

new products

Breakfast Cereals & Cereal Flakes

Infinity - Pre-Packed Organic Breakfast Cereals

New from Infinity Foods, organic vegan **Fig & Granola Muesli**. Sweet figs, creamy walnuts and crunchy granola are mixed with cashews, seeds, toasted flakes and oats. The result, a bowl of wonderful textures and natural sweetness that works harmoniously with Greek yogurt or your favourite milk. Packaged in a recyclable bag.

✱	Fig & Walnut Granola Muesli	organic	6x500g	14.75	3.29	4031
✱	Fig & Walnut Granola Muesli	organic	6x1kg	26.95	5.99	4032

Rude Health - Granola

New and on offer from Rude Health, vegan **Maple & Pecan Granola**. A deliciously indulgent flavour combination made with buttery pecans and rich amber maple syrup. It is a high fibre cereal made with wholegrains that is HFSS compliant. The pricing below represents a discount of 15%.

☐	Maple & Pecan Granola		6x400g	17.75	4.22	71783
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Nuts and Seeds

Coconut Merchant

New and on offer from Coconut Merchant is organic vegan gluten-free **Creamed Coconut**. It is made from raw coconut puree sustainably sourced from Sri Lanka without using monkeys. Creamed coconut is packed with fibre and extra virgin coconut oil. It is used to thicken sauces or to add to sweet treats like ice cream and desserts. Packed in a card box. The pricing below represents a discount of 15%.

☐	Creamed Coconut	organic	12x200g	17.80	1.98	90718
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Pasta

Mr Organic - pasta

New from Mr Organic, a range of organic vegan white wheat pastas. All are made from durum wheat grown in Casona di Puglia which is known as the 'Granary of Italy'. The pasta is bronze extruded to create a rough, porous texture to hold onto sauce. It is made in small batches and dried slowly at low temperatures. The four lines are **White Fusilli** twists, **White Penne Rigate** (tubes with longitudinal ridges), **White Spaghetti** and **White Tagliatelle** ribbons. All are packaged in recyclable paper.

✱	White Fusilli	organic	12x500g	21.50	2.39	131545
✱	White Penne Rigate	organic	12x500g	21.50	2.39	131547
✱	White Spaghetti	organic	12x500g	21.50	2.39	131548
✱	White Tagliatelle	organic	12x500g	21.50	2.39	131549

Noodles

Clearspring - wheat-free

New from Clearspring, two organic vegan gluten-free rice noodles. **Black Rice Noodles** contain 80% brown rice flour and 20% black rice flour and have a delicate nutty flavour. Soak in freshly boiled water for 3 minutes, drain and add to stir-fries or soups. **Brown Rice Vermicelli Noodles** contain 100% brown rice flour. Made using wholegrain rice, these noodles have a firm texture and a subtle flavour. They take three minutes to cook and are perfect in soups, stir fries and even vermicelli puddings. Clearspring cut their noodles shorter to make them easier to prepare and enjoy.

✱	Black Rice Noodles GF	organic	10x200g	29.90	3.99	490504
✱	Brown Rice Vermicelli Noodles GF	organic	8x200g	20.35	3.39	490505

Bread, Rice Cakes, Crackers etc

Karg

New from Dr Karg are vegan **Pumpkin Seeds Protein Thins Crispbread**. They are made from wheat flour and also contain chopped pumpkin seeds, sesame seeds and linseeds which provide extra protein. The crispbread is naturally high in protein and an option for those who wish to lower their carbohydrate intake.

✱	Pumpkin Seeds Protein Thins Crispbread	organic	14x150g	35.05	3.34	173263
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Oils & Fats

Coconut Merchant

New and on offer from Coconut Merchant is vegan keto paleo **MCT Coconut Oil**. Containing 97% C8, it is ethically sourced with no odour or taste, so it will not affect the flavour of your food or drink. Add MCT oil to your coffee, smoothies, salads or baking to help sustain energy and focus throughout the day. It is packaged in a glass bottle in a cardboard tube. The pricing below represents a discount of 15%.

☐	MCT Coconut oil		1x500ml	11.90	15.87	200597
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Hellenic Sun

New from Hellenic Sun, **Olive Oil Greek Extra Virgin** in a 750ml glass bottle produced in Crete from indigenous Koroneiki olives. The fertile soils, dry climate and sunshine means this high quality oil has low acidity, exceptional flavour and fragrance. The Extra Virgin classification means that the oil has been extracted solely by mechanical means, without applied heat or chemical solvents.

✱	Olive Oil Greek Extra Virgin		12x750ml	127.60	14.18	210511
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Nut Butter, Pâté, Spreads & Jam

Kallo Foods - gluten-free

New from Kallo Foods, a range of organic vegan gluten-free **veggie dips** in three flavours. All have a base of sun-ripened tomatoes. The **Chunky Tomato & Lentil** adds beluga lentils, **Spicy Tomato** combines peppers with a hint of chilli, and **Tomato & Olives** is enhanced with a mix of green and black olives. Serve with your favourite flatbread, crackers or crudités. Packed in glass jars with metal lids.

✱	Chunky Tomato & Lentil Veggie Dip	organic	6x140g	14.40	3.19	290936
✱	Spicy Tomato Veggie Dip	organic	6x135g	14.40	3.19	290938
✱	Tomato & Olives Veggie Dip	organic	6x135g	14.40	3.19	290939

Meridian

New and on offer from Meridian is **Protein Smooth Peanut Butter 100%**. Ground in North Wales from a high protein peanut, this palm oil-free nut butter has 30g of protein per 100g which is 4g more than the standard. The pricing below represents a discount of 20%

☐	Protein Smooth Peanut Butter 100%		3x700g	11.65	5.17	251611
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Honey, Syrup, Sugar & Sweeteners

St Lawrence Gold Canadian Maple Syrup & Honey

New from St Lawrence Gold, organic **Maple Syrup - dark grade A - bag in box 5l**. This will replace the 4l over the period of this catalogue. With a dark robust taste this fine maple syrup is packed in a recyclable bladder in a card box.

✱	Maple Syrup - dark grade A - bag in box	organic	5l	86.60	17.32	316521
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Olives, Pickles and Preserved Vegetables

Biona - in jars

New from Biona are organic vegan **Italian Sliced Green Olives in brine** Sourced from Cerignola, they have a crisp buttery flavour. Sliced for convenience, use in salads, sandwiches or summer pizza in the garden.

✱	Italian Sliced Green Olives in brine	organic	5x280g	13.85	3.69	350609
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Sauces, Fruit and Vegetable Products

Clearspring - gluten-free Thai sauce in glass

New from Clearspring, organic vegan gluten-free **Pad Thai Sauce** in a glass bottle. Pad Thai is a stir-fried rice noodle dish served as street food in Thailand. This sauce is easy to use and captures the essence of savoury tangy Pad Thai without the fish sauce and refined sugar. Ingredients: date syrup, rice syrup, apple puree, tamarind paste, onion puree, garlic puree, tomato puree and salt.

✱	Pad Thai Sauce	organic	6x150ml	25.15	5.59	390664
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Mr Organic - Italy - Vegan					
New from Mr Organic, four vegan organic gluten-free tomato pasta sauces with no added sugar, produced in Italy. The first two are the top selling traditional sauces in a smooth form to please even the fussiest of eaters. Basilico Smooth Pasta Sauce with basil, onion, garlic and lemon juice. Bolognese Smooth Pasta Sauce with onion, celery, carrot, basil and lemon juice. New flavours to the range are Aubergine Ragu Pasta Sauce with aubergine, onion, dried tomatoes, garlic basil and lemon juice. Mushroom Ragu Pasta Sauce with mushrooms, onions, garlic dried tomatoes, parsley, vinegar and a touch of chilli. All are packed in glass jars.					
✱	Aubergine Ragu Pasta Sauce	organic	6x350g	14.80	3.29 392162
✱	Basilico Smooth Pasta Sauce	organic	6x350g	13.90	3.09 392172
✱	Bolognese Smooth Pasta Sauce	organic	6x350g	13.90	3.09 392173
✱	Mushroom Ragu Pasta Sauce	organic	6x350g	14.80	3.29 392183

Convenience Foods

Suma - soup in easy-open cans

New from Suma vegan **Chik'n Soup**, with coconut cream and vegan chicken-style pieces made with soya and wheat protein. Ideal for a quick, filling lunch, made in the UK and packaged in an easy-open tin.

✱	Chik'n Soup		12x400g	20.25	2.25 445585
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Teas - Black, Green & White

Qi Herbal Health - FairTrade - Green Tea Bags

New from Qi Teas organic Fairtrade vegan gluten-free **Jasmine Green Tea Bags**, a sweet and aromatic tea authentically prepared in the traditional Chinese way. High in the mountains green tea is layered between jasmine petals for the slow natural absorption of the scent from the petals into the tea leaves. Perfect for an afternoon boost.

✱	Jasmine Green Tea Bags	organic	6x25bgs	17.10	3.79 580404
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Qi Herbal Health - Loose

New from Qi Teas organic Fairtrade vegan gluten-free **Jasmine Loose Leaf Green Tea**. A refreshing loose leaf green tea infused with the delicate aroma of fresh, morning-picked jasmine petals. Prepared in the traditional way by layering green tea with fresh jasmine petals allowing the sweet scent of the jasmine to be naturally absorbed into the leaves.

✱	Jasmine Loose Leaf Green Tea	organic	6x100g	31.10	6.92 580406
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Coffee

CaféDirect FairTrade R&G

New and on offer is Fairtrade **CaféDirect R&G Familia Arabica Espresso**. Meaning 'family' in Spanish, this premium espresso roast is grown by family-run farming communities partnered with CaféDirect. It is a smooth caramel, vanilla, dark roast with a citrusy finish. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.

☐	CaféDirect Familia Arabica Espresso - 5		6x200g	21.05	4.67 600471
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CaféDirect Roast Coffee Beans FairTrade

New and on offer from CaféDirect is **Fairtrade Whole Bean Familia Arabica Espresso** in a **200g** pack and a **1kg** pack. Also new and on offer is Fairtrade **Wholebean Familia Original Espresso** in a **1kg** pack. The original is slightly stronger, tasting of dark chocolate and spices with a creamy mouthfeel. The packaging can be recycled with bags at larger stores. The pricing below represents a discount of 15%.

☐	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	6x200g	21.05	4.67 600473
☐	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	1x1kg	14.95	19.91 600475
☐	Whole Coffee Beans - Familia Original Espresso - 5	organic	1x1kg	13.75	18.31 600477

Drinks - Herbal, Tonic, Coconut and Iced Tea

Counter Culture Vegan Sparkling Kombucha - tin

New from Counter Culture three organic vegan gluten-free sparkling Kombuchas in aluminium cans. They are brewed using green tea at a carbon neutral fermentary in Bristol. The artwork on the cans is eye-catching and modern and 51% of shares and 5% of sales go towards social initiatives. **Against the Current - Rhubarb + Hibiscus Kombucha** is a light kombucha with sharp rhubarb balanced with the deep raspberry notes of hibiscus. **Al of the Storm - Mango + Ginger + Lime Kombucha** - the perfectly balanced triple tippie with sea salt and turmeric. **Look Up - Lemongrass + Ginger Kombucha** - zesty lemongrass with a kick of ginger, try it served over ice for any social occasion that needs a lift. These sparkling kombuchas are brewed to be lighter in acidity than a typical booch.

✱	Against the Current - Rhubarb + Hibiscus Kombucha	organic	12x330ml	16.80 V	2.30 640366
✱	Al of the Storm - Mango + Ginger + Lime Kombucha	organic	12x330ml	16.80 V	2.30 640368
✱	Look Up - Lemongrass + Ginger Kombucha	organic	12x330ml	16.80 V	2.30 640370

Suma

New and on offer from Suma is organic vegan **Cola Kombucha**, an exciting fusion of traditional cola flavours with the fizzy, tangy essence of kombucha. Bursting with a billion cultures, Suma's cola kombucha is craft brewed and traditionally fermented with no artificial sweeteners. The pricing below represents a discount of 10%.

☐	Cola Kombucha	organic	24x250ml	23.55 V	1.57 641022
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Drinks - Fruit & Vegetable Juices, Cordials & Water

Cawston Press - Tetra

New and on offer from Cawston Press is vegan gluten-free **Sunshine Orange Fruit Water - multipack**. This is a mix of not-from-concentrate pressed apple juice, orange juice and antioxidant vitamin C; there is a vibrant burst of flavours in every sip. It is school compliant and packed in a tetra pack with a paper straw. The pricing below represents a discount of 20%.

☐	Sunshine Orange Fruit Water - multipack		6x3x200ml	9.40 V	2.51 661175
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Drinks - Carbonated

Cawston Press - cans

New and on offer from Cawston Press is vegan gluten-free **Cloudy Lemonade Sparkling** in a can. Squeezed lemons, crisp apples and sparkling water combine for this classic summer drink. The pricing below represents a discount of 20% off the new case price of £20.20.

☐	Cloudy Lemonade Sparkling		24x330ml	16.15 V	1.08 661202
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Drinks - Soya, Nut, Grain, Milk & Desserts

Sojade - plant based drinks & cream

New from Sojade, organic vegan gluten-free **Soya Protein - unsweetened** made only from soya beans from France. There is 40g of protein in each 750ml tetra pack which is 5.2g/100ml (compared to 3.8g/100ml for the standard soya). The consistency is the same as the standard soya milk, it is slightly sweeter and has a less pronounced soya taste due to the production process. Very good in tea.

✱	Soya Protein - unsweetened	organic	8x750ml	11.65	1.94 724612
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Savoury Snacks

Fairfields - potato crisps - Vegan - gluten-free

New and offer are Fairfields vegan gluten-free **Prawn Cocktail Potato Crisps**, a classic flavour inspired by the 1970s dinner party starter of prawns in a Marie Rose sauce. The pricing below represents a discount of 15%.

☐	Prawn Cocktail		36x40g	14.25 V	0.64 751007
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Fairfields - potato crisps - Vegan - gluten-free

New and offer are Fairfields vegan gluten-free **Prawn Cocktail Potato Crisps** in a large sharing bag, the pricing below represents a discount of 15%.

☐	Prawn Cocktail		10x150g	10.40 V	1.69 751019
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Trafo - Snacks

New from Trafo are organic vegan gluten-free **Corn Peanut Flips**. These have a new case size and barcodes and are replacing the 12x75g Corn Peanuts which have been delisted. There are no ingredient changes. Also new are organic vegan **Pretzel Sticks** - these wheat flour treats are naturally moreish with crunch and a salty bite, perfect with a pint. The pricing marked ☐ below represents a discount of 15%.

✱	Corn Peanut Flips	organic	8x75g	14.70	2.45 753276
☐	Pretzel Sticks	organic	12x100g	15.00	1.67 753262

Trafo - Hand Cooked Potato Crisps

New and on offer from Trafo are organic gluten-free **Cheese & Onion Hand Cooked Crisps**, These are lovely thick cut crisps cooked in sunflower oil. The pricing marked ☐ below represents a discount of 15%.

☐	Cheese & Onion Hand Cooked Crisps	organic	15x40g	13.25 V	1.41 753306
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Trafo - Potato Crisps

New and on offer from Trafo, organic gluten-free vegan potato crisps. **Salted Crisps - fried in coconut oil**. Tasty and satisfying, they are cooked longer than regular crisps at a maximum temperature of 165 deg C which gives them more bite. **Salted Crisps - fried in EV olive oil** delicious and good for people who cannot eat sunflower or rapeseed oil, they taste like classic Spanish crisps. The pricing below represents a discount of 15%.

☐	Salted Crisps - fried in coconut oil	organic	12x100g	25.10 V	3.35 753300
☐	Salted Crisps - fried in EV olive oil	organic	12x100g	31.35 V	4.18 753301

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Sweet Snacks & Confections

Clif Bars

New and on offer is the Clif **Peanut Butter Banana Bar**, made with the traditional Elvis flavours, peanut butter, rich dark chocolate, dried bananas and crunchy peanut. This big hunk o' love has 10g of plant-based protein for your active adventures, the pricing below represents a discount of 20%.

☐	Peanut Butter Banana Bars	12x68g	11.85 V	1.58	7 62 3 6 6
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Oambar - raw chocolate bars & buttons

New and on offer from Oambar a more indulgent 42g version of the "Centres" bars with deeper filling. There is also a new flavour **Almond Butter Filled Chocolate Bar**. This has the classic Oambar chocolate with an almond butter / creamed coconut centre. The new centres are **Coco Raspberry, Coco Vanilla, Hazelnut Truffle**, and **Pistachio Cream**. The pricing below represents a discount of 20%.

☐	Almond Butter Filled Chocolate Bar	organic	15x42g	16.45 V	1.75	7 6 5 7 7 5
☐	Coco Raspberry Filled Chocolate Bar	organic	15x42g	16.45 V	1.75	7 6 5 7 7 6
☐	Coco Vanilla Filled Chocolate Bar	organic	15x42g	16.45 V	1.75	7 6 5 7 7 8
☐	Hazelnut Truffle Filled Chocolate Bar	organic	15x42g	16.45 V	1.75	7 6 5 7 7 9
☐	Pistachio Cream Filled Chocolate Bar	organic	15x42g	16.45 V	1.75	7 6 5 7 8 1

Ricola

New from Ricola, three new gluten-free vegan flavours for the range containing the famous 13 Swiss Alpine herbs. **Eucalyptus Cherry Cough Drops with Stevia** are packaged in bags and contain cherry juice and eucalyptus oil. These cough drops sooth mild sore throats and they are individually wrapped in traditional sweet twists. **Blackberry with Stevia** and **Raspberry Mint with Stevia** are packaged in boxes made from FSC certified card. All are produced allergen free.

✱	Eucalyptus Cherry Cough Drops with Stevia - bag	12x70g	12.40 V	1.65	7 6 7 7 5 9
✱	Blackberry with Stevia - box	20x45g	19.90 V	1.59	7 3 7 7 6 3
✱	Raspberrry Mint with Stevia - box	20x45g	19.90 V	1.59	7 6 7 7 6 5

Trek Bars - vegan - gluten-free

New and on offer from Trek is the **Biscoff Power** bar, containing 15g of plant protein and the all important biscoff spread. When testing out on my normally circumspect daughter, I was told 'it is like a dream, Dad'. The bar contains soya protein crunchies. The pricing below represents a discount of 20%.

☐	Biscoff Power	16x55g	19.25 V	1.96	7 6 6 6 8 1
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Condiments, Stocks, Salt & Miscellaneous Foods

Essential Trading

New from Essential Trading, certified **Atlantic Sea Salt - Fine** in a 5kg bag. This Portuguese vegan approved salt can be used in organic systems and is packaged in a natural polythene LFT bag.

✱	Atlantic Sea Salt - Portugal - Fine	organic	5kg	8.50	1.70	7 9 1 7 1 8
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Geo Organics Portuguese Sea Salt

New from Geo Organics certified **Atlantic Sea Salt - Fine 25kg**. Harvested by hand from the Portuguese shores, with no vehicles used in its collection, meaning it has a minimal effect on the environment. It is organically approved. The salt is packed in a natural polythene LFT bag

✱	Atlantic Sea Salt - Fine	certified	25kg	20.95	0.84	7 9 1 6 5 4
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Uhhmami organic broths and seasoning.

New from Uhhmami is a range of organic gluten-free vegan broths and flavours that can instantly add new depth, complexity and flavour to your dishes. They have been designed by Frank Lantz, a Michelin starred head chef. The broths are in powder form and come in four classic flavours: **Beef'ish, Chicken'ish, Ocean'ish** and **Vegetables**. Just add 2 teaspoons per 500ml of liquid. The four seasoning flavours can be used as condiments or ingredients incorporated into a dish. They are: **Bacon'ish, Blue Cheese'ish, Cheese'ish** and **Truffle'ish**. All are packed in re-sealable recyclable plastic foil pouches.

✱	Bacon'ish - flavours	organic	4x40g	9.60	3.20	7 9 1 6 7 3
✱	Beef'ish - broth	organic	4x40g	9.60	3.20	7 9 1 6 7 4
✱	Blue Cheese'ish - flavours	organic	4x40g	9.60	3.20	7 9 1 6 7 5
✱	Cheese'ish - flavours	organic	4x40g	9.60	3.20	7 9 1 6 7 6
✱	Chicken'ish - broth	organic	4x40g	9.60	3.20	7 9 1 6 7 7
✱	Ocean'ish - broth	organic	4x40g	9.60	3.20	7 9 1 6 7 8
✱	Truffle'ish - flavours	organic	4x40g	9.60	3.20	7 9 1 6 7 9
✱	Vegetables - broth	organic	4x40g	9.60	3.20	7 9 1 6 8 1

Kitchen & Household Goods

Alter/Native by Suma - soap containers

New from Alter/Native, a range of soap containers to join the soap tin. **Bamboo Soap Dish - rectangle** is designed to hold the Alter/Native rectangular soaps. It has drainage slots and rests on small silicone feet to let the liquid drain away. The **Bamboo Soap Dish - round** is similar to the rectangular dish but designed for the round Alter/Native soaps. Both soap dishes are made from sustainable bamboo which is neither a food source nor a habitat for pandas, and they both contain no dye or stains. **Soap Bag - organic cotton** is a mesh bag that fits one rectangular soap or haircare bar. It extends the soap life by allowing it to drain and dry easily.

✱	Bamboo Soap Dish - rectangle	6x1p	17.45 V	4.65	8 2 0 7 0 4	
✱	Bamboo Soap Dish - round	6x1p	12.55 V	3.35	8 2 0 7 0 6	
✱	Soap Bag - organic cotton	organic	1x1p	1.20 V	1.92	8 2 0 7 0 8

Cheeky Panda Bamboo products

New from Cheeky Panda, **Flat Box Facial Tissues with Aloe - 64s** are soft tissues with soothing aloe lotion in a top opening flat card box. These are perfect for a sore, cold ridden nose. New and on offer are **9 Toilet Rolls - Natural Colour** these 3-ply brown bamboo toilet rolls are unbleached, soft and sustainable with 200 sheets per roll. The pricing marked ☐ below represents a discount of 20%. For both products for every pack sold, a donation is made to the WWF, supporting their vital climate and conservation efforts.

✱	Flat Box Facial Tissues with Aloe - 64s	12x160g	17.25 V	2.30	8 2 0 5 5 7
☐	9 Toilet Rolls - Natural Colour	5x9p	18.75 V	6.00	8 2 0 5 6 5

ecoLiving

New from ecoLiving a **Bottle Brush - for narrow necks**. A very long (38cm) and narrow bottle brush with an FSC certified beechwood handle and 25mm tampico bristles attached to the dried wire core. Ideal for cleaning bottles with a very narrow neck such as kefir bottles. Made in Europe.

✱	Bottle Brush - for narrow necks	1x1p	3.10 V	5.09	9 1 2 0 6 9
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La Droguerie Ecologique - vegan

New from La Droguerie Ecologique a **Nail Brush - beechwood - vegan**, with agave bristles. This is a double sided brush, soft one side and hard the other. It is made from FSC certified beechwood. Perfect for cleaning dirty nails, it measures 9x3.5cm.

✱	Nail Brush - beechwood - vegan	1x1p	2.10 V	3.36	8 2 0 7 4 9
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Household & Industrial Cleaning Products

Ecover Laundry

New and on offer from Ecover, double concentrated laundry capsules in two fragrances. **Double Concentrated Bio Laundry Capsules - lilac & rose** comes in two sizes, 18 and 34 capsules. This formula is designed to help clothes last longer. It fights stains at temperatures as low as 20deg C, protects and revives colour and removes bobbling from cotton fibres after multiple washes. **Double Concentrated Non Bio Laundry Capsules - almond & apricot** also in 18 and 34 capsules have been formulated to be gentle on skin and help clothes last longer. They clean clothes thoroughly and remove tough stains. Both formulas have been dermatologically tested and are packed in card boxes. The pricing below represents a discount of 20%.

☐	Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	36.60 V	7.32	8 3 2 0 0 1
☐	Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	64.40 V	12.88	8 3 2 0 0 3
☐	Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	36.60 V	7.32	8 3 2 0 0 4
☐	Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	64.40 V	12.88	8 3 2 0 0 6

Simple Living Eco

New from Simple Living Eco is a range of **ultra-concentrated multi purpose cleaners** with a neutral pH. Containing a blend of sugar surfactants and biobased chelates, with a whole range of plant and flower extracts including witch hazel and aloe vera., each 30ml concentrate can be diluted down with water to provide 500ml of cleaner thus preventing emissions by not shipping water around the country. There are three fragrances: **Citrus Passion** - a lemony scent enriched with citrusy blends - **Sunshine Squeeze** - a zesty blend apparently reminiscent of a sunlit orchard - and **Unscented**. The concentrates are packed in glass bottles in a card box, and are suitable for all surfaces in your kitchen and bathroom. The plant-based ingredients power through grease & grime. Also new is **Laundry Detergent Sheet - Coconut** - 32 sheets - a new fragrance for the range, packed in a card box.

✱	Laundry Detergent Sheet - Coconut - 32 sheets	10x85g	44.65 V	8.00	8 3 3 0 7 1
✱	Ultra-conc Multi Cleaner - Citrus Passion	12x30ml	24.30 V	3.31	8 3 3 0 7 6
✱	Ultra-conc Multi Cleaner - Sunshine Squeeze	12x30ml	24.30 V	3.31	8 3 3 0 7 7
✱	Ultra-conc Multi Cleaner - Unscented	12x30ml	24.30 V	3.31	8 3 3 0 7 9

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Toiletries & Natural Remedies

Ben & Anna - organic vegan natural soda deodorants

New from Ben & Anna, organic vegan gluten-free creme deodorants packaged in a poly potato sphere. **Deocreme - Green Balance** (without bicarbonate of soda) - this is based on a magnesium complex that gently and effectively prevents odour. The light cream is absorbed leaving a fresh feeling and fragrance. Shea butter and vegetable oils moisturise the skin. **Deocreme - Love Me** is based on finely ground bicarbonate of soda to reduce bacteria, moisture and odours. It has a light creamy texture that is absorbed without leaving any residue. It has a floral/exotic fragrance. Made from potato starch, paper and natural fibres, the spheres are fully home compostable and will start to decompose after a few weeks.

✱	Deocreme - Green Balance poly potato sphere	organic	1x40g	4.95 V	8.81	859208
✱	Deocreme - Love Me - poly potato sphere	organic	1x40g	4.95 V	8.81	859209

Ben & Anna - organic vegan bodycare

New from Ben & Anna, a range of organic gluten-free vegan lip balms in card sticks. **Lip Balm Pure** rich formula of plant oils and waxes including shea butter, coconut oil and bran wax with no additives or fragrances. It gives your lips intense moisture and a smooth feeling all day. **Lip Balm Raspberry** and **Lip Balm Strawberry** have the same nourishing base with a fruity fragrance. These lip balms are plastic free with vitamin E and no palm oil. They are packaged in simple card tubes crimped at the end with a cap that slides shut over the balm. Simply squeeze the bottom of the tube to push the balm up. The lip balms are packed very neatly into card shelf hangers with attractive colourful striped designs.

✱	Lip Balm Pure	organic	6x6g	16.50 V	4.95	859211
✱	Lip Balm Raspberry	organic	6x6g	16.50 V	4.95	859212
✱	Lip Balm Strawberry	organic	6x6g	16.50 V	4.95	859213

Odyskin organic vegan reef-friendly Suncare

New from Odyskin, an organic vegan **Tinted Sunstick SPF50 in a push up card tube**. Certified COSMOS it is medium tinted so not to leave white marks and it contains ricinus oil to soften and cocoa oil to hydrate the skin. It provides effective protection against UVA and UVB rays and is recommended for protecting scars and tattoos. The packaging is plastic-free with a card tube in a card carton.

✱	Tinted Sunstick SPF50 - card tube	organic	1x25g	8.20 V	14.79	857549
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Organii - Bodycare - SLS-free

New and on offer are two additions to the Organii organic vegan suncare range. **SPF30 Sun Lotion** offers broad spectrum UVA and UVB protection to help prevent sunburn. The natural formula is enriched with aloe vera, green tea leaf extract and coconut oil that will leave your skin soft and supple. Suitable for children and adults. Returning is **SPF50 Sun Milk** - this fragrance free, mineral sun milk blends quickly into the skin. Enriched with argan, calendula and jojoba, it is suitable for babies, children and adults. The pricing below represents a discount of 15%.

☐	SPF30 Sun Lotion	organic	1x100ml	9.40 V	16.90	857671
☐	SPF50 Sun Milk	organic	1x125ml	13.20 V	23.67	857674

Aromatherapy, Candles & Incense

Aqua Oleum Organic Essential Oils

New from Aqua Oleum, **Organic Lavender Oil Merchandiser**. The most popular essential oil in a cost saving card pack and each glass bottle is individually packaged. The familiar relaxing sweet-floral scent is a healing & soothing versatile remedy.

✱	Organic Lavender Oil Merchandiser	organic	18x10ml	72.90 V	8.10	881312
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Aqua Oleum essential oil blends

New from Aqua Oleum, an extension to the essential oil blends. **Brighten: revive & uplift blend**, including lemon myrtle and grapefruit, is a fresh zesty fragrance to inspire and revitalise. **Deep Sleep: restful night blend** contains valerian and vetivert and has a calming effect. **Defence: prevent & protect blend** with fragonia and ravintsara has a fresh herbaceous scent. **Mountain Air: fresh & purifying blend** includes juniper berry & black spruce and has a woody resinous aroma which is uplifting and refreshing. **Sacred Space: meditation aid blend** with frankincense & palmarosa. is soft and reminiscent of incense - grounding and harmonising. **Serenity: stress-relief blend** includes neroli & petitgrain; a gentle, floral-citrus fragrance that is elevating and soothing. All the blends are in glass bottles in a card box.

✱	Brighten: revive & uplift blend		3x10ml	15.00 V	9.99	880622
✱	Deep Sleep: restful night blend		3x10ml	19.50 V	12.99	880623
✱	Defence: prevent & protect blend		3x10ml	16.50 V	10.99	880624
✱	Mountain Air: fresh & purifying blend		3x10ml	16.50 V	10.99	880626
✱	Sacred Space: meditation aid blend		3x10ml	16.50 V	10.99	880631
✱	Serenity: stress-relief blend		3x10ml	19.50 V	12.99	880636

Aqua Oleum Body Oils

New from Aqua Oleum a range of body oils. **Aches & Pains: muscle ease & remedial body oil** - a blend of botanicals including rosemary & black pepper, warming and soothing. **After Dark: sensual body oil** includes jasmine with sandalwood. An uplifting intoxicating scent that leaves skin silky smooth. **Natural Detox: purifying & cleansing body oil** - a mix of active botanicals including grapefruit & fennel seed that tone & stimulate. **Tranquility: relaxing & calming body oil** contains chamomile & petitgrain; use as a relaxing massage oil to calm body & mind. **Wild Rose: regenerative body oil** with amyris & rose. This is regenerative & restorative keeping skin supple and radiant. All are packaged in blue glass bottles in a card box.

✱	Aches & Pains: muscle ease & remedial body oil		1x100ml	7.50 V	14.99	880637
✱	After Dark: sensual body oil		1x100ml	7.50 V	14.99	880638
✱	Natural Detox: purifying & cleansing body oil		1x100ml	7.50 V	14.99	880639
✱	Tranquility: relaxing & calming body oil		1x100ml	7.50 V	14.99	880646
✱	Wild Rose: regenerative body oil		1x100ml	7.50 V	14.99	880648

special offers

Please note that the prices listed below are the offer prices.

All offers run for two months, or while stocks last.

Prices are fixed at the point of ordering so that these prices apply to orders PLACED from 5pm 30th April to 5pm 28th June.

The non-offer prices will be printed in the July 2024 Catalogue.

Flours & Baking Requisites

Doves Farm - non-organic - Freee

15% off list May and June

☐	Wholegrain Buckwheat Flour - gluten-free		5x1kg	15.90	4.24	51044
☐	Rice Flour (brown & white) - gluten-free		5x1kg	7.80	2.08	51037
☐	Gram Flour - gluten-free		5x1kg	9.55	2.55	51047
☐	Gluten-free Plain White Flour		5x1kg	9.55	2.55	51075
☐	Gluten-free Self-Raising White Flour		5x1kg	9.55	2.55	51077
☐	Gluten-free Brown Bread Flour		5x1kg	10.05	2.68	51080
☐	Gluten-free White Bread Flour		5x1kg	9.55	2.55	51082

Doves Farm - baking requisites

15% off list May and June

☐	Baking Powder - gluten-free		5x130g	5.90	1.57	41203
☐	Bicarbonate of Soda - gluten-free		5x200g	5.40	1.44	41208
☐	Corn Starch Flour - gluten-free	organic	5x110g	7.00	1.87	41212

Breakfast Cereals & Cereal Flakes

Alara Breakfast cereals in compostable packaging

20% off list May and June

☐	Apple & Cinnamon Birch	organic	6x650g	14.60	3.24	60105
☐	Ancient Grains Muesli	organic	6x450g	15.30	3.40	60111
☐	Crispy Fruit Muesli	organic	6x550g	14.60	3.24	60112
☐	Gluten-free Muesli with Goji & Cranberries	organic	6x450g	16.75	3.72	60114
☐	Rich Muesli	organic	6x500g	14.25	3.17	60250
☐	Gluten-free Delight Muesli	organic	6x250g	14.60	3.24	60266
☐	Fruits & Seeds Muesli	organic	6x650g	14.60	3.24	60268
☐	Luxury Gluten-free Porridge - no oats		6x500g	13.15	2.92	70485
☐	Original Muesli	organic	6x650g	14.60	3.24	60269
☐	Everyday Gluten-free Pure Oatflakes		6x500g	11.75	2.61	70490

Bear

15% off list May and June

☐	Cocoa Alpha Bites		4x350g	7.35	2.45	70506
☐	Multigrain Alpha Bites		4x350g	7.35	2.45	70509

Lizi's - The Good Carb Food Co.

15% off list May and June

☐	High Protein Granola		10x350g	26.40	3.52	71612
☐	Organic Granola	organic	10x350g	27.35	3.65	71604
☐	Original Granola - non-organic		10x450g	24.65	3.29	71606
☐	Gluten-free Granola		10x350g	31.95	4.26	71607
☐	Low Sugar Granola		10x450g	26.40	3.52	71608

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Rude Health - For Kids						
15% off list May and June						
☐	Honey Spelt Puffs	organic	8x175g	16.65	2.97	6 373 34
Rude Health - muesli						
15% off list May and June						
☐	Instant Bircher Muesli Apple & Cinnamon		6x375g	12.45	2.96	7 173 0
☐	Instant Bircher Muesli Soft & Fruity		6x375g	12.45	2.96	7 173 1
☐	The Ultimate Muesli - vegan	organic	6x400g	17.75	4.23	7 173 9
Rude Health - Granola						
15% off list May and June						
☐	The Ultimate Granola	organic	6x400g	17.75	4.23	7 177 6
☐	Chocolate Crunch Granola		6x400g	14.25	3.39	7 177 7
☐	Crunchy Almond Granola		6x400g	14.25	3.39	7 177 8
☐	Crunchy Berry Granola	organic	6x400g	17.75	4.22	7 177 9
☐	Low Sugar Granola - Almond & Hazelnut		6x400g	14.25	3.39	7 178 2
☐	Maple & Pecan Granola - New!		6x400g	17.75	4.22	7 178 3
Rude Health						
15% off list May and June						
☐	Puffed Oats		8x175g	10.70	1.91	7 175 0
☐	Honey Puffed Oats - gluten-free		4x240g	10.10	3.61	7 175 2
☐	Puffed Brown Rice - gluten-free		4x225g	5.70	2.04	7 175 5
☐	Fruity Date Porridge		6x400g	10.75	2.54	7 178 6
☐	5 Seed 5 Grain Porridge		6x400g	10.75	2.54	7 179 0
Nuts and Seeds						
Alara Milled Seeds in compostable packaging						
20% off list May and June						
☐	Milled Linseeds - Raw	organic	6x500g	17.80	3.96	9 067 2
Coconut Merchant						
15% off list May and June						
☐	Creamed Coconut - New!	organic	12x200g	17.80	1.98	9 071 8
Pasta						
Doves Farm - gluten-free						
15% off list May and June						
☐	Brown Rice Fusilli	organic	8x500g	20.65	3.44	130 365
☐	Brown Rice Penne	organic	8x500g	20.65	3.44	130 370
☐	Brown Rice Spaghetti	organic	12x500g	30.95	3.44	130 375
☐	Buckwheat Penne	organic	8x500g	24.65	4.11	130 377
☐	Maize and Rice Fusilli	organic	8x500g	16.75	2.79	130 380
☐	Maize and Rice Lasagne	organic	6x250g	12.55	2.79	130 381
☐	Maize and Rice Penne	organic	8x500g	16.75	2.79	130 385
☐	Maize and Rice Spaghetti	organic	12x500g	25.20	2.80	130 395
☐	Multigrain Penne	organic	8x500g	20.65	3.44	130 397
Bread, Rice Cakes, Crackers etc						
Amisa - gluten-free						
15% off list May and June						
☐	Classic Baguette French Style	organic	8x180g	17.25	2.88	169 863
☐	Seeded Baguette Rustic Style	organic	8x160g	16.75	2.80	169 868
Biona - long life pumpernickel style - wheat free						
15% off list May and June						
☐	Rye Chia & Flax Bread	organic	7x500g	12.85	2.45	170 112
☐	Rye Omega Golden Linseed Bread	organic	7x500g	12.00	2.29	170 165
☐	Rye & Pumpkin Seed Bread	organic	7x500g	12.85	2.45	170 167
Nairn's - gluten-free oat range						
20% off list May and June						
☐	Wholegrain Crackers - gluten-free		8x160g	11.10	1.85	174 752
☐	Gluten-free Oatcakes		8x213g	12.40	2.07	174 756
☐	Gluten-free Super Seeded Oatcakes		8x180g	12.40	2.07	174 759

✱ new product ☐ on offer
 ▲ price rise ▼ fall

Rude Health - thin & round puffed crackers - gluten free									
15% off list May and June									
☐	Buckwheat Crackers	organic	8x100g	11.85	2.12	179 189			
☐	Chickpea & Lentil Crackers	organic	8x120g	9.50	1.70	176 199			
☐	Corn Crackers	organic	8x120g	9.50	1.70	176 206			
☐	Multigrain Crackers	organic	8x100g	11.85	2.12	176 207			

Biscuits and Cakes

Nairn's - Gluten-free Oat Biscuit Breaks - Vegan

20% off list May and June									
☐	Oats & Chocolate Chip biscuit break		12x160g	18.80	2.09	182 397			
☐	Oat & Fruit Biscuit Break		12x160g	18.80	2.09	182 398			
☐	Oat & Stem Ginger Biscuit Break		12x160g	18.80	2.09	182 396			

Oils & Fats

Clearspring

15% off list May and June									
☐	Coconut Oil - virgin - 200g	organic	6x220ml	17.55	3.90	200 492			
☐	Coconut Oil - virgin - 400g	organic	6x440ml	32.85	7.30	200 493			

Coconut Merchant

15% off list May and June									
☐	Coconut Oil - raw extra virgin - plastic tub	organic	20l	140.55	7.03	200 588			
☐	Coconut Oil - raw extra virgin - plastic tub	organic	4l	32.70	8.18	200 590			
☐	Coconut Oil - raw extra virgin - glass	organic	12x500ml	64.15	7.13	200 595			
☐	MCT Coconut oil - New!		1x500ml	11.90	15.87	200 597			

Nut Butter, Pâté, Spreads & Jam

Meridian

15% off list May and June									
☐	Crunchy Almond Butter 100%		6x170g	12.55	2.79	251 502			
☐	Smooth Almond Butter 100%		6x170g	12.55	2.79	251 503			
☐	Smooth Cashew Butter		6x170g	14.70	3.27	251 515			
☐	Crunchy Cashew Butter		6x170g	14.70	3.27	251 516			

Meridian

20% off list May and June									
☐	Protein Smooth Peanut Butter 100% - New!		3x700g	11.65	5.17	251 611			

Mr Organic Dips & Spreads

15% off list May and June									
☐	Black Bean & Red Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252 501			
☐	Butter Bean & Yellow Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252 502			
☐	Chickpea & Tomato Antipasti Dip	organic	6x230g	13.30	2.96	252 503			

Honey, Syrup, Sugar & Sweeteners

Coconut Merchant - jar

15% off list May and June									
☐	Coconut Nectar - honey alternative	organic	12x300g	35.65	3.96	311 590			

Olives, Pickles and Preserved Vegetables

Biona - in jars

15% off list May and June									
☐	Gherkins Sliced - sml	organic	6x350g	16.00	3.56	350 619			
☐	Sauerkraut - lge	organic	6x680g	12.95	2.88	350 627			
☐	Sauerkraut - Beetroot	demeter	6x350g	9.50	2.12	350 631			

Mr Organic - Antipasti - Vegan

15% off list May and June									
☐	Grilled Artichoke Antipasti	organic	5x190g	15.55	4.15	350 430			
☐	Grilled Peppers Antipasti	organic	5x190g	12.40	3.31	350 434			
☐	Sundried Tomatoes & Capers Antipasti	organic	5x190g	12.40	3.31	350 438			

☆ size/other change
 ◆ offer ended

Organico - Mediterranean Vegetables in jars									
20% off list May and June									
☐	Capers in brine - large	organic	12x250g	24.85	2.76	351695			

Vinegars

Rayners organic raw unfiltered vinegars in glass									
20% off list May and June									
☐	Apple Cider Vinegar with the mother	organic	6x750ml	17.95	3.99	371620			
☐	Apple Cider Vinegar with the mother	organic	6x500ml	13.45	2.99	371622			
☐	Coconut Vinegar with the mother	organic	6x250ml	16.15	3.59	371625			
☐	Pomegranate Vinegar with the mother	organic	6x250ml	17.95	3.99	371628			
☐	Red Wine Vinegar with the mother	organic	6x500ml	13.45	2.99	371630			
☐	White Wine Vinegar with the mother	organic	6x500ml	13.45	2.99	371632			

Sauces, Fruit and Vegetable Products

Biona - Sauces. Mustards, Pastes, Relish									
15% off list May and June									
☐	BBQ Sauce	organic	6x250ml	12.95	2.88	390094			
☐	Squeezy Original Mayonnaise	organic	6x270ml	17.90	3.98	390186			
☐	Egg-free Mayo - Vegan	organic	6x230g	13.35	2.97	390161			
☐	Mustard - Dijon	organic	6x200g	12.55	2.79	390172			
☐	Squeezy Classic Tomato Ketchup	organic	12x560g	32.80	3.64	390138			
☐	Sweet Chilli Sauce	organic	6x250ml	12.95	2.88	390176			

Biona - Tomato Products									
15% off list May and June									
☐	Tomatoes Chopped	organic	12x400g	12.90	1.43	390105			
☐	Tomatoes Whole Plum	organic	12x400g	12.90	1.43	390110			
☐	Tomatoes - Whole Cherry - canned	organic	12x400g	14.45	1.61	390113			
☐	Tomato Purée - jar	organic	6x200g	9.15	2.03	390135			

Clearspring - canned									
15% off list May and June									
☐	Coconut Milk	organic	6x400ml	9.50	2.11	390505			
☐	Extra Rich Coconut Cream	organic	6x200ml	8.75	1.94	390510			

Clearspring - in glass									
15% off list May and June									
☐	Jackfruit (young chunks) in salted water - large	organic	6x500g	13.35	2.97	390514			

Coconut Merchant - canned									
15% off list May and June									
☐	Coconut Milk	organic	6x400ml	7.05	1.57	390752			
☐	Coconut Milk	organic	12x200ml	11.40	1.27	390754			

Coconut Merchant - tetra									
15% off list May and June									
☐	Coconut Cream Tetra	organic	6x330ml	8.90	1.98	390760			

Essential Trading									
20% off list May and June									
☐	Tom Purée Tube Double Conc. - tube	organic	12x130g	11.45	1.27	391230			
☐	Chopped Tomatoes	organic	12x400g	9.75	1.08	391235			

Geo Organics - Taste of the East - Indian									
15% off list May and June									
☐	Balti Curry Paste	organic	6x180g	14.70	3.27	391475			
☐	Bhuna Curry Paste	organic	6x180g	14.70	3.27	391477			
☐	Korma Curry Paste	organic	6x180g	14.70	3.27	391485			
☐	Madras Curry Paste	organic	6x180g	14.70	3.27	391487			
☐	Tikka Masala Curry Paste	organic	6x180g	14.70	3.27	391490			

Geo Organics - Taste of the East - Thai									
15% off list May and June									
☐	Green Thai Curry Paste	organic	6x180g	14.70	3.27	391492			
☐	Red Thai Curry Paste	organic	6x180g	14.70	3.27	391495			
☐	Yellow Thai Curry Paste	organic	6x180g	14.70	3.27	391497			

Geo Organics - Taste of the East - Indonesia									
15% off list May and June									
☐	Satay Paste - Indonesian	organic	6x180g	14.70	3.28	391481			

Mr Organic - Italy - Vegan									
15% off list May and June									
☐	Aubergine Pesto - no added sugar - vegan	organic	6x130g	12.55	2.79	392156			
☐	Basil Pesto - no added sugar - Vegan	organic	6x130g	12.55	2.79	392133			
☐	Basil & Chilli Pesto - no added sugar - vegan	organic	6x130g	12.55	2.79	392165			
☐	Chilli & Garlic Pesto - Vegan	organic	6x130g	12.55	2.79	392129			
☐	Grilled Pepper Pesto - no added sugar - vegan	organic	6x130g	12.55	2.79	392167			
☐	Sundried Tomato Pesto - no added sugar - vegar	organic	6x130g	12.55	2.79	392134			
☐	Tomato Olive Pesto - no added sugar - vegan	organic	6x130g	12.55	2.79	392126			
☐	Flavour Paste - Tomato & Garlic	organic	6x200g	9.10	2.02	392168			
☐	Flavour Paste - Tomato & Pepper	organic	6x200g	9.10	2.02	392169			
☐	Flavour Paste - Tomato & Vegetable	organic	6x200g	9.10	2.02	392171			

Zest Foods - vegan sauces									
33% off list May and June									
☐	Basil & Oregano Pasta Sauce		6x340g	8.60	1.91	395515			
☐	Spinach Mushroom & Ric***a Sauce with lentils		6x340g	13.15	2.92	395517			
☐	Tomato Fiery Chilli Pasta Sauce		6x340g	8.60	1.91	395510			
☐	Tomato & Mas***pone Sauce with coconut		6x340g	13.15	2.92	395516			
☐	Tom, Mushroom, Smoke Garlic Pasta Sauce		6x340g	8.60	1.91	395520			
☐	Tom, Mushroom, Green Pepper Pasta Sauce		6x340g	8.60	1.91	395525			
☐	Sun-dried Tomato Paste		6x170g	9.30	2.07	395530			
☐	Basil Vegan Pesto - lge		6x340g	15.90	3.53	395555			
☐	Basil Vegan Pesto - sml		6x165g	9.30	2.07	395560			
☐	Coriander, Basil & Hazel Pesto-style Sauce		6x165g	9.30	2.07	395552			
☐	Red Vegan Pesto		6x165g	9.30	2.07	395553			

Convenience Foods

Suma - Baked Beans and canned meals									
15% off list May and June									
☐	Baked Beans	organic	12x400g	10.60	1.18	444490			
☐	Baked Beans - Low Sugar	organic	12x400g	10.60	1.18	444491			

Suma - Beans & Pulses easy-open cans									
15% off list May and June									
☐	Catering size Black Beans	organic	6x2.6kg	18.15	4.03	444598			
☐	Brown Lentils	organic	12x400g	8.80	0.98	445509			
☐	Pinto Beans	organic	12x400g	8.80	0.98	444518			

Japanese Products, Miso, Soy Sauce, Tofu

Ocean's Halo									
20% off list May and June									
☐	Miso Broth - tetra	organic	6x946ml	18.15	4.04	481040			
☐	Pho Broth - tetra	organic	6x946ml	18.15	4.04	481042			
☐	Ramen Broth - tetra	organic	6x946ml	18.15	4.04	481044			

Sea Vegetables

Clearspring									
15% off list May and June									
☐	Ginger Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	531041			
☐	Multipack Ginger Seaveg Crispies	organic	6x5x4g	19.05	4.23	531043			
☐	Turmeric Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	531045			
☐	Multipack Turmeric Seaveg Crispies	organic	6x5x4g	19.05	4.23	531047			
☐	Original Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	531050			
☐	Multipack Original Seaveg Crispies	organic	6x5x4g	19.05	4.23	531052			
☐	Chilli Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	531059			
☐	Multipack Chilli Seaveg Crispies	organic	6x5x4g	19.05	4.23	531061			

Ocean's Halo		
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Teas - Herb

Bos Teas

15% off list May and June

☐	Rooibos Tea Tin	organic	12x40bgs	62.25	6.92	575020
☐	Rooibos Tea	organic	12x40bgs	36.85	4.09	575022
☐	Apple & Mint Rooibos	organic	12x20bgs	29.50	3.28	575024
☐	Chai Rooibos Tea	organic	12x20bgs	29.50	3.28	575025
☐	Orange & Ginger Rooibos Tea	organic	12x20bgs	29.50	3.28	575026
☐	Strawberry & Vanilla Rooibos Tea	organic	12x20bgs	29.50	3.28	575027

Hampstead - string & tag envelope- Infusion

20% off list May and June

☐	Digest Well - was Fennel & Peppermint	demeter	4x20bgs	8.35	2.79	560810
☐	Rooibos	organic	4x20bgs	8.35	2.79	560824
☐	Sleep Well	organic	4x20bgs	8.35	2.79	560826

Yogi Tea - promotional Tea Mug

Yogi Tea Mug promotion. For every 6 cases of Yogi Tea ordered, quote the code below and receive a free case of 12 promotional Yogi mugs. Give your customers one free mug for every 3 packets of tea bought. The mugs are white ceramic with a pretty henna foliage design.

☐	Yogi Mug Promo	organic	1x12mug		0.00	571934
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Teas - Black, Green & White

Hampstead

20% off list May and June

☐	Focus Well - was Oriental Chai	organic	4x20bgs	8.35	2.79	580467
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Coffee

CaféDirect FairTrade R&G

15% off list May and June

☐	CaféDirect Familia Arabica Espresso - 5 - New!		6x200g	21.05	4.67	600471
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CaféDirect Roast Coffee Beans FairTrade

15% off list May and June

☐	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	6x200g	21.05	4.67	600473
☐	Whole Coffee Beans - Familia Arabica Espresso - 5	organic	1x1kg	14.95	19.91	600475
☐	Whole Coffee Beans - Familia Original Espresso - 5	organic	1x1kg	13.75	18.31	600477

Drinks - Herbal, Tonic, Coconut and Iced Tea

Biona - Kombucha - glass

15% off list May and June

☐	Kombucha Ginger & Lime	organic	6x330ml	10.45 V	2.79	641012
☐	Kombucha Original	organic	6x330ml	10.45 V	2.79	641014
☐	Kombucha Cherry & Mint	organic	6x330ml	10.45 V	2.79	641016

Clipper FairTrade -

15% off list May and June

☐	Chamomile Peach & Orange Fusion	organic	12x250ml	11.05 V	1.49	641830
☐	Lemon Ginger & Rooibos Fusion	organic	12x250ml	11.05 V	1.49	641832

Honegar -50% honey & 50% cider vinegar

20% off list May and June

☐	Honegar - small		6x500ml	16.45 V	4.39	641505
☐	Honegar		6x750ml	24.75 V	6.61	641507

Lo Bros Vegan Kombucha - glass

15% off list May and June

☐	Cola Kombucha Living Soda		12x330ml	16.00 V	2.13	641514
☐	Blueberry Lemonade Kombucha		12x330ml	16.00 V	2.13	641521
☐	Fruit Crush Kombucha Limited Edition		12x330ml	16.00 V	2.13	641522
☐	Ginger & Lemon Kombucha		12x330ml	16.00 V	2.13	641524
☐	Raspberry & Blackcurrant Kombucha		12x330ml	16.00 V	2.13	641528
☐	Raspberry & Lemon Kombucha		12x330ml	16.00 V	2.13	641526
☐	Original Kombucha		12x330ml	16.00 V	2.13	641527
☐	Passion Fruit Kombucha		12x330ml	16.00 V	2.13	641628
☐	Peach & Ginger Fruit Kombucha		12x330ml	16.00 V	2.13	641629

Suma

10% off list May and June

☐	Cola Kombucha - New!	organic	24x250ml	23.55 V	1.57	641022
☐	Elderflower Lemon Kombucha	organic	24x250ml	23.55 V	1.57	641033
☐	Ginger Kombucha	organic	24x250ml	23.55 V	1.57	641035
☐	Lychee Lemongrass Kombucha	organic	24x250ml	23.55 V	1.57	641038
☐	Peach & Turmeric Kombucha	organic	24x250ml	23.55 V	1.57	641036
☐	Strawberry & Raspberry Kombucha	organic	24x250ml	23.55 V	1.57	641037

UFC - coconut water - Tetra - Thai

20% off list May and June

☐	Coconut Water		6x1l	9.50 V	2.53	642905
☐	Coconut Water		12x500ml	13.40 V	1.79	642907
☐	Watermelon Coconut Water		6x1l	11.60 V	3.09	642914

Drinks - Fruit & Vegetable Juices, Cordials & Water

Biona Juices & Drinks - glass bottles

15% off list May and June

☐	Acerola Cherry Juice - pure 100%	organic	6x330ml	23.85 V	6.37	660675
☐	Blueberry Juice - 100%	organic	6x330ml	27.05 V	7.22	660685
☐	Cranberry Juice -100% - lge	organic	6x750ml	31.80 V	8.49	660714
☐	Elderberry Juice - 100%	organic	6x330ml	16.85 V	4.49	660717

Cawston Press - Tetra

20% off list May and June

☐	Cloudy Apple		6x1l	10.65 V	2.84	661157
☐	Apple & Ginger		6x1l	10.65 V	2.84	661159
☐	Apple & Rhubarb		6x1l	10.65 V	2.84	661160
☐	Brilliant Beetroot		6x1l	11.60 V	3.09	661162
☐	Squeezed Orange		6x1l	11.60 V	3.09	661164
☐	Apple & Mango Fruit Water - multipack		6x3x200ml	9.40 V	2.51	661170
☐	Apple & Pear Fruit Water - multipack		6x3x200ml	9.40 V	2.51	661172
☐	Apple & Summer Berries Fruit Water - multipack		6x3x200ml	9.40 V	2.51	661174
☐	Sunshine Orange Fruit Water - multipack - New!		6x3x200ml	9.40 V	2.51	661175

James White unfiltered juices - glass

15% off list May and June

☐	Apple Juice	organic	6x750ml	11.05 V	2.95	664505
☐	Apple & Crushed Ginger Juice	organic	6x750ml	11.40 V	3.04	664507
☐	Carrot & Apple Juice	organic	6x750ml	11.40 V	3.04	664510
☐	Pear Juice	organic	6x750ml	11.40 V	3.04	664518
☐	Apple Juice	organic	24x250ml	19.45 V	1.30	664520
☐	Apple & Crushed Ginger Juice	organic	24x250ml	19.45 V	1.30	664522
☐	Carrot & Apple Juice	organic	24x250ml	19.45 V	1.30	664523
☐	Pear Juice	organic	24x250ml	19.45 V	1.30	664530
☐	Carrot Juice	organic	6x750ml	11.40 V	3.04	664560
☐	Tomato Juice	organic	6x750ml	11.40 V	3.04	664562
☐	Mixed Vegetables Juice	organic	6x750ml	11.40 V	3.04	664565

James White - Beet It

15% off list May and June

☐	Beetroot Juice - Beet It - large - glass	organic	6x750ml	11.20 V	2.98	664555
☐	Beetroot Juice - Beet It - small - plastic	organic	12x250ml	11.10 V	1.49	664590
☐	Ginger Beet It - glass	organic	6x750ml	11.60 V	3.09	664595
☐	1l Tetra Beetroot Juice - Beet It	organic	8x1l	17.35 V	3.47	664605

James White - Veg It

10% off list May and June

☐	Veg-It Tetra - blend of 8 vegetables		8x1l	15.75 V	3.15	664608
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OHMG

20% off list May and June

☐	OHMG - Sparkling Magnesium Water		12x330ml	10.95 V	1.59	662480
☐	OHMG - Raspberry & Lemon Balm		12x330ml	10.95 V	1.59	662482
☐	OHMG - Peach & Rosemary		12x330ml	10.95 V	1.59	662484
☐	OHMG - Blackcurrant & Vitamin C		12x330ml	10.95 V	1.59	662486

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Drinks - Carbonated

Cawston Press - cans

20% off list May and June

☐	Cloudy Apple Sparkling	24x330ml	16.15 V	1.08	661200
☐	Cloudy Lemonade Sparkling - New!	24x330ml	16.15 V	1.08	661202
☐	Elderflower Lemonade	24x330ml	16.15 V	1.08	661204
☐	Ginger Beer Sparkling	24x330ml	16.15 V	1.08	661208
☐	Orange Sparkling	24x330ml	16.15 V	1.08	661210
☐	Rhubarb Sparkling	24x330ml	16.15 V	1.08	661212

Fentimans Botanical Brews - glass

20% off list May and June

☐	Cherry Cola	12x275ml	12.25 V	1.63	671795
☐	Curiosity Cola - sml	12x275ml	12.25 V	1.63	671802
☐	Dandelion & Burdock	12x275ml	12.25 V	1.63	671803
☐	Traditional Ginger Beer - sml	12x275ml	12.25 V	1.63	671805
☐	Raspberry Lemonade	12x275ml	12.25 V	1.63	671801
☐	Rose Lemonade - sml	12x275ml	12.25 V	1.63	671807
☐	Victorian Lemonade	12x275ml	12.25 V	1.63	671810
☐	Mandarin Seville Orange Jigger	12x275ml	12.25 V	1.63	671815
☐	Lemon Shandy - beer & lemonade	12x275ml	12.25 V	1.63	671817
☐	Sparkling Elderflower	12x275ml	12.25 V	1.63	671816

Karma Drinks - FairTrade - cans

20% off list May and June

☐	Karma Cola - can	organic	24x250ml	16.15 V	1.08	661290
☐	Gingerella Ginger Ale - can	organic	24x250ml	16.15 V	1.08	661292
☐	Lemony Lemonade - can	organic	24x250ml	16.15 V	1.08	661295
☐	Razza Raspberry lemonade - can	organic	24x250ml	16.15 V	1.08	661296
☐	Sugar-free Karma Cola - can		24x250ml	16.15 V	1.08	661298
☐	Orangeade - can	organic	24x250ml	16.15 V	1.08	661300

Karma Drinks - FairTrade - glass

20% off list May and June

☐	Karma Cola - bottle	organic	24x300ml	24.00 V	1.60	661306
☐	Gingerella Ginger Ale - bottle	organic	24x330ml	24.00 V	1.60	661311
☐	Lemony Lemonade - bottle	organic	24x300ml	24.00 V	1.60	661316
☐	Razza Raspberry lemonade - bottle	organic	24x300ml	24.00 V	1.60	661314
☐	Sugar-free Karma Cola - bottle		24x300ml	24.00 V	1.60	661317
☐	Orangeade - bottle	organic	24x330ml	24.00 V	1.60	661318

Drinks - Soya, Nut, Grain, Milk & Desserts

Glebe Farm - gluten-free

15% off list May and June

☐	Organic Pure Oaty Barista - gluten-free	organic	6x1l	9.30	2.06	722219
☐	Pure Oaty Barista - gluten-free		6x1l	8.45	1.88	722221
☐	Pure Oaty Creamy Enriched - gluten-free		6x1l	8.45	1.88	722222

Koko - Vegan milk - tetra

15% off list May and June

☐	Barista Coconut alternative to milk + Calcium		6x1l	8.50	1.89	723203
☐	Original Coconut alternative to milk + Calcium		6x1l	8.20	1.82	723205
☐	Unsweetened Coconut alternative to milk + Calcium		6x1l	8.20	1.82	723211

Minor Figures - Vegan

20% off list May and June

☐	Barista Oat		6x1l	7.70	1.71	723540
☐	Barista Chai Concentrate	organic	6x1l	20.25	4.50	723543
☐	Barista Oat (Organic)	organic	6x1l	8.15	1.81	723546
☐	Everyday Oat		6x1l	7.70	1.71	723547

Nutty Bruce - vegan

15% off list May and June

☐	Activated Almond M*lk	organic	6x1l	10.45	2.32	723560
☐	Activated Almond & Coconut M*lk	organic	6x1l	10.45	2.32	723564
☐	Activated Almond & Oat M*lk	organic	6x1l	10.45	2.32	723568

Oatly - Vegan

20% off list May and June

☐	Whole Oat Drink (calcium & vitamins)	6x1l	7.65	1.70	725711
☐	Semi Oat Drink (calcium & vitamins)	6x1l	7.65	1.70	725707
☐	No Sugars Oat Drink (calcium & vitamins)	6x1l	7.65	1.70	725709
☐	Chocolate Oat Drink with calcium & vitamins	6x1l	7.65	1.70	725713
☐	Oat Drink Vanilla Flavour	6x1l	7.65	1.70	725718
☐	Oat Drink Chocolate	18x250ml	9.55	0.72	725722

Rude Health - gluten-free

15% off list May and June

☐	Ultimate Almond - pure almond drink	organic	6x1l	14.70	3.27	724587
☐	Almond Drink - with rice - Large	organic	6x1l	10.30	2.29	724590
☐	Almond No Sugars Drink	organic	6x1l	10.30	2.29	724609
☐	Roasted Almond Oat Drink	organic	6x1l	9.50	2.11	724950
☐	Brown Rice Drink	organic	6x1l	9.50	2.11	724592
☐	Cashew Drink	organic	6x1l	13.35	2.97	724591
☐	Coconut Drink	organic	6x1l	11.40	2.53	724593
☐	Hazelnut Drink	organic	6x1l	11.40	2.53	724594
☐	Oat Drink	organic	6x1l	9.50	2.11	724595
☐	Oat No Sugars Drink	organic	6x1l	9.50	2.11	724616
☐	Soya Drink	organic	6x1l	8.80	1.96	724601
☐	Tiger Nut Drink	organic	6x1l	11.40	2.53	724598

Savoury Snacks

Amazin Maize Chips & Dips - gluten-free

15% off list May and June

☐	Natural Corn Chips (sml)	organic	15x75g	12.95	1.15	750105
☐	Chilli Corn Chips	organic	15x75g	13.85	1.23	750110
☐	Paprika Corn Chips	organic	15x75g	13.85	1.23	750120
☐	Family Bag Natural Corn Chips	organic	10x150g	12.40	1.65	750123
☐	Extra Large Natural Corn Chips	organic	10x250g	17.55	2.34	750124
☐	Salsa Chip-Dip - Hot	organic	6x260g	9.40	2.09	750126
☐	Salsa Chip-Dip - Sweet	organic	6x260g	9.40	2.09	750131

Amazin Corn Rolls (rolled corn chips)

15% off list May and June

☐	Tomato Corn Rolls	organic	14x100g	16.95	1.61	750135
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Clearspring - Japanese

15% off list May and June

☐	Brown Rice Crackers Black Pepper & Tamari	organic	12x40g	17.50	1.94	750299
☐	Brown Rice Crackers Green Nori & Tamari	organic	12x40g	17.50	1.94	750296
☐	Whole Sesame Brown Rice Crackers	organic	12x40g	17.50	1.94	750297
☐	Black Sesame Brown Rice Crackers	organic	12x40g	17.50	1.94	750298

Fairfields - potato crisps - Vegan - gluten-free

15% off list May and June

☐	Bacon & Tomato		36x40g	14.25 V	0.64	751000
☐	Cheese & Onion		36x40g	14.25 V	0.64	751002
☐	Lightly Sea Salted		36x40g	14.25 V	0.64	751004
☐	Roast Rib of Beef		36x40g	14.25 V	0.64	751006
☐	Prawn Cocktail - New!		36x40g	14.25 V	0.64	751007
☐	Sea Salt & Aspsall Cyder Vinegar		36x40g	14.25 V	0.64	751008
☐	Sea Salt & Black Pepper		36x40g	14.25 V	0.64	751010
☐	Sweet Chilli		36x40g	14.25 V	0.64	751012

Fairfields - potato crisps - Vegan - gluten-free

15% off list May and June

☐	Adnams Ghost Ship		10x150g	10.40 V	1.69	751014
☐	Bacon & Tomato		10x150g	10.40 V	1.69	751016
☐	Cheese & Onion		10x150g	10.40 V	1.69	751018
☐	Lightly Sea Salted		10x150g	10.40 V	1.69	751020
☐	Maple Glazed Ham		10x150g	10.40 V	1.69	751021
☐	Prawn Cocktail - New!		10x150g	10.40 V	1.69	751019
☐	Roast Rib of Beef		10x150g	10.40 V	1.69	751022
☐	Sea Salt & Aspsall Cyder Vinegar		10x150g	10.40 V	1.69	751024
☐	Sea Salt & Black Pepper		10x150g	10.40 V	1.69	751026
☐	Sweet Chilli		10x150g	10.40 V	1.69	751028

Mister Free'd

20% off list May and June

☐	Tortilla Chips Avocado	12x135g	14.40	1.60	7 5 2 3 4 0
☐	Tortilla Chips Blue Maize	12x135g	14.40	1.60	7 5 2 3 4 2
☐	Tortilla Chips Chia Seed	12x135g	14.40	1.60	7 5 2 3 4 3
☐	Tortilla Chips Kale Spinach	12x135g	14.40	1.60	7 5 2 3 4 7

Rude Health - Triangles, gluten free, vegan

15% off list May and June

☐	Corn Triangles	organic	6x100g	6.60	1.57	7 5 2 7 4 5
☐	Chickpea Triangles	organic	6x80g	6.60	1.57	7 5 2 7 4 7
☐	High Protein Lentil Triangles		6x70g	6.60	1.57	7 5 2 7 4 8

Trafo - Snacks

15% off list May and June

☐	Pretzel Sticks - New!	organic	12x100g	15.00	1.67	7 5 3 2 6 2
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Trafo - Hand Cooked Potato Crisps

15% off list May and June

☐	Cheese & Onion Hand Cooked Crisps - New!	organic	15x40g	13.25 V	1.41	7 5 3 3 0 6
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Trafo - Potato Crisps

15% off list May and June

☐	Salted Crisps - fried in coconut oil - New!	organic	12x100g	25.10 V	3.35	7 5 3 3 0 0
☐	Salted Crisps - fried in EV olive oil - New!	organic	12x100g	31.35 V	4.18	7 5 3 3 0 1

Sweet Snacks & Confections

Bear - Bars

20% off list May and June

☐	Carrot Cake - fruity oaty bar		21x27g	7.85 V	0.60	7 6 0 1 7 8
☐	Forest Fruit - fruity oaty bar		21x27g	7.85 V	0.60	7 6 0 1 7 9

Bear - Bites - Multipacks

15% off list May and June

☐	Blackcurrant & Beetroot Bites		4x5x18g	8.55	2.85	7 6 0 1 8 1
☐	Strawberry & Butternut Squash Bites		4x5x18g	8.55	2.85	7 6 0 1 8 3

Bear - Paws

20% off list May and June

☐	Raspberry & Blueberry - Paws		18x20g	7.15	0.53	7 6 0 2 1 1
☐	Strawberry & Apple - Paws		18x20g	7.15	0.53	7 6 0 2 1 2

Bear - Splits - Multipacks

15% off list May and June

☐	Strawberry & Apple - Splits		8x5x20g	16.65	2.78	7 6 0 2 1 6
☐	Pineapple & Raspberry - Splits		8x5x20g	16.65	2.78	7 6 0 2 2 3

Bear - Fruit Treasures - Multipacks - 3+ years

15% off list May and June

☐	Berry - Treasures		4x5x20g	7.90	2.63	7 6 0 2 2 4
☐	Tropical - Treasures		4x5x20g	7.90	2.63	7 6 0 2 3 1

Bear - Yoyos

20% off list May and June

☐	Blackcurrant Yoyo Fruit Rolls		18x20g	7.80	0.58	7 6 0 2 2 9
☐	Mango Yoyo Fruit Rolls		18x20g	7.80	0.58	7 6 0 2 2 6
☐	Raspberry Yoyo Fruit Rolls		18x20g	7.80	0.58	7 6 0 2 3 0
☐	Strawberry Yoyo Fruit Rolls		18x20g	7.80	0.58	7 6 0 2 3 5

Bear - Yoyos - Multipacks

15% off list May and June

☐	Multipack Apple Yoyo Fruit Rolls		6x5x20g	12.50	2.78	7 6 0 2 4 5
☐	Multipack Blackcurrant Yoyo Fruit Rolls		6x5x20g	12.50	2.78	7 6 0 2 4 6
☐	Multipack Mango Yoyo Fruit Rolls		6x5x20g	12.50	2.78	7 6 0 2 4 7
☐	Multipack Raspberry Yoyo Fruit Rolls		6x5x20g	12.50	2.78	7 6 0 2 4 8
☐	Multipack Strawberry Yoyo Fruit Rolls		6x5x20g	12.50	2.78	7 6 0 2 5 0
☐	Multipack Blueberry + Banana Smoothie Yoyo		6x5x20g	12.50	2.78	7 6 0 2 5 1

Bear - Giant Yoyos - Multipacks

15% off list May and June

☐	Apple & Blackcurrant Giant Yoyo	6x5x20g	12.50	2.78	7 6 0 2 5 4
☐	Strawberry & Mango Giant Yoyo	6x5x20g	12.50	2.78	7 6 0 2 5 6

Clif Bars

20% off list May and June

☐	Blueberry Almond Crisp Bars		12x68g	11.85 V	1.58	7 6 2 3 5 0
☐	Chocolate Almond Fudge Bars		12x68g	11.85 V	1.58	7 6 2 3 5 5
☐	Chocolate Chip Bars		12x68g	11.85 V	1.58	7 6 2 3 6 0
☐	Crunchy Peanut Butter Bars		12x68g	11.85 V	1.58	7 6 2 3 6 5
☐	Peanut Butter Banana Bars - New		12x68g	11.85 V	1.58	7 6 2 3 6 6
☐	White Chocolate Macadamia Bars		12x68g	11.85 V	1.58	7 6 2 3 7 5

Clif organic nut butter filled bars

20% off list May and June

☐	Chocolate Chip Peanut Butter - Filled Bar	organic	12x50g	15.45 V	2.06	7 6 2 3 9 3
☐	Chocolate Peanut Butter - Filled Bar	organic	12x50g	15.45 V	2.06	7 6 2 3 9 6
☐	Peanut Butter - Filled Bar	organic	12x50g	15.45 V	2.06	7 6 2 3 9 8

Conscious Chocolate - vegan handmade raw chocolate

20% off list May and June

☐	Sour Cherry Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 2 9 2
☐	Darkside - 85% Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 2 9 6
☐	Orange & Tangerine Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 2 9 8
☐	Goji & Coconut Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 3 0 0
☐	Darkside - 75% Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 3 0 2
☐	Love Potion No9 Raw Choc Bar - maca, rose oil	organic	10x60g	17.45 V	2.80	7 6 2 3 0 6
☐	Peppermint Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 3 0 8
☐	Pure Dark 100% Cacao Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 3 0 9
☐	Four Nuts - 60% Raw Choc Bar	organic	10x60g	17.45 V	2.80	7 6 2 3 1 0

Green and Black's

21% off list May and June

☐	85% Dark Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 0 1
☐	70% Dark Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 0 6
☐	Ginger 60% Dark Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 1 9
☐	Hazelnut & Currant Dark Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 2 6
☐	Milk Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 2 8
☐	Milk Choc with Butterscotch Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 2 9
☐	Smooth Dark Choc Bar - FT	organic	15x90g	18.15 V	1.94	7 6 4 0 3 3
☐	Smooth Mint Dark Choc Bar - FT	organic	15x90g	18.15 V	1.94	7 6 4 0 3 4
☐	White Chocolate Bar	organic	15x90g	18.15 V	1.94	7 6 4 0 4 5

Montezuma's Dark Chocolate

20% off list May and June

☐	Dark Chocolate Bar - Chilli Bonkers	organic	12x90g	17.65 V	2.39	7 6 6 2 8 6
☐	FitzRoy - Very Dark Chocolate	organic	12x90g	17.65 V	2.39	7 6 6 2 8 9
☐	Happy Hippy - Dark Chocolate Orange & Geraniu	organic	12x90g	17.65 V	2.39	7 6 6 3 0 1
☐	Royal Mint - Dark Chocolate	organic	12x90g	17.65 V	2.39	7 6 6 3 0 2

Montezuma's - Milk Chocolate (the dark side)

20% off list May and June

☐	Spotch - Dark Milk Butterscotch	organic	12x90g	17.65 V	2.39	7 6 6 2 6 2
☐	Darkside - Dark/Milk Chocolate	organic	12x90g	17.65 V	2.39	7 6 6 2 6 4

Montezuma's Milk Chocolate

20% off list May and June

☐	Smooth Operator - Milk Chocolate	organic	12x90g	17.65 V	2.39	7 6 6 2 6 1
☐	Hot Pickle - Milk Chocolate Chilli & Lime	organic	12x90g	17.65 V	2.39	7 6 6 2 6 6

Montezuma's White Chocolate

20% off list May and June

☐	Great White Chocolate	organic	12x90g	17.65 V	2.39	7 6 6 2 6 7
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Montezuma's Non-Organic Chocolate

20% off list May and June

☐	Absolute Black - 100% Cocoa		12x90g	17.65 V	2.39	7 6 6 2 1 5
☐	Absolute Black with Almonds - 100%		12x90g	17.65 V	2.39	7 6 6 2 1 7
☐	Absolute Black with Orange & Cocoa Nibs - 100%		12x90g	17.65 V	2.39	7 6 6 2 1 8

☐	Black Forest Cherry	12x90g	17.65 V	2.39	766241
☐	Lordy Lord - Dark with Cocoa Nibs	12x90g	17.65 V	2.39	766244
☐	Minted - Milk with Crunchy Peppermint	12x90g	17.65 V	2.39	766246
☐	Sea Dog - Dark with Lime & Sea Salt	12x90g	17.65 V	2.39	766248
☐	Spice It Up - Dark with Ginger	12x90g	17.65 V	2.39	766249

Nakd - Chocolish Big Bite Bars

20% off list May and June

☐	Double Chocolish Big Bite	16x50g	14.70 V	1.47	766591
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Nakd - Protein Bars

20% off list May and June

☐	Protein Caramel Bar	16x45g	10.75 V	1.08	766633
☐	Protein Cocoa Hazelnut Bar	16x45g	10.75 V	1.08	766634
☐	Protein Peanut Butter Bar	16x45g	10.75 V	1.08	766637

Nakd - Raw Fruit & Nut Bars - vegan & gluten-free

20% off list May and June

☐	Almond Macaroon Raw Wholefood Bar	18x35g	9.20 V	0.82	766641
☐	Bakewell Tart Raw Wholefood Bar	18x35g	9.20 V	0.82	766647
☐	Banoffee Pie Raw Wholefood Bar	18x35g	9.20 V	0.82	766642
☐	Berry Delight Raw Wholefood Bar	18x35g	9.20 V	0.82	766648
☐	Blueberry Muffin Raw Wholefood Bar	18x35g	9.20 V	0.82	766644
☐	Carrot Cake Raw Wholefood Bar	18x35g	9.20 V	0.82	766649
☐	Cashew Cookie Raw Wholefood Bar	18x35g	9.20 V	0.82	766650
☐	Cocoa Delight Raw Wholefood Bar	18x35g	9.20 V	0.82	766651
☐	Cocoa Orange Raw Wholefood Bar	18x35g	9.20 V	0.82	766652
☐	Lemon Drizzle	18x35g	9.20 V	0.82	766659
☐	Peanut Delight Raw Wholefood Bar	18x35g	9.20 V	0.82	766656
☐	Salted Caramel Raw Wholefood Bar	18x35g	9.20 V	0.82	766664

Nakd - Multipack Bars

20% off list May and June

☐	Multipack Apple Danish Raw Wholefood Bar	12x4x30g	21.40 V	2.85	766803
☐	Multipack Banana Bread Raw Wholefood Bar	12x4x30g	21.40 V	2.85	766806
☐	Multipack Berry Bliss Raw Wholefood Bar	12x4x30g	21.40 V	2.85	766808
☐	Multipack Cocoa Orange Raw Wholefood Bar	12x4x35g	21.40 V	2.85	766815

Ombar - raw chocolate bars & buttons

20% off list May and June

☐	Coconut & Vanilla Centre Chocolate	<i>organic</i>	10x35g	9.95 V	1.60	765762
☐	Hazelnut Truffle Centres Chocolate	<i>organic</i>	10x35g	9.95 V	1.60	765759
☐	Pistachio Centre Chocolate	<i>organic</i>	10x35g	9.95 V	1.60	765766
☐	Raspberry & Coconut Centre Chocolate	<i>organic</i>	10x35g	9.95 V	1.60	765763
☐	Almond Butter Filled Chocolate bar	<i>organic</i>	15x42g	16.45 V	1.75	765775
☐	Coco Raspberry Filled Chocolate bar	<i>organic</i>	15x42g	16.45 V	1.75	765776
☐	Coco Vanilla Filled Chocolate bar	<i>organic</i>	15x42g	16.45 V	1.75	765778
☐	Hazelnut Truffle Filled Chocolate bar	<i>organic</i>	15x42g	16.45 V	1.75	765779
☐	Pistachio Cream Filled Chocolate bar	<i>organic</i>	15x42g	16.45 V	1.75	765781

Trek Bars - vegan - gluten-free

20% off list May and June

☐	Biscoff Power - New!	16x55g	19.25 V	1.96	766681
☐	Cocoa Chaos	16x55g	10.75 V	1.10	766687
☐	Choc Orange Power	16x55g	19.25 V	1.96	766686
☐	Millionaire Shortbread Power	16x55g	19.25 V	1.96	766688
☐	Peanut Butter Crunch Power	16x55g	19.25 V	1.96	766689
☐	Peanut Power	16x55g	10.75 V	1.10	766692

Trek Bars - Multipack - vegan - gluten-free

20% off list May and June

☐	Multipack - Cocoa Chaos	12x3x55g	21.55 V	2.93	766868
☐	Multipack - Peanut Power	12x3x55g	21.55 V	2.93	766869

Trek Protein Flapjacks - vegan - gluten-free

20% off list May and June

☐	Cocoa Coconut Protein Flapjack	16x50g	11.15	1.01	766782
☐	Cocoa Oat Protein Flapjack	16x50g	11.15	1.01	766785
☐	Original Oat Protein Flapjack	16x50g	11.15	1.01	766795
☐	Salted Caramel Protein Flapjack	16x50g	11.15	1.01	766796
☐	Smooth Lemon Protein Bar	16x50g	11.15	0.99	766794
☐	White Chocolate & Raspberry Protein Bar	16x50g	11.15	0.99	766809

Condiments, Stocks, Salt & Miscellaneous Foods

Rayners

20% off list May and June

☐	Coconut Aminos	<i>organic</i>	6x250ml	22.65	5.04	371624
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Pet Products

Faith in Nature vegan Dog Shampoos

33% off list May and June

☐	Chamomile Dog Shampoo - sensitive	6x400ml	13.55 V	3.87	810600
☐	Coconut Dog Shampoo - detangling	6x400ml	13.55 V	3.87	810602
☐	Lavender Dog Shampoo - deep cleaning	6x400ml	13.55 V	3.87	810604
☐	Coconut Dog Shampoo Bar	6x85g	13.55 V	3.85	810612

Kitchen & Household Goods

Cheeky Panda Bamboo products

20% off list May and June

☐	9 Toilet Rolls - Natural Colour - New!	5x9p	18.75 V	6.00	820565
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Household & Industrial Cleaning Products

Ecoleaf - Vegan

15% off list May and June

☐	Bathroom Cleaner - green apple	1x5l	8.20 V	13.11	831396
☐	Fabric Conditioner	1x5l	6.60 V	10.55	831407
☐	Hard Floor Cleaner - pine	1x5l	10.75 V	17.19	831413
☐	Laundry Liquid	1x5l	12.70 V	20.31	831415
☐	Multi Surface Cleaner	1x5l	8.50 V	13.59	831419
☐	Washing Up Liquid	1x5l	7.05 V	11.31	831427
☐	Toilet Cleaner-citrus	1x5l	6.90 V	11.03	831435

Ecover Laundry

20% off list May and June

☐	Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	36.60 V	7.32	832001
☐	Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	64.40 V	12.88	832003
☐	Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	36.60 V	7.32	832004
☐	Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	64.40 V	12.88	832006

Faith in Nature

33% off list May and June

☐	Concentrated Laundry Liquid - Aloe Vera & Rosemary	5l	12.50 V 2.50		832472
☐	Concentrated Washing Up Liquid - Lemon Fragrance	5l	12.50 V 2.50		832477

Toiletries & Natural Remedies

Alter/Native - glycerine vegan Shampoo and Conditioner bars - by Suma

20% off list May and June

☐	Coconut & Argan Oil Glycerine Shampoo Bar	6x90g	12.45 V	3.32	859178
☐	Lavender & Geranium Shampoo Bar	6x95g	9.70 V	2.59	859153
☐	Patchouli & Sandalwood Glycerine Shampoo Bar	6x90g	12.45 V	3.32	859156
☐	Rose & Geranium Shampoo Bar	6x95g	9.70 V	2.59	859158

Alter/Native - glycerine vegan Shampoo and Conditioner bars - by Suma

10% off list May and June

☐	Coconut & Argan Oil Conditioner Bar	6x90g	19.85 V	5.29	859151
☐	Lavender & Geranium Conditioner Bar	6x90g	19.85 V	5.30	859154
☐	Patchouli & Sandalwood Conditioner Bar	6x90g	19.85 V	5.29	859157
☐	Rose & Geranium Conditioner Bar	6x90g	19.85 V	5.29	859159

Alter/Native - vegan Shampoo and Conditioner Liquid - by Suma

20% off list May and June

☐	Tea Tree & Aloe Vera Shampoo - normal/oily hair	6x400ml	17.95 V	4.79	850172
☐	Tea Tree & Aloe Vera Conditioner - normal/oily hair	6x400ml	17.95 V	4.79	850180
☐	Coconut & Argan Oil Shampoo - normal/dry hair	6x400ml	17.95 V	4.79	850188
☐	Coconut & Argan Oil Conditioner - normal/dry hair	6x400ml	17.95 V	4.79	850194

✱ new product ☐ on offer
 ▲ price rise ▼ fall

☆ size/other change
 ◆ offer ended

Dr Bronner's - Magic Soaps - Liquid - Vegan

20% off list May and June

☐	Almond Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851070
☐	Baby Mild Unscented Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851020
☐	Cherry Blossom Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851056
☐	Citrus-Orange Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851073
☐	Eucalyptus Liquid Soap (1/4 case)	organic	6x236ml	28.00 V	7.99	851078
☐	Lavender Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851075
☐	Peppermint Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851080
☐	Rose Liquid Soap (1/4 case)	organic	6x240ml	28.00 V	7.99	851085
☐	Tea Tree Liquid Soap (1/4 case)	organic	6x236ml	28.00 V	7.99	851088

Ecoleaf - Vegan

15% off list May and June

☐	Liquid Hand Soap - Grapefruit Twist		1x5l	11.70 V	18.71	851038
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Faith in Nature - For Men

33% off list May and June

☐	Blue Cedar Soap		6x100g	7.00 V	2.00	852960
☐	Blue Cedar Shampoo		6x400ml	15.70 V	4.48	852962
☐	Blue Cedar Body Wash		6x400ml	14.00 V	4.00	852964

Faith in Nature Conditioner Bars

33% off list May and June

☐	Coconut & Shea Butter Conditioner Bar		6x85g	16.40 V	4.66	852932
☐	Dragon Fruit Conditioner Bar		6x85g	16.40 V	4.66	852934
☐	Lavender & Geranium Conditioner Bar		6x85g	16.40 V	4.66	852936
☐	Shea & Argan Conditioner Bar		6x85g	16.40 V	4.66	852938

Faith in Nature Shampoo Bars

33% off list May and June

☐	Coconut & Shea Butter Shampoo Bar		6x85g	16.40 V	4.66	852978
☐	Dragon Fruit Shampoo Bar		6x85g	16.40 V	4.66	852979
☐	Lavender & Geranium Shampoo Bar		6x85g	16.40 V	4.66	852980
☐	Shea & Argan Shampoo Bar		6x85g	16.40 V	4.66	852982

Faith in Nature Soaps

33% off list May and June

☐	Soap Gift Box - Orange, Aloe Vera, Lavender		6x300g	10.05 V	2.87	852983
☐	Aloe Vera Soap		6x100g	7.00 V	2.00	852985
☐	Coconut Soap		6x100g	7.00 V	2.00	852988
☐	Dragon Fruit Soap		6x100g	7.00 V	2.00	852989
☐	Grapefruit Soap		6x100g	7.00 V	2.00	852995
☐	Hemp,Lemongrass & Green Tea Soap		6x100g	7.00 V	2.00	853035
☐	Lavender Soap		6x100g	7.00 V	2.00	853020
☐	Orange Soap		6x100g	7.00 V	2.00	853010
☐	Rosemary Soap		6x100g	7.00 V	2.00	853015
☐	Fragrance Free Soap - with Seaweed		6x100g	7.00 V	2.00	853030
☐	Tea Tree Soap		6x100g	7.00 V	2.00	852990
☐	Wild Rose Soap		6x100g	7.00 V	2.00	852992

Faith in Nature Bulk Soaps

33% off list May and June

☐	Aloe Vera Soap		18x100g	16.00 V	1.51	853105
☐	Coconut Soap		18x100g	16.00 V	1.51	853109
☐	Grapefruit Soap		18x100g	16.00 V	1.51	853112
☐	Hemp,Lemongrass & Green Tea Soap		18x100g	16.00 V	1.51	853140
☐	Lavender Soap		18x100g	16.00 V	1.51	853125
☐	Orange Soap		18x100g	16.00 V	1.51	853115
☐	Rosemary Soap		18x100g	16.00 V	1.51	853120
☐	Fragrance Free Soap - with Seaweed		18x100g	16.00 V	1.51	853135
☐	Tea Tree Soap		18x100g	16.00 V	1.51	853110

Faith in Nature Hand Wash / Liquid Soap

33% off list May and June

☐	Hand Wash - Aloe Vera & Tea Tree		6x400ml	10.80 V	3.08	853198
☐	Hand Wash - Coconut		6x400ml	10.80 V	3.08	853199
☐	Hand Wash - Dragon Fruit		6x400ml	10.80 V	3.08	853200

☐	Hand Wash - Lavender & Geranium		6x400ml	10.80 V	3.08	853201
☐	Hand Wash - Grapefruit & Orange		6x400ml	10.80 V	3.08	853202
☐	Hand Wash - Seaweed & Citrus		6x400ml	10.80 V	3.08	853203
☐	Hand Wash - Wild Rose		6x400ml	10.80 V	3.08	853205

Faith in Nature Hand & Body Lotion

33% off list May and June

☐	Coconut Hand & Body Lotion		6x400ml	15.75 V	4.48	853206
☐	Grapefruit & Orange Hand & Body Lotion		6x400ml	15.75 V	4.48	853208
☐	Lavender & Geranium Hand & Body Lotion		6x400ml	15.75 V	4.50	853209

Faith in Nature Shampoos

33% off list May and June

☐	Aloe Vera Shampoo		6x400ml	15.70 V	4.48	853520
☐	Avocado Shampoo		6x400ml	15.70 V	4.48	853518
☐	Coconut Shampoo		6x400ml	15.70 V	4.48	853502
☐	Dragon Fruit Shampoo		6x400ml	15.70 V	4.48	853503
☐	Fragrance Free Shampoo		6x400ml	15.70 V	4.48	853504
☐	Grapefruit & Orange Shampoo		6x400ml	15.70 V	4.48	853509
☐	Joboba Shampoo		6x400ml	15.70 V	4.48	853510
☐	Lavender & Geranium Shampoo		6x400ml	15.70 V	4.48	853525
☐	Rosemary Shampoo		6x400ml	15.70 V	4.48	853515
☐	Seaweed & Citrus Shampoo		6x400ml	15.70 V	4.48	853505
☐	Shea & Argan Shampoo		6x400ml	15.70 V	4.48	853501
☐	Tea Tree Shampoo (2% Oil)		6x400ml	15.70 V	4.48	853530
☐	Wild Rose Shampoo		6x400ml	15.70 V	4.48	853536

Faith in Nature Hair Treatments

33% off list May and June

☐	Coconut & Shea Hydrating Hair Mask		6x300ml	16.40 V	4.68	854070
☐	Dragon Fruit Revitalising Hair Mask		6x300ml	16.40 V	4.68	854072
☐	Shea & Argan Nourishing Hair Mask		6x300ml	16.40 V	4.68	854076
☐	Rose & Chamomile Restoring Hair Mask		6x300ml	16.40 V	4.68	854078

Faith in Nature Conditioners

33% off list May and June

☐	Aloe Vera Conditioner		6x400ml	15.70 V	4.48	854020
☐	Avocado Conditioner		6x400ml	15.70 V	4.48	854022
☐	Coconut Conditioner		6x400ml	15.70 V	4.48	853987
☐	Dragon Fruit Conditioner		6x400ml	15.70 V	4.48	853989
☐	Fragrance Free Conditioner		6x400ml	15.70 V	4.48	853988
☐	Grapefruit & Orange Conditioner		6x400ml	15.70 V	4.48	853992
☐	Joboba Conditioner		6x400ml	15.70 V	4.48	854010
☐	Lavender & Geranium Conditioner		6x400ml	15.70 V	4.48	854002
☐	Rosemary Conditioner		6x400ml	15.70 V	4.48	854015
☐	Seaweed & Citrus Conditioner		6x400ml	15.70 V	4.48	854005
☐	Shea & Argan Conditioner		6x400ml	15.70 V	4.48	854008
☐	Tea Tree Conditioner (2% oil)		6x400ml	15.70 V	4.48	854025
☐	Wild Rose Conditioner		6x400ml	15.70 V	4.48	854028

Faith in Nature Body Wash

33% off list May and June

☐	Aloe Vera Body Wash		6x400ml	13.95 V	3.98	854030
☐	Avocado Body Wash		6x400ml	13.95 V	3.98	854031
☐	Coconut Body Wash		6x400ml	13.95 V	3.98	854033
☐	Dragon Fruit Body Wash		6x400ml	13.95 V	3.98	854037
☐	Fragrance Free Body Wash		6x400ml	13.95 V	3.98	854036
☐	Grapefruit & Orange Body Wash		6x400ml	13.95 V	3.98	854035
☐	Lavender & Geranium Body Wash		6x400ml	13.95 V	3.98	854040
☐	Mint Body Wash		6x400ml	13.95 V	3.98	854041
☐	Seaweed & Citrus Body Wash		6x400ml	13.95 V	3.98	854050
☐	Tea Tree Body Wash		6x400ml	13.95 V	3.98	854055
☐	Wild Rose Body Wash		6x400ml	13.95 V	3.98	854059

Faith in Nature Refill Hand Wash

33% off list May and June

☐	Bulk Hand Wash - Coconut		5l	20.10 V	4.02	853513
☐	Bulk Hand Wash - Dragonfruit		5l	20.10 V	4.02	853514
☐	Bulk Hand Wash - Grapefruit & Orange		5l	20.10 V	4.02	853517
☐	Bulk Hand Wash - Lavender & Geranium		5l	20.10 V	4.02	853535
☐	Bulk Hand Wash - Aloe Vera & Tea Tree		5l	20.10 V	4.02	853537
☐	Bulk Hand Wash - Wild Rose		5l	20.10 V	4.02	853564
☐	Bulk Hand Wash Lavender & Geranium		20l	60.95 V	3.05	853527

Faith in Nature Refill Hand & Body Lotion				
33% off list May and June				
☐	Bulk Coconut Hand & Body Lotion	5l	22.90 V 4.58	853480
☐	Bulk Grapefruit & Orange Hand & Body Lotion	5l	22.90 V 4.58	853484
☐	Bulk Lavender & Geranium Hand & Body Lotion	5l	22.90 V 4.58	853486

Faith in Nature Refill Shampoos				
33% off list May and June				
☐	Bulk Aloe Vera Shampoo	5l	22.90 V 4.58	853540
☐	Bulk Coconut Shampoo	5l	22.90 V 4.58	853542
☐	Bulk Dragonfruit Shampoo	5l	22.90 V 4.58	853544
☐	Bulk Fragrance Free Shampoo	5l	22.90 V 4.58	853546
☐	Bulk Grapefruit & Orange Shampoo	5l	22.90 V 4.58	853541
☐	Bulk Jojoba Shampoo	5l	22.90 V 4.58	853543
☐	Bulk Lavender & Geranium Shampoo	5l	22.90 V 4.58	853545
☐	Bulk Tea Tree Shampoo	5l	22.90 V 4.58	853549
☐	Bulk Wild Rose Shampoo	5l	22.90 V 4.58	853566
☐	Bulk Coconut Shampoo	20l	69.20 V 3.46	853578
☐	Bulk Grapefruit & Orange Shampoo	20l	69.20 V 3.46	853579
☐	Bulk Lavender & Geranium Shampoo	20l	69.20 V 3.46	853580

Faith in Nature Refill Conditioners				
33% off list May and June				
☐	Bulk Aloe Vera Conditioner	5l	22.90 V 4.58	853550
☐	Bulk Coconut Conditioner	5l	22.90 V 4.58	853552
☐	Bulk Dragonfruit Conditioner	5l	22.90 V 4.58	853551
☐	Bulk Fragrance Free Conditioner	5l	22.90 V 4.58	853556
☐	Bulk Grapefruit & Orange Conditioner	5l	22.90 V 4.58	853554
☐	Bulk Jojoba Conditioner	5l	22.90 V 4.58	853553
☐	Bulk Lavender & Geranium Conditioner	5l	22.90 V 4.58	853555
☐	Bulk Tea Tree Conditioner	5l	22.90 V 4.58	853559
☐	Bulk Wild Rose Conditioner	5l	22.90 V 4.58	853569
☐	Bulk Coconut Conditioner	20l	69.20 V 3.46	853581
☐	Bulk Grapefruit & Orange Conditioner	20l	69.20 V 3.46	853585
☐	Bulk Lavender & Geranium Conditioner	20l	69.20 V 3.46	853582

Faith in Nature Refill Body Wash				
33% off list May and June				
☐	Bulk Aloe Vera Body Wash	5l	20.10 V 4.02	853560
☐	Bulk Coconut Body Wash	5l	20.10 V 4.02	853562
☐	Bulk Dragon Fruit Body Wash	5l	20.10 V 4.02	853561
☐	Bulk Fragrance Free Body Wash	5l	20.10 V 4.02	856564
☐	Bulk Grapefruit & Orange Body Wash	5l	20.10 V 4.02	853563
☐	Bulk Lavender & Geranium Body Wash	5l	20.10 V 4.02	853565
☐	Bulk Tea Tree Body Wash	5l	20.10 V 4.02	853570
☐	Bulk Wild Rose Body Wash	5l	20.10 V 4.02	853571
☐	Bulk Coconut Body Wash	20l	60.95 V 3.05	853583
☐	Bulk Grapefruit & Orange Body Wash	20l	60.95 V 3.05	855579
☐	Bulk Lavender & Geranium Body Wash	20l	60.95 V 3.05	853584
☐	Aluminium Refill Bottle inc pump	12x450ml	16.20 V	2.33 853577

Natracare				
10% off list May and June				
☐	Regular Tampons	organic	12x20 24.55	2.87 900505
☐	Regular Applicator Tampons	organic	12x16 27.65	3.23 900507
☐	Super Tampons	organic	12x20 25.30	2.96 900510
☐	Super Applicator Tampons	organic	12x16 29.20	3.41 900513
☐	Super-PLUS Tampons	organic	12x20 27.65	3.23 900514

Natracare				
10% off list May and June				
☐	Night Time Maxi Pads		12x10 23.05	2.87 900517
☐	Regular Maxi Pads		12x14 18.70	2.33 900525
☐	Super Maxi Pads		12x12 18.70	2.33 900530
☐	Regular Ultra Pads with Wings		12x14 20.30	2.42 900535
☐	Super Ultra Pads with Wings		12x12 20.30	2.42 900537
☐	Ultra Pads with Wings - Long		12x10 20.30	2.42 900538
☐	Ultra Pads Super Plus		12x12 20.30	2.42 900539
☐	Ultra Extra Pads - Normal		12x12 20.30	2.42 900542
☐	Ultra Extra Pads - Super		12x10 20.30	2.42 900545
☐	Ultra Extra Pads - Long		12x8 20.30	2.42 900548

Organii - Bodycare - SLS-free				
15% off list May and June				
☐	SPF15 Anti Ageing Facial Sun Cream	organic	1x50ml 8.00 V	14.38 857669
☐	SPF30 Sun Lotion - New!	organic	1x100ml 9.40 V	16.90 857671
☐	SPF50 Sun Milk - New!	organic	1x125ml 13.20 V	23.67 857674

Urtekram - Spa Range				
20% off list May and June				
☐	Maximum Shine Shampoo - Soothing Lavender	organic	6x250ml 20.30 V	5.80 859134
☐	Maximum Shine Conditioner - Soothing Lavender	organic	6x180ml 19.15 V	5.47 859136
☐	Body Lotion - Soothing Lavender	organic	6x245ml 24.90 V	7.11 859121
☐	Maximum Shine Shampoo - Soothing Lavender	organic	6x500ml 36.35 V	10.39 859086
☐	Body Wash - Soothing Lavender	organic	6x200ml 22.85 V	6.54 858874
☐	Body Wash - Soothing Lavender	organic	6x500ml 37.75 V	10.79 859096
☐	Hand Cream - Soothing Lavender	organic	6x75ml 16.25 V	4.65 859123
☐	Handwash - Soothing Lavender	organic	6x300ml 19.55 V	5.59 859138

Toothpaste, Brushes & Oral Hygiene				
Georganics				
15% off list May and June				
☐	Fluoride Toothpaste - Activated Charcoal		10x60ml 29.30 V	5.02 881281
☐	Activated Charcoal - Coconut Oil Toothpaste		10x60ml 29.30 V	5.02 881260
☐	Activated Charcoal - Oil Pulling Mouthwash		10x100ml 33.55 V	5.75 881264
☐	Activated Charcoal - Bicarbonate Tooth Tablets		10x120tabs 42.05 V	7.21 881263
☐	Charcoal Corn Floss - minty plant wax - 50m		20x50m 41.65 V	3.57 881267
☐	Refill Charcoal Corn Floss - minty plant wax - 100m		20x2x50m 58.65 V	5.03 881265
☐	Fluoride Toothpaste - English Peppermint		10x60ml 29.30 V	5.02 881283
☐	English Peppermint - Coconut Oil Toothpaste		10x60ml 29.30 V	5.02 881282
☐	English Peppermint - Bicarbonate Toothpowder		10x60ml 29.30 V	5.02 881288
☐	English Peppermint - Bicarbonate Mouthwash Tablets		10x180tabs 42.05 V	7.21 881291
☐	English Peppermint - Bicarbonate Tooth Tablets		10x120tabs 42.05 V	7.21 881292
☐	Peppermint - Oil Pulling Mouthwash		10x100ml 33.55 V	5.75 881240
☐	Eucalyptus - Bicarbonate Mouthwash Tablets		10x180tabs 37.80 V	6.48 881298
☐	Fluoride Toothpaste - Sweet Orange		10x60ml 29.30 V	5.02 881285
☐	Orange - Bicarbonate Mouthwash Tablets		10x180tabs 42.05 V	7.21 881262
☐	Kids' Orange Corn Floss - plant wax - 50m		20x50m 41.65 V	3.57 881500
☐	Refill Kids' Orange Corn Floss - plant wax - 100m		20x2x50m 58.65 V	5.03 881502
☐	Spearmint Corn Floss - minty plant wax - 50m		20x50m 41.65 V	3.57 881504
☐	Tea Tree - Bicarbonate Tooth Tablets		10x120tabs 42.05 V	7.21 881277
☐	Natural Beech Toothbrush - Soft		20x1 33.15 V	2.84 861400
☐	Natural Beech Toothbrush - Medium		20x1 33.15 V	2.84 861404
☐	Natural Beech Toothbrush - Firm		20x1 33.15 V	2.84 861408
☐	Kid's Beech Toothbrush - Soft		20x1 33.15 V	2.84 861412
☐	Bamboo Toothpaste Spatula		50x1 21.25 V	0.73 861414

changes

Cereal Grains				
Bulk Organic Cereal Grains				
★	Amaranth Seed	organic	25kg 75.00 3.00	10475
★	Amaranth Seed	organic	5kg 16.80 3.36	10477
▲	Quinoa Grain	organic	25kg 95.00 3.80	10592
▲	Quinoa Grain	organic	5kg 20.80 4.16	10593
▲	Red Quinoa Grain	organic	25kg 95.00 3.80	10684
▲	Red Quinoa Grain	organic	5kg 20.80 4.16	10686
▼	Black Quinoa Grain	organic	25kg 105.65 4.23	10687
▼	Black Quinoa Grain - 2.5kg	organic	2.5kg 12.35 4.94	10691
▲	Tricolour Quinoa Grain	organic	25kg 95.00 3.80	10692
▲	Tricolour Quinoa Grain	organic	5kg 20.80 4.16	10693

Biona				
◆	Risotto Rice - Brown	organic	6x500g 17.05	3.79 10965
◆	Sushi Rice - White	organic	6x400g 13.45	2.98 10963
◆	White Pudding Rice	organic	6x500g 14.80	3.29 10970

✱ new product ☐ on offer
 ▲ price rise ▼ fall

★ size/other change
 ◆ offer ended

Infinity - Pre-Packed Organic Cereal Grains									
☆	Amaranth Seed	organic	6x500g	11.80	2.62	1 0 0 3			
☆	Brown Basmati Rice	organic	6x1kg	19.20	4.28	1 0 1 3			
☆	White Basmati Rice - Indian	organic	6x1kg	23.30	5.18	1 1 6 7			
☆	Brown Rice Short Grain - Italy	organic	6x1kg	17.35	3.86	1 0 1 0			
☆	Brown Rice Long Grain - Italy	organic	6x1kg	17.70	3.93	1 0 2 5			
☆	Bulghur	organic	6x500g	8.50	1.89	1 0 4 5			
☆	White Couscous - Italy	organic	6x450g	8.55	1.90	1 0 5 7			
☆	Wholemeal Couscous - Italy	organic	6x450g	8.10	1.80	1 0 6 0			
☆	Millet	organic	6x500g	8.05	1.79	1 0 7 5			
☆	Oat Groats	organic	6x500g	5.95	1.32	1 0 9 0			
☆	Popping Corn	organic	6x500g	8.40	1.87	1 1 0 5			
☆	Pearl Barley	organic	6x500g	5.95	1.32	1 1 1 2			
☆	Pot Barley	organic	6x500g	5.75	1.28	1 1 1 5			
▲	Quinoa Grain	organic	12x450g	24.60	2.74	1 1 2 7			
▲	Quinoa Grain	organic	6x1kg	25.80	5.73	1 1 2 8			
▲	Red Quinoa Grain	organic	6x450g	13.25	2.94	1 1 5 5			
▼	Black Quinoa Grain	organic	6x450g	14.40	3.20	1 1 5 7			
▲	Tricolour Quinoa Grain	organic	12x450g	24.60	2.73	1 1 5 9			
▲	Tricolour Quinoa Grain	organic	6x1kg	25.80	5.74	1 1 6 0			
IBIS									
◆	Brown Long Grain Rice	organic	6x1kg	22.40	4.98	1 0 8 1 6			
◆	Brown Long Grain Rice	organic	6x500g	13.40	2.98	1 0 8 1 8			
◆	Semi Milled Long Grain Rice	organic	6x1kg	22.40	4.98	1 0 8 1 9			
◆	Semi Milled Long Grain Rice	organic	6x500g	13.40	2.98	1 0 8 2 0			
◆	White Long Grain Rice	organic	6x1kg	22.40	4.98	1 0 8 2 2			
◆	White Long Grain Rice	organic	6x500g	13.40	2.98	1 0 8 2 4			
Flours & Baking Requisites									
Bread Matters - Vegan									
▲	Original Sourdough Starter	organic	12x10g	49.40	5.50	4 0 4 0 5			
Doves Farm									
◆	Wholemeal Strong Bread Flour	organic	5x1.5kg	9.10	2.43	4 0 5 4 0			
◆	Strong White Bread Flour	organic	5x1.5kg	9.75	2.60	4 0 5 6 0			
◆	Fine Plain Wholemeal Flour	organic	5x1kg	6.50	1.73	4 0 5 0 5			
◆	Self Raising Wholemeal Flour	organic	5x1kg	6.55	1.75	4 0 5 1 5			
▲	Plain White Flour	organic	5x1kg	7.20	1.92	4 0 5 4 5			
◆	Self Raising White Flour	organic	5x1kg	7.30	1.95	4 0 5 6 5			
◆	Malthouse Bread Flour	organic	5x1kg	8.45	2.25	4 0 5 7 4			
◆	Pasta Flour - type "o"	organic	5x1kg	8.70	2.32	5 1 0 7 0			
◆	Seedhouse Bread Flour	organic	5x1kg	13.85	3.69	5 1 0 6 7			
Infinity - Pre-Packed Organic Flours									
☆	Wheat Bran	organic	6x250g	4.25	0.95	3 0 1 0			
Suma									
▲	Vital Wheat Gluten Flour		6x500g	17.75	3.94	4 2 5 7 0			
Breakfast Cereals & Cereal Flakes									
Infinity Foods - breakfast cereals									
▲	Vitality Muesli	organic	25kg	104.25	4.17	6 1 9 1 0			
▲	Vitality Muesli	organic	5kg	22.65	4.53	6 1 9 1 5			
▲	Super Muesli	organic	25kg	87.50	3.50	6 2 0 2 5			
▲	Super Muesli	organic	5kg	19.30	3.86	6 2 0 3 0			
▲	Deluxe Muesli	organic	25kg	68.50	2.74	6 2 0 3 2			
▲	Deluxe Muesli	organic	5kg	15.50	3.10	6 2 0 3 3			
▲	Puffed Quinoa	organic	8kg	78.25	9.78	6 2 0 6 0			
▲	Puffed Quinoa	organic	1kg	11.55	11.55	6 2 0 6 2			
Infinity - Pre-Packed Organic Breakfast Cereals									
☆	Cranberry & Pecan Muesli	organic	6x500g	14.55	3.23	4 0 3 6			
▲	Fruit and Fibre	organic	6x325g	13.00	2.89	4 0 4 0			
▲	Vitality Muesli	organic	12x500g	29.10	3.23	4 0 4 2			
▲	Vitality Muesli	organic	6x1kg	28.55	6.35	4 0 4 3			
▲	Super Muesli	organic	6x500g	13.45	2.99	4 0 4 5			
▲	Super Muesli	organic	6x1kg	24.55	5.46	4 0 5 0			
▲	Super Muesli	organic	6x1.4kg	33.45	7.43	4 0 5 5			
▲	Deluxe Muesli	organic	6x500g	11.20	2.49	4 0 5 7			
▲	Deluxe Muesli	organic	6x1kg	19.95	4.44	4 0 6 0			
▲	Deluxe Muesli	organic	6x1.4kg	27.05	6.02	4 0 6 2			
☆	Toasted Wheat Flakes	organic	6x250g	6.60	1.47	2 0 6 5			
Whole Earth									
▲	Cornflakes	organic	12x375g	27.80	3.09	6 3 5 1 2			
▲	Cocoa Crunch	organic	5x375g	12.75	3.40	6 3 5 1 3			
▲	Maple Frosted Flakes	organic	10x375g	28.60	3.81	6 3 5 2 5			
▲	Red Fruit Crunch - granola	organic	5x450g	15.30	4.10	6 3 5 4 5			
▲	Muesli	organic	12x750g	52.05	5.78	6 3 5 1 5			
Beans Peas and Pulses									
Bulk Organic Beans Peas and Pulses									
▲	Butter Beans	organic	25kg	110.00	4.40	8 0 5 1 9			
▲	Butter Beans	organic	5kg	23.85	4.77	8 0 5 2 3			
▲	Red Kidney Beans	organic	25kg	89.00	3.56	8 0 5 8 0			
▲	Red Kidney Beans	organic	5kg	19.65	3.93	8 0 5 8 5			
Infinity Pre-Packed Organic Beans , Peas & Pulses									
▲	Butter Beans	organic	6x500g	15.75	3.50	5 0 2 7			
☆	Green Lentils	organic	6x500g	9.95	2.21	5 0 3 5			
☆	Pinto Beans (light speckled kidney)	organic	6x500g	12.35	2.74	5 0 7 5			
☆	French Type Lentils	organic	6x500g	13.55	3.01	5 0 8 5			
▲	Red Kidney Beans	organic	6x500g	13.65	3.05	5 0 9 5			
☆	Red Split Lentils	organic	6x1kg	18.25	4.07	5 1 1 0			
Nuts and Seeds									
Bulk Organic Nuts and Seeds									
▲	Brazil Nuts	organic	20kg	197.00	9.85	9 0 5 2 2			
▲	Brazil Nuts	organic	2.5kg	26.50	10.60	9 0 5 2 3			
▲	Brazil Nuts - Broken Pieces	organic	20kg	149.15	7.46	9 0 5 2 5			
▲	Brazil Nuts - Broken Pieces	organic	2.5kg	20.50	8.20	9 0 5 4 6			
▲	Hi Energy Trail Mix	organic	3kg	26.80	8.93	9 0 5 6 9			
Infinity Pre-Packed Organic Nuts & Seeds									
☆	Alfalfa Seeds	organic	6x125g	9.70	2.16	6 0 0 5			
☆	Almonds	organic	6x125g	9.60	2.13	6 0 1 5			
☆	Almonds	organic	6x250g	16.85	3.74	6 0 2 0			
☆	Blanched Almonds	organic	6x125g	10.55	2.34	6 0 1 7			
☆	Flaked Almonds	organic	6x125g	10.60	2.36	6 0 1 1			
▲	Brazil Nuts	organic	6x125g	10.45	2.32	6 0 3 1			
▲	Brazil Nuts	organic	6x250g	17.85	3.97	6 0 3 2			
▲	Brazil Nuts	organic	6x500g	32.60	7.24	6 0 3 3			
▲	Brazil Nuts - Broken Pieces	organic	6x250g	14.25	3.17	6 0 3 6			
☆	Cashews Whole	organic	6x125g	8.55	1.90	6 0 4 1			
☆	Cashews Whole	organic	6x250g	14.85	3.30	6 0 4 2			
☆	Cashews Large Pieces	organic	6x250g	13.20	2.93	6 0 6 3			
☆	Cashews & Raisins	organic	6x125g	7.35	1.63	6 0 4 4			
☆	Fruit & Nut Mix	organic	6x250g	13.70	3.04	6 0 4 7			
▲	Hi Energy Trail Mix	organic	12x250g	29.80	3.37	6 0 4 8			
▲	Hi Energy Trail Mix	organic	12x125g	17.35	1.96	6 0 4 9			
☆	Hazelnuts	organic	6x125g	11.25	2.50	6 0 4 5			
☆	Linseed Brown	organic	6x250g	5.05	1.12	6 0 7 0			
☆	Linseed Gold	organic	6x250g	6.05	1.34	6 0 7 7			
☆	Pecans - halves	organic	6x125g	16.80	3.73	6 0 9 2			
☆	Pine Kernels	organic	6x125g	20.00	4.46	6 0 9 5			
☆	Raw Pistachio Kernels	organic	6x125g	22.95	5.11	6 1 0 1			
☆	Poppy Seeds	organic	6x125g	6.95	1.54	6 0 9 8			
☆	Pumpkin Seeds - AA grade	organic	6x125g	6.60	1.47	6 1 0 0			
☆	Three Seed Mix (sunflower, pumpkin, pine)	organic	6x250g	10.45	2.32	6 1 1 3			
☆	Hulled Sesame Seeds - white	organic	6x250g	9.20	2.04	6 1 1 5			
☆	Sesame Seeds - whole - brown	organic	6x250g	8.75	1.94	6 1 2 5			
☆	Sesame Seeds - whole - brown	organic	6x400g	12.60	2.80	6 1 2 7			
☆	Sunflower Seed - kernels	organic	6x500g	8.80	1.96	6 1 3 5			
☆	Tigernuts - Blanched	organic	6x125g	8.50	1.89	6 1 4 1			
☆	Trail Mix	organic	6x250g	10.10	2.25	6 1 4 3			
☆	Walnut Halves - Light	organic	6x125g	7.80	1.73	6 1 6 0			
☆	Walnut Light Pieces	organic	6x125g	7.15	1.59	6 1 4 5			
☆	Walnut Light Pieces	organic	6x250g	11.95	2.66	6 1 5 0			
Bulk Nuts and Seeds									
▲	Almonds		22.68kg	145.00	6.39	9 1 0 1 0			
▲	Almonds		3kg	20.95	6.98	9 1 0 1 5			
▼	Ground Almonds		10kg	57.35	5.74	9 1 0 4 0			
▼	Ground Almonds		3kg	19.00	6.33	9 1 0 4 5			

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

▼	Cashews - large pieces	22.68kg	83.50	3.68	91070
▼	Cashews - large pieces	5kg	20.20	4.04	91075
▼	Cashews Whole	22.68kg	145.95	6.44	91080
▼	Cashews Whole	3kg	21.10	7.03	91085
▲	Macadamia Nuts - raw	11.34kg	89.50	7.89	91147
▲	Macadamia Nuts - raw	5kg	41.25	8.25	91146
▲	Macadamia Nuts - raw	1kg	9.65	9.65	91148
▼	Pistachio Kernels - raw	13.6kg	275.50	20.26	91192
▼	Pistachio Kernels - raw	5kg	103.10	20.62	91194
▼	Pistachio Kernels - raw	0.75kg	17.00	22.66	91193

Infinity Pre-Packed Nuts & Seeds

▲	Almonds	6x125g	7.65	1.70	6515
▲	Almonds	6x250g	12.60	2.80	6520
▲	Almonds	6x500g	22.20	4.93	6525
▼	Cashews - large pieces	6x250g	8.10	1.80	6620
▼	Cashews - large pieces	6x500g	14.05	3.13	6625
▼	Cashews Whole	6x125g	7.30	1.62	6635
▼	Cashews Whole	6x250g	12.25	2.72	6640
▼	Cashews Whole	6x500g	22.35	4.97	6643
☆	Chia Seeds	6x250g	7.60	1.69	6705
▲	Macadamia Nuts - raw	12x125g	16.40	1.82	6828
☆	Pecans Halves	6x125g	11.95	2.66	6830
☆	Pecans Halves	6x250g	21.65	4.81	6835
▼	Pistachio Kernels - raw	12x125g	34.95	3.88	6875
▼	Pistachio Kernels - raw	6x250g	33.40	7.43	6877
☆	Pumpkin Seeds - AA grade	6x250g	9.30	2.07	6885
☆	Sunflower Seeds	6x250g	4.60	1.02	6915

Dried Fruit

Bulk Organic Dried Fruit

▲	Dates - pitted	organic	10kg	42.60	4.26	100531
▲	Dates - pitted	organic	5kg	23.10	4.62	100535
▲	Chopped Dates	organic	12.5kg	37.80	3.02	100537
▲	Chopped Dates	organic	1kg	4.90	4.90	100528
▲	Chopped Figs	organic	10kg	52.50	5.25	100549
▲	Chopped Figs	organic	1kg	7.10	7.10	100530

Infinity Pre-Packed Organic Dried Fruit

☆	Chopped Apricots	organic	6x250g	16.40	3.64	7022
▲	Dates - pitted	organic	6x250g	10.40	2.32	7035
▲	Dates - pitted	organic	6x500g	16.80	3.73	7040
▲	Dates - pitted	organic	6x1kg	29.60	6.59	7045

Suma - Vegan

▲	Candied Mixed Peel - contains SO2 - bag		1kg	5.90	5.90	101250
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Infinity Pre-Packed Dried Fruit

☆	Goji Berries		6x125g	10.25	2.28	7665
▲	Prunes Pitted		6x250g	12.45	2.77	7730
▲	Prunes Pitted		6x500g	20.85	4.63	7735

Tropical Wholefoods

▲	Sun-dried Pineapple - FT	organic	14x100g	44.15	4.20	102003
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Herbs and Spices

Organic Herb Trading

▲	Basil	organic	1kg	17.25		993010
▲	Chilli Flakes	organic	1kg	31.00		993016
▲	Cumin Seed	organic	1kg	23.80		993030
▲	Fennel Seed	organic	1kg	17.20		993035
▲	Mixed Spice Powder	organic	1kg	29.65		993060
▲	Onion Powder	organic	1kg	18.10		993068
▲	Peppercorns Black Whole	organic	1kg	27.60		993100
▼	Peppercorns White Whole	organic	1kg	29.00		993103
▲	Peppermint	organic	1kg	16.70		993105
▲	Psyllium Husk	organic	1kg	33.25 V		993102

Crane Brand - Spanish Saffron in plastic box

▲	Saffron		12x1g	29.25	3.25	995845
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Pasta

Biona - Spelt

◆	Spelt Fusilli - wholemeal	organic	10x500g	21.65	2.89	130352
◆	Spelt Penne - wholemeal	organic	10x500g	21.65	2.89	130357
◆	White Spelt Spaghetti	organic	12x500g	30.50	3.39	140165
◆	White Spelt Fusilli	organic	10x500g	25.40	3.39	140170

Explore Cuisine - Vegan - Gluten-free

◆	Black Bean Spaghetti	organic	6x200g	13.90	3.09	130705
◆	Chickpea Fusilli	organic	6x250g	13.90	3.09	130708
◆	Edamame Bean Spaghetti	organic	6x200g	13.90	3.09	130707
◆	Edamame & Mung Bean Fettuccine	organic	6x200g	13.90	3.09	130715
◆	Green Lentil Penne	organic	6x250g	13.90	3.09	130718

Profusion - protein rich - gluten-free - dried at 42 degrees C

◆	Red Lentil Fusilli	organic	8x250g	20.35	3.39	132106
◆	Chickpea Fusilli	organic	8x250g	19.75	3.29	132111
◆	Yellow Lentil Lasagne Sheets	organic	12x250g	41.30	4.59	132120

Noodles

Clearspring - wheat-free

◆	100% Buckwheat Soba Noodles	organic	6x200g	20.20	4.49	490511
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Clearspring - Japanese - (none are wheat-free)

◆	Brown Rice Udon Noodles	organic	12x200g	31.40	3.49	490506
◆	Udon Noodles	organic	12x200g	31.40	3.49	490507
◆	Skinny Soba Somen Noodles	organic	12x200g	31.40	3.49	490508
◆	Wide Udon Noodles	organic	12x200g	31.40	3.49	490509
◆	Soba Noodles	organic	12x200g	31.40	3.49	490510

Bread, Rice Cakes, Crackers etc

Amaizin - tortilla wraps and shells

◆	Soft Tortilla Wraps (6 wheat wraps)	organic	16x240g	28.60	2.38	169805
◆	Extra Fibre Tortilla Wraps (6 wheat wraps)	organic	16x240g	28.60	2.38	169807

Amisa - gluten-free

◆	Buckwheat Crispbread	organic	12x120g	26.00	2.89	169852
◆	Chestnut Crispbread	organic	12x100g	21.50	2.39	169853
◆	Protein Lentil Crispbread	organic	12x100g	19.70	2.19	169860
◆	Veggie Garden Crispbread	organic	12x100g	17.00	1.89	169870

Biona - Rye Crispbread

◆	Rye Knäcke Original Crispbread	organic	10x200g	14.90	1.99	170176
◆	Rye Knäcke Sesame Crispbread	organic	10x200g	16.40	2.19	170178

Easy Bean - vegan gluten-free Bean & Seed Crackers

◆	Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00	3.90	170538
◆	Fava Bean & Poppy Seed Crackers		8x150g	23.00	3.90	170540
◆	Green Pea & Chia Seed Crackers		8x150g	23.00	3.90	170542
◆	Red Lentil & Poppy Seed Crackers		8x150g	23.00	3.90	170546
◆	Yellow Pea & Sunflower Seed Crackers		8x150g	23.00	3.90	170547

Easy Bean - gluten-free Chickpea Crispbreads

◆	Cheddar Crunch Chickpea Crispbread		8x110g	23.00	3.90	170548
◆	Moroccan Spice Chickpea Crispbread		8x110g	23.00	3.90	170550
◆	Mung Bean & Chive Chickpea Crispbread		8x110g	23.00	3.90	170552
◆	Seaweed & Sesame Pepper Chickpea Crispbread		8x110g	23.00	3.90	170553
◆	Seeds & Black Pepper Chickpea Crispbread		8x110g	23.00	3.90	170556

IBIS

◆	Wholegrain Rice Cake	organic	12x130g	16.05	1.78	173340
◆	Wholegrain Rice Cake Kep Salt	organic	12x130g	16.05	1.78	173342
◆	Wholegrain Rice Cake Kep Salt & Kampot Peppe	organic	12x130g	16.05	1.78	173344

Kallo Foods - gluten-free

☆	Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.20	1.13	173297
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Nairn's

◆	Scottish Oatcakes	organic	12x250g	16.00	1.78	174705
◆	Super Seeded Oatcakes	organic	8x200g	12.10	2.02	174712
◆	Cheese Oatcakes		12x200g	18.15	2.02	174715

✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

◆	Rough Oatcakes		10x291g	11.60	1.55	174717
◆	Fine Milled Oatcakes		12x218g	12.80	1.42	174720
◆	Fruit and Seed Oatcakes		8x225g	12.10	2.02	174723

Organico - Italian

☆	Classic Grissini	organic	12x120g	21.10	2.34	175305
☆	Spelt Grissini	organic	12x120g	26.50	2.94	175310
☆	Omega3 Wholewheat & Flaxseed Grissini	organic	12x120g	21.10	2.34	175315

Biscuits and Cakes

Doves Farm - Freee - gluten-free - vegan

◆	Chocolate Chip Cookie	organic	12x180g	22.95	2.55	181520
◆	Double Chocolate Cookie	organic	12x180g	22.95	2.55	181522
◆	Lemon Zest Cookie	organic	12x150g	17.80	1.98	181525
◆	Stem Ginger Cookies	organic	12x150g	17.80	1.98	181542

Island Bakery

▲	Apple Crumbles	organic	12x125g	28.95	3.22	182940
▲	Blonde Chocaccinos	organic	12x133g	30.35 V	4.05	182944
▲	Chocolate Gingers	organic	12x133g	30.35 V	4.05	182946
▲	Lime Melts	organic	12x133g	30.35 V	4.05	182950
▲	Lemon Melts	organic	12x133g	30.35 V	4.05	182952
▲	Oat Crumbles	organic	12x125g	24.45	2.72	182954
▲	Orange Melts	organic	12x133g	30.35 V	4.05	182956
▲	Shortbread	organic	12x125g	24.45	2.72	182957

Sweet FA gluten free vegan cookies from Island Bakery

▲	Cranberry & Orange Cookies	organic	12x125g	26.95	2.99	182480
▲	Double Choc Chip Cookies	organic	12x125g	26.95	2.99	182482
▲	Oat & Raisin Cookies	organic	12x125g	26.95	2.99	182484
▲	Peanut Butter Cookies	organic	12x125g	26.95	2.99	182486

Oils & Fats

Biona Oils - not heat extracted

▲	Sesame Oil	organic	6x500ml	34.60	7.69	200404
▲	Toasted Sesame Oil	organic	6x250ml	26.95	5.99	200409
▲	E.V Olive Oil	organic	6x750ml	69.25	15.39	100411

Clearspring

▲	Olive Oil - Extra Virgin - Italy	organic	8x250ml	44.90	7.49	200500
▲	Olive Oil - Extra Virgin - Italy	organic	6x500ml	58.45	12.99	200502
▲	Olive Oil - Extra Virgin - Italy	organic	6x1l	103.45	22.99	200503

La Bio-Idea

▲	Olive Oil - Virgin	organic	6x1l	96.05	21.36	200510
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The Lesbian Donkey - from Lesbos - unfiltered olive oil

▲	Olive Oil - E.V	organic	6x500ml	51.95	11.54	200570
▲	Olive Oil - E.V	organic	6x1l	92.70	20.60	200572
▲	Olive Oil - E.V	organic	1x5l	73.00	97.33	200575

Mr Organic - in glass

◆	Olive Oil - Extra Virgin	organic	12x1l	187.90	20.88	200954
◆	Rapeseed Oil - cold pressed - gluten-free	organic	6x750ml	26.75	5.94	200955
◆	Sunflower Oil	organic	6x750ml	31.25	6.94	200958

Raw Health

▲	Raw Greek Extra Virgin Olive Oil	organic	6x500ml	57.10	12.69	201702
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Suma - Vegan - RSPO Certified Palm Oil

▲	Vegetarian Suet		6x250g	16.85	3.74	791582
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Nut Butter, Pâté, Spreads & Jam

Biona - Nut & Seed Butters

▲	Tahini White no salt - raw	organic	6x170g	17.50	3.89	250233
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Biona - jars

▲	Black Olive Pâté	organic	6x120g	16.60	3.69	390103
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Essential - organic spreads

◆	Dark Chocolate Spread - no palm oil - vegan	organic	6x400g	20.20	4.49	250606
◆	Hazelnut Chocolate Spread - no palm oil - vegan	organic	6x400g	22.00	4.89	250608

Essential - Vitam-R

◆	Vitam-R (yeast extract low salt)		6x125g	22.60	5.02	251005
◆	Vitam-R (yeast extract low salt)		6x250g	38.33	8.52	251010

Meridian

◆	Peanut Butter Crunchy salted - glass		6x280g	14.15	3.14	251550
◆	Peanut Butter Crunchy 100% - glass		6x280g	14.15	3.14	251570
◆	Peanut Butter Smooth salted - glass		6x280g	14.15	3.14	251590
◆	Peanut Butter Smooth 100% - glass		6x280g	14.15	3.14	251610
◆	Peanut & Coconut Butter Smooth		6x280g	15.95	3.54	251612
◆	Cocoa & Peanut Butter		6x280g	14.60	3.24	251616
◆	Richer Roast Crunchy Peanut Butter 100%		6x280g	15.70	3.48	251600
◆	Richer Roast Smooth Peanut Butter 100%		6x280g	15.70	3.49	251602

Vego - organic, vegan, gluten-free, Fair Trade

▲	Crunchy Hazelnut Chocolate Spread	organic	6x350g	23.60	5.25	253391
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Honey, Syrup, Sugar & Sweeteners

Biona Sweeteners - in squeeze bottles

▲	Rice Syrup	organic	6x350g	19.75	4.39	310410
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Food Alive - wild harvested 100% stevia

▲	Stevia Powder - Guayapi (single)		1x50g	5.55	7.40	321440
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St Lawrence Gold Canadian Maple Syrup & Honey

▲	Maple Syrup - amber grade A - glass	organic	12x330g	69.15	7.68	316515
▲	Maple Syrup - dark grade A - glass	organic	12x330g	69.15	7.68	316516
▲	Maple Syrup - amber grade A - plastic jug	organic	12x500ml	128.55	14.28	316517
▲	Maple Syrup - amber grade A - plastic jug	organic	1x1l	20.70	27.60	316518
▲	Maple Syrup - dark grade A - plastic jug	organic	4l	70.50	17.63	316519
▲	Maple Syrup - very dark grade A - plastic pail	organic	20l	341.50	17.08	316520
▲	Maple Sugar Granulated - glass	organic	12x125g	65.60	7.29	316522
▲	Maple Butter - glass	organic	12x150g	73.00	8.11	316524

The Raw Chocolate Co.

▲	Coconut Palm Sugar	organic	6x230g	16.75	3.72	321470
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Olives, Pickles and Preserved Vegetables

Biona - in jars

▲	Capers in E.V. Olive Oil	organic	6x120g	23.35	5.19	350614
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Mani - Greek Organic products

◆	Green Olives - vacuum preserved	organic	6x205g	17.90	3.98	350370
◆	Green & Kalamata Olives with Chilli	organic	6x205g	17.90	3.98	350374
◆	Kalamata Olives - vacuum preserved	organic	6x205g	17.90	3.98	350375
◆	Kalamata Olives in e.v. Olive Oil	organic	6x280g	24.65	5.48	350380
◆	Green & Kalamata Pitted Olives	organic	6x175g	17.90	3.98	350382

Raw Health

▲	Raw Kalamata Olives (in e.v. olive oil)	organic	6x330g	32.80	7.29	351930
▲	Raw Mix Green & Kalamata Olives	organic	6x330g	31.45	6.99	351935

Vinegars

Aspall

◆	Apple Balsamic Vinegar		6x350ml	17.80	3.96	370503
◆	Balsamic Vinegar	organic	6x350ml	17.80	3.96	370504
◆	Balsamic Vinegar	organic	5l	35.80	7.16	370507
◆	Cyder Vinegar	organic	25l	57.80	2.31	370511
◆	Cyder Vinegar	organic	5l	15.75	3.15	370512
◆	Cyder Vinegar	organic	6x500ml	10.25	2.28	370516
◆	Cyder Vinegar	organic	6x350ml	9.00	2.00	370518
◆	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	16.00 V	4.27	370522
◆	Raw Unfiltered Cyder Vinegar	organic	6x500ml	12.85	2.86	370519
◆	Raw Unfiltered Cyder Vinegar	organic	5l	15.75	3.15	370520
◆	Red Wine Vinegar	organic	6x350ml	8.85	1.97	370535
◆	White Wine Vinegar	organic	6x350ml	8.85	1.97	370550
◆	Organic White Wine Vinegar	organic	5l	15.95	3.19	370552
◆	Red Wine Vinegar		5l	10.50	2.10	370517
◆	White Wine Vinegar (not organic)		5l	10.50	2.10	370523

Mr Organic

◆	Balsamic Modena Glaze	organic	6x150ml	20.20	4.49	371346
◆	Balsamic Modena Vinegar	organic	12x500ml	40.40	4.49	371350

✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Sauces, Fruit and Vegetable Products

Biona - Sauces. Mustards, Pastes, Relish

▲ Asparagus Cream	organic	6x120g	15.70	3.49	390093
▲ Mayonnaise 40% Olive Oil - jar	organic	6x230g	22.45	4.99	390170
▲ Satay Spicy Peanut Simmer Sauce	organic	6x350g	18.95	4.21	390187
▲ Tikka Masala Simmer Sauce	organic	6x350g	17.95	3.99	390190

Biona - Tomato Products

◆ Passata	organic	12x680g	23.30	2.59	390115
◆ Passata with Basil	organic	12x680g	23.30	2.59	390117
◆ Passata Rustica	organic	12x680g	24.20	2.69	390119
▲ Sun-dried Tomatoes in EV Olive Oil	organic	6x170g	25.60	5.69	390128
◆ Toscana Pasta Sauce (Tuscan)	organic	6x350g	13.45	2.99	390139

Infinity Foods

▲ Sun-dried Tomato Halves	organic	10kg	73.40	7.34	393001
▲ Sun-dried Tomato Halves	organic	1kg	9.20	9.20	393002
▲ Sun-dried Tomato Halves	organic	6x250g	14.05	3.12	8755

La Bio Idea

☆ Pesto Siciliano - vegetarian	organic	12x130g	25.65	2.85	391660
☆ Pesto Genovese - vegetarian	organic	12x130g	27.45	3.05	391665

Mr Organic - Italy - Vegan

▲ Tomato Purée - jar	organic	6x200g	10.75	2.39	392149
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Convenience Foods

Amaizin - cans

◆ Aduki Beans	organic	6x400g	10.00	2.22	440501
◆ Baked Beans	organic	6x400g	10.90	2.42	440503
◆ Black Beans	organic	6x400g	9.15	2.03	440505
◆ Feijoadas Beans - black beans in spiced sauce	organic	6x400g	9.95	2.21	440506
◆ Mixed Beans with corn - small	organic	12x200g	13.55	1.51	440508
◆ Red Kidney Beans in Chilli Sauce	organic	6x400g	12.85	2.86	440510
◆ Taco Bean Mix - in spicy sauce	organic	6x400g	9.20	2.05	440511

Biona - tinned beans & pulses

◆ Baked Beans in tins	organic	12x400g	15.20	1.69	390099
▲ Brown Lentil Curry - BPA-free can	organic	6x400g	9.85	2.19	390120
◆ Chilli Black Beans - BPA-free can	organic	6x410g	7.60	1.69	390146
◆ Chilli Red Kidney Beans in tins	organic	6x395g	7.60	1.69	390149
◆ Refried Pinto Beans in tins	organic	12x410g	21.50	2.39	390183

Biona - beans in jars

▲ Jar Chickpeas	organic	6x350g	8.95	1.99	390157
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Free & Easy - canned Organic Soups

◆ Butternut Squash & Ginger Soup	organic	6x400g	10.75	2.39	441122
◆ Pea & Mint Soup	organic	6x400g	10.75	2.39	441130
◆ Sweet Potato & Chia Seed Soup	organic	6x400g	10.75	2.39	441132
◆ Tomato Soup	organic	6x400g	10.75	2.39	441135

Just Wholefoods - vegan - Organic World Mixes

◆ Falafel Mix	organic	6x120g	10.00	2.22	442505
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Just Wholefoods - vegan

◆ Brownie Mix - vegan	organic	6x318g	20.75	4.61	442488
◆ Energy Ball Mix - vegan	organic	6x140g	14.45	3.21	442490
◆ Matcha Pancake Mix - vegan	organic	6x188g	14.45	3.21	442496
◆ Pancake Mix - vegan	organic	6x185g	14.45	3.21	442500

Mr Organic - ring-pull cans

◆ Aduki Beans	organic	12x400g	13.40	1.49	442748
◆ Baked Beans	organic	12x400g	14.30	1.59	442750
◆ BBQ Baked Beans	organic	12x400g	16.10	1.79	442751
◆ Beluga Lentils	organic	12x400g	13.40	1.49	442753
◆ Black Beans	organic	12x400g	12.50	1.39	442752
◆ Borlotti Beans	organic	12x400g	13.40	1.49	442755
◆ Brazilian Style Black Beans	organic	12x400g	18.80	2.09	442756
◆ Cannellini Beans	organic	12x400g	13.40	1.49	442757
◆ Chickpeas	organic	12x400g	12.50	1.39	442760

◆ Chilli Mixed Beans	organic	12x400g	16.10	1.79	442761
◆ Butter Beans	organic	12x400g	14.30	1.59	442762
◆ Greek Style Butter Beans	organic	12x400g	18.80	2.09	442764
◆ Haricot Beans	organic	12x400g	13.40	1.49	442763
◆ Italian Style Cannellini Beans	organic	12x400g	18.80	2.09	442768
◆ Lentils - green	organic	12x400g	13.40	1.49	442765
◆ Low Sugar Baked Beans	organic	12x400g	16.10	1.79	442766
◆ Mexican Style Beans & Corn	organic	12x400g	18.80	2.09	442769
◆ Mixed Beans	organic	12x400g	14.30	1.59	442767
◆ Moroccan Style Chickpeas	organic	12x400g	18.80	2.09	442772
◆ Red Kidney Beans	organic	12x400g	13.40	1.49	442770
◆ Black Bean Vegetable Soup	organic	12x400g	18.80	2.09	442774
◆ Spicy Mixed Bean Soup	organic	12x400g	18.80	2.09	442771
◆ Tomato & Basil Soup	organic	12x400g	18.80	2.09	442776
◆ Tomato & Lentil Soup	organic	12x400g	18.80	2.09	442773

Suma - Beans & Pulses easy-open cans

▲ Catering size Chickpeas	organic	6x2.6kg	21.35	4.74	445511
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Suma Canned from Fresh - Beans & Pulses easy-open cans

◆ Edamame Fresh	organic	12x200g	15.20	1.69	445603
◆ Flageolet Fresh	organic	12x200g	13.40	1.49	445605

Baby & Children's Food and Baby Products

Beaming Baby

▼ Bamboo Baby Wipes	organic	12x80wipes	26.05 V	3.89	471454
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Organix Brands - from 7 months

◆ Banana & Plum Porridge	organic	4x200g	10.00	3.33	470710
◆ Apple Rice Cake Clouds	organic	6x40g	8.35	1.86	470820
◆ Banana Rice Cake Clouds	organic	6x40g	8.35	1.86	470822
◆ Cherry Rice Cake Clouds	organic	6x40g	8.35	1.86	470823
◆ Strawberry Rice Cake Clouds	organic	6x40g	8.35	1.86	470824
◆ Summer Fruits Rice Cake Clouds	organic	6x40g	8.35	1.86	470826
◆ Little Ruskits Baby Biscuits	organic	4x54g	7.25	2.42	470833
◆ Melty Tomato Slices	organic	5x20g	3.25	0.87	470857
◆ Melty Carrot Puffs	organic	8x20g	5.05	0.84	470924
◆ Melty Sweetcorn Rings	organic	8x20g	5.05	0.84	470926
◆ Banana Weaning Wands	organic	5x25g	6.15	1.64	470976
◆ Strawberry Weaning Wands	organic	5x25g	6.15	1.64	470978

Organix - 12 months plus

◆ Raspberry & Apple Soft Oaty Bars - Multipack	organic	6x6x23g	16.45	3.66	470856
◆ Carrot Cake Soft Oaty Bars - Multipack	organic	6x6x30g	16.45	3.66	470864
◆ Choco Orange Soft Oaty Bars - Multipack	organic	6x6x23g	15.55	3.46	470865
◆ Chunky Apple & Date Fruit Bars	organic	6x6x17g	15.90	3.53	470881
◆ Chunky Banana & Date Fruit Bars	organic	6x6x17g	15.90	3.53	470882
◆ Kids Cool Choco Mint Mini Flapjack Bites	organic	4x4x23g	12.30	4.09	470866
◆ Kids Crazy Choco Orange Mini Flapjack Bites	organic	4x4x23g	11.25	3.74	470869
◆ Kids Lemon & Lime Oaty Bars	organic	6x6x23g	16.95	3.76	470873
◆ Kids Marvellous Mandarin & Apple Oaty Bars	organic	6x6x23g	16.95	3.76	470874
◆ Raisins - box	organic	4x12x14g	9.70	3.23	470884
◆ Alphabet Biscuits	organic	6x5x25g	13.55	3.01	470906
◆ Farm Animal Biscuits	organic	5x100g	9.65	2.57	470907
◆ Cocoa & Vanilla Gruffalo Biscuits	organic	3x5x20g	6.15	2.73	470889
◆ Gingerbread Men - Ige	organic	6x135g	13.60	3.02	470909
◆ Mini Gingerbread Men	organic	8x20g	5.30	0.88	470911
◆ Carrot Stix	organic	6x15g	2.50	0.55	470914
◆ Cheese & Herb Corn Puffs	organic	6x15g	2.50	0.55	470920
◆ Barbeque Gruffalo Claws	organic	3x4x15g	6.30	2.79	470901
◆ Cheese & Onion Gruffalo Claws	organic	3x4x15g	6.30	2.79	470905
◆ Melty Carrot Puffs multi pack	organic	4x4x18g	8.45	2.81	470923
◆ Mini Cheese Cracker multipack	organic	3x4x20g	6.65	2.95	470918

Japanese Products, Miso, Soy Sauce, Tofu

Clearspring Japanese sauces

◆ Instant Noodle Broth	organic	6x250ml	29.20	6.49	480501
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OHSOMISO

☆ Sweet Brown Miso - rice & soy		4x240g	13.00	4.33	481045
☆ Sweet Brown Miso - rice & chickpea		4x240g	13.00	4.33	481046

✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Sea Vegetables

The Cornish Seaweed Company - grinders and shakers

▼ Dulse Flakes - shaker	organic	6x20g	15.85	3.75	531096
▼ Kelp Flakes - shaker	organic	6x40g	16.75	3.96	531098
▼ Mixed Seaweed Flakes - shaker	organic	6x40g	16.75	3.96	531100
▼ Seagreens Flakes - shaker	organic	6x10g	15.85	3.75	531104
▼ Sea Salad Flakes - shaker	organic	6x12g	15.85	3.75	531108
▲ Seaweed Mixed Pepper Grinder	organic	4x60g	12.50	4.43	531110
▲ Seaweed Salt Grinder	organic	4x100g	10.40	3.69	531112

The Cornish Seaweed Company

▲ Cornish Seaweed Salt	organic	8x70g	16.85	2.81	531090
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Teas - Herb

11 O'clock Tea

◆ 11 O'clock Rooibosch Tea Bags	organic	4x40bgs	8.70	2.90	575010
◆ 11 O'clock Rooibosch Tea Bags	organic	4x80bgs	16.15	5.38	575015

Dragonfly - Organic Herb Teas

◆ Pure Peppermint Bags	organic	4x20bgs	7.90	2.63	560553
◆ Golden Balance Turmeric Bags	organic	4x20bgs	8.65	2.88	560551
◆ Happy Times Tulsi Bags	organic	4x20bgs	8.65	2.88	560556
◆ Mint Garden Digestif Bags	organic	4x20bgs	8.65	2.88	560554
◆ Cape Malay Rooibos Chai Bags	organic	4x20bgs	7.90	2.63	560555
◆ Mountain Honeybush Tea Bags	organic	4x20bgs	7.90	2.63	560565
◆ Night Sky Calm Bags	organic	4x20bgs	8.65	2.88	560567
◆ True Clarity Ginger	organic	4x20bgs	8.65	2.88	560559
◆ Cape Rooibos & Honeybush Bags	organic	4x20bgs	7.90	2.63	560568

Dragonfly - Rooibos Teas

◆ Rooibos	organic	4x40bgs	9.10	3.03	544008
◆ Rooibos - Earl Grey	organic	4x40bgs	9.10	3.03	544110
◆ Rooibos - Vanilla	organic	4x40bgs	9.10	3.03	544112

Organic Herb Trading Co. organic loose tea

▲ Hibiscus Flower Pieces - teabag cut	organic	1x500g	9.75	13.00	560856
▼ Rooibos Leaf	organic	1x500g	14.30	19.08	560857

Tick Tock Rooibos

◆ Rooibos Tea Bags	organic	4x40bgs	8.05	2.68	561712
◆ Rooibos Tea Bags	organic	4x80bgs	15.75	5.25	561716
◆ Rooibos Tea Loose	organic	6x100g	12.00	2.67	561717
◆ Green Rooibos Tea Bags	organic	4x40bgs	8.55	2.85	561718
◆ Rooibos Earl Grey Tea Bags		4x40bgs	8.55	2.85	561722

Teas - Black, Green & White

Dragonfly Tea

◆ Golden Himalaya Darjeeling Tea Bags	organic	4x20bgs	7.90	2.63	581015
◆ Classic Earl Grey Tea Bags	organic	4x20bgs	7.90	2.63	581020
◆ Traditional English Breakfast Tea Bags	organic	4x20bgs	7.90	2.63	581025
◆ Indian Spice Chai Bags	organic	4x20bgs	7.90	2.63	580340
◆ Pure Green Mountain Tea	organic	4x20bgs	7.90	2.63	580345
◆ Moroccan Mint Green Tea Bags	organic	4x20bgs	7.90	2.63	580346
◆ Moonlight Jasmine Green Tea Bags	organic	4x20bgs	7.90	2.63	580347
◆ Swirling Mist White Tea Bags	organic	4x20bgs	8.65	2.88	580350
◆ Digestive Chai Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580354
◆ Digestive Lemon Pu'er Tea Bags	organic	4x20bgs	8.65	2.88	580348
◆ Good Dragon Pu'er Tea Bags	organic	4x20bgs	7.90	2.63	580349

Organic Herb Trading Co. organic loose tea

▲ Jasmine Green Loose Leaf Tea	organic	1x500g	20.60	27.47	580542
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Coffee

CaféDirect FairTrade R&G

◆ CaféDirect Lively Restore Blend - 4		6x227g	23.30	5.18	600504
◆ CaféDirect Intense Thrive Blend - 5		6x200g	20.80	4.62	600492
◆ CaféDirect Lively Restore Blend - 4		6x200g	20.80	4.62	600494
◆ CaféDirect Smooth Empower Blend - 3		6x200g	20.80	4.62	600495

CaféDirect FairTrade Instant

◆ Instant Machu Picchu Coffee - 4		6x100g	26.65	5.92	600519
◆ Instant Decaf Machu Picchu Coffee - 4		6x100g	26.65	5.92	600521
◆ Classic Instant Coffee - single tin - 3		1x500g	21.65	28.87	600525

Clipper FairTrade

☆ Instant Coffee House Blend- 4 - tin	organic	1x500g	26.55	35.40	600572
☆ Instant Decaf Coffee - 3 - tin	organic	1x500g	30.10	40.13	600571
◆ Instant Decaffeinated Coffee	organic	6x100g	36.35	8.08	600575
◆ Instant Coffee - House Blend	organic	6x100g	32.90	7.31	600578
◆ Instant Coffee - Rich Roast	organic	6x100g	32.90	7.31	600579
☆ House Blend Coffee R&G	organic	8x227g	33.10	5.51	600580

Equal Exchange Original FairTrade R&G Coffee

◆ Dark City Roast Coffee Ground - 4	organic	8x200g	36.00	6.00	600610
◆ Medium R&G Coffee - 3	organic	8x200g	36.00	6.00	600605

Equal Exchange Modern Blends FairTrade R&G Coffee

◆ Italian Coffee R&G - 5	organic	8x200g	36.00	6.00	600685
◆ Women Grew This Coffee R&G - 3	organic	8x200g	36.00	6.00	600695

Equal Exchange FairTrade Coffee Beans

◆ Coffee Beans Roast-Italian - 5	organic	8x200g	36.00	6.00	600654
◆ Coffee Beans - Medium roast - 3	organic	8x200g	36.00	6.00	600657
◆ Coffee Beans - Dark City roast - 4	organic	8x200g	36.00	6.00	600660
◆ Coffee Beans - Women grown - 3	organic	8x200g	36.00	6.00	600664

Grumpy Mule Ground

◆ Colombia Ground Equidad - 4 - FT	organic	6x227g	25.10	5.59	600805
◆ Honduras Ground Community FT - 3	organic	6x227g	25.10	5.58	600818
◆ Peru Ground Femenino - 4 - FT - Bird Friendly	organic	6x227g	25.10	5.59	600813
◆ Sumatra Ground Gayo Highlands - 4 - FT	organic	6x227g	25.10	5.59	600807
◆ Decaffeinated Ground (Swiss water) - 3 - FT	organic	6x227g	28.45	6.32	600815

Grumpy Mule Beans

◆ Beans - Espresso - 5	organic	6x227g	26.20	5.82	600830
◆ Beans - Sumatra - 4	organic	6x227g	25.10	5.59	600832
◆ Beans - Landscape Espresso - 5	organic	1x1kg	18.25	24.37	600841
◆ Beans - Milestone - 3		1x1kg	17.05	22.76	600844

Percol - Home Compostable & Plastic-free Packaging, Fair Trade

▲ Rich Americano R&G Coffee - 4	organic	6x200g	20.95	4.67	601306
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Source - climate change coffee - single origin

◆ Gishwati Rwandan Cloud Forest Coffee R&G - 4	organic	6x227g	30.35	6.74	601330
◆ Kilimanjaro Espresso Cloud Forest Coffee R&G - organic		6x227g	30.35	6.74	601332
◆ Mexican La Sierra Cloud Forest Coffee R&G - 3	organic	6x227g	30.35	6.74	601335
◆ Rio Coco Nicaragua Cloud Forest Coffee R&G - 3	organic	6x227g	30.35	6.74	601347
◆ Rio Coco Nicaragua Cloud Forest Coffee Bean - 3	organic	6x227g	30.35	6.74	601348
◆ Uganda Mount Elgon Cloud Forest R&G - 4	organic	6x227g	30.35	6.74	601336

Coffee Substitutes, Malted Drinks, Carob & Cocoa Products

Infinity Foods - Raw Cacao Nibs

▲ Cacao Nibs - raw	organic	15kg	263.55	17.57	764205
▲ Cacao Nibs - raw	organic	1kg	19.35	19.35	764210
▲ Cacao Nibs - raw	organic	6x250g	29.90	6.64	8075
▲ Cacao Nibs - raw	organic	12x125g	32.35	3.59	8080

The Raw Chocolate Co. - Fair Trade - sugar, dairy & gluten-free

▲ Raw Cacao Nibs	organic	6x150g	20.95	4.66	766892
▲ Cacao Powder	organic	6x180g	20.95	4.66	766893
▲ Raw Cacao Butter Buttons	organic	6x200g	29.35	6.52	766909

Sweet Revolution - Barista Blend just add hot milk/mylk - vegan

☆ Chai Latte with reishi - Barista	organic	4x100g	27.80	9.27	620020
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Drinks - Herbal, Tonic, Coconut and Iced Tea

Gusto organic Drinks - glass bottle

▲ Gusto - Lemon energy	organic	12x250ml	16.30 V	2.17	641607
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✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Drinks - Fruit & Vegetable Juices, Cordials & Water

Belvoir Cordials

◆ Elderflower Cordial	organic	6x500ml	21.65 V	5.78	660560
◆ Ginger Cordial	organic	6x500ml	21.65 V	5.78	660565
◆ Lemon & Mint Cordial	organic	6x500ml	21.65 V	5.78	660566

BetterYou - aluminium can

◆ Magnesium Water Energy - pomegranate & rhubarb		12x250ml	15.35 V	2.05	672000
◆ Magnesium Water Focus - blueberry & mint		12x250ml	15.35 V	2.05	672001
◆ Magnesium Water Hydrate - lime & bergamot		12x250ml	15.35 V	2.05	672002

Biona Juices & Drinks - glass bottles

◆ Apple Juice - lge	organic	6x750ml	13.45 V	3.59	660693
◆ Carrot Juice	organic	6x750ml	14.55 V	3.89	660694
◆ Orange Juice	organic	6x750ml	22.05 V	5.89	660695
◆ Red Grape Juice	organic	6x750ml	18.30 V	4.89	660696
◆ Tomato Juice	organic	6x750ml	14.55 V	3.89	660697

James White - Zingers - intense shots

◆ Lime & Chilli Zinger	organic	15x70ml	14.90 V	1.59	664620
◆ Ginger Zinger	organic	15x70ml	14.90 V	1.59	664622
◆ Intense Sour Cherry Zinger		15x70ml	14.90 V	1.59	664624
◆ Xtra Hot Ginger Zinger	organic	15x70ml	14.90 V	1.59	664625
◆ Golden Turmeric Juice Zinger		15x70ml	14.90 V	1.59	664627
◆ Big Zinger Ginger	organic	6x330ml	16.05 V	4.28	664628
◆ Big Zinger Turmeric		6x330ml	16.05 V	4.28	664630

Vitacore - in glass

◆ Blueberry Drink	organic	6x500ml	22.30 V	5.95	663511
◆ Cranberry Drink	organic	6x500ml	22.30 V	5.95	663512
▲ Pomegranate Juice	organic	6x500ml	14.80 V	3.95	663513
◆ Prune Juice	organic	6x500ml	22.30 V	5.95	663514

Drinks - Carbonated

Belvoir - Pressés

◆ Elderflower Pressé	organic	6x750ml	14.95 V	3.99	660575
◆ Elderflower Pressé	organic	12x250ml	13.80 V	1.84	660577
◆ Ginger Beer	organic	6x750ml	14.95 V	3.99	660580
◆ Ginger Beer	organic	12x250ml	13.80 V	1.84	660582
◆ Lemonade	organic	12x250ml	13.80 V	1.84	660587

Luscombe - glass

▲ Damascene Rose Bubbly	organic	24x270ml	33.85 V	2.26	661586
▲ Ginger Beer Cool	organic	24x270ml	33.40 V	2.23	661588
▲ Ginger Beer Hot	organic	24x270ml	33.40 V	2.23	661590
▲ Lemonade Sicilian	organic	24x270ml	33.40 V	2.23	661592
▲ Raspberry Crush	organic	24x270ml	37.35 V	2.49	661598
▲ Rhubarb Crush	organic	24x270ml	33.40 V	2.23	661599
▲ Sicilian Citrus Crush (formerly St Clements)	organic	24x270ml	33.40 V	2.23	661600
▲ Wild Elderflower Bubbly		24x270ml	33.85 V	2.26	661604

Drinks - Soya, Nut, Grain, Milk & Desserts

Just Wholefoods - Vegan

◆ Custard Powder - all natural		12x100g	16.50	1.83	723005
◆ VegeSet - alternative to gelatine		10x25g	19.50	2.60	723007
◆ Lively Lemon Jelly Crystals - with sugar		12x85g	16.50	1.83	723010
◆ Raw Raspberry Jelly Crystals - with sugar		12x85g	16.50	1.83	723015
◆ Simply Strawberry Jelly Crystals - with sugar		12x85g	16.50	1.83	723020
◆ Tropical Twist Jelly Crystals - with sugar		12x85g	16.50	1.83	723025

Oatly - Vegan

◆ Barista Oat Drink	organic	6x1l	10.80	2.39	725708
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Rude Health - gluten-free

◆ Barista Almond Drink		6x1l	11.20	2.49	724606
◆ Barista Coconut Drink		6x1l	11.20	2.49	724607
◆ Barista Oat Drink		6x1l	9.00	2.00	724608
◆ Oat Barista Drink	organic	6x1l	11.20	2.49	724584
◆ Barista Soya Drink	organic	6x1l	9.00	2.00	724005

Sojade - plant based drinks & cream

◆ Soya Natural - unsweetened	organic	8x1l	11.65	1.94	724605
◆ Soya Mild with apple juice	organic	8x1l	12.90	2.15	724611
◆ Soya + Vanilla	organic	8x1l	14.30	2.39	724615
◆ Chocolate Soya Drink	organic	8x1l	16.75	2.80	724617
◆ Sojade Cuisine - Soya Cream	organic	24x200ml	18.80	1.04	724620
◆ Chocolate Soya Dessert - Custard	organic	8x530g	10.05	1.68	724622
◆ Vanilla Soya Dessert - Custard	organic	8x530g	10.50	1.75	724624

Savoury Snacks

Eat Real Organic Chips & Straws - vegan - gluten-free

◆ Organic Hummus Chips Salted	organic	10x100g	19.65	2.70	751100
◆ Organic Lentil Chips Salted	organic	10x100g	19.65	2.70	751120
◆ Organic Veggie Straws	organic	10x100g	19.65	2.70	751130

Eat Real - Hummus Chips - large - vegan - gluten-free

◆ Chilli & Lemon Hummus Chips - large		10x110g	16.05	2.29	751193
◆ Sea Salt & Balsamic Hummus Chips - large		10x110g	16.05	2.29	751194
◆ Sour Cream & Chives Hummus Chips - large		10x110g	16.05	2.29	751195
◆ Tomato & Basil Hummus Chips - large		10x110g	16.05	2.29	751196
◆ Sea Salt Hummus Chips - large		10x110g	16.05	2.29	751197

Eat Real - Hummus Chips - small - vegan - gluten-free

◆ Sea Salt Hummus Chips		18x45g	11.85	0.98	751201
◆ Sour Cream & Chives Hummus Chips		18x45g	11.85	0.98	751202
◆ Tomato & Basil Hummus Chips		18x45g	11.85	0.98	751203

Eat Real - Lentil Chips - vegan - gluten-free

◆ Chilli & Lemon Lentil Chips - large		10x95g	16.05	2.29	751217
◆ Creamy Dill Lentil Chips - large		10x95g	16.05	2.29	751218
◆ Mango & Mint Lentil Chips - large		10x95g	16.05	2.29	751219
◆ Sea Salt Lentil Chips - large		10x95g	16.05	2.29	751221
◆ Chilli & Lemon Lentil Chips		18x40g	11.85	0.98	751224
◆ Creamy Dill Lentil Chips		18x40g	11.85	0.98	751226
◆ Sea Salt Lentil Chips		18x40g	11.85	0.98	751231

Eat Real - Quinoa Chips - large - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips		10x90g	16.05	2.29	751251
◆ Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	16.05	2.29	751254

Eat Real - Quinoa Chips - small - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips - small		18x40g	7.90	0.66	751271
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Eat Real - Veggie Straws - Vegan - gluten-free

◆ Veggie Straws - small		18x45g	11.85 V	1.18	751287
◆ Veggie Straws - large		10x110g	16.05 V	2.60	751288
◆ Veggie Straws Sea Salt Black Pepper - large		10x110g	16.05 V	2.60	751289
◆ Veggie Straws Smoked Paprika & Chilli - large		10x110g	16.05 V	2.60	751291

Eat Real - Multi Packs - vegan - gluten-free

◆ Chips Multi Pack		8x5pack	18.00	3.04	721291
▼ Kids Straws Multi Pack		24x20g	11.30	0.64	721292

Infinity Pre-Packed Savoury Snacks

☆ Japanese Rice Crackers		6x125g	7.45	1.66	8050
☆ Japanese Rice Crackers		6x250g	12.60	2.80	8055

Sweet Snacks & Confections

Alter Eco organic Fairtrade Chocolate

◆ Almond Dark Chocolate Bar	organic	14x100g	22.40 V	3.00	760158
◆ 70% Ecuador Chocolate Bar	organic	14x100g	22.40 V	3.00	760160
◆ Milk Chocolate Bar	organic	14x100g	22.40 V	2.56	760162
◆ Orange Dark Chocolate Bar	organic	14x100g	22.40 V	2.56	760164
◆ 85% Peru Chocolate Bar	organic	14x100g	22.40 V	2.56	760166
◆ Salted Caramel Milk Chocolate Bar	organic	14x100g	22.40 V	2.56	760168

Oatopia vegan flapjacks

◆ Almond Bakewell Oat Bake		16x120g	33.00	2.75	766974
◆ Original Oat Bake		16x120g	31.20	2.60	766972
◆ Peanut Butter Oat Bake		16x120g	33.00	2.75	766973
◆ Salted Caramel Oat Bake		16x120g	33.00	2.75	766976

Ombar - raw chocolate bars & buttons						
◆	Coco Almond Chocolate - large	organic	10x70g	20.55 V	3.29	765784
◆	Coco Mylk Chocolate - large	organic	10x70g	20.55 V	3.29	765786
◆	Dark 72% Chocolate - large	organic	10x70g	20.55 V	3.29	765788
◆	Coconut & Vanilla Centres Chocolate - lge	organic	10x70g	20.55 V	3.29	765790
◆	Hazelnut Truffle Centres Chocolate - lge	organic	10x70g	20.55 V	3.29	765791
◆	Pistachio Centres Chocolate - lge	organic	10x70g	20.55 V	3.29	765792
◆	Raspberry & Coconut Centres Chocolate - lge	organic	10x70g	20.55 V	3.29	765794
◆	Salt & Nibs Chocolate - lge	organic	10x70g	20.55 V	3.29	765796
◆	100% Cacao	organic	10x35g	12.40 V	1.99	765761
◆	Pure 90% Chocolate	organic	10x35g	12.40 V	1.99	765764
◆	Blueberry & Acai Chocolate	organic	10x35g	12.40 V	1.99	765765
◆	Coco Mylk Chocolate	organic	10x35g	12.40 V	1.99	765767
◆	Coconut 60% Chocolate	organic	10x35g	12.40 V	1.99	765770
◆	Dark 72% Chocolate	organic	10x35g	12.40 V	1.99	765773
◆	Strawberry Mylk Chocolate	organic	10x35g	12.40 V	1.99	765777
◆	Buttons Coco Mylk Chocolate 58%	organic	15x25g	13.95 V	1.49	765780

Ombar - Oat M'lk chocolate bars						
◆	Oat M'lk Fruit & Nut - chocolate	organic	10x70g	17.20 V	2.75	765751
◆	Oat M'lk Hazelnut - chocolate	organic	10x70g	17.20 V	2.75	765752
◆	Oat M'lk Salted Caramel - chocolate truffle	organic	10x70g	17.20 V	2.75	765754
◆	Oat M'lk Smooth & Creamy - chocolate	organic	10x70g	17.20 V	2.75	765756
◆	Oat M'lk Salted Caramel - filled choc	organic	15x42g	16.40 V	1.75	765757
◆	Oat M'lk Hazelnut Brownie - filled choc	organic	15x42g	16.40 V	1.75	765758

Organic Seed & Bean - Vegan Dark Chocolate						
◆	Coconut & Raspberry Sao Tome Dark Bar 66%	organic	10x75g	18.80 V	3.00	765874
◆	Cornish Sea Salt Ecuadorian Dark Bar - 70%	organic	10x75g	18.80 V	3.00	765854
◆	Salted Caramel Dominican Dark Bar - 58%	organic	10x75g	18.80 V	3.00	765855

Organic Seed & Bean - Vegan Fair Trade Milk Choc						
◆	Salted Caramel Dairy-free Milk Chocolate	organic	10x75g	18.80 V	3.00	765822
◆	Sea Salt & Orange Dairy-free Milk Chocolate	organic	10x75g	18.80 V	3.00	765824

Organic Seed & Bean - Vegan Fair Trade Dark Choc						
◆	Dominican Extra Dark Choc Bar - 72%	organic	10x75g	18.80 V	3.00	765830
◆	Lavender Dark Choc Bar - 72%	organic	10x75g	18.80 V	3.00	765831
◆	Mandarin & Ginger Dark Choc Bar - 72%	organic	10x75g	18.80 V	3.00	765832
◆	Mint Dark Choc Bar - 72%	organic	10x75g	18.80 V	3.00	765833
◆	Coffee Espresso Dark Choc Bar - 58%	organic	10x75g	18.80 V	3.00	765835
◆	Hazelnut Dark Choc Bar - 58%	organic	10x75g	18.80 V	3.00	765836
◆	Lemon & Cardamom Dark Choc Bar - 58%	organic	10x75g	18.80 V	3.00	765838

Organic Seed & Bean - Fair Trade - Milk (37%) & White Chocolate						
☆	Smooth Praline Choc Milk Bar	organic	10x75g	18.80 V	3.00	765840
◆	Lime & Sea Salt Milk Choc Bar	organic	10x75g	18.80 V	3.00	765841
◆	Crispy Popped Rice Milk Chocolate Bar	organic	10x75g	18.80 V	3.00	765846
◆	Rich Caramel Milk Chocolate Bar	organic	10x75g	18.80 V	3.00	765847
◆	Rich Milk Chocolate Bar	organic	10x75g	18.80 V	3.00	765844

Organic Seed & Bean mini bars - Vegan Fair Trade Dark Choc						
◆	Espresso Dark Choc Bar - 58%	organic	30x25g	19.50 V	1.20	765881
◆	Dominican Extra Dark Choc Bar - 72%	organic	30x25g	19.50 V	1.20	765883
◆	Sweet Orange & Thyme Dark Choc Bar - 58%	organic	30x25g	19.50 V	1.20	765884

Organic Seed & Bean mini bars - Fair Trade - Milk (37%) & White Chocolate						
◆	Cornish Sea Salt & Lime Milk Choc Bar - 37%	organic	30x25g	19.50 V	1.20	765885

Peppersmith Dental - vegan - xylitol sweetened						
◆	Box Peppermint Dental Chewing Gum - 33 gums		18x50g	36.70 V	3.26	766704
◆	Box Spearmint Dental Chewing Gum - 33 gums		18x50g	36.70 V	3.26	766726
◆	Peppermint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40 V	1.39	766717
◆	Spearmint Dental Chewing Gum Pocket Pack (10 gums)		12x15g	10.40 V	1.39	766720
◆	Peppermint Dental Mints - 100 mints		18x60g	42.00 V	3.73	766703
◆	Peppermint Dental Mints (25 mints)		12x15g	11.90 V	1.59	766722
◆	Lemon Dental Mints (25 mints)		12x15g	11.90 V	1.59	766723
◆	Extra Strong Dental Mints (25 mints)		12x15g	11.90 V	1.59	766724
◆	Strawberry Pastilles		12x15g	11.90 V	1.59	766706

The Raw Chocolate Co. - dairy & gluten-free						
◆	Raw Chocolate Goji Berries - large	organic	6x100g	17.45 V	4.65	766911
▲	Raw Chocolate Mulberries - Bulk	organic	5kg	129.60 V 25.92		766903
◆	Raw Chocolate Mulberries - large	organic	6x100g	17.45 V	4.65	766912
▲	Raw Chocolate Almonds - Bulk	organic	5kg	144.05 V 28.81		766906

◆	Raw Chocolate Almonds - large	organic	6x100g	17.45 V	4.65	766913
◆	Raw Chocolate Bananas - large	organic	6x100g	17.45 V	4.65	766864
◆	Raw Chocolate Ginger - large	organic	6x100g	17.45 V	4.65	766914
◆	Raw Salty Chocolate Hazelnuts - large	organic	6x100g	17.45 V	4.65	766916
▲	Raw Salty Chocolate Hazelnuts - Bulk	organic	5kg	144.05 V 28.81		766919
◆	Raw Chocolate Raisins - large	organic	6x100g	17.45 V	4.65	766917
▲	Salted Vanoffee Cashews - Bulk	organic	5kg	152.85 V 30.57		766908
◆	Salted Vanoffee Cashews - large	organic	6x100g	17.45 V	4.65	766918

Supernature - vegan gluten-free chocolate						
◆	Almond Clusters		15x34g	18.40 V	1.96	768311
◆	Chocolate Covered Almonds		15x38g	18.40 V	1.96	768313
◆	Chocolate Covered Hazelnuts	organic	15x40g	18.40 V	1.96	768312
◆	Hazelnut Butter Cups	organic	15x34g	18.40 V	1.96	768315
◆	Hazelnut Clusters - 2 pack	organic	15x34g	18.40 V	1.96	768314
◆	Peanut Butter Cups - 2pack	organic	15x40g	18.40 V	1.96	768316

Vego - vegan, gluten-free, Fair Trade						
▲	150g Whole Hazelnut Chocolate Bar	organic	20x150g	55.60 V	4.45	768830
▲	Mini Whole Hazelnut Chocolate Bar	organic	20x65g	28.80 V	2.30	768832
▲	Nuts & Berries Vego Dark Bar	organic	12x85g	29.90 V	4.00	768834
▲	Vego Crisp - choc & rice crisp Bar	organic	20x40g	22.40 V	1.79	768836

Condiments, Stocks, Salt & Miscellaneous Foods

Clearspring						
◆	Gomashio - Black Sesame with Sea Salt	organic	6x100g	17.95	3.99	791551
◆	Gomashio - Whole Sesame with Sea Salt	organic	6x100g	17.95	3.99	791552
◆	Irigoma - Toasted Black Sesame Seeds	organic	6x100g	17.95	3.99	791553
◆	Irigoma - Toasted Whole Sesame Seeds	organic	6x100g	17.95	3.99	791554
◆	Shichimi Togarashi	organic	8x50g	29.90	4.98	791555

Supplementary Foods

The Cornish Seaweed Company						
▲	Menstrual Ease	organic	1x60cap	6.85 V	10.96	850935
▲	Sea Moss	organic	1x60cap	6.70 V	10.72	850936
▲	Seaweed & Mushrooms	organic	1x60cap	9.90 V	15.84	850937

Naturya - Blends						
◆	Immunity Functional Blend	organic	1x250g	7.65	11.43	855404
◆	Green Super Blend	organic	1x250g	10.00	15.02	855408

Naturya						
◆	Acai Powder	organic	1x125g	13.30	19.98	855410
◆	Chia Seeds	organic	1x300g	4.00	6.01	855416
◆	Chlorella Powder	organic	1x200g	8.65	13.00	855417
◆	Cacao Nibs	organic	1x300g	5.30	7.96	855418
◆	Cacao Powder	organic	1x250g	4.65	6.99	855419
◆	Hemp Protein Powder	organic	1x300g	6.65	9.99	855420
◆	Maca Powder	organic	1x300g	4.65	6.99	855423
◆	Spirulina Powder	organic	1x200g	6.00	9.01	855425
◆	Wheatgrass Powder	organic	1x200g	5.30	7.95	855427

Kitchen & Household Goods

Alter/Native by Suma - soap containers						
◆	Travel Soap Tin - 29x68x97mm		1x1tin	2.45 V	3.92	859141

Cheeky Panda Bamboo products						
▼	Cleansing Facial Wipes		24x25p	44.20 V	2.95	820555
▼	Kitchen Rolls - 2 pack		5x2p	17.20 V	5.50	820560
▼	Multicoloured Paper Straws		48x100p	83.65 V	2.79	820559
▼	Pocket Tissues		96x10p	57.15 V	0.95	820561
▼	48 Toilet Rolls		1x5.8kg	25.85 V	41.36	820562
▼	9 Toilet Rolls		5x9p	25.80 V	8.26	820564

Household & Industrial Cleaning Products

Bio-D						
◆	Dishwasher Tablets - 30 tabs		8x360g	37.80 V	7.66	830502
◆	Dishwasher Rinse Aid		12x750ml	27.45 V	3.68	830501
◆	Washing Up Liquid		12x750ml	19.10 V	2.58	830507
◆	Grapefruit Washing Up Liquid		12x750ml	20.40 V	2.76	830503

✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

◆	Mandarin Washing Up Liquid	12x750ml	20.40 V	2.76	830511
◆	Concentrated Floor Cleaner	12x750ml	28.25 V	3.79	830531
◆	Toilet Cleaner - with nozzle	12x750ml	20.85 V	2.78	830540
◆	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40 V	2.85	830571
◆	Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85 V	3.34	830568
◆	Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50 V	3.15	830542
◆	Spray - Bathroom Cleaner	12x500ml	24.15 V	3.24	830553
◆	Multi-Surface Cleaner - concentrated	12x750ml	23.45 V	3.13	830544
◆	Spray - Glass & Mirror Cleaner	12x500ml	24.50 V	3.30	830557

Ecoleaf - Vegan

◆	Bathroom Cleaner - trigger spay - green apple	6x500ml	10.70 V	2.85	831394
◆	Fabric Conditioner	20l	30.95 V 1.55		831410
◆	Hard Floor Cleaner - pine	8x750ml	12.95 V	2.59	831411
◆	Laundry Liquid	20l	51.90 V 2.60		831417
◆	Multi Surface Cleaner	6x500ml	10.65 V	2.84	831418
◆	Washing Powder Concentrated - non bio	10kg	27.55 V 2.76		831424
◆	Washing Up Liquid	6x1l	12.60 V	3.36	831425
◆	Washing Up Liquid - Citrus Grove	20l	29.75 V 1.49		831430
◆	Toilet Cleaner-citrus	6x750ml	9.85 V	2.63	831432

La Droguerie Ecologique - vegan cleaning separates

☆	Nut Shell Sponge Scourers	1x2p	2.05 V	3.28	832760
☆	Wooden Pots & Pans Scrubbing Brush	15x1p	35.80 V	3.82	832774

LoofCo

◆	Back Scrubber 30cm loofah with cotton handles	4x34g	12.35 V	4.94	833040
◆	Bath-Time Heart loofah	8x20g	17.50 V	3.50	833046
◆	Bath-Time Smile loofah	8x19g	17.50 V	3.50	833041
◆	Bathroom Cleaning Pad	6x24g	14.80 V	3.95	833042
◆	Bottle Brush - 26cm	6x36g	13.15 V	3.51	833047
◆	Water Bottle Brush - 34cm	6x66g	14.80 V	3.95	833043
◆	Body Loofah	8x20g	16.20 V	3.24	833050
◆	Cleaning Pad made from loofah	6x20g	10.85 V	2.89	833048
◆	Cleaning Pad 2 pack made from loofah	6x24g	18.55 V	4.95	833044
◆	Gardeners Brush coir with wooden handle	4x111g	13.75 V	5.50	833049
◆	Kitchen Cloth 2 pack cotton	6x61g	14.80 V	3.95	833057
◆	Root Vegetable Scrubber made from loofah	6x20g	10.80 V	2.88	833051
◆	Soap Rest made from loofah	8x10g	11.00 V	2.20	833058
◆	Washing-Up Pad made from loofah	8x20g	14.45 V	2.89	833052
◆	Mini Washing-Up Pad 2 pack made from loofah	6x11g	10.85 V	2.89	833060
◆	Washing-Up Brush made from coir fibre	6x40g	10.30 V	2.75	833054
◆	Coir Washing-Up Brush with wood handle	6x36g	13.15 V	3.51	833055
◆	Washing-Up Scraper made from coconut husk	6x25g	10.80 V	2.88	833056
◆	Washing-Up Soap - fragrance free	6x100g	12.15 V	3.24	833061
◆	Washing-Up Soap - Lime	6x100g	12.15 V	3.24	833062

Toiletries & Natural Remedies

Alter/Native - vegan Bodywash Liquid - by Suma

◆	Tea Tree & Aloe Vera Bodywash	6x400ml	22.45 V	5.99	850158
◆	Coconut & Argan Oil Bodywash	6x400ml	22.45 V	5.99	850164

BetterYou

◆	Magnesium Menopause Body Spray	6x100ml	44.15 V	13.95	858581
◆	Magnesium Flakes Menopause	6x750g	22.15 V	7.01	858589

Ecoleaf - Vegan

◆	Liquid Hand Soap - Grapefruit Twist	6x500ml	15.70 V	4.18	851035
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Natracare

◆	Wrapped Normal Panty Liners	10x18	14.60	2.09	900508
◆	Cotton Panty Liners - Ultra Thin	16x22	27.85	2.49	900511
◆	Mini Panty Liners	10x30	14.15	2.09	900509
◆	Curved Panty Liners	16x30	22.60	2.09	900516
◆	Tanga-style Panty Liners	16x30	22.60	2.09	900518
◆	Wrapped Long Panty Liners	10x16	14.60	2.09	900515

Shade sunscreen in a tin

▲	Shade All-Natural Sunscreen - SPF 25 - mini	24x15ml	63.60 V	4.54	858292
▲	Shade All-Natural Sunscreen - SPF 25	6x100ml	53.00 V	15.14	858295

Toothpaste, Brushes & Oral Hygiene

Aloe Dent - fluoride-free

◆	Charcoal Toothpaste - fluoride-free	6x100ml	18.40 V	5.49	881446
◆	Coconut Toothpaste - fluoride-free	6x100ml	18.40 V	5.49	881448
◆	Sensitive Toothpaste - fluoride-free	6x100ml	18.40 V	5.49	881450
◆	Triple Action Toothpaste - fluoride-free	6x100ml	18.40 V	5.49	881451
◆	Whitening Toothpaste - fluoride-free	6x100ml	18.40 V	5.49	881452
◆	Mouthwash - fluoride-free	6x250ml	16.75 V	4.99	881455
◆	Children's Toothpaste (strawberry) - fluoride-free	6x50ml	13.35 V	3.99	881457

Aloe Dent - with fluoride

◆	Fluoride Sensitive Toothpaste	6x100ml	20.10 V	5.99	881465
◆	Fluoride Whitening Toothpaste	6x100ml	20.10 V	5.99	881467

Aromatherapy, Candles & Incense

Aqua Oleum essential oil blends

☆	Clear Head: breathe easy blend	3x10ml	15.00 V	9.99	880627
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Waft - vegan plant based pump air fresheners

▲	Waft of Geranium Air Freshener Spray	6x100ml	24.30 V	6.49	891034
▲	Waft of Lavender Air Freshener Spray	6x100ml	24.30 V	6.49	891036
▲	Waft of Lemongrass Air Freshener Spray	6x100ml	24.30 V	6.49	891038
▲	Waft of Orange Air Freshener Spray	6x100ml	24.30 V	6.49	891039
▲	Waft of Rose Air Freshener Spray	6x100ml	24.30 V	6.49	891042

discontinued

●	Oatbran - gluten-free	organic	2.5kg	Infinity Foods	41021
<i>(see 3028 6x500g for alternative)</i>					
●	Sack Gluten-free White Bread Flour		16kg	Doves Farm	51083
<i>(see 51082 5x1kg for alternative)</i>					
●	Choco Vanilla Puffs	organic	7x200g	Rude Health	63733
●	Desiccated Coconut	organic	12x200g	Biona	90703
<i>(see 6035 Infinity 6x250g for alternative)</i>					
●	French Chestnuts in Box	organic	12x200g	Organic Collection	90837
●	Wholewheat Fusilli (Spirals)	organic	12x500g	Terra E Cielo	131317
●	White Spelt Fusilli Tricolore	organic	12x250g	Biona	140179
●	Spelt Cakes	organic	12x120g	Fiorentini	170395
●	Chestnut Crispbread	organic	6x150g	Le Pain des Fleurs	173410
●	Sliced Rye Bread with Sprouted Grains	organic	8x380g	Everfresh	176481
●	Sprouted Wheat Date Bread	organic	8x400g	Everfresh	176525
●	Sprouted Wheat Hemp Bread	organic	8x400g	Everfresh	176555
●	Raisin & Coconut Cookie	organic	6x240g	Biona	180415
●	Rye Digestive Biscuits - vegan	organic	6x150g	Seggiano	182493
●	Mixed Fruit and Warm Spice Cake - Sprouted	organic	8x300g	Everfresh	183517
●	Rich Cacao and Sweet Prune Cake - Sprouted	organic	8x300g	Everfresh	183521
●	Olive Oil Greek Extra Virgin		12x1l	Hellenic Sun	210515
<i>(see 210511 12x750ml for alternative)</i>					
●	Cocoa Hazel Peanut Butter	organic	6x250g	Biona	250216
●	Rich Cocoa Smooth Peanut Butter		6x275g	ManiLife	251458
●	Jackfruit Yellow Thai Curry	organic	6x400g	Biona	290212
●	Wild Clover Honey - Clear - glass	organic	6x330g	St Lawrence Gold	316529
●	Olympian Green Olives	organic	8x300g	Gaea	350152
●	Black Jumbo Olives		2kg	Sunita	352005
<i>(see 352018 Hellenic Sun for alternative)</i>					
●	Apricot Halves in Rice Syrup	organic	6x500g	Biona	390040
●	Bolognese Tofu Sauce	organic	6x340g	Biona	390132
●	Parmigiana Sauce - Dairy Free	organic	6x350g	Mr Organic	392186
●	Egg-free Mayo	organic	6x180g	Mr Organic	392191
<i>(see 390161 Biona for alternative)</i>					
●	Vegan Genovese Pesto	organic	12x120g	Organico	393069
●	Fresh Minced Basil	organic	6x135g	Kitchen Garden	394050
●	Fresh Minced Coriander Leaves	organic	6x135g	Kitchen Garden	394060
●	Green Peppercorns in brine	organic	6x135g	Kitchen Garden	394062
●	Mint Sauce	organic	6x135g	Kitchen Garden	394067
●	Flapjack Mix - vegan	organic	6x270g	Just WF	442494
●	Black Beluga Lentils	organic	12x400g	Suma	444599
<i>(see 390124 Biona for alternative)</i>					

✱ new product ☐ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

● Four Bean Feast	organic	6x130g Ella's Kitchen	4 7 0 9 8 4	● Corn Peanuts	organic	12x75g Trafo	7 5 3 2 7 5
● Chilli Ramen Broth - tetra		12x500g Shore	4 8 1 5 7 5	● (see 753276 8x75g for alternative)			
● Miso Ramen Broth - tetra		12x500g Shore	4 8 1 5 7 6	● Unsalted Crisps	organic	12x125g Trafo	7 5 3 3 1 5
● (see 481044 Ocean's Halo for alternative)				● Multipack Peach + Banana Smoothie Yoyo		6x5x20g Bear	7 6 0 2 5 2
● Sushi Ginger		10x50g Clearspring	5 1 0 5 5 0	● Sea Salt & Caramel - Dark Choc 65%	organic	14x80g Chocolate and Love	7 6 2 2 0 3
● (see 510547 organic for alternative)				● Dark 70% Egg		6x90g Divine	7 6 3 4 2 9
● Atlantic Sea Spaghetti	organic	8x25g Clearspring	5 3 1 0 3 3	● Smooth Dark with Raspberries Egg		6x90g Divine	7 6 3 4 3 3
● (see 531085 Cornish Seaweed for alternative)				● Dark 70% Mini Eggs		12x152g Divine	7 6 3 4 3 6
● Turmeric Seaveg Crispies	organic	16x4g Clearspring	5 3 1 0 4 6	● Cashew Butter + Orange Vanilla Dark Choc Bar	organic	12x60g Hu	7 6 4 1 3 2
● (see 531045 20x4g for alternative)				● Peanut Giant Bar		20x90g Ma Baker	7 6 4 7 0 9
● Original Seaveg Crispies	organic	16x4g Clearspring	5 3 1 0 5 4	● Mango Giant Bar		20x90g Ma Baker	7 6 4 7 4 3
● (see 531050 20x4g for alternative)				● Pomegranate Giant Bar		20x90g Ma Baker	7 6 4 7 4 4
● Chilli Seaveg Crispies	organic	16x4g Clearspring	5 3 1 0 6 0	● Cocoa Dusted Peanuts		8x75g ManiLife	7 6 4 7 6 0
● (see 531059 20x4g for alternative)				● Goody Gummy Drops - Orangutangies	organic	8x125g Just WF	7 6 5 4 0 9
● Mint Refresh - peppermint, fennel & rose	organic	4x20bgs Pukka	5 6 1 5 0 8	● Spiced Orange Hazelnut Truffle Bar	organic	10x70g Ombar	7 6 5 7 9 5
● Green Chai - spiced green tea bags	organic	4x20bgs Hampstead	5 8 0 4 6 8	● Chocolate Coco Mylk Easter Egg	organic	6x200g Ombar	7 6 5 8 0 1
● CaféDirect Intense Thrive Blend		6x227g CaféDirect	6 0 0 5 0 3	● Chocolate Oat M'lk Easter Egg	organic	6x200g Ombar	7 6 5 8 0 2
● (see 600492 6x200g for alternative)				● Coffee Dairy-free Milk Chocolate	organic	10x75g Organic Seed & Bean	7 6 5 8 2 0
● CaféDirect Lively Restore Blend - 4		6x227g CaféDirect	6 0 0 5 0 4	● Just Ginger Dark Choc - 58%	organic	10x75g Organic Seed & Bean	7 6 5 8 3 7
● (see 600494 6x200g for alternative)				● Clucky Chick - Milk Choc with buttons	organic	8x100g Montezuma	7 6 5 9 5 7
● Whole Coffee Beans - Mayan Gold	organic	6x227g CaféDirect	6 0 0 5 4 4	● Plucky Chick - Dark Choc with buttons	organic	8x100g Montezuma	7 6 5 9 6 1
● (see 600499 6x200g for alternative)				● Dark Peanut Butter Mini Eggs - Bag - vegan		7x150g Montezuma	7 6 5 9 6 4
● Colombian Excelso R&G Coffee - 3	organic	8x200g Equal Exchange	6 0 0 6 0 7	● Dark Chocolate Eco Egg	organic	4x150g Montezuma	7 6 5 9 7 0
● Chicory Latte with lions mane - Barista	organic	4x50g Sweet Revolution	6 2 0 0 2 2	● Milk Chocolate Eco Egg	organic	4x150g Montezuma	7 6 5 9 7 1
● Pure Coco Juice - 500ml	organic	12x500ml Dr Martins	6 4 1 4 6 2	● Like No Udder	organic	12x90g Montezuma	7 6 6 0 2 9
● Orange & Mango Kombucha		12x330ml Lo Bros	6 4 1 5 2 9	● Like No Udder - Sweet Orange	organic	12x90g Montezuma	7 6 6 0 3 1
● Winter Chai Kombucha - Limited Edition	organic	20x275ml Mighty Brew	6 4 1 6 4 7	● Small Easter Egg - Chocolate Orange	organic	6x34.5g Booja Booja	7 6 6 1 6 4
● Apple Mango & Carrot - tetra	organic	8x3x200ml James White	6 6 4 5 6 7	● Small Easter Egg - Hazelnut Crunch	organic	6x34.5g Booja Booja	7 6 6 1 6 5
● Grape Apple Apricot & Cucumber - tetra	organic	8x3x200ml James White	6 6 4 5 6 8	● Small Easter Egg - Honeycomb Caramel	organic	6x34.5g Booja Booja	7 6 6 1 6 6
● Orange Juice		12x1l Stute	6 7 6 0 1 8	● Chocolate Salted Caramel - 10 Truffle Logs	organic	8x115g Booja Booja	7 6 6 1 7 4
● Still Mineral Water tetra		24x330ml Aquapax	7 0 2 3 5 7	● Caramel filled eggs 8 in a box	organic	10x8x10g Coco Caravan	7 6 6 5 2 6
● (see 702355 12x500ml for alternative)				● Dark Ginger Easter Egg + Buttons	organic	6x225g Cocoa Loco	7 6 6 5 3 1
● Coco Milk - coconut milk for drinking	organic	12x1l Dr Martins	7 2 1 1 0 5	● Rabbit - Marbled Dark/Milk/White Choc	organic	6x200g Cocoa Loco	7 6 6 5 3 4
● Chips Multi Pack		8x5pack Eat Real	7 2 1 2 9 0	● Dark Chocolate Easter Mini Eggs (12)	organic	6x140g Cocoa Loco	7 6 6 5 3 5
● (see 721291 new style for alternative)				● Milk Chocolate Easter Mini Eggs (12)	organic	6x140g Cocoa Loco	7 6 6 5 3 7
● Barista Oat (Light)		6x1l Minor Figures	7 2 3 5 4 8	● Little Choc Chicks - milk & white	organic	6x100g Cocoa Loco	7 6 6 5 3 9
● Almond Drink - unsweetened	organic	8x1l Soon	7 2 4 6 4 7	● Raspberry Pink Pigs - white	organic	6x100g Cocoa Loco	7 6 6 5 4 6
● Oat - Barista		12x1l Alpro	7 2 6 4 0 6	● Milk Chocolate Easter Egg + buttons	organic	6x225g Cocoa Loco	7 6 6 5 5 1
● Chilli & Lemon Hummus Chips		10x135g Eat Real	7 5 1 1 8 5	● Chocolate Egg & Spoon	organic	6x100g Cocoa Loco	7 6 6 5 5 2
● (see 751193 10x110g for alternative)				● Milk Chocolate & Orange Easter Mini Eggs (12)	organic	6x140g Cocoa Loco	7 6 6 5 5 3
● Sea Salt & Balsamic Hummus Chips		10x135g Eat Real	7 5 1 1 8 6	● Milk Chocolate Rabbit Lolly	organic	24x26g Cocoa Loco	7 6 6 5 7 2
● (see 751194 10x110g for alternative)				● Coffee & Walnut Raw Wholefood Bar		18x35g Nakd	7 6 6 6 6 1
● Creamy Dill Hummus Chips - large		10x135g Eat Real	7 5 1 1 8 7	● Multipack Almond Macaroon Raw Wholefood Bar		12x4x35g Nakd	7 6 6 7 9 1
● Sour Cream & Chives Hummus Chips		10x135g Eat Real	7 5 1 1 8 8	● Pineapple Coconut Ice		6x5x65ml Smooze	7 6 6 8 2 2
● (see 751195 10x110g for alternative)				● Pink Guava Coconut Ice		6x5x65ml Smooze	7 6 6 8 2 5
● Tomato & Basil Hummus Chips		10x135g Eat Real	7 5 1 1 9 0	● Sage & Onion Stuffing	organic	4x130g Steenbergs	7 9 2 3 3 6
● (see 751196 10x110g for alternative)				● Pure Chocolate Extract		6x100ml LittlePod	7 9 3 6 9 0
● Sea Salt Hummus Chips		10x135g Eat Real	7 5 1 1 9 2	● Thermal Steel Cup Straight Sides - Shadow		1x350ml One Green Bottle	8 2 0 7 5 1
● (see 751197 10x110g for alternative)				● 1200ml Tough Canteen 28cmx9.2cm		1x1200ml One Green Bottle	8 2 0 7 5 6
● Sea Salt Hummus Chips		12x45g Eat Real	7 5 1 2 1 2	● 500ml Tough Canteen 20cmx7.1cm		1x500ml One Green Bottle	8 2 0 7 6 0
● (see 751201 18x45g for alternative)				● 2 litre Vacuum Flask 27x12.5cm Ø		1x2000ml One Green Bottle	8 2 0 7 6 7
● Sea Salt & Balsamic Hummus Chips		12x45g Eat Real	7 5 1 2 1 3	● Fabric Softener - Zero		6x1.5l Ecover Zero	8 3 1 6 2 9
● Sour Cream & Chives Hummus Chips		12x45g Eat Real	7 5 1 2 1 6	● (see 831630 6x1.43l for alternative)			
● (see 751202 18x45g for alternative)				● Fabric Softener - Gardenia & Vanilla		6x1.5l Ecover	8 3 2 0 4 5
● Chilli & Lemon Lentil Chips		10x113g Eat Real	7 5 1 2 3 5	● (see 832054 6x1.43l for alternative)			
● (see 751217 10x95g for alternative)				● Fabric Softener - Apple Blossom & Almond		6x1.5l Ecover	8 3 2 0 8 9
● Creamy Dill Lentil Chips		10x113g Eat Real	7 5 1 2 3 7	● (see 832056 6x1.43l for alternative)			
● (see 751218 10x95g for alternative)				● Day Solution SPF15 (day cream)		1x50ml Green People	8 5 2 7 2 2
● Mango & Mint Lentil Chips		10x113g Eat Real	7 5 1 2 3 8	● Vita Min Fix - day & night cream	organic	1x50ml Green People	8 5 2 7 3 5
● (see 751219 10x95g for alternative)				● Neutral/Scent Free Cleanser & Make-Up Remove	organic	1x150ml Green People	8 5 2 7 4 8
● Tomato & Basil Lentil Chips - large		10x113g Eat Real	7 5 1 2 4 0	● Bath & Shower Gel - Lavender - organic children	organic	1x200ml Green People	8 5 2 7 7 5
● Sour Cream & Chives Quinoa Chips		10x80g Eat Real	7 5 1 2 5 5	● Mint & Prebiotics - Deodorant	organic	1x75ml Green People	8 5 2 7 8 3
● (see 751251 10x90g for alternative)				● No Scent Children's SPF30 Sun Lotion	organic	1x150ml Green People	8 5 2 7 8 9
● Sweet Chilli Quinoa Chips		10x80g Eat Real	7 5 1 2 5 6	● SPF 15 Sun Lotion - tan accelerator		1x200ml Green People	8 5 2 7 9 2
● Sundried Tomato & Roast Garlic Quinoa Chips - small		12x30g Eat Real	7 5 1 2 7 2	● SPF 30 Sun Lotion - no scent		1x200ml Green People	8 5 2 7 9 3
● Veggie Straws		10x113g Eat Real	7 5 1 2 8 5	● Quinoa & Avocado Hair Serum		1x100ml Green People	8 5 2 8 0 3
● (see 751288 10x110g for alternative)				● Daily Aloe Shampoo		1x200ml Green People	8 5 2 8 0 5
● 22g Sriracha Chickpea Puffs		24x22g Hippeas	7 5 2 2 4 4	● Intensive Repair Conditioner		1x200ml Green People	8 5 2 8 1 8
● 78g Take it Cheesy Chickpea Puffs		10x78g Hippeas	7 5 2 2 5 8	● Irritated Scalp Shampoo		1x200ml Green People	8 5 2 8 2 0
● 78g Smoky Bacon Chickpea Puffs		10x78g Hippeas	7 5 2 2 5 9	● Moisturising Shampoo	organic	1x200ml Green People	8 5 2 8 2 1
● 78g Sriracha Chickpea Puffs		10x78g Hippeas	7 5 2 2 6 1	● Moisturising Conditioner		1x200ml Green People	8 5 2 8 2 2
● 78g Sweet & Smokin' Chickpea Puffs		10x78g Hippeas	7 5 2 2 6 8	● Royal Cream Regenerating Conditioner		1x260ml Herbatint	8 5 4 5 8 0

✱ new product ☐ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

● Mushroom Superblend Powder	organic	1x100g Naturya	8 5 5 4 0 9	● Mandarin Children's Toothpaste	organic	12x50ml Green People	8 8 1 4 2 5
● Pinkalicious - Shampoo Bar for Normal Hair		6x110g Ethique	8 5 5 9 3 9	● Paper Bags - 110x60x215mm		250 Infinity	9 7 0 5 0 4
● Turmeric Active 60 capsules-tube	organic	1x65g Pukka	8 5 7 9 2 7	● Turmeric - singles	organic	1x500g Forest WF	9 9 1 6 5 3
● Deodorant - Men's - roll-on	organic	6x50ml Urtekram	8 5 8 6 6 8	(see 991650 1kg for alternative)			
● Hair & Body Wash - Men's	organic	6x150ml Urtekram	8 5 8 8 6 8	● Cardamom Pods	organic	6x20g Kitchen Garden	9 9 2 2 2 0
(see 859097 new style for alternative)				(see 9205 Infinity for alternative)			
● Hemp Shampoo		6x240ml Yaoh	8 5 9 0 5 5	● Crushed Chilli	organic	6x26g Kitchen Garden	9 9 2 2 2 5
● Hemp Conditioner		6x240ml Yaoh	8 5 9 0 5 7	● Cinnamon Quills	organic	6x3p Kitchen Garden	9 9 2 2 3 5
● Body Lotion - Sweet Ginger Flower	organic	6x245ml Urtekram	8 5 9 0 8 9	(see 9208 Infinity for alternative)			
● Face & Body Lotion - Men's	organic	6x150ml Urtekram	8 5 9 1 2 7	● Cloves Whole	organic	6x21g Kitchen Garden	9 9 2 2 4 0
● Body Lotion - Nordic Berries	organic	6x245ml Urtekram	8 5 9 1 3 0	(see 9211 Infinity for alternative)			
● Echinacea Mint Toothpaste - fluoride free	organic	4x75ml Lavera	8 6 1 6 5 6	● Ground Cloves	organic	6x30g Kitchen Garden	9 9 2 2 4 5
● Activated Charcoal - Bicarbonate Toothpowder		10x60ml Georganics	8 8 1 2 6 6	● Mixed Herbs	organic	6x10g Kitchen Garden	9 9 2 3 1 5
● Cold Pressed Grapeseed Oil	organic	6x100ml Aqua Oleum	8 8 1 3 7 8	(see 9229 Infinity for alternative)			
● Fennel Herbal Fresh Toothpaste	organic	12x50ml Green People	8 8 1 4 1 0	● Ground Paprika	organic	6x30g Kitchen Garden	9 9 2 3 4 0
● Citrus Herbal Fresh Toothpaste	organic	12x50ml Green People	8 8 1 4 1 5	(see 9237 Infinity for alternative)			
				● Nutmeg Whole	organic	1kg Organic Herb Trading	9 9 3 0 6 9