

# new products

## Breakfast Cereals & Cereal Flakes

### Infinity Foods - breakfast cereals

New from Infinity Foods, **Organic Bran Sticks** in two bulk sizes. Unlike many other bran sticks on the market, these contain no added salt or sugar. Just organic wheat bran and barley malt flour. A healthy addition to any breakfast.

* Bran Sticks	organic	15kg	50.00	3.33	6 2 0 1 3
* Bran Sticks	organic	2kg	8.50	4.25	6 2 0 1 4

### Infinity - Pre-Packed Organic Breakfast Cereals

New from Infinity Foods, organic vegan **Pecan & Cranberry Muesli** 500g containing sugar sweetened cranberries. This is a temporary replacement for Cranberry & Pecan Muesli 500g which contains apple juice sweetened cranberries. It is just as delicious and at under £2 for 500g, an absolute bargain while it lasts! Also new from Infinity Foods, are organic **Bran Sticks** in 6x250g. Made from organic wheat bran and barley malt flour with no added salt or sugar.

* Bran Sticks	organic	6x250g	8.80	1.96	4 0 4 1
* Pecan & Cranberry Muesli	organic	6x500g	8.85	1.97	4 0 3 4

## Dried Fruit

### Bulk Organic Dried Fruit

New from Infinity Foods organic **Mango Pieces 2kg**. These are small 1-2cm pieces, perfect for snacking, kids' lunch boxes, or adding to mixes and cereal bowls.

* Mango Pieces	organic	2kg	22.00	11.00	1 0 0 5 7 1
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### Infinity Pre-Packed Organic Dried Fruit

New from Infinity Foods organic **Mango Pieces 6x250g**,

* Mango Pieces	organic	6x250g	20.55	4.57	7 0 7 6
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## Bread, Rice Cakes, Crackers etc

### Amisa - gluten-free

New from Amisa, organic vegan gluten-free **Protein Pomodoro Crispbread**. This is an Italian inspired wholesome alternative to conventional crackers and biscuits. It is made from carefully selected grains, tomato paste, red pepper, oregano and basil.

* Protein Pomodoro Crispbread	organic	12x100g	21.50	2.39	1 6 9 8 7 1
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## Biscuits and Cakes

### Biona - Coconut Wafer Rolls

New from Biona, organic vegan gluten-free **Coconut Wafer Rolls** in two flavours, **Cacao** and **Vanilla**. The ingredients include coconut milk, rice flour, cassava flour and coconut sugar. Lovely to snack on with a cup of coffee, these light crisp wafer tubes are packaged in resealable pouches.

* Coconut Wafer Rolls Cacao	organic	12x100g	27.65 V	3.69	1 8 0 4 3 6
* Coconut Wafer Rolls Vanilla	organic	12x100g	26.15 V	3.49	1 8 0 4 3 7

## Oils & Fats

### Biona Oils - not heat extracted

Biona Organic vegan **MCT Oil** is made from 100% pure, premium coconut oil. Extracted without the use of chemicals, this odourless, flavourless oil is a popular addition to smoothies or coffee. It is a clean-label, functional fat source perfect for energy and performance seekers. The MCT Oil contains C8 (Caprylic Acid) and C10 (Capric Acid) which are medium-chain triglycerides blended for balanced energy and health benefits. Packaged in a glass bottle.

* MCT Oil	organic	6x250ml	40.55	9.01	2 0 0 4 3 0
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## Nut Butter, Pâté, Spreads & Jam

### St Dalfour Spreads

New from St Dalfour, vegan **Blackcurrant Spread** is made with generous amounts of blackcurrants for a full-bodied, naturally tart flavour. It is carefully crafted using traditional French methods, and is sweetened only with fruit juice concentrates.

* Blackcurrant Spread		6x284g	15.40	3.42	2 6 1 2 4 3
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## Honey, Syrup, Sugar & Sweeteners

### Forest Wholefoods - jar

New from Forest Wholefoods, organic **Raw Linden Honey**. Sourced from traditional Bulgarian beekeepers, it has a distinctive herbal flavour and light citrus undertones. The raw processing means it retains its natural enzymes, nutrients and aroma with natural crystallisation as a mark of purity. It is packaged in a glass jar.

* Raw Linden Honey	organic	6x500g	40.45	8.99	3 2 1 4 4 4
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## Olives, Pickles and Preserved Vegetables

### Clearspring - Bio Kitchen - Demeter - in jars

Returning from Clearspring are Demeter organic **Baked Beans - unsweetened**. These are white beans in a tomato sauce with Mediterranean herbs packed in a glass jar.

* Baked Beans - unsweetened	Demeter	6x350g	10.80	2.40	3 5 0 1 0 6
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## Sauces, Fruit and Vegetable Products

### Biona - Canned Veg Products

Naturally sweet and packed fresh from harvest, **Biona Organic Sweetcorn** comes in a handy card multipack for maximum convenience. With no added salt or sugar, and packaged in BPA-free cans, this product delivers on both nutrition and practicality.

* Sweetcorn - multipack	organic	6x2x160g	13.00	2.89	3 9 0 2 1 0
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## Convenience Foods

### Bold Bean Co. baked beans - in a jar

New and on offer from the Bold Bean Co three vegan gluten-free baked beans in 6x395g jars. These will replace the existing 12x325g packs and are very competitively priced compared to the smaller 12 packs. New to the range are **Masala Baked Beans** - creamy white beans cooked to perfection in a gently spiced masala sauce. **Rich Tomato Baked Beans** and **Smoky Chilli Baked Beans** have the same great taste re-packaged in the new size jars. The pricing marked below represents a discount of 15%

<input type="checkbox"/> Masala Baked Beans		6x395g	14.95	3.32	3 9 0 2 7 1
<input type="checkbox"/> Rich Tomato Baked Beans		6x395g	14.95	3.32	3 9 0 2 7 2
<input type="checkbox"/> Smoky Chilli Baked Beans		6x395g	14.95	3.32	3 9 0 2 7 3

### Free & Easy ready meals - vegan - gluten-free - can

New from Free & Easy, three organic vegan gluten-free canned ready meals. **Lentil & Veg Balti Pie Filling** is a hearty blend of tender lentils and vegetables simmered in a rich, warming Balti curry sauce with a gentle spicy kick. **Lentil & Veg Country Pie Filling** combines lentils, beans, and traditional vegetables in a rich, savoury country-style sauce. **Mediterranean Harissa Casserole** features vegetables and beans gently cooked in a lightly spiced harissa-style tomato gravy.

* Lentil & Veg Balti Pie Filling	organic	6x400g	15.50	3.44	4 4 1 0 7 6
* Lentil & Veg Country Pie Filling	organic	6x400g	15.50	3.44	4 4 1 0 7 8
* Mediterranean Harissa Casserole	organic	6x400g	15.50	3.44	4 4 1 0 7 9

## Baby & Children's Food and Baby Products

### Freee - from Doves Farm - Kids Oaty bars

Freee organic gluten-free vegan **Kids Oaty Bars** are new this March. There are two flavours **Kids Apple & Sultana** and **Kids Chocolate Chip** packed with wholegrain oats, fruit and sweetened with agave these small bars are just the right size for a child's snack. There are 5 in a pack and are 'School Safe', so perfect for a packed lunch. Please don't think me lax, by the way - they are also apostrophe-freee

* Kids Apple & Sultana Oaty Bars	organic	7x5x25g	14.65	2.79	4 7 0 4 8 0
* Kids Chocolate Chip Oaty Bars	organic	7x5x25g	14.65	2.79	4 7 1 4 8 2

## Teas - Herb

### Hampstead - string & tag envelope- Infusion

New to the Hampstead Well Being range, three organic vegan teas. **Cleanse Well Tea** - zesty lemon, golden turmeric and a kick of ginger swirl through this smooth green tea for a vibrant infusion that supports digestion and gives your system a gentle reset. **Relax Well Tea** - exhale and unwind. Creamy shatavari, calming lemon balm and a whisper of spearmint come together in a soothing blend to help you switch off body, mind and soul. **She's Well Tea** - earthy tulsi vana, soothing sage and crisp apple combine in a naturally sweet infusion that helps bring your hormones and your mood back in sync.

* Cleanse Well Tea	organic	4x20bag	11.95	3.99	5 6 0 8 1 2
* Relax Well Tea	organic	4x20bag	11.95	3.99	5 6 0 8 2 2
* She's Well Tea	organic	4x20bag	11.95	3.99	5 6 0 8 2 7

\* new product  on offer  
▲ price rise ▼ fall

☆ size/other change  
◆ offer ended

## Drinks - Herbal, Tonic & Coconut Drinks

### Drink Mamas - can

New and on offer from Drink Mama, vegan **Coconut Mama**. A delicious drink containing only coconut water and a sprinkle of cane sugar. The pricing below represents a discount of 15%.

<input type="checkbox"/>	Coconut Mama - still		12x330ml	9.50 V	1.27	661238
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### Raw Vibrant Living Kombucha - cans

New from Raw Vibrant Living, two vegan lightly sparkling kombuchas brewed from Chun-Mee Green Tea and flavoured with pressed juices (not from concentrate). **Apple Blackberry Kombucha** has a refreshingly light taste and **Peach Kombucha** has a bright fruity flavour. They are packed in aluminium cans.

* <input type="checkbox"/>	Apple Blackberry Kombucha	organic	12x250ml	17.90 V	2.39	641045
* <input type="checkbox"/>	Peach Kombucha	organic	12x250ml	17.90 V	2.39	641046

## Drinks - Fruit and Vegetable Juices, Cordials & Water

### Belvoir Mocktails

Adding to the mocktail range from Belvoir is vegan gluten-free **Raspberry Margarita**. It is made from raspberry, lime and apple juice mixed with sparkling water and agave syrup. All the mocktails are on offer and the pricing below represents a discount of 20%

<input type="checkbox"/>	Raspberry Margarita non-alcoholic		6x750ml	12.05 V	3.22	702379
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## Drinks - Carbonated

### Belvoir - cans

New and on offer from Belvoir, vegan **Ginger Beer** in a can, made with carbonated spring water, sugar, fresh ginger and lemon juice. It has a spicy taste with a fiery kick. The pricing below represents a discount of 20%

<input type="checkbox"/>	Ginger Beer - can		12x330ml	6.90 V	0.92	660591
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### Cawston Press - cans

New and on offer from Cawston Press is **Sparkling Water & Watermelon** in a can. This is a refreshing drink containing sparkling spring water, pressed watermelon juice and squeezed lemon juice. The new line is on a special discount of 25% for March and April

<input type="checkbox"/>	Sparkling Water & Watermelon		12x440ml	10.00 V	1.33	661213
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### Luscombe - cans

New and on offer from Luscombe is organic vegan gluten-free **Sparkling Apple Crush**. A delicious crisp fresh blend of English apples with sparkling Devon spring water. A truly refreshing, fruity drink in a can. The pricing below represents a discount of 20%

<input type="checkbox"/>	Sparkling Apple Crush - can	organic	12x320ml	9.90 V	1.32	661556
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## Drinks - Soya, Nut and Grain Drinks, Milk & Desserts

### Plenish - gluten-free

New and on offer from Plenish, three new vegan drinks in tetra packs. **Enriched Oat** is packed with nutrients: calcium, essential B2, B12, Iodine and Vitamin D to get you ready to take on the day - it's oat m'lks, but better. **Soya Barista** has been perfectly crafted for coffee with a silky micro-foam. It is low in sugar, a good source of protein and always free from oils and additives. **Zero Sugar Oat** - Plenish have used whole oats to create a zero-sugar oat drink without compromising on creaminess or flavour. The pricing below represents a discount of 15% on the Barista and 20% on the others.

<input type="checkbox"/>	Enriched Oat - calcium & vitamins		8x1l	11.50	1.92	724031
<input type="checkbox"/>	Soya Barista	organic	6x1l	9.25	2.06	724043
<input type="checkbox"/>	Zero Sugar Oat	organic	8x1l	11.50	1.92	724033

## Savoury Snacks

### Profusion

New from Profusion, two organic gluten-free vegan puffed protein snacks. **Protein Puffs Paprika & Himalayan Salt** are made from lentil flour puffed into short cylinders flavoured with tomato and paprika. **Protein Puffs Lemon & Black Pepper** are made with green pea flour puffed and flavoured with carrot, onion and the eponymous ingredients.

* <input type="checkbox"/>	Protein Puffs Lemon & Black Pepper	organic	14x40g	17.40 V	1.99	752658
* <input type="checkbox"/>	Protein Puffs Paprika & Himalayan Salt	organic	14x40g	17.40 V	1.99	752659

## Sweet Snacks & Confections

### Nakd - Multipack Bars

New from Nakd, vegan gluten-free multipack protein bars in their two most popular flavours containing 7g of protein in each bar. **Cocoa Hazelnut Protein** has a lovely chocolate flavour with hazelnut pieces to add a bit of crunch. **Peanut Butter Protein** has a rich nutty flavour with a soft chewy texture.

* <input type="checkbox"/>	Multipack Peanut Butter Protein Bar		12x3x45g	25.00 V	3.33	766814
* <input type="checkbox"/>	Multipack Cocoa Hazelnut Protein Bar		12x3x45g	25.00 V	3.33	766813

### Rhythm 108 - biscuit sharing - vegan - gluten-free

New and on offer from Rhythm 108, organic vegan gluten-free **Pistachio filled Biscuit Share Bag**. A luxurious roasted pistachio cream in a buttery gluten-free sablé biscuit. A first-to-market flavour in premium Free From snacking, crafted to appeal to both Free From and mainstream shoppers. The pricing below represents a discount of 10%

<input type="checkbox"/>	Pistachio filled Biscuit Share Bag	organic	8x135g	24.00	4.29	767551
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### The Protein Ball Co.

New and on offer from The Protein Ball Co, three muffin flavoured high fibre protein balls - vegan and packed with extra fibre. **Blueberry Oat Muffin** - sweet, fruity blueberry pieces blended with hearty oats for a classic muffin-inspired bite. **Chocolate Chip Muffin** - rich chocolate chips combined with soft baked-style flavours for a satisfying treat. **Coffee Oat Muffin** - smooth coffee notes paired with wholesome oats for a delicious energy boost. Also new are three 'Plant Based' balls - vegan with a lighter fibre content. **Lemon & Pistachio** - zesty lemon balanced with crunchy pistachios for a fresh, vibrant flavour. **Peanut Butter** - creamy peanut butter with a naturally nutty, moreish taste. **Salted Caramel** - sweet caramel flavours finished with a hint of salt for the perfect balance. Each recyclable paper bag contains 6 balls. The pricing shown below reflects a discount of 20%

<input type="checkbox"/>	Blueberry Oat Muffin Protein Balls - High Fibre		10x45g	9.35 V	1.50	768580
<input type="checkbox"/>	Chocolate Chip Muffin Protein Balls - High Fibre		10x45g	9.35 V	1.50	768582
<input type="checkbox"/>	Coffee Oat Muffin Protein Balls - High Fibre		10x45g	9.35 V	1.50	768583
<input type="checkbox"/>	Lemon & Pistachio Protein Balls - Plant Based		10x45g	9.35 V	1.50	768588
<input type="checkbox"/>	Peanut Butter Protein Balls - Plant Based		10x45g	9.35 V	1.50	768589
<input type="checkbox"/>	Salted Caramel Protein Balls - Plant Based		10x45g	9.35 V	1.50	768590

### Vivani organic vegan chocolate

New and on offer from Vivani is organic vegan **Whole Cocoa Fruit 100%**. This bar contains cocoa fruit flakes made from cocoa pulp which gives the chocolate a fruity natural sweetness, no sugar is added. The pricing marked  below represents a discount of 15%

<input type="checkbox"/>	Whole Cocoa Fruit 100%	organic	10x80g	33.40 V	5.34	768900
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## Condiments, Stocks, Salt & Miscellaneous Foods

### Free & Easy gluten-free, vegan egg replacer

New from Free & Easy vegan gluten-free **Get Eggless Egg** - egg replacer. Whisk with water and oil for scrambles, omelette, quiche and frittata. One box = 15 eggs.

* <input type="checkbox"/>	Get Eggless Egg - for scrambles and more		4x250g	14.25	4.75	791752
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## Supplementary Foods

### BetterYou

New and on offer **Magnesium Max Lemon & Lime**. This is a high strength 3-in-1 magnesium formula providing 375mg elemental magnesium per daily serving to help fight fatigue, support energy production, reduce stress, aid muscle performance and recovery, and improve sleep quality. It has a delicious sherbet lemonade flavour. The pricing represents a discount of 20%

<input type="checkbox"/>	Magnesium Max Lemon & Lime - Powder		6x135g	37.90 V	11.97	850899
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## Kitchen & Household Goods

### Cheeky Panda Bamboo products

New and on offer from Cheeky Panda, **Flat Box Facial 4 ply Bamboo Balsam Tissues - 64s**. These stronger tissues are replacing the existing 3 ply (code 820557). They are also available in **Cube box 4 ply Bamboo Balsam Tissues** containing 48 4 ply tissues. The pricing below represents a discount of 15%

<input type="checkbox"/>	Cube Box 4 ply Bamboo Balsam Tissues - 48s		12x48	12.75 V	1.70	820549
<input type="checkbox"/>	Flat Box 4 ply Bamboo Balsam Tissues - 64s		12x64	14.65 V	1.95	820551

## ecoLiving

New from ecoLiving, **Kraft Paper Food Waste Caddy Liners - 10l**. These compostable bags are strong enough to cope with all household food waste. They are made in Europe from 100% kraft paper produced using the wasted pulp and trimmings from the timber industry. Four trees are planted for every tree harvested.

* Kraft Paper Food Waste Caddy Liners - 10l	10x25bag	46.80 V	7.49	912085
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## Household & Industrial Cleaning Products

### Ecover - Zero range

New from Ecover and replacing the 7kg sack is **Washing Powder Non-Bio Zero 2x4kg** formulated without enzymes or fragrance to minimise risk of allergies. This versatile powder detergent is perfect for all your washing needs - delicates, sensitive skin, sports gear, industrial cleaning, work clothes, and more.

* Washing Powder Non-Bio Zero	2x4kg	38.40 V	30.72	831619
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### Ecover Washing up

New from Ecover, vegan gluten-free **Power Washing Up Liquid** in three sizes. Their most powerful formula ever, with the premium fragrance of bergamot and sage. It has a pH-neutral formula that is kind to your hands, so you can wash up without worry. The packaging is 100% recycled plastic, which is 100% recyclable and made in their certified zero-waste factory. It is available in 450ml, 950ml and 5l. The 5l marked  is on offer at 15%

<input type="checkbox"/> Power Washing Up Liquid	1x5l	11.35 V	18.16	832111
* Power Washing Up Liquid	8x950ml	24.55 V	4.91	832113
* Power Washing Up Liquid	8x450ml	13.75 V	2.75	832114

### LoofCo

New and on offer from LoofCo, a range of 12 lines. Every product is plastic-free, vegan, fairly traded, made with minimal processing and designed to be used regularly. They are all consistent with the LoofCo mission to reduce household plastic waste. The **Back Brush** is made of soft sisal with a long wooden handle for cleaning in the bath. The **Cat Body Loofah** is a smiley cat shape loofah pad. The **Dry Body Brush** has a very soft jute fibre brush with a short handle for gentle skin exfoliation. The **Dust Brush** is a traditionally made short rubberwood-handled brush with stiff coir bristles for easy sweeping. The **Household Bin Brush** is a sturdy triangular brush for cleaning food waste and recycling bins with a 36cm handle. The **Milk Bottle Brush** is a soft curved coir brush to clean glass milk bottles. The **Non-Stick Pan Brush** has sisal fibres and a short wooden handle to clean without scratching. The **Seaside Brush** is a soft sisal coir fibre brush for gently removing sand after beach days. **Shower Puff** is a handheld circular brush made from sisal fibres for cleaning and exfoliating. The **Wheele Bin Brush** is a large triangular brush with a metre long handle for cleaning large containers. **Whole Loofah** is a traditional 40cm loofah pad for bath and shower. The **Wide Bottle Brush** is a wire handled sisal brush shaped to clean containers such as flower vases, cafetières and mason jars. The pricing below represents a discount of 15% on all apart from the **Wheele Bin Brush**!

<input type="checkbox"/> Back Brush	3x1	17.25 V	9.20	833031
<input type="checkbox"/> Cat Body Loofah	6x1	11.85 V	3.16	833034
<input type="checkbox"/> Dry Body Brush	3x1	20.40 V	10.88	833032
<input type="checkbox"/> Dust Brush	4x1	13.75 V	5.50	833028
<input type="checkbox"/> Household Bin Brush	3x1	20.40 V	10.88	833029
<input type="checkbox"/> Milk Bottle Brush	4x1	8.20 V	3.28	833026
<input type="checkbox"/> Non-Stick Pan Brush	4x1	16.65 V	6.66	833025
<input type="checkbox"/> Seaside Brush	3x1	17.25 V	9.20	833035
<input type="checkbox"/> Shower Puff	3x1	12.50 V	6.67	833033
* Wheele Bin Brush	1x1	12.35 V	19.76	833030
<input type="checkbox"/> Whole Loofah	4x1	18.85 V	7.54	833036
<input type="checkbox"/> Wide Bottle Brush	4x1	15.80 V	6.32	833027

### Miniml - household cleaning

Miniml are re-branding their range over the next few months, the 500ml are changing to 400ml over time, and the toilet cleaner is changing from 1l to 750ml. Additions to the range include a much requested vegan **White Vinegar - Unscented** in a 20l refill size. It is powerful on dirt, grime and grease. Uses include rinse aid, glass cleaner, limescale remover, multi-surface cleaner, laundry softener, stain remover and pet odour remover.

* Rinse Aid - Unscented	6x400ml	11.20 V	3.20	850103
* Toilet Cleaner Spearmint & Peppermint	6x750ml	9.60 V	2.74	850104
* Washing Up Liquid - Apple Orchard	6x400ml	8.80 V	2.51	850101
* Washing Up Liquid - Rhubarb & Lemon	6x400ml	8.80 V	2.51	850102
* White Vinegar - Unscented	20l	19.60 V	0.98	850124

## Miniml - laundry

New from Miniml are 20l refill sizes of Laundry Liquid Non-Bio Fresh Linen and Fabric Conditioner - Fresh Linen.

* Fabric Conditioner - Fresh Linen	20l	24.10 V	1.21	850131
* Laundry Liquid Non-Bio Fresh Linen	20l	53.55 V	2.68	850132

## Toiletries & Natural Remedies

### Balmonds - suncare

New from Balmonds, a vegan suncare range ready for summer. There are three lines: **Cooling Cream** to refresh, moisturise and condition. Use it to nourish skin with hemp seed oil and shea butter while cooling it down with menthol and aloe. Because this product contains a small amount of menthol, it is not considered to be suitable for use on children under 3 years old, or while breastfeeding. Both the reef safe sunscreens have an extra gentle, unscented formula suitable for those prone to eczema, rosacea, psoriasis, and other sensitive skin conditions. The creams contain nutrient-rich natural ingredients with vitamins, essential fatty acids and antioxidants, including omega-rich sea buckthorn oil, organic jojoba oil, regenerative rosehip, and borage extract to moisturise and protect sensitive skin, helping nourish and rehydrate skin during and after sun exposure. **Face The Day** is a rich, broad spectrum natural SPF for daily use, with non-nano zinc, omega-rich oils, and hyaluronic acid, giving effective 100% mineral protection and barrier support to dry or sensitive skin. **Top-To-Toe** is a family-friendly broad spectrum sunscreen which uses non-nano zinc oxide to provide safe, effective 100% mineral sun protection. A lightweight cream for easy application over wider areas, Top-To-Toe is designed to be suitable for use on babies over six weeks.

* Cooling Cream	1x100ml	11.25 V	20.15	857976
* Face the Day SPF 30 Sunscreen	1x50ml	13.40 V	24.00	857978
* Top to Toe SPF 30 Sunscreen	1x100ml	15.00 V	26.87	857979

### Bio-D - Vegan - BUAV approved

New from Bio-D a vegan fragrance-free personal care range that is gentle and suitable for allergy prone skin. The **Body Wash** is for all skin types; it moisturises while cleansing, leaving skin soft, soothed, and healthy. The **Bubble Bath** creates soft, gentle bubbles perfect for sensitive or allergy-prone skin. Enjoy a relaxing, soothing soak that is kind to your skin and safe for the environment. The **Hair Conditioner** detangles hair without leaving residue. It is light and gentle enough for daily use keeping hair soft, healthy and easy to manage. The gentle **Shampoo** is enriched with soothing aloe vera. It hydrates and nourishes hair, while its rich vitamins (A, C, E, and B12) and antioxidants help protect hair follicles from damage caused by free radicals and pollution. All products are suitable for daily use and safe for the whole family.

* Body Wash - Fragrance Free	6x500ml	12.35 V	3.43	859488
* Body Wash - Fragrance Free	1x5l	14.55 V	24.25	859489
* Bubble Bath - Fragrance Free	12x1l	33.80 V	4.69	859490
* Hair Conditioner - Fragrance Free	6x500ml	13.20 V	3.67	859531
* Hair Conditioner - Fragrance Free	1x5l	15.05 V	25.08	859533
* Shampoo - Fragrance Free	6x500ml	13.15 V	3.65	859535
* Shampoo - Fragrance Free	1x5l	14.95 V	24.92	859536

### Miniml - Personal Care

Miniml are re-branding their range over the next few months, the 400ml will replace the 500ml over time. We are also extending the refill range with a 20l size of the popular **Anti-Bac Hand Soap - Sweet Clementine**.

* Anti-Bac Hand Soap - Sweet Clementine	6x400ml	11.20 V	3.20	855625
* Anti-Bac Hand Soap - Sweet Clementine	20l	53.55 V	2.68	855641
* Balancing Conditioner - Pink Grapefruit & Aloe Vera	6x400ml	14.40 V	4.11	855633
* Balancing Shampoo - Pink Grapefruit & Aloe Vera	6x400ml	13.10 V	3.74	855629
* Bodywash & Bubblebath - Pink Grapefruit & Aloe Vera	6x400ml	12.85 V	3.67	855634
* Hand Soap - Cucumber & Aloe Vera	6x400ml	11.20 V	3.20	855628

## Toothpaste, Brushes & Oral Hygiene

### Aloe Dent - fluoride-free

New and on offer from Aloe Dent is a large vegan 500ml Aloe Vera Mouthwash. It is alcohol-free, fluoride-free and formulated to clean teeth, freshen breath and soothe gums, supporting positive oral health. The pricing represents a discount of 15%

<input type="checkbox"/> Mouthwash - fluoride-free	6x500ml	25.60 V	6.83	881454
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\* new product  on offer  
▲ price rise ▼ fall

☆ size/other change  
◆ offer ended

# special offers

Please note that the prices listed below are the offer prices.

All offers run for two months, or while stocks last.

Prices are fixed at the point of ordering so that these prices apply

to orders PLACED from 5pm 27th February to 5pm 30th April

The non-offer prices will be printed in the May catalogue.

## Flours & Baking Requisites

### Doves Farm

#### 15% off list March and April

<input type="checkbox"/>	Fine Plain Wholemeal Flour	organic	5x1kg	5.55	1.48	40505
<input type="checkbox"/>	Malthouse Bread Flour	organic	5x1kg	7.20	1.92	40574
<input type="checkbox"/>	Pasta & Pizza Flour	organic	5x1kg	7.40	1.97	51070
<input type="checkbox"/>	Plain White Flour	organic	5x1kg	6.10	1.63	40545
<input type="checkbox"/>	Seedhouse Bread Flour	organic	5x1kg	11.75	3.13	51067
<input type="checkbox"/>	Self Raising White Flour	organic	5x1kg	6.20	1.65	40565
<input type="checkbox"/>	Self Raising Wholemeal Flour	organic	5x1kg	5.55	1.48	40515
<input type="checkbox"/>	Strong White Bread Flour	organic	5x1.5kg	8.30	2.21	40560
<input type="checkbox"/>	Wholemeal Strong Bread Flour	organic	5x1.5kg	7.75	2.07	40540

## Breakfast Cereals & Cereal Flakes

### IBIS

#### 20% off list March and April

<input type="checkbox"/>	Wholegrain Rice Pops	organic	6x275g	10.75	2.39	61620
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## Nuts and Seeds

### Coconut Merchant

#### 15% off list March and April

<input type="checkbox"/>	Creamed Coconut	organic	12x200g	25.15	2.79	90718
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## Pasta

### Profusion - protein rich - gluten-free - dried at 42 degrees C

#### 15% off list March and April

<input type="checkbox"/>	Chickpea Fusilli	organic	8x250g	16.80	2.80	132111
<input type="checkbox"/>	Chickpea Orzo	organic	10x250g	19.70	2.62	132122
<input type="checkbox"/>	Red Lentil Fusilli	organic	8x250g	17.30	2.88	132106
<input type="checkbox"/>	Red Lentil Orzo	organic	12x250g	23.65	2.63	132123

## Noodles

### Clearspring - Japanese - (none are wheat-free)

#### 15% off list March and April

<input type="checkbox"/>	Brown Rice Udon Noodles	organic	12x200g	26.70	2.97	490506
<input type="checkbox"/>	Skinny Soba Somen Noodles	organic	12x200g	26.70	2.97	490508
<input type="checkbox"/>	Soba Noodles	organic	12x200g	26.70	2.97	490510
<input type="checkbox"/>	Udon Noodles	organic	12x200g	26.70	2.97	490507
<input type="checkbox"/>	Wide Udon Noodles	organic	12x200g	26.70	2.97	490509

## Bread, Rice Cakes, Crackers etc

### IBIS

#### 20% off list March and April

<input type="checkbox"/>	Bean & Rice Cake	organic	12x130g	14.30	1.59	173339
<input type="checkbox"/>	Bean & Rice Cake - with Kep sea salt	organic	12x130g	14.30	1.59	173341
<input type="checkbox"/>	Wholegrain Rice Cake	organic	12x130g	12.85	1.43	173340
<input type="checkbox"/>	Wholegrain Rice Cake Kep Salt	organic	12x130g	12.85	1.43	173342
<input type="checkbox"/>	WG Rice Cake Kep Salt & Kampot Pepper	organic	12x130g	12.85	1.43	173344

### Nairn's

#### 20% off list March and April

<input type="checkbox"/>	Cheese Oatcakes		12x200g	15.40		1.71	174715
<input type="checkbox"/>	Fine Milled Oatcakes		12x218g	10.25		1.14	174720
<input type="checkbox"/>	Fruit and Seed Oatcakes		8x225g	10.30		1.72	174723
<input type="checkbox"/>	Rough Oatcakes		10x291g	9.30		1.24	174717
<input type="checkbox"/>	Scottish Oatcakes	organic	12x250g	13.60		1.51	174705
<input type="checkbox"/>	Super Seeded Oatcakes	organic	8x200g	10.30		1.72	174712

## Biscuits and Cakes

### Realfoods by Organico

#### 20% off list March and April

<input type="checkbox"/>	Choc Chip Cookies - vegan	organic	10x110g	15.90		1.59	182470
<input type="checkbox"/>	Petit-Beurre Pure Butter Biscuits	organic	12x150g	19.10		2.12	182472
<input type="checkbox"/>	Speculoos Spiced Belgian Biscuits	organic	12x125g	19.10		2.12	182474

## Oils & Fats

### Coconut Merchant

#### 15% off list March and April

<input type="checkbox"/>	Coconut Oil - raw extra virgin - glass	organic	12x500ml	74.50		8.28	200595
<input type="checkbox"/>	Coconut Oil - raw extra virgin - plastic tub	organic	20l	216.45	10.82		200588
<input type="checkbox"/>	Coconut Oil - raw extra virgin - plastic tub	organic	4l	46.35	11.59		200590

### Farrington's Mellow Yellow Rapeseed Oil

#### 20% off list March and April

<input type="checkbox"/>	Mellow Yellow Balsamic Vinegar Dressing		6x250ml	12.90		2.87	200634
<input type="checkbox"/>	Mellow Yellow Blackberry Vinaigrette		6x250ml	12.90		2.87	200639
<input type="checkbox"/>	Mellow Yellow Chilli Oil		6x250ml	12.30		2.73	200635
<input type="checkbox"/>	Mellow Yellow Classic Vinaigrette		6x250ml	12.90		2.87	200637
<input type="checkbox"/>	Mellow Yellow Cold Pressed Rapeseed Oil		6x500ml	16.65		3.70	200633
<input type="checkbox"/>	Mellow Yellow Honey & Mustard Dressing		6x250ml	12.90		2.87	200638
<input type="checkbox"/>	Mellow Yellow Ultimate Chilli Dressing		6x250ml	12.90		2.87	200636

## Nut Butter, Pâté, Spreads & Jam

### Essential - Vitam-R

#### 20% off list March and April

<input type="checkbox"/>	Vitam-R (yeast extract low salt)		6x125g	18.10		4.02	251005
<input type="checkbox"/>	Vitam-R (yeast extract low salt)		6x250g	30.65		6.81	251010

### Frutteto Italia

#### 15% off list March and April

<input type="checkbox"/>	Campanian Strawberry 100% Fruit Spread	organic	6x215g	15.90		3.53	290901
<input type="checkbox"/>	Morello Cherry 100% Fruit Spread	organic	6x215g	17.70		3.93	290906
<input type="checkbox"/>	Romagna Apricot 100% fruit spread	organic	6x215g	15.90		3.53	290900
<input type="checkbox"/>	Sicilian Orange with Ginger & Turmeric	organic	6x215g	15.90		3.53	290902
<input type="checkbox"/>	Super Berries with açai	organic	6x215g	17.70		3.93	290903
<input type="checkbox"/>	Wild Blueberry 100% fruit spread	organic	6x215g	19.80		4.40	290904

### Meridian

#### 20% off list March and April

<input type="checkbox"/>	Crunchy Almond Butter 100%		6x170g	11.85		2.63	251502
<input type="checkbox"/>	Crunchy Cashew Butter		6x170g	13.85		3.08	251516
<input type="checkbox"/>	Organic Smooth Almond Butter 100%	organic	6x170g	21.20		4.71	251506
<input type="checkbox"/>	Organic Smooth Cashew Butter	organic	6x170g	14.35		3.19	251517
<input type="checkbox"/>	Smooth Almond Butter 100%		6x170g	11.85		2.63	251503
<input type="checkbox"/>	Smooth Cashew Butter		6x170g	13.85		3.08	251515

### Rhythm 108 - vegan - gluten-free

#### 10% off list March and April

<input type="checkbox"/>	Chocolate Hazelnut Spread	organic	6x250g	23.75		5.28	261221
<input type="checkbox"/>	Pistachio Spread	organic	6x250g	27.70		6.16	261223
<input type="checkbox"/>	Salted Caramel Spread - was golden blonde	organic	6x250g	23.75		5.28	261222

\* new product  on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

## Honey, Syrup, Sugar & Sweeteners

### Biona Sweeteners - in squeeze bottles

#### 15% off list March and April

<input type="checkbox"/>	Agave Nectar - Dark syrup	organic	6x350g	16.00	3.56	<b>310405</b>
<input type="checkbox"/>	Blackstrap Molasses	organic	6x350g	11.45	2.54	<b>310406</b>
<input type="checkbox"/>	Date Syrup	organic	6x350g	16.80	3.73	<b>310415</b>
<input type="checkbox"/>	Rice Syrup	organic	6x350g	16.80	3.73	<b>310410</b>
<input type="checkbox"/>	Small Agave Nectar - Light syrup	organic	6x350g	15.25	3.39	<b>310402</b>

### Coconut Merchant - jar

#### 15% off list March and April

<input type="checkbox"/>	Coconut Nectar - honey alternative	organic	12x300g	36.70	4.08	<b>311590</b>
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## Olives, Pickles and Preserved Vegetables

### Realfoods by Organico - Mediterranean vegetables in jars

#### 15% off list March and April

<input type="checkbox"/>	Artichoke Hearts in sunflower oil	organic	5x190g	15.75	4.21	<b>351680</b>
<input type="checkbox"/>	Capers in brine - large	organic	12x250g	34.05	3.78	<b>351695</b>
<input type="checkbox"/>	Capers in brine - small	organic	12x100g	20.25	2.25	<b>351696</b>
<input type="checkbox"/>	Peppers - grilled - in e.v. olive oil	organic	5x190g	13.50	3.60	<b>351675</b>
<input type="checkbox"/>	Sundried Tomatoes in Oil	organic	5x190g	15.45	4.13	<b>351686</b>

### Realfoods by Organico - olives in jars

#### 15% off list March and April

<input type="checkbox"/>	Green & Greek Olives pitted in brine	organic	6x230g	13.20	2.94	<b>351751</b>
<input type="checkbox"/>	Kalamata Olives pitted in brine and wine vinegar	organic	6x230g	13.20	2.94	<b>351750</b>

### Suma

#### 20% off list March and April

<input type="checkbox"/>	Supersweet Sweetcorn - easy open can	organic	12x160g	10.80	1.20	<b>352049</b>
<input type="checkbox"/>	Supersweet Sweetcorn - easy open can - large	organic	12x340g	16.20	1.80	<b>352052</b>

## Vinegars

### Aspall

#### 20% off list March and April

<input type="checkbox"/>	Apple Balsamic Vinegar		6x350ml	11.10	2.47	<b>370503</b>
<input type="checkbox"/>	Balsamic Vinegar	organic	6x350ml	15.70	3.49	<b>370504</b>
<input type="checkbox"/>	Balsamic Vinegar	organic	5l	29.30	5.86	<b>370507</b>
<input type="checkbox"/>	Cyder Vinegar	organic	20l	38.25	1.91	<b>370511</b>
<input type="checkbox"/>	Cyder Vinegar	organic	5l	13.30	2.66	<b>370512</b>
<input type="checkbox"/>	Cyder Vinegar	organic	6x500ml	9.45	2.10	<b>370516</b>
<input type="checkbox"/>	Cyder Vinegar	organic	6x350ml	8.15	1.81	<b>370518</b>
<input type="checkbox"/>	Organic White Wine Vinegar	organic	5l	13.10	2.62	<b>370552</b>
<input type="checkbox"/>	Raw Apple Cyder Vinegar with Honey 35%		6x500ml	14.35 V	3.83	<b>370522</b>
<input type="checkbox"/>	Raw Unfiltered Cyder Vinegar	organic	6x500ml	12.10	2.69	<b>370519</b>
<input type="checkbox"/>	Raw Unfiltered Cyder Vinegar	organic	5l	13.30	2.66	<b>370520</b>
<input type="checkbox"/>	Red Wine Vinegar		5l	8.60	1.72	<b>370517</b>
<input type="checkbox"/>	Red Wine Vinegar	organic	6x350ml	8.05	1.79	<b>370535</b>
<input type="checkbox"/>	White Wine Vinegar	organic	6x350ml	8.05	1.79	<b>370550</b>
<input type="checkbox"/>	White Wine Vinegar (not organic)		5l	8.60	1.72	<b>370523</b>

## Sauces, Fruit and Vegetable Products

### Biona - Tomato Products

#### 15% off list March and April

<input type="checkbox"/>	Arrabbiata Pasta Sauce (hot & spicy)	organic	6x350g	11.45	2.54	<b>390129</b>
<input type="checkbox"/>	Basilico Tomato & Basil Sauce	organic	6x350g	11.45	2.54	<b>390130</b>
<input type="checkbox"/>	Passata	organic	12x680g	17.50	1.94	<b>390115</b>
<input type="checkbox"/>	Passata Rustica	organic	12x680g	19.80	2.20	<b>390119</b>
<input type="checkbox"/>	Passata with Basil	organic	12x680g	17.50	1.94	<b>390117</b>
<input type="checkbox"/>	Toscana Pasta Sauce (Tuscan)	organic	6x350g	11.45	2.54	<b>390139</b>

### Coconut Merchant

#### 15% off list March and April

<input type="checkbox"/>	Coconut Milk	organic	6x400ml	9.35	2.09	<b>390752</b>
<input type="checkbox"/>	Coconut Milk	organic	12x200ml	11.95	1.33	<b>390754</b>

### White Mausu vegan chilli oils & rayu

#### 15% off list March and April

<input type="checkbox"/>	Black Bean Rayu		6x240g	24.25	5.39	<b>394360</b>
<input type="checkbox"/>	Peanut Rayu		6x240g	24.25	5.39	<b>394362</b>
<input type="checkbox"/>	Peanut Rayu Extra Hot		6x240g	24.25	5.39	<b>394364</b>
<input type="checkbox"/>	Smoky Chilli Oil		6x240g	24.25	5.39	<b>394365</b>

## Convenience Foods

### Bold Bean Co. baked beans - in a jar

#### 15% off list March and April

<input type="checkbox"/>	Masala Baked Beans - New!		6x395g	14.95	3.32	<b>390271</b>
<input type="checkbox"/>	Rich Tomato Baked Beans - New!		6x395g	14.95	3.32	<b>390272</b>
<input type="checkbox"/>	Smoky Chilli Baked Beans - New!		6x395g	14.95	3.32	<b>390273</b>

### Mr Organic - glass jar

#### 15% off list March and April

<input type="checkbox"/>	Butter Beans - jar	organic	6x350g	8.80	1.96	<b>442791</b>
<input type="checkbox"/>	Cannellini Beans - jar	organic	6x350g	8.80	1.96	<b>442792</b>
<input type="checkbox"/>	Chickpeas - jar	organic	6x350g	8.80	1.96	<b>442793</b>
<input type="checkbox"/>	Lentils - jar	organic	6x350g	8.80	1.96	<b>442794</b>

### Mr Organic - ring-pull cans

#### 15% off list March and April

<input type="checkbox"/>	Aduki Beans	organic	12x400g	12.90	1.43	<b>442748</b>
<input type="checkbox"/>	Baked Beans	organic	12x400g	12.90	1.43	<b>442750</b>
<input type="checkbox"/>	Beluga Lentils	organic	12x400g	12.15	1.35	<b>442753</b>
<input type="checkbox"/>	Black Beans	organic	12x400g	11.40	1.27	<b>442752</b>
<input type="checkbox"/>	Borlotti Beans	organic	12x400g	12.15	1.35	<b>442755</b>
<input type="checkbox"/>	Butter Beans	organic	12x400g	13.70	1.52	<b>442762</b>
<input type="checkbox"/>	Cannellini Beans	organic	12x400g	12.15	1.35	<b>442757</b>
<input type="checkbox"/>	Chickpeas	organic	12x400g	11.40	1.27	<b>442760</b>
<input type="checkbox"/>	Chilli Mixed Beans	organic	12x400g	16.00	1.78	<b>442761</b>
<input type="checkbox"/>	Haricot Beans	organic	12x400g	12.15	1.35	<b>442763</b>
<input type="checkbox"/>	Lentils - green	organic	12x400g	12.15	1.35	<b>442765</b>
<input type="checkbox"/>	Low Sugar Baked Beans	organic	12x400g	14.45	1.61	<b>442766</b>
<input type="checkbox"/>	Mixed Beans	organic	12x400g	13.70	1.52	<b>442767</b>
<input type="checkbox"/>	Red Kidney Beans	organic	12x400g	12.90	1.43	<b>442770</b>

### Suma - baked beans and canned meals

#### 15% off list March and April

<input type="checkbox"/>	Ravioli in a Creamy Mushroom Sauce - vegan	organic	6x400g	11.45	2.54	<b>444497</b>
<input type="checkbox"/>	Ravioli with Tomato & Ricotta	organic	6x400g	11.45	2.54	<b>444501</b>
<input type="checkbox"/>	Ravioli with Vegetable Sauce - vegan	organic	6x400g	11.45	2.54	<b>444502</b>

### Suma Canned from Fresh - beans & pulses easy-open cans

#### 20% off list March and April

<input type="checkbox"/>	Borlotti Beans Fresh	organic	12x400g	13.60	1.51	<b>445600</b>
<input type="checkbox"/>	Cannellini Beans Fresh	organic	12x400g	13.60	1.51	<b>445601</b>
<input type="checkbox"/>	Edamame Fresh	organic	12x200g	12.90	1.43	<b>445603</b>
<input type="checkbox"/>	Flageolet Fresh	organic	12x200g	11.90	1.32	<b>445605</b>
<input type="checkbox"/>	Peas Fresh	organic	12x340g	13.60	1.51	<b>445604</b>

## Baby & Children's Food and Baby Products

### Cheeky Panda Bamboo products

15% off list March and April

<input type="checkbox"/>	Bamboo Baby Wipes		12x60pack	19.05 V	2.54	<b>830981</b>
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### Ella's Kitchen - 6 months plus

15% off list March and April

<input type="checkbox"/>	The Green One - Smoothie Fruit - singles	organic	12x90g	9.85	1.09	<b>470943</b>
<input type="checkbox"/>	The Purple One - Smoothie Fruit - singles	organic	12x90g	9.85	1.09	<b>470945</b>
<input type="checkbox"/>	The Red One - Smoothie Fruit - singles	organic	12x90g	9.85	1.09	<b>470950</b>
<input type="checkbox"/>	The Yellow One - Smoothie Fruit - singles	organic	12x90g	9.85	1.09	<b>470960</b>

### Ella's Kitchen - 6 months+ - (min 5 months shelf life)

15% off list March and April

<input type="checkbox"/>	Strawberry Greek Yoghurt	organic	6x90g	6.30	1.40	<b>470964</b>
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### Ella's Kitchen - baby food - 4 months plus - pouches

15% off list March and April

<input type="checkbox"/>	Apples & Bananas	organic	7x120g	7.60	1.45	<b>470930</b>
<input type="checkbox"/>	Banana Apple + Blueberry Baby Rice	organic	7x120g	7.55	1.44	<b>470929</b>
<input type="checkbox"/>	Broccoli, Pear & Peas	organic	7x120g	7.60	1.45	<b>470932</b>
<input type="checkbox"/>	Butternut Squash, Carrot, Apples and Prunes	organic	7x120g	7.60	1.45	<b>470933</b>
<input type="checkbox"/>	Carrot, Apple & Parsnip	organic	7x120g	7.60	1.45	<b>470935</b>
<input type="checkbox"/>	Peaches and Bananas	organic	7x120g	7.60	1.45	<b>470936</b>
<input type="checkbox"/>	Strawberries and Apples	organic	7x120g	7.60	1.45	<b>470939</b>
<input type="checkbox"/>	Sweet Potato, Broccoli & Carrots	organic	7x120g	7.60	1.45	<b>470940</b>
<input type="checkbox"/>	Sweet Potato, Pumpkin, Apple & Blueberry	organic	7x120g	7.60	1.45	<b>470938</b>

### Ella's Kitchen - First Taste range - 4 months plus - pouches

15% off list March and April

<input type="checkbox"/>	Apples Apples Apples	organic	7x70g	6.80	1.30	<b>470870</b>
<input type="checkbox"/>	Bananas Bananas Bananas	organic	7x70g	6.80	1.30	<b>470872</b>
<input type="checkbox"/>	Mangoes Mangoes Mangoes	organic	7x70g	6.80	1.30	<b>470875</b>
<input type="checkbox"/>	Pears Pears Pears	organic	7x70g	6.80	1.30	<b>470877</b>
<input type="checkbox"/>	Prunes Prunes Prunes	organic	7x70g	6.80	1.30	<b>470878</b>

### Ella's Kitchen - 12 months plus

15% off list March and April

<input type="checkbox"/>	Berry Oaty Smooshy - multi	organic	3x4x90g	11.05	4.91	<b>470987</b>
<input type="checkbox"/>	Peach + Banana Oaty Smooshy - multi	organic	3x4x90g	11.05	4.91	<b>470988</b>

### Organix - Toddler & Kids

15% off list March and April

<input type="checkbox"/>	Banana Bread Biscuits	organic	6x6x135g	12.25	2.72	<b>470862</b>
<input type="checkbox"/>	Barbeque Gruffalo Claws	organic	3x4x15g	6.15	2.73	<b>470901</b>
<input type="checkbox"/>	Cheese & Herbs Puffs - multipack	organic	3x4x15g	6.15	2.73	<b>470890</b>
<input type="checkbox"/>	Cheese & Onion Gruffalo Claws	organic	3x4x15g	6.15	2.73	<b>470905</b>
<input type="checkbox"/>	Chunky Apple & Date Fruit Bars	organic	6x6x17g	15.90	3.53	<b>470881</b>
<input type="checkbox"/>	Chunky Banana & Date Fruit Bars	organic	6x6x17g	15.90	3.53	<b>470882</b>
<input type="checkbox"/>	Cocoa & Vanilla Gruffalo Biscuits	organic	3x5x20g	5.45	2.42	<b>470889</b>
<input type="checkbox"/>	Farm Animal Biscuits	organic	5x100g	9.20	2.45	<b>470907</b>
<input type="checkbox"/>	Gingerbread Men - large	organic	6x135g	12.25	2.72	<b>470909</b>
<input type="checkbox"/>	Gruffalo Crumble - Apple Soft Oaty Bars	organic	6x6x23g	14.05 V	3.74	<b>470892</b>
<input type="checkbox"/>	Gruffalo Purple Prickle Fruit Bars	organic	6x6x17g	15.90 V	4.24	<b>470891</b>
<input type="checkbox"/>	Jammie Monsters - strawberry & apple biscuits	organic	4x4x64g	9.10	3.03	<b>470863</b>
<input type="checkbox"/>	Melty Carrot Puffs multi pack	organic	4x4x18g	7.65	2.54	<b>470923</b>
<input type="checkbox"/>	Mini Cheese Cracker multipack	organic	3x4x20g	6.00	2.66	<b>470918</b>
<input type="checkbox"/>	Mini Oaty Bites - raspberry & orange with apple	organic	5x100g	10.10 V	3.22	<b>470859</b>
<input type="checkbox"/>	Raisins - box	organic	4x12x14g	9.70	3.23	<b>470884</b>

### Organix Brands - Baby

15% off list March and April

<input type="checkbox"/>	Apple Rice Cake Clouds	organic	6x40g	7.55	1.68	<b>470820</b>
<input type="checkbox"/>	Banana & Plum Porridge	organic	4x200g	9.50	3.17	<b>470710</b>
<input type="checkbox"/>	Banana Rice Cake Clouds	organic	6x40g	7.55	1.68	<b>470822</b>
<input type="checkbox"/>	Banana Weaning Wands	organic	5x25g	5.10	1.36	<b>470976</b>

<input type="checkbox"/>	Little Ruskits Baby Biscuits	organic	4x54g	6.95	2.32	<b>470833</b>
<input type="checkbox"/>	Melty Carrot Puffs	organic	8x20g	4.30	0.72	<b>470924</b>
<input type="checkbox"/>	Melty Sweetcorn Rings	organic	8x20g	4.30	0.72	<b>470926</b>
<input type="checkbox"/>	Melty Tomato Slices	organic	5x20g	2.75	0.73	<b>470857</b>
<input type="checkbox"/>	Strawberry Rice Cake Clouds	organic	6x40g	7.55	1.68	<b>470824</b>
<input type="checkbox"/>	Strawberry Weaning Wands	organic	5x25g	5.10	1.36	<b>470978</b>
<input type="checkbox"/>	Summer Fruits Rice Cake Clouds	organic	6x40g	7.55	1.68	<b>470826</b>

## Japanese Products, Miso, Soy Sauce, Tofu

### Clearspring - Ambient Tofu - Tetra Pak

15% off list March and April

<input type="checkbox"/>	Long Life Silken Tofu - ambient	organic	12x300g	17.50	1.94	<b>480590</b>
<input type="checkbox"/>	Long Life Silken Tofu - ambient	organic	12x200g	14.45	1.61	<b>480591</b>

### Clearspring Japanese miso

15% off list March and April

<input type="checkbox"/>	150g Brown Rice Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	<b>480461</b>
<input type="checkbox"/>	300g Brown Rice Miso - unpasteurised - jar	organic	6x300g	22.15	4.92	<b>480460</b>
<input type="checkbox"/>	Barley Miso - unpasteurised - jar	organic	6x300g	26.75	5.94	<b>480450</b>
<input type="checkbox"/>	Chickpea Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	<b>480467</b>
<input type="checkbox"/>	Reduced Salt Brown Rice Miso - unpasteurised	organic	6x270g	20.60	4.58	<b>480465</b>
<input type="checkbox"/>	White Miso - unpasteurised - jar	organic	6x270g	16.40	3.64	<b>480468</b>

## Sea Vegetables

### Clearspring

15% off list March and April

<input type="checkbox"/>	Chilli Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	<b>531059</b>
<input type="checkbox"/>	Ginger Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	<b>531041</b>
<input type="checkbox"/>	Multipack Chilli Seaveg Crispies	organic	6x5x4g	19.10	4.24	<b>531061</b>
<input type="checkbox"/>	Multipack Ginger Seaveg Crispies	organic	6x5x4g	19.10	4.24	<b>531043</b>
<input type="checkbox"/>	Multipack Original Seaveg Crispies	organic	6x5x4g	19.10	4.24	<b>531052</b>
<input type="checkbox"/>	Multipack Turmeric Seaveg Crispies	organic	6x5x4g	19.10	4.24	<b>531047</b>
<input type="checkbox"/>	Original Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	<b>531050</b>
<input type="checkbox"/>	Turmeric Seaveg Crispies - toasted nori snack	organic	20x4g	16.45	1.10	<b>531045</b>

## Teas - Herb

### 11 O'clock Tea

20% off list March and April

<input type="checkbox"/>	11 O'clock Rooibos Tea Bags	organic	4x40bgs	6.95	2.32	<b>575010</b>
<input type="checkbox"/>	11 O'clock Rooibos Tea Bags	organic	4x80bgs	12.90	4.30	<b>575015</b>

### Clipper Infusions - tea bags - blends

15% off list March and April

<input type="checkbox"/>	20 bag Peppermint Infusion	organic	6x20bgs	10.85	2.41	<b>560407</b>
<input type="checkbox"/>	20 bags Chamomile Infusion	organic	6x20bgs	10.85	2.41	<b>560405</b>
<input type="checkbox"/>	Blackcurrant & Blueberry Infusion	organic	6x20bgs	10.85	2.41	<b>560408</b>
<input type="checkbox"/>	Dandelion Infusion	organic	6x20bgs	10.85	2.41	<b>560410</b>
<input type="checkbox"/>	Fennel Infusion	organic	6x20bgs	10.85	2.41	<b>560411</b>
<input type="checkbox"/>	Lemon & Ginger Infusion	organic	6x20bgs	10.85	2.41	<b>560417</b>
<input type="checkbox"/>	Liquorice Infusion	organic	6x20bgs	10.85	2.41	<b>560418</b>
<input type="checkbox"/>	Nettle Infusion	organic	6x20bgs	10.85	2.41	<b>560413</b>
<input type="checkbox"/>	Sleep Easy Infusion	organic	6x20bgs	10.85	2.41	<b>560385</b>

### Dragonfly - Rooibos Teas

20% off list March and April

<input type="checkbox"/>	Rooibos	organic	4x40bgs	7.30	2.43	<b>544008</b>
<input type="checkbox"/>	Rooibos - Earl Grey	organic	4x40bgs	7.30	2.43	<b>544110</b>
<input type="checkbox"/>	Rooibos - Vanilla	organic	4x40bgs	7.30	2.43	<b>544112</b>

### Dragonfly - Organic Herb Teas

20% off list March and April

<input type="checkbox"/>	Cape Malay Rooibos Chai Bags	organic	4x20bgs	6.30	2.10	<b>560555</b>
<input type="checkbox"/>	Cape Rooibos & Honeybush Bags	organic	4x20bgs	6.30	2.10	<b>560568</b>
<input type="checkbox"/>	Golden Balance Turmeric Bags	organic	4x20bgs	6.90	2.30	<b>560551</b>
<input type="checkbox"/>	Happy Times Tulsi Bags	organic	4x20bgs	6.90	2.30	<b>560556</b>

\* new product  on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

<input type="checkbox"/>	Lively Lemon & Ginger Bags	organic	4x20bgs	6.90	2.30	560561
<input type="checkbox"/>	Mint Garden Digestif Bags	organic	4x20bgs	6.90	2.30	560554
<input type="checkbox"/>	Mountain Honeybush Tea Bags	organic	4x20bgs	6.30	2.10	560565
<input type="checkbox"/>	Night Sky Calm Bags	organic	4x20bgs	6.90	2.30	560567
<input type="checkbox"/>	Sleepy Mint & Honeybush Bags	organic	4x20bgs	6.90	2.30	560563
<input type="checkbox"/>	Sweet Rosehip & Raspberry Bags	organic	4x20bgs	6.90	2.30	560564
<input type="checkbox"/>	Three Mint Medley Bags	organic	4x20bgs	6.90	2.30	560566

#### Tick Tock Rooibos

##### 20% off list March and April

<input type="checkbox"/>	Green Rooibos Tea Bags	organic	4x40bgs	6.85	2.28	561718
<input type="checkbox"/>	Rooibos Earl Grey Tea Bags		4x40bgs	6.85	2.28	561722
<input type="checkbox"/>	Rooibos Tea Bags	organic	4x40bgs	6.45	2.15	561712
<input type="checkbox"/>	Rooibos Tea Bags	organic	4x80bgs	12.60	4.20	561716
<input type="checkbox"/>	Rooibos Tea Loose	organic	6x100g	9.60	2.13	561717

## Teas - Black, Green & White

#### Dragonfly Tea

##### 20% off list March and April

<input type="checkbox"/>	Classic Earl Grey Tea Bags	organic	4x20bgs	6.30	2.10	581020
<input type="checkbox"/>	Digestive Chai Pu'er Tea Bags	organic	4x20bgs	6.90	2.30	580354
<input type="checkbox"/>	Digestive Pu'er Tea Bags - was Good Dragon	organic	4x20bgs	6.30	2.10	580349
<input type="checkbox"/>	Golden Breakfast Tea Bags		4x40bgs	7.10	2.37	581022
<input type="checkbox"/>	Moonlight Jasmine Green Tea Bags	organic	4x20bgs	6.30	2.10	580347
<input type="checkbox"/>	Moroccan Mint Green Tea Bags	organic	4x20bgs	6.30	2.10	580346
<input type="checkbox"/>	Pure Green Mountain Tea	organic	4x20bgs	6.30	2.10	580345
<input type="checkbox"/>	Swirling Mist White Tea Bags	organic	4x20bgs	6.90	2.30	580350
<input type="checkbox"/>	Traditional English Breakfast Tea Bags	organic	4x20bgs	6.30	2.10	581025

## Coffee

#### Equal Exchange FairTrade Coffee Beans

##### 20% off list March and April

<input type="checkbox"/>	Coffee Beans - Dark City roast - 4	organic	8x200g	36.00	6.00	600660
<input type="checkbox"/>	Coffee Beans - Italian roast - 5	organic	8x200g	36.00	6.00	600654
<input type="checkbox"/>	Coffee Beans - medium roast - 3	organic	8x200g	36.00	6.00	600657
<input type="checkbox"/>	Coffee Beans - women grown - 3	organic	8x200g	36.00	6.00	600664

#### Equal Exchange Original FairTrade R&G Coffee

##### 20% off list March and April

<input type="checkbox"/>	Dark City Roast Coffee Ground - 4	organic	8x200g	36.00	6.00	600610
<input type="checkbox"/>	Italian Coffee R&G - 5	organic	8x200g	36.00	6.00	600685
<input type="checkbox"/>	Medium R&G Coffee - 3	organic	8x200g	36.00	6.00	600605
<input type="checkbox"/>	Women Grew This Coffee R&G - 3	organic	8x200g	36.00	6.00	600695

#### Grumpy Mule Beans - FairTrade

##### 20% off list March and April

<input type="checkbox"/>	Beans - Colombia - 4	organic	6x200g	27.50	6.12	600856
<input type="checkbox"/>	Beans - Columbia - 4	organic	10x500g	109.45	14.61	600853
<input type="checkbox"/>	Beans - Easy Does It Decaf - 3	organic	6x200g	28.80	6.41	600857
<input type="checkbox"/>	Beans - High & Mighty Espresso Blend - 5		6x200g	27.50	6.12	600859
<input type="checkbox"/>	Beans - Kick Ass House Blend - 4		6x200g	27.50	6.12	600860
<input type="checkbox"/>	Beans - Peru Chiclayo - 3 - Bird Friendly	organic	6x200g	27.50	6.12	600861
<input type="checkbox"/>	Beans - Sumatra - 4	organic	6x200g	27.50	6.12	600833
<input type="checkbox"/>	Beans - Sumatra Gayo Highlands - 4	organic	10x500g	109.45	14.61	600855
<input type="checkbox"/>	Beans - Top Notch - 3	organic	10x500g	109.45	14.61	600854
<input type="checkbox"/>	Beans - Top Notch - 3	organic	6x200g	27.50	6.12	600858

#### Grumpy Mule Ground - FairTrade

##### 20% off list March and April

<input type="checkbox"/>	Colombia Ground - 4	organic	6x200g	27.50	6.12	600845
<input type="checkbox"/>	Easy Does It - Decaf - 3	organic	6x200g	28.80	6.40	600849
<input type="checkbox"/>	High & Mighty Ground Espresso Blend - 5		6x200g	27.50	6.11	600851
<input type="checkbox"/>	Honduras Ground - 4	organic	6x200g	27.50	6.11	600846
<input type="checkbox"/>	Kick Ass House Blend Ground - 4		6x200g	27.50	6.12	600852
<input type="checkbox"/>	Peru Ground - Chiclayo - 3	organic	6x200g	27.50	6.12	600847
<input type="checkbox"/>	Sumatra Ground Gayo Highlands - 4	organic	6x200g	27.50	6.12	600848
<input type="checkbox"/>	Top Notch - 3	organic	6x200g	27.50	6.11	600850

#### Source - climate change coffee - single origin

##### 20% off list March and April

<input type="checkbox"/>	Kilimanjaro Espresso Cloud Forest Coffee R&G	organic	6x227g	28.25	6.28	601332
<input type="checkbox"/>	Uganda Mount Elgon Cloud Forest R&G - 4	organic	6x227g	28.25	6.28	601336

## Drinks - Herbal, Tonic & Coconut Drinks

#### Agua de Madre - Sparkling Agua Fresca

##### 20% off list March and April

<input type="checkbox"/>	Lemon & Ginger Agua Fresca		12x330ml	12.15 V	1.62	639082
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#### Agua de Madre Sparkling vegan water kefir

##### 20% off list March and April

<input type="checkbox"/>	Blood Orange Bitters Water Kefir		12x250ml	16.35	1.82	639086
<input type="checkbox"/>	Lemon & Ginger Water Kefir		12x250ml	16.35	1.82	639088
<input type="checkbox"/>	Passion Fruit & Raspberry Water Kefir		12x250ml	16.35	1.82	639091
<input type="checkbox"/>	Pink Grapefruit & Lime Water Kefir		12x250ml	16.35	1.82	639093

#### Drink Mamas - can

##### 15% off list March and April

<input type="checkbox"/>	Coconut Mama - still - New!		12x330ml	9.50 V	1.27	661238
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#### Equinox Kombucha - can

##### 15% off list March and April

<input type="checkbox"/>	Blood Orange Kombucha - can	organic	12x250ml	12.35 V	1.65	640375
<input type="checkbox"/>	Cola & Lime Kombucha - can	organic	12x250ml	12.35 V	1.65	640376
<input type="checkbox"/>	Fiery Ginger Kombucha - can	organic	12x250ml	12.35 V	1.65	640378
<input type="checkbox"/>	Pineapple & Mango Kombucha - can	organic	12x250ml	12.35 V	1.65	640379
<input type="checkbox"/>	Raspberry & Elderflower Kombucha - can	organic	12x250ml	12.35 V	1.65	640380
<input type="checkbox"/>	Sicilian Lemon Kombucha - can	organic	12x250ml	12.35 V	1.65	640382

#### Gusto organic Drinks - glass bottle

##### 15% off list March and April

<input type="checkbox"/>	Gusto - Fiery Ginger with Jalapeño - FT	organic	12x275ml	14.30 V	1.91	641608
<input type="checkbox"/>	Gusto - Lemon Yuzu - FT	organic	12x275ml	15.20 V	2.03	641611
<input type="checkbox"/>	Gusto - Low-Calorie Cola - FT		12x275ml	14.30 V	1.91	641603
<input type="checkbox"/>	Gusto - Organic Cherry Cola	organic	12x275ml	14.30 V	1.91	641604
<input type="checkbox"/>	Gusto - Organic Real Cola - FT	organic	12x275ml	14.30 V	1.91	641606
<input type="checkbox"/>	Gusto - Sicilian Blood Orange - FT	organic	12x275ml	14.30 V	1.91	641609
<input type="checkbox"/>	Gusto Original Organic Energy	organic	12x250ml	15.20 V	2.03	641605

#### Hip Pop

##### 20% off list March and April

<input type="checkbox"/>	Apple & Elderflower Kombucha		12x330ml	9.95 V	1.33	641616
<input type="checkbox"/>	Blueberry & Ginger Kombucha		12x330ml	9.95 V	1.33	641617
<input type="checkbox"/>	Cherry & Blackberry CBD Kombucha		12x330ml	12.80 V	1.71	641621
<input type="checkbox"/>	Ginger & Yuzu Kombucha		12x330ml	9.95 V	1.33	641619
<input type="checkbox"/>	Passion Fruit & Guava CBD Kombucha		12x330ml	12.80 V	1.71	641623
<input type="checkbox"/>	Strawberry & Pineapple Kombucha		12x330ml	9.95 V	1.33	641620

#### UFC - coconut water - Tetra - Thai

##### 10% off list March and April

<input type="checkbox"/>	Coconut Water		6x1l	10.70 V	2.85	642905
<input type="checkbox"/>	Watermelon Coconut Water		6x1l	13.05 V	3.48	642914

## Drinks - Fruit and Vegetable Juices, Cordials & Water

#### Belvoir Cordials

##### 20% off list March and April

<input type="checkbox"/>	Elderflower Cordial	organic	6x500ml	18.10 V	4.83	660560
<input type="checkbox"/>	Ginger Cordial	organic	6x500ml	18.10 V	4.83	660565

#### Belvoir Mocktails

##### 20% off list March and April

<input type="checkbox"/>	Lime & Yuzu Mojito non-alcoholic		6x750ml	12.05 V	3.22	702365
<input type="checkbox"/>	Passion Fruit Martini non-alcoholic		6x750ml	12.05 V	3.22	702366
<input type="checkbox"/>	Peach Bellini non-alcoholic		6x750ml	12.05 V	3.22	702367
<input type="checkbox"/>	Raspberry Margarita non-alcoholic - New!		6x750ml	12.05 V	3.22	702379
<input type="checkbox"/>	Rhubarb & Ginger G&T non-alcoholic		6x750ml	12.05 V	3.22	702378

**BetterYou - aluminium can****20% off list March and April**

<input type="checkbox"/>	Magnesium Water Energy - pomegranate & rhubarb	12x250ml	12.30 V	1.64	<b>672000</b>
<input type="checkbox"/>	Magnesium Water Focus - blueberry & mint	12x250ml	12.30 V	1.64	<b>672001</b>
<input type="checkbox"/>	Magnesium Water Hydrate - lime & bergamot	12x250ml	12.30 V	1.64	<b>672002</b>

**Biona Juices & Drinks - glass bottles****15% off list March and April**

<input type="checkbox"/>	Apple Juice - large	organic 6x750ml	12.70 V	3.39	<b>660693</b>
<input type="checkbox"/>	Beetroot Juice - 100%	organic 6x750ml	12.05 V	3.22	<b>660716</b>
<input type="checkbox"/>	Carrot Juice	organic 6x750ml	12.70 V	3.39	<b>660694</b>
<input type="checkbox"/>	Orange Juice	organic 6x750ml	18.75 V	5.01	<b>660695</b>
<input type="checkbox"/>	Red Grape Juice	organic 6x750ml	15.55 V	4.15	<b>660696</b>
<input type="checkbox"/>	Tomato Juice	organic 6x750ml	13.65 V	3.64	<b>660697</b>

**Cawston Press - Tetra****20% off list March and April**

<input type="checkbox"/>	Apple & Ginger	6x1l	12.10 V	3.23	<b>661159</b>
<input type="checkbox"/>	Apple & Mango Fruit Water - multipack	6x3x200ml	10.65 V	2.84	<b>661170</b>
<input type="checkbox"/>	Apple & Pear Fruit Water - multipack	6x3x200ml	10.65 V	2.84	<b>661172</b>
<input type="checkbox"/>	Apple & Rhubarb	6x1l	12.10 V	3.23	<b>661160</b>
<input type="checkbox"/>	Apple & Summer Berries Fruit Water - multipack	6x3x200ml	10.65 V	2.84	<b>661174</b>
<input type="checkbox"/>	Brilliant Beetroot	6x1l	12.10 V	3.23	<b>661162</b>
<input type="checkbox"/>	Cloudy Apple	6x1l	12.10 V	3.23	<b>661157</b>
<input type="checkbox"/>	Squeezed Orange	6x1l	15.95 V	4.25	<b>661164</b>
<input type="checkbox"/>	Sunshine Orange Fruit Water - multipack	6x3x200ml	10.65 V	2.84	<b>661175</b>

**James White - Veg It****15% off list March and April**

<input type="checkbox"/>	Prune Juice	8x1l	19.05 V	3.81	<b>664607</b>
<input type="checkbox"/>	Veg-It Tetra - blend of 8 vegetables	8x1l	14.95 V	2.99	<b>664608</b>

**James White unfiltered juices - glass****15% off list March and April**

<input type="checkbox"/>	Apple & Crushed Ginger Juice	organic 6x750ml	13.60 V	3.63	<b>664507</b>
<input type="checkbox"/>	Apple & Crushed Ginger Juice	organic 24x250ml	22.90 V	1.53	<b>664522</b>
<input type="checkbox"/>	Apple Juice	organic 6x750ml	13.60 V	3.63	<b>664505</b>
<input type="checkbox"/>	Apple Juice	organic 24x250ml	22.90 V	1.53	<b>664520</b>
<input type="checkbox"/>	Carrot & Apple Juice	organic 6x750ml	13.60 V	3.63	<b>664510</b>
<input type="checkbox"/>	Carrot & Apple Juice	organic 24x250ml	22.90 V	1.53	<b>664523</b>
<input type="checkbox"/>	Carrot Juice	organic 6x750ml	13.60 V	3.63	<b>664560</b>
<input type="checkbox"/>	Mixed Vegetables Juice	organic 6x750ml	13.60 V	3.63	<b>664565</b>
<input type="checkbox"/>	Pear & Raspberry Juice	organic 6x750ml	17.15 V	4.58	<b>664519</b>
<input type="checkbox"/>	Pear Juice	organic 6x750ml	13.60 V	3.63	<b>664518</b>
<input type="checkbox"/>	Pear Juice	organic 24x250ml	22.90 V	1.53	<b>664530</b>
<input type="checkbox"/>	Tomato Juice	organic 6x750ml	13.60 V	3.63	<b>664562</b>

**Pip Organic - fruity water - tetra with straw (can also be sold singly)****15% off list March and April**

<input type="checkbox"/>	Blackcurrant, Raspberry & Apple Juice + Water	organic 6x4x180ml	16.20 V	4.32	<b>472698</b>
<input type="checkbox"/>	Mango, Orange & Apple Fruity Juice + Water	organic 6x4x180ml	16.20 V	4.32	<b>472699</b>

**Pip Organic - pure juice - tetra with straw (can also be sold singly)****15% off list March and April**

<input type="checkbox"/>	Cloudy Apple Juice	organic 6x4x180ml	16.20 V	4.32	<b>472705</b>
<input type="checkbox"/>	Pineapple & Mango Smoothie	organic 6x4x180ml	17.15 V	4.57	<b>472710</b>
<input type="checkbox"/>	Smooth Orange Juice	organic 6x4x180ml	17.15 V	4.57	<b>472608</b>
<input type="checkbox"/>	Strawberry & Blackcurrant Juice	organic 6x4x180ml	17.15 V	4.57	<b>472715</b>
<input type="checkbox"/>	Strawberry, Banana & Purple Carrot Smoothie	organic 6x4x180ml	17.15 V	4.57	<b>472718</b>

**Drinks - Carbonated****Belvoir - Pressés****20% off list March and April**

<input type="checkbox"/>	Elderflower Pressé	organic 6x750ml	12.90 V	3.44	<b>660575</b>
<input type="checkbox"/>	Elderflower Pressé	organic 12x275ml	11.85 V	1.58	<b>660577</b>
<input type="checkbox"/>	Ginger Beer	organic 6x750ml	12.90 V	3.44	<b>660580</b>
<input type="checkbox"/>	Ginger Beer	organic 12x275ml	11.85 V	1.58	<b>660582</b>
<input type="checkbox"/>	Lemonade	organic 12x275ml	11.85 V	1.58	<b>660587</b>

**Belvoir - cans****20% off list March and April**

<input type="checkbox"/>	Ginger Beer - can - New!	12x330ml	6.90 V	0.92	<b>660591</b>
<input type="checkbox"/>	Raspberry Lemonade - can	12x330ml	6.90 V	0.92	<b>660589</b>
<input type="checkbox"/>	Sparkling Elderflower - can	12x330ml	6.90 V	0.92	<b>660590</b>
<input type="checkbox"/>	Sparkling Mango & Peach - can	12x330ml	6.90 V	0.92	<b>660588</b>

**Cawston Press - cans****20% off list March and April**

<input type="checkbox"/>	Cloudy Apple Sparkling	24x330ml	17.50 V	1.17	<b>661200</b>
<input type="checkbox"/>	Cloudy Lemonade Sparkling	24x330ml	17.50 V	1.17	<b>661202</b>
<input type="checkbox"/>	Elderflower Lemonade	24x330ml	17.50 V	1.17	<b>661204</b>
<input type="checkbox"/>	Ginger Beer Sparkling	24x330ml	17.50 V	1.17	<b>661208</b>
<input type="checkbox"/>	Orange Sparkling	24x330ml	17.50 V	1.17	<b>661210</b>
<input type="checkbox"/>	Rhubarb Sparkling	24x330ml	17.50 V	1.17	<b>661212</b>

**Cawston Press - cans****25% off list March and April**

<input type="checkbox"/>	Sparkling Water & Watermelon - New!	12x440ml	10.00 V	1.33	<b>661213</b>
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**Drink Mamas - cans****15% off list March and April**

<input type="checkbox"/>	Cola Mama - no caffeine - sparkling	organic 12x330ml	9.50 V	1.27	<b>661240</b>
<input type="checkbox"/>	Ginger Mama with Lemon - sparkling	organic 12x330ml	9.50 V	1.27	<b>661242</b>
<input type="checkbox"/>	Lemon Mama - sparkling	organic 12x330ml	9.50 V	1.27	<b>661243</b>
<input type="checkbox"/>	Mango Mama with Orange - sparkling	organic 12x330ml	9.50 V	1.27	<b>661244</b>
<input type="checkbox"/>	Orange Mama - sparkling	organic 12x330ml	9.50 V	1.27	<b>661246</b>
<input type="checkbox"/>	Passion Mama - sparkling	organic 12x330ml	9.50 V	1.27	<b>661245</b>
<input type="checkbox"/>	Pineapple Mama with Coconut water	12x330ml	9.50 V	1.27	<b>661247</b>

**Fentimans Botanical Brews - glass****25% off list March and April**

<input type="checkbox"/>	Cherry Cola	12x275ml	11.65 V	1.55	<b>671795</b>
<input type="checkbox"/>	Curiosity Cola	12x275ml	11.65 V	1.55	<b>671802</b>
<input type="checkbox"/>	Dandelion & Burdock	12x275ml	11.65 V	1.55	<b>671803</b>
<input type="checkbox"/>	Mandarin Seville Orange Jigger	12x275ml	11.65 V	1.55	<b>671815</b>
<input type="checkbox"/>	Raspberry Lemonade	12x275ml	11.65 V	1.55	<b>671801</b>
<input type="checkbox"/>	Rose Lemonade - small	12x275ml	11.65 V	1.55	<b>671807</b>
<input type="checkbox"/>	Sparkling Elderflower	12x275ml	11.65 V	1.55	<b>671816</b>
<input type="checkbox"/>	Traditional Ginger Beer - small	12x275ml	11.65 V	1.55	<b>671805</b>
<input type="checkbox"/>	Victorian Lemonade	12x275ml	11.65 V	1.55	<b>671810</b>

**Fentimans Botanical Brews - glass - mixers****25% off list March and April**

<input type="checkbox"/>	Original Tonic Water - Mixer	6x4x200ml	13.95 V	3.72	<b>671917</b>
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**Luscombe - cans****20% off list March and April**

<input type="checkbox"/>	Sparkling Apple Crush - can - New!	organic 12x320ml	9.90 V	1.32	<b>661556</b>
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**Pip Organic****20% off list March and April**

<input type="checkbox"/>	Apple Fizz	organic 24x250ml	18.40 V	1.23	<b>661619</b>
<input type="checkbox"/>	Cherry Fizz	organic 24x250ml	18.40 V	1.23	<b>661620</b>

**Drinks - Soya, Nut and Grain Drinks, Milk & Desserts****Koko - vegan milk - tetra****20% off list March and April**

<input type="checkbox"/>	Barista Coconut alternative to milk + Calcium	6x1l	8.00	1.78	<b>723203</b>
<input type="checkbox"/>	Original Coconut alternative to milk + Calcium	6x1l	7.70	1.71	<b>723205</b>
<input type="checkbox"/>	Unsweetened Coconut alternative to milk + Calcium	6x1l	7.70	1.71	<b>723211</b>

**Minor Figures - vegan****20% off list March and April**

<input type="checkbox"/>	Barista Oat	6x1l	7.70	1.71	<b>723540</b>
<input type="checkbox"/>	Barista Oat (Organic)	organic 6x1l	8.10	1.80	<b>723546</b>

**Oatly - vegan****20% off list March and April**

<input type="checkbox"/>	Barista Oat Drink	organic	6x1l	8.50	1.88	<b>725708</b>
<input type="checkbox"/>	Chocolate Oat Drink with calcium & vitamins		6x1l	7.35	1.63	<b>725713</b>
<input type="checkbox"/>	No Sugars Oat Drink (calcium & vitamins)		6x1l	7.70	1.71	<b>725709</b>
<input type="checkbox"/>	Oat Drink	organic	6x1l	7.35	1.62	<b>725710</b>
<input type="checkbox"/>	Oat Drink Vanilla Flavour		6x1l	7.35	1.63	<b>725718</b>
<input type="checkbox"/>	Semi Oat Drink (calcium & vitamins)		6x1l	7.70	1.71	<b>725707</b>
<input type="checkbox"/>	Whole Oat Drink (calcium & vitamins)		6x1l	7.70	1.71	<b>725711</b>

**Plenish - gluten-free****15% off list March and April**

<input type="checkbox"/>	Almond Barista	organic	6x1l	10.55	2.34	<b>724040</b>
<input type="checkbox"/>	Oat Barista	organic	6x1l	9.25	2.06	<b>724032</b>
<input type="checkbox"/>	Soya Barista - New!	organic	6x1l	9.25	2.06	<b>724043</b>

**Plenish - gluten-free****20% off list March and April**

<input type="checkbox"/>	Almond Drink	organic	8x1l	13.20	2.20	<b>724038</b>
<input type="checkbox"/>	Cashew Drink	organic	8x1l	13.20	2.20	<b>724044</b>
<input type="checkbox"/>	Coconut Drink	organic	8x1l	13.20	2.20	<b>724046</b>
<input type="checkbox"/>	Enriched Oat - calcium & vitamins - New!		8x1l	11.50	1.92	<b>724031</b>
<input type="checkbox"/>	Oat Drink	organic	8x1l	11.50	1.92	<b>724030</b>
<input type="checkbox"/>	Soya Drink	organic	8x1l	11.50	1.92	<b>724042</b>
<input type="checkbox"/>	Zero Sugar Oat - New!	organic	8x1l	11.50	1.92	<b>724033</b>

**Rude Health****15% off list March and April**

<input type="checkbox"/>	Barista Almond Drink		6x1l	9.50	2.11	<b>724606</b>
<input type="checkbox"/>	Barista Coconut Drink		6x1l	9.50	2.11	<b>724607</b>
<input type="checkbox"/>	Barista Hazelnut		6x1l	17.25	3.83	<b>724854</b>
<input type="checkbox"/>	Barista Oat Drink		6x1l	7.65	1.70	<b>724608</b>
<input type="checkbox"/>	Barista Pistachio		6x1l	17.25	3.83	<b>724583</b>
<input type="checkbox"/>	Barista Soya Drink	organic	6x1l	7.65	1.70	<b>724005</b>
<input type="checkbox"/>	Oat Barista Drink	organic	6x1l	9.50	2.11	<b>724584</b>

**Sweet Snacks & Confections****Biona - coated fruit & nuts & treats****15% off list March and April**

<input type="checkbox"/>	Dark Chocolate Cherries	organic	10x45g	18.55 V	2.97	<b>760390</b>
<input type="checkbox"/>	Dark Chocolate Ginger	organic	10x60g	19.65 V	3.14	<b>760382</b>
<input type="checkbox"/>	Dark Chocolate Raspberries	organic	10x45g	19.05 V	3.05	<b>760381</b>
<input type="checkbox"/>	Dark Chocolate Roasted Almonds	organic	10x30g	12.15 V	1.94	<b>760389</b>
<input type="checkbox"/>	Dark Chocolate Salted Caramel Almonds	organic	10x30g	13.20 V	2.11	<b>760380</b>
<input type="checkbox"/>	Dark Chocolate Strawberries	organic	10x45g	18.55 V	2.97	<b>760391</b>

**Divine - chocolate FairTrade****15% off list March and April**

<input type="checkbox"/>	70% Dark Chocolate		15x90g	30.45 V	3.25	<b>763503</b>
<input type="checkbox"/>	85% Dark Chocolate		15x90g	30.45 V	3.25	<b>763495</b>
<input type="checkbox"/>	Dark Chocolate - chunky		30x35g	22.70 V	1.21	<b>763581</b>
<input type="checkbox"/>	Dark Chocolate with Himalayan Salt		15x90g	30.45 V	3.25	<b>763516</b>
<input type="checkbox"/>	Dark Smooth Hazelnut Chocolate		15x90g	30.45 V	3.25	<b>763502</b>
<input type="checkbox"/>	Ginger & Orange Dark Chocolate - 70%		15x90g	30.45 V	3.25	<b>763512</b>
<input type="checkbox"/>	Milk Chocolate - 45% Cocoa		15x90g	30.45 V	3.25	<b>763518</b>
<input type="checkbox"/>	Milk Chocolate - chunky		30x35g	22.70 V	1.21	<b>763521</b>
<input type="checkbox"/>	Milk Chocolate Salted Caramel - chunky		30x35g	22.70 V	1.21	<b>763523</b>
<input type="checkbox"/>	Mint Dark Chocolate - 70%		15x90g	30.45 V	3.25	<b>763504</b>
<input type="checkbox"/>	Orange Milk Chocolate - chunky		30x35g	22.70 V	1.21	<b>763527</b>
<input type="checkbox"/>	Raspberry Dark Chocolate		15x90g	30.45 V	3.25	<b>763510</b>
<input type="checkbox"/>	Salted Caramel Milk Chocolate		15x90g	30.45 V	3.25	<b>763577</b>
<input type="checkbox"/>	White Chocolate - chunky		30x35g	22.70 V	1.21	<b>763519</b>

**Ma Baker - Giant Fruit Bars - vegan - oat-based****15% off list March and April**

<input type="checkbox"/>	Apple Giant Bar		20x90g	11.40	0.76	<b>764730</b>
<input type="checkbox"/>	Apricot Giant Bar		20x90g	11.40	0.76	<b>764732</b>
<input type="checkbox"/>	Banana Giant Bar		20x90g	11.40	0.76	<b>764735</b>
<input type="checkbox"/>	Blueberry Giant Bar		20x90g	11.40	0.76	<b>764737</b>

<input type="checkbox"/>	Cherry Giant Bar		20x90g	11.40	0.76	<b>764740</b>
<input type="checkbox"/>	Cranberry Giant Bar		20x90g	11.40	0.76	<b>764742</b>
<input type="checkbox"/>	Mixed Fruit Giant Bar		20x90g	11.40	0.76	<b>764728</b>
<input type="checkbox"/>	Raspberry Giant Bar		20x90g	11.40	0.76	<b>767746</b>
<input type="checkbox"/>	Strawberry Giant Bar		20x90g	11.40	0.76	<b>764748</b>

**Ma Baker - Giant Nut Bars - vegan - oat-based****15% off list March and April**

<input type="checkbox"/>	Coconut Giant Bar		20x90g	11.40	0.76	<b>764707</b>
<input type="checkbox"/>	Mixed Nut Giant Bar		20x90g	11.40	0.76	<b>764703</b>
<input type="checkbox"/>	Pecan Giant Bar		20x90g	11.40	0.76	<b>764710</b>
<input type="checkbox"/>	Pistachio Giant Bar		20x90g	11.40	0.76	<b>764712</b>
<input type="checkbox"/>	Rolled Oats & Golden Syrup Giant Bar		20x90g	11.40	0.76	<b>764713</b>
<input type="checkbox"/>	Walnut Giant Bar		20x90g	11.40	0.76	<b>764720</b>

**Pip Organic - fruit bars****15% off list March and April**

<input type="checkbox"/>	Mango Pipstick	organic	24x18g	12.75	0.71	<b>767667</b>
<input type="checkbox"/>	Pineapple & Mango Pipstick	organic	24x18g	12.75	0.71	<b>767669</b>

**Raw Halo Chocolate - dairy & gluten-free****15% off list March and April**

<input type="checkbox"/>	Dark & Mint	organic	10x35g	11.65 V	1.86	<b>767661</b>
<input type="checkbox"/>	Dark & Orange	organic	10x35g	11.65 V	1.86	<b>767663</b>
<input type="checkbox"/>	Dark & Pink Himalayan Salt	organic	10x70g	19.10 V	3.06	<b>767651</b>
<input type="checkbox"/>	Dark & Salted Almond Giant Buttons	organic	8x90g	18.10 V	3.62	<b>767644</b>
<input type="checkbox"/>	Dark & Salted Almond Truffle Centre Bar	organic	8x90g	16.80 V	3.36	<b>767647</b>
<input type="checkbox"/>	Dark & Salted Caramel	organic	10x70g	19.10 V	3.06	<b>767653</b>
<input type="checkbox"/>	Dark & Salted Caramel	organic	10x35g	11.65 V	1.86	<b>767665</b>
<input type="checkbox"/>	Dark 76%	organic	10x70g	19.10 V	3.06	<b>767648</b>
<input type="checkbox"/>	Dark 76%	organic	10x35g	11.65 V	1.86	<b>767659</b>
<input type="checkbox"/>	Dark 85%	organic	10x70g	19.10 V	3.06	<b>767649</b>
<input type="checkbox"/>	Mylk & Hazelnut Giant Buttons	organic	8x90g	18.10 V	3.62	<b>767645</b>
<input type="checkbox"/>	Mylk & Hazelnut Truffle Centre Bar	organic	8x90g	16.80 V	3.36	<b>767646</b>
<input type="checkbox"/>	Mylk & Pink Himalayan Salt	organic	10x70g	19.10 V	3.06	<b>767654</b>
<input type="checkbox"/>	Mylk & Pink Himalayan Salt	organic	10x35g	11.65 V	1.86	<b>767670</b>
<input type="checkbox"/>	Mylk & Salted Caramel	organic	10x70g	19.10 V	3.06	<b>767655</b>
<input type="checkbox"/>	Mylk & Salted Caramel	organic	10x35g	11.65 V	1.86	<b>767672</b>
<input type="checkbox"/>	Mylk & Vanilla	organic	10x70g	19.10 V	3.06	<b>767657</b>
<input type="checkbox"/>	Mylk & Vanilla	organic	10x35g	11.65 V	1.86	<b>767673</b>

**Rhythm 108 - biscuit sharing - vegan - gluten-free****10% off list March and April**

<input type="checkbox"/>	Almond Biscotti Biscuit Share Bag	organic	8x135g	18.00	3.21	<b>767544</b>
<input type="checkbox"/>	Coconut Crunch Biscuit Share Bag	organic	8x135g	18.00	3.21	<b>767545</b>
<input type="checkbox"/>	Double Choco Hazelnut Biscuit Share Bag	organic	8x135g	18.00	3.21	<b>767546</b>
<input type="checkbox"/>	Hazelnut Chocolate Chip Share Bag	organic	8x135g	18.00	3.21	<b>767547</b>
<input type="checkbox"/>	Hazelnut Chocolate Praline Gift Tube	organic	1x195g	6.10	8.13	<b>767543</b>
<input type="checkbox"/>	Hazelnut Chocolate Praline Share Bag	organic	8x135g	19.10	3.41	<b>767549</b>
<input type="checkbox"/>	Lemon Ginger & Chia Biscuit Share Bag	organic	8x135g	18.00	3.21	<b>767548</b>
<input type="checkbox"/>	Pistachio filled Biscuit Share Bag - New!	organic	8x135g	24.00	4.29	<b>767551</b>
<input type="checkbox"/>	Salted Caramel Biscuit Share Bag	organic	8x135g	19.10	3.41	<b>767541</b>

**Rhythm 108 - single-serve biscuits - vegan - gluten-free****10% off list March and April**

<input type="checkbox"/>	Chocolate Peanut Butter Soft Baked Cookie	organic	12x50g	12.95	1.44	<b>767532</b>
<input type="checkbox"/>	Hazelnut Chocolate Praline Soft Baked Cookie	organic	12x50g	12.95	1.44	<b>767536</b>

**Rhythm 108 - vegan Swiss chocolate****10% off list March and April**

<input type="checkbox"/>	Almond & Sea Salt Milk Chocolate Bar	organic	15x33g	16.00 V	1.71	<b>767568</b>
<input type="checkbox"/>	Chocolate Orange Swiss Dark Chocolate Bar	organic	15x33g	16.00 V	1.71	<b>767563</b>
<input type="checkbox"/>	Creamy Coconut Dark Chocolate Bar	organic	15x33g	16.00 V	1.71	<b>767566</b>
<input type="checkbox"/>	Dark Cocoa Orange Filled M*lk Chocolate Tablet	organic	9x100g	21.40 V	3.85	<b>767576</b>
<input type="checkbox"/>	Hazelnut Praline Dark Chocolate Bar	organic	15x33g	16.00 V	1.71	<b>767564</b>
<input type="checkbox"/>	Hazelnut Truffle Filled M*lk Chocolate Tablet	organic	9x100g	21.40 V	3.85	<b>767572</b>
<input type="checkbox"/>	Roasted Almond Butter Filled M*lk Chocolate	organic	9x100g	21.40 V	3.85	<b>767578</b>

## The Protein Ball Co.

### 20% off list March and April

<input type="checkbox"/>	Blueberry Oat Muffin Protein Balls - High Fibre - New!	10x45g	9.35 V	1.50	<b>768580</b>
<input type="checkbox"/>	Chocolate Chip Muffin Protein Balls - High Fibre - New!	10x45g	9.35 V	1.50	<b>768582</b>
<input type="checkbox"/>	Coffee Oat Muffin Protein Balls - High Fibre - New!	10x45g	9.35 V	1.50	<b>768583</b>
<input type="checkbox"/>	Lemon & Pistachio Protein Balls - Plant Based - New!	10x45g	9.35 V	1.50	<b>768588</b>
<input type="checkbox"/>	Peanut Butter Protein Balls - Plant Based - New!	10x45g	9.35 V	1.50	<b>768589</b>
<input type="checkbox"/>	Salted Caramel Protein Balls - Plant Based - New!	10x45g	9.35 V	1.50	<b>768590</b>

### Vivani organic chocolate bars - not vegan

#### 15% off list March and April

<input type="checkbox"/>	Cappuccino Chocolate	organic	10x100g	22.80 V	3.65	<b>768877</b>
<input type="checkbox"/>	Espresso Milk	Demeter	10x90g	26.50 V	4.24	<b>768879</b>
<input type="checkbox"/>	Peppermint Chocolate	organic	10x100g	21.15 V	3.38	<b>768875</b>
<input type="checkbox"/>	Stracciatella White Chocolate with Cacao Nibs	organic	10x80g	26.50 V	4.24	<b>769002</b>

### Vivani organic vegan chocolate

#### 15% off list March and April

<input type="checkbox"/>	100% Cocoa Blood Orange	Demeter	10x90g	31.80 V	5.09	<b>768871</b>
<input type="checkbox"/>	Choco Dragées Cashew	organic	8x75g	27.55 V	5.51	<b>769005</b>
<input type="checkbox"/>	Choco Dragées Cranberry	organic	8x75g	27.55 V	5.51	<b>769006</b>
<input type="checkbox"/>	Choco Dragées Espresso	organic	8x75g	27.55 V	5.51	<b>769007</b>
<input type="checkbox"/>	Dark with Orange	organic	10x80g	22.80 V	3.65	<b>768888</b>
<input type="checkbox"/>	Fine Dark 75% with coconut blossom sugar	organic	10x80g	26.50 V	4.24	<b>768873</b>
<input type="checkbox"/>	Superior Dark with Cranberry	organic	10x80g	22.80 V	3.65	<b>768874</b>
<input type="checkbox"/>	Whole Cocoa Fruit 100% - New!	organic	10x80g	33.40 V	5.34	<b>768900</b>

### Wild Thingz vegan sweets from Just Wholefoods

#### 20% off list March and April

<input type="checkbox"/>	Wild Thingz - Fruity Flyers share bag	organic	10x130g	17.45 V	2.79	<b>769100</b>
<input type="checkbox"/>	Wild Thingz - Fruity Flyers treat bag	organic	16x25g	9.95 V	0.99	<b>769104</b>
<input type="checkbox"/>	Wild Thingz - Gummy Grubs share bag	organic	10x130g	17.45 V	2.79	<b>769102</b>
<input type="checkbox"/>	Wild Thingz - Gummy Grubs treat bag	organic	34x25g	21.20 V	0.99	<b>769106</b>
<input type="checkbox"/>	Wild Thingz - Zesty Pests share bag	organic	10x130g	17.45 V	2.79	<b>769103</b>
<input type="checkbox"/>	Wild Thingz - Zesty Pests treat bag	organic	16x25g	9.95 V	0.99	<b>769107</b>

## Supplementary Foods

### BetterYou

#### 20% off list March and April

<input type="checkbox"/>	Magnesium Max Lemon & Lime - Powder - New!	6x135g	37.90 V	11.97	<b>850899</b>
<input type="checkbox"/>	Magnesium Max Original Powder	6x120g	37.90 V	11.97	<b>850893</b>
<input type="checkbox"/>	Magnesium Max Sleep - Passionflower, Cocoa - Powder	6x160g	37.90 V	11.97	<b>850894</b>

## Pet Products

### Faith in Nature vegan Dog Shampoos

#### 33% off list March and April

<input type="checkbox"/>	Chamomile Dog Shampoo - sensitive	6x400ml	18.75 V	5.36	<b>810600</b>
<input type="checkbox"/>	Coconut Dog Shampoo - detangling	6x400ml	18.75 V	5.36	<b>810602</b>
<input type="checkbox"/>	Lavender Dog Shampoo - deep cleaning	6x400ml	18.75 V	5.36	<b>810604</b>

## Kitchen & Household Goods

### Cheeky Panda Bamboo products

#### 15% off list March and April

<input type="checkbox"/>	48 Toilet Rolls - Silky Soft - 3 ply - 200 sheets	1x5.8kg	21.95 V	35.12	<b>820562</b>
<input type="checkbox"/>	9 Toilet Rolls - Natural Colour - 3 ply - 200 sheets	5x9pack	19.95 V	6.38	<b>820565</b>
<input type="checkbox"/>	9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets	5x9pack	19.25 V	6.16	<b>820567</b>
<input type="checkbox"/>	9 Toilet Rolls WWF Silky Soft - 3 ply - 190 sheets	5x9pack	17.25 V	5.52	<b>820566</b>
<input type="checkbox"/>	Cleansing Facial Wipes	24x25pack	37.55 V	2.50	<b>820555</b>
<input type="checkbox"/>	Cube Box 4 ply Bamboo Balsam Tissues - 48s - New!	12x48	12.75 V	1.70	<b>820549</b>
<input type="checkbox"/>	Flat Box 4 ply Bamboo Balsam Tissues - 64s - New!	12x64	14.65 V	1.95	<b>820551</b>
<input type="checkbox"/>	Flat Box Facial Tissues - 80s	12x180g	11.75 V	1.57	<b>820558</b>
<input type="checkbox"/>	Flat Box Facial Tissues with Aloe - 64s	12x160g	14.65 V	1.95	<b>820557</b>
<input type="checkbox"/>	Handy Wipes	12x12pack	10.50 V	1.40	<b>820568</b>
<input type="checkbox"/>	Kitchen Rolls - 2 pack	5x2pack	14.60 V	4.67	<b>820560</b>
<input type="checkbox"/>	Multicoloured Paper Straws	1x100pack	1.50 V	2.40	<b>820559</b>
<input type="checkbox"/>	Pocket Tissues	14x10pack	5.20 V	0.59	<b>820563</b>

## Suma Refuse Sacks - min 50% post-consumer

### 20% off list March and April

<input type="checkbox"/>	Black Bin Liners - 50% recycled	12x8bgs	13.50 V	1.80	<b>912005</b>
<input type="checkbox"/>	Black Bin Liners - 50% recycled	1x200bgs	26.35 V	42.16	<b>912010</b>

## Household & Industrial Cleaning Products

### Bio-D

#### 20% off list March and April

<input type="checkbox"/>	Concentrated Floor Cleaner	12x750ml	23.05 V	3.09	<b>830531</b>
<input type="checkbox"/>	Dishwasher Rinse Aid	12x750ml	22.40 V	3.00	<b>830501</b>
<input type="checkbox"/>	Dishwasher Tablets - 30 tabs	8x360g	30.85 V	6.25	<b>830502</b>
<input type="checkbox"/>	Grapefruit Washing Up Liquid	12x750ml	16.65 V	2.25	<b>830503</b>
<input type="checkbox"/>	Home & Garden Cleaner - disinfects	12x750ml	18.20 V	2.43	<b>830552</b>
<input type="checkbox"/>	Mandarin Washing Up Liquid	12x750ml	16.65 V	2.25	<b>830511</b>
<input type="checkbox"/>	Multi-Surface Cleaner - concentrated	12x750ml	19.10 V	2.55	<b>830544</b>
<input type="checkbox"/>	Rhubarb Washing Up Liquid	12x750ml	16.70 V	2.26	<b>830513</b>
<input type="checkbox"/>	Spray - All Purpose Sanitiser - Mandarin	12x500ml	20.30 V	2.72	<b>830568</b>
<input type="checkbox"/>	Spray - All Purpose Sanitiser - ready to use	12x500ml	19.20 V	2.58	<b>830542</b>
<input type="checkbox"/>	Spray - All Purpose Sanitiser - Rhubarb	12x500ml	20.15 V	2.70	<b>830574</b>
<input type="checkbox"/>	Spray - Bathroom Cleaner	12x500ml	19.70 V	2.64	<b>830553</b>
<input type="checkbox"/>	Spray - Bathroom Cleaner - Pine & Cedarwood	12x500ml	20.00 V	2.68	<b>830573</b>
<input type="checkbox"/>	Spray - Glass & Mirror Cleaner	12x500ml	20.00 V	2.69	<b>830557</b>
<input type="checkbox"/>	Spray - Limescale Remover	12x500ml	23.25 V	3.12	<b>830563</b>
<input type="checkbox"/>	Toilet Cleaner - with nozzle	12x750ml	17.00 V	2.27	<b>830540</b>
<input type="checkbox"/>	Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	17.50 V	2.33	<b>830571</b>
<input type="checkbox"/>	Washing Up Liquid	12x750ml	15.60 V	2.11	<b>830507</b>

### Ecoegg

#### 33.3% off list March and April

<input type="checkbox"/>	Detox Tablets - washing machine cleaner	12x6pack	21.35 V	3.05	<b>832457</b>
<input type="checkbox"/>	Dryer Egg - Fragrance Free	6x1pack	20.55 V	5.87	<b>832459</b>
<input type="checkbox"/>	Laundry Egg 70 Wash - Fragrance Free	5x1egg	21.90 V	7.51	<b>832461</b>
<input type="checkbox"/>	Laundry Egg 70 Wash - Fresh Linen	5x1egg	21.90 V	7.51	<b>832458</b>
<input type="checkbox"/>	Laundry Egg 70 Wash - Spring Blossom	5x1egg	21.90 V	7.51	<b>832463</b>
<input type="checkbox"/>	Laundry Egg Refill 50 Wash - Fresh Linen	10x1pack	21.80 V	3.74	<b>832460</b>
<input type="checkbox"/>	Laundry Egg Refill 50 Wash - Spring Blossom	10x1pack	21.80 V	3.74	<b>832464</b>

### Ecoleaf - Vegan

#### 15% off list March and April

<input type="checkbox"/>	Bathroom Cleaner - trigger spray - lavender	12x750ml	23.75 V	3.16	<b>831397</b>
<input type="checkbox"/>	Hard Floor Cleaner - Rose & Oud	12x750ml	24.05 V	3.20	<b>831403</b>
<input type="checkbox"/>	Multi Surface Cleaner - antibac - citrus & petitgrain	12x750ml	24.10 V	3.21	<b>831434</b>
<input type="checkbox"/>	Toilet Cleaner - Fresh Green	6x750ml	8.35 V	2.23	<b>831432</b>
<input type="checkbox"/>	Washing Up Liquid - Citrus Fruit	8x740ml	12.45 V	2.49	<b>831425</b>

### Ecover - Zero range

#### 15% off list March and April

<input type="checkbox"/>	Concentrated Laundry Liquid - Zero	1x5l	17.00 V	27.20	<b>831608</b>
<input type="checkbox"/>	Wash Up Liquid - Zero	1x5l	9.85 V	15.76	<b>831622</b>

### Ecover Bag-in-Box Refill Station

#### 15% off list March and April

<input type="checkbox"/>	All-Purpose Cleaner - Lemongrass & Ginger	15l	22.00 V	1.47	<b>832160</b>
<input type="checkbox"/>	Bio Concentrated Laundry Liquid	15l	52.00 V	3.47	<b>832178</b>
<input type="checkbox"/>	Fabric Softener - Apple Blossom & Almond	15l	19.15 V	1.28	<b>832166</b>
<input type="checkbox"/>	Non Bio Concentrated Laundry Liquid	15l	52.00 V	3.47	<b>832179</b>
<input type="checkbox"/>	Non Bio Concentrated Zero Laundry Liquid	15l	52.00 V	3.47	<b>832183</b>
<input type="checkbox"/>	Wash Up Liquid - Chamomile & Clementine	15l	23.00 V	1.53	<b>832175</b>
<input type="checkbox"/>	Wash Up Liquid - Lemon & Aloe Vera	15l	23.00 V	1.53	<b>832170</b>

### Ecover Cleaners

#### 15% off list March and April

<input type="checkbox"/>	All-Purpose Cleaner - Lemongrass & Ginger	5l	6.70 V	1.34	<b>832030</b>
<input type="checkbox"/>	Floor Soap	5l	9.10 V	1.82	<b>832025</b>
<input type="checkbox"/>	Toilet Cleaner Pine & Mint	5l	8.70 V	1.74	<b>832039</b>

\* new product  on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

## Ecoveer Laundry

### 15% off list March and April

<input type="checkbox"/>	750ml Fabric Softener - Apple Blossom & Almond	6x750ml	7.70 V	2.05	<b>832048</b>
<input type="checkbox"/>	750ml Fabric Softener - Gardenia & Vanilla	6x750ml	7.70 V	2.05	<b>832043</b>
<input type="checkbox"/>	Bio Concentrated Laundry Liquid	1x5l	17.00 V	27.20	<b>832007</b>
<input type="checkbox"/>	Concentrated Laundry Liquid - lavender & sandalwood	1x5l	17.00 V	27.20	<b>832014</b>
<input type="checkbox"/>	Delicate	5l	12.35 V	2.47	<b>832032</b>
<input type="checkbox"/>	Delicate	6x750ml	16.05 V	4.28	<b>832042</b>
<input type="checkbox"/>	Fabric Softener - Apple Blossom & Almond	1x5l	7.85 V	12.56	<b>832084</b>
<input type="checkbox"/>	Laundry Liquid - plastic container	1x5l	12.05 V	19.28	<b>832021</b>

### Ecoveer Washing up

### 15% off list March and April

<input type="checkbox"/>	5l Wash Up Liquid - Lemon & Aloe Vera	1x5l	9.65 V	15.44	<b>832124</b>
<input type="checkbox"/>	Power Washing Up Liquid - New!	1x5l	11.35 V	18.16	<b>832111</b>
<input type="checkbox"/>	Wash Up Liquid - Chamomile & Clementine	1x5l	9.85 V	15.76	<b>832110</b>

## LoofCo

### 15% off list March and April

<input type="checkbox"/>	Back Brush - New!	3x1	17.25 V	9.20	<b>833031</b>
<input type="checkbox"/>	Back Scrubber 30cm loofah with cotton handles	4x34g	10.50 V	4.20	<b>833040</b>
<input type="checkbox"/>	Bath-Time Heart loofah	8x20g	15.95 V	3.19	<b>833046</b>
<input type="checkbox"/>	Bath-Time Smile loofah	8x19g	15.95 V	3.19	<b>833041</b>
<input type="checkbox"/>	Bathroom Cleaning Pad	6x24g	12.60 V	3.36	<b>833042</b>
<input type="checkbox"/>	Body Loofah	8x20g	14.90 V	2.98	<b>833050</b>
<input type="checkbox"/>	Bottle Brush - 26cm	6x36g	11.95 V	3.19	<b>833047</b>
<input type="checkbox"/>	Cat Body Loofah - New!	6x1	11.85 V	3.16	<b>833034</b>
<input type="checkbox"/>	Cleaning Pad 2 pack made from loofah	6x24g	15.75 V	4.20	<b>833044</b>
<input type="checkbox"/>	Cleaning Pad made from loofah	6x20g	9.20 V	2.45	<b>833048</b>
<input type="checkbox"/>	Cleansing Mitt made from cotton	8x1pack	15.95 V	3.19	<b>833063</b>
<input type="checkbox"/>	Coir Washing-Up Brush with wood handle	6x36g	11.95 V	3.19	<b>833055</b>
<input type="checkbox"/>	Dry Body Brush - New!	3x1	20.40 V	10.88	<b>833032</b>
<input type="checkbox"/>	Dust Brush - New!	4x1	13.75 V	5.50	<b>833028</b>
<input type="checkbox"/>	Gardeners Brush coir with wooden handle	4x111g	11.70 V	4.68	<b>833049</b>
<input type="checkbox"/>	Household Bin Brush - New!	3x1	20.40 V	10.88	<b>833029</b>
<input type="checkbox"/>	Kitchen Cloth 2 pack cotton	6x61g	12.60 V	3.36	<b>833057</b>
<input type="checkbox"/>	Milk Bottle Brush - New!	4x1	8.20 V	3.28	<b>833026</b>
<input type="checkbox"/>	Mini Washing-Up Pad 2 pack made from loofah	6x11g	9.20 V	2.45	<b>833060</b>
<input type="checkbox"/>	Non-Stick Pan Brush - New!	4x1	16.65 V	6.66	<b>833025</b>
<input type="checkbox"/>	Root Vegetable Scrubber made from loofah	6x20g	9.20 V	2.45	<b>833051</b>
<input type="checkbox"/>	Seaside Brush - New!	3x1	17.25 V	9.20	<b>833035</b>
<input type="checkbox"/>	Shower Puff - New!	3x1	12.50 V	6.67	<b>833033</b>
<input type="checkbox"/>	Soap Rest made from loofah	8x10g	9.75 V	1.95	<b>833058</b>
<input type="checkbox"/>	Washing-Up Brush made from coir fibre	6x40g	9.20 V	2.45	<b>833054</b>
<input type="checkbox"/>	Washing-Up Pad made from loofah	8x20g	12.30 V	2.46	<b>833052</b>
<input type="checkbox"/>	Washing-Up Scraper made from coconut husk	6x25g	10.20 V	2.72	<b>833056</b>
<input type="checkbox"/>	Washing-Up Slim Pad 4pk made from loofah	5x4pack	13.15 V	4.21	<b>833064</b>
<input type="checkbox"/>	Washing-Up Soap - fragrance free	6x100g	10.35 V	2.76	<b>833061</b>
<input type="checkbox"/>	Washing-Up Soap - Lime	6x100g	10.35 V	2.76	<b>833062</b>
<input type="checkbox"/>	Water Bottle Brush - 34cm	6x66g	13.55 V	3.61	<b>833043</b>
<input type="checkbox"/>	Whole Loofah - New!	4x1	18.85 V	7.54	<b>833036</b>
<input type="checkbox"/>	Wide Bottle Brush - New!	4x1	15.80 V	6.32	<b>833027</b>

## Ocean Saver

### 20% off list March and April

<input type="checkbox"/>	All in One Plastic-free Eco Dishwasher Tabs - 100 Pack	5x100tab	65.00 V	20.80	<b>833330</b>
<input type="checkbox"/>	All in One Plastic-free Eco Dishwasher Tabs - 30 Pack	8x30tab	34.00 V	6.80	<b>833335</b>

## Toiletries & Natural Remedies

### Alter/Native - rectangular glycerine vegan soap bars - by Suma

### 20% off list March and April

<input type="checkbox"/>	Coconut & Argan Glycerine Soap	6x90g	9.75 V	2.60	<b>859172</b>
<input type="checkbox"/>	Coffee & Cedarwood Glycerine Soap	6x90g	9.75 V	2.60	<b>859168</b>
<input type="checkbox"/>	Hemp & Jasmine Musk Glycerine Soap	6x90g	9.75 V	2.60	<b>859170</b>
<input type="checkbox"/>	Lavender & Geranium Glycerine Soap	6x90g	9.75 V	2.60	<b>859174</b>
<input type="checkbox"/>	Patchouli & Sandalwood Glycerine Soap	6x90g	9.75 V	2.60	<b>859176</b>
<input type="checkbox"/>	Pink Grapefruit & Aloe Glycerine Soap	6x90g	9.75 V	2.60	<b>859179</b>
<input type="checkbox"/>	Rose & Geranium Glycerine Soap	6x90g	9.75 V	2.60	<b>859181</b>
<input type="checkbox"/>	Tea Tree & Aloe Glycerine Soap	6x90g	9.75 V	2.60	<b>859184</b>

### Alter/Native -Boxed vegan coconut/olive soap bars - by Suma

### 20% off list March and April

<input type="checkbox"/>	Cinnamon & Orange - boxed soap	6x95g	10.40 V	2.77	<b>859143</b>
<input type="checkbox"/>	Coconut Milk & Ylang Ylang - boxed soap	6x95g	10.40 V	2.77	<b>859142</b>
<input type="checkbox"/>	Grapefruit & Mandarin - boxed soap	6x95g	10.40 V	2.77	<b>859145</b>
<input type="checkbox"/>	Lemongrass & Chamomile - boxed soap	6x95g	10.40 V	2.77	<b>859144</b>
<input type="checkbox"/>	Patchouli & Hemp - boxed soap	6x95g	10.40 V	2.77	<b>859146</b>
<input type="checkbox"/>	Rose & Geranium - boxed soap	6x95g	10.40 V	2.77	<b>859148</b>
<input type="checkbox"/>	Tea Tree & Eucalyptus - boxed soap	6x95g	10.40 V	2.77	<b>859149</b>

### Cheeky Panda Bamboo Pads & Panty Liners

### 15% off list March and April

<input type="checkbox"/>	Heavy Pads 290mm - 12 with wings	6x12pack	10.50	2.33	<b>859359</b>
<input type="checkbox"/>	Light Pads 240mm - 15 with wings	6x15pack	10.50	2.33	<b>859360</b>
<input type="checkbox"/>	Night Pads 350mm - 10 with wings	6x10pack	10.50	2.33	<b>859361</b>
<input type="checkbox"/>	Panty Liners 155mm - 18 liners	6x18pack	8.70	1.93	<b>859362</b>

### Ecoleaf - vegan

### 15% off list March and April

<input type="checkbox"/>	Liquid Hand Soap - Grapefruit & Mandarin	6x500ml	13.80 V	3.68	<b>851035</b>
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### Ecoveer - personal care

### 15% off list March and April

<input type="checkbox"/>	Hand Wash - Lavender & Aloe Vera	5l	15.85 V	3.17	<b>855925</b>
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### Faith in Nature - for men

### 33% off list March and April

<input type="checkbox"/>	Blue Cedar Body Wash	6x400ml	15.10 V	4.31	<b>852964</b>
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### Faith in Nature body wash

### 33% off list March and April

<input type="checkbox"/>	Aloe Vera Body Wash	6x400ml	15.10 V	4.31	<b>854030</b>
<input type="checkbox"/>	Coconut Body Wash	6x400ml	15.10 V	4.31	<b>854033</b>
<input type="checkbox"/>	Coconut Body Wash - Aluminium	6x500ml	17.45 V	4.98	<b>854038</b>
<input type="checkbox"/>	Dragon Fruit Body Wash	6x400ml	15.10 V	4.31	<b>854037</b>
<input type="checkbox"/>	Fragrance Free Body Wash	6x400ml	15.10 V	4.31	<b>854036</b>
<input type="checkbox"/>	Grapefruit & Orange Body Wash	6x400ml	15.10 V	4.31	<b>854035</b>
<input type="checkbox"/>	Grapefruit & Orange Body Wash - Aluminium	6x500ml	17.45 V	4.98	<b>854039</b>
<input type="checkbox"/>	Lavender & Geranium Body Wash	6x400ml	15.10 V	4.31	<b>854040</b>
<input type="checkbox"/>	Lavender & Geranium Body Wash - Aluminium	6x500ml	17.45 V	4.98	<b>854044</b>
<input type="checkbox"/>	Mint Body Wash	6x400ml	15.10 V	4.31	<b>854041</b>
<input type="checkbox"/>	Seaweed & Citrus Body Wash	6x400ml	15.10 V	4.31	<b>854050</b>
<input type="checkbox"/>	Wild Rose Body Wash	6x400ml	15.10 V	4.31	<b>854059</b>

### Faith in Nature conditioners

### 33% off list March and April

<input type="checkbox"/>	Aloe Vera Conditioner	6x400ml	18.65 V	5.32	<b>854020</b>
<input type="checkbox"/>	Coconut Conditioner	6x400ml	18.65 V	5.32	<b>853987</b>
<input type="checkbox"/>	Dragon Fruit Conditioner	6x400ml	18.65 V	5.32	<b>853989</b>
<input type="checkbox"/>	Fragrance Free Conditioner	6x400ml	18.65 V	5.32	<b>853988</b>
<input type="checkbox"/>	Grapefruit & Orange Conditioner	6x400ml	18.65 V	5.32	<b>853992</b>
<input type="checkbox"/>	Grapefruit & Orange Conditioner - Aluminium	6x500ml	22.10 V	6.31	<b>853993</b>
<input type="checkbox"/>	Joboba Conditioner	6x400ml	18.65 V	5.32	<b>854010</b>

<input type="checkbox"/>	Lavender & Geranium Conditioner	6x400ml	18.65 V	5.32	<b>854002</b>
<input type="checkbox"/>	Lavender & Geranium Conditioner - Aluminium	6x500ml	22.10 V	6.31	<b>853994</b>
<input type="checkbox"/>	Rosemary Conditioner	6x400ml	18.65 V	5.32	<b>854015</b>
<input type="checkbox"/>	Seaweed & Citrus Conditioner	6x400ml	18.65 V	5.32	<b>854005</b>
<input type="checkbox"/>	Shea & Argan Conditioner	6x400ml	18.65 V	5.32	<b>854008</b>
<input type="checkbox"/>	Shea & Argan Conditioner - Aluminium	6x500ml	22.10 V	6.31	<b>853996</b>
<input type="checkbox"/>	Wild Rose Conditioner	6x400ml	18.65 V	5.32	<b>854028</b>

**Faith in Nature hand & body lotion**

**33% off list March and April**

<input type="checkbox"/>	Coconut Hand & Body Lotion	6x400ml	18.80 V	5.36	<b>853206</b>
<input type="checkbox"/>	Grapefruit & Orange Hand & Body Lotion	6x400ml	18.80 V	5.36	<b>853208</b>
<input type="checkbox"/>	Lavender & Geranium Hand & Body Lotion	6x400ml	18.80 V	5.36	<b>853209</b>

**Faith in Nature hand wash / liquid soap**

**33% off list March and April**

<input type="checkbox"/>	Hand Wash - Coconut	6x400ml	11.75 V	3.35	<b>853199</b>
<input type="checkbox"/>	Hand Wash - Dragon Fruit	6x400ml	11.75 V	3.35	<b>853200</b>
<input type="checkbox"/>	Hand Wash - Grapefruit & Orange	6x400ml	11.75 V	3.35	<b>853202</b>
<input type="checkbox"/>	Hand Wash - Lavender & Geranium	6x400ml	11.75 V	3.35	<b>853201</b>
<input type="checkbox"/>	Hand Wash - Seaweed & Citrus	6x400ml	11.75 V	3.35	<b>853203</b>
<input type="checkbox"/>	Hand Wash - Wild Rose	6x400ml	11.75 V	3.35	<b>853205</b>

**Faith in Nature shampoos**

**33% off list March and April**

<input type="checkbox"/>	Aloe Vera Shampoo	6x400ml	18.65 V	5.32	<b>853520</b>
<input type="checkbox"/>	Coconut Shampoo	6x400ml	18.65 V	5.32	<b>853502</b>
<input type="checkbox"/>	Dragon Fruit Shampoo	6x400ml	18.65 V	5.32	<b>853503</b>
<input type="checkbox"/>	Fragrance Free Shampoo	6x400ml	18.65 V	5.32	<b>853504</b>
<input type="checkbox"/>	Grapefruit & Orange Shampoo	6x400ml	18.65 V	5.32	<b>853509</b>
<input type="checkbox"/>	Grapefruit & Orange Shampoo - Aluminium	6x500ml	22.10 V	6.31	<b>853511</b>
<input type="checkbox"/>	Jjoba Shampoo	6x400ml	18.65 V	5.32	<b>853510</b>
<input type="checkbox"/>	Lavender & Geranium Shampoo	6x400ml	18.65 V	5.32	<b>853525</b>
<input type="checkbox"/>	Lavender & Geranium Shampoo - Aluminium	6x500ml	22.10 V	6.31	<b>853567</b>
<input type="checkbox"/>	Rosemary Shampoo	6x400ml	18.65 V	5.32	<b>853515</b>
<input type="checkbox"/>	Seaweed & Citrus Shampoo	6x400ml	18.65 V	5.32	<b>853505</b>
<input type="checkbox"/>	Shea & Argan Shampoo	6x400ml	18.65 V	5.32	<b>853501</b>
<input type="checkbox"/>	Shea & Argan Shampoo - Aluminium	6x500ml	22.10 V	6.31	<b>853572</b>
<input type="checkbox"/>	Wild Rose Shampoo	6x400ml	18.65 V	5.32	<b>853536</b>

**Lavera - Basis Sensitive Facial Care - NaTrue certified**

**15% off list March and April**

<input type="checkbox"/>	Q10 Moisturising Face Cream - anti ageing	organic	4x50ml	36.15 V	16.27	<b>855499</b>
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**Lavera - Basis Sensitive Vegan Body Care - NaTrue Certified**

**15% off list March and April**

<input type="checkbox"/>	Basis Sensitive Deodorant Spray	4x75ml	22.35 V	10.06	<b>855462</b>
<input type="checkbox"/>	Basis Sensitive Roll-on Deodorant	4x50ml	18.40 V	8.29	<b>855460</b>
<input type="checkbox"/>	Hand Cream	4x75ml	11.05 V	4.97	<b>855464</b>
<input type="checkbox"/>	Rich Body Lotion	4x250ml	21.40 V	9.64	<b>855468</b>

**Lavera - Men's Care Range**

**15% off list March and April**

<input type="checkbox"/>	Aftershave Balm - tube	4x100ml	22.55 V	10.15	<b>855347</b>
<input type="checkbox"/>	Gentle Shaving Foam	4x150ml	18.80 V	8.47	<b>855346</b>
<input type="checkbox"/>	Men's 3 in 1 Shower Gel	4x200ml	14.25 V	6.41	<b>855367</b>
<input type="checkbox"/>	Men's 3 in 1 Shower Gel - new style	4x200ml	13.15 V	5.91	<b>855353</b>
<input type="checkbox"/>	Men's Deodorant Roll On 24hr	4x50ml	18.80 V	8.47	<b>855348</b>
<input type="checkbox"/>	Men's Moisturising Cream	4x50ml	26.30 V	11.86	<b>855349</b>

**Nitty Gritty**

**50% off while stocks last! (2027 dated)**

<input type="checkbox"/>	Head Lice - Defence Spray	1x250ml	4.20 V	6.72	<b>855395</b>
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**Toothpaste, Brushes & Oral Hygiene**

**Aloe Dent - fluoride-free**

**15% off list March and April**

<input type="checkbox"/>	Charcoal Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881446</b>
<input type="checkbox"/>	Children's Toothpaste (strawberry) - fluoride-free	6x50ml	14.25 V	4.25	<b>881457</b>
<input type="checkbox"/>	Coconut Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881448</b>
<input type="checkbox"/>	Mouthwash - fluoride-free	6x250ml	15.65 V	4.67	<b>881455</b>
<input type="checkbox"/>	Mouthwash - fluoride-free - New!	6x500ml	25.60 V	6.83	<b>881454</b>
<input type="checkbox"/>	Sensitive Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881450</b>
<input type="checkbox"/>	Teeth Whitening Strips - 14 day treatment pack	6x14pack	28.45 V	8.49	<b>881458</b>
<input type="checkbox"/>	Triple Action Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881451</b>
<input type="checkbox"/>	Whitening Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881452</b>

**Aloe Dent - with fluoride**

**15% off list March and April**

<input type="checkbox"/>	Fluoride Sensitive Toothpaste	6x100ml	17.10 V	5.10	<b>881465</b>
<input type="checkbox"/>	Fluoride Whitening Toothpaste	6x100ml	17.10 V	5.10	<b>881467</b>

**changes**

**Cereal Grains**

**Bulk Organic Cereal Grains**

▲	Amaranth Seed	organic	25kg	79.00	3.16	<b>10475</b>
▲	Amaranth Seed	organic	5kg	17.65	3.53	<b>10477</b>
▼	Kasha - Roasted Buckwheat - gluten-free	organic	25kg	70.00	2.80	<b>10562</b>
▲	Millet	organic	25kg	52.00	2.08	<b>10555</b>
▲	Millet	organic	5kg	12.25	2.45	<b>10560</b>
▲	Black Quinoa Grain	organic	25kg	120.00	4.80	<b>10687</b>
▲	Black Quinoa Grain	organic	2.5kg	13.85	5.54	<b>10691</b>

**Infinity - Pre-Packed Organic Cereal Grains**

▲	Amaranth Seed	organic	6x500g	12.30	2.73	<b>1003</b>
▼	Kasha - Roasted Buckwheat	organic	6x500g	11.20	2.49	<b>1073</b>
▲	Millet	organic	6x500g	9.05	2.01	<b>1075</b>
▲	Black Quinoa Grain	organic	6x450g	16.00	3.56	<b>1157</b>

**Biona**

▲	Camargue Red Rice	organic	6x500g	20.65	4.59	<b>10955</b>
▲	Fonio - Ancient Grain	organic	6x350g	22.45	4.99	<b>10950</b>
▲	Wild Rice Mix	organic	6x500g	21.10	4.69	<b>10972</b>

**Flours & Baking Requisites**

**Bulk Flour**

▲	Buckwheat Flour - gluten-free	organic	25kg	79.00	3.16	<b>41015</b>
▲	Wheat Bran	organic	15kg	22.00	1.47	<b>40520</b>

**Infinity - Pre-Packed Organic Flours**

▲	Wheat Bran	organic	6x250g	5.05	1.12	<b>3010</b>
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**Doves Farm**

◆	Coconut Flour	organic	4x500g	11.85	3.95	<b>40538</b>
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**Breakfast Cereals & Cereal Flakes**

**Bulk Organic Cereal Flakes**

▼	Spelt Flakes	organic	25kg	55.00	2.20	<b>20522</b>
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**Infinity - Pre-Packed Organic Cereal Flakes**

▼	Spelt Flakes	organic	6x500g	9.80	2.18	<b>2037</b>
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**Infinity Foods - breakfast cereals**

▲	Deluxe Muesli	organic	25kg	80.50	3.22	<b>62032</b>
▲	Deluxe Muesli	organic	5kg	17.95	3.59	<b>62033</b>
▼	Vitality Muesli	organic	25kg	110.50	4.42	<b>61910</b>
▼	Vitality Muesli	organic	5kg	23.95	4.79	<b>61915</b>

### Infinity - Pre-Packed Organic Breakfast Cereals

▲ Deluxe Muesli	organic	6x500g	12.75	2.83	4057
▲ Deluxe Muesli	organic	6x1kg	22.90	5.10	4060
▲ Deluxe Muesli	organic	6x1.4kg	31.10	6.92	4062
▲ Fruit and Fibre	organic	6x325g	15.70	3.49	4040
▼ Vitality Muesli	organic	6x500g	16.35	3.63	4042
▼ Vitality Muesli	organic	6x1kg	30.10	6.70	4043

### Amisa - gluten-free

▲ Fruity Oat Muesli	organic	6x325g	18.85	4.19	60312
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### Bear

◆ Cocoa Alpha Bites		4x350g	8.65	2.88	70506
◆ Multigrain Alpha Bites		4x350g	8.65	2.88	70509

### Bio & Me

◆ Apple & Cinnamon Porridge		5x400g	11.20	2.99	705529
◆ Berry Burst Gluten-free Granola		5x350g	15.95	4.25	705520
◆ Blueberry Immunity Support Granola		5x360g	15.40	4.11	705521
◆ Cashew & Almond Gluten-free Granola		5x350g	15.95	4.25	705522
◆ Cocoa & Hazelnut Protein Boosted Granola		5x360g	15.40	4.11	705523
◆ Cocoa Gluten-free Overnight Oats		5x350g	13.45	3.59	705535
◆ Fruit & Nut Muesli		5x450g	12.80	3.41	705532
◆ Fruit and Nut Gluten-free Granola		5x350g	15.90	4.24	705525
◆ Low Sugar Naturally Granola		5x360g	15.40	4.11	705524
◆ Raspberry & Coconut Overnight Oats		5x350g	13.45	3.59	705536
◆ Super Nutty Muesli		5x450g	12.80	3.41	705533
◆ Super Seedy & Nutty Granola		5x360g	15.40	4.11	705526
◆ Super Seedy & Nutty Porridge		5x400g	11.20	2.99	705530

### Biona

▲ Choco-Coconut Granola	organic	6x375g	22.45	4.99	60402
▲ Granola Nutty Clusters Low Sugar	organic	6x375g	26.95	5.99	60403
▲ Honey & Hazelnut Crunch Granola	organic	6x375g	24.25	5.39	60405
▲ Porridge Oats	organic	6x500g	10.75	2.39	60416
▲ Pure Oaty Granola - wheat-free	organic	6x375g	20.20	4.49	60413
▲ Wild Berry Crisp Granola - boxed	organic	6x375g	29.20	6.49	60412

### Doves Farm - gluten free - vegan

◆ Ancient Grain Breakfast Flakes	organic	5x375g	17.60	4.69	61528
◆ Ancient Grain Cereal Hoops	organic	5x300g	16.85	4.49	61530
◆ Ancient Grain Fruit & Fibre Flakes	organic	5x375g	18.70	4.99	61532
◆ Wholegrain Cocoa Rice Pops	organic	5x300g	13.30	3.55	61534

### Doves Farm - spelt - vegan

☆ Ancient Grain Spelt Flakes	organic	5x375g	19.95	5.32	61524
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### Freee - from Doves Farm - gluten-free - vegan

☆ Chocolate Muesli		5x400g	17.45	4.65	61314
☆ Swiss Style Muesli		5x450g	14.45	3.85	61513

### Kallo Foods

▲ Cornflakes	organic	12x375g	29.65	3.29	62503
▲ Puffed Rice Natural	organic	8x225g	23.10	3.85	62505

### Nature's Path - Gluten-free (except Millet Rice Flakes)

◆ Blueberry Raspberry Yogurt Nobbly Granola	organic	5x300g	20.35	5.43	63188
◆ Choco Chimps	organic	4x284g	13.25	4.42	63199
◆ Gorilla Munch	organic	4x300g	13.25	4.42	63241
◆ Maple Sunrise	organic	4x332g	13.85	4.62	63207
◆ Mesa Sunrise	organic	4x355g	14.35	4.78	63230
◆ Millet Rice Flakes (not gluten-free)	organic	4x375g	12.45	4.15	63235

### Rude Health

◆ Puffed Brown Rice - gluten-free		4x225g	6.70	2.39	71755
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### Rude Health - Granola

◆ Roasted Almond Granola		6x400g	16.80	3.99	71778
◆ The Ultimate Granola	organic	6x400g	20.95	4.99	71776

### Rude Health - muesli

◆ The Ultimate Muesli - vegan	organic	6x400g	20.95	4.99	71739
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### Beans Peas and Pulses

#### Bulk Organic Beans Peas and Pulses

▲ Butter Beans	organic	25kg	140.00	5.60	80519
▲ Butter Beans	organic	5kg	29.85	5.97	80523

#### Infinity Pre-Packed Organic Beans Peas & Pulses

▲ Butter Beans	organic	6x500g	19.60	4.36	5027
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### Nuts and Seeds

#### Bulk Organic Nuts and Seeds

▲ Fruit & Nut Mix	organic	3kg	32.30	10.77	90557
▼ Hi Energy Trail Mix	organic	3kg	27.65	9.22	90569
▲ Nut Mix	organic	25kg	340.50	13.62	90534
▲ Nut Mix	organic	2.5kg	35.90	14.36	90554

#### Infinity Pre-Packed Organic Nuts & Seeds

▲ Cashews Whole	organic	6x250g	19.55	4.35	6042
▲ Cashews Whole	organic	6x500g	36.05	8.01	6043
▲ Cashews Whole	organic	6x1kg	69.05	15.34	6051
▲ Fruit & Nut Mix	organic	6x250g	18.30	4.07	6047
▼ Hi Energy Trail Mix	organic	6x250g	16.35	3.70	6048
▼ Hi Energy Trail Mix	organic	6x125g	9.70	2.18	6049
▲ Nut Mix	organic	6x250g	23.50	5.24	6080
▲ Nut Mix	organic	6x500g	43.95	9.78	6082

#### Bulk Nuts and Seeds

▲ Pistachio Kernels - raw		10kg	260.35	26.04	91192
▲ Pistachio Kernels - raw		5kg	132.00	26.40	91194
▼ Pistachio Kernels - raw		0.75kg	21.35	28.47	91193

#### Infinity Pre-Packed Nuts & Seeds

▲ Pistachio Kernels - raw		6x125g	22.60	5.02	6875
▲ Pistachio Kernels - raw		6x250g	42.15	9.38	6877

### Biona

▲ Cracked Linseed Gold - Omega Extra	organic	6x500g	25.60	5.69	90705
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### Dried Fruit

#### Bulk Organic Dried Fruit

▲ Sour Cherries - pitted	organic	8kg	139.30	17.41	100495
▲ Sour Cherries - pitted	organic	1kg	19.25	19.25	100497
▲ Golden Berries	organic	1kg	21.35	21.35	100542

#### Infinity Pre-Packed Organic Dried Fruit

▲ Sour Cherries - pitted	organic	6x125g	17.15	3.81	7016
▲ Sour Cherries - pitted	organic	6x250g	30.20	6.71	7019
▲ Dates Select - Pitted	organic	6x250g	7.50	1.67	7032
▲ Dates Select - Pitted	organic	6x500g	10.95	2.43	7033
▲ Golden Berries	organic	6x250g	33.35	7.42	7069

#### Infinity Pre-Packed Dried Fruit

▲ Ginger crystallised & caster sugar		6x125g	7.50 V	2.00	7655
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### Crazy Jack

▲ Apricots - on-the-go	organic	18x40g	21.00	1.56	100773
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### Tropical Wholefoods

◆ Sun-dried Chewy Banana Chips	organic	6x150g	20.75	4.61	102001
◆ Sun-Dried Mango	organic	6x100g	20.75	4.61	102012
◆ Sun-dried Pineapple - FT	organic	6x100g	20.75	4.61	102003

### Herbs and Spices

#### Organic Herb Trading

▼ Chilli Flakes	organic	1kg	20.00		993016
▲ Cinnamon Powder	organic	1kg	19.30		993020
▼ Garlic Powder	organic	1kg	17.30		993038
▼ Herb Provencal	organic	1kg	24.65		993041
▲ Mixed Spice Powder	organic	1kg	37.10		993060
▲ Nigella Sativa Seed - Cumin Black	organic	1kg	22.10		993066

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

▼ Nutmeg Ground	organic	1kg	31.30	993067
▼ Onion Powder	organic	1kg	20.65	993068
▲ Peppercorns White Whole	organic	1kg	43.25	993103
▲ Sage	organic	1kg	20.60	993120
▼ Star Anise	organic	1kg	38.10	993122

## Pasta

### Amisa - gluten-free

▲ Buckwheat Fusilli - 100%	organic	10x500g	35.90	4.79	130203
▲ Buckwheat Spaghetti - 100%	organic	12x500g	43.10	4.79	130204

### BioFair - gluten-free

◆ Rice Quinoa Fusilli	organic	6x250g	17.05	3.79	130450
◆ Rice Quinoa Spaghetti	organic	12x250g	34.10	3.79	130452

### Biona - spelt

▲ Spelt Fusilli - wholemeal	organic	10x500g	22.40	2.99	130352
▲ Spelt Penne - wholemeal	organic	10x500g	22.40	2.99	130357
▲ Spelt Spaghetti - wholemeal	organic	12x500g	26.90	2.99	130360
▲ White Spelt Fusilli	organic	10x500g	26.15	3.49	140170
▲ White Spelt Penne	organic	10x500g	26.15	3.49	140175
▲ White Spelt Spaghetti	organic	12x500g	31.40	3.49	140165
▲ White Spelt Spinach Tagliatelli	organic	10x250g	19.40	2.59	140180

### Explore Cuisine - vegan - gluten-free

☆ Black Soybean Spaghetti	organic	6x200g	13.90	3.09	130705
◆ Chickpea Fusilli	organic	6x250g	13.90	3.09	130708
◆ Edamame & Mung Bean Fettuccine	organic	6x200g	13.90	3.09	130715
◆ Edamame Bean Spaghetti	organic	6x200g	13.90	3.09	130707
◆ Edamame Lasagne	organic	6x120g	13.90	3.09	130711
◆ Red Lentil Elbows	organic	6x225g	13.90	3.09	130712
◆ Red Lentil Penne	organic	6x225g	13.90	3.09	130713

### La Terra E Il Cielo - speciality pasta

▲ White Fusilli	organic	12x500g	17.90	1.99	131304
▲ White Linguine (Flat Spaghetti)	organic	12x500g	17.90	1.99	131312
▲ White Penne	organic	12x500g	17.90	1.99	131305
▲ White Spaghetti	organic	12x500g	17.90	1.99	131306
▲ White Tagliatelle	organic	12x250g	25.10	2.79	131307

### Profusion - protein rich - gluten-free - dried at 42 degrees C

▲ Yellow Lentil Lasagne Sheets	organic	12x250g	42.20	4.69	132120
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## Bread, Rice Cakes, Crackers etc

### Amisa - gluten-free

◆ Buckwheat Crispbread	organic	12x120g	26.00	2.89	169852
◆ Chestnut Crispbread	organic	12x100g	21.50	2.39	169853
◆ Chickpea Crispbread	organic	12x100g	19.70	2.19	169859
▲ Classic Baguette French Style	organic	9x180g	23.55	3.49	169863
▲ Olive Ciabatta Bread	organic	9x180g	25.55	3.79	169854
◆ Protein Lentil Crispbread	organic	12x100g	20.60	2.29	169860
◆ Quinoa Fibre Plus Crispbread	organic	12x100g	17.00	1.89	169865
◆ Rice & Corn Crispbread	organic	12x120g	18.80	2.09	169851
◆ Veggie Garden Crispbread	organic	12x100g	17.00	1.89	169870

### Biona

▲ Multiseed Bread Roll Selection	organic	6x300g	17.95	3.99	170179
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### Biona - with gluten

▲ Strawberry Yoghurt Coated Ricecakes	organic	12x100g	24.65 V	3.29	170152
▲ Yoghurt Coated Ricecakes	organic	12x100g	24.65 V	3.29	170153

### Biona - Bio-Diet, gluten-free wholegrain

▲ Rice & Sunflower Seed Bread	organic	6x500g	28.30	6.29	170174
▲ Rice Bread - large	organic	6x500g	26.50	5.89	170173

### Biona - gluten-free

▲ Ricecakes no salt	organic	12x100g	15.20	1.69	170145
▲ Ricecakes with salt	organic	12x100g	15.20	1.69	170140

### Biona - long life pumpnickel style - wheat free

▲ Rye with Sunflower Bread	organic	7x500g	14.65	2.79	170168
▲ Vitality Rye Bread - sprouted seeds	organic	7x500g	15.15	2.89	170175

### Clearspring - Rice Crackers

◆ Black Sesame Brown Rice Crackers	organic	12x40g	20.60	2.29	750298
◆ Brown Rice Crackers Black Pepper & Tamari	organic	12x40g	20.60	2.29	750299
◆ Whole Sesame Brown Rice Crackers	organic	12x40g	20.60	2.29	750297

### Dillon

◆ Keto Bagel Original Flax	organic	6x150g	26.95	5.99	170558
◆ Keto Bread Beetroot Flax	organic	6x250g	22.45	4.99	170533
◆ Keto Bread Chia Flax	organic	6x250g	22.45	4.99	170534
◆ Keto Bread Original Flax	organic	6x250g	22.45	4.99	170535
◆ Olive Gluten Free Bread	organic	4x275g	14.95	4.98	170536
◆ Seeded Gluten Free Bread	organic	4x275g	14.95	4.98	170537

### Kallo Foods - gluten-free

▲ Blueberry & Vanilla Rice Cakes		6x131g	14.30	3.18	173293
▲ Corn Cakes Thins Square Lightly Salted	organic	12x130g	21.80	2.42	173295
▲ Dark Chocolate Rice Cake Thins	organic	22x75g	54.55 V	3.97	173087
▲ Lentil & Pea Veggie Cakes - Beetroot		6x122g	17.25	3.83	173296
▲ Lentil & Pea Veggie Cakes Caramelised Onion		6x122g	17.25	3.83	173001
▲ Lentil & Pea Veggie Cakes - Sea Salt & Cider Vinegar		6x122g	17.25	3.83	173002
▲ Lentil & Pea Veggie Cakes - Spinach & Pesto		6x122g	17.25	3.83	173003
▲ Lentil & Pea Veggie Cakes - Sweet Chilli		6x122g	17.25	3.83	173008
▲ Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.90	1.21	173297
▲ Milk Chocolate Rice Cake Thins	organic	22x75g	52.95 V	3.85	173091
▲ Protein Packed Lentil Cakes		6x100g	11.80	2.62	173300
▲ Strawberry Puffed Oat Cakes		6x118g	17.95	3.99	173006
▲ Thick No Salt Rice Cakes	organic	12x130g	20.55	2.28	173010
▲ Thick Salted Rice Cakes	organic	12x130g	20.60	2.29	173005

### Profusion - long life

▲ Hemp Sorghum Thins	organic	12x120g	25.10	2.79	175555
▲ Rye & Flax Protein Bread	organic	9x250g	23.55	3.49	175540

## Biscuits and Cakes

### Biona - cookies

▲ Blueberry-filled Cookies	organic	12x175g	30.50	3.39	180432
▲ Raspberry-filled Cookies	organic	12x175g	30.50	3.39	180434

### Biona - syrup waffles

▲ Honey Syrup Waffles	organic	12x175g	31.40	3.49	180447
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### Clearspring Oat biscuits

◆ Matcha Oat Biscuits	organic	12x40g	13.40	1.49	180480
◆ Miso Maple Oat Biscuits	organic	12x40g	13.40	1.49	180481
◆ Sweet Date Oat Biscuits	organic	12x40g	13.40	1.49	180482

### Freee - from Doves Farm - gluten-free - vegan

◆ Lemon Zest Cookie	organic	12x150g	17.80	1.98	181525
◆ Stem Ginger Cookies	organic	12x150g	17.80	1.98	181542

### Island Bakery

◆ Apple Crumbles	organic	12x125g	35.35	3.93	182940
◆ Chocolate Gingers	organic	12x133g	37.05 V	4.94	182946
◆ Lemon Melts	organic	12x133g	37.05 V	4.94	182952
◆ Lime Melts	organic	12x133g	37.05 V	4.94	182950
◆ Oat Crumbles	organic	12x125g	29.80	3.31	182954
◆ Orange Melts	organic	12x133g	37.05 V	4.94	182956
◆ Shortbread	organic	12x125g	29.80	3.31	182957

### Nairn's Oat Biscuits - wheat-free

◆ Chocolate Orange Oat Biscuits		6x200g	9.00	2.01	182391
◆ Coconut & Chia Oat Biscuits		10x200g	15.00	2.01	182393
◆ Dark Chocolate Chip Oat Biscuits		8x200g	12.00	2.01	182392
◆ Mixed Berries Oat Biscuits		10x200g	15.00	2.01	182387
◆ Stem Ginger Oat Biscuits		10x200g	15.00	2.01	182390

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

### Sweet FA gluten free vegan cookies from Island Bakery

◆	Cranberry & Orange Cookies	organic	12x125g	32.90	3.66	18 2 4 8 0
◆	Double Choc Chip Cookies	organic	12x125g	32.90	3.66	18 2 4 8 2
◆	Oat & Raisin Cookies	organic	12x125g	32.90	3.66	18 2 4 8 4
◆	Peanut Butter Cookies	organic	12x125g	32.90	3.66	18 2 4 8 6

### Oils & Fats

#### Abea - Cretan oil

▼	Olive Oil Pomace - tin		1x5l	26.90	35.87	2 2 0 5 9 7
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#### Biona Oils - not heat extracted

▲	470ml Mild Coconut Oil Cuisine	organic	6x470ml	26.95	5.99	2 0 0 4 0 8
▲	610ml Mild Coconut Oil Cuisine	organic	6x610ml	32.80	7.29	2 0 0 4 0 7

### Nut Butter, Pâté, Spreads & Jam

#### Biona - Chocolate Spreads

▲	Chocolate Spread - vegan	organic	6x350g	26.95	5.99	2 5 0 1 5 0
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#### Biona - Nut & Seed Butters

◆	Cashew Butter	organic	6x170g	22.45	4.99	2 5 0 2 1 0
◆	Hazel Butter	organic	6x170g	34.60	7.69	2 5 0 2 1 5
◆	Mixed Nut Butter	organic	6x170g	20.20	4.49	2 5 0 2 1 7
◆	Salted Dark Roast Peanut Butter Smooth	organic	6x250g	19.30	4.29	2 5 0 2 1 3
◆	Salted Peanut Butter Crunchy - tub	organic	6x1kg	51.70	11.49	2 5 0 2 2 4
◆	Unsalted Peanut Butter Smooth - tub	organic	6x1kg	51.70	11.49	2 5 0 2 1 8
◆	White Almond Butter - unroasted	organic	6x170g	31.45	6.99	2 5 0 2 0 7

#### Bonsan organic vegan spreads - glass

◆	Beetroot Horseradish Spread	organic	6x130g	13.45	2.99	2 9 0 7 7 0
◆	Cashew Chive - cheese free spread	organic	6x135g	17.05	3.79	2 9 0 7 7 3
◆	Red Pepper & Cashew Spread	organic	6x130g	13.45	2.99	2 9 0 7 7 4
◆	Toscana Style - cream cheese alternative	organic	6x135g	13.00	2.89	2 9 0 7 7 5

#### Essential - organic spreads

▲	Dark Chocolate Spread - no palm oil - vegan	organic	6x400g	27.40	6.09	2 5 0 6 0 6
▲	Hazelnut Chocolate Spread - no palm oil - vegan	organic	6x400g	25.15	5.59	2 5 0 6 0 8

#### Meridian

◆	Bulk Peanut Butter Crunchy 100% - plastic		6x1kg	38.20	8.49	2 5 1 5 6 5
◆	Bulk Peanut Butter Smooth 100% - plastic		6x1kg	38.20	8.49	2 5 1 6 0 5
◆	Bulk Smooth Almond Butter 100% - plastic		6x1kg	77.60	17.24	2 5 1 5 0 4
◆	Peanut Butter Crunchy 100% - glass		6x470g	21.15	4.69	2 5 1 5 6 6
◆	Peanut Butter Smooth 100% - glass		6x470g	21.15	4.69	2 5 1 6 0 6
◆	Protein Smooth Peanut Butter 100%		3x700g	16.40	7.30	2 5 1 6 1 1
◆	Smooth Almond Butter 100%		6x470g	38.25	8.49	2 5 1 5 1 1

#### St Dalfour Spreads

◆	Apricot Spread		6x284g	15.00	3.33	2 6 1 2 4 0
◆	Black Cherry Spread		6x284g	15.00	3.33	2 6 1 2 4 2
◆	Blueberry Spread		6x284g	15.20	3.38	2 6 1 2 4 4
◆	Four Fruits Spread		6x284g	15.00	3.33	2 6 1 2 4 5
◆	Orange & Ginger		6x284g	15.00	3.33	2 6 1 2 4 8
◆	Orange Spread		6x284g	15.20	3.38	2 6 1 2 4 6
◆	Raspberry Spread		6x284g	15.20	3.38	2 6 1 2 4 9
◆	Strawberry Spread		6x284g	15.20	3.38	2 6 1 2 5 0

#### Tartex - in tubes

▲	Classic Pâté	organic	12x200g	38.30	4.26	2 6 2 1 0 5
▲	Herb & Garlic Pâté	organic	12x200g	38.30	4.26	2 6 2 1 2 5
▲	Herb Pâté	organic	12x200g	38.30	4.26	2 6 2 1 2 0
▲	Mushroom Pâté	organic	12x200g	38.30	4.26	2 6 2 1 3 0

### Honey, Syrup, Sugar & Sweeteners

#### Biona FairTrade - boxed

▲	Rapadura Whole Cane Sugar	organic	5x500g	19.45	5.19	3 2 1 3 1 0
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#### Dillon

◆	Chicory Fibre Syrup		6x230g	35.95	7.99	3 1 2 0 2 0
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### Forest Wholefoods - jar

▲	Raw Acacia Honey	organic	6x500g	40.45	8.99	3 2 1 4 4 1
▲	Raw Lavender Honey	organic	6x500g	40.45	8.99	3 2 1 4 4 2
▲	Raw Wildflower Honey	organic	6x500g	40.45	8.99	3 2 1 4 4 3

#### St Lawrence Gold Canadian Maple Syrup

◆	Maple Sugar Granulated - glass	organic	12x125g	65.60	7.29	3 1 6 5 2 2
◆	Maple Syrup - amber grade A - glass	organic	12x330g	69.15	7.68	3 1 6 5 1 5
◆	Maple Syrup - amber grade A - plastic jug	organic	12x500ml	128.55	14.28	3 1 6 5 1 7
◆	Maple Syrup - amber grade A - plastic jug	organic	1x1l	20.70	27.60	3 1 6 5 1 8
◆	Maple Syrup - dark grade A - bag in box	organic	5l	86.60	17.32	3 1 6 5 2 1
◆	Maple Syrup - dark grade A - glass	organic	12x330g	69.15	7.68	3 1 6 5 1 6
◆	Pure Maple Butter	organic	12x160g	72.00	8.00	3 1 6 5 2 4

### Olives, Pickles and Preserved Vegetables

#### Epikouros Organic Olives - exclusive to Infinity Foods

◆	Green Olives	organic	6x200g	16.00	3.56	3 5 0 3 0 0
◆	Green Olives Pitted	organic	6x170g	16.95	3.77	3 5 0 3 0 5
◆	Kalamata Olives	organic	6x200g	17.60	3.91	3 5 0 3 1 0
◆	Kalamata Olives Pitted	organic	6x170g	18.55	4.12	3 5 0 3 1 5
◆	Mixed Olives	organic	6x200g	16.95	3.77	3 5 0 3 2 0
◆	Mixed Olives Pitted	organic	6x170g	17.90	3.98	3 5 0 3 2 5

#### Morgiel

◆	Beetroot & Horseradish Relish	organic	6x300g	14.00	3.33	3 5 0 4 0 0
◆	Gherkins in Brine	organic	6x820g	18.40	4.38	3 5 0 4 1 0
◆	Pickled Baby Beetroots	organic	6x300g	14.00	3.33	3 5 0 4 0 2
◆	Pickled Gherkins with Red Peppers	organic	6x670g	17.60	4.19	3 5 0 4 0 4
◆	Plain Sauerkraut	organic	6x680g	14.00	3.33	3 5 0 4 0 6
◆	Sauerkraut with Carrot	organic	6x680g	14.00	3.33	3 5 0 4 0 8

### Sauces, Fruit and Vegetable Products

#### Biona - Canned Veg Products

▲	Coconut Milk (17% fat) - 4 Pack	organic	6x4x400ml	40.45	8.99	3 9 0 1 8 9
▲	Coconut Milk (17% fat) - large	organic	6x400ml	11.20	2.49	3 9 0 1 9 5
▲	Coconut Milk (17% fat) - small	organic	8x200ml	11.30	1.88	3 9 0 1 9 6
▲	Coconut Whipping Cream	organic	6x400ml	15.70	3.49	3 9 0 2 0 0
▲	Green Curry Coconut Milk	organic	6x400ml	14.35	3.19	3 9 0 2 0 2
▲	Light 9% fat Coconut Milk	organic	6x400ml	9.85	2.19	3 9 0 1 9 7

#### Biona - Fruit Products

▲	Apple & Apricot Purée - jar	organic	6x360g	12.10	2.69	3 9 0 1 0 6
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#### Biona - Sauces, Mustards, Pastes, Relish

◆	Aubergine Pesto	organic	6x140g	14.80	3.29	3 5 0 6 0 3
◆	Garlic & Ginger Paste	organic	6x130g	14.35	3.19	3 9 0 0 8 9
◆	Garlic Paste	organic	6x130g	14.35	3.19	3 9 0 0 8 8
◆	Ginger Paste	organic	6x130g	14.35	3.19	3 9 0 0 9 0
◆	Ginger Turmeric Paste	organic	6x130g	14.35	3.19	3 9 0 0 8 7
◆	Green Pesto with pine kernels	organic	6x120g	19.30	4.29	3 9 0 1 1 8
▲	Hot Pepper Sauce (tabasco) - gluten-free	organic	6x140ml	19.30	4.29	3 9 0 0 9 8
◆	Red Pesto with SD tomatoes	organic	6x120g	16.15	3.59	3 9 0 1 2 3
☆	Squeazy Original Mayonnaise	organic	6x270g	21.10	4.70	3 9 0 1 8 6

#### Biona - Tomato Products

▲	Tomatoes Chopped - bulk	organic	6x2.5kg	31.45	6.99	3 9 0 1 1 2
◆	Tomatoes Chopped Peeled - 4 Pack	organic	6x4x400g	24.25	5.39	3 9 0 1 7 9
◆	Tomatoes Chopped with Basil	organic	12x400g	14.30	1.59	3 9 0 1 0 7
◆	Tomatoes Chopped with Garlic & Oregano	organic	12x400g	17.00	1.89	3 9 0 1 1 1

#### Bonsan - organic vegan Sauces, Mustards, Pastes, Relish

▲	Sweet Mustard Dressing	organic	6x310ml	20.65	4.59	3 5 0 7 4 1
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#### Essential Trading

▼	Chopped Tomatoes	organic	12x400g	13.05	1.45	3 9 1 2 3 5
▼	Tom Purée Tube Double Conc. - tube	organic	12x130g	18.40	2.04	3 9 1 2 3 0

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

## Convenience Foods

### Biona - tinned beans & pulses

◆ Black Beans - BPA-free can	organic	6x400g	6.25	1.39	<b>390121</b>
◆ Black Beluga Lentils in tins	organic	6x400g	8.05	1.79	<b>390124</b>
◆ Chickpeas in tins	organic	6x400g	6.70	1.49	<b>390145</b>
▲ Green Lentils in tins	organic	6x400g	6.70	1.49	<b>390147</b>
◆ Red Kidney Beans in tins	organic	6x400g	8.05	1.79	<b>390150</b>

### Bold Bean Co. - in a jar

◆ Queen Blackbean		6x570g	16.40	3.64	<b>390263</b>
◆ Queen Borlotti Beans		6x570g	16.40	3.64	<b>390257</b>
☆ Queen Butter Beans		6x570g	16.40	3.64	<b>390264</b>
◆ Queen Carlin Peas		6x570g	16.40	3.64	<b>390259</b>
◆ Queen Chickpeas		6x570g	16.40	3.64	<b>390266</b>
☆ Queen Chickpeas	organic	6x570g	16.40	3.64	<b>390268</b>
☆ Queen Red Kidney Beans		6x570g	16.40	3.64	<b>390267</b>
☆ Queen White Beans - was Queen Cannellini		6x570g	16.40	3.64	<b>390265</b>
◆ White Beans	organic	6x570g	16.40	3.64	<b>390269</b>

### Free & Easy - canned low salt organic soups

▲ Broccoli & Kale Soup - low salt	organic	6x400g	11.65	2.59	<b>441138</b>
▲ Butternut Squash, Sweet Potato & Turmeric Soup - LS	organic	6x400g	11.65	2.59	<b>441140</b>
▲ Carrot & Coriander Soup - low salt	organic	6x400g	11.65	2.59	<b>441142</b>
▲ Sweet Potato & Quinoa Soup - low salt	organic	6x400g	11.65	2.59	<b>441144</b>

### Free & Easy - canned organic soups

▲ Broccoli & Kale Soup	organic	6x400g	11.65	2.59	<b>441120</b>
▲ Butternut Squash & Ginger Soup	organic	6x400g	11.65	2.59	<b>441122</b>
▲ Carrot & Coconut Soup	organic	6x400g	11.65	2.59	<b>441125</b>
▲ Lentil & Red Pepper Soup	organic	6x400g	11.65	2.59	<b>441127</b>
▲ Pea & Mint Soup	organic	6x400g	11.65	2.59	<b>441130</b>
▲ Sweet Potato & Chia Seed Soup	organic	6x400g	11.65	2.59	<b>441132</b>
▲ Tomato Soup	organic	6x400g	11.65	2.59	<b>441135</b>

### Free & Easy gluten-free, vegan baking mixes

▲ Breakfast Pancake Mix		4x230g	10.75	3.58	<b>441090</b>
▲ Middle Eastern Flatbread Mix		4x250g	10.75	3.58	<b>441092</b>
▲ Yorkshire Pudding Mix		4x155g	9.40	3.13	<b>441098</b>

### Free & Easy ready meals - vegan - gluten-free - can

▲ Bean Cassoulet	organic	6x400g	15.50	3.44	<b>441075</b>
▲ Chickpea & Bean Tagine	organic	6x400g	15.50	3.44	<b>441077</b>
▲ Chickpea & Vegetable Curry	organic	6x400g	15.50	3.44	<b>441080</b>
▲ Middle Eastern Chickpea Casserole	organic	6x400g	15.50	3.44	<b>441081</b>
▲ Sweet Potato Coconut & Kale Curry	organic	6x400g	15.50	3.44	<b>441083</b>
▲ Three Bean Chilli	organic	6x400g	15.50	3.44	<b>441082</b>
▲ Vegetable Balti	organic	6x400g	15.50	3.44	<b>441085</b>
▲ Vegetable Hot Pot	organic	6x400g	15.50	3.44	<b>441087</b>

### Free & Easy sauce mixes - vegan

▲ Dairy Free Cheese Flavour Sauce Mix		6x130g	14.15	3.14	<b>441110</b>
▲ Gluten-free Gravy Sauce Mix		6x130g	11.90	2.64	<b>441115</b>

### RIFCo - Really Interesting Food Company - vegan gluten-free

▲ Balinese Lentil & Red Pepper Soup	organic	6x400g	11.65	2.59	<b>443780</b>
▲ Mexican Bean Soup	organic	6x400g	11.65	2.59	<b>443782</b>
▲ Moroccan Chickpea Soup	organic	6x400g	11.65	2.59	<b>443784</b>
▲ Spanish Chickpea Casserole	organic	6x400g	16.60	3.69	<b>443788</b>
▲ Sri Lankan Lentil & Coconut Soup	organic	6x400g	11.65	2.59	<b>443790</b>
▲ Thai Green Curry	organic	6x400g	16.60	3.69	<b>443786</b>
▲ Thai Temple Curry	organic	6x400g	16.60	3.69	<b>443792</b>

### Suma - baked beans and canned meals

◆ Aloo Sag - Potatoes & Spinach	organic	12x400g	30.50	3.39	<b>444489</b>
◆ Baked Beans & Lincoln Vegan Sausages		12x400g	26.90	2.99	<b>444492</b>
◆ Chickpea & Lentil Daal	organic	12x400g	23.35	2.59	<b>444496</b>
◆ Mac 'N' Cheeze		12x400g	26.90	2.99	<b>444493</b>
◆ Spicy Chorizo Vegan Stew		12x400g	23.35	2.59	<b>444503</b>
◆ Vegan Meatball Bolognese		12x400g	27.00	3.00	<b>444498</b>
◆ Vegetable Stew & Dumplings		12x400g	23.35	2.59	<b>444504</b>

### Suma - beans & pulses easy-open cans

◆ Green Lentils	organic	12x400g	11.60	1.29	<b>445512</b>
◆ Mixed Beans	organic	12x400g	11.60	1.29	<b>445514</b>

### Suma - soup in easy-open cans

◆ Chik'n Soup		12x400g	22.40	2.49	<b>445585</b>
◆ Minestrone Soup	organic	12x400g	22.40	2.49	<b>445586</b>
◆ Mushroom Soup	organic	12x400g	22.40	2.49	<b>445587</b>
◆ Pea & Vegan Ham Soup		12x400g	22.40	2.49	<b>445591</b>
◆ Pea Soup	organic	12x400g	22.40	2.49	<b>445589</b>
◆ Rustic Vegetable Soup	organic	12x400g	20.60	2.29	<b>445590</b>
◆ Spicy Lentil Soup	organic	12x400g	20.60	2.29	<b>445594</b>
◆ Tomato Soup	organic	12x400g	20.60	2.29	<b>445597</b>
◆ Tuscan Bean Soup	organic	12x400g	18.80	2.09	<b>445598</b>

## Teas - Herb

### Clipper Infusions - envelope-string-tag

▲ Blackcurrant & Blueberry Infusion	organic	4x20bgs	9.55	3.18	<b>560421</b>
▲ Chamomile & Peach Infusion	organic	4x20bgs	9.55	3.18	<b>560422</b>
▲ Chamomile Lemon & Honey Infusion	organic	4x20bgs	9.55	3.18	<b>560431</b>
▲ Cleanse With Benefits - citrus nettle fennel	organic	4x20bgs	9.55	3.18	<b>560364</b>
▲ Ginger & Turmeric	organic	4x20bgs	9.55	3.18	<b>560362</b>
▲ Lemon and Ginger Infusion	organic	4x20bgs	9.55	3.18	<b>560400</b>
▲ Liquorice & Mint Infusion	organic	4x20bgs	9.55	3.18	<b>560401</b>
▲ Orange & Turmeric Infusion	organic	4x20bgs	9.55	3.18	<b>560426</b>
▲ Peppermint & Spearmint Infusion	organic	4x20bgs	9.55	3.18	<b>560428</b>
▲ Sleep Time - chamomile & lemonbalm etc	organic	4x20bgs	9.55	3.18	<b>560371</b>

### Clipper Redbush/Rooibos

▲ Redbush Tea Bags	organic	6x80bgs	23.20	5.16	<b>560430</b>
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### English Tea Shop

▲ Chamomile Tea Bags	organic	6x20bgs	12.90	2.87	<b>544130</b>
▲ Lemongrass Citrus & Ginger Tea Bags	organic	6x20bgs	12.90	2.87	<b>544132</b>
▲ Perfect Peppermint - FT - Tea Bags	organic	6x20bgs	12.90	2.87	<b>544134</b>
▲ Rooibos - FT - Tea Bags	organic	6x20bgs	12.95	2.88	<b>544136</b>

### Essential

◆ Camomile Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571906</b>
◆ Fennel Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571907</b>
◆ Ginger & Lemon Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571908</b>
◆ Hibiscus Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571909</b>
◆ Liquorice Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571911</b>
◆ Peppermint & Spearmint Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571912</b>
◆ Peppermint Tea Sachets	organic	4x20bgs	9.00	3.00	<b>571913</b>

### Hampstead - string & tag envelope- infusion

▲ Camomile Mellow	organic	4x20bgs	11.95	3.99	<b>560808</b>
▲ Digest Well - was Fennel & Peppermint	demeter	4x20bgs	11.95	3.99	<b>560810</b>
◆ Herbal Harmonies Selection Pack	demeter	4x20bgs	11.95	3.99	<b>560809</b>
▲ Lemon Ginger	demeter	4x20bgs	11.95	3.99	<b>560815</b>
▲ Meditate Lavender & Valerian	demeter	4x20bgs	11.95	3.99	<b>560823</b>
▲ Peppermint & Spearmint	demeter	4x20bgs	11.95	3.99	<b>560820</b>
▲ Rooibos	organic	4x20bgs	11.95	3.99	<b>560824</b>
▲ Rosehip Hibiscus	organic	4x20bgs	11.95	3.99	<b>560825</b>
▲ Sleep Well	organic	4x20bgs	11.95	3.99	<b>560826</b>
▲ Turmeric & Cinnamon	organic	4x20bgs	11.95	3.99	<b>560828</b>

### Organic Herb Trading Co. organic loose tea

▲ Hibiscus Flower Pieces - teabag cut	organic	1x500g	12.15	16.20	<b>560856</b>
▲ Rooibos Leaf	organic	1x500g	18.30	24.42	<b>560857</b>

### Pukka - Ayurvedics - tea bags

◆ After Dinner	organic	4x20bgs	14.85	4.96	<b>561500</b>
◆ Chamomile, Vanilla & Manuka Honey	organic	4x20bgs	14.85	4.96	<b>561490</b>
◆ Elderberry & Echinacea	organic	4x20bgs	14.85	4.96	<b>561501</b>
◆ Herbal Tea collection	organic	4x20bgs	16.45	5.48	<b>561494</b>
◆ Lemon, Ginger & a touch of Manuka	organic	4x20bgs	14.85	4.96	<b>561504</b>
◆ Lemon, Ginger & a touch of Manuka	organic	4x40bgs	21.30	7.10	<b>561519</b>
◆ Lemongrass & Ginger	organic	4x20bgs	14.85	4.96	<b>561495</b>
◆ Morning Berry - rooibos, ginseng, blackcurrant	organic	4x20bgs	14.85	4.96	<b>561521</b>

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

◆ Night Time	organic	4x40bgs	21.30	7.10	561528
◆ Night Time Apple Chai	organic	4x20bgs	14.85	4.96	561529
◆ Night Time Berry	organic	4x20bgs	14.85	4.96	561516
◆ Night Time Tea	organic	4x20bgs	14.85	4.96	561530
◆ Peace - chamomile, spearmint, hemp, licorice	organic	4x20bgs	14.85	4.96	561531
◆ Peppermint & Licorice	organic	4x20bgs	14.85	4.96	561506
◆ Radiance - nettle, fennel & aloe vera	organic	4x20bgs	14.85	4.96	561518
◆ Relax - chamomile, fennel & marshmallow	organic	4x20bgs	14.85	4.96	561510
◆ Three Chamomile	organic	4x20bgs	14.85	4.96	561532
◆ Three Ginger	organic	4x20bgs	14.85	4.96	561540
◆ Three Mint	organic	4x20bgs	14.85	4.96	561545
◆ Three Mint	organic	4x40bgs	21.30	7.10	561547
◆ Turmeric Ginger & Orange	organic	4x20bgs	14.85	4.96	561511
◆ Uplift Citrus Yerba Green	organic	4x20bgs	14.85	4.96	561524
◆ Vanilla Spice Chai - cinnamon & sweet vanilla	organic	4x20bgs	14.85	4.96	561520
◆ Wild Apple Cinnamon with Ginger	organic	4x20bgs	14.85	4.96	561554

#### Taka Turmeric Tea Bags

◆ Chamomile Rosehip Turmeric Tea Bags	organic	4x15bgs	12.25	4.08	561588
◆ Ginger Lemon Turmeric Tea Bags	organic	4x15bgs	12.25	4.08	561590
◆ Hibiscus Cinnamon Turmeric Tea Bags	organic	4x15bgs	12.25	4.08	561592
◆ Rooibos Honeybush Turmeric Tea Bags	organic	4x15bgs	12.25	4.08	561597

#### the herbtender - mushroom tea

◆ And Breathe	organic	4x18bgs	14.65	4.88	561599
◆ Good Morning	organic	4x18bgs	14.65	4.88	561600
◆ Good Night	organic	4x18bgs	14.65	4.88	561601
◆ Pure Focus	organic	4x18bgs	14.65	4.88	561602
◆ Vital Glow	organic	4x18bgs	14.65	4.88	561603

#### Yogi Tea - Ayurvedic Tea Bags

◆ Breathe Deep Tea	organic	6x17bgs	12.35	2.75	571955
◆ Echinacea Tea	organic	6x17bgs	12.35	2.75	571710

#### Yogi Tea - women's ayurvedic tea

◆ Women's Balance Tea	organic	6x17bgs	12.35	2.75	571996
◆ Women's Energy Tea	organic	6x17bgs	12.35	2.75	571730

### Teas - Black, Green & White

#### Clearspring - Japanese

◆ Genmaicha Green Tea bags	organic	4x20bgs	10.45	3.49	500541
◆ Genmaicha Roasted Rice Tea - loose	organic	6x90g	31.45	6.99	500543
◆ Hojicha Roasted Green Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500526
◆ Japanese Hojicha, Roasted Green Tea - loose	organic	6x70g	23.80	5.29	500528
◆ Kukicha Roasted Twig Tea - loose	organic	6x90g	19.75	4.39	500506
◆ Kukicha Roasted Twig Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500516
◆ Matcha Genmaicha Green Tea Bags	organic	4x20bgs	11.95	3.99	500554
◆ Matcha Ginger Green Tea Bags	organic	4x20bgs	11.95	3.99	500556
◆ Matcha Sencha Green Tea Bags	organic	4x20bgs	11.95	3.99	500551
◆ Matcha Sencha Green Tea loose - tin	organic	6x85g	58.45	12.99	500561
◆ Matcha Three Mint Green Tea Bags	organic	4x20bgs	11.95	3.99	500558
◆ Matcha Turmeric Green Tea Bags	organic	4x20bgs	11.95	3.99	500560
◆ Oolong Semi-Fermented Blue Tea Bags	organic	4x20bgs	11.95	3.99	500557
◆ Sencha Green Tea Bags - boxed	organic	4x20bgs	10.45	3.49	500521
◆ Sencha Traditional Green Tea - loose	organic	6x90g	33.70	7.49	500536

#### Clipper - Fair Trade - string, tag & envelope

▲ Fairtrade Everyday Tea Bags - food service		6x100bgs	36.85		590810
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#### Clipper - black tea

▲ Everyday Decaffeinated Tea Bags	organic	6x40bgs	19.95	4.43	580332
▲ Everyday Tea Bags	organic	4x80bgs	14.00	4.67	580331
▲ Fairtrade Everyday Tea Bags	organic	6x40bgs	16.40	3.64	580328
▲ Fairtrade Everyday Tea Bags	organic	4x80bgs	14.75	4.92	580329
▲ Fairtrade Decaffeinated Tea Bags	organic	4x80bgs	22.85	7.62	580334

#### Clipper - Fair Trade - string, tag & envelope

▲ Earl Grey - food service	organic	250bgs	21.95		580320
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#### Clipper - green tea - Fairtrade

▲ Decaffeinated Green Tea Bags	organic	6x40bgs	20.80	4.62	590707
▲ Green Fairtrade Teabags - 40's	organic	6x40bgs	17.35	3.86	590634
▲ Green Fairtrade Teabags - 80's	organic	4x80bgs	16.40	5.47	590630
▲ Green Tea & Lemon Fairtrade Teabags - 80's	organic	4x80bgs	16.40	5.46	590639
▲ Green Tea with Lemon Bags	organic	6x20bgs	14.70	3.27	590641
▲ Pure Green Fairtrade - bags	organic	6x20bgs	14.70	3.27	590638

#### Clipper - white tea

▲ 26 bag White Tea Bags	organic	6x26bgs	12.70	2.82	590682
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#### Clipper FairTrade - black tea

▲ Assam Tea Bags	organic	6x40bgs	14.25	3.17	580310
▲ Breakfast Fairtrade 40 Tea Bags	organic	6x40bgs	16.60	3.69	580314
▲ Decaf Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	19.95	4.43	580308
▲ Earl Grey Fairtrade Tea Bags - 40's	organic	6x40bgs	16.40	3.64	580321
▲ Earl Grey Tea Bags - 80's	organic	6x80bgs	22.95	5.10	580318
▲ English Breakfast Tea Bags - 80's	organic	4x80bgs	15.30	5.11	580330

#### English Tea Shop

▲ Chai Black Tea Bags	organic	6x20bgs	12.90	2.87	560760
▲ Darjeeling Black Tea Bags	organic	6x20bgs	12.90	2.87	560762
▲ Earl Grey Tea Bags - FT	organic	6x20bgs	12.90	2.87	560766
▲ English Breakfast Tea Bags - FT	organic	6x20bgs	12.90	2.87	560764
▲ Luxury Tea Collection - White Tin - 36 bags	organic	6x74g	51.85	11.52	560773
▲ Pure Green Tea Bags	organic	6x20bgs	12.90	2.87	560770

#### Hampstead - Demeter/Organic

▲ Assam Loose	organic	6x100g	31.45	6.99	580479
▲ Assam Tea Bags	organic	4x20bgs	11.95	3.98	580483
◆ Black Tea Bags Selection Pack	organic	4x20bgs	11.95	3.98	580481
▲ Darjeeling Bags	demeter	4x20bgs	11.95	3.98	580493
▲ Darjeeling Loose	demeter	6x100g	31.45	6.99	580470
▲ Earl Grey Loose	demeter	6x100g	31.45	6.99	580459
▲ Earl Grey Tea Bags	demeter	4x20bgs	11.95	3.98	580490
▲ English Breakfast Loose	demeter	6x100g	31.45	6.99	580464
▲ English Breakfast Tea Bags	organic	4x20bgs	11.95	3.98	580491
◆ First Flush Loose	demeter	6x100g	40.45	9.00	580465
▲ Focus Well - was Oriental Chai	organic	4x20bgs	11.95	3.99	580467
▲ French Vanilla Black Tea Bags	demeter	4x20bgs	11.95	3.98	580478
▲ Ginger Green Tea Bags	demeter	4x20bgs	11.95	3.98	580486
▲ Green Tea & Raspberry	organic	4x20bgs	11.95	3.98	580476
▲ Green Tea Bags	demeter	4x20bgs	11.95	3.98	580484
◆ Green Tea Bags Selection Pack	organic	4x20bgs	11.95	3.98	580482
▲ Green Tea Loose - Single Estate	demeter	6x100g	31.45	6.99	580455
▲ Indian Chai - spiced black tea bags	organic	4x20bgs	11.95	3.99	580466
▲ Jasmine Green Tea & Tea Bags	organic	4x20bgs	11.95	3.98	580487
▲ Matcha Green Tea & Nettle Bags	organic	4x20bgs	11.95	3.98	580494
▲ Mint Green Tea Bags	demeter	4x20bgs	11.95	3.98	580489
▲ Oolong Loose	demeter	6x50g	31.45	6.99	580475

#### Pukka - black tea - FairTrade

◆ Elegant English Breakfast	organic	4x20bgs	14.85	4.96	581030
◆ Gorgeous Earl Grey	organic	4x20bgs	14.85	4.96	581032

#### Pukka - chai

◆ Original Chai - cinnamon & cardamom	organic	4x20bgs	14.85	4.96	581050
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#### Pukka - green tea

◆ Mint Matcha Green	organic	4x20bgs	14.85	4.96	580656
◆ Supreme Green Matcha - Fair Trade	organic	4x20bgs	14.85	4.96	580620
◆ Supreme Matcha Green	organic	4x40bgs	21.30	7.11	580625

#### Taka Turmeric tea bags

◆ Masala Chai Turmeric Tea Bags	organic	4x15bgs	12.25	4.08	561598
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#### Yogi green tea bags

◆ Green Energy Tea	organic	6x17bgs	12.35	2.75	571885
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\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

## Coffee

### Cafe Rebelde Zapatista coffee

▼ Zapatista Coffee Beans	organic	10x500g	108.30	14.49	601100
▼ Zapatista Coffee Ground	organic	20x250g	113.40	7.56	601114

### CaféDirect FairTrade R&G

◆ CaféDirect Colombia Reserva - 3		6x200g	30.20	6.70	600481
◆ CaféDirect Decaf Machu Picchu		6x200g	30.20	6.70	600487
◆ CaféDirect Machu Picchu R&G - 4	organic	6x200g	30.20	6.70	600485
◆ CaféDirect Mayan Gold -5	organic	6x200g	30.20	6.70	600489

### CaféDirect roast coffee beans FairTrade

◆ Whole Coffee Beans - Machu Picchu - 4	organic	6x200g	30.20	6.70	600497
◆ Whole Coffee Beans - Mayan Gold - 5	organic	6x200g	30.20	6.70	600499

### Clipper FairTrade

▲ Decaffeinated Coffee R&G	organic	8x227g	54.35	9.06	600592
▲ House Blend Coffee R&G	organic	8x227g	46.30	7.71	600580
▲ Italian Style Coffee R&G	organic	8x227g	46.30	7.71	600587

## Coffee Subs, Malt Drinks, Carob & Cocoa Products

### Clipper

▲ Nocaf	organic	9x100g	22.90	3.39	611314
▲ Wake Up		9x125g	29.70	4.40	611315

### Clipper - FairTrade

▲ Drinking Chocolate - tub		6x250g	24.15	5.36	611305
▲ Instant Hot Chocolate - tub		6x350g	26.05	5.79	611307
▲ Instant Hot Chocolate - tub		4x1kg	56.25	18.73	611310

### Vivani

▲ Fine Cocoa Powder	demeter	8x100g	29.90	4.98	613498
★ Fine Dark Cooking Chocolate	organic	12x150g	53.90	5.99	613500
▲ Fine Drinking Chocolate	demeter	8x300g	44.90	7.48	613499

## Drinks - Herbal, Tonic & Coconut Drinks

### Hip Pop

◆ Berries & Cherries Living Soda		12x330ml	12.45 V	1.66	641634
◆ Ginger & Turmeric Living Soda		12x330ml	12.45 V	1.66	641627
◆ Pink Grapefruit Living Soda		12x330ml	12.45 V	1.66	641624
◆ Tropical Peach Living Soda		12x330ml	12.45 V	1.66	641625

### Living Things Soda - tin

◆ Lemon & Ginger Soda		12x330ml	16.10 V	2.15	641495
◆ Peach & Blood Orange Soda		12x330ml	16.10 V	2.15	641496
◆ Raspberry & Pomegranate Soda		12x330ml	16.10 V	2.15	641497
◆ Rhubarb & Apple Soda		12x330ml	16.10 V	2.15	641498
◆ Watermelon & Lime Soda		12x330ml	16.10 V	2.15	641499

### Suma

◆ Apple Plum & Cinnamon Kombucha	organic	24x250ml	27.05 V	1.80	641021
◆ Ginger Kombucha	organic	24x250ml	27.05 V	1.81	641035
◆ Peach & Turmeric Kombucha	organic	24x250ml	27.05 V	1.81	641036

## Drinks - Fruit and Vegetable Juices, Cordials & Water

### Biona Juices & Drinks - glass bottles

◆ Acerola Cherry Juice - pure 100%	organic	6x330ml	28.05 V	7.49	660675
◆ Blackcurrant Pure Juice - 100%	organic	6x330ml	17.55 V	4.69	660677
▲ Blueberry Juice - 100%	organic	6x330ml	33.30 V	8.89	660685
▲ Cranberry Drink - sweetened	organic	6x750ml	25.05 V	6.69	660711
▲ Cranberry Juice - 100% - small	organic	6x330ml	25.05 V	6.69	660712
▲ Cranberry Juice -100% - large	organic	6x750ml	44.95 V	12.00	660714
▲ Ginger Juice - 100%	organic	6x250ml	22.45 V	5.99	660721
◆ Lemon Juice -100%	organic	6x250ml	10.75	2.39	660723
◆ Lime Juice -100%	organic	6x250ml	13.45	2.99	660724
▲ Pomegranate Juice - 100% - large	organic	6x1l	31.45 V	8.40	660690
▲ Pomegranate Juice -100% - small	organic	6x200ml	11.20 V	2.99	660692
▲ Tart Cherry Juice - 100% - large	organic	6x1l	35.20 V	9.39	660687
▲ Tart Cherry Juice - 100% - small	organic	6x200ml	12.30 V	3.28	660688

### James White - Beet It

◆ 1l Tetra Beetroot Juice - Beet It	organic	8x1l	21.10 V	4.22	664605
◆ Beetroot Juice - Beet It - large - glass	organic	6x750ml	15.10 V	4.02	664555
◆ Beetroot Juice - Beet It - small - glass	organic	24x250ml	29.70 V	1.99	664590
◆ Ginger Beet It - glass	organic	6x750ml	15.50 V	4.13	664595

### James White - Zingers - intense shots

◆ Ginger Zinger - 5 Shots	organic	6x330ml	17.65 V	4.71	664628
▲ Ginger Zinger Shot	organic	15x70ml	17.20 V	1.83	664622
▲ Golden Turmeric Juice Zinger Shot	organic	15x70ml	17.20 V	1.83	664627
▲ Intense Sour Cherry Zinger Shot		15x70ml	17.20 V	1.83	664624
▲ Lime & Chili Zinger Shot	organic	15x70ml	17.20 V	1.83	664620
◆ Turmeric Zinger - 5 Shots	organic	6x330ml	17.65 V	4.71	664630
▲ Xtra Hot Ginger Zinger Shot	organic	15x70ml	17.20 V	1.83	664625

### Oakwood Farm - glass

▲ Adam's Pearmain Apple Juice	organic	6x1l	17.30 V	4.61	662433
▲ Apple Juice Blend	organic	6x1l	17.30 V	4.61	662435
▲ Ashmead's Kernel Apple Juice	organic	6x1l	17.30 V	4.61	662437
▲ Bramley/Dessert Apple Juice Blend	organic	6x1l	17.30 V	4.61	662467
▲ Cox Apple Juice Blend	organic	6x1l	17.30 V	4.61	662440
▲ Fiesta Apple Juice	organic	6x1l	17.30 V	4.61	662445
▲ Goldrush Apple Juice	organic	6x1l	17.30 V	4.61	662446
▲ King's Acre Pippin Apple Juice	organic	6x1l	17.30 V	4.61	662468
▲ Pear Juice	organic	6x1l	17.30 V	4.61	662470
▲ Rubin Apple Juice	organic	6x1l	17.30 V	4.61	662444

### OHMG

◆ OHMG - Blackcurrant & Vitamin C		12x330ml	13.70 V	1.99	662486
◆ OHMG - Peach & Rosemary		12x330ml	13.70 V	1.99	662484
◆ OHMG - Pineapple & Grapefruit		12x330ml	13.70 V	1.99	662485
◆ OHMG - Raspberry & Lemon Balm		12x330ml	13.70 V	1.99	662482
◆ OHMG - Sparkling Magnesium Water		12x330ml	13.70 V	1.99	662480

## Drinks - Soya, Nut and Grain Drinks, Milk & Desserts

### Alpro

▲ Soya unsweetened Drink	organic	8x1l	18.10	3.02	726416
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### Dr Antonio Martins

◆ Coconut Milk - Semi	organic	6x1l	15.65	3.49	726510
◆ Coconut Milk - Whole	organic	6x1l	15.65	3.49	726511

### Kallo Oat Milks

◆ Gluten-free Oat	organic	6x1l	10.10	2.24	725042
◆ Oat & Protein	organic	6x1l	10.10	2.24	725041

### Minor Figures - vegan

◆ Barista Oat (Regenerative)		6x1l	10.80	2.40	723550
◆ Everyday Oat		6x1l	9.65	2.14	723547

### Plamil

▲ Soya Drink	organic	8x1l	17.80	2.97	724002
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### Rude Health

◆ Almond Drink - with rice - Large	organic	6x1l	12.10	2.69	724590
◆ Cashew Drink	organic	6x1l	15.70	3.49	724591
◆ Coconut Drink	organic	6x1l	13.45	2.99	724593
◆ Hazelnut Drink	organic	6x1l	13.45	2.99	724594
◆ Oat Drink	organic	6x1l	11.20	2.49	724595
◆ Soya Drink	organic	6x1l	10.35	2.30	724601
◆ Ultimate Almond - pure almond drink	organic	6x1l	17.30	3.85	724587

### Sojade - plant based drinks & cream

▲ Chocolate Soya Dessert - Custard	organic	8x530g	10.30	1.72	724622
▲ Sojade Cuisine - Soya Cream	organic	8x500ml	13.25	2.21	724618
▲ Sojade Cuisine - Soya Cream	organic	24x200ml	19.30	1.07	724620
▲ Soya + Vanilla	organic	8x1l	14.40	2.40	724615
▲ Soya Natural - unsweetened	organic	8x1l	11.70	1.95	724605
▲ Soya Protein - unsweetened	organic	8x750ml	11.70	1.95	724612
▲ Soya Sweetened with wheat syrup - gluten free	organic	8x1l	13.00	2.17	724611
▲ Vanilla Soya Dessert - Custard	organic	8x530g	10.60	1.77	724624

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

### Sproud pea milk

◆ Sproud - Unsweetened		6x1l	10.00	2.22	7 2 6 5 3 0
◆ Sproud Barista		6x1l	10.00	2.22	7 2 6 5 3 6
◆ Sproud Barista Zero		6x1l	10.00	2.22	7 2 6 5 3 7
◆ Sproud Matcha		6x1l	13.40	2.98	7 2 6 5 3 5
◆ Sproud Vanilla		6x1l	10.00	2.22	7 2 6 5 3 9

### Savoury Snacks

#### Amaizin corn rolls (rolled corn chips)

◆ Tomato Corn Rolls	organic	14x100g	20.85	1.98	7 5 0 1 3 5
◆ Tortilla Rolls - Jalapeño	organic	14x100g	20.85	1.98	7 5 0 1 3 6

#### Amaizin maize chips & dips - gluten-free

◆ Chilli Corn Chips	organic	15x75g	17.90	1.59	7 5 0 1 1 0
◆ Extra Large Natural Corn Chips	organic	10x250g	21.80	2.91	7 5 0 1 2 4
◆ Family Bag Natural Corn Chips	organic	10x150g	15.60	2.08	7 5 0 1 2 3
◆ Natural Corn Chips (small)	organic	15x75g	17.00	1.51	7 5 0 1 0 5
◆ Paprika Corn Chips	organic	15x75g	17.90	1.59	7 5 0 1 2 0
◆ Salsa Chip-Dip - Hot	organic	6x260g	13.00	2.89	7 5 0 1 2 6
◆ Salsa Chip-Dip - Sweet	organic	6x260g	13.00	2.89	7 5 0 1 3 1

#### Clearspring - gluten-free snacking

◆ Roasted Tamari Almonds	organic	15x30g	18.65 V	1.99	7 5 0 2 8 7
◆ Tamari Roasted Cashew Nuts	organic	15x30g	18.65 V	1.99	7 5 0 2 9 0
◆ Tamari Roasted Pumpkin Seeds	organic	15x30g	16.75	1.50	7 5 0 2 9 5

#### DJ&A

◆ Broccoli Florets		12x25g	25.90	3.09	7 5 1 0 7 0
◆ Crispy Beetroot Slices		10x35g	21.60	3.09	7 5 1 0 7 2
◆ Crispy Garlic Cloves		12x45g	25.90	3.09	7 5 1 0 7 3
◆ Mixed Mushroom Crisps		12x30g	25.90	3.09	7 5 1 0 7 4
◆ Pickle-Licious - Pickle Flavoured Cucumber Crisps		9x50g	22.40	3.56	7 5 1 0 7 1
◆ Shiitake Mushroom Crisps		12x30g	25.90	3.09	7 5 1 0 7 5
◆ Shiitake Mushroom Crisps Gravy Flavour		12x30g	25.90	3.09	7 5 1 0 7 6
◆ Shiitake Mushroom Crisps Smoked Chilli & Garlic		12x30g	25.90	3.09	7 5 1 0 7 7
◆ Sugar Snap Pea Crisps		10x30g	21.60	3.09	7 5 1 0 7 8
◆ Yellow Sweet Potato Crisps		10x55g	21.60	3.09	7 5 1 0 7 9

#### Eat Real - hummus chips - large - vegan - gluten-free

◆ Belazu Rose Harissa & Yogurt Hummus Chips		10x110g	16.05	2.29	7 5 1 1 8 9
◆ Caramelised Onion+Balsamic Vinegar Hummus Chips		10x110g	16.05	2.29	7 5 1 1 9 1
◆ Chilli & Lemon Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 3
◆ Chilli Lime & Sea Salt Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 8
◆ Italian Cheese & Black Pepper Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 9
◆ Sea Salt Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 7
◆ Sour Cream & Chives Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 5
◆ Tomato & Basil Hummus Chips - large		10x110g	16.05	2.29	7 5 1 1 9 6

#### Eat Real - hummus chips - small - vegan - gluten-free

◆ Caramelised Onion+Balsamic Vinegar Hummus Chips		18x45g	11.85	0.98	7 5 1 2 0 4
◆ Italian Cheese & Black Pepper Hummus Chips		18x45g	11.85	0.98	7 5 1 2 0 6
◆ Sea Salt Hummus Chips		18x45g	11.85	0.98	7 5 1 2 0 1
◆ Sour Cream & Chives Hummus Chips		18x45g	11.85	0.98	7 5 1 2 0 2
◆ Tomato & Basil Hummus Chips		18x45g	11.85	0.98	7 5 1 2 0 3

#### Eat Real - lentil chips - vegan - gluten-free

◆ Chargrilled Red Pepper Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 1 5
◆ Chilli & Lemon Lentil Chips		18x40g	11.85	0.98	7 5 1 2 2 4
◆ Chilli & Lemon Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 1 7
◆ Creamy Dill Lentil Chips		18x40g	11.85	0.98	7 5 1 2 2 6
◆ Creamy Dill Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 1 8
◆ Greek Cheese Tomato & Herb Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 3 3
◆ Mango & Mint Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 1 9
◆ Sea Salt Lentil Chips		18x40g	11.85	0.98	7 5 1 2 3 1
◆ Sea Salt Lentil Chips - large		10x95g	16.05	2.29	7 5 1 2 2 1

#### Eat Real - quinoa chips - large - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips		10x90g	16.05	2.29	7 5 1 2 5 1
◆ Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	16.05	2.29	7 5 1 2 5 4

#### Eat Real - quinoa chips - small - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips - small		18x40g	11.85	0.98	7 5 1 2 7 1
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### Eat Real - veggie straws - vegan - gluten-free

◆ Veggie Straws - large		10x110g	16.05	2.17	7 5 1 2 8 8
◆ Veggie Straws - small		18x45g	11.85	0.98	7 5 1 2 8 7
◆ Veggie Straws Sea Salt Black Pepper - large		10x110g	16.05	2.17	7 5 1 2 8 9
◆ Veggie Straws Smoked Paprika & Chilli - large		10x110g	16.05	2.17	7 5 1 2 9 1

### Fairfields - potato crisps - vegan - gluten-free

◆ Bacon & Tomato		36x40g	17.75 V	0.80	7 5 1 0 0 0
◆ Bacon & Tomato		10x150g	13.45 V	2.18	7 5 1 0 1 6
◆ Cheese & Onion		36x40g	17.75 V	0.80	7 5 1 0 0 2
◆ Cheese & Onion		10x150g	13.45 V	2.18	7 5 1 0 1 8
◆ Lightly Sea Salted		36x40g	17.75 V	0.80	7 5 1 0 0 4
◆ Lightly Sea Salted		10x150g	13.45 V	2.18	7 5 1 0 2 0
◆ Prawn Cocktail		36x40g	17.75 V	0.80	7 5 1 0 0 7
◆ Prawn Cocktail		10x150g	13.45 V	2.18	7 5 1 0 1 9
◆ Roast Rib of Beef		36x40g	17.75 V	0.80	7 5 1 0 0 6
◆ Roast Rib of Beef		10x150g	13.45 V	2.18	7 5 1 0 2 2
◆ Sea Salt & Aspsall Cyder Vinegar		36x40g	17.75 V	0.80	7 5 1 0 0 8
◆ Sea Salt & Aspsall Cyder Vinegar		10x150g	13.45 V	2.18	7 5 1 0 2 4
◆ Sea Salt & Black Pepper		36x40g	17.75 V	0.80	7 5 1 0 1 0
◆ Sea Salt & Black Pepper		10x150g	13.45 V	2.18	7 5 1 0 2 6
◆ Sweet Chilli		36x40g	17.75 V	0.80	7 5 1 0 1 2
◆ Sweet Chilli		10x150g	13.45 V	2.18	7 5 1 0 2 8

### Infinity Foods - Savoury Snack-Packs

▲ Nut Mix	organic	6x65g	8.55	1.90	8 2 0 7
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### Junk Food - organic crisps

◆ Beetroot Crisps	organic	12x100g	24.85	2.76	7 5 2 0 8 0
◆ Mixed Veg Crisps	organic	12x100g	24.85	2.76	7 5 2 0 8 2
◆ Potato Crisps	organic	12x100g	24.85 V	3.31	7 5 2 0 8 3
◆ Sweet Potato Crisps	organic	12x100g	24.85	2.76	7 5 2 0 8 4

### Mister Free'd

◆ Tortilla Chips Avocado Guacamole		12x135g	18.00	2.00	7 5 2 3 4 0
◆ Tortilla Chips Blue Maize		12x135g	18.00	2.00	7 5 2 3 4 2
◆ Tortilla Chips Chia Seed		12x135g	18.00	2.00	7 5 2 3 4 3
◆ Tortilla Chips Chilli Lime Fiery Hot		12x135g	18.00	2.00	7 5 2 3 4 5
◆ Tortilla Chips Kale Spinach		12x135g	18.00	2.00	7 5 2 3 4 7

### Natco

▲ Pappadums - Garlic		10x200g	12.00	1.60	7 5 2 6 5 0
▲ Pappadums - Plain		10x200g	12.00	1.60	7 5 2 6 5 5

### Shore Seaweed Chips

◆ Lightly Salted Seaweed Chips		14x25g	11.50	1.17	7 5 2 7 7 0
◆ Lightly Salted Seaweed Chips - Share Bag		12x80g	19.70	2.33	7 5 2 7 7 6
◆ Peking Duck Seaweed Chips		14x25g	11.50	1.17	7 5 2 7 7 2
◆ Peking Duck Seaweed Chips - Share Bag		12x80g	19.70	2.33	7 5 2 7 7 8
◆ Salt & Balsamic Seaweed Chips		14x25g	11.50	1.17	7 5 2 7 7 1
◆ Salt & Balsamic Seaweed Chips - Share Bag		12x80g	19.70	2.33	7 5 2 7 7 7
◆ Sweet Sriracha Seaweed Chips		14x25g	11.50	1.17	7 5 2 7 7 4
◆ Sweet Sriracha Seaweed Chips - Share Bag		12x80g	19.70	2.33	7 5 2 7 8 0

### Sweet Snacks & Confections

#### Alter Eco organic FairTrade chocolate

▲ 70% Ecuador Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 6 0
▲ 85% Peru Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 6 6
▲ Almond Dark Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 5 8
▲ Milk Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 6 2
▲ Orange Dark Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 6 4
▲ Salted Caramel Milk Chocolate Bar	organic	14x100g	38.40 V	4.39	7 6 0 1 6 8

#### Bear - Fruit Treasures - Multipacks - 3+ years

◆ Berry - Treasures		4x5x20g	9.30	3.10	7 6 0 2 2 4
◆ Tropical - Treasures		4x5x20g	9.30	3.10	7 6 0 2 3 1

#### Bear - Giant Yoyos - Multipacks

◆ Apple & Blackcurrant Giant Yoyo		6x5x20g	14.70	3.27	7 6 0 2 5 4
◆ Strawberry & Mango Giant Yoyo		6x5x20g	14.70	3.27	7 6 0 2 5 6

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

**Bear - Paws**

◆ Raspberry & Blueberry - Paws		18x20g	8.90	0.66	760211
◆ Strawberry & Apple - Paws		18x20g	8.90	0.66	760212

**Bear - Splits**

◆ Pineapple & Raspberry - Splits		18x20g	11.25	0.83	760207
◆ Strawberry & Apple - Splits		18x20g	11.25	0.83	760206

**Bear - Splits - Multipacks**

◆ Pineapple & Raspberry - Splits		8x5x20g	19.60	3.27	760223
◆ Strawberry & Apple - Splits		8x5x20g	19.60	3.27	760216

**Bear - Yoyos**

◆ Blackcurrant Yoyo Fruit Rolls		18x20g	9.75	0.72	760229
◆ Mango Yoyo Fruit Rolls		18x20g	9.75	0.72	760226
◆ Raspberry Yoyo Fruit Rolls		18x20g	9.75	0.72	760230
◆ Strawberry Yoyo Fruit Rolls		18x20g	9.75	0.72	760235

**Bear - Yoyos - Multipacks**

◆ Multipack Apple Yoyo Fruit Rolls		6x5x20g	14.70	3.27	760245
◆ Multipack Blackcurrant Yoyo Fruit Rolls		6x5x20g	14.70	3.27	760246
◆ Multipack Mango Yoyo Fruit Rolls		6x5x20g	14.70	3.27	760247
◆ Multipack Raspberry Yoyo Fruit Rolls		6x5x20g	14.70	3.27	760248
◆ Multipack Strawberry Yoyo Fruit Rolls		6x5x20g	14.70	3.27	760250

**Bonny Bite**

◆ Crunchy & Puffed Apple	organic	6x18g	13.25	2.95	750210
◆ Crunchy & Puffed Melon	organic	6x18g	13.25	2.95	750212
◆ Crunchy & Puffed Strawberries	organic	6x18g	13.25	2.95	750213
◆ Crunchy & Puffed Veg Medley	organic	6x18g	13.25	2.95	750214
◆ Dried Kiwi	organic	6x40g	13.25	2.95	750215
◆ Dried Melon	organic	6x40g	13.25	2.95	750216
◆ Dried Watermelon	organic	6x40g	13.25	2.95	750217

**Devon Cottage - organic fudge**

▲ Boxed Clotted Cream Crumbly Fudge - 4 pack	organic	4x300g	22.40 V	8.96	761942
▲ Chocolate Crumbly Fudge	organic	6x150g	18.85 V	5.03	761935
▲ Clotted Cream Crumbly Fudge	organic	6x150g	18.85 V	5.03	761940
▲ Coffee Crumbly Fudge	organic	6x150g	18.85 V	5.03	761945
▲ Sea Salted Crumbly Fudge	organic	6x150g	18.85 V	5.03	761957
▲ Vanilla Crumbly Fudge	organic	6x150g	18.85 V	5.03	761960

**Devon Cottage - organic vegan fudge**

▲ Dairy Free Chocolate Fudge - Bag	organic	6x150g	18.85 V	5.03	761979
▲ Dairy Free Sea Salted Fudge - Bag	organic	6x150g	18.85 V	5.03	761977

**DJ&A - Freeze Dried Fruit**

◆ Freeze Dried Mango		10x35g	24.90	3.32	765321
◆ Freeze Dried Strawberries		10x25g	21.60	2.88	765323
◆ Freeze Dried Yellow Peach, Lychee & Strawberries		10x35g	24.90	3.32	765327

**Hu Chocolate bars - organic gluten-free FairTrade**

◆ Almond Butter + Crispy Quinoa Dark Choc Bar	organic	12x60g	28.80 V	3.99	764130
◆ Cashew Butter + Pure Vanilla Dark Choc Bar	organic	12x60g	28.80 V	3.99	764131
◆ Crunchy Mint Dark Chocolate Bar	organic	12x60g	28.80 V	3.99	764134
◆ Hazelnut Butter Dark Chocolate Bar	organic	12x60g	28.80 V	3.99	764136
◆ Salty Dark Chocolate Bar	organic	12x60g	28.80 V	3.99	764138
◆ Simple Dark Chocolate Bar	organic	12x60g	28.80 V	3.99	764140
◆ Vanilla Crunch Dark Chocolate Bar	organic	12x60g	28.80 V	3.99	764141

**Infinity Foods - sweet snackpacks**

▼ Fruit & Nut Mix	organic	6x70g	7.30	1.62	9130
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**Montezuma's - Milk Chocolate (the dark side)**

◆ Darkside - Dark/Milk Chocolate	organic	12x90g	26.20 V	3.54	766264
◆ Splotch - Dark Milk Butterscotch	organic	12x90g	26.20 V	3.54	766262

**Montezuma's Dark Chocolate**

◆ Dark Chocolate Bar - Chilli Bonkers	organic	12x90g	26.20 V	3.54	766286
◆ FitzRoy - Very Dark Chocolate	organic	12x90g	26.20 V	3.54	766289
◆ Happy Hippo	organic	12x90g	26.20 V	3.54	766301
◆ Royal Mint - Dark Chocolate	organic	12x90g	26.20 V	3.54	766302

**Montezuma's Milk Chocolate**

◆ Hot Pickle - Milk Chocolate Chilli & Lime	organic	12x90g	26.20 V	3.54	766266
◆ Smooth Operator - Milk Chocolate	organic	12x90g	26.20 V	3.54	766261

**Montezuma's Non-Organic Chocolate**

◆ Absolute Black - 100% Cocoa		12x90g	26.20 V	3.54	766215
◆ Absolute Black with Almonds - 100%		12x90g	26.20 V	3.54	766217
◆ Absolute Black with Orange & Cocoa Nibs - 100%		12x90g	26.20 V	3.54	766218
◆ Black Forest Cherry		12x90g	26.20 V	3.54	766241
◆ Lordy Lord - Dark with Cocoa Nibs		12x90g	26.20 V	3.54	766244
◆ Minted - Milk with Crunchy Peppermint		12x90g	26.20 V	3.54	766246
◆ Sea Dog - Dark with Lime & Sea Salt		12x90g	26.20 V	3.54	766248
◆ Spice It Up - Dark with Ginger		12x90g	26.20 V	3.54	766249

**Montezuma's White Chocolate**

◆ Great White Chocolate	organic	12x90g	26.20 V	3.54	766267
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**Nakd - Multipack Bars**

◆ Multipack Cocoa Orange Raw Wholefood Bar		12x4x35g	26.80 V	3.57	766815
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**Nakd - Protein Bars and Fibre Bars**

◆ Fruit & Fibre - Apple & Cinnamon		16x44g	14.90 V	1.50	766629
◆ Fruit & Fibre - Strawberry & Raspberry		16x44g	14.90 V	1.50	766631
◆ Protein Caramel Bar		16x45g	14.90 V	1.50	766633
◆ Protein Cocoa Hazelnut Bar		16x45g	14.90 V	1.50	766634
◆ Protein Peanut Butter Bar		16x45g	14.90 V	1.50	766637

**Nakd - Raw Fruit & Nut Bars - vegan & gluten-free**

◆ Bakewell Tart Raw Wholefood Bar		18x35g	12.65 V	1.12	766647
◆ Berry Delight Raw Wholefood Bar		18x35g	12.65 V	1.12	766648
◆ Blueberry Muffin Raw Wholefood Bar		18x35g	12.65 V	1.12	766644
◆ Cashew Cookie Raw Wholefood Bar		18x35g	12.65 V	1.12	766650
◆ Cocoa Delight Raw Wholefood Bar		18x35g	12.65 V	1.12	766651
◆ Cocoa Orange Raw Wholefood Bar		18x35g	12.65 V	1.12	766652
◆ Lemon Drizzle		18x35g	12.65 V	1.12	766659
◆ Peanut Delight Raw Wholefood Bar		18x35g	12.65 V	1.12	766656
◆ Salted Caramel Raw Wholefood Bar		18x35g	12.65 V	1.12	766664

**Oatopia vegan flapjacks**

◆ Almond Bakewell Oat Bake		15x60g	14.95	1.33	766977
◆ Dark Chocolate & Raspberry Oat Bake		15x60g	15.95	1.42	766982
◆ Original Oat Bake		15x60g	14.95	1.33	766978
◆ Peanut Butter Oat Bake		15x60g	14.95	1.33	766979
◆ Salted Caramel Oat Bake		15x60g	14.95	1.33	766981

**Ombar - Oat Milk chocolate bars**

◆ Blonde caramelised white choco bar	organic	10x70g	22.15 V	3.54	765783
◆ Oat Milk Hazelnut - chocolate	organic	10x70g	18.50 V	2.96	765752
◆ Oat Milk Smooth & Creamy - chocolate	organic	10x70g	18.50 V	2.96	765756

**Ombar - raw chocolate bars & buttons**

◆ 100% Cacao - large	organic	10x70g	22.15 V	3.54	765787
◆ Coco Almond Chocolate - large	organic	10x70g	22.15 V	3.54	765784
◆ Coco Mylk Chocolate - large	organic	10x70g	22.15 V	3.54	765786
◆ Coconut & Vanilla Centres Chocolate - large	organic	10x70g	22.15 V	3.54	765790
◆ Dark 72% Chocolate - large	organic	10x70g	22.15 V	3.54	765788
◆ Dark 90% Chocolate - large	organic	10x70g	22.15 V	3.54	765789
◆ Hazelnut Truffle Centres Chocolate - large	organic	10x70g	22.15 V	3.54	765791
◆ Pistachio Centres Chocolate - large	organic	10x70g	22.15 V	3.54	765792
◆ Raspberry & Coconut Centres Chocolate large	organic	10x70g	22.15 V	3.54	765794
◆ Salt & Nibs Chocolate - large	organic	10x70g	22.15 V	3.54	765796

**Ricola**

◆ Blackcurrant with Stevia - box		20x45g	19.90 V	1.59	737763
◆ Cherry Cough Drops with Stevia - bag		12x70g	12.40 V	1.65	767758
◆ Cough Drops Honey Lemon Echinacea - bag		12x75g	12.40 V	1.65	767762
◆ Delicious Elderflower with Stevia - box		20x45g	19.90 V	1.59	767764
◆ Glacier Peppermint with Stevia - box		20x45g	19.90 V	1.59	767769
◆ Luxurious Liqueur with Stevia - box		20x45g	19.90 V	1.59	767766

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

◆	Original Swiss Herb Soothe & Clear - bag	12x75g	12.40 V	1.65	767760
◆	Raspberry Mint with Stevia - box	20x45g	19.90 V	1.59	767765
◆	Refreshing Lemon Mint with Stevia - box	20x45g	19.90 V	1.59	767767
◆	Tasty Cranberry with Stevia - box	20x45g	19.90 V	1.59	767768
◆	The Original with Stevia - box	20x45g	19.90 V	1.59	767770

#### Trek High Protein Low Sugar bars - vegan

◆	Biscoff High Protein bar - reduced sugar	12x55g	21.65 V	2.97	766691
◆	Choc Caramel High Protein bar - low sugar	12x55g	21.65 V	2.97	766694
◆	Choc Peanut Butter High Protein bar - low sugar	12x55g	21.65 V	2.97	766696

#### Trek Protein Flapjacks - vegan

◆	Biscoff Protein Flapjack	16x50g	15.40 V	1.59	766781
◆	Cocoa Coconut Protein Flapjack	16x50g	15.40 V	1.59	766782
◆	Cocoa Oat Protein Flapjack	16x50g	15.40 V	1.59	766785
◆	Original Oat Protein Flapjack	16x50g	15.40 V	1.59	766795
◆	Salted Caramel Protein Flapjack	16x50g	15.40 V	1.59	766796
◆	Smooth Lemon Protein Flapjack	16x50g	15.40 V	1.59	766794
◆	White Chocolate & Raspberry Protein Flapjack	16x50g	15.40 V	1.59	766809

#### Vivani organic chocolate bars - not vegan

☆	Fine Milk Chocolate	organic	12x80g	28.35 V	3.78	768997
▲	Milk Praliné Chocolate	organic	10x100g	26.80 V	4.29	768998
▲	Milk Whole Hazelnuts Chocolate	organic	10x100g	31.15 V	4.98	768995

#### Vivani organic vegan chocolate

▲	Dark with Almonds Chocolate	organic	10x100g	31.15 V	4.98	768890
▲	Dark with Whole Hazelnuts Chocolate	organic	10x100g	31.15 V	4.98	768891
▲	Fine Dark Mallorca Fleur de Sel 75% Chocolate	organic	10x80g	31.15 V	4.98	768893
▲	Superior Dark 100% + cocoa nibs Chocolate	organic	10x80g	37.40 V	5.98	768992

## Condiments, Stocks, Salt & Miscellaneous Foods

#### Cornish Sea Salt

▲	Cornish Sea Salt - Chef's Tub	certified	6x500g	30.70	6.82	791715
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#### Free & Easy gluten-free, vegan egg replacer

▲	Egg Replacer - for baking		6x135g	14.15	3.14	791750
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#### Kallo

▲	Low Salt Vegetable Stock Cubes	organic	15x6x11g	22.05	1.96	793067
▲	Mushroom Stock Cubes	organic	15x6x11g	22.05	1.96	793015
▲	Vegetable Broth	organic	12x500ml	33.15	3.68	793096
▲	Vegetable Stock Cubes	organic	15x6x11g	22.05	1.96	793065
▲	Yeast Free Vegetable Stock Cubes		15x6x11g	22.05	1.96	793095

#### Suma

◆	Aquafaba - jar	organic	6x750ml	31.40	6.98	795338
◆	Aquafaba - jar	organic	6x250ml	12.45	2.77	795339

## Supplementary Foods

#### Forest Wholefoods - retail pouches

▼	Banana Powder	organic	1x250g	5.05	6.73	851906
▲	Blueberry Powder	organic	1x250g	23.60	31.47	851916
▼	Chlorella Powder	organic	1x250g	7.70	10.27	851922

#### Kaapa Mushrooms

◆	Cordyceps Mushroom Tincture	organic	1x50ml	16.15 V	27.69	855376
◆	Lion's Mane Extract Powder	organic	1x30g	20.20 V	34.63	855375
◆	Lion's Mane Cognitive Function Elixir	organic	1x50ml	19.05 V	32.66	855379
◆	Lion's Mane Mushroom Tincture	organic	1x50ml	16.15 V	27.69	855377
◆	Reishi Mushroom Tincture	organic	1x50ml	16.15 V	27.69	855378

#### Naturya

▲	Cacao Nibs	organic	1x125g	4.80	7.08	855421
▲	Cacao Powder	organic	1x250g	7.10	10.64	855419
▲	Cacao Powder Single Origin Fairtrade		1x250g	7.10	10.64	855424

#### Taka Turmeric Capsules

◆	Immune Support - 90 capsules	organic	1x1jar	11.15 V	19.97	858964
◆	Joint Care - 90 capsules	organic	1x1jar	11.15 V	20.00	858963
◆	Turmeric & Black Pepper - 120 capsules	organic	1x1jar	10.00 V	17.94	858962
◆	Turmeric & Black Pepper - 60 capsules	organic	1x1jar	6.70 V	12.07	858961

## Pet Products

#### Benevo Pet Food - vegan

▲	Adult Original Vegan Dog Food - bag - now 10kg	1x10kg	33.10 V	53.00	810536
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## Kitchen & Household Goods

#### Ecoleaf - by Suma

◆	Bulk EcoLeaf Toilet Tissue	6x12roll	32.40 V	8.64	910998
◆	EcoLeaf Kitchen Towels	10x2roll	23.95 V	3.83	911011

## Household & Industrial Cleaning Products

#### Ecoegg

▼	Bamboo Towels - 20 sheets	12x1roll	66.20 V	9.46	832456
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#### Ecoleaf - Vegan

◆	Dishwasher Tablets 25	6x25tab	21.35 V	5.71	831400
◆	Dishwasher Tablets 70	5x70tab	44.05 V	14.17	831402
◆	Fabric Conditioner - Jasmine	20l	30.95 V	1.55	831414
◆	Laundry Liquid - Jasmine	20l	51.90 V	2.60	831428
◆	Multi Surface Cleaner - antibac - citrus & petitgrain	20l	30.85 V	1.54	831429
◆	Toilet Cleaner - Fresh Green	20l	30.25 V	1.51	831436
◆	Washing Powder Concentrated - non bio	10kg	27.55 V	2.76	831424
◆	Washing Up Liquid - Citrus Fruit	20l	29.75 V	1.49	831430

#### Ecover - Zero range

◆	All in One Zero Dishwasher Tablets - small	12x24pack	59.25 V	7.90	831604
◆	Zero Washing Up Liquid	8x450ml	11.70 V	2.34	831603

#### Ecover Laundry

☆	Conc Colour Laundry Liquid - Apple Blossom & Freesia	6x1.43l	43.25 V	11.53	832055
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#### Ecover Washing up

◆	All in One Dishwasher Tablets - large	4x72pack	52.65 V	21.07	831982
◆	All in One Dishwasher Tablets - small	12x24pack	59.25 V	7.90	831981
◆	Classic Dishwash Tablets - large	5x70x20g	52.95 V	16.94	832002
◆	Classic Dishwash Tablets - small	6x25x20g	27.25 V	7.27	832005
◆	Dishwash Rinse Aid	8x450ml	18.90 V	3.78	832010
◆	Power All in One Dishwasher Tablets - large	4x72pack	57.90 V	23.18	831984
◆	Power All in One Dishwasher Tablets - small	12x24pack	67.15 V	8.95	831983
◆	Wash Up Liquid - Chamomile & Clementine	8x950ml	21.10 V	4.22	832116
◆	Wash Up Liquid - Chamomile & Clementine	8x450ml	11.70 V	2.34	832121
◆	Wash Up Liquid - Lemon & Aloe Vera	8x950ml	21.10 V	4.22	832126
◆	Wash Up Liquid - Lemon & Aloe Vera	8x450ml	11.70 V	2.34	832129

#### Miniml - household cleaning

▼	Anti-Bac Surface Cleaner French Lavender	6x750ml	11.20 V	3.20	850105
▼	Anti-Bac Surface Cleaner French Lavender	5l	8.50 V	1.70	850106
▼	Bathroom Cleaner - Cucumber & Mint	6x750ml	11.20 V	3.20	850107
▲	Bathroom Cleaner - Cucumber & Mint	5l	8.50 V	1.70	850110
▼	Dishwasher Rinse Aid - Unscented	6x750ml	11.20 V	3.20	850111
▲	Dishwasher Rinse Aid - Unscented	5l	12.30 V	2.46	850112
▼	Multi-Surface Cleaner - Blood Orange	6x750ml	11.20 V	3.20	850108
▼	Multi-Surface Cleaner - Blood Orange	5l	8.50 V	1.70	850109
▼	Oven & Hob Cleaner - Clementine	6x750ml	11.20 V	3.20	850122
▲	Oven & Hob Cleaner - Clementine	5l	8.50 V	1.70	850123
▼	Toilet Cleaner Spearmint & Peppermint	5l	8.35 V	1.67	850114
▲	Washing Up Liquid - Apple Orchard	5l	8.55 V	1.71	850119
▲	Washing Up Liquid - Rhubarb & Lemon	5l	8.55 V	1.71	850117
▲	Washing Up Liquid - Rhubarb & Lemon - refill pouch	6x1l	16.00 V	4.57	850116
▼	White Vinegar - unscented	5l	5.40	1.08	850121
▼	White Vinegar Spray - unscented	6x750ml	9.85	2.35	850120

#### Miniml - laundry

▼	Fabric Conditioner - Fresh Linen	6x1l	19.25 V	5.50	850126
▼	Fabric Conditioner - Fresh Linen	5l	7.70 V	1.54	850127
▼	Laundry Liquid Non-Bio Fresh Linen	6x1l	22.45 V	6.41	850128
▲	Laundry Liquid Non-Bio Fresh Linen	5l	13.35 V	2.67	850130
▼	Laundry Liquid Non-Bio Fresh Linen - refill pouch	6x1l	19.25 V	5.50	850129

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

### Ocean Saver

◆ Bio Laundry Detergent Sheets - 30 Pack	10x30sheets	43.65 V	6.98	<b>833300</b>
◆ Bio Laundry Detergent Sheets - 60 Pack	10x60sheets	81.25 V	13.00	<b>833305</b>
◆ Bio Laundry EcoCaps - 30 Pack	5x30caps	31.20 V	9.98	<b>833310</b>
◆ Non-Bio Laundry Detergent Sheets - 30 Pack	10x30sheets	43.65 V	6.98	<b>833315</b>
◆ Non-Bio Laundry Detergent Sheets - 60 Pack	10x60sheets	81.25 V	13.00	<b>833320</b>
◆ Non-Bio Laundry EcoCaps - 30 Pack	5x30caps	31.20 V	9.98	<b>833325</b>

### Toiletries & Natural Remedies

#### Alter/Native - Skincare vegan soap bars - by Suma

▲ Activated Charcoal Detox Soap Bar	6x95g	13.50 V	3.60	<b>861542</b>
▲ Ayurvedic Soap Bar	6x95g	13.50 V	3.60	<b>861540</b>
▲ Coffee & Cedarwood Shaving Soap Bar	6x95g	13.50 V	3.60	<b>861544</b>

#### Alter/Native - vegan bodywash liquid - by Suma

◆ Coconut & Argan Oil Bodywash	20l	99.00 V	4.95	<b>850160</b>
◆ Tea Tree & Aloe Vera Bodywash	20l	99.00 V	4.95	<b>850150</b>

#### Alter/Native - vegan shampoo and conditioner liquid - by Suma

◆ Coconut & Argan Oil Conditioner - normal/dry hair	1x5l	31.00 V	49.60	<b>850192</b>
◆ Coconut & Argan Oil Shampoo - normal/dry hair	1x5l	31.00 V	49.60	<b>850186</b>
◆ Tea Tree & Aloe Vera Conditioner - normal/oily hair	1x5l	31.00 V	49.60	<b>850176</b>
◆ Tea Tree & Aloe Vera Shampoo - normal/oily hair	1x5l	31.00 V	49.60	<b>850170</b>

#### Ecoleaf - vegan

◆ Liquid Hand Soap - Grapefruit & Mandarin	20l	42.10 V	2.11	<b>851040</b>
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#### Faith in Nature refill body wash

◆ Bulk Aloe Vera Body Wash	5l	30.00 V	6.00	<b>853560</b>
◆ Bulk Coconut Body Wash	5l	30.00 V	6.00	<b>853562</b>
◆ Bulk Dragon Fruit Body Wash	5l	30.00 V	6.00	<b>853561</b>
◆ Bulk Fragrance Free Body Wash	5l	30.00 V	6.00	<b>856564</b>
◆ Bulk Grapefruit & Orange Body Wash	5l	30.00 V	6.00	<b>853563</b>
◆ Bulk Lavender & Geranium Body Wash	5l	30.00 V	6.00	<b>853565</b>
◆ Bulk Wild Rose Body Wash	5l	30.00 V	6.00	<b>853571</b>

#### Faith in Nature refill conditioners

◆ Bulk Aloe Vera Conditioner	5l	35.90 V	7.18	<b>853550</b>
◆ Bulk Coconut Conditioner	5l	35.90 V	7.18	<b>853552</b>
◆ Bulk Dragonfruit Conditioner	5l	35.90 V	7.18	<b>853551</b>
◆ Bulk Fragrance Free Conditioner	5l	35.90 V	7.18	<b>853556</b>
◆ Bulk Grapefruit & Orange Conditioner	5l	35.90 V	7.18	<b>853554</b>
◆ Bulk Jojoba Conditioner	5l	35.90 V	7.18	<b>853553</b>
◆ Bulk Lavender & Geranium Conditioner	5l	35.90 V	7.18	<b>853555</b>
◆ Bulk Wild Rose Conditioner	5l	35.90 V	7.18	<b>853569</b>

#### Faith in Nature refill hand & body lotion

◆ Bulk Coconut Hand & Body Lotion	5l	39.00 V	7.80	<b>853480</b>
◆ Bulk Grapefruit & Orange Hand & Body Lotion	5l	39.00 V	7.80	<b>853484</b>
◆ Bulk Lavender & Geranium Hand & Body Lotion	5l	39.00 V	7.80	<b>853486</b>

#### Faith in Nature refill hand wash

◆ Bulk Hand Wash - Coconut	5l	30.00 V	6.00	<b>853513</b>
◆ Bulk Hand Wash - Dragonfruit	5l	30.00 V	6.00	<b>853514</b>
◆ Bulk Hand Wash - Grapefruit & Orange	5l	30.00 V	6.00	<b>853517</b>
◆ Bulk Hand Wash - Lavender & Geranium	5l	30.00 V	6.00	<b>853535</b>
◆ Bulk Hand Wash - Wild Rose	5l	30.00 V	6.00	<b>853564</b>

#### Faith in Nature refill shampoos

◆ Bulk Aloe Vera Shampoo	5l	35.90 V	7.18	<b>853540</b>
◆ Bulk Coconut Shampoo	5l	35.90 V	7.18	<b>853542</b>
◆ Bulk Dragonfruit Shampoo	5l	35.90 V	7.18	<b>853544</b>
◆ Bulk Fragrance Free Shampoo	5l	35.90 V	7.18	<b>853546</b>
◆ Bulk Grapefruit & Orange Shampoo	5l	35.90 V	7.18	<b>853541</b>
◆ Bulk Jojoba Shampoo	5l	35.90 V	7.18	<b>853543</b>
◆ Bulk Lavender & Geranium Shampoo	5l	35.90 V	7.18	<b>853545</b>
◆ Bulk Wild Rose Shampoo	5l	35.90 V	7.18	<b>853566</b>

### Miniml - Personal Care

▲ Anti-Bac Hand Soap - Sweet Clementine	5l	16.05 V	3.21	<b>855623</b>
▼ Balancing Conditioner - Pink Grapefruit & Aloe	5l	21.40 V	4.28	<b>855632</b>
▼ Balancing Shampoo - Pink Grapefruit & Aloe	5l	21.40 V	4.28	<b>855630</b>
▼ Bodywash & Bubble Bath - Pink Grapefruit & Aloe	5l	20.30 V	4.06	<b>855621</b>
▲ Hand Soap - Cucumber & Aloe	5l	16.05 V	3.21	<b>855626</b>

#### Natracare - incontinence - vegan

▼ Dry & Light Slim Incontinence Pads	6x20	17.55	4.18	<b>900570</b>
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#### Natracare - maternity - vegan

▲ Nursing Pads	12x26	24.40	2.90	<b>900582</b>
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#### Natracare

▲ Regular Tampons	organic	20x10	25.50	1.79	<b>900506</b>
▼ Super Tampons	organic	20x10	26.95	1.89	<b>900512</b>

#### Shade sunscreen in a tin

▲ Shade All-Natural Sunscreen - SPF 25	6x100ml	58.30 V	16.66	<b>858295</b>
▲ Shade All-Natural Sunscreen - SPF 25 - mini	24x15ml	85.45 V	6.10	<b>858292</b>

# discontinued

● Wheatgrass Growing Kit		1x1pack	Aconbury Sprouts	<b>10920</b>
● Peeled Roasted Chestnuts		12x80g	Trustin	<b>90899</b>
● Wholegrain Radiatori	organic	12x350g	Cornwall Pasta Co	<b>140336</b>
● Basil Campanelle - Liliflower shape	organic	12x350g	Cornwall Pasta Co	<b>140338</b>
● Chilli Pepper Lumaconi	organic	12x350g	Cornwall Pasta Co	<b>140340</b>
● Italian Style Ciabatta Rolls	organic	9x180g	Amisa	<b>169866</b>
● Seeded Breakfast Rolls - Brown	organic	9x180g	Amisa	<b>169867</b>
● Seeded Baguette Rustic Style	organic	9x160g	Amisa	<b>169868</b>
● Oat Topped Wholemeal Sourdough Rolls	organic	6x300g	Biona	<b>170181</b>
● Rice Crackers - Tamari	organic	12x50g	Clearspring	<b>170525</b>
● Honey Puffed Oat Cakes		6x118g	Kallo	<b>173004</b>
● Veggie Thins - Rosemary Three Salt		12x100g	Kallo	<b>173090</b>
● Sorghum, Rice & Buckwheat Crackers	organic	12x120g	King Soba	<b>173388</b>
● Muesli Cookie	organic	6x240g	Biona	<b>180410</b>
● Hazelnut Syrup Waffles	organic	12x175g	Biona	<b>180445</b>
● MCT Coconut Oil		1x500ml	Coconut Merchant	<b>200597</b>
● Apricot 100% Fruit Spread	organic	6x250g	FruTeto Italia	<b>290908</b>
<i>(see 290900 6x215g for substitute)</i>				
● Blueberry 100% Fruit Spread	organic	6x250g	FruTeto Italia	<b>290909</b>
<i>(see 290904 6x215g for substitute)</i>				
● Raspberry 100% Fruit Spread	organic	6x250g	FruTeto Italia	<b>290926</b>
● Strawberry 100% Fruit Spread	organic	6x250g	FruTeto Italia	<b>290929</b>
<i>(see 290901 6x215g for substitute)</i>				
● Sicilian Orange+ with ginger & turmeric	organic	6x250g	FruTeto Italia	<b>290931</b>
<i>(see 290902 6x215g for substitute)</i>				
● Super Berries+ with açai & pomegranate	organic	6x250g	FruTeto Italia	<b>290933</b>
<i>(see 290903 6x215g for substitute)</i>				
● Blackcurrant Conserve	organic	6x340g	Wilkin & Sons	<b>295010</b>
● Manuka Honey UMF 5+		3x250g	Comvita	<b>312005</b>
● Spicy Tomato Chutney		6x320g	Real Natural	<b>351955</b>
● Tomato & Olive Bruschetta Topping	organic	6x190g	Mr Organic	<b>392161</b>
● Tomato, Pepper & Herb Pasta Sauce	organic	6x350g	Real Organic	<b>394210</b>
● Rogan Josh Cooking Sauce	organic	6x350g	Real Organic	<b>394240</b>
● Thai Red Curry Sauce	organic	6x350g	Real Organic	<b>394265</b>
● Basil & Oregano Pasta Sauce		6x340g	Zest	<b>395515</b>
● Coriander, Basil & Hazel Pesto-style Sauce		6x165g	Zest	<b>395552</b>
● Mixed Beans with corn - small	organic	12x200g	Amaizin	<b>440508</b>
● Red Kidney Beans in Chilli Sauce	organic	6x400g	Amaizin	<b>440510</b>
● Spaghetti	organic	6x385g	Better Than	<b>440795</b>
● Red Kidney Beans - small	organic	12x200g	La Bio-Idea	<b>442678</b>
<i>(see 442677 6x400g for substitute)</i>				
● Vegan Formaggio Ravioli	organic	10x250g	Mr Organic	<b>442808</b>
● Kids Crazy Choco Orange Mini Flapjack Bites	organic	4x4x23g	Organix	<b>470869</b>
● Oaty Split Stix - choco banana bars	organic	6x5x23g	Organix	<b>470904</b>
● The Green One - Smoothie Fruit - multi	organic	3x5x90g	Ella's Kitchen	<b>470944</b>
<i>(see 470943 12x90g for substitute)</i>				
● The Pink One - Smoothie Fruit - multi	organic	3x5x90g	Ella's Kitchen	<b>470953</b>

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended

● The White One - Smoothie Fruit - multi	organic	3x4x90g	Ella's Kitchen	47 095 4	● Plant Protein Maple Pecan Cashew	12x35g	Bounce	766 297	
● Brown Rice Vinegar	organic	6x250ml	Clearspring	51 052 4	● Chocolate Brownie Peanut Butter Filled Ball	12x40g	Bounce	766 306	
<i>(see 510525 6x150ml for substitute)</i>					● Hazelnut Praline Nut Butter Filled Ball	12x40g	Bounce	766 307	
● Japanese Hijiki		5x30g	Clearspring	53 103 5	● Millionaire Caramel Filled Ball	12x40g	Bounce	766 308	
● Everyday Tea Bags	organic	6x20bgs	Hambleden	56 075 0	● Biscoff Power	16x55g	Trek	766 681	
● Three Fennel	organic	4x20bgs	Pukka	56 153 7	● The Orange One	14x50g	Nourish	766 818	
● Winter Warmer	organic	4x20bgs	Pukka	56 155 3	● Chocolate Truffles - Crispy Praline - Box	organic	1x144g	Rhythm 108	767 573
● Natural Energy Tea	organic	6x17bgs	Yogi Tea	57 207 5	● Cheese'ish - flavours	organic	4x40g	Uhhmami	791 676
● Pure Happiness Tea	organic	6x17bgs	Yogi Tea	57 207 9	● Laundry & Stain Remover Wrapped Bar		20x90g	Bio-D	830 516
● Love Buzz Dark Ground Coffee	organic	6x284g	Equal Exchange	60 061 6	● Lavender & Tea Tree Stick		6x60g	Earth Conscious	851 019
● Think Elixir with Lion's Mane & Rhodiola	organic	1x20x3g	Four Sigmatic	61 155 0	<i>(see 851051 6x90g for substitute)</i>				
● Hot Chocolate - tub	organic	6x250g	Green & Black	61 170 8	● Pure Unscented Stick		6x60g	Earth Conscious	851 024
<i>(see 612625 Booja Booja for substitute)</i>					<i>(see 851054 6x90g for substitute)</i>				
● Blackcurrant & Cherry Agua Fresca		12x330ml	Agua de Madre	63 908 0	● Indian Bay & Orange Stick - strong protection		6x60g	Earth Conscious	851 026
● Pomegranate & Hibiscus Water Kefir		12x250ml	Agua de Madre	63 909 4	<i>(see 851050 6x90g for substitute)</i>				
● Elderflower Kombucha - large	organic	6x750ml	Mighty Brew	64 165 0	● Dragon Fruit Shampoo Bar		6x85g	Faith in Nature	852 979
● Pure Oaty Tea-rific - gluten-free		6x1l	Glebe Farm	72 222 3	● Pink In-Shower Container - single		1x45g	Ethique	855 931
● Chocolate Soya Drink	organic	8x1l	Sojade	72 461 7	● 3 Bar Discovery Pack - Balanced Hair		6x45g	Ethique	855 932
● Chilli Almonds - pouch		8x140g	Better With	75 015 7	● Bone Food Complex 60 vegicaps	organic	1x1jar	Royal Green	858 011
● Fizzy Lips - share bag		10x125g	Jealous Sweets	76 425 0	● Vitamin D3 Bio 60 vegicaps	organic	1x1jar	Royal Green	858 021
● Grizzly Bears - share bag		10x125g	Jealous Sweets	76 425 1	● Hemp Lip Balm - Natural		36x4g	Yaoh	859 081
● Tropical Wonder - share bag		10x125g	Jealous Sweets	76 425 3	● Hand Wash - Spicy Orange Blossom	organic	6x300ml	Urtekram	859 094
● Tangy Worms - shot bag		20x24g	Jealous Sweets	76 426 2	● Bio Toothbrush - Bunny		8x1	Jack N'Jill	861 580
● Hazelnutty Dark Chocolate Bar - 58%	organic	10x75g	Seed & Bean	76 583 6	● Bio Toothbrush - Dino		8x1	Jack N'Jill	861 581
● Smooth Praline Milk Chocolate Bar	organic	10x75g	Seed & Bean	76 584 0	● Bio Toothbrush - Monkey		8x1	Jack N'Jill	861 584
● Salted Caramel Dominican Dark Bar - 58%	organic	10x75g	Seed & Bean	76 585 5	● Bio Toothbrush - Unicorn		8x1	Jack N'Jill	861 586
● Stollen Bar - almond & orange		12x90g	Montezuma	76 591 8	● Lavender Essential Oil Candles		12x2"x2"	Heaven Scent	890 915
● Orange Scrunch - Chocolate Wonders	organic	8x65g	Booja Booja	76 612 9	● Orange & Clove Essential Oil Candles		12x2"x2"	Heaven Scent	890 922
● The Artist's Collection - Fine De Champagne	organic	3x185g	Booja Booja	76 615 8	● Patchouli Essential Oil Candles		12x2"x2"	Heaven Scent	890 925
● Winter Collection - 16 Truffles	organic	5x184g	Booja Booja	76 617 8	● Rosemary & Thyme Essential Oil Candles		12x2"x2"	Heaven Scent	890 927
● Winter Special Hazelnut & Cherry Bakewell	organic	8x92g	Booja Booja	76 619 8	● Himalayan Cedarwood & Haiti Amyris Candles		12x2"x2"	Heaven Scent	890 930
					● Tea Tree & Geranium Essential Oil Candles		12x2"x2"	Heaven Scent	890 932
					● Ylang Ylang Essential Oil Candles		12x2"x2"	Heaven Scent	890 935
					● Greek Red Saffron in filaments	organic	12x1g	Krokos Kozanis	992 405
					<i>(see 992406 12x0.5g for substitute)</i>				