

new products

Flours & Baking Requisites

Freee - from Doves Farm - non-organic

New and on offer from Freee is gluten-free **Gram Flour** in a smaller 800g bag which will replace the 1kg size. Milled from yellow split peas or chana dal, gram flour is sometimes called besan flour. Fine and yellow, great for fritters, batters, pancakes, sauces and as a vegan egg substitute. The pricing below represents a discount of 15%

| | | | | | |
|--------------------------|--------------------------|--------|------|------|-------|
| <input type="checkbox"/> | Gram Flour - gluten-free | 5x800g | 7.80 | 2.08 | 51048 |
|--------------------------|--------------------------|--------|------|------|-------|

Breakfast Cereals & Cereal Flakes

Bulk Organic Cereal Flakes

New from Infinity Foods due to popular demand, a 5kg size of organic gluten-free **Buckwheat Flakes**. The flakes have a mild nutty flavour and are used as a versatile porridge alternative, muesli base or smoothie ingredient. They are packed in our gluten-free environment, certified by Coeliac UK and labelled with the crossed grain symbol.

| | | | | | | |
|---|--------------------------------|---------|-----|-------|------|-------|
| * | Buckwheat Flakes - gluten free | organic | 5kg | 18.35 | 3.67 | 20507 |
|---|--------------------------------|---------|-----|-------|------|-------|

Pasta

Mr Organic - pasta

New and on offer from Mr Organic, a range of organic vegan **whole wheat pasta**. It is made from 100% Italian durum wheat semolina in Canosa di Puglia, a region known as the granary of Italy. It is bronze extruded to create a rough texture that helps it soak up more sauce for authentic texture and taste. The whole wheat range consists of **fusilli**, **penne**, **spaghetti** and **tagliatelle**, all packed in recyclable paper packaging. The pricing below represents a discount of 15%

| | | | | | | |
|--------------------------|-------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Whole Wheat Fusilli | organic | 12x500g | 18.55 | 2.06 | 131550 |
| <input type="checkbox"/> | Whole Wheat Penne | organic | 12x500g | 18.55 | 2.06 | 131551 |
| <input type="checkbox"/> | Whole Wheat Spaghetti | organic | 12x500g | 18.55 | 2.06 | 131552 |
| <input type="checkbox"/> | Whole Wheat Tagliatelle | organic | 12x500g | 18.55 | 2.06 | 131553 |

Bread, Rice Cakes, Crackers etc

Seggiano - vegan

New and on offer from Seggiano are **Grissini breadsticks**. These are a perfectly crunchy, vegan appetiser from Piemonte, Italy; handmade by a family bakery which has specialised in making artisan grissini since 1945. The dough is made using simple, authentic ingredients, hand rolled into their long, characteristic shape and then fast baked. The recipe uses locally milled flour and maize, as well as quality Italian extra virgin olive oil. There are two types, **Classic** made with Italian wheat flour and **Wholegrain** made with Italian wholewheat flour. The pricing below represents a discount of 10%

| | | | | | |
|--------------------------|---------------------|---------|-------|------|--------|
| <input type="checkbox"/> | Classic Grissini | 12x150g | 35.30 | 3.92 | 176247 |
| <input type="checkbox"/> | Wholegrain Grissini | 12x150g | 35.30 | 3.92 | 176248 |

Nut Butter, Pâté, Spreads & Jam

Frutteto Italia

New from Frutteto, bring a little Mediterranean sunshine to your breakfast table with organic vegan **Polana Raspberry 100% Fruit Spread**. Made with organic Polana raspberries which are prized for their vibrant aroma and tangy sweetness, this spread is a Great Taste Award-winner for its "great colour, wonderful aroma, this tastes pure and summery". Each jar is crafted from at least 110 raspberries, gently simmered with a drop of grape and lemon juice. Handmade in small batches at low temperature in Tuscany, it preserves the fruit's natural goodness, colour and aromatic freshness without the need for refined sugar or artificial sweeteners. By using whole fruit rather than pre-processed purée, the fibre and nutrients remain naturally present, making Frutteto a natural source of fibre.

| | | | | | | |
|---|------------------------------------|---------|--------|-------|------|--------|
| * | Polana Raspberry 100% Fruit Spread | organic | 6x215g | 20.95 | 4.66 | 290942 |
|---|------------------------------------|---------|--------|-------|------|--------|

Meridian

New and on offer from Meridian, vegan gluten-free **Peanut Butter with Anglesey Sea Salt** in crunchy and smooth varieties, packaged in glass jars. The peanuts are roasted to perfection in Wrexham and combined with hand-harvested salt from the clean seas around the Isle of Anglesey. Meridian plant-based nut and seed butters are made without palm oil and the range is certified palm oil free by POFCAP. The pricing below represents a discount of 20%.

| | | | | | |
|--------------------------|--|--------|-------|------|--------|
| <input type="checkbox"/> | Peanut Butter Crunchy with Anglesey Sea Salt | 6x280g | 11.30 | 2.51 | 251626 |
| <input type="checkbox"/> | Peanut Butter Smooth with Anglesey Sea Salt | 6x280g | 11.30 | 2.51 | 251629 |

St Dalfour Spreads

New from St Dalfour, an extension to their successful range of fruit spreads. **Apple & Cinnamon** has chunky fruit pieces with a hint of cinnamon, just like apple pie. **Blackberry Spread** - full of flavour with a slight tang of sourness from the lemon juice. **Cranberry & Blueberry Spread**, not too sweet and full of flavour. **Heritage Peach Spread** - enjoy the fresh taste of peach anytime of year. **Mirabelle Plum Spread**, a lovely combination of tart and peach. **Orchard Pear Spread** - an old French recipe with a delicate silky texture. Lastly, **Strawberry & Rhubarb Spread**, a lovely summer combination.

| | | | | | |
|---|------------------------------|--------|-------|------|--------|
| * | Apple & Cinnamon Spread | 6x284g | 15.40 | 3.42 | 261238 |
| * | Blackberry Spread | 6x284g | 15.40 | 3.42 | 261241 |
| * | Cranberry & Blueberry Spread | 6x284g | 15.40 | 3.42 | 261247 |
| * | Heritage Peach Spread | 6x284g | 15.40 | 3.42 | 261258 |
| * | Mirabelle Plum Spread | 6x284g | 15.40 | 3.42 | 261251 |
| * | Orchard Pear Spread | 6x284g | 15.40 | 3.42 | 261254 |
| * | Strawberry & Rhubarb Spread | 6x284g | 15.40 | 3.42 | 261256 |

Whole Earth

New and on offer from Whole Earth, vegan gluten-free **100% Peanut Butter** in crunchy and smooth. Delicious Hi-oleic peanuts from Argentina are expertly roasted and blended for a rich, natural flavour. The butters contain no palm oil or salt. The pricing below represents a discount of 15%

| | | | | | |
|--------------------------|---------------------------------|--------|-------|------|--------|
| <input type="checkbox"/> | 100% Nuts Crunchy Peanut Butter | 6x340g | 16.00 | 3.56 | 253521 |
| <input type="checkbox"/> | 100% Nuts Smooth Peanut Butter | 6x340g | 16.00 | 3.56 | 253522 |

Honey, Syrup, Sugar & Sweeteners

Forest Wholefoods

New from Forest Wholefoods, organic vegan **Date Sugar**. Dried and ground dates produce a dense golden brown sugar which contains all the nutrients of the same weight of dried dates. This makes it a great addition for anyone looking to boost their nutritional content and add flavour to their dishes.

| | | | | | | |
|---|------------|---------|--------|-------|------|--------|
| * | Date Sugar | organic | 6x500g | 26.95 | 5.99 | 321445 |
|---|------------|---------|--------|-------|------|--------|

Seggiano

New and on offer from Seggiano, **Wildflower Raw Honey** from the wildflowers of remote areas on Monte Cimino in central Italy. This thick, light amber coloured honey is rich in active enzymes, vitamins and minerals. Each batch of wildflower honey is unique, depending on predominant flowers in bloom before honey collection, so don't expect a blended honey which is the same every time. Wildflower honey crystallises with cooler temperatures and is cold extracted mono varietal, unfiltered and unpasteurised. The pricing below represents a discount of 10%

| | | | | | |
|--------------------------|----------------------|--------|-------|-------|--------|
| <input type="checkbox"/> | Wildflower Raw Honey | 6x500g | 47.50 | 10.56 | 314535 |
|--------------------------|----------------------|--------|-------|-------|--------|

Olives, Pickles and Preserved Vegetables

RIFCo - fermented foods

New from RIFCo, a selection of organic vegan gluten-free fermented foods in glass jars. There are two Korean inspired live Kimchi made by fermenting organic vegetables, spices and Celtic sea salt together. They are naturally cultured, high in vitamins, enzymes and beneficial live bacteria. There is a **Classic Kimchi** and **Turmeric Kimchi** which is one of the best ways to consume curcumin as the fermentation makes it easier for the body to absorb as does the spicy black pepper. There is also a range of tasty Eastern European sauerkraut high in vitamins C and K with potassium, calcium and phosphorus. **Classic Sauerkraut** is made with cabbage and salt. **Beety Kraut** has an earthy flavour and a beautiful colour. **Spicy Kraut** contains red chillies and oregano for a spicy twist. As with all the sauerkrauts, try not to cook it, just add it!

| | | | | | | |
|---|--------------------|---------|--------|-------|------|--------|
| * | Beety Kraut | organic | 6x300g | 22.00 | 4.89 | 351784 |
| * | Classic Kimchi | organic | 6x300g | 23.60 | 5.24 | 351780 |
| * | Classic Sauerkraut | organic | 6x300g | 22.00 | 4.89 | 351783 |
| * | Spicy Kraut | organic | 6x300g | 22.00 | 4.89 | 351785 |
| * | Turmeric Kimchi | organic | 6x300g | 23.60 | 5.24 | 351781 |

Seggiano

New and on offer from Seggiano, three lovely vegan sauces: **Mixed Vegetable Antipasti** - this delicious antipasti is made in Tuscany using the traditional method for preserving fresh vegetables in extra virgin oil. Enjoy with bruschetta. **Oven Roasted Tomatoes in EVOO** - these small sweet Sicilian tomatoes are organically grown and ripened under the Mediterranean sun. They are oven roasted to intensify their flavour, before preserving in the producer's own stone milled organic olive oil. Exceptionally delicious with salads or pasta. **Roasted Artichoke Hearts in EVOO** - this recipe is made in southern Tuscany in the traditional way. Most food processors use artichokes which have been stored in brine, but these artichokes are preserved in extra virgin oil fresh at harvest time, so they have real flavour and texture. The pricing below represents a discount of 10%

| | | | | | | |
|--------------------------|----------------------------------|---------|--------|-------|--------|--------|
| <input type="checkbox"/> | Mixed Vegetable Antipasti | 6x500g | 59.05 | 13.12 | 351775 | |
| <input type="checkbox"/> | Oven Roasted Tomatoes in EVOO | organic | 6x280g | 45.35 | 10.08 | 351776 |
| <input type="checkbox"/> | Roasted Artichoke Hearts in EVOO | 6x380g | 46.45 | 10.32 | 351778 | |

* new product on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Sauces, Fruit and Vegetable Products

Biona - Canned Veg Products

New from Biona, organic vegan **Coconut Cream** in a small 200ml can. A rich, velvety cooking essential made from carefully selected organic coconuts. Naturally dairy-free and wonderfully thick, it adds luxurious texture and subtle sweetness to both savoury and sweet recipes. Perfect for creating silky curries, decadent desserts or whipping into toppings, it is an effortless way to bring smooth, creamy indulgence to everyday dishes.

* Coconut Cream organic 8x200ml 12.50 2.08 **390074**

Biona - Sauces, Mustards, Pastes, Relish

New from Biona, organic vegan **Thai Green Curry Paste** in a glass jar. Crafted from carefully selected ingredients, it delivers layers of fragrant spice and gentle heat in one convenient spoonful. Simply stir into coconut milk, add your favourite vegetables or protein, and enjoy a fresh, flavour-packed curry that tastes beautifully home made.

* Thai Green Curry Paste organic 6x125g 15.25 3.39 **390203**

Seggiano - Vegan

Seggiano are re-branding their best-selling pesto range with a new jar size of 190g and a standard case size of 6 jars. The barcodes have also been updated. These will feed through over the period of this catalogue. New to the range are three vegan gluten-free sauces. **Artichoke & Garlic Sauce** - this creamy blend hails from the hills of Piemonte, where a small producer crafts it in the traditional way using only fresh artichokes, olive oil, garlic, and a dash of sea salt. It can be used as a spread for bruschetta or a sauce for pasta. **Pistachio Pesto** is made with over 50% pistachios, blended with extra virgin olive oil, hot pepper, and salt for a smooth, creamy texture and a sweet, buttery flavour. Its delicate heat and rich texture make it a standout for both simple and elevated meals. **Tomato & Almond Pesto** is a vibrant pesto from Trapani in Sicily where almonds, ripe tomatoes and herbs take centre stage. Delicious stirred through pasta or spooned over grilled vegetables. The pricing below represents a discount of 10%

Artichoke & Garlic Sauce 6x190g 22.30 4.96 **392579**
 Black Kale Pesto 6x190g 25.55 5.68 **392578**
 Pistachio Pesto 6x190g 35.65 7.92 **392581**
 Raw Basil Pesto 6x190g 25.55 5.68 **392585**
 Tomato & Almond Pesto - Trapanese 6x190g 21.25 4.72 **392589**
 Tomato Pesto 6x190g 25.55 5.68 **392587**
 Wild Fennel Tomato Pesto 6x190g 25.55 5.68 **392590**

Spiced Sussex

New from Spiced Sussex, gluten-free **Woodfired Hot Honey Sauce** in a jar. Raw Sussex honey is carefully blended with the Spiced Sussex Woodfired Hot Sauce made with wood roasted fermented brine and wood smoked salt.

* Woodfired Hot Honey Sauce 6x215g 30.00 6.67 **392636**

Yakso

New and on offer from Yakso, a selection of organic sauces in glass jars. **Gochujang** is a Korean sauce with a complex savoury, sweet and spicy flavour profile. It is a versatile sauce that can be used as a seasoning in various Asian dishes and as a dip for vegetables. **No Fish Sauce** has a big nutty savoury flavour with no overpowering aftertaste. It is made with rice vinegar, coconut aminos, kombu and mushrooms. Try it as a dip, whisk it into marinades, or add a dash to curries for instant oomph. **Oyster Sauce** is a cornerstone of Thai cooking and is perfect for marinades, stir-fries, or as a table sauce. It has a smooth umami-rich flavour made from tamar and kombu seaweed. **Sambal Oelek** is an essential Indonesian chilli paste with a beautifully direct heat, made from fresh chillies blended with natural vinegar and salt. It is a foundational condiment for adding depth and heat across your cooking. **Sriracha Mayonnaise** is made from sunflower oil, red peppers, egg, mustard, garlic and other natural ingredients. This versatile sauce adds a fiery, garlicky kick to burgers, fries, sushi, and sandwiches. **Ssamjang** is a Korean sauce with a complex flavour profile: savoury, sweet and bitter. It is a useful sauce that can be used as a seasoning in various Asian dishes and as a dip for vegetables. The pricing below represents a discount of 15%

Gochujang organic 6x100g 15.20 3.38 **395306**
 No Fish Sauce organic 6x250ml 15.20 3.38 **395311**
 Oyster Sauce organic 6x250ml 14.10 3.13 **395312**
 Sambal Oelek organic 12x100g 25.15 2.79 **395313**
 Sriracha Mayonnaise organic 6x200g 15.20 3.38 **395314**
 Ssamjang organic 6x100g 15.20 3.38 **395315**

Convenience Foods

Stoked! ready meals - vegan - gluten-free - can

New from Stoked! a range of tasty, clean labelled, un-ultra processed healthy ready meals made from honest, simple ingredients. They are free from all the 14 main allergens and high in protein and fibre. Perfect for no fuss family feasts, they are ready in minutes which makes them great for any environment at any time: camping, festivals, van life, work meals or pre (or post) gym workouts. **Bean Chilli** is a bold and hearty twist on a classic made with mixed beans and lentils in a richly spiced tomato base. **Bolognese** - a rustic Italian-style sauce with beans, lentils and bold tomato richness, great with pasta or on a jacket potato. **Lentil Dahl** is a gently spiced dhal made with lentils, beans and a creamy curry base. Perfect with rice or naan for a no-fuss feast. **Nacho Sauce** is a velvety dairy-free nacho-style cheese sauce with sweet potato for extra creaminess. Just right for dipping or loading onto nachos (this is the only non-organic line). **Thai Curry** is a fragrant curry sauce with lentils, beans & creamy coconut. Serve with rice or noodles.

* Bean Chilli organic 6x415g 20.80 4.62 **444461**
 * Bolognese organic 6x415g 20.80 4.62 **444462**
 * Lentil Dahl organic 6x415g 20.80 4.62 **444463**
 * Nacho Sauce 6x400g 19.20 4.27 **444464**
 * Thai Curry organic 6x415g 20.80 4.62 **444465**

Suma - baked beans and canned meals

New from Suma organic vegan **Refried Fava Beans**. Cooked organic fava beans with onion, herbs & spices made in collaboration with Hodmedod's using their UK organic fava beans.

* Refried Fava Beans organic 12x400g 21.45 2.38 **444511**

Yakso

New and on offer from Yakso, organic vegan **Seitan in Tamari**. Made from wheat, this is rich in proteins, with low fat and no cholesterol. Yakso Seitan is made according to a traditional recipe giving it a wonderful firm texture which makes it a versatile meat substitute in all kinds of recipes. It is marinated in a jar of rich tamari, and is perfect for stir fries, ramen broths, chow mein and much more. The pricing below represents a discount of 15%

Seitan in Tamari organic 6x200g 19.10 4.24 **446028**

Teas - Herb

Pukka - Ayurvedics - tea bags

New from Pukka, two organic 'Fair for Life' and 'Fair Wild' certified taster or trial packs. **Digest Collection** contains 4 sachets each of Three Mint and Three Ginger - a refreshing duo designed to support digestion and uplift your senses. **Sleep Collection** contains 4 sachets each of Night Time and Night Time Berry - comforting bedtime blends to help you unwind and prepare for a restful night.

* Digest Collection - taster pack organic 8x8bags 11.85 1.99 **561493**
 * Sleep Collection - taster pack organic 8x8bags 11.85 1.99 **561533**

Yogi Tea - Ayurvedic Tea Bags

New from Yogi Tea, is organic vegan **Happy Farming Tea**. As the need for resilient, sustainable farming grows, farmers are leading the way to a happier farming future. Yogi Tea are proud to feature and support the South African farmers Richard and Karen Bowsher of Klipompakaar rooibos farm with their Happy Farming Tea. The tea is a gentle ayurvedic blend of rooibos, vanilla and lemon grass combining carefully selected botanicals for a smooth, comforting flavour with a lightly sweet, spiced note. Perfect for any time of day, each cup invites you to slow down, relax, and enjoy a moment of simple, natural well being. Yogi Teas are gradually re-branding to a new look, the recipes remain the same but the barcodes are different so I have listed them with new Infinity order codes.

* Bedtime Tea organic 6x17bags 12.35 2.75 **571706**
 * Breathe Deep Tea organic 6x17bags 12.35 2.75 **571708**
 * Choco Tea organic 6x17bags 12.35 2.75 **571709**
 * Classic Chai organic 6x17bags 12.35 2.75 **571711**
 * Detox Tea organic 6x17bags 12.35 2.75 **571714**
 * Digestion Tea organic 6x17bags 12.35 2.75 **571744**
 * Echinacea Immune Tea organic 6x17bags 12.35 2.75 **571718**
 * Ginger Lemon Tea organic 6x17bags 12.35 2.75 **571723**
 * Ginger Orange Tea organic 6x17bags 12.35 2.75 **571726**
 * Happy Farming Tea organic 6x17bags 12.35 2.75 **571750**
 * Immune Boost Tea organic 6x17bags 12.35 2.75 **571736**
 * Licorice Tea organic 6x17bags 12.35 2.75 **571738**
 * Men's Tea organic 6x17bags 12.35 2.75 **571739**
 * pH Balance Tea - replacing Alkaline Herbs organic 6x17bags 12.35 2.75 **571704**
 * Rose Tea organic 6x17bags 12.35 2.75 **571741**
 * Throat Comfort Tea organic 6x17bags 12.35 2.75 **571746**
 * Turmeric Chai organic 6x17bags 12.35 2.75 **571748**
 * Women's Energy Tea organic 6x17bags 12.35 2.75 **571752**

* new product on offer
 ▲ price rise ▼ fall

☆ size/other change
 ◆ offer ended

Yogi Tea - Promotional Cup

Yogi Tea Mug Promotion. For every 6 cases of Yogi Tea ordered, use the code below and receive a free case of 12 promotional mugs. Give your customers one free mug for every 3 packets of tea bought. The mugs are white ceramic with a pleasing floral design.

| | | | | | |
|------------------|---------|---------|------|------|--------|
| * Yogi Mug Promo | organic | 1x12mug | 0.00 | 0.00 | 571934 |
|------------------|---------|---------|------|------|--------|

Teas - Black, Green & White

Yogi black tea bags

Yogi Teas are gradually re-branding to a new look, the recipes remain the same but the barcodes are different so I have listed them with new Infinity order codes.

| | | | | | |
|--------------|---------|----------|-------|------|--------|
| * Black Chai | organic | 6x17bags | 12.35 | 2.75 | 580420 |
|--------------|---------|----------|-------|------|--------|

Yogi green tea bags

| | | | | | |
|--------------------------|---------|----------|-------|------|--------|
| * Green Energy Tea | organic | 6x17bags | 12.35 | 2.75 | 571884 |
| * Green Matcha Lemon Tea | organic | 6x17bags | 12.35 | 2.75 | 571886 |

Drinks - Herbal, Tonic & Coconut Drinks

Apelworld - Sparkling ACV

New and on offer from Apelworld, three sparkling organic vegan gluten-free apple cider vinegar drinks in aluminium cans. Get the health benefits of apple cider vinegar without the sour taste. Delicious, and ready to drink anywhere with no added sugar. The three flavours are **Activate Sparkling ACV with lemon and mint**, **Defence Sparkling ACV with ginger** and **Metabolism Sparkling ACV with mixed spices**. The pricing below represents a discount of 20%

| | | | | | |
|---|---------|----------|---------|------|--------|
| <input type="checkbox"/> Activate Sparkling ACV with lemon and mint | organic | 12x250ml | 17.90 V | 2.39 | 639070 |
| <input type="checkbox"/> Defence Sparkling ACV with Ginger | organic | 12x250ml | 17.90 V | 2.39 | 639071 |
| <input type="checkbox"/> Metabolism Sparkling ACV with mixed spices | organic | 12x250ml | 17.90 V | 2.39 | 639072 |

Equinox Kombucha - can

New and on offer from Equinox two organic vegan gluten-free adaptogenic kombuchas. **Apple, Lime, Guarana & Matcha - Energising Kombucha** was developed to deliver clean, plant-based energy, focus and stamina, without the crash. It also contains ginseng and there is 80mg of caffeine per can from the guarana. **Watermelon, Cucumber & Ashwaghandha - Calming Kombucha**, supports relaxation, stress balance and calm clarity. It also contains tulsi, chamomile, passionflower, lemon balm and hibiscus. The pricing below represents a discount of 15%

| | | | | | |
|--|---------|----------|---------|------|--------|
| <input type="checkbox"/> Energising Kombucha - Apple, Lime ... | organic | 12x250ml | 12.35 V | 1.65 | 640385 |
| <input type="checkbox"/> Calming Kombucha - Watermelon, Cucumber ... | organic | 12x250ml | 12.35 V | 1.65 | 640384 |

Hip Pop

New and on offer from Hip Pop, vegan gluten-free **Lemonade Living Soda**. This is proper good pop - lightly sparkling and made with with real zesty lemon juice. It is sharp, sweet, and ridiculously refreshing. Packaged in a yellow aluminium can. The pricing below represents a discount of 20%

| | | | | | |
|---|--|----------|--------|------|--------|
| <input type="checkbox"/> Lemonade Living Soda | | 12x330ml | 9.95 V | 1.33 | 641614 |
|---|--|----------|--------|------|--------|

Living Things Soda - tin

New and on offer from Living Things, vegan **Cherry & Lime Soda**. Juicy cherry meets zesty lime for a lovely summer flavour that is all-natural, low in sugar and high in fibre. The pricing below represents a discount of 20%.

| | | | | | |
|---|--|----------|---------|------|--------|
| <input type="checkbox"/> Cherry & Lime Soda | | 12x330ml | 12.00 V | 1.60 | 641494 |
|---|--|----------|---------|------|--------|

Drinks - Fruit and Vegetable Juices, Cordials & Water

Cawston Press - Tetra

New from Cawston Press, two vegan gluten-free juices in tetra packs to extend the popular range. **Apple & Elderflower** is a great breakfast juice with ten crisp apples in every carton blended with an elderflower infusion. **Tomato Juice** is made with pressed tomatoes, a pinch of sea salt and a squeeze of lemon. It is perfect on its own, as an ingredient in a Virgin Mary or mixed with your favourite vodka to make a delicious Bloody Mary

| | | | | | |
|-----------------------------|--|------|---------|------|--------|
| * Apple & Elderflower Juice | | 6x1l | 15.15 V | 4.04 | 661158 |
| * Tomato Juice | | 6x1l | 15.15 V | 4.04 | 661166 |

James White - Zingers - intense shots

New and on offer from James White, a range of organic vegan gluten-free 'enriched' zingers. **Beetroot Focus** is a source of vitamin B12 made with apple, orange, beetroot, lions mane and shiitake mushroom. **Ginger Guard** is a source of zinc made with apple, ginger, guava, and acerola cherry. **Green Uplift** is a source of B12 made with apple, lemon, spinach, kiwi and shiitake mushroom. **Turmeric Revive** is a source of zinc made with apple, turmeric, guava, chilli and black pepper. The pricing below represents a discount of 20%. Please note these will be available from mid May!

| | | | | | |
|--|---------|---------|---------|------|--------|
| <input type="checkbox"/> Beetroot Focus Zinger Shot | organic | 12x70ml | 12.30 V | 1.64 | 664623 |
| <input type="checkbox"/> Ginger Guard Zinger Shot | organic | 12x70ml | 12.30 V | 1.64 | 664617 |
| <input type="checkbox"/> Green Uplift Zinger Shot | organic | 12x70ml | 12.30 V | 1.64 | 664621 |
| <input type="checkbox"/> Turmeric Revive Zinger Shot | organic | 12x70ml | 12.30 V | 1.64 | 664619 |

Suma

New from Suma, two fruit concentrates made from pure fruit juice with no additives: **Apple Juice - Concentrate** and **Apple & Blackcurrant Juice - Concentrate**. Please note that the Apple Juice Concentrate is on offer with the pricing marked below representing a 10% discount.

| | | | | | |
|--|--|---------|---------|------|--------|
| * Apple & Blackcurrant Juice - Concentrate | | 6x400ml | 22.45 V | 5.99 | 663208 |
| <input type="checkbox"/> Apple Juice - Concentrate | | 6x400ml | 20.20 V | 5.39 | 663206 |

Savoury Snacks

Eat Real - tortilla chips - vegan - gluten-free

New and on offer from Eat Real, vegan gluten-free multiseed tortilla chips in three flavours. The tortilla chips are large and hexagonal, good for dipping. They are corn based and also contain linseed, sunflower seed and quinoa with HFSS compliant ingredients. Smoky **Tomato Salsa** has a hint of chilli, **Sea Salt** is the unassuming one, and Birdseye **Chilli & Lime** undoubtedly the extrovert of the group. The pricing below represents a whopping launch discount of 33%

| | | | | | |
|--|--|---------|-------|------|--------|
| <input type="checkbox"/> Chilli & Lime Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751244 |
| <input type="checkbox"/> Sea Salt Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751246 |
| <input type="checkbox"/> Tomato Salsa Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751245 |

Eat Real - veggie straws - vegan - gluten-free

New and on offer from Eat Real are vegan gluten-free **Veggie Straws with Sweet Barbecue Glaze**. These have a rich tomato flavour with a smoky paprika warmth. The pricing below represents a discount of 25%.

| | | | | | |
|--|--|---------|-------|------|--------|
| <input type="checkbox"/> Veggie Straws with Sweet Barbecue Glaze | | 10x110g | 11.55 | 1.54 | 751292 |
|--|--|---------|-------|------|--------|

Superbon Chips de Madrid - potato crisps

Superbon Crisps are changing pack and case size to 10x125g, these will feed through over the period of this catalogue.

| | | | | | |
|---|--|---------|---------|------|--------|
| * Chips de Madrid - Cretan Herb & Salt | | 10x125g | 18.40 V | 3.15 | 782797 |
| * Chips de Madrid - Pimento Chilli Pepper | | 10x125g | 18.40 V | 3.15 | 752796 |
| * Chips de Madrid - Salt | | 10x125g | 18.40 V | 3.15 | 752794 |
| * Chips de Madrid - Salt & Pepper | | 10x125g | 18.40 V | 3.15 | 752795 |
| * Chips de Madrid - Salt & Vinegar | | 10x125g | 18.40 V | 3.15 | 752799 |
| * Chips de Madrid - Truffle | | 10x125g | 20.95 V | 3.59 | 752798 |
| * Chips de Madrid - Yellow Paprika | | 10x125g | 18.40 V | 3.15 | 752800 |

Trafo - Crinkle Cut Potato Crisps

New and on offer from Trafo, organic vegan gluten-free **Crinkle Cut Potato Crisps**, in two flavours, **Paprika** and **Salted**. The **Paprika** crisps deliver the classic sweet and spicy flavour you expect from proper paprika crisps. Their ridged texture gives every bite an extra satisfying crunch. The **Salted** version are lightly salted with a deeper crunch from the crinkle cut. They are a familiar, savoury crisp that pairs beautifully with creamy or spiced dips. The pricing below represents a discount of 20%

| | | | | | |
|--|---------|---------|---------|------|--------|
| <input type="checkbox"/> Paprika Crinkle Cut Potato Crisps | organic | 12x125g | 23.90 V | 3.19 | 753268 |
| <input type="checkbox"/> Salted Crinkle Cut Potato Crisps | organic | 12x125g | 23.90 V | 3.19 | 753269 |

Trafo - Potato Crisps

New and on offer from Trafo organic vegan gluten-free potato crisps in two flavours. **Hungarian Paprika** come alive with a warm, spicy depth drawn from authentic Hungarian paprika, paired with the crisp, golden bite of carefully selected potatoes. The seasoning blends paprika with a refined mix of herbs, spices. There is a gentle smoky note that adds balance and richness. **Sourcream & Onion** delivers a smooth, creamy tang balanced by bright, savoury onion. The seasoning brings together a cool sour cream richness with a gentle acidity that lifts the flavour, creating a crisp that is both refreshing and deeply moreish. The pricing marked below represents a discount of 20%

| | | | | | |
|---|---------|---------|---------|------|--------|
| <input type="checkbox"/> Hungarian Paprika Crisps | organic | 12x125g | 20.30 V | 2.71 | 753324 |
| <input type="checkbox"/> Sourcream & Onion Crisps | organic | 12x125g | 20.30 V | 2.71 | 753326 |

Two Farmers - potato crisps

New from Two Farmers, vegan gluten-free **Herefordshire Sauce Potato Crisps**. This bold sauce flavour delivers layers of rich, savoury depth balanced with a lively tang. It is based on a secret recipe treasured for generations. There are two sizes in compostable packaging

| | | | | | |
|------------------------------|--|---------|---------|------|--------|
| * Herefordshire Sauce Crisps | | 12x150g | 24.20 V | 3.25 | 753513 |
| * Herefordshire Sauce Crisps | | 24x40g | 17.05 V | 1.15 | 753514 |

Yakso

New from Yakso organic vegan gluten-free **Mini Papadums** made from lentil flour and potato flour. They bring a light, crispy texture to any Indian meal. They are lightly spiced with turmeric and salt. The pricing below represents a discount of 15%

| | | | | | |
|--|---------|-------|-------|------|--------|
| <input type="checkbox"/> Mini Papadums | organic | 6x75g | 11.40 | 2.53 | 753528 |
|--|---------|-------|-------|------|--------|

* new product on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Sweet Snacks & Confections

Nakd - Protein Bars and Fibre Bars

New and on offer from Nakd, is a vegan gluten-free **Protein Cherry Bar**. This cold-pressed bar combines cherry juice with a blend of nuts and fruits for a satisfying, wholesome bite. It contains 6g of plant-based protein and has no added sugar, making it naturally HFSS-compliant. The pricing below represents a discount of 20%

| | | | | | | |
|--------------------------|--------------------|--|--------|---------|------|---------------|
| <input type="checkbox"/> | Protein Cherry Bar | | 16x45g | 11.60 V | 1.16 | 766638 |
|--------------------------|--------------------|--|--------|---------|------|---------------|

Ombar - raw chocolate bars & buttons

New from Ombar, vegan organic gluten-free Fair Trade **Matcha Blonde caramelised white bar**. Bring back happy childhood memories with this twist on a nostalgic flavour. The small-batch produced sweet and creamy 'blonde' white chocolate infused with caramel notes has a super smooth melt-in-the-mouth texture, matcha is folded in, taking you to chocolate heaven!

| | | | | | | |
|---|-------------------------------------|---------|--------|---------|------|---------------|
| * | Matcha Blonde caramelised white bar | organic | 10x70g | 22.15 V | 3.54 | 765793 |
|---|-------------------------------------|---------|--------|---------|------|---------------|

Peppersmith Dental - vegan - xylitol sweetened

New and on offer from Peppersmith, vegan gluten-free **Extra Strong Dental Mints - 85 mints**. 100% British mint oil and eucalyptus flavour, now in a MIGHTY size - for that BIG Peppersmith refresh - at home or on the go. Packaged in a resealable pouch. The pricing below represents a discount of 20%

| | | | | | | |
|--------------------------|--------------------------------------|--|--------|---------|------|---------------|
| <input type="checkbox"/> | Extra Strong Dental Mints - 85 mints | | 12x50g | 22.40 V | 2.99 | 766707 |
|--------------------------|--------------------------------------|--|--------|---------|------|---------------|

Raw Halo Chocolate - dairy & gluten-free

New from Raw Halo, organic vegan gluten-free chocolate covered nuts and raisins made using Fairtrade ethically sourced cacao. The four new lines are **Dark Chocolate Covered Almonds**, **Dark Chocolate Covered Hazelnuts**, **Mylk Chocolate Covered Cashews** and **Mylk Chocolate Covered Raisins**. They are sweetened with coconut sugar and produced in the Raw Halo social enterprise factory that helps people back into work. The packaging is recyclable.

| | | | | | | |
|---|----------------------------------|---------|--------|---------|------|---------------|
| * | Dark Chocolate Covered Almonds | organic | 10x85g | 31.05 V | 4.97 | 767671 |
| * | Dark Chocolate Covered Hazelnuts | organic | 10x85g | 31.50 V | 5.04 | 767674 |
| * | Mylk Chocolate Covered Cashews | organic | 10x85g | 31.05 V | 4.97 | 767675 |
| * | Mylk Chocolate Covered Raisins | organic | 10x85g | 31.05 V | 4.97 | 767676 |

Seggiano

New and on offer from Seggiano, their best selling organic vegan soft **Liquorice Spirals**. They are made from organic Calabrian liquorice root, and contain double the amount of pure liquorice extract than typical soft liquorice. Naturally rich and sweet, these liquorice treats are perfect for sharing with family and friends, or as a little gift for the liquorice lover in your life. The pricing below represents a discount of 10%

| | | | | | | |
|--------------------------|-------------------|---------|---------|-------|------|---------------|
| <input type="checkbox"/> | Liquorice Spirals | organic | 20x100g | 26.35 | 1.76 | 765891 |
|--------------------------|-------------------|---------|---------|-------|------|---------------|

Condiments, Stocks, Salt & Miscellaneous Foods

Yakso

New and on offer from Yakso, organic vegan **Crispy Onions** in a tub. A richly savoury topping that brings a satisfying crunch to noodles, nasi goreng, salads, burgers, and baked potatoes. Each batch is made from fresh onions delicately dusted with wheat flour and fried in vegetable oil to create a light, crisp texture and deep, aromatic flavour. The pricing below represents a discount of 15%

| | | | | | | |
|--------------------------|---------------|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | Crispy Onions | organic | 8x100g | 16.80 | 2.80 | 795196 |
|--------------------------|---------------|---------|--------|-------|------|---------------|

Supplementary Foods

BetterYou

New from BetterYou, **D4000 Vitamin D + K2 Daily Oral Spray**. This is their maximum strength oral spray, delivering fast effective nutrient absorption. It supports your immune system, helps maintain healthy bones and aids muscle function with a natural peppermint flavour. Vitamin D3 and Vitamin K3 work together to ensure calcium is directed out of the arteries and into the bones where it helps improve bone density. Please note this product is not vegan.

| | | | | | | |
|---|---------------------------------------|--|--------|---------|-------|---------------|
| * | D4000 Vitamin D + K2 Daily Oral Spray | | 6x15ml | 38.00 V | 12.00 | 850900 |
|---|---------------------------------------|--|--------|---------|-------|---------------|

The Organic Protein Co.

New from The Organic Protein Co, a range of organic gluten-free **they proteins**. They are made with fresh whey, which goes through a cutting edge ceramic cold filtration system, with no chemicals or additives. There are three flavours: **Pure** with nothing added; **Cacao & Maca** which contains lower cadmium cacao, maca, coconut sugar and Spanish pink rock salt for a creamy chocolatey taste. **Madagascar Vanilla** made by blending with Bourbon vanilla pods and coconut sugar to create a luxurious creamy flavour. There are two sizes of each flavour 400g and 1.2kg and they are packaged in resealable pouches.

| | | | | | | |
|---|---|---------|---------|-------|-------|---------------|
| * | Cacao & Maca Organic Whey Protein | organic | 1x400g | 16.75 | 23.93 | 850862 |
| * | Cacao & Maca Organic Whey Protein | organic | 1x1.2kg | 41.30 | 59.00 | 850863 |
| * | Madagascar Vanilla Organic Whey Protein | organic | 1x400g | 18.20 | 26.00 | 850864 |
| * | Madagascar Vanilla Organic Whey Protein | organic | 1x1.2kg | 41.30 | 59.00 | 850865 |
| * | Pure Unflavoured Organic Whey Protein | organic | 1x400g | 16.75 | 23.93 | 850860 |
| * | Pure Unflavoured Organic Whey Protein | organic | 1x1.2kg | 41.30 | 59.00 | 850861 |

Pet Products

Benevo Pet Food - vegan

New from Benevo, vegan gluten-free **Grain-Free Feast Adult Dog Food** in a can. This vegetable feast with mixed herbs is a complete and nutritionally balanced adult dog food. It is made from a blend of nutritious legumes and vegetables. It also includes rosemary and tomato to provide natural antioxidants, seaweed, for minerals, sunchoke, to aid digestion as a natural prebiotic and rapeseed oil, a great natural source of omega oils. Benevo is a PETA approved cruelty-free brand.

| | | | | | | |
|---|---------------------------------------|--|---------|---------|------|---------------|
| * | Grain-Free Feast Adult Dog Food - can | | 12x395g | 28.40 V | 3.79 | 810539 |
|---|---------------------------------------|--|---------|---------|------|---------------|

Pawtato Dog Chews - vegan

New and on offer, a bulk box of **Pawtato Small Knots** in 3 different colours and flavours. Made with a grain-free and wheat-free recipe, these low-fat sweet potato dog chews are ideal hypoallergenic treats, perfect for dogs with sensitive stomachs. The bulk box which they come in serves as an attractive point of sale for display in-store and bulk buy customers. There are approximately 120 knots in each box. The pricing below represents a discount of 20%

| | | | | | | |
|--------------------------|---|--|-------|---------|------|---------------|
| <input type="checkbox"/> | Pawtato Knots Small - Mixed Case - approx 120 | | 1.6kg | 11.95 V | 7.47 | 810543 |
|--------------------------|---|--|-------|---------|------|---------------|

Household & Industrial Cleaning Products

Bio-D

New from Bio-D, **Cotton Fresh Fabric Refresher Spray**. Say goodbye to stubborn odours - this plant-based, eco-friendly fabric spray doesn't just cover up bad smells, it neutralises odours at the source, leaving your home and fabrics naturally fresh. Perfect for refreshing clothes, shoes, upholstery, curtains, bedding, and soft furnishings. This gentle formula is free from harsh chemicals and animal-derived ingredients. Vegan, cruelty-free, plant based, naturally derived and made in Yorkshire using solar power. Packaged in a 100% post consumer waste bottle.

| | | | | | | |
|---|-------------------------------------|--|----------|---------|------|---------------|
| * | Cotton Fresh Fabric Refresher Spray | | 12x500ml | 31.10 V | 4.29 | 830519 |
|---|-------------------------------------|--|----------|---------|------|---------------|

Ecover - Zero range

Ecover have re-branded their **Fabric Softener - Zero**, the pricing marked below represents a discount of 20%. Also new is **Washing Powder Non-Bio Zero**, a versatile powder detergent perfect for all your washing needs. The Zero % range is formulated with 0% fragrance and 0% enzyme to minimise the risk of allergies on sensitive skin.

| | | | | | | |
|--------------------------|-----------------------------|--|---------|---------|------|---------------|
| <input type="checkbox"/> | Fabric Softener - Zero | | 6x1.43l | 18.40 V | 4.91 | 831586 |
| * | Washing Powder Non-Bio Zero | | 10x950g | 55.30 V | 8.85 | 831596 |

Ecover Bag-in-Box Refill Station

Ecover have re-branded their **Fabric Softener - Apple Blossom & Almond**, the pricing below represents a discount of 15%.

| | | | | | | |
|--------------------------|--|--|-----|---------|------|---------------|
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond | | 15l | 22.60 V | 1.51 | 831592 |
|--------------------------|--|--|-----|---------|------|---------------|

Ecover Laundry

Ecover have re-branded their **Fabric Softeners**, the pricing marked below represents a discount of 15% on the 5l and 20% on the rest. Also rebranded and re-sized but not on offer are Ecover **Laundry powders**: **Washing Powder Bio** keeps whites white, colourfast colours vibrant, with a delicate fresh fragrance and no optical brighteners. **Washing Powder Non-Bio** is tough on stains, even at 30°, with no optical brighteners and a mild formula and fragrance which are kind to your skin and our environment.

| | | | | | | |
|--------------------------|--|--|---------|---------|-------|---------------|
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond | | 6x750ml | 8.70 V | 2.32 | 831588 |
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond | | 6x1.43l | 18.40 V | 4.91 | 831590 |
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond | | 5l | 9.25 V | 14.80 | 831591 |
| <input type="checkbox"/> | Fabric Softener - Gardenia & Vanilla | | 6x750ml | 8.70 V | 2.32 | 831587 |
| <input type="checkbox"/> | Fabric Softener - Gardenia & Vanilla | | 6x1.43l | 18.40 V | 4.91 | 831589 |
| * | Washing Powder Bio | | 10x950g | 64.60 V | 10.34 | 831593 |
| * | Washing Powder Non-Bio | | 10x950g | 59.85 V | 9.58 | 831594 |
| * | Washing Powder Non-Bio | | 2x4kg | 43.45 V | 34.76 | 831595 |

Toiletries & Natural Remedies

Ben & Anna - organic vegan natural soda deodorants

New and on offer from Ben & Anna, three organic vegan **Sensitive Deodorants** that contain mild yet effective deodorising ingredients and no bicarbonate of soda, making them ideal for those with sensitive skin. **Cherry Blossom** deodorant has a gentle, fruity and floral fragrance that wraps you in the fine scent of Japanese cherry blossoms. **Highland Breeze** is a herbal scented deodorant, as clear and as pure as mountain air with a hint of spice, wood and rosemary. **Lemon & Lime** deodorant is fresh, lemony and lively. The deodorants come wrapped in a card push-up tube. The pricing below represents a discount of 15%

| | | | | | | |
|--------------------------|-------------------------------------|---------|-------|--------|------|---------------|
| <input type="checkbox"/> | Sensitive Cherry Blossom Deodorant | organic | 1x40g | 3.95 V | 7.03 | 859217 |
| <input type="checkbox"/> | Sensitive Highland Breeze Deodorant | organic | 1x40g | 3.95 V | 7.03 | 859214 |
| <input type="checkbox"/> | Sensitive Lemon & Lime Deodorant | organic | 1x40g | 3.95 V | 7.03 | 859216 |

* new product on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

Dr Bronner's - Magic Soaps - bars - vegan

New from Dr Bronner's, organic vegan **Eucalyptus Soap Bar**. This Pure-Castile soap bar is earthy and warm, with a powerful menthol burst to open airways and focus the mind! It is scented purely with organic eucalyptus oil and is made with certified fair trade ingredients and organic hemp oil for a soft, smooth lather that won't dry your skin. 100% biodegradable in a 100% post-consumer recycled wrapper.

| | | | | | |
|-----------------------|---------|---------|---------|------|----------------|
| * Eucalyptus Soap Bar | organic | 12x140g | 45.45 V | 6.49 | 85 1098 |
|-----------------------|---------|---------|---------|------|----------------|

Dr Bronner's - Magic Soaps - liquid - vegan

New from Dr Bronner, three of the organic vegan Liquid Pure-Castile Soaps in a large 3.79l size. Dr. Bronner's 18-in-1 Pure-Castile Soaps are good for just about any cleaning task: face, body, hair, dishes, laundry, mopping, pets. Clean your house and body with no synthetic preservatives, detergents or foaming agents. The three lines are: **Eucalyptus Liquid Soap**, earthy and warm, with a powerful menthol burst to clear congestion and focus the mind. **Lavender Liquid Soap**, scented with pure lavender and lavender oils to calm the mind and soothe the body. **Woody and medicinal Tea Tree Liquid Soap** containing pure tea tree oil which is good for acne-prone skin and dandruff.

| | | | | | |
|-----------------------------------|---------|-------|---------|-------|----------------|
| * Eucalyptus Liquid Soap - single | organic | 3.79l | 46.70 V | 12.32 | 85 1083 |
| * Lavender Liquid Soap - single | organic | 3.79l | 46.70 V | 12.32 | 85 1103 |
| * Tea Tree Liquid Soap - single | organic | 3.79l | 46.70 V | 12.32 | 85 1104 |

Toothpaste, Brushes & Oral Hygiene

Georganics Dental Care

New and on offer from Georganics are three vegan COSMOS natural certified fluoride-free toothpastes packaged in aluminium tubes. **Hydroxyapatite Toothpaste - Fennel** - specially formulated for those who find mint flavours too intense. This formula is powered by hydroxyapatite and erythritol, helping support enamel remineralisation, reduce plaque formation, and maintain everyday oral hygiene, without relying on strong essential oils. **Hydroxyapatite Toothpaste Babies 6 month+**. Carefully crafted with a powerful blend of hydroxyapatite and erythritol to provide advanced cavity protection while being gentle on young teeth and gums. It has a delicious natural strawberry flavour. **Prebiotic & Probiotic Toothpaste** - a fluoride-free, minty flavoured microbiome-supporting formula infused with a unique blend of prebiotics and probiotics to help maintain a balanced and resilient oral ecosystem with hydroxyapatite and erythritol to remineralise enamel, reduce plaque, and support tooth health naturally. The pricing below represents a discount of 20%

| | | | | | |
|--|--|--------|--------|------|----------------|
| <input type="checkbox"/> Fluoride-free Hydroxyapatite Toothpaste - Fennel | | 1x75ml | 1.80 V | 3.09 | 88 1253 |
| <input type="checkbox"/> GeoKids Fluoride-free Hydroxyapatite Toothpaste | | 1x75ml | 1.80 V | 3.09 | 88 1257 |
| <input type="checkbox"/> Prebiotic & Probiotic - Hydroxyapatite Toothpaste | | 1x75ml | 3.15 V | 5.40 | 88 1249 |

Truthpaste Natural Toothpaste

New from Truthpaste, vegan gluten-free **Hydroxyapatite Citrus Botanical Toothpaste**. Remineralise your teeth with biomimetic hydroxyapatite to strengthen enamel, protect against decay and reduce tooth sensitivity. With anti-inflammatory botanicals to care for your gums and a fresh citrus taste from lemon and orange oils. Free from fluoride, SLS, artificial sweeteners and flavours. Packaged in a glass jar.

| | | | | | |
|--|--|---------|---------|-------|----------------|
| * Hydroxyapatite Citrus Botanical Toothpaste | | 6x100ml | 40.30 V | 11.51 | 86 1737 |
|--|--|---------|---------|-------|----------------|

Packaging & Publications

Liz Cook Charts - all Charts in cardboard tubes

New from Liz Cook Charts two fantastic wall charts in cardboard tubes. The **Mindfulness Meditation Chart** encourages and supports us to do regular practice. The text and guidance offers something to reflect on for the day and may even serve as a bit of a 'life-saver' in a crunch. **Your Yoga Chart - male yogi** incorporates a balanced mixture of poses and breathing exercises to invite the body to move and relax with awareness. Each pose is clearly illustrated with written points to be aware of. Printed on sturdy laminated paper.

| | | | | | |
|--------------------------------|--|-----|--------|------|----------------|
| * Mindfulness Meditation Chart | | 1x1 | 3.85 V | 6.16 | 95 0605 |
| * Your Yoga Chart - male yogi | | 1x1 | 3.85 V | 6.16 | 95 0626 |

special offers

Cereal Grains

Seggiano

10% off list May and June

| | | | | | |
|---|---------|--------|-------|------|--------------|
| <input type="checkbox"/> Arborio Risotto Rice | organic | 6x500g | 19.45 | 4.32 | 10716 |
| <input type="checkbox"/> Black Nerone Rice | organic | 6x500g | 18.35 | 4.08 | 10719 |
| <input type="checkbox"/> Carnaroli Risotto Rice | organic | 6x500g | 19.45 | 4.32 | 10718 |

Flours & Baking Requisites

Doves Farm - baking requisites

15% off list May and June

| | | | | | |
|--|---------|--------|------|------|--------------|
| <input type="checkbox"/> Baking Powder - gluten-free | | 5x130g | 5.90 | 1.57 | 41203 |
| <input type="checkbox"/> Bicarbonate of Soda - gluten-free | | 5x200g | 5.40 | 1.44 | 41208 |
| <input type="checkbox"/> Corn Starch Flour - gluten-free | organic | 5x110g | 7.00 | 1.87 | 41212 |

Freee - from Doves Farm - non-organic

15% off list May and June

| | | | | | |
|---|--|--------|-------|------|--------------|
| <input type="checkbox"/> Gluten-free Brown Bread Flour | | 5x1kg | 10.05 | 2.68 | 51080 |
| <input type="checkbox"/> Gluten-free Plain White Flour | | 5x1kg | 9.55 | 2.55 | 51075 |
| <input type="checkbox"/> Gluten-free Self-Raising White Flour | | 5x1kg | 9.55 | 2.55 | 51077 |
| <input type="checkbox"/> Gluten-free White Bread Flour | | 5x1kg | 9.55 | 2.55 | 51082 |
| <input type="checkbox"/> Gram Flour - gluten-free - New! | | 5x800g | 7.80 | 2.08 | 51048 |
| <input type="checkbox"/> Rice Flour (brown & white) - gluten-free | | 5x1kg | 7.80 | 2.08 | 51037 |
| <input type="checkbox"/> Wholegrain Buckwheat Flour - gluten-free | | 5x1kg | 15.95 | 4.25 | 51044 |

Breakfast Cereals & Cereal Flakes

Amisa - gluten-free

15% off list May and June

| | | | | | |
|---|---------|--------|-------|------|--------------|
| <input type="checkbox"/> Apple & Cinnamon Porridge Oats | organic | 6x300g | 14.10 | 3.13 | 60310 |
| <input type="checkbox"/> Four Grain Porridge | organic | 6x300g | 12.95 | 2.88 | 60311 |
| <input type="checkbox"/> Pure Porridge Oats | organic | 4x1kg | 14.00 | 4.67 | 60304 |
| <input type="checkbox"/> Pure Porridge Oats | organic | 6x325g | 10.30 | 2.29 | 60305 |

Bear

15% off list May and June

| | | | | | |
|---|--|--------|------|------|--------------|
| <input type="checkbox"/> Cocoa Alpha Bites | | 4x350g | 7.35 | 2.45 | 70506 |
| <input type="checkbox"/> Multigrain Alpha Bites | | 4x350g | 7.35 | 2.45 | 70509 |

Bio & Me

15% off list May and June

| | | | | | |
|---|--|--------|-------|------|--------------|
| <input type="checkbox"/> Apple & Cinnamon Porridge | | 5x400g | 9.50 | 2.53 | 70529 |
| <input type="checkbox"/> Berry Burst Gluten-free Granola | | 5x350g | 13.55 | 3.61 | 70520 |
| <input type="checkbox"/> Blueberry Immunity Support Granola | | 5x360g | 13.10 | 3.49 | 70521 |
| <input type="checkbox"/> Cocoa & Hazelnut Protein Boosted Granola | | 5x360g | 13.10 | 3.49 | 70523 |
| <input type="checkbox"/> Cocoa Gluten-free Overnight Oats | | 5x350g | 11.45 | 3.05 | 70535 |
| <input type="checkbox"/> Fruit & Nut Muesli | | 5x450g | 10.90 | 2.91 | 70532 |
| <input type="checkbox"/> Fruit and Nut Gluten-free Granola | | 5x350g | 13.50 | 3.60 | 70525 |
| <input type="checkbox"/> Low Sugar Naturally Granola | | 5x360g | 13.10 | 3.49 | 70524 |
| <input type="checkbox"/> Raspberry & Coconut Overnight Oats | | 5x350g | 11.45 | 3.05 | 70536 |
| <input type="checkbox"/> Super Nutty Gluten-free Granola | | 5x350g | 13.55 | 3.61 | 70522 |
| <input type="checkbox"/> Super Nutty Muesli | | 5x450g | 10.90 | 2.91 | 70533 |
| <input type="checkbox"/> Super Seedy & Nutty Granola | | 5x360g | 13.10 | 3.49 | 70526 |
| <input type="checkbox"/> Super Seedy & Nutty Porridge | | 5x400g | 9.50 | 2.53 | 70530 |

Doves Farm - spelt - vegan

20% off list May and June

| | | | | | |
|---|---------|--------|-------|------|--------------|
| <input type="checkbox"/> Ancient Grain Spelt Flakes | organic | 5x375g | 15.95 | 4.25 | 61524 |
|---|---------|--------|-------|------|--------------|

Freee - from Doves Farm - gluten-free - vegan

20% off list May and June

| | | | | | |
|---|--|--------|-------|------|--------------|
| <input type="checkbox"/> Chocolate Muesli | | 5x400g | 13.95 | 3.72 | 61314 |
|---|--|--------|-------|------|--------------|

Rude Health

15% off list May and June

| | | | | | |
|--|--|--------|------|------|--------------|
| <input type="checkbox"/> Puffed Brown Rice - gluten-free | | 4x225g | 5.70 | 2.04 | 71755 |
|--|--|--------|------|------|--------------|

Rude Health - Granola

15% off list May and June

| | | | | | |
|---|---------|--------|-------|------|--------------|
| <input type="checkbox"/> The Ultimate Granola | organic | 6x400g | 17.80 | 4.24 | 71776 |
|---|---------|--------|-------|------|--------------|

Rude Health - muesli

15% off list May and June

| | | | | | |
|--|---------|--------|-------|------|--------------|
| <input type="checkbox"/> The Ultimate Muesli - vegan | organic | 6x400g | 17.80 | 4.24 | 71739 |
|--|---------|--------|-------|------|--------------|

Dried Fruit

Bulk Organic Dried Fruit

15% off list May and June

| | | | | | | |
|--------------------------|------------------------------------|---------|---------|--------|-------|--------|
| <input type="checkbox"/> | Sliced Cranberries sugar sweetened | organic | 11.34kg | 110.50 | 9.74 | 100486 |
| <input type="checkbox"/> | Sliced Cranberries sugar sweetened | organic | 2kg | 21.00 | 10.50 | 100487 |

Pasta

La Bio Idea - durum wheat

20% off list May and June

| | | | | | | |
|--------------------------|--------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Lasagne Verde | organic | 12x250g | 13.45 | 1.49 | 131045 |
| <input type="checkbox"/> | Semi Wholewheat Busiate | organic | 6x375g | 12.65 | 2.81 | 131003 |
| <input type="checkbox"/> | Semi Wholewheat Lumaconi | organic | 6x375g | 10.75 | 2.39 | 131004 |
| <input type="checkbox"/> | Semi Wholewheat Paccheri | organic | 6x375g | 10.75 | 2.39 | 131006 |
| <input type="checkbox"/> | White Farfalle (bows) | organic | 6x275g | 6.80 | 1.51 | 150512 |
| <input type="checkbox"/> | White Fusilli | organic | 6x500g | 8.15 | 1.81 | 150520 |
| <input type="checkbox"/> | White Lasagne (no pre-cooking) | organic | 12x250g | 13.45 | 1.49 | 131052 |
| <input type="checkbox"/> | White Macaroni | organic | 12x500g | 16.30 | 1.81 | 150505 |
| <input type="checkbox"/> | White Penne | organic | 6x500g | 8.15 | 1.81 | 150510 |
| <input type="checkbox"/> | White Spaghetti | organic | 12x500g | 16.30 | 1.81 | 150515 |
| <input type="checkbox"/> | White Tricolore Fusilli | organic | 6x500g | 10.35 | 2.30 | 150525 |
| <input type="checkbox"/> | White Tricolore Shells | organic | 6x500g | 10.35 | 2.30 | 150524 |
| <input type="checkbox"/> | Wholewheat Fregola | organic | 6x400g | 10.30 | 2.29 | 131007 |
| <input type="checkbox"/> | Wholewheat Fusilli | organic | 6x500g | 8.30 | 1.84 | 131025 |
| <input type="checkbox"/> | Wholewheat Lasagne | organic | 12x250g | 13.45 | 1.49 | 131001 |
| <input type="checkbox"/> | Wholewheat Macaroni | organic | 12x500g | 16.55 | 1.84 | 131005 |
| <input type="checkbox"/> | Wholewheat Penne | organic | 6x500g | 8.25 | 1.83 | 131010 |
| <input type="checkbox"/> | Wholewheat Spaghetti | organic | 12x500g | 16.55 | 1.84 | 131020 |

La Bio Idea - gluten-free

20% off list May and June

| | | | | | | |
|--------------------------|--------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Chickpea Penne with Corn | organic | 10x250g | 20.30 | 2.71 | 130970 |
| <input type="checkbox"/> | Red Lentil Fusilli | organic | 10x250g | 24.30 | 3.24 | 130975 |

La Terra E Il Cielo - speciality pasta

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | White Fusilli | organic | 12x500g | 14.30 | 1.59 | 131304 |
| <input type="checkbox"/> | White Linguine (Flat Spaghetti) | organic | 12x500g | 14.30 | 1.59 | 131312 |
| <input type="checkbox"/> | White Penne | organic | 12x500g | 14.30 | 1.59 | 131305 |
| <input type="checkbox"/> | White Spaghetti | organic | 12x500g | 14.30 | 1.59 | 131306 |

Mr Organic - pasta

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | White Fusilli | organic | 12x500g | 19.05 | 2.12 | 131545 |
| <input type="checkbox"/> | White Penne Rigate | organic | 12x500g | 19.05 | 2.12 | 131547 |
| <input type="checkbox"/> | White Spaghetti | organic | 12x500g | 19.05 | 2.12 | 131548 |
| <input type="checkbox"/> | White Tagliatelle | organic | 12x500g | 19.05 | 2.12 | 131549 |
| <input type="checkbox"/> | Whole Wheat Fusilli - New! | organic | 12x500g | 18.55 | 2.06 | 131550 |
| <input type="checkbox"/> | Whole Wheat Penne - New! | organic | 12x500g | 18.55 | 2.06 | 131551 |
| <input type="checkbox"/> | Whole Wheat Spaghetti - New! | organic | 12x500g | 18.55 | 2.06 | 131552 |
| <input type="checkbox"/> | Whole Wheat Tagliatelle - New! | organic | 12x500g | 18.55 | 2.06 | 131553 |

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|-------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | White Linguine Pasta | organic | 12x250g | 23.75 | 2.64 | 152540 |
| <input type="checkbox"/> | White Tagliatelle Pasta | organic | 12x375g | 33.85 | 3.76 | 152545 |
| <input type="checkbox"/> | White Toscani Pasta | organic | 12x375g | 33.85 | 3.76 | 152550 |

Noodles

Clearspring - wheat-free

15% off list May and June

| | | | | | | |
|--------------------------|----------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | 100% Brown Rice Noodles GF | organic | 10x200g | 25.40 | 3.39 | 490512 |
| <input type="checkbox"/> | 100% Wide Brown Rice Noodles GF | organic | 5x200g | 12.70 | 3.39 | 490513 |
| <input type="checkbox"/> | Black Rice Noodles GF | organic | 10x200g | 25.40 | 3.39 | 490504 |
| <input type="checkbox"/> | Brown Rice Vermicelli Noodles GF | organic | 8x180g | 20.30 | 3.38 | 490505 |

Yakso

15% off list May and June

| | | | | | | |
|--------------------------|-------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Egg Noodles | organic | 6x250g | 10.05 | 2.24 | 490905 |
|--------------------------|-------------|---------|--------|-------|------|--------|

Bread, Rice Cakes, Crackers etc

Biona - long life pumpernickel style - wheat free

15% off list May and June

| | | | | | | |
|--------------------------|-------------------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Power Protein Rye Bread (sourdough) | organic | 8x375g | 20.30 | 3.39 | 170169 |
| <input type="checkbox"/> | Pumpernickel Bread | organic | 9x500g | 15.45 | 2.29 | 170170 |
| <input type="checkbox"/> | Rye & Hemp Seed Bread | organic | 7x500g | 12.90 | 2.46 | 170113 |
| <input type="checkbox"/> | Rye & Pumpkin Seed Bread | organic | 7x500g | 12.90 | 2.46 | 170167 |
| <input type="checkbox"/> | Rye Amaranth & Quinoa Bread | organic | 7x500g | 12.45 | 2.37 | 170110 |
| <input type="checkbox"/> | Rye Bread | organic | 7x500g | 12.00 | 2.29 | 170162 |
| <input type="checkbox"/> | Rye Chia & Flax Bread | organic | 7x500g | 12.90 | 2.46 | 170112 |
| <input type="checkbox"/> | Rye Omega Golden Linseed Bread | organic | 7x500g | 12.00 | 2.29 | 170165 |
| <input type="checkbox"/> | Rye with Sunflower Bread | organic | 7x500g | 12.45 | 2.37 | 170168 |
| <input type="checkbox"/> | Vitality Rye Bread - sprouted seeds | organic | 7x500g | 12.90 | 2.46 | 170175 |

Dillon

20% off list May and June

| | | | | | | |
|--------------------------|--------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Keto Bagel Original Flax | organic | 6x150g | 21.55 | 4.79 | 170558 |
| <input type="checkbox"/> | Keto Bread Beetroot Flax | organic | 6x250g | 17.95 | 3.99 | 170533 |
| <input type="checkbox"/> | Keto Bread Chia Flax | organic | 6x250g | 17.95 | 3.99 | 170534 |
| <input type="checkbox"/> | Keto Bread Original Flax | organic | 6x250g | 17.95 | 3.99 | 170535 |
| <input type="checkbox"/> | Olive Gluten Free Bread | organic | 4x275g | 11.95 | 3.98 | 170536 |
| <input type="checkbox"/> | Seeded Gluten Free Bread | organic | 4x275g | 11.95 | 3.98 | 170537 |

Nairn's - gluten-free oat range

20% off list May and June

| | | | | | | |
|--------------------------|---|--|--------|-------|------|--------|
| <input type="checkbox"/> | Gluten-free Oatcakes | | 8x213g | 12.40 | 2.07 | 174756 |
| <input type="checkbox"/> | Gluten-free Super Seeded Oatcakes | | 8x180g | 12.40 | 2.07 | 174759 |
| <input type="checkbox"/> | Wholegrain Scalloped Crackers - gluten-free | | 8x160g | 11.10 | 1.85 | 174753 |

Profusion - gluten-free

15% off list May and June

| | | | | | | |
|--------------------------|----------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Protein Cakes - chickpea | organic | 12x100g | 19.05 | 2.12 | 175560 |
| <input type="checkbox"/> | Protein Cakes - red lentil | organic | 12x100g | 19.05 | 2.12 | 175562 |

Profusion - long life

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Hemp Sorghum Thins | organic | 12x120g | 21.35 | 2.38 | 175555 |
| <input type="checkbox"/> | Rye & Flax Protein Bread | organic | 9x250g | 20.00 | 2.96 | 175540 |

Rude Health - thin & round puffed crackers - gluten free

15% off list May and June

| | | | | | | |
|--------------------------|----------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Buckwheat Crackers | organic | 8x100g | 11.85 | 2.12 | 179189 |
| <input type="checkbox"/> | Chickpea & Lentil Crackers | organic | 8x120g | 9.50 | 1.70 | 176199 |
| <input type="checkbox"/> | Multigrain Crackers | organic | 8x100g | 11.85 | 2.12 | 176207 |

Seggiano - vegan

10% off list May and June

| | | | | | | |
|--------------------------|---|--|---------|-------|------|--------|
| <input type="checkbox"/> | Classic Grissini - New! | | 12x150g | 35.30 | 3.92 | 176247 |
| <input type="checkbox"/> | Classic Lingue Handmade Flatbreads | | 12x120g | 35.25 | 3.92 | 176240 |
| <input type="checkbox"/> | Rosemary Lingue Handmade Flatbreads | | 12x120g | 35.25 | 3.92 | 176242 |
| <input type="checkbox"/> | Tropea Onion Lingue Handmade Flatbreads | | 12x120g | 39.65 | 4.41 | 176241 |
| <input type="checkbox"/> | Wholegrain Grissini - New! | | 12x150g | 35.30 | 3.92 | 176248 |

Yakso

15% off list May and June

| | | | | | | |
|--------------------------|------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Rice Paper | organic | 15x150g | 35.05 | 3.12 | 176560 |
|--------------------------|------------|---------|---------|-------|------|--------|

Biscuits and Cakes

Nairn's - gluten-free oat biscuit breaks - vegan

20% off list May and June

| | | | | | | |
|--------------------------|-------------------------------------|--|---------|-------|------|--------|
| <input type="checkbox"/> | Oat & Fruit Biscuit Break | | 12x160g | 19.95 | 2.22 | 182398 |
| <input type="checkbox"/> | Oat & Stem Ginger Biscuit Break | | 12x160g | 19.95 | 2.22 | 182396 |
| <input type="checkbox"/> | Oats & Chocolate Chip biscuit break | | 12x160g | 19.95 | 2.22 | 182397 |

* new product on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|--|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | Biscotti - Sea Salt & Chocolate | | 8x200g | 30.50 | 5.08 | 183468 |
| <input type="checkbox"/> | Buckwheat Digestive Biscuits - gluten-free | organic | 6x150g | 19.10 | 4.24 | 182490 |
| <input type="checkbox"/> | Cantuccini - Chocolate & Orange | | 8x200g | 30.50 | 5.08 | 183469 |
| <input type="checkbox"/> | Kamut Digestive Biscuits - vegan | organic | 6x170g | 19.10 | 4.24 | 182492 |
| <input type="checkbox"/> | Spelt Digestive Biscuits | organic | 6x150g | 19.10 | 4.24 | 182494 |

Oils & Fats

Clearspring

15% off list May and June

| | | | | | | |
|--------------------------|-----------------------------|---------|---------|-------|------|---------------|
| <input type="checkbox"/> | Coconut Oil - virgin - 200g | organic | 6x220ml | 17.55 | 3.90 | 200492 |
| <input type="checkbox"/> | Coconut Oil - virgin - 400g | organic | 6x440ml | 32.85 | 7.30 | 200493 |

Nut Butter, Pâté, Spreads & Jam

Bonsan organic vegan spreads - glass

15% off list May and June

| | | | | | | |
|--------------------------|--|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | Beetroot Horseradish Spread | organic | 6x130g | 11.45 | 2.54 | 290770 |
| <input type="checkbox"/> | Cashew Chive - cheese free spread | organic | 6x135g | 14.50 | 3.22 | 290773 |
| <input type="checkbox"/> | Red Pepper & Cashew Spread | organic | 6x130g | 11.45 | 2.54 | 290774 |
| <input type="checkbox"/> | Toscana Style - cream cheese alternative | organic | 6x135g | 11.05 | 2.46 | 290775 |

Meridian

20% off list May and June

| | | | | | | |
|--------------------------|---|--|--------|-------|------|---------------|
| <input type="checkbox"/> | Peanut Butter Crunchy with Anglesey Sea Salt - New! | | 6x280g | 11.30 | 2.51 | 251626 |
| <input type="checkbox"/> | Peanut Butter Smooth with Anglesey Sea Salt - New! | | 6x280g | 11.30 | 2.51 | 251629 |

Meridian

15% off list May and June

| | | | | | | |
|--------------------------|------------------------------------|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | Peanut Butter Crunchy 100% | organic | 6x280g | 12.95 | 2.88 | 251525 |
| <input type="checkbox"/> | Peanut Butter Crunchy 100% - glass | | 6x470g | 18.00 | 3.99 | 251566 |
| <input type="checkbox"/> | Peanut Butter Crunchy 100% - glass | | 6x280g | 12.05 | 2.67 | 251570 |
| <input type="checkbox"/> | Peanut Butter Smooth 100% | organic | 6x280g | 12.95 | 2.88 | 251530 |
| <input type="checkbox"/> | Peanut Butter Smooth 100% - glass | | 6x470g | 18.00 | 3.99 | 251606 |
| <input type="checkbox"/> | Peanut Butter Smooth 100% - glass | | 6x280g | 12.05 | 2.67 | 251610 |
| <input type="checkbox"/> | Smooth Almond Butter 100% | | 6x470g | 32.50 | 7.21 | 251511 |

Tartex - in tubes

20% off list May and June

| | | | | | | |
|--------------------------|--------------------|---------|---------|-------|------|---------------|
| <input type="checkbox"/> | Classic Pâté | organic | 12x200g | 30.65 | 3.41 | 262105 |
| <input type="checkbox"/> | Herb & Garlic Pâté | organic | 12x200g | 30.65 | 3.41 | 262125 |
| <input type="checkbox"/> | Herb Pâté | organic | 12x200g | 30.65 | 3.41 | 262120 |
| <input type="checkbox"/> | Mushroom Pâté | organic | 12x200g | 30.65 | 3.41 | 262130 |

Whole Earth

15% off list May and June

| | | | | | | |
|--------------------------|--|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | 100% Nuts Crunchy Peanut Butter - New! | | 6x340g | 16.00 | 3.56 | 253521 |
| <input type="checkbox"/> | 100% Nuts Smooth Peanut Butter - New! | | 6x340g | 16.00 | 3.56 | 253522 |
| <input type="checkbox"/> | Peanut Butter Crunchy | | 6x340g | 15.15 | 3.37 | 253525 |
| <input type="checkbox"/> | Peanut Butter Crunchy - large | organic | 6x340g | 20.05 | 4.46 | 253518 |
| <input type="checkbox"/> | Peanut Butter Crunchy - small | organic | 6x227g | 14.60 | 3.24 | 253515 |
| <input type="checkbox"/> | Peanut Butter Smooth | | 6x340g | 15.15 | 3.37 | 253540 |
| <input type="checkbox"/> | Peanut Butter Smooth - large | organic | 6x340g | 20.05 | 4.46 | 253538 |
| <input type="checkbox"/> | Peanut Butter Smooth - small | organic | 6x227g | 14.60 | 3.24 | 253535 |

Honey, Syrup, Sugar & Sweeteners

Dillon

20% off list May and June

| | | | | | | |
|--------------------------|---------------------|--|--------|-------|------|---------------|
| <input type="checkbox"/> | Chicory Fibre Syrup | | 6x230g | 28.75 | 6.39 | 312020 |
|--------------------------|---------------------|--|--------|-------|------|---------------|

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|-----------------------------|--|--------|-------|-------|---------------|
| <input type="checkbox"/> | Acacia Raw Honey | | 6x500g | 57.25 | 12.72 | 314530 |
| <input type="checkbox"/> | Chestnut Raw Honey | | 6x500g | 47.50 | 10.56 | 314532 |
| <input type="checkbox"/> | Orange Blossom Honey | | 6x500g | 45.35 | 10.08 | 314534 |
| <input type="checkbox"/> | Wildflower Raw Honey - New! | | 6x500g | 47.50 | 10.56 | 314535 |

Yakso

15% off list May and June

| | | | | | | |
|--------------------------|-----------------------|---------|---------|-------|-------|---------------|
| <input type="checkbox"/> | Agave Syrup - bottle | organic | 6x240ml | 22.55 | 5.02 | 313605 |
| <input type="checkbox"/> | Agave Syrup - plastic | organic | 1x5l | 55.70 | 74.31 | 313610 |

Olives, Pickles and Preserved Vegetables

Biona - in jars

15% off list May and June

| | | | | | | |
|--------------------------|--|---------|--------|-------|------|---------------|
| <input type="checkbox"/> | Artichoke Hearts | organic | 6x200g | 18.70 | 4.16 | 350602 |
| <input type="checkbox"/> | Beetroot - sliced | organic | 6x340g | 8.35 | 1.86 | 350610 |
| <input type="checkbox"/> | Bella Di Cerignola Green Olives in brine | organic | 5x280g | 10.45 | 2.79 | 350611 |
| <input type="checkbox"/> | Capers in wine vinegar | organic | 6x140g | 12.20 | 2.71 | 350616 |
| <input type="checkbox"/> | Golden Turmeric Sauerkraut | organic | 6x350g | 9.90 | 2.21 | 350633 |
| <input type="checkbox"/> | Greek Queen Green Olives stuffed with garlic | organic | 6x370g | 14.10 | 3.13 | 350618 |
| <input type="checkbox"/> | Greek Queen Green Olives with jalapeno | organic | 6x370g | 14.10 | 3.13 | 350640 |
| <input type="checkbox"/> | Greek Queen Green Olives stuffed with pepper | organic | 6x370g | 14.10 | 3.13 | 350639 |
| <input type="checkbox"/> | Grilled Red Pepper - in oil | organic | 5x190g | 12.40 | 3.31 | 350635 |
| <input type="checkbox"/> | Italian Pitted Black Olives - in brine | organic | 5x280g | 11.75 | 3.13 | 350636 |
| <input type="checkbox"/> | Italian Pitted Green Olives - in brine | organic | 5x280g | 11.75 | 3.13 | 350637 |
| <input type="checkbox"/> | Italian Sliced Green Olives in brine | organic | 5x280g | 11.75 | 3.13 | 350609 |
| <input type="checkbox"/> | Kalamata Olives pitted - in brine | organic | 6x370g | 14.10 | 3.13 | 350642 |
| <input type="checkbox"/> | Kimchi | organic | 6x350g | 19.10 | 4.24 | 350622 |
| <input type="checkbox"/> | Kimchi - Hot & Chunky | organic | 6x350g | 20.60 | 4.58 | 350604 |
| <input type="checkbox"/> | Peranzana Black Olives in brine | organic | 5x280g | 10.80 | 2.88 | 350617 |
| <input type="checkbox"/> | Sauerkraut - large | organic | 6x680g | 14.50 | 3.22 | 350627 |
| <input type="checkbox"/> | Sauerkraut - small | organic | 6x360g | 9.50 | 2.12 | 350625 |
| <input type="checkbox"/> | Sauerkraut -Beetroot | organic | 6x350g | 9.90 | 2.21 | 350631 |
| <input type="checkbox"/> | Sun Dried Soft Tomatoes - in oil | organic | 5x190g | 12.70 | 3.39 | 350638 |

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|---|---------|--------|-------|-------|---------------|
| <input type="checkbox"/> | Mixed Vegetable Antipasti - New! | | 6x500g | 59.05 | 13.12 | 351775 |
| <input type="checkbox"/> | Oven Roasted Tomatoes in EVOO - New! | organic | 6x280g | 45.35 | 10.08 | 351776 |
| <input type="checkbox"/> | Roasted Artichoke Hearts in EVOO - New! | | 6x380g | 46.45 | 10.32 | 351778 |

Vinegars

Biona

15% off list May and June

| | | | | | | |
|--------------------------|------------------------------|---------|----------|-------|------|---------------|
| <input type="checkbox"/> | Balsamic Glaze | organic | 12x150ml | 32.05 | 3.56 | 370615 |
| <input type="checkbox"/> | Balsamic Vinegar | organic | 6x500ml | 19.10 | 4.24 | 370603 |
| <input type="checkbox"/> | Coconut Vinegar + the mother | organic | 6x250ml | 12.60 | 2.80 | 370614 |

Raw Vibrant Living (was Raw Health)

15% off list May and June

| | | | | | | |
|--------------------------|---|---------|----------|-------|------|---------------|
| <input type="checkbox"/> | Raw ACV Infusion with Turmeric & Ginger | organic | 12x500ml | 29.00 | 3.22 | 371612 |
| <input type="checkbox"/> | Raw Apple Cider Vinegar | organic | 6x500ml | 13.35 | 2.97 | 371605 |
| <input type="checkbox"/> | Raw Apple Cider Vinegar | organic | 12x1l | 38.15 | 4.24 | 371608 |

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|------------------------------------|---------|---------|-------|------|---------------|
| <input type="checkbox"/> | Balsamic Modena Vinegar | organic | 6x250ml | 21.30 | 4.73 | 371640 |
| <input type="checkbox"/> | Classic Super Dense Balsamic Glaze | organic | 6x250ml | 41.55 | 9.23 | 371638 |
| <input type="checkbox"/> | Fig Super Dense Balsamic Glaze | | 6x250ml | 39.40 | 8.76 | 371639 |

Sauces, Fruit and Vegetable Products

Biona - Sauces, Mustards, Pastes, Relish

15% off list May and June

| | | | | | | |
|--------------------------|---------------------------------------|---------|---------|-------|------|---------------|
| <input type="checkbox"/> | BBQ Sauce | organic | 6x250ml | 13.35 | 2.97 | 390994 |
| <input type="checkbox"/> | Egg-free Mayo - Vegan | organic | 6x230g | 13.35 | 2.97 | 390161 |
| <input type="checkbox"/> | Squeezy Classic Tomato Ketchup | organic | 12x560g | 33.60 | 3.73 | 390138 |
| <input type="checkbox"/> | Squeezy No Added Sugar Tomato Ketchup | organic | 9x470g | 21.15 | 3.13 | 390188 |
| <input type="checkbox"/> | Squeezy Original Mayonnaise | organic | 6x270g | 17.95 | 3.99 | 390186 |
| <input type="checkbox"/> | Sweet Chilli Sauce | organic | 6x250ml | 13.35 | 2.97 | 390176 |

BOMBOM - vegan Korean Sauces**20% off list May and June**

| | | | | | |
|--------------------------|---|--------|-------|------|---------------|
| <input type="checkbox"/> | Gochujang - sweet & spicy Korean chilli sauce | 6x210g | 27.35 | 6.08 | 390216 |
| <input type="checkbox"/> | Kimchi Mayo | 6x165g | 20.95 | 4.66 | 390217 |
| <input type="checkbox"/> | Korean BBQ soy & garlic | 6x420g | 27.20 | 6.04 | 390221 |
| <input type="checkbox"/> | Korean BBQ sweet & spicy | 6x420g | 27.20 | 6.04 | 390219 |

Clearspring - canned**15% off list May and June**

| | | | | | |
|--------------------------|--------------------------|-----------------|------|------|---------------|
| <input type="checkbox"/> | Coconut Milk | organic 6x400ml | 9.50 | 2.11 | 390505 |
| <input type="checkbox"/> | Coconut Milk | organic 6x200ml | 5.70 | 1.27 | 390508 |
| <input type="checkbox"/> | Extra Rich Coconut Cream | organic 6x200ml | 8.75 | 1.94 | 390510 |

Clearspring - gluten-free Thai sauce in glass**15% off list May and June**

| | | | | | |
|--------------------------|----------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Pad Thai Sauce | organic 6x150ml | 21.40 | 4.76 | 390664 |
|--------------------------|----------------|-----------------|-------|------|---------------|

Clearspring - in glass**15% off list May and June**

| | | | | | |
|--------------------------|--|----------------|-------|------|---------------|
| <input type="checkbox"/> | Jackfruit (young chunks) in salted water - large | organic 6x500g | 13.35 | 2.97 | 390514 |
|--------------------------|--|----------------|-------|------|---------------|

Essential Trading**20% off list May and June**

| | | | | | |
|--------------------------|------------------------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Chopped Tomatoes | organic 12x400g | 10.45 | 1.16 | 391235 |
| <input type="checkbox"/> | Tom Purée Tube Double Conc. - tube | organic 12x130g | 14.70 | 1.63 | 391230 |

La Bio Idea**20% off list May and June**

| | | | | | |
|--------------------------|-------------------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Passata | organic 12x680g | 17.90 | 1.99 | 391655 |
| <input type="checkbox"/> | Passata Basilico (with Basil) | organic 12x680g | 18.90 | 2.10 | 391657 |
| <input type="checkbox"/> | Tomatoes - chopped in tins | organic 12x400g | 12.05 | 1.34 | 391685 |
| <input type="checkbox"/> | Tomatoes - peeled in tins | organic 12x400g | 12.15 | 1.35 | 391680 |

Mr Organic - high protein - vegan**15% off list May and June**

| | | | | | |
|--------------------------|-------------|----------------|-------|------|---------------|
| <input type="checkbox"/> | Lentil Ragù | organic 6x350g | 12.60 | 2.80 | 392154 |
| <input type="checkbox"/> | Seitan Ragù | organic 6x350g | 12.60 | 2.80 | 392155 |
| <input type="checkbox"/> | Tofu Ragù | organic 6x350g | 12.60 | 2.80 | 392160 |

Mr Organic - Italy - vegan**15% off list May and June**

| | | | | | |
|--------------------------|--|----------------|-------|------|---------------|
| <input type="checkbox"/> | Aubergine Ragù Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392162 |
| <input type="checkbox"/> | Basilico Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392135 |
| <input type="checkbox"/> | Basilico Smooth Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392172 |
| <input type="checkbox"/> | Bolognese Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392137 |
| <input type="checkbox"/> | Bolognese Smooth Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392173 |
| <input type="checkbox"/> | Capers & Olives Pasta Sauce - NAS | organic 6x350g | 12.60 | 2.80 | 392152 |
| <input type="checkbox"/> | Cherry Tomato Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392138 |
| <input type="checkbox"/> | Chilli Arrabbiata Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392139 |
| <input type="checkbox"/> | Kids' Veggie Pasta Sauce - carrot sweet potato | organic 6x200g | 9.50 | 2.11 | 392187 |
| <input type="checkbox"/> | Kids' Veggie Pasta Sauce - tomato carrot ... | organic 6x200g | 9.50 | 2.11 | 392188 |
| <input type="checkbox"/> | Mushroom Ragù Pasta Sauce | organic 6x350g | 12.60 | 2.80 | 392183 |
| <input type="checkbox"/> | Roast Garlic Pasta Sauce - no added sugar | organic 6x350g | 12.60 | 2.80 | 392151 |

Seggiano - Vegan**10% off list May and June**

| | | | | | |
|--------------------------|---------------------------------|-----------------|-------|-------|---------------|
| <input type="checkbox"/> | Arrabbiata Pasta Sauce | organic 6x350g | 13.70 | 3.04 | 392598 |
| <input type="checkbox"/> | Artichoke & Garlic Sauce - New! | 6x190g | 22.30 | 4.96 | 392579 |
| <input type="checkbox"/> | Basilico Pasta Sauce | organic 6x350g | 13.70 | 3.04 | 392600 |
| <input type="checkbox"/> | Black Kale Pesto - New! | 6x190g | 25.55 | 5.68 | 392578 |
| <input type="checkbox"/> | Cavalo Nero Black Kale Pesto | 6x200g | 27.35 | 6.08 | 392582 |
| <input type="checkbox"/> | Marinara Pasta Sauce | organic 6x350g | 13.70 | 3.04 | 392602 |
| <input type="checkbox"/> | Melanzane Aubergine Pasta Sauce | organic 6x350g | 13.70 | 3.04 | 392603 |
| <input type="checkbox"/> | Pistachio Pesto - New! | 6x190g | 35.65 | 7.92 | 392581 |
| <input type="checkbox"/> | Premium Sicilian Passata | organic 12x500g | 25.90 | 2.88 | 392605 |
| <input type="checkbox"/> | Puttanesca Pasta Sauce | organic 6x350g | 13.70 | 3.04 | 392604 |
| <input type="checkbox"/> | Raw Basil Pesto - New! | 6x190g | 25.55 | 5.68 | 392585 |
| <input type="checkbox"/> | Raw Basil Pesto Genovese | 1x1000g | 15.85 | 21.13 | 392583 |
| <input type="checkbox"/> | Raw Basil Pesto Genovese | 12x200g | 54.70 | 6.08 | 392584 |

| | | | | | |
|--------------------------|--|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Salsa Sicilian Cherry Tomatoes | organic 12x330g | 23.05 | 2.56 | 392606 |
| <input type="checkbox"/> | Tomato & Almond Pesto - Trapanese - New! | 6x190g | 21.25 | 4.72 | 392589 |
| <input type="checkbox"/> | Tomato Pesto - New! | 6x190g | 25.55 | 5.68 | 392587 |
| <input type="checkbox"/> | Tomato Pesto Rosso | 12x200g | 54.70 | 6.08 | 392586 |
| <input type="checkbox"/> | Wild Fennel Tomato Pesto | 6x220g | 22.65 | 5.03 | 392588 |
| <input type="checkbox"/> | Wild Fennel Tomato Pesto - New! | 6x190g | 25.55 | 5.68 | 392590 |

Yakso**15% off list May and June**

| | | | | | |
|--------------------------|------------------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Chilli Sauce - sweet dipping | organic 6x240ml | 12.60 | 2.80 | 395305 |
| <input type="checkbox"/> | Gochujang - New! | organic 6x100g | 15.20 | 3.38 | 395306 |
| <input type="checkbox"/> | No Fish Sauce - New! | organic 6x250ml | 15.20 | 3.38 | 395311 |
| <input type="checkbox"/> | Oyster Sauce - New! | organic 6x250ml | 14.10 | 3.13 | 395312 |
| <input type="checkbox"/> | Sambal Oelek - New! | organic 12x100g | 25.15 | 2.79 | 395313 |
| <input type="checkbox"/> | Sriracha Mayonnaise - New! | organic 6x200g | 15.20 | 3.38 | 395314 |
| <input type="checkbox"/> | Ssamjang - New! | organic 6x100g | 15.20 | 3.38 | 395315 |

Convenience Foods**Mr Organic - gnocchi & filled pasta - vegan****15% off list May and June**

| | | | | | |
|--------------------------|-----------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Gnocchi - gluten-free | organic 8x350g | 20.30 | 3.39 | 442800 |
| <input type="checkbox"/> | Porcini Tortellini | organic 10x250g | 27.35 | 3.65 | 442804 |
| <input type="checkbox"/> | Vegetable Tortellini | organic 10x250g | 27.35 | 3.65 | 442806 |

Profusion gluten-free, vegan**15% off list May and June**

| | | | | | |
|--------------------------|-----------------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Protein Chunks - Pea & Fava | organic 12x125g | 26.70 | 2.97 | 443764 |
| <input type="checkbox"/> | Protein Mince - Pea & Fava | organic 12x125g | 26.70 | 2.97 | 443766 |

Yakso**15% off list May and June**

| | | | | | |
|--------------------------|-------------------------|----------------|-------|------|---------------|
| <input type="checkbox"/> | Seitan in Tamari - New! | organic 6x200g | 19.10 | 4.24 | 446028 |
| <input type="checkbox"/> | Tempeh | organic 6x175g | 14.60 | 3.25 | 446030 |

Teas - Herb**Clipper Redbush/Rooibos****30% off list May and June**

| | | | | | |
|--------------------------|------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Redbush Tea Bags | organic 6x80bgs | 16.25 | 3.61 | 560430 |
|--------------------------|------------------|-----------------|-------|------|---------------|

English Tea Shop**20% off list May and June**

| | | | | | |
|--------------------------|-------------------------------------|-----------------|-------|------|---------------|
| <input type="checkbox"/> | Chamomile Tea Bags | organic 6x20bgs | 10.30 | 2.29 | 544130 |
| <input type="checkbox"/> | Lemongrass Citrus & Ginger Tea Bags | organic 6x20bgs | 10.30 | 2.29 | 544132 |
| <input type="checkbox"/> | Perfect Peppermint - FT - Tea Bags | organic 6x20bgs | 10.30 | 2.29 | 544134 |
| <input type="checkbox"/> | Rooibos - FT - Tea Bags | organic 6x20bgs | 10.40 | 2.31 | 544136 |

Floradix - Herbal Tea Bags**15% off list May and June**

| | | | | | |
|--------------------------|--------------------------|------------------|-------|------|---------------|
| <input type="checkbox"/> | Anise Fennel Caraway Tea | organic 12x15bgs | 18.70 | 2.08 | 572100 |
| <input type="checkbox"/> | Camomile Tea | organic 12x15bgs | 18.70 | 2.08 | 572102 |
| <input type="checkbox"/> | Dandelion Tea | organic 12x15bgs | 18.70 | 2.08 | 572104 |
| <input type="checkbox"/> | Hawthorn Tea | organic 12x15bgs | 18.70 | 2.08 | 572108 |
| <input type="checkbox"/> | Lemon Balm Tea | organic 12x15bgs | 18.70 | 2.08 | 572110 |
| <input type="checkbox"/> | Lemon Verbena Tea | organic 12x15bgs | 18.70 | 2.08 | 572118 |
| <input type="checkbox"/> | Mate Tea | organic 12x15bgs | 18.70 | 2.08 | 572114 |
| <input type="checkbox"/> | Peppermint Tea | organic 12x15bgs | 18.70 | 2.08 | 572116 |
| <input type="checkbox"/> | Sage Tea | organic 12x15bgs | 18.70 | 2.08 | 572115 |
| <input type="checkbox"/> | Thyme Tea | organic 12x15bgs | 18.70 | 2.08 | 572117 |

Hampstead - string & tag envelope- Infusion**20% off list May and June**

| | | | | | |
|--------------------------|---------------------------------------|-----------------|------|------|---------------|
| <input type="checkbox"/> | Cleanse Well Tea | organic 4x20bag | 9.55 | 3.19 | 560812 |
| <input type="checkbox"/> | Digest Well - was Fennel & Peppermint | demeter 4x20bgs | 9.55 | 3.19 | 560810 |
| <input type="checkbox"/> | Relax Well Tea | organic 4x20bag | 9.55 | 3.19 | 560822 |
| <input type="checkbox"/> | She's Well Tea | organic 4x20bag | 9.55 | 3.19 | 560827 |
| <input type="checkbox"/> | Sleep Well | organic 4x20bgs | 9.55 | 3.19 | 560826 |

* new product on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Pukka - Ayurvedics - tea bags

20% off list May and June

| | | | | | | |
|--------------------------|---|---------|---------|-------|------|--------|
| <input type="checkbox"/> | After Dinner | organic | 4x20bgs | 11.90 | 3.97 | 561500 |
| <input type="checkbox"/> | Chamomile, Vanilla & Manuka Honey | organic | 4x20bgs | 11.90 | 3.97 | 561490 |
| <input type="checkbox"/> | Elderberry & Echinacea | organic | 4x20bgs | 11.90 | 3.97 | 561501 |
| <input type="checkbox"/> | Herbal Tea collection | organic | 4x20bgs | 11.90 | 3.97 | 561494 |
| <input type="checkbox"/> | Lemon, Ginger & a touch of Manuka | organic | 4x20bgs | 11.90 | 3.97 | 561504 |
| <input type="checkbox"/> | Lemongrass & Ginger | organic | 4x20bgs | 11.90 | 3.97 | 561495 |
| <input type="checkbox"/> | Morning Berry | organic | 4x20bgs | 11.90 | 3.97 | 561521 |
| <input type="checkbox"/> | Night Time Apple Chai | organic | 4x20bgs | 11.90 | 3.97 | 561529 |
| <input type="checkbox"/> | Night Time Berry | organic | 4x20bgs | 11.90 | 3.97 | 561516 |
| <input type="checkbox"/> | Night Time Tea | organic | 4x20bgs | 11.90 | 3.97 | 561530 |
| <input type="checkbox"/> | Peace - chamomile, spearmint, hemp, licorice | organic | 4x20bgs | 11.90 | 3.97 | 561531 |
| <input type="checkbox"/> | Peppermint & Licorice | organic | 4x20bgs | 11.90 | 3.97 | 561506 |
| <input type="checkbox"/> | Radiance - nettle, fennel & aloe vera | organic | 4x20bgs | 11.90 | 3.97 | 561518 |
| <input type="checkbox"/> | Relax - chamomile, fennel & marshmallow | organic | 4x20bgs | 11.90 | 3.97 | 561510 |
| <input type="checkbox"/> | Three Chamomile | organic | 4x20bgs | 11.90 | 3.97 | 561532 |
| <input type="checkbox"/> | Three Ginger | organic | 4x20bgs | 11.90 | 3.97 | 561540 |
| <input type="checkbox"/> | Three Mint | organic | 4x20bgs | 11.90 | 3.97 | 561545 |
| <input type="checkbox"/> | Turmeric Ginger & Orange | organic | 4x20bgs | 11.90 | 3.97 | 561511 |
| <input type="checkbox"/> | Uplift Citrus Yerba Green | organic | 4x20bgs | 11.90 | 3.97 | 561524 |
| <input type="checkbox"/> | Vanilla Spice Chai - cinnamon & sweet vanilla | organic | 4x20bgs | 11.90 | 3.97 | 561520 |
| <input type="checkbox"/> | Wild Apple Cinnamon with Ginger | organic | 4x20bgs | 11.90 | 3.97 | 561554 |

Teas - Black, Green & White

Clipper - black tea

30% off list May and June

| | | | | | | |
|--------------------------|----------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Everyday Tea Bags | organic | 4x80bgs | 9.80 | 3.27 | 580331 |
| <input type="checkbox"/> | Fairtrade Everyday Tea Bags | organic | 4x80bgs | 10.35 | 3.45 | 580329 |
| <input type="checkbox"/> | Fairtrade Decaffeinated Tea Bags | organic | 4x80bgs | 16.00 | 5.33 | 580334 |

Clipper FairTrade - black tea

30% off list May and June

| | | | | | | |
|--------------------------|-----------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Earl Grey Tea Bags - 80's | organic | 6x80bgs | 16.05 | 3.57 | 580318 |
| <input type="checkbox"/> | English Breakfast Tea Bags - 80's | organic | 4x80bgs | 10.70 | 3.58 | 580330 |

English Tea Shop

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Chai Black Tea Bags | organic | 6x20bgs | 10.30 | 2.29 | 560760 |
| <input type="checkbox"/> | Earl Grey Tea Bags - FT | organic | 6x20bgs | 10.30 | 2.29 | 560766 |
| <input type="checkbox"/> | English Breakfast Tea Bags - FT | organic | 6x20bgs | 10.30 | 2.29 | 560764 |
| <input type="checkbox"/> | Pure Green Tea Bags | organic | 6x20bgs | 10.30 | 2.29 | 560770 |

Hampstead - Demeter/Organic

20% off list May and June

| | | | | | | |
|--------------------------|--------------------------------|---------|---------|------|------|--------|
| <input type="checkbox"/> | Focus Well - was Oriental Chai | organic | 4x20bgs | 9.55 | 3.19 | 580467 |
|--------------------------|--------------------------------|---------|---------|------|------|--------|

Pukka - black tea - FairTrade

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Elegant English Breakfast | organic | 4x20bgs | 11.90 | 3.97 | 581030 |
| <input type="checkbox"/> | Gorgeous Earl Grey | organic | 4x20bgs | 11.90 | 3.97 | 581032 |

Pukka - chai

20% off list May and June

| | | | | | | |
|--------------------------|-------------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Original Chai - cinnamon & cardamom | organic | 4x20bgs | 11.90 | 3.97 | 581050 |
|--------------------------|-------------------------------------|---------|---------|-------|------|--------|

Pukka - green tea

20% off list May and June

| | | | | | | |
|--------------------------|-----------------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Clean Matcha Green | organic | 4x20bgs | 11.90 | 3.97 | 580651 |
| <input type="checkbox"/> | Ginseng Matcha Green | organic | 4x20bgs | 11.90 | 3.97 | 580654 |
| <input type="checkbox"/> | Mint Matcha Green | organic | 4x20bgs | 11.90 | 3.97 | 580656 |
| <input type="checkbox"/> | Supreme Green Matcha - Fair Trade | organic | 4x20bgs | 11.90 | 3.97 | 580620 |

Coffee

CaféDirect FairTrade R&G

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | CaféDirect Colombia Reserva - 3 | | 6x200g | 24.15 | 5.36 | 600481 |
| <input type="checkbox"/> | CaféDirect Decaf Machu Picchu | | 6x200g | 24.15 | 5.36 | 600487 |
| <input type="checkbox"/> | CaféDirect Machu Picchu R&G - 4 | organic | 6x200g | 24.15 | 5.36 | 600485 |
| <input type="checkbox"/> | CaféDirect Mayan Gold - 5 | organic | 6x200g | 24.15 | 5.36 | 600489 |

CaféDirect roast coffee beans FairTrade

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Whole Coffee Beans - Machu Picchu - 4 | organic | 6x200g | 24.15 | 5.36 | 600497 |
| <input type="checkbox"/> | Whole Coffee Beans - Mayan Gold - 5 | organic | 6x200g | 24.15 | 5.36 | 600499 |

Coffee Subs, Malt Drinks, Carob & Cocoa Products

Barley Cup - instant drinks

15% off list May and June

| | | | | | | |
|--------------------------|-----------------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Barley Cup Original - small | | 6x100g | 14.30 | 3.18 | 612607 |
| <input type="checkbox"/> | Organic Barley Cup | organic | 6x100g | 20.05 | 4.46 | 612605 |
| <input type="checkbox"/> | Organic Chicory Cup | organic | 6x100g | 21.00 | 4.67 | 612615 |

Drinks - Herbal, Tonic & Coconut Drinks

Apealworld - Sparkling ACV - New!

20% off list May and June

| | | | | | | |
|--------------------------|--|---------|----------|---------|------|--------|
| <input type="checkbox"/> | Activate Sparkling ACV with lemon and mint | organic | 12x250ml | 17.90 V | 2.39 | 639070 |
| <input type="checkbox"/> | Defence Sparkling ACV with Ginger | organic | 12x250ml | 17.90 V | 2.39 | 639071 |
| <input type="checkbox"/> | Metabolism Sparkling ACV with mixed spices | organic | 12x250ml | 17.90 V | 2.39 | 639072 |

Dr Antonio Martins

15% off list May and June

| | | | | | | |
|--------------------------|---------------------------|---------|----------|---------|------|--------|
| <input type="checkbox"/> | Pure Coco Juice - 1 litre | organic | 6x1l | 15.90 V | 4.24 | 641441 |
| <input type="checkbox"/> | Pure Coco Juice - 330ml | organic | 15x330ml | 23.00 V | 2.45 | 641442 |

Equinox Kombucha - can - New!

15% off list May and June

| | | | | | | |
|--------------------------|---|---------|----------|---------|------|--------|
| <input type="checkbox"/> | Energising Kombucha - Apple, Lime ... | organic | 12x250ml | 12.35 V | 1.65 | 640385 |
| <input type="checkbox"/> | Calming Kombucha - Watermelon, Cucumber ... | organic | 12x250ml | 12.35 V | 1.65 | 640384 |

Ferment Fizz

20% off list May and June

| | | | | | | |
|--------------------------|----------------------------|--|----------|---------|------|--------|
| <input type="checkbox"/> | Lemon & Raspberry Lemonade | | 12x330ml | 14.85 V | 1.98 | 640396 |
| <input type="checkbox"/> | Lemon Lemonade | | 12x330ml | 14.85 V | 1.98 | 640395 |
| <input type="checkbox"/> | Orange & Mango Lemonade | | 12x330ml | 14.85 V | 1.98 | 640398 |

Hip Pop

20% off list May and June

| | | | | | | |
|--------------------------|------------------------------------|--|----------|---------|------|--------|
| <input type="checkbox"/> | Apple & Elderflower Kombucha | | 12x330ml | 9.95 V | 1.33 | 641616 |
| <input type="checkbox"/> | Berries & Cherries Living Soda | | 12x330ml | 9.95 V | 1.33 | 641634 |
| <input type="checkbox"/> | Blueberry & Ginger Kombucha | | 12x330ml | 9.95 V | 1.33 | 641617 |
| <input type="checkbox"/> | Cherry & Blackberry CBD Kombucha | | 12x330ml | 12.80 V | 1.71 | 641621 |
| <input type="checkbox"/> | Ginger & Turmeric Living Soda | | 12x330ml | 9.95 V | 1.33 | 641627 |
| <input type="checkbox"/> | Ginger & Yuzu Kombucha | | 12x330ml | 9.95 V | 1.33 | 641619 |
| <input type="checkbox"/> | Lemonade Living Soda - New! | | 12x330ml | 9.95 V | 1.33 | 641614 |
| <input type="checkbox"/> | Passion Fruit & Guava CBD Kombucha | | 12x330ml | 12.80 V | 1.71 | 641623 |
| <input type="checkbox"/> | Pink Grapefruit Living Soda | | 12x330ml | 9.95 V | 1.33 | 641624 |
| <input type="checkbox"/> | Strawberry & Pineapple Kombucha | | 12x330ml | 9.95 V | 1.33 | 641620 |
| <input type="checkbox"/> | Tropical Peach Living Soda | | 12x330ml | 9.95 V | 1.33 | 641625 |

Living Things Soda - tin

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------|--|----------|---------|------|--------|
| <input type="checkbox"/> | Cherry & Lime Soda - New! | | 12x330ml | 12.00 V | 1.60 | 641494 |
|--------------------------|---------------------------|--|----------|---------|------|--------|

Lo Bros Vegan Kombucha - glass

15% off list May and June

| | | | | | |
|--------------------------|--------------------------------------|----------|---------|------|--------|
| <input type="checkbox"/> | Blueberry Lemonade Kombucha | 12x330ml | 16.00 V | 2.13 | 641521 |
| <input type="checkbox"/> | Cola Kombucha Living Soda | 12x330ml | 16.00 V | 2.13 | 641514 |
| <input type="checkbox"/> | Fruit Crush Kombucha Limited Edition | 12x330ml | 16.00 V | 2.13 | 641522 |
| <input type="checkbox"/> | Ginger & Lemon Kombucha | 12x330ml | 16.00 V | 2.13 | 641524 |
| <input type="checkbox"/> | Passion Fruit Kombucha | 12x330ml | 16.00 V | 2.13 | 641628 |
| <input type="checkbox"/> | Raspberry & Blackcurrant Kombucha | 12x330ml | 16.00 V | 2.13 | 641528 |
| <input type="checkbox"/> | Raspberry & Lemon Kombucha | 12x330ml | 16.00 V | 2.13 | 641526 |

Suma

20% off list May and June

| | | | | | |
|--------------------------|---------------------------------|------------------|---------|------|--------|
| <input type="checkbox"/> | Apple Plum & Cinnamon Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641021 |
| <input type="checkbox"/> | Cola Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641022 |
| <input type="checkbox"/> | Elderflower Lemon Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641033 |
| <input type="checkbox"/> | Ginger Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641035 |
| <input type="checkbox"/> | Lychee Lemongrass Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641038 |
| <input type="checkbox"/> | Peach & Turmeric Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641036 |
| <input type="checkbox"/> | Strawberry & Raspberry Kombucha | organic 24x250ml | 21.65 V | 1.45 | 641037 |

Drinks - Fruit and Vegetable Juices, Cordials & Water

Biona Juices & Drinks - glass bottles

15% off list May and June

| | | | | | |
|--------------------------|---------------------|-----------------|---------|------|--------|
| <input type="checkbox"/> | Ginger Juice - 100% | organic 6x250ml | 19.10 V | 5.09 | 660721 |
| <input type="checkbox"/> | Lemon Juice -100% | organic 6x250ml | 9.15 | 2.03 | 660723 |
| <input type="checkbox"/> | Lime Juice -100% | organic 6x250ml | 11.45 | 2.54 | 660724 |

James White - Zingers - intense shots

20% off list May and June

| | | | | | |
|--------------------------|------------------------------------|-----------------|---------|------|--------|
| <input type="checkbox"/> | Beetroot Focus Zinger Shot - New! | organic 12x70ml | 12.30 V | 1.64 | 664623 |
| <input type="checkbox"/> | Ginger Guard Zinger Shot - New! | organic 12x70ml | 12.30 V | 1.64 | 664617 |
| <input type="checkbox"/> | Green Uplift Zinger Shot - New! | organic 12x70ml | 12.30 V | 1.64 | 664621 |
| <input type="checkbox"/> | Turmeric Revive Zinger Shot - New! | organic 12x70ml | 12.30 V | 1.64 | 664619 |

Luscombe - glass

20% off list May and June

| | | | | | |
|--------------------------|---------------------|------------------|---------|------|--------|
| <input type="checkbox"/> | English Apple Juice | organic 12x270ml | 16.75 V | 2.23 | 661541 |
| <input type="checkbox"/> | Orange Juice | organic 12x270ml | 16.75 V | 2.23 | 661547 |

OHMG

15% off list May and June

| | | | | | |
|--------------------------|----------------------------------|----------|---------|------|--------|
| <input type="checkbox"/> | OHMG - Blackcurrant & Vitamin C | 12x330ml | 11.65 V | 1.69 | 662486 |
| <input type="checkbox"/> | OHMG - Peach & Rosemary | 12x330ml | 11.65 V | 1.69 | 662484 |
| <input type="checkbox"/> | OHMG - Pineapple & Grapefruit | 12x330ml | 11.65 V | 1.69 | 662485 |
| <input type="checkbox"/> | OHMG - Raspberry & Lemon Balm | 12x330ml | 11.65 V | 1.69 | 662482 |
| <input type="checkbox"/> | OHMG - Sparkling Magnesium Water | 12x330ml | 11.65 V | 1.69 | 662480 |

Suma

10% off list May and June

| | | | | | |
|--------------------------|----------------------------------|---------|---------|------|--------|
| <input type="checkbox"/> | Apple Juice - Concentrate - New! | 6x400ml | 20.20 V | 5.39 | 663206 |
|--------------------------|----------------------------------|---------|---------|------|--------|

Drinks - Carbonated

Fentimans Botanical Brews - glass

25% off list May and June

| | | | | | |
|--------------------------|---------------------------------|----------|---------|------|--------|
| <input type="checkbox"/> | Cherry Cola | 12x275ml | 11.65 V | 1.55 | 671795 |
| <input type="checkbox"/> | Curiosity Cola | 12x275ml | 11.65 V | 1.55 | 671802 |
| <input type="checkbox"/> | Dandelion & Burdock | 12x275ml | 11.65 V | 1.55 | 671803 |
| <input type="checkbox"/> | Mandarin Seville Orange Jigger | 12x275ml | 11.65 V | 1.55 | 671815 |
| <input type="checkbox"/> | Raspberry Lemonade | 12x275ml | 11.65 V | 1.55 | 671801 |
| <input type="checkbox"/> | Rose Lemonade - small | 12x275ml | 11.65 V | 1.55 | 671807 |
| <input type="checkbox"/> | Sparkling Elderflower | 12x275ml | 11.65 V | 1.55 | 671816 |
| <input type="checkbox"/> | Traditional Ginger Beer - small | 12x275ml | 11.65 V | 1.55 | 671805 |
| <input type="checkbox"/> | Victorian Lemonade | 12x275ml | 11.65 V | 1.55 | 671810 |

Fentimans Botanical Brews - glass - mixers

25% off list May and June

| | | | | | |
|--------------------------|------------------------------|-----------|---------|------|--------|
| <input type="checkbox"/> | Original Tonic Water - Mixer | 6x4x200ml | 13.95 V | 3.72 | 671917 |
|--------------------------|------------------------------|-----------|---------|------|--------|

Karma Drinks - FairTrade - cans

15% off list May and June

| | | | | | |
|--------------------------|--------------------------------|------------------|---------|------|--------|
| <input type="checkbox"/> | Cherry Lee Cherry Soda - can | organic 24x250ml | 17.70 V | 1.18 | 661289 |
| <input type="checkbox"/> | Gingerella Ginger Ale - can | organic 24x250ml | 17.70 V | 1.18 | 661292 |
| <input type="checkbox"/> | Karma Cola - can | organic 24x250ml | 17.70 V | 1.18 | 661290 |
| <input type="checkbox"/> | Lemony Lemonade - can | organic 24x250ml | 17.70 V | 1.18 | 661295 |
| <input type="checkbox"/> | Orangeade - can | organic 24x250ml | 17.70 V | 1.18 | 661300 |
| <input type="checkbox"/> | Razza Raspberry lemonade - can | organic 24x250ml | 17.70 V | 1.18 | 661296 |
| <input type="checkbox"/> | Sugar-free Karma Cola - can | 24x250ml | 17.70 V | 1.18 | 661298 |
| <input type="checkbox"/> | Tropikool - can | organic 24x250ml | 17.70 V | 1.18 | 661301 |

Karma Drinks - FairTrade - glass

15% off list May and June

| | | | | | |
|--------------------------|-----------------------------------|------------------|---------|------|--------|
| <input type="checkbox"/> | Gingerella Ginger Ale - bottle | organic 24x330ml | 27.70 V | 1.85 | 661311 |
| <input type="checkbox"/> | Karma Cola - bottle | organic 24x300ml | 27.70 V | 1.85 | 661306 |
| <input type="checkbox"/> | Lemony Lemonade - bottle | organic 24x300ml | 27.70 V | 1.85 | 661316 |
| <input type="checkbox"/> | Orangeade - bottle | organic 24x330ml | 27.70 V | 1.85 | 661318 |
| <input type="checkbox"/> | Razza Raspberry lemonade - bottle | organic 24x300ml | 27.70 V | 1.85 | 661314 |
| <input type="checkbox"/> | Sugar-free Karma Cola - bottle | 24x300ml | 27.70 V | 1.85 | 661317 |

Luscombe - cans

20% off list May and June

| | | | | | |
|--------------------------|-----------------------------|------------------|--------|------|--------|
| <input type="checkbox"/> | Elderflower Bubbly - can | organic 12x320ml | 9.90 V | 1.32 | 661548 |
| <input type="checkbox"/> | Hot Ginger Beer - can | organic 12x320ml | 9.90 V | 1.32 | 661549 |
| <input type="checkbox"/> | Mango & Peach - can | organic 12x320ml | 9.90 V | 1.32 | 661550 |
| <input type="checkbox"/> | Rhubarb Crush - can | organic 12x320ml | 9.90 V | 1.32 | 661551 |
| <input type="checkbox"/> | Sicilian Citrus Crush - can | organic 12x320ml | 9.90 V | 1.32 | 661552 |
| <input type="checkbox"/> | Sicilian Lemonade - can | organic 12x320ml | 9.90 V | 1.32 | 661553 |
| <input type="checkbox"/> | Sparkling Apple Crush - can | organic 12x320ml | 9.90 V | 1.32 | 661556 |

Luscombe - glass

20% off list May and June

| | | | | | |
|--------------------------|--|------------------|---------|------|--------|
| <input type="checkbox"/> | Damascene Rose Bubbly | organic 12x270ml | 14.50 V | 1.93 | 661561 |
| <input type="checkbox"/> | Ginger Beer Cool | organic 12x270ml | 14.30 V | 1.91 | 661562 |
| <input type="checkbox"/> | Ginger Beer Hot | organic 12x270ml | 14.30 V | 1.91 | 661563 |
| <input type="checkbox"/> | Lemonade Sicilian | organic 12x270ml | 14.30 V | 1.91 | 661566 |
| <input type="checkbox"/> | Raspberry Crush | organic 12x270ml | 15.95 V | 2.13 | 661569 |
| <input type="checkbox"/> | Rhubarb Crush | organic 12x270ml | 15.95 V | 2.13 | 661574 |
| <input type="checkbox"/> | Sicilian Citrus Crush (formerly St Clements) | organic 12x270ml | 14.90 V | 1.99 | 661576 |

Drinks - Soya, Nut and Grain Drinks, Milk & Desserts

Dr Antonio Martins

15% off list May and June

| | | | | | |
|--------------------------|----------------------|--------------|-------|------|--------|
| <input type="checkbox"/> | Coconut Milk - Semi | organic 6x1l | 13.30 | 2.96 | 726510 |
| <input type="checkbox"/> | Coconut Milk - Whole | organic 6x1l | 13.30 | 2.96 | 726511 |

Glebe Farm - gluten-free

15% off list May and June

| | | | | | |
|--------------------------|---|--------------|------|------|--------|
| <input type="checkbox"/> | Organic Pure Oaty Barista - gluten-free | organic 6x1l | 9.25 | 2.04 | 722219 |
| <input type="checkbox"/> | Pure Oaty Barista - gluten-free | 6x1l | 8.45 | 1.88 | 722221 |
| <input type="checkbox"/> | Pure Oaty Creamy Enriched - gluten-free | 6x1l | 8.45 | 1.88 | 722222 |

Minor Figures - vegan

25% off list May and June

| | | | | | |
|--------------------------|----------------------------|--------------|------|------|--------|
| <input type="checkbox"/> | Barista Oat | 6x1l | 7.25 | 1.61 | 723540 |
| <input type="checkbox"/> | Barista Oat (Organic) | organic 6x1l | 7.60 | 1.69 | 723546 |
| <input type="checkbox"/> | Barista Oat (Regenerative) | 6x1l | 8.10 | 1.80 | 723550 |
| <input type="checkbox"/> | Everyday Oat | 6x1l | 7.25 | 1.61 | 723547 |

Nutty Bruce - vegan

15% off list May and June

| | | | | | |
|--------------------------|----------------------------------|--------------|-------|------|--------|
| <input type="checkbox"/> | Activated Almond M'l'k | organic 6x1l | 10.45 | 2.32 | 723560 |
| <input type="checkbox"/> | Activated Almond & Coconut M'l'k | organic 6x1l | 10.45 | 2.32 | 723564 |
| <input type="checkbox"/> | Activated Almond & Oat M'l'k | organic 6x1l | 10.45 | 2.32 | 723568 |

Rude Health

15% off list May and June

| | | | | | | |
|--------------------------|-------------------------------------|---------|------|-------|------|--------|
| <input type="checkbox"/> | Almond Drink - with rice - Large | organic | 6x1l | 10.30 | 2.29 | 724590 |
| <input type="checkbox"/> | Brown Rice Drink | organic | 6x1l | 9.50 | 2.11 | 724592 |
| <input type="checkbox"/> | Coconut Drink | organic | 6x1l | 11.45 | 2.54 | 724593 |
| <input type="checkbox"/> | Hazelnut Drink | organic | 6x1l | 11.45 | 2.54 | 724594 |
| <input type="checkbox"/> | Oat Drink | organic | 6x1l | 9.50 | 2.11 | 724595 |
| <input type="checkbox"/> | Ultimate Almond - pure almond drink | organic | 6x1l | 14.70 | 3.27 | 724587 |

Sojade - plant based drinks & cream

15% off list May and June

| | | | | | | |
|--------------------------|---|---------|----------|-------|------|--------|
| <input type="checkbox"/> | Chocolate Soya Dessert - Custard | organic | 8x530g | 8.75 | 1.46 | 724622 |
| <input type="checkbox"/> | Sojade Cuisine - Soya Cream | organic | 8x500ml | 11.25 | 1.88 | 724618 |
| <input type="checkbox"/> | Sojade Cuisine - Soya Cream | organic | 24x200ml | 16.40 | 0.91 | 724620 |
| <input type="checkbox"/> | Soya + Vanilla | organic | 8x1l | 12.25 | 2.04 | 724615 |
| <input type="checkbox"/> | Soya Natural - unsweetened | organic | 8x1l | 9.95 | 1.66 | 724605 |
| <input type="checkbox"/> | Soya Protein - unsweetened | organic | 8x750ml | 9.95 | 1.66 | 724612 |
| <input type="checkbox"/> | Soya Sweetened with wheat syrup - gluten free | organic | 8x1l | 11.05 | 1.84 | 724611 |
| <input type="checkbox"/> | Vanilla Soya Dessert - Custard | organic | 8x530g | 9.00 | 1.50 | 724624 |

Soon - plant based drinks & cream - previously Sojade

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------|---------|------|-------|------|--------|
| <input type="checkbox"/> | Hemp Drink - unsweetened | organic | 8x1l | 14.70 | 2.45 | 724648 |
| <input type="checkbox"/> | Oat Drink - unsweetened | organic | 8x1l | 10.25 | 1.70 | 724653 |

Sproud pea milk

30% off list May and June

| | | | | | | |
|--------------------------|----------------------|--|------|------|------|--------|
| <input type="checkbox"/> | Sproud - Unsweetened | | 6x1l | 7.00 | 1.56 | 726530 |
| <input type="checkbox"/> | Sproud Barista | | 6x1l | 7.00 | 1.56 | 726536 |
| <input type="checkbox"/> | Sproud Barista Zero | | 6x1l | 7.00 | 1.56 | 726537 |
| <input type="checkbox"/> | Sproud Vanilla | | 6x1l | 7.00 | 1.56 | 726539 |

Savoury Snacks

Eat Real - hummus chips - large - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|--|--|---------|-------|------|--------|
| <input type="checkbox"/> | Belazu Rose Harissa & Yogurt Hummus Chips | | 10x110g | 12.05 | 1.72 | 751189 |
| <input type="checkbox"/> | Caramelised Onion, Balsamic Vinegar Hummus Chips | | 10x110g | 12.05 | 1.72 | 751191 |
| <input type="checkbox"/> | Chilli & Lemon Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751193 |
| <input type="checkbox"/> | Chilli Lime & Sea Salt Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751198 |
| <input type="checkbox"/> | Italian Cheese & Black Pepper Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751199 |
| <input type="checkbox"/> | Sea Salt Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751197 |
| <input type="checkbox"/> | Sour Cream & Chives Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751195 |
| <input type="checkbox"/> | Tomato & Basil Hummus Chips - large | | 10x110g | 12.05 | 1.72 | 751196 |

Eat Real - hummus chips - small - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|--|--|--------|------|------|--------|
| <input type="checkbox"/> | Caramelised Onion, Balsamic Vinegar Hummus Chips | | 18x45g | 8.90 | 0.74 | 751204 |
| <input type="checkbox"/> | Italian Cheese & Black Pepper Hummus Chips | | 18x45g | 8.90 | 0.74 | 751206 |
| <input type="checkbox"/> | Sea Salt Hummus Chips | | 18x45g | 8.90 | 0.74 | 751201 |
| <input type="checkbox"/> | Sour Cream & Chives Hummus Chips | | 18x45g | 8.90 | 0.74 | 751202 |
| <input type="checkbox"/> | Tomato & Basil Hummus Chips | | 18x45g | 8.90 | 0.74 | 751203 |

Eat Real - lentil chips - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|---|--|--------|-------|------|--------|
| <input type="checkbox"/> | Chargrilled Red Pepper Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751215 |
| <input type="checkbox"/> | Chilli & Lemon Lentil Chips | | 18x40g | 8.90 | 0.74 | 751224 |
| <input type="checkbox"/> | Chilli & Lemon Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751217 |
| <input type="checkbox"/> | Creamy Dill Lentil Chips | | 18x40g | 8.90 | 0.74 | 751226 |
| <input type="checkbox"/> | Creamy Dill Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751218 |
| <input type="checkbox"/> | Greek Cheese Tomato & Herb Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751233 |
| <input type="checkbox"/> | Mango & Mint Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751219 |
| <input type="checkbox"/> | Sea Salt Lentil Chips | | 18x40g | 8.90 | 0.74 | 751231 |
| <input type="checkbox"/> | Sea Salt Lentil Chips - large | | 10x95g | 12.05 | 1.72 | 751221 |

Eat Real - quinoa chips - large - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|---|--|--------|-------|------|--------|
| <input type="checkbox"/> | Sour Cream & Chives Quinoa Chips | | 10x90g | 12.05 | 1.72 | 751251 |
| <input type="checkbox"/> | Sundried Tomato & Roast Garlic Quinoa Chips | | 10x90g | 12.05 | 1.72 | 751254 |

Eat Real - quinoa chips - small - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|--|--|--------|------|------|--------|
| <input type="checkbox"/> | Sour Cream & Chives Quinoa Chips - small | | 18x40g | 8.90 | 0.74 | 751271 |
|--------------------------|--|--|--------|------|------|--------|

Eat Real - tortilla chips - vegan - gluten-free

33% off list May and June

| | | | | | | |
|--------------------------|-----------------------------------|--|---------|-------|------|--------|
| <input type="checkbox"/> | Chilli & Lime Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751244 |
| <input type="checkbox"/> | Sea Salt Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751246 |
| <input type="checkbox"/> | Tomato Salsa Multiseed Tortillas | | 10x160g | 12.80 | 1.71 | 751245 |

Eat Real - veggie straws - vegan - gluten-free

25% off list May and June

| | | | | | | |
|--------------------------|--|--|---------|-------|------|--------|
| <input type="checkbox"/> | Veggie Straws - large | | 10x110g | 12.05 | 1.63 | 751288 |
| <input type="checkbox"/> | Veggie Straws - small | | 18x45g | 8.90 | 0.74 | 751287 |
| <input type="checkbox"/> | Veggie Straws Sea Salt Black Pepper - large | | 10x110g | 12.05 | 1.63 | 751289 |
| <input type="checkbox"/> | Veggie Straws Smoked Paprika & Chilli - large | | 10x110g | 12.05 | 1.63 | 751291 |
| <input type="checkbox"/> | Veggie Straws with Sweet Barbecue Glaze - New! | | 10x110g | 11.55 | 1.54 | 751292 |

Fairfields - potato crisps - vegan - gluten-free

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------------|--|---------|---------|------|--------|
| <input type="checkbox"/> | Bacon & Tomato | | 36x40g | 15.10 V | 0.68 | 751000 |
| <input type="checkbox"/> | Bacon & Tomato | | 10x150g | 11.45 V | 1.86 | 751016 |
| <input type="checkbox"/> | Cheese & Onion | | 36x40g | 15.10 V | 0.68 | 751002 |
| <input type="checkbox"/> | Cheese & Onion | | 10x150g | 11.45 V | 1.86 | 751018 |
| <input type="checkbox"/> | Lightly Sea Salted | | 36x40g | 15.10 V | 0.68 | 751004 |
| <input type="checkbox"/> | Lightly Sea Salted | | 10x150g | 11.45 V | 1.86 | 751020 |
| <input type="checkbox"/> | Prawn Cocktail | | 36x40g | 15.10 V | 0.68 | 751007 |
| <input type="checkbox"/> | Prawn Cocktail | | 10x150g | 11.45 V | 1.86 | 751019 |
| <input type="checkbox"/> | Roast Rib of Beef | | 36x40g | 15.10 V | 0.68 | 751006 |
| <input type="checkbox"/> | Roast Rib of Beef | | 10x150g | 11.45 V | 1.86 | 751022 |
| <input type="checkbox"/> | Sea Salt & Aspal Cyder Vinegar | | 36x40g | 15.10 V | 0.68 | 751008 |
| <input type="checkbox"/> | Sea Salt & Aspal Cyder Vinegar | | 10x150g | 11.45 V | 1.86 | 751024 |
| <input type="checkbox"/> | Sea Salt & Black Pepper | | 36x40g | 15.10 V | 0.68 | 751010 |
| <input type="checkbox"/> | Sea Salt & Black Pepper | | 10x150g | 11.45 V | 1.86 | 751026 |
| <input type="checkbox"/> | Sweet Chilli | | 36x40g | 15.10 V | 0.68 | 751012 |
| <input type="checkbox"/> | Sweet Chilli | | 10x150g | 11.45 V | 1.86 | 751028 |

Mister Free'd

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------------------|--|---------|-------|------|--------|
| <input type="checkbox"/> | Tortilla Chips Avocado Guacamole | | 12x135g | 15.30 | 1.70 | 752340 |
| <input type="checkbox"/> | Tortilla Chips Blue Maize | | 12x135g | 15.30 | 1.70 | 752342 |
| <input type="checkbox"/> | Tortilla Chips Chia Seed | | 12x135g | 15.30 | 1.70 | 752343 |
| <input type="checkbox"/> | Tortilla Chips Chilli Lime Fiery Hot | | 12x135g | 15.30 | 1.70 | 752345 |
| <input type="checkbox"/> | Tortilla Chips Kale Spinach | | 12x135g | 15.30 | 1.70 | 752347 |

Profusion

15% off list May and June

| | | | | | | |
|--------------------------|--|---------|--------|---------|------|--------|
| <input type="checkbox"/> | Protein Puffs Lemon & Black Pepper | organic | 14x40g | 14.80 V | 1.69 | 752658 |
| <input type="checkbox"/> | Protein Puffs Paprika & Himalayan Salt | organic | 14x40g | 14.80 V | 1.69 | 752659 |
| <input type="checkbox"/> | Roasted & Salted Protein Nut Crunch | organic | 10x45g | 15.90 V | 2.54 | 752656 |
| <input type="checkbox"/> | Roasted Tamari Protein Nut Crunch | organic | 10x45g | 15.90 V | 2.54 | 752657 |

Trafo - Crinkle Cut Potato Crisps

20% off list May and June

| | | | | | | |
|--------------------------|--|---------|---------|---------|------|--------|
| <input type="checkbox"/> | Paprika Crinkle Cut Potato Crisps - New! | organic | 12x125g | 23.95 V | 3.19 | 753268 |
| <input type="checkbox"/> | Salted Crinkle Cut Potato Crisps - New! | organic | 12x125g | 23.90 V | 3.19 | 753269 |

Trafo - Potato Crisps

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------|---------|---------|---------|------|--------|
| <input type="checkbox"/> | Hungarian Paprika Crisps - New! | organic | 12x125g | 20.30 V | 2.71 | 753324 |
| <input type="checkbox"/> | Sourcream & Onion Crisps - New! | organic | 12x125g | 20.30 V | 2.71 | 753326 |

Yakso

15% off list May and June

| | | | | | | |
|--------------------------|----------------------|---------|-------|-------|------|--------|
| <input type="checkbox"/> | Mini Papadums - New! | organic | 6x75g | 11.40 | 2.53 | 753528 |
|--------------------------|----------------------|---------|-------|-------|------|--------|

* new product on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Sweet Snacks & Confections

Bear - Fruit Treasures - Multipacks - 3+ years

15% off list May and June

| | | | | | |
|--------------------------|----------------------|---------|------|------|--------|
| <input type="checkbox"/> | Berry - Treasures | 4x5x20g | 7.90 | 2.63 | 760224 |
| <input type="checkbox"/> | Tropical - Treasures | 4x5x20g | 7.90 | 2.63 | 760231 |

Bear - Giant Yoyos - Multipacks

15% off list May and June

| | | | | | |
|--------------------------|---------------------------------|---------|-------|------|--------|
| <input type="checkbox"/> | Apple & Blackcurrant Giant Yoyo | 6x5x20g | 12.50 | 2.78 | 760254 |
| <input type="checkbox"/> | Strawberry & Mango Giant Yoyo | 6x5x20g | 12.50 | 2.78 | 760256 |

Bear - Paws

15% off list May and June

| | | | | | |
|--------------------------|------------------------------|--------|------|------|--------|
| <input type="checkbox"/> | Raspberry & Blueberry - Paws | 18x20g | 7.55 | 0.56 | 760211 |
| <input type="checkbox"/> | Strawberry & Apple - Paws | 18x20g | 7.55 | 0.56 | 760212 |

Bear - Splits

15% off list May and June

| | | | | | |
|--------------------------|--------------------------------|--------|------|------|--------|
| <input type="checkbox"/> | Pineapple & Raspberry - Splits | 18x20g | 9.55 | 0.71 | 760207 |
| <input type="checkbox"/> | Strawberry & Apple - Splits | 18x20g | 9.55 | 0.71 | 760206 |

Bear - Splits - Multipacks

15% off list May and June

| | | | | | |
|--------------------------|--------------------------------|---------|-------|------|--------|
| <input type="checkbox"/> | Pineapple & Raspberry - Splits | 8x5x20g | 16.65 | 2.78 | 760223 |
| <input type="checkbox"/> | Strawberry & Apple - Splits | 8x5x20g | 16.65 | 2.78 | 760216 |

Bear - Yoyos

15% off list May and June

| | | | | | |
|--------------------------|-------------------------------|--------|------|------|--------|
| <input type="checkbox"/> | Blackcurrant Yoyo Fruit Rolls | 18x20g | 8.30 | 0.61 | 760229 |
| <input type="checkbox"/> | Mango Yoyo Fruit Rolls | 18x20g | 8.30 | 0.61 | 760226 |
| <input type="checkbox"/> | Raspberry Yoyo Fruit Rolls | 18x20g | 8.30 | 0.61 | 760230 |
| <input type="checkbox"/> | Strawberry Yoyo Fruit Rolls | 18x20g | 8.30 | 0.61 | 760235 |

Bear - Yoyos - Multipacks

15% off list May and June

| | | | | | |
|--------------------------|---|---------|-------|------|--------|
| <input type="checkbox"/> | Multipack Apple Yoyo Fruit Rolls | 6x5x20g | 12.50 | 2.78 | 760245 |
| <input type="checkbox"/> | Multipack Blackcurrant Yoyo Fruit Rolls | 6x5x20g | 12.50 | 2.78 | 760246 |
| <input type="checkbox"/> | Multipack Mango Yoyo Fruit Rolls | 6x5x20g | 12.50 | 2.78 | 760247 |
| <input type="checkbox"/> | Multipack Raspberry Yoyo Fruit Rolls | 6x5x20g | 12.50 | 2.78 | 760248 |
| <input type="checkbox"/> | Multipack Strawberry Yoyo Fruit Rolls | 6x5x20g | 12.50 | 2.78 | 760250 |

Mummy Meegz - vegan chocolate no palm oil

20% off list May and June

| | | | | | |
|--------------------------|--------------------------|---------|---------|------|--------|
| <input type="checkbox"/> | Chickee Egg - bag | 12x80g | 17.10 V | 2.28 | 766044 |
| <input type="checkbox"/> | Choccy Balls - 12 pack | 8x144g | 32.50 V | 6.50 | 766049 |
| <input type="checkbox"/> | Choccy Balls - 3 pack | 22x36g | 21.80 V | 1.59 | 766048 |
| <input type="checkbox"/> | Chuckie Egg | 24x38g | 19.70 V | 1.31 | 766040 |
| <input type="checkbox"/> | Chuckie Egg Box - 3 pack | 20x114g | 53.30 V | 4.26 | 766042 |
| <input type="checkbox"/> | M'z Gems - bag | 12x80g | 17.10 V | 2.28 | 766050 |
| <input type="checkbox"/> | Peanut M'z Gems - bag | 12x80g | 17.10 V | 2.28 | 766051 |

Nakd - Multipack Bars

20% off list May and June

| | | | | | |
|--------------------------|--|----------|---------|------|--------|
| <input type="checkbox"/> | Multipack Cocoa Orange Raw Wholefood Bar | 12x4x35g | 21.45 V | 2.86 | 766815 |
| <input type="checkbox"/> | Multipack Peanut Butter Protein Bar | 12x3x45g | 20.00 V | 2.67 | 766814 |
| <input type="checkbox"/> | Multipack Cocoa Hazelnut Protein Bar | 12x3x45g | 20.00 V | 2.67 | 766813 |

Nakd - Protein Bars and Fibre Bars

20% off list May and June

| | | | | | |
|--------------------------|--|--------|---------|------|--------|
| <input type="checkbox"/> | Fruit & Fibre - Apple & Cinnamon | 16x44g | 11.90 V | 1.19 | 766629 |
| <input type="checkbox"/> | Fruit & Fibre - Strawberry & Raspberry | 16x44g | 11.90 V | 1.19 | 766631 |
| <input type="checkbox"/> | Protein Caramel Bar | 16x45g | 11.90 V | 1.19 | 766633 |
| <input type="checkbox"/> | Protein Cherry Bar - New! | 16x45g | 11.60 V | 1.16 | 766636 |
| <input type="checkbox"/> | Protein Cocoa Hazelnut Bar | 16x45g | 11.90 V | 1.19 | 766634 |
| <input type="checkbox"/> | Protein Peanut Butter Bar | 16x45g | 11.90 V | 1.19 | 766637 |

Nakd - Raw Fruit & Nut Bars - vegan & gluten-free

20% off list May and June

| | | | | | |
|--------------------------|------------------------------------|--------|---------|------|--------|
| <input type="checkbox"/> | Bakewell Tart Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766647 |
| <input type="checkbox"/> | Berry Delight Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766648 |
| <input type="checkbox"/> | Blueberry Muffin Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766644 |
| <input type="checkbox"/> | Cashew Cookie Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766650 |
| <input type="checkbox"/> | Cocoa Delight Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766651 |
| <input type="checkbox"/> | Cocoa Orange Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766652 |
| <input type="checkbox"/> | Lemon Drizzle Bar | 18x35g | 10.10 V | 0.90 | 766659 |
| <input type="checkbox"/> | Peanut Delight Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766656 |
| <input type="checkbox"/> | Salted Caramel Raw Wholefood Bar | 18x35g | 10.10 V | 0.90 | 766664 |

Peppermint Dental - vegan - xylitol sweetened

20% off list May and June

| | | | | | |
|--------------------------|---|--------|---------|------|--------|
| <input type="checkbox"/> | Extra Strong Dental Mints - 85 mints - New! | 12x50g | 22.40 V | 2.99 | 766707 |
| <input type="checkbox"/> | Extra Strong Dental Mints (25 mints) | 12x15g | 9.50 V | 1.27 | 766724 |
| <input type="checkbox"/> | Lemon Dental Mints (25 mints) | 12x15g | 9.50 V | 1.27 | 766723 |
| <input type="checkbox"/> | Peppermint Dental Chewing Gum Pocket Pack | 12x15g | 8.30 V | 1.11 | 766717 |
| <input type="checkbox"/> | Peppermint Dental Mints (25 mints) | 12x15g | 9.50 V | 1.27 | 766722 |
| <input type="checkbox"/> | Pouch Peppermint Dental Chewing Gum - 33 gums | 12x50g | 22.40 V | 2.99 | 766704 |
| <input type="checkbox"/> | Pouch Peppermint Dental Mints - 85 mints | 12x50g | 22.40 V | 2.99 | 766703 |
| <input type="checkbox"/> | Pouch Spearmint Dental Chewing Gum - 33 gums | 12x50g | 22.40 V | 2.99 | 766726 |
| <input type="checkbox"/> | Spearmint Dental Chewing Gum Pocket Pack | 12x15g | 8.30 V | 1.11 | 766720 |
| <input type="checkbox"/> | Strawberry Pastilles | 12x15g | 9.50 V | 1.27 | 766706 |

Seggiano

10% off list May and June

| | | | | | | |
|--------------------------|--------------------------|---------|---------|-------|------|--------|
| <input type="checkbox"/> | Liquorice Spirals - New! | organic | 20x100g | 26.35 | 1.76 | 765891 |
|--------------------------|--------------------------|---------|---------|-------|------|--------|

Trek High Protein Low Sugar bars - vegan

20% off list May and June

| | | | | | |
|--------------------------|---|--------|---------|------|--------|
| <input type="checkbox"/> | Biscoff High Protein bar - reduced sugar | 12x55g | 17.30 V | 2.37 | 766691 |
| <input type="checkbox"/> | Choc Caramel High Protein bar - low sugar | 12x55g | 17.30 V | 2.37 | 766694 |
| <input type="checkbox"/> | Choc Peanut Butter High Protein bar - low sugar | 12x55g | 17.30 V | 2.37 | 766696 |

Trek Protein Flapjacks - vegan

20% off list May and June

| | | | | | |
|--------------------------|--|--------|---------|------|--------|
| <input type="checkbox"/> | Biscoff Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766781 |
| <input type="checkbox"/> | Cocoa Coconut Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766782 |
| <input type="checkbox"/> | Cocoa Oat Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766785 |
| <input type="checkbox"/> | Original Oat Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766795 |
| <input type="checkbox"/> | Salted Caramel Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766796 |
| <input type="checkbox"/> | Smooth Lemon Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766794 |
| <input type="checkbox"/> | White Chocolate & Raspberry Protein Flapjack | 16x50g | 12.30 V | 1.27 | 766809 |

Condiments, Stocks, Salt & Miscellaneous Foods

Kallo

30% off list May and June

| | | | | | | |
|--------------------------|-----------------|---------|----------|-------|------|--------|
| <input type="checkbox"/> | Vegetable Broth | organic | 12x500ml | 23.20 | 2.58 | 793096 |
|--------------------------|-----------------|---------|----------|-------|------|--------|

Yakso

15% off list May and June

| | | | | | | |
|--------------------------|----------------------|---------|--------|-------|------|--------|
| <input type="checkbox"/> | Crispy Onions - New! | organic | 8x100g | 16.80 | 2.80 | 795196 |
|--------------------------|----------------------|---------|--------|-------|------|--------|

Supplementary Foods

Ayurvediq - glass jar

15% off list May and June

| | | | | | | |
|--------------------------|---|---------|--------|--------|-------|--------|
| <input type="checkbox"/> | Ashwagandha & Black Pepper - 120 capsules | organic | 1x1jar | 9.95 V | 17.83 | 850940 |
| <input type="checkbox"/> | Boswellia Serata & Turmeric - 60 capsules | organic | 1x1jar | 8.55 V | 15.29 | 850945 |
| <input type="checkbox"/> | Brahmi - 60 capsules | organic | 1x1jar | 8.55 V | 15.29 | 850948 |
| <input type="checkbox"/> | Cayenne Pepper - 60 capsules | organic | 1x1jar | 7.55 V | 13.50 | 850949 |
| <input type="checkbox"/> | Fenugreek - 120 capsules | organic | 1x1jar | 9.50 V | 17.01 | 850946 |
| <input type="checkbox"/> | Moringa - 120 capsules | organic | 1x1jar | 9.50 V | 17.01 | 850941 |

| | | | | | | |
|--------------------------|--------------------------------------|---------|--------|---------|-------|--------|
| <input type="checkbox"/> | Neem Leaf - 60 capsules | organic | 1x1jar | 8.05 V | 14.40 | 850951 |
| <input type="checkbox"/> | Shatavari - 120 capsules | organic | 1x1jar | 9.50 V | 17.03 | 850942 |
| <input type="checkbox"/> | Shilajit & Ashwagandha - 60 capsules | organic | 1x1jar | 11.40 V | 20.41 | 850947 |
| <input type="checkbox"/> | Triphala - 120 capsules | organic | 1x1jar | 9.50 V | 17.03 | 850943 |
| <input type="checkbox"/> | Tulsi - 60 capsules | organic | 1x1jar | 7.55 V | 13.50 | 850952 |

Floradix - Liquid Herbal Formulas

15% off list May and June

| | | | | | | |
|--------------------------|--|--|---------|---------|-------|--------|
| <input type="checkbox"/> | Epresat Multivitamin formula | | 1x250ml | 7.00 V | 11.88 | 850984 |
| <input type="checkbox"/> | Floradix - liquid iron & vitamins | | 1x500ml | 11.10 V | 18.87 | 850986 |
| <input type="checkbox"/> | Floradix - liquid iron & vitamins | | 1x250ml | 6.70 V | 11.37 | 850988 |
| <input type="checkbox"/> | Floradix Kids - liquid iron & vitamins YF GF VG | | 1x250ml | 7.25 V | 12.31 | 850989 |
| <input type="checkbox"/> | Floravital - liquid iron & vitamins YF GF VG | | 1x500ml | 11.10 V | 18.87 | 850990 |
| <input type="checkbox"/> | Floravital - liquid iron & vitamins YF GF VG | | 1x250ml | 6.70 V | 11.37 | 850992 |
| <input type="checkbox"/> | Immune Support Liquid Formula YF GF VG | | 1x250ml | 7.00 V | 11.88 | 850994 |
| <input type="checkbox"/> | IntestCare - magnesium apple plum YF GF VG | | 1x250ml | 8.95 V | 15.19 | 850996 |
| <input type="checkbox"/> | Kindervital for children - fruity GF VG | | 1x250ml | 6.05 V | 10.36 | 850997 |
| <input type="checkbox"/> | Magnesium liquid formula YF GF | | 1x250ml | 5.60 V | 9.52 | 850999 |
| <input type="checkbox"/> | Neuro Balance liquid formula YF GF VG | | 1x250ml | 7.60 V | 12.90 | 851000 |
| <input type="checkbox"/> | Saludynam - calcium magnesium zinc & vit D YF GF | | 1x250ml | 7.00 V | 11.92 | 850998 |
| <input type="checkbox"/> | Vitamin B Complex YF GF VG | | 1x250ml | 7.65 V | 13.00 | 850100 |

Pet Products

Pawtato Dog Chews - vegan

20% off list May and June

| | | | | | | |
|--------------------------|--|--|---------|---------|------|--------|
| <input type="checkbox"/> | Pawtato Knots - small | | 6x150g | 8.95 V | 2.39 | 810544 |
| <input type="checkbox"/> | Pawtato Knots Small - Mixed Case - approx 120 - New! | | 1.6kg | 11.95 V | 7.47 | 810543 |
| <input type="checkbox"/> | Pawtato Ocean Treats - Medium | | 10x140g | 17.45 V | 2.79 | 810550 |
| <input type="checkbox"/> | Pawtato Ocean Treats - Small | | 10x140g | 17.45 V | 2.79 | 810549 |
| <input type="checkbox"/> | Pawtato Sticks - Peanut Apple & Cinnamon | | 6x120g | 7.45 V | 1.99 | 810551 |
| <input type="checkbox"/> | Pawtato Sticks - Spinach & Kale | | 6x120g | 7.45 V | 1.99 | 810546 |
| <input type="checkbox"/> | Pawtato Tubes - Turmeric and Chicory Root | | 6x90g | 7.45 V | 1.99 | 810548 |

Kitchen & Household Goods

Ecoleaf - by Suma

15% off list May and June

| | | | | | | |
|--------------------------|-----------------------|--|---------|---------|------|--------|
| <input type="checkbox"/> | EcoLeaf Toilet Tissue | | 5x9roll | 18.25 V | 5.84 | 910995 |
|--------------------------|-----------------------|--|---------|---------|------|--------|

Household & Industrial Cleaning Products

Ecoleaf - Vegan

15% off list May and June

| | | | | | | |
|--------------------------|---|--|------|---------|-------|--------|
| <input type="checkbox"/> | Bathroom Cleaner - green apple | | 1x5l | 8.20 V | 13.11 | 831396 |
| <input type="checkbox"/> | Bathroom Cleaner - lavender | | 1x5l | 8.75 V | 13.99 | 831398 |
| <input type="checkbox"/> | Fabric Conditioner - Jasmine | | 1x5l | 7.25 V | 11.59 | 831408 |
| <input type="checkbox"/> | Hard Floor Cleaner - Rose & Oud | | 1x5l | 11.20 V | 17.91 | 831404 |
| <input type="checkbox"/> | Laundry Liquid - Jasmine | | 1x5l | 12.70 V | 20.31 | 831426 |
| <input type="checkbox"/> | Multi Surface Cleaner - antibac - citrus & petitgrain | | 1x5l | 8.65 V | 13.83 | 831431 |
| <input type="checkbox"/> | Toilet Cleaner - Fresh Green | | 1x5l | 6.95 V | 11.11 | 831435 |
| <input type="checkbox"/> | Washing Up Liquid - Citrus Fruit | | 1x5l | 7.60 V | 12.19 | 831427 |

Ecover - Zero range

20% off list May and June

| | | | | | | |
|--------------------------|-------------------------------|--|---------|---------|------|--------|
| <input type="checkbox"/> | Fabric Softener - Zero - New! | | 6x1.43l | 18.40 V | 4.91 | 831586 |
|--------------------------|-------------------------------|--|---------|---------|------|--------|

Ecover Bag-in-Box Refill Station

15% off list May and June

| | | | | | | |
|--------------------------|---|--|-----|---------|------|--------|
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond - New! | | 15l | 22.60 V | 1.51 | 831592 |
|--------------------------|---|--|-----|---------|------|--------|

Ecover Laundry

20% off list May and June

| | | | | | | |
|--------------------------|---|--|---------|---------|------|--------|
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond - New! | | 6x750ml | 8.70 V | 2.32 | 831588 |
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond - New! | | 6x1.43l | 18.40 V | 4.91 | 831590 |
| <input type="checkbox"/> | Fabric Softener - Gardenia & Vanilla - New! | | 6x750ml | 8.70 V | 2.32 | 831587 |
| <input type="checkbox"/> | Fabric Softener - Gardenia & Vanilla - New! | | 6x1.43l | 18.40 V | 4.91 | 831589 |

Ecover Laundry

15% off list May and June

| | | | | | | |
|--------------------------|--|--|------|--------|-------|--------|
| <input type="checkbox"/> | Fabric Softener - Apple Blossom & Almond | | 1x5l | 9.25 V | 14.80 | 831591 |
|--------------------------|--|--|------|--------|-------|--------|

Miniml - household cleaning

20% off list May and June

| | | | | | | |
|--------------------------|--|--|---------|---------|------|--------|
| <input type="checkbox"/> | Anti-Bac Surface Cleaner French Lavender | | 6x750ml | 8.95 V | 2.56 | 850105 |
| <input type="checkbox"/> | Anti-Bac Surface Cleaner French Lavender | | 5l | 6.85 V | 1.37 | 850106 |
| <input type="checkbox"/> | Bathroom Cleaner - Cucumber & Mint | | 6x750ml | 8.95 V | 2.56 | 850107 |
| <input type="checkbox"/> | Bathroom Cleaner - Cucumber & Mint | | 5l | 6.80 V | 1.36 | 850110 |
| <input type="checkbox"/> | Dishwasher Rinse Aid - Unscented | | 6x750ml | 8.95 V | 2.56 | 850111 |
| <input type="checkbox"/> | Dishwasher Rinse Aid - Unscented | | 5l | 9.85 V | 1.97 | 850112 |
| <input type="checkbox"/> | Multi-Surface Cleaner - Blood Orange | | 6x750ml | 8.95 V | 2.56 | 850108 |
| <input type="checkbox"/> | Multi-Surface Cleaner - Blood Orange | | 5l | 6.80 V | 1.36 | 850109 |
| <input type="checkbox"/> | Oven & Hob Cleaner - Clementine | | 6x750ml | 8.95 V | 2.56 | 850122 |
| <input type="checkbox"/> | Oven & Hob Cleaner - Clementine | | 5l | 6.80 V | 1.36 | 850123 |
| <input type="checkbox"/> | Rinse Aid - Unscented | | 6x400ml | 8.95 V | 2.56 | 850103 |
| <input type="checkbox"/> | Toilet Cleaner Spearmint & Peppermint | | 6x750ml | 7.70 V | 2.20 | 850104 |
| <input type="checkbox"/> | Toilet Cleaner Spearmint & Peppermint | | 5l | 6.70 V | 1.34 | 850114 |
| <input type="checkbox"/> | Washing Up Liquid - Apple Orchard | | 6x400ml | 7.05 V | 2.01 | 850101 |
| <input type="checkbox"/> | Washing Up Liquid - Apple Orchard | | 6x500ml | 9.80 V | 2.80 | 850118 |
| <input type="checkbox"/> | Washing Up Liquid - Apple Orchard | | 5l | 6.85 V | 1.37 | 850119 |
| <input type="checkbox"/> | Washing Up Liquid - Rhubarb & Lemon | | 6x400ml | 7.05 V | 2.01 | 850102 |
| <input type="checkbox"/> | Washing Up Liquid - Rhubarb & Lemon | | 5l | 6.85 V | 1.37 | 850117 |
| <input type="checkbox"/> | Washing Up Liquid - Rhubarb & Lemon - refill pouch | | 6x1l | 12.80 V | 3.66 | 850116 |
| <input type="checkbox"/> | White Vinegar - unscented | | 5l | 4.30 V | 0.86 | 850121 |
| <input type="checkbox"/> | White Vinegar - unscented | | 20l | 15.70 V | 0.79 | 850124 |
| <input type="checkbox"/> | White Vinegar Spray - unscented | | 6x750ml | 7.90 V | 2.26 | 850120 |

Miniml - laundry

20% off list May and June

| | | | | | | |
|--------------------------|---|--|------|---------|------|--------|
| <input type="checkbox"/> | Fabric Conditioner - Fresh Linen | | 6x1l | 15.40 V | 4.40 | 850126 |
| <input type="checkbox"/> | Fabric Conditioner - Fresh Linen | | 5l | 6.15 V | 1.23 | 850127 |
| <input type="checkbox"/> | Fabric Conditioner - Fresh Linen | | 20l | 19.30 V | 0.97 | 850131 |
| <input type="checkbox"/> | Laundry Liquid Non-Bio Fresh Linen | | 6x1l | 17.95 V | 5.13 | 850128 |
| <input type="checkbox"/> | Laundry Liquid Non-Bio Fresh Linen | | 5l | 10.70 V | 2.14 | 850130 |
| <input type="checkbox"/> | Laundry Liquid Non-Bio Fresh Linen | | 20l | 42.85 V | 2.14 | 850132 |
| <input type="checkbox"/> | Laundry Liquid Non-Bio Fresh Linen - refill pouch | | 6x1l | 15.40 V | 4.40 | 850129 |

Toiletries & Natural Remedies

Alter/Native - glycerine vegan shampoo and conditioner bars - by Suma

20% off list May and June

| | | | | | | |
|--------------------------|---------------------------------|--|-------|---------|------|--------|
| <input type="checkbox"/> | Lavender & Geranium Shampoo Bar | | 6x95g | 10.80 V | 2.88 | 859153 |
| <input type="checkbox"/> | Rose & Geranium Shampoo Bar | | 6x95g | 10.80 V | 2.88 | 859158 |

Alter/Native - vegan shampoo and conditioner liquid - by Suma

20% off list May and June

| | | | | | | |
|--------------------------|---|--|---------|---------|------|--------|
| <input type="checkbox"/> | Coconut & Argan Oil Conditioner - normal/dry hair | | 6x400ml | 19.20 V | 5.12 | 850194 |
| <input type="checkbox"/> | Coconut & Argan Oil Shampoo - normal/dry hair | | 6x400ml | 19.20 V | 5.12 | 850188 |
| <input type="checkbox"/> | Tea Tree & Aloe Vera Conditioner - normal/oily hair | | 6x400ml | 19.20 V | 5.12 | 850180 |
| <input type="checkbox"/> | Tea Tree & Aloe Vera Shampoo - normal/oily hair | | 6x400ml | 19.20 V | 5.12 | 850172 |

Ben & Anna - organic vegan natural soda deodorants

15% off list May and June

| | | | | | | |
|--------------------------|---|---------|-------|--------|------|--------|
| <input type="checkbox"/> | Cocoa Mania Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859191 |
| <input type="checkbox"/> | Deocreme - Green Balance - poly potato | organic | 1x40g | 4.20 V | 7.48 | 859208 |
| <input type="checkbox"/> | Deocreme - Love Me - poly potato sphere | organic | 1x40g | 4.20 V | 7.48 | 859209 |
| <input type="checkbox"/> | Green Fusion Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859193 |
| <input type="checkbox"/> | Mint Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859195 |
| <input type="checkbox"/> | Natural Deodorant - Fragrance Free paper tube | organic | 1x40g | 3.55 V | 6.33 | 859183 |
| <input type="checkbox"/> | Persian Lime Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859197 |
| <input type="checkbox"/> | Pink Grapefruit Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859206 |
| <input type="checkbox"/> | Sensitive Cherry Blossom Deodorant - New! | organic | 1x40g | 3.95 V | 7.03 | 859217 |
| <input type="checkbox"/> | Sensitive Highland Breeze Deodorant - New! | organic | 1x40g | 3.95 V | 7.03 | 859214 |
| <input type="checkbox"/> | Sensitive Lemon & Lime Deodorant - New! | organic | 1x40g | 3.95 V | 7.03 | 859216 |
| <input type="checkbox"/> | Urban Black Deodorant - paper tube | organic | 1x40g | 3.55 V | 6.32 | 859207 |

* new product on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

BetterYou**20% off list May and June**

| | | | | | |
|--------------------------|-----------------------------------|---------|---------|-------|---------------|
| <input type="checkbox"/> | Magnesium Flakes | 6x1kg | 27.70 V | 8.77 | 858584 |
| <input type="checkbox"/> | Magnesium Flakes Menopause | 6x750g | 17.70 V | 5.59 | 858589 |
| <input type="checkbox"/> | Magnesium Flakes Muscle | 6x1kg | 27.70 V | 8.77 | 858587 |
| <input type="checkbox"/> | Magnesium Flakes Relax | 6x750g | 21.35 V | 6.76 | 858588 |
| <input type="checkbox"/> | Magnesium Flakes Sleep | 6x1kg | 27.70 V | 8.77 | 858586 |
| <input type="checkbox"/> | Magnesium Joint Body Spray | 6x100ml | 37.90 V | 11.97 | 858592 |
| <input type="checkbox"/> | Magnesium Menopause Body Spray | 6x100ml | 37.90 V | 11.96 | 858581 |
| <input type="checkbox"/> | Magnesium Muscle Body Spray | 6x100ml | 37.90 V | 11.95 | 858591 |
| <input type="checkbox"/> | Magnesium Oil Original Body Spray | 6x100ml | 37.90 V | 11.96 | 858580 |
| <input type="checkbox"/> | Magnesium Sleep Body Spray | 6x100ml | 37.90 V | 11.96 | 858582 |

Dr Bronner's - Magic Soaps - liquid - vegan**15% off list May and June**

| | | | | | | |
|--------------------------|--|---------|---------|---------|-------|---------------|
| <input type="checkbox"/> | Almond Liquid Soap (1/2 case) | organic | 6x475ml | 46.15 V | 13.17 | 851072 |
| <input type="checkbox"/> | Baby Mild Liquid Unscented Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851022 |
| <input type="checkbox"/> | Cherry Blossom Liquid Soap (1/2 case) | organic | 6x475ml | 46.15 V | 13.17 | 851058 |
| <input type="checkbox"/> | Citrus-Orange Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851074 |
| <input type="checkbox"/> | Eucalyptus Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851079 |
| <input type="checkbox"/> | Lavender Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851077 |
| <input type="checkbox"/> | Peppermint Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851082 |
| <input type="checkbox"/> | Rose Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851087 |
| <input type="checkbox"/> | Tea Tree Liquid Soap (1/2 case) | organic | 6x473ml | 46.15 V | 13.17 | 851089 |

Ecoleaf - vegan**15% off list May and June**

| | | | | | |
|--------------------------|--|------|---------|-------|---------------|
| <input type="checkbox"/> | Liquid Hand Soap - Grapefruit & Mandarin | 1x5l | 11.70 V | 18.71 | 851038 |
|--------------------------|--|------|---------|-------|---------------|

Faith in Nature conditioners**20% off list May and June**

| | | | | | |
|--------------------------|---|---------|---------|------|---------------|
| <input type="checkbox"/> | Aloe Vera Conditioner | 6x400ml | 22.30 V | 6.36 | 854020 |
| <input type="checkbox"/> | Coconut Conditioner | 6x400ml | 22.30 V | 6.36 | 853987 |
| <input type="checkbox"/> | Dragon Fruit Conditioner | 6x400ml | 22.30 V | 6.36 | 853989 |
| <input type="checkbox"/> | Fragrance Free Conditioner | 6x400ml | 22.30 V | 6.36 | 853988 |
| <input type="checkbox"/> | Grapefruit & Orange Conditioner | 6x400ml | 22.30 V | 6.36 | 853992 |
| <input type="checkbox"/> | Grapefruit & Orange Conditioner - Aluminium | 6x500ml | 26.40 V | 7.53 | 853993 |
| <input type="checkbox"/> | Jojoba Conditioner | 6x400ml | 22.30 V | 6.36 | 854010 |
| <input type="checkbox"/> | Lavender & Geranium Conditioner | 6x400ml | 22.30 V | 6.36 | 854002 |
| <input type="checkbox"/> | Lavender & Geranium Conditioner - Aluminium | 6x500ml | 26.40 V | 7.53 | 853994 |
| <input type="checkbox"/> | Rosemary Conditioner | 6x400ml | 22.30 V | 6.36 | 854015 |
| <input type="checkbox"/> | Seaweed & Citrus Conditioner | 6x400ml | 22.30 V | 6.36 | 854005 |
| <input type="checkbox"/> | Shea & Argan Conditioner | 6x400ml | 22.30 V | 6.36 | 854008 |
| <input type="checkbox"/> | Shea & Argan Conditioner - Aluminium | 6x500ml | 26.40 V | 7.53 | 853996 |
| <input type="checkbox"/> | Wild Rose Conditioner | 6x400ml | 22.30 V | 6.36 | 854028 |

Faith in Nature refill conditioners**20% off list May and June**

| | | | | | |
|--------------------------|--------------------------------------|----|---------|------|---------------|
| <input type="checkbox"/> | Bulk Aloe Vera Conditioner | 5l | 28.70 V | 5.74 | 853550 |
| <input type="checkbox"/> | Bulk Coconut Conditioner | 5l | 28.70 V | 5.74 | 853552 |
| <input type="checkbox"/> | Bulk Dragonfruit Conditioner | 5l | 28.70 V | 5.74 | 853551 |
| <input type="checkbox"/> | Bulk Fragrance Free Conditioner | 5l | 28.70 V | 5.74 | 853556 |
| <input type="checkbox"/> | Bulk Grapefruit & Orange Conditioner | 5l | 28.70 V | 5.74 | 853554 |
| <input type="checkbox"/> | Bulk Jojoba Conditioner | 5l | 28.70 V | 5.74 | 853553 |
| <input type="checkbox"/> | Bulk Lavender & Geranium Conditioner | 5l | 28.70 V | 5.74 | 853555 |
| <input type="checkbox"/> | Bulk Wild Rose Conditioner | 5l | 28.70 V | 5.74 | 853569 |

Faith in Nature refill shampoos**20% off list May and June**

| | | | | | |
|--------------------------|----------------------------------|----|---------|------|---------------|
| <input type="checkbox"/> | Bulk Aloe Vera Shampoo | 5l | 28.70 V | 5.74 | 853540 |
| <input type="checkbox"/> | Bulk Coconut Shampoo | 5l | 28.70 V | 5.74 | 853542 |
| <input type="checkbox"/> | Bulk Dragonfruit Shampoo | 5l | 28.70 V | 5.74 | 853544 |
| <input type="checkbox"/> | Bulk Fragrance Free Shampoo | 5l | 28.70 V | 5.74 | 853546 |
| <input type="checkbox"/> | Bulk Grapefruit & Orange Shampoo | 5l | 28.70 V | 5.74 | 853541 |
| <input type="checkbox"/> | Bulk Jojoba Shampoo | 5l | 28.70 V | 5.74 | 853543 |
| <input type="checkbox"/> | Bulk Lavender & Geranium Shampoo | 5l | 28.70 V | 5.74 | 853545 |
| <input type="checkbox"/> | Bulk Wild Rose Shampoo | 5l | 28.70 V | 5.74 | 853566 |

Faith in Nature shampoos**20% off list May and June**

| | | | | | |
|--------------------------|---|---------|---------|------|---------------|
| <input type="checkbox"/> | Aloe Vera Shampoo | 6x400ml | 22.30 V | 6.36 | 853520 |
| <input type="checkbox"/> | Coconut Shampoo | 6x400ml | 22.30 V | 6.36 | 853502 |
| <input type="checkbox"/> | Dragon Fruit Shampoo | 6x400ml | 22.30 V | 6.36 | 853503 |
| <input type="checkbox"/> | Fragrance Free Shampoo | 6x400ml | 22.30 V | 6.36 | 853504 |
| <input type="checkbox"/> | Grapefruit & Orange Shampoo | 6x400ml | 22.30 V | 6.36 | 853509 |
| <input type="checkbox"/> | Grapefruit & Orange Shampoo - Aluminium | 6x500ml | 26.40 V | 7.53 | 853511 |
| <input type="checkbox"/> | Jojoba Shampoo | 6x400ml | 22.30 V | 6.36 | 853510 |
| <input type="checkbox"/> | Lavender & Geranium Shampoo | 6x400ml | 22.30 V | 6.36 | 853525 |
| <input type="checkbox"/> | Lavender & Geranium Shampoo - Aluminium | 6x500ml | 26.40 V | 7.53 | 853567 |
| <input type="checkbox"/> | Rosemary Shampoo | 6x400ml | 22.30 V | 6.36 | 853515 |
| <input type="checkbox"/> | Seaweed & Citrus Shampoo | 6x400ml | 22.30 V | 6.36 | 853505 |
| <input type="checkbox"/> | Shea & Argan Shampoo | 6x400ml | 22.30 V | 6.36 | 853501 |
| <input type="checkbox"/> | Shea & Argan Shampoo - Aluminium | 6x500ml | 26.40 V | 7.53 | 853572 |
| <input type="checkbox"/> | Wild Rose Shampoo | 6x400ml | 22.30 V | 6.36 | 853536 |

Miniml - Personal Care**20% off list May and June**

| | | | | | |
|--------------------------|---|---------|---------|------|---------------|
| <input type="checkbox"/> | Anti-Bac Hand Soap - Sweet Clementine | 6x500ml | 12.50 V | 3.57 | 855622 |
| <input type="checkbox"/> | Anti-Bac Hand Soap - Sweet Clementine | 5l | 12.85 V | 2.57 | 855623 |
| <input type="checkbox"/> | Anti-Bac Hand Soap - Sweet Clementine | 6x400ml | 8.95 V | 2.56 | 855625 |
| <input type="checkbox"/> | Anti-Bac Hand Soap - Sweet Clementine | 20l | 42.85 V | 2.14 | 855641 |
| <input type="checkbox"/> | Balancing Conditioner - Pink Grapefruit & Aloe | 6x500ml | 13.85 V | 3.96 | 855631 |
| <input type="checkbox"/> | Balancing Conditioner - Pink Grapefruit & Aloe | 5l | 17.10 V | 3.42 | 855632 |
| <input type="checkbox"/> | Balancing Conditioner - Pink Grapefruit & Aloe Vera | 6x400ml | 11.50 V | 3.29 | 855633 |
| <input type="checkbox"/> | Balancing Shampoo - Pink Grapefruit & Aloe | 6x500ml | 13.85 V | 3.96 | 855627 |
| <input type="checkbox"/> | Balancing Shampoo - Pink Grapefruit & Aloe | 5l | 17.10 V | 3.42 | 855630 |
| <input type="checkbox"/> | Balancing Shampoo - Pink Grapefruit & Aloe Vera | 6x400ml | 10.50 V | 3.00 | 855629 |
| <input type="checkbox"/> | Bodywash & Bubble Bath - Pink Grapefruit & Aloe | 6x500ml | 13.85 V | 3.96 | 855620 |
| <input type="checkbox"/> | Bodywash & Bubble Bath - Pink Grapefruit & Aloe | 5l | 16.25 V | 3.25 | 855621 |
| <input type="checkbox"/> | Bodywash & Bubblebath - Pink Grapefruit & Aloe Vera | 6x400ml | 10.30 V | 2.94 | 855634 |
| <input type="checkbox"/> | Hand Soap - Cucumber & Aloe | 5l | 12.85 V | 2.57 | 855626 |
| <input type="checkbox"/> | Hand Soap - Cucumber & Aloe Vera | 6x400ml | 8.95 V | 2.56 | 855628 |

Odyskin organic vegan reef-friendly sunscreen**20% off list May and June**

| | | | | | | |
|--------------------------|-----------------------------------|---------|---------|---------|-------|---------------|
| <input type="checkbox"/> | After Sun Milk - glass jar | organic | 1x100ml | 6.60 V | 11.92 | 857548 |
| <input type="checkbox"/> | Sunscreen SPF 30 - metal tube | organic | 1x75ml | 9.70 V | 17.48 | 857544 |
| <input type="checkbox"/> | Sunscreen SPF 50 - metal tube | organic | 1x75ml | 10.15 V | 18.30 | 857546 |
| <input type="checkbox"/> | Tinted Sunstick SPF50 - card tube | organic | 1x25g | 6.55 V | 11.81 | 857549 |
| <input type="checkbox"/> | Tube Squeezing Key | organic | 1x1pack | 2.15 V | 3.90 | 857547 |

Urtekram - deodorants**15% off list May and June**

| | | | | | | |
|--------------------------|---|---------|--------|---------|------|---------------|
| <input type="checkbox"/> | Cream Deodorant - Coconut - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858671 |
| <input type="checkbox"/> | Cream Deodorant - Men's - roll-on | organic | 6x50ml | 23.75 V | 6.79 | 859097 |
| <input type="checkbox"/> | Cream Deodorant - Soothing Lavender - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858673 |
| <input type="checkbox"/> | Cream Deodorant - Wild Lemongrass - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858674 |
| <input type="checkbox"/> | Crystal Deodorant - Aloe Vera - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858659 |
| <input type="checkbox"/> | Crystal Deodorant - Lime - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858664 |
| <input type="checkbox"/> | Crystal Deodorant - Rose - roll-on | organic | 6x50ml | 18.30 V | 5.24 | 858669 |
| <input type="checkbox"/> | Crystal Deodorant - Sensitive Skin - roll-on | organic | 6x50ml | 17.55 V | 5.01 | 858663 |

Urtekram - conditioner**15% off list May and June**

| | | | | | | |
|--------------------------|--|---------|---------|---------|------|---------------|
| <input type="checkbox"/> | Rich Repair Conditioner - Nordic Berry | organic | 6x180ml | 18.55 V | 5.31 | 858708 |
|--------------------------|--|---------|---------|---------|------|---------------|

Urtekram - shampoo**15% off list May and June**

| | | | | | | |
|--------------------------|------------------------------------|---------|---------|---------|------|---------------|
| <input type="checkbox"/> | Rich Repair Shampoo - Nordic Berry | organic | 6x250ml | 21.55 V | 6.17 | 858670 |
|--------------------------|------------------------------------|---------|---------|---------|------|---------------|

Urtekram - soaps and shower gels**15% off list May and June**

| | | | | | | |
|--------------------------|---------------------------------|---------|---------|---------|------|---------------|
| <input type="checkbox"/> | Creamy Body Wash - Nordic Berry | organic | 6x200ml | 24.80 V | 7.10 | 858884 |
| <input type="checkbox"/> | Creamy Body Wash - Nordic Berry | organic | 6x500ml | 31.25 V | 8.93 | 858886 |

Urtekram - skincare

15% off list May and June

| | | | | | | |
|--------------------------|--------------------------------------|---------|---------|---------|------|--------------------|
| <input type="checkbox"/> | Nourishing Body Cream - Nordic Berry | organic | 6x200ml | 25.40 V | 7.26 | 8 5 9 1 1 4 |
|--------------------------|--------------------------------------|---------|---------|---------|------|--------------------|

Toothpaste, Brushes & Oral Hygiene

Georganics Dental Care

20% off list May and June

| | | | | | | |
|--------------------------|--|--|--------|--------|------|--------------------|
| <input type="checkbox"/> | Fluoride - Free Hydroxyapatite Toothpaste - New! | | 1x75ml | 1.80 V | 3.09 | 8 8 1 2 5 3 |
| <input type="checkbox"/> | Fluoride Toothpaste - Activated Charcoal - tube | | 1x75ml | 1.80 V | 3.09 | 8 8 1 9 2 3 |
| <input type="checkbox"/> | Fluoride Toothpaste - Fresh Mint - tube | | 1x75ml | 1.80 V | 3.09 | 8 8 1 2 9 3 |
| <input type="checkbox"/> | GeoKids F-F Hydroxyapatite Toothpaste - New! | | 1x75ml | 1.80 V | 3.09 | 8 8 1 2 5 7 |
| <input type="checkbox"/> | GeoKids Fluoride Toothpaste - Strawberry - tube | | 1x75ml | 1.80 V | 3.09 | 8 8 1 3 0 0 |
| <input type="checkbox"/> | Prebiotic & Probiotic - F-F Hydroxyapatite T-paste - New | | 1x75ml | 3.15 V | 5.40 | 8 8 1 2 4 9 |

changes

Cereal Grains

Bulk Organic Cereal Grains

| | | | | | | |
|---|--------------------------------|---------|------|-------|------|------------------|
| ☆ | Buckwheat Groats - gluten-free | organic | 5kg | 12.85 | 2.57 | 1 0 5 3 0 |
| ▼ | Quinoa Grain | organic | 25kg | 99.00 | 3.96 | 1 0 5 9 2 |
| ▼ | Quinoa Grain | organic | 5kg | 21.60 | 4.32 | 1 0 5 9 3 |

Infinity - Pre-Packed Organic Cereal Grains

| | | | | | | |
|---|--------------|---------|--------|-------|------|----------------|
| ▼ | Quinoa Grain | organic | 6x450g | 13.70 | 3.04 | 1 1 2 7 |
| ▼ | Quinoa Grain | organic | 6x1kg | 26.80 | 5.96 | 1 1 2 8 |

Flours & Baking Requisites

Bulk Flour

| | | | | | | |
|---|------------|---------|------|-------|------|------------------|
| ▲ | Wheat Bran | organic | 15kg | 28.00 | 1.87 | 4 0 5 2 0 |
|---|------------|---------|------|-------|------|------------------|

Infinity - Pre-Packed Organic Flours

| | | | | | | |
|---|------------|---------|--------|------|------|----------------|
| ▲ | Wheat Bran | organic | 6x250g | 5.60 | 1.25 | 3 0 1 0 |
|---|------------|---------|--------|------|------|----------------|

Doves Farm

| | | | | | | |
|---|------------------------------|---------|---------|-------|------|------------------|
| ◆ | Fine Plain Wholemeal Flour | organic | 5x1kg | 6.50 | 1.73 | 4 0 5 0 5 |
| ◆ | Malthouse Bread Flour | organic | 5x1kg | 8.45 | 2.25 | 4 0 5 7 4 |
| ◆ | Pasta & Pizza Flour | organic | 5x1kg | 8.70 | 2.32 | 5 1 0 7 0 |
| ◆ | Plain White Flour | organic | 5x1kg | 7.20 | 1.92 | 4 0 5 4 5 |
| ◆ | Seedhouse Bread Flour | organic | 5x1kg | 13.85 | 3.69 | 5 1 0 6 7 |
| ◆ | Self Raising White Flour | organic | 5x1kg | 7.30 | 1.95 | 4 0 5 6 5 |
| ◆ | Self Raising Wholemeal Flour | organic | 5x1kg | 6.55 | 1.75 | 4 0 5 1 5 |
| ◆ | Strong White Bread Flour | organic | 5x1.5kg | 9.75 | 2.60 | 4 0 5 6 0 |
| ◆ | Wholemeal Strong Bread Flour | organic | 5x1.5kg | 9.10 | 2.43 | 4 0 5 4 0 |

Breakfast Cereals & Cereal Flakes

Bulk Organic Cereal Flakes

| | | | | | | |
|---|-----------------------------|---------|-----|-------|------|------------------|
| ☆ | Millet Flakes - gluten-free | organic | 5kg | 16.85 | 3.37 | 2 0 5 1 3 |
|---|-----------------------------|---------|-----|-------|------|------------------|

Infinity Foods - breakfast cereals

| | | | | | | |
|---|--------------|---------|------|--------|------|------------------|
| ▲ | Granola Base | organic | 20kg | 105.00 | 5.25 | 6 1 9 0 8 |
| ▲ | Granola Base | organic | 5kg | 28.10 | 5.62 | 6 1 9 0 9 |

Infinity - Pre-Packed Organic Breakfast Cereals

| | | | | | | |
|---|--------------------------|---------|--------|-------|------|----------------|
| ▲ | Cranberry & Pecan Muesli | organic | 6x500g | 16.50 | 3.67 | 4 0 3 6 |
| ▲ | Cranberry & Pecan Muesli | organic | 6x1kg | 30.45 | 6.77 | 4 0 3 9 |

Amisa - spelt based

| | | | | | | |
|---|---------------|---------|--------|-------|------|------------------|
| ▲ | Spelt Crunchy | organic | 6x375g | 21.10 | 4.69 | 6 0 3 2 0 |
|---|---------------|---------|--------|-------|------|------------------|

IBIS

| | | | | | | |
|---|----------------------|---------|--------|-------|------|------------------|
| ◆ | Wholegrain Rice Pops | organic | 6x275g | 13.45 | 2.99 | 6 1 6 2 0 |
|---|----------------------|---------|--------|-------|------|------------------|

Nuts and Seeds

Bulk Organic Nuts and Seeds

| | | | | | | |
|---|------------------------------|---------|---------|----------|-------|------------------|
| ▼ | Brazil Nuts | organic | 20kg | 255.00 | 12.75 | 9 0 5 2 2 |
| ▼ | Brazil Nuts | organic | 2.5kg | 33.65 | 13.46 | 9 0 5 2 3 |
| ▼ | Cashews Whole | organic | 22.68kg | 215.55 | 9.50 | 9 0 5 2 4 |
| ▼ | Cashews Whole | organic | 2.5kg | 22.55 | 9.02 | 9 0 5 2 6 |
| ▼ | Cashews Large Pieces | organic | 22.68kg | 175.55 | 7.74 | 9 0 5 3 6 |
| ▼ | Cashews Large Pieces | organic | 2.5kg | 21.20 | 8.48 | 9 0 5 3 7 |
| ▼ | Chia Seeds | organic | 25kg | 133.75 | 5.35 | 9 0 5 2 7 |
| ▼ | Chia Seeds | organic | 2kg | 12.50 | 6.25 | 9 0 5 2 8 |
| ▼ | Coconut Desiccated | organic | 25kg | 110.90 | 4.44 | 9 0 5 2 9 |
| ▼ | Coconut Desiccated | organic | 3kg | 15.10 | 5.03 | 9 0 5 3 0 |
| ▼ | Coconut Chips | organic | 10kg | 51.90 | 5.19 | 9 0 5 3 2 |
| ▼ | Coconut Chips | organic | 3kg | 17.35 | 5.78 | 9 0 5 3 3 |
| ▼ | Toasted Coconut Chips | organic | 10kg | 55.15 | 5.52 | 9 0 5 3 1 |
| ▼ | Toasted Coconut Chips | organic | 3kg | 18.35 | 6.12 | 9 0 5 4 4 |
| ▲ | Hi Energy Trail Mix | organic | 3kg | 28.85 | 9.62 | 9 0 5 6 9 |
| ▼ | Hazelnuts | organic | 10kg | 150.25 | 15.03 | 9 0 5 3 5 |
| ▼ | Hazelnuts | organic | 2.5kg | 39.45 | 15.78 | 9 0 5 4 0 |
| ▼ | Roast Whole Hazelnuts | organic | 10kg | 176.25 V | 17.63 | 9 0 5 4 1 |
| ▼ | Linseed Brown | organic | 25kg | 45.50 | 1.82 | 9 0 5 4 5 |
| ▼ | Linseed Brown | organic | 5kg | 10.90 | 2.18 | 9 0 5 5 0 |
| ▼ | Peanuts | organic | 25kg | 87.35 | 3.49 | 9 0 5 5 5 |
| ▼ | Peanuts | organic | 5kg | 19.30 | 3.86 | 9 0 5 6 0 |
| ▲ | Pecans - Halves | organic | 13.6kg | 249.55 | 18.35 | 9 0 5 6 1 |
| ▲ | Pecans - Halves | organic | 2kg | 38.55 | 19.28 | 9 0 5 6 3 |
| ▼ | Pine Kernels | organic | 25kg | 769.45 | 30.78 | 9 0 5 6 2 |
| ▼ | Pine Kernels | organic | 5kg | 155.75 | 31.15 | 9 0 5 6 8 |
| ▼ | Pine Kernels | organic | 1kg | 32.60 | 32.60 | 9 0 5 6 5 |
| ▼ | Hulled Sesame Seeds - white | organic | 25kg | 95.25 | 3.81 | 9 0 5 7 5 |
| ▼ | Hulled Sesame Seeds - white | organic | 5kg | 20.90 | 4.18 | 9 0 5 8 0 |
| ▼ | Sesame Seeds - whole - brown | organic | 25kg | 80.55 | 3.22 | 9 0 5 8 2 |
| ▼ | Sesame Seeds - whole - brown | organic | 5kg | 17.95 | 3.59 | 9 0 5 8 3 |
| ▲ | Black Sesame Seeds - whole | organic | 25kg | 113.95 | 4.56 | 9 0 5 8 7 |
| ▲ | Black Sesame Seeds - whole | organic | 3kg | 15.50 | 5.17 | 9 0 5 8 8 |

Infinity Pre-Packed Organic Nuts & Seeds

| | | | | | | |
|---|------------------------------|---------|--------|---------|-------|----------------|
| ▼ | Brazil Nuts | organic | 6x125g | 12.65 | 2.81 | 6 0 3 1 |
| ▼ | Brazil Nuts | organic | 6x250g | 22.20 | 4.93 | 6 0 3 2 |
| ▼ | Brazil Nuts | organic | 6x500g | 41.30 | 9.18 | 6 0 3 3 |
| ▼ | Cashews Whole | organic | 6x125g | 10.20 | 2.27 | 6 0 4 1 |
| ▼ | Cashews Whole | organic | 6x250g | 17.30 | 3.85 | 6 0 4 2 |
| ▼ | Cashews Whole | organic | 6x500g | 31.55 | 7.01 | 6 0 4 3 |
| ▼ | Cashews Whole | organic | 6x1kg | 60.05 | 13.34 | 6 0 5 1 |
| ▼ | Cashews Large Pieces | organic | 6x250g | 14.70 | 3.27 | 6 0 6 3 |
| ▼ | Cashews Large Pieces | organic | 6x500g | 26.30 | 5.84 | 6 0 6 4 |
| ▼ | Chia Seeds | organic | 6x250g | 11.10 | 2.47 | 6 0 5 2 |
| ▼ | Chia Seeds | organic | 6x500g | 19.10 | 4.24 | 6 0 5 3 |
| ▼ | Coconut Desiccated | organic | 6x250g | 9.75 | 2.17 | 6 0 3 5 |
| ▼ | Coconut Desiccated | organic | 6x500g | 16.40 | 3.64 | 6 0 4 0 |
| ▼ | Coconut Chips | organic | 6x250g | 10.85 | 2.41 | 6 0 3 7 |
| ▼ | Toasted Coconut Chips | organic | 6x250g | 11.35 | 2.52 | 6 0 3 9 |
| ▲ | Hi Energy Trail Mix | organic | 6x250g | 16.55 | 3.74 | 6 0 4 8 |
| ▲ | Hi Energy Trail Mix | organic | 6x125g | 9.80 | 2.21 | 6 0 4 9 |
| ▼ | Hazelnuts | organic | 6x125g | 14.30 | 3.18 | 6 0 4 5 |
| ▼ | Hazelnuts | organic | 6x250g | 25.55 | 5.68 | 6 0 5 0 |
| ▼ | Hazelnuts | organic | 6x500g | 48.05 | 10.68 | 6 0 5 5 |
| ▼ | Roast Whole Hazelnuts | organic | 6x125g | 16.30 V | 4.35 | 6 0 5 6 |
| ▼ | Linseed Brown | organic | 6x250g | 5.80 | 1.29 | 6 0 7 0 |
| ▼ | Linseed Brown | organic | 6x450g | 8.00 | 1.78 | 6 0 7 5 |
| ▼ | Peanuts | organic | 6x500g | 13.55 | 3.01 | 6 0 9 0 |
| ▲ | Pecans - halves | organic | 6x125g | 16.85 | 3.74 | 6 0 9 2 |
| ▲ | Pecans - halves | organic | 6x250g | 30.60 | 6.80 | 6 0 9 3 |
| ▼ | Pine Kernels | organic | 6x125g | 26.15 | 5.83 | 6 0 9 5 |
| ▼ | Pine Kernels | organic | 6x250g | 49.25 | 10.94 | 6 0 9 7 |
| ▼ | Hulled Sesame Seeds - white | organic | 6x250g | 8.80 | 1.96 | 6 1 1 5 |
| ▼ | Sesame Seeds - whole - brown | organic | 6x250g | 7.90 | 1.76 | 6 1 2 5 |
| ▼ | Sesame Seeds - whole - brown | organic | 6x400g | 10.80 | 2.40 | 6 1 2 7 |
| ▲ | Black Sesame Seeds - whole | organic | 6x250g | 9.90 | 2.20 | 6 1 2 8 |

Bulk Nuts and Seeds

| | | | | |
|--------------------------|---------|--------|-------|-------|
| ▲ Ground Almonds | 10kg | 84.35 | 8.44 | 91040 |
| ▲ Ground Almonds | 3kg | 27.15 | 9.05 | 91045 |
| ▲ Cashews - large pieces | 22.68kg | 145.50 | 6.42 | 91070 |
| ▲ Cashews - large pieces | 5kg | 33.95 | 6.79 | 91075 |
| ▲ Macadamia Nuts - raw | 11.34kg | 145.50 | 12.83 | 91147 |
| ▲ Macadamia Nuts - raw | 5kg | 66.00 | 13.20 | 91146 |
| ▲ Macadamia Nuts - raw | 1kg | 14.65 | 14.65 | 91148 |
| ▲ Pecans Halves | 13.6kg | 210.50 | 15.48 | 91170 |
| ▲ Pecans Halves | 2kg | 32.80 | 16.40 | 91175 |

Infinity Pre-Packed Nuts & Seeds

| | | | | |
|--------------------------|--------|-------|------|------|
| ▲ Cashews - large pieces | 6x250g | 12.70 | 2.83 | 6620 |
| ▲ Cashews - large pieces | 6x500g | 22.35 | 4.97 | 6625 |
| ▲ Macadamia Nuts - raw | 6x125g | 12.70 | 2.82 | 6828 |
| ▲ Pecans Halves | 6x125g | 14.70 | 3.27 | 6830 |
| ▲ Pecans Halves | 6x250g | 26.30 | 5.84 | 6835 |

Coconut Merchant

| | | | | | |
|-------------------|---------|---------|-------|------|-------|
| ◆ Creamed Coconut | organic | 12x200g | 29.60 | 3.29 | 90718 |
|-------------------|---------|---------|-------|------|-------|

Dried Fruit

Bulk Organic Dried Fruit

| | | | | | |
|-----------------------------|---------|--------|--------|-------|--------|
| ▼ Apricots Whole | organic | 12.5kg | 145.45 | 11.64 | 100510 |
| ▼ Apricots Whole | organic | 5kg | 60.15 | 12.03 | 100515 |
| ▲ Dates Select - Pitted | organic | 10kg | 27.00 | 2.70 | 100532 |
| ▲ Dates Select - Pitted | organic | 5kg | 15.35 | 3.07 | 100533 |
| ▼ Goji Berries | organic | 10kg | 105.00 | 10.50 | 100543 |
| ▼ Goji Berries | organic | 1kg | 12.35 | 12.35 | 100545 |
| ▼ Raisins - s/f oil dressed | organic | 10kg | 47.50 | 4.75 | 100560 |
| ▼ Raisins - s/f oil dressed | organic | 5kg | 25.60 | 5.12 | 100565 |

Infinity Pre-Packed Organic Dried Fruit

| | | | | | |
|-------------------------|---------|--------|-------|-------|------|
| ▼ Apricots Whole | organic | 6x350g | 28.50 | 6.33 | 7010 |
| ▼ Apricots Whole | organic | 6x500g | 39.00 | 8.67 | 7015 |
| ▼ Apricots Whole | organic | 6x1kg | 73.90 | 16.42 | 7020 |
| ▲ Dates Select - Pitted | organic | 6x250g | 8.10 | 1.80 | 7032 |
| ▲ Dates Select - Pitted | organic | 6x500g | 12.15 | 2.70 | 7033 |
| ▼ Goji Berries | organic | 6x125g | 11.95 | 2.66 | 7064 |
| ▼ Goji Berries | organic | 6x250g | 19.80 | 4.40 | 7065 |
| ▼ Raisins | organic | 6x250g | 11.20 | 2.49 | 7095 |
| ▼ Raisins | organic | 6x500g | 18.30 | 4.07 | 7100 |
| ▼ Raisins | organic | 6x1kg | 32.55 | 7.23 | 7105 |

Bulk Dried Fruit

| | | | | |
|-------------------------------|--------|--------|------|--------|
| ▼ Apricots Whole Yellow - SO2 | 12.5kg | 115.00 | 9.20 | 101035 |
| ▼ Apricots Whole Yellow - SO2 | 5kg | 47.85 | 9.57 | 101040 |
| ▼ Dates Chopped - some pips | 10kg | 17.00 | 1.70 | 101075 |
| ▲ Dates Pitted | 10kg | 17.60 | 1.76 | 101092 |
| ▲ Dates Pitted | 5kg | 10.65 | 2.13 | 101093 |
| ▼ Papaya - SO2 - with sugar | 5kg | 30.15 | 6.03 | 101140 |

Infinity Pre-Packed Dried Fruit

| | | | | |
|-------------------------------|--------|-------|------|------|
| ▼ Apricots Whole Yellow - SO2 | 6x250g | 17.85 | 3.97 | 7530 |
| ▼ Apricots Whole Yellow - SO2 | 6x500g | 31.65 | 7.03 | 7535 |
| ▲ Dates Pitted | 6x250g | 6.70 | 1.49 | 7612 |
| ▲ Dates Pitted | 6x500g | 9.35 | 2.08 | 7613 |

Suma - Vegan

| | | | | |
|---|--------|-------|------|--------|
| ▲ Candied Mixed Peel - contains SO2 - bag | 1kg | 6.25 | 6.25 | 101250 |
| ▲ Candied Mixed Peel - contains SO2 - tub | 6x200g | 11.45 | 2.55 | 101251 |

Herbs and Spices

Infinity Foods Herbs & Spices - packets

| | | | | | |
|-----------------------------------|---------|-------|------|------|------|
| ▲ Allspice Ground | organic | 6x20g | 8.55 | 1.90 | 9200 |
| ▲ Basil | organic | 6x20g | 6.45 | 1.43 | 9202 |
| ▲ Bay Leaves | organic | 6x4g | 6.45 | 1.43 | 9203 |
| ▼ Black Onion Seed (Nigella Seed) | organic | 6x25g | 6.45 | 1.43 | 9236 |
| ▲ Black Pepper Ground | organic | 6x25g | 8.55 | 1.90 | 9239 |
| ▲ Black Peppercorns | organic | 6x25g | 8.55 | 1.90 | 9240 |

| | | | | | |
|-------------------------|---------|-------|------|------|------|
| ▲ Caraway Seed | organic | 6x30g | 7.45 | 1.66 | 9204 |
| ▲ Cardamom Pods | organic | 6x10g | 8.55 | 1.90 | 9205 |
| ▲ Cayenne Pepper | organic | 6x35g | 8.55 | 1.90 | 9206 |
| ▲ Chilli Powder | organic | 6x25g | 7.45 | 1.66 | 9210 |
| ▲ Cinnamon Ground | organic | 6x30g | 7.45 | 1.66 | 9209 |
| ▲ Cinnamon Sticks | organic | 6x15g | 9.90 | 2.20 | 9208 |
| ▲ Cloves Whole | organic | 6x20g | 7.45 | 1.66 | 9211 |
| ▲ Coriander Ground | organic | 6x40g | 6.45 | 1.43 | 9213 |
| ▲ Coriander Seed | organic | 6x40g | 6.45 | 1.43 | 9212 |
| ▲ Crushed Chillis | organic | 6x25g | 8.55 | 1.90 | 9214 |
| ▲ Cumin Ground | organic | 6x25g | 8.55 | 1.90 | 9216 |
| ▲ Cumin Seed | organic | 6x25g | 8.55 | 1.90 | 9215 |
| ▲ Curry Leaves | organic | 6x5g | 6.45 | 1.43 | 9217 |
| ▲ Curry Powder | organic | 6x30g | 7.45 | 1.66 | 9218 |
| ▲ Fennel Seed | organic | 6x40g | 6.45 | 1.43 | 9220 |
| ▲ Fenugreek Seed | organic | 6x40g | 7.45 | 1.66 | 9221 |
| ▲ Garam Masala | organic | 6x25g | 7.45 | 1.66 | 9222 |
| ▲ Garlic Granules | organic | 6x25g | 7.45 | 1.66 | 9223 |
| ▲ Ginger Ground | organic | 6x30g | 7.45 | 1.66 | 9224 |
| ▲ Herbes de Provence | organic | 6x20g | 6.45 | 1.43 | 9225 |
| ▲ Juniper Berries | organic | 6x30g | 8.55 | 1.90 | 9226 |
| ▲ Marjoram | organic | 6x10g | 6.45 | 1.43 | 9227 |
| ▲ Mint (Spearmint) | organic | 6x20g | 6.45 | 1.43 | 9228 |
| ▲ Mixed Herbs | organic | 6x20g | 6.45 | 1.43 | 9229 |
| ▲ Mixed Spice | organic | 6x25g | 7.45 | 1.66 | 9230 |
| ▲ Mustard Seed - Black | organic | 6x50g | 7.45 | 1.66 | 9231 |
| ▲ Mustard Seed - Yellow | organic | 6x50g | 7.45 | 1.66 | 9232 |
| ▲ Nutmeg Ground | organic | 6x20g | 9.90 | 2.20 | 9234 |
| ▲ Nutmeg Whole | organic | 6x20g | 9.90 | 2.20 | 9233 |
| ▲ Oregano | organic | 6x20g | 7.45 | 1.66 | 9235 |
| ▲ Paprika | organic | 6x25g | 7.45 | 1.66 | 9237 |
| ▲ Parsley | organic | 6x15g | 6.45 | 1.43 | 9238 |
| ▲ Rosemary | organic | 6x20g | 6.45 | 1.43 | 9243 |
| ▲ Sage | organic | 6x25g | 6.45 | 1.43 | 9244 |
| ▲ Smoked Paprika | organic | 6x25g | 7.45 | 1.66 | 9249 |
| ▲ Star Anise | organic | 6x15g | 7.45 | 1.66 | 9201 |
| ▲ Tarragon | organic | 6x10g | 8.55 | 1.90 | 9245 |
| ▲ Thyme | organic | 6x25g | 7.45 | 1.66 | 9246 |
| ▲ Turmeric Ground | organic | 6x30g | 6.45 | 1.43 | 9247 |
| ▲ White Peppercorns | organic | 6x25g | 8.55 | 1.90 | 9241 |

Organic Herb Trading

| | | | | |
|---|---------|-----|-------|--------|
| ▲ Chilli Powder - ground cayenne pepper | organic | 1kg | 34.60 | 993017 |
| ▲ Coriander Seed | organic | 1kg | 12.60 | 993026 |
| ▲ Cumin Ground | organic | 1kg | 33.85 | 993032 |
| ▲ Garam Masala Powder | organic | 1kg | 45.90 | 993039 |
| ▲ Herb Provencal | organic | 1kg | 26.65 | 993041 |
| ▲ Oregano | organic | 1kg | 23.90 | 993070 |

Pasta

Profusion - protein rich - gluten-free - dried at 42 degrees C

| | | | | | |
|----------------------|---------|---------|-------|------|--------|
| ◆ Chickpea Fusilli | organic | 8x250g | 19.75 | 3.29 | 132111 |
| ◆ Chickpea Orzo | organic | 10x250g | 23.15 | 3.08 | 132122 |
| ◆ Red Lentil Fusilli | organic | 8x250g | 20.35 | 3.39 | 132106 |
| ◆ Red Lentil Orzo | organic | 12x250g | 27.80 | 3.09 | 132123 |

Noodles

Clearspring - Japanese - (none are wheat-free)

| | | | | | |
|-----------------------------|---------|---------|-------|------|--------|
| ◆ Brown Rice Udon Noodles | organic | 12x200g | 31.40 | 3.49 | 490506 |
| ◆ Skinny Soba Somen Noodles | organic | 12x200g | 31.40 | 3.49 | 490508 |
| ◆ Soba Noodles | organic | 12x200g | 31.40 | 3.49 | 490510 |
| ◆ Udon Noodles | organic | 12x200g | 31.40 | 3.49 | 490507 |
| ◆ Wide Udon Noodles | organic | 12x200g | 31.40 | 3.49 | 490509 |

Bread, Rice Cakes, Crackers etc

IBIS

| | | | | | |
|--|---------|---------|-------|------|-----------------|
| ◆ Bean & Rice Cake | organic | 12x130g | 17.90 | 1.99 | 17 333 9 |
| ◆ Bean & Rice Cake - with Kep sea salt | organic | 12x130g | 17.90 | 1.99 | 17 334 1 |
| ◆ Wholegrain Rice Cake | organic | 12x130g | 16.05 | 1.78 | 17 334 0 |
| ◆ Wholegrain Rice Cake Kep Salt | organic | 12x130g | 16.05 | 1.78 | 17 334 2 |
| ◆ Wholegrain Rice Cake Kep Salt & Pepper | organic | 12x130g | 16.05 | 1.78 | 17 334 4 |

Karg

| | | | | | |
|--|---------|---------|-------|------|-----------------|
| ▲ Classic Wheat Crispbread | organic | 8x200g | 19.90 | 3.32 | 17 325 5 |
| ▲ Emmental Cheese & Pumpkin Crispbread | organic | 8x200g | 22.15 | 3.69 | 17 326 0 |
| ▲ Pumpkin Seeds Protein Thins Crispbread | organic | 14x150g | 37.30 | 3.55 | 17 326 3 |
| ▲ Spelt Seeded Crispbread | organic | 8x200g | 22.40 | 3.73 | 17 327 5 |

Nairn's

| | | | | | |
|---------------------------|---------|---------|-------|------|-----------------|
| ◆ Cheese Oatcakes | | 12x200g | 19.25 | 2.14 | 17 471 5 |
| ◆ Fine Milled Oatcakes | | 12x218g | 12.80 | 1.42 | 17 472 0 |
| ◆ Fruit and Seed Oatcakes | | 8x225g | 12.85 | 2.14 | 17 472 3 |
| ◆ Rough Oatcakes | | 10x291g | 11.60 | 1.55 | 17 471 7 |
| ◆ Scottish Oatcakes | organic | 12x250g | 17.00 | 1.89 | 17 470 5 |
| ◆ Super Seeded Oatcakes | organic | 8x200g | 12.85 | 2.14 | 17 471 2 |

Biscuits and Cakes

Realfoods by Organico

| | | | | | |
|-------------------------------------|---------|---------|-------|------|-----------------|
| ◆ Choc Chip Cookies - vegan | organic | 10x110g | 19.85 | 1.99 | 18 247 0 |
| ◆ Petit-Beurre Pure Butter Biscuits | organic | 12x150g | 23.85 | 2.65 | 18 247 2 |
| ◆ Speculoos Spiced Belgian Biscuits | organic | 12x125g | 23.85 | 2.65 | 18 247 4 |

Oils & Fats

Coconut Merchant

| | | | | | |
|--|---------|----------|--------|-------|-----------------|
| ◆ Coconut Oil - raw extra virgin - glass | organic | 12x500ml | 87.65 | 9.74 | 20 059 5 |
| ◆ Coconut Oil - raw extra virgin - plastic tub | organic | 20l | 254.65 | 12.73 | 20 058 8 |
| ◆ Coconut Oil - raw extra virgin - plastic tub | organic | 4l | 54.55 | 13.64 | 20 059 0 |

Farrington's Mellow Yellow Rapeseed Oil

| | | | | | |
|---|--|---------|-------|------|-----------------|
| ◆ Mellow Yellow Balsamic Vinegar Dressing | | 6x250ml | 16.15 | 3.59 | 20 063 4 |
| ◆ Mellow Yellow Blackberry Vinaigrette | | 6x250ml | 16.15 | 3.59 | 20 063 9 |
| ◆ Mellow Yellow Chilli Oil | | 6x250ml | 15.40 | 3.42 | 20 063 5 |
| ◆ Mellow Yellow Classic Vinaigrette | | 6x250ml | 16.15 | 3.59 | 20 063 7 |
| ◆ Mellow Yellow Cold Pressed Rapeseed Oil | | 6x500ml | 20.80 | 4.62 | 20 063 3 |
| ◆ Mellow Yellow Honey & Mustard Dressing | | 6x250ml | 16.15 | 3.59 | 20 063 8 |
| ◆ Mellow Yellow Ultimate Chilli Dressing | | 6x250ml | 16.15 | 3.59 | 20 063 6 |

Forest Wholefoods - in glass

| | | | | | |
|---------------------------------|---------|---------|-------|------|-----------------|
| ▼ Cold Pressed E.V. Coconut Oil | organic | 6x500ml | 35.95 | 8.01 | 20 064 0 |
|---------------------------------|---------|---------|-------|------|-----------------|

Nut Butter, Pâté, Spreads & Jam

Carley's Organic Foods

| | | | | | |
|---|---------|--------|-------|-------|-----------------|
| ▲ Cashew Butter | organic | 6x170g | 19.75 | 4.55 | 25 023 7 |
| ▲ Crunchy Peanut Butter | organic | 6x250g | 14.65 | 3.37 | 25 027 8 |
| ▲ Crunchy Peanut Butter - jumbo | organic | 6x700g | 36.20 | 8.33 | 25 028 0 |
| ▲ Crunchy Whole Almond Roasted Nut Butter | organic | 6x500g | 52.85 | 12.15 | 25 028 4 |
| ▲ Dark Tahini Roasted | organic | 6x250g | 16.30 | 3.75 | 25 026 7 |
| ▲ Hazelnut Butter | organic | 6x170g | 30.00 | 6.90 | 25 024 0 |
| ▲ Light Tahini Roasted | organic | 6x250g | 18.45 | 4.25 | 25 026 8 |
| ▲ Pumpkin Seed Butter | organic | 6x250g | 25.50 | 5.86 | 25 026 3 |
| ▲ Roasted Almond Butter | organic | 6x170g | 20.65 | 4.75 | 25 023 5 |
| ▲ Smooth Peanut Butter | organic | 6x250g | 14.65 | 3.37 | 25 023 0 |
| ▲ Smooth Peanut Butter - jumbo | organic | 6x700g | 36.20 | 8.33 | 25 028 2 |
| ▲ Sunflower Seed Butter | organic | 6x250g | 12.35 | 2.84 | 25 025 2 |

Carley's Organic Foods - raw

| | | | | | |
|---------------------------------|---------|--------|-------|-------|-----------------|
| ▲ Large Raw Whole Almond Butter | organic | 6x500g | 52.85 | 12.15 | 25 027 9 |
| ▲ Raw Black Sesame Tahini | organic | 6x250g | 17.15 | 3.95 | 25 025 7 |
| ▲ Raw Cashew Butter | organic | 6x250g | 36.30 | 8.34 | 25 025 6 |
| ▲ Raw Dark Tahini | organic | 6x500g | 28.05 | 6.45 | 25 028 3 |
| ▲ Raw Hazelnut Butter | organic | 6x250g | 40.20 | 9.25 | 25 025 8 |
| ▲ Raw Hemp & Linseed Butter | organic | 6x170g | 17.15 | 3.94 | 25 023 9 |

| | | | | | |
|--------------------------------------|---------|--------|-------|------|-----------------|
| ▲ Raw Light Tahini | organic | 6x500g | 35.85 | 8.24 | 25 028 1 |
| ▲ Raw Macadamia Nut Butter | organic | 6x170g | 36.30 | 8.34 | 25 024 4 |
| ▲ Raw Sunflower Seed Butter | organic | 6x250g | 12.35 | 2.84 | 25 026 2 |
| ▲ Raw Tahini Dark | organic | 6x250g | 16.30 | 3.75 | 25 025 4 |
| ▲ Raw Tahini Light - small | organic | 6x250g | 18.45 | 4.24 | 25 025 3 |
| ▲ Raw Walnut Butter - small | organic | 6x170g | 20.20 | 4.65 | 25 025 5 |
| ▲ Raw White Almond Butter - blanched | organic | 6x170g | 20.65 | 4.75 | 25 023 4 |
| ▲ Small Raw Whole Almond Butter | organic | 6x250g | 28.45 | 6.54 | 25 023 2 |

Essential - Vitam-R

| | | | | | |
|------------------------------------|--|--------|-------|------|-----------------|
| ◆ Vitam-R (yeast extract low salt) | | 6x125g | 22.60 | 5.02 | 25 100 5 |
| ◆ Vitam-R (yeast extract low salt) | | 6x250g | 38.30 | 8.51 | 25 101 0 |

Fruitteto Italia

| | | | | | |
|--|---------|--------|-------|------|-----------------|
| ◆ Campanian Strawberry 100% Fruit Spread | organic | 6x215g | 18.70 | 4.16 | 29 090 1 |
| ◆ Morello Cherry 100% Fruit Spread | organic | 6x215g | 20.80 | 4.62 | 29 090 6 |
| ◆ Romagna Apricot 100% fruit spread | organic | 6x215g | 18.70 | 4.16 | 29 090 0 |
| ◆ Sicilian Orange with Ginger & Turmeric | organic | 6x215g | 18.70 | 4.16 | 29 090 2 |
| ◆ Super Berries with açai | organic | 6x215g | 20.80 | 4.62 | 29 090 3 |
| ◆ Wild Blueberry 100% fruit spread | organic | 6x215g | 23.30 | 5.18 | 29 090 4 |

Meridian

| | | | | | |
|-------------------------------------|---------|--------|-------|------|-----------------|
| ◆ Crunchy Almond Butter 100% | | 6x170g | 14.80 | 3.29 | 25 150 2 |
| ◆ Crunchy Cashew Butter | | 6x170g | 17.30 | 3.84 | 25 151 6 |
| ◆ Organic Smooth Almond Butter 100% | organic | 6x170g | 26.50 | 5.89 | 25 150 6 |
| ◆ Organic Smooth Cashew Butter | organic | 6x170g | 17.95 | 3.99 | 25 151 7 |
| ◆ Smooth Almond Butter 100% | | 6x170g | 14.80 | 3.29 | 25 150 3 |
| ◆ Smooth Cashew Butter | | 6x170g | 17.30 | 3.84 | 25 151 5 |

Rhythm 108 - vegan - gluten-free

| | | | | | |
|---|---------|--------|-------|------|-----------------|
| ◆ Chocolate Hazelnut Spread | organic | 6x250g | 26.40 | 5.87 | 26 122 1 |
| ◆ Pistachio Spread | organic | 6x250g | 30.80 | 6.84 | 26 122 3 |
| ◆ Salted Caramel Spread - was golden blonde | organic | 6x250g | 26.40 | 5.87 | 26 122 2 |

Honey, Syrup, Sugar & Sweeteners

Biona Sweeteners - in squeeze bottles

| | | | | | |
|------------------------------------|---------|--------|-------|------|-----------------|
| ◆ Agave Nectar - Dark syrup | organic | 6x350g | 18.85 | 4.19 | 31 040 5 |
| ◆ Blackstrap Molasses | organic | 6x350g | 13.45 | 2.99 | 31 040 6 |
| ◆ Date Syrup | organic | 6x350g | 19.75 | 4.39 | 31 041 5 |
| ◆ Rice Syrup | organic | 6x350g | 19.75 | 4.39 | 31 041 0 |
| ◆ Small Agave Nectar - Light syrup | organic | 6x350g | 17.95 | 3.99 | 31 040 2 |

Coconut Merchant - jar

| | | | | | |
|--------------------------------------|---------|---------|-------|------|-----------------|
| ◆ Coconut Nectar - honey alternative | organic | 12x300g | 43.20 | 4.80 | 31 159 0 |
|--------------------------------------|---------|---------|-------|------|-----------------|

Infinity Foods

| | | | | | |
|----------------------|---------|--------|-------|------|-----------------|
| ▼ Coconut Palm Sugar | organic | 20kg | 78.35 | 3.92 | 32 141 5 |
| ▼ Coconut Palm Sugar | organic | 5kg | 21.45 | 4.29 | 32 141 7 |
| ▼ Coconut Palm Sugar | organic | 6x500g | 16.15 | 3.60 | 32 141 8 |

Rayner's Essentials

| | | | | | |
|-----------------------------|---------|--------|-------|------|-----------------|
| ▲ Barley Malt Extract | organic | 6x340g | 22.45 | 4.99 | 31 450 5 |
| ▲ Barley Malt Extract - tub | organic | 5kg | 29.55 | 5.91 | 31 450 7 |
| ▲ Black Treacle | organic | 6x340g | 16.85 | 3.74 | 31 451 0 |
| ▲ Black Treacle - tub | organic | 5kg | 24.35 | 4.87 | 31 451 2 |
| ▲ Golden Syrup | organic | 6x340g | 24.70 | 5.49 | 31 451 6 |
| ▲ Golden Syrup - tub | organic | 5kg | 35.20 | 7.04 | 31 452 7 |

Olives, Pickles and Preserved Vegetables

Carley's Organic Foods - no added salt or sugar

| | | | | | |
|---------------------------|---------|--------|-------|------|-----------------|
| ▲ Apple & Sultana Chutney | organic | 6x300g | 15.40 | 3.55 | 35 181 0 |
| ▲ Red Onion Marmalade | organic | 6x300g | 18.45 | 4.25 | 35 181 5 |
| ▲ Spiced Tomato Relish | organic | 6x300g | 13.70 | 3.15 | 35 182 0 |

Carley's Organic Foods

| | | | | | |
|--------------------|---------|--------|-------|------|-----------------|
| ▲ Preserved Lemons | organic | 6x700g | 27.60 | 6.35 | 35 180 5 |
|--------------------|---------|--------|-------|------|-----------------|

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Realfoods by Organico - Mediterranean vegetables in jars

| | | | | | |
|---|---------|---------|-------|------|---------------|
| ◆ Artichoke Hearts in sunflower oil | organic | 5x190g | 18.55 | 4.95 | 351680 |
| ◆ Capers in brine - large | organic | 12x250g | 40.05 | 4.45 | 351695 |
| ◆ Capers in brine - small | organic | 12x100g | 23.85 | 2.65 | 351696 |
| ◆ Peppers - grilled - in e.v. olive oil | organic | 5x190g | 15.90 | 4.25 | 351675 |
| ◆ Sundried Tomatoes in Oil | organic | 5x190g | 18.15 | 4.85 | 351686 |

Realfoods by Organico - olives in jars

| | | | | | |
|--|---------|--------|-------|------|---------------|
| ◆ Green & Greek Olives pitted in brine | organic | 6x230g | 15.50 | 3.45 | 351751 |
| ◆ Kalamata Olives pitted in brine & wine vinegar | organic | 6x230g | 15.50 | 3.45 | 351750 |

Suma

| | | | | | |
|--|---------|---------|-------|------|---------------|
| ◆ Supersweet Sweetcorn - easy open can | organic | 12x160g | 13.50 | 1.50 | 352049 |
| ◆ Supersweet Sweetcorn - easy open can - large | organic | 12x340g | 20.25 | 2.25 | 352052 |

Vinegars

Aspall

| | | | | | |
|--|---------|---------|---------|------|---------------|
| ◆ Apple Balsamic Vinegar | | 6x350ml | 13.90 | 3.09 | 370503 |
| ◆ Balsamic Vinegar | organic | 6x350ml | 19.65 | 4.37 | 370504 |
| ◆ Balsamic Vinegar | organic | 5l | 36.65 | 7.33 | 370507 |
| ◆ Cyder Vinegar | organic | 20l | 47.80 | 2.39 | 370511 |
| ◆ Cyder Vinegar | organic | 5l | 16.65 | 3.33 | 370512 |
| ◆ Cyder Vinegar | organic | 6x500ml | 11.80 | 2.62 | 370516 |
| ◆ Cyder Vinegar | organic | 6x350ml | 10.20 | 2.27 | 370518 |
| ◆ Organic White Wine Vinegar | organic | 5l | 16.35 | 3.27 | 370552 |
| ◆ Raw Apple Cyder Vinegar with Honey 35% | | 6x500ml | 17.95 V | 4.79 | 370522 |
| ◆ Raw Unfiltered Cyder Vinegar | organic | 6x500ml | 15.10 | 3.36 | 370519 |
| ◆ Raw Unfiltered Cyder Vinegar | organic | 5l | 16.65 | 3.33 | 370520 |
| ◆ Red Wine Vinegar | | 5l | 10.75 | 2.15 | 370517 |
| ◆ Red Wine Vinegar | organic | 6x350ml | 10.05 | 2.23 | 370535 |
| ◆ White Wine Vinegar | organic | 6x350ml | 10.05 | 2.23 | 370550 |
| ◆ White Wine Vinegar (not organic) | | 5l | 10.75 | 2.15 | 370523 |

Rayners organic raw unfiltered vinegars in glass

| | | | | | |
|---------------------------------------|---------|---------|-------|------|---------------|
| ▲ Apple Cider Vinegar with the mother | organic | 6x750ml | 24.70 | 5.50 | 371620 |
| ▲ Apple Cider Vinegar with the mother | organic | 6x500ml | 17.90 | 3.98 | 371622 |
| ▲ Pomegranate Vinegar with the mother | organic | 6x250ml | 24.70 | 5.50 | 371628 |
| ▲ Red Wine Vinegar with the mother | organic | 6x500ml | 17.90 | 3.98 | 371630 |
| ▲ White Wine Vinegar with the mother | organic | 6x500ml | 17.90 | 3.98 | 371632 |

Sauces, Fruit and Vegetable Products

Biona - Sauces, Mustards, Pastes, Relish

| | | | | | |
|-----------------------------------|---------|--------|-------|------|---------------|
| ▲ Garlic & Ginger Paste | organic | 6x130g | 14.80 | 3.29 | 390089 |
| ▲ Garlic Paste | organic | 6x130g | 14.80 | 3.29 | 390088 |
| ▲ Ginger Paste | organic | 6x130g | 14.80 | 3.29 | 390090 |
| ▲ Ginger Turmeric Paste | organic | 6x130g | 14.80 | 3.29 | 390087 |
| ▼ Satay Spicy Peanut Simmer Sauce | organic | 6x350g | 18.85 | 4.19 | 390187 |

Biona - Tomato Products

| | | | | | |
|--|---------|---------|-------|------|---------------|
| ◆ Arrabbiata Pasta Sauce (hot & spicy) | organic | 6x350g | 13.45 | 2.99 | 390129 |
| ◆ Basilico Tomato & Basil Sauce | organic | 6x350g | 13.45 | 2.99 | 390130 |
| ◆ Passata | organic | 12x680g | 20.60 | 2.29 | 390115 |
| ◆ Passata Rustica | organic | 12x680g | 23.30 | 2.59 | 390119 |
| ◆ Passata with Basil | organic | 12x680g | 20.60 | 2.29 | 390117 |
| ◆ Toscana Pasta Sauce (Tuscan) | organic | 6x350g | 13.45 | 2.99 | 390139 |

Carley's Organic Foods

| | | | | | |
|------------------------|---------|--------|-------|------|---------------|
| ▲ Apple Purée | organic | 6x700g | 15.40 | 3.55 | 390310 |
| ▲ Coarse Grain Mustard | organic | 6x170g | 14.55 | 3.34 | 390275 |
| ▲ English Mustard | organic | 6x170g | 17.15 | 3.94 | 390280 |

Coconut Merchant

| | | | | | |
|----------------|---------|----------|-------|------|---------------|
| ◆ Coconut Milk | organic | 6x400ml | 11.00 | 2.45 | 390752 |
| ◆ Coconut Milk | organic | 12x200ml | 14.05 | 1.56 | 390754 |

White Mausu vegan chilli oils & rayu

| | | | | | |
|-------------------------|--|--------|-------|------|---------------|
| ◆ Black Bean Rayu | | 6x240g | 28.55 | 6.34 | 394360 |
| ◆ Peanut Rayu | | 6x240g | 28.55 | 6.34 | 394362 |
| ◆ Peanut Rayu Extra Hot | | 6x240g | 28.55 | 6.34 | 394364 |
| ◆ Smoky Chilli Oil | | 6x240g | 28.55 | 6.34 | 394365 |

Convenience Foods

Bold Bean Co. baked beans - in a jar

| | | | | | |
|----------------------------|--|--------|-------|------|---------------|
| ☆ Masala Baked Beans | | 6x390g | 17.60 | 3.91 | 390271 |
| ☆ Rich Tomato Baked Beans | | 6x390g | 17.60 | 3.91 | 390272 |
| ☆ Smoky Chilli Baked Beans | | 6x390g | 17.60 | 3.91 | 390273 |

Mr Organic - glass jar

| | | | | | |
|--------------------------|---------|--------|-------|------|---------------|
| ◆ Butter Beans - jar | organic | 6x350g | 10.35 | 2.30 | 442791 |
| ◆ Cannellini Beans - jar | organic | 6x350g | 10.35 | 2.30 | 442792 |
| ◆ Chickpeas - jar | organic | 6x350g | 10.35 | 2.30 | 442793 |
| ◆ Lentils - jar | organic | 6x350g | 10.35 | 2.30 | 442794 |

Mr Organic - ring-pull cans

| | | | | | |
|-------------------------|---------|---------|-------|------|---------------|
| ◆ Aduki Beans | organic | 12x400g | 15.20 | 1.69 | 442748 |
| ◆ Baked Beans | organic | 12x400g | 15.20 | 1.69 | 442750 |
| ◆ Beluga Lentils | organic | 12x400g | 14.30 | 1.59 | 442753 |
| ◆ Black Beans | organic | 12x400g | 13.40 | 1.49 | 442752 |
| ◆ Borlotti Beans | organic | 12x400g | 14.30 | 1.59 | 442755 |
| ◆ Butter Beans | organic | 12x400g | 16.10 | 1.79 | 442762 |
| ◆ Cannellini Beans | organic | 12x400g | 14.30 | 1.59 | 442757 |
| ◆ Chickpeas | organic | 12x400g | 13.40 | 1.49 | 442760 |
| ◆ Chilli Mixed Beans | organic | 12x400g | 18.80 | 2.09 | 442761 |
| ◆ Haricot Beans | organic | 12x400g | 14.30 | 1.59 | 442763 |
| ◆ Lentils - green | organic | 12x400g | 14.30 | 1.59 | 442765 |
| ◆ Low Sugar Baked Beans | organic | 12x400g | 17.00 | 1.89 | 442766 |
| ◆ Mixed Beans | organic | 12x400g | 16.10 | 1.79 | 442767 |
| ◆ Red Kidney Beans | organic | 12x400g | 15.20 | 1.69 | 442770 |

Suma - baked beans and canned meals

| | | | | | |
|--|---------|--------|-------|------|---------------|
| ◆ Ravioli in a Creamy Mushroom Sauce - vegan | organic | 6x400g | 13.45 | 2.99 | 444497 |
| ◆ Ravioli with Tomato & Ricotta | organic | 6x400g | 13.45 | 2.99 | 444501 |
| ◆ Ravioli with Vegetable Sauce - vegan | organic | 6x400g | 13.45 | 2.99 | 444502 |

Suma Canned from Fresh - beans & pulses easy-open cans

| | | | | | |
|--------------------------|---------|---------|-------|------|---------------|
| ◆ Borlotti Beans Fresh | organic | 12x400g | 17.00 | 1.89 | 445600 |
| ◆ Cannellini Beans Fresh | organic | 12x400g | 17.00 | 1.89 | 445601 |
| ◆ Edamame Fresh | organic | 12x200g | 16.10 | 1.79 | 445603 |
| ◆ Flageolet Fresh | organic | 12x200g | 14.85 | 1.65 | 445605 |
| ◆ Peas Fresh | organic | 12x340g | 17.00 | 1.89 | 445604 |

Baby & Children's Food and Baby Products

Cheeky Panda Bamboo products

| | | | | | |
|---------------------|--|-----------|---------|------|---------------|
| ◆ Bamboo Baby Wipes | | 12x60pack | 22.40 V | 2.99 | 830981 |
|---------------------|--|-----------|---------|------|---------------|

Ella's Kitchen - 6 months plus

| | | | | | |
|---|---------|--------|-------|------|---------------|
| ◆ The Green One - Smoothie Fruit - singles | organic | 12x90g | 11.60 | 1.29 | 470943 |
| ◆ The Purple One - Smoothie Fruit - singles | organic | 12x90g | 11.60 | 1.29 | 470945 |
| ◆ The Red One - Smoothie Fruit - singles | organic | 12x90g | 11.60 | 1.29 | 470950 |
| ◆ The Yellow One - Smoothie Fruit - singles | organic | 12x90g | 11.60 | 1.29 | 470960 |

Ella's Kitchen - 6 months+ - (min 5 months shelf life)

| | | | | | |
|----------------------------|---------|-------|------|------|---------------|
| ◆ Strawberry Greek Yoghurt | organic | 6x90g | 7.40 | 1.64 | 470964 |
|----------------------------|---------|-------|------|------|---------------|

Ella's Kitchen - baby food - 4 months plus - pouches

| | | | | | |
|---|---------|--------|------|------|---------------|
| ◆ Apples & Bananas | organic | 7x120g | 8.95 | 1.70 | 470930 |
| ◆ Banana Apple + Blueberry Baby Rice | organic | 7x120g | 8.90 | 1.70 | 470929 |
| ◆ Broccoli, Pear & Peas | organic | 7x120g | 8.95 | 1.70 | 470932 |
| ◆ Butternut Squash, Carrot, Apples and Prunes | organic | 7x120g | 8.95 | 1.70 | 470933 |
| ◆ Carrot, Apple & Parsnip | organic | 7x120g | 8.95 | 1.70 | 470935 |
| ◆ Peaches and Bananas | organic | 7x120g | 8.95 | 1.70 | 470936 |
| ◆ Strawberries and Apples | organic | 7x120g | 8.95 | 1.70 | 470939 |
| ◆ Sweet Potato, Broccoli & Carrots | organic | 7x120g | 8.95 | 1.70 | 470940 |
| ◆ Sweet Potato, Pumpkin, Apple & Blueberry | organic | 7x120g | 8.95 | 1.70 | 470938 |

Ella's Kitchen - First Taste range - 4 months plus - pouches

| | | | | | |
|---------------------------|---------|-------|------|------|---------------|
| ◆ Apples Apples Apples | organic | 7x70g | 8.00 | 1.52 | 470870 |
| ◆ Bananas Bananas Bananas | organic | 7x70g | 8.00 | 1.52 | 470872 |
| ◆ Mangoes Mangoes Mangoes | organic | 7x70g | 8.00 | 1.52 | 470875 |
| ◆ Pears Pears Pears | organic | 7x70g | 8.00 | 1.52 | 470877 |
| ◆ Prunes Prunes Prunes | organic | 7x70g | 8.00 | 1.52 | 470878 |

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Ella's Kitchen - 12 months plus

| | | | | | |
|---------------------------------------|---------|---------|-------|------|---------------|
| ◆ Berry Oaty Smooshy - multi | organic | 3x4x90g | 13.00 | 5.78 | 470987 |
| ◆ Peach + Banana Oaty Smooshy - multi | organic | 3x4x90g | 13.00 | 5.78 | 470988 |

Organix - Toddler & Kids

| | | | | | |
|---|---------|----------|---------|------|---------------|
| ◆ Banana Bread Biscuits | organic | 6x6x135g | 14.40 | 3.20 | 470862 |
| ◆ Barbeque Gruffalo Claws | organic | 3x4x15g | 7.25 | 3.21 | 470901 |
| ◆ Cheese & Herbs Puffs - multipack | organic | 3x4x15g | 7.25 | 3.21 | 470890 |
| ◆ Cheese & Onion Gruffalo Claws | organic | 3x4x15g | 7.25 | 3.21 | 470905 |
| ◆ Chunky Apple & Date Fruit Bars | organic | 6x6x17g | 18.70 | 4.16 | 470881 |
| ◆ Chunky Banana & Date Fruit Bars | organic | 6x6x17g | 18.70 | 4.16 | 470882 |
| ◆ Cocoa & Vanilla Gruffalo Biscuits | organic | 3x5x20g | 6.40 | 2.84 | 470889 |
| ◆ Farm Animal Biscuits | organic | 5x100g | 10.85 | 2.89 | 470907 |
| ◆ Gingerbread Men - large | organic | 6x135g | 14.40 | 3.20 | 470909 |
| ◆ Gruffalo Crumble - Apple Soft Oaty Bars | organic | 6x6x23g | 16.50 V | 4.39 | 470892 |
| ◆ Gruffalo Purple Prickle Fruit Bars | organic | 6x6x17g | 18.70 V | 4.99 | 470891 |
| ◆ Jammie Monsters - strawberry & apple biscuits | organic | 4x4x64g | 10.70 | 3.57 | 470863 |
| ◆ Melty Carrot Puffs multi pack | organic | 4x4x18g | 9.00 | 2.99 | 470923 |
| ◆ Mini Cheese Cracker multipack | organic | 3x4x20g | 7.05 | 3.12 | 470918 |
| ◆ Mini Oaty Bites - raspberry & orange with apple | organic | 5x100g | 11.90 V | 3.80 | 470859 |
| ◆ Raisins - box | organic | 4x12x14g | 11.40 | 3.80 | 470884 |

Organix Brands - Baby

| | | | | | |
|----------------------------------|---------|--------|-------|------|---------------|
| ◆ Apple Rice Cake Clouds | organic | 6x40g | 8.90 | 1.98 | 470820 |
| ◆ Banana & Plum Porridge | organic | 4x200g | 11.15 | 3.72 | 470710 |
| ◆ Banana Rice Cake Clouds | organic | 6x40g | 8.90 | 1.98 | 470822 |
| ◆ Banana Weaning Wands | organic | 5x25g | 6.00 | 1.60 | 470976 |
| ◆ Little Ruskits Baby Biscuits | organic | 4x54g | 8.15 | 2.72 | 470833 |
| ◆ Melty Carrot Puffs | organic | 8x20g | 5.05 | 0.84 | 470924 |
| ◆ Melty Sweetcorn Rings | organic | 8x20g | 5.05 | 0.84 | 470926 |
| ◆ Melty Tomato Slices | organic | 5x20g | 3.25 | 0.87 | 470857 |
| ◆ Strawberry Weaning Wands | organic | 5x25g | 6.00 | 1.60 | 470978 |
| ◆ Summer Fruits Rice Cake Clouds | organic | 6x40g | 8.90 | 1.98 | 470826 |

Japanese Products, Miso, Soy Sauce, Tofu

Clearspring - Ambient Tofu - Tetra Pak

| | | | | | |
|-----------------------------------|---------|---------|-------|------|---------------|
| ◆ Long Life Silken Tofu - ambient | organic | 12x300g | 20.60 | 2.29 | 480590 |
| ◆ Long Life Silken Tofu - ambient | organic | 12x200g | 17.00 | 1.89 | 480591 |

Clearspring Japanese miso

| | | | | | |
|--|---------|--------|-------|------|---------------|
| ◆ 150g Brown Rice Miso - unpasteurised - jar | organic | 6x150g | 17.95 | 3.99 | 480461 |
| ◆ 300g Brown Rice Miso - unpasteurised - jar | organic | 6x300g | 26.05 | 5.79 | 480460 |
| ◆ Barley Miso - unpasteurised - jar | organic | 6x300g | 31.45 | 6.99 | 480450 |
| ◆ Chickpea Miso - unpasteurised - jar | organic | 6x150g | 17.95 | 3.99 | 480467 |
| ◆ Reduced Salt Brown Rice Miso - unpasteurised - jar | organic | 6x270g | 24.25 | 5.39 | 480465 |
| ◆ White Miso - unpasteurised - jar | organic | 6x270g | 19.30 | 4.29 | 480468 |

Sea Vegetables

Clearspring

| | | | | | |
|---|---------|--------|-------|------|---------------|
| ◆ Chilli Seaveg Crispies - toasted nori snack | organic | 20x4g | 19.35 | 1.29 | 531059 |
| ◆ Ginger Seaveg Crispies - toasted nori snack | organic | 20x4g | 19.35 | 1.29 | 531041 |
| ◆ Multipack Chilli Seaveg Crispies | organic | 6x5x4g | 22.45 | 4.99 | 531061 |
| ◆ Multipack Ginger Seaveg Crispies | organic | 6x5x4g | 22.45 | 4.99 | 531043 |
| ◆ Multipack Original Seaveg Crispies | organic | 6x5x4g | 22.45 | 4.99 | 531052 |
| ◆ Multipack Turmeric Seaveg Crispies | organic | 6x5x4g | 22.45 | 4.99 | 531047 |
| ◆ Original Seaveg Crispies - toasted nori snack | organic | 20x4g | 19.35 | 1.29 | 531050 |
| ◆ Turmeric Seaveg Crispies - toasted nori snack | organic | 20x4g | 19.35 | 1.29 | 531045 |

The Cornish Seaweed Company - grinders and shakers

| | | | | | |
|---------------------------------|---------|-------|-------|------|---------------|
| ▲ Dulse Flakes - shaker | organic | 6x20g | 20.90 | 4.95 | 531096 |
| ▼ Kelp Flakes - shaker | organic | 6x40g | 20.90 | 4.95 | 531098 |
| ▼ Mixed Seaweed Flakes - shaker | organic | 6x40g | 20.90 | 4.95 | 531100 |
| ▲ Sea Salad Flakes - shaker | organic | 6x12g | 20.90 | 4.95 | 531108 |
| ▲ Seagreens Flakes - shaker | organic | 6x10g | 20.90 | 4.95 | 531104 |

The Cornish Seaweed Company

| | | | | | |
|------------------------|---------|-------|-------|------|---------------|
| ▲ Cornish Seaweed Salt | organic | 8x70g | 22.30 | 3.72 | 531090 |
| ▲ Dulse | organic | 5x20g | 20.90 | 5.59 | 531065 |
| ▲ Dulse Flakes | organic | 5x40g | 26.60 | 7.09 | 531078 |
| ▲ Irish Moss | organic | 5x20g | 20.90 | 5.57 | 531071 |

| | | | | | |
|------------------------|---------|-------|-------|------|---------------|
| ▲ Kelp Flakes | organic | 5x60g | 24.40 | 6.51 | 531079 |
| ▲ Mixed Seaweed Flakes | organic | 5x60g | 24.40 | 6.51 | 531082 |
| ▲ Sea Greens | organic | 5x15g | 20.90 | 5.59 | 531077 |
| ▲ Sea Salad Flakes | organic | 5x30g | 25.50 | 6.80 | 531080 |
| ▲ Sea Spaghetti | organic | 5x40g | 20.90 | 5.57 | 531085 |

Teas - Herb

11 O'clock Tea

| | | | | | |
|-------------------------------|---------|---------|-------|------|---------------|
| ◆ 11 O'clock Rooibos Tea Bags | organic | 4x40bgs | 8.70 | 2.90 | 575010 |
| ◆ 11 O'clock Rooibos Tea Bags | organic | 4x80bgs | 16.15 | 5.38 | 575015 |

Clipper Infusions - tea bags - blends

| | | | | | |
|-------------------------------------|---------|---------|-------|------|---------------|
| ◆ 20 bag Peppermint Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560407 |
| ◆ 20 bags Chamomile Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560405 |
| ◆ Blackcurrant & Blueberry Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560408 |
| ◆ Dandelion Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560410 |
| ◆ Fennel Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560411 |
| ◆ Lemon & Ginger Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560417 |
| ◆ Liquorice Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560418 |
| ◆ Nettle Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560413 |
| ◆ Sleep Easy Infusion | organic | 6x20bgs | 12.75 | 2.83 | 560385 |

Dragonfly - Rooibos Teas

| | | | | | |
|-----------------------|---------|---------|------|------|---------------|
| ▲ Rooibos | organic | 4x40bgs | 9.45 | 3.15 | 544008 |
| ▲ Rooibos - Earl Grey | organic | 4x40bgs | 9.45 | 3.15 | 544110 |
| ▲ Rooibos - Vanilla | organic | 4x40bgs | 9.45 | 3.15 | 544112 |

Dragonfly - Organic Herb Teas

| | | | | | |
|----------------------------------|---------|---------|------|------|---------------|
| ▲ Cape Malay Rooibos Chai Bags | organic | 4x20bgs | 9.05 | 3.02 | 560555 |
| ▲ Cape Rooibos & Honeybush Bags | organic | 4x20bgs | 9.05 | 3.02 | 560568 |
| ▲ Golden Balance Turmeric Bags | organic | 4x20bgs | 9.05 | 3.02 | 560551 |
| ▲ Happy Times Tulsi Bags | organic | 4x20bgs | 9.05 | 3.02 | 560556 |
| ▲ Lively Lemon & Ginger Bags | organic | 4x20bgs | 9.05 | 3.02 | 560561 |
| ▲ Mint Garden Digestif Bags | organic | 4x20bgs | 9.05 | 3.02 | 560554 |
| ▲ Mountain Honeybush Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 560565 |
| ▲ Night Sky Calm Bags | organic | 4x20bgs | 9.05 | 3.02 | 560567 |
| ▲ Sleepy Mint & Honeybush Bags | organic | 4x20bgs | 9.05 | 3.02 | 560563 |
| ▲ Sweet Rosehip & Raspberry Bags | organic | 4x20bgs | 9.05 | 3.02 | 560564 |
| ▲ Three Mint Medley Bags | organic | 4x20bgs | 9.05 | 3.02 | 560566 |

Tick Tock Rooibos

| | | | | | |
|------------------------------|---------|---------|-------|------|---------------|
| ◆ Green Rooibos Tea Bags | organic | 4x40bgs | 8.55 | 2.85 | 561718 |
| ◆ Rooibos Earl Grey Tea Bags | organic | 4x40bgs | 8.55 | 2.85 | 561722 |
| ◆ Rooibos Tea Bags | organic | 4x40bgs | 8.05 | 2.68 | 561712 |
| ◆ Rooibos Tea Bags | organic | 4x80bgs | 15.75 | 5.25 | 561716 |
| ◆ Rooibos Tea Loose | organic | 6x100g | 12.00 | 2.67 | 561717 |

Teas - Black, Green & White

Dragonfly Tea

| | | | | | |
|--|---------|---------|------|------|---------------|
| ▲ Classic Earl Grey Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 581020 |
| ▲ Digestive Chai Pu'er Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 580354 |
| ▲ Digestive Pu'er Tea Bags - was Good Dragon | organic | 4x20bgs | 9.05 | 3.02 | 580349 |
| ◆ Golden Breakfast Tea Bags | organic | 4x40bgs | 8.85 | 2.95 | 581022 |
| ▲ Moonlight Jasmine Green Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 580347 |
| ▲ Moroccan Mint Green Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 580346 |
| ▲ Pure Green Mountain Tea | organic | 4x20bgs | 9.05 | 3.02 | 580345 |
| ▲ Swirling Mist White Tea Bags | organic | 4x20bgs | 9.05 | 3.02 | 580350 |
| ◆ Traditional English Breakfast Tea Bags | organic | 4x20bgs | 7.90 | 2.63 | 581025 |

Organic Herb Trading Co. organic loose tea

| | | | | | |
|----------------------------|---------|--------|-------|-------|---------------|
| ▲ Earl Grey Loose Leaf Tea | organic | 1x500g | 17.05 | 22.73 | 580534 |
|----------------------------|---------|--------|-------|-------|---------------|

Coffee

Equal Exchange FairTrade Coffee Beans

| | | | | | |
|--------------------------------------|---------|--------|-------|------|---------------|
| ◆ Coffee Beans - Dark City roast - 4 | organic | 8x200g | 45.00 | 7.50 | 600660 |
| ◆ Coffee Beans - Italian roast - 5 | organic | 8x200g | 45.00 | 7.50 | 600654 |
| ◆ Coffee Beans - medium roast - 3 | organic | 8x200g | 45.00 | 7.50 | 600657 |
| ◆ Coffee Beans - women grown - 3 | organic | 8x200g | 45.00 | 7.50 | 600664 |

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Equal Exchange Original FairTrade R&G Coffee

| | | | | | |
|-------------------------------------|---------|--------|-------|------|---------------|
| ◆ Dark City Roast Coffee Ground - 4 | organic | 8x200g | 45.00 | 7.50 | 600610 |
| ◆ Italian Coffee R&G - 5 | organic | 8x200g | 45.00 | 7.50 | 600685 |
| ◆ Medium R&G Coffee - 3 | organic | 8x200g | 45.00 | 7.50 | 600605 |
| ◆ Women Grew This Coffee R&G - 3 | organic | 8x200g | 45.00 | 7.50 | 600695 |

Grumpy Mule Beans - FairTrade

| | | | | | |
|---|---------|--------|-------|------|---------------|
| ◆ Beans - Colombia - 4 | organic | 6x200g | 34.40 | 7.65 | 600856 |
| ◆ Beans - Easy Does It Decaf - 3 | organic | 6x200g | 36.00 | 8.01 | 600857 |
| ◆ Beans - High & Mighty Espresso Blend - 5 | | 6x200g | 34.40 | 7.65 | 600859 |
| ◆ Beans - Kick Ass House Blend - 4 | | 6x200g | 34.40 | 7.65 | 600860 |
| ◆ Beans - Peru Chiclayo - 3 - Bird Friendly | organic | 6x200g | 34.40 | 7.65 | 600861 |
| ◆ Beans - Sumatra - 4 | organic | 6x200g | 34.40 | 7.65 | 600833 |
| ◆ Beans - Top Notch - 3 | organic | 6x200g | 34.40 | 7.65 | 600858 |

Grumpy Mule Ground - FairTrade

| | | | | | |
|---|---------|--------|-------|------|---------------|
| ◆ Colombia Ground - 4 | organic | 6x200g | 34.40 | 7.65 | 600845 |
| ◆ Easy Does It - Decaf - 3 | organic | 6x200g | 36.00 | 8.00 | 600849 |
| ◆ High & Mighty Ground Espresso Blend - 5 | | 6x200g | 34.40 | 7.64 | 600851 |
| ◆ Honduras Ground - 4 | organic | 6x200g | 34.40 | 7.64 | 600846 |
| ◆ Kick Ass House Blend Ground - 4 | | 6x200g | 34.40 | 7.65 | 600852 |
| ◆ Peru Ground - Chiclayo - 3 | organic | 6x200g | 34.40 | 7.65 | 600847 |
| ◆ Sumatra Ground Gayo Highlands - 4 | organic | 6x200g | 34.40 | 7.65 | 600848 |
| ◆ Top Notch - 3 | organic | 6x200g | 34.40 | 7.64 | 600850 |

Source - climate change coffee - single origin

| | | | | | |
|--|---------|--------|-------|------|---------------|
| ◆ Kilimanjaro Espresso Cloud Forest Coffee R&G | organic | 6x227g | 35.30 | 7.84 | 601332 |
| ☆ Mexican La Sierra Cloud Forest Coffee R&G | organic | 6x205g | 35.30 | 7.84 | 601335 |
| ◆ Uganda Mount Elgon Cloud Forest R&G - 4 | organic | 6x227g | 35.30 | 7.84 | 601336 |

Coffee Subs, Malt Drinks, Carob & Cocoa Products

Cocoa Powder

| | | | | | |
|-----------------------------|---------|------|--------|-------|---------------|
| ▲ Cocoa Powder - 10-12% fat | organic | 25kg | 340.00 | 13.60 | 612005 |
|-----------------------------|---------|------|--------|-------|---------------|

Infinity Foods - Raw Cacao

| | | | | | |
|-----------------------------|---------|------|--------|-------|---------------|
| ▲ Cacao Powder 10-12% - Raw | organic | 25kg | 360.00 | 14.40 | 612018 |
|-----------------------------|---------|------|--------|-------|---------------|

Infinity Foods - Raw Cacao Nibs

| | | | | | |
|--------------------|---------|--------|--------|-------|---------------|
| ▼ Cacao Nibs - raw | organic | 6x250g | 28.80 | 6.40 | 8075 |
| ▼ Cacao Nibs - raw | organic | 6x125g | 16.15 | 3.59 | 8080 |
| ▼ Cacao Nibs - raw | organic | 15kg | 252.55 | 16.84 | 764205 |
| ▼ Cacao Nibs - raw | organic | 1kg | 18.65 | 18.65 | 764210 |

Drinks - Herbal, Tonic & Coconut Drinks

Agua de Madre Sparkling vegan water kefir

| | | | | | |
|---|--|----------|-------|------|---------------|
| ▼ Blood Orange Bitters Water Kefir | | 12x250ml | 16.95 | 1.88 | 639086 |
| ▼ Lemon & Ginger Water Kefir | | 12x250ml | 16.95 | 1.88 | 639088 |
| ▼ Passion Fruit & Raspberry Water Kefir | | 12x250ml | 16.95 | 1.88 | 639091 |
| ▼ Pink Grapefruit & Lime Water Kefir | | 12x250ml | 16.95 | 1.88 | 639093 |

Drink Mamas - can

| | | | | | |
|------------------------|--|----------|---------|------|---------------|
| ◆ Coconut Mama - still | | 12x330ml | 11.20 V | 1.49 | 661238 |
|------------------------|--|----------|---------|------|---------------|

Equinox Kombucha - can

| | | | | | |
|--|---------|----------|---------|------|---------------|
| ◆ Blood Orange Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640375 |
| ◆ Cola & Lime Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640376 |
| ◆ Fiery Ginger Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640378 |
| ◆ Pineapple & Mango Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640379 |
| ◆ Raspberry & Elderflower Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640380 |
| ◆ Sicilian Lemon Kombucha - can | organic | 12x250ml | 14.55 V | 1.94 | 640382 |

Gusto organic Drinks - glass bottle

| | | | | | |
|---|---------|----------|---------|------|---------------|
| ◆ Gusto - Fiery Ginger with Jalapeño - FT | organic | 12x275ml | 16.80 V | 2.24 | 641608 |
| ◆ Gusto - Lemon Yuzu - FT | organic | 12x275ml | 17.90 V | 2.39 | 641611 |
| ◆ Gusto - Low-Calorie Cola - FT | | 12x275ml | 16.80 V | 2.24 | 641603 |
| ◆ Gusto - Organic Cherry Cola | organic | 12x275ml | 16.80 V | 2.24 | 641604 |
| ◆ Gusto - Organic Real Cola - FT | organic | 12x275ml | 16.80 V | 2.24 | 641606 |
| ◆ Gusto - Sicilian Blood Orange - FT | organic | 12x275ml | 16.80 V | 2.24 | 641609 |
| ◆ Gusto Original Organic Energy | organic | 12x250ml | 17.90 V | 2.39 | 641605 |

Honegar -50% honey & 50% cider vinegar

| | | | | | |
|-------------------|--|---------|---------|------|---------------|
| ▲ Honegar | | 6x750ml | 33.70 V | 9.00 | 641507 |
| ▲ Honegar - small | | 6x500ml | 22.45 V | 5.99 | 641505 |

UFC - coconut water - Tetra - Thai

| | | | | | |
|----------------------------|--|------|---------|------|---------------|
| ◆ Coconut Water | | 6x1l | 11.90 V | 3.17 | 642905 |
| ◆ Watermelon Coconut Water | | 6x1l | 14.50 V | 3.87 | 642914 |

Drinks - Fruit and Vegetable Juices, Cordials & Water

Belvoir Cordials

| | | | | | |
|-----------------------|---------|---------|---------|------|---------------|
| ◆ Elderflower Cordial | organic | 6x500ml | 22.65 V | 6.05 | 660560 |
| ◆ Ginger Cordial | organic | 6x500ml | 22.65 V | 6.05 | 660565 |

Belvoir Mocktails

| | | | | | |
|-------------------------------------|--|---------|---------|------|---------------|
| ◆ Lime & Yuzu Mojito non-alcoholic | | 6x750ml | 15.05 V | 4.02 | 702365 |
| ◆ Peach Bellini non-alcoholic | | 6x750ml | 15.05 V | 4.02 | 702367 |
| ◆ Raspberry Margarita non-alcoholic | | 6x750ml | 15.05 V | 4.02 | 702379 |

BetterYou - aluminium can

| | | | | | |
|--|--|----------|---------|------|---------------|
| ◆ Magnesium Water Energy - pomegranate & rhubarb | | 12x250ml | 15.35 V | 2.05 | 672000 |
| ◆ Magnesium Water Focus - blueberry & mint | | 12x250ml | 15.35 V | 2.05 | 672001 |
| ◆ Magnesium Water Hydrate - lime & bergamot | | 12x250ml | 15.35 V | 2.05 | 672002 |

Biona Juices & Drinks - glass bottles

| | | | | | |
|-------------------------|---------|---------|---------|------|---------------|
| ◆ Apple Juice - large | organic | 6x750ml | 14.95 V | 3.99 | 660693 |
| ◆ Beetroot Juice - 100% | organic | 6x750ml | 14.20 V | 3.79 | 660716 |
| ◆ Carrot Juice | organic | 6x750ml | 14.95 V | 3.99 | 660694 |
| ◆ Orange Juice | organic | 6x750ml | 22.05 V | 5.89 | 660695 |
| ◆ Red Grape Juice | organic | 6x750ml | 18.30 V | 4.89 | 660696 |
| ◆ Tomato Juice | organic | 6x750ml | 16.05 V | 4.29 | 660697 |

Cawston Press - Tetra

| | | | | | |
|--|--|-----------|---------|------|---------------|
| ◆ Apple & Ginger | | 6x1l | 15.15 V | 4.04 | 661159 |
| ◆ Apple & Mango Fruit Water - multipack | | 6x3x200ml | 13.30 V | 3.55 | 661170 |
| ◆ Apple & Pear Fruit Water - multipack | | 6x3x200ml | 13.30 V | 3.55 | 661172 |
| ◆ Apple & Rhubarb | | 6x1l | 15.15 V | 4.04 | 661160 |
| ◆ Apple & Summer Berries Fruit Water - multipack | | 6x3x200ml | 13.30 V | 3.55 | 661174 |
| ◆ Brilliant Beetroot | | 6x1l | 15.15 V | 4.04 | 661162 |
| ◆ Cloudy Apple | | 6x1l | 15.15 V | 4.04 | 661157 |
| ◆ Squeezed Orange | | 6x1l | 19.95 V | 5.32 | 661164 |
| ◆ Sunshine Orange Fruit Water - multipack | | 6x3x200ml | 13.30 V | 3.55 | 661175 |

James White - Veg It

| | | | | | |
|--|--|------|---------|------|---------------|
| ◆ Prune Juice | | 8x1l | 22.40 V | 4.48 | 664607 |
| ◆ Veg-It Tetra - blend of 8 vegetables | | 8x1l | 17.60 V | 3.52 | 664608 |

James White unfiltered juices - glass

| | | | | | |
|--------------------------------|---------|----------|---------|------|---------------|
| ◆ Apple & Crushed Ginger Juice | organic | 6x750ml | 16.00 V | 4.27 | 664507 |
| ◆ Apple & Crushed Ginger Juice | organic | 24x250ml | 26.95 V | 1.80 | 664522 |
| ◆ Apple Juice | organic | 6x750ml | 16.00 V | 4.27 | 664505 |
| ◆ Apple Juice | organic | 24x250ml | 26.95 V | 1.80 | 664520 |
| ◆ Carrot & Apple Juice | organic | 6x750ml | 16.00 V | 4.27 | 664510 |
| ◆ Carrot & Apple Juice | organic | 24x250ml | 26.95 V | 1.80 | 664523 |
| ◆ Carrot Juice | organic | 6x750ml | 16.00 V | 4.27 | 664560 |
| ◆ Mixed Vegetables Juice | organic | 6x750ml | 16.00 V | 4.27 | 664565 |
| ◆ Pear & Raspberry Juice | organic | 6x750ml | 20.20 V | 5.39 | 664519 |
| ◆ Pear Juice | organic | 6x750ml | 16.00 V | 4.27 | 664518 |
| ◆ Pear Juice | organic | 24x250ml | 26.95 V | 1.80 | 664530 |
| ◆ Tomato Juice | organic | 6x750ml | 16.00 V | 4.27 | 664562 |

Pip Organic - fruity water - tetra with straw (can also be sold singly)

| | | | | | |
|---|---------|-----------|---------|------|---------------|
| ◆ Blackcurrant, Raspberry & Apple Juice - Water | organic | 6x4x180ml | 19.05 V | 5.08 | 472698 |
| ◆ Mango, Orange & Apple Fruity Juice - Water | organic | 6x4x180ml | 19.05 V | 5.08 | 472699 |

Pip Organic - pure juice - tetra with straw (can also be sold singly)

| | | | | | |
|---|---------|-----------|---------|------|---------------|
| ◆ Cloudy Apple Juice | organic | 6x4x180ml | 19.05 V | 5.08 | 472705 |
| ◆ Pineapple & Mango Smoothie | organic | 6x4x180ml | 20.20 V | 5.39 | 472710 |
| ◆ Smooth Orange Juice | organic | 6x4x180ml | 20.20 V | 5.39 | 472608 |
| ◆ Strawberry & Blackcurrant Juice | organic | 6x4x180ml | 20.20 V | 5.39 | 472715 |
| ◆ Strawberry, Banana & Purple Carrot Smoothie | organic | 6x4x180ml | 20.20 V | 5.39 | 472718 |

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Drinks - Carbonated

Belvoir - Pressés

| | | | | | |
|----------------------|---------|----------|---------|------|--------|
| ◆ Elderflower Pressé | organic | 6x750ml | 16.10 V | 4.29 | 660575 |
| ◆ Elderflower Pressé | organic | 12x275ml | 14.80 V | 1.97 | 660577 |
| ◆ Ginger Beer | organic | 6x750ml | 16.10 V | 4.29 | 660580 |
| ◆ Ginger Beer | organic | 12x275ml | 14.80 V | 1.97 | 660582 |
| ◆ Lemonade | organic | 12x275ml | 14.80 V | 1.97 | 660587 |

Belvoir - cans

| | | | | | |
|---------------------------------|--|----------|--------|------|--------|
| ◆ Ginger Beer - can | | 12x330ml | 8.65 V | 1.15 | 660591 |
| ◆ Raspberry Lemonade - can | | 12x330ml | 8.65 V | 1.15 | 660589 |
| ◆ Sparkling Elderflower - can | | 12x330ml | 8.65 V | 1.15 | 660590 |
| ◆ Sparkling Mango & Peach - can | | 12x330ml | 8.65 V | 1.15 | 660588 |

Cawston Press - cans

| | | | | | |
|--------------------------------|--|----------|---------|------|--------|
| ◆ Cloudy Apple Sparkling | | 24x330ml | 21.90 V | 1.46 | 661200 |
| ◆ Cloudy Lemonade Sparkling | | 24x330ml | 21.90 V | 1.46 | 661202 |
| ◆ Elderflower Lemonade | | 24x330ml | 21.90 V | 1.46 | 661204 |
| ◆ Ginger Beer Sparkling | | 24x330ml | 21.90 V | 1.46 | 661208 |
| ◆ Orange Sparkling | | 24x330ml | 21.90 V | 1.46 | 661210 |
| ◆ Rhubarb Sparkling | | 24x330ml | 21.90 V | 1.46 | 661212 |
| ◆ Sparkling Water & Watermelon | | 12x440ml | 13.30 V | 1.77 | 661213 |

Drink Mamas - cans

| | | | | | |
|---------------------------------------|---------|----------|---------|------|--------|
| ◆ Cola Mama - no caffeine - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661240 |
| ◆ Ginger Mama with Lemon - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661242 |
| ◆ Lemon Mama - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661243 |
| ◆ Mango Mama with Orange - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661244 |
| ◆ Orange Mama - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661246 |
| ◆ Passion Mama - sparkling | organic | 12x330ml | 11.20 V | 1.49 | 661245 |
| ◆ Pineapple Mama with Coconut water | | 12x330ml | 11.20 V | 1.49 | 661247 |

Pip Organic

| | | | | | |
|---------------|---------|----------|---------|------|--------|
| ◆ Apple Fizz | organic | 24x250ml | 23.00 V | 1.53 | 661619 |
| ◆ Cherry Fizz | organic | 24x250ml | 23.00 V | 1.53 | 661620 |

Whole Earth Organic Sodas - cans

| | | | | | |
|-----------------------|---------|----------|---------|------|--------|
| ▲ Apple - cans | organic | 24x330ml | 24.35 V | 1.62 | 691570 |
| ▲ Cola - cans | organic | 24x330ml | 24.35 V | 1.62 | 691575 |
| ▲ Cranberry - cans | organic | 24x330ml | 24.35 V | 1.62 | 691595 |
| ▲ Elderflower - cans | organic | 24x330ml | 24.35 V | 1.62 | 691577 |
| ▲ Ginger - cans | organic | 24x330ml | 24.35 V | 1.62 | 691582 |
| ▲ Lemonade - cans | organic | 24x330ml | 24.35 V | 1.62 | 691580 |
| ▲ Orange/Lemon - cans | organic | 24x330ml | 24.35 V | 1.62 | 691585 |

Drinks - Soya, Nut and Grain Drinks, Milk & Desserts

Koko - vegan milk - tetra

| | | | | | |
|---|--|------|-------|------|--------|
| ▲ Barista Coconut alternative to milk + Calcium | | 6x1l | 11.20 | 2.49 | 723203 |
| ▲ Original Coconut alternative to milk + Calcium | | 6x1l | 10.85 | 2.41 | 723205 |
| ▲ Unsweetened Coconut alternative to milk + Calcium | | 6x1l | 10.85 | 2.41 | 723211 |

Oatly - vegan

| | | | | | |
|---|---------|------|-------|------|--------|
| ◆ Barista Oat Drink | organic | 6x1l | 10.60 | 2.34 | 725708 |
| ◆ Chocolate Oat Drink with calcium & vitamins | | 6x1l | 9.20 | 2.04 | 725713 |
| ◆ No Sugars Oat Drink (calcium & vitamins) | | 6x1l | 9.60 | 2.13 | 725709 |
| ◆ Oat Drink | organic | 6x1l | 9.20 | 2.03 | 725710 |
| ◆ Oat Drink Vanilla Flavour | | 6x1l | 9.20 | 2.04 | 725718 |
| ◆ Semi Oat Drink (calcium & vitamins) | | 6x1l | 9.60 | 2.13 | 725707 |
| ◆ Whole Oat Drink (calcium & vitamins) | | 6x1l | 9.60 | 2.13 | 725711 |

Plenish - gluten-free

| | | | | | |
|-------------------------------------|---------|------|-------|------|--------|
| ◆ Almond Barista | organic | 6x1l | 12.40 | 2.76 | 724040 |
| ◆ Almond Drink | organic | 8x1l | 16.50 | 2.75 | 724038 |
| ◆ Cashew Drink | organic | 8x1l | 16.50 | 2.75 | 724044 |
| ◆ Coconut Drink | organic | 8x1l | 16.50 | 2.75 | 724046 |
| ◆ Enriched Oat - calcium & vitamins | | 8x1l | 14.40 | 2.40 | 724031 |
| ◆ Oat Barista | organic | 6x1l | 10.90 | 2.42 | 724032 |
| ◆ Oat Drink | organic | 8x1l | 14.40 | 2.40 | 724030 |
| ◆ Soya Barista | organic | 6x1l | 10.90 | 2.42 | 724043 |
| ◆ Soya Drink | organic | 8x1l | 14.40 | 2.40 | 724042 |
| ◆ Zero Sugar Oat | organic | 8x1l | 14.40 | 2.40 | 724033 |

Rude Health

| | | | | | |
|-------------------------|---------|------|-------|------|--------|
| ◆ Barista Almond Drink | | 6x1l | 11.20 | 2.49 | 724606 |
| ◆ Barista Coconut Drink | | 6x1l | 11.20 | 2.49 | 724607 |
| ◆ Barista Hazelnut | | 6x1l | 20.30 | 4.51 | 724854 |
| ◆ Barista Oat Drink | | 6x1l | 9.00 | 2.00 | 724608 |
| ◆ Barista Pistachio | | 6x1l | 20.30 | 4.51 | 724583 |
| ◆ Barista Soya Drink | organic | 6x1l | 9.00 | 2.00 | 724005 |
| ◆ Oat Barista Drink | organic | 6x1l | 11.20 | 2.49 | 724584 |

Savoury Snacks

Shore Seaweed Chips

| | | | | | |
|---|--|--------|-------|------|--------|
| ▲ Lightly Salted Seaweed Chips | | 14x25g | 11.85 | 1.21 | 752770 |
| ▲ Lightly Salted Seaweed Chips - Share Bag | | 12x80g | 21.00 | 2.48 | 752776 |
| ▲ Peking Duck Seaweed Chips | | 14x25g | 11.85 | 1.21 | 752772 |
| ▲ Peking Duck Seaweed Chips - Share Bag | | 12x80g | 21.00 | 2.48 | 752778 |
| ▲ Salt & Balsamic Seaweed Chips | | 14x25g | 11.85 | 1.21 | 752771 |
| ▲ Salt & Balsamic Seaweed Chips - Share Bag | | 12x80g | 21.00 | 2.48 | 752777 |
| ▲ Sweet Sriracha Seaweed Chips | | 14x25g | 11.85 | 1.21 | 752774 |
| ▲ Sweet Sriracha Seaweed Chips - Share Bag | | 12x80g | 21.00 | 2.48 | 752780 |

Superbon Chips de Madrid - potato crisps

| | | | | | |
|------------------------------|--|---------|---------|------|--------|
| ☆ Chips de Madrid - Jalapeno | | 10x125g | 20.95 V | 3.59 | 752785 |
| ☆ Chips de Madrid - Seaweed | | 10x125g | 20.95 V | 3.59 | 752791 |

Sweet Snacks & Confections

Biona - coated fruit & nuts & treats

| | | | | | |
|---|---------|--------|---------|------|--------|
| ◆ Dark Chocolate Cherries | organic | 10x45g | 21.80 V | 3.49 | 760390 |
| ◆ Dark Chocolate Ginger | organic | 10x60g | 23.10 V | 3.69 | 760382 |
| ◆ Dark Chocolate Raspberries | organic | 10x45g | 22.40 V | 3.58 | 760381 |
| ◆ Dark Chocolate Roasted Almonds | organic | 10x30g | 14.30 V | 2.29 | 760389 |
| ◆ Dark Chocolate Salted Caramel Almonds | organic | 10x30g | 15.55 V | 2.49 | 760380 |
| ◆ Dark Chocolate Strawberries | organic | 10x45g | 21.80 V | 3.49 | 760391 |

Divine - chocolate FairTrade

| | | | | | |
|--|--|--------|---------|------|--------|
| ◆ 70% Dark Chocolate | | 15x90g | 35.80 V | 3.82 | 763503 |
| ◆ 85% Dark Chocolate | | 15x90g | 35.80 V | 3.82 | 763495 |
| ◆ Dark Chocolate - chunky | | 30x35g | 26.70 V | 1.42 | 763581 |
| ◆ Dark Chocolate with Himalayan Salt | | 15x90g | 35.80 V | 3.82 | 763516 |
| ◆ Dark Smooth Hazelnut Chocolate | | 15x90g | 35.80 V | 3.82 | 763502 |
| ◆ Ginger & Orange Dark Chocolate - 70% | | 15x90g | 35.80 V | 3.82 | 763512 |
| ◆ Milk Chocolate - 45% Cocoa | | 15x90g | 35.80 V | 3.82 | 763518 |
| ◆ Milk Chocolate - chunky | | 30x35g | 26.70 V | 1.42 | 763521 |
| ◆ Milk Chocolate Salted Caramel - chunky | | 30x35g | 26.70 V | 1.42 | 763523 |
| ◆ Mint Dark Chocolate - 70% | | 15x90g | 35.80 V | 3.82 | 763504 |
| ◆ Orange Milk Chocolate - chunky | | 30x35g | 26.70 V | 1.42 | 763527 |
| ◆ Raspberry Dark Chocolate | | 15x90g | 35.80 V | 3.82 | 763510 |
| ◆ Salted Caramel Milk Chocolate | | 15x90g | 35.80 V | 3.82 | 763577 |
| ◆ White Chocolate - chunky | | 30x35g | 26.70 V | 1.42 | 763519 |

Ma Baker - Giant Fruit Bars - vegan - oat-based

| | | | | | |
|-------------------------|--|--------|-------|------|--------|
| ◆ Apple Giant Bar | | 20x90g | 13.40 | 0.89 | 764730 |
| ◆ Apricot Giant Bar | | 20x90g | 13.40 | 0.89 | 764732 |
| ◆ Banana Giant Bar | | 20x90g | 13.40 | 0.89 | 764735 |
| ◆ Blueberry Giant Bar | | 20x90g | 13.40 | 0.89 | 764737 |
| ◆ Cherry Giant Bar | | 20x90g | 13.40 | 0.89 | 764740 |
| ◆ Cranberry Giant Bar | | 20x90g | 13.40 | 0.89 | 764742 |
| ◆ Mixed Fruit Giant Bar | | 20x90g | 13.40 | 0.89 | 764728 |
| ◆ Raspberry Giant Bar | | 20x90g | 13.40 | 0.89 | 767746 |
| ◆ Strawberry Giant Bar | | 20x90g | 13.40 | 0.89 | 764748 |

Ma Baker - Giant Nut Bars - vegan - oat-based

| | | | | | |
|--|--|--------|-------|------|--------|
| ◆ Coconut Giant Bar | | 20x90g | 13.40 | 0.89 | 764707 |
| ◆ Mixed Nut Giant Bar | | 20x90g | 13.40 | 0.89 | 764703 |
| ◆ Pecan Giant Bar | | 20x90g | 13.40 | 0.89 | 764710 |
| ◆ Pistachio Giant Bar | | 20x90g | 13.40 | 0.89 | 764712 |
| ◆ Rolled Oats & Golden Syrup Giant Bar | | 20x90g | 13.40 | 0.89 | 764713 |
| ◆ Walnut Giant Bar | | 20x90g | 13.40 | 0.89 | 764720 |

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Oatopia vegan flapjacks

| | | | | | |
|----------------------------|--|--------|-------|------|--------|
| ▲ Almond Bakewell Oat Bake | | 15x60g | 15.95 | 1.42 | 766977 |
| ▲ Original Oat Bake | | 15x60g | 15.55 | 1.38 | 766978 |
| ▲ Peanut Butter Oat Bake | | 15x60g | 15.55 | 1.38 | 766979 |
| ▲ Salted Caramel Oat Bake | | 15x60g | 15.55 | 1.38 | 766981 |

Pip Organic - fruit bars

| | | | | | |
|------------------------------|---------|--------|-------|------|--------|
| ◆ Mango Pipstick | organic | 24x18g | 15.00 | 0.83 | 767667 |
| ◆ Pineapple & Mango Pipstick | organic | 24x18g | 15.00 | 0.83 | 767669 |

Raw Halo Chocolate - dairy & gluten-free

| | | | | | |
|---|---------|--------|---------|------|--------|
| ◆ Dark & Mint | organic | 10x35g | 13.70 V | 2.19 | 767661 |
| ◆ Dark & Orange | organic | 10x35g | 13.70 V | 2.19 | 767663 |
| ◆ Dark & Pink Himalayan Salt | organic | 10x70g | 22.45 V | 3.59 | 767651 |
| ◆ Dark & Salted Almond Giant Buttons | organic | 8x90g | 21.30 V | 4.26 | 767644 |
| ◆ Dark & Salted Almond Truffle Centre Bar | organic | 8x90g | 19.75 V | 3.95 | 767647 |
| ◆ Dark & Salted Caramel | organic | 10x70g | 22.45 V | 3.59 | 767653 |
| ◆ Dark & Salted Caramel | organic | 10x35g | 13.70 V | 2.19 | 767665 |
| ◆ Dark 76% | organic | 10x70g | 22.45 V | 3.59 | 767648 |
| ◆ Dark 76% | organic | 10x35g | 13.70 V | 2.19 | 767659 |
| ◆ Dark 85% | organic | 10x70g | 22.45 V | 3.59 | 767649 |
| ◆ Mylk & Hazelnut Giant Buttons | organic | 8x90g | 21.30 V | 4.26 | 767645 |
| ◆ Mylk & Hazelnut Truffle Centre Bar | organic | 8x90g | 19.75 V | 3.95 | 767646 |
| ◆ Mylk & Pink Himalayan Salt | organic | 10x70g | 22.45 V | 3.59 | 767654 |
| ◆ Mylk & Pink Himalayan Salt | organic | 10x35g | 13.70 V | 2.19 | 767670 |
| ◆ Mylk & Salted Caramel | organic | 10x70g | 22.45 V | 3.59 | 767655 |
| ◆ Mylk & Salted Caramel | organic | 10x35g | 13.70 V | 2.19 | 767672 |
| ◆ Mylk & Vanilla | organic | 10x70g | 22.45 V | 3.59 | 767657 |
| ◆ Mylk & Vanilla | organic | 10x35g | 13.70 V | 2.19 | 767673 |

Rhythm 108 - biscuit sharing - vegan - gluten-free

| | | | | | |
|---|---------|--------|-------|------|--------|
| ◆ Almond Biscotti Biscuit Share Bag | organic | 8x135g | 20.00 | 3.57 | 767544 |
| ◆ Coconut Crunch Biscuit Share Bag | organic | 8x135g | 20.00 | 3.57 | 767545 |
| ◆ Double Choco Hazelnut Biscuit Share Bag | organic | 8x135g | 20.00 | 3.57 | 767546 |
| ◆ Hazelnut Chocolate Chip Share Bag | organic | 8x135g | 20.00 | 3.57 | 767547 |
| ◆ Hazelnut Chocolate Praline Share Bag | organic | 8x135g | 21.20 | 3.79 | 767549 |
| ◆ Lemon Ginger & Chia Biscuit Share Bag | organic | 8x135g | 20.00 | 3.57 | 767548 |
| ◆ Pistachio filled Biscuit Share Bag | organic | 8x135g | 26.65 | 4.76 | 767551 |
| ◆ Salted Caramel Biscuit Share Bag | organic | 8x135g | 21.20 | 3.79 | 767541 |

Rhythm 108 - single-serve biscuits - vegan - gluten-free

| | | | | | |
|--|---------|--------|-------|------|--------|
| ◆ Chocolate Peanut Butter Soft Baked Cookie | organic | 12x50g | 14.40 | 1.60 | 767532 |
| ◆ Hazelnut Chocolate Praline Soft Baked Cookie | organic | 12x50g | 14.40 | 1.60 | 767536 |

Rhythm 108 - vegan Swiss chocolate

| | | | | | |
|--|---------|--------|---------|------|--------|
| ◆ Almond & Sea Salt Milk Chocolate Bar | organic | 15x33g | 17.80 V | 1.90 | 767568 |
| ◆ Chocolate Orange Swiss Dark Chocolate Bar | organic | 15x33g | 17.80 V | 1.90 | 767563 |
| ◆ Creamy Coconut Dark Chocolate Bar | organic | 15x33g | 17.80 V | 1.90 | 767566 |
| ◆ Dark Cocoa Orange Filled M'lks Choc Tablet | organic | 9x100g | 23.75 V | 4.27 | 767576 |
| ◆ Hazelnut Praline Dark Chocolate Bar | organic | 15x33g | 17.80 V | 1.90 | 767564 |
| ◆ Hazelnut Truffle Filled M'lks Chocolate Tablet | organic | 9x100g | 23.75 V | 4.27 | 767572 |
| ◆ Roasted Almond Butter Filled M'lks Choc Tablet | organic | 9x100g | 23.75 V | 4.27 | 767578 |

The Protein Ball Co.

| | | | | | |
|--|--|--------|---------|------|--------|
| ◆ Blueberry Oat Muffin Protein Balls - High Fibre | | 10x45g | 11.70 V | 1.87 | 768580 |
| ◆ Chocolate Chip Muffin Protein Balls - High Fibre | | 10x45g | 11.70 V | 1.87 | 768582 |
| ◆ Coffee Oat Muffin Protein Balls - High Fibre | | 10x45g | 11.70 V | 1.87 | 768583 |
| ◆ Lemon & Pistachio Protein Balls - Plant Based | | 10x45g | 11.70 V | 1.87 | 768588 |
| ◆ Peanut Butter Protein Balls - Plant Based | | 10x45g | 11.70 V | 1.87 | 768589 |
| ◆ Salted Caramel Protein Balls - Plant Based | | 10x45g | 11.70 V | 1.87 | 768590 |

Tropical Wholefoods - Fair Trade

| | | | | | |
|---|---------|--------|---------|------|--------|
| ☆ Apricot & Almond Just 5 Bar - now VATable | organic | 18x40g | 15.50 V | 1.38 | 768816 |
| ☆ Date & Cocoa Just 5 Bar - now VATable | organic | 18x40g | 15.50 V | 1.38 | 768823 |
| ☆ Date & Walnut Just 5 Bar - now VATable | organic | 18x40g | 15.50 V | 1.38 | 768818 |
| ☆ Mango & Brazil Just 5 Bar - now VATable | organic | 18x40g | 15.50 V | 1.38 | 768820 |
| ☆ Pineapple & Cashew Just 5 Bar - now VATable | organic | 18x40g | 15.50 V | 1.38 | 768824 |

Vivani organic chocolate bars - not vegan

| | | | | | |
|---|---------|---------|---------|------|--------|
| ◆ Cappuccino Chocolate | organic | 10x100g | 26.80 V | 4.29 | 768877 |
| ◆ Espresso Milk | Demeter | 10x90g | 31.15 V | 4.98 | 768879 |
| ◆ Peppermint Chocolate | organic | 10x100g | 24.90 V | 3.98 | 768875 |
| ◆ Stracciatella White Chocolate with Cacao Nibs | organic | 10x80g | 31.15 V | 4.98 | 769002 |

Vivani organic vegan chocolate

| | | | | | |
|---|---------|--------|---------|------|--------|
| ◆ 100% Cocoa Blood Orange | Demeter | 10x90g | 37.40 V | 5.98 | 768871 |
| ◆ Choco Dragées Cashew | organic | 8x75g | 32.40 V | 6.48 | 769005 |
| ◆ Choco Dragées Cranberry | organic | 8x75g | 32.40 V | 6.48 | 769006 |
| ◆ Choco Dragées Espresso | organic | 8x75g | 32.40 V | 6.48 | 769007 |
| ◆ Dark with Orange | organic | 10x80g | 26.80 V | 4.29 | 768888 |
| ◆ Fine Dark 75% cocoa + coconut blossom sugar | organic | 10x80g | 31.15 V | 4.98 | 768873 |
| ◆ Superior Dark with Cranberry | organic | 10x80g | 26.80 V | 4.29 | 768874 |
| ◆ Whole Cocoa Fruit 100% | organic | 10x80g | 39.30 V | 6.29 | 768900 |

Wild Thingz vegan sweets from Just Wholefoods

| | | | | | |
|---|---------|---------|---------|------|--------|
| ◆ Wild Thingz - Fruity Flyers share bag | organic | 10x130g | 21.80 V | 3.49 | 769100 |
| ◆ Wild Thingz - Fruity Flyers treat bag | organic | 16x25g | 12.45 V | 1.24 | 769104 |
| ◆ Wild Thingz - Gummy Grubs share bag | organic | 10x130g | 21.80 V | 3.49 | 769102 |
| ◆ Wild Thingz - Gummy Grubs treat bag | organic | 16x25g | 12.45 V | 1.24 | 769106 |
| ◆ Wild Thingz - Zesty Pests share bag | organic | 10x130g | 21.80 V | 3.49 | 769103 |
| ◆ Wild Thingz - Zesty Pests treat bag | organic | 16x25g | 12.45 V | 1.24 | 769107 |

Condiments, Stocks, Salt & Miscellaneous Foods

Carley's

| | | | | | |
|------------------------|---------|--------|-------|------|--------|
| ▲ Black Sesame Gomasio | organic | 6x150g | 15.65 | 3.59 | 791545 |
|------------------------|---------|--------|-------|------|--------|

Essential Trading

| | | | | | |
|---------------------------------------|---------|-----|------|------|--------|
| ▼ Atlantic Sea Salt - Portugal - Fine | organic | 5kg | 7.65 | 1.53 | 791718 |
|---------------------------------------|---------|-----|------|------|--------|

Rayners

| | | | | | |
|------------------|---------|---------|-------|------|--------|
| ▲ Coconut Aminos | organic | 6x250ml | 30.35 | 6.75 | 371624 |
|------------------|---------|---------|-------|------|--------|

Supplementary Foods

Ayurvediq - glass jar

| | | | | | |
|--|---------|--------|---------|-------|--------|
| ▲ Turmeric & Black Pepper - 120 capsules | organic | 1x1jar | 11.15 V | 19.99 | 850944 |
|--|---------|--------|---------|-------|--------|

BetterYou

| | | | | | |
|---|--|--------|---------|-------|--------|
| ◆ Magnesium Max Lemon & Lime - Powder | | 6x135g | 47.40 V | 14.96 | 850899 |
| ◆ Magnesium Max Original Powder | | 6x120g | 47.40 V | 14.96 | 850893 |
| ◆ Magnesium Max Sleep - Passionflower, Cocoa Powder | | 6x160g | 47.40 V | 14.96 | 850894 |

Forest Wholefoods - retail pouches

| | | | | | |
|--------------------------|---------|--------|------|-------|--------|
| ▲ Chlorella Powder | organic | 1x250g | 8.30 | 11.07 | 851922 |
| ▲ Reishi Mushroom Powder | organic | 1x125g | 7.65 | 10.19 | 851927 |

The Cornish Seaweed Company

| | | | | | |
|-----------------------|---------|---------|---------|-------|--------|
| ▲ Clarity & Focus | organic | 1x60cap | 9.90 V | 15.84 | 850930 |
| ▲ Kelp | organic | 1x60cap | 8.50 V | 13.60 | 850932 |
| ▲ Menstrual Ease | organic | 1x60cap | 7.95 V | 12.72 | 850935 |
| ▲ Sea Moss | organic | 1x60cap | 7.95 V | 12.72 | 850936 |
| ▲ Seaweed & Mushrooms | organic | 1x60cap | 11.75 V | 18.80 | 850937 |
| ▲ Wild & Beautiful | organic | 1x60cap | 11.75 V | 18.80 | 850939 |

Pet Products

Faith in Nature vegan Dog Shampoos

| | | | | | |
|--|--|---------|---------|------|--------|
| ◆ Chamomile Dog Shampoo - sensitive | | 6x400ml | 27.95 V | 7.99 | 810600 |
| ◆ Coconut Dog Shampoo - detangling | | 6x400ml | 27.95 V | 7.99 | 810602 |
| ◆ Lavender Dog Shampoo - deep cleaning | | 6x400ml | 27.95 V | 7.99 | 810604 |

Kitchen & Household Goods

Cheeky Panda Bamboo products

| | | | | | |
|--|--|-----------|---------|-------|--------|
| ◆ 48 Toilet Rolls - Silky Soft - 3 ply - 200 sheets | | 1x5.8kg | 25.85 V | 41.36 | 820562 |
| ◆ 9 Toilet Rolls - Natural Colour - 3 ply - 200 sheets | | 5x9pack | 23.45 V | 7.50 | 820565 |
| ◆ 9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets | | 5x9pack | 22.65 V | 7.25 | 820567 |
| ◆ 9 Toilet Rolls WWF Silky Soft - 3 ply - 190 sheets | | 5x9pack | 20.30 V | 6.50 | 820566 |
| ◆ Cleansing Facial Wipes | | 24x25pack | 44.20 V | 2.95 | 820555 |
| ◆ Cube Box 4 ply Bamboo Balsam Tissues - 48s | | 12x48 | 15.00 V | 2.00 | 820549 |
| ◆ Flat Box 4 ply Bamboo Balsam Tissues - 64s | | 12x64 | 17.25 V | 2.30 | 820551 |
| ◆ Flat Box Facial Tissues - 80s | | 12x180g | 13.80 V | 1.84 | 820558 |
| ◆ Handy Wipes | | 12x12pack | 12.35 V | 1.65 | 820568 |
| ◆ Kitchen Rolls - 2 pack | | 5x2pack | 17.20 V | 5.50 | 820560 |
| ◆ Multicoloured Paper Straws | | 1x100pack | 1.75 V | 2.80 | 820559 |
| ◆ Pocket Tissues | | 14x10pack | 6.10 V | 0.70 | 820563 |

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

ecoLiving

★ Kraft Paper Food Waste Caddy Liners - 10l 1x25bag 4.65 V 7.44 912085

Suma Refuse Sacks - min 50% post-consumer

◆ Black Bin Liners - 50% recycled 12x8bgs 16.85 V 2.25 912005
 ◆ Black Bin Liners - 50% recycled 1x200bgs 32.95 V 52.72 912010

Household & Industrial Cleaning Products

Bio-D

◆ Concentrated Floor Cleaner 12x750ml 28.80 V 3.87 830531
 ◆ Dishwasher Rinse Aid 12x750ml 28.00 V 3.75 830501
 ◆ Dishwasher Tablets - 30 tabs 8x360g 38.55 V 7.81 830502
 ◆ Grapefruit Washing Up Liquid 12x750ml 20.80 V 2.81 830503
 ◆ Home & Garden Cleaner - disinfects 12x750ml 22.75 V 3.04 830552
 ◆ Mandarin Washing Up Liquid 12x750ml 20.80 V 2.81 830511
 ◆ Multi-Surface Cleaner - concentrated 12x750ml 23.90 V 3.19 830544
 ◆ Rhubarb Washing Up Liquid 12x750ml 20.90 V 2.82 830513
 ◆ Spray - All Purpose Sanitiser - Mandarin 12x500ml 25.35 V 3.40 830568
 ◆ Spray - All Purpose Sanitiser - ready to use 12x500ml 24.00 V 3.22 830542
 ◆ Spray - All Purpose Sanitiser - Rhubarb 12x500ml 25.20 V 3.38 830574
 ◆ Spray - Bathroom Cleaner 12x500ml 24.65 V 3.31 830553
 ◆ Spray - Bathroom Cleaner - Pine & Cedarwood 12x500ml 25.00 V 3.36 830573
 ◆ Spray - Glass & Mirror Cleaner 12x500ml 25.00 V 3.36 830557
 ◆ Spray - Limescale Remover 12x500ml 29.05 V 3.90 830563
 ◆ Toilet Cleaner - with nozzle 12x750ml 21.25 V 2.83 830540
 ◆ Toilet Cleaner Pine & Cedarwood - with nozzle 12x750ml 21.85 V 2.91 830571
 ◆ Washing Up Liquid 12x750ml 19.50 V 2.64 830507

Ecoegg

◆ Detox Tablets - washing machine cleaner 12x6pack 32.00 V 4.57 832457
 ◆ Dryer Egg - Fragrance Free 6x1pack 30.80 V 8.80 832459
 ◆ Laundry Egg 70 Wash - Fragrance Free 5x1egg 32.85 V 11.26 832461
 ◆ Laundry Egg 70 Wash - Fresh Linen 5x1egg 32.85 V 11.26 832458
 ◆ Laundry Egg 70 Wash - Spring Blossom 5x1egg 32.85 V 11.26 832463
 ◆ Laundry Egg Refill 50 Wash - Fresh Linen 10x1pack 32.65 V 5.60 832460
 ◆ Laundry Egg Refill 50 Wash - Spring Blossom 10x1pack 32.65 V 5.60 832464

Ecoleaf - Vegan

◆ Bathroom Cleaner - trigger spray - lavender 12x750ml 27.95 V 3.72 831397
 ◆ Hard Floor Cleaner - Rose & Oud 12x750ml 28.30 V 3.77 831403
 ◆ Multi Surface Cleaner - antibac - citrus & petitgrain 12x750ml 28.35 V 3.78 831434
 ◆ Toilet Cleaner - Fresh Green 6x750ml 9.85 V 2.63 831432
 ◆ Washing Up Liquid - Citrus Fruit 8x740ml 14.65 V 2.93 831425

Ecover - Zero range

◆ Concentrated Laundry Liquid - Zero 1x5l 20.00 V 32.00 831608
 ◆ Wash Up Liquid - Zero 1x5l 11.60 V 18.56 831622

Ecover Bag-in-Box Refill Station

◆ All-Purpose Cleaner - Lemongrass & Ginger 15l 25.90 V 1.73 832160
 ◆ Bio Concentrated Laundry Liquid 15l 61.15 V 4.08 832178
 ◆ Non Bio Concentrated Laundry Liquid 15l 61.15 V 4.08 832179
 ◆ Non Bio Concentrated Zero Laundry Liquid 15l 61.15 V 4.08 832183
 ▼ Wash Up Liquid - Chamomile & Clementine 15l 24.60 V 1.64 832175
 ▼ Wash Up Liquid - Lemon & Aloe Vera 15l 24.60 V 1.64 832170

Ecover Cleaners

◆ All-Purpose Cleaner - Lemongrass & Ginger 1x5l 7.90 V 12.64 832030
 ◆ Floor Soap 1x5l 10.70 V 17.12 832025
 ◆ Toilet Cleaner Pine & Mint 1x5l 10.25 V 16.40 832039

Ecover Laundry

◆ Bio Concentrated Laundry Liquid 1x5l 20.00 V 32.00 832007
 ◆ Concentrated Laundry Liquid - lavender & sandalwood 1x5l 20.00 V 32.00 832014
 ◆ Delicate 1x5l 14.55 V 23.28 832032
 ◆ Delicate 6x750ml 18.90 V 5.04 832042
 ◆ Fabric Softener - Apple Blossom & Almond 1x5l 9.25 V 14.80 832084
 ◆ Laundry Liquid - plastic container 1x5l 14.20 V 22.72 832021

Ecover Washing up

◆ Power Washing Up Liquid 1x5l 13.35 V 21.36 832111
 ◆ Wash Up Liquid - Chamomile & Clementine 1x5l 11.60 V 18.56 832110
 ▲ Wash Up Liquid - Lemon & Aloe Vera 1x5l 11.60 V 18.56 832124

LoofCo

◆ Back Brush 3x1 20.30 V 10.83 833031
 ◆ Back Scrubber 30cm loofah with cotton handles 4x34g 12.35 V 4.94 833040
 ◆ Bath-Time Heart loofah 8x20g 18.75 V 3.75 833046
 ◆ Bath-Time Smile loofah 8x19g 18.75 V 3.75 833041
 ◆ Bathroom Cleaning Pad 6x24g 14.80 V 3.95 833042
 ◆ Body Loofah 8x20g 17.50 V 3.50 833050
 ◆ Bottle Brush - 26cm 6x36g 14.05 V 3.75 833047
 ◆ Cat Body Loofah 6x1 13.95 V 3.72 833034
 ◆ Cleaning Pad 2 pack made from loofah 6x24g 18.55 V 4.95 833044
 ◆ Cleaning Pad made from loofah 6x20g 10.85 V 2.89 833048
 ◆ Cleansing Mitt made from cotton 8x1pack 18.75 V 3.75 833063
 ◆ Coir Washing-Up Brush with wood handle 6x36g 14.05 V 3.75 833055
 ◆ Dry Body Brush 3x1 24.00 V 12.80 833032
 ◆ Dust Brush 4x1 16.15 V 6.46 833028
 ◆ Gardeners Brush coir with wooden handle 4x111g 13.75 V 5.50 833049
 ◆ Household Bin Brush 3x1 24.00 V 12.80 833029
 ◆ Kitchen Cloth 2 pack cotton 6x61g 14.80 V 3.95 833057
 ◆ Milk Bottle Brush 4x1 9.65 V 3.86 833026
 ◆ Mini Washing-Up Pad 2 pack made from loofah 6x11g 10.85 V 2.89 833060
 ◆ Non-Stick Pan Brush 4x1 19.60 V 7.84 833025
 ◆ Root Vegetable Scrubber made from loofah 6x20g 10.80 V 2.88 833051
 ◆ Seaside Brush 3x1 20.30 V 10.83 833035
 ◆ Shower Puff 3x1 14.70 V 7.84 833033
 ◆ Soap Rest made from loofah 8x10g 11.45 V 2.29 833058
 ◆ Washing-Up Brush made from coir fibre 6x40g 10.85 V 2.89 833054
 ◆ Washing-Up Pad made from loofah 8x20g 14.45 V 2.89 833052
 ◆ Washing-Up Scraper made from coconut husk 6x25g 12.00 V 3.20 833056
 ◆ Washing-Up Slim Pad 4pk made from loofah 5x4pack 15.45 V 4.94 833064
 ◆ Washing-Up Soap - fragrance free 6x100g 12.15 V 3.24 833061
 ◆ Washing-Up Soap - Lime 6x100g 12.15 V 3.24 833062
 ◆ Water Bottle Brush - 34cm 6x66g 15.95 V 4.25 833043
 ◆ Whole Loofah 4x1 22.20 V 8.88 833036
 ◆ Wide Bottle Brush 4x1 18.60 V 7.44 833027

Ocean Saver

◆ All in One Plastic-free Eco Dishwasher Tabs - 100 Pack 5x100tab 81.25 V 26.00 833330
 ◆ All in One Plastic-free Eco Dishwasher Tabs - 30 Pack 8x30tab 42.50 V 8.50 833335

Toiletries & Natural Remedies

Alter/Native - rectangular glycerine vegan soap bars - by Suma

◆ Coconut & Argan Glycerine Soap 6x90g 12.20 V 3.25 859172
 ◆ Coffee & Cedarwood Glycerine Soap 6x90g 12.20 V 3.25 859168
 ◆ Hemp & Jasmine Musk Glycerine Soap 6x90g 12.20 V 3.25 859170
 ◆ Lavender & Geranium Glycerine Soap 6x90g 12.20 V 3.25 859174
 ◆ Patchouli & Sandalwood Glycerine Soap 6x90g 12.20 V 3.25 859176
 ◆ Pink Grapefruit & Aloe Glycerine Soap 6x90g 12.20 V 3.25 859179
 ◆ Rose & Geranium Glycerine Soap 6x90g 12.20 V 3.25 859181
 ◆ Tea Tree & Aloe Glycerine Soap 6x90g 12.20 V 3.25 859184

Alter/Native -Boxed vegan coconut/olive soap bars - by Suma

◆ Cinnamon & Orange - boxed soap 6x95g 13.00 V 3.47 859143
 ◆ Coconut Milk & Ylang Ylang - boxed soap 6x95g 13.00 V 3.47 859142
 ◆ Grapefruit & Mandarin - boxed soap 6x95g 13.00 V 3.47 859145
 ◆ Lemongrass & Chamomile - boxed soap 6x95g 13.00 V 3.47 859144
 ◆ Patchouli & Hemp - boxed soap 6x95g 13.00 V 3.47 859146
 ◆ Rose & Geranium - boxed soap 6x95g 13.00 V 3.47 859148
 ◆ Tea Tree & Eucalyptus - boxed soap 6x95g 13.00 V 3.47 859149

Cheeky Panda Bamboo Pads & Panty Liners

◆ Heavy Pads 290mm - 12 with wings 6x12pack 12.35 2.74 859359
 ◆ Light Pads 240mm - 15 with wings 6x15pack 12.35 2.74 859360
 ◆ Night Pads 350mm - 10 with wings 6x10pack 12.35 2.74 859361
 ◆ Panty Liners 155mm - 18 liners 6x18pack 10.25 2.28 859362

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

Ecoleaf - vegan

◆ Liquid Hand Soap - Grapefruit & Mandarin 6x500ml 16.25 V 4.33 851035

Ecover - personal care

◆ Hand Wash - Lavender & Aloe Vera 1x5l 18.65 V 29.84 855925

Faith in Nature - for men

◆ Blue Cedar Body Wash 6x400ml 22.55 V 6.44 852964

Faith in Nature body wash

◆ Aloe Vera Body Wash 6x400ml 22.55 V 6.43 854030

◆ Coconut Body Wash 6x400ml 22.55 V 6.43 854033

◆ Coconut Body Wash - Aluminium 6x500ml 26.05 V 7.43 854038

◆ Dragon Fruit Body Wash 6x400ml 22.55 V 6.43 854037

◆ Fragrance Free Body Wash 6x400ml 22.55 V 6.43 854036

◆ Grapefruit & Orange Body Wash 6x400ml 22.55 V 6.43 854035

◆ Grapefruit & Orange Body Wash - Aluminium 6x500ml 26.05 V 7.43 854039

◆ Lavender & Geranium Body Wash 6x400ml 22.55 V 6.43 854040

◆ Lavender & Geranium Body Wash - Aluminium 6x500ml 26.05 V 7.43 854044

◆ Mint Body Wash 6x400ml 22.55 V 6.43 854041

◆ Seaweed & Citrus Body Wash 6x400ml 22.55 V 6.43 854050

◆ Wild Rose Body Wash 6x400ml 22.55 V 6.43 854059

Faith in Nature hand & body lotion

◆ Coconut Hand & Body Lotion 6x400ml 28.05 V 7.99 853206

◆ Grapefruit & Orange Hand & Body Lotion 6x400ml 28.05 V 7.99 853208

◆ Lavender & Geranium Hand & Body Lotion 6x400ml 28.05 V 7.99 853209

Faith in Nature hand wash / liquid soap

◆ Hand Wash - Coconut 6x400ml 17.50 V 4.99 853199

◆ Hand Wash - Dragon Fruit 6x400ml 17.50 V 4.99 853200

◆ Hand Wash - Grapefruit & Orange 6x400ml 17.50 V 4.99 853202

◆ Hand Wash - Lavender & Geranium 6x400ml 17.50 V 4.99 853201

◆ Hand Wash - Seaweed & Citrus 6x400ml 17.50 V 4.99 853203

◆ Hand Wash - Wild Rose 6x400ml 17.50 V 4.99 853205

Lavera - Basis Sensitive Facial Care - NaTrue certified

◆ Q10 Moisturising Face Cream - anti ageing organic 4x500ml 42.55 V 19.15 855499

Lavera - Basis Sensitive Vegan Body Care - NaTrue Certified

◆ Basis Sensitive Deodorant Spray 4x75ml 26.30 V 11.84 855462

◆ Basis Sensitive Roll-on Deodorant 4x50ml 21.65 V 9.75 855460

◆ Hand Cream 4x75ml 13.00 V 5.85 855464

◆ Rich Body Lotion 4x250ml 25.20 V 11.35 855468

Lavera - Men's Care Range

◆ Aftershave Balm - tube 4x100ml 26.55 V 11.95 855347

◆ Gentle Shaving Foam 4x150ml 22.10 V 9.95 855346

◆ Men's 3 in 1 Shower Gel - new style 4x200ml 15.45 V 6.95 855353

◆ Men's Deodorant Roll On 24hr 4x50ml 22.10 V 9.95 855348

◆ Men's Moisturising Cream 4x50ml 30.95 V 13.95 855349

Nitty Gritty

▲ Head Lice - Defence Spray 1x250ml 8.40 V 13.44 855395

Yahoh - Organic Hemp Seed Oil Bodycare

▲ Hemp Healing Salve 6x56g 33.50 V 9.99 859067

▲ Hemp Moisturiser - Mandarin & Grapefruit 6x56g 33.50 V 9.99 859056

▲ Hemp Moisturiser - Original 6x56g 33.50 V 9.99 859065

▲ Hemp Moisturiser - Tea Tree 6x56g 33.50 V 9.99 859058

Toothpaste, Brushes & Oral Hygiene

Aloe Dent - fluoride-free

◆ Charcoal Toothpaste - fluoride-free 6x100ml 18.40 V 5.49 881446

◆ Children's Toothpaste (strawberry) - fluoride-free 6x50ml 16.75 V 4.99 881457

◆ Coconut Toothpaste - fluoride-free 6x100ml 18.40 V 5.49 881448

◆ Mouthwash - fluoride-free 6x500ml 30.10 V 8.03 881454

◆ Mouthwash - fluoride-free 6x250ml 18.40 V 5.49 881455

◆ Sensitive Toothpaste - fluoride-free 6x100ml 18.40 V 5.49 881450

◆ Teeth Whitening Strips - 14 day treatment pack 6x14pack 33.45 V 9.99 881458

◆ Triple Action Toothpaste - fluoride-free 6x100ml 18.40 V 5.49 881451

◆ Whitening Toothpaste - fluoride-free 6x100ml 18.40 V 5.49 881452

Aloe Dent - with fluoride

◆ Fluoride Sensitive Toothpaste 6x100ml 20.10 V 5.99 881465

◆ Fluoride Whitening Toothpaste 6x100ml 20.10 V 5.99 881467

Kingfisher - 100% recyclable

▲ Aloe Tea Tree - Fennel - Fluoride Free 12x100ml 29.20 V 3.89 861480

▲ Aloe Tea Tree - Mint - Fluoride Free 12x100ml 29.20 V 3.89 861486

▲ Charcoal Whitening - Fluoride Free 12x100ml 29.20 V 3.89 861484

▲ Children's Strawberry Toothpaste - Fluoride Free 12x100ml 29.20 V 3.89 861488

▲ Children's Strawberry Toothpaste with Fluoride 12x100ml 29.20 V 3.89 864189

▲ Fennel with fluoride 12x100ml 29.20 V 3.89 861517

▲ Fluoride Free Baking Soda Mint 12x100ml 29.20 V 3.89 861490

▲ Fluoride Free Fennel 12x100ml 29.20 V 3.89 861528

▲ Fluoride Free Mint 12x100ml 29.20 V 3.89 861529

▲ Mint with fluoride 12x100ml 29.20 V 3.89 861506

Aromatherapy, Candles & Incense

Greater Goods - The Mother's Fragrances vegan jos sticks

▲ Cinnamon and Spice Incense Sticks 6x12stick 7.85 V 2.28 880990

▲ Frankincense Incense Sticks 6x12stick 7.85 V 2.28 880992

▲ Jasmine Incense Sticks 6x12stick 7.85 V 2.28 880994

▲ Lotus Incense Sticks 6x12stick 7.85 V 2.28 880996

▲ Musk Incense Sticks 6x12stick 7.85 V 2.28 880998

▲ Opium Incense Sticks 6x12stick 7.85 V 2.28 881001

▲ Orange Blossom Incense Sticks 6x12stick 7.85 V 2.28 881002

▲ Patchouli Incense Sticks 6x12stick 7.85 V 2.28 881004

▲ Sandalwood Incense Sticks 6x12stick 7.85 V 2.28 881007

▲ Vanilla Incense Sticks 6x12stick 7.85 V 2.28 881006

Greater Goods - The Mother's India Fair Trade vegan jos sticks

▲ Amrita Incense Sticks 5x20stick 10.90 V 3.79 881216

▲ FSC Teak Wood Gondola Incense Holder 1x1pack 3.15 V 5.48 881213

▲ Ganesh Incense Sticks 5x20stick 10.90 V 3.79 881218

▲ Om Incense Sticks 5x20stick 10.90 V 3.79 881220

▲ Oudh Incense Sticks 5x20stick 10.90 V 3.79 881219

▲ Prem Incense Sticks 5x20stick 10.90 V 3.79 881222

▲ Shanti Incense Sticks 5x20stick 10.90 V 3.79 881224

▲ Yoga Incense Sticks 5x20stick 10.90 V 3.79 881226

Packaging & Publications

Liz Cook Charts - all Charts in cardboard tubes

☆ Yoga Chart - female yogi 1x1 3.85 V 6.16 950625

* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

discontinued

| | | | | |
|--|---------|---------|-----------------------|---------------|
| ● Polenta | organic | 6x500g | Infinity Foods | 3 0 5 2 |
| ● Teff Flour - wholegrain brown | organic | 6x500g | Infinity Foods | 3 0 9 0 |
| ● Teff Flour - wholegrain white | organic | 6x500g | Infinity Foods | 3 0 9 5 |
| ● Tigernuts - Blanched | organic | 6x125g | Infinity Foods | 6 1 4 1 |
| ● Teff Grain - whole brown - gluten-free | organic | 25kg | Infinity Bulk | 1 0 6 1 0 |
| ● Teff Grain - whole brown | organic | 5kg | Infinity Foods | 1 0 6 1 2 |
| ● Coconut Flour | organic | 4x500g | Doves Farm | 4 0 5 3 8 |
| <i>(see 3023 Infinity for substitute)</i> | | | | |
| ● Gram Flour | | 5x1kg | Freee from Doves Farm | 5 1 0 4 7 |
| <i>(see 51048 5x800g for substitute)</i> | | | | |
| ● Hazelnuts | organic | 25kg | Infinity Bulk | 9 0 5 5 1 |
| <i>(see 90535 10kg for substitute)</i> | | | | |
| ● Tigernuts - Blanched | organic | 10kg | Infinity Bulk | 9 0 6 0 4 |
| ● Tigernuts - Blanched | organic | 1kg | Infinity Foods | 9 0 6 0 6 |
| ● Sprouting Kit in bag | organic | 1x1pack | Aconbury Sprouts | 9 0 6 6 5 |
| ● Chickpea Fusilli | organic | 6x250g | Explore Cuisine | 1 3 0 7 0 8 |
| ● Macaroni | organic | 8x500g | Cornwall Pasta Co | 1 4 0 3 3 2 |
| ● Buckwheat Spirals | | 5x350g | Orgran | 1 4 0 5 1 1 |
| ● Garden Veggie Spirals | | 5x350g | Orgran | 1 4 0 5 1 7 |
| ● Rice & Corn Macaroni | | 5x350g | Orgran | 1 4 0 5 2 0 |
| ● Rice & Veg Spirals | | 5x350g | Orgran | 1 4 0 5 2 2 |
| ● Olive Ciabatta Bread | organic | 9x180g | Amisa | 1 6 9 8 5 4 |
| ● Sundried Tomato & Herb Oatcakes | organic | 15x200g | Clearspring | 1 7 0 4 0 7 |
| ● All Purpose Crumb | | 8x300g | Orgran | 1 7 1 9 9 5 |
| ● Toasted Corn Crispbread | | 6x125g | Orgran | 1 7 2 0 0 7 |
| ● Toasted Buckwheat Crispbread | | 6x125g | Orgran | 1 7 2 0 1 2 |
| ● Strawberry Puffed Oat Cakes | | 6x118g | Kallo | 1 7 3 0 0 6 |
| ● 3 Grain + 3 Seed Crispbread | organic | 8x200g | Karg | 1 7 3 2 6 2 |
| ● Trayless Wasabi Seaweed Snack | organic | 20x4g | Ocean's Halo | 1 7 3 1 5 9 4 |
| ● Apricot Conserve | organic | 6x340g | Wilkin & Sons | 2 9 5 0 0 5 |
| ● Raspberry Conserve | organic | 6x340g | Wilkin & Sons | 2 9 5 0 2 0 |
| ● Bulk Orange Marmalade Medium Cut | | 3kg | Wilkin & Sons | 2 9 5 0 4 0 |
| ● Bulk Raspberry Seedless Conserve | | 3kg | Wilkin & Sons | 2 9 5 0 5 0 |
| ● Mango Chutney with Ginger & Roast Cumin | | 6x320g | Real Natural | 3 5 1 9 5 0 |
| ● Classic Baked Beans | | 12x325g | Bold Bean Co | 3 9 0 2 6 0 |
| ● Rich Tomato Baked Beans | | 12x325g | Bold Bean Co | 3 9 0 2 6 1 |
| <i>(see 390272 6x390g for substitute)</i> | | | | |
| ● Smoky Chili Baked Beans | | 12x325g | Bold Bean Co | 3 9 0 2 6 2 |
| <i>(see 390273 6x390g for substitute)</i> | | | | |
| ● Tomato Passata | organic | 6x690g | Tarantella | 3 9 3 0 2 3 |
| ● Mushroom & Red Wine Pasta Sauce | organic | 6x350g | Real Organic | 3 9 4 2 0 7 |
| ● Sicilian Tomato & Olive Pasta Sauce | organic | 6x350g | Real Organic | 3 9 4 2 1 5 |
| ● Jalfrezi Cooking Sauce | organic | 6x350g | Real Organic | 3 9 4 2 3 0 |
| ● Thai Yellow Curry Sauce | organic | 6x350g | Real Organic | 3 9 4 2 7 0 |
| ● Tom, Mushroom, Smoke Garlic Pasta Sauce | | 6x340g | Zest | 3 9 5 5 2 0 |
| ● Tom, Mushroom, Green Pepper Pasta Sauce | | 6x340g | Zest | 3 9 5 5 2 5 |
| ● Sun-dried Tomato Paste | | 6x170g | Zest | 3 9 5 5 3 0 |
| ● Basil Vegan Pesto - large | | 6x340g | Zest | 3 9 5 5 5 5 |
| ● Basil Vegan Pesto - small | | 6x165g | Zest | 3 9 5 5 6 0 |
| ● Red Pepper Tortelloni | organic | 10x250g | Mr Organic | 4 4 2 8 0 2 |
| ● Buckwheat Pancake Mix | | 8x375g | Orgran | 4 4 3 7 5 0 |
| ● Strawberry Rice Cake Clouds | organic | 6x40g | Organix | 4 7 0 8 2 4 |
| ● The Purple One - Smoothie Fruit - multi | organic | 3x5x90g | Ella's Kitchen | 4 7 0 9 4 7 |
| <i>(see 470945 singles for substitute)</i> | | | | |
| ● The Red One - Smoothie Fruit - multi | organic | 3x5x90g | Ella's Kitchen | 4 7 0 9 5 5 |
| <i>(see 470950 singles for substitute)</i> | | | | |

| | | | | |
|--|---------|----------|------------------|-------------|
| ● Miso Broth - tetra | organic | 6x946ml | Ocean's Halo | 4 8 1 0 4 0 |
| ● No Chicken Broth - tetra | organic | 6x946ml | Ocean's Halo | 4 8 1 0 4 1 |
| ● Pho Broth - tetra | organic | 6x946ml | Ocean's Halo | 4 8 1 0 4 2 |
| ● Shoyu Soy Sauce | | 5l | Sanchi | 4 8 1 5 2 0 |
| ● Arame | | 1kg | Do-It | 5 3 1 1 5 0 |
| ● Sushi Nori Sheets | organic | 12x28g | Ocean's Halo | 5 3 1 5 9 0 |
| ● Trayless Sea Salt Seaweed Snack | organic | 20x4g | Ocean's Halo | 5 3 1 5 9 3 |
| ● Darjeeling Black Tea Bags | organic | 6x20bgs | English Tea Shop | 5 6 0 7 6 2 |
| ● Breathe In with Eucalyptus | organic | 4x20bgs | Pukka | 5 6 1 4 8 8 |
| ● Love - rose, chamomile & lavender | organic | 4x20bgs | Pukka | 5 6 1 5 1 5 |
| ● Womankind - rose, vanilla & shatavari | organic | 4x20bgs | Pukka | 5 6 1 5 5 5 |
| ● Alkaline Herbs | organic | 6x17bgs | Yogi Tea | 5 7 1 7 0 2 |
| <i>(see 571704 pH Balance for substitute)</i> | | | | |
| ● Ginger Lemon Tea | organic | 6x17bgs | Yogi Tea | 5 7 1 7 1 2 |
| <i>(see 571723 new style for substitute)</i> | | | | |
| ● Black Chai | organic | 6x17bgs | Yogi Tea | 5 8 0 4 2 2 |
| <i>(see 580420 new style for substitute)</i> | | | | |
| ● Beans - Columbia | organic | 10x500g | Grumpy Mule | 6 0 0 8 5 3 |
| <i>(see 600856 6x200g for substitute)</i> | | | | |
| ● Beans - Top Notch | organic | 10x500g | Grumpy Mule | 6 0 0 8 5 4 |
| <i>(see 600858 6x200g for substitute)</i> | | | | |
| ● Beans - Sumatra | organic | 10x500g | Grumpy Mule | 6 0 0 8 5 5 |
| <i>(see 600833 6x200g for substitute)</i> | | | | |
| ● Instant Roasted Chicory Barley Drink | organic | 6x100g | The Chicory Co. | 6 1 2 8 5 6 |
| ● Instant Roasted Chicory Coffee Drink | organic | 6x100g | The Chicory Co | 6 1 2 8 5 7 |
| ● Lemon & Ginger Agua Fresca | | 12x330ml | Agua de Madre | 6 3 9 0 8 2 |
| ● Purdey's Refocus - Dark Fruits with Guarana | | 12x330ml | Purdeys | 6 4 1 0 2 4 |
| ● Purdey's - Rejuvenate - Grape & Apple with Ginseng | | 12x330ml | Purdeys | 6 4 1 0 2 5 |
| ● Purdey's Replenish - Raspberry & Rose | | 12x330ml | Purdeys | 6 4 1 0 2 6 |
| ● Berry & Dragon Fruit Natural Energy | | 12x330ml | Purdeys | 6 4 1 0 2 7 |
| ● Ginger & Turmeric Kombucha | organic | 12x330ml | Lazy Moon | 6 4 1 4 8 9 |
| ● Passion Fruit Kombucha | organic | 12x330ml | Lazy Moon | 6 4 1 4 9 1 |
| ● Elderflower Kombucha | organic | 20x275ml | Mighty Brew | 6 4 1 6 4 0 |
| ● Jasmine Kombucha | organic | 20x275ml | Mighty Brew | 6 4 1 6 4 2 |
| ● Sencha Kombucha | organic | 20x275ml | Mighty Brew | 6 4 1 6 4 6 |
| ● Jasmine Kombucha - large | organic | 6x750ml | Mighty Brew | 6 4 1 6 5 2 |
| ● Sencha Kombucha - large | organic | 6x750ml | Mighty Brew | 6 4 1 6 5 6 |
| ● Passion Fruit Martini non-alcoholic | | 6x750ml | Belvoir | 7 0 2 3 6 6 |
| ● Rhubarb & Ginger G&T non-alcoholic | | 6x750ml | Belvoir | 7 0 2 3 7 8 |
| ● Rosemary Almonds - pouch | | 8x140g | Better With | 7 5 0 1 6 2 |
| ● Tangy Worms - share bag | | 10x125g | Jealous Sweets | 7 6 4 2 5 2 |
| ● Grizzly Bears - impulse bag | | 10x40g | Jealous Sweets | 7 6 4 2 5 6 |
| ● Love Bears | | 10x40g | Jealous Sweets | 7 6 4 2 5 7 |
| ● Tangy Worms - impulse bag | | 10x40g | Jealous Sweets | 7 6 4 2 5 8 |
| ● Love Bears - shot bag | | 20x24g | Jealous Sweets | 7 6 4 2 6 1 |
| ● Very Dark Chocolate 71% | organic | 12x100g | Equal Exchange | 7 6 5 3 0 2 |
| ● Lemon, Ginger & Pepper Dark Chocolate 55% | organic | 12x100g | Equal Exchange | 7 6 5 3 0 7 |
| ● Vegebears | organic | 10x70g | Just Wholefoods | 7 6 5 3 9 9 |
| ● Froty Fruits | organic | 10x70g | Just Wholefoods | 7 6 5 4 0 1 |
| ● Cool Mint Dark Chocolate Bar - 72% | organic | 10x75g | Seed & Bean | 7 6 5 8 3 3 |
| ● Sweet Orange & Thyme Dark Choc Bar - 58% | organic | 30x25g | Seed & Bean | 7 6 5 8 8 4 |
| ● Dark Peanut Butter Mini Eggs - Bag - vegan | | 7x120g | Montezuma | 7 6 5 9 6 4 |
| ● Dark Chocolate Eco Egg | organic | 4x150g | Montezuma | 7 6 5 9 7 0 |
| ● Milk Chocolate Eco Egg | organic | 4x150g | Montezuma | 7 6 5 9 7 1 |
| ● Absolute Black 100% Cocoa Chocolate Eco Egg | | 4x150g | Montezuma | 7 6 5 9 7 2 |
| ● Sticky Toffee Pudding Dark Choc Egg | | 4x150g | Montezuma | 7 6 5 9 7 4 |
| ● Chuckie Egg Giftpack - 5 eggs | | 8x190g | Mummy Meegz | 7 6 6 0 4 1 |
| ● Chickee Eggs Gift Tube | | 8x170g | Mummy Meegz | 7 6 6 0 4 5 |
| ● Hoppy Easter Bunny | | 12x100g | Mummy Meegz | 7 6 6 0 4 6 |
| ● Easter Award Winning Selection - 16 Truffles | organic | 5x184g | Booja Booja | 7 6 6 1 4 9 |

* new product □ on offer
▲ price rise ▼ fall

☆ size/other change
◆ offer ended

| | | | | | | | | | |
|--|---------|-----------|--------------|--------|--|---------|----------------------|--------------------|--------|
| ● Large Easter Egg - Chocolate Salted Caramel | organic | 4x138g | Booja Booja | 766161 | ● Fabric Softener - Apple Blossom & Almond | 6x750ml | Ecover | 832048 | |
| ● Large Easter Egg - Fine De Champagne | organic | 4x138g | Booja Booja | 766170 | (see 831588 new style for substitute) | | | | |
| ● Large Easter Egg - Hazelnut Crunch | organic | 4x138g | Booja Booja | 766171 | ● Fabric Softener - Gardenia & Vanilla | 6x1.43l | Ecover | 832054 | |
| ● Raspberry Scrunch - 10 Truffle Logs | organic | 8x115g | Booja Booja | 766179 | (see 831589 new style for substitute) | | | | |
| ● Viva Las Vegan 9 Truffle Collection | | 5x110g | Montezuma | 766257 | ● Fabric Softener - Apple Blossom & Almond | 15l | Ecover | 832166 | |
| ● Caramel filled eggs 8 in a box | organic | 10x8x10g | Coco Caravan | 766526 | (see 831592 new style for substitute) | | | | |
| ● Dark Ginger Easter Egg + buttons | organic | 6x225g | Cocoa Loco | 766531 | ● Toilet Cleaner Spearmint & Peppermint | 6x1l | Miniml | 850113 | |
| ● Rabbit - Marbled Dark/Milk/White Choc | organic | 6x200g | Cocoa Loco | 766534 | (see 850104 6x750ml for substitute) | | | | |
| ● Dark Chocolate Easter Mini Eggs | organic | 6x140g | Cocoa Loco | 766535 | ● Washing Up Liquid - Rhubarb & Lemon | 6x500ml | Miniml | 850115 | |
| ● Milk Chocolate Easter Mini Eggs | organic | 6x140g | Cocoa Loco | 766537 | (see 850102 6x400ml for substitute) | | | | |
| ● Little Choc Chicks - milk & white | organic | 6x100g | Cocoa Loco | 766539 | ● Tea Tree & Aloe Vera Bodywash | 20l | Alter-Native by Suma | 850150 | |
| ● Raspberry Pink Pigs - white | organic | 6x100g | Cocoa Loco | 766546 | ● Tea Tree & Aloe Vera Shampoo - normal/oily hair | 20l | Alter-Native by Suma | 850168 | |
| ● Milk Chocolate Easter Egg + buttons | organic | 6x225g | Cocoa Loco | 766551 | ● Coconut & Argan Oil Shampoo - normal/dry hair | 20l | Alter-Native by Suma | 850185 | |
| ● Chocolate Egg & Spoon | organic | 6x100g | Cocoa Loco | 766552 | ● Coconut & Argan Oil Conditioner - normal/dry hair | 20l | Alter-Native by Suma | 850190 | |
| ● Milk Chocolate & Orange Easter Mini Eggs | organic | 6x140g | Cocoa Loco | 766553 | ● Blueberry Powder | organic | 1x250g | Forest Whole Foods | 851916 |
| ● Milk Chocolate Rabbit Lolly | organic | 24x26g | Cocoa Loco | 766572 | ● Shiitake Mushroom Powder | organic | 1x125g | Forest Whole Foods | 851931 |
| ● Hazelnut Chocolate Praline Gift Tube | organic | 1x195g | Rhythm 108 | 767543 | ● Men's 3 in 1 Shower Gel | | 4x200ml | Lavera | 855367 |
| ● Rabbits 3d puzzle toy with chocolate | organic | 18x50g | PLAYin CHOC | 767632 | (see 855353 new style for substitute) | | | | |
| ● No-Egg | | 8x200g | Orgran | 795060 | ● Cacao Powder | organic | 1x250g | Naturya | 855419 |
| ● Vegan Easy Egg | | 8x250g | Orgran | 795065 | (see 855424 Single Origin, not organic for substitute) | | | | |
| ● Bread/Dry Goods Bag Medium | organic | 1x1 | Bo Weevil | 820532 | ● Broad Spectrum CBD & CBG Oil - 500mg | | 1x10ml | From the Leaf | 855436 |
| ● Flat Box Facial Tissues with Aloe | | 12x160g | Cheeky Panda | 820557 | ● Broad Spectrum CBD & CBG Oil - 1000mg | | 1x10ml | From the Leaf | 855437 |
| (see 820551 new style for substitute) | | | | | ● Hand Soap - Cucumber & Aloe | | 6x500ml | Miniml | 855624 |
| ● Washing Powder Non Bio - Zero | | 3x1.875kg | Ecover Zero | 831606 | (see 855628 6x400ml for substitute) | | | | |
| (see 831596 10x950g for substitute) | | | | | ● Shampoo - Hemp - strengthening | organic | 6x250ml | Urtekram | 858738 |
| ● Zero Washing Powder - sack | | 1x7.5kg | Ecover Zero | 831610 | ● Hemp Sunblock 25 | | 6x200ml | Yaoh | 859071 |
| (see 831619 2x4kg for substitute) | | | | | ● Citrus Refreshing Body Lotion | | 1x200ml | Weleda | 859247 |
| ● Biological Washing Powder + bleach & fragrance | | 6x750g | Ecover | 832040 | ● Kids Blue Bamboo Toothbrush - Soft | | 12x1 | Hydrophil | 859566 |
| (see 831593 10x950g for substitute) | | | | | ● Interdental brush 0.5 mm ISO 2 | | 10x6pack | Hydrophil | 859582 |
| ● Fabric Softener - Gardenia & Vanilla | | 6x750ml | Ecover | 832043 | ● Lavender Essential Oil Candles | | 6x3"x3" | Heaven Scent | 891110 |
| (see 831587 new style for substitute) | | | | | ● Orange & Clove Essential Oil Candles | | 6x3"x3" | Heaven Scent | 891115 |
| | | | | | ● Vegan Wrap on a roll 33x100cm - Avocado | | 1x1pack | EcoLifestyle | 912057 |