
▲	Magnesium Menopause Body Spray		6x100ml	47.40 V		14.98	858581									
	Magnesium Flakes		6x1kg	34.60 V		10.95	858584									
	Magnesium Flakes Sleep		6x1kg	34.60 V		10.95	858586									
	Magnesium Flakes Muscle		6x1kg	34.60 V		10.95	858587									
	Magnesium Flakes Menopause		6x750g	22.15 V		7.01	858589									
	Magnesium Flakes Relax		6x750g	26.70 V		8.45	858588									
	❊ ***Bio-D - Vegan - BUAV approved***															
	Empty 20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.															
	Carrier customers please contact brand directly or recycle locally.															
	Please recycle other sizes locally or contact supplier directly.															
	Cleansing Hand Wash Fragrance Free		6x500ml	15.25 V		4.52	859495									
	Cleansing Hand Wash Fragrance Free		1x5l	11.10 V		19.53	859493									
	Cleansing Hand Wash Fragrance Free		20l	43.10 V	2.16		859501									
	Cleansing Hand Wash Geranium & Grapefruit		6x500ml	16.20 V		4.75	859496									
	Cleansing Hand Wash Geranium & Grapefruit		1x5l	13.20 V		23.23	859494									
	Cleansing Hand Wash Geranium & Grapefruit		20l	51.15 V	2.56		859492									
	Cleansing Hand Wash Lime & Aloe Vera		6x500ml	16.20 V		4.75	859497									
	Cleansing Hand Wash Lime & Aloe Vera		20l	51.15 V	2.56		859504									
	Cleansing Hand Wash Lime & Aloe Vera		1x5l	13.20 V		23.23	859498									
	Cleansing Hand Wash Plum & Mulberry		6x500ml	16.20 V		4.75	859512									
	Cleansing Hand Wash Plum & Mulberry		1x5l	13.20 V		23.23	859513									
	Cleansing Hand Wash Rhubarb		6x500ml	16.25 V		4.77	859517									
	Cleansing Hand Wash Rhubarb		1x5l	13.15 V		23.14	859519									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Lime & Aloe Vera Naked Soap Bar		6x90g	9.85 V		2.74	859506									
	Lime & Aloe Vera Boxed Soap Bar		20x90g	36.05 V		3.00	859507									
	Mandarin Naked Soap Bar		6x90g	9.85 V		2.74	859508									
	Mandarin Boxed Soap Bar		20x90g	36.05 V		3.00	859509									
	Plum & Mulberry Naked Soap Bar		6x90g	9.85 V		2.74	859511									
	Plum & Mulberry Boxed Soap Bar		20x90g	36.05 V		3.00	859515									
	❊ ***Dr Bronner's - lip balm - beeswax***															
▲	Cherry Blossom Lip Balm	*organic*	12x4g	32.50 V		4.64	851239									
▲	Lemon Lime Lip Balm	*organic*	12x4g	32.50 V		4.64	851240									
▲	Baby Mild Lip Balm	*organic*	12x4g	32.50 V		4.64	851242									
▲	Orange Ginger Lip Balm	*organic*	12x4g	32.50 V		4.64	851243									
▲	Peppermint Lip Balm	*organic*	12x4g	32.50 V		4.64	851245									
	❊ ***Dr Bronner's - Magic Soaps - bars - vegan***															
	Almond Soap Bar	*organic*	12x140g	45.45 V		6.49	851090									
	Baby-Mild Unscented Soap Bar	*organic*	12x140g	45.45 V		6.49	851092									
	Citrus Soap Bar	*organic*	12x140g	45.45 V		6.49	851095									
	Cherry Blossom Soap Bar	*organic*	12x140g	45.45 V		6.49	851093									
	Lavender Soap Bar	*organic*	12x140g	45.45 V		6.49	851100									
	Peppermint Soap Bar	*organic*	12x140g	45.45 V		6.49	851101									
	Rose Soap Bar	*organic*	12x140g	45.45 V		6.49	851102									
	Tea Tree Soap Bar	*organic*	12x140g	45.45 V		6.49	851097									
	❊ ***Dr Bronner's - hand sanitiser***															
▲	Lavender Hand Hygiene Spray	*organic*	12x60ml	45.85 V		6.49	851096									
▲	Peppermint Hand Hygiene Spray	*organic*	12x60ml	45.85 V		6.49	851094									
	❊ ***Dr Bronner's - Magic Soaps - liquid - vegan***															
	Almond Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851070									
◆	Almond Liquid Soap (1/2 case)	*organic*	6x475ml	54.30 V		15.49	851072									
	Almond Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851130									
	Baby Mild Unscented Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851020									
◆	Baby Mild Liquid Unscented Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851022									
	Baby Mild Unscented Liquid Soap - single	*organic*	1x945ml	14.60 V		24.99	851023									
	Baby Mild Unscented Liquid Soap - single	*organic*	3.79l	46.70 V	12.32		851025									
	Cherry Blossom Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851056									
◆	Cherry Blossom Liquid Soap (1/2 case)	*organic*	6x475ml	54.30 V		15.49	851058									
	Cherry Blossom Liquid Soap - single	*organic*	1x945ml	14.60 V		24.99	851059									
	Citrus-Orange Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851073									
◆	Citrus-Orange Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851074									
	Citrus-Orange Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851131									
	Eucalyptus Liquid Soap (1/4 case)	*organic*	6x236ml	35.00 V		9.99	851078									
◆	Eucalyptus Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851079									
	Eucalyptus Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851132									
	Lavender Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851075									
◆	Lavender Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851077									
	Lavender Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851133									
	Peppermint Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851080									
◆	Peppermint Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851082									
	Peppermint Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851134									
	Rose Liquid Soap (1/4 case)	*organic*	6x240ml	35.00 V		9.99	851085									
◆	Rose Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851087									
	Rose Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851135									
	Tea Tree Liquid Soap (1/4 case)	*organic*	6x236ml	35.00 V		9.99	851088									
◆	Tea Tree Liquid Soap (1/2 case)	*organic*	6x473ml	54.30 V		15.49	851089									
	Tea Tree Liquid Soap - single	*organic*	1x946ml	14.60 V		24.99	851136									
	❊ ***Earth Conscious Baby range - see "Baby" section***															
	❊ ***Earth Conscious - natural deodorants***															
	Grapefruit & Lemon Deodorant Tin - vegan		6x60g	26.85 V		7.99	851001									
	Indian Bay & Orange Strong Deodorant - Tin		6x60g	26.85 V		7.99	851002									
	Jasmine & Rose Deodorant Tin - vegan		6x60g	26.85 V		7.99	851003									
	Lemon & Rosemary Deodorant Tin - vegan		6x60g	26.85 V		7.99	851004									
	Lavender & Tea Tree Deodorant Tin - vegan		6x60g	26.85 V		7.99	851005									
	Peppermint & Spearmint Strong Deodorant Tin - vegan		6x60g	26.85 V		7.99	851006									
	Pure Unscented Deodorant Tin - vegan		6x60g	26.85 V		7.99	851007									
	Delicate Formula Deodorant Tin - Unscented - vegan		6x60g	33.60 V		10.00	851043									
	Delicate Formula Deodorant Tin - Lavender & Tea Tree - vegan		6x60g	33.60 V		10.00	851045									

▲ price rise ▼ fall
❊ new product ❒ on offer

☆ size or other change
◆ offer ended

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Deodorant Stick Grapefruit & Lemon - vegan	6x60g	26.85 V		7.99	851016									
	Deodorant Stick Indian Bay Strong - vegan	6x60g	26.85 V		7.99	851026									
	Deodorant Stick Jasmine & Rose - vegan	6x60g	26.85 V		7.99	851017									
	Deodorant Stick Lavender & Tea Tree - vegan	6x60g	26.85 V		7.99	851019									
	Deodorant Stick Lemon & Rosemary - vegan	6x60g	26.85 V		7.99	851021									
	Peppermint & Spearmint Strong Deodorant Stick - vegan	6x60g	26.85 V		7.99	851018									
	Deodorant Stick Pure Unscented - vegan	6x60g	26.85 V		7.99	851024									
	❊ ***Earth Conscious - Bare Bar natural deodorants FairTrade***														
	Bare Bar Travel Tin	6x22g	10.00 V		2.98	851047									
	Bare Bar Deodorant - Grapefruit & Lemon - vegan	6x90g	33.60 V		10.00	851029									
	Bare Bar Deodorant - Jasmine & Rose - vegan	6x90g	33.60 V		10.00	851031									
	Bare Bar Deodorant - Lavender & Tea Tree - vegan	6x90g	33.60 V		10.00	851032									
	Bare Bar Deodorant - Lemon & Rosemary - vegan	6x90g	33.60 V		10.00	851033									
	Bare Bar Deodorant - Unscented - vegan	6x90g	33.60 V		10.00	851034									
	❊ ***Ecoleaf - vegan***														
	Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma.														
	Carrier customers please contact brand directly or recycle locally.														
	Please recycle other sizes locally or contact supplier directly.														
	On offer is Ecoleaf 5l Liquid Hand Soap - Grapefruit & Mandarin, the pricing marked ❒ below represents a discount of 15%.														
◆	Liquid Hand Soap - Grapefruit & Mandarin	6x500ml	16.25 V		4.33	851035									
❒	Liquid Hand Soap - Grapefruit & Mandarin	1x5l	11.70 V		18.71	851038									
	Liquid Hand Soap - Grapefruit & Mandarin	20l	42.10 V	2.11		851040									
	❊ ***Ecover - personal care***														
	On offer is Ecover 5l Hand Wash - Lavender & Aloe Vera, the pricing marked ❒ below represents a discount of 20%.														
	Hand Soap - Zero	6x250ml	13.75 V		3.67	855914									
	Hand Wash - Lavender & Aloe Vera	6x250ml	13.75 V		3.67	855915									
	Hand Wash - Lavender & Aloe Vera	8x950ml	44.95 V		8.99	855920									
❒	Hand Wash - Lavender & Aloe Vera	5l	14.90 V	2.98		855925									
	Hand Wash - Citrus	6x250ml	13.75 V		3.67	855926									
	Hand Wash - Citrus	8x950ml	44.95 V		8.99	855928									
	❊ ***Ethique vegan palm oil free haircare***														
	Pink In-Shower Container - single	1x45g	6.70 V		10.95	855931									
	3 Bar Discovery Pack - Balanced Hair	6x45g	31.10 V		8.49	855932									
	3 Bar Discovery Pack - Touchy Scalps	6x45g	31.10 V		8.49	855936									
	❊ ***Faith in Nature - for men***														
	Blue Cedar Soap	6x100g	12.25 V		3.49	852960									
◆	Blue Cedar Body Wash	6x400ml	22.55 V		6.44	852964									
	❊ ***Faith in Nature shampoo bars***														
	Coconut & Shea Butter Shampoo Bar	6x85g	24.50 V		6.96	852978									
	Dragon Fruit Shampoo Bar	6x85g	24.50 V		6.96	852979									
	Lavender & Geranium Shampoo Bar	6x85g	24.50 V		6.96	852980									
	Shea & Argan Shampoo Bar	6x85g	24.50 V		6.96	852982									
	❊ ***Faith in Nature soaps - www.faithproducts.com***														
	Soap Gift Box - Orange, Aloe Vera, Lavender	6x300g	15.00 V		4.28	852983									
	Aloe Vera Soap	6x100g	12.25 V		3.49	852985									
	Coconut Soap	6x100g	12.25 V		3.49	852988									
	Dragon Fruit Soap	6x100g	12.25 V		3.49	852989									
	Grapefruit Soap	6x100g	12.25 V		3.49	852995									
	Hemp,Lemongrass & Green Tea Soap	6x100g	12.25 V		3.49	853035									
	Lavender Soap	6x100g	12.25 V		3.49	853020									
	Orange Soap	6x100g	12.25 V		3.49	853010									
	Rosemary Soap	6x100g	12.25 V		3.49	853015									
	Fragrance Free Soap - with Seaweed	6x100g	12.25 V		3.49	853030									
	Tea Tree Soap	6x100g	12.25 V		3.49	852990									
	Wild Rose Soap	6x100g	12.25 V		3.49	852992									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Faith in Nature bulk soaps***														
	Aloe Vera Soap	18x100g	27.95	V	2.64	853105									
	Coconut Soap	18x100g	27.95	V	2.64	853109									
	Grapefruit Soap	18x100g	27.95	V	2.64	853112									
	Hemp,Lemongrass & Green Tea Soap	18x100g	27.95	V	2.64	853140									
	Lavender Soap	18x100g	27.95	V	2.64	853125									
	Orange Soap	18x100g	27.95	V	2.64	853115									
	Rosemary Soap	18x100g	27.95	V	2.64	853120									
	Fragrance Free Soap - with Seaweed	18x100g	27.95	V	2.64	853135									
	Tea Tree Soap	18x100g	27.95	V	2.64	853110									
	❊ ***Faith in Nature hand wash / liquid soap***														
◆	Hand Wash - Coconut	6x400ml	17.10	V	4.88	853199									
◆	Hand Wash - Dragon Fruit	6x400ml	17.10	V	4.88	853200									
◆	Hand Wash - Lavender & Geranium	6x400ml	17.10	V	4.88	853201									
◆	Hand Wash - Grapefruit & Orange	6x400ml	17.10	V	4.88	853202									
◆	Hand Wash - Seaweed & Citrus	6x400ml	17.10	V	4.88	853203									
◆	Hand Wash - Wild Rose	6x400ml	17.10	V	4.88	853205									
	❊ ***Faith in Nature hand & body lotion***														
◆	Coconut Hand & Body Lotion	6x400ml	28.05	V	7.99	853206									
◆	Grapefruit & Orange Hand & Body Lotion	6x400ml	28.05	V	7.99	853208									
◆	Lavender & Geranium Hand & Body Lotion	6x400ml	28.05	V	7.99	853209									
	❊ ***Faith in Nature dog shampoo - see Pet Products section***														
	❊ ***Faith in Nature shampoos***														
◆	Aloe Vera Shampoo	6x400ml	27.85	V	7.95	853520									
◆	Coconut Shampoo	6x400ml	27.85	V	7.95	853502									
◆	Dragon Fruit Shampoo	6x400ml	27.85	V	7.95	853503									
◆	Fragrance Free Shampoo	6x400ml	27.85	V	7.95	853504									
◆	Grapefruit & Orange Shampoo	6x400ml	27.85	V	7.95	853509									
	Grapefruit & Orange Shampoo - Aluminium	6x500ml	33.00	V	9.42	853511									
◆	Jojoba Shampoo	6x400ml	27.85	V	7.95	853510									
◆	Lavender & Geranium Shampoo	6x400ml	27.85	V	7.95	853525									
	Lavender & Geranium Shampoo - Aluminium	6x500ml	33.00	V	9.42	853567									
◆	Rosemary Shampoo	6x400ml	27.85	V	7.95	853515									
◆	Seaweed & Citrus Shampoo	6x400ml	27.85	V	7.95	853505									
◆	Shea & Argan Shampoo	6x400ml	27.85	V	7.95	853501									
	Shea & Argan Shampoo - Aluminium	6x500ml	33.00	V	9.42	853572									
◆	Wild Rose Shampoo	6x400ml	27.85	V	7.95	853536									
	❊ ***Faith in Nature hair treatments***														
	Coconut & Shea Hydrating Hair Mask	6x300ml	27.90	V	7.96	854070									
	Dragon Fruit Revitalising Hair Mask	6x300ml	27.90	V	7.96	854072									
	Shea & Argan Nourishing Hair Mask	6x300ml	27.90	V	7.96	854076									
	❊ ***Faith in Nature conditioners***														
◆	Aloe Vera Conditioner	6x400ml	27.85	V	7.95	854020									
◆	Coconut Conditioner	6x400ml	27.85	V	7.95	853987									
◆	Dragon Fruit Conditioner	6x400ml	27.85	V	7.95	853989									
◆	Fragrance Free Conditioner	6x400ml	27.85	V	7.95	853988									
◆	Grapefruit & Orange Conditioner	6x400ml	27.85	V	7.95	853992									
	Grapefruit & Orange Conditioner - Aluminium	6x500ml	33.00	V	9.42	853993									
◆	Jojoba Conditioner	6x400ml	27.85	V	7.95	854010									
◆	Lavender & Geranium Conditioner	6x400ml	27.85	V	7.95	854002									
	Lavender & Geranium Conditioner - Aluminium	6x500ml	33.00	V	9.42	853994									
◆	Rosemary Conditioner	6x400ml	27.85	V	7.95	854015									
◆	Seaweed & Citrus Conditioner	6x400ml	27.85	V	7.95	854005									
◆	Shea & Argan Conditioner	6x400ml	27.85	V	7.95	854008									
	Shea & Argan Conditioner - Aluminium	6x500ml	33.00	V	9.42	853996									
◆	Tea Tree Conditioner (2% oil)	6x400ml	27.85	V	7.95	854025									
◆	Wild Rose Conditioner	6x400ml	27.85	V	7.95	854028									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Faith in Nature body wash***														
◆	Aloe Vera Body Wash	6x400ml	22.55 V		*6.43*	**854030**									
◆	Coconut Body Wash	6x400ml	22.55 V		*6.43*	**854033**									
	Coconut Body Wash - Aluminium	6x500ml	26.05 V		*7.43*	**854038**									
◆	Dragon Fruit Body Wash	6x400ml	22.55 V		*6.43*	**854037**									
◆	Fragrance Free Body Wash	6x400ml	22.55 V		*6.43*	**854036**									
◆	Grapefruit & Orange Body Wash	6x400ml	22.55 V		*6.43*	**854035**									
	Grapefruit & Orange Body Wash - Aluminium	6x500ml	26.05 V		*7.43*	**854039**									
◆	Lavender & Geranium Body Wash	6x400ml	22.55 V		*6.43*	**854040**									
	Lavender & Geranium Body Wash - Aluminium	6x500ml	26.05 V		*7.43*	**854044**									
◆	Mint Body Wash	6x400ml	22.55 V		*6.43*	**854041**									
◆	Seaweed & Citrus Body Wash	6x400ml	22.55 V		*6.43*	**854050**									
◆	Wild Rose Body Wash	6x400ml	22.55 V		*6.43*	**854059**									
	❊ ***Faith in Nature refill hand wash***														
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
	Carrier customers please contact brand directly or recycle locally.														
	On offer are Faith in Nature refill hand washes, the pricing below represents a discount of 20%.														
❒	Bulk Hand Wash - Coconut	5l	24.00 V	4.80		**853513**									
❒	Bulk Hand Wash - Dragonfruit	5l	24.00 V	4.80		**853514**									
❒	Bulk Hand Wash - Grapefruit & Orange	5l	24.00 V	4.80		**853517**									
❒	Bulk Hand Wash - Lavender & Geranium	5l	24.00 V	4.80		**853535**									
❒	Bulk Hand Wash - Wild Rose	5l	24.00 V	4.80		**853564**									
❒	Bulk Hand Wash Lavender & Geranium	20l	80.80 V	4.04		**853527**									
	❊ ***Faith in Nature refill hand & body lotion***														
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
	Carrier customers please contact brand directly or recycle locally.														
	On offer are Faith in Nature refill hand & body lotions, the pricing below represents a discount of 20%.														
❒	Bulk Coconut Hand & Body Lotion	5l	31.20 V	6.24		**853480**									
❒	Bulk Grapefruit & Orange Hand & Body Lotion	5l	31.20 V	6.24		**853484**									
❒	Bulk Lavender & Geranium Hand & Body Lotion	5l	31.20 V	6.24		**853486**									
	❊ ***Faith in Nature refill shampoos***														
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
	Carrier customers please contact brand directly or recycle locally.														
	On offer are Faith in Nature refill shampoos, the pricing below represents a discount of 20%.														
❒	Bulk Aloe Vera Shampoo	5l	28.70 V	5.74		**853540**									
❒	Bulk Coconut Shampoo	5l	28.70 V	5.74		**853542**									
❒	Bulk Dragonfruit Shampoo	5l	28.70 V	5.74		**853544**									
❒	Bulk Fragrance Free Shampoo	5l	28.70 V	5.74		**853546**									
❒	Bulk Grapefruit & Orange Shampoo	5l	28.70 V	5.74		**853541**									
❒	Bulk Jojoba Shampoo	5l	28.70 V	5.74		**853543**									
❒	Bulk Lavender & Geranium Shampoo	5l	28.70 V	5.74		**853545**									
❒	Bulk Wild Rose Shampoo	5l	28.70 V	5.74		**853566**									
❒	Bulk Coconut Shampoo	20l	98.30 V	4.92		**853578**									
❒	Bulk Grapefruit & Orange Shampoo	20l	98.30 V	4.92		**853579**									
❒	Bulk Lavender & Geranium Shampoo	20l	98.30 V	4.92		**853580**									
	❊ ***Faith in Nature refill conditioners***														
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
	Carrier customers please contact brand directly or recycle locally.														
	On offer are Faith in Nature refill conditioners, the pricing below represents a discount of 20%.														
❒	Bulk Aloe Vera Conditioner	5l	28.70 V	5.74		**853550**									
❒	Bulk Coconut Conditioner	5l	28.70 V	5.74		**853552**									
❒	Bulk Dragonfruit Conditioner	5l	28.70 V	5.74		**853551**									
❒	Bulk Fragrance Free Conditioner	5l	28.70 V	5.74		**853556**									
❒	Bulk Grapefruit & Orange Conditioner	5l	28.70 V	5.74		**853554**									
❒	Bulk Jojoba Conditioner	5l	28.70 V	5.74		**853553**									
❒	Bulk Lavender & Geranium Conditioner	5l	28.70 V	5.74		**853555**									
❒	Bulk Wild Rose Conditioner	5l	28.70 V	5.74		**853569**									
❒	Bulk Coconut Conditioner	20l	98.30 V	4.92		**853581**									
❒	Bulk Grapefruit & Orange Conditioner	20l	98.30 V	4.92		**853585**									
❒	Bulk Lavender & Geranium Conditioner	20l	98.30 V	4.92		**853582**									

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Faith in Nature refill body wash***														
	Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
	Carrier customers please contact brand directly or recycle locally.														
	On offer are Faith in Nature refill body washes, the pricing below represents a discount of 20%.														
❒	Bulk Aloe Vera Body Wash	5l	24.00 V	4.80		853560									
❒	Bulk Coconut Body Wash	5l	24.00 V	4.80		853562									
❒	Bulk Dragon Fruit Body Wash	5l	24.00 V	4.80		853561									
❒	Bulk Fragrance Free Body Wash	5l	24.00 V	4.80		856564									
❒	Bulk Grapefruit & Orange Body Wash	5l	24.00 V	4.80		853563									
❒	Bulk Lavender & Geranium Body Wash	5l	24.00 V	4.80		853565									
❒	Bulk Wild Rose Body Wash	5l	24.00 V	4.80		853571									
❒	Bulk Coconut Body Wash	20l	80.80 V	4.04		853583									
❒	Bulk Grapefruit & Orange Body Wash	20l	80.80 V	4.04		855579									
❒	Bulk Lavender & Geranium Body Wash	20l	80.80 V	4.04		853584									
	❊ ***Faith in Nature refill pumps and bottle***														
	5 litre pump for refilling	1x1	3.75 V			853575									
	20 litre Pump - 30ml dispense	1x1	4.20 V			853576									
	Aluminium Refill Bottle inc pump	12x450ml	24.20 V		*3.48*	853577									
	❊ ***Friendly Soap - vegan, palm oil free, plastic free***														
	Kitchen Bar & Laundry Powder are in the Household Cleaning section.														
	Aloe Vera Soap - Fragrance Free	6x95g	9.90 V		*2.95*	854230									
	Cedarwood Soap	6x95g	9.90 V		*2.95*	854231									
	Cinnamon & Cedarwood Soap	6x95g	9.90 V		*2.95*	854232									
	Lavender Soap	6x95g	9.90 V		*2.95*	854234									
	Lemongrass & Hemp Soap	6x95g	9.90 V		*2.95*	854236									
	Orange & Grapefruit Soap	6x95g	9.90 V		*2.95*	854238									
	Peppermint & Poppyseed Soap	6x95g	9.90 V		*2.95*	854240									
	Rose Geranium Soap	6x95g	9.90 V		*2.95*	854241									
	Tea Tree & Turmeric Soap	6x95g	9.90 V		*2.95*	854242									
	Patchouli & Sandalwood Soap	6x95g	9.90 V		*2.95*	854244									
	Shea Butter Facial Cleansing Bar	6x95g	9.90 V		*2.95*	854250									
	Rosemary Soap	6x95g	9.90 V		*2.95*	854261									
	Rosemary & Lime Detox Bar	6x95g	9.90 V		*2.95*	854262									
	Hair, Body & Laundry - Travel Soap	6x95g	9.90 V		*2.95*	854264									
	Fragrance Free Shaving Soap	6x95g	9.90 V		*2.95*	854265									
	Orange & Lavender Shaving Soap	6x95g	9.90 V		*2.95*	854266									
	Ylang Ylang Soap	6x95g	9.90 V		*2.95*	854271									
	❊ ***Friendly Soap Haircare - vegan, palm oil free***														
	Fragrance Free Conditioner Bar	6x95g	18.05 V		*5.40*	854251									
	Fragrance Free Shampoo Bar	6x95g	9.90 V		*2.95*	854253									
	Lavender & Tea Tree Conditioner Bar	6x95g	30.05 V		*8.94*	854255									
	Lavender & Tea Tree Shampoo Bar	6x95g	9.90 V		*2.95*	854254									
	Lavender & Geranium Conditioner Bar	6x95g	30.05 V		*9.02*	854257									
	Lavender & Geranium Shampoo Bar	6x95g	9.90 V		*2.95*	854258									
	Peppermint & Eucalyptus Conditioner Bar	6x95g	30.05 V		*9.02*	854259									
	Peppermint & Eucalyptus Shampoo Bar	6x95g	9.90 V		*2.95*	854260									
	❊ ***Friendly Soap Accessories***														
	Soap Box - liquid wood - 10x6.7x3.7cm	6x32g	21.75 V		*6.50*	854267									
	Soap Saver - Sisal Hemp Pouch - 10.5x6.7x3.7cm	6x13g	9.90 V		*2.95*	854272									
	Konjac Sponge - 10.5x6.7x3.7cm	6x14g	23.30 V		*6.95*	854274									
	❊ ***Friendly Soap Lifestyle Bars - vegan, palm oil free, plastic free***														
	Cook's Soap	6x95g	13.35 V		*3.97*	854273									
	Dog Shampoo	6x95g	13.35 V		*3.97*	854275									
	Foot Soap	6x95g	13.35 V		*3.97*	854277									
	Gardener's Soap	6x95g	13.35 V		*3.97*	854279									
	Mechanic's Soap	6x95g	13.35 V		*3.97*	854281									
	❊ ***Friendly Soap Naked Bars - vegan, palm oil free, plastic free***														
	Aloe Vera - Naked & Natural Soap	6x95g	9.95 V		*2.95*	854276									
	Cedarwood - Naked & Natural Soap	6x95g	9.95 V		*2.95*	854278									
	Cinnamon - Naked & Natural Soap	6x95g	9.95 V		*2.95*	854280									
	Lavender - Naked & Natural Soap	6x95g	9.95 V		*2.95*	854282									
	Lemongrass & Hemp - Naked & Natural Soap	6x95g	9.95 V		*2.95*	854284									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Orange & Grapefruit - Naked & Natural Soap	6x95g	9.95	V	2.95	854286									
Patchouli & Sandalwood - Naked & Natural Soap	6x95g	9.95	V	2.95	854288									
Peppermint & Poppy - Naked & Natural Soap	6x95g	9.95	V	2.95	854290									
Rose Geranium - Naked & Natural Soap	6x95g	9.95	V	2.95	854292									
Rosemary - Naked & Natural Soap	6x95g	9.95	V	2.95	854293									
Tea & Turmeric - Naked & Natural Soap	6x95g	9.95	V	2.95	854294									
Ylang Ylang - Naked & Natural Soap	6x95g	9.95	V	2.95	854295									
❊ ***Green People - Skin Care & Deodorant***														
Prebiotic Foot Cream - Peppermint & Eucalyptus	1x50ml	8.90	V	16.00	852726									
❊ ***Herbatint™***														
Herbatint Point of Sale Shade Chart - foc - please quote code:-					854570									
Application Kit (brush, measure cup, cape)	1x1p	2.90	V	5.17	854587									
Colour Safe Shampoo	1x260ml	6.35	V	10.96	857588									
Hydrate Shampoo	1x260ml	7.50	V	12.95	857589									
Violet Shampoo	1x260ml	8.10	V	13.99	857586									
Curly Conditioner	1x200ml	7.85	V	13.55	857594									
Hydrate Conditioner	1x200ml	7.85	V	13.55	857596									
Royal Conditioner	1x200ml	7.35	V	12.69	857593									
❊ ***Herbatint™ - 'basic natural' permanent hair colour gels***														
1N - Black - Hair Colour	1x1p	6.95	V	12.00	854605									
2N - Brown - Hair Colour	1x1p	6.95	V	12.00	854610									
3N - Dark Chestnut - Hair Colour	1x1p	6.95	V	12.00	854611									
4N - Chestnut - Hair Colour	1x1p	6.95	V	12.00	854612									
5N - Light Chestnut - Hair Colour	1x1p	6.95	V	12.00	854642									
6N - Dark Blonde - Hair Colour	1x1p	6.95	V	12.00	854622									
7N - Blonde - Hair Colour	1x1p	6.95	V	12.00	854607									
8N - Light Blonde - Hair Colour	1x1p	6.95	V	12.00	854640									
9N - Very Light Blonde - Hair Colour	1x1p	6.95	V	12.00	854637									
10N - Platinum Blonde - Hair Colour	1x1p	6.95	V	12.00	854665									
❊ ***Herbatint™ - 'golden' permanent hair colour gels***														
4D - Golden Chestnut - Hair Colour	1x1p	6.95	V	12.00	854632									
5D - Light Golden Chestnut - Hair Colour	1x1p	6.95	V	12.00	854652									
6D - Dark Golden Blonde - Hair Colour	1x1p	6.95	V	12.00	854625									
7D - Golden Blonde - Hair Colour	1x1p	6.95	V	12.00	854630									
8D - Light Golden Blonde - Hair Colour	1x1p	6.95	V	12.00	854650									
❊ ***Herbatint™ - 'mahogany' permanent hair colour gels***														
4M - Mahogany Chestnut - Hair Colour	1x1p	6.95	V	12.00	854660									
5M - Light Mahogany Chestnut - Hair Colour	1x1p	6.95	V	12.00	854655									
7M - Mahogany Blonde - Hair Colour	1x1p	6.95	V	12.00	854657									
❊ ***Herbatint™ - 'copper' permanent hair colour gels***														
4R - Copper Chestnut - Hair Colour	1x1p	6.95	V	12.00	854617									
5R - Light Copper Chestnut - Hair Colour	1x1p	6.95	V	12.00	854647									
7R - Copper Blonde - Hair Colour	1x1p	6.95	V	12.00	854615									
8R - Light Copper Blonde - Hair Colour	1x1p	6.95	V	12.00	854645									
❊ ***Herbatint™ - 'ash' permanent hair colour gels***														
4C - Ash Chestnut - Hair Colour	1x1p	6.95	V	12.00	854648									
5C - Light Ash Chestnut - Hair Colour	1x1p	6.95	V	12.00	854651									
6C - Dark Ash Blonde - Hair Colour	1x1p	6.95	V	12.00	854653									
7C - Ash Blonde - Hair Colour	1x1p	6.95	V	12.00	854649									
8C - Light Ash Blonde - Hair Colour	1x1p	6.95	V	12.00	854656									
10C - Platinum Ash Blonde - Hair Colour	1x1p	6.95	V	12.00	854658									
❊ ***Herbatint™ - organic vegan semi permanent hair powders***														
Moon Light Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854674									
Hot Chocolate Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854676									
Warm Chestnut Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854678									
Pure Caramel Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854680									
Henna Love Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854682									
Cherry Red Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854684									
Honey Blonde Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854686									
Neutral Cassia Power - Hair Colour *organic*	1x1p	6.70	V	11.57	854688									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊	***Herbatint™ - vegan Temporary Hair Touch-Up Sticks***															
	Temporary Hair Touch-Up - Black	*organic*	6x10ml	33.48 V		*9.99*	**854690**									
	Temporary Hair Touch-Up - Blonde	*organic*	6x10ml	33.48 V		*9.99*	**854692**									
	Temporary Hair Touch-Up - Dark Chestnut	*organic*	6x10ml	33.48 V		*9.99*	**854694**									
	Temporary Hair Touch-Up - Light Chestnut	*organic*	6x10ml	33.48 V		*9.99*	**854696**									
❊	***Higher Nature - grapefruit seed extract***															
	Citricidal liquid		1x25ml	5.55 V		*9.95*	**855015**									
	Citricidal liquid		1x45ml	8.35 V		*14.95*	**855020**									
	Citricidal liquid		1x100ml	16.70 V		*29.95*	**855022**									
❊	***Hydrophil***															
	Konjac Sponge		1x1p	4.15 V		*6.67*	**855033**									
	Soap Pouch - Sisal		10x1	25.20 V		*4.05*	**855035**									
	Travel Soap Box - Stainless Steel		6x1	15.30 V		*4.10*	**855036**									
	Cotton Swabs		10x100p	15.85 V		*2.54*	**855038**									
❊	***incognito - www.lessmosquito.com***															
	2015 Winner Queen's Award for Enterprise - Sustainable Development															
	see the Candles & Incense section for the rest of this anti-insect range															
	incognito - anti-mosquito spray		6x100ml	43.65 V		*12.34*	**855040**									
	incognito - Mini - anti-mosquito spray		6x50ml	26.85 V		*7.67*	**822042**									
	Kids Insect Repellent - Spray		6x100ml	43.65 V		*12.34*	**855043**									
	Roll On Natural Insect Repellent		1x50ml	5.60 V		*9.55*	**855045**									
	Incognito Insect Repellent Lotion		1x100ml	8.40 V		*14.38*	**855048**									
	Suncream Insect Repellent SPF30		1x100ml	14.00 V		*23.97*	**855050**									
	After-Sun Moisturiser		1x200ml	8.95 V		*15.33*	**855080**									
	Hair & Body Wash		1x200ml	5.60 V		*9.61*	**855085**									
	incognito Crystal Deodorant - Java Citronella		1x60g	3.35 V		*5.84*	**855090**									
	Zap-Ease - insect bite relief gadget		6x1p	33.60 V		*9.59*	**855092**									
❊	***incognito - soaps***															
	Luxury Soap - citronella		6x100g	20.15 V		*5.76*	**855095**									
❊	***La Droguerie Ecologique organic vegan palm oil free toiletries***															
	10 washable cotton coloured facial pads in a drawstring bag		1xbag	8.25 V		*14.14*	**855118**									
❊	***Lavera - Basis Sensitive Vegan Body Care - NaTrue Certified***															
	Basis Sensitive Roll-on Deodorant		4x50ml	21.65 V		*9.75*	**855460**									
	Basis Sensitive Deodorant Spray		4x75ml	26.30 V		*11.84*	**855462**									
	Hand Cream		4x75ml	13.00 V		*5.85*	**855464**									
	Rich Body Lotion		4x250ml	25.20 V		*11.35*	**855468**									
❊	***Lavera - Basis Sensitive Facial Care - NaTrue certified***															
	Q10 Moisturising Face Cream - anti ageing	*organic*	4x50ml	42.55 V		*19.15*	**855499**									
❊	***Lavera - Men's Care Range***															
	New from Lavera a re-branded Men's range that will feed through over the period of this catalogue.															
	Gentle Shaving Foam		4x150ml	20.75 V		*9.35*	**855345**									
❊	Gentle Shaving Foam - new		4x150ml	22.10 V		*9.95*	**855346**									
❊	Aftershave Balm - tube		4x100ml	26.55 V		*11.95*	**855347**									
❊	Men's Deodorant Roll On 24hr		4x50ml	22.10 V		*9.95*	**855348**									
	Men's Moisturising Cream		4x30ml	28.75 V		*12.95*	**855363**									
❊	Men's Moisturising Cream - new		4x50ml	30.95 V		*13.95*	**855349**									
	Men's 3 in 1 Shower Gel		4x200ml	16.75 V		*7.53*	**855367**									
❊	Men's 3 in 1 Shower Gel - new		4x200ml	15.45 V		*6.95*	**855353**									
❊	***Miniml - Personal Care***															
◆	Bodywash & Bubble Bath - Pink Grapefruit & Aloe		6x500ml	17.30 V		*4.94*	**855620**									
◆	Bodywash & Bubble Bath - Pink Grapefruit & Aloe		5l	22.10 V	4.42		**855621**									
◆	Anti-Bac Hand Soap - Sweet Clementine		6x500ml	15.60 V		*4.46*	**855622**									
◆	Anti-Bac Hand Soap - Sweet Clementine		5l	15.70 V	3.14		**855623**									
◆	Hand Soap - Cucumber & Aloe		6x500ml	15.60 V		*4.46*	**855624**									
◆	Hand Soap - Cucumber & Aloe		5l	15.70 V	3.14		**855626**									
◆	Balancing Shampoo - Pink Grapefruit & Aloe		6x500ml	17.30 V		*4.94*	**855627**									
◆	Balancing Shampoo - Pink Grapefruit & Aloe		5l	22.10 V	4.42		**855630**									
◆	Balancing Conditioner - Pink Grapefruit & Aloe		6x500ml	17.30 V		*4.94*	**855631**									
◆	Balancing Conditioner - Pink Grapefruit & Aloe		5l	22.10 V	4.42		**855632**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Mooncup Ltd - www.mooncup.co.uk***															
	"Best Buy" - Ethical Consumer Magazine **For any queries - advice@mooncup.co.uk** **Advice Centre - phone 01273 673845** **No VAT should be charged to end user.**															
	Mooncup size A - larger		1x1p	14.75		*22.40*	**900490**									
	Mooncup size B - smaller		1x1p	14.75		*22.40*	**900492**									
	❊ ***Natracare Baby - see "Baby" Section***															
	❊ ***Natracare - www.natracare.com***															
	Certified Organic Vegan 100% Cotton Tampons **No VAT should be charged to end user.**															
	Regular Tampons	*organic*	12x20	27.30		*3.19*	**900505**									
	Regular Tampons	*organic*	20x10	29.85		*2.09*	**900506**									
	Regular Applicator Tampons	*organic*	12x16	30.75		*3.59*	**900507**									
	Super Tampons	*organic*	12x20	28.15		*3.29*	**900510**									
	Super Tampons	*organic*	20x10	31.25		*2.19*	**900512**									
	Super Applicator Tampons	*organic*	12x16	32.45		*3.79*	**900513**									
	Super-PLUS Tampons	*organic*	12x20	30.75		*3.59*	**900514**									
	❊ ***Natracare - www.natracare.com***															
	Natural Pads & Panty Liners - vegan **No VAT should be charged to end user.**															
◆	Wrapped Normal Panty Liners		10x18	14.60		*2.09*	**900508**									
◆	Cotton Panty Liners - Ultra Thin		16x22	27.85		*2.49*	**900511**									
◆	Mini Panty Liners		10x30	14.15		*2.09*	**900509**									
◆	Curved Panty Liners		16x30	22.60		*2.09*	**900516**									
◆	Tanga-style Panty Liners		16x30	22.60		*2.09*	**900518**									
◆	Wrapped Long Panty Liners		10x16	14.60		*2.09*	**900515**									
	Night Time Maxi Pads		12x10	25.65		*3.19*	**900517**									
	Regular Maxi Pads		12x14	20.80		*2.59*	**900525**									
	Super Maxi Pads		12x12	20.80		*2.59*	**900530**									
	Regular Ultra Pads with Wings		12x14	22.60		*2.69*	**900535**									
	Super Ultra Pads with Wings		12x12	22.60		*2.69*	**900537**									
	Ultra Pads with Wings - Long		12x10	22.60		*2.69*	**900538**									
	Ultra Pads Super Plus		12x12	22.60		*2.69*	**900539**									
	Ultra Extra Pads - Normal		12x12	22.60		*2.69*	**900542**									
	Ultra Extra Pads - Super		12x10	22.60		*2.69*	**900545**									
	Ultra Extra Pads - Long		12x8	22.60		*2.69*	**900548**									
	❊ ***Natracare - wipes - vegan***															
	Intimate Wipes Sachet	*organic*	24x12p	34.70	V	*2.59*	**900540**									
	Safe To Flush Moist Tissues		16x30p	21.35	V	*2.29*	**900541**									
	❊ ***Natracare - incontinence - vegan***															
	No VAT should be charged to end user, only between businesses.															
◆	Dry & Light Slim Incontinence Pads		6x20	17.60		*4.19*	**900570**									
◆	Dry & Light Plus Incontinence Pads		6x16	20.10		*4.79*	**900572**									
	❊ ***Natracare - maternity - vegan***															
	No VAT should be charged to end user.															
	Maternity Pads		10x10	21.60		*3.09*	**900580**									
	Nursing Pads		12x26	22.95		*2.73*	**900582**									
	❊ ***Natracare - make-up removal - vegan***															
	Cleansing Make-Up Removal Wipes	*organic*	14x20	37.45	V	*4.59*	**855960**									
	❊ ***Nitty Gritty***															
	NitFree Comb - single		1x1p	9.60	V	*15.36*	**855385**									
	Aromatherapy Head Lice Kit (comb & solution)		1x1p	8.30	V	*13.28*	**855390**									
	Head Lice - Defence Spray		1x250ml	8.40	V	*13.44*	**855395**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Odyskin organic vegan reef-friendly suncare***															
	Sunscreen SPF 30 - metal tube	*organic*	1x75ml	12.15	V	*21.90*	**857544**									
	Sunscreen SPF 50 - metal tube	*organic*	1x75ml	12.70	V	*22.90*	**857546**									
	Tinted Sunstick SPF50 - card tube	*organic*	1x25g	8.20	V	*14.79*	**857549**									
	Tube Squeezing Key	*organic*	1x1p	2.70	V	*4.90*	**857547**									
	After Sun Milk - glass jar	*organic*	1x100ml	8.25	V	*14.90*	**857548**									
	❊ ***Oliva***															
	Olive Oil Soap		6x125g	6.50	V	*1.95*	**857605**									
	Bulk Olive Oil Soap		6x600g	14.15	V	*4.23*	**857607**									
	Olive Oil Soap with Aloe Vera		12x100g	13.05	V	*1.96*	**857608**									
	Olive Oil Soap with Tea Tree		12x100g	13.05	V	*1.96*	**857609**									
	❊ ***Organii - bodycare - SLS-free***															
	On offer is the Organii organic suncare range, the pricing below represents a discount of 20%.															
❒	SPF15 Anti Ageing Facial Sun Cream	*organic*	1x50ml	7.50	V	*13.48*	**857669**									
❒	SPF30 Sun Lotion	*organic*	1x100ml	8.85	V	*15.91*	**857671**									
❒	SPF50 Sun Milk	*organic*	1x125ml	12.40	V	*22.23*	**857674**									
	❊ ***Patch***															
	Patch large plasters - 10 in a box		5x1p	30.00	V	*9.60*	**857682**									
	❊ ***Pure Potions is now Balmonds under B***															
	❊ ***Rio Rosa Mosqueta - vegan***															
	Rosa Mosqueta Oil - small		1x20ml	7.75	V	*13.97*	**858240**									
	Rosa Mosqueta Oil - large		1x50ml	14.99	V	*26.93*	**858242**									
	Day & Night Cream - Rosa Mosqueta		1x50ml	10.45	V	*18.76*	**858245**									
	Antioxidant Facial Oil - Rosa Mosqueta		1x30ml	15.95	V	*28.57*	**858271**									
	❊ ***Shade sunscreen in a tin***															
	Shade All-Natural Sunscreen - SPF 25 - mini		24x15ml	53.00	V	*3.79*	**858292**									
	Shade All-Natural Sunscreen - SPF 25		6x100ml	44.20	V	*12.63*	**858295**									
	❊ ***Simply Gentle Cotton Wool***															
	Cotton Wool Balls	*organic*	24x100pcs	34.30	V	*2.39*	**973050**									
	Cotton Wool Buds	*organic*	24x200pcs	34.30	V	*2.39*	**973055**									
	Cotton Wool Pads	*organic*	24x100pcs	34.30	V	*2.39*	**973060**									
	Cotton Wool Pleats	*organic*	24x100gm	34.30	V	*2.39*	**973065**									
	❊ ***Urtekram - deodorants***															
	Crystal Deodorant - Aloe Vera - roll-on	*organic*	6x50ml	21.50	V	*6.14*	**858660**									
	Crystal Deodorant - Rose - roll-on	*organic*	6x50ml	21.50	V	*6.14*	**858665**									
◆	Crystal Deo - Sensitive Skin - Fragrance Free - roll-c	*organic*	6x50ml	20.65	V	*5.90*	**858663**									
	Deodorant - Coconut - roll-on	*organic*	6x50ml	21.50	V	*6.14*	**858667**									
◆	Cream Deo - Men's - roll-on	*organic*	6x50ml	27.95	V	*7.99*	**859097**									
	❊ ***Urtekram - hair care***															
	Conditioner - Aloe Vera - regenerating	*organic*	6x180ml	21.85	V	*6.25*	**858706**									
	Conditioner - Camomile - blond hair	*organic*	6x180ml	21.85	V	*6.25*	**858709**									
	Conditioner - Coconut - normal hair	*organic*	6x180ml	21.85	V	*6.25*	**858711**									
	Conditioner - Nettle - anti dandruff	*organic*	6x250ml	21.85	V	*6.25*	**858714**									
	Conditioner - Nordic Berries - repairing	*organic*	6x180ml	21.85	V	*6.25*	**858858**									
	Conditioner - Rose - pure indulgement	*organic*	6x180ml	21.85	V	*6.25*	**858859**									
	Spray Conditioner - Rosemary - fine hair	*organic*	6x250ml	21.85	V	*6.25*	**858716**									
	Spray Conditioner - Tea Tree - irritated scalp	*organic*	6x250ml	21.85	V	*6.25*	**858719**									
	Shampoo - Aloe Vera - normal hair	*organic*	6x250ml	25.35	V	*7.23*	**858725**									
	Shampoo - Camomile - blond hair	*organic*	6x250ml	25.35	V	*7.25*	**858735**									
	Shampoo - Coconut - normal hair	*organic*	6x250ml	25.35	V	*7.25*	**858737**									
	Shampoo - Hemp - strengthening	*organic*	6x250ml	25.35	V	*7.25*	**858738**									
	Shampoo - Nettle - anti dandruff	*organic*	6x250ml	25.35	V	*7.25*	**858745**									
	Shampoo - Nordic Berries	*organic*	6x250ml	25.35	V	*7.25*	**858862**									
	Shampoo - Rasul - volume	*organic*	6x250ml	25.35	V	*7.25*	**858750**									
	Shampoo - Rose - normal hair	*organic*	6x250ml	25.35	V	*7.25*	**858755**									
	Shampoo - Rosemary - fine hair	*organic*	6x250ml	25.35	V	*7.25*	**858760**									
	Shampoo - Tea Tree - irritated scalp	*organic*	6x250ml	25.35	V	*7.25*	**858762**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	❊ ***Urtekram - soaps and shower gels***															
	Shower Gel - Aloe Vera	*organic*	6x500ml	36.75	V	*10.52*	**858863**									
	Shower Gel - Rose	*organic*	6x500ml	36.75	V	*10.52*	**858881**									
◆	Hair & Body Wash - Men's	*organic*	6x200ml	28.85	V	*8.25*	**858882**									
	Liquid Hand Soap - Coconut	*organic*	6x300ml	25.20	V	*7.21*	**858869**									
	Liquid Hand Soap - Rose	*organic*	6x300ml	25.20	V	*7.21*	**858872**									
	❊ ***Urtekram - skincare***															
	*New from Urtekram organic vegan **Wild Lemongrass Hand Cream**. This is a rich nourishing hand cream that is easily absorbed by the skin. It is naturally scented with wild lemongrass and citrus and also contains aloe vera and shea butter to ensure your skin stays moisturised. Packaged in a recyclable tube.*															
	Aloe Vera Gel	*organic*	6x100ml	27.10	V	*7.74*	**858877**									
	Body Lotion - Coconut	*organic*	6x245ml	31.30	V	*8.94*	**859125**									
◆	Face Cream - Men's	*organic*	6x75ml	31.45	V	*8.99*	**859129**									
◆	Face Wash - Men's	*organic*	6x150ml	31.45	V	*8.99*	**859133**									
	Body Lotion - Rose	*organic*	6x245ml	31.30	V	*8.94*	**859131**									
	Hand Cream - Aloe Vera	*organic*	6x75ml	19.60	V	*5.61*	**859105**									
	Hand Cream - Rose	*organic*	6x75ml	19.60	V	*5.61*	**859110**									
❊	Hand Cream - Wild Lemongrass	*organic*	6x75ml	20.25	V	*5.79*	**859111**									
	Foot Cream - Aloe Vera	*organic*	6x75ml	19.20	V	*5.49*	**859115**									
	Moisturising Day Cream - Wild Lemongrass	*organic*	8x50ml	62.95	V	*13.49*	**859116**									
	Moisturising Night Cream - Wild Lemongrass	*organic*	8x50ml	65.25	V	*13.99*	**859117**									
	Refreshing Cleansing Gel - Wild Lemongrass	*organic*	6x150ml	43.70	V	*12.49*	**859118**									
	Refreshing Micellar Water - Wild Lemongrass	*organic*	6x250ml	32.50	V	*9.29*	**859119**									
	❊ ***Urtekram - Spa Range***															
	On offer are selected Urtekram organic spa lines in 500ml, the pricing marked ❒ below represents a discount of 15%.															
	Anti Dandruff Shampoo - Sweet Ginger Flower	*organic*	6x250ml	25.35	V	*7.24*	**859087**									
	Anti Dandruff Conditioner - Sweet Ginger Flower	*organic*	6x180ml	23.95	V	*6.84*	**859088**									
	Ultimate Repair Shampoo - Spicy Orange Blossom	*organic*	6x250ml	25.35	V	*7.24*	**859090**									
	Ultimate Repair Conditioner - Spicy Orange Blossom	*organic*	6x180ml	23.95	V	*6.84*	**859092**									
	Hand Wash - Spicy Orange Blossom	*organic*	6x300ml	24.45	V	*6.99*	**859094**									
	Hand Wash - Wild Lemongrass	*organic*	6x300ml	24.45	V	*6.99*	**859102**									
❒	Shampoo - Wild Lemongrass	*organic*	6x500ml	38.65	V	*11.04*	**859135**									
❒	Body Wash - Wild Lemongrass	*organic*	6x500ml	40.10	V	*11.46*	**859137**									
◆	Sensitive Scalp Shampoo Fragrance Free	*organic*	6x250ml	25.35	V	*7.25*	**858751**									
❒	Sensitive Scalp Shampoo Fragrance Free	*organic*	6x500ml	38.65	V	*11.04*	**859139**									
◆	Sensitive Scalp Conditioner Fragrance Free	*organic*	6x180ml	23.95	V	*6.85*	**858852**									
◆	Sensitive Skin Body Lotion Fragrance Free	*organic*	6x245ml	31.15	V	*8.90*	**859120**									
◆	Sensitive Skin Body Wash Fragrance Free	*organic*	6x200ml	28.70	V	*8.21*	**858876**									
❒	Sensitive Skin Body Wash Fragrance Free	*organic*	6x500ml	40.10	V	*11.46*	**859147**									
◆	Sensitive Skin Hand Cream - Fragrance Free	*organic*	6x75ml	20.30	V	*5.81*	**859124**									
◆	Sensitive Skin Hand Wash - Fragrance Free	*organic*	6x300ml	24.45	V	*6.99*	**858879**									
	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x250ml	25.35	V	*7.24*	**859134**									
	Maximum Shine Conditioner - Soothing Lavender	*organic*	6x180ml	23.95	V	*6.84*	**859136**									
	Body Lotion - Soothing Lavender	*organic*	6x245ml	31.15	V	*8.90*	**859121**									
❒	Maximum Shine Shampoo - Soothing Lavender	*organic*	6x500ml	38.65	V	*11.04*	**859086**									
	Body Wash - Soothing Lavender	*organic*	6x200ml	28.70	V	*8.21*	**858874**									
❒	Body Wash - Soothing Lavender	*organic*	6x500ml	40.10	V	*11.46*	**859096**									
	Hand Cream - Soothing Lavender	*organic*	6x75ml	20.30	V	*5.81*	**859123**									
	Handwash - Soothing Lavender	*organic*	6x300ml	24.45	V	*6.99*	**859138**									
	❊ ***Weleda - Almond facial skin care***															
	For sensitive skin...															
☆	Sensitive Gentle Milk Cleanser - vegan		5x75ml	39.15	V	*13.42*	**859205**									
☆	Sensitive Soothing Moisturiser		6x30ml	69.65	V	*19.89*	**859210**									
☆	Sensitive Soothing Moisturiser Light		6x30ml	69.65	V	*19.89*	**859215**									
☆	Sensitive Recovery Facial Oil (single)		1x50ml	13.95	V	*23.89*	**859220**									
	❊ ***Weleda - Pomegranate - regenerating***															
	Pomegranate Regenerating Hand Cream		6x50ml	52.05	V	*14.87*	**859480**									
	Pomegranate Regenerating Body Oil - single		1x100ml	16.90	V	*28.95*	**859485**									

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Weleda - Wild Rose facial and body skin care - normal to dry skin***															
From the onset of fine lines...															
Wild Rose Smoothing Day Cream		6x30ml	80.25	V	*22.94*	**859230**									
Wild Rose Body Oil (single)		1x100ml	17.45	V	*29.95*	**859242**									
Wild Rose Deodorant Spray		6x100ml	55.80	V	*15.95*	**859243**									
❊ ***Weleda - Body Lotions***															
Citrus Refreshing Body Lotion (single) - normal skin		1x200ml	7.55	V	*12.92*	**859247**									
❊ ***Weleda - bath & shower range - Vegan***															
Lavender Relaxing Bath Milk (single)		1x200ml	9.85	V	*16.87*	**859260**									
Pearl Scrub	*organic*	6x150ml	41.80	V	*11.95*	**859264**									
Refresh Citrus Body Wash	*organic*	6x200ml	28.85	V	*8.23*	**859266**									
Vitality Sea Buckthorn Creamy Body Wash	*organic*	6x200ml	28.85	V	*8.23*	**859276**									
❊ ***Weleda - body care range***															
Sea Buckthorn Hand Cream		6x50ml	47.25	V	*13.51*	**859285**									
Skin Food - large		5x75ml	43.60	V	*14.96*	**859290**									
Skin Food - small		6x30ml	33.25	V	*9.50*	**859295**									
Citrus Deodorant - Spray - Vegan		6x100ml	43.75	V	*12.50*	**859305**									
Sage Deodorant - Spray - Vegan		6x100ml	43.75	V	*12.50*	**859310**									
❊ ***Weleda - shaving***															
Shaving Cream		6x75ml	34.85	V	*9.95*	**859405**									
After Shave Balm (single)		1x100ml	7.55	V	*12.95*	**859410**									
❊ ***Weleda - baby range***															
Calendula Face Cream		6x50ml	36.75	V	*10.51*	**859315**									
Calendula Cream Bath		6x200ml	51.65	V	*14.77*	**859320**									
Calendula Lotion		6x200ml	41.80	V	*11.95*	**859325**									
Calendula Nappy Change Cream		6x75ml	27.10	V	*7.73*	**859330**									
Calendula Oil - Vegan		6x200ml	41.80	V	*11.94*	**859335**									
Calendula Shampoo & Bodywash - Vegan		6x200ml	28.85	V	*8.25*	**859340**									
Calendula Weather Protection Cream		6x30ml	34.10	V	*9.76*	**859345**									
❊ ***Yaoh - Organic Hemp Seed Oil Bodycare - www.yaoh.co.uk***															
Hemp Shower Gel		6x240ml	28.80	V	*8.59*	**859060**									
Hemp Moisturiser - Original		6x56g	30.15	V	*8.99*	**859065**									
Hemp Moisturiser - Mandarin & Grapefruit		6x56g	30.15	V	*8.99*	**859056**									
Hemp Moisturiser - Tea Tree		6x56g	30.15	V	*8.99*	**859058**									
Hemp Healing Salve		6x56g	30.15	V	*8.99*	**859067**									
Hemp Sunblock 25		6x200ml	53.60	V	*15.99*	**859071**									
Hemp Lip Balm - Blueberry		36x4g	76.30	V	*3.79*	**859076**									
Hemp Lip Balm - Coconut		36x4g	76.30	V	*3.79*	**859077**									
Hemp Lip Balm - Mango		36x4g	76.30	V	*3.79*	**859080**									
Hemp Lip Balm - Natural		36x4g	76.30	V	*3.79*	**859081**									
Hemp Lip Balm - Spearmint		36x4g	76.30	V	*3.79*	**859082**									
Hemp Lip Balm - Watermelon		36x4g	76.30	V	*3.79*	**859084**									
Lip Balm Mix (of up to 9 flavours)		36x4g	76.30	V	*3.79*	**859085**									
❊ ***Zaytoun Fair trade bodycare***															
Dead Sea Salt - pouch		6x750g	23.20	V	*6.19*	**859521**									
Honey Olive Oil Soap Bar		12x100g	31.65	V	*4.22*	**859522**									
Lemon Olive Oil Soap Bar		12x100g	31.65	V	*4.22*	**859523**									
Pure Olive Oil Soap Bar		12x100g	31.65	V	*4.22*	**859525**									
Rose Olive Oil Soap Bar		12x100g	31.65	V	*4.22*	**859527**									
Sage Olive Oil Soap Bar		12x100g	31.65	V	*4.22*	**859528**									

■ Toothpaste, Brushes & Oral Hygiene

❊ ***Aloe Dent - fluoride-free***															
Charcoal Toothpaste - fluoride-free		6x100ml	18.40	V	*5.49*	**881446**									
Coconut Toothpaste - fluoride-free		6x100ml	18.40	V	*5.49*	**881448**									
Probiotic Toothpaste - fluoride-free		6x75ml	20.40	V	*5.99*	**881449**									
Sensitive Toothpaste - fluoride-free		6x100ml	18.40	V	*5.49*	**881450**									
Triple Action Toothpaste - fluoride-free		6x100ml	18.40	V	*5.49*	**881451**									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Whitening Toothpaste - fluoride-free		6x100ml	18.40	V	5.49	881452									
	Mouthwash - fluoride-free		6x250ml	16.75	V	4.99	881455									
	Probiotic Mouthwash - fluoride-free		6x250ml	20.40	V	5.99	881456									
	Children's Toothpaste (strawberry) - fluoride-free		6x50ml	13.35	V	3.99	881457									
	❊ ***Aloe Dent - with fluoride***															
	Fluoride Sensitive Toothpaste		6x100ml	20.10	V	5.99	881465									
	Fluoride Whitening Toothpaste		6x100ml	20.10	V	5.99	881467									
	❊ ***Ben & Anna - organic, vegan, dental care***															
	Black Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881471									
	Cinnamon Orange Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881472									
	Coco Mania Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881473									
	Spearmint Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881474									
	White Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881475									
	Wildberry Toothpaste Fluoride - tube	*organic*	1x75ml	3.30	V	5.65	881476									
	Black Natural Toothpaste - with activated charcoal	*organic*	1x100ml	4.95	V	8.51	881480									
	Orange with Fluoride Toothpaste	*organic*	1x100ml	4.95	V	8.51	881482									
	Sensitive Natural Toothpaste	*organic*	1x100ml	4.95	V	8.51	881484									
	White with Fluoride Toothpaste	*organic*	1x100ml	4.95	V	8.51	881488									
	White Natural Toothpaste	*organic*	1x100ml	4.95	V	8.51	881490									
	❊ ***Dr Bronner - 70% Organic ingredients, fluoride-free, low foaming***															
▲	Peppermint Toothpaste	*organic*	12x105ml	64.80	V	9.26	881235									
▲	Spearmint Toothpaste	*organic*	12x105ml	64.80	V	9.26	881236									
	❊ ***Ecoliving***															
	Eco Floss biodegradable dental floss card dispenser		6x50m	14.30	V	3.92	881245									
	Eco Floss refill biodegradable dental floss		16x2x50m	47.55	V	4.88	881246									
	❊ ***Food Alive - Bio-White tooth powders***															
	Lemon Bio-White Tooth Powder - plastic		12x35g	29.60	V	3.95	881250									
	Lemon Bio-White Tooth Powder - glass		12x35g	45.00	V	5.99	881254									
	Peppermint Bio-White Tooth Powder - glass		12x35g	45.00	V	5.99	881256									
	Lemon Bio-White Tooth Powder - refill		10x35g	24.65	V	3.95	881258									
	Peppermint Bio-White Tooth Powder refill		10x35g	24.65	V	3.95	881259									
	❊ ***Georganics Dental Care***															

*New and on offer from from Georganics, vegan gluten-free fluoride toothpaste with hydroxyapatite in an aluminium tube. Hydroxyapatite is a form of calcium that makes up 70-80% of the mass of dentin and enamel. It helps remineralise teeth and prevent cavities. The toothpaste also contains erythritol and calcium carbonate with fluoride to support optimal oral health.There are three flavours: **Activated Charcoal**, **Fresh Mint** and **Strawberry Geokids** for children aged three and above. Each tube has a recyclable plastic screw top and a recycled card box. Also new is a **Beechwood Tonguebrush**. Carved from FSC certified beechwood with a laser etched leaf design, this BPA-free brush is designed to clean the surface of the tongue, reducing bacteria and preventing bad breath. It has BPA free recyclable bristles and the snap off handle is compostable. Packed in a card box. The pricing marked ❒ below represents a discount of 25%*

❒	Fluoride Toothpaste - Activated Charcoal - tube - New!		1x75ml	1.70	V	2.91	881923									
☆	Fluoride Toothpaste - Activated Charcoal - jar		1x60ml	3.45	V	5.91	881281									
☆	Activated Charcoal - Coconut Oil Toothpaste - jar		1x60ml	3.45	V	5.91	881260									
☆	Activated Charcoal - Oil Pulling Mouthwash - jar		1x100ml	3.95	V	6.77	881264									
☆	Fluoride Toothpaste - English Peppermint - jar		1x60ml	3.45	V	5.91	881283									
☆	English Peppermint - Coconut Oil Toothpaste - jar		1x60ml	3.45	V	5.91	881282									
☆	English Peppermint - Bicarbonate Toothpowder - jar		1x60ml	3.45	V	5.91	881288									
☆	English Peppermint - Bicarbonate Mouthwash Tablets - jar		1x180tabs	4.95	V	8.49	881291									
☆	English Peppermint - Bicarbonate Tooth Tablets - jar		1x120tabs	4.95	V	8.49	881292									
☆	Eucalyptus - Bicarbonate Mouthwash Tablets - jar		1x180tabs	4.45	V	7.63	881298									
❒	Fluoride Toothpaste - Fresh Mint - tube - New!		1x75ml	1.70	V	2.91	881293									
☆	Fluoride Toothpaste - Sweet Orange - jar		1x60ml	3.45	V	5.91	881285									
☆	GeoKids Fluoride Toothpaste - Strawberry - jar		1x60ml	3.45	V	5.91	881287									
❒	Geokids Fluoride Toothpaste - Strawberry - tube - New!		1x75ml	1.70	V	2.91	881300									
☆	Kids' Orange Corn Floss - plant wax - 50m		1x50m	2.45	V	4.20	881500									
☆	Refill Kids' Orange Corn Floss - plant wax - 100m		1x2x50m	3.45	V	5.91	881502									
☆	Spearmint Corn Floss - minty plant wax - 50m		1x50m	2.45	V	4.20	881504									
☆	Natural Beech Toothbrush - Soft		1x1	1.95	V	3.34	861400									
☆	Natural Beech Toothbrush - Medium		1x1	1.95	V	3.34	861404									
☆	Natural Beech Toothbrush - Firm		1x1	1.95	V	3.34	861408									
☆	Kid's Beech Toothbrush - Soft		1x1	1.95	V	3.34	861412									
❊	Beechwood Tonguebrush		1x1	2.45	V	4.20	881313									
☆	Bamboo Toothpaste Spatula		1x1	0.50	V	0.86	861414									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Hydrophil***															
Violet Bamboo Toothbrush - Extra Soft		12x1	30.60	V	4.10	859565									
Kids Blue Bamboo Toothbrush - Soft		12x1	30.60	V	4.10	859566									
Premium Medium Mixed Pack Toothbrushes - blue & natural		12x1	30.60	V	4.10	859569									
Premium Soft Mixed Pack Toothbrushes - blue & natural		12x1	30.60	V	4.10	859570									
Premium Super Soft Mixed Pack Toothbrushes - purple & natural		12x1	30.60	V	4.10	859571									
Kids Red Hippo Bamboo Toothbrush - Soft double pack		12x2p	30.60	V	4.10	859573									
Kids Blue Otter Bamboo Toothbrush - Soft double pack		12x2p	30.60	V	4.10	859574									
Toothbrush Case - Bamboo		12x1	69.00	V	9.22	859572									
Interdental brush 0.4 mm ISO 0		10x6p	25.00	V	4.00	859580									
Interdental brush 0.45 mm ISO 1		10x6p	25.00	V	4.00	859581									
Interdental brush 0.5 mm ISO 2		10x6p	25.00	V	4.00	859582									
Interdental brush 0.6 mm ISO 3		10x6p	25.00	V	4.00	859583									
Bamboo Dental Floss Picks		10x1	25.00	V	4.00	859585									
❊ ***Jack N'Jill - natural toothpaste for kids***															
Banana Toothpaste		6x50g	17.10	V	4.56	861550									
Blackcurrant Toothpaste		6x50g	17.10	V	4.56	861555									
Blueberry Toothpaste		6x50g	17.10	V	4.56	861560									
Flavour Free Toothpaste		6x50g	17.10	V	4.56	861562									
Raspberry Toothpaste		6x50g	17.10	V	4.56	861565									
Strawberry Toothpaste		6x50g	17.10	V	4.56	861570									
❊ ***Jack N'Jill - biodegradable toothbrushes for kids***															
Bio Toothbrush - Bunny		8x1	16.60	V	3.35	861580									
Bio Toothbrush - Dino		8x1	16.60	V	3.35	861581									
Bio Toothbrush - Elephant		8x1	16.60	V	3.35	861582									
Bio Toothbrush - Monkey		8x1	16.60	V	3.35	861584									
Bio Toothbrush - Unicorn		8x1	16.60	V	3.35	861586									
❊ ***Kingfisher - 100% recyclable***															
Aloe Tea Tree - Fennel - Fluoride Free		12x100ml	27.65	V	3.69	861480									
Aloe Tea Tree - Mint - Fluoride Free		12x100ml	27.65	V	3.69	861486									
Charcoal Whitening - Fluoride Free		12x100ml	27.65	V	3.69	861484									
Children's Strawberry Toothpaste - Fluoride Free		12x100ml	27.65	V	3.69	861488									
Children's Strawberry Toothpaste with Fluoride		12x100ml	27.65	V	3.69	864189									
Fluoride Free Baking Soda Mint		12x100ml	27.65	V	3.69	861490									
Mint with fluoride		12x100ml	27.65	V	3.69	861506									
Fennel with fluoride		12x100ml	27.65	V	3.69	861517									
Fluoride Free Fennel		12x100ml	27.65	V	3.69	861528									
Fluoride Free Mint		12x100ml	27.65	V	3.69	861529									
❊ ***Organii - vegan***															
Aloe Mouthwash Citrus	*organic*	6x500ml	23.15	V	6.95	861725									
Aloe Mouthwash Eucalyptus	*organic*	6x500ml	23.15	V	6.95	861727									
❊ ***Peppersmith Dental Gums, Mints and Pastilles - see "Sweet Snacks" section***															
❊ ***Sarakan***															
Natural Toothpaste		6x50ml	13.50	V	3.60	861705									
Mouthfresh Rinse		6x300ml	18.25	V	4.87	861710									
❊ ***Truthpaste Natural Toothpaste***															
Strong Mint Probiotic Mouthwash - fluoride free		6x300ml	48.45	V	13.00	861731									
Fluoride Strong Mint Probiotic Mouthwash		6x300ml	48.45	V	13.00	861733									
Charcoal Orange & Fennel Truthpaste		6x100ml	33.60	V	10.00	861730									
Charcoal Peppermint & Spearmint Truthpaste		6x100ml	33.60	V	10.00	861732									
Fennel Truthpaste		6x100ml	33.60	V	10.00	861734									
Kids Mild Mint Toothpaste		6x100ml	33.60	V	10.00	861736									
Kids Sweet Orange Toothpaste		6x100ml	33.60	V	10.00	861738									
Peppermint & Wintergreen Truthpaste		6x100ml	33.60	V	10.00	861739									
❊ ***Urtekram - www.urtekram.dk***															
On offer are selected Urtekram organic toothpastes, the pricing marked ❒ below represents a discount of 15%.															
❒ Bio9 Fresh Mint - Whitening Toothpaste	*organic*	6x75ml	11.85	V	3.39	865096									
❒ Bio9 Strong Mint - Sensitive Toothpaste	*organic*	6x75ml	11.85	V	3.39	862098									
❒ Aloe Vera Toothpaste	*organic*	6x75ml	11.85	V	3.39	862103									
❒ Children's Tutti Frutti Toothpaste	*organic*	6x75ml	11.85	V	3.39	862107									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Eucalyptus Toothpaste	organic	6x75ml	13.95 V		3.99	862110									
	Mint with Green Tea Toothpaste	organic	6x75ml	13.95 V		3.99	862120									
❒	Tea Tree Toothpaste	organic	6x75ml	11.85 V		3.39	862130									
	❊ ***Urtekram - with Fluoride***															
❒	Mint & Fluoride Toothpaste	organic	6x75ml	11.85 V		3.39	862135									
	❊ ***Yaweco - toothbrush - replaceable heads***															
	Each case of Toothbrushes contains 2 pink, 2 blue, 2 green															
	The Refills are all white															
	Soft Toothbrush		6x1p	14.15 V		4.24	862551									
	Medium Toothbrush		6x1p	14.15 V		4.24	862554									
	Soft Refill Heads - nylon		6x4p	26.50 V		7.95	862557									
	Medium Refill Heads - nylon		6x4p	26.50 V		7.95	862569									

■ Aromatherapy, Candles & Incense

	❊ ***Absolute Aromas***															
	Essential Oils are very concentrated and should be used with care.															
	In general they should not be taken internally, nor applied next to															
	the skin. Store away from children. See bottle for details.															
	Bergamot	organic	1x10ml	6.10 V		10.93	878010									
	Cedarwood	organic	1x10ml	3.05 V		5.46	878015									
	Chamomile Roman	organic	1x2ml	9.40 V		16.84	878020									
	Clary Sage	organic	1x5ml	5.55 V		9.94	878025									
	Globulus Eucalyptus	organic	1x10ml	2.75 V		4.93	878030									
	Radiata Eucalyptus	organic	1x10ml	3.85 V		6.90	878035									
	Geranium	organic	1x10ml	6.60 V		11.82	878040									
	Grapefruit	organic	1x10ml	4.85 V		8.69	878045									
	Juniperberry	organic	1x5ml	4.80 V		8.60	878050									
	Lavender (High Altitude)	organic	1x10ml	5.80 V		10.40	878055									
	Lavender (High Altitude) Display Pack	organic	12x10ml	69.95 V		10.44	878060									
	Lemon	organic	1x10ml	3.30 V		5.91	878065									
	Lemongrass	organic	1x10ml	3.30 V		5.91	878070									
	Mandarin	organic	1x10ml	4.40 V		7.88	878075									
	Orange	organic	1x10ml	2.60 V		4.66	878080									
	Patchouli	organic	1x10ml	4.40 V		7.88	878085									
	Peppermint	organic	1x10ml	3.85 V		6.90	878090									
	Rosemary	organic	1x10ml	3.30 V		5.91	878095									
	Rose Otto (3% Dilution)	organic	1x10ml	8.30 V		14.87	878097									
	Tea Tree	organic	1x10ml	3.30 V		5.93	878105									
	Tea Tree Display Pack	organic	12x10ml	39.70 V		5.93	878110									
	Complete Ylang Ylang	organic	1x10ml	5.25 V		9.40	878115									
	❊ ***Absolute Aromas - Carrier Oils***															
	Almond Sweet	organic	1x100ml	5.50 V		9.85	878150									
	Apricot Kernel	organic	1x100ml	5.40 V		9.72	878152									
	Jojoba	organic	1x100ml	10.30 V		18.45	878155									
	Sesame	organic	1x100ml	3.50 V		6.29	878160									
	Sunflower	organic	1x100ml	2.85 V		5.10	878165									
	❊ ***Aqua Oleum Organic Essential Oils***															
	Essential Oils are very concentrated and should be used with care.															
	In general they should not be taken internally, nor applied next to															
	the skin. Store away from children. See bottle for details.															
▲	Organic Bergamot Oil	organic	3x10ml	21.00 V		13.99	881301									
	Organic Citronella Oil	organic	3x10ml	9.00 V		5.99	881302									
▲	Organic Clary Sage Oil	organic	3x10ml	21.00 V		13.99	881303									
	Organic Clove Bud Oil	organic	3x10ml	15.00 V		9.99	881304									
	Organic Eucalyptus Oil	organic	3x10ml	7.50 V		4.99	881305									
	Organic Frankincense Oil	organic	3x10ml	28.50 V		18.99	881306									
▲	Organic Geranium Oil	organic	3x10ml	21.00 V		13.99	881307									
	Organic Ginger Oil	organic	3x10ml	19.50 V		12.99	881308									
▲	Organic Grapefruit Oil	organic	3x10ml	21.00 V		13.99	881309									
	Organic Juniper Needle Oil	organic	3x10ml	15.00 V		9.99	881311									
	Organic Lavender Oil	organic	3x10ml	13.50 V		8.99	881310									
	Organic Lavender Oil Merchandiser	organic	18x10ml	72.90 V		8.10	881312									

	Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
	Organic Lemon Oil	*organic*	3x10ml	10.50	V	*6.99*	**881315**									
	Organic Lemongrass Oil	*organic*	3x10ml	9.00	V	*5.99*	**881316**									
	Organic Orange Oil	*organic*	3x10ml	7.50	V	*4.99*	**881317**									
▲	Organic Patchouli Oil	*organic*	3x10ml	21.00	V	*13.99*	**881318**									
	Organic Peppermint Oil	*organic*	3x10ml	10.50	V	*6.99*	**881319**									
	Organic Rosemary Oil	*organic*	3x10ml	10.50	V	*6.99*	**881320**									
	Organic Tea Tree Oil	*organic*	3x10ml	9.00	V	*5.99*	**881322**									
▼	Organic White Thyme Oil	*organic*	3x10ml	21.00	V	*13.99*	**881323**									
▲	Organic Ylang Ylang Oil	*organic*	3x10ml	21.00	V	*13.99*	**881325**									
	❊ ***Aqua Oleum Organic Carrier Oils***															
▲	Cold Pressed Apricot Kernel Oil	*organic*	6x100ml	33.00	V	*10.99*	**881372**									
	Cold Pressed Sweet Almond Oil	*organic*	6x100ml	36.00	V	*11.99*	**881374**									
▲	Cold Pressed Wheatgerm Oil	*organic*	6x100ml	57.00	V	*18.99*	**881380**									
	❊ ***Aqua Oleum Essential Oils***															
	Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.															
▲	Basil Sweet		3x10ml	10.50	V	*6.99*	**880505**									
▲	Benzoin		3x10ml	12.00	V	*7.99*	**880507**									
	Bergamot		3x10ml	10.50	V	*6.99*	**880510**									
▲	Black Pepper		3x10ml	12.00	V	*7.99*	**880515**									
	Camphor		3x10ml	6.00	V	*3.99*	**880523**									
	Cedarwood		3x10ml	7.50	V	*4.99*	**880525**									
	Chamomile Blue (5% Dilution)		3x10ml	9.00	V	*5.99*	**880520**									
	Chamomile Roman		3x10ml	39.00	V	*25.99*	**880527**									
▲	Citronella		3x10ml	7.50	V	*4.99*	**880530**									
▲	Clary Sage		3x10ml	15.00	V	*9.99*	**880535**									
	Clove Bud		3x10ml	7.50	V	*4.99*	**880537**									
▲	Cypress		3x10ml	9.00	V	*5.99*	**880540**									
	Eucalyptus Globulus		3x10ml	6.00	V	*3.99*	**880545**									
▲	Fennel Sweet		3x10ml	9.00	V	*5.99*	**880555**									
	Frankincense		3x10ml	21.00	V	*13.99*	**880560**									
	Geranium		3x10ml	12.00	V	*7.99*	**880550**									
▲	Ginger		3x10ml	10.50	V	*6.99*	**880561**									
▲	Grapefruit		3x10ml	9.00	V	*5.99*	**880562**									
▲	Jasmine (5% Dilution)		3x10ml	16.50	V	*10.99*	**880565**									
▲	Juniper Needle		3x10ml	12.00	V	*7.99*	**880570**									
	Lavender Oil		3x10ml	9.00	V	*5.99*	**880575**									
	100ml Lavender Oil		1x100ml	22.50	V	*45.00*	**880577**									
	Lavender Oil Merchandiser		18x10ml	48.60	V	*5.40*	**880578**									
▲	Lemon		3x10ml	7.50	V	*4.99*	**880580**									
▲	Mandarin		3x10ml	9.00	V	*5.99*	**880583**									
	Marjoram Spanish		3x10ml	10.50	V	*6.99*	**880585**									
	Myrrh		3x10ml	34.50	V	*22.99*	**880587**									
	Neroli (5% Dilution)		3x10ml	18.00	V	*11.99*	**880590**									
	Orange		3x10ml	6.00	V	*3.99*	**880595**									
	Palmarosa		3x10ml	9.00	V	*5.99*	**880597**									
▲	Patchouli		3x10ml	13.50	V	*8.99*	**880600**									
	Peppermint		3x10ml	9.00	V	*5.99*	**880605**									
▲	Petitgrain		3x10ml	10.50	V	*6.99*	**880608**									
	Pine Needle		3x10ml	7.50	V	*4.99*	**880610**									
	Rose Maroc (5% Dilution)		3x10ml	12.00	V	*7.99*	**880615**									
	Rosemary		3x10ml	7.50	V	*4.99*	**880620**									
▲	Sandalwood (5% Dilution)		3x10ml	12.00	V	*7.99*	**880625**									
▲	Spanish Sage		3x10ml	12.00	V	*7.99*	**880628**									
	Tea Tree		3x10ml	7.50	V	*4.99*	**880630**									
	100ml Tea Tree		1x100ml	18.75	V	*37.50*	**880632**									
	Tea Tree Oil Merchandiser - 10ml		18x10ml	40.50	V	*4.49*	**880633**									
▲	Thyme White		3x10ml	9.00	V	*5.99*	**880635**									
▲	Ylang Ylang 1		3x10ml	19.50	V	*12.99*	**880640**									
	❊ ***Aqua Oleum essential oil blends***															
	Brighten: revive & uplift blend		3x10ml	15.00	V	*9.99*	**880622**									
	Clear Head: breathe easy blend		3x10ml	15.00	V	*9.99*	**880627**									
	Deep Sleep: restful night blend		3x10ml	19.50	V	*12.99*	**880623**									
	Defence: prevent & protect blend		3x10ml	16.50	V	*10.99*	**880624**									
	Mountain Air: fresh & purifying blend		3x10ml	16.50	V	*10.99*	**880626**									
	Sacred Space:meditation aid blend		3x10ml	16.50	V	*10.99*	**880631**									
	Serenity: stress-relief blend		3x10ml	19.50	V	*12.99*	**880636**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Aqua Oleum Body Oils***														
Aches & Pains: muscle ease & remedial body oil	1x100ml	7.50	V	*14.99*	**880637**									
After Dark: sensual body oil	1x100ml	7.50	V	*14.99*	**880638**									
Natural Detox: purifying & cleansing body oil	1x100ml	7.50	V	*14.99*	**880639**									
Tranquility: relaxing & calming body oil	1x100ml	7.50	V	*14.99*	**880646**									
Wild Rose: regenerative body oil	1x100ml	7.50	V	*14.99*	**880648**									
❊ ***Aqua Oleum Carrier Oils***														
Cold Pressed Apricot Kernel Oil	6x100ml	21.00	V	*6.99*	**880641**									
Cold Pressed Jojoba Oil	6x100ml	45.00	V	*14.99*	**880643**									
Cold Pressed Sweet Almond Oil	6x100ml	18.00	V	*5.99*	**880645**									
Cold Pressed Wheatgerm Oil	6x100ml	21.00	V	*6.99*	**880650**									
❊ ***Aqua Oleum Flower Waters***														
Lavender Water	6x100ml	30.00	V	*9.99*	**880950**									
Rose Water - Maroc	6x100ml	39.00	V	*12.99*	**880965**									
Witch Hazel Water	6x100ml	30.00	V	*9.99*	**880970**									
❊ ***Greater Goods - The Mother's Fragrances vegan jos sticks***														
The empty display stand holds 9 fragrances, 18 packets per fragrance.														
The empty display stand is 40cm wide x 18cm deep x 47cm high.														
Cinnamon and Spice Incense Sticks	6x12stick	7.15	V	*2.07*	**880990**									
Frankincense Incense Sticks	6x12stick	7.15	V	*2.07*	**880992**									
Jasmine Incense Sticks	6x12stick	7.15	V	*2.07*	**880994**									
Lotus Incense Sticks	6x12stick	7.15	V	*2.07*	**880996**									
Musk Incense Sticks	6x12stick	7.15	V	*2.07*	**880998**									
Opium Incense Sticks	6x12stick	7.15	V	*2.07*	**881001**									
Orange Blossom Incense Sticks	6x12stick	7.15	V	*2.07*	**881002**									
Patchouli Incense Sticks	6x12stick	7.15	V	*2.07*	**881004**									
Sandalwood Incense Sticks	6x12stick	7.15	V	*2.07*	**881007**									
Vanilla Incense Sticks	6x12stick	7.15	V	*2.07*	**881006**									
❊ ***Greater Goods - The Mother's India Fair Trade vegan jos sticks***														
FSC Teak Wood Gondola Incense Holder	1x1p	2.85	V	*4.96*	**881213**									
Amrita Incense Sticks	5x20stick	9.95	V	*3.46*	**881216**									
Ganesh Incense Sticks	5x20stick	9.95	V	*3.46*	**881218**									
Oudh Incense Sticks	5x20stick	9.95	V	*3.46*	**881219**									
Om Incense Sticks	5x20stick	9.95	V	*3.46*	**881220**									
Prem Incense Sticks	5x20stick	9.95	V	*3.46*	**881222**									
Shanti Incense Sticks	5x20stick	9.95	V	*3.46*	**881224**									
Yoga Incense Sticks	5x20stick	9.95	V	*3.46*	**881226**									
❊ ***Hambleden Incense***														
Frankincense & Myrrh	6x2x20g	23.70	V	*6.83*	**890905**									
❊ ***Heaven Scent - vegan***														
The pillar candles contain sustainable RSPO palm oil.														
Lavender Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890915**									
Orange & Clove Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890922**									
Patchouli Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890925**									
Rosemary & Thyme Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890927**									
Himalayan Cedarwood & Haiti Amyris Candles	12x2"x2"	17.60	V	*2.50*	**890930**									
Tea Tree & Geranium Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890932**									
Ylang Ylang Essential Oil Candles	12x2"x2"	17.60	V	*2.50*	**890935**									
❊ ***Heaven Scent - vegan***														
The pillar candles contain sustainable RSPO palm oil.														
Lavender Essential Oil Candles	6x3"x3"	20.15	V	*5.75*	**891110**									
Orange & Clove Essential Oil Candles	6x3"x3"	20.15	V	*5.75*	**891115**									
Patchouli Essential Oil Candles	6x3"x3"	20.15	V	*5.75*	**891120**									
Himalayan Cedarwood & Haiti Amyris Candles	6x3"x3"	20.15	V	*5.75*	**891125**									
Ylang Ylang Essential Oil Candles	6x3"x3"	20.15	V	*5.75*	**891130**									
❊ ***Heaven Scent - vegan - Essential Oil 9cl Glass Pot Votive Candles - 25-30 hour***														
Cedarwood & Amyris Votive 9cl Candle	6x1p	16.60	V	*4.75*	**891305**									
Lavender Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891310**									
Lemongrass Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891312**									
Orange & Clove Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891315**									
Ylang Ylang Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891325**									

▲ price rise ▼ fall ☆ size or other change
❊ new product ❒ on offer ◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
❊ ***Heaven Scent - vegan - Fragrance Oil 9cl Glass Pot Votive Candles - 25-30 hour***														
Gold, Frankincense & Myrrh Votive 9cl Candle	6x1p	16.60	V	*4.75*	**891355**									
Inspiration Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891356**									
Love & Peace Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891358**									
Meditation Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891359**									
Vanilla Votive 9cl Candle	6x1p	15.75	V	*4.50*	**891370**									
❊ ***Heaven Scent - vegan - Essential Oil 20cl Glass Pot - 40-50 hour***														
Citronella 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890953**									
Cedarwood & Amyris 20cl Aromapot Candle - single	1x1p	6.10	V	*10.50*	**890954**									
Juniper & Pine 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890955**									
Lavender 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890957**									
Lemongrass 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890958**									
Mandarin 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890960**									
Orange & Clove 20cl Aromapot Candle - single	1x1p	5.80	V	*9.95*	**890965**									
Patchouli 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890968**									
Rosemary & Thyme 20cl Aromapot Candle - single	1x1p	5.80	V	*9.95*	**890971**									
Tea Tree & Geranium 20cl Aromapot Candle - single	1x1p	5.80	V	*9.95*	**890977**									
Ylang Ylang 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890980**									
❊ ***Heaven Scent - vegan - Fragrance Oil 20cl Glass Pot - 40-50 hour***														
Atlantic Fresh 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890982**									
Bluebell 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890984**									
Buttercup Meadows 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890986**									
Fireside Embers 20cl Aromapot Candle - single	1x1p	5.65	V	*9.70*	**890988**									
❊ ***Heaven Scent - Reed Diffusers - 50ml bottle + 10 reeds***														
Citrus Lemongrass Tonic - Reed Diffusers	3x50ml	15.55	V	*8.90*	**891434**									
Lavender - Reed Diffusers	3x50ml	15.55	V	*8.90*	**891436**									
Orange Clove Cinnamon - Reed Diffusers	3x50ml	16.60	V	*9.50*	**891438**									
Spare Reeds	10x10 reeds	4.15	V	*0.70*	**891439**									
❊ ***Heaven Scent - Reed Diffuser Refill - 100ml bottle***														
Citrus Lemongrass Tonic - refill	6x100ml	30.15	V	*8.60*	**891440**									
Lavender - refill	6x100ml	30.50	V	*8.70*	**891442**									
Orange Clove Cinnamon - refill	6x100ml	32.60	V	*9.30*	**891446**									
❊ ***Heaven Scent - vegan - Tealights - 4 hour***														
Tealights 24p - unscented	1x24p	3.30	V	*5.65*	**891405**									
❊ ***incognito***														
Citronella Incense Sticks	1x10p	4.45	V	*7.62*	**890990**									
Java Citronella Essential Oil *organic*	1x10ml	5.60	V	*9.56*	**890995**									
see the Toiletries & Natural Remedies section for the rest of this anti-insect range														
❊ ***Nutley Hall Beeswax Candles***														
Birthday Candles 60mm x 8mm	1x12	3.35	V	*5.35*	**891005**									
Chunky Candles 140mm x 30mm	1xpair	7.50	V	*12.05*	**891007**									
Normal Candles 160mm x 20mm	1xpair	4.35	V	*7.00*	**891015**									
Stubby Candles 55mm x 30mm	1xsingle	2.50	V	*4.00*	**891020**									
Big Candles 250mm x 20mm	1xpair	6.85	V	*11.00*	**891025**									
❊ ***Waft - vegan plant based pump air fresheners***														
Waft of Geranium Air Freshener Spray	6x100ml	24.30	V	*6.49*	**891034**									
Waft of Lavender Air Freshener Spray	6x100ml	24.30	V	*6.49*	**891036**									
Waft of Lemongrass Air Freshener Spray	6x100ml	24.30	V	*6.49*	**891038**									
Waft of Orange Air Freshener Spray	6x100ml	24.30	V	*6.49*	**891039**									
Waft of Rose Air Freshener Spray	6x100ml	24.30	V	*6.49*	**891042**									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
■ Packaging & Publications														
❊ ***Bread Matters***														
Do/Sourdough/Slow bread for busy lives - book	1x1book	7.45		*9.99*	**950600**									
❊ ***Liz Cook Charts - all Charts in cardboard tubes***														
Essential Oils For Home Use Chart	1x1	3.85 V		*6.16*	**950602**									
Natural Cleaning Solutions Chart	1x1	3.85 V		*6.16*	**950606**									
Natural First Aid Chart	1x1	3.85 V		*6.16*	**950607**									
Nutritional Chart	1x1	3.85 V		*6.16*	**950610**									
Woman's Healing Herb Chart	1x1	3.85 V		*6.16*	**950615**									
Rainbow Food Activity Chart	1x1	3.85 V		*6.16*	**950620**									
Yoga Chart	1x1	3.85 V		*6.16*	**950625**									
Seasonal Fruit & Veg Chart	1x1	3.85 V		*6.16*	**950630**									
Children's Colouring Plate	1x1	3.85 V		*6.16*	**950632**									
❊ ***Brown Paper Bags - Polyethylene lined heat sealable***														
The measurements describe bag width x depth x height														
Brown Lined Heat Sealable Paper Bags - 90x60x252mm	750	85.00 V	0.11		**970455**									
Brown Lined Heat Sealable Paper Bags - 90x65x230mm	700	78.70 V	0.11		**970495**									
❊ ***Brown Paper Bags - unlined***														
The measurements describe bag width x depth x height														
Paper Bags - 90x50x190mm	250	19.90 V	0.08		**970501**									
Paper Bags - 150x215x310mm	250	14.50 V	0.06		**970505**									
Paper Bags - 175x290x345mm	250	20.00 V	0.08		**970510**									
❊ ***Polyprop Bags***														
Bags 76x125x229mm (polyprop)	1000	28.10 V	0.03		**971015**									
Bags 90x150x295mm (polyprop)	1000	61.00 V	0.06		**971020**									
Bags 150x200x305mm (polyprop)	1000	64.00 V	0.06		**971023**									

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Terms and Conditions

Application and entire agreement

1. These Terms and Conditions will apply to the purchase of the goods detailed in our quotation (Goods) by the buyer (you) from Infinity Foods Wholesale Ltd a company registered in England and Wales under number IP22397R whose registered office is at 46 Dolphin Road, Shoreham-by-sea, West Sussex, BN43 6PB (we or us).
2. These Terms and Conditions will be deemed to have been accepted by you when you accept them or the quotation or from the date of any delivery of the Goods (whichever happens earlier) and will constitute the entire agreement between us and you.
3. These Terms and Conditions and the quotation (together, the Contract) apply to the purchase and sale of any Goods between us and you, to the exclusion of any other terms that you try to impose or incorporate, or which are implied by trade, custom, practice or course of dealing.

Interpretation

4. A "business day" means any day other than a Saturday, Sunday or bank holiday.
5. The headings in these Terms and Conditions are for convenience only and will not affect their interpretation.
6. Words imparting the singular number include the plural and vice-versa.

Goods

7. The description of the Goods is set out in our sales documentation, unless expressly changed in our quotation. In accepting the quotation you acknowledge that you have not relied upon any statement, promise or other representations about the Goods by us. Descriptions of the Goods set out in our sales documentation are intended as a guide only.
8. We can make any changes to the specification of the Goods which are required to conform to any applicable safety or other statutory or regulatory requirements.

Price

9. The price (Price) of the Goods is set out in our quotation current at the date of your order or such other price as we may agree in writing.
10. If the cost of the Goods to us increases due to any factor beyond our control including, but not limited to, material costs, labour costs, alteration of exchange rates or duties, or changes to delivery rates, we can increase the Price prior to delivery.
11. Any increase in the Price under the clause above will only take place after we have told you about it.
12. You may be entitled to discounts. Any and all discounts will be at our discretion.
13. The Price is inclusive of fees for packaging and transportation / delivery unless otherwise specified
14. The Price is exclusive of any applicable VAT and other taxes or levies which are imposed or charged by any competent authority.

Cancellation and alteration

15. Details of the Goods as described in the clause above (Goods) and set out in our sales documentation are subject to alteration without notice and are not a contractual offer to sell the Goods which is capable of acceptance.
16. The quotation (including any non-standard price negotiated in accordance with the clause on Price (above) is only valid at the time it is given unless different terms have been agreed with us.
17. Either of us can cancel the order for any reason prior to your acceptance (or rejection) of the quotation.

Payment

18. We will invoice you for the Price either:
a. on or at any time after delivery of the Goods; or
b. where the Goods are to be collected by you or where you wrongfully do not take delivery of the Goods, at any time after we have notified you that the Goods are ready for collection or we have tried to deliver them
19. You must pay the Price upon agreement of order. This may be prior to receipt of goods. If credit terms have been agreed between us then payment must be made within these agreed terms.
20. You must make a payment even if a delivery has not taken place i.e when an attempt to deliver has been made.
21. If you do not pay within the period set out above, we reserve our right to suspend any further deliveries to you, and without limiting any of our other rights or remedies for statutory interest, charge you interest at the rate of 5% per annum above the base rate of the Bank of England from time to time on the amount outstanding until you pay in full.
22. Time for payment will be of the essence of the Contract between us and you.
23. All payments must be made in British Pounds unless otherwise agreed in writing between us.
24. Both parties must pay all amounts due under these Terms and Conditions in full without any deduction or withholding except as required by law and neither party is entitled to assert any credit, set-off or counterclaim against the other in order to justify withholding payment of any such amount in whole or in part.

Delivery

25. We will arrange for the delivery of the Goods to the address specified in the quotation, or your order or to another location we agree in writing.
26. If you do not specify a delivery address or if we both agree, you must collect the Goods from our premises.
27. Subject to the specific terms of any special delivery service, delivery can take place at any time of the day and must be accepted at any time between 8 am to 8 pm.
28. If you do not take delivery of the Goods we may, at our discretion and without prejudice to any other rights:
a. store or arrange for the storage of the Goods and will charge you for all associated costs and expenses including, but not limited to, transportation, storage and insurance; and / or
b. make arrangements for the redelivery of the Goods and will charge you for the costs of such redelivery; and/or
c. after 10 business days, resell or otherwise dispose of part or all of the Goods and charge you for any shortfall below the price of the Goods.
29. If redelivery is not possible as set out above, you must collect the Goods from our premises and will be notified of this. We can charge you for all associated costs including, but not limited to, storage and insurance.
30. Any dates quoted for delivery are approximate only, and the time of delivery is not of the essence. We will not be liable for any delay in delivery of the Goods that is caused by a circumstance beyond our control or your failure to provide us with adequate delivery instructions or any other instructions that are relevant to the supply of the Goods.
31. We can deliver the Goods by installments, which will be invoiced and paid for separately. Each installment is a separate contract. Any delay in delivery or defect in an installment will not entitle you to cancel any other installment.

Inspection and acceptance of Goods

32. You must inspect the Goods on delivery or collection.
33. If you identify any damages or shortages, you must inform us in writing within 7 days of delivery, providing details.
34. Other than by agreement, we will only accept returned Goods if we are satisfied that those Goods are defective and if required, have carried out an inspection.
35. Subject to your compliance with this clause and/or our agreement, you may return the Goods and we will, as appropriate, repair, or replace, or refund the Goods or part of them.
36. We will be under no liability or further obligation in relation to the Goods if:
a. if you fail to provide notice as set above; and/or
b. you make any further use of such Goods after giving notice under the clause above relating to damages and shortages; and/or
c. the defect arises because you did not follow our oral or written instructions about the storage, commissioning, installation, use and maintenance of the Goods; and/or
d. The defect arises from natural deterioration of the Goods; and/ or
e. The defect arises from misuse or alteration of the Goods, negligence, wilful damage or any other act by you, your employees or agents or any other third party
37. You bear the risk and cost of returning the Goods.
38. Acceptance of the Goods will be deemed to be upon inspection of them by you and in any event immediately after delivery.

Risk and title

39. The risk in the Goods will pass to you on completion of delivery.
40. Title to the Goods will not pass to you until we have received payment in full (in cash or cleared funds) for: (a) the Goods and/or (b) any other goods or services that we have supplied to you in respect of which payment has become due.
41. Until title to the Goods has passed to you, you must (a) hold the Goods on a fiduciary basis as our bailee; and/or (b) store the goods separately and not remove, deface or obscure any identifying mark or packaging on or relating to the Goods; and/or (c) keep the Goods in satisfactory condition and keep them insured against all risks for their full price from the date of delivery.
42. As long as the Goods have not been resold, or irreversibly incorporated into another product, and without limiting any other right or remedy we may have, we can at any time ask you to deliver up the Goods and, if you fail to do so promptly, enter any of your premises or of any third party where the Goods are stored in order to recover them.

Termination

43. We can terminate the sale of Goods under the Contract where:
a. you commit a material breach of your obligations under these Terms and Conditions;
b. you are or become or, in our reasonable opinion, are about to become the subject of a bankruptcy order or take advantage of any other statutory provision for the relief of insolvent debtors;
c. you enter into a voluntary arrangement under Part 1 of the Insolvency Act 1986, or any other scheme or arrangement is made with your creditors; or
d. you convene any meeting of your creditors, enter into voluntary or compulsory liquidation, have a receiver, manager, administrator or administrative receiver appointed in respect of your assets or undertakings or any part thereof, any documents are filed with the court for the appointment of an administrator, notice of intention to appoint an administrator is given by you or any of your directors or by a qualifying floating charge holder (as defined in para. 14 of Schedule B1 of the Insolvency Act 1986), a resolution is passed or petition presented to any court for the winding up of your affairs or for the granting of an administration order, or any proceedings are commenced relating to your insolvency or possible insolvency.

Limitation of liability

44. Our liability under the Contract, and in breach of statutory duty, and in tort, misrepresentation or otherwise will be limited to this clause.
45. Subject to the clauses above on Inspection and Acceptance and Risk and Title, all warranties, conditions or other terms implied by statute or common law (save for those implied by Section 12 of the Sale of Goods Act 1979) are excluded to the fullest extent permitted by law.
46. If we do not deliver the Goods, our liability is limited, subject to the clause below, to the costs and expenses incurred by you in obtaining replacement goods of similar description and quality in the cheapest market available, less the price of the Goods.
47. Our total liability will not, in any circumstances, exceed the total amount of the Price payable by you.
48. We will not be liable (whether caused by our employees, agents or otherwise) in connection with the Goods, for:
a. any indirect, special or consequential loss, damage, costs, or expenses; and/or
b. any loss of profits; loss of anticipated profits; loss of business; loss of data; loss of reputation or goodwill; business interruption; or, other third party claims; and/or
c. any failure to perform any of our obligations if such delay or failure is due to any cause beyond our reasonable control; and/or
d. any losses caused directly or indirectly by any failure or breach by you in relation to your obligations; and/or
e. any loss relating to the choice of the Goods and how they will meet your purpose or the use by you of the Goods supplied.
49. The exclusions of liability contained within this clause will not exclude or limit our liability for death or personal injury caused by our negligence; or for any matter for which it would be illegal for us to exclude or limit our liability; and for fraud or fraudulent misrepresentation.

Communications

50. All notices under these Terms and Conditions must be in writing and signed by, or on behalf of, the party giving notice (or a duly authorised officer of that party).
51. Notices will be deemed to have been duly given:
a. when delivered, if delivered by courier or other messenger (including registered mail) during the normal business hours of the recipient;
b. when sent, if transmitted by fax or email and a successful transmission report or return receipt is generated;
c. on the fifth business day following mailing, if mailed by national ordinary mail; or
d. on the tenth business day following mailing, if mailed by airmail.
52. All notices under these Terms and Conditions must be addressed to the most recent address, email address or fax number notified to the other party.

Circumstances beyond the control of either party

53. Neither party shall be liable for any failure or delay in performing their obligations where such failure or delay results from any cause that is beyond the reasonable control of that party. Such causes include, but are not limited to: power failure, internet service provider failure, industrial action, civil unrest, fire, flood, storms, earthquakes, acts of terrorism, acts of war, governmental action or any other event that is beyond the control of the party in question.

No Waiver

54. No waiver by us of any breach of these Terms and Conditions by you shall be considered as a waiver of any subsequent breach of the same or any other provision.

Severance

55. If one or more of these Terms and Conditions is found to be unlawful, invalid or otherwise unenforceable, that / those provisions shall be deemed severed from the remainder of these Terms and Conditions (which will remain valid and enforceable).

Law and jurisdiction

56. These Terms and Conditions are governed by and interpreted according to English law. All disputes arising under these Terms and Conditions are subject to the exclusive jurisdiction of the English courts.

Infinity foods trading information

Infinity Fleet Deliveries

* Infinity Fleet Deliveries within the shaded area. Any queries please ring our sales team

Delivery Days & Minimum Orders

Days	Area	Minimum Order	Electronic Order Deadline
Monday	North East & South East London Oxford County Peripherals Thames Valley	£250	11.50pm Thursday
Tuesday	Within Brighton city limits & near our Warehouse Brighton postal area (outside Brighton city limits) West Sussex Oxford	£150 £200 £250 £250	11.50pm Sunday
Wednesday	Central London, West London & North West London Kent	£250	11.50pm Monday
Thursday	East of the A23 The Chilterns Dorset & New Forest	£250	11.50pm Tuesday
Friday	West of the A23 West Surrey & East Berkshire South Wiltshire & South Somerset	£250	11.50pm Wednesday 11.50pm Wednesday 11.50pm TUESDAY

Trading Information for collections

- Minimum order value is £100
- Orders need to be placed at least one day before collection date (Mon to Fri)
- When placing the order, please provide an approximate collection time (9am to 4pm)
- Pick up is from ‘Customer Collections’ 46 Dolphin Road, Shoreham, BN43 6PB
- If no-one is around when you arrive, please follow the instructions on the board

Placing an Order

Orders can be placed any day and time via our website. Stock levels are updated daily. If you would like log in details for the site or have any questions, please get in touch on **info@infinity.coop**. To register for an account, please visit our website **www.infinityfoodswholesale.coop**

Office Opening Hours and Contact Information

Call: 01273 456376, phone is staffed 8.30am to 5pm Monday to Friday. Email: info@infinity.coop, orders@infinity.coop

Payment

You can pay by bank transfer or most debit/credit cards. We require payment prior to despatch. The invoice will be emailed to you the day before the scheduled delivery. For card payments please call us on **01273 456376**, you can pay over the phone or request an email payment link. For bank transfers please email us the payment confirmation.

Receiving order

We always do our best to make sure that your delivery arrives as ordered, but occasionally we do make a mistake. Please check your order on arrival. Once it is signed for, we can’t accept any claims made except for quality issues. If you do have a problem, please get in touch with us before returning goods

Discount

Business customers receive a discount based on the order value before tax at £200= 1%, £300=2%, £400=3%, £500=4%, £800=5%, £1500=6%, £2000=7% - for collections there is an additional 2%

National Delivery Trading Information

AREA	POSTCODES	Minimum Order	Expected Delivery Day
AREA 1	AL,B,BA,BB,BD,BL,BR,BS,CB,CH,CR,CV,CW,DA, DE,DN,DY,EN,GL,GU,HA,HD,HP,HX,IG,KT,L,LE, LN,LS,LU,M,MK,NG,NN,OL,OX,PE,PR,RG,RH, RM,S,SG,SK,SL,SM,SN,ST,TF,TW,UB,WA,WD, WF,WN,WR,WS,WV	£400	Orders placed before noon will be able to select the next day as the earliest dispatch date Delivery is scheduled for the day after dispatch Monday to Friday 9am to 5pm
AREA 2	BH,CF,CM,CO,CT,DH,DL,DT,FY,HG,HR,HU,IP, ME,NE,NP,NR,PO-MAINLAND,SP,SO,SR,SS,TA, TN,TS,YO E,N,NW,SE,SW	£450	
AREA 3	CA,EX,LA,LL,PL,TQ,W	£500	
AREA 4	DG,EH,FK,G,KA1-26,29-30,KY,LD,ML, PA1-19,SA,SY,TD,TR1-20, TR26-27,TR93,EC,WC	£600	
AREA 5	AB,DD,IV1-39,IV52-54,IV63,KW1-14,PH1 41, PA21-38, PA40,AB10-25,DD,PH1-18	£700	Delivery is scheduled for 2-3 days after dispatch

National Delivery - Carrier Service

To deliver outside our fleet delivery area we book pallet spaces with a national haulage company. The service they provide is a kerbside delivery of a pallet Monday to Friday between 9am and 5pm.

Receiving a Carrier Order

Carrier customers wishing to return goods must obtain agreement from us first. Should you be unhappy with the condition of your order upon delivery you MUST sign the CARRIER'S delivery note as appropriate e.g 'Received as damaged'.

Carrier Delivery Discount

Business customers in Areas 1,2 & 3 receive a discount based on the order value before tax at £500=2%, £600=3%, £700=4%, £800=5%, £1500=6%, £2000=7%

Infinity Foods Co-operative Limited, 46 Dolphin Road, Shoreham-By-Sea, W Sussex BN43 6PB
Tel: 01273 456376. VAT Registration Number: 315 6637 56
Infinity Foods Co-operative Limited is registered under the Co-operative and Community Benefit Societies Act 2014 Register Number: 22397R
The Registered Office is 25 North Road, Brighton BN1 1YA

We are here!

Opening hours : Monday - Friday, 8.30am - 5pm
Note* Customer collections from 46 Dolphin Road, 9am - 4pm

*Note for customers collecting from Infinity that fluorescent jackets must be worn, many thanks.

Infinity Foods
orderline

www.infinityfoodswholesale.coop

Phone: 01273 456376

Email: orders@infinity.coop*

*Note: this email is for placing orders ONLY.

Infinity Foods Co-operative Limited
46 Dolphin Road, Shoreham-by-Sea, West Sussex, BN43 6PB.

MIX
Paper from responsible sources
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